eTrack NEWSLETTER

Volume 25, No. 59
November 13, 2026

— NCAA Regional XC —

All 9 races held November 13, men scheduled as 10K (6.21M), women as 6K (3.73M).

The top 2 teams (and their members) in each Region qualified for the NCAA Championships at Indiana State on November 21. Other teams/individuals will fill the fields.

NORTHEAST MEN

Bethpage, New York, November 13—

Teams: 1. Syracuse 49; 2. Harvard 72; 3. Cornell 89; 4. Iona 116; 5. Providence 122; 6. Stony Brook 258; 7. Boston U 267; 8. Boston College 314; 9. UMass Lowell 324; 10. Rhode Island 345.

Individuals: 1. **Fredrick Kipkosgei' (Hof-Ken) 30:11.0; 2. **Tam Gavenas (Harv) 30:14.8; 3. **Ben Gabelman (Syr) 30:24.8; 4. Sam Burgess (Harv) 30:25.4;

5. Pierre Attiogbe (Corn) 30:26.1; 6. Collin Catherwood (Ma) 30:26.7; 7. *Benne Anderson' (Syr-Ger) 30:30.3; 8. Charlie Ortmans (Harv) 30:30.5;

9. ***Duncan Robinson' (Iona-GB) 30:31.0; 10. Louis Small' (Syr-GB) 30:31.9; 11. *Connor Ackley (Syr) 30:39.9; 12. Henry Gartner (SB) 30:40.7;

13. **Ben Bouie (Harv) 30:45.2; 14. **Daniel Prescott' (Prov-NZ) 30:45.8; 15. *Griffin Mandirola (Corn) 30:46.9; 16. Collin Gilstrap (SB) 30:47.3;

17. Aryan Abbaraju (Corn) 30:48.5; 18. Julian Franjieh (Syr) 30:50.3; 19. *Baptiste Cartieaux' (Iona-Fra) 30:51.1; 20. *Cormac Dixon' (Prov-Ire) 30:55.3;

21. ***Alex Mazzeo (Corn) 30:57.7; 22. *Oliver Boltz' (Iona-Aus) 31:00.8; 23. **Elliott Pugh' (Prov-NZ) 31:06.6; 24. Joseph Mahon (HC) 31:07.2; 25. Edward Blaha (Syr) 31:10.1.

NORTHEAST WOMEN

Teams: 1. Boston College 51; 2. Providence 58; 3. Syracuse 77; 4. UConn 109; 5. Boston U 193; 6. Harvard 213; 7. UMass Amherst 235; 8. Yale 250; 9. Columbia 269; 10. Iona 299.

Individuals: 1. **Keira Rogan (Syr) 19:46.9; 2. Adrienne Buettner-Cable (BU) 19:51.8; 3. ***Rosalie Ten Bruggencate' (BC-Neth) 19:58.2;

4. *Anna Gardiner' (Prov-GB) 20:03.8; 5. Imogen Gardiner' (BC-Aus) 20:04.9; 6. **Sascha Letica' (Ct-NZ) 20:07.2; 7. Ella Fadil (BC) 20:11.6;

8. *Gabby Schmidt' (Prov-Aus) 20:13.5; 9. **Kate Currie' (Prov-NZ) 20:14.8; 10. *Olivia Murray (Col) 20:15.4; 11. *Emily Bush (Prov) 20:15.9;

12. **Jayden Harberts (Syr) 20:16.7; 13. Hebe Chadwick' (Yale-Neth) 20:19.1; 14. ***Allison Wasson' (Ct-Can) 20:19.2; 15. ***Zoey McNabb (Vt) 20:22.4;

16. ***Annabelle Miller' (BC-Aus) 20:22.9; 17. Lara Mannes Diaz de Cerio' (Ma-GB) 20:23.2; 18. **Carmen Luisi (Syr) 20:23.2; 19. **Brooke Strauss (Ct) 20:23.5;

20. *Claire Daniels (BC) 20:24.9; 21. Mary-Kate Finn (MaL) 20:25.3; 22. **Maisie Burns' (Syr-GB) 20:26.9;

23. Sophia Gorriaran (Harv) 20:27.8; 24. ***Gretta Johnson' (Syr-Aus) 20:31.7; 25. *Caroline Collins (BU) 20:33.1; .

MID-ATLANTIC MEN

Bethlehem, Pennsylvania, November 13—

Teams: 1. Villanova 39; 2. Georgetown 56; 3. Princeton 75; 4. Pitt 90; 5. Navy 217; 6. St. Joseph's 222; 7. Penn State 225; 8. Penn 228; 9. Rutgers 284; 10. American 293.

Individuals: 1. *Bailey Habler' (Vill-Aus) 29:47.7; 2. *CJ Sullivan (Vill) 29:49.5; 3. *Dane Eike (Navy) 29:49.7; 4. *Jacob Nenow (Prin) 29:49.8; 5. *Thomas McMahon (Vill) 29:54.0;

6. Luke Simpson (Pitt) 29:54.3; 7. *Nick Sloff (PennSt) 29:54.6; 8. ***Andrew Bitsko (Pitt) 29:56.0; 9. Joe O'Brien' (Gtn-GB) 29:57.8; 10. **Quinn Parrish (Gtn) 29:57.9;

11. *Luke Ondracek (Gtn) 29:57.9; 12. Birhanu Harriman (Gtn) 29:58.0; 13. *Sebastian Martinez (Prin) 29:58.2; 14. Daniel Winter (Gtn) 29:58.4;

15. *Jack Fenlon' (Vill-Ire) 30:03.6; 16. **Charlie Moore' (Vill-Aus) 30:03.7; 17. ***Nicholas Mazzeo (Penn) 30:12.3; 18. **Hayden Boaz (Prin) 30:21.0;

19. Collin Boler (Prin) 30:23.2; 20. Ryan Watson (PennSt) 30:24.8; 21. *Avery Keith (Prin) 30:25.3;

22. *Nolan McGinn (Pitt) 30:26.6; 23. *Ethan Pratt-Perez (Buck) 30:27.9; 24. *Nick Steinfeldt (Pitt) 30:28.7; 25. Micah Lawson (Rut) 30:32.7.

MID-ATLANTIC WOMEN

Teams: 1. West Virginia 19; 2. Penn State 83; 3. Princeton 105; 4. Villanova 120; 5. Georgetown 165; 6. Penn 179; 7. Pitt 242; 8. Robert Morris 252; 9. Bucknell 306; 10. Delaware 373.

Individuals: 1. *Joy Naukot' (WV-Ken) 19:19.1; 2. *Mercy Kinyanjui' (WV-Ken) 19:20.7; 3. ***Sheila Chepkirui' (WV-Ken) 19:22.8; 4. *Alexis Lamb (WV) 19:25.3;

5. Barrett Justema (Gtn) 19:25.7; 6. **Maureen Cheruiyot' (Pitt-Ken) 19:28.5; 7. *Rosemary Shay (Vill) 19:36.1; 8. Tilly O'Connor (Vill) 19:51.7;

9. Emily Bryce' (WV-Can) 19:52.4; 10. Claire Zubey (PennSt) 19:54.8; 11. *Emma de Jong' (Prin-Aus) 19:59.6; 12. Katie Dallas (PennSt) 19:59.6;

13. ***Allison Lee (Penn) 19:59.8; 14. *Hadley Mahoney (GWa) 20:05.7; 15. ***Fancy Chepkoech' (PennSt-Ken) 20:06.1; 16. *Anastasia Chepkorir' (WV-Ken) 20:09.5;

17. **Maeve Smith (Vill) 20:09.8; 18. **Caroline Barton (Prin) 20:11.8; 19. *Meg Madison (Prin) 20:16.1; 20. Julia Dill (RMor) 20:16.4; 21. Sarah Fischer (Penn) 20:18.5;

22. Charlotte Costich (PennSt) 20:20.7; 23. Rachael Withrow (Marsh) 20:22.6; 24. ***Vivian Kipruto' (PennSt-Ken) 20:24.9; 25. Samantha Hennen (RMor) 20:26.2.

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SOUTHEAST MEN

Spartanburg, South Carolina, November 13—

Teams: 1. Wake Forest 72; 2. Eastern Kentucky 104; 3. Virginia Tech 105; 4. North Carolina 144; 5. Duke 152; 6. Furman 163; 7. App State 217; 8. Kentucky 244; 9. Virginia 249; 10. Louisville 263.

Individuals: 1. **Elsingi Kipruto' (Louis-Ken) 28:20.3; 2. George Couttie' (VaT-GB) 28:36.8; 3. Taha Er Raouy' (EnKy-Mor) 28:41.6; 4. *Aurelien Radja' (WF-Fra) 28:45.7;

5. **Nickson Kogei' (Louis-Ken) 28:48.8; 6. Edward Bird' (Ky-GB) 28:55.8; 7. *Collins Kiprop Kipngok' (Ky-Ken) 29:01.5; 8. Brett Rushman' (EnKy-GB) 29:18.7;

9. ***Caden Leonard (NC) 29:20.5; 10. Finlay Ross-Davie' (Duke-GB) 29:21.1; 11. ***Kelvin Kipleting' (Louis-Ken) 29:21.9; 12. *Noah Martinson (App) 29:22.8;

13. Bryce Gilmore (WF) 29:23.8; 14. ***Clinton Kipruto' (Norf-Ken) 29:24.3; 15. Paul Specht' (WF-Ger) 29:25.6; 16. Hunter Jones (WF) 29:25.6;

17. *Christopher Knight (Furm) 29:28.8; 18. *Trevor Coggin (Furm) 29:30.3; 19. Michael Bohlke (VaT) 29:31.9; 20. **Joe Barrett (NC) 29:32.5;

21. Ryan Hagan (VaT) 29:33.0; 22. *Alden Keller (Duke) 29:33.5; 23. *Cameron Davis (VaT) 29:35.7; 24. ***Max Cervi-Skinner (WF) 29:35.8; 25. ***Henry Acorn (Va) 29:37.5.

SOUTHEAST WOMEN

Teams: 1. NC State 71; 2. South Carolina 100; 3. Clemson 105; 4. Virginia Tech 137; 5. Virginia 139; 6. Duke 179; 7. North Carolina 197; 8. Kentucky 205; 9. Eastern Kentucky 216; 10. Wake Forest 270.

Individuals: 1. Hannah Gapes' (NCSt-NZ) 18:42.2; 2. **Salma Elbadra' (SC-Mor) 18:56.7; 3. ***Brighter Jepchumba' (EnKy-Ken) 19:00.9;

4. ***Nancy Cherop' (Clem-Ken) 19:01.2; 5. **Ann Lemirisho' (Ky-Ken) 19:05.7; 6. *Silvia Jelelgo' (Clem-Ken) 19:06.3; 7. *Bethany Michalak (NCSt) 19:07.2;

8. **Edna Chelulei' (EnKy-Ken) 19:08.7; 9. Judy Kosgei' (Clem-Ken) 19:15.5; 10. **Doricah Minsari Isoe' (Ky-Ken) 19:19.4; 11. **Victoria Garces (Duke) 19:27.5;

12. *Angelina Napoleon (NCSt) 19:30.9; 13. *Nancy Chepleting' (Louis-Ken) 19:39.6; 14. Abir Reffas' (SC-Alg) 19:40.5; 15. *Allie Zealand (Lib) 19:40.5;

16. ***Louise Bailly' (SC-Fra) 19:44.2; 17. **Emma Lindner' (VaT-Ger) 19:44.5; 18. *Janet Jepkemboi Amimo' (Ky-Ken) 19:45.4; 19. Aniya Mosley (VaT) 19:46.9;

20. Gladys Chepngetich' (Clem-Ken) 19:47.4; 21. **Tessa Walter (Furm) 19:47.7; 22. **Emily Wisniewski (NCSt) 19:48.5;

23. Brooke Wilson (WF) 19:48.9; 24. *Tatum David (Va) 19:50.7; 25. ***Cassidy Armstrong (Duke) 19:52.5.

SOUTH MEN

Tallahassee, Florida, November 13—

Teams: 1. Alabama 48; 2. Florida 54; 3. Tennessee 120; 4. Florida State 122; 5. Middle Tennessee 133; 6. Georgia 133; 7. Lipscomb 175; 8. Ole Miss 182; 9. Jacksonville State 252; 10. Georgia Tech 278.

Individuals: 1. **Kelvin Cheruiyot' (Fl-Ken) 29:01.5; 2. *Dennis Kipruto' (Al-Ken) 29:02.2; 3. Kidus Misgina (Ms) 29:04.9; 4. **Nelson Setek' (Tn-Ken) 29:07.1;

5. ***Eliud Muchiri' (Fl-Ken) 29:07.9; 6. ***Rodgers Minatum' (Al-Ken) 29:13.0; 7. **Duncan Gituku' (Al-Ken) 29:20.5; 8. **Ezekiel Pitireng' (Al-Ken) 29:21.9;

9. *Allan Kiplagat' (MTn-Ken) 29:27.7; 10. ***Shadrack Kipkurgat' (Jacksonv-Ken) 29:34.0; 11. Ryan Olree (Ga) 29:41.0; 12. Valentin Soca' (Ga-Uru) 29:53.3; 1

3. *Zouhair Redouane' (Tn-Mor) 30:01.9; 14. Kaden Levings (FlSt) 30:05.3; 15. *Jonathan Leon (Fl) 30:11.2; 16. **Oussama Allaoui' (Fl-Mor) 30:11.3;

17. *Josh Ruiz (Fl) 30:11.8; 18. Conner Rutherford (Ga) 30:11.9; 19. *Geofrey Ronoh' (Fl-Ken) 30:11.9; 20. **Owen Kelley (Ms) 30:12.1;

21. Isaac Hirshman-Chandler' (FlSt-GB) 30:14.5; 22. ***Edger Ngibe' (MTn-Ken) 30:16.5;

23. *Taylor Wade (GaT) 30:17.3; 24. *Ethan Edgeworth (Tn) 30:19.9; 25. ***Ethan Locke (Al) 30:19.9.

SOUTH REGIONAL WOMEN

Teams: 1. Alabama 21; 2. Florida 74; 3. Vanderbilt 115; 4. Florida State 115; 5. Middle Tennessee 133; 6. Tennessee 192; 7. Lipscomb 196; 8. Auburn 230; 9. Georgia 275; 10. Ole Miss 333.

Individuals: 1. **Caren Kiplagat' (Al-Ken) 19:20.6; 2. **Cynthia Jemutai' (Al-Ken) 19:25.6; 3. ***Faith Chelangat' (Aub-Ken) 19:28.1;

4. **Mary Ogwoka' (Tn-Ken) 19:32.0; 5. *Brenda Tuwei' (Al-Ken) 19:33.3; 6. **Milicent Wafula' (Al-Ken) 19:33.6; 7. **Mildred Rono' (Al-Ken) 19:40.2;

8. **Evalyne Wambui' (MTn-Ken) 19:41.1; 9. **Desma Chepkoech' (Fl-Ken) 19:51.6; 10. ***Mercy Sergon' (Jacksonv-Ken) 19:57.9; 11. **Claire Stegall (Fl) 19:58.4;

12. ***Maggie Jebitok' (Vand-Ken) 20:05.8; 13. *Nicole Dinan' (FlSt-Ire) 20:07.7; 14. *Lily Kriegel (Vand) 20:08.7; 15. Bieke Schipperen' (FlSt-Neth) 20:09.1;

16. ***Maggie McCormick (Fl) 20:10.7; 17. Harley Kletz (Lips) 20:13.6; 18. *Reagan Gilmore (Fl) 20:14.5; 19. ***Faith Chepchumba' (Tn-Ken) 20:15.1;

20. **Isobelle Jones' (Fl-GB) 20:19.3; 21. *Elizabeth Magoma' (MTn-Ken) 20:20.8; 22. **Claire Shelton (GaT) 20:21.3;

23. **Betsy Jepkemei' (Vand-Ken) 20:21.7; 24. **Bella Grenier (FlSt) 20:22.9; 25. **Rylee Blade (FlSt) 20:25.1.

SOUTH CENTRAL MEN

College Station, Texas, November 13—

Teams: 1. Tulane 44; 2. Arkansas 48; 3. Stephen F. Austin 104; 4. Texas A&M 126; 5. TCU 160; 6. Incarnate Word 213; 7. Texas A&M–CC 240; 8. McNeese State 247; 9. Houston 256; 10. Rice 291.

Individuals: 1. ***Nick Busienei' (Ar-Ken) 28:57.1; 2. Ernest Cheruiyot' (Ar-Ken) 29:02.5; 3. ***Michael Moiben' (TxAM-Ken) 29:04.4; 4. **Silas Kiptanui' (Tul-Ken) 29:06.4;

5. **James Sankei' (Ar-Ken) 29:25.5; 6. *Bernard Cheruiyot' (Tul-Ken) 29:34.0; 7. *Andruw Villa (UTSA) 29:35.1; 8. Jack Johnston (TxAM) 29:46.4;

9. **Timothy Kibet' (Tul-Ken) 29:48.6; 10. *Paul Kiprotich' (SFA-Ken) 29:56.5; 11. *Micah Grossman (Tul) 30:03.7; 12. **Lathan Lewter (SFA) 30:04.4;

13. CJ Meyer (TCU) 30:05.4; 14. *Gilbert Rono' (Tul-Ken) 30:09.5; 15. *Henok Hagos (Hous) 30:13.1; 16. *Ryan Binskin' (SFA-Aus) 30:14.4; 17. *Tommy Rice (Tul) 30:15.6;

18. *Allen Bonnesen (Ar) 30:16.8; 19. Juan Giron (Tul) 30:19.1; 20. *Diego Canto (AMCC) 30:21.5; 21. Aiden Gonzalez-Rodiles (TxAM) 30:24.9; 22. ***Trey Caldwell (Ar) 30:26.3;

23. ***Kai McCullough (Tx) 30:29.2; 24. ***Eliud Kipkosgei' (SFA-Ken) 30:30.4; 25. Kgaogelo Moloisi' (LaM-SA) 30:31.1.

SOUTH CENTRAL WOMEN

Teams: 1. Arkansas 51; 2. SMU 109; 3. Stephen F. Austin 113; 4. Tulane 115; 5. Texas A&M 155; 6. LSU 197; 7. Texas 270; 8. TCU 296; 9. Houston 304; 10. Texas A&M–CC 313.

Individuals: 1. *Elizabeth Khatevi' (AMCC-Ken) 18:58.2; 2. *Ruth Kimeli' (Bay-Ken) 19:06.1; 3. **Isca Chelangat' (Ar-Ken) 19:06.2;

4. **Rose Mburu' (SMU-Ken) 19:11.8; 5. **Debora Cherono' (TxAM-Ken) 19:25.4; 6. *Blezzin Kimutai' (Tul-Ken) 19:27.0; 7. *Valentine Jemutai' (SFA-Ken) 19:33.8; 8. *Paityn Noe (Ar) 19:34.5;

9. **Edna Chepkemoi' (LSU-Ken) 19:40.5; 10. *Mercy Kipchumba' (SFA-Ken) 19:43.8; 11. Josphine Mwaura' (Ar-Ken) 19:52.1; 12. ***Braelyn Combe (Ar) 19:53.5;

13. **Dorcas Jepkosgei' (UTA-Ken) 19:54.1; 14. **Abigael Chemnagei' (LSU-Ken) 19:56.7; 15. Alex Gobran (Rice) 19:58.9; 16. **Dorcas Naibei' (Tul-Ken) 20:01.5;

17. ***Gabbie Bishop (Ar) 20:02.5; 18. *Uxue Castro Martin' (McN-Spa) 20:03.9; 19. ***Emma Chepngetich' (Ar-Ken) 20:04.7;

20. ***Laney Barnes (TxAM) 20:05.1; 21. ***Mary Nyangate' (SMU-Ken) 20:09.5; 22. *Meryeme Mai' (UTSA-Mor) 20:10.6;

23. **Carolina Correia' (SMU-Por) 20:14.4; 24. Chachi Gonzales (TCU) 20:15.0; 25. ***Ariadna Navarro' (TxHS-Spa) 20:15.4.

GREAT LAKES MEN

East Lansing, Michigan, November 13—

Teams: 1. Toledo 59; 2. Notre Dame 66; 3. Michigan State 106; 4. Wisconsin 109; 5. Butler 116; 6. Michigan 118; 7. Purdue 231; 8. Indiana 263; 9. Cincinnati 340; 10. Youngstown State 349.

Individuals: 1. William Zegarski (Butler) 29:55.1; 2. *Patrick Kiprop' (Tol-Ken) 30:07.3; 3. Joad Martinho' (Tol-Fra) 30:09.5; 4. Daelen Ackley (NDm) 30:15.9;

5. ***Eloshas Kipkirui' (Tol-Ken) 30:16.6; 6. **Noah Nyageo' (Akr-Ken) 30:18.3; 7. **Drew Griffith (NDm) 30:19.5; 8. Nathan Lopez (Mi) 30:19.8;

9. Trent McFarland (Mi) 30:22.6; 10. Riley Hough (MiSt) 30:23.7; 11. **Thomas Westphal (MiSt) 30:24.6; 12. Ethan Coleman (NDm) 30:25.2;

13. Loann Brelivet' (Tol-Fra) 30:26.8; 14. Douglas Buckeridge' (Pur-Aus) 30:31.0; 15. ***Grady Lenn (Wi) 30:33.7; 16. *Lezawe Osterink (MiSt) 30:34.2;

17. Johnny Livingstone' (Wi-GB) 30:35.5; 18. Micah Wilson (Wi) 30:37.6; 19. *Lucas Towne (Cinc) 30:41.2; 20. Nerius White (Pur) 30:41.7;

21. ***Max Douglass (NDm) 30:42.3; 22. ***Noah Bontrager (NDm) 30:42.9; 23. Titus Kirui' (Akr-Ken) 30:43.0;

24. ***Alexander Cameron-Smith' (Mi-Aus) 30:43.8; 25. *Simon Jeukenne' (Butler-Bel) 30:44.7.

GREAT LAKES WOMEN

Teams: 1. Toledo 31; 2. Notre Dame 60; 3. Michigan 117; 4. Indiana 120; 5. Michigan State 185; 6. Bowling Green 208; 7. Wisconsin 248; 8. Western Michigan 273; 9. Purdue 332; 10. Cincinnati 335.

Individuals: 1. Karina James (Tol) 19:55.3; 2. ***Purity Chepkirui' (Tol-Ken) 19:55.4; 3. *Dorcas Kiptanui' (Tol-Ken) 19:57.8; 4. **Mercy Jebitok' (Akr-Ken) 20:01.1;

5. *Mary Bonner Dalton (NDm) 20:08.6; 6. *Melody Jebiwot' (Tol-Ken) 20:12.9; 7. Megan Hipple (Akr) 20:17.0; 8. Gretchen Farley (NDm) 20:29.6;

9. *Rachael Hoover (BG) 20:29.9; 10. Brooke Johnston (Mi) 20:30.5; 11. Penelopea Gordon (Mi) 20:31.1; 12. ***Katy Zang (In) 20:31.3;

13. ***Klaire Eighner (MiSt) 20:33.9; 14. *Amaya Aramini (NDm) 20:34.3; 15. *Taylor Pangburn (MiSt) 20:36.0; 16. **Chloe Huyler (NDm) 20:36.5;

17. Reagan Riley (NDm) 20:38.2; 18. *Isabel Allori (NDm) 20:45.0; 19. *Laura Acuna' (Tol-Chl) 20:53.7; 20. *Maddie Rocchio (In) 20:53.9;

21. McKinley Fielding (Young) 20:56.7; 22. *Mikaela Helling (Wi) 20:57.8; 23. Lucinda Rourke' (In-Aus) 20:58.6; 24. *Lexi Panning (BG) 20:58.9; 25. *Bella Earl' (Tol-NZ) 20:58.9.

MIDWEST MEN

Ames, Iowa, November 13—

Teams: 1. Oklahoma State 57; 2. Iowa State 61; 3. Wichita State 132; 4. Minnesota 155; 5. Missouri 159; 6. Tulsa 189; 7. South Dakota St. 198; 8. Kansas 199; 9. Bradley 251; 10. Loyola 280.

Individuals: 1. Brian Musau' (OkSt-Ken) 28:47.1; 2. Denis Kipngetich' (OkSt-Ken) 28:50.0; 3. ***Jean Kipchumba' (Mo-Ken) 28:52.6;

4. Nicholas Kipchirchir' (Wich-Ken) 28:53.4; 5. *Luke Birdseye' (Tulsa-GB) 28:54.1; 6. Jayde Rosslee' (Brad-SA) 28:55.1;

7. *Robin Kwemoi Bera' (IaSt-Ken) 28:56.6; 8. *Jacob Deacon' (OkSt-GB) 28:56.8; 9. Adisu Guadia' (OkSt-Isr) 28:57.3; 10. *Elkana Kipruto' (Wich-Ken) 28:57.8;

11. *Joash Ruto' (IaSt-Ken) 28:58.3; 12. **Meshack Kimutai' (IaSt-Ken) 29:03.6; 13. *Ronald Ngetich' (Ok-Ken) 29:03.7; 14. Abraham Chelangam' (OR-Uga) 29:04.8;

15. *Isaac Ochoa (SD) 29:08.5; 16. Rodgers Kiplimo' (IaSt-Ken) 29:08.5; 17. *Devan Kipyego (IaSt) 29:14.1; 18. **Dylan Maloney (IaSt) 29:15.0;

19. *Aidan Jones (Mn) 29:17.0; 20. ***Stephen Maroro' (Ks-Ken) 29:19.6; 21. ***Frank Buchanan (Il) 29:20.8; 22. *Ben Brown' (Tulsa-GB) 29:23.4;

23. *Jackson Dutcher (SDSt) 29:24.8; 24. *Emmett Gerres (Mn) 29:25.0; 25. **Elijah Limo' (Mo-Ken) 29:25.12.

MIDWEST WOMEN

Teams: 1. Iowa State 72; 2. Oklahoma State 91; 3. Northwestern 113; 4. Missouri 152; 5. Minnesota 155; 6. Oklahoma 195; 7. North Dakota 213; 8. Bradley 253; 9. Kansas 281; 10. South Dakota 301.

Individuals: 1. Billah Jepkirui' (OkSt-Ken) 19:18.9; 2. **Betty Kipkore' (IaSt-Ken) 19:19.9; 3. **Rosemary Longisa' (IaSt-Ken) 19:20.0;

4. **Maureen Cherotich' (OkSt-Ken) 19:27.8; 5. **Mercy Kibet' (IaSt-Ken) 19:30.0; 6. **Monica Wanjiku' (Mo-Ken) 19:30.5; 7. ***Domtila Cheruto' (Ok-Ken) 19:32.7;

8. *Emmaculate Jemutai' (Ks-Ken) 19:33.5; 9. *Sanae Hassnaoui' (Ok-Mor) 19:34.9; 10. Ali Bainbridge (Nb) 19:36.4; 11. *Ava Criniti (NWn) 19:42.9;

12. ***Irine Jepkirui' (Ks-Ken) 19:43.3; 13. Skye Ellis' (NWn-Aus) 19:44.1; 14. **Vivien Kipkorir' (Wich-Ken) 19:47.7; 15. Ali Weimer (Mn) 19:48.5;

16. *Isabelle Schmitz (Mn) 19:50.3; 17. **Noelle Steines (Brad) 19:54.1; 18. *Geneva Timmerman (SD) 19:56.3; 19. ***Marion Jepchumba' (Nb-Ken) 19:57.8;

20. Rahel Broemmel' (Mo-Ger) 19:58.4; 21. Oliwia Wawrzyniak' (StLou-Pol) 19:59.2; 22. *Sara Morefield (Tulsa) 20:00.1;

23. ***Mercyline Kirwa' (IaSt-Ken) 20:01.6; 24. *Olivia Correale' (ND-Can) 20:02.4; 25. Victoria Lagat' (OkSt-Ken) 20:05.0.

MOUNTAIN MEN

Albuquerque, New Mexico, November 13 (altitude c1600)—

Teams: 1. New Mexico 35; 2. Colorado 42; 3. BYU 65; 4. Northern Arizona 101; 5. Air Force 161; 6. Utah State 203; 7. Montana State 203; 8. Wyoming 245; 9. Utah Valley 273; 10. Colorado State 287.

Individuals: 1. **Titus Kimaru' (TxT-Ken) 28:41.9; 2. *Collins Kiprotich' (NM-Ken) 28:50.2; 3. ***Pasanjo Kitonga' (NM-Ken) 28:51.8;

4. *Dominic Serem' (Co-Ken) 28:52.6; 5. *Vincent Chirchir' (NM-Ken) 29:02.8; 6. Evans Kiplagat' (NM-Ken) 29:04.9; 7. *Isaac Hedengren (BYU) 29:12.2;

8. **Tayvon Kitchen (BYU) 29:15.7; 9. **Jake Liebert (Co) 29:17.7; 10. Isaiah Givens (Co) 29:17.8; 11. ***Jack Graffeo (Co) 29:19.6;

12. *Dalton Mortensen (BYU) 29:21.4; 13. Tanner Newkirk (Co) 29:24.5; 14. *Dean Casey' (Co-Ire) 29:24.8; 15. *Thomas Croshaw (NMSt) 29:34.2;

16. Erik Le Roux (NnAz) 29:35.3; 17. Ethan Godsey (NnAz) 29:36.7; 18. James Corrigan (BYU) 29:40.6; 19. *Rheinhardt Harrison (NnAz) 29:44.4;

20. Lukas Haug' (Co-Ger) 29:45.1; 21. **Bryce Denton (AF) 29:47.1; 22. **Sila Kiplagat' (UtV-Ken) 29:50.7;

23. ***Habi Wetzel (Wy) 29:51.2; 24. Lukas Kiprop' (NM-Ken) 29:55.2; 25. **Jefferson McMullin (BYU) 30:00.9.

MOUNTAIN WOMEN

Teams: 1. New Mexico 45; 2. Northern Arizona 67; 3. BYU 81; 4. Utah 100; 5. Colorado 103; 6. Wyoming 183; 7. Utah State 214; 8. Utah Valley 228; 9. Montana State 248; 10. Air Force 261.

Individuals: 1. *Pamela Kosgei' (NM-Ken) 19:08.3; 2. *Mercy Kirarei' (NM-Ken) 19:11.6; 3. **Marion Jepngetich' (NM-Ken) 19:24.0; 4. *Taylor Lovell (BYU) 19:46.7;

5. ***Sheylah Kurgat' (Co-Ken) 19:48.4; 6. ***Caren Kipsirat' (UtV-Ken) 20:00.2; 7. *Abbey Mathison (Co) 20:01.6; 8. Erin Vringer' (Ut-Can) 20:03.2;

9. Ava Mitchell (NnAz) 20:06.9; 10. **Elsa Sundqvist' (NnAz-Swe) 20:07.3; 11. Hayley Burns (NnAz) 20:17.4; 12. **Zariel Macchia (BYU) 20:23.4;

13. Tayla Gunton' (Ut-Aus) 20:25.2; 14. Eowyn Dalbec (Wy) 20:28.8; 15. Christina Nisoli (NM) 20:30.8; 16. Emma Stutzman (NnAz) 20:34.1;

17. *Karrie Baloga (BYU) 20:34.6; 18. Natalie Swain (UtSt) 20:37.9; 19. Taylor Rohatinsky (BYU) 20:40.5; 20. Annastasia Peters (Ut) 20:43.7;

21. ***Addy Ritzenhein (NnAz) 20:48.0; 22. Ella Johnson (AF) 20:49.6; 23. Millie Wilcox (Ut) 20:50.3; 24. ***Faith Ngetich' (NM-Ken) 20:50.8; 25. Sarah Ellis (UtSt) 20:50.8.

WEST MEN

Sacramento, California, November 13—

Teams: 1. Oregon 51; 2. Washington 110; 3. Stanford 115; 4. Portland 141; 5. Arizona 141; 6. Gonzaga 167; 7. Cal Baptist 172; 8. Boise State 178; 9. Washington State 186; 10. UCLA 241.

Individuals: 1. *Solomon Kipchoge' (WaSt-Ken) 28:37.6; 2. *Evans Kurui' (WaSt-Ken) 28:49.6; 3. *Pedro Marin' (CalB-Col) 29:10.4; 4. **Brian Kiprotich' (Boise-Ken) 29:10.8;

5. *Nolan Turgeon (Port) 29:11.8; 6. **Evans Tanui' (Az-Ken) 29:13.4; 7. Myles Hogan (Or) 29:18.7; 8. Aiden Smith (Or) 29:18.8; 9. *Tayson Echohawk (Or) 29:18.8;

10. *Simeon Birnbaum (Or) 29:19.0; 11. Jamar Distel (Wa) 29:21.2; 12. *Theo Schucht' (Wa-Ger) 29:22.1; 13. Logan Law (Gonz) 29:23.1;

14. *James Dargan' (Stan-GB) 29:24.8; 15. **Paul Bergeron (Stan) 29:28.4; 16. *Tyrone Gorze (Wa) 29:28.8; 17. Benjamin Balazs (Or) 29:31.1;

18. **Yemane Mulugeta' (CalB-Can) 29:32.5; 19. Josphat Meli' (Az-Ken) 29:37.2; 20. **Byron Grevious (Stan) 29:38.4; 21. ***Xavier Perras-Phaneuf' (Or-Can) 29:39.4;

22. *Chris Caudillo (AzSt) 29:40.6; 23. **Weston Day (Port) 29:41.2; 24. ***Dylan Rowell (Gonz) 29:42.9; 25. **Herbie Johnson' (USF-GB) 29:43.4.

WEST WOMEN

Teams: 1. Oregon 38; 2. Washington State 109; 3. Boise State 112; 4. Stanford 143; 5. Washington 146; 6. USF 239; 7. Gonzaga 241; 8. Oregon State 250; 9. Cal Baptist 280; 10. Portland 295.

Individuals: 1. **Diana Cherotich' (Or-Ken) 18:55.6; 2. ***Mercy Chepkemoi' (Az-Ken) 18:59.0; 3. Juliet Cherubet' (Or-Ken) 19:04.5; 4. Dalia Frias (Or) 19:28.0;

5. Kaiya Robertson' (Boise-Can) 19:28.6; 6. Tatiana Cornejo (SLO) 19:30.6; 7. Julia Flynn (Stan) 19:33.8; 8. ***Millie Bii' (WaSt-Ken) 19:40.4;

9. **Nelly Jemeli' (WaSt-Ken) 19:44.9; 10. **Praise Chepkemoi' (Az-Ken) 19:48.5; 11. ***Amaya Bharadwaj (Stan) 19:49.8; 12. **Faith Kipmaiyo' (WaSt-Ken) 19:52.1;

13. Sophie Tau (Cal) 19:52.9; 14. ***Sofia Thogersen' (Or-Den) 19:54.0; 15. ***Latham West (Port) 19:54.8; 16. Ella Thorsett (Or) 19:54.8;

17. *Nicole Bissell (Wa) 19:55.7; 18. **Constanze Paoli' (Id-Ger) 19:56.3; 19. Milaina Almonte (SClara) 19:57.3; 20. Elle Marsyla (UCSD) 19:58.6;

21. Nanette Novak' (Boise-Can) 20:00.8; 22. Julia David-Smith' (Wa-Fra) 20:02.8; 23. Sage Brooks (OrSt) 20:03.4; 24. **Lily LaPorte (Boise) 20:05.3; 25. **Helena Mees' (CalB-Bra) 20:07.8.

in the next eTN:
NCAA Champs XC