

2026 European Championships Statistics – Women's 400mH

by K Ken Nakamura

Summary

All time performance list at the European Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Yea
1	1	52.49	Femke Bol	NED	1	Roma	2024
2		52.67	Femke Bol		1	München	2022
3	2	52.92	Natalva Antvukh	RUS	1	Barcelona	2010
4	3	53.32	Marina Makeyeva Stepanova	URS	1	Stuttgart	1986
5	4	53.33	Sally Gunnell	GBR	1	Helsinki	1994
6	5	53.37	Ionela Manolache Tirlea	ROU	1	Budapest	1998
7	6	53.60	Sabine Busch	GDR	2	Stuttgart	1986
8	7	53.62	Tatvana Ledovskaya	URS	1	Split	1990
9		53.73	Femke Bol		1sf3	München	2022
10	8	53.82	Vania Stambolova	BUL	2	Barcelona	2010

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.74	52.49	Femke Bol	NED	Roma	2024
	1.63	52.67	Femke Bol	NED	München	2022
	1.35	53.33	Sally Gunnell	GBR	Helsinki	1994
Min	0.08	54.48	Eilidh Child	GBR	Zürich	2014
	0.09	53.93	Yevgeniya Isakova	RUS	Göteborg	2006

Best Marks for Places in the European Championships

Pos	Time	Name	Nat	Venue	Year
1	52.49	Femke Bol	NED	Roma	2024
	52.67	Femke Bol	NED	München	2022
2	53.60	Sabine Busch	GDR	Stuttgart	1986
3	54.13	Cornelia Feuerbach	GDR	Stuttgart	1986
4	54.15	Ann-Louise Skoglund	SWE	Stuttgart	1986
5	54.58	Angela Morosanu	ROU	Barcelona	2010

Multiple Gold Medalists:

Ionela Tirlea (ROU): 1998, 2002

Femke Bol (NED) 2022, 2024

Last fifteen European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Femke Bol	NED	52.49	Louise Maraval	FRA	54.23	Cathelijne Peeters	NED	54.37
2022	Femke Bol	NED	52.67	Viktoriya Tkachuk	UKR	54.30	Anna Ryzhykova	UKR	54.86
2018	Lea Sprunger	SUI	55.04	Anna Ryzhykova	UKR	54.51	Meghan Beesley	GBR	55.31
2016	Sara Petersen	DEN	55.12	Joanna Linkiewicz	POL	55.33	Lea Sprunger	SUI	55.41
2014	Eilidh Child	GBR	54.48	Anna Titimets	UKR	54.56	Denisa Rosolova	CZE	54.70
2012	Denisa Rosolova	CZE	54.24	Anna Ryzhykova	UKR	54.35	Zuzana Hejnova	CZE	54.49
2010	Natalya Antyukh	RUS	52.92	Vania Stambolova	BUL	53.82	Perri Shakes-Drayton	GBR	54.18
2006	Yevheniya Isakova	RUS	53.93	Fani Halkia	GRE	54.02	Tetyana Tereshchuk	UKR	54.55
2002	Ionela Tirlea	ROU	54.95	Heike Meissner	GER	55.89	Anna Olichwierczuk	POL	56.18
1998	Ionela Tirlea	ROU	53.37	Tatyana Tereshchuk	UKR	54.07	Silvia Rieger	GER	54.45
1994	Sally Gunnell	GBR	53.33	Silvia Rieger	GER	54.68	Anna Knoroz	RUS	54.68
1990	Tatyana Ledovskaya	URS	53.62	Anita Protti	SUI	54.36	Monica Westen	SWE	55.45
1986	Marina Stepanova	URS	53.32	Sabine Busch	GDR	54.3.6	Cornelia Feurbach-	GDR	54.13
1982	Ann Louise Skoglund	SWE	54.58	Petra Pfaff	GDR	54.90	Chantal Rega	FRA	54.94
1978	Tatyana Zelentsova	URS	54.89	Silvia Hollmann	FRG	55.14	Karin Rossley	GDR	55.36

All time performance list at the European Championships

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5	4	53.33	Sally Gunnell	GBR	1	Helsinki	1994
6	5	53.37	Ionela Manolache Tirlea	ROU	1	Budapest	1998
7	6	53.60	Sabine Busch	GDR	2	Stuttgart	1986
8	7	53.62	Tatyana Ledovskaya	URS	1	Split	1990
9		53.73	Femke Bol		1sf3	München	2022
10	8	53.82	Vania Stambolova	BUL	2	Barcelona	2010
11		53.83	Marina Makeyeva Stepanova		1sf2	Stuttgart	1986
12	9	53.93	Yevgeniya Isakova	RUS	1	Göteborg	2006
13		53.97	Sabine Busch		2sf2	Stuttgart	1986
14	10	54.02	Fani Halkia	GRE	2	Göteborg	2006
15	11	54.07	Tetyana Tereshchuk-Antipova	UKR	2	Budapest	1998
16	12	54.13	Cornelia Feuerbach	GDR	3	Stuttgart	1986
17	13	54.15	Ann-Louise Skoglund	SWE	4	Stuttgart	1986
18		54.16	Femke Bol		1sf2	Roma	2024
19		54.17	Yevgeniy Isakova		1sf2	Göteborg	2006
20	14	54.18	Perri Shakes-Drayton	GBR	3	Barcelona	2010
21	15	54.23	Louise Maraval	FRA	2	Roma	2024
22	16	54.24	Denisa Rosolova	CZE	1	Helsinki	2012
23	17	54.25	Anna Ryzhykova	UKR	2sf3	München	2022
24		54.28	Natalya Antyukh	RUS	1sf2	Barcelona	2010
25		54.29	Natalya Antyukh	RUS	1h4	Barcelona	2010
26	18	54.30	Zuzana Hejnova	CZE	4	Barcelona	2010
26	19	54.30	Viktoriya Tkachuk	UKR	2	München	2022
28	20	54.32	Carolina Krafzik	GER	1h2	München	2022
29	21	54.33	Lea Sprunger	SUI	1	Berlin	2018
30		54.35	Anna Ryzhykova		2	Helsinki	2012
31	22	54.36	Anita Protti	SUI	2	Split	1990
31		54.36	Louise Maraval		1sf1	Roma	2024
33	23	54.37	Cathelijin Peetrs	NED	3	Roma	2024
34		54.39	Tetyana Tereshchuk-Antipova		2sf2	Göteborg	2006
35	24	54.43	Lina Nielsen	GBR	2sf1	Roma	2024
36	25	54.45	Silvia Rieger	GER	3	Budapest	1998
37	26	54.48	Eilidh Child	GBR	1	Zürich	2014
38		54.49	Zuzana Hejnova		3	Helsinki	2012
39		54.50	Silvia Rieger		1h1	Budapest	1998
39	27	54.50	Vivi Lehioinen	FIN	1sf2	München	2022
41	25	54.51	Anna Ryzhykova		2	Berlin	2018
42	28	54.52	Avomide Folorunso	ITA	3sf1	Roma	2024
43		54.55	Tetyana Tereshchuk –Antipova		3	Göteborg	2006
44	29	54.56	Anna Titimets	UKR	2	Zürich	2014
44	30	54.56	Line Kloster	NOR	1sf3	Roma	2024
46		54.57	Fani Halkia		1sf1	Göteborg	2006
47		54.58	Ann-Louise Skoglund		1	Athinai	1982
47	31	54.58	Angela Morosanu	ROU	5	Barcelona	2010
49	32	54.59	Gudrun Arnardottir	ISL	4	Budapest	1998
49		54.59	Yevgeniya Isakova	RUS	6	Barcelona	2010
49	33	54.59	Nikoleta Jichova	CZE	2sf2	Roma	2024
52		54.60	Sally Gunnell		1sf2	Helsinki	1994
53		54.61	Zuzana Hejnova	CZE	2sf2	Barcelona	2010
54	34	54.62	Ester Goossens	NED	5	Budapest	1998
55		54.65	Tetyana Tereshchuk-Antipova		2h1	Budapest	1998
55		54.65	Viktoriya Tkachuk		2sf2	München	2022
55	35	54.65	Fatoumata Diallo	POR	4sf1	Roma	2024
58	36	54.66	Cathelijin Peters	NED	2sf3	Roma	2024
59		54.67	Angela Morosanu	ROU	1sf1	Barcelona	2010
60		54.68	Marina Stepanova		1h3	Stuttgart	1986
60		54.68	Silvia Rieger		2	Helsinki	1994
60	37	54.68	Anna Knoroz	RUS	3	Helsinki	1994
60	38	54.68	Amalie Luel	NOR	3sf2	München	2022

Slowest winning (auto) time: 55.12 by Sara Petersen (DEN) in 2016
54.95 by Ionela Tirlea (ROU) in 2002

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.74	52.49	Femke Bol	NED	Roma	2024
	1.63	52.67	Femke Bol	NED	München	2022
	1.35	53.33	Sally Gunnell	GBR	Helsinki	1994
Min	0.08	54.48	Eilidh Child	GBR	Zürich	2014
	0.09	53.93	Yevgeniya Isakova	RUS	Göteborg	2006

Difference between 3rd and 4th place (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	0.54	54.37	Cathelijn Peeters	NED	Roma	2024
	0.44	54.55	Tetyana Tereshchuk-Antipova	UKR	Göteborg	2006
		55.31	Meghan Beesley	GBR	Berlin	2018
Min	0.02	54.13	Cornelia Feuerbach	GDR	Stuttgart	1986

Best Marks for Places in the European Championships

Pos	Time	Name	Nat	Venue	Year
1	52.49	Femke Bol	NED	Roma	2024
	52.67	Femke Bol	NED	München	2022
	52.92	Natalya Antyukh	RUS	Barcelona	2010
2	53.60	Sabine Busch	GDR	Stuttgart	1986
3	54.13	Cornelia Feuerbach	GDR	Stuttgart	1986
4	54.15	Ann-Louise Skoglund	SWE	Stuttgart	1986
5	54.58	Angela Morosanu	ROU	Barcelona	2010
6	54.59	Yevgeniya Isakova	RUS	Barcelona	2010
7	55.23	Cristieana Matei	ROU	Stuttgart	1986
8	55.51	Eilidh Child	GBR	Barcelona	2010

Fastest time in each round (Only two rounds were contested in 1982, 1998, 2002)

Round	Time	Name	Nat	Venue	Year
Final	52.49	Femke Bol	NED	Roma	2024
	52.67	Femke Bol	NED	München	2022
	52.92	Natalya Antyukh	RUS	Barcelona	2010
Semi-final	53.73	Femke Bol	NED	München	2022
	53.83	Marina Stepanova	URS	Stuttgart	1986
First round	54.50 (2 rounds)	Silvia Rieger	GER	Budapest	1998
	54.29 (3 rounds)	Natalya Antyukh	RUS	Barcelona	2010

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
54.73	3sf3	Alice Muraro	ITA	Roma	2024
54.89	3sf2	Amalie Hammild Iuel	NOR	Roma	2024

Multiple Gold Medalists:

Ionela Tirlea (ROU): 1998, 2002
Femke Bol (NED): 2022, 2024

Multiple Medalists:

Femke Bol (NED): 2022 Gold, 2024 Gold
Viktoriya Tkahuk (UKR): 2018 Silver, 2022 Silver
Ionela Tirlea (ROU): 1998 Gold; 2002 Gold
Tatyana Tereshchuk (UKR): 1998 Silver; 2006 Bronze
Silvia Rieger (GER): 1994 Silver; 1998 Bronze

Number of Medals by Countries:

Nation	Gold	Silver	Bronze
RUS	2		1
URS	3		
GBR	2		2
ROU	2		
SUI	1	1	1
CZE	1		2
SWE	1		1
DEN	1		
NED	2		1
UKR		5	2
GDR		2	2
GER		2	1
POL		1	1
FRG		1	
GRE		1	
BUL		1	
FRA		1	1

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
NED	2024	Femke Bol		Cathelijn Peeters
UKR	2022		Viktoriya Tkachuk	Anna Ryzhykova
GDR	1986		Sabine Busch	Cornelia Feuerbach

400m – 400mH double medalist in the same championships

Name	Nat	400m	400mH	Venue	Year
Femke Bol	NED	Gold	Gold	München	2022

400m – 400mH double medalist in the different championships

Name	Nat	400m	Venue	Year	400mH	Venue	Year
Vania Stambolova	BUL	Gold	Göteborg	2006	Silver	Barcelona	2010

Average from last ten European Championships

	Average	2024	2022	2018	2016	2014	2012	2010	2006	2002	1998	1994
Winning Time	53.87	52.49	52.67	55.04	55.12	54.48	54.24	52.92	53.93	54.95	53.37	53.33
Winning Medal (3 rd)	54.87	54.37	54.86	55.69	55.41	54.70	54.49	54.18	54.55	56.18	54.45	54.68
Missing Medal (4 th)	55.21	54.91	54.97	55.78	55.50	54.90	55.95	54.58	54.99	56.34	54.59	54.79

Man & Woman from the same team winning the corresponding event: None**Athletes with Olympic, World and European gold (Olympic and Euro gold before 1983)**

Name	Nation	Olympics	World Championships	European Championships
Sally Gunnell	GBR	1992	1993	1994

European Champion who previously won European Junior gold medal

Name	Nat	European Championships	European Junior Championships
Femke Bol	NED	2022, 2024	2019
Ionela Tirlea	ROU	1998, 2002	1993, 1995

Last fourteen European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Femke Bol	NED	52.49	Louise Maraval	FRA	54.23	Cathelijn Peeters	NED	54.37
2022	Femke Bol	NED	52.67	Viktoriya Tkachuk	UKR	54.30	Anna Ryzhykova	UKR	54.86

2018	Lea Sprunger	SUI	55.04	Anna Ryzhykova	UKR	54.51	Meghan Beesley	GBR	55.31
2016	Sara Petersen	DEN	55.12	Joanna Linkiewicz	POL	55.33	Lea Sprunger	SUI	55.41
2014	Eilidh Child	GBR	54.48	Anna Titimets	UKR	54.56	Denisa Rosolova	CZE	54.70
2012	Denisa Rosolova	CZE	54.24	Anna Ryzhykova	UKR	54.35	Zuzana Hejnova	CZE	54.49
2010	Natalya Antyukh	RUS	52.92	Vania Stambolova	BUL	53.82	Perri Shakes-Drayton	GBR	54.18
2006	Yevheniya Isakova	RUS	53.93	Fani Halkia	GRE	54.02	Tetyana Tereshchuk	UKR	54.55
2002	Ionela Tirlea	ROU	54.95	Heike Meissner	GER	55.89	Anna Olichwierczuk	POL	56.18
1998	Ionela Tirlea	ROU	53.37	Tatyana Tereshchuk	UKR	54.07	Silvia Rieger	GER	54.45
1994	Sally Gunnell	GBR	53.33	Silvia Rieger	GER	54.68	Anna Knoroz	RUS	54.68
1990	Tatyana Ledovskaya	URS	53.62	Anita Protti	SUI	54.36	Monica Westen	SWE	55.45
1986	Marina Stepanova	URS	53.32	Sabine Busch	GDR	543.6	Cornelia Feurbach-	GDR	54.13
1982	Ann Louise Skoglund	SWE	54.58	Petra Pfaff	GDR	54.90	Chantal Rega	FRA	54.94
1978	Tatyana Zelentsova	URS	54.89	Silvia Hollmann	FRG	55.14	Karin Rossley	GDR	55.36

European U-23 Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2025	Emily Newnham	GBR	54.08	Vanessa Balde	GER	55.36	Vivienne Morgenstern	GER	55.45
2023	Andrea Rooth	NOR	55.78	Louise Maraval	FRA	55.83	Lena Pressler	AUT	55.94
2021	Emma Zapletalova	SVK	54.28	Sara Gallego	ESP	55.20	Yasmin Giger	SUI	55.25
2019	Paulien Couckuyt	BEL	56.17	Linda Olivieri	ITA	56.22	Yasmin Giger	SUI	56.37
2017	Ayomide Folorunso	ITA	55.82	Jessica Turner	GBR	56.08	Arna Gudmundsdottir	ISL	56.37
2015	Elise Malmberg	SWE	55.88	Stina Troest	DEN	56.01	Aurelie Chaboudez	FRA	56.04
2013	Vera Rudakova	RUS	55.92	Bianca Baak	NED	56.75	Anastasiya Lebid	UKR	56.92
2011	Hanna Ryzhykova	UKR	54.77	Hanna Titimets	UKR	54.91	Meghan Beesley	GBR	55.69
2009	Perri Shakes-Drayton	GBR	55.26	Eilidh Child	GBR	55.32	Darya Korableva	RUS	56.08
2007	Angela Morosanu	ROU	54.50	Irina Obedina	RUS	55.19	Zuzana Hejnova	CZE	55.93
2005	Yelena Ildeykina	RUS	56.43	Anastasiya Trifonova	RUS	56.51	Sian Scott	GBR	57.02
2003	Oksana Gulumyan	RUS	56.23	Irena Zauna	LAT	56.47	Maria Rus	ROU	57.01
2001	Sylvanie Morandais	FRA	56.30	Aleksandra Pieluzek	POL	56.51	Irena Zauna	LAT	57.03
1999	Natasha Danvers	GBR	56.00	Ulrike Urbansky	GER	56.08	Anika Ahrens	GER	57.34
1997	Rikke Rønholt	DEN	57.22	Vicki Jamison	GBR	57.43	Malgorzata Pskit	POL	57.68

Last fourteen European Junior (U20) Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2025	Alexandra Stefania Uta	ROU	55.55	Meta Tumba	FRA	55.56	Viola Hambidge	EST	56.71
2023	Moa Granat	SWE	56.58	Olha Mashanienkova	UKR	56.83	Alexandra Stefania	ROU	57.02
2021	Andrea Rooth	NOR	57.16	Moa Granat	SWE	57.94	Martha Rasmussen	DEN	58.30
2019	Femke Bol	NED	56.25	Sara Mato	HUN	56.89	Sara Gallego	ESP	57.44
2017	Yasmin Giger	SUI	55.90	Agata Zupin	SLO	55.96	Viivi Lehtikainen	FIN	56.49
2015	Nenah De Coninck	BEL	57.85	Inge Drost	NED	57.88	Ayomide Folorunso	ITA	58.44
2013	Hayley McLean	GBR	57.26	Joan Medjid	FRA	57.34	Stina Troest	DEN	57.41
2011	Vera Rudakova	RUS	57.24	Aurelie Chaboudez	FRA	57.35	Maeva Contion	FRA	58.03
2009	Inga Müller	GER	57.16	Mila Andric	SRB	57.55	Katsiaryna Artyukh	BLR	58.09
2007	Fabienne Kohlmann	GER	56.42	Perri Shakes-Drayton	GBR	56.46	Anastasiya Ott	RUS	57.27
2005	Zuzana Henjnova	CZE	55.89	Yekaterina Kostetskaya	RUS	55.89	Yuliya Bychkova	RUS	58.12
2003	Yekaterina Kostetskaya	RUS	57.52	Irina Obedina	RUS	57.57	Zuzana Hejnova	CZE	58.30
2001	Zofia Malachowska	POL	57.78	Patricia Lopes	POR	57.93	Mariya Menshikova	RUS	58.83
1999	Alena Rücklova	CZE	58.55	Benedetta Ceccarelli	ITA	59.10	Nicola Sanders	GBR	59.21
1997	Florence Delaune	FRA	57.91	Thelma Joziasse	NED	58.65	Medina Tudor	ROU	58.85

Last twelve World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2025	Femke Bol	NED	51.54	Jasmine Jones	USA	52.08	Emma Zapletalova	SVK	53.00
2023	Femke Bol	NED	51.70	Shamier Little	USA	52.80	Rushell Clayton	JAM	52.81

2022	Sydney McLaughlin	USA	50.68	Femke Bol	NED	52.27	Dalilah Muhammad	USA	53.13
2019	Dalilah Muhammad	USA	52.16	Sydney McLaughlin	USA	52.23	Rushell Clayton	JAM	53.74
2017	Kori Carter	USA	53.07	Dalilah Muhammad	USA	53.50	Ristananna Tracey	JAM	53.74
2015	Zuzana Hejnova	CZE	53.50	Shamier Little	USA	53.94	Cassandra Tate	USA	54.02
2013	Zuzana Hejnova	CZE	52.83	Dalilah Muhammad	USA	54.09	Lashinda Demus	USA	54.27
2011	Lashinda Demus	USA	52.47	Melaine Walker	JAM	52.73	Natalya Antyukh	RUS	53.85
2009	Melaine Walker	JAM	52.42	Lashinda Demus	USA	52.96	Josanne Lucas	TRI	53.20
2007	Jana Rawlinson	RUS	53.31	Yuliya Pechonkina	RUS	53.50	Anna Jesien	POL	53.92
2005	Yuliya Pechonkina	RUS	52.90	Lashinda Demus	USA	53.27	Sandra Glover	USA	53.32
2003	Jana Pittman	AUS	53.22	Sandra Glover	USA	53.65	Yuliya Pechonkina	RUS	53.72
2001	Nezha Bidouane	MAR	53.34	Yuliya Nosova	RUS	54.27	Daimi Pernia	CUB	54.51

Last nine Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Sydney McLaughlin	USA	50.37	Anna Cockrell	USA	51.87	Femke Bol	NED	52.15
2020	Sydney McLaughlin	USA	51.46	Dalilah Muhammad	USA	51.58	Femke Bol	NED	52.03
2016	Dalilah Muhammad	USA	53.13	Sara Slott Petersen	DE	53.55	Ashley Spencer	USA	53.72
2012	Natalya Antyukh	RUS	52.70	Lashinda Demus	USA	52.77	Zuzana Hejnova	CZE	53.38
2008	Melaine Walker	JAM	52.64	Sheena Tosta	USA	53.70	Tasha Danves	GBR	53.84
2004	Fani Halkia	GRE	52.82	Ionela Tirlea-Manolache	ROU	53.38	Tatyana Tereshchuk	UKR	53.44
2000	Irina Privalova	RUS	53.02	Deon Hemmings	JAM	53.45	Nezha Bidouane	MAR	53.57
1996	Deon Hemmings	JAM	52.82	Kim Batten	USA	53.08	Tonja Buford-Bailey	USA	53.22
1992	Sally Gunnell	GBR	53.23	Sandra Farmer-Patrick	USA	53.69	Janeene Vickers	USA	54.31
1988	Debbie Flintoff-King	AUS	53.17	Tatyana Ledovskaya	URS	53.18	Ellen Fiedler	GDR	53.63

All time European List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.95	Femke Bol	NED	1	La Chaux	14 July 2024
2		51.30	Femke Bol		1	London	20 July 2024
3		51.45	Femke Bol		1	London	23 July 2023
4		51.54	Femke Bol		1	Tokyo	19 Sept 2025
5		51.70	Femke Bol		1	Budapest	24 Aug 2023
6		51.91	Femke Bol		1	Chorzow	16 Aug 2025
7		51.95	Femke Bol		1	Monaco	11 July 2025
8		51.98	Femke Bol		1	Eugene	17 Sept 2023
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	2	52.30	Emma Zapletalova	SVK	1	Doha	19 June 2026
	3	52.34	Yuliya Pechonkina	RUS	1	Tula	8 Aug 2003
	4	52.74	Sally Gunnell	GBR	1	WC-Stuttgart	19 Aug 1993
	5	52.77	Fani Halkia	GRE	1sf2	OG-Athinai	22 Aug 2004

Fastest Performances on European Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.37	Sydney McLaughlin	USA	1	Paris – OG	8 Aug 2024
2	2	50.95	Femke Bol	NED	1	La Chaux	14 July 2024
3		51.30	Femke Bol		1	London	20 July 2024
4		51.45	Femke Bol		1	London	23 July 2023
5		51.68	Sydney McLaughlin		1	Szekesfehervar	8 Aug 2022
6		51.70	Femke Bol		1	Budapest	24 Aug 2023

Fastest Performances in GBR

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	51.30	Femke Bol	NED	1	London	20 July 2024
2		51.45	Femke Bol		1	London	23 July 2023
3		52.10	Femke Bol		1	London	19 July 2025

4	2	52.77	Lashinda Demus	USA	2	London	8 Aug 2012
5	3	52.78	Shamier Little	USA	2	London	20 July 2024
6	4	52.79	Kaliese Spencer	JAM	1	London	5 Aug 2011

Fastest Performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.37	Sydney McLaughlin-Levrone	USA	1	Paris	8 Aug 2024
2		51.46	Sydney McLaughlin-Levrone		1	Tokyo	4 Aug 2021
3	2	51.58	Dalilah Muhammad	USA	2	Tokyo	4 Aug 2021

Combined 2025 & 2026 European List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	51.54	Femke Bol-Broeders	NED	1	Tokyo	19 Sept 2025
2		51.91	Femke Bol		1	Chorzow	16 Aug 2025
3		51.95	Femke Bol		1	Monaco	11 July 2025
4		52.10	Femke Bol		1	London	19 July 2025
5		52.11	Femke Bol		1	Stockholm	15 June 2025
6		52.18	Femke Bol		1	Zurich	28 Aug 2025
7		52.24	Femke Bol		1	Budapest	12 Aug 2025
8	2	52.30	Emma Zapletalova	SVK	1	Doha	19 June 2026

Please send corrections to KKenNakamura@gmail.com