

2026 European Championships Statistics – Men's 400mH

by K Ken Nakamura

Summary Page

All time performance list at the European Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	46.98	Karsten Warholm	NOR	1	Roma	2024
2		47.12	Karsten Warholm		1	München	2022
3	2	47.48	Harald Schmid	FRG	1	Athinai	1982
4	3	47.50	Alessandro Sibilio	ITA	2	Roma	2024
5	4	47.58	Stephane Diagana	FRA	1	München	2002
6		47.64	Karsten Warholm		1	Berlin	2018
7	5	47.81	Yasmani Copello	TUR	2	Berlin	2018
8	6	47.92	Kriss Akabusi	GBR	1	Split	1990
9	7	47.94	Carl Bengtstrom	SWE	3	Roma	2024
10	8	48.06	Oleg Tverdokhle	UKR	1	Helsinki	1994

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.44	47.12	Karsten Warholm	NOR	München	2022
	1.21	48.51	Harald Schmid	FRG	Praha	1978
Min	0.08	48.17	Pawel Januszewski	POL	Budapest	1998
		48.98	Yasmani Copello	TUR	Amsterdam	2016

Best Marks for Places in the European Championships

Pos	Time	Name	Nat	Venue	Year
1	46.98	Karsten Warholm	NOR	Roma	2024
	47.12	Karsten Warholm	NOR	München	2022
2	47.50	Alessandro Sibilio	ITA	Roma	2024
3	47.94	Carl Bengtstrom	SWE	Roma	2024
4	48.13	Rasmus Magi	EST	Roma	2024
5	48.17	Berke Akcam	TUR	Roma	2024
6	48.42	Emil Nana Kwame Agyekum	GER	Roma	2024

Multiple Gold Medalists:

Karsten Warholm (NOR): 2018, 2022, 2024

Harald Schmid (FRG): 1978, 1982, 1986

Last thirteen European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Karsten Warholm	NOR	46.98	Alessandro Sibilio	ITA	47.50	Carl Bengtstrom	SWE	47.94
2022	Karsten Warholm	NOR	47.12	Wilfried Happio	FRA	48.56	Yasmani Copello	TUR	48.78
2018	Karsten Warholm	NOR	47.64	Yasmani Copello	TUR	47.81	Thomas Barr	IRL	48.31
2016	Yasmani Copello	TUR	48.98	Sergio Fernandez	ESP	49.06	Kariem Hussein	SUI	49.10
2014	Kariem Hussein	SUI	48.96	Rasmus Mägi	EST	49.06	Denis Kudryatsev	RUS	49.16
2012	Rhys Williams	GBR	49.33	Emir Bekric	SRB	49.49	Stanislav Melnykov	UKR	49.69
2010	Dai Greene	GBR	48.12	Rhys Williams	GBR	48.96	Stanislav Melnykov	UKR	49.09
2006	Periklis Iakovakis	GRE	48.46	Marek Plawgo	POL	48.71	Rhys Williams	GBR	49.12
2002	Stephane Diagana	FRA	47.58	Jiri Muzik	CZE	48.43	Pawal Januszewski	POL	48.46
1998	Pawel Januszewski	POL	48.17	Ruslan Mashchenko	RUS	48.25	Fabrizio Mori	ITA	48.71
1994	Oleg Tverdokhle	UKR	48.06	Sven Nylander	SWE	48.22	Stephane Diagana	FRA	48.23
1990	Kriss Akabusi	GBR	47.92	Sven Nylander	SWE	48.43	Niklas Wallenlind	SWE	48.52
1986	Harald Schmid	FRG	48.65	Aleksandr Vasilyev	URS	48.76	Sven Nylander	SWE	49.38

All time performance list at the European Championships

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6		47.64	Karsten Warholm		1	Berlin	2018
7	5	47.81	Yasmani Copello	TUR	2	Berlin	2018
8	6	47.92	Kriss Akabusi	GBR	1	Split	1990
9	7	47.94	Carl Bengtstrom	SWE	3	Roma	2024
10	8	48.06	Oleg Tverdokhlebo	UKR	1	Helsinki	1994
11		48.07	Alessandro Sibilio		1sf3	Roma	2024
12	9	48.12	David Greene	GBR	1	Barcelona	2010
13	10	48.13	Rasmus Magi	EST	4	Roma	2024
14	11	48.14	Berke Akcam	TUR	2sf3	Roma	2024
15	12	48.17	Pawel Januszewski	POL	1	Budapest	1998
15		48.17	Berke Akcam		5	Roma	2024
17	13	48.22	Sven Nylander	SWE	2	Helsinki	1994
18		48.23	Stephane Diagana		3	Helsinki	1994
19	14	48.25	Ruslan Mashchenko	RUS	2	Budapest	1998
20	15	48.31	Thomas Barr	IRL	3	Berlin	2018
21	16	48.34	Matic Ian Gucek	SLO	3sf3	Roma	2024
22	17	48.36	Emil Nana Kwame Agyekum	GER	4sf3	Roma	2024
23		48.38	Karsten Warholm		1sf2	München	2022
24		48.42	Yasmani Copello		1sf2	Amsterdam	2016
24	18	48.42	Ludvy Vaillant	FRA	4	Berlin	2018
24		48.42	Emil Nana Kwame Agyekum		6	Roma	2024
27		48.43	Sven Nylander		2	Split	1990
27	19	48.43	Jiri Muzik	CZE	2	München	2002
27		48.43	Rasmus Magi		1sf2	Roma	2024
30		48.46	Jiri Muzik		1sf1	München	2002
30		48.46	Pawel Januszewski		3	München	2002
30	20	48.46	Iakovakis Periklis	GRE	1	Göteborg	2006
33		48.47	Stephane Diagana		1sf2	Helsinki	1994
34		48.51	Harald Schmid		1	Praha	1978
34		48.51	Carl Bengtstrom		2sf2	Roma	2024
36	21	48.52	Niklas Wallenlind	SWE	3	Split	1990
36		48.52	Ludvy Vaillant		2sf2	München	2022
38		48.54	Rasmus Mägi		1sf3	Zürich	2014
39	22	48.55	Wilfried Happio	FRA	5sf2	Roma	2024
40		48.56	Wilfried Happio		2	München	2022
41	23	48.59	Patryk Dobek	POL	5	Berlin	2018
42	24	48.60	Aleksandr Yatsevich	URS	2	Athinai	1982
42		48.60	Pawel Januszewski		2sf1	München	2002
44	25	48.61	Vadim Zadoinov	URS	4	Split	1990
45	26	48.64	Uwe Ackermann	GDR	3	Athinai	1982
45		48.64	Ruslan Mashchenko		1sf1	Budapest	1998
47		48.65	Harald Schmid		1	Stuttgart	1986
48		48.67	Karsten Warholm		1sf1	Berlin	2018
49	27	48.68	Vasiliy Arkhipenko	URS	4	Athinai	1982
50	28	48.69	Timofey Chalyy	RUS	2sf3	Zürich	2014
51	29	48.70	Fabrizio Mori	ITA	3sf1	München	2002
52	30	48.71	Marek Plawgo	POL	2	Göteborg	2006
52		48.71	Fabrizio Mori		3	Budapest	1998
54		48.72	Sven Nylander		1sf1	Helsinki	1994

Slowest winning (auto) time: 49.70 by Vyacheslav Skomorokhov (URS) in 1969

Slowest winning time since 1990: 49.33 by Rhys Williams (GBR) in 2012
 48.98 by Yasmani Copello (TUR) in 2016
 48.46 by Periklis Iakovakis (GRE) in 2006

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.44	47.12	Karsten Warholm	NOR	München	2022
	1.21	48.51	Harald Schmid	FRG	Praha	1978
Min	0.08	48.17	Pawel Januszewski	POL	Budapest	1998
		48.98	Yasmani Copello	TUR	Amsterdam	2016

Difference between 3rd and 4th place (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	0.59	48.46	Pawel Januszewski	POL	München	2002
	0.9h	52.7h	Harry Whittle	GBR	Bruxelles	1950
Min	0.01	49.12	Rhys Williams	GBR	Göteborg	2006
		49.69	Stansislav Melnykov	UKR	Helsinki	2012
		48.78	Yasmani Copello	TUR	München	2022

Best Marks for Places in the European Championships

Pos	Time	Name	Nat	Venue	Year
1	46.98	Karsten Warholm	NOR	Roma	2024
	47.12	Karsten Warholm	NOR	München	2022
	47.48	Harald Schmid	FRG	Athinai	1982
2	47.50	Alessandro Sibilio	ITA	Roma	2024
	47.81	Yasmani Copello	TUR	Berlin	2018
	48.22	Sven Nylander	SWE	Helsinki	1994
3	47.94	Carl Bengtstrom	SWE	Roma	2024
	48.23	Stephane Diagana	FRA	Helsinki	1994
4	48.13	Rasmus Magi	EST	Roma	2024
	48.42	Ludvy Vaillant	FRA	Berlin	2018
	48.61	Vadim Zadoinov	URS	Split	1990
5	48.17	Berke Akcam	TUR	Roma	2024
	48.59	Patryk Dobek	POL	Berlin	2018
	48.79	Joshua Abuaku	GER	München	2022
	48.92	Stephane Diagana	FRA	Split	1990
6	48.42	Emil Nana Kwame Agyekum	GER	Roma	2024
	48.75	Rasmus Magi	EST	Boston	2018
	48.95	Carsten Köhrbrück	FRG	Split	1990
7	48.87	Matic Ian Gucek	SLO	Roma	2024
	48.98	Sergio Fernandez	ESP	Berlin	2018
	49.50	Vadim Zadoinov	MDA	Helsinki	1994
8	49.41	Timofey Chalyy	ANA	Berlin	2018
	49.43	Nick Smidt	NED	Roma	2024
	49.53	Gary Cadogan	GBR	Helsinki	1994

Fastest time in each round (Only two rounds were contested before 1950 and in 1969, 2006)

Round	Time	Name	Nat	Venue	Year
Final	46.98	Karsten Warholm	NOR	Roma	2024
	47.12	Karsten Warholm	NOR	München	2022
	47.48	Harald Schmid	FRG	Athinai	1982
Semi-final	48.07	Alessandro Sibilio	ITA	Roma	2024
	48.14	Berke Akcam	TUR	Roma	2024
	48.34	Matic Ian Gucek	SLO	Roma	2024
First round	49.00	Carlos Silva	POR	Budapest	1998

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
48.55	5sf3	Wilfried Happio	FRA	Roma	2024
48.76	3sf2	Alastair Chalmers	GBR	Roma	2024

Multiple Gold Medalists:

Karsten Warholm (NOR): 2018, 2022, 2024

Harald Schmid (FRG): 1978, 1982, 1986

Multiple Medalists:

Karsten Warholm (NOR): 2018 Gold, 2022 Gold, 2024 Gold

Yasmani Coppelo 2016 Gold; 2018 Silver, 2022 Bronze (complete set of medals)

Kariem Hussein (SUI): 2014 Gold, 2016 Bronze

Rhys Williams (GBR): 2006 Bronze; 2010 Silver, 2012 Gold

Stanislav Melnykov (UKR): 2010 Bronze; 2012 Bronze

Pawel Januszewski (POL): 1998 Gold; 2002 Bronze

Sven Nylander (SWE): 1986 Bronze; 1990 Silver; 1994 Silver

Stephane Diagana (FRA): 1994 Bronze; 2002 Gold

Harald Schmid (FRG): 1978 Gold; 1982 Gold; 1986 Gold

Jean-Claude Nallet (FRA): 1971 Gold; 1974 Silver

Yuriy Lituyev (URS): 1950 Silver; 1954 Silver; 1958 Gold

Number of Medals by Countries:

Nation	Gold	Silver	Bronze
GBR	4	2	3
URS	3	5	3
FRG	3	2	1
FRA	3	2	2
ITA	3	1	1
NOR	3		
POL	1	1	1
FIN	1	1	1
TUR	1	1	1
UKR	1		2
SUI	1		2
GRE	1		1
GER	1		
SWE		4	5
GDR		1	1
RUS		1	1
HUN		1	
CZE		1	
SRB		1	
EST		1	
ESP		1	
IRL			1

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
GBR	2010	David Greene	Rhys Williams	
SWE	1990		Sven Nylander	Niklas Wallenlind
URS	1978		Dmitriy Stukalov	Vasiliy Arkhipenko
GBR	1969		John Sherwood	Andrew Todd
FRG	1962		Jörg Neumann	Helmut Janz
URS	1954	Anatoliy Yulin	Yuriy Lituyev	
SWE	1946		Sixten Larsson	Rune Larsson

Average from last ten European Championships

	Average	2024	2022	2018	2016	2014	2012	2010	2006	2002	1998	1994
Winning Time	48.13	46.98	47.12	47.64	48.98	48.96	49.33	48.12	48.46	47.58	48.17	48.06
Winning Medal (3 rd)	48.78	47.94	48.78	48.31	49.10	49.16	49.69	49.09	49.12	48.46	48.71	48.23
Missing Medal (4 th)	49.01	48.13	48.79	48.42	49.24	49.56	49.70	49.34	49.13	49.05	49.02	48.77

Man & Woman from the same team winning the corresponding event: None

Athletes with Olympic, World and European gold (Olympic and Euro gold before 1983)

Name	Nation	Olympics	World	European
Karsten Warholm	NOR	2020 (2021)	2017, 2019, 2023	2018, 2022, 2024
Stephane Diagana	FRA	4 th in 1992	1997	2002

European Champion who previously won European Junior gold medal

Name	Nat	European Championships	Year	European Junior Championships	Year
David Greene	GBR	Gold	2010	Silver	2005
Rhys Williams	GBR	Gold	2012	Gold	2003
Niklas Wallenlind	SWE	Bronze	1990	Gold	1987

Last thirteen European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Karsten Warholm	NOR	46.98	Alessandro Sibilio	ITA	47.50	Carl Bengtstrom	SWE	47.94
2022	Karsten Warholm	NOR	47.12	Wilfried Hoppio	FRA	48.56	Yasmani Copello	TUR	48.78
2018	Karsten Warholm	NOR	47.64	Yasmani Copello	TUR	47.81	Thomas Barr	IRL	48.31
2016	Yasmani Copello	TUR	48.98	Sergio Fernandez	ESP	49.06	Kariem Hussein	SUI	49.10
2014	Kariem Hussein	SUI	48.96	Rasmus Mägi	EST	49.06	Denis Kudryatsev	RUS	49.16
2012	Rhys Williams	GBR	49.33	Emir Bekric	SRB	49.49	Stanislav Melnykov	UKR	49.69
2010	Dai Greene	GBR	48.12	Rhys Williams	GBR	48.96	Stanislav Melnykov	UKR	49.09
2006	Periklis Iakovakis	GRE	48.46	Marek Plawgo	POL	48.71	Rhys Williams	GBR	49.12
2002	Stephane Diagana	FRA	47.58	Jiri Muzik	CZE	48.43	Pawal Januszewski	POL	48.46
1998	Pawal Januszewski	POL	48.17	Ruslan Mashchenko	RUS	48.25	Fabrizio Mori	ITA	48.71
1994	Oleg Tverdokhlebo	UKR	48.06	Sven Nylander	SWE	48.22	Stephane Diagana	FRA	48.23
1990	Kriss Akabusi	GBR	47.92	Sven Nylander	SWE	48.43	Niklas Wallenlind	SWE	48.52
1986	Harald Schmid	FRG	48.65	Aleksandr Vasilyev	URS	48.76	Sven Nylander	SWE	49.38

European U-23 Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Owe Fischer-Breiholz	GER	48.01	Ismail Nezir	TUR	48.33	Matic Ian Gucek	SLO	48.34
2023	Ismail Nezir	TUR	49.19	Berke Akcam	TUR	49.48	Oskar Edlund	SWE	49.57
2021	Alessandro Sibilio	ITA	48.42	Emil Agyekum	GER	48.96	Ramsey Angela	NED	49.07
2019	Wilfried Hoppio	FRA	49.03	Nick Smidt	NED	49.49	Emil Agyekum	GER	49.69
2017	Karsten Warholm	NOR	48.37	Dany Brand	SUI	49.14	Ludvy Vaillant	FRA	49.31
2015	Patryk Dobek	POL	48.84	Jussi Kanervo	FIN	49.66	Nicolai Trock Hartling	DEN	50.02
2013	Emir Bekric	SRB	48.76	Sebastian Rodger	GBR	49.19	Rasmus Magi	EST	49.19
2011	Jack Green	GBR	49.13	Nathan Woodward	GBR	49.28	Emir Bekric	SRB	49.61
2009	Lloyd Gumbs	GBR	49.62	Stanislav Melnykov	UKR	49.88	Vincent Vanryckeghem	BEL	49.90
2007	Dai Greene	GBR	49.58	Fadi Bellaabouss	FRA	49.58	Milan Kotur	CRO	50.14
2005	Rhys Williams	GBR	49.0	Minas Aloizidis	GRE	50.04	Akos Dezso	HUN	50.31
2003	Marek Plawgo	POL	48.45	Christian Duma	GER	49.53	Thomas Korbeek	NED	49.68
2001	Matt Elias	GBR	49.57	Periklis Iakovakis	GRE	49.63	Mikael Jakobsson	SWE	50.86
1999	Thomas Goller	GER	49.67	Boris Gurban	RUS	49.94	Periklis Iakovakis	GRE	49.97
1997	Lukas Soucek	CZE	49.08	Marcel Schelbert	SUI	49.43	Xavier Ravenet	FRA	49.63

Last fourteen European Junior (U20) Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2025	Michal Rada	CZE	48.78	Iker Moreno	ESP	49.66	Marek Vana	CZE	50.46

2023	Jere Haapalainen	FIN	50.02	Antti Sainio	FIN	50.19	Anouar Bourahla	FRA	50.33
2021	Berke Akcam	TUR	50.70	Oskar Edlund	SWE	51.15	Dominik Skorjanc	CRO	51.78
2019	Carl Bengstrom	SWE	50.32	Seamus Derbyshire	GBR	50.86	Matej Baluch	SVK	51.26
2017	Wilfried Haggio	FRA	49.93	Alessandro Sibilio	ITA	50.34	David Jose Pineda	ESP	50.41
2015	Victor Coroller	FRA	50.53	Joshua Abaaku	GER	51.46	Dominik Hufnagl	AUT	51.74
2013	Timofey Chalyy	RUS	49.23	Aleksandr Skorobogatko	RUS	50.13	Jacob Paul	GBR	50.71
2011	Varg Königsmark	GER	49.70	Stef Vanhaeren	BEL	50.01	Jose de Leon	ITA	50.30
2009	Tobias Giehl	GER	50.85	Marc-John Dombrowski	GER	51.28	Nikita Andriyanov	RUS	51.43
2007	Silvio Schirrmeister	GER	50.60	Vyacheslav Skayev	RUS	50.72	Toby Ulm	GBR	50.99
2005	Milan Kotur	CRO	50.15	David Greene	GBR	51.14	Fadil Bellaabouss	FRA	51.31
2003	Rhys Williams	GBR	51.15	Mohamed Atig	FRA	51.46	Rupert Gardner	GBR	51.83
2001	Christian Duma	GER	50.26	Henning Hackelbusch	GER	50.76	Mikhail Lipskiy	RUS	51.00
1999	Dmitriy Zhukov	RUS	51.46	Richard McDonald	GBR	51.62	Luca Bortolaso	ITA	51.80
1997	Boris Gorban	RUS	50.95	Aljoscha Nemitz	GER	51.08	Boris Vazovan	SVK	51.26

Last twelve World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2025	Rai Benjamin	USA	46.52	Alison dos Santos	BRA	46.84	Abderrahmane Samba	QAT	47.06
2023	Karsten Warholm	NOR	46.89	Kyron McMaster	IVB	47.34	Rai Benjamin	USA	47.56
2022	Alison dos Santos	BRA	46.29	Rai Benjamin	USA	46.89	Trevor Bassitt	USA	47.39
2019	Karsten Warholm	NOR	47.42	Rai Benjamin	USA	47.66	Abderrahman Samba	QAT	48.03
2017	Karsten Warholm	NOR	48.35	Yamani Copello	TUR	48.49	Kerron Clement	USA	48.52
2015	Nicholas Bett	KEN	47.79	Dennis Kudryavtsev	RUS	48.05	Jeffrey Gibson	BAH	48.17
2013	Jehue Gordon	TRI	47.69	Michael Tinsley	USA	47.70	Emir Bekric	SRB	48.05
2011	David Greene	GBR	48.26	Javier Culson	PUR	48.44	L J van Zyl	RSA	48.80
2009	Kerron Clement	USA	47.91	Javier Culson	PUR	48.09	Bershawn Jackson	USA	48.23
2007	Kerron Clement	USA	47.61	Felix Sanchez	DOM	48.01	Marek Plawgo	POL	48.12
2005	Bershawn Jackson	USA	47.30	James Carter	USA	47.43	Dai Tamesue	JPN	48.10
2003	Felix Sanchez	DOM	47.25	Joey Woody	USA	48.18	Perklis Iakovakis	GRE	48.24
2001	Felix Sanchez	DOM	47.49	Fabrizio Mori	ITA	47.54	Dai Tamesue	JPN	47.89

Last nine Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Rai Benjamin	USA	46.46	Karsten Warholm	NOR	47.06	Alison dos Santos	BRA	47.26
2020	Karsten Warholm	NOR	45.94	Rai Benjamin	USA	46.17	Alison Dos Santos	BRA	46.72
2016	Kerron Clement	USA	47.73	Boniface Mucheru	KEN	47.78	Yasmani Copello	TUR	47.92
2012	Felix Sanchez	DOM	47.63	Michael Tinsley	USA	47.91	Javier Culson	PUR	48.10
2008	Angelo Taylor	USA	47.25	Kerron Clement	USA	47.98	Bershawn Jackson	USA	48.06
2004	Felix Sanchez	DOM	47.63	Danny McFarlane	JAM	48.11	Naman Keita	FRA	48.26
2000	Angelo Taylor	USA	47.50	Hadi Al-Somaily	KSA	47.53	Llewellyn Herbet	RSA	47.81
1996	Derrick Adkins	USA	47.54	Samuel Matete	ZAM	47.78	Calvin Davis	USA	47.96
1992	Kevin Young	USA	46.78	Winthrop Graham	JAM	47.66	Kriss Akabusi	GBR	47.82
1988	Andre Phillips	USA	47.19	Amadou Dia Ba	SEN	47.23	Edwin Moses	USA	47.56

All time European List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.94	Karsten Warholm	NOR	1	Tokyo – OG	3 Aug 2021
2		46.28	Karsten Warholm		1	Chorzow	16 Aug 2025
3		46.51	Karsten Warholm		1	Monaco	21 July 2023
4		46.52	Karsten Warholm		1	Oslo	15 June 2023
5		46.53	Karsten Warholm		2	Eugene	16 Sept 2023
6		46.61	Karsten Warholm		1	London	18 July 2026
7		46.70	Karsten Warholm		1	Oslo	1 July 2021
8		46.70	Karsten Warholm		2	Oslo	30 May 2024
		46.70	Karsten Warholm		1	Zurich	28 Aug 2025
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	2	47.37	Stephane Diagana	FRA	1	Lausanne	5 July 1995
	3	47.41	Wilfried Happio	FRA	4	Eugene – WC	19 July 2022
....	4	47.45	Emil Nana Kwame Agyekum	GER	2	London	18 July 2026
	5	47.48	Harald Schmid	FRG	1	EC-Athinai	8 Sept 1982
		47.48	Harald Schmid		3	WC-Roma	1 Sept 1987

Fastest Performances on European Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	46.28	Karsten Warholm	NOR	1	Chorzow	16 Aug 2025
2	2	46.46	Rai Benjamin	USA	1	Paris	9 Aug 2024
3		46.51	Karsten Warholm		1	Monaco	21 July 2023
4		46.52	Karsten Warholm		1	Oslo	15 June 2023
5		46.54	Rai Benjamin		1	Stockholm	15 June 2025
6		46.61	Karsten Warholm		1	London	18 July 2026
7		46.63	Alison dos Santos	BRA	1	Oslo	30 May 2024

Fastest Performances in GBR

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	47.12	Karsten Warholm	NOR	1	London	20 July 2019
2	2	47.18	Alison dos Santos	BRA	1	London	20 July 2024
3	3	47.63	Felix Sanchez	DOM	1	London	6 Aug 2012
4	4	47.63	Roshawn Clarke	JAM	2	London	20 July 2024

Fastest Performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.94	Karsten Warholm	NOR	1	Tokyo	3 Aug 2021
2	2	46.17	Rai Benjamin	USA	2	Tokyo	3 Aug 2021
3		46.28	Karsten Warholm		1	Chorzow	16 Aug 2025

Combined 2025 & 2026 European List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	46.28	Karsten Warholm	NOR	1	Chorzow	16 Aug 2025
2		46.61	Karsten Warholm		1	London	18 July 2026
3		46.70	Karsten Warholm		1	Zurich	28 Aug 2025
4		46.82	Karsten Warholm		2	Xiamen	23 May 2026
5		47.14	Karsten Warholm		1	Trondheim	24 July 2026
6		47.28	Karsten Warholm		1	Shaoxing	3 May 2025
7		47.44	Karsten Warholm		2	Oslo	10 June 2026
8		47.41	Karsten Warholm		3	Stockholm	15 June 2025
9	2	47.45	Emil Nana Kwame Agyekum	GER	2	London	18 July 2026
10		47.58	Karsten Warholm		5	Tokyo	19 Sept 2025
11		47.58	Emil Nana Kwame Agyekum		1	Budapest	14 July 2026

Please send any corrections to KKenNakamura@gmail.com