

2026 Indoor Championships Statistics - Women's Pentathlon - by K Ken Nakamura

Summary page:

All time Performance List at the World Indoor Championships

Performance	Performer	Points	Name	Nat	Pos	Venue	Year
1	1	5013	Nataliya Dobrynska	UKR	1	Istanbul	2012
2	2	4965	Jessica Ennis	GBR	2	Istanbul	2012
3		4937	Jessica Ennis		1	Doha	2010
4	3	4933	Carolina Klüft	SWE	1	Birmingham	2003
5	4	4929	Noor Vidts	BEL	1	Beograd	2022
6	5	4881	Brianne Theisen-Eaton	CAN	1	Portland	2016
7	6	4867	Tia Hellebaut	BEL	1	Valencia	2008

Lowest winning score: 4685 by Lyudmila Blonska (UKR) in 2006; 4686 by Liliana Nastase in 1993**;
4753 by DeDee Nathan in 1999

Margin of Victory

	Difference	Points	Name	Nat	Venue	Year
Max	218 points	4933	Carolina Klüft	SWE	Birmingham	2003
Min	15 points	4867	Tia Hellebaut	BEL	Valencia	2008

Best Marks for Places in the World Indoor Championships

Pos	Points	Name	Nat	Venue	Year
1	5013	Nataliya Dobrynska	UKR	Istanbul	2012
	4937	Jessica Ennis	GBR	Doha	2010
	4933	Carolina Klüft	SWE	Birmingham	2003
2	4965	Jessica Ennis	GBR	Istanbul	2012
	4852	Kelly Sotherton	GBR	Valencia	2008
3	4802	Austra Skujyte	LTU	Istanbul	2012

Multiple Gold Medalists:

Noor Vidts (BEL) 2022, 2024

Best Performances in March (only indoor performances are listed)

Performance	Performer	Points	Name	Nat	Pos	Venue	DMY
1	1	5055	Nafissatou Thiam	BEL	1	Istanbul – EIC	3 Mar 2023
2	2	5014	Adrianna Sulek	POL	2	Istanbul – EIC	3 Mar 2023
3	3	5013	Nataliya Dobrynska	UKR	1	Istanbul-WIC	10 Mar 2012
4	4	5000	Katarina Johnson-Thompson	GBR	1	Praha – EIC	6 Mar 2015

World Indoor (Pentathlon) Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2025	Saga Vanninen	FIN	4821	Kate O'Connor	IRL	4742	Taliyah Brooks	USA	4669
2024	Noor Vidts	BEL	4773	Saga Vanninen	FIN	4677	Sofie Dokter	NED	4571
2022	Noor Vidts	BEL	4929	Adrianna Sulek	POL	4851	Kendell Williams	USA	4680
2018	Katarina Johnson-Thompson	GBR	4750	Ivona Dadic	AUT	4700	Yorgelis Rodriguez	CUB	4637
2016	Brianne Theisen-Eaton	CAN	4881	Alla Fyodorva	UKR	4770	Barbara Nwaba	USA	4661

All time Performance List at the World Indoor Championships

Performance	Performer	Points	Name	Nat	Pos	Venue	Year
1	1	5013	Nataliya Dobrynska	UKR	1	Istanbul	2012
2	2	4965	Jessica Ennis	GBR	2	Istanbul	2012
3		4937	Jessica Ennis		1	Doha	2010
4	3	4933	Carolina Klüft	SWE	1	Birmingham	2003
5	4	4929	Noor Vidts	BEL	1	Beograd	2022
6	5	4881	Brianne Theisen-Eaton	CAN	1	Portland	2016
7	6	4867	Tia Hellebaut	BEL	1	Valencia	2008
8	7	4852	Kelly Sotherton	GBR	2	Valencia	2008
9		4851	Natallia Dobrynska		2	Doha	2010
9	8	4851	Adriana Sulek	POL	2	Beograd	2022
11	9	4850	Natalya Sazanovich	BLR	1	Lisboa	2001
12	10	4847	Anastasiya Mokhnyuk	UKR	2	Portland	2016
13	11	4834	Svetlana Moskalets	RUS	1	Barcelona	1995
14	12	4830	Nadine Broersen	NED	1	Sopot	2014
15	13	4821	Saga Vanninen	FIN	1	Nanjing	2025
16	14	4802	Austra Skujyte	LTU	3	Istanbul	2012
17	15	4780	Sabine Braun	GER	1	Paris	1997
18		4773	Noor Vidts		1	Glasgow	2024
19	16	4770	Alla Fyodorova	UKR	3	Portland	2016
20		4768	Brianne Theisen Eaton		2	Sopot	2014
21	17	4762	Tatyana Chernova	RUS	3	Doha	2010
22	18	4759	Naide Gomes	POR	1	Budapest	2004
23	19	4753	DeDee Nathan	USA	1	Maebashi	1999
23	20	4753	Anna Bogdanova	RUS	3	Valencia	2008
23	21	4753	Hyleas Fountain	USA	4	Doha	2010
26	22	4750	Katarina Johnson-Thompson	GBR	1	Birmingham	2018
27		4742	Natalya Dobrynska		4	Valencia	2008
27	23	4742	Kate O'Connor	IRL	2	Nanjing	2025
29		4727	Natalya Dobrynska		2	Budapest	2004
30	24	4725	Karolina Tyminska	POL	4	Istanbul	2012
30		4725	Tatyana Chernova		5	Istanbul	2012
32	25	4724	Alina Fodorova	UKR	3	Sopot	2014
33	26	4718	Sharon Day-Monroe	USA	4	Sopot	2014
34		4715	Natalya Sazanovich		2	Birmingham	2003
35	27	4711	Yelena Prokhorova	RUS	2	Lisboa	2001
36	28	4700	Ivona Dacic	AUT	2	Birmingham	2018
37	29	4691	Irina Belova	RUS	2	Maebashi	1999
38	30	4686**	Liliana Nastase	ROU	1	Toronto	1993
39	31	4685	Lyudmila Blonska	UKR	1	Moskva	2006
40	32	4681	Mona Steigauf	GER	2	Paris	1997
40	32	4681	Claudia Rath	GER	5	Sopot	2014
42	34	4680	Kendell Williams	USA	3	Beograd	2022
43		4679	Austra Skujyte		3	Budapest	2004
44	35	4678	Karin Ertl	GER	3	Lisboa	2001
45		4677	Saga Vanninen		2	Glasgow	2024
46	36	4673	Holly Mills	GBR	4	Beograd	2022
47	37	4669	Taliyah Brooks	USA	3	Nanjing	2025
48	38	4667**	Urszula Wlodarczyk	POL	2	Toronto	1993
49	39	4664	Natalya Roshchupkina	RUS	4	Lisboa	2001
50	40	4661	Barbara Nwaba	USA	4	Portland	2016
51	41	4656	Gyula Zsivoczky-Farkas	HUN	5	Portland	2016
52		4655	Austra Skujyte		5	Valencia	2008
53	42	4651	Yana Maksimava	BLR	6	Sopot	2014
54		4646	Sabine Braun		5	Lisboa	2001

55	43	4644	Marie Collonville	FRA	3	Birmingham	2003
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** Pentathlon was Non-Championships event in Toronto in 1993

Lowest winning score: 4685 by Lyudmila Blonska (UKR) in 2006; 4686 by Lilliana Nastase in 1993**;
4753 by DeDee Nathan in 1999

Margin of Victory

	Difference	Points	Name	Nat	Venue	Year
Max	218 points	4933	Carolina Klüft	SWE	Birmingham	2003
	202 points	4834	Svetlana Moskalets	RUS	Barcelona	1995
Min	15 points	4867	Tia Hellebaut	BEL	Valencia	2008
	19 points	4686	Lilliana Nastase	ROU	Toronto	1993**
	32 points	4759	Naide Gomes	POR	Budapest	2004

** Pentathlon was Non-Championships event in Toronto in 1993

Difference between first and third

	Diff	Winning score	3 rd place score	Winner's Name	Nat	Venue	Year
Max	289	4933	4644	Carolina Klüft	SWE	Birmingham	2003
	249	4929	4680	Noor Vidts	BEL	Beograd	2022
	212	4834	4622	Svetlana Moskalets	RUS	Barcelona	1995
Min	45	4686	4641	Liliana Nastase	ROU	Toronto	1993**
	80	4759	4679	Naide Gomes	POR	Budapest	2004
	106	4685	4579	Lyudmila Blonska	UKR	Moskva	2006
		4830	4724	Nadine Broersen	NED	Sopot	2014

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place score	Name of bronze medalist	Nat	Venue	Year
Max	188	4669	Taliyah Brooks	USA	Nanjing	2025
	156	4622	Irina Tyukhay	RUS	Barcelona	1995
	146	4644	Marie Collonville	FRA	Birmingham	2003
Min	5	4579	Olga Levenkova	RUS	Moskva	2006
	6	4724	Alina Fodorova	UKR	Sopot	2014
	7	4680	Kendell Williams	USA	Beograd	2022
	9	4762	Tatyana Chernova	RUS	Doha	2010

Average from last thirteen (21st century) World Indoor Championships

	Average	2025	2024	2022	2018	2016	2014	2012	2010	2008	2006	2004	2003	2001
Winning score	4848	4821	4773	4929	4750	4881	4830	5013	4937	4867	4685	4759	4933	4850
Winning Medal	4688	4669	4571	4680	4637	4770	4724	4802	4762	4753	4579	4679	4644	4678
8 th place	4270	4414	4317	4391	4424	4403	4557	4601	4013	4474	4205	4012	DNF	3434

Best performances in five events of Pentathlon at the World Indoor Championships

Event		Name	Nat	Venue	Year
60mH	7.91	Jessica Ennis	GBR	Istanbul	2012
	8.04	Jessica Ennis	GBR	Doha	2010
		Brianne Theisen-Eaton	CAN	Portland	2016
	8.07	Erica Bougard	USA	Birmingham	2018
	8.09	Taliyah Brooks	USA	Nanjing	2025
	8.11	Sabine Braun	GER	Paris	1997
HJ	1.99m	Tia Hellebaut	BEL	Valencia	2008
SP	17.18m	Natalya Dobrynska	UKR	Valencia	2008
LJ	6.69m	Natalya Sazanovich	BLR	Lisboa	2001

		Kendell Williams	USA	Beograd	2022
800m	2:08.09	Jessica Ennis	GBR	Istanbul	2012
	2:08.25	Karolina Tyminska	POL	Istanbul	2012
	2:08.64	Karolina Tyminska	POL	Valencia	2008

Best Marks for Places in the World Indoor Championships

Pos	Points	Name	Nat	Venue	Year
1	5013	Nataliya Dobrynska	UKR	Istanbul	2012
	4937	Jessica Ennis	GBR	Doha	2010
	4933	Carolina Klüft	SWE	Birmingham	2003
2	4965	Jessica Ennis	GBR	Istanbul	2012
	4852	Kelly Sotherton	GBR	Valencia	2008
	4851	Natallia Dobrynska	UKR	Doha	2010
		Adriana Sulek	POL	Beograd	2022
3	4802	Austra Skujyte	LTU	Istanbul	2012
4	4742	Natalya Dobrynska	UKR	Valencia	2008
5	4681	Claudia Rath	GER	Sopot	2014
	4655	Austra Skujyte	LTU	Valencia	2008
6	4651	Yana Maksimava	BLR	Sopot	2014
	4623	Hanna Melnychenko	UKR	Istanbul	2012
	4580	Karolina Tyminska	POL	Valencia	2008
7	4601	Yana Maksimava	BLR	Istanbul	2012
	4587	Hanna Melnychenko	UKR	Sopot	2014

Best Marks for Places – all competitions

Pos	score	Name	Nat	Venue	DMY
1	5055	Nafissatou Thiam	BEL	Istanbul - EIC	3 Mar 2023
	5013	Nataliya Dobrynska	UKR	Istanbul – WIC	9 Mar 2012
	5004	Anna Hall	USA	Albuquerque	16 Feb 2023
2	5014	Adrianna Sulek	POL	Istanbul - WIC	3 Mar 2023
	4965	Jessica Ennis	GBR	Istanbul	9 Mar 2012
	4927	Kelly Sotherton	GBR	Birmingham	2 Mar 2007
3	4823	Noor Vidts	BEL	Istanbul - EIC	3 Mar 2023
	4802	Austra Skujyte	LTU	Istanbul	10 Mar 2012
	4801	Karin Ruckstuhl	NED	Birmingham	2 Mar 2007
4	4751	Jade O'Dowda	GBR	Apeldoorn-EIC	9 Mar 2025
	4742	Nataliya Dobrynska	UKR	Valencia	7 Mar 2008
5	4739	Natalya Dobrynska	UKR	Birmingham	2 Mar 2007
6	4716	Jessica Ennis-Hill	GBR	Birmingham	2 Mar 2007

Multiple Gold Medalists:

Noor Vidts (BEL) 2022, 2024

Multiple Medalists:

Saga Vanninen (FIN) 2024 Silver, 2025 Gold

Noor Vidts (BEL): 2022 Gold, 2024 Gold

Brianne Theisen-Eaton (CAN): 2014 Silver; 2016 Gold

Alla Fyodorva (UKR): 2014 Bronze, 2016 Bronze

Austra Skujyte (LTU): 2004 Bronze, 2012 Bronze

Jessica Ennis (GBR): 2010 Gold, 2012 Silver

Natalya Dobrynska (UKR): 2004 Silver, 2010 Silver, 2012 Gold

Natalya Sazanovich (BLR): 2001 Gold, 2003 Silver
 Kym Carter (USA): 1995 Silver, 1997 Bronze
 Urszula Wlodarczyk (POL): 1993** Silver, 1999 Bronze

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
UKR	2016		Anastasiya Mokhnyuk	Alla Fodorova
GER	1997	Sabine Braun	Mona Steigauf	
RUS	1995	Svetlana Moskalets		Irina Tyukhay

Man & Woman from the same team winning the corresponding event: None

Medals by Countries:

Nation	Gold	Silver	Bronze
BEL	3		
UKR	2	4	3
GBR	2	2	
RUS	1	2	4
USA	1	1	3
GER	1	1	1+1**
NED	1	1	1
BLR	1	1	
CAN	1	1	
FIN	1	1	
SWE	1		
POR	1		
ROU	1**		
POL		1+1**	1
AUT		1	
IRL		1	
LTU			2
FRA			1
CUB			1

** In 1993 Pentathlon was non-championships event

World Indoor Champion with World Championships Gold medal

Name	Nat	World Indoor Championships	World Championships
Katrina Johnson-Thompson	GBR	2018	2019
Jessica Ennis	GBR	2010	2009
Caroline Klüft	SWE	2003	2003, 2005, 2007
Sabine Braun	GER	1997	1991, 1997

World Indoor Champion with Olympic Gold medal

Name	Nat	World Indoor Championships	Olympics
Nataliya Dobrynska	UKR	2012	2008
Caroline Klüft	SWE	2003	2004

World Indoor Champion who previously won World Junior Championships

Name	Nat	World Indoor Championships	World Junior Championships
Katrina Johnson-Thompson	GBR	2018	2012 (in LJ)
Caroline Klüft	SWE	2003	2000, 2002
Natalya Sazanovich	EUN/BLR	2001	1992

World Indoor Championships medalists who previously won World Youth medal:

Name	Nat	World Indoor Champ	Year	World Youth Championships	Year
Katarina Johnson-Thompson	GBR	Gold	2018	Gold	2009
Tatyana Chernova	RUS	Bronze	2010	Gold	2005

World Indoor Champion with European Championships gold medal

Name	Nat	World Indoor Championships	European Championships
Jessica Ennis	GBR	2010	2010
Caroline Klüft	SWE	2003	2002, 2006
Sabine Braun	GER	1997	1990, 1994

World Indoor Championships medalist with Asian Games/Asian Championships medal: None

Highest placing by Asian at the World Indoor Championships is 7th by Olga Rypakova (KAZ) in 2006

World Indoor Championships medalist with All Africa Games/African Champ medal: None

Highest placing by African at the World Indoor Championships is 6th by Eunice Barber (SLE) in 1997

World Indoor Champion with Pan American Games gold medal

Name	Nat	World Indoor Championships	Pan American Games
DeDee Nathan	USA	1999	1991

World Indoor Championships medalist with Commonwealth Games gold medal

Name	Nat	World Indoor Championships	Year	Commonwealth Games
Katarina Johnson-Thompson	GBR	Gold	2018	2019
Brianne Theisen-Eaton	CAN	Gold	2016	2014
Kelly Sotherton	GBR	Silver	2008	2006

Last ten World Indoor (Pentathlon) Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2025	Saga Vanninen	FIN	4821	Kate O'Connor	IRL	4742	Taliyah Brooks	USA	4669
2024	Noor Vidts	BEL	4773	Saga Vanninen	FIN	4677	Sofie Dokter	NED	4571
2022	Noor Vidts	BEL	4929	Adrianna Sulek	POL	4851	Kendell Williams	USA	4680
2018	Katarina Johnson-Thompson	GBR	4750	Ivona Dadic	AUT	4700	Yorgelis Rodriguez	CUB	4637
2016	Brianne Theisen-Eaton	CAN	4881	Alla Fyodorva	UKR	4770	Barbara Nwaba	USA	4661
2014	Nadine Broersen	NED	4830	Brianne Theisen-Eaton	CAN	4768	Alla Fyodorova	UKR	4724
2012	Nataliya Dobrynska	UKR	5013	Jessica Ennis	GBR	4965	Austra Skujyte	LTU	4802
2010	Jessica Ennis	GBR	4937	Natalya Dobrynska	UKR	4851	Tatyana Chemova	RUS	4762
2008	Tia Hellebaut	BEL	4867	Kelly Sotherton	GBR	4852	Anna Bogdanova	RUS	4753
2006	Lyudmila Blonska	UKR	4685	Karin Ruckstuhl	NED	4607	Olga Levenkova	RUS	4579
2004	Naide Gomes	POR	4759	Natalya Dobrynska	UKR	4727	Austra Skujyte	LTU	4679
2003	Carolina Klüft	SWE	4933	Natalya Sazanovich	BLR	4715	Marie Collonville	FRA	4644
2001	Natalya Sazanovich	BLR	4850	Yelena Prokhorova	RUS	4711	Karin Ertl	GER	4678

Last ten World Championships:

Year	Gold	Nat	Score	Silver	Nat	Score	Bronze	Nat	score
2025	Anna Hall	USA	6888	Kate O'Connor	IRL	6714	Taliyah Brooks	USA	6581
2023	Katarina Johnson-Thompson	GBR	6740	Anna Hall	USA	6720	Anouk Vetter	NED	6501
2022	Nafissatou Thiam	BEL	6947	Anouk Vetter	NED	6867	Anna Hall	USA	6755
2019	Katarina Johnson-Thompson	GBR	6981	Nafissatou Thiam	BEL	6677	Verena Preiner	AUT	6560
2017	Nafissatou Thiam	BEL	6784	Carolin Schafer	GER	6696	Anouk Vetter	NED	6636
2015	Jessica Ennis-Hill	GBR	6669	Brianne Theisen-Eaton	CAN	6554	Laura Adminina	LAT	6516
2013	Anna Melnychenko	UKR	6586	Brianne Theisen Eaton	CAN	6530	Dafine Schippers	NED	6477
2011	Tatyana Chernova	RUS	6880	Jessica Ennis	GBR	6751	Jennifer Oeser	GER	6572
2009	Jessica Ennis	GBR	6731	Jennifer Oeser	GER	6493	Kamila Chudzik	POL	6471
2007	Carolina Klüft	SWE	7032	Lyudmila Blonska	UKR	6832	Kelly Sotherton	GBR	6510
2005	Carolina Klüft	SWE	6887	Eunice Barber	FRA	6824	Margaret Simpson	GHA	6375
2003	Carolina Klüft	SWE	7001	Eunice Barber	FRA	6755	Natalya Sazanovich	BLR	6524
2001	Yelena Prokhorova	RUS	6694	Natalya Sazanovich	BLR	6539	Sheila Burrell	USA	6472

Last eight Olympics:

Year	Gold	Nat	Score	Silver	Nat	Score	Bronze	Nat	score
2024	Nafissatou Thiam	BEL	6880	Katarina Johnson-Thompson	GBR	6844	Noor Vidts	BEL	6707
2020	Nafissatou Thiam	BEL	6791	Anouk Vetter	NED	6689	Emma Costerwegel	NED	6590
2016	Nafissatou Thiam	BEL	6810	Jessica Ennis-Hill	GBR	6775	Brianne Theisen-Eaton	CAN	6653
2012	Jessica Ennis	GBR	6955	Lilli Schwarzkopf	GER	6649	Tatyana Chernova	RUS	6628
2008	Natalya Dobrynska	UKR	6733	Hyleas Fountain	USA	6619	Tatyana Chernova	RUS	6591
2004	Carolina Klüft	SWE	6952	Austra Skujyte	LTU	6435	Kelly Sotherton	GBR	6424
2000	Denise Lewis	GBR	6584	Yelena Prokhorova	RUS	6531	Natalya Sazanovich	BLR	6527
1996	Ghada Shouaa	SYR	6780	Natasha Sazanovich	BLR	6563	Denis Lewis	GBR	6489
1992	Jackie Joyner-Kersey	USA	7044	Irina Belova	EUN	6845	Sabine Braun	GER	6649

Last twelve World Junior Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2024	Jana Koscak	CRO	5807	Lucia Acklin	SUI	5755	Adela Tkacova	CZE	5601
2022	Saga Vanninen	FIN	6084	Serina Riedel	GER	5874	Sandrina Sprengel	GER	5845
2020	Saga Vanninen	FIN	5997	Pippi Lotta	EST	5746	Szabina Szucs	HUN	5674
2018	Niamh Emerson	GBR	6253	Sarah Lagger	AUT	6225	Adrianna Sulek	POL	5939
2016	Sarah Lagger	AUT	5960	Adriana Rodriguez	CUB	5925	Hanne Maudens	BEL	5881
2014	Morgan Lake	GBR	6148	Yorgelis Rodriguez	CUB	6006	Nadine Visser	NED	5948
2012	Yorgelis Rodriguez	CUB	5966	Xenia Krizsan	HUN	5957	Tamara de Sousa	BRA	5900
2010	Dafne Schippers	NED	5967	Sara Gambelta	GER	5770	Helga Thorsteinsdottir	ISL	5706
2008	Carolin Schäfer	GER	5833	Yana Maksimava	BLR	5766	Grit Sadeiko	EST	5765
2006	Tatyana Chernova	RUS	6227	Ida Marcussen	NOR	6020	Yana Panteleyeva	RUS	5979
2004	Justine Robbeson	RSA	5868	Viktorija Zemaityte	LTU	5810	Julia Mächtig	GER	5679
2002	Carolina Klüft	SWE	6470	Olga Alekseyeva	KAZ	5727	Olga Levenkova	RUS	5712
2000	Carolina Klüft	SWE	6056	Lidiya Bashlykova	RUS	5898	Sanna Saarman	FIN	5707
1998	Shen Shengfei	CHN	5815	Susanna Rajamäki	FIN	5721	Viorica Tigau	ROU	5720

Last nine World Youth Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2017	Maria Vicente	ESP	5612	Johanna Siebler	GER	5602	Urte Bacianskaite	LTU	5467
2015	Geraldine Ruckstuhl	SUI	6037	Sarah Lagger	AUT	5992	Alina Shukh	UKR	5896
2013	Celina Leffler	GER	5747	Emma Stenlöf	SWE	5590	Louisa Grauvogel	GER	5581
2011	Yusleidys Mendietta	CUB	5697	Yorgelis Rodriguez	CUB	5671	Marjolein Lindemans	BEL	5532
2009	Katarina Thompson	GBR	5750	Laura Ikauniece	LAT	5647	Kira Biesenbach	GER	5423

2007	Katerina Cachova	CZE	5641	Carolin Schäfer	GER	5544	Elisa Sophie Döbel	GER	5494
2005	Tatyana Chernova	RUS	5875	Yana Panteleyeva	RUS	5611	Diana Rach	GER	5781
2003	Marisa de Anceto	FRA	5458	Sarah Kern	GER	5445	Marina Goncharova	RUS	5338
2001	Annett Wichmann	GER	5470	Christine Schulz	GER	5346	Amandine Constantin	FRA	5296

Last eight European Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2024	Nafissatou Thiam	BEL	6848	Auriana Lazraq-	FRA	6635	Noor Vidts	BEL	6596
2022	Nafissatou Thiam	BEL	6628	Adrianna Sulek	POL	6532	Annik Kalin	SUI	6515
2018	Nafissatou Thiam	BEL	6816	Katarina Johnson-	GBR	6759	Carolin Schafer	GER	6602
2016	Anouk Vetter	NE	6626	Antoinette Nan	FRA	6458	Ivona Dadic	AUT	6408
2014	Antoinette Nana Djimou	FRA	6551	Nadine Broersen	NED	6498	Nafisatou Thiam	BEL	6423
2012	Antoinette Nana Djimou	FRA	6544	Lyudmila Yosypenko	UKR	6387	Laura Ikauniece	LAT	6335
2010	Jessica Ennis	GB	6823	Nataliya Dobrynska	UKR	6778	Jennifer Oeser	GER	6683
2006	Carolina Klüft	SW	6740	Karin Ruckstuhl	NED	6423	Lilli Schwarzkopf	GER	6420
2002	Carolina Klüft	SW	6542	Sabine Braun	GER	6434	Natalya Sazanovich	BLR	6341
1998	Denise Lewis	GB	6559	Urszula Wlodarczyk	POL	6460	Natalya Sazanovich	BLR	6410

Last six Asian Games:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2023	Zheng Ninali	CHN	6149	Yekaterina Voronina	UZB	6056	Agasara Nandini	IND	5712
2018	Swapna Barman	IND	6026	Wang Qingling	CHN	5954	Yuki Yamasaki	JPN	5873
2014	Yekaterina Voronina	UZB	5912	Wang Qingling	CHN	5856	Y Tarasova	UZB	5482
2010	Yuliya Tarasova	UZB	5783	Yuki Nakata	JPN	5606	Pramila Ganapathy	IND	5415
2006	Olga Rypakova	KAZ	5955	Soma Biswas	IND	5675	Javur J Shobha	IND	5662
2002	Shen Shengfei	CHN	5911	Soma Biswas	IND	5899	Javur J Shobha	IND	5870
1998	Shen Shengfei	CHN	5817	Svetlana Kazanina	KAZ	5775	Ma Chun-Ping	TPE	5659

Last eleven Asian Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2023	Yekaterina Voronina	UZB	6098	Wapana Barman	IND	5840	Yuki Yamasaki	JPN	5696
2019	Yekaterina Voronina	KAZ	6198	Swapna Barman	IND	5993	Wang Qingling	CHN	5829
2017	Swapna Barman	IND	5942	Meg Hemphill	JPN	5883	Purnima Hembram	IND	5798
2015	Yekaterina Voronina	UZB	5689	Liksy Joseph	IND	5554	Purnima Hembram	IND	5511
2013	Wassana Winatho	THA	5818	Yekaterina Voronina	UZB	5599	Chie Kiriyama	JPN	5451
2011	Wassana Winatho	THA	5710	Fumie Takehara	JPN	5491	Chie Kiriyama	JPN	5442
2009	Yuliya Tarasova	UZB	5840	Yuki Nakata	JPN	5582	Mei Yiduo	CHN	5460
2007	Irina Naumenko	KAZ	5617	Javur J Shobha	IND	5356	Sushmita Singha Roy	IND	5154
2005	Soma Biswas	IND	5377	Sushmita Singha Roy	IND	5308	Watcharaporn Masim	THA	5279
2003	Irina Naumenko	KAZ	5845	Yuki Nakata	JPN	5723	Shen Shengfei	CHN	5633
2002	Svetlana Kazanina	KAZ	5841	Javur J Shobha	IND	5775	Wang Hailan	CHN	5635
2000	Svetlana Kazanina	KAZ	6074	G Pramila Ganapathy	IND	6016	Irina Naumenko	KAZ	5937

Last six All Africa Games:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2024	Odile	BEN	5616	Kemi Francis	NGR	5268	Adele Mafogang	CMR	5181
2019	Marthe Koala	BUR	5866	Oluwakemi Francis	NGR	5683	Nada Charoudi	TUN	5302
2015	Uhunoma Osazuwa	NGR	5892	Odile Ahouanwanou	BEN	5734	Marthe Yasmine Koala	BUR	5664
2011	Margaret Simpson	GHA	6172	Gabriella Kouassi	CIV	5714	Selloane Tsoaeli	LES	5590
2007	Margaret Simpson	GHA	6278						
2003	Margaret Simpson	GHA	6152	Justine Robbeson	RSA	5697	Patience Okoro	NGR	5436
1999	Maralize Fouche	RSA	5631	Patience Itanyi	NGR	5565	Oluchi Elechi	NGR	5537

Last ten African Championships:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2024	Odile Ahouanwanou	BEN	5777	Adele Mafogang	CMR	5527	Shannon Verster	RSA	5239
2022	Odile Ahouanwanou	BEN	5756	Shannon Vester	RSA	5329	Nada Cheroudi	TUN	5117
2018	Odile Ahouanwanou	BEN	5999	Marthe Yasmine Koala	BUR	5967			
2016	Uhunoma Osazuwa	NGR	6153	Koala	BUR	5952	Dadzie	GHA	5730
2014	Marthe Yasmine	BUR	5454	Elizabeth Dadzie	GHA	5286	Bianca Erwee	RSA	5086
2012	Yasmina Omrani	ALG	5924	Gabriela Kouassi	CIV	5481	Bianca Erwee	RSA	5338
2010	Margaret Simpson	GHA	6031	Janet Wienand	RSA	5500	Selloane Tsoaeli	LES	5302
2008	Patience Okoro	NGR	4906	Florence Wasike	KEN	4867	Nadege Essama Foe	CMR	4470
2006	Janice Josephs	RSA	5876	Celine Laporte	SEY	4932	Nadege Essama Foe	CMR	3808
2004	Margaret Simpson	GHA	6154	Janice Josephs	RSA	5785	Celine Laporte	SEY	5172
2002	Margaret Simpson	GHA	6105	Stephanie Domaingue	MRI	5206	Imene Chatbri	TUN	5103
2000	Yasmina Kettab	ALG	5837	Maralize Fouche	RSA	5726	Patience Itanyi	NGRT	5611

Last six Pan American Games:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2023	Erin Marsh	USA	5882	Alysbeth Felix	PUR	5665	Jordan Gray	USA	5494
2019	Adriana Rodriguez	CUB	6113	Annie Kunz	USA	5990	Martha Araujo	COL	5925
2015	Yorgelis Rodriguez	CUB	6332	Heather Miller Koch	USA	6178	Vanessa Spinola	BRA	6035
2011	Lucimara da Silva	BRA	6133	Yasmiany Pedroso	CUB	5710	Francia Manzanillo	DOM	5644
2007	Jessica Zelinka	CAN	6136	Gretchen Quintana	CUB	6000	Lucimara Silva	BRA	5873
2003	Tiffany Lott Hogan	USA	6064	Nicole Haynes	CAN	5959	Magalys Garcia	CUB	5864
1999	Magalys Garcia	CUB	6290	Sheila Burrell	USA	6244	Nicole Haynes	USA	6000

Last six Commonwealth Games:

Year	Gold	Nat	score	Silver	Nat	score	Bronze	Nat	score
2022	Katarina Johnson-Thompson	ENG	6377	Kate O'Connor	NIR	6233	Jade O'Dowda	ENG	6212
2018	Katarina Johnson-Thompson	ENG	6255	Nina Schultz	CAN	6133	Niamh Emerson	ENG	6043
2014	Brianne Theisen-Eaton	CAN	6597	Jessica Zelinka	CAN	6270	Jessica Taylor	ENG	5826
2010	Louise Hazel	ENG	6156	Jessica Zelinka	CAN	6100	Grace Clements	ENG	5819
2006	Kelly Sotherton	ENG	6396	Kylie Wheeler	AUS	6298	Jessica Ennis	ENG	6269
2002	Jane Jamieson	AUS	6059	Kylie Wheeler	AUS	5962	Margaret Simpson	GHA	5906
1998	Denise Lewis	ENG	6513	Jane Jamieson	AUS	6354	Joanne Henry	NZL	6096

Best Performances in March (only indoor performances are listed)

Performance	Performer	Points	Name	Nat	Pos	Venue	DMY
1	1	5055	Nafissatou Thiam	BEL	1	Istanbul – EIC	3 Mar 2023
2	2	5014	Adrianna Sulek	POL	2	Istanbul – EIC	3 Mar 2023
3	3	5013	Nataliya Dobrynska	UKR	1	Istanbul-WIC	10 Mar 2012
4	4	5000	Katarina Johnson-Thompson	GBR	1	Praha – EIC	6 Mar 2015
5		4983	Katarina Johnson-Thompson		1	Glasgow	1 Mar 2019
6	5	4965	Jessica Ennis	GBR	2	Istanbul-WIC	10 Mar 2012
7	6	4948	Carolina Klüft	SWE	1	Madrid – EC	4 Mar 2005
8		4944	Carolina Klüft		1	Birmingham – EIC	2 Mar 2007
9		4937	Jessica Ennis		1	Doha	13 Mar 2010
10		4933	Carolina Klüft		1	Birmingham - WIC	14 Mar 2003

Combined 2025 & 2026 World Indoor List

Performance	Performer	Score	Name	Nat	Pos	Venue	DMY
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1	1	4922	Saga Vanninen	FIN	1	Apeldoorn- EIC	9 Mar 2025
2		4843	Saga Vanninen		1	Tallinn	2 Feb 2025
3	2	4831	Anna Hall	USA	1	Indianapolis	22 Feb 2026
4	3	4826	Sofie Dokter	NED	2	Apeldoorn – EIC	9 Mar 2025
5		4821	Saga Vanninen		1	Nanjing	21 Mar 2025
6	4	4781	Kate O'Connor	IRL	3	Apeldoorn-EIC	9 Mar 2025
7	5	4751	Jade O'Dowda	GBR	4	Apeldoorn-EIC	9 Mar 2025
8		4742	Kate O'Connor		2	Nanjing	21 Mar 2025
9	6	4705	Paulina Ligarska	POL	1	Torun	28 Feb 2026
10		4683	Kate O'Connor		2	Tallinn	2 Feb 2025
11		4676	Paulina Ligarska		1	Torun	22 Feb 2026
12	7	4675	Abigail Pawlett	GBR	2	Torun	22 Fe 2026
13	8	4669	Taliyah Brooks	USA	3	Nanjing	21 Mar 2025

Please send corrections to KKenNakamura@gmail.com

The new records set in WC will be reported through my twitter account @KKenNakamura