

2026 World Indoor Championships Statistics - Women's SP - by K Ken Nakamura

Summary Page:

All time Performance List at the World Indoor Championships

Performance	Performer	Dist	Name	Nat	Pos	Venue	Year
1	1	20.67	Valerie Adams	NZL	1	Sopot	2014
2	2	20.55	Irina Korzhanenko	RUS	1	Birmingham	2003
3	3	20.54	Sui Xinmei	CHN	1	Sevilla	1991
3		20.54	Valerie Adams		1	Istanbul	2012
5	4	20.52	Natalya Lisovskaya	URS	1	Indianapolis	1987
6		20.49	Valerie Adams Vili		1	Doha	2010
7	5	20.48	Sarah Mitton	CAN	1	Nanjing	2025

Shortest winning throw: 19.08m by Svetlana Krivelyova (RUS) in 1999 is the shortest, while 19.40m by Kathrin Neimke (GER) in 1995 is the second shortest winning throw

Margin of Victory

	Difference	Dist	Name	Nat	Venue	Year
Max	1.10m	20.19	Valerie Villi	NZL	Valencia	2008
	1.02m	20.49	Valerie Adams	NZL	Doha	2010
Min	3cm	20.22m	Sarah Mitton	CAN	Glasgow	2024
	8cm	20.00m	Vita Pavlyshi	UKR	Paris	1997
		19.08m	Svetlana Krivelyova	RUS	Maebashi	1999

Best Marks for Places in the World Indoor Championships

Pos	Distance	Name	Nat	Venue	Year
1	20.67	Valerie Adams	NZL	Sopot	2014
2	20.33	Huang Zhihong	CHN	Sevilla	1991
3	20.14	Claudia Losch	FRG	Indianapolis	1987
4	20.00	Heidi Krieger	GDR	Indianapolis	1987

Multiple Gold Medalists:

Sarah Mitton (CAN) 2024, 2025
 Valerie Adams Vili (NZL): 2008, 2012, 2014
 Svetlana Krivelyova (RUS): 1993, 1999, 2004
 Natalya Lisovskaya (URS): 1985**, 1987
 **1985 World Indoor Games

Longest throws in March (only indoor performances are listed)

Performance	Performer	Dist	Name	Nat	Pos	Venue	DMY
1	1	21.46	Helena Fibingerova	TCH	1	San Sebastian	13 Mar 1977
2		21.20	Helena Fibingerova		1	Ostrava	4 Mar 1978
3	2	21.12	Ilona Briesenick	GDR	2	San Sebastin	13 Mar 1977

World Indoor Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2025	Sarah Mitton	CAN	20.48	Jessica Schilder	NED	20.07	Chase Jackson	USA	20.06
2024	Sarah Mitton	CAN	20.22	Yemisi Oguneeye	GER	20.19	Chase Jackson	USA	19.67
2022	Auriol Dongmo	POR	20.43	Chase Ealey	USA	20.21	Jessica Schilder	NED	19.48
2018	Anita Marton	HUN	19.62	Danniel Thomas-Dodd	JAM	19.22	Gong Lijiao	CHN	19.08
2016	Michelle Carter	USA	20.21	Anita Marton	HUN	19.33	Valerie Adams	NZL	19.25

All time Performance List at the World Indoor Championships

Performance	Performer	Dist	Name	Nat	Pos	Venue	Year
1	1	20.67	Valerie Adams	NZL	1	Sopot	2014
2	2	20.55	Irina Korzhanenko	RUS	1	Birmingham	2003
3	3	20.54	Sui Xinmei	CHN	1	Sevilla	1991
3		20.54	Valerie Adams		1	Istanbul	2012
5	4	20.52	Natalya Lisovskaya	URS	1	Indianapolis	1987
6		20.49	Valerie Adams Vili		1	Doha	2010
7	5	20.48	Sarah Mitton	CAN	1	Nanjing	2025
8	6	20.45	Claudia Losch	FRG	1	Budapest	1989
9	7	20.43	Auriol Dongmo	POR	1	Beograd	2022
10	8	20.33	Huang Zhihong	CHN	2	Sevilla	1991
11	9	20.31	Nadezhda Ostapchuk	BLR	2	Birmingham	2003
12	10	20.28	Ilona Briesenick	GDR	2	Indianapolis	1987
13		20.25	Huang Zhihong		2	Budapest	1989
14	11	20.22	Vita Pavlysh	UKR	1qB	Paris	1997
14		20.22	Sarah Mitton		1	Glasgow	2024
16	12	20.21	Michelle Carter	USA	1	Portland	2016
16	13	20.21	Chase Ealey	USA	2	Beograd	2022
18		20.19	Valerie Vili		1	Valencia	2008
18	14	20.19	Yemisi Oguneye	GER	2	Glasgow	2024
20		20.14	Claudia Losch		3	Indianapolis	1987
21		20.11	Valerie Adams		1q	Sopot	2014
22		20.07**	Natalya Lisovskaya		1	Paris	1985
22	15	20.07	Jessica Schilder	NED	2	Nanjing	2025
24	16	20.06	Chase Jackson	USA	3	Nanjing	2025
25	17	20.00	Heidi Krieger	GDR	4	Indianapolis	1987
25		20.00	Natalya Lisovskaya		3	Sevilla	1991
25		20.00	Vita Pavlysh		1	Paris	1997
28	18	19.94	Christian Schwanitz	GER	2	Sopot	2014
29	19	19.92	Astrid Kumbernuss	GER	2	Paris	1997
30	20	19.90	Svetlana Krivelyova	RUS	1	Budapest	2004
31		19.86	Astrid Kumbernuss		3	Birmingham	2003
32	21	19.84	Larisa Peleshenko	RUS	1	Lisboa	2001
32	21	19.84	Natallia Khoroneko	BLR	1	Moskva	2006
34		19.81	Valerie Adams		1q	Doha	2010
35	23	19.75	Christa Wiese	GDR	3	Budapest	1989
36		19.73	Vita Pavlysh		4	Birmingham	2003
36		19.73	Christina Schwanitz		2q	Sopot	2014
38		19.72	Valerie Vili		1q	Valencia	2008
39	24	19.68**	Ines Müller	GDR	2	Paris	1985
40		19.67	Chase Jackson		3	Glasgow	2024
41	25	19.64	Nadine Kleinert	GER	2	Moskva	2006
42	26	19.63	Stephanie Storp	FRG	4	Budapest	1989
43	27	19.62	Anita Marton	HUN	1	Birmingham	2018
43	27	19.62	Maddison Lee Wesche	NZL	4	Glasgow	2024
45		19.58	Michelle Carter		2	Istanbul	2012
46		19.57	Svetlana Krivelyova		1	Toronto	1993
46		19.57	Svetlana Krivelyova		5	Birmingham	2003
48		19.49	Irina Korzhanenko		3	Paris	1997
49		19.48	Jessica Schilder		3	Beograd	2022
50	29	19.47	Anna Avdeeva	RUS	2	Doha	2010
51		19.46	Svetlana Krivelyova		1qA	Budapest	2004
52	30	19.44	Heike Hartwig	GDR	5	Budapest	1989
52	30	19.44	Jilian Camarena-Williams	USA	3	Istanbul	2012
54	32	19.43	Stephanie Storp	GER	4	Sevilla	1991

54		19.43	Valerie Adams		1q	Istanbul	2012
56	33	19.40	Kathrin Neimke	GER	1	Barcelona	1995

** ** Paris 1985 was World Indoor Games precursor to the World Indoor Championships

Shortest winning throw: 19.08m by Svetlana Krivelyova (RUS) in 1999 is the shortest, while 19.40m by Kathrin Neimke (GER) in 1995 is the second shortest winning throw

Margin of Victory

	Difference	Dist	Name	Nat	Venue	Year
Max	1.10m	20.19	Valerie Villi	NZL	Valencia	2008
	1.02m	20.49	Valerie Adams	NZL	Doha	2010
	96cm	20.54	Valerie Adams	NZL	Istanbul	2012
	88cm	20.21m	Michelle Carter	USA	Portland	2016
	73cm	20.67m	Valerie Adams	NZL	Sopot	2014
	60cm	19.84m	Larisa Peleshenko	RUS	Lisboa	2001
	59cm	19.90m	Svetlana Krivelyova	RUS	Budapest	2004
Min	3cm	20.22m	Sarah Mitton	CAN	Glasgow	2024
	8cm	20.00m	Vita Pavlyshi	UKR	Paris	1997
		19.08m	Svetlana Krivelyova	RUS	Maebashi	1999
	20cm	20.45m	Claudia Losch	FRG	Budapest	1989
		19.57m	Svetlana Krivelyova	RUS	Toronto	1993
		19.84m	Natallia Khoroneko	BLR	Moskva	2006

Difference between first and third

	Diff	Winning distance	3 rd place distance	Winner's Name	Nat	Venue	Year
Max	1.44m	20.19	18.75	Valerie Vili	NZL	Valencia	2008
	1.43m	20.67m	19.24m	Valerie Adams	NZL	Sopot	2014
	1.25m	20.07m	18.82m	Natalya Lisovskaya	URS	Paris	1985**
	1.15m	20.49m	19.34m	Valerie Adams	NZL	Doha	2010
	1.10m	20.54m	19.44m	Valerie Adams	NZL	Istanbul	2012
	96cm	20.21m	19.25m	Michelle Carter	USA	Portland	2016
	95cm	20.43m	19.48m	Auriol Dongmo	POR	Beograd	2022
	85cm	19.90m	19.05m	Svetlana Krivelyova	RUS	Budapest	2004
Min	22cm	19.08m	18.86m	Svetlana Krivelyova	RUS	Maebashi	1999
	25cm	19.57m	19.32m	Svetlana Krivelyova	RUS	Toronto	1993

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place distance	Name of bronze medalist	Nat	Venue	Year
Max	1.15m	18.82m	Nunu Abashidze	URS	Paris	1985**
	95cm	20.42m	Natallia Mikhnevich	BLR	Doha	2010
	87cm	19.25m	Valerie Adams	NZL	Portland	2016
	78cm	20.06m	Chase Jackson	USA	Nanjing	2025
	69cm	19.49m	Irina Korzhanenko	RUS	Paris	1997
Min	0cm	19.34m	Nadine Kleinert	GER	Doha	2010
	3cm	19.24m	Olga Ryabinkina	RUS	Moskva	2006
	4cm	18.86m	Svetlana Krivelyova	RUS	Maebashi	1999

** 1985 World Indoor Games

Longest mark in each round

Round	Distance	Name	Nat	Venue	Year
Final	20.67	Valerie Adams	NZL	Sopot	2014
Qualifying	20.22	Vita Pavlysh	UKR	Paris	1997
	20.11	Valerie Adams	NZL	Sopot	2014

No qualifying round in 2022, 2024

Longest non-qualifier for the final

Distance	Position	Name	Nat	Venue	Year
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18.42	9q	Olga Ivanova	RUS	Doha	2010
18.39	6qA	Lieja Tunks	NED	Budapest	2004

Average from last thirteen (21st century) World Indoor Championships

	Average	2025	2024	2022	2018	2016	2014	2012	2010	2008	2006	2004	2003	2001
Winning distance	20.23	20.48	20.22	20.43	19.62	20.21	20.67	20.54	20.49	20.19	19.84	19.90	20.55	19.84
Winning Medal	19.36	20.06	19.67	19.48	19.08	19.25	19.24	19.44	19.34	18.75	19.24	19.05	19.86	19.18
8 th place	18.26	18.54	18.68	18.62	18.18	17.67	18.05						18.20	18.12

Round in which the winning marks were recorded by winners

	Distance	Winning marks were recorded in round	Second best throw	Winner	2 nd place dist
1997	20.00m	2 nd and 6 th round	19.99m (3 rd round)	Pavlysh	19.92
1999	19.08m	3 rd round	18.87m (5 th round)	Krivelyova	19.00
2001	19.84m	6 th round	19.52m (3 rd round)	Peleshenko	19.24
2003	20.55m	2 nd round	20.14m (1 st round)	Korzhanenko	20.31
2004	19.90m	2 nd round	19.82m (2 nd round)	Krivelyova	19.31
2006	19.84m	2 nd round	19.36m (6 th round)	Mikhnevich	19.64
2008	20.19m	1 st round	20.07m (3 rd throw)	Villi	19.09
2010	20.49m	5 th round	20.45m (2 nd throw)	Adams	19.47
2012	20.54m	6 th round	20.48m (2 nd throw)	Adams	19.58
2014	20.67m	5 th round	20.41m (2 nd round)	Adams	19.94
2016	20.21m	6 th round	19.31m (3 rd round)	Carter	19.33
2018	19.62	6 th round	19.48 (3 rd round)	Marton	19.22
2022	20.43m	5 th round	19.32 (1 st &2 nd round)	Dongmo	20.21
2024	20.22m	6 th round	20.20 (4 th round)	Mitton	20.19
2025	20.48	6 th round	20.36 (2 nd round)	Mitton	20.07

Best Marks for Places in the World Indoor Championships

Pos	Distance	Name	Nat	Venue	Year
1	20.67	Valerie Adams	NZL	Sopot	2014
2	20.33	Huang Zhihong	CHN	Sevilla	1991
3	20.14	Claudia Losch	FRG	Indianapolis	1987
4	20.00	Heidi Krieger	GDR	Indianapolis	1987
5	19.57	Svetlana Krivelyova	RUS	Birmingham	2003

Best Marks for Places - all competitions

Pos	Distance	Name	Nat	Venue	DMY
1	22.50	Helena Fibingerova	TCH	Jablonec	19 Feb 1977
	22.14	Natalya Lisovskaya	URS	Penza	7 Feb 1987
2	21.12	Ilona Briesenick	GDR	San Sebastian	13 Mar 1977
3	20.87	Eva Wilms	FRG	San Sebastian	13 Mar 1977

Multiple Gold Medalists:

Sarah Mitton (CAN): 2024, 2025
 Valerie Adams Vili (NZL): 2008, 2012, 2014
 Svetlana Krivelyova (RUS): 1993, 1999, 2004
 Natalya Lisovskaya (URS): 1985**, 1987

Multiple Medalists:

Sarah Mitton (CAN): 2024 Gold, 2025 Gold
 Jessica Schilder (NED): 2022 Bronze, 2025 Silver
 Chase Jackson (Ealey) USA: 2022 Silver, 2024 Bronze, 2025 Bronze
 Anita Marton (HUN): 2016 Silver, 2018 Gold
 Gong Lijiao (CHN): 2014 Bronze, 2018 Bronze
 Anita Marton (HUN): 2016 Silver, 2018 Gold
 Michelle Carter (USA): 2012 Silver, 2016 Gold
 Valerie Vili Adams (NZL): 2008 Gold, 2010 Silver, 2012 Gold, 2014 Gold, 2016 Bronze (complete set)

Nadine Kleinert (GER): 2004 Bronze, 2006 Silver
 Nadezhda Ostapchuk (BLR): 2001 Silver, 2004 Silver, 2008 Silver, 2010 Gold, 2012 Silver
 Irina Korzhanenko (RUS): 1997 Bronze, 2003 Gold
 Astrid Kumbernuss (GER): 1997 Silver, 2003 Bronze
 Svetlana Krivelyova (RUS): 1993 Gold, 1999 Gold, 2001 Bronze, 2004 Gold
 Huang Zhihong (CHN): 1989 Silver, 1991 Silver
 Claudia Losch (FRG): 1987 Bronze, 1989 Gold,
 Natalya Lisovskaya (URS): 1985**, 1987 Gold, 1991 Bronze

**1985 World Indoor Games

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
BLR	2010	Nadzeya Ostapchuk		Natallia Mikhnevich
RUS	2001	Larisa Peleshenko		Svetlana Krivelyova
GER	1995	Kathrin Neimke		Grit Hammer
CHN	1991	Sui Xinmei	Huang Zhihong	
URS	1985**	Natalya Lisovskaya		Nunu Abashidze

**1985 World Indoor Games

Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
UKR	Yuriy Belonog	Vita Pavlysh	Paris	1997

Medals by Countries:

Nation	Gold	Silver	Bronze
RUS	5	1	3
<u>NZL</u>	4		1
<u>CAN</u>	2		
BLR	1	2	
URS	1+1**		1+1**
GER	1	5	4
CHN	1	3	3
USA	1	3	4
HUN	1	1	
FRG	1		1
<u>UKR</u>	1		
<u>POR</u>	1		
GDR		1+1**	1
CUB		1	1
POL		1	
JAM		1	
NED		1	1

** 1985 World Indoor Games

World Indoor Champion with World Championships Gold medal

Name	Nat	World Indoor Championships	World Championships
Valerie Vili Adams	NZL	2008, 2012, 2014	2007, 2009
Svetlana Krivelyova	RUS	1993, 1999, 2004	2003
Natalya Lisovskaya	URS	1985**, 1987	1987

World Indoor Champion with Olympic Gold medal

Name	Nat	World Indoor Championships	Olympics
Michelle Carter	USA	2016	2016
Valerie Vili Adams	NZL	2008, 2012, 2014	2008
Svetlana Krivelyova	RUS	1993, 1999, 2004	1992

Natalya Lisovskaya	URS	1985**, 1987	1988
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World Indoor Champion who previously won World Junior Championships

Name	Nat	World Indoor Championships	World Junior Championships
Michelle Carter	USA	2016	2004
Valerie Vili Adams	NZL	2008, 2012, 2014	2002

World Indoor Champion who previously won World Youth Championships:

Name	Nat	World Indoor Championships	World Youth Championships
Valerie Vili	NZL	2008, 2012, 2014	2001

World Indoor Champion with European Championships gold medal

Name	Nat	World Indoor Champ	European Championships
Natallia Khoroneko	BLR	2006	2006
Irina Korzhanenko	RUS	2003	2002
Vita Pavlysh	UKR	1997	1994, 1998

World Indoor Champion with Asian Games/Asian Championships gold medal

Name	Nat	World Indoor Championships	Asian Games	Asian Championships
Sun Xinmei	CHN	1991	1990, 1994	1995

World Indoor Championships medalist with All Africa Games/African Champ medal: None African never finished in top 8 in the World Indoor Championships

World Indoor Championships medalist with Pan American Games medal

Name	Nat	World Indoor Championships	Year	Pan American Games	Year
Sarah Mitton	CAN	Gold	2024, 2025	Gold	2023
Michelle Carter	USA	Gold	2016	Bronze	2011
Yumileidi Cumba	CUB	Silver	2004	Gold	2003
Teri Tunks	USA	Bronze	1999	Bronze	1999
Connie Price-Smith	USA	Silver	1995	Gold	1995, 1999

World Indoor Champion with Commonwealth Games gold medal

Name	Nat	World Indoor Championships	Commonwealth Games
Sarah Mitton	CAN	2024, 2025	2022
Valerie Vili	NZL	2008, 2012, 2014	2006, 2010

Last ten World Indoor Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2025	Sarah Mitton	CAN	20.48	Jessica Schilder	NED	20.07	Chase Jackson	USA	20.06
2024	Sarah Mitton	CAN	20.22	Yemisi Oguneeye	GER	20.19	Chase Jackson	USA	19.67
2022	Auriol Dongmo	POR	20.43	Chase Ealey	USA	20.21	Jessica Schilder	NED	19.48
2018	Anita Marton	HUN	19.62	Danniel Thomas-Dodd	JAM	19.22	Gong Lijiao	CHN	19.08
2016	Michelle Carter	USA	20.21	Anita Marton	HUN	19.33	Valerie Adams	NZL	19.25
2014	Valerie Adams	NZL	20.67	Christina Schwanitz	GER	19.94	Gong Lijiao	CHN	19.24
2012	Valerie Adams	NZL	20.54	Michelle Carter	USA	18.61	Jillian Camarena-	USA	19.44
2010	Valerie Vili Adams	NZL	20.49	Anna Avdeeva	RUS	19.47	Nadine Kleinert	GER	19.34
2008	Valerie Vili	NZL	20.19	Li Meiju	CHN	19.09	Misleydis Gonzalez	CUB	18.75
2006	Natalya Khoronenko	BLR	19.84	Nadine Kleinert	GER	19.64	Olga Ryabinkina	RUS	19.24
2004	Svetlana Krivelyova	RUS	19.90	Yumileidi Cumba	CUB	19.31	Nadine Kleinert	GER	19.05
2003	Irina Korzhanenko	RUS	20.55	Nadezhda Ostapchuk	BLR	20.31	Astrid Kumbernuss	GER	19.86
2001	Larisa Peleshenko	RUS	19.84	Nadezhda Ostapchuk	BLR	19.24	Svetlana Krivelyova	RUS	19.18

Last ten World Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2025	Jessica Schilder	NE	20.29	Chase Jackson	USA	20.21	Maddison-Lee Wesche	NZL	20.06

2023	Chase Ealey	USA	20.43	Sarah Mitton	CAN	20.08	Lijiao Gong	CHN	19.69
2022	Chase Ealey	USA	20.49	Gong Lijiao	CHN	20.39	Jessica Schilder	NED	19.77
2019	Gong Lijiao	CH	19.55	Daniel Thomas-Dodd	JAM	19.47	Christina Schwanitz	GER	19.17
2017	Gong Lijiao	CH	19.94	Anita Marton	HUN	19.49	Michelle Carter	USA	19.14
2015	Christina Schwanitz	GE	20.37	Gong Lijiao	CHN	20.30	Michelle Carter	USA	19.76
2013	Valerie Adams	NZL	20.88	Christina Schwanitz	GER	20.41	Gong Lijiao	CHN	19.97
2011	Valerie Vili	NZL	21.24	Nadzeya Ostapchuk	BLR	20.05	Jillian Camarena-Williams	USA	20.02
2009	Valerie Vili	NZL	20.44	Nadine Kleinert	GER	20.20	Gong Lijiao	CHN	19.89
2007	Valerie Vili	NZL	20.54	Nadzeya Ostapchuk	BLR	20.48	Nadine Kleinert	GER	19.77
2005	Nadezhda Ostapchuk	BLR	20.51	Olga Ryabinkina	RUS	19.64	Valerie Vili	NZL	19.62
2003	Svetlana Krivelyova	RUS	20.63	Nadezhda Ostapchuk	BLR	20.12	Vita Pavlysh	UKR	20.08
2001	Yanina Korolchik	BLR	20.61	Nadine Kleinert-Schmitt	GER	19.86	Vita Pavlysh	UKR	19.41

Last eight Olympics:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2024	Yemisi Ogunleye	GER	20.00	Maddison-Lee Wesche	NZL	19.86	Song Jianyuan	CHN	19.32
2020	Lijao Gong	CHN	20.58	Raven Saunders	USA	19.79	Valerie Adams	NZL	19.62
2016	Michelle Carter	USA	20.63	Valerie Adams	NZL	20.42	Anita Marton	HUN	19.87
2012	Valerie Adams	NZL	20.70	Yevgeniya Kolodko	RUS	20.48	Gong Lijiao	CHN	20.22
2008	Valerie Vili	NZL	20.56	Natalia Mikhnevich	BLR	20.28	Nadzeya Ostapchuk	BLR	19.86
2004	Yumeileidi Cumba	CUB	19.59	Nadine Kleinert	GER	19.55	Svetlana Krivelyova	RUS	19.49
2000	Yanina Korolchik	BLR	20.56	Larisa Peleshenko	RUS	19.92	Astrid Kumbernuss	GER	19.62
1996	Astrid Kumbernuss	GER	20.56	Sui Xinmei	CHN	19.88	Irina Khudorozhkina	RUS	19.35
1992	Svetlana Krivelyova	EUN	21.06	Huang Zhihong	CHN	20.47	Kathrin Neimke	GER	19.78

Last twelve World Junior Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2024	Akaoma Odeluga	USA	17.34	Martina Mazurova	CZE	16.38	Ching-Yuan Chiang	TPE	16.01
2022	Mine De Klerk	RSA	17.17	Pinar Akyol	TUR	16.84	Tuane Silver	NAM	15.95
2020	Mine De Klerk	RSA	17.40	Pinar Akyol	TUR	16.72	Dane Roets	RSA	15.61
2018	Madison-Lee Wesche	NZL	17.09	Linru Zhang	CHN	17.05	Jorinde Van	NED	17.05
2016	Alina Kenzel	GER	17.58	Song Jiayuan	CHN	16.36	Alyssa Wilson	USA	16.33
2014	Guo Tianqian	CHN	17.71	Raven Saunders	USA	16.63	Emel Dereli	TUR	16.55
2012	Shanice Craft	GER	17.15	Gao Yang	CHN	16.57	Bian Ka	CHN	16.48
2010	Geisa Arcanjo	BRA	17.02	Meng Qianqian	CHN	16.94	Cui Shuang	CHN	16.13
2008	Natalia Duco	CHI	17.23	Melissa Boekelman	NED	16.60	Ma Qiao	CHN	16.55
2006	Melissa Boekelmann	NED	17.66	Denise Hinrichs	GER	17.35	Irina Tarasova	RUS	17.11
2004	Michelle Carter	USA	17.55	Anna Avdeyeva	RUS	17.13	Christian Schwanitz	GER	16.52
2002	Valerie Adams	NZL	17.73	Zhang Ying	CHN	16.76	Laura Gerraughty	USA	16.62
2000	Kathleen Kluge	GER	17.37	Li Meiju	CHN	16.57	Natalya Kharaneko	BLR	16.40
1998	Nadezhda Ostapchuk	BLR	18.23	Du Xianhui	CHN	17.69	Nadine Banse	GER	16.94

Last ten World Youth Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2017	Selina Dantzer	GER	17.64	Yu Tianxiao	CHN	17.62	Sun Yue	CHN	17.59
2015	Julia Ritter	GER	18.53	Sophia Rivera	USA	17.93	Kristina Rakocevic	MNE	17.49
2013	Emel Dereli	TUR	20.14	Alyona Bugakova	RUS	18.60	Ashlie Blake	USA	17.57
2011	Tianqian Guo	CHN	15.24	Sophie McKinna	GBR	14.90	Katinka Urbaniak	GER	14.71
2009	Lena Urbaniak	GER	15.28	Margaret Satupai	SAM	14.96	Dong Yangzi	CHN	14.65
2007	Aliona Hryshko	BLR	15.91	Samira Burkhardt	GER	15.36	Sophie Kleeberg	GER	14.94
2005	Simone du Toit	RSA	16.33	Li Bo	CHN	15.92	Dani Samuels	AUS	15.53
2003	Jiang Limin	CHN	15.60	Magdalena Sobieszek	POL	15.42	Maril Knoetze	RSA	15.10
2001	Valerie Adams	NZL	16.87	Michelle Carter	USA	15.23	Yulia Leantsuik	BLR	15.08
1999	Hong Mei	CHN	15.57	Natalya Kharanenko	BLR	15.57	Chaira Rosa	ITA	14.64

Last eight European Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2024	Jessica Schilder	NED	18.77	Jorinde van Klinken	NED	18.67	Yemisi Ogunleye	GER	18.62
2022	Jessica Schilder	NED	20.24	Auriol Dongmo	POR	19.82	Jorinde Van	NED	18.94
2018	Paulina Guba	POL	19.33	Christina Schwanitz	GER	19.19	Aliona Dubitskaya	BLR	18.81
2016	Christina Schwanitz	GER	20.17	Anita Marton	HUN	18.72	Emel Dereli	TUR	18.22
2014	Christina Schwanitz	GER	19.90	Yevgeniya Kolodko	RUS	19.39	Anita Marton	HUN	19.04
2012	Nadine Kleinert	GER	19.18	Irina Tarasova	RUS	18.91	Chiara Rosa	ITA	18.47
2010	Nadezhda Ostapchuk	BLR	20.48	Natalya Mikhnevich	BLR	19.53	Anna Avdeyeva	RUS	19.39
2006	Natalia Khoroneko Mikhnevich	BLR	19.43	Nadezhda Ostapchuk	BLR	19.42	Petra Lammert	GER	19.17
2002	Irina Korzhanenko	RUS	20.64	Vita Pavlysh	UKR	20.02	Svetlana Krivelyova	RUS	19.56
1998	Vita Pavlysh	UKR	21.69	Irina Korzhanenko	RUS	19.71	Yanina Korolchik	BLR	19.23

Last six Asian Games:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2023	Gong Lijiao	CHN	19.58	Song Jianyuan	CHN	18.92	Kiran Baliyan	IND	17.36
2018	Gong Lijiao	CHN	19.66	Gao Yang	CHN	17.64	Noora Jassem	BRN	17.11
2014	Gong Lijiao	CHN	19.06	Leyla Rajabi	IRI	17.80	Guo Tianqian	CHN	17.52
2010	Li Ling	CHN	19.94	Gong Lijiao	CHN	19.67	Lee Mi-young	KOR	17.51
2006	Li Ling	CHN	18.42	Li Meiju	CHN	18.08	Lin Chia-Ying	TPE	16.70
2002	Li Meisu	CHN	18.62	Lee Myung-Sun	KOR	18.50	Juthaporn Krasaeyen	THA	17.53
1998	Li Meisu	CHN	18.96	Cheng Xiaoyan	CHN	18.55	Juthaporn Krasaeyan	THA	18.24

Last eleven Asian Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2023	Song Jiayuan	CHN	18.88	Abha Khatua	IND	18.06	Manpreet Kaur	IND	17.00
2019	Gong Lijiao	CHN	19.18	Noora Jassem	BRN	18.00	Song Jiayuan	CHN	17.70
2017	Manpreet Kaur	IND	18.28	Guo Tianqian	CHN	17.91	Aya Ota	JPN	15.45
2015	Guo Tianqian	CHN	18.59	Gao Yang	CHN	17.98	Bian Ka	CHN	17.78
2013	Liu Xiangrong	CHN	18.67	Leyla Rajabi	IRI	18.18	Gao Yang	CHN	17.76
2011	Meng Qianqian	CHN	18.31	Liu Xiangrong	CHN	18.30	Leyla Rajabi	IRI	16.60
2009	Gong Lijiao	CHN	19.04	Liu Xiangrong	CHN	17.55	Leyla Rajabi	IRI	16.71
2007	Liu Xiangrong	CHN	17.65	Lee Mi-Young	KOR	16.58	Lin Chia-Ying	TPE	16.46
2005	Li Meiju	CHN	18.64	Zhang Guirong	SIN	18.57	Li Ling	CHN	18.04
2003	Li Meiju	CHN	18.45	Li Fengfeng	CHN	18.07	Chinatsu Mori	JPN	17.80
2002	Juthaporn Krasaeyan	THA	18.05	Cheng Xiaoyan	CHN	17.39	Sumi Ichioka	JPN	16.12
2000	Nada Kawar	JOR	17.46	Chinatsu Mori	JPN	16.38	Cho Jin-Sook	KOR	15.38

Last six All Africa Games:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2024	Ashley Erasmus	RSA	16.98	Sade Olatoye	NG	16.61	Ischke Senekal	RSA	16.38
2019	Oyesade Olatoye	NGR	16.61	Ischke Senekal	RSA	16.18	Meike Strydom	RSA	14.64
2015	Auriol Dongmo	CMR	17.21	Claire Uke	NG	16.64	Sonia Smuts	RSA	15.92
2011	Auriol Dongmo	CMR	16.03	Veronica Abrahamse	RSA	15.70	Sonia Smuts	RSA	15.29
2007	Vivian Chukwuemeka	NGR	17.60	Simone du Toit	RSA	15.80	Veronica Abrahamse	RSA	15.75
2003	Vivian Chukwuemeka	NGR	18.12	Veronica Abrahamse	RSA	15.77	Wafa Ismail El Baghdadi	EGY	15.32
1999	Vivian Peters	NGR	16.72	Veronica Abrahamse	RSA	16.53	Maranelle du Toit	RSA	16.45

Last ten African Championships:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2024	Ashley Erasmus	RSA	18.17	Mine De Klerk	RSA	17.09	Colette Uys	RSA	16.28
2022	Ischke Senekal	RSA	16.40	Carine Mekam	GAB	15.87	Zonica Lindeque	RSA	15.79
2018	Ischke Senekal	RSA	17.24	Jessica Include	GBS	16.76	Meike Strydom	RSA	15.99
2016	Auriol Dongmo	CMR	17.64	Okwelogu	NGR	17.07	Onyekwere	NGR	15.71

2014	Auriole Dongmo	MAR	16.84	Chinwe Okoro	NGR	16.40	Lezaan Jordaan	RSA	15.31
2012	Vivian Chukwuemeka	NGR	18.86	Chinwe Okoro	NGR	16.21	Omotayo Talabi	NGR	15.63
2010	Mirian Ibekwe	NGR	13.67	Priscillah Lwanziro	KEN	13.62	Ange-Doris Ratsimbazafy	MAD	13.56
2008	Vivian Chukwuemeka	NGR	17.50	Kasey Onwuchekwa	NGR	16.29	Veronica Abrahamse	RSA	16.00
2006	Vivian Chukwuemeka	NGR	17.45	Wafaa Baghdadi	EGY	15.48	Monique Ngo Ngoue-Poree	CMR	14.99
2004	Wafa Ismail El Baghdadi	EGY	15.53	Amel Ben Khaled	TUN	15.45	Alifatou Djibril	TOG	15.16
2002	Vivian Chukwuemeka	NGR	17.60	Amel Ben Khaled	TUN	15.94	Wafa Ismail El Baghdadi	EGY	15.43
2000	Hanaa Salah El Melegi	EGY	16.01	Amel Ben Khaled	TUN	15.39	Wafa Ismail El Baghdadi	EGY	14.97

Last six Pan American Games:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2023	Sarah Mitton	CAN	19.19	Rosa Ramirez	DOM	17.99	Adelaide Aquilla	USA	17.73
2019	Danniel Thomas-Dodd	JAM	19.55	Brittany Crew	CAN	19.07	Jessica Ramsey	USA	19.01
2015	Cleopatra Borel	TTO	18.67	Jill Camarena-Williams	USA	18.65	Natalia Duco	CHI	18.01
2011	Misleydis Gonzalez	CUB	18.57	Cleopatra Borel-Brown	TRI	18.46	Michelle Carter	USA	18.09
2007	Misleydis Gonzalez	CUB	18.83	Yumileidi Cumba	CUB	18.28	Cleopatra Borel-Brown	TRI	18.22
2003	Yumileidi Cumba	CUB	19.31	Elisangela Adriano	BRA	18.48	Flor Vasquez	DOM	18.14
1999	Connie Price-Smith	USA	19.06	Yumileidi Cumba	CUB	18.67	Teri Tunks	USA	18.03

Last six Commonwealth Games:

Year	Gold	Nat	Dist	Silver	Nat	Dist	Bronze	Nat	Dist
2022	Sarah Mitton	CAN	19.03	Danniel Thomas-Dodd	JAM	18.98	Maddison-Lee	NZL	18.84
2018	Danniel Thomas -Dodd	JAM	19.36	Valerie Adams	NZL	18.70	Brittany Crew	CAN	18.32
2014	Valerie Adams	NZL	19.88	Cleopatra Borel	TRI	18.57	Julie Labonte	CAN	17.58
2010	Valerie Adams	NZL	20.47	Cleopatra Borel-Brown	TRI	19.03	Margaret Satupai	SAM	16.43
2006	Valerie Vili (Adams)	NZL	19.66	Vivian Chukwuemeka	NGR	18.25	Cleopatra Borel-Brown	TRI	17.87
2002	Vivian Chukwuemeka	NGR	17.53	Valerie Adams	NZL	17.45	Veronica Abrahamese	RSA	16.77
1998	Judy Oakes	ENG	18.83	Myrtle Augée	ENG	17.16	Veronica Abrahamse	RSA	16.52

Longest throws in March (only indoor performances are listed)

Performance	Performer	Dist	Name	Nat	Pos	Venue	DMY
1	1	21.46	Helena Fibingerova	TCH	1	San Sebastian	13 Mar 1977
2		21.20	Helena Fibingerova		1	Ostrava	4 Mar 1978
3	2	21.12	Ilona Briesenick	GDR	2	San Sebastin	13 Mar 1977
4	3	21.10	Sui Xinmei	CHN	1	Beijing	3 Mar 1990

Combined 2025 & 2026 World Indoor List

Performance	Performer	Dist	Name	Nat	Pos	Venue	DMY
1	1	20.69	Jessica Schilder	NED	1	Apeldoorn – EIC	9 Mar 2025
1		20.69	Jessica Schilder		1	Berlin	6 Mar 2026
3	2	20.68	Sarah Mitton	CAN	1	Karlsruhe	7 Feb 2025
4		20.49	Jessica Schilder		1	Apeldoorn	13 Feb 2026
5		20.48	Sarah Mitton		1	Nanjing	21 Mar 2025
6	3	20.44	Chase Jackson	USA	1	Staten Island	28 Feb 2026
7		20.43	Jessica Schilder		1	Nehvizdy	25 Feb 2026
8	4	20.37	Yemisi Ogunleye	GER	1	Dortmund	27 Feb 2026
9		20.27	Yemisi Ogunleye		1	Dortmund	21 Feb 2025
9		20.27	Sarah Mitton		1	Toronto	28 Feb 2026
11		20.24	Chase Jackson	USA	1	Torun	16 Feb 2025

Please send corrections to KKenNakamura@gmail.com

The new records set in WC will be reported through my twitter account @KKenNakamura