

2026 World Indoor Championships Statistics - Men's 4x400m Relay - by K Ken Nakamura

Summary Page:

All time Performance List at the World Indoor Championships

Performance	Performer	Time	Nation	Pos	Venue	Year
1	1	3:01.77	POL	1	Birmingham	2018
2	2	3:01.97	USA	2	Birmingham	2018
3		3:02.13	USA	1	Sopot	2014
4		3:02.45	USA	1	Portland	2016
5	3	3:02.51	BEL	3	Birmingham	2018
6	4	3:02.52	TTO	4	Birmingham	2018
7		3:02.54	BEL	1	Glasgow	2024

Slowest winning time: 3:07.37 by USA in 1995 is the slowest winning time

Margin of Victory

	Difference	Winning Time	Winning team	Venue	Year
Max	3.54	3:03.40	USA	Doha	2010
Min	0.06	3:02.54	BEL	Glasgow	2024

Fastest time in each round

Round	Time	Team		Venue	Year
Final	3:01.77	POL	Final	Birmingham	2018
First round	3:03.66	USA	1h2	Moskva	2006

Fastest non-qualifier for the final

Time	Position	Team	Venue	Year
3:07.52	3h2	ESP	Birmingham	2018

Best Marks for Places in the World Indoor Championships

Pos	Time	Nat	Venue	Year
1	3:01.77	POL	Birmingham	2018
	3:02.13	USA	Sopot	2014
2	3:01.97	USA	Birmingham	2018
	3:02.60	USA	Glasgow	2024
3	3:02.51	BEL	Birmingham	2018
	3:03.20	GBR	Maebashi	1999
4	3:02.52	TTO	Birmingham	2018
	3:04.39	POL	Sopot	2014

Multiple Gold Medalists:

USA 1993, 1995, 1997, 1999, 2006, 2008, 2010, 2012, 2014, 2016

POL 2001 2018

JAM 2003, 2004

Fastest Performances in March (only indoor performances are listed)

Performance	Performer	Time	Team	Pos	Venue	DMY
1	1	3:00.77	USC	1	College Station-NCAA	10 Mar 2018
2	2	3:01.39	Texas A&M	2	College Station-NCAA	10 Mar 2018
3	3	3:01.43	Florida	3	College Station-NCAA	10 Mar 2018

World Indoor Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2025	USA	3:03.13	JAM	3:05.05	HUN	3:06.03
2024	BEL	3:02.54	USA	3:02.60	NED	3:04.25
2022	BEL	3:06.52	ESP	3:06.82	NED	3:06.90
2018	POL	3:01.77	USA	3:01.97	BEL	3:02.51
2016	USA	3:02.45	BAH	3:04.75	TTO	3:05.51

All time Performance List at the World Indoor Championships

Performance	Performer	Time	Nation	Pos	Venue	Year
1	1	3:01.77	POL	1	Birmingham	2018
2	2	3:01.97	USA	2	Birmingham	2018
3		3:02.13	USA	1	Sopot	2014
4		3:02.45	USA	1	Portland	2016
5	3	3:02.51	BEL	3	Birmingham	2018
6	4	3:02.52	TTO	4	Birmingham	2018
7		3:02.54	BEL	1	Glasgow	2024
8		3:02.60	USA	2	Glasgow	2024
9		3:02.83	USA	1	Maebashi	1999
10		3:03.01	POL	2	Maebashi	1999
11	5	3:03.05	GER	1	Sevilla	1991
12		3:03.13	USA	1	Nanjing	2025
13	6	3:03.20	GBR	3	Maebashi	1999
14		3:03.24	USA	2	Sevilla	1991
14		3:03.24	USA	1	Moskva	2006
16		3:03.40	USA	1	Doha	2010
17		3:03.49	GBR	2	Sopot	2014
18		3:03.66	USA	1h2	Moskva	2006
19	7	3:03.69	JAM	3	Sopot	2014
20		3:03.94	USA	1	Istanbul	2012
21		3:04.00	USA	1h2	Birmingham	2018
22		3:04.20	USA	1	Toronto	1993
23		3:04.21	JAM	1	Birmingham	2003
24		3:04.25	POL	1h1	Maebashi	1999
24	8	3:04.25	NED	3	Glasgow	2024
26		3:04.36	USA	1h1	Sopot	2014
27		3:04.39	POL	4	Sopot	2014
28		3:04.47	POL	1	Lisboa	2001
29		3:04.67	POL	2	Moskva	2006
30		3:04.72	GBR	2	Istanbul	2012
31	9	3:04.75	BAH	2	Portland	2016
32	10	3:04.82	RUS	2	Lisboa	2001
33	11	3:04.87	CZE	5	Birmingham	2018
34		3:04.93	USA	1	Paris	1997
35		3:05.05	JAM	2	Nanjing	2025
36		3:05.08	GBR	6	Birmingham	2018
37		3:05.13	JAM	4	Maebashi	1999
38		3:05.21	JAM	1	Budapest	2004
39		3:05.22	BEL	1h1	Birmingham	2018
40		3:05.24	POL	2h1	Birmingham	2018
41		3:05.29	GBR	2h2	Birmingham	2018
42		3:05.41	USA	1h2	Portland	2016
43		3:05.45	JAM	3	Lisboa	2001
44	12	3:05.51	ITA	3	Sevilla	1991
44		3:05.51	TTO	3	Portland	2016
46		3:05.53	USA	1h1	Sevilla	1991
47		3:05.56	USA	1h1	Glasgow	2024
48		3:05.78	USA	1h1	Doha	2010
49	13	3:05.90	JPN	2h1	Maebashi	1999
50		3:05.96	TTO	3h1	Birmingham	2018
51		3:06.02	JAM	4	Portland	2016
52		3:06.03	JAM	2h1	Doha	2010
52	14	3:06.03	HUN	3	Nanjing	2025
54		3:06.09	GBR	1h2	Sopot	2014
55		3:06.10	POL	2h2	Moskva	2006
56		3:06.12	GBR	2	Birmingham	2003
56		3:06.12	JAM	2h1	Sopot	2014
58		3:06.22	JPN	5	Maebashi	1999
59		3:06.23	RUS	2	Budapest	2004

60		3:06.27		BEL	2h1	Glasgow	2024
61	15	3:06.30	DOM		3h1	Doha	2010

Slowest winning time: 3:07.37 by USA in 1995 is the slowest winning time while 3:06.79 by USA in 2008 is second slowest

Margin of Victory

	Difference	Winning Time	Winning team	Venue	Year
Max	3.54	3:03.40	USA	Doha	2010
	3.18	3:04.93	USA	Paris	1997
Min	0.06	3:02.54	BEL	Glasgow	2024
	0.18	3:02.83	USA	Maebashi	1999
	0.19	3:03.05	GER	Sevilla	1991

Difference between first and third

	Diff	Winning time	3 rd place time	Winning team	Venue	Year
Max	5.23	3:05.21	3:10.44	JAM	Budapest	2004
	4.75	3:04.93	3:09.68	USA	Paris	1997
Min	0.37	3:02.83	3:03.20	USA	Maebashi	1999
	0.38	3:06.52	3:06.90	BEL	Beograd	2022
	0.74	3:01.77	3:02.51	POL	Birmingham	2018
	0.98	3:04.47	3:05.45	POL	Lisboa	2001
		3:06.79	3:07.77	USA	Valencia	2008

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Bronze medal winning team	Venue	Year
Max	3.76	3:05.45	JAM	Lisboa	2001
	2.98	3:05.51	ITA	Sevilla	1991
Min	0.01	3:02.51	BEL	Birmingham	2018
	0.07	3:09.68	FRA	Paris	1997
	0.41	3:06.91	RUS	Moskva	2006

Fastest time in each round

Round	Time	Team		Venue	Year
Final	3:01.77	POL	Final	Birmingham	2018
	3:02.13	USA	Final	Sopot	2014
First round	3:03.66	USA	1h2	Moskva	2006
	3:04.00	USA	1h2	Birmingham	2018
	3:04.25	POL	1h1	Maebashi	1999

No qualifying round in 2025

Fastest non-qualifier for the final

Time	Position	Team	Venue	Year
3:07.52	3h2	ESP	Birmingham	2018
3:07.95	3h2	NGR	Sopot	2014
3:08.07	3h1	ESP	Moskva	2006
3:08.63	3h2	IRL	Beograd	2022

Average from last thirteen (21st century) World Indoor Championships

	Average	2025	2024	2022	2018	2016	2014	2012	2010	2008	2006	2004	2003	2001
Winning time	3:03.83	3:03.13	3:02.54	3:06.52	3:01.77	3:02.45	3:02.13	3:03.94	3:03.40	3:06.79	3:03.24	3:05.21	3:04.21	3:04.47
Winning Medal	3:06.19	3:06.03	3:04.25	3:06.90	3:02.51	3:05.51	3:03.69	3:06.85	3:07.52	3:07.77	3:06.91	3:10.44	3:06.61	3:05.45
Slowest to make final	3:09.18		3:06.96	3:08.30	3:06.40	3:07.98	3:07.54	3:10.51	3:09.68	3:09.81	3:08.06	3:09.04	3:16.10	3:09.76

Best Marks for Places in the World Indoor Championships

Pos	Time	Nat	Venue	Year
1	3:01.77	POL	Birmingham	2018

	3:02.13	USA	Sopot	2014
	3:02.45	USA	Portland	2016
	3:02.54	BEL	Glasgow	2024
	3:02.83	USA	Maebashi	1999
2	3:01.97	USA	Birmingham	2018
	3:02.60	USA	Glasgow	2024
	3:03.01	POL	Maebashi	1999
	3:03.24	USA	Sevilla	1991
3	3:02.51	BEL	Birmingham	2018
	3:03.20	GBR	Maebashi	1999
4	3:02.52	TTO	Birmingham	2018
	3:04.39	POL	Sopot	2014
	3:05.13	JAM	Maebashi	1999
5	3:04.87	CZE	Birmingham	2018
	3:06.22	JPN	Maebashi	1999
6	3:05.08	GBR	Birmingham	2018
	3:06:37	FRA	Maebashi	1999

Best Marks for Places – all competitions

Pos	Time	Name	Venue	DMY
1	3:00.77	USC	College Station-NCAA	10 Mar 2018
2	3:01.39	Texas A&M - USA	College Station-NCAA	10 Mar 2018
3	3:01.43	Univ of Florida	College Station-NCAA	10 Mar 2018
	3:02.51	BEL	Birmingham – WIC	4 Mar 2018
4	3:02.52	TTO	Birmingham – WIC	4 Mar 2018

Multiple Gold Medalists:

USA 1993, 1995, 1997, 1999, 2006, 2008, 2010, 2012, 2014, 2016, 2025
POL 2001 2018
JAM 2003, 2004
BEL 2022, 2024

Multiple Medalists:

USA 1991Silver, 1993Gold, 1995Gold, 1997Gold, 1999Gold, 2006Gold, 2008Gold, 2010Gold
2012 Gold, 2014 Gold, 2016 Gold, 2018 Silver, 2024 Silver, 2025 Gold
JAM 1997 Silver, 2001 Bronze, 2003 Gold, 2004 Gold, 2008 Silver, 2014 Bronze (complete set)
POL 1999 Silver, 2001 Gold, 2003 Bronze, 2006 Silver, 2018 Gold (complete set of medals)
RUS 2001 Silver, 2004 Silver, 2006 Bronze,
GBR 1999 Bronze, 2003 Silver, 2010 Bronze, 2012 Silver, 2014 Silver
JPN 1993 Bronze, 1995 Bronze,
ITA 1991 Bronze, 1995 Silver
BEL 2010 Silver, 2018 Bronze, 2022 Gold, 2024 Gold (complete set of medals)

Man & Woman from the same team winning the corresponding event

Nation	Venue	Year
USA	Nanjing	2025
USA	Sopot	2014
USA	Doha	2010
GER	Sevilla	1991

Medals by Countries:

Nation	Gold	Silver	Bronze
USA	11	3	
JAM	2	3	2
POL	2	2	1
BEL	2	1	1
GER	1		

GBR		3	2
RUS		2	1
TRI->TTO		1	2
ITA		1	1
BAH		1	
ESP		1	
JPN			2
NED			2
FRA			1
IRL			1
DOM			1
HUN			1

Fastest known splits in the World Indoor Championships

Leg	Time	Name	Nat	Venue	Year
1	44.85	Fred Kerley	USA	Birmingham	2018
2	45.0	Charles Jenkins	USA	Sevilla	1991
3	45.10	Milton Campbell	USA	Birmingham	2003
	45.39	Adrian Patrick	GBR	Maebashi	1999
4	44.75	Milton Campbell	USA	Maebashi	1999

Highest finish by Asian team: 3rd by JPN in 1993 & 1995

Highest finish by African team: 4th by KEN in 2024

Last ten World Indoor Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2025	USA	3:03.13	JAM	3:05.05	HUN	3:06.03
2024	BEL	3:02.54	USA	3:02.60	NED	3:04.25
2022	BEL	3:06.52	ESP	3:06.82	NED	3:06.90
2018	POL	3:01.77	USA	3:01.97	BEL	3:02.51
2016	USA	3:02.45	BAH	3:04.75	TTO	3:05.51
2014	USA	3:02.13	GBR	3:03.49	JAM	3:03.69
2012	USA	3:03.94	GBR	3:04.72	TTO	3:06.85
2010	USA	3:03.40	BEL	3:06.94	GBR	3:07.52
2008	USA	3:06.79	JAM	3:07.69	DOM	3:07.77
2006	USA	3:03.24	POL	3:04.67	RUS	3:06.91
2004	JAM	3:05.21	RUS	3:06.23	IRL	3:10.44
2003	JAM	3:04.21	GBR	3:06.12	POL	3:06.61
2001	POL	3:04.47	RUS	3:04.82	JAM	3:05.45

Last ten World Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2025	BOT	2:57.76	USA	2:57.83	RSA	2:57.83
2023	USA	2:57.31	FRA	2:58.45	GBR	2:58.71
2022	USA	2:56.17	JAM	2:58.58	BEL	2:58.72
2019	USA	2:56.69	JAM	2:57.90	BEL	2:58.78
2017	TTO	2:58.12	USA	2:58.61	GBR	2:59.00
2015	USA	2:57.82	TTO	2:58.20	GBR	2:58.51
2013	USA	2:58.71	JAM	2:59.88	RUS	2:59.90
2011	USA	2:59.31	RSA	2:59.87	JAM	3:00.10
2009	USA	2:57.86	GBR	3:00.53	AUS	3:00.90
2007	USA	2:55.56	BAH	2:59.18	POL	3:00.05
2005	USA	2:56.91	BAH	2:57.32	JAM	2:58.07
2003	FRA	2:58.96	JAM	2:59.60	BAH	3:00.53

2001	BAH	2:58.19	JAM	2:58.39	POL	2:59.71
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Last eight Olympics:

Year	Gold	Time	Silver	Time	Bronze	Time
2024	USA	2:54.43	BOT	2:54.53	GBR	2:55.83
2020	USA	2:55.70	NED	2:57.18	BOT	2:57.27
2016	USA	2:57.30	JAM	2:58.16	BAH	2:58.49
2012	BAH	2:56.72	USA	2:57.05	TRI	2:59.40
2008	USA	2:55.39	BAH	2:58.03	RUS	2:58.06
2004	USA	2:55.91	AUS	3:00.60	NGR	3:00.90
2000	NGR	2:58.68	JAM	2:58.78	BAH	2:59.23
1996	USA	2:55.99	GBR	2:56.60	JAM	2:59.42
1992	USA	2:55.74	CUB	2:59.51	GBR	2:59.73

Last twelve World Junior Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2024	USA	3:03.56	RSA	3:05.22	AUS	3:05.53
2022	USA	3:04.47	JAM	3:05.72	CAN	3:06.50
2020	BOT	3:05.22	JAM	3:05.76	KEN	3:05.94
2018	ITA	3:04.05	USA	3:05.26	GBR	3:05.64
2016	USA	3:02.39	BOT	3:02.81	JAM	3:04.83
2014	USA	3:03.31	JPN	3:04.11	JAM	3:04.47
2012	USA	3:03.99	POL	3:05.05	TRI	3:06.32
2010	USA	3:04.76	NGR	3:06.36	GBR	3:06.49
2008	USA	3:03.86	GBR	3:05.82	GER	3:06.47
2006	USA	3:03.76	RUS	3:05.13	GBR	3:05.49
2004	USA	3:01.09	RSA	3:04.50	JPN	3:05.33
2002	USA	3:03.71	JAM	3:04.06	JPN	3:05.80
2000	JAM	3:06.06	GER	3:06.79	POL	3:07.05
1998	AUS	3:04.74	USA	3:05.06	JAM	3:05.31

Last eight European Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2024	BEL	2:59.84	ITA	3:00.81	GER	3:00.82
2022	GBR	2:59.35	BEL	2:59.49	FRA	2:59.64
2018	ITA	3:04.05	USA	3:05.26	GBR	3:05.64
2016	BEL	3:01.10	POL	3:01.18	GBR	3:01.44
2014	GBR	2:58.79	RUS	2:59.38	POL	2:59.85
2012	BEL	3:01.09	GBR	3:01.56	GER	3:01.77
2010	RUS	3:02.14	GBR	3:02.25	BEL	3:02.60
2006	FRA	3:01.10	GBR	3:01.63	POL	3:01.73
2002	GBR	3:01.25	RUS	3:01.34	FRA	3:02.76
1998	GBR	2:58.68	POL	2:58.88	ESP	3:02.47

Last six Asian Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2023	IND	3:01.58	QAT	3:02.05	SRI	3:02.55
2018	QAT	3:00.56	IND	3:01.85	JPN	3:01.94
2014	JPN	3:01.88	KOR	3:04.03	KSA	3:04.03
2010	KSA	3:02.30	JPN	3:02.43	CHN	3:03.66
2006	KSA	3:05.31	IND	3:06.65	SRI	3:06.97
2002	KSA	3:02.47	IND	3:04.22	SRI	3:04.37
1998	JPN	3:01.70	IND	3:02.62	KOR	3:05.72

Last eleven Asian Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2023	SRI	3:01.56	IND	3:01.80	QAT	3:04.26
2019	JPN	3:02.94	CHN	3:03.55	QAT	3:03.95
2017	IND	3:02.92	SRI	3:04.80	THA	3:06.48
2015	QAT	3:02.50	KSA	3:02.62	JPN	3:03.47
2013	KSA	3:02.53	JPN	3:04.46	SRI	3:04.92
2011	JPN	3:04.72	KSA	3:08.03	IRI	3:08.58
2009	JPN	3:04.13	CHN	3:06.60	IND	3:06.83
2007	KSA	3:05.96	SRI	3:07.29	IND	3:07.94
2005	JPN	3:03.51	SRI	3:04.12	IND	3:07.45
2003	SRI	3:03.05	JPN	3:03.59	QAT	3:04.32
2002	SRI	3:03.35	IND	3:06.76	JPN	3:07.09
2000	SRI	3:02.71	IND	3:02.78	KSA	3:05.00

Last six All Africa Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2024	ZAM	2:59.12	BOT	2:59.32	NGR	3:01.84
2019	BOT	3:02.95	RSA	3:03.18	NGR	3:03.42
2015	KEN	3:00.34	BOT	3:00.95	ALG	3:03.07
2011	KEN	3:03.10	NGR	3:05.26	BOT	3:05.92
2007	BOT	3:03.16	NGR	3:03.99	ZIM	3:04.84
2003	BOT	3:02.24	NGR	3:04.49	ZIM	3:05.62
1999	NGR	3:02.10	RSA	3:01.34	KEN	3:01.73

Last ten African Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2024	BOT	3:02.23	KEN	3:02.34	ZAM	3:02.56
2022	BOT	3:04.27	ZAM	3:05.53	NGR	3:07.05
2018	KEN	3:00.92	RSA	3:03.50	NGR	3:04.88
2016	BOT	3:02.20	KEN	3:04.25	RSA	3:04.73
2014	BOT	3:01.89	NGR	3:03.09	KEN	3:07.35
2012	NGR	3:03.39	RSA	3:04.01	KEN	3:04.12
2010	KEN	3:02.96	BOT	3:05.16	NGR	3:06.53
2008	RSA	3:03.58	SUD	3:04.00	SEN	3:05.93
2006	KEN	3:06.78	RSA	3:07.65	BOT	3:08.13
2004	ZIM	3:02.38	NGR	3:02.66	RSA	3:03.81
2002	MAR	3:09.72	MRI	3:10.14	SEN	3:14.40
2000	ALG	3:05.45	BOT	3:06.07	SEN	3:06.53

Last six Pan American Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2023	BRA	3:03.92	MEX	3:04.22	DOM	3:05.98
2019	COL	3:01.41	USA	3:01.72	TTO	3:02.25
2015	TTO	2:59.60	USA	3:00.21	BAH	3:00.34
2011	CUB	2:59.43	DOM	3:00.44	VEN	3:00.82
2007	BAH	3:01.94	USA	3:02.44	DOM	3:02.48
2003	JAM	3:01.81	USA	3:01.87	DOM	3:02.02
1999	JAM	2:57.97	BRA	2:58.56	USA	3:00.94

Last six Commonwealth Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2022	TTO	3:01.29	BOT	3:01.85	KEN	3:02.41
2018	BOT	3:01.78	BAH	3:01.92	JAM	3:01.97
2014	ENG	3:00.46	BAH	3:00.51	TTO	3:01.51

2010	AUS	3:03.30	KEN	3:03.84	ENG	3:03.97
2006	AUS	3:00.93	RSA	3:01.84	JAM	3:01.94
2002	ENG	3:00.40	WAL	3:00.41	BAH	3:01.35
1998	JAM	2:59.03	ENG	3:00.82	WAL	3:01.86

Fastest Performances in March (only indoor performances are listed)

Performance	Performer	Time	Team	Pos	Venue	DMY
1	1	3:00.77	USC	1	College Station-NCAA	10 Mar 2018
2	2	3:01.39	Texas A&M	2	College Station-NCAA	10 Mar 2018
3	3	3:01.43	Florida	3	College Station-NCAA	10 Mar 2018
4	4	3:01.77	POL	1	Birmingham – WC	4 Mar 2018

Combined 2025 & 2026 World Indoor List

Performance	Performer	Time	Nation	Pos	Venue	DMY
1	1	3:00.86	South Carolina	1	Clemson	14 Feb 2026
2		3:02.07	South Carolina	1	Fayetteville – NCAA	14 Mar 2026
3	2	3:02.15	Florida	1	Fayetteville	14 Feb 2026
4	3	3:02.21	Texas A&M	1	Clemson	15 Feb 2025
5	4	3:02.29	Alabama	2	Clemson	14 Feb 2026
6	5	3:02.46	Tennessee	2	Fayetteville	14 Feb 2026
7	6	3:02.55	USC	1	Lubbock	23 Jan 2026
8		3:02.71	Texas A&M	1	Louisville	31 Jan 2026
9		3:02.80	Florida	1	Lubbock	18 Jan 2025
10		3:02.88	Texas A&M	1	College Station	8 Feb 2025
11	7	3:03.05	LSU	1	Fayetteville	14 Feb 2026
12		3:03.09	Texas A&M	1	College Station	1 Mar 2025

Please send corrections to KKenNakamura@gmail.com

The new records set in WC will be reported through my twitter account @KKenNakamura