

U.S. Rankings — Women's Heptathlon

6 different versions

(1956–1980 was pentathlons 1981–present is heptathlons)

•1956–60: Day 1 was
SP, HJ, 200
Day 2 was 80H, LJ

1961–68: Day 1 was
80H, SP, HJ
Day 2 was LJ, 200

•1969–76: Day 1 was
100H, SP, HJ
Day 2 was LJ, 200

•1976–80: Day 1 was 100H,
SP, HJ
Day 2 was LJ, 800

•1981: Day 1 was
100H, SP, HJ, 200
Day 2 was LJ, JT, 800

•1982–present: Day 1 is
100H, HJ, SP, 200
Day 2 is LJ, JT, 800

Places for 1956–75 reflect only those Americans who made the World Rankings

1956–63

(no U.S. in World Ranks)

1964

1.....Pat Winslow

1965–66

(no U.S. in World Ranks)

1967

1.....Pat Winslow

1968

1.....Pat Winslow



Sharon Day-Monroe's career included 5 No. 1s and a pair of No. 2s

U.S. Rankings — Women's Heptathlon

1969–74

(no U.S. in World Ranks)

1975

1.....Jane Frederick

1976

1.....Jane Frederick

2.....Gale Fitzgerald

3.....Marilyn King

4....Marilyn Linsenmeyer

5.....Dana Collins

6.....Mitzi McMillin

7.....Heidi Hertz

8.....Kerry Bell

9.....Nancy Kindig

10.....Teri Seippel

1977

1.....Jane Frederick

2.....Patsy Walker

3.....Dana Collins

4.....Linda Cornelius

5.....Teri Seippel

6.....Judy Fontaine

7.....Kerry Bell

8.....Heidi Hertz

9.....Denise Cornell

10.....Cyndie Cummings

1978

1.....Jane Frederick

2.....Jodi Anderson

3.....Judy Fontaine

4.....Denise Cornell

5.....Dana Collins

6.....Patsy Walker

7.....Linda Cornelius

8.....Heidi Hertz

9.....Nancy Kindig

10.....Judy Pollion

1979

1.....Jane Frederick

2.....Jodi Anderson

3.....Linda Waltman

4.....Brenda Wilson

5.....Mary Harrington

6.....Theresa Smith

7.....Patsy Walker

8.....Nancy Malloy

9.....Judy Fontaine

10.....Joan Russell

1980

1.....Jodi Anderson

2.....Linda Waltman

3.....Marlene Harmon

4.....Marilyn King

5.....Cindy Gilbert

6.....Joan Russell

7.....Teri Seippel

8.....Susan Brownell

9.....Mary Harrington

10.....Theresa Smith

1981

1.....Jane Frederick

2....Jackie Joyner-Kersee

3.....Patsy Walker

4.....Marlene Harmon

5.....Nancy Kindig

6.....Mary Harrington

7.....Theresa Smith

8.....Cindy Greiner

9.....Joan Russell

10.....Jenny Stary

1982

1.....Jane Frederick

2....Jackie Joyner-Kersee

3.....Cindy Greiner

4.....Marlene Harmon

5.....Patsy Walker

6.....Susan Brownell

7.....Renee Nickles

8.....Susie Ray

9.....Carrie McLaughlin

10.....Kerry Bell

1983

1.....Jane Frederick

2....Jackie Joyner-Kersee

3.....Marlene Harmon

4.....Cindy Greiner

5.....Patsy Walker

6.....Mary Harrington

7.....Joan Russell

8.....Susie Ray

9.....Tonja Alston

10.....Debra Larsen

1984

1.....Jane Frederick

2....Jackie Joyner-Kersee

3.....Cindy Greiner

4.....Jodi Anderson

5.....Patsy Walker

6.....Joan Russell

7.....Marlene Harmon

8.....Debra Larsen

9.....Sheila Tarr

10.....Kerry Bell

1985

1.....Jane Frederick

2....Jackie Joyner-Kersee

3.....Lauri Young

4.....Carol Lewis

5.....Jolanda Jones

6.....Sheila Tarr

7.....Lana Zimmerman

8.....Janet Nicolls

9.....Susan Brownell

10.....Jill Lancaster

1986

1....Jackie Joyner-Kersee

2.....Cindy Greiner

3.....Jane Frederick

4.....Jolanda Jones

5.....Debra Larsen

6.....Janet Nicolls

7.....Lana Zimmerman

8.....Cathey Tyree

9.....Heidi Mann

10.....Cheryl Wilson

U.S. Rankings — Women's Heptathlon

1987

- 1.... Jackie Joyner-Kersey
- 2.....Jane Frederick
- 3..... Cindy Greiner
- 4..... Jolanda Jones
- 5..... Wendy Brown
- 6..... Sheila Tarr
- 7..... Cathey Tyree
- 8..... Anita Behrbaum
- 9..... Heidi Mann
- 10..... Terri Hairston

1988

- 1.... Jackie Joyner-Kersey
- 2..... Cindy Greiner
- 3..... Wendy Brown
- 4..... Jane Frederick
- 5..... Anita Behrbaum
- 6..... Sheila Tarr
- 7..... Crystal Young
- 8..... Terri Hairston
- 9..... Trish King
- 10..... Sharon Hanson

1989

- 1..... Jolanda Jones
- 2..... Gea Johnson
- 3..... Sharon Hanson
- 4..... Cathey Tyree
- 5..... Anita Behrbaum
- 6..... Cheryl Wilson
- 7..... Teri LeBlanc
- 8..... Jamie McNear
- 9..... Crystal Young
- 10..... Tonya Sedwick

1990

- 1.... Jackie Joyner-Kersey
- 2..... Gea Johnson
- 3..... Cindy Greiner
- 4..... Sharon Hanson
- 5..... Jamie McNear
- 6..... Kym Carter
- 7..... Cheryl Wilson
- 8..... DeDee Nathan
- 9..... Cathey Tyree
- 10..... Debra Larsen

1991

- 1.... Jackie Joyner-Kersey
- 2..... Cindy Greiner
- 3..... Kym Carter
- 4..... Sharon Hanson
- 5..... DeDee Nathan
- 6..... Jamie McNear
- 7..... Trevaia Davis
- 8..... Terri Hairston
- 9..... Pam Connell
- 10..... Angie Taylor

1992

- 1.... Jackie Joyner-Kersey
- 2..... Cindy Greiner
- 3..... Kym Carter
- 4..... Gea Johnson
- 5..... DeDee Nathan
- 6..... Sharon Hanson
- 7..... Jamie McNear
- 8..... Crystal Young
- 9..... Cris Hall
- 10..... Angie Taylor

1993

- 1.... Jackie Joyner-Kersey
- 2..... Kym Carter
- 3..... DeDee Nathan
- 4.... Kelly Blair-LaBounty
- 5..... Shana Williams
- 6..... Clare Look-Jaeger
- 7..... Wendi Raatjes
- 8..... Terry Roy
- 9..... Denise Brungardt
- 10..... Sharyn Slachetka

1994

- 1.... Jackie Joyner-Kersey
- 2..... Kym Carter
- 3..... Jamie McNear
- 4..... DeDee Nathan
- 5.... Kelly Blair-LaBounty
- 6..... Sharon Hanson
- 7..... Clare Look-Jaeger
- 8..... Terry Roy
- 9..... Peggy Odita
- 10..... Marvena Almond

1995

- 1..... Kym Carter
- 2.... Jackie Joyner-Kersey
- 3.... Kelly Blair-LaBounty
- 4..... DeDee Nathan
- 5..... Jamie McNear
- 6..... Sharon Hanson
- 7..... Tonya Sedwick
- 8..... Ali McKnight
- 9..... Marla Runyan
- 10..... Shelia Burrell

1996

- 1..... Kelly Blair-LaBounty
- 2..... Sharon Hanson
- 3.... Jackie Joyner-Kersey
- 4..... Kym Carter
- 5..... DeDee Nathan
- 6..... Jamie McNear
- 7..... Wendi Raatjes
- 8..... Corissa Yasen
- 9..... Nicole Haynes
- 10..... Marla Runyan

1997

- 1..... Kelly Blair-LaBounty
- 2..... DeDee Nathan
- 3..... Kym Carter
- 4..... Tiffany Lott-Hogan
- 5..... Ali McKnight
- 6..... Jamie McNear
7. Tracye Lawyer-Thomas
- 8..... Heather Sterlin
- 9..... Nicole Haynes
- 10..... Trina Bindel

1998

- 1.... Jackie Joyner-Kersey
- 2.... Kelly Blair-LaBounty
- 3..... DeDee Nathan
- 4..... Shelia Burrell
- 5..... Tiffany Lott-Hogan
- 6..... Wendi Raatjes
- 7..... Trina Bindel
8. Tracye Lawyer-Thomas
- 9..... Nicole Haynes
- 10..... Candy Mason

U.S. Rankings — Women's Heptathlon

1999

- 1.....DeDee Nathan
- 2.....Shelia Burrell
- 3..... Tiffany Lott-Hogan
- 4..... Nicole Haynes
5. Tracye Lawyer-Thomas
- 6..... Wendi Raatjes
- 7..... Robin Unger
- 8..... Christi Smith
- 9.... Ellannee Richardson
- 10.....Alicia Brimhall

2000

- 1.....DeDee Nathan
- 2.....Shelia Burrell
- 3..... Kelly Blair-LaBounty
- 4..... Tiffany Lott-Hogan
- 5..... Nicole Haynes
- 6..... Wendi Raatjes
7. Tracye Lawyer-Thomas
- 8..... Christi Smith
- 9..... Gi-Gi Johnson
- 10..... Aja Frary

2001

- 1.....Shelia Burrell
- 2.....DeDee Nathan
- 3..... Gi-Gi Johnson
4. Tracye Lawyer-Thomas
- 5..... Michelle Perry
- 6..... Heather Sterlin
- 7..... Aja Frary
- 8..... Kim Schiemenz
- 9.... Ellannee Richardson
- 10..... Christi Smith

2002

- 1.....Shelia Burrell
- 2.....DeDee Nathan
- 3.... Ellannee Richardson
- 4..... Kim Schiemenz
- 5..... Gi-Gi Johnson
- 6..... Meredith Davis
- 7..... Tacita Bass
- 8..... Heather Sterlin
- 9..... Lindsay Taylor
- 10..... Robin Unger

2003

- 1.....Shelia Burrell
- 2..... Kim Schiemenz
- 3..... Tiffany Lott-Hogan
- 4..... Hyleas Fountain
- 5.... Ellannee Richardson
- 6..... Gi-Gi Johnson
- 7.....DeDee Nathan
- 8..... Robin Unger
- 9..... Missy Vanek
- 10.....Josie Hahn

2004

- 1.....Shelia Burrell
- 2..... Michelle Perry
- 3..... Tiffany Lott-Hogan
- 4..... Hyleas Fountain
- 5.....DeDee Nathan
- 6..... Gi-Gi Johnson
- 7..... Heather Sterlin
- 8..... Michelle Moran
- 9..... Jackie Johnson
- 10..... Fiona Asigbee

2005

- 1..... Hyleas Fountain
- 2..... Gi-Gi Johnson
- 3..... Fiona Asigbee
4. Tracye Lawyer-Thomas
- 5.....Lela Nelson
- 6.....Jessica Stockard
- 7.....Jackie Poulson
- 8..... Ashley Selig
- 9..... Tacita Bass
- 10..Danielle Ayers-Stamper

2006

- 1..... Gi-Gi Johnson
- 2..... Hyleas Fountain
- 3..... Fiona Asigbee
- 4..... Jackie Johnson
- 5..... Diana Pickler
- 6.....Lela Nelson
- 7..... Tracy Partain
- 8.....Jackie Poulson
- 9.....Julie Pickler
- 10..... Danielle McNaney

2007

- 1..... Diana Pickler
- 2..... Hyleas Fountain
- 3..... Gi-Gi Johnson
- 4..... Jackie Johnson
- 5..... Fiona Asigbee
- 6.....Lela Nelson
- 7.....Julie Pickler
- 8.....Ryanne Dupree
- 9..... Gayle Hunter
- 10..... Danielle McNaney

2008

- 1..... Hyleas Fountain
- 2..... Jackie Johnson
- 3..... Diana Pickler
- 4..... Gi-Gi Johnson
- 5.....Lela Nelson
- 6..... Liz Roehrig
- 7.....Julie Pickler
- 8..... Fiona Asigbee
- 9..... Ashley Wilhelm
- 10..... Bettie Wade

2009

- 1..... Sharon Day-Monroe
- 2..... Diana Pickler
- 3..... Liz Roehrig
- 4..... Bettie Wade
- 5..... Jackie Johnson
- 6.....Lela Nelson
- 7..... Kalindra McFadden
- 8..... Nia Ali
- 9..... Gayle Hunter
- 10..... Aisha Adams

2010

- 1..... Hyleas Fountain
- 2..... Sharon Day-Monroe
- 3..... Bettie Wade
- 4..... Diana Pickler
- 5.....Kasey Hill
- 6..... Emily Pearson
- 7..... Aisha Adams
- 8..... Ryann Kraus
- 9.....Abbie Stechschulte
- 10.....Kiani Profit

U.S. Rankings — Women's Heptathlon

2011

- 1..... Sharon Day-Monroe
- 2..... Ryann Kraiss
- 3..... Bettie Wade
- 4..... Chantae McMillan
- 5..... Abbie Stechschulte
- 6..... Hyleas Fountain
- 7..... Emily Pearson
- 8... Chelsea Carrier-Eades
- 9..... Daphne Fitzpatrick
- 10..... Barbara Nwaba

2012

- 1..... Hyleas Fountain
- 2..... Sharon Day-Monroe
- 3..... Chantae McMillan
- 4..... Bettie Wade
- 5..... Barbara Nwaba
- 6..... Abbie Stechschulte
- 7..... Lindsay Lettow
- 8... Chelsea Carrier-Eades
- 9..... Heather Miller-Koch
- 10..... Ryann Kraiss

2013

- 1..... Sharon Day-Monroe
- 2..... Bettie Wade
- 3..... Erica Bougard
- 4..... Lindsay Vollmer
- 5..... Kiani Profit
- 6... Chelsea Carrier-Eades
- 7..... Ryann Kraiss
- 8..... Heather Miller-Koch
- 9..... Keia Pinnick
- 10..... Lindsay Schwartz

2014

- 1..... Sharon Day-Monroe
- 2..... Barbara Nwaba
- 3..... Erica Bougard
- 4..... Heather Miller-Koch
- 5..... Kiani Profit
- 6..... Sami Spenner
- 7..... Kendell Williams
- 8..... Lindsay Schwartz
- 9..... Breanna Leslie
- 10..... Allison Reaser

2015

- 1..... Sharon Day-Monroe
- 2..... Barbara Nwaba
- 3..... Erica Bougard
- 4..... Heather Miller-Koch
- 5..... Kendell Williams
- 6..... Quintunya Chapman
- 7..... Chantae McMillan
- 8..... Lindsay Lettow
- 9..... Jena Hemann
- 10..... Sami Spenner

2016

- 1..... Barbara Nwaba
- 2..... Kendell Williams
- 3..... Heather Miller-Koch
- 4..... Sharon Day-Monroe
- 5..... Chantae McMillan
- 6..... Erica Bougard
- 7..... Quintunya Chapman
- 8..... Annie Kunz
- 9..... Lindsay Schwartz
- 10..... Lindsay Lettow

2017

- 1..... Kendell Williams
- 2..... Erica Bougard
- 3..... Sharon Day-Monroe
- 4..... Alex Gochenour
- 5..... Taliyah Brooks
- 6..... Lindsay Schwartz
- 7..... Allison Reaser
- 8..... Chari Hawkins
- 9..... Payton Stumbaugh
- 10..... Emilyn Dearman

2018

- 1..... Erica Bougard
- 2..... Chari Hawkins
- 3..... Lindsay Schwartz
- 4..... Allison Reaser
5. Alissa Brooks-Johnson
- 6..... Madeline Holmberg
- 7..... Taliyah Brooks
- 8..... Annie Kunz
- 9..... Kendall Gustafson
- 10 Ashtin Zamzow Mahler

2019

- 1..... Erica Bougard
- 2..... Kendell Williams
- 3..... Chari Hawkins
- 4..... Annie Kunz
- 5.. Ashtin Zamzow Mahler
- 6..... Emilyn Dearman
- 7..... Riley Cooks
- 8..... Michelle Atherley
- 9..... Kendall Gustafson
- 10..... Hope Bender

2021

- 1..... Kendell Williams (Nike)
- 2..... Annie Kunz (unattached)
- 3..... Erica Bougard (Nike)
- 4..... Michelle Atherley (Miami)
- 5... Ashtin Zamzow Mahler (Tracksmith)
- 6..... Chari Hawkins (On AC)
- 7.. Juanita Webster-Freeman (S Bay TC)
- 8..... Anna Hall (Georgia)
- 9..... Taliyah Brooks (Asics)
- 10..... Riley Cooks (Oiselle)

U.S. Rankings — Women's Heptathlon

2022

- 1.....Anna Hall (Florida)
- 2...Ashtin Zamzow Mahler (Tracksmith)
- 3.....Michelle Atherley (unattached)
- 4.....Chari Hawkins (On AC)
- 5.....Erin Marsh (Duke)
- 6.....Allie Jones (Stanford)
- 7.....Sterling Lester (Florida)
- 8.....Lexie Keller (Colorado State)
9. Alissa Brooks-Johnson (unattached)
- 10.....Sarah Glidden (unattached)

2023

- 1.....Anna Hall (adidas)
- 2.....Chari Hawkins (unattached)
- 3.....Taliyah Brooks (Asics)
- 4.....Annie Kunz (Chula Vista Elite)
- 5.....Erin Marsh (unattached)
- 6.....Jordan Gray (Multistars Inc)
- 7.....Allie Jones (USC)
- 8.....Jenelle Rogers (Ball State)
- 9.....Shaina Burns (unattached)
- 10.....Jadin O'Brien (Notre Dame)

2024

- 1.....Anna Hall (adidas)
- 2.....Michelle Atherley (unattached)
- 3.....Taliyah Brooks (Asics)
- 4.....Chari Hawkins (Brooks)
- 5.....Allie Jones (unattached)
- 6.....Timara Chapman (Texas A&M)
- 7.....Jadin O'Brien (Notre Dame)
- 8.....Erica Bougard (New York AC)
- 9.....Annie Kunz (unattached)
- 10..Ashtin Zamzow Mahler (Tracksmith)

2025

- 1.....Anna Hall (adidas)
- 2.....Taliyah Brooks (Asics)
- 3.....Michelle Atherley (unattached)
- 4.....Allie Jones (unattached)
- 5.....Jadin O'Brien (Notre Dame)
- 6.....Erin Marsh (VS Athletics)
- 7.....Timara Chapman (unattached)
- 8.....Katie Eidem (unattached)
- 9.....Lexie Keller (VS Athletics)
- 10.....Blakelee Winn (Pittsburg State)