

World Rankings — Women's 10,000



1956–1980

(rankings not done)

1981

- 1.....Yelena Sipatova (Soviet Union)
- 2..... Olga Bondarenko (Soviet Union)
- 3..... Yelena Tsukhlo (Soviet Union)
- 4.....Anna Oyun (Soviet Union)
- 5.....Lidia Klyukina (Soviet Union)
- 6..... Natalya Boborova (Soviet Union)
- 7.....Mariya Danilyuk (Soviet Union)
- 8..... Galina Zakharova (Soviet Union)
- 9.... Anna Domoratskaya (Soviet Union)
- 10..... Akemi Masuda (Japan)

1982

- 1.....Mary Slaney (US)
- 2.... Anna Domoratskaya (Soviet Union)
- 3.....Raisa Sadreydinova (Soviet Union)
- 4..... Lyudmila Baranova (Soviet Union)
- 5..... Svetlana Ulmasova (Soviet Union)
- 6..... Galina Zakharova (Soviet Union)
- 7..... Gabriele Riemann (East Germany)
- 8..... Nanae Sasaki (Japan)
- 9..... Kim Schnurpfeil (US)
- 10..... Anne-Marie Malone (Canada)

1983

- 1.....Raisa Sadreydinova (Soviet Union)
- 2..... Lyudmila Baranova (Soviet Union)
- 3..... Olga Bondarenko (Soviet Union)
- 4..... Aurora Cunha (Portugal)
- 5..... Charlotte Teske (West Germany)
- 6..... Dorte Rasmussen (Denmark)
- 7.. Tatyana Pozdnyakova (Soviet Union)
- 8..... Anne Audain (New Zealand)
- 9..... Nancy Rooks (Canada)
- 10.. Lyudmila Matveyeva (Soviet Union)

1984

- 1..... Olga Bondarenko (Soviet Union)
- 2..... Galina Zakharova (Soviet Union)
- 3..... Ulrike Bruns (East Germany)
- 4..... Joan Samuelson (US)
- 5..... Zhanna Tursunova (Soviet Union)
- 6.... Lyubov Konyukhova (Soviet Union)
- 7.... Anna Domoratskaya (Soviet Union)
- 8..... Raisa Smekhnova (Soviet Union)
- 9..... Kathy Hayes (US)
- 10.. Lyudmila Matveyeva (Soviet Union)

1985

- 1..... Ingrid Kristiansen (Norway)
- 2..... Olga Bondarenko (Soviet Union)
- 3..... Aurora Cunha (Portugal)
- 4..... Svetlana Guskova (Soviet Union)
- 5..... Francie Larrieu Smith (US)
- 6..... Mary Knisely (US)
- 7... Marina Rodchenkova (Soviet Union)
- 8..... Kirsten O'Hara (US)
- 9..... Lynn Jennings (US)
- 10..... Yelizaveta Bradu (Soviet Union)

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1986

- 1..... Ingrid Kristiansen (Norway)
- 2..... Olga Bondarenko (Soviet Union)
- 3..... Ulrike Bruns (East Germany)
- 4..... Aurora Cunha (Portugal)
- 5..... Svetlana Guskova (Soviet Union)
- 6..... Yelena Zhupiyeva (Soviet Union)
- 7..... Liz McColgan (Great Britain)
- 8..... Anne Audain (New Zealand)
- 9..... Karolina Szabó (Hungary)
- 10.. Natalya Sorokivskaya (Soviet Union)

1987

- 1..... Ingrid Kristiansen (Norway)
- 2..... Yelena Zhupiyeva (Soviet Union)
- 3..... Kathrin Wessel (East Germany)
- 4..... Olga Bondarenko (Soviet Union)
- 5..... Liz McColgan (Great Britain)
- 6..... Lynn Jennings (US)
- 7..... Albertina Machado (Portugal)
- 8..... Xiuting Wang (China)
- 9..... Anne Audain (New Zealand)
- 10..... Angela Tooby (Great Britain)

1988

- 1..... Olga Bondarenko (Soviet Union)
- 2..... Liz McColgan (Great Britain)
- 3..... Yelena Zhupiyeva (Soviet Union)
- 4..... Kathrin Wessel (East Germany)
- 5..... Ingrid Kristiansen (Norway)
- 6..... Francie Larrieu Smith (US)
- 7..... Lynn Jennings (US)
- 8... Lyudmila Matveyeva (Soviet Union)
- 9..... Xiuting Wang (China)
- 10..... Lynn Nelson (US)

1989

- 1..... Kathrin Wessel (East Germany)
- 2..... Ingrid Kristiansen (Norway)
- 3..... Viorica Ghican (Romania)
- 4..... Iris Biba (West Germany)
- 5.. Natalya Sorokivskaya (Soviet Union)
- 6..... Masami Ishizaka (Japan)
- 7..... Kumi Araki (Japan)
- 8..... Miyoko Asahina (Japan)
- 9..... Akemi Matsuno (Japan)
- 10..... Anne Audain (New Zealand)

1990

- 1..... Yelena Romanova (Soviet Union)
- 2..... Kathrin Wessel (East Germany)
- 3..... Viorica Ghican (Romania)
- 4..... Annette Sergent (France)
- 5..... Midde Hamrin (Sweden)
- 6..... Uta Pippig (West Germany)
- 7..... Wanda Panfil (Poland)
- 8..... Jill Hunter (Great Britain)
- 9..... Päivi Tikkanen (Finland)
- 10..... Huandi Zhong (China)

1991

- 1..... Liz McColgan (Great Britain)
- 2..... Huandi Zhong (China)
- 3..... Kathrin Wessel (Germany)
- 4..... Xiuting Wang (China)
- 5..... Lynn Jennings (US)
- 6..... Uta Pippig (Germany)
- 7..... Ingrid Kristiansen (Norway)
- 8..... Derartu Tulu (Ethiopia)
- 9..... Jill Hunter (Great Britain)
- 10..... Elana Meyer (South Africa)

1992

- 1..... Derartu Tulu (Ethiopia)
- 2..... Elana Meyer (South Africa)
- 3..... Lynn Jennings (US)
- 4..... Huandi Zhong (China)
- 5..... Liz McColgan (Great Britain)
- 6..... Xiuting Wang (China)
- 7..... Lisa Ondieki (Australia)
- 8..... Uta Pippig (Germany)
- 9..... Kathrin Wessel (Germany)
- 10..... Judi St. Hilaire (US)

1993

- 1..... Junxia Wang (China)
- 2..... Huandi Zhong (China)
- 3..... Sally Barsosio (Kenya)
- 4..... Tegla Loroupe (Kenya)
- 5..... Lynn Jennings (US)
- 6..... Maria Ferreira (Portugal)
- 7..... Albertina Dias (Portugal)
- 8..... Anne Marie Lauck (US)
- 9..... Uta Pippig (Germany)
- 10..... Fernanda Ribeiro (Portugal)

World Rankings — Women's 10,000

1994

- 1.....Junxia Wang (China)
- 2..... Yvonne Murray (Great Britain)
- 3.....Elana Meyer (South Africa)
- 4.....Fernanda Ribeiro (Portugal)
- 5.....Li Dong (China)
- 6..... Maria Ferreira (Portugal)
- 7.....Daria Nauer (Switzerland)
- 8..... Kathrin Wessel (Germany)
- 9.....Huandi Zhong (China)
- 10..... Catherina McKiernan (Ireland)

1995

- 1.....Fernanda Ribeiro (Portugal)
- 2..... Derartu Tulu (Ethiopia)
- 3..... Catherina McKiernan (Ireland)
- 4..... Tegla Loroupe (Kenya)
- 5.....Maria Guida (Italy)
- 6.....Elana Meyer (South Africa)
- 7.....Liz McColgan (Great Britain)
- 8.....Alla Zhilyayeva (Russia)
- 9.....Hiromi Suzuki (Japan)
- 10.....Annemari Sandell (Finland)

1996

- 1.....Fernanda Ribeiro (Portugal)
- 2.....Junxia Wang (China)
- 3.....Gete Wami (Ethiopia)
- 4.....Derartu Tulu (Ethiopia)
- 5.....Julia Vaquero (Spain)
- 6.....Masako Chiba (Japan)
- 7.....Yuko Kawakami (Japan)
- 8.....Tegla Loroupe (Kenya)
- 9.....Iulia Negura (Romania)
- 10.....Sally Barsosio (Kenya)

1997

- 1.....Sally Barsosio (Kenya)
- 2.....Fernanda Ribeiro (Portugal)
- 3.....Masako Chiba (Japan)
- 4.....Nyla Carroll (New Zealand)
- 5.....Berhane Adere (Ethiopia)
- 6.....Xiujuan Ren (China)
- 7.....Tegla Loroupe (Kenya)
- 8.....Harumi Hiroyama (Japan)
- 9.....Julia Vaquero (Spain)
- 10.....Silvia Sommaggio (Italy)

1998

- 1.....Sonia O'Sullivan (Ireland)
- 2.....Fernanda Ribeiro (Portugal)
- 3.....Paula Radcliffe (Great Britain)
- 4.....Lidia Simon (Romania)
- 5.....Olivera Jevtić (Yugoslavia)
- 6.....Zhaoxia Dong (China)
- 7.....Yuko Kawakami (Japan)
- 8.....Chiemi Takahashi (Japan)
- 9.....Leah Malot (Kenya)
- 10.....Esther Wanjiru (Kenya)

1999

- 1.....Gete Wami (Ethiopia)
- 2.....Paula Radcliffe (Great Britain)
- 3.....Tegla Loroupe (Kenya)
- 4.....Leah Malot (Kenya)
- 5.....Merima Hashim (Ethiopia)
- 6.....Merima Denboba (Ethiopia)
- 7.....Harumi Hiroyama (Japan)
- 8.....Chiemi Takahashi (Japan)
- 9.....Berhane Adere (Ethiopia)
- 10.....Yuko Kawakami (Japan)

2000

- 1.....Derartu Tulu (Ethiopia)
- 2.....Gete Wami (Ethiopia)
- 3.....Fernanda Ribeiro (Portugal)
- 4.....Paula Radcliffe (Great Britain)
- 5.....Tegla Loroupe (Kenya)
- 6.....Sonia O'Sullivan (Ireland)
- 7.....Ji Li (China)
- 8.....Elana Meyer (South Africa)
- 9.....Lidiya Grigoryeva (Russia)
- 10.....Yuko Kawakami (Japan)

2001

- 1.....Derartu Tulu (Ethiopia)
- 2.....Berhane Adere (Ethiopia)
- 3.....Gete Wami (Ethiopia)
- 4.....Paula Radcliffe (Great Britain)
- 5.....Asmae Leghzaoui (Morocco)
- 6.....Ayelech Worku (Ethiopia)
- 7.....Mihaela Botezan (Romania)
- 8.....Restituta Joseph (Tanzania)
- 9.....Lyudmila Petrova (Russia)
- 10.....Leah Malot (Kenya)

World Rankings — Women's 10,000

2002

- 1..... Paula Radcliffe (Great Britain)
- 2..... Yingjie Sun (China)
- 3..... Sonia O'Sullivan (Ireland)
- 4..... Kayoko Fukushi (Japan)
- 5..... Yoko Shibui (Japan)
- 6..... Deena Kastor (US)
- 7..... Lyudmila Biktasheva (Russia)
- 8..... Mihaela Botezan (Romania)
- 9..... Salina Kosgei (Kenya)
- 10..... Susan Chepkemei (Kenya)

2003

- 1..... Berhane Adere (Ethiopia)
- 2..... Werknesh Kidane (Ethiopia)
- 3..... Yingjie Sun (China)
- 4..... Lornah Kiplagat (Netherlands)
- 5..... Alla Zhilyayeva (Russia)
- 6..... Galina Bogomolova (Russia)
- 7..... Huina Xing (China)
- 8..... Benita Johnson (Australia)
- 9..... Adriana Fernández (Mexico)
- 10..... Ejegayehu Dibaba (Ethiopia)

2004

- 1..... Huina Xing (China)
- 2..... Ejegayehu Dibaba (Ethiopia)
- 3..... Derartu Tulu (Ethiopia)
- 4..... Werknesh Kidane (Ethiopia)
- 5..... Lornah Kiplagat (Netherlands)
- 6..... Paula Radcliffe (Great Britain)
- 7..... Yingjie Sun (China)
- 8..... Jelena Prokopčuka (Latvia)
- 9..... Lidiya Grigoryeva (Russia)
- 10..... Lucy Kabuu (Kenya)

2005

- 1..... Tirunesh Dibaba (Ethiopia)
- 2..... Berhane Adere (Ethiopia)
- 3..... Ejegayehu Dibaba (Ethiopia)
- 4..... Huina Xing (China)
- 5..... Edith Masai (Kenya)
- 6..... Werknesh Kidane (Ethiopia)
- 7..... Galina Bogomolova (Russia)
- 8..... Paula Radcliffe (Great Britain)
- 9..... Irene Kwambai (Kenya)
- 10..... Kayoko Fukushi (Japan)

2006

- 1..... Inga Abitova (Russia)
- 2..... Susanne Wigene (Norway)
- 3..... Lidiya Grigoryeva (Russia)
- 4..... Galina Bogomolova (Russia)
- 5..... Elvan Abeylegesse (Turkey)
- 6..... Kayoko Fukushi (Japan)
- 7..... Lornah Kiplagat (Netherlands)
- 8..... Jelena Prokopčuka (Latvia)
- 9..... Edith Masai (Kenya)
- 10..... Lucy Kabuu (Kenya)

2007¶

- 1..... Tirunesh Dibaba (Ethiopia)
- 2..... Kara Goucher (US)
- 3..... Jo Pavey (Great Britain)
- 4..... Kim Smith (New Zealand)
- 5..... Deena Kastor (US)
- 6..... Mestawat Tufa (Ethiopia)
- 7..... Ejegayehu Dibaba (Ethiopia)
- 8..... Jen Rhines (US)
- 9..... Florence Kiplagat (Kenya)
- 10..... Philes Ongori (Kenya)

2008¶

- 1..... Tirunesh Dibaba (Ethiopia)
- 2..... Shalane Flanagan (US)
- 3..... Linet Masai (Kenya)
- 4..... Mariya Konovalova (Russia)
- 5..... Lucy Kabuu (Kenya)
- 6..... Lornah Kiplagat (Netherlands)
- 7..... Ejegayehu Dibaba (Ethiopia)
- 8..... Kim Smith (New Zealand)
- 9..... Mestawat Tufa (Ethiopia)
- 10..... Kara Goucher (US)

2009

- 1..... Linet Masai (Kenya)
- 2..... Meselech Melkamu (Ethiopia)
- 3..... Wude Ayalew (Ethiopia)
- 4..... Meseret Defar (Ethiopia)
- 5..... Grace Momanyi (Kenya)
- 6..... Amy Begley (US)
- 7..... Florence Kiplagat (Kenya)
- 8..... Yurika Nakamura (Japan)
- 9..... Kim Smith (New Zealand)
- 10..... Kayoko Fukushi (Japan)

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2010†

- 1.....Tirunesh Dibaba (Ethiopia)
- 2..... Meselech Melkamu (Ethiopia)
- 3..... Linet Masai (Kenya)
- 4..... Elvan Abeylegesse (Turkey)
- 5..... Grace Momanyi (Kenya)
- 6..... Inês Monteiro (Portugal)
- 7..... Pauline Korikwang (Kenya)
- 8..... Doris Changeiywo (Kenya)
- 9..... Jéssica Augusto (Portugal)
- 10.....Kayoko Fukushi (Japan)

2011

- 1..... Vivian Cheruiyot (Kenya)
- 2..... Sally Kipyego (Kenya)
- 3..... Linet Masai (Kenya)
- 4..... Priscah Cherono (Kenya)
- 5..... Meselech Melkamu (Ethiopia)
- 6..... Shalane Flanagan (US)
- 7..... Shitaye Eshete (Bahrain)
- 8..... Kayoko Fukushi (Japan)
- 9..... Meseret Defar (Ethiopia)
- 10..... Worknesh Kidane (Ethiopia)

2012

- 1.....Tirunesh Dibaba (Ethiopia)
- 2..... Sally Kipyego (Kenya)
- 3..... Vivian Cheruiyot (Kenya)
- 4..... Florence Kiplagat (Kenya)
- 5..... Worknesh Kidane (Ethiopia)
- 6..... Belaynesh Oljira (Ethiopia)
- 7..... Joyce Chepkirui (Kenya)
- 8..... Shitaye Eshete (Ethiopia)
- 9..... Jo Pavey (Great Britain)
- 10..... Julia Bleasdale (Great Britain)

2013

- 1..... Tirunesh Dibaba (Ethiopia)
- 2..... Meseret Defar (Ethiopia)
- 3..... Gladys Cherono (Kenya)
- 4..... Belaynesh Oljira (Ethiopia)
- 5..... Emily Chebet (Kenya)
- 6..... Hitomi Niiya (Japan)
- 7..... Shitaye Eshete (Bahrain)
- 8..... Selly Chepyego (Kenya)
- 9..... Shalane Flanagan (US)
- 10..... Yeshaneh Ababel (Ethiopia)

2014

- 1..... Joyce Chepkirui (Kenya)
- 2..... Florence Kiplagat (Kenya)
- 3..... Sally Kipyego (Kenya)
- 4..... Molly Huddle (US)
- 5..... Betsy Saina (Kenya)
- 6..... Selly Chepyego (Kenya)
- 7..... Alia Mohamed Saeed (UAE)
- 8..... Changqin Ding (China)
- 9..... Emily Chebet (Kenya)
- 10.....Ayumi Hagiwara (Japan)

2015

- 1..... Vivian Cheruiyot (Kenya)
- 2..... Gelete Burka (Ethiopia)
- 3..... Molly Huddle (US)
- 4..... Emily Infeld (US)
- 5..... Sally Kipyego (Kenya)
- 6..... Shalane Flanagan (US)
- 7..... Alice Nawowuna (Kenya)
- 8..... Gladys Chesire (Kenya)
- 9..... Alemitu Haroye (Ethiopia)
- 10..... Betsy Saina (Kenya)

2016

- 1..... Almaz Ayana (Ethiopia)
- 2..... Vivian Cheruiyot (Kenya)
- 3..... Tirunesh Dibaba (Ethiopia)
- 4..... Alice Nawowuna (Kenya)
- 5..... Betsy Saina (Kenya)
- 6..... Molly Huddle (US)
- 7..... Yasemin Can (Turkey)
- 8..... Gelete Burka (Ethiopia)
- 9..... Netsanet Gudeta (Ethiopia)
- 10..... Genet Ayalew (Ethiopia)

2017

- 1..... Almaz Ayana (Ethiopia)
- 2..... Tirunesh Dibaba (Ethiopia)
- 3..... Agnes Tirop (Kenya)
- 4..... Alice Nawowuna (Kenya)
- 5..... Gelete Burka (Ethiopia)
- 6..... Senbere Teferi (Ethiopia)
- 7..... Belaynesh Oljira (Ethiopia)
- 8..... Emily Infeld (US)
- 9..... Susan Krumins (Netherlands)
- 10..... Irene Cheptai (Kenya)

World Rankings — Women's 10,000

2018

- 1..... Stacy Ndiwa (Kenya)
- 2..... Pauline Korikwang (Kenya)
- 3..... Stella Chesang (Uganda)
- 4..... Alice Nawowuna (Kenya)
- 5..... Gete Alemayehu (Ethiopia)
- 6..... Pauline Kamulu (Kenya)
- 7..... Mercyline Chelangat (Uganda)
- 8..... Lonah Chemtai Salpeter (Israel)
- 9..... Sandra Tuei (Kenya)
- 10..... Gloria Kite (Kenya)

2019

- 1..... Sifan Hassan (Netherlands)
- 2..... Letesenbet Gidey (Ethiopia)
- 3..... Agnes Tirop (Kenya)
- 4..... Rosemary Wanjiru (Kenya)
- 5..... Hellen Obiri (Kenya)
- 6..... Senbere Teferi (Ethiopia)
- 7..... Netsanet Gudeta (Ethiopia)
- 8..... Susan Krumins (Netherlands)
- 9..... Tsehay Gemechu (Ethiopia)
- 10..... Molly Huddle (US)

2021

- 1..... Sifan Hassan (Netherlands)
- 2..... Kalkidan Gezahegne (Bahrain)
- 3..... Letesenbet Gidey (Ethiopia)
- 4..... Gudaf Tsegay (Ethiopia)
- 5..... Hellen Obiri (Kenya)
- 6..... Francine Niyonsaba (Burundi)
- 7..... Irene Cheptai (Kenya)
- 8..... Tsige Gebreselama (Ethiopia)
- 9..... Tsehay Gemechu (Ethiopia)
- 10..... Yalemzerf Yehualaw (Ethiopia)

2022

- 1..... Letesenbet Gidey (Ethiopia)
- 2..... Hellen Obiri (Kenya)
- 3..... Margaret Kipkemboi (Kenya)
- 4..... Sifan Hassan (Netherlands)
- 5..... Ejgayehu Taye (Ethiopia)
- 6..... Rahel Daniel (Eritrea)
- 7..... Eilish McColgan (Great Britain)
- 8..... Bosenia Mulate (Ethiopia)
- 9..... Caroline Kipkirui (Kazakhstan)
- 10..... Karissa Schweizer (US)

2023

- 1..... Gudaf Tsegay (Ethiopia)
- 2..... Letesenbet Gidey (Ethiopia)
- 3..... Ejgayehu Taye (Ethiopia)
- 4..... Sifan Hassan (Netherlands)
- 5..... Irene Kimais (Kenya)
- 6..... Alicia Monson (US)
- 7..... Mizan Alem (Ethiopia)
- 8..... Agnes Ngetich (Kenya)
- 9..... Grace Loibach Nawowuna (Kenya)
- 10..... Eilish McColgan (Great Britain)

2024

- 1..... Beatrice Chebet (Kenya)
- 2..... Nadia Battocletti (Italy)
- 3..... Gudaf Tsegay (Ethiopia)
- 4..... Sifan Hassan (Netherlands)
- 5..... Margaret Kipkemboi (Kenya)
- 6..... Lilian Rengeruk (Kenya)
- 7..... Fotyen Tesfay (Ethiopia)
- 8..... Tsige Gebreselama (Ethiopia)
- 9..... Ejgayehu Taye (Ethiopia)
- 10..... Janeth Chepngetich (Kenya)

2025

- 1..... Beatrice Chebet (Kenya)
- 2..... Nadia Battocletti (Italy)
- 3..... Gudaf Tsegay (Ethiopia)
- 4..... Agnes Ngetich (Kenya)
- 5..... Janeth Chepngetich (Kenya)
- 6..... Ejgayehu Taye (Ethiopia)
- 7..... Ririka Hironaka (Japan)
- 8..... Joy Cheptoyek (Uganda)
- 9..... Yenawa Kefale (Ethiopia)
- 10..... Miriam Chebet (Kenya)