

## 2025 World Championships Statistics - Women's 20Km Walk by K Ken Nakamura

The records to look for in Tokyo:

- 1) Can Garcia or Perez become third to win this event multiple times?
- 2) Can CHN win multiple medals for the fourth time?

### Summary:

#### All time Performance List at the World Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	1:25:41	Olimpiada Ivanova	RUS	1	Helsinki	2005
2	2	1:26:18	Yang Jiayu	CHN	1	London	2017
3	3	1:26:19	Maria Guadalupe Gonzalez	MEX	2	London	2017
4	4	1:26:36	Antonella Palmisano	ITA	3	London	2017
5	5	1:26:51	Maria Perez	ESP	1	Budapest	2023
6	6	1:26:52	Yelena Nikolayeva	RUS	1	Paris	2003
7	7	1:26:58	Kimberly Garcia Leon	PER	1	Eugene	2022
8	8	1:26:59	Erica De Sena	BRA	4	London	2017
9	9	1:27:05	Rita Turova	BLR	2	Helsinki	2005
10	10	1:27:08	Elena Lashmanova	RUS	1	Moskva	2013

### Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1 min 24 seconds	1:25:41	Olimpiada Ivanova	RUS	Helsinki	2005
	1 min 1 second	1:27:48	Olimpiada Ivanova	RUS	Edmonton	2001
Min	0 second	1:27:45	Liu Hong	CHN	Beijing	2015
	1 second	1:26:18	Yang Jiayu	CHN	London	2017

### Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	1:25:41	Olimpiada Ivanova	RUS	Helsinki	2005
2	1:26:19	Maria Guadalupe Gonzalez	MEX	London	2017
3	1:26:36	Antonella Palmisano	ITA	London	2017
	1:27:26	Antonella Palmisano	ITA	Budapest	2023
4	1:26:59	Erica De Sena	BRA	London	2017
	1:27:32	Kimberly Garcia Leon	PER	Budapest	2023
5	1:27:36	Alegna Gonzalez	MEX	Budapest	2023
6	1:27:40	Glenda Morejon	ECU	Budapest	2023

### World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Maria Perez	ESP	1:26:51	Jemima Montag	AUS	1:27:16	Antonella Palmisano	ITA	1:27:26
2022	Kim Garcia Leon	PER	1:26:58	Katarzyna Zdziebło	POL	1:27:31	Qieyang Shijie	CHN	1:27:56
2019	Liu Hong	CHN	1:32:53	Qieyang Shenjie	CHN	1:33:10	Yang Liuqing	CHN	1:33:17
2017	Yang Jiayu	CHN	1:26:18	Maria Guadalupe Gonzalez	MEX	1:26:19	Antonella Palmisano	ITA	1:26:36
2015	Liu Hong	CHN	1:27:45	Lu Xiuzhi	CHN	1:27:45	Lyudmila Olyanovska	UKR	1:28:13
2013	Elena Lashmanova	RUS	1:27:08	Liu Hong	CHN	1:28:10	Sun Huanhuan	CHN	1:28:32
2011	Liu Hong	CHN	1:30:00	Elisa Rigaud	ITA	1:30:44	Qieyang Shenjie	CHN	1:31:14
2009	Olive Loughnane	IRL	1:28:58	Liu Hong	CHN	1:29:10	Anisya Kirdyapkina	RUS	1:30:09

### All time Performance List at the World Championships

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1	1	1:25:41	Olimpiada Ivanova	RUS	1	Helsinki	2005
2	2	1:26:18	Yang Jiayu	CHN	1	London	2017
3	3	1:26:19	Maria Guadalupe Gonzalez	MEX	2	London	2017
4	4	1:26:36	Antonella Palmisano	ITA	3	London	2017
5	5	1:26:51	Maria Perez	ESP	1	Budapest	2023
6	6	1:26:52	Yelena Nikolayeva	RUS	1	Paris	2003
7	7	1:26:58	Kimberly Garcia Leon	PER	1	Eugene	2022
8	8	1:26:59	Erica De Sena	BRA	4	London	2017
9	9	1:27:05	Rita Turova	BLR	2	Helsinki	2005
10	10	1:27:08	Elena Lashmanova	RUS	1	Moskva	2013
11	11	1:27:11	Anisya Kirdyapkina	RUS	2	Moskva	2013
12	12	1:27:16	Jemima Montag	AUS	2	Budapest	2023
13		1:27:26	Antonella Palmisano		3	Budapest	2023
14	13	1:27:31	Katarzyna Zdziebło	POL	2	Eugene	2022
15		1:27:32	Kimberly Garcia Leon		4	Budapest	2023
16	14	1:27:34	Gillian O'Sullivan	IRL	2	Paris	2003
17	15	1:27:36	Alegna Gonzalez	MEX	5	Budapest	2023
18	16	1:27:40	Glenda Morejon	ECU	6	Budapest	2023
19	17	1:27:45	Liu Hong	CHN	1	Beijing	2015
19	18	1:27:45	Lu Xiuzhi	CHN	2	Beijing	2015
21		1:27:48	Olimpiada Ivanova		1	Edmonton	2001
22	19	1:27:56	Qieyang Shijie	CHN	3	Eugene	2022
23	20	1:28:09	Olga Kaniskina	RUS	1	Berlin	2009
24	21	1:28:10	Valentina Tsybul'skaya	BLR	3	Paris	2003
24		1:28:10	Liu Hong		3	Moskva	2013
24	22	1:28:10	Sandra Arena	COL	5	London	2017
27	23	1:28:13	Lyudmila Olyanov'ska	UKR	3	Beijing	2015
28		1:28:17	Jemima Montag		4	Eugene	2022
29	24	1:28:30	Zhenxia Ma	CHN	7	Budapest	2023
30	25	1:28:32	Sun Huanhuan	CHN	4	Moskva	2013
31	26	1:28:36	Viviane Lyra	BRA	8	Budapest	2023
32	27	1:28:41	Elisa Rigaudó	ITA	5	Moskva	2013
33	28	1:28:44	Susana Feitor	POR	3	Helsinki	2005
34		1:28:49	Valentina Tsybul'skaya		2	Edmonton	2001
34	29	1:28:49	Ana Cabecinha	POR	9	Budapest	2023
36	30	1:28:50	Olena Sobchuk	UKR	10	Budapest	2023
37	31	1:28:51	Maria Vasco	ESP	4	Helsinki	2005
38	32	1:28:53	Tatyana Gudkova	RUS	4	Paris	2003
39	33	1:28:56	Elisabetta Perrone	ITA	3	Edmonton	2001
40		1:28:57	Ana Cabecinha		6	London	2017
41	34	1:28:58	Olive Loughnane	IRL	2	Berlin	2009
42	35	1:29:00	Beatriz Pascual	ESP	6	Moskva	2013
43		1:29:00	Liu Hong		5	Eugene	2022
44	36	1:29:01	Nanako Fujii	JPN	6	Eugene	2022
45	37	1:29:05	Barbora Dibelkova	CZE	5	Helsinki	2005
45	38	1:29:05	Anezka Drahotova	CZE	7	Moskva	2013
47	39	1:29:09	Claudia Stef	ROU	5	Paris	2003
48		1:29:10	Liu Hong		3	Berlin	2009
49		1:29:13	Kimberly Garcia		7	London	2017
50	40	1:29:14	Rossella Giordano	ITA	6	Paris	2003
51		1:29:17	Ana Cabecinha		8	Moskva	2013
52	41	1:29:21	Athina Papayianni	GRE	6	Helsinki	2005
53	42	1:29:25	Julia Takacs	ESP	9	Moskva	2013
54	43	1:29:26	Na Wang	CHN	8	London	2017

55		1:29:29	Ana Cabecinha		4	Beijing	2015
55	44	1:29:29	Laura Garcia-Caro	ESP	9	London	2017
57	45	1:29:34	Athanasia Tsoumeleka	GRE	7	Paris	2003
57		1:29:34	Antonella Palmisano		5	Beijing	2015
59		1:29:36	Lyudmila Olyanovska		11	Budapest	2023
60		1:29:37	Maria Perez		10	London	2017
61		1:29:40	Alegna Gonzale		7	Eugene	2022
61		1:29:40	Jiayu Yang		12	Budapest	2023
63		1:29:42	Olga Kaniskina		1	Daegu	2011
64	46	1:29:44	Melanie Seeger	GER	8	Paris	2003
65	47	1:29:48	Erica Alfridi	ITA	4	Edmonton	2001
66	48	1:29:52	Elisa Regaudo	ITA	7	Helsinki	2005
67		1:29:53	Erica Sena		13	Budapest	2023
68	49	1:29:54	Valentina Trapletti	ITA	8	Eugene	2022
69		1:30:00	Liu Hong		2	Daegu	2011
70	50	1:30:01	Eleonora Giorgi	ITA	10	Moskva	2013
70	51	1:30:01	Mirna Ortiz	GUA	11	London	2017
72	52	1:30:05	Viktoria Madarasz	HUN	12	London	2017
73		1:30:06	Erica De Sena		6	Beijing	2015
74	53	1:30:07	Claudia Stef	ROU	8	Helsinki	2005

**Slowest winning time:** 1:32:53 by Liu Hong (CHN) in 2019; 1:30:50 by Liu Hongyu (CHN) in 1999

### Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1 min 24 seconds	1:25:41	Olimpiada Ivanova	RUS	Helsinki	2005
	1 min 1 second	1:27:48	Olimpiada Ivanova	RUS	Edmonton	2001
Min	0 second	1:27:45	Liu Hong	CHN	Beijing	2015
	1 second	1:26:18	Yang Jiayu	CHN	London	2017
	2 seconds	1:30:50	Liu Hongyu	CHN	Sevilla	1999
	3 seconds	1:27:08	Elena Lashmanova	RUS	Moskva	2013

### Difference between first and third

	Diff	Winning time	3 <sup>rd</sup> place time	Winner's Name	Nat	Venue	Year
Max	3:03	1:25:41	1:27:05	Olimpiada Ivanova	RUS	Helsinki	2005
Min	18 sec	1:26:18	1:26:36	Yang Jiayu	CHN	London	2017
	24 sec	1:32:53	1:33:17	Liu Hong	CHN	Doha	2019
	28 sec	1:30:50	1:31:18	Liu Hongyu	CHN	Sevilla	1999
		1:27:45	1:28:13	Liu Hong	CHN	Beijing	2015

### Difference between third and fourth (medal versus no medal)

	Diff	3 <sup>rd</sup> place time	Name	Nat	Venue	Year
Max	1:16	1:28:13	Lyudmyla Olyanovska	UKR	Beijing	2015
Min	5 sec	1:31:18	Kerry Saxby-Junna	AUS	Sevilla	1999

### Average of last eleven (21<sup>st</sup> century) World Championships

	Average	2023	2022	2019	2017	2015	2013	2011	2009	2007	2005	2003	2001
Winning Time	1:28:08	1:26:51	1:26:58	1:32:53	1:26:18	1:27:45	1:27:08	1:30:12	1:28:58	1:30:09	1:25:41	1:26:52	1:27:48
Winning Medal	1:29:04	1:27:26	1:27:31	1:33:17	1:26:36	1:28:13	1:28:10	1:30:44	1:30:09	1:30:47	1:28:44	1:28:10	1:28:56
8 <sup>th</sup> place	1:31:00	1:28:36	1:29:54	1:35:43	1:29:26	1:30:32	1:29:17	1:31:46	1:31:52	1:33:23	1:30:07	1:29:44	1:31:40

### Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
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1	1:25:41	Olimpiada Ivanova	RUS	Helsinki	2005
2	1:26:19	Maria Guadalupe Gonzalez	MEX	London	2017
	1:27:05	Rita Turova	BLR	Helsinki	2005
3	1:26:36	Antonella Palmisano	ITA	London	2017
	1:27:26	Antonella Palmisano	ITA	Budapest	2023
	1:27:56	Qieyang Shijie	CHN	Eugene	2022
4	1:26:59	Erica De Sena	BRA	London	2017
	1:27:32	Kimberly Garcia Leon	PER	Budapest	2023
	1:28:17	Jemima Montag	AUS	Eugene	2022
	1:28:51	Maria Vasco	ESP	Helsinki	2005
5	1:27:36	Alegna Gonzalez	MEX	Budapest	2023
	1:28:10	Sandra Arenas	COL	London	2017
	1:29:00	Liu Hong	CHN	Eugene	2022
6	1:27:40	Glenda Morejon	ECU	Budapest	2023
	1:28:57	Ana Cabecinha	POR	London	2017
	1:29:01	Nanako Fujii	JPN	Eugene	2022
	1:29:14	Rossella Giordano	ITA	Paris	2003
7	1:28:30	Zhenxia Ma	CHN	Budapest	2017
	1:29:13	Kimberly Garcia	PER	London	2017
	1:29:25	Julia Takacs	ESP	Moskva	2013
	1:29:34	Athanasia Tsoumeleka	GRE	Paris	2003
8	1:28:36	Viviane Lyra	BRA	Budapest	2023
	1:29:26	Wang Na	CHN	London	2017
	1:29:44	Melanie Seeger	GER	Paris	2003

### Best Marks for Places – all competitions

Pos	Time	Name	Nat	Venue	Day Month Year
1	1:23:39	Yelena Lashmanova	RUS	Cheboksary	9 June 2018
	1:23:49	Yang Jiayu	CHN	Huangshan	20 Mar 2021
2	1:24:27	Liu Hong	CHN	Huangsha	20 Mar 2021
	1:24:47	Reykhan Kagramanova	RUS	Sochi	27 Feb 2024
3	1:24:45	Qieyang Shenjie	CHN	Huangsha	20 Mar 2021
	1:25:04	Svetlana Vasilyeva	RUS	Sochi	27 Feb 2015
4	1:25:32	Yelena Shumkina	RUS	Adler	28 Feb 2009
	1:25:38	Vera Sokolova	RUS	Sochi	27 Feb 2015
5	1:25:52	Larisa Yemelyanova	RUS	Adler	28 Feb 2009
	1:25:59	Yang Liuqing	CHN	Huangshan	20 Mar 2021
6	1:27:08	Vera Sokolova	RUS	Murcia	17 May 2015
	1:27:11	Lyudmila Arkhipova	RUS	Adler	28 Feb 2009

### Multiple Gold Medalists:

Olimpida Ivanova (RUS): 2001, 2005  
Liu Hong (CHN): 2011, 2015, 2019

### Multiple Medalists:

Qieyang Shijie (CHN): 2019 Silver, 2022 Bronze  
Liu Hong (CHN): 2009 Bronze, 2011 Gold, 2013 Bronze, 2015 Gold, 2019 Gold  
Anisya Kiryapkina (RUS): 2011 Bronze, 2013 Silver  
Valentina Tsybulskaya (BLR): 2001 Silver, 2003 Bronze  
Olimpida Ivanova (RUS): 2001 Gold, 2005 Gold

### Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
CHN	2019	Liu Hong	Qieyang Shenjie	Yang Liuqing
CHN	2015	Liu Hong	Lu Xiuzhi	
RUS	2013	Elena Lashmanova	Anisya Kirdyapkina	
RUS	2007	Olga Kaniskina	Tatyana Shemyakina	
CHN	1999	Liu Hongyu	Wang Yan	

**Man & Woman from the same team winning the corresponding event:**

Nation	Men	Women	Venue	Year
RUS	Aleksandr Ivanov	Elena Lashmanova	Beijing	2013
RUS	Roman Rasskazov	Olimpiada Ivanova	Edmonton	2001

**Medals by Countries:** (10K and 10000m walk medal count in {})

Nation	Gold	Silver	Bronze
CHN	6	5	4 {1}
RUS	5 {1}	3	1 {1}
URS	{2}		
ITA	{1}	{2}	4
IRL	1	1	
FIN	{1}		{1}
PER	1		
BLR		2 {1}	1 {1}
AUS		1 {1}	1
SWE		{1}	
MEX		1	
POL		1	
ESP	1		1 {1}
POR			1
UKR			1

**World Champion with Olympic Gold medal**

Name	Nat	World Championships	Olympics
Liu Hong	CHN	2011, 2015, 2019	2016
Olga Kaniskina	RUS	2007	2008

**World Champion who previously won World Junior gold medal**

Name	Nat	World Championships	World Junior Championships
Liu Hong	CHN	2011, 2015, 2019	2006
Irina Stankina	RUS	1995 (10Km)	1994, 1996

**World Champion who previously won World Youth Gold medal:**

Name	Nat	World Championships	World Youth Championships
Elena Lashmanova	RUS	2013	2009

**World Champion with European Championships gold medal**

Name	Nat	World Championships	European Championships
Maria Perez	ESP	2023	2018

Olga Kaniskina	RUS	2007	2010
Olimpiada Ivanova	RUS	2001, 2005	2002
Sari Essayah	FIN	1993	1994
Annarita Sidoti	ITA	1997	1990, 1998

#### World Champion with Asian Games Gold medal:

Name	Nat	World Championships	Asian Games
Yang Jiayu	CHN	2017	2018
Liu Hong	CHN	2011, 2015, 2019	2006, 2010
Liu Hongyu	CHN	1999	1998

**World Championships medalists with Asian Championships medal:** None

**World Championships medalists with All Africa Games medal:** None

**World Championships medalists with African Championships medal:** None

#### World Champion with Pan American Games medal:

Name	Nat	World Championships	Pan American Games	Year
Kimberly Garcia Leon	PER	2022	Silver	2019

Highest finish by Pan American Games' gold medalist at the World Championships is sixth by Graciela Mendoza (MEX) in 1991

#### World Championships medalist with Commonwealth Games medal:

Name	Nat	World Championships	Year	Commonwealth Games	Year
Kerry Saxby	AUS	Silver (10K)	1987	Gold	1990, 1994

#### World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	María Perez	ESP	1:26:51	Jemima Montag	AUS	1:27:16	Antonella Palmisano	ITA	1:27:26
2022	Kim Garcia Leon	PER	1:26:58	Katarzyna Zdziebło	POL	1:27:31	Qieyang Shijie	CHN	1:27:56
2019	Liu Hong	CHN	1:32:53	Qieyang Shenjie	CHN	1:33:10	Yang Liuqing	CHN	1:33:17
2017	Yang Jiayu	CHN	1:26:18	Maria Guadalupe Gonzalez	MEX	1:26:19	Antonella Palmisano	ITA	1:26:36
2015	Liu Hong	CHN	1:27:45	Lu Xiuzhi	CHN	1:27:45	Lyudmila Olyanovska	UKR	1:28:13
2013	Elena Lashmanova	RUS	1:27:08	Liu Hong	CHN	1:28:10	Sun Huanhuan	CHN	1:28:32
2011	Liu Hong	CHN	1:30:00	Elisa Rigaudó	ITA	1:30:44	Qieyang Shenjie	CHN	1:31:14
2009	Olive Loughnane	IRL	1:28:58	Liu Hong	CHN	1:29:10	Anisya Kiryapkina	RUS	1:30:09
2007	Olga Kaniskina	RUS	1:30:09	Tatyana Shemyakina	RUS	1:30:42	Maia Vasco	ESP	1:30:47
2005	Olimpiada Ivanova	RUS	1:25:41	Rita Turova	BLR	1:27:05	Susana Feitor	POR	1:28:44
2003	Yelena Nikolayeva	RUS	1:26:52	Gillian O'Sullivan	IRL	1:27:34	Valentina Tsybul'skaya	BLR	1:28:10
2001	Olimpiada Ivanova	RUS	1:27:48	Valentina Tsybul'skaya	BLR	1:28:49	Elisabetta Perrone	ITA	1:28:56
1999	Liu Hongyu	CHN	1:30:50	Wang Yan	CHN	1:30:52	Kerry Saxby-Junna	AUS	1:31:18
1997	Annarita Sidoti	ITA	42:55.4	Olga Kardopoltseva	BLR	43:30.2	Valentina	BLR	43:49.2
1995	Irina Stankina	RUS	42:13	Elisabetta Perrone	ITA	42:16	Yelena Nikolayeva	RUS	42:20
1993	Sari Essayah	FIN	42:59	Ileana Salvador	ITA	43:08	Encarna Granados	ESP	43:21
1991	Alina Ivanova	URS	42:57	Madelein Svensson	SWE	43:13	Sari Essayah	FIN	43:13
1987	Irina Strakhova	URS	44:12	Kerry Saxby	AUS	44:23	Yan Hong	CHN	44:42

**Last seven Olympics:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Jiayu Yang	CHN	1:25:54	Maria Perez	ESP	1:26:19	Jemmima Montag	AUS	1:26:25
2021	Antonella Palmisano	ITA	1:29:12	Sandra Lorena Arenas	COL	1:29:37	Liu Hong	CHN	1:29:57
2016	Liu Hong	CHN	1:28:35	Maria Guadalupe Gonzalez	MEX	1:28:37	Lu Xiuzhi	CHN	1:28:42
2012	Yelena Lashmanova	RUS	1:25:02	Olga Kaniskina	RUS	1:25:09	Qieyang Shenjie	CHN	1:25:16
2008	Olga Kaniskina	RUS	1:26:31	Kjersti Plätzer	NOR	1:27:07	Elisa Rigaudó	ITA	1:27:12
2004	Athanasia Tsoumeleka	GRE	1:29:12	Olimpiada Ivanova	RUS	1:29:16	Jane Saville	AUS	1:29:25
2000	Wang Liping	CHN	1:29:05	Kjersti Plätzer	NOR	1:29:33	Maria Vasco	ESP	1:30:23

### Last thirteen World Junior Championships: (10000mWalk)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Zhuoma Baima	CHN	43:26.60	Meiling Chen	CH	44:30.67	Aarti	IND	44:39.39
2022	Karla Ximena Serrano	MEX	46:24.35	Ai Oyama	JPN	46:24.44	Ayane Yanai	JPN	46:43.07
2020	Sofia Ramos Rodriguez	MEX	46:23.01	Maele Bire-Helouis	FRA	47:43.87	Eliska Martinkova	CZE	47:46.28
2018	Alegna Gonzalez	MEX	44:13.88	Meryem Bekmez	TUR	44:17.69	Glenda Morejon	ECU	44:19.40
2016	Ma Zhenxi	CHN	45:18.45	Noemi Stella	ITA	45:23.85	Yehualeye Belete	ETH	45:33.69
2014	Anezka Drahotova	CZE	42:47.25	Wang Na	CH	44:02.64	Ni Yuanyuan	CHN	44:16.72
2012	Yekaterina Medvedeva	RUS	45:41.74	Nadezhda Leontyeva	RUS	45:43.64	Sandra Arenas	COL	45:44.46
2010	Elena Lashmanova	RUS	44:11.90	Anna Lukyanova	RUS	44:17.98	Kumiko Okada	JPN	45:56.15
2008	Tatyana Mineyeva	RUS	43:24.72	Elmira Alembekova	RUS	43:45.16	Li Yanfei	CHN	44:24.10
2006	Liu Hong	CHN	45:12.84	Tatyana Shemyakina	RUS	45:34.41	Anamaria Greceanu	ROU	46:45.67
2004	Irina Petrova	RUS	45:50.39	Zhang Nan	CHN	45:58.54	Vera Sokolova	RUS	46:53.02
2002	Fumi Mitsumura	JPN	46:01.51	Liu Siqi	CHN	46:07.15	Marina Tsikhanava	BLR	46:14.67
2000	Lyudmila Yefimkina	RUS	44:07.74	Tatyana Kozlova	RUS	44:24.43	Sabine Zimmer	GER	46:49.97

### World Youth Championships: (5000mWalk)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Glenda Morejon	ECU	22:32.30	Meryem Bekmez	TUR	22:32.79	Elvira Khasanova	ANA	22:35.72
2015	Ma Zhenxia	CHN	22:41.08	Olga Yeliseyeva	RUS	22:45.09	Ayainesh Dejene	ETH	22:48.25
2013	Olga Shargina	RUS	22:13.91	Momoko Mizota	JPN	22:42.77	Noemi Stella	ITA	22:48.95
2011	Kate Veale	IRL	21:45.59	Yanxue Mao	CHN	22:00.15	Nadezhda Leontyeva	RUS	22:00.84
2009	Elena Lashmanova	RUS	22:55.45	Yanelli Caballero	MEX	22:59.27	Svetlana Vasilyeva	RUS	23:00.15
2007	Tatyana Kalmykova	RUS	20:28.05	Irina Yumanova	RUS	21:21.14	Panayiota Tsinopoulou	GRE	22:49.15
2005	Tatyana Kalmykova	RUS	22:14.47	Elmira Alembekova	RUS	22:27.17	Chai Xue	CHN	22:34.28
2003	Vera Sokolova	RUS	22:50.23	Ann Loughnane	IRL	23:37.00	Noriko Nishide	JPN	23:50.69
2001	Jiang Kun	CHN	22:49.21	Ksenia Ishcheykina	RUS	22:58.43	Sniazhana Yurchanka	BLR	23:28.51
1999	Tatyana Kozlova	RUS	22:31.93	Maryna Tsikhanova	BLR	22:37.54	Yekaterina Degrunova	RUS	22:54.59

### Last seven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Antonella Palmisano	ITA	1:28:08	Valentina Trapletti	ITA	1:28:37	Lyudmyla Olyanovska	UKR	1:28:48
2022	Antigoni Nitrismpioti	GRE	1:29:03	Katarzyna Zdziebło	POL	1:29:20	Saskina Feige	GER	1:29:25
2018	Maria Perez	ESP	1:26:36	Anezka Drahotova	CZE	1:27:03	Antonella Palmisano	ITA	1:27:30
2014	Elmira Alembekova	RUS	1:27:56	Lyudmila Olyanovska	UKR	1:28:07	Anezka Drahotova	CZE	1:28:08
2010	Olga Kaniskina	RUS	1:27:44	Anisya Kiryapkina	RUS	1:28:55	Vera Sokolova	RUS	1:29:32
2006	Ryta Turova	BLR	1:27:08	Olga Kaniskina	RUS	1:28:35	Elisa Rigaudó	ITA	1:28:37
2002	Olimpiada Ivanova	RUS	1:26:42	Yelena Nikolayeva	RUS	1:28:20	Erica Alfridi	ITA	1:28:33

### Last six Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Yang Jiayu	CHN	1:30:03	Ma Zhenxia	CHN	1:30:04	Nanako Fujii	JPN	1:33:49
2018	Yang Jiayu	CHN	1:29:15	Qieyang Shijie	CHN	1:29:15	Kumiko Okada	JPN	1:34:02
2014	Liu Xiuzhi	CHN	1:31:06	Khushbir Kaur	IND	1:33:07	Jeon Yeong-eun	KOR	1:33:18

2010	Liu Hong	CHN	1:30:06	Masumi Fuchise	JPN	1:30:34	Li Yanfei	CHN	1:32:34
2006	Liu Hong	CHN	1:32:19	Ryoko Sakakura	JPN	1:33:19	He Dan	CHN	1:34:24
2002	Wang Qingqing	CHN	1:33:40	Gao Kelian	CHN	1:33:59	Svetlana Tolstaya	KAZ	1:35:03

### Last six Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Yang Liuqing	CHN	1:32:37	Priyanka Goswami	IND	1:34:24	Yukiko Umeno	JPN	1:36:17
2009	Mayumi Kawasaki	JPN	1:30:12	Yang Yawei	CHN	1:34:11	Svetlana Tolstaya	KAZ	1:36:42
2007	Jiang Qiuyan	CHN	1:36:16	Bai Yanmin	CHN	1:38:10	Svetlana Tolstaya	KAZ	1:41:53
2005	He Dan	CHN	1:34:25	Tang Yinghua	CHN	1:34:50	Svetlana Tolstaya	KAZ	1:36:39
2003	Ha Mingming	CHN	1:31:47	Zou Ying	CHN	1:32:07	Yuan Yufang	MAS	1:32:25
2002	Gao Kelian	CHN	1:36:57	Jian Xingli	CHN	1:37:02	Ryoko Tadamas	JPN	1:42:43

### Last six All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Souad Azzi	ALG	1:45:42	Jessica	RSA	1:49:17	Wubalem Shugute	ETH	1:56:36
2019	Emily Ngii	KEN	1:34:41	Grace Njue	KEN	1:34:57	Yehualeye Beletwe	ETH	1:35:21
2015	Grace Njue	KEN	1:38:28	Aynalem Eshetu	ETH	1:39:49	Askale Tiksa	ETH	1:42:25
2011	Chayma Trabelsi	TUN	1:40:35	Olfa Lafi	TUN	1:41:25	Aynalem Eshitu	ETH	1:42:19
2007	Cheima Trabelsi	TUN	1:49:13	Mercy Njoroge	KEN	1:49:18	Ararisa Abissa	ETH	1:49:29
2003	Estle Viljoen	RSA	1:44:29	Amsale Yokobe	ETH	1:47:42	Natalie Fourie	RSA	1:48:08

### Last eleven African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Sintayehu Masire	ETH	1:37:46	Souad Azzi	ALG	1:40:36	Margaret Gati	KEN	1:41:19
2022	Emily Ngii	KEN	1:34:30	Yehualeye Beletew	ETH	1:35:48	Sylvia Kemboi	KEN	1:39:40
2018	Yehualeye Beletew	ETH	1:31:47	Grace Njue	KEN	1:35:54	Chahineze Nasri	TUN	1:37:28
2016	Grace Njue	KEN	1:30:43	Yehualeye Belete	ETH	1:31:58	Chahineze Nasri	TUN	1:34:45
2014	Grace Wanjiru Njue	KEN	1:37:04	Emily Ngii	KEN	1:38:12	Askale Tiksa	ETH	1:40:05
2012	Grace Wanjiru	KEN	1:40:53	Olfa Lafi	TUN	1:46:07	Aynalem Eshetu	ETH	1:49:45
2010	Grace Wanjiru	KEN	1:34:19	Chayma Trabelsi	TUN	1:35:33	Aynalem Bekashign	ETH	1:41:56
2008	Grace Wanjiru	KEN	1:39:50	Ararisa Abissa	ETH	1:40:12	Mary Njoki	KEN	1:41:15
2006	Nagwa Ibrahim Ali	EGY	1:43:22	Ararisa Abissa	ETH	1:45:31	Ghania Amzal	ALG	1:46:05
2004	Grace Wanjiru	KEN	1:42:45	Nicolene Cronje	RSA	1:43:57	Bahia Boussad	ALG	1:46:12
2002	Nagwa Ibrahim Ali	EGY	49:26	Bahia Boussad	ALG	49:57	Grace Wanjiru	KEN	51:35

### Last six Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Kimberly Garcia	PER		Estefania Morejon	ECU		Carla Inga	PER	
2019	Sandra Arenas	COL	1:28:03	Kimberly Garcia	PER	1:29:00	Erica de Sena	BRA	1:30:34
2015	Maria Gonzalez	MEX	1:29:24	Erica de Sena	BRA	1:30:03	Paola Perez	ECU	1:31:53
2011	Jamy Franco	GUA	1:32:38	Mirna Ortiz	GUA	1:33:37	Ingrid Hernandez	COL	1:34:06
2007	Cristina Lopez	ESA	1:38:59	Miriam Ramon	ECU	1:40:03	Esther Sanchez	MEX	1:41:47
2003	Victoria Palacios	MEX	1:35:16	Rosario Sanchez	MEX	1:35:21	Joanne Dow	USA	1:35:48

### Last five Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Jemima Montag	AUS	42:34.30	Priyanka	IND	43:38.83	Emily Wamusyi Ngii	KEN	43:50.86
2018	Jemima Montag	AUS	1:32:50	Alana Barber	NZL	1:34:18	Bethan Davies	WAL	1:36:08
2010	Johanna Jackson	ENG	1:34:22	Claire Tallent	AUS	1:36:55	Grace Wanjiru	KEN	1:37:49
2006	Jane Saville	AUS	1:32:46	Natalie Saville	AUS	1:33:33	Cheryl Webb	AUS	1:36:03
2002	Jane Saville	AUS	1:36:34	Lisa Kehler	ENG	1:36:45	Yuan Yufang	MAS	1:40:00

10000m Walk in 2022

### Fastest Performances on Asian Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	1:23:49	Yang Jiayu	CHN	1	Huangshan	20 Mar 2021
2		1:24:27	Liu Hong	CHN	2	Huangshan	20 Mar 2021
3	2	1:24:45	Qieyang Shenjie	CHN	3	Huangshan	20 Mar 2021

**Fastest performances in Tokyo:** No performances under 1:31

### Fastest performances in September

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	1:25:21	Rey Khan Kagranova	RUS	1	Kemerovo	10 Sept 2023
2	2	1:26:47	Olga Kaniskina	RUS	1	Saransk	29 Sept 2007
3	3	1:27:14	Yang Jiayu	CHN	1	Xian	24 sept 2021

### All-time World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	1:23:39	Yelena Lashmanova	RUS	1	Cheboksary	9 June 2018
2	2	1:23:49	Yang Jiayu	CHN	1	Huangshan	20 Mar 2021
3	3	1:24:20	Elvira Khasanova	RUS	1	Sochi	24 Feb 2025
4	4	1:24:27	Liu Hong	CHN	1	La Coruna	6 June 2015
5		1:24:31	Yelena Lashmanova		1	Sochi	18 Feb 2019

### Combined 2024 & 2025 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	1:24:20	Elvira Khasanova	RUS	1	Sochi	24 Feb 2025
2	2	1:24:31	Elvira Khasanova		1	Sochi	27 Feb 2024
3	3	1:24:47	Rey Khan Kagranova	RUS	2	Sochi	27 Feb 2024
4	4	1:24:49	Rey Khan Kagranova		1	Votkinsk	25 May 2025
5		1:25:54	Yang Jiayu	CHN	1	Paris	1 Aug 2024
6	5	1:26:07	Ma Zhenxia	CHN	1	Taicang	3 Mar 2024
7	6	1:26:07	Yang Jiayu		2	Taicang	3 Mar 2024
8		1:26:19	Maria Perez	ESP	2	Paris	1 Aug 2024
9	7	1:26:24	Elvira Khasanova		2	Votkinsk	25 May 2025
10		1:26:25	Jemima Montag	AUS	3	Paris	1 Aug 2024

Please send corrections to [KKenNakamura@gmail.com](mailto:KKenNakamura@gmail.com)

The new records set in WC will be reported through my twitter account @KKenNakamura