

# 2025 World Championships Statistics – Men's 400mH

by K Ken Nakamura

The records to look for in Tokyo:

- 1) Can Benjamin win first gold since 2009 for the US?
- 2) Can dos Santos become fifth runner to win this event multiple times?

## Summary:

### All time Performance List at the World Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	46.29	Alison Dos Santos	BRA	1	Eugene	2022
2	2	46.89	Rai Benjamin	USA	2	Eugene	2022
3	3	46.89	Karsten Warholm	NOR	1	Budapest	2023
4		47.09	Karsten Warholm		1sf3	Budapest	2023
5	4	47.18	Kevin Young	USA	1	Stuttgart	1993
6		47.24	Rai Benjamin		1sf2	Budapest	2023
7	5	47.25	Felix Sanchez	DOM	1	Paris	2003
8	6	47.30	Bershawn Jackson	USA	1	Helsinki	2005
9	7	47.34	Kyron McMaster	IVB	2	Budapest	2023
10	8	47.34	Roshawn Clarke	JAM	2sf3	Budapest	2023

## Margin of Victory

	Difference	Name	Nat	Venue	Year
Max	1.11 second	Edwin Moses	USA	Helsinki	1983
	0.93 second	Felix Sanchez	DOM	Paris	2003
Min	0.01 second	Jehue Gordon	TTO	Moskva	2013
	0.02 second	Edwin Moses	USA	Roma	1987

## Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
48.44	5sf1	Kenji Narisako	JPN	Osaka	2007

## Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	46.29	Alison Dos Santos	BRA	Eugene	2022
	46.89	Karsten Warholm	NOR	Budapest	2023
2	46.89	Rai Benjamin	USA	Eugene	2022
	47.34	Roshawn Clarke (semi)	JAM	Budapest	2023
	47.34	Kyron McMaster	IVB	Budapest	2023
3	47.38	Trevor Bassitt (semi)	USA	Budapest	2023
	47.39	Trevor Bassitt	USA	Eugene	2022
4	47.41	Wilfried Happio	FRA	Eugene	2022
	47.64	Stephane Diagana	FRA	Stuttgart	1993
5	47.88	Khallifah Rosser	USA	Eugene	2022
	48.10	Alison Dos Santos	BRA	Budapest	2023
6	48.03	Jaheel Hyde	JAM	Eugene	2022
	48.22	Trevor Bassitt	USA	Budapest	2023
7	48.28	Alison Dos Santos	BRA	Doha	2019
	48.33	Rasmus Magi	EST	Budapest	2023

## World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Karsten Warholm	NOR	46.89	Kyron McMaster	IVB	47.34	Rai Benjamin	USA	47.56
2022	Alison Dos Santos	BRA	46.29	Rai Benjamin	USA	46.89	Trevor Bassitt	USA	47.39
2019	Karsten Warholm	NOR	47.42	Rai Benjamin	USA	47.66	Abderrahman Samba	QAT	48.03
2017	Karsten Warholm	NOR	48.35	Yasmani Copello	TUR	48.49	Kerron Clement	USA	48.52
2015	Nicholas Bett	KEN	47.79	Dennis Kudryavtsev	RUS	48.05	Jeffrey Gibson	BAH	48.17
2013	Jehue Gordon	TTO	47.69	Michael Tinsley	USA	47.70	Emir Bekric	SRB	48.05
2011	David Greene	GBR	48.26	Javier Culson	PUR	48.44	L J van Zyl	RSA	48.80
2009	Kerron Clement	USA	47.91	Javier Culson	PUR	48.09	Bershawn Jackson	USA	48.23

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1	1	46.29	Alison Dos Santos	BRA	1	Eugene	2022
2	2	46.89	Rai Benjamin	USA	2	Eugene	2022
2	3	46.89	Karsten Warholm	NOR	1	Budapest	2023
4		47.09	Karsten Warholm		1sf3	Budapest	2023
5	4	47.18	Kevin Young	USA	1	Stuttgart	1993
6		47.24	Rai Benjamin		1sf2	Budapest	2023
7	5	47.25	Felix Sanchez	DOM	1	Paris	2003
8	6	47.30	Bershawn Jackson	USA	1	Helsinki	2005
9	7	47.34	Kyron McMaster	IVB	2	Budapest	2023
9	8	47.34	Roshawn Clarke	JAM	2sf3	Budapest	2023
11		47.38	Alison dos Santos		2sf2	Budapest	2023
11	9	47.38	Trevor Bassitt	USA	3sf3	Budapest	2023
13		47.39	Trevor Bassitt		3	Eugene	2022
14	10	47.41	Wilfried Happio	FRA	4	Eugene	2022
15		47.42	Karsten Warholm		1	Doha	2019
16	11	47.43	James Carter	USA	2	Helsinki	2005
17	12	47.46	Edwin Moses	USA	1	Roma	1987
18	13	47.48	Danny Harris	USA	2	Roma	1987
18	14	47.48	Harald Schmid	GER	3	Roma	1987
20		47.49	Felix Sanchez		1	Edmonton	2001
21		47.50	Edwin Moses		1	Helsinki	1983
22	15	47.54	Fabrizio Mori	ITA	2	Edmonton	2001
23		47.56	Rai Benjamin		3	Budapest	2023
24	16	47.60	Samuel Matete	ZAM	2	Stuttgart	1993
25	17	47.61	Kerron Clement	USA	1	Osaka	2007
26	18	47.62	Winthrop Graham	JAM	3	Stuttgart	1993
27		47.64	Samuel Matete		1	Tokyo	1991
27	19	47.64	Stephane Diagana	FRA	4	Stuttgart	1993
29		47.66	Rai Benjamin		2	Doha	2019
30	20	47.69	Jehue Gordon	TTO	1	Moskva	2013
31		47.70	Stephane Diagana		1	Athinai	1997
31	21	47.70	Michael Tinsley	USA	2	Moskva	2013
33		47.72	Fabrizio Mori		1	Sevilla	1999
33		47.72	Kyron McMaster		1sf1	Budapest	2023
35		47.74	Winthrop Graham		2	Tokyo	1991
36		47.78	James Carter		1sf1	Helsinki	2005
37	22	47.79	Nicholas Bett	KEN	1	Beijing	2015
38	23	47.83	Bryan Bronson	USA	1sf3	Athinai	1997
39	24	47.84	Bayano Kamani	PAN	2sf1	Helsinki	2005
40		47.85	Alison Dos Santos		1sf2	Eugene	2022
41	25	47.86	Kriss Akabusi	GBR	3	Tokyo	1991
41	26	47.86	Llewellyn Herbert	RSA	2	Athinai	1997
43		47.88	Bryan Bronson		3	Athinai	1997
43	27	47.88	Khallifah Rosser	USA	5	Eugene	2022
45	28	47.89	Dai Tamesue	JPN	3	Edmonton	2001
46		47.91	Kriss Akabusi		1sf2	Tokyo	1991
46		47.91	Kerron Clement	USA	1	Berlin	2009
48	29	47.93	Omar Cisneros	CUB	1sf3	Moskva	2013
49	30	47.98	Derrick Adkins	USA	1	Göteborg	1995
50		47.99	Kevin Young		1sf3	Stuttgart	1993
50	31	47.99	Hadi Al-Somaily	KSA	4	Edmonton	2001

52		48.00	Kerron Clement		1sf1	Berlin	2009
52		48.00	Karsten Warholm		1sf3	Eugene	2022
54		48.01	Kevin Young		4	Tokyo	1991
54		48.01	Felix Sanchez		2	Osaka	2007
56		48.03	Samuel Matete		2	Göteborg	1995
56	32	48.03	Abderrahman Samba	QAT	3	Doha	2019
56	32	48.03	Jaheel Hyde	JAM	6	Eugene	2022

**Slowest winning time:** 48.35 by Warholm (NOR) in 2017, 48.26 by David Greene (GBR) in 2011 & 47.98 by Derrick Adkins (USA) in 1995

### Margin of Victory

	Difference	Name	Nat	Venue	Year
Max	1.11 second	Edwin Moses	USA	Helsinki	1983
	0.93 second	Felix Sanchez	DOM	Paris	2003
Min	0.01 second	Jehue Gordon	TTO	Moskva	2013
	0.02 second	Edwin Moses	USA	Roma	1987
	0.05 second	Derrick Adkins	USA	Göteborg	1995
		Felix Sanchez	DOM	Edmonton	2001

### Difference between first and third

	Diff	Winning time	3 <sup>rd</sup> place time	Winner's Name	Nat	Venue	Year
Max	1.53	47.50	49.03	Edwin Moses	USA	Helsinki	1983
	1.10	46.29	47.39	Alison Dos Santos	BRA	Eugene	2022
	0.99	47.25	48.24	Felix Sanchez	DOM	Paris	2003
Min	0.02	47.46	47.48	Edwin Moses	USA	Roma	1987
	0.16	47.98	48.14	Derrick Adkins	USA	Göteborg	1995

### Difference between third and fourth (medal versus no medal)

	Difference	3 <sup>rd</sup> place time	Name	Nat	Venue	Year
Max	0.89	47.48	Harald Schmid	FRG	Roma	1987
Min	0.00	48.13	Marcel Schelbert	SUI	Sevilla	1999

### Fastest time in each round

Round	Time	Name	Nat	Venue	Year
Final	46.29	Alison Dos Santos	BRA	Eugene	2022
	46.89	Rai Benjamin	USA	Eugene	2022
	46.89	Karsten Warholm	NOR	Budapest	2023
	47.18	Kevin Young	USA	Stuttgart	1993
Semi-final	47.09	Karsten Warholm	NOR	Budapest	2023
	47.24	Rai Benjamin	USA	Budapest	2023
First round	48.12	Alison dos Santos	BRA	Budapest	2023

### Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
48.43	5sf3	Alessandro Sibilio	ITA	Budapest	2023
48.44	5sf1	Kenji Narisako	JPN	Osaka	2007
48.44	3sf1	CJ Allen	USA	Budapest	2023

### Average of last eleven (21<sup>st</sup> century) World Championships

	Average	2023	2022	2019	2017	2015	2013	2011	2009	2007	2005	2003	2001
Winning Time	47.52	46.89	46.29	47.42	48.35	47.79	47.69	48.26	47.91	47.61	47.30	47.25	47.49
Winning Medal	48.09	47.56	47.39	48.03	48.52	48.17	48.05	48.80	48.23	48.12	48.10	48.24	47.89
Slowest to Make Final	48.74	48.39	49.09	48.72	49.13	48.54	48.69	49.07	48.77	48.66	48.60	48.60	48.64

Fastest non-qualifier	48.77	48.43	48.59	48.93	49.30	48.59	48.85	49.08	48.80	48.44	48.64	48.64	48.99
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### Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	46.29	Alison Dos Santos	BRA	Eugene	2022
	46.89	Karsten Warholm	NOR	Budapest	2023
	47.09	Karsten Warholm (semi)	NOR	Budapest	2023
	47.18	Kevin Young	USA	Stuttgart	1993
2	46.89	Rai Benjamin	USA	Eugene	2022
	47.34	Roshawn Clarke (semi)	JAM	Budapest	2023
	47.34	Kyron McMaster	IVB	Budapest	2023
	47.38	Alison Dos Santos (semi)	BRA	Budapest	2023
	47.43	James Carter	USA	Helsinki	2005
	47.48	Danny Harris	USA	Roma	1987
3	47.38	Trevor Bassitt (semi)	USA	Budapest	2023
	47.39	Trevor Bassitt	USA	Eugene	2022
	47.48	Harald Schmid	GER	Roma	1987
4	47.41	Wilfried Happio	FRA	Eugene	2022
	47.64	Stephane Diagana	FRA	Stuttgart	1993
5	47.88	Khallifah Rosser	USA	Eugene	2022
	48.10	Alison Dos Santos	BRA	Budapest	2023
	48.11	Samuel Matete	ZAM	Athinai	1997
6	48.03	Jaheel Hyde	JAM	Eugene	2022
	48.22	Trevor Bassitt	USA	Budapest	2023
	48.25	Yasmani Copello	TUR	Doha	2019
	48.38	Javier Culson	PUR	Moskva	2013
	48.54	LJ Van Zyl	RSA	Helsinki	2005
7	48.28	Alison Dos Santos	BRA	Doha	2019
	48.33	Rasmus Magi	EST	Budapest	2023
	48.42	Karsten Warholm	NOR	Eugene	2022
	48.68	Dai Greene	GBR	Berlin	2009
	48.68	Mamadou Kasse Hanne	SEN	Moskva	2013
	48.74	Kriss Akabusi	GBR	Roma	1987
8	48.53	Joshua Abuaku	GER	Budapest	2023
	48.92	Rasmus Magi	EST	Eugene	2022
	49.06	Torrance Zellner	USA	Sevilla	1999

### Best Marks for Places – all competitions

Pos	Time	Name	Nat	Venue	Day Month Year
1	45.94	Karsten Warholm	NOR	Tokyo	3 Aug 2021
	46.28	Karsten Warholm	NOR	Chorzow	16 Aug 2025
	46.29	Alison dos Santos	BRA	Eugene	19 July 2022
	46.39	Rai Benjamin	USA	Eugene	16 Sept 2023
	46.46	Rai Benjamin	USA	Eugene	30 June 2024
2	46.17	Rai Benjamin	USA	Tokyo	3 Aug 2021
	46.53	Karsten Warholm	NOR	Eugene	16 Sept 2023
	46.68	Alison dos Santos	BRA	Stockholm	15 June 2025
	46.70	Karsten Warholm	NOR	Oslo	30 May 2024
3	46.72	Alison dos Santos	BRA	Tokyo	3 Aug 2021
	47.18	Alison dos Santos	BRA	Monaco	12 July 2024
	47.26	Alison dos Santos	BRA	Paris-OG	9 Aug 2024
	47.31	Kyron McMaster	IVB	Eugene	16 Sept 2023
4	47.08	Kyron McMaster	IVB	Tokyo	3 Aug 2021
	47.41	Wilfried Happio	FRA	Eugene	19 July 2022
	47.44	Alison dos Santos	BRA	Eugene	16 Sept 2023
	47.64	Stephane Diagana	FRA	Stuttgart	19 Aug 1993
5	47.12	Abderrahmane Samba	QAT	Tokyo	3 Aug 2021

	47.76 47.79 47.83	Danny Harris Kyron McMaster Wilfried Happio	USA IVB FRA	Indianapolis Paris - OG Eugene	17 July 1988 9 Aug 2024 16 Sept 2023
6	47.81 47.93 47.98 48.03	Yasmani Copello Ludvy Vaillant Abderrahmane Samba Jaheel Hyde	TUR FRA QAT JAM	Tokyo Eugene Paris - OG Eugene	3 Aug 2021 16 Sept 2023 9 Aug 2024 19 July 2022
7	47.99 48.11 48.28 48.33	Rasmus Magi Rasmus Magi Alison dos Santos Rasmus Magi	EST EST BRA EST	Eugene Tokyo Doha Budapest	16 Sept 2023 3 Aug 2021 30 Sept 2019 23 Aug 2023
8	48.42	Trevor Bassitt	USA	Eugene	16 Sept 2023

### Multiple Gold Medalists:

Karsten Warholm (NOR)	2017, 2019, 2023
Kerron Clement (USA):	2007, 2009
Felix Sanchez (DOM):	2001, 2003
Edwin Moses (USA):	1983, 1987

### Multiple Medalists:

Rai Benjamin (USA):	2019 Silver, 2022 Silver, 2023 Bronze
Karsten Warholm (NOR)	2017 Gold, 2019 Gold, 2023 Gold
Kerron Clement (USA):	2007 Gold, 2009 Gold, 2017 Bronze
Bershawn Jackson (USA):	2005 Gold, 2009 Bronze
Dai Tamesue (JPN):	2001 Bronze, 2005 Bronze
Felix Sanchez (DOM):	2001 Gold, 2003 Gold, 2007 Silver
Fabrizio Mori (ITA):	1999 Gold, 2001 Silver
Stéphane Diagana (FRA):	1995 Bronze, 1997 Gold, 1999 Silver (complete set of medals)
Winthrop Graham (JAM):	1991 Silver, 1993 Bronze
Samuel Matete (ZAM):	1991 Gold, 1993 Silver, 1995 Silver
Harald Schmid (FRG):	1983 Silver, 1987 Bronze
Edwin Moses (USA):	1983 Gold, 1987 Gold

Diagana has a complete set of medals

### Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
USA	2022		Rai Benjamin	Trevor Bassitt
USA	2009	Kerron Clement		Bershawn Jackson
USA	2005	Bershawn Jackson	James Carter	
USA	1987	Edwin Moses	Danny Harris	

### Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
USA	Derrick Adkins	Kim Batten	Göteborg	1995

### Medals by Countries:

Nation	Gold	Silver	Bronze
USA	7	7	4

DOM	2	1	
NOR	3		
ZAM	1	2	
FRA	1	1	1
ITA	1	1	
GBR	1		1
TTO	1		
KEN	1		
BRA	1		1
PUR		2	
JAM		1	1
FRG		1	1
RSA		1	1
RUS		1	
TUR		1	
JPN			2
POL			1
GRE			1
URS			1
SUI			1
SRB			1
BAH			1
QAT			1

**World Champion with Olympic gold medal**

Name	Nat	World Championships	Olympics
Karsten Warholm	NOR	2017, 2019, 2023	2021
Kerron Clement	USA	2007, 2009	2016
Felix Sanchez	DOM	2001, 2003	2004
Derek Adkins	USA	1995	1996
Kevin Young	USA	1993	1992
Edwin Moses	USA	1983, 1987	1976, 1984

**World Champion who previously won World Junior gold medal**

Name	Nat	World Championships	World Junior Championships
Jehue Gordon	TTO	2013	2010
Kerron Clement	USA	2007, 2009	2004

**World Championships medalist who previously won World Youth medal: None**

**World Champion with European Championships gold medal**

Name	Nat	World Championships	European Championships
Karsten Warholm	NOR	2017, 2019, 2023	2018, 2022, 2024
Stephane Diagana	FRA	1997	2002

**World Championships medalists with Asian Games medal:**

Name	Nat	World Championships	Year	Asian Games	Year
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Dai Tamesue	JPN	Bronze	2001, 2005	Bronze	2002
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**World Championships medalists with Asian Championships medal:** None

**World Championships medalists with All Africa Games medal:** None

**World Champion with African Championships gold medal**

Name	Nat	World Championships	African Championships
Samuel Matete	ZAM	1991	1998

**World Champion with Pan American Games gold medalist:**

Name	Nat	World Championships	Pan American Games
Alison Dos Santos	BRA	2022	2019
Felix Sanchez	DOM	2001, 2003	2003

**World Championships medalists with Commonwealth Games medal**

Name	Nat	World Championships	Commonwealth Games
Samuel Matete	ZAM	1991	1994

**World Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Karsten Warholm	NOR	46.89	Kyron McMaster	IVB	47.34	Rai Benjamin	USA	47.56
2022	Alison Dos Santos	BRA	46.29	Rai Benjamin	USA	46.89	Trevor Bassitt	USA	47.39
2019	Karsten Warholm	NOR	47.42	Rai Benjamin	USA	47.66	Abderrahman Samba	QAT	48.03
2017	Karsten Warholm	NOR	48.35	Yasmani Copello	TUR	48.49	Kerron Clement	USA	48.52
2015	Nicholas Bett	KEN	47.79	Dennis Kudryavtsev	RUS	48.05	Jeffrey Gibson	BAH	48.17
2013	Jehue Gordon	TTO	47.69	Michael Tinsley	USA	47.70	Emir Bekric	SRB	48.05
2011	David Greene	GBR	48.26	Javier Culson	PUR	48.44	L J van Zyl	RSA	48.80
2009	Kerron Clement	USA	47.91	Javier Culson	PUR	48.09	Bershawn Jackson	USA	48.23
2007	Kerron Clement	USA	47.61	Felix Sanchez	DOM	48.01	Marek Plawgo	POL	48.12
2005	Bershawn Jackson	USA	47.30	James Carter	USA	47.43	Dai Tamesue	JPN	48.10
2003	Felix Sanchez	DOM	47.25	Joey Woody	USA	48.18	Perklis Iakovakis	GRE	48.24
2001	Felix Sanchez	DOM	47.49	Fabrizio Mori	ITA	47.54	Dai Tamesue	JPN	47.89
1999	Fabrizio Mori	ITA	47.72	Stephane Diagana	FRA	48.12	Marcel Schelbert	SUI	48.13
1997	Stephane Diagana	FRA	47.70	Llewellyn Herbert	RSA	47.86	Bryan Bronson	USA	47.88
1995	Derrick Adkins	USA	47.98	Samuel Matete	ZAM	48.03	Stephane Diagana	FRA	48.14
1993	Kevin Young	USA	47.18	Samuel Matete	ZAM	47.60	Winthrop Graham	JAM	47.62
1991	Samuel Matete	ZAM	47.64	Winthrop Graham	JAM	47.74	Kriss Akabusi	GBR	47.86
1987	Ed Moses	USA	47.46	Danny Harris	USA	47.48	Harald Schmid	FRG	47.48
1983	Ed Moses	USA	47.50	Harald Schmid	FRG	48.61	Aleksandr Kharlov	URS	49.03

**Last seven Olympics:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Rai Benjamin	USA	46.46	Karsten Warholm	NOR	47.06	Alison dos Santos	BRA	47.26
2020	Karsten Warholm	NOR	45.94	Rai Benjamin	USA	46.17	Alison Dos Santos	BRA	46.72
2016	Kerron Clement	USA	47.73	Boniface Mucheru Tumuti	KEN	47.78	Yasmani Copello	TUR	47.92
2012	Felix Sanchez	DOM	47.63	Michael Tinsley	USA	47.91	Javier Culson	PUR	48.10
2008	Angelo Taylor	USA	47.25	Kerron Clement	USA	47.98	Bershawn Jackson	USA	48.06
2004	Felix Sanchez	DO	47.63	Danny McFarlane	JAM	48.11	Naman Keita	FRA	48.26
2000	Angelo Taylor	USA	47.50	Hadi Al-Somaily	KSA	47.53	Llewellyn Herbet	RSA	47.81

**Last thirteen World Junior Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Vance Nilsson	USA	49.26	Michal Rada	CZE	49.30	Antti Sainio	FIN	49.61
2022	Ismail Nezir	TUR	48.84	Matic Ian Gucek	SLO	48.91	Roshawn Clarke	JAM	49.62
2020	Berke Akcam	TUR	49.38	Denis NOvoseltsev	ANA	49.62	Devontie Archer	JAM	49.78
2018	Splwaljama Zazini	RSA	49.42	Bassem Hemeida	QAT	49.59	Alison Dos Santos	BRA	49.78
2016	Jaheel Hyde	JAM	49.03	Taylor McLaughlin	USA	49.45	Kyron McMaster	IVB	49.56
2014	Jaheel Hyde	JAM	49.29	Ali Khamis Khamis	BR	49.55	Tim Holmes	USA	50.07
2012	Eric Futch	USA	50.24	T Matsumoto	JPN	50.41	Ibrahim Mohammed Saleh	KSA	50.47
2010	Jehue Gordon	TRI	49.30	Takatoshi Abe	JPN	49.46	Leslie Murray	ISV	50.22
2008	Jeshua Anderson	USA	48.68	Johnny Dutch	USA	49.25	Amaury Valle	CUB	49.56
2006	Chris Carter	USA	50.08	Bandar Yahya Al Sharakili	KSA	50.34	Stanislav Melnykov	UKR	50.43
2004	Kerron Clement	USA	48.51	Brandon Johnson	USA	48.62	Ibrahim Al-Hamaidi	KSA	48.94
2002	Louis van Zyl	RSA	48.89	Kenneth Ferguson	USA	49.38	Bershawn Jackson	USA	50.00
2000	Marek Plawgo	POL	49.23	Ter de Villiers	RSA	50.52	Okkert Cilliers	RSA	50.58

**World Youth Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Sokwakhana Zazini	RSA	49.27	Moitalel Mpoke Naadokila	KEN	52.06	Baptiste Christophe	FRA	52.21
2015	Norman Grimes	USA	49.11	Ryusei Fujii	JPN	50.33	Masaki Toyoda	JPN	50.53
2013	Marvin Williams	JAM	50.39	Wang Yang	CHN	50.78	Kenneth Selmon	USA	51.30
2011	Eqor Kuznetsov	RUS	50.97	Ibrahim Mohammed Saleh	KSA	51.14	Takahiro Matsumoto	JPN	51.26
2009	Norge Sotomayor	CUB	51.30	Jeremiah Kipkorir Mutai	KEN	51.45	Jose Bencosme de Leon	ITA	51.74
2007	William Wynne	USA	49.01	Reginald Wyatt	USA	50.33	Amaurys Valle	CUB	50.37
2005	Mohammed Daak	KSA	50.90	David Klech	USA	50.90	Adel Jaber Asseri	KSA	51.68
2003	Jason Richardson	USA	49.91	Wouter Le Roux	RSA	50.85	Jamaal Charles	USA	51.48
2001	Amine Alozen	SYR	50.25	Jonathan Walker	USA	51.32	Kenji Narisako	JPN	52.09
1999	Marthinus Kritzinger	RSA	49.86	Sergio Hierrezuelo	CUB	49.95	Mumo Kiilu	KEN	51.50

**Last nine European Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Karsten Warholm	NOR	46.98	Alessandro Sibillio	ITA	47.50	Carl Bengtstrom	SWE	47.94
2022	Karsten Warholm	NOR	47.12	Wilfried Happio	FRA	48.56	Yasmani Copello	TUR	48.78
2018	Karsten Warholm	NOR	47.64	Yasmani Copello	TUR	47.81	Thomas Barr	IRL	48.31
2016	Yasmani Copello	TUR	48.98	Sergio Fernandez	ESP	49.06	Kariem Hussein	SUI	49.10
2014	Kariem Hussein	SUI	48.96	Rasmus Mägi	EST	49.06	Denis Kudryavtsev	RUS	49.16
2012	Rhys Williams	GBR	49.33	Emir Bekric	SRB	49.49	Stanislav Melnykov	UKR	49.69
2010	Dai Greene	GBR	48.12	Rhys Williams	GBR	48.96	Stanislav Melnykov	UKR	49.09
2006	Periklis Iakovakis	GRE	48.46	Marek Plawgo	POL	48.71	Rhys Williams	GBR	49.12
2002	Stephane Diagana	FRA	47.58	Jiri Muzik	CZE	48.43	Pawel Januszewski	POL	48.46

**Last six Asian Games:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Abderrahmane Samba	QAT	48.04	Bassem Hemeida	QAT	48.52	Xie Zhiyu	CHN	49.16
2018	Abderrahman Samba	QAT	47.66	Ayyasamy Dharun	IND	48.96	Takatoshi Abe	JPN	49.12
2014	Ali Khamis Abbas	BRN	49.71	Takayuki Kishimoto	JPN	49.81	Cheng Wen	CHN	50.29
2010	Joseph G Abraham	IND	49.96	Bandar Al-Sharakili	KSA	50.29	Naohiro Kawakita	JPN	50.37
2006	Kenji Narisako	JPN	48.78	Meng Yan	CHN	49.26	Naohiro Kawakita	JPN	50.19
2002	Hadi S Al Somaily	KSA	48.42	Mubarak Al-Nubi	QAT	48.98	Dai Tamesue	JPN	49.29

**Last eleven Asian Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Bassem Hemeida	QAT	48.64	Yusaku Kodama	JPN	48.96	Santhosh Tamilarasan	IND	49.09

2019	Abderrahmane Samba	QAT	47.51	Chen Chieh	TPE	48.92	Madari P Jabir	IND	49.13
2017	Eric Shauwn Cray	PHI	49.57	Chen Chieh	TPE	49.75	Jabir Madari P	IND	50.22
2015	Yuta Konishi	JPN	49.58	Chen Chieh	TPE	49.68	Kazuaki Yoshida	JPN	49.95
2013	Yasuhiro Fueki	JPN	49.86	Cheng Wen	CHN	50.07	Satinder Singh	IND	50.35
2011	Takatoshi Abe	JPN	49.64	Yuta Imazeki	JPN	50.22	Chen Chieh	TPE	50.39
2009	Kenji Narisako	JPN	49.22	Joseph G Abraham	IND	49.96	Mubarak Sultan Al-Nobi	QAT	50.19
2007	Yevgeniy Meleshenko	KAZ	50.01	Yosuke Tsushima	JPN	50.14	Joseph G Abraham	IND	50.28
2005	Hadi Souaan Al-Somaily	KSA	49.16	Yevgeniy Meleshenko	KAZ	49.18	Zhang Shibao	CH	49.65
2003	Mubarak Al-Nubi	QAT	49.19	Yevgeniy Meleshenko	KAZ	49.55	Chen Tien-Wen	TPE	50.72
2002	Mubarak Al-Nubi	QAT	48.67	Hideaki Kawamura	JPN	48.85	Yevgeniy Meleshenko	KAZ	49.56

### Last six All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Saad Hinti	MAR	48.82	Victor Ntweng	BOT	49.38	Kenmorena Tisang	BOT	50.09
2019	Abdelmalik Lahoulou	ALG	49.08	Bievenu Sawadogo	BUR	49.25	Mohamed Touati	TUN	49.29
2015	Abdelmalik Lahoulou	ALG	48.67	Miloud Rahmouni	ALG	49.27	Mohamed Sghaier	TUN	49.32
2011	Abderahmane Hamadi	ALG	50.48	Kurt Couto	MOZ	51.04	Julius Rotich	KEN	51.15
2007	L J van Zyl	RSA	48.74	Pieter De Villiers	RSA	48.91	Alwyn Myburgh	RSA	48.91
2003	Osita Okeagu	NGR	50.25	Victor Okorie	NGR	50.36	Ibou Faye	SEN	50.89

### Last eleven African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Victor Ntweng	BOT	48.88	Kemorena Tisang	BOT	49.24	Abdelmalik Lahoulou	ALG	49.36
2022	Sokwakhana Zazini	RSA	49.42	Abdelmalik Lahoulou	ALG	50.10	Were Wiseman	KEN	50.48
2018	Abdelmalik Lahoulou	ALG	48.47	Cornel Fredericks	RSA	49.40	Zied Azizi	TUN	49.48
2016	Boniface Tumuti	KEN	49.20	Amadou N'Diaye	SEN	49.41	Haron Koech	KEN	49.41
2014	Cornel Fredericks	RSA	48.78	Christian Morton	NGR	48.92	Nicholas Bett	KEN	49.03
2012	Amaechi Morton	NGR	49.32	Mamadou Kasse Hann	SEN	49.39	Boniface Tumuti	KEN	49.45
2010	L J van Zyl	RSA	48.51	Cornel Fredericks	RSA	48.79	Mamadou KasseHanne	SEN	49.10
2008	L J van Zyl	RSA	48.91	Abderahmane Hamadi	ALG	49.84	Ibrahim Maiga	MLI	49.84
2006	L J van Zyl	RSA	49.43	Alwyn Myburgh	RSA	49.88	Kurt Couto	MOZ	50.72
2004	Llewellyn Herbert	RSA	48.90	Julius Bungei	KEN	49.56	Ockert Cilliers	RSA	49.58
2002	Llewellyn Herbert	RSA	49.76	Willie Smith	NAM	50.03	Heni Kechi	TUN	50.44

### Last six Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Jaheel Hyde	JAM	49.19	Matheus Lim	BRA	49.69	Yoao Illas	CUB	49.74
2019	Alison dos Santos	BRA	48.45	Amere Lattin	USA	48.98	Kemar Mowatt	JAM	49.09
2015	Jeffery Gibson	BAH	48.51	Javier Culson	PUR	48.67	Roxroy Cato	JAM	48.72
2011	Omar Cisneros	CUB	47.99	Isa Phillips	JAM	48.82	Felix Sanchez	DOM	48.85
2007	Adam Kunkel	CAN	48.24	Bayano Kamani	PAN	48.70	LaRon Bennett	USA	49.07
2003	Felix Sanchez	DOM	48.19	Eric Thomas	USA	48.74	Dean Griffiths	JAM	49.35

### Last six Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
20A2	Kyron McMaster	IVB	48.93	Jaheel Hyde	JAM	49.78	Alastair Chalmers	GGY	49.97
2018	Kyron McMaster	IVB	48.25	Jeffery Gibson	BAH	49.10	Jaheel Hyde	JAM	49.16
2014	Cornel Fredericks	RSA	48.50	Jehue Gordon	TTO	48.75	Jeffery Gibson	BAH	48.78
2010	Dai Greene	WAL	48.52	L J van Zyl	RSA	48.63	Rhys Williams	WAL	49.19
2006	L J van Zyl	RSA	48.05	Alwyn Myburgh	RSA	48.23	Kemel Thompson	JAM	48.65
2002	Chris Rawlinson	ENG	49.14	Matt Elias	WAL	49.28	Ian Weakley	JAM	49.69

### Fastest Performances on Asian Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.94	Karsten Warholm	NOR	1	Tokyo	3 Aug 2021
2	2	46.17	Rai Benjamin	USA	2	Tokyo	3 Aug 2021
3	3	46.72	Alison dos Santos	BRA	3	Tokyo	3 Aug 2021

### Fastest Performances in Tokyo:

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	45.94	Karsten Warholm	NOR	1	3 Aug 2021
2	2	46.17	Rai Benjamin	USA	2	3 Aug 2021
3	3	46.72	Alison dos Santos	BRA	3	3 Aug 2021

### Fastest performances in September

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	46.39	Rai Benjamin	USA	1	Eugene	16 Sept 2023
2	2	46.53	Karsten Warholm	NOR	2	Eugene	16 Sept 2023
3	3	46.98	Alison dos Santos	BRA	1	Zurich	8 Sept 2022

### All-time World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.94	Karsten Warholm	NOR	1	Tokyo	3 Aug 2021
2	2	46.17	Rai Benjamin	USA	2	Tokyo	3 Aug 2021
3	3	46.29	Alison dos Santos	BRA	1	Eugene	19 July 2022
4		46.39	Rai Benjamin		1	Eugene	16 Sept 2023
5		46.46	Rai Benjamin		1	Eugene	30 June 2024
6		46.46	Rai Benjamin		1	Paris – OG	9 Aug 2024
7		46.51	Karsten Warholm		1	Monaco	21 July 2023
8		46.52	Karsten Warholm		1	Oslo	15 June 2023

### Combined 2024 & 2025 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	46.46	Rai Benjamin	USA	1	Eugene	30 June 2024
2		46.46	Rai Benjamin		1	Paris – OG	9 Aug 2024
3		46.54	Rai Benjamin		1	Stockholm	15 June 2025
4	2	46.63	Alison dos Santos	BRA	1	Oslo	30 May 2024
5		46.64	Rai Benjamin		1	Los Angeles	18 May 2024
6		46.65	Alison dos Santos		1	Eugene	5 July 2025
7		46.67	Rai Benjamin		1	Monaco	12 July 2024
8		46.68	Alison dos Santos		2	Stockholm	15 June 2025
9	3	46.70	Karsten Warholm	NOR	2	Oslo	30 May 2024
10		46.70	Karsten Warholm		1	Zurich	28 Aug 2025
11		46.71	Rai Benjamin		2	Eugene	5 July 2025
12		46.73	Karsten Warholm		2	Monaco	12 July 2024
12		46.86	Alison dos Santos		1	Doha	10 May 2024
14		46.89	Rai Benjamin		1	Eugene	3 Aug 2025
15		46.93	Rai Benjamin		1	Paris	20 June 2025
16		46.95	Karsten Warholm		1	Chorzow	25 Aug 2024
17		46.98	Karsten Warholm		1	Roma – EC	11 June 2024

Please send corrections to [KKenNakamura@gmail.com](mailto:KKenNakamura@gmail.com)

The new records set in WC will be reported through my twitter account @KKenNakamura