

# 2025 World Championships Statistics - Women's 400m

- by K Ken Nakamura

The records to look for in Tokyo:

- 1) Can Eid Naser complete the medal set by winning a bronze?
- 2) Can Klaver win first medal for NED?

## Summary:

### All time Performance List at the World Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	47.99WR	Jarmila Kratochvilova	TCH	1	Helsinki	1983
2	2	48.14	Salwa Eid Naser	BRN	1	Doha	2019
3	3	48.37	Shaunae Miller-Uibo	BAH	2	Doha	2019
4	4	48.59	Tatjana Kocembova	TCH	2	Helsinki	1983
5	5	48.76	Marileidy Paulino	DOM	1	Budapest	2023
6	6	48.89	Ana Guevara	MEX	1	Paris	2003
7	7	49.00	Sanya Richards	USA	1	Berlin	2009
8		49.11	Shaunae Miller-Uibo		1	Eugene	2022
9	8	49.13	Marie Jose Percic	FRA	1	Tokyo	1991
10	9	49.19	Mariya Pinigina	URS	3	Helsinki	1983

## Margin of Victory

	Difference	Name	Nat	Venue	Year
Max	0.81 seconds	Marileidy Paulino	DOM	Budapest	2023
	0.68 seconds	Marie Jose Percic	FRA	Göteborg	1995
Min	0.01 seconds	Christine Ohuruogu	GBR	Moskva	2013
	0.02 seconds	Cathy Freeman	AUS	Athinai	1997
		Amy Mbacke Thiam	SEN	Edmonton	2001

## Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
50.37	4sf2	Shericka Williams	JAM	Osaka	2007

## Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	47.99	Jarmila Kratochvilova	TCH	Helsinki	1983
2	48.37	Shaunae Miller-Uibo	BAH	Doha	2019
	48.59	Tatjana Kocembova	TCH	Helsinki	1983
3	49.19	Mariya Pinigina	URS	Helsinki	1983
4	49.60	Waldeline Jonathas	USA	Doha	2019
5	49.61	Phyllis Francis	USA	Doha	2019
6	50.33	Natalya Antyukh	RUS	Osaka	2007
	50.33	Lieke Klaver	NED	Budapest	2023

## World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Marileidy Paulino	DO	48.76	Natalia Kaczmarek	POL	49.57	Sada Williams	BAR	49.60
2022	Shaunae Miller-Uibo	BAH	49.11	Marileidy Paulino	DOM	49.60	Sada Williams	BAR	49.75
2019	Salwa Eid Naser	BRN	48.14	Shaunae Miller-Uibo	BAH	48.37	Shericka Jackson	JAM	49.47
2017	Phyllis Francis	USA	49.92	Salwa Eid Naser	BRN	50.06	Allyson Felix	USA	50.08
2015	Allyson Felix	USA	49.26	Shaunae Miller	BAH	49.67	Shericka Jackson	JAM	49.99
2013	Christine Ohuruogu	GBR	49.41	Amantle Montsho	BOT	49.41	Antonina Krivoschapka	RUS	49.78
2011	Amantle Montsho	BOT	49.56	Allyson Felix	USA	49.59	Francena McCorory	USA	50.45
2009	Sanya Richards	USA	49.00	Shericka Williams	JAM	49.32	Antonina Krivoschapka	RUS	49.71

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3	3	48.37	Shaunae Miller-Uibo	BAH	2	Doha	2019
4	4	48.59	Tatjana Kocembova	TCH	2	Helsinki	1983
5	5	48.76	Marileidy Paulino	DOM	1	Budapest	2023
6	6	48.89	Ana Guevara	MEX	1	Paris	2003
7	7	49.00	Sanya Richards	USA	1	Berlin	2009
8		49.11	Shaunae Miller-Uibo		1	Eugene	2022
9	8	49.13	Marie Jose Perec	FRA	1	Tokyo	1991
10	9	49.19	Mariya Pinigina	URS	3	Helsinki	1983
11	10	49.26	Allyson Felix	USA	1	Beijing	2015
12		49.28	Marie-Jose Perec		1	Göteborg	1995
13	11	49.32	Shericka Williams	JAM	2	Berlin	2009
14	12	49.38	Olga Bryzgina	URS	1	Roma	1987
15	13	49.41	Christine Ohuruogu	GBR	1	Moskva	2013
15	14	49.41	Amantle Montsho	BOT	2	Moskva	2013
17	15	49.42	Grit Breuer	GER	2	Tokyo	1991
18	16	49.43	Lorraine Fenton (Graham)	JAM	2	Paris	2003
19	17	49.47	Shericka Jackson	JAM	3	Doha	2019
20	18	49.50	Natalia Kaczmarek	POL	1sf3	Budapest	2023
21		49.51	Shericka Williams		1sf2	Berlin	2009
22		49.54	Marileidy Paulino		1sf1	Budapest	2023
23	19	49.55	Tonique Williams-Darling	BAH	1	Helsinki	2005
23		49.55	Shaunae Miller-Uibo		1sf1	Eugene	2022
25	20	49.56	Amantle Montsho		1	Daegu	2011
25		49.56	Amantle Montsho		1sf1	Moskva	2013
27		49.57	Natalia Kaczmarek		2	Budapest	2023
28	21	49.58	Sada Williams	BAR	2sf3	Budapest	2023
29		49.59	Allyson Felix		2	Daegu	2011
30	22	49.60	Wadeline Jonathas	USA	4	Doha	2019
30		49.60	Marileidy Paulino		2	Eugene	2022
30		49.60	Sada Williams		3	Budapest	2023
33		49.61	Christine Ohuruogu		1	Osaka	2007
33	23	49.61	Phyllis Francis	USA	5	Doha	2019
35	24	49.65	Nicola Sanders	GBR	2	Osaka	2007
36	25	49.66	Novlene Williams	JAM	1sf1	Osaka	2007
36		49.66	Novlene Williams		3	Osaka	2007
36		49.66	Shaunae Miller-Uibo		1sf2	Doha	2019
39	26	49.67	Cathy Freeman	AUS	1	Sevilla	1999
39	26	49.67	Antonina Krivoschapka	RUS	2sf2	Berlin	2009
39		49.67	Shaunae Miller		2	Beijing	2015
42		49.69	Tonique Darling		1sf3	Helsinki	2005
43		49.71	Antonina Krivoschapka		3	Berlin	2009
44	28	49.74	Anja Rucker	GER	2	Sevilla	1999
44		49.74	Sanya Richards		2	Helsinki	2005
46	29	49.75	Gaby Bussmann	FRG	4	Helsinki	1983
46		49.75	Christine Ohuruogu		1sf2	Moskva	2013
46	30	49.75	Sada Williams	BAR	3	Eugene	2022
49		49.76	Cathy Freeman		1sf2	Sevilla	1999
50		49.77	Cathy Freeman		1	Athinai	1997
50		49.77	Nicola Sanders		1sf2	Osaka	2007
50		49.77	Novlene Williams-Mills		4	Berlin	2009
53	31	49.78	Sandra Myers	ESP	3	Tokyo	1991
53		49.78	Antonina Krivoschapka		3	Moskva	2013

55	32	49.79	Sandie Richards	JAM	2	Athinai	1997
55		49.79	Salwa Eid Naser		1sf1	Doha	2019
57		49.81	Ana Guevara		3	Helsinki	2005
58		49.82	Olga Bryzgina		4	Tokyo	1991
58	33	49.82	Jearl Miles	USA	1	Stuttgart	1993
60	34	49.86	Amy Mbacke Thiam	SEN	1	Edmonton	2001
60	35	49.86	Francena McCorory	USA	1sf3	Moskva	2013
62	36	49.87	Rhasidat Adeleke	IRL	2sf1	Budapest	2023
62	36	49.87	Lieke Klaver	NED	1sf2	Budapest	2023

**Slowest winning time:** 49.92 by Francis in 2017; 49.86 by Amy Mbacke Thiam (SEN) in 2001

### Margin of Victory

	Difference	Name	Nat	Venue	Year
Max	0.81 seconds	Marileidy Paulino	DOM	Budapest	2023
	0.68 seconds	Marie Jose Percic	FRA	Göteborg	1995
	0.60 seconds	Jarmila Kratochvilova	TCH	Helsinki	1983
Min	0.01 seconds	Christine Ohuruogu	GBR	Moskva	2013
	0.02 seconds	Cathy Freeman	AUS	Athinai	1997
		Amy Mbacke Thiam	SEN	Edmonton	2001

### Difference between first and third

	Diff	Winning time	3 <sup>rd</sup> place time	Winner's Name	Nat	Venue	Year
Max	1.33	48.14	49.47	Salwa Eid Naser	BRN	Doha	2019
	1.20	47.99	49.19	Jarmila Kratochvilova	TCH	Helsinki	1983
Min	0.05	49.61	49.66	Christine Ohuruogu	GBR	Osaka	2007

### Difference between third and fourth (medal versus no medal)

	Difference	3 <sup>rd</sup> place time	Name	Nat	Venue	Year
Max	0.60	50.00	Jearl Miles	USA	Göteborg	1995
Min	0.03	49.95	Amy Mbacke Thiam	SEN	Paris	2003

### Fastest time in each round (no second round in 1987, 1993, 1995, and from 2001)

Round	Time	Name	Nat	Venue	Year
Final	47.99	Jarmila Kratochvilova	TCH	Helsinki	1983
Semi-final	49.50	Natalia Kaczmarek	POL	Budapest	2023
	49.51	Shericka Williams	JAM	Berlin	2009
	49.54	Marileidy Paulino	DOM	Budapest	2023
	49.55	Shanaue Miller-Uibo	BAH	Eugene	2022
Second round	50.08	Sandie Richards	JAM	Athinai	1997
First round	49.90	Marileidy Paulino	DOM	Budapest	2023
	50.02	Natalia Kaczmarek	POL	Budapest	2023

### Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
50.37	4sf2	Shericka Williams	JAM	Osaka	2007

### Average from last twelve (21<sup>st</sup> century) World Championships

	Average	2023	2022	2019	2017	2015	2013	2011	2009	2007	2005	2003	2001
Winning Time	49.26	48.76	49.11	48.14	49.92	49.26	49.41	49.56	49.00	49.61	49.55	48.89	49.86
Winning Medal	49.83	49.60	49.75	49.47	50.08	49.99	49.78	50.24	49.71	49.66	49.81	49.95	49.97
Slowest to Make Final	50.70	50.86	50.65	51.02	50.70	50.82	50.48	50.66	50.35	50.31	50.83	51.06	50.71

Fastest non-qualifier	50.76	50.71	50.81	51.08	50.71	50.62	50.47	50.90	50.45	50.37	50.96	51.19	50.87
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### 100m-400m double medalists at different championships:

Name	Nation	100m		400m	
		Venue/Year	Medal	Venue/Year	Medal
Sherika Jackson	JAM	Eugene/2022	Silver	2019 2015	Bronze Bronze

**200m – 400m double gold medalists:** None

### 400m – 800m double gold medalists:

Name	Nation	Venue	Year
Jarmila Kratochvilova	TCH	Helsinki	1983

### Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	47.99	Jarmila Kratochvilova	TCH	Helsinki	1983
2	48.37	Shaunae Miller-Uibo	BAH	Doha	2019
	48.59	Tatjana Kocembova	TCH	Helsinki	1983
3	49.19	Mariya Prinigina	URS	Helsinki	1983
4	49.60	Waldeline Jonathas	USA	Doha	2019
	49.75	Gaby Bussman	FRG	Helsinki	1983
5	49.61	Phyllis Francis	USA	Doha	2019
	50.06	Marita Payne	CAN	Helsinki	1983
6	50.33	Natalya Antyukh	RUS	Osaka	2007
	50.33	Lieke Klaver	NED	Budapest	2023
7	50.48	Dagmar Rübsam	GDR	Helsinki	1983
8	50.63	Christine Ohuruogu	GBR	Beijing	2015
	50.66	Rosalyn Bryant	USA	Helsinki	1983

### Best Marks for Places – all competitions

Pos	Time	Name	Nat	Venue	Day Month Year
1	47.60	Marita Koch	GDR	Canberra	6 Oct 1985
	47.99	Jarmila Kratochvilova	TCH	Helsinki	10 Aug 1983
2	48.27	Olga Bryzgina	URS	Canberra	6 Oct 1985
	48.37	Shaunae Miller-Uibo	BAH	Doha	3 Oct 2019
	48.53	Salwa Eid Naser	BRN	Paris	9 Aug 2024
3	48.98	Natalia Kaczmarek Bukowiecka	POL	Budapest	9 Aug 2024
	49.10	Falilat Ogunkoya	NGR	Atlanta	29 July 1996
	49.19	Mariya Pinigina	URS	Helsinki	10 Aug 1983
4	49.28	Pauline Davis-Thompson	BAH	Atlanta	29 July 1996
	49.28	Rhasidat Adeleke	IRL	Paris	9 Aug 2024
	49.60	Wadeline Jonathas	USA	Doha	3 Oct 2019
	49.61	Stephenie Ann McPherson	JAM	Tokyo	6 Aug 2021
5	49.29	Amber Anning	GBR	Paris	9 Aug 2024
	49.55	Jearl Miles-Clark	USA	Atlanta	29 July 1996
	49.61	Phyllis Francis	USA	Doha	3 Oct 2019
6	49.77	Fatima Yusuf	NGR	Atlanta	29 July 1996
	49.77	Alexis Holmes	USA	Paris	9 Aug 2024
	49.97	Jodie Williams	GBR	Tokyo	6 Aug 2021
7	49.83	Sada Williams	BAR	Paris	9 Aug 2024
	50.12	Falilat Ogunkoya	NGR	Sydney	25 Sept 2000

**Multiple Gold Medalists:**

Christine Ohuruogu (GBR): 2007, 2013  
 Cathy Freeman (AUS): 1997, 1999  
 Marie-Jose Perec (FRA): 1991, 1995

**Multiple Medalists:**

Marileidy Paulino (DOM) 2022 Silver, 2023 Gold  
 Sada Williams (BAR) 2022 Bronze, 2023 Bronze  
 Salwa Edi Naser (BRN): 2017 Silver, 2019 Gold  
 Shaunae Miller-Uibo (BAH): 2015 Silver, 2019 Silver, 2022 Gold  
 Allyson Felix (USA) 2011 Silver; 2015 Gold, 2017 Bronze (complete medal set)  
 Christine Ohuruogu (GBR): 2007 Gold, 2013 Gold  
 Amantle Montsho (BOT): 2011 Gold, 2013 Silver  
 Antonina Krivoschapka (RUS): 2009 Bronze, 2013 Bronze  
 Sanya Richards (USA): 2005 Silver, 2009 Gold  
 Amy Mbacke Thiam (SEN): 2001 Gold, 2003 Bronze  
 Ana Guevara (MEX): 2001 Bronze, 2003 Gold, 2005 Silver (complete medal set)  
 Lorraine Fenton (JAM): 1999 Bronze, 2001 Silver, 2003 Silver  
 Cathy Freeman (AUS): 1997 Gold, 1999 Gold  
 Sandie Ricahrds (JAM): 1993 Bronze, 1997 Silver  
 Jearl Miles (USA): 1993 Gold, 1995 Bronze, 1997 Bronze  
 Marie-Jose Perec (FRA): 1991 Gold, 1995 Gold

Guevara and Felix have a complete set of medals

**Multiple Medals by athletes from a single nation**

Nation	Year	Gold	Silver	Bronze
USA	2017	Phyllis Francis		Allyson Felix
GBR	2007	Christine Ohuruogu	Nicola Sanders	
USA	1993	Jearl Miles	Natasha Kaiser-Brown	
GDR	1987		Petra Müller	Kirsten Emmerlmann
TCH	1983	Jarmila Kratochivilova	Tatyana Kocembova	

**Man & Woman from the same team winning the corresponding event:**

Nation	Men	Women	Venue	Year
USA	LaShawn Merritt	Sanya Richards	Berlin	2009
USA	Michael Johnson	Jearl Miles	Stuttgart	1993

**Medals by Countries:**

Nation	Gold	Silver	Bronze
USA	4	3	4
BAH	2	3	
GBR	2	1	
AUS	2		
FRA	2		
TCH	1	1	

BOT	1	1	
BRN	1	1	
MEX	1		2
SEN	1		1
URS	1		1
JAM		4	4
GER		2	
GDR		1	1
DOM	1	1	
POL		1	
RUS			2
ESP			1
BAR			2

#### Fastest known splits in the World Championships

	Time	Final Pos	Name	Nat	Venue	Year
First 200m	22.82	1 <sup>st</sup>	Marie-Jose Perc	FRA	Tokyo	1991
Last 200m	24.77	1 <sup>st</sup>	Jarmila Kratochvilova	TCH	Helsinki	1983

#### World Champion with Olympic gold medal

Name	Nat	World Championships	Olympics
Marileidy Paulino	DOM	2023	2024
Shanaue Miller-Uibo	BAH	2022	2016, 2020
Christine Ohuruogu	GBR	2007, 2013	2008
Tonique Williams- Darling	BAH	2005	2004
Cathy Freeman	AUS	1997, 1999	2000
Marie Jose Perc	FRA	1991, 1995	1992, 1996
Olga Bryzgina	URS	1987	1988

#### World Champion with World Indoor Championships Gold medal

Name	Nat	World Championships	World Indoor Championships
Shanaue Miller-Uibo	BAH	2022	2022
Jearl Miles	USA	1993	1997

#### World Championships medalist who previously won World Junior medal

Name	Nat	World Championships	Year	World Junior Champ	Year
Shaunae Miller	JAM	Gold	2022	Gold	2010
Sanya Richards	USA	Gold	2009	Silver	2002
Sandie Richards	JAM	Bronze	1993	Bronze	1986

Grit Breuer	GDR	Silver	1991	Gold	1988
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### World Championships medalist who previously won World Youth medal:

Name	Nat	World Champ	Year	World Youth Champ	Year
Shaunae Miller	BAH	Gold	2022	Gold	2011
Salwa Eid Naser	BRN	Gold	2019	Gold	2015

### World Champion with European Championships gold medal

Name	Nat	World Championships	European Championships
Marie-Jose Perec	FRA	1991, 1995	1994

### World Championships medalists with Asian Games medal:

Name	Nat	World Championships	Asian Games	Asian Championships
Salwa Eid Naser	BRN	2019	2018	2019

### World Champion with All Africa Games/African Championships Gold medal

Name	Nat	World Championships	Africa Games	African Championships
Amantle Montsho	BOT	2011	2007, 2011	2008, 2010, 2012

### World Champion with Pan American Games gold medalist:

Name	Nat	World Championships	Pan American Games
Marileidy Paulino	DOM	2023	2023 (at 200m)
Ana Guevara	MEX	2003	1999, 2003, 2007

### World Champion with Commonwealth Games gold

Name	Nat	World Championships	Commonwealth Games
Shaunae Miller-Uibo	BAH	2022	2018 (200m)
Amantle Montsho	BOT	2011	2010, 2018
Christine Ohuruogu	GBR	2007	2006
Cathy Freeman	AUS	1997, 1999	1994

### World Championships:

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2009	Sanya Richards	USA	49.00	Shericka Williams	JAM	49.32	Antonina Krivoschapka	RUS	49.71
2007	Christine Ohuruogu	GBR	49.61	Nicola Sanders	GBR	49.65	Novlene Williams	JAM	49.66
2005	Tonique Williams Darling	BAH	49.55	Sanya Richards	USA	49.74	Ana Guevara	MEX	49.81
2003	Ana Guevara	MEX	48.89	Lorraine Fenton	JAM	49.43	Amy Mbacke Thiam	SEN	49.95
2001	Amy Mbacke Thiam	SEN	49.86	Lorraine Fenton	JAM	49.88	Ana Guevara	MEX	49.97
1999	Cathy Freeman	AUS	49.67	Anja Rucker	GER	49.74	Lorraine Graham	JAM	49.92
1997	Cathy Freeman	AUS	49.77	Sadie Richards	JAM	49.79	Jearl Miles Clark	USA	49.90
1995	Marie-Jose Perec	FRA	49.28	Pauline Davis	BAH	49.96	Jearl Miles	USA	50.00
1993	Jearl Miles	USA	49.82	Natasha Kaiser-Brown	USA	50.17	Sandie Richards	JAM	50.44

1991	Marie-Jose Perec	FRA	49.13	Grit Breuer	GER	49.42	Sandra Myers	ESP	49.78
1987	Olga Bryzgina	URS	49.38	Petra Müller	GDR	49.94	Kirsten Emmelmann	GDR	50.20
1983	Jarmila Kratochvilova	TCH	47.99	Tatana Kocembova	TCH	48.59	Mariya Pinigina	URS	49.19

### Last eleven Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Marileidy Paulino	DOM	48.17	Salwa Eid Naser	BRN	48.53	Natalia Kaczmarek	POL	48.98
2021	Shaunae Miller-Uibo	BAH	48.36	Marileidy Paulino	DOM	49.20	Allyson Felix	USA	49.46
2016	Shaunae Miller	BAH	49.44	Allyson Felix	USA	49.51	Shericka Jackson	JAM	49.85
2012	Sanya Richards-Ross	USA	49.56	Christine Ohuruogu	GBR	49.70	Deedee Trotter	USA	49.72
2008	Christine Ohuruogu	GBR	49.62	Shericka Williams	JAM	49.69	Sanya Richards	USA	49.93
2004	Tonique Williams-Darling	BAH	49.41	Ana Guevara	MEX	49.56	Natalya Antyukh	RUS	49.89
2000	Cathy Freeman	AUS	49.11	Lorraine Graham	JAM	49.58	Katherine Merry	GBR	49.72
1996	Marie Jose Perec	FRA	48.25	Cathy Freeman	AUS	48.63	Falilat Ogunkoya	NGR	49.10
1992	Marie Joe Perec	FRA	48.83	Olga Bryzgina	EUN	49.05	Ximena Restrepo	COL	49.64
1988	Olga Bryzgina	URS	48.65	Petra Muller	GDR	49.45	Olga Nazarova	URS	49.90
1984	Valerie Brisco-Hooks	USA	48.83	Chandra Cheeseborough	USA	49.05	Kathy Cook	GBR	49.43

### Last thirteen World Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2025	Amber Anning	GBR	50.60	Alexis Holmes	USA	50.63	Henriette Jaeger	NOR	50.92
2024	Femke Bol	NED	49.17	Lieke Klaver	NED	50.16	Alexis Holmes	USA	50.24
2022	Shaunae Miller-Uibo	BAH	50.31	Femke Bol	NED	50.57	Stephenie McPherson	JAM	50.79
2018	Courtney Okolo	USA	50.55	Shakima Wimbley	USA	51.47	Eilidh Doyle	GBR	51.60
2016	Kemi Adekoya	BRN	51.45	Ashley Spencer	USA	51.72	Quanera Hayes	USA	51.76
2014	Francena McCorory	USA	51.12	Kaliese Spencer	JAM	51.54	Shaunae Miller	BAH	52.06
2012	Sanya Richards-Ross	USA	50.79	Aleksandra Fedoriva	RUS	51.76	Natahsa Hastings	USA	51.82
2010	Debbie Dunn	USA	51.04	Tatyana Firova	RUS	51.13	Vania Stambolova	BUL	51.50
2008	Olesya Zykina	RUS	51.09	Natalya Nazarova	RUS	51.10	Sharese Woods	USA	51.41
2006	Olesya Krasnomovetts	RUS	50.04	Vania Stambolova	BUL	50.21	Christine Amertil	BAH	50.34
2004	Natalya Nazarova	RUS	50.19	Olesya Krasnomovets	RUS	50.65	Tonique Williams	BAH	50.87
2003	Natalya Nazarova	RUS	50.83	Christine Amertil	BAH	51.11	Grit Breuer	GER	51.13
2001	Sandie Richards	JAM	51.04	Olga Kotolyarova	RUS	51.56	Olesya Zykina	RUS	51.71

### Last fourteen World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Lurdes Gloria Manuel	CZE	51.29	Dianna Proctor	CAN	51.98	Zaya Akins	USA	52.00
2022	Yemi Mary John	GBR	51.50	Damaris Mutunga	KEN	51.71	Rupal	IND	51.85
2020	Imaabong Nse Uko	NGR	51.55	Karnelia Lesiewicz	POL	51.97	Sylvia Chelangat	KEN	52.23
2018	Hima Das	IND	51.46	Andrea Miklos	ROU	52.07	Taylor Manson	USA	52.28
2016	Tiffany James	JAM	51.32	Lynna Irby	USA	51.39	Junelle Bromfield	JAM	52.05
2014	Kendall Baisden	USA	51.85	Gilda Casanova	CUB	52.59	Olivia Baker	USA	53.00
2012	Ashley Spencer	USA	50.50	Kadecia Baird	GUY	51.04	Erika Rucker	USA	51.10
2010	Shaunae Miller	BAH	52.52	Margaret Etim	NGR	53.05	Bianca Razor	ROU	53.17
2008	Sade Abugan	NGR	51.84	Jessica Beard	USA	52.09	Susana Clement	CUB	52.36
2006	Danijela Grigic	CRO	50.78	Sonita Sutherland	JAM	51.42	Nawal Al-Jak	SUD	51.67
2004	Natasha Hastings	USA	52.04	Sonita Sutherland	JAM	52.41	Ashlee Kidd	USA	52.45
2002	Monique Henderson	USA	51.10	Sanya Richards	USA	51.49	Sheryl Morgan	JAM	52.61
2000	Jana Pittman	AUS	52.45	Aneta Lemiersz	POL	52.78	Norma Gonzalez	COL	53.30
1998	Natalya Nazarova	RUS	52.02	Nakiya Johnson	USA	52.09	Yudalis Diaz	CUB	52.39

### World Youth Championships

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
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2017	Barbora Malikova	CZE	52.74	Mary Moraa	KEN	53.31	Giovana Rosalia Dos Santos	BRA	53.57
2015	Salwa Eid Naser	BRN	51.50	Lynna Irby	USA	51.79	Catherine Reid	GBR	52.25
2013	Sabrina Bakare	GBR	52.77	Olivia Baker	USA	53.38	Tiffany James	JAM	52.77
2011	Shaunae Miller	BAH	51.84	Christian Brennan	CAN	52.12	Olivia James	JAM	52.14
2009	Ebony Eutsey	USA	52.88	Michelle Brown	USA	53.44	Sandra Wagner	SWE	53.52
2007	Yuliya Baraley	UKR	53.57	Latoya McDermott	JAM	54.12	Alexandra Stukova	SVK	54.46
2005	Nawal Al-Jak	SUD	51.19	Danijeta Grgic	CRO	51.30	Aymee Martinez	CUB	52.04
2003	Natasha Hastings	USA	53.41	Antonina Krivoschapka	RUS	53.54	Jaimee-Lee Hoebergen	AUS	53.78
2001	Stephanie Smith	USA	52.19	Jerricka Chapple	USA	52.80	Anneisha McLaughlin	JAM	53.35
1999	Monique Henderson	USA	52.28	Helen Okpanachi	NGR	52.38	Norma Gonzalez	COL	52.39

### Last ten European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Natalia Kaczmarek	POL	48.98	Rhasidat Adeleke	IRL	49.07	Lieke Klaver	NED	50.08
2022	Femke Bol	NED	49.44	Natalia Kaczmarek	POL	49.94	Anna Kielbasinska	POL	50.29
2018	Justyna Swiety-Ersetic	POL	50.41	Maria Belibasaki	GRE	50.45	Lisanne de Witte	NED	50.77
2016	Libania Grenot	ITA	50.73	Floria Guei	FRA	51.21	Anyika Onuora	GBR	51.47
2014	Libania Grenot	ITA	51.10	Olga Zemlyak	UKR	51.36	Indira Terrero	ESP	51.38
2012	Moa Hjelmer	SWE	51.13	Kseniya Zadorina	RUS	51.26	Ilona Usovich	BLR	51.94
2010	Tatyana Firova	RUS	49.89	Kseniya Ustalova	RUS	49.92	Antonina Krivoschapka	RUS	50.10
2006	Vanya Stambolova	BUL	49.85	Tatyana Veshkurova	RUS	50.15	Olga Zaytseva	RUS	50.28
2002	Olesya Zykina	RUS	50.45	Grit Breuer	GER	50.70	Lee McConnell	GBR	51.02
1998	Grid Breuer	GER	49.93	Helena Fuchsova	CZE	50.21	Olga Kotlyarova	RUS	50.38

### Last seven Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Kemi Adekoya	BRN	50.66	Salwa Eid Naser	BR	50.92	Sheeren Samson Vallybouy	MA	52.58
2018	Salwa Naser	BRN	50.09	Hima Das	IND	50.79	Elina Mikhina	KAZ	52.63
2014	Kemi Adekoya	BRN	51.59	Quach Thi Lan	VIE	52.06	Machettira Raju Poovamma	IND	52.36
2010	Olga Tereshkova	KAZ	51.97	Asami Chiba	JPN	52.68	Marina Maslenko	KAZ	52.70
2006	Olga Tereshkova	KAZ	51.86	Manjet Kaur	IND	52.17	Asami Tanno	JPN	53.04
2002	Damayanthi Dharsha	SRI	51.13	K Mathew Beenamol	IND	52.04	Svetlana Bodritskaya	KAZ	52.10
1998	Damayanthi Dharsha	SRI	51.57	Chen Yuxiang	CHN	52.50	Svetlana Bodritskaya	KAZ	53.00

### Last twelve Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Nadeesha Ramanayake	SRI	52.61	Farida Soliyeva	UZB	52.95	Aishwarya Mishra	IND	53.07
2019	Salwa Eid Naser	BRN	51.34	Elina Mikhina	KAZ	53.19	Machettira Poovamma	IND	53.21
2017	Nirmla	IND	52.01	Quach Thi	VIE	52.78	Jisna Mathew	IND	53.32
2015	Yang Huizhen	CHN	52.37	Machettira Poovamma	IND	53.07	Anastasiya Kudinova	KAZ	53.41
2013	Zho Yanmin	CHN	52.49	Raju Poovamma	IND	53.37	Greta Taslakian	LIB	53.43
2011	Olga Tereshkova	KAZ	52.37	Gulustan Ieso	IRQ	52.80	Chen Jingwen	CHN	52.89
2009	Asami Tanno	JPN	53.32	Chen Lin	CHN	53.55	Manjeet Kaur	IND	53.66
2007	Chitra Soman	IND	53.03	Asami Tanno	JPN	53.20	Menike Wickramasinghe	SIR	54.11
2005	Manjeet Kaur	IND	51.50	Satti Geetha	IND	51.75	Asami Tanno	JPN	52.91
2003	Yin Yin Khine	MYA	52.96	Bu Fanfang	CHN	52.97	Svetlana Bodritskaya	KAZ	53.19
2002	Tatyana Roslanova	KAZ	52.61	Zamira Amirova	UZB	53.87	Nguyen Thi Tinh	VIE	54.57
2000	Damayanthi Dharsha	SRI	51.05	K Mathews Beenamol	IND	51.41	Chen Yuxiang	CHN	52.81

### Last seven All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Mary Moraa	KEN	50.57	Esther Joseph	NGR	51.61	Sita Sibiri	BUR	51.74
2019	Galefele Moroko	BOT	51.30	Favour Ofili	NGR	51.68	Grace Obour	GHA	51.86

2015	Kabange Mupopo	ZAM	50.22	Patience George	NGR	50.71	Tjipekapora	NAM	51.55
2011	Amantle Montsho	BOT	50.87	Amy Mbacke Thiam	SEN	51.77	Tjipekapora	NAM	51.84
2007	Amantle Montsho	BOT	51.13	Joy Eze	NGR	51.20	Sade Abugan	NGR	51.44
2003	Fatou Bintou Fall	SEN	51.38	Doris Jacob	NGR	51.41	Mirelle Nguimgo	CMR	51.59
1999	Failat Ogunkoya	NGR	50.02	Olabisi Afolabi	NGR	50.34	Amy Mbacke Thiam	SEN	50.95

### Last twelve African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Miranda Coetzee	RSA	51.16	Quincy Malekani	ZAM	51.56	Elizabveth Joseph	NGR	51.94
2022	Miranda Coetzee	RSA	51.82	Mingilish Nidy	ZAM	52.36	Veronica Mutua	KEN	52.76
2018	Caster Semenya	RSA	49.96	Christine Botlogetswe	BOT	51.19	Yinka Ajayi	NGR	51.34
2016	Mupopo Kabange	ZAM	51.56	M Wambui	KEN	52.24	P George	NGR	52.33
2014	Sade Abugan	NGR	51.21	Kabange Mpopo	ZAM	51.21	Patience George	NGR	51.68
2012	Amantle Montsho	BOT	49.54	Regina George	NGRT	51.11	Amy Mbacke Thiam	SEN	51.68
2010	Amantle Montsho	BOT	50.03	Ami Mbacke Thiam	SEN	51.32	Sade Abugan	NGR	51.63
2008	Amantle Montsho	BOT	49.83	Sade Abugan	NGR	50.89	Racheal Nachula	ZAM	51.39
2006	Amy Mbacke Thiam	SEN	52.22	Amantle Montsho	BOT	52.68	Louise Ayetoche	CIV	52.92
2004	Fatou Bintou Fell	SEN	50.62	Nadjina Kaltouma	CHA	50.80	Hortense Bewouda	CMR	51.15
2002	Nadjina Kaltouma	CHA	51.09	Mireille Nguimgo	CMR	51.61	Awatef Ben Hassine	TUN	52.22
2000	Claudine Komgang	CMR	51.35	Mireille Nguimgo	CMR	51.81	Nadjina Kaltouma	CHA	52.27

### Last seven Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Martina Weil	CHI	51.48	Nicole Caicedo	ECU	51.76	Evelyn Aguilar	COL	51.95
2019	Shericka Jackson	JAM	50.73	Paola Moran	MEX	51.02	Courtney Okolo	USA	51.22
2015	Kendall Baisden	USA	51.27	Shakima Wimbley	USA	51.36	Kineke Alexander	VIN	51.50
2011	Ynnifer Padilla	COL	51.53	Daysurami Bonne	CUB	51.69	Geisa Coutinho	BRA	51.87
2007	Ana Guevara	MEX	50.34	Christine Amertil	BAH	50.99	Indira Terrero	CUB	51.09
2003	Ana Guevara	MEX	50.36	Hazel-Ann Regis	GRN	51.56	Aliann Pompey	GUY	52.06
1999	Anna Guevara	MEX	50.91	Michelle Collins	USA	51.21	Claudine Williams	JAM	51.58

### Last seven Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Sada Williams	BAR	49.90	Victoria Ohuruogu	ENG	50.72	Jodie Williams	ENG	51.26
2018	Amantle Montsho	BOT	50.15	Anastasia Le-Roy	JAM	50.57	Stephenie McPherson	JAM	50.93
2014	Stephenie McPherson	JAM	50.67	Novlene Williams-Mills	JAM	50.86	Christine Day	JAM	51.09
2010	Amantle Montsho	BOT	50.10	Aliann Pompey	GUY	51.65	Christine Amertil	BAH	51.96
2006	Christine Ohuruogu	ENG	50.28	Tonique Williams-Darling	BAH	50.76	Novlene Williams	JAM	51.12
2002	Aliann Pompey	GUY	51.63	Lee McConnell	SCO	51.68	Sandie Richards	JAM	51.79
1998	Sandie Richards	JAM	50.17	Allison Curbishley	SCO	50.71	Donna Fraser	ENG	51.01

### Fastest Performances on Asian Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	48.14	Salwa Eid Naser	BRN	1	Doha	3 Oct 2019
2	2	48.36	Shaunae Miller-Uibo	BAH	1	Tokyo	6 Aug 2021
3		48.37	Shaunae Miller-Uibo		2	Doha	3 Oct 2019

### Fastest Performances in Tokyo:

Performance	Performer	Time		Nat	Pos	DMY
1	1	48.36	Shaunae Miller-Uibo	BAH	1	6 Aug 2021
2	2	49.13	Mari-Jose Percec	FRA	1	27 Aug 1991
3	3	49.18	Olga Bryzgina	URS	1	21 Sept 1985

### Fastest Performances in September

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	48.16	Marita Koch	DDR	1	Athinai	8 Sept 1982
2	2	48.61	Jarmila Kratochvilova	TCS	1	Roma	6 Sept 1981
3	3	48.65	Olga Bryzgina	URS	1	Seoul	26 Sept 1988

### All-time World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	47.60	Marita Koch	GDR	1	Canberra	6 Oct 1985
2	2	47.99	Jarmil Kratochilova	TCH	1	Helsinki	10 Aug 1983
3	3	48.14	Salwa Eid Naser	BRN	1	Doha	3 Oct 2019
4		48.16	Marita Koch		1	Athinai	8 Sept 1982
4		48.16	Marita Koch		1	Praha	17 Aug 1984
6	4	48.17	Marileidy Paulino	DOM	1	Paris	9 Aug 2024
7		48.22	Marita Koch		1	Stuttgart	28 Aug 1986
8	5	48.25	Marie-Jose Percic	FRA	1	Atlanta	29 July 1996
9		48.26	Marita Koch		1	Dresden	27 July 1984
10	6	48.36	Shaunae Miller-Uibo	BAH	1	Tokyo	6 Aug 2021

### Combined 2024 & 2025 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	48.17	Marileidy Paulino	DOM	1	Paris – OG	9 Aug 2024
2	2	48.53	Salwa Eid Naser	BRN	2	Paris – OG	9 Aug 2024
3	3	48.57	Nickisha Pryce	JAM	1	London	20 July 2024
4		48.66	Marileidy Paulino		1	Chorzow	25 Aug 2024
5		48.67	Salwa Eid Naser		1	Kingston	5 Apr 2025
6		48.70	Salwa Eid Naser		1	Zurich	28 Aug 2025
7	4	48.75	Sydney McLaughlin-Levrone	USA	1	Randalls Island	9 June 2024
8		48.81	Marileidy Paulino		1	Paris	20 June 2025
9		48.85	Salwa Eid Nasser		2	Paris	20 June 2025
10		48.89	Nickisha Pryce		1	Eugene -NCAA	8 June 2024
10		48.90	Sydney McLaughlin-Levrone		1	Eugene	2 Aug 2025
12	6	48.90	Natalia Bukowiecka	POL	2	London	20 July 2024
13		48.94	Salwa Eid Naser		1	Bayaguana	29 Mar 2025
14		48.98	Natalia Bukowiecka		1	Roma – EC	10 June 2024
14		48.98	Natalia Bukowiecka		3	Paris – OG	9 Aug 2024

Please send corrections to [KKenNakamura@gmail.com](mailto:KKenNakamura@gmail.com)

The new records set in WC will be reported through my twitter account @KKenNakamura