



\$48,000

**2025 Oklahoma Throws Series
World Invitational
Continental Tour
(C-Level, Bronze Meet)**

**April 11th-13th, 2025
Throw Town Ramona
38087 N 4000 Rd. Ramona, Oklahoma 74061
(Senior/ International Implements)**

Listed below is the registration information, payout details, performance bonus structure and event schedule for the 2025 Continental Tour meet.

Registration will take place on the athletic.net link below. Deadline is 1pm CT on April 4th, 2025. Please Fill out the Athlete Contact Form to receive live updates and announcements.

<https://www.athletic.net/team/69838/track-and-field-outdoor/2025>

Entries for the men and women will be the top 24 entries for each event (shot put, discus, hammer & Javelin throw) and will be based on the World Athletic world ranking list using the senior international implements.

For the discus event there will be three flights of 8 (flights A,B&C), offering 6 throws.

Flight A is the Top 8 entries on the world ranking list

Flight B will be the next best entries 9th-16th on the world ranking list

Flight C will be 17th – 24th best entries on the world ranking list.

Implement and Athlete Check-In must be done prior to one hour before the event start time.



2025 Oklahoma Throws Series Competition Dates at Throw Town Ramona

MARCH DATES

3/15/2025
 3/16/2025
 3/22/2025
 3/23/2025
 3/29/2025
 3/30/2025

JUNE DATES

6/1/2025
 6/7/2025
 6/8/2025
 6/22/2025
 6/28/2025
 6/29/2025

APRIL DATES

4/5/2025
 4/6/2025
 4/10/2025
 4/11/2025 World Invitational
 4/12/2025 World Invitational
 4/13/2025 World Invitational
 4/18/2025
 4/19/2025
 4/26/2025
 4/27/2025

MAY DATES

5/17/2025
 5/18/2025
 5/24/2025
 5/25/2025
 5/31/2025

JULY DATES

7/19/2025
 7/20/2025

Performance Bonuses offered at all 2025 competitions.
 All Competitions are USATF & World Athletic Sanctioned
 REGISTRATION: Athletic.net, Search: Oklahoma Throws Series
<https://www.athletic.net/team/69838/track-and-field-outdoor/2025>



Thursday, April 10th Schedule: 30min warmup before the Start times. No prize money. Only Performance Bonuses apply

11:30 am	Open Men & Women Left-Handed Discus (19-80)
1:00 pm	Open Men's Discus (ages 19-80)
3:30 pm	Open Women's Discus (ages 19-80)

Friday, April 11th Schedule: 30min warmup before the Start times

11:00 am	Women's Javelin
1:00 pm	Men's Javelin
3:00 pm	Women's Hammer
5:00 pm	Men's Hammer

Saturday, April 12th Schedule: 30min warmup before the Start times

10:00 am	Men's Shot Put
12:00 pm	Women's Discus Flight C
1:30 pm	Women's Discus Flight B
3:00 pm	Women's Discus Flight A

Sunday, April 13th Schedule: 30min warmup before the Start times

10:00 am	Women's Shot Put
12:00 pm	Men's Discus Flight C
1:30 pm	Men's Discus Flight B
3:00 pm	Men's Discus Flight A

For Men's & Women's Discus: Flights (A, B&C) will be eligible for prize money. In addition, the Performance bonuses will apply to all flights.



Total Prize Money offered will be \$48,000.

Prize money distribution for Men and Women's A flight discus events.

1. \$2000
2. \$900
3. \$500
4. \$300
5. \$200
6. \$150
7. \$100
8. \$50

Prize money distribution for the other Men and Women throwing events including Men and Women's B&C discus flights.

1. \$1500
2. \$800
3. \$500
4. \$300
5. \$200
6. \$150
7. \$100
8. \$50

Performance Bonuses to be awarded for the following:

\$15,000 for a World Record (only 1 per person per meet.)

\$5000 for Area Record (only 1 per person per meet.) Areas defined below.

\$2500 for the World Leading Mark (only 1 per person per meet.)

\$1500 for the World Championship Standard (awarded once per event for the year.) \$2500 will be awarded at the World Invitational.

Area Records are for the following defined areas:

Asia, Africa, Europe, Oceania, NACAC, South America

Millican Field at Throw Town Ramona Facility Records

Men's Discus	74.35m	2024	Mykolas Alekna
Women's Discus	73.09m	2024	Yaime Perez
Men's Shot Put	21.20m	2024	Uziel Munoz
Women's Shot Put	19.17m	2024	Raven Saunders
Men's Hammer Throw	79.03m	2024	Daniel Haugh
Women's Hammer Throw	71.96m	2021	Jillian Weir
Men's Javelin Throw	76.89m	2023	Chinecherem Nnamdi
Women's Javelin Throw	56.10m	2024	Sae Takemoto

Men's discus Top 10 Performance List at Throw Town Ramona

Rank	First Name	Last Name	Meters	Feet	Date
1	Mykolas	Alekna	74.35m	243' 11"	4/13/2024
2	Alex	Rose	70.39m	230' 11"	4/16/2023
3	Ralford	Mullings	69.67m	228' 6"	4/6/2024
4	Reggie	Jagers III	69.16m	226' 10"	4/28/2024
5	Roje	Stona	69.05m	226' 6"	4/13/2024
6	Mika	Sosna	68.96m	226' 2"	4/13/2024
7	Connor	Bell	68.10m	223' 5"	4/13/2024
8	Joseph	Brown	67.92m	222' 10"	6/2/2024
9	Nick	Percy	67.73m	222' 2"	4/6/2024
10	Andrew	Evans	67.50m	221' 5"	3/24/2024

Women's discus Top 10 Performance List at Throw Town Ramona

Rank	First Name	Last Name	Meters	Feet	Date
1	Yaime	Perez	73.09m	239' 9"	4/13/2024
2	Veronica	Fraley	67.17m	220' 4"	4/13/2024
3	Alida	Van Daalen	66.31m	217' 6"	4/20/2024
4	Rachel	Dincoff	65.46m	214' 9"	6/12/2022
5	Ieva	Gumbs	64.98m	213' 2"	4/13/2024
6	Chioma	Onyekwere	64.96m	213' 1"	4/15/2023
7	Alexandra	Emilianov	64.42m	211' 4"	4/13/2024
8	Gabi	Jacobs	63.51m	208' 4"	4/13/2024
9	Obiageri	Amaechi	63.17m	207' 3"	5/19/2024
10	Jade	Lally	63.15m	207' 2"	4/27/2024

Air Travel:

TULSA International Airport (TUL) (25 miles, 26 min drive)
7777 Airport Dr
Unit A-211
Tulsa, OK 74115

Rental Car: Always Check Priceline

Dollar Car Rental
6333 E Apache St
Tulsa, OK 74115
918-838-5236

Hotel Accommodations for all Athletes and Coaches:

Osage Casino Tulsa (24 miles, 25 min drive)
951 W 36th St N
Tulsa, OK 74127

All athletes and coaches may begin booking their guestrooms now by calling 877-246-8777 or at www.osagecasino.com,

To Book Online:

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- Select the Tulsa Property
- Under the Osage logo is Have a Promo or Group Code? Enter it now, click on now
- Select your arrival and departure date
- You will enter your **Group Code: 3021470 for Tulsa**
- Select Update
- Select the room type and complete your reservation

Meet Director and Facility Manager:

Caleb Seal
Throw Town Ramona / Seal Throwing Club LLC
38087 N 4000 Rd.
Ramona, OK 74061
WhatsApp: 918-644-9970
Email: oklahomathrows@gmail.com;