

2024 Olympic Games Statistics - Women's 400m

by K Ken Nakamura

The records to look for in Paris:

- 1) Can Kaczmarek win first medal for POL since Szewinska?
- 2) Can Adeleke win first medal for IRL in this event?
- 3) Can Paulino win first gold for DOM?

Summary Page:

All time Performance List at the Olympic Games

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	48.25	Marie-Jose Perek	FRA	1	Atlanta	1996
2	2	48.36	Shaunae Miller-Uibo	BAH	1	Tokyo	2021
3	3	48.63	Cathy Freeman	AUS	2	Atlanta	1996
4	4	48.65	Olga Bryzgina	URS	1	Seoul	1988
5	5	48.83	Valerie Brisco-Hooks	USA	1	Los Angeles	1984
5		48.83	Marie Jose-Perek		1	Barcelona	1992
7	6	48.88	Marita Koch	GDR	1	Moskva	1980
8	7	49.05	Chandra Cheeseborough	USA	2	Los Angeles	1984
8		49.05	Olga Bryzgina	EUN	2	Barcelona	1992
10	8	49.10	Falilat Ogunkoya	NGR	3	Atlanta	1996

Slowest winning time since 1976: 49.62 by Christine Ohuruogu (GBR) in 2008

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.23	49.28	Irena Szewinska	POL	Montreal	1976
Min	0.07	49.62	Christine Ohuruogu	GBR	Beijing	2008
		49.44	Shaunae Miller	BAH	Rio de Janeiro	2016

Fastest time in each round

Round	Time	Name	Nat	Venue	Year
Final	48.25	Marie-Jose Perek	FRA	Atlanta	1996
Semi-final	49.11	Olga Nazarova	URS	Seoul	1988
First round	50.06 (3 rounds)	Marileidy Paulino	DOM	Tokyo	2021

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
49.91	5sf1	Jillian Richardson	CAN	Seoul	1988

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	48.25	Marie-Jose Perek	FRA	Atlanta	1996
2	48.63	Cathy Freeman	AUS	Atlanta	1996
3	49.10	Falilat Ogunkoya	NGR	Atlanta	1996

Last ten Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Shaunae Miller-Uibo	BAH	48.36	Marileidy Paulino	DOM	49.20	Allyson Felix	USA	49.46
2016	Shaunae Miller	BAH	49.44	Allyson Felix	USA	49.51	Shericka Jackson	JAM	49.85
2012	Sanya Richards-Ross	USA	49.55	Christine Ohuruogu	GBR	49.70	Deedee Trotter	USA	49.72
2008	Christine Ohuruogu	GBR	49.62	Shericka Williams	JAM	49.69	Sanya Richards	USA	49.93
2004	Tonique Williams-Darling	BAH	49.41	Ana Guevara	MEX	49.56	Natalya Antyukh	RUS	49.89
2000	Cathy Freeman	AUS	49.11	Lorraine Graham	JAM	49.58	Katherine Merry	GBR	49.72
1996	Marie Jose Perek	FRA	48.25	Cathy Freeman	AUS	48.63	Falilat Ogunkoya	NGR	49.10
1992	Marie Jose Perek	FRA	48.83	Olga Bryzgina	EUN	49.05	Ximena Restrepo	COL	49.64
1988	Olga Bryzgina	URS	48.65	Petra Müller	GDR	49.45	Olga Nazarova	URS	49.90
1984	Valerie Brisco-Hooks	USA	48.83	Chandra Cheeseborough	USA	49.05	Kathy Cook	GBR	49.43

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1	1	48.25	Marie-Jose Perec	FRA	1	Atlanta	1996
2	2	48.36	Shaunae Miller-Uibo	BAH	1	Tokyo	2021
3	3	48.63	Cathy Freeman	AUS	2	Atlanta	1996
4	4	48.65	Olga Bryzgina	URS	1	Seoul	1988
5	5	48.83	Valerie Brisco-Hooks	USA	1	Los Angeles	1984
5		48.83	Marie Jose-Perec		1	Barcelona	1992
7	6	48.88	Marita Koch	GDR	1	Moskva	1980
8	7	49.05	Chandra Cheeseborough	USA	2	Los Angeles	1984
8		49.05	Olga Bryzgina	EUN	2	Barcelona	1992
10	8	49.10	Falilat Ogunkoya	NGR	3	Atlanta	1996
11	9	49.11	Olga Nazarova	URS	1sf1	Seoul	1988
11		49.11	Cathy Freeman		1	Sydney	2000
13		49.19	Marie Jose Perec		1sf2	Atlanta	1996
14	10	49.20	Marileidy Paulino	DOM	2	Tokyo	2021
15	11	49.28	Irena Szewinska	POL	1	Montreal	1976
15	11	49.28	Pauline Davis	BAH	4	Atlanta	1996
17		49.33	Olga Bryzgina		1sf2	Seoul	1988
18	13	49.34	Stephenie Ann McPherson	JAM	1sf3	Tokyo	2021
19		49.38	Marileidy Paulino	DOM	1sf1	Tokyo	2021
20	14	49.41	Tonique Williams-Darling	BAH	1	Athinai	2004
21	15	49.43	Kathy Cook Smallwood	GBR	3	Los Angeles	1984
22		49.44	Shaunae Miller-Uibo		1	Rio de Janeiro	2016
23	16	49.45	Petra Müller	GDR	2	Seoul	1988
24	17	49.46	Jarmila Kratochvilova	TCH	2	Moskva	1980
24	17	49.46	Allyson Felix	USA	3	Tokyo	2021
26		49.48	Marie-Jose Perec		1sf1	Barcelona	1992
27		49.50	Petra Müller		2sf1	Seoul	1988
28		49.51	Allyson Felix		2	Rio de Janeiro	2016
28	19	49.51	Candice McLeod	JAM	2sf1	Tokyo	2021
30	20	49.55	Jearl Miles	USA	5	Atlanta	1996
30	20	49.55	Sanya Richards-Ross	USA	1	London	2012
32	22	49.56	Ana Guevara	MEX	2	Athinai	2004
33		49.57	Falilat Ogunkoya		2sf2	Atlanta	1996
34	23	49.58	Lorraine Graham	JAM	2	Sydney	2000
35		49.60	Shaunae Miller-Uibo		1sf2	Tokyo	2021
36		49.62	Stephenie Ann McPherson		4	Tokyo	2021
36	24	49.62	Christine Ohuruogu	GBR	1	Beijing	2008
38	25	49.64	Ximena Restrepo	COL	3	Barcelona	1992
39	26	49.66	Christina Lathan Brehmer	GDR	3	Moskva	1980
40		49.67	Allyson Felix		1sf3	Rio de Janeiro	2016
41		49.69	Olga Nazarova		4	Barcelona	1992
41	27	49.69	Shericka Williams	JAM	2	Beijing	2008
43		49.70	Christine Ohuruogu		2	London	2012
44	28	49.71	Roxana Gomez	CUB	3sf1	Tokyo	2021
45	29	49.72	Katharine Merry	GBR	3	Sydney	2000
45	29	49.72	Deedee Trotter	USA	3	London	2012
47	31	49.75	Amantle Montsho	BOT	4	London	2012
48		49.76	Ximena Restrepo		2sf1	Barcelona	1992
48		49.76	Olga Bryzgina		3sf1	Barcelona	1992
50	32	49.77	Fatima Yusuf	NGR	6	Atlanta	1996
51	33	49.79	Donna Fraser	GBR	4	Sydney	2000
52	34	49.81	Antonina Krivoschapka	RUS	1sf3	London	2012
52	34	49.81	Quanera Hayes	USA	4sf1	Tokyo	2021
54	36	49.83	Shericka Jackson	JAM	1sf2	Rio de Janeiro	2016

55	37	49.84	Diane Dixon	USA	3sf1	Seoul	1988
56		49.85	Pauline Davis		3sf2	Atlanta	1996
56		49.85	Sherika Jackson	JAM	3	Rio de Janeiro	2016
58	38	49.87	Denean Howard		4sf1	Seoul	1988
58		49.87	Deedee Trotter		2sf3	London	2012
58		49.87	Candice McLeod		5	Tokyo	2021
61	39	49.88	Monique Hennagan	USA	1sf3	Athinai	2004
62	40	49.89	Natalya Antyukh	RUS	3	Athinai	2004
62		49.89	Allyson Felix		2sf3	Tokyo	2021
64		49.90	Valerie Brisco		2sf2	Seoul	1988
64		49.90	Olga Nazarova		3	Seoul	1988
64		49.90	Sanya Richards		1sf2	Beijing	2008
64	41	49.90	Natasha Hastings	USA	2sf2	Rio de Janeiro	2016
68	42	49.91	Marita Payne	CAN	4	Los Angeles	1984
68	42	49.91	Jillian Richardson	CAN	5sf1	Seoul	1988
68	42	49.91	Novlene Williams-Mills	JAM	3sf3	London	2012
68		49.91	Shaunae Miller-Uibo	BAH	2sf3	Rio de Janeiro	2016
72		49.93	Jillian Richardson		5	Barcelona	1992
72		49.93	Sanya Richards		3	Beijing	2008
74		49.96	Ana Guevara		5	Sydney	2000
75		49.97	Monique Hennagan		4	Athinai	2004
75	45	49.97	Jodie Williams	GBR	2sf2	Tokyo	2021
75		49.97	Jodie Williams	GBR	6	Tokyo	2021

Slowest winning time since 1976: 49.62 by Christine Ohuruogu (GBR) in 2008

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.23	49.28	Irena Szewinska	POL	Montreal	1976
Min	0.07	49.62	Christine Ohuruogu	GBR	Beijing	2008
		49.44	Shaunae Miller	BAH	Rio de Janeiro	2016

Difference between first and third

	Diff	Winning time	3 rd place time	Winner's Name	Nat	Venue	Year
Max	1.39	52.01	53.4	Betty Cuthbert	AUS	Tokyo	1964
Min	0.17	49.55	49.72	Sanya Richards-Ross	USA	London	2012
	0.22	52.03	52.25	Colette Besson	FRA	Mexico City	1968

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	1.0h	53.4h	Judy Amoore	AUS	Tokyo	1964
	0.49	49.85	Shericka Jackson	JAM	Rio de Janeiro	2016
	0.48	49.43	Kathy Smallwood Cook	GBR	Los Angeles	1984
Min	0.01	50.55	Ellen Streidt	GDR	Montreal	1976

Fastest time in each round (4 rounds in 1988, 1992, 1996, 2000)

Round	Time	Name	Nat	Venue	Year
Final	48.25	Marie-Jose Perec	FRA	Atlanta	1996
Semi-final	49.11	Olga Nazarova	URS	Seoul	1988
Quarter-final	50.26	Olga Nazarova	URS	Seoul	1988
First round	50.06 (3 rounds)	Marileidy Paulino	DOM	Tokyo	2021
	50.11 (3 rounds)	Sanya Richards	USA	Athinai	2004
	51.00 (4rounds)	Pauline Davis	BAH	Atlanta	1996

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
49.91	5sf1	Jillian Richardson	CAN	Seoul	1988

Average of last ten Olympics

	Average	2021	2016	2012	2008	2004	2000	1996	1992	1988	1984
Winning Time	49.01	48.36	49.44	49.55	49.62	49.41	49.11	48.25	48.83	48.65	48.83
Winning Medal	49.66	49.46	49.85	49.72	49.93	49.89	49.72	49.10	49.64	49.90	49.43
Missing Medal (4 th)	49.85	49.61	50.34	49.75	50.01	49.97	49.79	49.28	49.69	50.16	49.91
8 th place	51.01			50.79	51.18	50.65	51.04	50.71	50.87	51.25	51.56
Slowest to make final	50.73	49.47	50.69	50.98	50.63	50.63	51.21	50.75	50.40	50.36	52.21

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	48.25	Marie-Jose Perc	FRA	Atlanta	1996
2	48.63	Cathy Freeman	AUS	Atlanta	1996
3	49.10	Falilat Ogunkoya	NGR	Atlanta	1996
4	49.28	Pauline Davis	BAH	Atlanta	1996
5	49.55	Jearl Miles	USA	Atlanta	1996
6	49.77	Fatima Yusuf	NGR	Atlanta	1996

Best Marks for Places – All Competitions

Pos	Time	Name	Nat	Venue	Day Month Year
1	47.60	Marita Koch	GDR	Canberra	6 Oct 1985
	47.99	Jarmila Kratochvilova	TCH	Helsinki	10 Aug 1983
2	48.27	Olga Bryzgina	URS	Canberra	6 Oct 1985
	49.37	Shaunae Miller-Uibo	BAH	Doha	3 Oct 2019
	48.59	Tatana Kocembova	CZE	Helsinki	10 Aug 1983
3	49.10	Falilat Ogunkoya	NGR	Atlanta	29 July 1996
	49.19	Mariya Pinigina	URS	Helsinki	10 Aug 1983
4	49.28	Pauline Davis-Thompson	BAH	Atlanta	29 July 1996
	49.60	Wadeline Jonathas	USA	Doha	3 Oct 2019
	49.61	Stephenie Ann McPherson	JAM	Tokyo	6 Aug 2021
	49.69	Olga Nazarova	RUS	Barcelona	5 Aug 1992
5	49.55	Jearl Miles-Clark	USA	Atlanta	29 July 1996
	49.61	Phyllis Francis	USA	Doha	3 Oct 2019
	49.87	Candice McLeod	JAM	Tokyo	6 Aug 2021
6	49.77	Fatima Yusuf	NGR	Atlanta	29 July 1996
	49.97	Jodie Williams	GBR	Tokyo	6 Aug 2021
	50.05	Heidi Seyerling	RSA	Sydney	25 Sept 2000
7	50.12	Falilat Ogunkoya	NGR	Sydney	25 Sept 2000
	50.19	Sandie Richards	JAM	Barcelona	5 Aug 1992

Multiple Gold Medalists:

Shaunae Miller-Uibo (BAH): 2016, 2021

Marie Jose Perc (FRA): 1992, 1996

Multiple Medalists:

Shaunae Miller-Uibo (BAH): 2016 Gold, 2021 Gold

Allysonn Felix (USA): 2016 Silver, 2021 Bronze
 Sanya Richards-Ross (USA): 2008 Bronze, 2012 Gold
 Christine Ohuruogu (GBR): 2008 Gold, 2012 Silver
 Marie Jose Perec (FRA): 1992 Gold, 1996 Gold
 Cathy Freeman (AUS): 1996 Silver, 2000 Gold
 Olga Bryzgina (URS): 1988 Gold, 1992 Silver
 Christina Brehmer (GDR): 1976 Silver, 1980 Bronze

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
USA	2012	Sanya Richards-Ross		Deedee Trotter
URS	1988	Olga Bryzgina		Olga Nazarova
USA	1984	Valerie Brisco-Hooks	Chandra Cheeseborough	
GDR	1980	Marita Koch		Christina Brehmer
GDR	1976		Christina Brehmer	Ellen Streidt
AUS	1964	Betty Cuthbert		Judy Amooore

Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
USA	Alonzo Babers	Valerie Brisco-Hooks	Los Angeles	1984

Individual Medals by Countries:

Nation	Gold	Silver	Bronze
FRA	3		
BAH	3		
USA	2	2	4
GDR	2	2	2
AUS	2	1	1
GBR	1	3	2
URS	1		2
POL	1		
JAM		2	1
FRG		1	
TCH		1	
EUN		1	
MEX		1	
DOM		1	
COL			1
NGR			1
RUS			1

World Champion with Olympic Gold medal

Name	Nat	World Championships	Olympics
Shaunae Miller-Uibo	BAH	2022	2016, 2021
Sanya Richards-Ross	USA	2009	2012
Christine Ohuruogu	GBR	2007	2008
Tonique Williams- Darling	BAH	2005	2004

Cathy Freeman	AUS	1997, 1999	2000
Marie Jose Perec	FRA	1991, 1995	1992, 1996
Olga Bryzgina	URS	1987	1988

World Indoor Championships medalist with Olympic medal

Name	Nat	World Indoor Championships	Year	Olympics	Year
Shaunae Miller-Uibo	BAH	Gold	2022	Gold	2016
Sanya Richards	USA	Gold	2012	Gold	2012
Tonique Williams-Darling	BAH	Bronze	2004	Gold	2004
Falilat Ogunkova	NGR	Silver	1999	Bronze	1996

Olympic Champion who previously won World Junior Gold medal

Name	Nat	Olympic Games	Year	World Junior Championships	Year
Shaunae Miller-Uibo	BAH	Gold	2016	Gold	2010
Sanya Richards	USA	Gold	2012	Silver	2002

Olympic Gold medalists who previously won World Youth Gold medal:

Name	Nat	Olympic Games	World Youth Championships
Shaunae Miller-Uibo	BAH	2016	2011

Olympic Champion with European Championships gold medal

Name	Nat	Olympics	European Championships
Marie-Jose Perec	FRA	1992, 1996	1994
Marita Koch	GDR	1980	1978, 1982, 1986

Olympic medalist with Asian Games medal: None

Asian never won an Olympic medal

Olympic champion with All Africa Games gold medal:

Name	Nat	Olympics	Year	All Africa Games	Year	African Championships	Year
Falilat Ogunkoya	NGR	Bronze	1996	Gold	1999	Gold	1998

Olympic champion with Pan American Games medal:

Name	Nat	Olympics	Year	Pan American Games	Year
Ana Guevara	MEX	Silver	2004	Gold	1999, 2003, 2007
Ximena Restrepo	COL	Bronze	1992	Silver	1991

Olympic Champion with Commonwealth Games Gold medal

Name	Nat	Olympics	Commonwealth Games
Christine Ohuruogu	GBR	2008	2006
Cathy Freeman	AUS	2000	1994

Last ten Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Shaunae Miller-Uibo	BAH	48.36	Marileidy Paulino	DOM	49.20	Allyson Felix	USA	49.46
2016	Shaunae Miller	BAH	49.44	Allyson Felix	USA	49.51	Shericka Jackson	JAM	49.85
2012	Sanya Richards-Ross	USA	49.55	Christine Ohuruogu	GBR	49.70	Deedee Trotter	USA	49.72

2008	Christine Ohuruogu	GBR	49.62	Shericka Williams	JAM	49.69	Sanya Richards	USA	49.93
2004	Tonique Williams-Darling	BAH	49.41	Ana Guevara	MEX	49.56	Natalya Antyukh	RUS	49.89
2000	Cathy Freeman	AUS	49.11	Lorraine Graham	JAM	49.58	Katherine Merry	GBR	49.72
1996	Marie Jose Perc	FRA	48.25	Cathy Freeman	AUS	48.63	Falilat Ogunkoya	NGR	49.10
1992	Marie Jose Perc	FRA	48.83	Olga Bryzgina	EUN	49.05	Ximena Restrepo	COL	49.64
1988	Olga Bryzgina	URS	48.65	Petra Müller	GDR	49.45	Olga Nazarova	URS	49.90
1984	Valerie Brisco-Hooks	USA	48.83	Chandra Cheeseborough	USA	49.05	Kathy Cook	GBR	49.43

Last twelve World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Marileidy Paulino	DOM	48.76	Natalia Kaczmarek	POL	49.57	Sada Williams	BAR	49.60
2022	Shaunae Miller-Uibo	BAH	49.11	Marileidy Paulino	DOM	49.60	Sada Williams	BAR	49.75
2019	Salwa Eid Naser	BRN	48.14	Shaunae Miller-Uibo	BAH	48.37	Shericka Jackson	JAM	49.47
2017	Phyllis Francis	USA	49.92	Salwa Eid Naser	BRN	50.06	Allyson Felix	USA	50.08
2015	Allyson Felix	USA	49.26	Shaunae Miller	BAH	49.67	Shericka Jackson	JAM	49.99
2013	Christine Ohuruogu	GBR	49.41	Amantle Montsho	BOT	49.41	Antonina Krivoshapka	RUS	49.78
2011	Amantle Montsho	BOT	49.56	Allyson Felix	USA	49.59	Anastasiya Kapachinskaya	RUS	50.24
2009	Sanya Richards	USA	49.00	Shericka Williams	JAM	49.32	Antonina Krivoshapka	RUS	49.71
2007	Christine Ohuruogu	GBR	49.61	Nicola Sanders	GBR	49.65	Novlene Williams	JAM	49.66
2005	Tonique Williams Darling	BAH	49.55	Sanya Richards	USA	49.74	Ana Guevara	MEX	49.81
2003	Ana Guevara	MEX	48.89	Lorraine Fenton	JAM	49.43	Amy Mbacke Thiam	SEN	49.95
2001	Amy Mbacke Thiam	SEN	49.86	Lorraine Fenton	JAM	49.88	Ana Guevara	MEX	49.97

Last twelve World Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Femke Bol	NED	49.17	Lieke Klaver	NED	50.16	Alexis Holmes	USA	50.24
2022	Shanaue Miller-Uibo	BAH	50.31	Femke Bol	NED	50.57	Stephanie McPherson	JAM	50.79
2018	Courtney Okolo	USA	50.55	Shakima Wimbley	USA	51.47	Eilidh Doyle	GBR	51.60
2016	Kemi Adekoya	BRN	51.45	Ashley Spencer	USA	51.72	Quanera Hayes	USA	51.76
2014	Francena McCorory	USA	51.12	Kaliese Spencer	JAM	51.54	Shaunae Miller	BAH	52.06
2012	Sanya Richards-Ross	USA	50.79	Aleksandra Fedoriva	RUS	51.76	Natasha Nastings	USA	51.82
2010	Debbie Dunn	USA	51.04	Tatyana Firova	RUS	51.13	Vania Stambolova	BUL	51.50
2008	Olesya Zykina	RUS	51.09	Natalya Nazarova	RUS	51.10	Shareese Woods	USA	51.41
2006	Olesya Krasnomovetts	RUS	50.04	Vania Stambolova	BUL	50.21	Christine Amertil	BAH	50.34
2004	Natalya Nazarova	RUS	50.19	Olesya Krasnomovets	RUS	50.65	Tonique Williams	BAH	50.87
2003	Natalya Nazarova	RUS	50.83	Christine Amertil	BAH	51.11	Grit Breuer	GER	51.13
2001	Sandie Richards	JAM	51.04	Olga Kotlyarova	RUS	51.56	Olesya Zykina	RUS	51.71

Last thirteen World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Yemi Mary John	GBR	51.50	Damaris Mutunga	KEN	51.71	Rupal	IND	51.85
2020	Imaobong Nse Uko	NGR	51.55	Karnelia Lesiewicz	POL	51.97	Sylvia CHelangat	KEN	52.23
2018	Hima Das	IND	51.46	Andrea Miklos	ROU	52.07	Taylor Manson	USA	52.28
2016	Tiffany James	JAM	51.32	Lynna Irby	USA	51.39	Junelle Bromfield	JAM	52.05
2014	Kendall Baisden	USA	51.85	Gilda Casanova	CUB	52.59	Olivia Baker	USA	53.00
2012	Ashley Spencer	USA	50.50	Kadecia Baird	GUY	51.04	Erika Rucker	USA	51.10
2010	Shaunae Miller	BAH	52.52	Margaret Etim	NGR	53.05	Bianca Razor	ROU	53.17
2008	Sade Abugan	NGR	51.84	Jessica Beard	USA	52.09	Susana Clement	CUB	52.36
2006	Danijela Grigic	CRO	50.78	Sonita Sutherland	JAM	51.42	Nawal Al-Jak	SUD	51.67
2004	Natasha Hastings	USA	52.04	Sonita Sutherland	JAM	52.41	Ashlee Kidd	USA	52.45
2002	Monique Henderson	USA	51.10	Sanya Richards	USA	51.49	Sheryl Morgan	JAM	52.61
2000	Jana Pittman	AUS	52.45	Aneta Lemiersz	POL	52.78	Norma Gonzalez	COL	53.30
1998	Natalya Nazarova	RUS	52.02	Nakiya Johnson	USA	52.09	Yudalis Diaz	CUB	52.39

Last ten World Youth Championships

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Barbora Malikova	CZE	52.74	Mary Moraa	KEN	53.31	Giovana Rosalia Dos	BRA	53.57
2015	Salwa Eid Naser	BRN	51.50	Lynna Irby	USA	51.79	Catherine Reid	GBR	52.25
2013	Sabrina Bakare	GBR	52.77	Olivia Baker	USA	53.38	Tiffany James	JAM	52.77
2011	Shaunae Miller	BAH	51.84	Christian Brennan	CAN	52.12	Olivia James	JAM	52.14
2009	Ebony Eutsey	USA	52.88	Michelle Brown	USA	53.44	Sandra Wagner	SWE	53.52
2007	Yuliya Baraley	UKR	53.57	Latoya McDermott	JAM	54.12	Alexandra Stukova	SVK	54.46
2005	Nawal Al-Jak	SUD	51.19	Danijeta Grgic	CRO	51.30	Aymee Martinez	CUB	52.04
2003	Natasha Hastings	USA	53.41	Antonina Krivoshapka	RUS	53.54	Jaimee-Lee Hoebergen	AUS	53.78
2001	Stephanie Smith	USA	52.19	Jerricka Chapple	USA	52.80	Anneisha McLaughlin	JAM	53.35
1999	Monique Henderson	USA	52.28	Helen Okpanachi	NGR	52.38	Norma Gonzalez	COL	52.39

Last ten European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Natalia Kaczmek	POL	48.98	Rhasidat Adeleke	IRL	49.07	Lieke Klaver	NED	50.08
2022	Femke Bol	NED	49.44	Natalia Kaczmek	POL	49.94	Anna Kielbasinska	POL	50.29
2018	Justyna Swiety-	POL	50.41	Maria Belibasaki	GRE	50.45	Lisanne de Witte	NED	50.77
2016	Libania Grenot	ITA	50.73	Floria Guei	FRA	51.21	Anyika Onuora	GBR	51.47
2014	Libania Grenot	ITA	51.10	Olga Zemlyak	UKR	51.36	Indira Terrero	ESP	51.38
2012	Moa Hjelmer	SWE	51.13	Kseniya Zadorina	RUS	51.26	Ilona Usovich	BLR	51.94
2010	Tatyana Firova	RUS	49.89	Kseniya Ustalova	RUS	49.92	Antonina Krivoshapka	RUS	50.10
2006	Vanya Stambolova	BUL	49.85	Tatyana Veshkurova	RUS	50.15	Olga Zaytseva	RUS	50.28
2002	Olesya Zykina	RUS	50.45	Grit Breuer	GER	50.70	Lee McConnell	GBR	51.02
1998	Grit Breuer	GER	49.93	Helena Fuchsova	CZE	50.21	Olga Kotlyarova	RUS	50.38

Last seven Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Kemi Adekoya	BRN	50.66	Salwa Eid Naser	BR	50.92	Sheeren Samson	MAS	52.58
2018	Salwa Naser	BRN	50.09	Hima Das	IND	50.79	Elina Mikhina	KAZ	52.63
2014	Kemi Adekoya	BRN	51.59	Quach Thi Lan	VIE	52.06	Machettira Raju	IND	52.36
2010	Olga Tereshkova	KAZ	51.97	Asami Chiba	JPN	52.68	Marina Maslenko	KAZ	52.70
2006	Olga Tereshkova	KAZ	51.86	Manjet Kaur	IND	52.17	Asami Tanno	JPN	53.04
2002	Damayanthi Dharsha	SRI	51.13	K Mathew Beenamol	IND	52.04	Svetlana Bodritskaya	KAZ	52.10
1998	Damayanthi Dharsha	SRI	51.57	Chen Yuxiang	CH	52.50	Svetlana Bodritskaya	KAZ	53.00

Last twelve Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Nadeesha	SRI	52.61	Farida Soliyeva	UZB	52.95	Aishwarya Mishra	IND	53.07
2019	Salwa Eid Naser	BR	51.34	Elina Mikhina	KAZ	53.19	Machettira Poovamma	IND	53.21
2017	Nirmla	IND	52.01	Quach Thi	VIE	52.78	Jisna Mathew	IND	53.32
2015	Yang Huizhen	CH	52.37	Machettira Poovamma	IND	53.07	Anastasiya Kudinova	KAZ	53.41
2013	Zho Yanmin	CH	52.49	Raju Poovamma	IND	53.37	Greta Taslakian	LIB	53.43
2011	Olga Tereshkova	KAZ	52.37	Gulustan Ieso	IRQ	52.80	Chen Jingwen	CHN	52.89
2009	Asami Tanno	JPN	53.32	Chen Lin	CHN	53.55	Manjeet Kaur	IND	53.66
2007	Chitra Soman	IND	53.03	Asami Tanno	JPN	53.20	Menike Wickramasinghe	SIR	54.11
2005	Manjeet Kaur	IND	51.50	Satti Geetha	IND	51.75	Asami Tanno	JPN	52.91
2003	Yin Yin Khine	MY	52.96	Bu Fanfang	CHN	52.97	Svetlana Bodritskaya	KAZ	53.19
2002	Tatyana Roslanova	KAZ	52.61	Zamira Amirova	UZB	53.87	Nguyen Thi Tinh	VIE	54.57
2000	Damayanthi Dharsha	SRI	51.05	K Mathews Beenamol	IND	51.41	Chen Yuxiang	CHN	52.81

Last seven All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Mary Moraa	KEN	50.57	Esther Joseph	NGR	51.61	Sita Sibiri	BUR	51.74
2019	Galefele Moroko	BOT	51.30	Favour Ofili	NGR	51.68	Grace Obour	GHA	51.86
2015	Kabange Mupopo	ZAM	50.22	Patience George	NGR	50.71	Tjipekapora Herunga	NAM	51.55
2011	Amantle Montsho	BOT	50.87	Amy Mbacke Thiam	SEN	51.77	Tjipekapora Herunga	NAM	51.84
2007	Amantle Montsho	BOT	51.13	Joy Eze	NGR	51.20	Sade Abugan	NGR	51.44
2003	Fatou Bintou Fall	SEN	51.38	Doris Jacob	NGR	51.41	Mirelle Nguimgo	CMR	51.59
1999	Falilat Ogunkoya	NGR	50.02	Olabisi Afolabi	NGR	50.34	Amy Mbacke Thiam	SEN	50.95

Last twelve African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Miranda Coetzee	RSA	51.16	Quincy Malekani	ZAM	51.56	Elizabveth Joseph	NGR	51.94
2022	Miranda Coetzee	RSA	51.82	Mingilish Nidy	ZAM	52.36	Veronica Mutua	KEN	52.76
2018	Caster Semenya	RSA	49.96	Christine Botlogetswe	BOT	51.19	Yinka Ajayi	NGR	51.34
2016	Mupopo Kabange	ZAM	51.56	M Wambui	KEN	52.24	P George	NGR	52.33
2014	Sade Abugan	NGR	51.21	Kabange Mpopo	ZAM	51.21	Patience George	NGR	51.68
2012	Amantle Montsho	BOT	49.54	Regina George	NGR	51.11	Amy Mbacke Thiam	SEN	51.68
2010	Amantle Montsho	BOT	50.03	Amy Mbacke Thiam	SEN	51.32	Sade Abugan	NGR	51.63
2008	Amantle Montsho	BOT	49.83	Sade Abugan	NGR	50.89	Racheal Nachula	ZAM	51.39
2006	Amy Mbacke Thiam	SEN	52.22	Amantle Montsho	BOT	52.68	Louise Ayetoche	CIV	52.92
2004	Fatou Bintou Fall	SEN	50.62	Nadjina Kaltouma	CHA	50.80	Hortense Bewouda	CMR	51.15
2002	Nadjina Kaltouma	CHA	51.09	Mireille Nguimgo	CMR	51.61	Awatef Ben Hassine	TUN	52.22
2000	Claudine Komgang	CMR	51.35	Mireille Nguimgo	CMR	51.81	Nadjina Kaltouma	CHA	52.27

Last seven Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Martina Weil	CHI	51.48	Nicole Caicedo	ECU	51.76	Evelyn Aguilar	COL	51.95
2019	Shericka Jackson	JAM	50.73	Paola Moran	MEX	51.02	Courtney Okolo	USA	51.22
2015	Kendall Baisden	USA	51.27	Shakima Wimbley	USA	51.36	Kineke Alexander	VIN	51.50
2011	Yennifer Padilla	COL	51.53	Daysurami Bonne	CUB	51.69	Geisa Coutinho	BRA	51.87
2007	Ana Guevara	MEX	50.34	Christine Amertil	BAH	50.99	Indira Terrero	CUB	51.09
2003	Ana Guevara	MEX	50.36	Hazel-Ann Regis	GRN	51.56	Aliann Pompey	GUY	52.06
1999	Ana Guevara	MEX	50.91	Michelle Collins	USA	51.21	Claudine Williams	JAM	51.58

Last seven Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Sada Williams	BAR	49.90	Victoria Ohuruogu	ENG	50.72	Jodie Williams	EN	51.26
2018	Amantle Montsho	BOT	50.15	Anastasia Le-Roy	JAM	50.57	Stephenie McPherson	JAM	50.93
2014	Stephenie McPherson	JAM	50.67	Novlene Williams-Mills	JAM	50.86	Christine Day	JAM	51.09
2010	Amantle Montsho	BOT	50.10	Aliann Pompey	GUY	51.65	Christine Amertil	BAH	51.96
2006	Christine Ohuruogu	ENG	50.28	Tonique Williams-Darling	BAH	50.76	Novlene Williams	JAM	51.12
2002	Aliann Pompey	GUY	51.63	Lee McConnell	SCO	51.68	Sandie Richards	JAM	51.79
1998	Sandie Richards	JAM	50.17	Allison Curbishley	SCO	50.71	Donna Franser	ENG	51.01

Fastest 400m in Paris

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	48.89 *	Ana Guevara	MEX	1	27 Aug 2003
2	2	49.12	Marileidy Paulino	DOM	1	9 June 2023
3	3	49.15 *	Tonique Williams-Darling	BAH	1	23 July 2004
4	4	49.30	Tatana Kocembovs	TCH	1	4 Sept 1984
5	5	49.34 *	Sanya Richards	USA	1	17 July 2009
6	6	49.47	Jarmila Kratochvilova	TCH	2	4 Sept 1984

* Indicates performances recorded in Saint Denis

Fastest 400m in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	47.99	Jarmila Kratochilova	TCH	1	Helsinki	10 Aug 1983
2	2	48.16	Marita Koch	GDR	1	Praha	17 Aug 1984
3		48.22	Marita Koch		1	Stuttgart	28 Aug 1986
4	3	48.36	Shaunae Miller-Uibo	BAH	1	Tokyo	6 Aug 2021
5	4	48.59	Tatana Kocembova	TCH	2	Helsinki	10 Aug 1983

Combined 2023 & 2024 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	48.74	Sydney McLaughlin-Levrone	USA	1	Eugene	8 July 2023
2		48.75	Sydney McLaughlin-Levrone		1	New York	9 June 2024
3	2	48.76	Marileidy Paulino	DOM	1	Budapest -WC	23 Aug 2023
4	3	48.89	Nickisha Pryce	JAM	1	Eugene-NCAA	8 June 2024
5		48.98	Marileidy Paulino		1	Los Angeles	27 May 2023
6	4	48.98	Natalia Kaczmarek	POL	1	Roma -EC	10 June 2024
7	5	49.07	Rhasidat Adeleke	IRL	2	Roma-EC	10 June 2024
8		49.12	Marileidy Paulino		1	Paris	9 June 2023
9	6	49.13	Kaylyn Brown	USA	1	Eugene-NCAA	8 June 2024
10	7	49.13	Britton Wilson	USA	1	Baton Rouge	13 May 2023
11		49.17	Rhasidat Adeleke		1	Monaco	12 July 2024
12		49.20	Rhasidat Adeleke		1	Austin-NCAA	10 June 2023
12		49.20	Marileidy Paulino		1	Paris	7 July 2024

Please send any correction to KKenNakamura@gmail.com

The new records set in the Olympics will be reported through my twitter account @KKenNakamura