

2024 Olympic Games Statistics – Women's 400mH

by K Ken Nakamura

The records to look for in Paris:

- 1) Will Sydney become first to defend W400mH Olympic title?
- 2) Will Bol or Sydney run under the current WR but still finish second?

Summary Page:

All time Performance List at the Olympics

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	51.46	Sydney McLaughlin	USA	1	Tokyo	2021
2	2	51.58	Dalilah Muhammad	USA	2	Tokyo	2021
3	3	52.03	Femke Bol	NED	3	Tokyo	2021
4	3	52.64	Melaine Walker	JAM	1	Beijing	2008
5	5	52.70	Natalya	RUS	1	London	2012
6	6	52.77	Fani Halkia	GRE	1sf2	Athinai	2004
6	6	52.77	Lashinda Demus	USA	2	London	2012
8	8	52.82	Deon Hemmings	JAM	1	Atlanta	1996
8		52.82	Fani Halkia		1	Athinai	2004

Slowest winning time since 1988: 53.23 by Sally Gunnell (GBR) in 1992

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.06	52.64	Melaine Walker	JAM	Beijing	2008
Min	0.01	53.17	Debbie Flintoff-King	AUS	Seoul	1988

Fastest time in each round

Round	Time	Name	Nat	Venue	Year
Final	51.46	Sydney McLaughlin	USA	Tokyo	2021
Semi-final	52.77	Fani Halkia	GRE	Athinai	2004
First round	53.57	Yuliya Pechonkina	RUS	Athinai	2004

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
54.32	5sf2	Lashinda Demus	USA	Athinai	2004

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	51.46	Sydney McLaughlin	USA	Tokyo	2021
2	51.58	Dalilah Muhammad	USA	Tokyo	2021
3	52.03	Femke Bol	NED	2021	2021
4	53.08	Janieve Russell	JAM	Tokyo	2021

Last nine Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Sydney McLaughlin	USA	51.46	Dalilah Muhammad	USA	51.58	Femke Bol	NED	52.03
2016	Dalilah Muhammad	USA	53.13	Sara Petersen	DEN	53.55	Ashley Spencer	USA	53.72
2012				Lashinda Demus	USA	52.77	Zuzana Hejnova	CZE	53.38
2008	Melaine Walker	JAM	52.64	Sheena Tosta	USA	53.70	Tasha Danver	GBR	53.84
2004	Fani Halkia	GRE	52.82	Ionela Tirlea-Manolache	ROU	53.38	Tatyana Tereshchuk	UKR	53.44
2000	Irina Privalova	RUS	53.02	Deon Hemmings	JAM	53.45	Nezha Bidouane	MAR	53.57
1996	Deon Hemmings	JAM	52.8	Kim Batten	USA	53.08	Tonja Buford-Bailey	USA	53.22
1992	Sally Gunnell	GBR	53.23	Sandra Farmer-Patrick	USA	53.69	Janeene Vickers	USA	54.31
1988	Debbie Flintoff-King	AUS	53.17	Tatyana Ledovskaya	URS	53.18	Ellen Fiedler	GDR	53.63

All time Performance List at the Olympics

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1	1	51.46	Sydney McLaughlin	USA	1	Tokyo	2021
2	2	51.58	Dalilah Muhammad	USA	2	Tokyo	2021
3	3	52.03	Femke Bol	NED	3	Tokyo	2021
4	4	52.64	Melaine Walker	JAM	1	Beijing	2008
5	5	52.77	Fani Halkia	GRE	1sf2	Athinai	2004
5	5	52.77	Lashinda Demus	USA	1	London	2012
7	7	52.82	Deon Hemmings	JAM	1	Atlanta	1996
7		52.82	Fani Halkia		1	Athinai	2004
9		52.99	Deon Hemmings		1sf1	Atlanta	1996
10	8	53.02	Irina Privalova	RUS	1	Sydney	2000
11		53.03	Sydney McLaughlin		1sf2	Tokyo	2021
12	9	53.08	Kim Batten	USA	2	Atlanta	1996
12	10	53.08	Janieve Russell	JAM	4	Tokyo	2021
14		53.13	Dalilah Muhammad		1	Rio de Janeiro	2016
15	11	53.17	Debbie Flintoff-King	AUS	1	Seoul	1988
16	12	53.18	Tatyana Ledovskaya	URS	2	Seoul	1988
17	13	53.22	Tonja Buford-Bailey	USA	3	Atlanta	1996
18	14	53.23	Sally Gunnell	GBR	1	Barcelona	1992
19		53.30	Dalilah Muhammad		1sf1	Tokyo	2021
20	15	53.31	Yuliya Pechonkina	RUS	1sf1	Athinai	2004
21	16	53.32	Ionela Tirlea-Manolache	ROU	2sf2	Athinai	2004
22	17	53.37	Tatyana Tereshchuk	UKR	3sf2	Athinai	2004
23		53.38	Tonja Buford-Bailey		2sf1	Atlanta	1996
23		53.38	Ionela Tirlea-Manolache		2	Athinai	2004
23	18	53.38	Zuzana Hejnova	CZE	2	London	2012
26		53.44	Tatyana Tereshchuk		3	Athinai	2004
27		53.45	Deon Hemmings		2	Sydney	2000
28	19	53.48	Anna Rzyzkova	UKR	5	Tokyo	2021
29	20	53.55	Sara Petersen	DEN	2	Rio de Janeiro	2016
30	21	53.57	Nouzha Bidouane	MAR	3	Sydney	2000
30		53.57	Yuliya Pechonkina		1h1	Athinai	2004
32		53.62	Zuzana Hejnova		sf1	London	2012
33	22	53.63	Ellen Fiedler	GDR	3	Seoul	1988
34	23	53.65	Kim Batten	USA	1sf2	Atlanta	1996
35	24	53.66	Kaliese Spencer	JAM	3	London	2012
36	25	53.68	Daimi Pernia	CUB	4	Sydney	2000
37	26	53.69	Sabine Busch	GDR	4	Seoul	1988
38	27	53.69	Sandra Farmer-Patrick	USA	2	Barcelona	1992
39	28	53.70	Sheena Tosta	USA	2	Beijing	2008
40	29	53.72	Ashley Spencer	USA	3	Rio de Janeiro	2016
41		53.78	Sally Gunnell		1sf1	Barcelona	1992
42	30	53.79	Yekaterina Bikert	RUS	4sf2	Athinai	2004
43	31	53.79	Viktoriya Tkachuk	UKR	6	Tokyo	2021
44		53.83	Sheena Tosta		4	Athinai	2004
45	32	53.84	Tasha Danvers	GBR	3	Beijing	2008
46		53.85	Fani Halkia		1h4	Athinai	2004
47		53.89	Dalilah Muhammad		1h3	Rio de Janeiro	2016
48		53.90	Sandra Farmer-Patrick		1sf2	Barcelona	1992
49		53.91	Femke Bol		1sf3	Tokyo	2021
50	33	53.92	Jana Pittman Rawlinson	AUS	5	Athinai	2004
50	33	53.92	Georganne Moline	USA	4	London	2012

50		53.92	Zuzana Hejnova		4	Rio de Janeiro	2016
53	35	53.96	Anastasiya Rabchenyuk	UKR	4	Beijing	2008
53		53.96	Zuzana Hejnova		1h1	London	2012
55	36	53.97	Debbie Perris	JAM	4	Atlanta	1996
55		53.97	Dalilah Muhammad		1h5	Tokyo	2021
56	37	53.98	Margarita Ponomaryova	EUN	2sf2	Barcelona	1992
56		53.98	Tetyana Tereshchuk-Antipova		5	Sydney	2000

Slowest winning time since 1988: 53.23 by Sally Gunnell (GBR) in 1992

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.06	52.64	Melaine Walker	JAM	Beijing	2008
Min	0.01	53.17	Debbie Flintoff-King	AUS	Seoul	1988

Difference between first and third

	Diff	Winning time	3 rd place time	Winner's Name	Nat	Venue	Year
Max	1.20	52.64	53.84	Melaine Walker	JAM	Beijing	2008
Min	0.40	52.82	53.22	Deon Hemmings	JAM	Atlanta	1996

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	1.05	52.03	Femke Bol		Tokyo	2021
	0.75	53.22	Tonja Buford-Bailey	USA	Atlanta	1996
Min	0.00	54.31	Jeneene Vickers	USA	Barcelona	1992

Fastest time in each round

Round	Time	Name	Nat	Venue	Year
Final	51.46	Sydney McLaughlin	USA	Tokyo	2021
	52.64	Melaine Walker	JAM	Beijing	2008
Semi-final	52.77	Fani Halkia	GRE	Athinai	2004
First round	53.57	Yuliya Pechonkina	RUS	Athinai	2004

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
54.32	5sf2	Lashinda Demus	USA	Athinai	2004

Average of last nine Olympics

	Average	2021	2016	2012	2008	2004	2000	1996	1992	1988	1984
Winning Time	52.97	51.46	53.13	52.77	52.64	52.82	53.02	52.82	53.23	53.17	54.61
Winning Medal	53.68	52.03	53.72	53.66	53.84	53.44	53.57	53.22	54.31	53.63	55.41
Missing Medal (4 th)	53.98	53.08	53.92	53.92	53.96	53.83	53.68	53.97	54.31	53.69	55.42
Slowest to Make Final	55.00	54.25	54.99	54.87	55.17	55.02	54.95	54.72	54.70	54.71	56.59

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	51.46	Sydney McLaughlin	USA	Tokyo	2021
	52.64	Melaine Walker	JAM	Beijing	2008
2	51.58	Dalilah Muhammad	USA	Tokyo	2021
	52.77	Lashinda Demus	USA	London	2012
	53.08	Kim Batten	USA	Atlanta	1996
3	52.03	Femke Bol	NED	2021	2021
	53.22	Tonja Buford-Bailey	USA	Atlanta	1996

4	53.08	Janieve Russell	JAM	Tokyo	2021
	53.66	Kaliese Spencer	JAM	London	2012
	53.68	Daimi Pernia	CUB	Sydney	2000
5	53.48	Anna Ryzhykova	UKR	Tokyo	2021
	53.92	Jana Pittman	AUS	Athinai	2004
	53.92	Georganne Moline	USA	London	2012
6	53.79	Viktoriya Tkachuk	UKR	Tokyo	2021
	54.04	Gudrun Abt	FRG	Seoul	1988

Best Marks for Places – all competitions

Pos	Time	Name	Nat	Venue	Day Month Year
1	50.65	Sydney McLaughlin-Levrone	USA	Eugene	30 June 2024
	50.68	Sydney McLaughlin-Levrone	USA	Eugene – WC	22 July 2022
	50.95	Femke Bol	NED	La Chaux-de-Fonds	14 July 2024
	51.41	Sydney McLaughlin	USA	Eugene	25 June 2022
	51.45	Femke Bol	NED	London	23 July 2023
	51.46	Sydney McLaughlin	USA	Tokyo – OG	4 Aug 2021
2	51.58	Dalilah Muhammad	USA	Tokyo – OG	4 Aug 2021
	52.23	Sydney McLaughlin	USA	Doha	4 Oct 2019
	52.27	Femke Bol	NED	Eugene	22 July 2022
	52.39	Shamier Little	USA	Stockholm	4 July 2021
3	52.03	Femke Bol	NED	Tokyo – OG	4 Aug 2021
	52.77	Jasmine Jones	USA	Eugene	30 June 2024
	52.81	Rushell Clayton	JAM	Budapest	24 Aug 2023
	52.95	Kori Carter	USA	Sacramento	25 June 2017
	52.96	Anna Ryzhykova	UKR	Stockholm	4 July 2021
4	52.98	Shamier Little	USA	Eugene	30 June 2024
	53.08	Janieve Russell	JAM	Tokyo	4 Aug 2021
	53.09	Oluwakemi Adekoya	BRN	Budapest	24 Aug 2023
	53.11	Ashley Spencer	USA	Sacramento	25 June 2017
	53.36	Andrea Blackett	BAR	Sevilla	25 Aug 1999
5	53.14	Georganne Moline	USA	Sacramento	25 June 2017
	53.34	Anna Cockrell	USA	Budapest	24 Aug 2023
	53.46	Rachel Glenn	USA	Eugene	30 June 2024
	53.48	Anna Ryzhykova	UKR	Tokyo	4 Aug 2021
6	53.79	Viktoriya Tkachuk	UKR	Tokyo	4 Aug 2021
	53.82	Sydney McLaughlin	USA	Sacramento	25 June 2017
	54.04	Gudran Abt	FRG	Seoul	28 Sept 1988
		Andread Blackett	GER	Zürich	12 Aug 1998
7	54.23	Zuzana Hejnova	CZE	Daegu	1 Sept 2011
	54.28	Janieve Russell	JAM	Budapest	24 Aug 2023
	54.31	Susan Smith	IRL	Zürich	12 Aug 1998
8	54.57	Sylvia Rieger	GER	Atlanta	31 July 1996
	54.61	Eilidh Doyle	GBR	Rio de Janeiro	18 Aug 2016

Multiple Gold Medalists: None

Multiple Medalists:

Deon Hemmings (JAM): 1996 Gold; 2000 Silver

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
USA	2021	Sydney McLaughlin	Dalilah Muhammad	

USA	2016	Dalilah Muhammad		Ashley Spencer
USA	1996		Kim Batten	Tonja Buford-Bailey
USA	1992		Sandra Farmer-Patrick	Janeene Vickers

Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
USA	Kerron Clement	Dalilah Muhammad	Rio de Janeiro	2016

Medals by Countries:

Nation	Gold	Silver	Bronze
USA	2	6	3
JAM	2	1	
RUS	2		
MAR	1		1
GBR	1		1
AUS	1		
GRE	1		
ROU		1	1
URS		1	
DEN		1	
GDR			1
UKR			1
CZE			1
NED			1

World Champion with Olympic gold medal

Name	Nat	World Championships	Olympics
Sydney McLaughlin	USA	2022	2021
Dalilah Muhammad	USA	2019	2016
Melaine Walker	JAM	2009	2008
Sally Gunnell	GBR	1993	1992

Olympic medalist who previously won World Junior medal

Name	Nat	Olympics	Year	World Junior Championships	Year
Zuzana Hejnova	CZE	Bronze	2012	Silver	2004
Melaine Walker	JAM	Gold	2008	Silver	2002
Ionela Tirlea	ROU	Silver	2004	Gold	1994

Olympic medalist who previously won World Youth medal:

Name	Nat	Olympics	Year	World Youth Championships	Year
Sydney McLaughlin	USA	Gold	2021	Gold	2015
Dalilah Muhammad	USA	Gold	2016	Gold	2007
Zuzana Hejnova	CZE	Bronze	2012	Gold	2003

Olympic Champion with European Championships gold medal

Name	Nat	Olympics	European Championships
Sally Gunnell	GBR	1992	1994

Olympic medalists with Asian Games/Asian Championships medal: None

Asian never won a medal at the Olympics

Olympic medalists with All Africa Games medal: None**Olympic Champion with African Championships gold medal**

Name	Nat	Olympic	African Championships
Nawal El Moutawakil	MAR	1984	1982, 1984, 1985

Olympic Champion with Pan American Games medalist:

Name	Nat	Olympic	Year	Pan American Games	Year
Kim Batten	USA	Silver	1996	Gold	1995
Tonja Buford-Bailey	USA	Bronze	1996	Silver	1995
Deon Hemmings	JAM	Gold	1996	Silver	1991
Sandra Farmer-Patrick	USA	Silver	1992	Silver	1987
Judi Brown	USA	Silver	1984	Gold	1983, 1987

Olympic gold medalists with Commonwealth Games medal

Name	Nat	Olympic	Commonwealth Games
Sally Gunnell	GBR	1992	1990, 1994
Debbie Flintoff	AUS	1988	1982, 1986

Last nine Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Sydney McLaughlin	USA	51.46	Dalilah Muhammad	USA	51.58	Femke Bol	NED	52.03
2016	Dalilah Muhammad	USA	53.13	Sara Petersen	DEN	53.55	Ashley Spencer	USA	53.72
2012	Lashinda Demus	USA	52.77	Zuzana Hejnova	CZE	53.38	Kaliese Spencer	JAM	53.66
2008	Melaine Walker	JAM	52.64	Sheena Tosta	USA	53.70	Tasha Danver	GBR	53.84
2004	Fani Halkia	GRE	52.82	Ionela Tirlea-Manolache	ROU	53.38	Tatyana Tereshchuk	UKR	53.44
2000	Irina Privalova	RUS	53.02	Deon Hemmings	JAM	53.45	Nezha Bidouane	MAR	53.57
1996	Deon Hemmings	JAM	52.8	Kim Batten	USA	53.08	Tonja Buford-Bailey	USA	53.22
1992	Sally Gunnell	GBR	53.23	Sandra Farmer-Patrick	USA	53.69	Janeene Vickers	USA	54.31
1988	Debbie Flintoff-King	AUS	53.17	Tatyana Ledovskaya	URS	53.18	Ellen Fiedler	GDR	53.63

Last twelve World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Femke Bol	NED	51.70	Shamier Little	USA	52.80	Rushell Clayton	JAM	52.81
2022	Sydney McLaughlin	USA	50.68	Femke Bol	NED	52.27	Dalilah Muhammad	USA	53.13
2019	Dalilah Muhammad	USA	52.16	Sydney McLaughlin	USA	52.23	Rushell Clayton	JAM	53.74
2017	Kori Carter	USA	53.07	Dalilah Muhammad	USA	53.50	Ristananna Tracey	JAM	53.74
2015	Zuzana Hejnova	CZE	53.50	Shamier Little	USA	53.94	Cassandra Tate	USA	54.02
2013	Zuzana Hejnova	CZE	52.83	Dalilah Muhammad	USA	54.09	Lashinda Demus	USA	54.27
2011	Lashinda Demus	USA	52.47	Melaine Walker	JAM	52.73	Natalya Antyukh	RUS	53.85
2009	Melaine Walker	JAM	52.42	Lashinda Demus	USA	52.96	Josanne Lucas	TRI	53.20
2007	Jana Rawlinson	RUS	53.31	Yuliya Pechonkina	RUS	53.50	Anna Jesien	POL	53.92
2005	Yuliya Pechonkina	RUS	52.90	Lashinda Demus	USA	53.27	Sandra Glover	USA	53.32
2003	Jana Pittman	AUS	53.22	Sandra Glover	USA	53.65	Yuliya Pechonkina	RUS	53.72
2001	Nezha Bidouane	MAR	53.34	Yuliya Nosova	RUS	54.27	Daimi Pernia	CUB	54.51

Last ten World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Akala Garrett	USA	56.16	Hanna Karlsson	SWE	56.71	Michaela Rose	USA	56.86
2020	Heidi Salminen	FIN	56.94	Ludivine Aubert	FRA	57:16	Savannah	CAN	57.27
2018	Zeney Van Der Walt	RSA	55.34	Shiann Salmon	JAM	56.11	Yasmin Giger	SUI	56.98
2016	Anna Cockrell	USA	55.20	Shannon Kalawan	JAM	56.54	Xahria Santiago	CAN	56.90
2014	Shamier Little	USA	55.66	Shona Richards	GBR	56.16	Jade Miller	USA	56.22
2012	Janieve Russell	JAM	56.62	Aurelie Chaboudez	FRA	57.14	Kaila Barber	USA	57.63
2010	Vera Rudakova	RUS	57.16	Evonne Britton	USA	57.32	Shiori Miki	JPN	57.35
2008	Takecia Jameson	USA	56.29	Janeil Bellile	TRI	56.84	Meghan Beesley	GBR	57.08
2006	Keliese Spencer	JAM	55.11	Nicole Leach	USA	55.55	Sherene Pinnock	JAM	56.67
2004	Yekaterina Kostetskaya	RUS	55.55	Zuzana Hejnova	CZE	57.44	Sherene Pinnock	JAM	57.54
2002	Lashinda Demus	USA	54.70	Melaine Walker	JAM	56.03	Camile Robinson	JAM	56.14
2000	Jana Pittman	AUS	56.27	Marjolein de Jong	NED	56.50	Melaine Walker	JAM	56.96

Last ten World Youth Championships

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Zeney Van der Walt	RSA	58.23	Sanique Walker	JAM	58.27	Gisele Wender	GER	59.17
2015	Sydney McLaughlin	USA	55.94	Xahria Santiago	CAN	56.79	Brandee Johnson	USA	57.47
2013	Helene Swanepoel	RSA	58.08	Tia Adana Belle	BAR	58.42	Lisa-Marie Jacoby	GER	58.75
2011	Nnanya Hailey	USA	57.93	Sarah Carli	AUS	58.05	Surian Hechavarría	CUB	58.37
2009	Vera Rudakova	RUS	57.83	Danielle Dowie	JAM	58.62	Deborah Rodriguez	URU	59.71
2007	Dalilah Muhammad	USA	57.25	Andreea Ionescu	ROU	57.33	Ryann Krais	USA	57.50
2005	Ebony Collins	USA	55.96	Lauren Boden	AUS	58.30	Aya Miyahara	JPN	59.62
2003	Zuzana Hejnova	CZE	57.54	Yekaterina Kostetskaya	RUS	58.37	MaKenzie Hill	USA	59.15
2001	Camile Robinson	JAM	58.72	Kimberly Crow	AUS	59.28	Olga Nikolayeva	RUS	59.41
1999	Jana Pittman	AUS	57.87	Wu Jieya	CHN	58.32	Patricia Hall	JAM	58.67

Last seven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Femke Bol	NED	52.49	Louise Maraval	FRA	54.23	Cathelijnn Peeters	NED	54.37
2022	Femke Bol	NED	52.67	Viktoriya Tkachuk	UKR	54.30	Anna Ryzhykova	UKR	54.86
2018	Lea Sprunger	SUI	54.33	Anna Ryzhykova	UKR	54.51	Meghan Beesley	GBR	55.31
2016	Sara Slott Petersen	DEN	55.12	Joanna Linkiewicz	POL	55.33	Lea Sprunger	SUI	55.41
2014	Eilidh Child	GBR	54.48	Anna Titimets	UKR	54.56	Irina Davydova	RUS	54.60
2012	Irina Davydova	RUS	53.77	Denisa Rosolova	CZE	54.24	Anna Yaroshchuk	UKR	54.35
2010	Natalya Antyukh	RUS	52.92	Vanya Stambolova	BUL	53.82	Perri Shakes-Drayton	GBR	54.18
2006	Yevgeniy Isakova	RUS	53.93	Fani Halkia	GRE	54.02	Tetyana Tereshchuk	UKR	54.55
2002	Ionela Tirlea	ROU	54.95	Heike Meissner	GER	55.89	Anna Olichwierczuk	POL	56.18

Last five Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Kemi Adekoya	BRN	54.45	Mo Jiadie	CHN	55.01	Vithya Ramraj	IND	55.68
2018	Kemi Adekoya	BRN	54.48	Quach Thi Lan	VIE	55.30	Aminat Odeyemi	BRN	55.65
2014	Kemi Adekoya	BRN	55.77	Satomi Kubokura	JPN	56.21	Xiao Xia	CHN	56.59
2010	Akkunji Ashwini	IND	56.15	Wang Xing	CHN	56.76	Satomi Kubokura	JPN	56.83
2006	Huang Xiaoxiao	CHN	55.41	Satomi Kubokura	JPN	56.49	Norasheela Mohd Khalid	MAS	56.85
2002	Natalya Torshina	KAZ	56.13	Song Yinglan	CHN	56.43	Yao Yuehua	CHN	56.56

Last ten Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Robyn Brown	PHI	57.50	Eri Utsunomiya	JPN	57.73	Ami Yamamoto	JPN	57.80
2019	Quach Thi Lan	VIE	56.10	Aminat Odeyemi	BRN	56.39	Saritaben Gayakwad	IND	57.22

2017	Nguyen Thi	VIE	56.14	Anu R	IND	57.22	Sayaka Aoki	JPN	58.18
2015	Kemi Adekoya	BRN	54.31	Manami Kira	JPN	57.14	Xiao Xia	CHN	57.69
2013	Satomi Kubokura	JPN	56.82	Manami Kira	JPN	57.78	Jo Eun-Ju	KOR	58.21
2011	Satomi Kubokura	JPN	56.52	Yang Qi	CHN	56.69	Chistine S. Merrill	SRI	57.30
2009	Satomi Kubokura	JPN	56.62	Norasheela Mohd Khalid	MAS	57.15	Natalya Asanova	UZB	59.37
2007	Satomi Kubokura	JPN	56.74	Ruan Zhuofen	CHN	57.63	Galina Pedan	KGZ	59.13
2005	Huang Xiaoxiao	CHN	55.63	Norasheela Mohd Khalid	MAS	56.39	Makiko Yoshida	JPN	56.85
2003	Huang Xiaoxiao	CHN	55.66	Natalya Torshina	KAZ	55.88	Wassana Winatho	THA	56.40
2002	Natalya Torshina	KAZ	55.81	Song Yinglan	CHN	56.49	Makiko Yoshida	JPN	57.04

Last five All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Rogail Joseph	RSA	55.39	Noura Ennadi	MAR	55.85	Linda Angounou	CMR	56.41
2019	Vanice Kerubo	KEN	56.95	Lamiaie Lhabze	MAR	56.97	Abasiamo Akpan	NGR	57.66
2015	Amaka Ogoegbunam	NGR	55.86	Joke Odumos	NGR	57.63	Lilanne Klaasman	NAM	58.68
2011	Ajoke Odumosu	NGR	56.26	Wenda Theron	RSA	57.13	Kou Luogon	LBR	57.34
2007	Muna Jabir Ahmed	SUD	54.93	Aissata Soulama	BUR	55.49	Joke Odumosu	NGR	55.80
2003	Omolade Akinremi	NGR	56.98	Kate Obilor	NGR	57.53	Carole Kaboud Mebam	CMR	58.28

Last nine African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Rogail Joseph	RSA	55.71	Noura Ennadi	MAR	56.16	Linda Angounou	CMR	56.48
2022	Zeney Van Der	RSA	56.00	Taylon Bieldt	RSA	56.67	Noura Ennadi	MAR	58.06
2018	Glory Nathaniel	NGR	55.53	Lamiaie Lhabze	MAR	56.66	Wenda Nel	RSA	57.04
2016	Wenda Nel	RSA	54.86	Maureen Maiyo	KEN	56.12	Tameka Jameson	NGR	57.17
2014	Wenda Nel	RSA	55.32	Amaka Ogoebune	NGR	55.46	Francisca Koki	KEN	55.84
2012	Joke Odumosu	NGR	54.99	Hayat Lambarki	MAR	55.41	Raasin McIntosh	LBR	55.99
2010	Hayat Lambarki	MAR	55.96	Joke Odumosu	NGR	55.97	Maureen Maiyo	KEN	56.74
2008	Joke Odumosu	NGR	55.92	Lamia El Habz	MAR	56.07	Aissata Soulama	BUR	56.13
2006	Janet Wienand	RSA	56.97	Houria Moussa	ALG	57.15	Aissata Soulama	BUR	57.27
2004	Surita Febbraio	RSA	55.12	Mame Tacko Diouf	SEN	55.62	Zahra Lachgar	MAR	57.12
2002	Zahra Lachgar	MAR	57.91	Carole Kaboud Mebam	CMR	58.11	Mame Tacko Diouf	SEN	58.86

Last five Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Gianna Woodruff	PAN	56.44	Marlene dos Santos	BRA	57.18	Daniela Rojas	CRC	57.41
2019	Sage Watson	CAN	55.16	Anna Cockrell	USA	55.50	Rushell Clayton	JAM	55.53
2015	Shamier Little	USA	55.50	Sarah Wells	CAN	56.17	Deborah Rodriguez	URU	56.41
2011	Princesa Oliveros	COL	56.26	Lucy Jaramillo	ECU	56.95	Yolanda Osana	DOM	57.08
2007	Sheena Johnson	USA	54.64	Nickiseha Wilson	JAM	54.94	Nicole Leach	USA	54.97
2003	Joanna Hayes	USA	54.77	Daimi Pernia	CUB	55.10	Andrea Blackett	BAR	55.24

Last five Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Janieve Russell	JAM	54.14	Shiann Salmon	JAM	54.47	Zeney van der	RSA	54.47
2018	Janieve Russell	JAM	54.33	Eilidh Doyle	SCO	54.80	Wenda Nel	RSA	54.96
2014	Kaliese Spencer	JAM	54.10	Eilidh Child	SCO	55.02	Janieve Russell	JAM	55.64
2010	Joke Odumosu	NGR	55.28	Eilidh Child	SCO	55.62	Nickiesha Wilson	JAM	56.06
2006	Jana Pittman	AUS	53.82	Natasha Danvers-Smith	ENG	55.17	Lee McConnell	SCO	55.25
2002	Jana Pittman	AUS	54.40	Debbie-Ann Parris	JAM	55.24	Karlene Haughton	CAN	56.13

Fastest Performances in Paris: (* indicates Saint-Denis)

Performance	Performer	Time	Name	Nat	Pos	DMY
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1	1	53.06	Kim Batten	USA	1	29 July 1998
2	2	53.22 *	Jana Rawlinson	AUS	1	28 Aug 2003
3	3	53.23 *	Zuzana Hejnova	CZE	1	6 July 2013
4		53.29 *	Zuzana Hejnova			
5	4	53.30	Deon Hemmings	JAM	2	29 July 1998

Fastest performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	51.46	Sydney McLaughlin	USA	1	Tokyo	4 Aug 2021
2	2	51.58	Dalilah Muhammad	USA	2	Tokyo	4 Aug 2021
3		51.68	Sydney McLaughlin-Levrone		1	Szekesfehervar	8 Aug 2022
4	3	51.70	Femke Bol	NED	1	Budapest-WC	24 Aug 2023
5		52.03	Femke Bol		3	Tokyo	4 Aug 2021
6	4	52.34	Yuliya Pechonkina	RUS	1	Tula	8 Aug 2003

Combined 2023 & 2024 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.65	Sydney McLaughlin-Levrone	USA	1	Eugene	30 June 2024
2	2	50.95	Femke Bol	NED	1	La Chaux-de-Fonds	14 July 2024
3		51.45	Femke Bol	NED	1	London	23 July 2023
4		51.70	Femke Bol		1	Budapest-WC	24 Aug 2023
5		51.98	Femke Bol		1	Eugene-Pre	17 Sept 2023
6		52.11	Femke Bol		1	Bruxelles	8 Sept 2023
7		52.30	Femke Bol		1	Oslo	15 June 2023
8		52.43	Femke Bol		1	Firenze	2 June 2023
9		52.48	Sydney McLaughlin-Levrone		1sf1	Eugene	29 June 2024
10		52.49	Femke Bol		1	Roma-EC	11 June 2024
11	3	52.51	Rushell Clayton	JAM	2	Eugene	30 June 2024
12	4	52.64	Anna Cockrell	USA	2	Eugene	30 June 2024

Please send any corrections to KKenNakamura@gmail.com

The new records set in the Olympics will be reported through my twitter account @KKenNakamura