

2024 Olympic Games Statistics – Women's 3000mSC

by K Ken Nakamura

The records to look for in Paris:

- 1) Can Beatrice Chepkoech become first KEN to win W3000mSC in the Olympics?
- 2) Can Peruth Chamutai become first multiple winner at the Olympic Games?

Summary Page:

All time performance list at the Olympics

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	8:58.81	Gulnara Galkina	RUS	1	Beijing	2008
2	2	8:59.75	Ruth Jebet	BRN	1	Rio de Janeiro	2016
3	3	9:01.45	Peruth Chemutai	UGA	1	Tokyo	2021
4	4	9:04.79	Courtney Frerichs	USA	2	Tokyo	2021
5	5	9:05.39	Hyvin Kiyeng	KEN	3	Tokyo	2021
6	6	9:06.16	Mekides Abebe	ETH	4	Tokyo	2021
7	7	9:07.41	Eunice Jepkorir	KEN	2	Beijing	2008
8		9:07.12	Hyvin Kiyeng		2	Rio de Janeiro	2016
9	8	9:07.63	Emma Coburn	USA	3	Rio de Janeiro	2016

Slowest winning time: 9:08.37 by Ghribi in 2012

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	8.60	8:58.81	Gulnara Galkina	RUS	Beijing	2008
Min	1.47	9:08.37	Habiba Ghribi	TUN	London	2012

Fastest time in each round

Round	Time	Name	Nat	Venue	Year
Final	8:58.81	Gulnara Galkina	RUS	Beijing	2008
First round	9:10.80	Winfred Mutile Yavi	BRN	Tokyo	2021
	9:12.62	Ruth Jebet	BRN	Rio de Janeiro	2016

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
9:29.14	6h1	Helen Clintheroe	GBR	Beijing	2008

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	8:58.81	Gulnara Galkina	RUS	Beijing	2008
2	9:04.79	Courtney Frerichs	USA	Tokyo	2021
3	9:05.39	Hyvin Kiyeng	KEN	Tokyo	2021
4	9:06.16	Mekides Abebe	ETH	Tokyo	2021

Last four Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Peruth Chemutai	UGA	9:01.45	Courtney Frerichs	USA	9:04.79	Hyvin Kiyeng	KEN	9:05.39
2016	Ruth Jebet	BRN	8:59.75	Hyvin Kiyeng	KEN	9:07.12	Emma Coburn	USA	9:07.63
2012	Habiba Ghribi	TUN	9:08.37	Sofia Assefa	ETH	9:09.84	Milcah Chemos	KEN	9:09.88
2008	Gulnara Samitova-Galkina	RUS	8:58.81	Eunice Jepkorir	KEN	9:07.41	Tatyana Arkhipova	RUS	9:12.33

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4	4	9:04.79	Courtney Frerichs	USA	2	Tokyo	2021
5	5	9:05.39	Hyvin Kiyeng	KEN	3	Tokyo	2021
6	6	9:06.16	Mekides Abebe	ETH	4	Tokyo	2021
7		9:07.12	Hyvin Kiyeng		2	Rio de Janeiro	2016
8	7	9:07.41	Eunice Jepkorir	KEN	2	Beijing	2008
9	8	9:07.63	Emma Coburn	USA	3	Rio de Janeiro	2016
10	9	9:08.37	Habiba Ghribi	TUN	1	London	2012
11	10	9:09.84	Sofia Assefa	ETH	2	London	2012
12	11	9:09.88	Milcah Chemos Cheywa	KEN	3	London	2012
13	12	9:10.80	Winfred Mutile Yavi	BRN	1h1	Tokyo	2021
14	13	9:12.33	Tatyana Petrova Arkhipova	RUS	3	Beijing	2008
15		9:12.62	Ruth Jebet		1h1	Rio de Janeiro	2016
16		9:12.72	Peruth Chemutai		2h1	Tokyo	2021
17	14	9:12.98	Hiwot Ayalew	ETH	4	London	2012
18	15	9:14.00	Gesa Felicitas Krause	GER	5	Tokyo	2021
19	16	9:14.84	Marusa Mismas-Zrimsek	SLO	6	Tokyo	2021
20		9:15.17	Gulnara Galkina		1h1	Beijing	2008
21	17	9:16.05	Beatrice Chepkoech	KEN	4	Rio de Janeiro	2016
22		9:16.33	Beatrice Chepkoech		7	Tokyo	2021
23	18	9:16.41	Zerfe Wondemagegn	ETH	8	Tokyo	2021
24	19	9:16.85	Cristina Casandra	ROU	4	Beijing	2008
25		9:16.91	Emma Coburn		3h1	Tokyo	2021
26		9:17.15	Sofia Assefa		5	Rio de Janeiro	2016
27	20	9:17.35	Ruth Bisibori	KEN	5	Beijing	2008
28		9:17.55	Beatrice Chepkoech		1h2	Rio de Janeiro	2016
29	21	9:17.85	Zemzem Ahmed	ETH	6	Beijing	2008
30		9:18.12	Emma Coburn		2h2	Rio de Janeiro	2016
31		9:18.41	Gesa Felicitas Krause		6	Rio de Janeiro	2016
32		9:18.71	Habiba Ghribi		3h2	Rio de Janeiro	2016
33		9:18.75	Sofia Assefa		2h1	Rio de Janeiro	2016
34		9:19.34	Courtney Frerichs		1h2	Tokyo	2021
35		9:19.62	Gesa Felicitas Krause		2h2	Tokyo	2021
36	22	9:19.68	Elizabeth Bird	GBR	9	Tokyo	2021
37		9:19.70	Gesa Felicitas Krause		3h1	Rio de Janeiro	2016
38		9:19.74	Winfred Mutile Yavi		10	Tokyo	2021
39		9:19.75	Ruth Bisibori		2h1	Beijing	2008
40	23	9:19.76	Lalita Shivaji Babar	IND	4h2	Rio de Janeiro	2016
41		9:19.82	Beatrice Chepkoech		3h2	Toko	2021
42	24	9:19.89	Etenesh Diro	ETH	5	London	2012
43		9:20.01	Zerfe Wondemageon	Mis	4h2	Tokyo	2021
44	25	9:20.38	Madeline Hills	AUS	7	Rio de Janeiro	2016
45	26	9:21.10	Colleen Quigley	USA	8	Rio de Janeiro	2016
46	27	9:21.21	Genevieve Gregson	AUS	9	Rio de Janeiro	2016
47		9:21.31	Eunice Jepkorir		1h3	Beijing	2008
48	28	9:21.76	Wioletta Franciewicz	POL	7	Beijing	2008
49	29	9:21.78	Antje Möldner-Schmidt	GER	6	London	2012
50		9:21.82	Colleen Quigley		4h1	Rio de Janeiro	2016
51		9:21.88	Wioletta Franciewicz		3h1	Beijing	2008

52	30	9:22.11	Marta Dominguez	ESP	2h3	Beijing	2008
53	31	9:22.26	Jennifer Barringer	USA	8	Beijing	2008
54		9:22.38	Cristina Casandra		4h1	Beijing	2008
55	32	9:22.40	Genevieve Lalonde	CAN	11	Tokyo	2021
56		9:22.64	Genevieve Lalonde		4h1	Tokyo	2021
57		9:22.74	Lalita Shivaji Babar		10	Rio de Janeiro	2016
58		9:22.87	Courtney Frerichs		11	Rio de Janeiro	2016

Slowest winning time: 9:08.37 by Ghribi in 2012

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	8.60	8:58.81	Gulnara Galkina	RUS	Beijing	2008
Min	1.47	9:08.37	Habiba Ghribi	TUN	London	2012

Difference between first and third

	Diff	Winning time	3 rd place time	Winner's Name	Nat	Venue	Year
Max	13.52	8:58.81	9:12.33	Gulnara Galkina	RUS	Beijing	2008
Min	1.51	9:08.37	9:09.88	Habiba Ghribi	TUN	London	2012

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	8.42	9:07.63	Emma Coburn	USA	Rio de Janeiro	2016
	4.52	9:12.33	Tatyana Arkhipova	RUS	Beijing	2008
Min	0.77	9:05.39	Hyvin Kiyeng	KEN	Tokyo	2021
	3.10	9:09.88	Milcah Chemos	KEN	London	2012

Fastest time in each round

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Final	8:58.81	Gulnara Galkina	RUS	Beijing	2008
First round	9:10.80	Winfred Mutile Yavi	BRN	Tokyo	2021
	9:12.62	Ruth Jebet	BRN	Rio de Janeiro	2016
	9:12.72	Peruth Chemutai	UGA	Tokyo	2021
	9:15.17	Gulnara Galkina	RUS	Beijing	2008

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
9:29.14	6h1	Helen Clintheroe	GBR	Beijing	2008

Average from last four Olympics

	Average	2021	2016	2012	2008
Winning Time	9:01.10	9:01.45	8:59.75	9:08.37	8:58.81
Winning Medal	9:08.81	9:05.39	9:07.63	9:09.88	9:12.33
4 th (miss medal)	9:13.01	9:06.16	9:16.05	9:12.98	9:16.85
8 th	9:20.83	9:16.41	9:21.10	9:23.54	9:22.26
Slowest to make final	9:28.05	9:26.11	9:30.54	9:30.06	9:25.50

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	8:58.81	Gulnara Galkina	RUS	Beijing	2008
2	9:04.79	Courtney Frerichs	USA	Tokyo	2021
	9:07.12	Hyvin Kiyeng	KEN	Rio de Janeiro	2016
	9:07.41	Eunice Jepkorir	KEN	Beijing	2008
3	9:05.39	Hyvin Kiyeng	KEN	Tokyo	2021
	9:07.63	Emma Coburn	USA	Rio de Janeiro	2016
	9:07.64	Yekaterina Volkova	RUS	Beijing	2008

4	9:06.16	Mekides Abebe	ETH	Tokyo	2021
	9:09.88	Milcah Chemos Cheywa	KEN	London	2012
	9:12.33	Tatyana Petrova	RUS	Beijing	2008
5	9:14.00	Gesa Felicitas Krause	GER	Tokyo	2021
	9:16.85	Cristina Casandra	ROU	Beijing	2008
6	9:14.84	Marusa Mismas-Zrimsek	SLO	Tokyo	2021
	9:17.35	Ruth Bisibori	KEN	Beijing	2008
7	9:16.33	Beatrice Chepkoech	KEN	Tokyo	2021
	9:17.85	Zemzem Ahmed	ETH	Beijing	2008

Best Marks for Places – all competitions

Pos	Time	Name	Nat	Venue	Day Month Year
1	8:44.32	Beatrice Chepkoech	KEN	Monaco	20 July 2018
	8:50.66	Winfred Yavi	BRN	Eugene	16 Sept 2023
	8:52.78	Ruth Jebet	BRN	Saint Denis	27 Aug 2016
2	8:51.67	Beatrice Chepkoech	KEN	Eugene	16 Sept 2023
	8:54.61	Werkwuha Getachew	ETH	Eugene	2 July 2022
	8:56.51	Beatrice Chepkoech	KEN	Eugene	25 May 2024
	8:57.77	Courtney Frerichs	USA	Eugene	21 Aug 2021
3	8:56.08	Mekides Abebe	ETH	Eugene	20 July 2022
	8:59.65	Faith Cherotich	KEN	Eugene	16 Sept 2023
	9:00.05	Hyvin Kiyeng	KEN	Eugene	21 Aug 2021
	9:00.69	Faith Cherotich	KEN	Budapest	27 Aug 2023
4	9:01.18	Jackline Chepkoech	KEN	Eugene	16 Sept 2023
	9:01.31	Winfred Yavi	BRN	Eugene	20 July 2022
	9:04.17	Norah Jeruto Tanui	KEN	Paris	30 June 2018
	9:04.27	Winfred Yavi	BRN	Eugene	21 Aug 2021
5	9:05.36	Zerfe Wondemagegn	ETH	Eugene	16 Sept 2023
	9:06.15	Alice Finot	FRA	Budapest	27 Aug 2023
	9:06.75	Celliphine Chespol	KEN	Bruxelles	31 Aug 2018
	9:07.07	Celliphine Chespol	KEN	Eugene	21 Aug 2021
6	9:06.37	Marusa Mismas-Zrimsek	SLO	Budapest	27 Aug 2023
	9:07.07	Courtney Frerichs	USA	Bruxelles	31 Aug 2018
	9:07.61	Gesa Felicitas Krause	GER	Eugene	21 Aug 2021
	9:07.94	Peruth Chemutai	UGA	Monaco	20 July 2018
7	9:08.23	Roseline Chepngetich	KEN	Monaco	20 July 2018
	9:10.26	Peruth Chemutai	UGA	Budapest	27 Aug 2023
	9:10.87	Peruth Chemtai	UGA	Eugene	21 Aug 2021
	9:11.09	Mekides Abebe	ETH	Firenze	2 June 2023
8	9:10.27	Luiza Gega	ALB	Budapest	27 Aug 2023
	9:10.71	Daisy Jepkemei	KEN	Monaco	20 July 2018
	9:11.41	Courtney Wayment	USA	Firenze	2 June 2023
	9:12.37	Celliphine Chespol	KEN	Palo Alto	30 June 2019
9	9:10.74	Winfred Yavi	BRN	Monaco	20 July 2018
	9:11.76	Marwa Bouzayani	TUN	Firenze	2 June 2023
	9:12.98	Winfred Yavi	BRN	Palo Alto	30 June 2019
10	9:11.94	Luiza Gega	ALB	Firenze	2 June 2023
	9:12.05	Celliphine Chespol	KEN	Monaco	20 July 2018

Multiple Gold Medalists: None

Multiple Medalists:

Hyvin Kiyeng (KEN): 2016 Silver, 2021 Bronze

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
RUS	2008	Gulnara Galkina		Tatyana Arkhipova

Man & Woman from the same team winning the corresponding event: None

Medals by Countries:

Nation	Gold	Silver	Bronze
RUS	1		1
TUN	1		
BRN	1		
UGA	1		
KEN		2	2
USA		1	1
ETH		1	

Olympic champion with World Championships gold medal: None

Name	Nat	World Championships	Olympics
Habiba Ghribi	TUN	2011	2012

Olympic medalists who previously won World Junior medal:

Name	Nat	Olympics	World Junior
Ruth Chebet	BRN	2016	2014

Olympic medalists who previously won World Youth medal: None

Olympic medalist with European Championships medal: None

Olympic gold medalists with Asian Games/Asian Championships medal:

Name	Nat	Olympics	Asian Game	Asian Champ
Ruth Chebet	BRN	2016	2014	2013

Olympic medalists with All African Games/African Championships medal: None

Olympic medalist with Pan American Games medal: None

Olympic medalist with Commonwealth Games medal: None

Last four Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Peruth Chemutai	UGA	9:01.45	Courtney Frerichs	USA	9:04.79	Hyvin Kiyeng	KEN	9:05.39
2016	Ruth Jebet	BRN	8:59.75	Hyvin Kiyeng	KEN	9:07.12	Emma Coburn	USA	9:07.63
2012	Habiba Ghribi	TUN	9:08.37	Sofia Assefa	ETH	9:09.84	Milcah Chemos	KEN	9:09.88
2008	Gulnara Samitova-Galkina	RUS	8:58.81	Eunice Jepkorir	KEN	9:07.41	Tatyana Arkhipova	RUS	9:12.33

Last ten World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Winfred Yavi	BRN	8:54.29	Beatrice Chepkoech	KEN	8:58.98	Faith Cherotich	KEN	9:00.69
2022	Norah Jeruto	KAZ	8:53.02	Werkuha Getachew	ETH	8:54.61	Mekides Abebe	ETH	8:56.08
2019	Beatrice Chepkoech	KEN	8:57.84	Emma Coburn	USA	9:02.35	Gesa Felicitas	GE	9:03.30
2017	Emma Coburn	USA	9:02.58	Courtney Frerichs	USA	9:03.77	Hyvin Kiyeng	KEN	9:04.03
2015	Hyvin Jepkemoi	KEN	9:19.11	Habiba Ghribi	TUN	9:19.24	Gesa Felicitas Krause	GE	9:19.25
2013	Milcah Chemos	KEN	9:11.65	Lydia Chepkurui	KEN	9:12.55	Sofia Assefa	ETH	9:12.84
2011	Habiba Ghribi	TUN	9:11.97	Milcah Chemos	KEN	9:17.16	Mercy Njoroge	KEN	9:17.88
9:17.	Marta Dominguez	ESP	9:07.32	Yuliya Zarudneva	RUS	9:08.39	Milcah Chemos	KEN	9:08.57
2007	Yekaterina Volkova	RUS	9:06.57	Tatyana Petrova	RUS	9:09.19	Eunice Jepkorir	KEN	9:20.09

2005	Dorcus Inzikuru	UGA	9:18.24	Yekaterina Volkova	RUS	9:20.49	Jeruto Kiptum	KEN	9:26.95
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Last ten World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Faith Cherotich	KEN	9:16.14	Sembo Almayew	ETH	9:30.41	Meseret Yeshaneh	ETH	9:42.02
2020	Jackline Chepkoech	KEN	9:27.40	Zerfe	ETH	9:35.22	Faith Cherotich	KEN	9:44.76
2018	Celliphine Chespol	KEN	9:12.78	Peruth Chemutai	UGA	9:18.87	Winfred Mutile Yavi	BRN	9:23.47
2016	Celliphine Chespol	KEN	9:25.15	Tigist Mekonen	BRN	9:34.08	Agrie Belachew	ETH	9:37.17
2014	Ruth Chebet	BRN	9:36.74	Rosefine Chepngetich	KEN	9:40.28	Daisy Jepkemei	KEN	9:47.65
2012	Daisy Jepkemei	KEN	9:47.22	Tejinesh Gebisa	ETH	9:50.51	Stella Jepkosgei Rutto	KEN	9:50.58
2010	Purity Cherotich Kirui	KEN	9:36.34	Birtukan Adamu	ETH	9:43.23	Lucia Kamene Muangi	KEN	9:43.71
2008	Christine Muyanga	KEN	9:31.35	Elizabeth Mueni	KEN	9:36.50	Korahubish Itaa	ETH	9:37.81
2006	Caroline Chepkurui	KEN	9:40.95	Ancuta Bobocel	ROU	9:46.19	Mekdes Bekele	ETH	9:48.67
2004	Gladys Kipkemboi	KEN	9:47.26	Ancuta Bobocel	ROU	9:49.03	Catalina Oprea	ROU	9:50.04

Last six World Youth Championships (2000mSC)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Caren Chebet	KEN	6:24.80	Mercy Chepkurui	KEN	6:26.10	Etalemabu Sintayehu	ETH	6:35.79
2015	Celliphine Chepteek	KEN	6:17.15	Sandrafelis Chebet Tuei	KEN	6:19.61	Agrie Belachew	ETH	6:34.68
2013	Rosefine Chepngetich	KEN	6:14.60	Daisy Jepkemei	KEN	6:15.12	Woynshet Ansa	ETH	6:30.05
2011	Norah Jeruto Tanui	KEN	6:16.41	Fadwa Sidi Madane	MA	6:20.98	Lilian Jepkorir Chemweno	KEN	6:21.85
2009	Karahubsh Itaa	ETH	6:11.83	Lucia Kamene Muangi	KEN	6:11.90	Halima Hassen	ETH	6:16.83
2007	Caroline Chepkurui	KEN	6:22.30	Christine Mayanga	KEN	6:22.49	Karoline Bjerkeli Grøvdal	NOR	6:25.30

Last eight European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Alice Finot	FRA	9:16.22	Gesa-Felicitas Krause	GER	9:18.06	Elizabeth Bird	GBR	9:18.39
2022	Luiza Gega	ALB	9:11.31	Lea Meyer	GER	9:15.35	Elizabeth Bird	GBR	9:23.18
2018	Gesa-Felicitas Krause	GER	9:19.90	Fabienne Schlumpf	SUI	9:22.29	Karoline Bjerkeli Grovdal	NOR	9:24.46
2016	Gesa Felicitas Krause	GER	9:18.85	Luiza Gega	ALB	9:28.52	Özlem Kaya	TUR	9:35.05
2014	Antje Möldner-Schmidt	GER	9:29.43	Charlotta Fougberg	SWE	9:30.16	Diana Martin	ESP	9:30.70
2012	Gulcan Mingir	TUR	9:32.96	Svitlana Shmidt	UKR	9:33.03	Antje Moldner-Schmidt	GER	9:36.37
2010	Yuliya Zarudneva	RUS	9:17.57	Marta Dominguez	ESP	9:17.74	Lyubov Kharalamova	RUS	9:29.82
2006	Alesya Turova	BLR	9:26.05	Tatyana Petrova	RUS	9:28.05	Wioletta Janowska	POL	9:31.62

Last four Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Winfred Yavi	BR	9:18.28	Parul Chaudhary	IND	9:27.63	Preeti Lamba	IND	9:43.32
2018	Winfred Yavi	BR	9:36.52	Sudha Singh	IND	9:40.03	Nguyen Thi Qanh	VIE	9:43.83
2014	Ruth Chebet	BR	9:31.36	Li Zhenzhu	CHN	9:35.23	Lalita Babar	IND	9:35.37
2010	Sudha Singh	IND	9:55.67	Jin Yuan	CHN	9:55.71	Minori Hayakari	JPN	10:01.25

Last eight Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Parul Chaudhary	IND	9:38.76	Xu Shuangshuang	CHN	9:44.54	Reimi Yoshimura	JPN	9:48.48
2019	Winfred Yavi	BR	9:46.18	Xu Shuangshuang	CHN	9:51.76	Tigist Mekonen	BRN	9:53.96
2017	Sudha Singh	IND	9:59.47	Hyo Gyong	PRK	10:13.94	Nana Sato	JPN	10:18.11
2015	Lalita Babar	IND	9:34.13	Li Zhenzhu	CHN	9:41.43	Zhang Yinyan	CHN	9:46.82
2013	Ruth Chebet	BR	9:40.84	Sudha Singh	IND	9:56.27	Pak Kum-Hyang	PRK	10:09.80
2011	Minori Hayakari	JPN	9:52.42	Sudha Singh	IND	10:08.52	Thi Phuong Nguyen	VIE	10:14.94
2009	Yoshika Tatsumi	JPN	10:05.94	Sudha Singh	IND	10:10.77	Kiran Tiwari	IND	10:34.55
2007	Zhao Yanni	CHN	10:48.18	Leila Ebrahimi	IRI	12:12.40	Imane Al-Jallad	SYR	13:07.39

Last five All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2024	Beatrice Chepkoech	KEN	9:15.61	Peruth Chemutai	UG	9:16.07	Lomi Muleta	ETH	9:26.63
2019	Mekides Abebe	ETH	9:35.18	Mercy Wanjiru	KEN	9:37.53	Weynshet Ansa	ETH	9:38.56
2015	Sofia Assefa	ETH	9:51.30	Hiwot Ayalew	ETH	9:51.94	Purity Kirui	KEN	9:52.54
2011	Hyvin Kiyeng Jepkemoi	KEN	10:00.50	Hiwot Ayalew	ETH	10:00.57	Birtukan Adamu	ETH	10:02.22
2007	Ruth Bosibori	KEN	9:31.99	Mekdes Bekele	ETH	9:49.95	Netsanet Achamo	ETH	9:51.63

Last nine African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Werkwuha Getachew	ETH	9:36.81	Zerfe Wondemagegn	ETH	9:41.37	Caren Chebet	KEN	9:43.64
2018	Beatrice Chepkoech	KEN	8:59.88	Celliphine Chespol	KEN	9:09.61	Fancy Cherono	KEN	9:23.92
2016	Norah Tanui	KEN	9:25.07	Agnes Chesang	KEN	9:27.22	Woyaneshet Ansa	ETH	9:39.89
2014	Hiwot Ayalew	ETH	9:29.54	Sofia Assefa	ETH	9:30.20	Salima El Ouali Alami	MAR	9:33.02
2012	Mercy Njoroge	KEN	9:43.26	Birtukan Adamu	ETH	9:45.41	Hyvin Jepkemo	KEN	9:45.95
2010	Milcah Chemos	KEN	9:32.18	Sofia Assefa	ETH	9:32.58	Lydia Rotich	KEN	9:37.32
2008	Zemzem Ahmed	ETH	9:44.58	Mekdes Bekele	ETH	9:59.52	Ruth Bisibori	KEN	10:00.18
2006	Cheruto Kiptum	KEN	10:00.02	Habiba Ghribi	TUN	10:10.93	Bouchra Chaabi	MAR	10:11.52
2004	Bouchra Chaabi	MAR	9:53.46	Nawal Baibi	MAR	10:11.42	Tebogo Masehla	RSA	10:34.40

Last five Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Belen Casetta	ARG	9:39.47	Alycia Butterworth	CAN	9:40.86	Tatiane da Silva	BRA	9:41.29
2019	Genevieve Lalonde	CAN	9:41.45	Marisa Howard	USA	9:43.78	Belen Casetta	AR	9:44.46
2015	Ashley Higginson	USA	9:48.12	Shalaya Kipp	USA	9:49.96	Genevieve	CAN	9:53.03
2011	Sara Hall	USA	10:03.16	Angela Figueroa	COL	10:10.14	Sabine Heitling	BRA	10:10.98
2007	Sabine Heitling	BRA	9:51.13	Talis Apud	MEX	9:55.43	Zenaide Vieira	BRA	9:55.71

Last five Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Jackline Chepkoech	KEN	9:15.68	Elizabeth Bird	EN	9:17.79	Peruth Chemutai	UG	9:23.24
2018	Aisha Praught	JAM	9:21.00	Celliphine Chespol	KEN	9:22.61	Purity Kirui	KEN	9:25.74
2014	Purity Kirui	KEN	9:30.96	Milcah Chemos	KEN	9:31.30	Joan Kipkemoi	KEN	9:33.34
2010	Milcah Chemos Cheywa	KEN	9:40.96	Mercy Njoroge	KEN	9:41.54	Gladys Kipkemboi	KEN	9:52.51
2006	Dorcus Inzikuru	UGA	9:19.51	Melissa Rollison	AUS	9:24.29	Donna Macfarlane	AUS	9:25.05

Fastest Performances in Paris

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	8:52.78 *	Ruth Jebet	BRN	1	27 Aug 2016
2	2	8:56.55	Winfred Yavi	BRN	1	18 June 2022
3	3	8:59.36	Beatrice Chepkoech	KEN	1	30 June 2018
4		9:01.69	Beatrice Chepkoech		1	1 July 2017
5	4	9:01.82	Celliphine Chespol	KEN	2	30 June 2018
6	5	9:01.96 *	Hyvin Kiyeng	KEN	2	27 Aug 2016

* Indicates performances to recorded in Saint Denis

Fastest Performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	8:52.78	Ruth Jebet	BRN	1	Saint-Denis	27 Aug 2016
2	2	8:53.65	Norah Jeruto Tanui	KEN	1	Eugene	21 Aug 2021
3	3	8:54.29	Winfred Yavi	BRN	1	Budapest	27 Aug 2023
4	4	8:55.10	Beatrice Chepkoech	KEN	1	Bruxelles	31 Aug 2018

5		8:55.29	Ruth Jebet		1	Zurich	24 Aug 2017
6	5	8:57.77	Courtney Frerichs	USA	2	Eugene	21 Aug 2021
7	6	8:58.81	Gulnara Galkina	RUS	1	Beijing	17 Aug 2008
8		8:58.98	Beatrice Chepkoech		2	Budapest	27 Aug 2023
9	4	8:59.62	Norah Jeruto Tanui		2	Bruxelles	31 Aug 2018
10		8:59.75	Ruth Jebet		1	Rio de Janeiro	15 Aug 2016

Combined 2023 & 2024 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	8:50.66	Winfred Yavi	BRN	1	Eugene -Pre	16 Sept 2023
2	2	8:51.67	Beatrice Chepkoech	KEN	2	Eugene-Pre	16 Sept 2023
3		8:54.29	Winfred Yavi		1	Budapest-WC	27 Aug 2023
4	3	8:55.09	Peruth Chemutai	UGA	1	Eugene-Pre	25 May 2024
5		8:55.40	Beatrice Chepkoech	KEN	1	Xiamen	20 Apr 2024
6		8:56.51	Beatrice Chepkoech		2	Eugene-Pre	25 May 2024
7	4	8:57.35	Jackline Chepkoech	KEN	1	London	23 July 2023
8		8:58.98	Beatrice Chepkoech		2	Budapest-WC	27 Aug 2023
9	5	8:59.65	Faith Cherotich	KEN	3	Eugene-Pre	16 Sept 2023
10		9:00.69	Faith Cherotich		3	Budapest-WC	27 Aug 2023
11	6	9:00.71	Sembo Almayew	ETH	1	Firenze	2 June 2023

Please send any corrections to KKenNakamura@gmail.com

The new records set in the Olympics will be reported through my twitter account @KKenNakamura