

2024 US Olympic Trials Statistics – Men's 10,000m

- by K Ken Nakamura

Summary:

All time performance list at the Olympic Trials

| Performance | Performer | Time | Name | Pos | Venue | Year |
|-------------|-----------|----------|----------------------|-----|------------|------|
| 1 | 1 | 27:25.33 | Galen Rupp | 1 | Eugene | 2012 |
| 2 | 2 | 27:33.94 | Matt Tegenkamp | 2 | Eugene | 2012 |
| 3 | 3 | 27:36.09 | Dathan Ritzenhein | 3 | Eugene | 2012 |
| 4 | 4 | 27:36.49 | Mebrahtom Keflezighi | 1 | Sacramento | 2004 |
| 5 | 5 | 27:40.23 | Chris Derrick | 4 | Eugene | 2012 |
| 6 | 6 | 27:41.54 | Aaron Braun | 5 | Eugene | 2012 |
| 7 | 7 | 27:41.89 | Abdi Abdirahman | 1 | Eugene | 2008 |

Margin of Victory

| | Difference | Winning time | Name | Venue | Year |
|-----|------------|--------------|----------------|------------|------|
| Max | 20.31 | 28:46.58 | Todd Williams | Atlanta | 1996 |
| | 18.51 | 27:36.49 | Meb Keflezighi | Sacramento | 2004 |
| Min | 0.03 | 28:03.32 | Meb Keflezighi | Sacramento | 2000 |

Best Marks for Places in the Olympic Trials

| Pos | Time | Name | Venue | Year |
|-----|----------|----------------------|------------|------|
| 1 | 27:25.33 | Galen Rupp | Eugene | 2012 |
| | 27:36.49 | Mebrahtom Keflezighi | Sacramento | 2004 |
| 2 | 27:33.94 | Matt Tegenkamp | Eugene | 2012 |
| | 27:43.11 | Galen Rupp | Eugene | 2008 |
| 3 | 27:36.09 | Dathan Ritzenhein | Eugene | 2012 |
| | 27:46.33 | Jorge Torres | Eugene | 2008 |
| 4 | 27:40.23 | Chris Derrick | Eugene | 2012 |
| | 27:52.10 | Ed Moran | Eugene | 2008 |

Last six Olympic Trials

| Year | First | Time | Second | Time | Third | Time |
|------|-----------------|----------|----------------------|----------|-------------------|----------|
| 2021 | Woody Kincaid | 27:53.62 | Grant Fisher | 27:54.29 | Joe Klecker | 27:54.90 |
| 2016 | Galen Rupp | 27:55.04 | Shadrack Kipchirchir | 28:01.52 | Leonard Korir | 28:16.97 |
| 2012 | Galen Rupp | 27:25.33 | Matt Tegenkamp | 27:33.94 | Dathan Ritzenhein | 27:36.09 |
| 2008 | Abdi Abdirahman | 27:41.89 | Galen Rupp | 27:43.11 | Jorge Torres | 27:46.33 |
| 2004 | Meb Keflezighi | 27:36.49 | Abdi Abdirahman | 27:55.00 | Dan Browne | 28:07.47 |
| 2000 | Meb Keflezighi | 28:03.32 | Alan Culpepper | 28:03.35 | Abdi Abdirahman | 28:19.08 |

All time US List

| Performance | Performer | Time | Name | Pos | Venue | DMY |
|-------------|-----------|----------|---------------|-----|--------------|--------------|
| 1 | 1 | 26:33.84 | Grant Fisher | 1 | San Juan Cap | 6 Mar 2022 |
| 2 | 2 | 26:44.36 | Galen Rupp | 1 | Eugene | 30 May 2014 |
| 3 | | 26:48.00 | Galen Rupp | 3 | Bruxelles | 16 Sept 2011 |
| 4 | | 26:52.04 | Grant Fisher | 1 | San Juan Cap | 16 Mar 2024 |
| 5 | 3 | 26:52.72 | Nico Young | 2 | San Juan Cap | 16 Mar 2024 |
| 6 | 4 | 26:57.57 | Woody Kincaid | 7 | San Juan Cap | 16 Mar 2024 |

Fastest Performances in Eugene

| Performance | Performer | Time | Name | Nat | Pos | DMY |
|-------------|-----------|----------|-----------------|-----|-----|-------------|
| 1 | 1 | 26:25.97 | Kenenisa Bekele | ETH | 1 | 8 June 2008 |
| 2 | 2 | 26:44.36 | Galen Rupp | USA | 1 | 30 May 2014 |
| 3 | 3 | 26:46.57 | Mohamed Farah | GBR | 1 | 3 June 2011 |

All time performance list at the Olympic Trials

| Performance | Performer | Time | Name | Pos | Venue | Year |
|-------------|-----------|----------|----------------------|-----|-------------|------|
| 1 | 1 | 27:25.33 | Galen Rupp | 1 | Eugene | 2012 |
| 2 | 2 | 27:33.94 | Matt Tegenkamp | 2 | Eugene | 2012 |
| 3 | 3 | 27:36.09 | Dathan Ritzenhein | 3 | Eugene | 2012 |
| 4 | 4 | 27:36.49 | Mebrahtom Keflezighi | 1 | Sacramento | 2004 |
| 5 | 5 | 27:40.23 | Chris Derrick | 4 | Eugene | 2012 |
| 6 | 6 | 27:41.54 | Aaron Braun | 5 | Eugene | 2012 |
| 7 | 7 | 27:41.89 | Abdi Abdirahman | 1 | Eugene | 2008 |
| 8 | | 27:43.11 | Galen Rupp | 2 | Eugene | 2008 |
| 9 | 8 | 27:45.61 | Craig Virgin | 1 | Eugene | 1980 |
| 10 | 9 | 27:46.33 | Jorge Torres | 3 | Eugene | 2008 |
| 11 | 10 | 27:52.10 | Ed Moran | 4 | Eugene | 2008 |
| 12 | 11 | 27:52.53 | Ryan Vail | 6 | Eugene | 2012 |
| 13 | 12 | 27:53.62 | Woody Kincaid | 1 | Eugene | 2021 |
| 14 | 13 | 27:54.29 | Grant Fisher | 2 | Eugene | 2021 |
| 15 | 14 | 27:54.41 | Josh Rohatinsky | 5 | Eugene | 2008 |
| 16 | 15 | 27:54.90 | Joe Klecker | 3 | Eugene | 2021 |
| 17 | | 27:55.00 | Abdi Abdirahman | 2 | Sacramento | 2004 |
| 18 | | 27:55.04 | Galen Rupp | 1 | Eugene | 2016 |
| 19 | 16 | 27:55.44 | Brent Vaughn | 7 | Eugene | 2012 |
| 20 | 17 | 27:55.45 | Frank Shorter | 1 | Eugene | 1976 |
| 21 | 18 | 27:56.62 | Luke Puskedra | 8 | Eugene | 2012 |
| 22 | 19 | 27:58.07 | Bobby Mack | 9 | Eugene | 2012 |
| 23 | 20 | 27:58.48 | Bobby Curtis | 10 | Eugene | 2012 |
| 24 | 21 | 27:58.81 | James Carney | 6 | Eugene | 2008 |
| 25 | 22 | 27:58.88 | Ben True | 4 | Eugene | 2021 |
| 26 | 23 | 27:59.04 | Hassan Mead | 11 | Eugene | 2012 |
| 27 | 24 | 27:59.08 | Paul Cummings | 1 | Los Angeles | 1984 |
| 28 | 25 | 27:59.31 | Adam Goucher | 7 | Eugene | 2008 |
| 29 | 26 | 27:59.37 | Conner Mantz | 5 | Eugene | 2021 |
| 30 | | 27:59.43 | Galen Rupp | 6 | Eugene | 2021 |
| 31 | | 27:59.43 | Craig Virgin | 2 | Eugene | 1976 |
| 32 | 27 | 27:59.94 | Biya Simbassa | 7 | Eugene | 2021 |
| 33 | 28 | 28:01.52 | Shadrack Kipchirchir | 2 | Eugene | 2016 |
| 34 | | 28:02.27 | Craig Virgin | 2 | Los Angeles | 1984 |
| 35 | 29 | 28:02.47 | Sam Chelanga | 8 | Eugene | 2021 |
| 36 | 30 | 28:03.12 | Reid Buchanan | 9 | Eugene | 2021 |
| 37 | 31 | 28:03.14 | Greg Fredericks | 2 | Eugene | 1980 |
| 38 | | 28:03.32 | Mebrahtom Keflezighi | 1 | Sacramento | 2000 |
| 39 | 32 | 28:03.35 | Alan Culpepper | 2 | Sacramento | 2000 |
| 40 | 33 | 28:03.74 | Garry Bjorklund | 3 | Eugene | 1976 |
| 41 | 34 | 28:03.86 | Pat Porter | 3 | Los Angeles | 1984 |
| 42 | 36 | 28:04.42 | Bill Rodgers | 4 | Eugene | 1976 |
| 43 | 37 | 28:05.00 | Emmanuel Bor | 10 | Eugene | 2021 |
| 44 | | 28:05.31 | Dathan Ritzenhein | 8 | Eugene | 2008 |
| 45 | | 28:05.83 | Garry Bjorklund | 4 | Los Angeles | 1984 |
| 46 | 38 | 28:05.96 | Zach Panning | 11 | Eugene | 2021 |
| 47 | 39 | 28:06.80 | Mark Curp | 5 | Los Angeles | 1984 |
| 48 | 40 | 28:07.47 | Dan Browne | 3 | Sacramento | 2004 |
| 49 | 41 | 28:08.17 | Ben True | 12 | Eugene | 2012 |
| 50 | 42 | 28:08.36 | Jacob Riley | 13 | Eugene | 2012 |
| 51 | 43 | 28:09.92 | Robert Brandt | 12 | Eugene | 2021 |
| 52 | 44 | 28:10.42 | Alberto Salazar | 3 | Eugene | 1980 |

| | | | | | | |
|----|----|----------|-----------------|----|-------------|------|
| 53 | 45 | 28:12.82 | Jeff Wells | 4 | Eugene | 1980 |
| 54 | 46 | 28:12.99 | Mike Buhmann | 5 | Eugene | 1980 |
| 55 | 47 | 28:15.11 | Tim Nelson | 14 | Eugene | 2012 |
| 56 | 48 | 28:16.97 | Leonard Korir | 3 | Eugene | 2016 |
| 57 | 49 | 28:17.84 | Joseph Chirlee | 15 | Eugene | 2012 |
| 58 | 50 | 28:18.86 | Bruce Bickford | 6 | Los Angeles | 1984 |
| 59 | 51 | 28:18.97 | Mike Donnelly | 4 | Sacramento | 2004 |
| 60 | | 28:19.08 | Abdi Abdirahman | 3 | Sacramento | 2000 |
| 61 | 52 | 28:19.56 | Tom Wysocki | 6 | B | 1980 |
| 62 | 53 | 28:19.82 | Todd Williams | 1 | New Orleans | 1992 |

Slowest winning time since 1980: 29:07.35 by Bruce Bickford in 1988

Margin of Victory

| | Difference | Winning time | Name | Venue | Year |
|-----|------------|--------------|----------------|------------|------|
| Max | 20.31 | 28:46.58 | Todd Williams | Atlanta | 1996 |
| | 18.51 | 27:36.49 | Meb Keflezighi | Sacramento | 2004 |
| Min | 0.03 | 28:03.32 | Meb Keflezighi | Sacramento | 2000 |

Difference between 3rd and 4th place (Making versus not making the team)

| | Difference | 3 rd place time | Name | Venue | Year |
|-----|------------|----------------------------|-----------------|-------------|------|
| Max | 28.56 | 28:16.97 | Leonard Korir | Eugene | 2016 |
| | 22.4h | 30:09.8h | Tom Laris | Echo Summit | 1968 |
| | 14.65 | 28:19.08 | Abdi Abdirahman | Sacramento | 2000 |
| Min | 0.68 | 28:03.74 | Garry Bjorklund | Eugene | 1976 |

Best Marks for Places in the Olympic Trials

| Pos | Time | Name | Venue | Year |
|-----|----------|----------------------|------------|------|
| 1 | 27:25.33 | Galen Rupp | Eugene | 2012 |
| | 27:36.49 | Mebrahtom Keflezighi | Sacramento | 2004 |
| 2 | 27:33.94 | Matt Tegenkamp | Eugene | 2012 |
| | 27:43.11 | Galen Rupp | Eugene | 2008 |
| 3 | 27:36.09 | Dathan Ritzenhein | Eugene | 2012 |
| | 27:46.33 | Jorge Torres | Eugene | 2008 |
| 4 | 27:40.23 | Chris Derrick | Eugene | 2012 |
| | 27:52.10 | Ed Moran | Eugene | 2008 |
| 5 | 27:41.54 | Aaron Braun | Eugene | 2012 |
| | 27:54.41 | Josh Rohatinsky | Eugene | 2008 |
| 6 | 27:52.53 | Ryan Vail | Eugene | 2012 |
| | 27:58.81 | James Carney | Eugene | 2008 |
| 7 | 27:55.44 | Brent Vaughn | Eugene | 2012 |
| | 27:59.31 | Adam Goucher | Eugene | 2008 |
| 8 | 27:56.62 | Luke Puskedra | Eugene | 2012 |
| | 28:02.47 | Sam Chelanga | Eugene | 2021 |
| | 28:05.31 | Dathan Ritzenhein | Eugene | 2008 |

Fastest time in each round

| Round | Time | Name | Venue | Year |
|-------------|----------|----------------|-------------|------|
| Final | 27:25.33 | Galen Rupp | Eugene | 2012 |
| | 27:33.94 | Matt Tegenkamp | Eugene | 2012 |
| First round | 28:19.59 | Craig Virgin | Los Angeles | 1984 |

Making the team multiple times:

| | |
|-----------------|---|
| Galen Rupp | 2008, 2012, 2016 |
| Abdi Abdirahman | 2000, 2004, 2008 |
| Meb Keflezighi | 2000, 2004 |
| Todd Williams | 1992, 1996 |
| Pat Porter | 1984, 1988 |
| Craig Virgin | 1976, 1980, 1984 |
| Frank Shorter | 1972, 1976 (Shorter did not run 10000m in 1976) |
| Max Truex | 1956, 1960 |
| Eino Pentti | 1932, 1936 |

Average from last ten Olympic Trials

| | Average | 2021 | 2016 | 2012 | 2008 | 2004 | 2000 | 1996 | 1992 | 1988 | 1984 |
|---------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Winning Time | 28:04.85 | 27:53.62 | 27:55.04 | 27:25.33 | 27:41.89 | 27:36.49 | 28:03.32 | 28:46.58 | 28:19.82 | 29:07.35 | 27:59.08 |
| Making team (3 rd) | 28:16.55 | 27:54.90 | 28:01.52 | 27:36.09 | 27:46.33 | 28:07.47 | 28:19.08 | 29:13.81 | 28:32.54 | 29:09.92 | 28:03.86 |
| Missing team (4 th) | 28:23.29 | 27:58.88 | 28:16.97 | 27:40.23 | 27:52.10 | 28:18.97 | 28:33.73 | 29:20.07 | 28:34.41 | 29:11.74 | 28:05.83 |

Last ten Olympic Trials

| Year | First | Time | Second | Time | Third | Time |
|------|-----------------|----------|----------------------|----------|-------------------|----------|
| 2021 | Woody Kincaid | 27:53.62 | Grant Fisher | 27:54.29 | Joe Klecker | 27:54.90 |
| 2016 | Galen Rupp | 27:55.04 | Shadrack Kipchirchir | 28:01.52 | Leonard Korir | 28:16.97 |
| 2012 | Galen Rupp | 27:25.33 | Matt Tegenkamp | 27:33.94 | Dathan Ritzenhein | 27:36.09 |
| 2008 | Abdi Abdirahman | 27:41.89 | Galen Rupp | 27:43.11 | Jorge Torres | 27:46.33 |
| 2004 | Meb Keflezighi | 27:36.49 | Abdi Abdirahman | 27:55.00 | Dan Browne | 28:07.47 |
| 2000 | Meb Keflezighi | 28:03.32 | Alan Culpepper | 28:03.35 | Abdi Abdirahman | 28:19.08 |
| 1996 | Todd Williams | 28:46.58 | Joe LeMay | 29:06.89 | Dan Middleman | 29:13.81 |
| 1992 | Todd Williams | 28:19.82 | Ken Martin | 28:31.06 | Aaron Ramirez | 28:32.54 |
| 1988 | Bruce Bickford | 29:07.35 | Steve Plasencia | 29:08.58 | Pat Porter | 29:09.92 |
| 1984 | Paul Cummings | 27:59.08 | Craig Virgin | 28:02.27 | Pat Porter | 28:03.86 |

All time US List

| Performance | Performer | Time | Name | Pos | Venue | DMY |
|-------------|-----------|----------|---------------------|-----|--------------|--------------|
| 1 | 1 | 26:33.84 | Grant Fisher | 1 | San Juan Cap | 6 Mar 2022 |
| 2 | 2 | 26:44.36 | Galen Rupp | 1 | Eugene | 30 May 2014 |
| 3 | | 26:48.00 | Galen Rupp | 3 | Bruxelles | 16 Sept 2011 |
| 4 | | 26:52.04 | Grant Fisher | 1 | San Juan Cap | 16 Mar 2024 |
| 5 | 3 | 26:52.72 | Nico Young | 2 | San Juan Cap | 16 Mar 2024 |
| 6 | 4 | 26:57.57 | Woody Kincaid | 7 | San Juan Cap | 16 Mar 2024 |
| 7 | 5 | 26:59.60 | Chris Solinsky | 1 | Palo Alto | 1 May 2010 |
| 8 | 6 | 27:04.72 | Lopez Lomong | 7 | Doha- WC | 6 Oct 2019 |
| 9 | | 27:06.37 | William Kincaid | 1 | San Juan Cap | 4 Mar 2023 |
| 10 | 7 | 27:07.55 | Shadrack Kipchirchi | 9 | London | 4 Apr 2017 |

Fastest Performances in Eugene

| Performance | Performer | Time | Name | Nat | Pos | DMY |
|-------------|-----------|----------|-----------------|-----|-----|-------------|
| 1 | 1 | 26:25.97 | Kenenisa Bekele | ETH | 1 | 8 June 2008 |
| 2 | 2 | 26:44.36 | Galen Rupp | USA | 1 | 30 May 2014 |
| 3 | 3 | 26:46.57 | Mohamed Farah | GBR | 1 | 3 June 2011 |
| 4 | 4 | 26:48.35 | Imane Merga | ETH | 2 | 3 June 2011 |

Fastest Performances in June

| Performance | Performer | Time | Name | Nat | Pos | Venue | DMY |
|-------------|-----------|----------|--------------------|-----|-----|---------|-------------|
| 1 | 1 | 26:20.31 | Kenenisa Bekele | ETH | 1 | Ostrava | 8 June 2004 |
| 2 | 2 | 26:22.75 | Haile Gebrselassie | ETH | 1 | Hengelo | 1 June 1998 |
| 3 | | 26:25.97 | Kenenisa Bekele | | 1 | Eugene | 8 June 2008 |
| 4 | | 26:43.53 | Haile Gebrselassie | | 1 | Hengelo | 5 June 1995 |
| 5 | 3 | 26:44.73 | Selemon Barega | ETH | 1 | Hengelo | 5 June 2022 |

Combined 2023 & 2024 US List

| Performance | Performer | Time | Name | Pos | Venue | DMY |
|-------------|-----------|----------|----------------|-----|----------------|--------------------|
| 1 | 1 | 26:52.04 | Grant Fisher | 1 | San Juan Capis | 16 Mar 2024 |
| 2 | 2 | 26:52.72 | Nico Young | 2 | San Juan Capis | 16 Mar 2024 |
| 3 | 3 | 26:57.57 | Woody Kincaid | 7 | San Juan Capis | 16 Mar 2024 |
| 4 | | 27:06.37 | Woody Kincaid | 1 | San Juan Capis | 4 Mar 2023 |
| 5 | 4 | 27:07.57 | Joe Klecker | 2 | San Juan Capis | 4 Mar 2023 |
| 6 | 5 | 27:08.94 | Anthony Rotich | 11 | San Juan Capis | 16 Mar 2024 |
| 7 | | 27:09.29 | Joe Klecker | 12 | San Juan Capis | 16 Mar 2024 |
| 8 | 6 | 27:12.73 | Paul Chelimo | 1 | London | 20 May 2023 |

Please send any corrections to KKenNakamura@gmail.com

The new records set in the Olympic Trials will be reported through my twitter account @KKenNakamura