

10,000 METERS

y=race at 6 Miles

(note: common practice until mid-'70s to wave lapped runners off track)

1921–1947

(event not contested)

1948

(Minneapolis, June 18)

(8 entrants)

1.	Bob Black (Rhode Island)	So	32:13.6
			(MR)
2.	Vic Twomey (Illinois)	Jr.....	33:01.6
3.	Dick Kilty (Minnesota)	So	33:04.5
4.	Dick Vierra (Fresno State)	Jr.....	33:33.0
5.	Mike Stavole (Miami/Ohio)	So	33:36.2
6.	Spencer Johnson (Tulane).....	Sr	36:07.0
... may have run—			
Merle Knox (San José State)			
Sr			
Horace Ashenfelter (Penn State)			
Jr			

1949–1951

(event not contested)

1952

(Berkeley, June 13)

(14 entrants in program, but maybe only 7 ran)

1.	Walt Deike (Wisconsin).....	Sr	32:25.1
2.	Bob Kelly (Loyola/Chicago).....	Jr.....	32:51.1
3.	Don Wyman (San Diego State).....	Jr.....	33:38.9
4.	Dave Allison (Wooster)	Sr	33:38.9
5.	Larry Carter (UCLA)	So	33:42.5
6.	Bob Guise (Michigan).....	So	35:11.9
... dnf—			
Herb Semper (Kansas)			
Sr			

1953–1955

(event not contested)

1956

(Berkeley, June 15)

(14 started, 8 finished)

1. Selwyn Jones' (Michigan State)	So	31:15.3
(MR; 6M in 30:17.2 MR)		
2. Bob House (Cal).....	Jr.....	31:46.0
3. Bob Sbarra (Manhattan).....	Sr	32:01.0
(also under old MR)		
4. Allen Frame (Kansas)	Sr	32:24.7
5. Jerry McNeal (Kansas)	So	32:42.6
6. Gordon McClenathen (UCSB).....	Sr	33:13.0
7. Dennis Critchfield (Idaho State)	Sr	34:06.5
8. Jim Schlender (South Dakota State)	Jr-Sr	34:50.9

1957–62

(event not contested)

1963

(Albuquerque, June 13)..... (A)

(16 started, 10 finished)

1. Julio Marin' (USC)	Sr	30:32.9y
2. Jeff Fishback (San José State).....	Sr	30:36.2
3. Vic Zwolak (Villanova)	Jr	30:42.4
4. Ireland Sloan (Emporia State)	Jr	30:49.7
5. Clayton Steinke (Oregon)	Jr	30:50.7
6. Danny Murphy (San José State).....	So	31:05.8
7. Mike Lehner (Oregon)	Jr	31:22.4
8. John Lawler' (Abilene Christian).....	Sr	nt

1964

(Eugene, June 18)

(21 started, 11 finished)

1. Danny Murphy (San José State).....	Jr	29:37.8
		(MR)
		(28:39.8y MR)
2. Doug Brown (Montana)	So	29:52.4
3. Gene Gurule (San José State).....	Sr	29:56.4
4. John Valiant' (Washington State)	Jr	29:57.2
5. Jim Keefe (Central Connecticut)	Sr	30:15.0
6. Dick Weeks (UCLA).....	Jr	30:19.6
7. Al Carius (Illinois)	Sr	30:26.0
8. Vic Zwolak (Villanova)	Sr	30:39.4

(all 11 finishers broke old MR)

1965

(Berkeley, June 17)

(13 started, 12 finished)

1. Doug Brown (Montana).....	Jr	27:59.2y
		(MR)
2. Chris Westman' (Washington State).....	Jr	28:34.0
		(also under old MR)
3. Larry Furnell (St. John's)	Jr	28:58.1
4. Tracy Smith (Oregon State).....	So	29:12.3
5. Pierson Lorandeau (Kent State)	So	29:17.4
6. Tom Heinonen (Minnesota)	So	29:54.3
7. Darryl Beardall (BYU).....	Sr	30:09.6
8. Dave Storey (Tennessee).....	Jr	30:22.5

(defending champ Murphy not on yearly list)

1966

(Bloomington, June 16)

(19 started, 12 finished)

1. Gerry Lindgren (Washington State)	So	28:07.0y
2. Geoff Pyne' (UCLA).....	Jr.....	28:20.1
3. John Lawson (Kansas)	Sr	28:24.0
4. Oscar Moore (Southern Illinois).....	So	28:26.1
5. Chris Westman' (Washington State).....	Sr	28:34.8
6. Dick Sharkey (Michigan State).....	Jr.....	28:35.0
7. Tom Heinonen (Minnesota)	Jr.....	29:11.2
8. Dick Weeks (UCLA).....	Sr	29:27.4

(defending champ Brown ineligible senior—ran on varsity as frosh)

1967

(Provo, June 15).....(A)

(18 started, 17 finished)

1. Gerry Lindgren (Washington State)	Jr	28:44.0y
(first 2-time winner)		
2. Oscar Moore (Southern Illinois).....	Jr	28:57.4
3. Tom Heinonen (Minnesota)	Sr	29:28.8
4. Fred Friesz (Montana)	Jr.....	29:33.6
5. Dick Sharkey (Michigan State).....	Sr	29:36.0
6. Larry Almberg (Washington State)	So	29:36.6
7. Amby Burfoot (Wesleyan).....	Jr.....	29:48.0
8. Bob Fitts (Cortland State)	Sr	29:52.8

1968

(Berkeley, June 13)

(29 started, 19 finished)

1. Gerry Lindgren (Washington State)	Sr	29:41.0
(first 3-time winner)		
2. Tarry Harrison (Colorado State).....	Jr	29:56.8
3. Steve Hoag (Minnesota).....	Jr	30:00.4
4. Ed Stenberg (Duke)	Jr.....	30:04.6
5. Greg Brock (Stanford)	So	30:05.6
6. Grant Colehour (Eastern Kentucky).....	Jr.....	30:12.8
7. Jerry Jobski (Arizona State)	Jr.....	30:15.2
8. Rick Riley (Washington State)	So	30:30.0

1969

(Knoxville, June 19)

(24 started, 17 finished)

1. Frank Shorter (Yale)	Sr	29:00.2y
2. Rick Riley (Washington State)	Jr	29:23.2
3. Grant Colehour (Eastern Kentucky).....	Sr	29:25.0
4. Art Coolidge (Kent State)	Sr	29:25.4
5. Oscar Moore (Southern Illinois).....	Sr	29:50.4
6. Donal Walsh' (Villanova).....	Fr.....	29:54.8
7. John Collet (DePaul)	Jr	30:10.6
8. Hector Ortiz' (Western Kentucky).....	Fr.....	30:20.4

1970

(Des Moines, June 19)

(42 started, 18 finished)

1. Bob Bertelsen (Ohio U)	Sr	27:57.5y
		(MR)
2. Dave Hindley' (BYU)	Fr.....	28:19.1
3. Jon Anderson (Cornell)	Jr	28:19.8
4. Fred Ritcherson (USC)	Fr.....	28:38.6
5. Ron Stonitsch (CW Post)	Jr	28:40.9
6. Rick Riley (Washington State).....	Sr	28:44.2
7. Kerry Pearce' (UTEP)	Sr	28:51.2
8. Donal Walsh' (Villanova).....	So	28:54.0

1971

(Seattle, June 18)

(25 started, 18 finished)

1. Garry Bjorklund (Minnesota)	So	27:43.1y
		(MR)
2. Dave Hindley' (BYU)	So	27:50.7
3. Doug Brown II (Tennessee)	Fr.....	27:51.6
4. Scott Bringhurst (Utah)	Jr	27:52.2
5. Richard Sliney' (Northern Arizona)	So	27:53.6
6. John Bennett (Western Michigan)	Sr	27:54.3
7. Ken Misner (Florida State).....	Sr	27:55.2
8. Bob Legge' (Indiana).....	Sr	27:55.4

(first 8 all under old MR)

1972

(Eugene, June 02)

(30 started, 18 finished)

1. John Halberstadt' (Oklahoma State)	Jr	28:50.3
(MR)		
2. Gordon Minty' (Eastern Michigan).....	So	28:51.3
3. Donal Walsh' (Villanova).....	Sr	28:53.5
4. Richard Reid (BYU)	So	29:02.6
5. Peter Duffy' (Nevada)	Jr	29:08.8
6. Neil Cusack' (East Tennessee)	Fr	29:09.7
7. Dick Bowerman (Wabash).....	Sr	29:27.2
(first 7 under old MR)		
8. Charlie Maguire (Penn State)	So	28:19.4

(defending champ Bjorklund out with bad foot)

1973

(Baton Rouge, June 08)

(23 started, 13 finished [5 lapped])

1. Charlie Maguire (Penn State)	Jr	28:19.4y
2. Pat Mandera (Indiana).....	Jr	28:20.6
3. Mitch Wiley (BYU)	Sr	28:21.1
4. Jim Stanley (Cincinnati)	Jr	28:27.8
5. Ed Leddy' (East Tennessee).....	Jr	28:34.9
6. Dennis Fee (Minnesota)	Fr	28:53.8
7. Bill Sieben (Rutgers)	Jr	29:11.8
8. Dan Murphy' (Washington State)	Jr	29:14.8

(defending champ Halberstadt 10th)

1974

(Austin, June 07)

(29 started, 20 finished)

1. John Ngeno' (Washington State)	So	28:14.46y
2. Ted Castaneda (Colorado)	Sr	28:18.85
3. Domingo Tibaduiza' (Nevada).....	So	28:28.23
4. Pat Mandera (Indiana).....	Sr	29:08.26
5. Gary Cohen (American U)	Jr	29:10.58
6. Bob Wallace' (UTEP).....	Jr	29:11.14
7. Jim Stanley (Cincinnati)	Sr	29:26.0
8. Tony Sandoval (Stanford)	So	29:51.4

(defending champ Maguire 18th)

1975

(Provo, June 06).....(A)

(35 started, 15 finished [20 lapped])

1. John Ngeno' (Washington State)	Jr	28:20.66y
2. Domingo Tibaduiza' (Nevada).....	Jr	28:23.45
3. Craig Virgin (Illinois)	So	28:25.36
4. Paul Bannon' (Memphis).....	Jr	28:31.18
5. Kip Sirma' (UTEP)	Fr	28:37.32
6. Neil Cusack' (East Tennessee).....	Sr	29:03.67
7. Bob Wallace' (UTEP).....	Sr	29:07.42
8. Bobby Grubbs (Colorado State).....	So	29:16.6h

1976

(Philadelphia, June 04)

(as many as 34 started, at least 20 finished)

1. John Ngeno' (Washington State)	Sr	28:22.66
(MR)		
2. Craig Virgin (Illinois)	Jr	28:25.52
3. Jeff Wells (Rice).....	Sr	28:27.27
4. Kip Sirma' (UTEP)	So	28:34.20
5. Sam Maritim' (UTEP).....	Fr.....	28:48.59
6. Dave Merrick (Penn).....	Sr	28:49.2
7. Ed Mendoza (Arizona).....	Sr	28:49.4
(first 7 under old MR)		
8. Robbie Perkins (Duke)	Jr.....	28:56.46

1977

(Champaign, June 03)

(38 started, 32 finished)

1. Samson Kimobwa' (Washington State).....	So	28:10.27
(MR)		
2. Craig Virgin (Illinois)	Sr	28:22.48
(also under old MR)		
3. Kip Sirma' (UTEP)	Jr	28:35.21
4. Curt Alitz (Army).....	Jr	28:36.82
5. John Treacy' (Providence).....	Jr	28:41.37
6. Richard Reid (BYU)	Sr	29:00.99
7. Paul Bannon' (Memphis).....	Sr	29:10.31
8. Paul Stemmer (Penn State).....	Sr	29:18.56

1978

(Eugene, June 02)

(26 started, 14 finished)

1. Mike Musyoki' (UTEP).....	Fr.....	28:30.91
2. John Treacy' (Providence).....	Sr	28:32.32
3. Pat Davey (Tennessee).....	Jr	28:34.85
4. Samson Kimobwa' (Washington State).....	Jr	28:45.30
5. Joseph Nzau' (Wyoming)	Fr.....	28:45.69
6. Alberto Salazar (Oregon).....	So	28:46.55
7. Kip Sirma' (UTEP)	Sr	29:11.3
8. Curt Alitz (Army).....	Sr	29:13.6

1979

(Champaign, June 01)

(34 started, 27 finished)

1. Suleiman Nyambui' (UTEP).....	Fr.....	28:01.30
(MR)		
2. Mike Musyoki' (UTEP).....	So	28:03.25
3. Alberto Salazar (Oregon).....	Jr	28:06.12
(first 3 under old MR)		
4. Joel Cheruiyot' (Washington State).....	So	28:10.32
5. Joseph Nzau' (Wyoming)	So	28:20.62
6. George Buckheit (Bucknell).....	Sr	28:55.36
7. Simon Kilili' (Wyoming)	So	29:04.8h
8. John Ziegler (Penn State).....	Sr	29:11.1h

1980

(Austin, June 06)

(16 started, 13 finished)

1. Suleiman Nyambui' (UTEP).....	So	29:21.85
2. Samson Kimobwa' (Washington State).....	Sr	29:27.08
3. Geir Kvernmo' (Wyoming)	Sr	29:43.82
4. Herb Wills (Florida State)	So	30:06.01
5. Mark Andersen (Colorado)	Jr	30:10.35
6. Mike Matteson (Illinois State).....	Jr	30:15.99
7. Mark Nenow (Kentucky).....	Sr	30:47.64
8. Patrick Vaughn (Arkansas)	Jr	30:49.50

1981

(Baton Rouge, June 05)

(40 started, 32 finished)

1. Suleiman Nyambui' (UTEP)	Jr	28:34.23
2. Mike Musyoki' (UTEP).....	Sr	28:34.43
3. Matthews Motshwarateu' (UTEP).....	Fr.....	28:38.70
4. Alberto Salazar (Oregon).....	Sr	28:53.5h
5. Gidamis Shahanga' (UTEP).....	Fr.....	29:09.9h
6. Mike Cotton (Virginia).....	Sr	29:19.48
7. Marty Froelick (Rice)	Sr	29:33.54
8. Adrian Leek' (East Tennessee)	Sr	29:35.70

1982

(Provo, June 04).....(A)

(29 started, 27 finished)

1. Suleiman Nyambui' (UTEP)	Sr	29:03.54
2. Gidamis Shahanga' (UTEP).....	So	29:05.54
3. Peter Koech' (Washington State)	Fr.....	29:11.76
4. Joseph Nzau' (Wyoming)	Sr	29:14.85
5. Zack Barie' (UTEP).....	Fr.....	29:17.10
6. Steve Ortiz (UCLA).....	Sr	29:49.35
7. John Idstrom (Minnesota)	Sr	29:52.36
8. Lloyd Ness (Minnesota).....	Sr	29:53.68

1983

(Houston, June 03)

(11 started, 10 finished)

1. Gidamis Shahanga' (UTEP).....	Jr	29:10.28
2. Zack Barie' (UTEP).....	So	29:11.69
3. Gerard Donakowski (Michigan)	Sr	29:26.33
4. Joseph Kipsang' (Iowa State)	So	29:40.36
5. Keith Brantly (Florida State)	Jr	29:45.95
6. Ed Eyestone (BYU).....	So	29:55.29
7. Derrick May' (Nevada).....	Jr	30:22.86
8. Peter Koech' (Washington State)	So	30:39.14

1984

(Eugene, June 01)

(18 started, 15 finished)

1. Ed Eyestone (BYU).....	Jr	28:05.30
2. Ibrahim Juma' (New Mexico)	Sr	28:06.00
3. Joseph Kipsang' (Iowa State)	Jr	28:15.35
4. Tom Ansberry (Arizona)	Jr	28:15.61
5. John Easker (Wisconsin).....	Jr	28:32.75
6. Peter Koech' (Washington State)	Jr	28:39.65
7. Keith Brantly (Florida State)	Sr	29:39.82
8. Gidamis Shahanga' (UTEP).....	Sr	28:54.16

1985

(Austin, May 31)

(21 started, 18 finished)

1. Ed Eyestone (BYU).....	Sr	28:46.87
2. Arturo Barrios' (Texas A&M)	Sr	28:53.29
3. Yobes Ondieki' (Iowa State)	Sr	29:07.44
4. Jim Sapienza (Dartmouth).....	Sr	29:09.22
5. Brian Dunne' (East Tennessee)	Jr	29:22.87
6. Dave Morrison (Minnesota)	Sr	29:26.50
7. Pat Gilloly (BU).....	Jr	29:29.23
8. Mark Stickley (Virginia Tech)	Sr	29:36.10

1986

(Indianapolis, June 06)

(11 started & finished)

1. Keith Hanson (Marquette)	Sr	29:02.68
2. Mark McMonigal (Oregon)	Sr	29:22.17
3. Alfredo Shahanga' (UTEP)	Fr	29:22.71
4. Ken Halla (William & Mary)	Sr	29:30.40
5. Mike Blaney (Florida)	Jr	29:44.04
6. David Krafsur (Tennessee)	Sr	30:18.77
7. Harry Green (Texas)	Fr	30:25.97
8. Curt Corvin (Washington)	Jr	30:29.70

1987

(Baton Rouge, June 05)

(21 started, 18 finished)

1. Joe Falcon (Arkansas).....	So	29:10.66
2. Chris Brewster' (Michigan).....	Sr	29:12.22
3. Steve Taylor (Virginia Tech)	Jr	29:18.83
4. Jose Rocha (BC).....	Jr	29:20.95
5. David Halle (Illinois).....	Jr	29:22.24
6. Bob Kempainen (Dartmouth)	Jr	29:28.81
7. Eric Carter (Penn State)	Jr	29:34.43
8. Tony Williams (Virginia Tech)	Jr	29:37.78

1988

(Eugene, June 03)

(20 started, 18 finished)

1. John Scherer (Michigan)	Jr	28:50.39
2. Don Johns (Eastern Michigan)	Sr	28:50.48
3. Bob Kempainen (Dartmouth)	Sr	28:53.31
4. Chris Borsa (Wisconsin)	Jr	28:58.14
5. Yehezkel Halifa' (Clemson).....	Fr	28:58.76
6. Harry Green (Texas)	Jr	28:58.80
7. Chris Schille (Brown).....	Sr	28:59.99
8. Chris Zinn (Arkansas).....	Jr	29:02.03

(defending champ Falcon won 1500)

1989

(Provo, June 02).....(A)

(21 started, 18 finished)

1. John Scherer (Michigan)	Sr	29:48.95
2. Terry Thornton' (LSU).....	So	29:55.09
3. Phil Schoensee (Wisconsin).....	Sr	29:56.08
4. Craig Watcke (Kansas).....	Sr	30:00.32
5. Harry Green (Texas)	Sr	30:01.48
6. Geoff Goolsby (Central Michigan)	Jr	30:02.54
7. John Van Scyoc (Miami/Ohio)	Sr	30:03.94
8. Joe LeMay (Princeton)	Sr	30:05.19

1990

(Durham, June 01)

(16 started, 15 finished)

1. Shannon Butler (Montana State)	Jr	28:38.45
2. Terry Thornton' (LSU).....	Jr	28:39.37
3. Jonah Koech' (Iowa State)	So	28:40.67
4. Todd Williams (Tennessee)	Jr	28:41.97
5. Scott Fry (Wisconsin)	Sr	28:44.59
6. Mark Elliott' (LSU)	Sr	28:52.90
7. Jesse McGuire (Western Michigan).....	Sr	29:05.09
8. Keith Dowling (Pitt)	Jr	29:08.28

1991

(Eugene, May 29)

(16 started & finished)

1. Terry Thornton' (LSU).....	Sr	28:25.92
2. Todd Williams (Tennessee)	Sr	28:26.92
3. Jon Brown' (Iowa State)	So	28:38.36
4. Sean Dollman' (Western Kentucky).....	Jr	28:39.27
5. E.J. Guo' (Washington State)	Jr	28:45.92
6. Mornay Annandale' (Wichita State).....	Sr	28:48.64
7. Jonah Koech' (Iowa State)	Jr	28:55.96
8. Brad Barquist (Michigan)	Sr	29:07.13

(defending champ Butler won 5000)

1992

(Austin, June 05)

(16 started, 15 finished)

1. Sean Dollman' (Western Kentucky).....	Sr	29:49.50
2. Frank Hanley' (Arkansas)	Jr	30:03.11
3. David Welsh (Arkansas).....	Jr	30:03.15
4. Jim Westphal (Loyola/Chicago).....	Sr	30:04.90
5. Anthony Hamm (Michigan State)	Sr	30:07.11
6. Mike Mykytok (Florida).....	Sr	30:08.40
7. E.J. Guo' (Washington State)	Sr	30:17.20
8. Conor Holt' (Oklahoma)	Fr	30:26.08

1993

(New Orleans, June 02)

(14 started, 13 finished)

1. Jonah Koech'	(Iowa State)	Sr	28:28.67
2. Pablo Sierra'	(Mississippi State)	Sr	29:07.88
3. Frank Hanley'	(Arkansas)	Sr	29:14.17
4. Seamus Power'	(East Tennessee)	Jr	29:36.21
5. Steve Sisson	(Texas)	Sr	29:46.09
6. David Welsh'	(Arkansas)	Sr	29:46.09
7. Conor Holt'	(Oklahoma)	So	30:02.12
8. Terrence Mahon	(Villanova)	Sr	30:10.42

1994

(Boise, June 03)

(18 started, 16 finished)

1. Teddy Mitchell	(Arkansas)	Jr	29:39.54
2. Josephat Kapkory'	(Washington State)	Sr	29:45.25
3. Pat Muturi'	(Washington State)	So	29:53.89
4. Brian Clas	(Cornell)	Sr	30:05.55
5. Craig Lawson	(BYU)	So	30:06.31
6. Pete Julian	(Portland)	Sr	30:08.42
7. James Menon	(Wisconsin)	So	30:09.91
8. Chris Jones	(Weber State)	Jr	30:20.48
dq[pushing]—			
[4] David Welsh	(Arkansas)	Sr	[30:02.91]

1995

(Knoxville, May 31)

(17 started & finished)

1. Godfrey Siamusiy'e'	(Arkansas)	Jr	28:59.60
2. Kamiel Maase'	(Texas)	Sr	29:08.52
3. James Menon	(Wisconsin)	Jr	29:16.73
4. Ian Robinson'	(Iowa State)	Sr	29:31.51
5. Tony Cosey	(Tennessee)	Jr	29:34.43
6. Bernard Kuria'	(Florida)	Fr	29:41.16
7. Steve Brooks'	(Iowa State)	Sr	29:48.40
8. Craig Lawson	(BYU)	Jr	29:54.93

(defending champ Mitchell did not qualify)

1996

(Eugene, May 31)

(18 started & finished)

1. Godfrey Siamusiye' (Arkansas)	Sr	28:56.39
2. Jason Bunston' (Arkansas)	Sr	28:56.55
3. James Menon (Wisconsin)	Sr	29:03.52
4. Jose Uribe' (Boise State)	Jr	29:19.61
5. Vadim Nemad (Kentucky).....	Sr	29:21.58
6. Patrick Kiptum' (Oklahoma State).....	Sr	29:25.43
7. Nick Aliwell' (Western Kentucky).....	Jr	29:28.17
8. Karl Keska' (Oregon)	Sr	29:28.84

1997

(Bloomington, June 04)

(16 started & finished)

1. Meb Keflezighi' (UCLA)	Jr	28:51.18
2. Brad Hauser (Stanford)	Fr	29:02.58
3. Ryan Wilson (Arkansas)	Sr	29:06.81
4. Dan Browne (Army)	Sr	29:15.13
5. Martin McCarthy' (Iona)	Sr	29:22.16
6. Chris England (Ohio State).....	Sr	29:29.37
7. Christopher Kebenei' (Oklahoma State).....	So	29:35.60
8. Robert Reeder (Stanford)	Sr	29:40.80

1998

(Amherst, June 04)

(19 started, 18 finished)

1. Brad Hauser (Stanford)	So	28:31.30
2. Brent Hauser (Stanford)	So	28:32.39
3. Nathan Nutter (Stanford).....	Jr	28:32.62
4. Meb Keflezighi' (UCLA)	Sr	28:39.58
5. Karl Rasmussen' (BU)	Sr	28:40.43
6. Abdi Abdirahman' (Arizona)	Jr	28:46.36
7. Pat Joyce (NC State)	Sr	28:46.54
8. Sean Kaley' (Arkansas)	Jr	29:03.31

1999

(Boise, June 02)

(18 started, 16 finished)

1. Nathan Nutter (Stanford).....	Sr	29:11.96
2. Jason Balkman (Stanford).....	Jr	29:12.91
3. Brent Hauser (Stanford)	Jr	29:14.07
4. Nolan Swanson (Wake Forest).....	Sr	29:21.16
5. Jim Jurcevich (Michigan State)	Sr	29:25.14
6. Abdi Abdirahman' (Arizona)	Sr	29:34.03
7. Ryan Shay (Notre Dame).....	Fr	29:55.78
8. Chris Bailey (Illinois State).....	Sr	30:00.17

(defending champ Hauser 2nd in 5000)

2000

(Durham, June 01)

(20 started & finished)

1. Brad Hauser (Stanford)	Sr	30:38.57
2. Jason Balkman (Stanford).....	Sr	30:38.92
3. Jason Lehmkuhle (Drake).....	Sr	30:41.73
4. Brent Hauser (Stanford)	Sr	30:42.17
5. Stetson Steele (Iowa)	Sr	30:45.67
6. Steve Schell (Michigan State)	Sr	30:49.45
7. Ryan Shay (Notre Dame).....	So	30:54.65
8. Matt Downin (Wisconsin)	So	30:58.41

2001

(Eugene, May 30)

(19 started, 18 finished)

1. Ryan Shay (Notre Dame).....	Jr	29:05.44
2. Murray Link' (Arkansas)	Sr	29:25.75
3. Jason Hartmann (Oregon).....	Fr	29:28.97
4. Christopher Mutai' (Alabama)	Sr	29:30.36
5. Tom McArdle (Dartmouth)	So	29:32.39
6. Fasil Bizuneh (Arizona State)	So	29:33.18
7. Keith Kelly' (Providence)	Sr	29:51.75
8. Dave Bazzi (Washington)	Sr	29:53.26

2002

(Baton Rouge, May 30)

(20 started, 18 finished)

1. Boaz Cheboiywo' (Eastern Michigan)	Jr	28:32.10
2. Ryan Shay (Notre Dame).....	Sr	29:02.92
3. Tom McArdle (Dartmouth)	Jr	29:10.18
4. Jason Hartmann (Oregon).....	So	29:28.80
5. Louis Lucchini (Stanford)	So	29:29.70
6. Vinny Mulvey' (Iona)	Sr	29:29.96
7. Adam Tenforde (Stanford)	Jr	29:31.47
8. Nick Winkel (Wisconsin).....	Sr	29:34.11

2003

(Sacramento, June 12)

(27 started, 25 finished)

1. Daniel Lincoln (Arkansas).....	Sr	28:20.20
2. Alistair Cragg' (Arkansas).....	Jr	28:20.29
3. Matt Gonzales (New Mexico)	So	28:26.88
4. Jason Hartmann (Oregon).....	Jr	28:31.96
5. Ian Dobson (Stanford)	So	28:32.23
6. Joep Tichgelaar' (Florida State)	Jr	28:34.09
7. Adam Tenforde (Stanford)	Sr	28:37.65
8. Peter Riley' (Iona).....	Sr	28:38.67

(defending champ Cheboiywo 10th in 5000)

2004

(Austin, June 10)

(26 started, 24 finished)

1. Alistair Cragg' (Arkansas).....	Sr	29:22.43
2. Robert Chesaré' (Arizona).....	So	29:26.51
3. Simon Bairu' (Wisconsin)	So	29:57.24
4. Matt Gonzales (New Mexico)	Jr	29:58.05
5. Chad Pearson (NC State).....	Sr	29:58.13
6. Ryan Sheehan (St. Francis).....	Jr	30:06.68
7. Joe McAlister' (Iona)	Sr	30:11.93
8. Gavin Thompson' (Eastern Michigan)	Sr	30:12.26

2005

(Sacramento, June 09)

(26 started, 25 finished)

1. Robert Cheseret' (Arizona)	Jr.....	28:20.11
2. Galen Rupp (Oregon)	Fr.....	28:23.75
3. Peter Kosgei' (Arkansas).....	So	28:39.29
4. Rod Koborsi (Georgetown)	Jr.....	28:42.05
5. Bret Schoolmeester (Colorado).....	Jr.....	28:49.07
6. Josphat Boit' (Arkansas).....	Jr.....	28:52.69
7. Josh Rohatinsky (BYU)	So	28:54.70
8. Tim Nelson (Wisconsin).....	So	29:01.56

2006

(Sacramento, June 08)

(26 started, 24 finished; event split the 5K heat/final)

1. Josphat Boit' (Arkansas).....	Sr	28:37.64
2. Martin Fagan' (Providence)	Sr	28:41.41
3. Simon Bairu' (Wisconsin)	Sr	28:43.37
4. Seth Pilkington (Weber State)	So	28:48.17
5. Marc Rodrigues' (Arkansas).....	Sr	28:49.23
6. Tim Nelson (Wisconsin).....	Jr.....	28:50.34
7. Rod Koborsi (Georgetown)	Sr	28:52.18
8. Westly Keating (UT Pan American).....	Sr	28:55.73

(defending champ Cheseret ran 1500/5000 double)

2007

(Sacramento, June 07)

(26 started & finished)

1. Shadrack Songok' (Texas A&M CC).....	Jr.....	28:55.83
2. Galen Rupp (Oregon)	Jr.....	28:56.19
3. Josh McDougal (Liberty)	Jr.....	28:58.28
4. Sean Quigley (La Salle)	Jr.....	28:59.29
5. Tim Nelson (Wisconsin).....	Sr	29:00.75
6. Stephen Samoei' (UTEP).....	Sr	29:08.30
7. Jeremy Johnson (New Mexico)	Sr	29:09.01
8. Josh Rohatinsky (BYU)	Sr	29:12.64

2008

(Des Moines, June 12)

(26 started, 25 finished)

1. Shadrack Songock' (Texas A&M CC)	Sr	28:46.69
2. Shawn Forrest' (Arkansas)	Jr.....	28:47.08
3. Tyson David' (Alabama).....	Jr.....	28:49.76
4. Jacob Korir' (Eastern Kentucky)	Sr	28:49.92
5. Seth Pilkington (Weber State)	Sr	28:51.81
6. Sean Quigley (La Salle)	Sr	29:03.27
7. Jeremy Johnson (New Mexico)	Sr	29:06.13
8. Japeth Ng'ojoy' (UTEP).....	Sr	29:07.08

2009

(Fayetteville, June 11)

(26 started, 23 finished)

1. Galen Rupp (Oregon)	Sr	28:21.45
2. Shawn Forrest' (Arkansas)	Sr	28:24.53
3. Sam Chelanga' (Liberty).....	So	28:35.40
4. Patrick Smyth (Notre Dame)	Sr	29:08.13
5. Andrew Ledwith' (Iona)	Sr	29:10.97
6. James Strang (Arkansas)	Sr	29:11.65
7. Girma Mecheso' (Auburn)	Fr.....	29:12.99
8. Jake Riley (Stanford).....	So	29:14.53

2010

(Eugene, June 10)

(24 started, 23 finished)

1. Sam Chelanga' (Liberty).....	Jr	28:37.40
2. John Kosgei' (Oklahoma State).....	Sr	28:55.93
3. Jake Riley (Stanford).....	Jr	28:57.41
4. Mo Ahmed' (Wisconsin)	Fr.....	28:57.44
5. Kiel Uhl (Iowa State).....	Sr	28:58.55
6. Joe Bosshard (Colorado)	Fr.....	28:59.87
7. Ben Cheruiyot' (Auburn).....	So	29:09.09
8. Alfred Kipchumba' (Portland).....	So	29:09.63

2011

(Des Moines, June 10)

(24 started & finished)

1. Leonard Korir' (Iona)	Sr	28:07.63
2. Sam Chelanga' (Liberty).....	Sr	28:12.18
3. Stephen Sambu' (Arizona)	Jr	28:19.61
4. Chris Derrick (Stanford).....	Jr	28:26.65
5. Jake Riley (Stanford).....	Sr	28:32.71
6. Luke Puskedra (Oregon)	Jr	28:33.47
7. Keith Gerrard' (New Mexico)	Sr	28:36.33
8. Joe Bosshard (Colorado)	So	28:41.56

2012

(Des Moines, June 06)

(24 started, 22 finished)

1. Cam Levins' (Southern Utah)	Sr	28:07.14
2. Stephen Sambu' (Arizona)	Sr	28:09.52
3. Chris Derrick (Stanford).....	Sr	28:17.28
4. Luke Puskedra (Oregon)	Sr	28:24.24
5. Jared Ward (BYU)	Jr	28:59.74
6. Elliot Krause (Wisconsin).....	Jr	29:02.89
7. Ryan Dohner (Texas)	So	29:05.11
8. Soufiane Bouchikhi' (Eastern Kentucky)	Jr	29:09.08

2013

(Eugene, June 06)

(24 started & finished)

1. Lawi Lalang' (Arizona)	Jr	29:29.65
2. Paul Katam' (UNC Greensboro)	Jr	29:41.27
3. Craig Lutz (Texas)	So	29:41.97
4. Mike Fout (Florida State).....	Sr	29:42.23
5. Michael Franklin (Princeton).....	Sr	29:42.34
6. Parker Stinson (Oregon).....	Jr	29:46.45
7. Girma Mecheso (Oklahoma State)	Sr	29:48.87
8. Jared Ward (BYU)	Jr	29:51.59

2014

(Eugene, June 11)

(24 started, 2 finished)

1. Edward Cheserek' (Oregon)	Fr.	28:30.18
2. Shadrack Kipchirchir' (Oklahoma State)	Sr	28:32.31
3. Mo Ahmed' (Wisconsin)	Sr	28:43.82
4. Kennedy Kithuka' (Texas Tech)	Sr	28:46.21
5. Trevor Dunbar (Oregon).....	Sr	28:53.81
6. Jim Rosa (Stanford)	Jr	28:57.51
7. Joe Bosshard (Colorado)	Sr	29:01.23
8. Parker Stinson (Oregon).....	Sr	29:01.39

(defending champ Lalang 2nd in 1500, 1st in 5000)

2015

(Eugene, June 10)

(24 started, 21 finished)

1. Edward Cheserek' (Oregon)	So	28:58.92
2. Eric Jenkins (Oregon).....	Sr	28:59.13
3. Jason Witt (BYU).....	Sr	29:04.58
4. Craig Lutz (Texas)	Sr	29:11.17
5. Pierce Murphy (Colorado)	Jr	29:15.18
6. Matt McElroy (Northern Arizona).....	Sr	29:16.55
7. Matt McClintock (Purdue)	Jr	29:16.57
8. Malachy Schrobilgen (Wisconsin)	So	29:17.07

2016

(Eugene, June 08)

(24 started, 23 finished)

1. Edward Cheserek' (Oregon).....	Jr	29:09.57
2. Futsum Zienasellassie' (Northern Arizona).....	Sr	29:10.68
3. Gabe Gonzalez (Arkansas).....	Sr	29:11.09
4. Pierce Murphy (Colorado)	Sr	29:12.49
5. Reid Buchanan (Portland)	Sr	29:13.40
6. Jacob Thomson (Kentucky)	So	29:13.73
7. Luis Vargas (NC State)	Sr	29:18.40
8. Erik Peterson (Butler)	Jr	29:23.48

2017

(Eugene, June 07)

(24 started, 23 finished)

1. Marc Scott' (Tulsa)	Sr	29:01.54
2. Rory Linkletter' (BYU)	So	29:02.96
3. Erik Peterson (Butler)	Sr	29:04.74
4. Arsène Guillorel' (Samford)	Jr	29:05.27
5. Lucas Stalnaker (Navy)	Sr	29:08.81
6. Gilbert Kirui' (Iona)	So	29:09.42
7. Matthew Baxter' (Northern Arizona)	Sr	29:09.83
8. Luke Traynor' (Tulsa)	Sr	29:10.58

(defending champ Cheserek injured back; didn't run Regional)

2018

(Eugene, June 06)

(24 started & finished)

1. Ben Flanagan' (Michigan)	Sr	28:34.53
2. Vincent Kiprop' (Alabama)	Jr	28:34.99
3. Dillon Maggard (Utah State)	Sr	28:38.36
4. Tyler Day (Northern Arizona)	So	28:39.03
5. Matthew Baxter' (Northern Arizona)	Sr	28:39.35
6. Jacob Thomson (Kentucky)	Sr	28:40.50
7. Gilbert Kigen' (Alabama)	Jr	28:55.66
8. Robert Brandt (UCLA)	Jr	29:13.12
9. Colin Bennie (Syracuse)	Sr	29:13.66

2019

(Austin, June 05)

(24 started & finished)

1. Clayton Young (BYU)	Sr	29:16.60
2. Gilbert Kigen' (Alabama)	Sr	29:18.10
3. Connor McMillan (BYU)	Sr	29:19.85
4. Conner Mantz (BYU)	So	29:19.93
5. Hassan Abdi' (Oklahoma State)	Sr	29:20.73
6. Tyler Day (Northern Arizona)	Jr	29:25.35
7. Robert Brandt (UCLA)	Jr	29:26.34
8. Azaria Kirwa' (Liberty)	Sr	29:30.88

2020

(meet not held)

2021

(Eugene, June 09)

(24 started, 23 finished)

1. Patrick Dever' (Tulsa)	Sr	27:41.87
(MR)		
2. Conner Mantz (BYU)	Jr	27:42.46
3. Abdihamid Nur (Northern Arizona)	Fr	27:42.73
4. Robert Brandt (Georgetown)	Sr	27:43.17
5. Eric Hamer (Colorado State)	Sr	27:44.87
6. Alex Masai' (Hofstra)	Jr	27:45.19
7. Charles Hicks' (Stanford)	Fr	27:47.63
8. Adriaan Wildschutt' (Florida State)	Jr	27:48.89

2022

(Eugene, June 08)

(24 started & finished)

1. Dylan Jacobs (Notre Dame)	Jr	28:12.32
2. Alex Maier (Oklahoma State)	So	28:12.68
3. Abdihamid Nur (Northern Arizona)	So	28:14.51
4. Cole Sprout (Stanford)	So	28:14.89
5. Athanas Kioko' (Campbell)	Sr	28:17.17
6. Charles Hicks' (Stanford)	So	28:17.88
7. Adriaan Wildschutt' (Florida State)	Sr	28:18.28
8. Aaron Bienenfeld' (Oregon)	Sr	28:19.05

2023

(Austin, June 07)

(24 started, 23 finished)

1. Ky Robinson' (Stanford)	Jr	28:10.96
2. Charles Hicks' (Stanford)	Jr	28:12.20
3. Casey Clinger (BYU)	Jr	28:13.63
4. James Mwaura (Gonzaga)	Sr	28:14.64
5. Isai Rodriguez (Oklahoma State).....	Sr	28:15.48
6. Graham Blanks (Harvard).....	So	28:15.90
7. Barry Keane' (Butler).....	Sr	28:17.21
8. Patrick Kiprop' (Arkansas).....	Jr	28:27.54

(defending champ Jacobs [at Tennessee] 14th)