

— High School XC Nationals —

NIKE CROSS BOYS

Portland, Oregon, December 02—

Teams: 1. Herriman 83; 2. American Fork 100; 3. Carroll 138; 4. Miami Havana 187; 5. Niwot 197; 6. Lincroft 202; 7. Downers North 215; 8. San Clemente 263;

9. Riverton 266; 10. Dana Point 267; 11. Coeur d'Alene 269; 12. Southern Oregon 290; 13. Bentonville 320; 14. Southeast Portland 326; 15. Plainfield North 365;

16. Stevens Point 378; 17. Temecula 393; 18. Wayzata 402; 19. Westfield 431; 20. Woodbury 466; 21. West Nashville 468; 22. Auburn 503.

Individuals (5K): 1. JoJo Jourdon (SW2) 15:16.5; 2. Cameron Todd (MW5) 15:18.5; 3. Nathan Neil (NW6) 15:18.6; 4. Austin Westfall (SW5) 15:22.6;

5. *Manny Putz (Heart3) 15:23.1; 6. Porter Middaugh (SW3) 15:25.2; 7. Jimmy Wischusen (NE5) 15:25.5; 8. Jason Parra (Cal5) 15:25.9;

9. Josh Bell (Cal1) 15:26.6; 10. *TJ Hansen (MW3) 15:27.8; 11. Byron Greivous (NE1) 15:28.0; 12. Sam Scott (Heart4) 15:29.0; 13. Daniel Simmons (AmFork) 15:29.9;

14. Landon Heemeyer (NW1) 15:30.0; 15. *Tommy Latham (SE6) 15:30.1; 16. James Partlow (SE4) 15:31.2; 17. Andrew Ludwig (Riverton) 15:31.2;

18. *Josiah Tostenson (SnOr) 15:32.5; 19. *Eli Fitchen-Young (Cal3) 15:33.6; 20. *Robert Mechura (Heart2) 15:36.1; 21. **Caden Leonard (Carroll) 15:36.7;

22. Aloysius Franzen (StevensPt) 15:36.8; 23. ***Marcelo Mantecon (MiaHavana) 15:37.1; 24. Lucas Cohen (Cal2) 15:37.7; 25. Colin Eckerman (SE1) 15:38.5;

26. *Broen Holman (Cal4) 15:40.1; 27. Dylon Nalley (MW4) 15:40.3; 28. Jack Beckstrom (Herriman) 15:40.9; 29. Steven Hergenrother (NE2) 15:41.1;

30. Berkley Nance (SE3) 15:41.5; 31. *Hudson Haley (South3) 15:42.2; 32. Josh Ruiz (MiaHavana) 15:42.3; 33. *Luke Pash (NE4) 15:42.4;

34. *Jonah Tang (Herriman) 15:42.4; 35. Aden Bandukwala (MW1) 15:42.6; 36. *Ben Montgomery (South4) 15:44.7; 37. *Kyle Steadman (SW4) 15:45.0;

38. **Rocco Culpepper (Niwot) 15:45.3; 39. ***Quinn Sullivan (Niwot) 15:46.3; 40. Brett Ephraim (SanClemente) 15:46.4. (201 finished)

NXN GIRLS

Teams: 1. Academy 61; 2. Niwot 72; 3. Denver 163; 4. Lone Peak 201; 5. Wexford 218; 6. Kinetic 242; 7. Louisville 264; 8. Clovis 274; 9. Wilmington 281;

10. Union County 282; 11. Delmar 286; 12. Elmhurst 314; 13. San Juan Capistrano 328; 14. Mount Prospect 333; 15. Portland 334;

16. Downers North 345; 17. Flower Mound 363; 18. Carroll 396; 19. Corona 448; 20. Forest Park 455; 21. Wayzata 456; 22. West Olathe 534.

Individuals (5K): 1. **Addy Ritzenhein (Niwot) 17:10.4; 2. Bethany Michalak (Academy) 17:16.4; 3. *Emily Wisniewski (NW5) 17:37.4; 4. Isabel Allori (SW2) 17:37.4;

5. Rachel Forsyth (MW3) 17:38.6; 6. ***Gianna Rahmer (SW6) 17:38.9; 7. **Jaelyn Williams (Cal6) 17:39.9; 8. Isabella Keller (MW4) 17:43.4;

9. Logan Hofstee (NW2) 17:45.0; 10. *Ella Hagen (SW3) 17:47.6; 11. Anna Callahan (NW1) 17:48.6; 12. *Holly Barker (Cal1) 17:49.0;

13. Allie Zealand (SE5) 17:49.7; 14. Mad-die Gardiner (SE2) 17:52.6; 15. *Elizabeth Leachman (South1) 17:53.6; 16. Nelah Roberts (NW4) 17:56.1;

17. **Libby Dowty (MW2) 17:56.9; 18. **Macy Wingard (South5) 17:59.5; 19. Addison Knoblauch (MW5) 18:00.2; 20. **Lily Alder (SW1) 18:02.0;

21. Emily Bush (Kinetic) 18:03.6; 22. *Norah Hushagen (Heart4) 18:03.7; 23. Selma Anderson (MW1) 18:07.8; 24. *Hanne Thomsen (Cal5) 18:11.1;

25. Avalon Mecham (SW4) 18:11.8; 26. *Sadie Engelhardt (Cal2) 18:14.0; 27. Reese Dalton (SE1) 18:15.0; 28. *Katelyn Rupe (Heart5) 18:17.8;

29. *Tessa Walter (Academy) 18:20.5; 30. Reagan Gilmore (Louisv) 18:21.8; 31. *Peyton Adams (Denver) 18:23.1; 32. *Chloe Huyler (NW3) 18:25.1;

33. Alycia Hart (Kinetic) 18:26.2; 34. *Juliet Frum (Denver) 18:26.6; 35. Staucie Lees (South3) 18:28.1; 36. ***Mariah Hook (Academy) 18:28.2;

37. **Payton Meineke (SW5) 18:28.9; 38. *Wren Kucler (Wexford) 18:29.7; 39. Gioana Lopizzo (Cal3) 18:29.9; 40. **Jazleen Malher-ek-Osorio (Wayzata) 18:30.3. (204 finished)

FOOT LOCKER BOYS

San Diego, California, December 09—

Teams: 1. South 38; 2. Northeast 38; 3. Midwest 54; 4. West 101.

Individuals (5K): 1. Drew Griffith (NE) 15:06.9; 2. Ryan Pajak (NE) 15:12.1; 3. Tamrat Gavenas (NE) 15:16.6; 4. Berkley Nance (S) 15:17.5;

5. Brayden Marshall (S) 15:18.4; 6. Ty Steorts (S) 15:21.2; 7. Paul Bergeron (NE) 15:25.3; 8. Cameron Todd (MW) 15:30.0; 9. Benji Anderson (MW) 15:32.1;

10. Juan Gonzalez (MW) 15:32.4; 11. Jake Liebert (S) 15:34.1; 12. Colin Eckerman (S) 15:35.1; 13. Micah Blomker (MW) 15:36.2; 14. Tony Provenzano (MW) 15:37.5;

15. Patrick Koon (S) 15:38.8; 16. Gabe Schmid (S) 15:41.6; 17. Connell Alford (MW) 15:43.9; 18. Riku Sugie (S) 15:44.8; 19. Jack Sheesley (W) 15:44.9;

20. Zach Hillhouse (W) 15:45.0; 21. Grant Morgenfeld (W) 15:48.1; 22. Raghav Gopalakrishnan (S) 15:48.5; 23. Josh Chu (W) 15:49.7;

24. Ben Crane (MW) 15:50.1; 25. Trey Caldwell (W) 15:51.9; 26. Grayson Milne (W) 15:53.3; 27. Jack Bertram (NE) 15:54.6; 28. Davis Rydman (W) 15:56.1;

29. Matthew Edwards (MW) 15:56.3; 30. Jack Graffeo (NE) 15:59.9; 31. Thomas Westphal (MW) 16:03.5; 32. Peyton Shute (NE) 16:03.9;

33. Devin Ibarra (W) 16:06.1; 34. Alex Fisher (NE) 16:06.4; 35. Soheib Dissa (NE) 16:07.2; 36. Carter Spradling (W) 16:07.7; 37. Colin Whitaker (NE) 16:13.4;

38. Kade Brownell (W) 16:15.6; 39. Matt Ryan (S) 16:24.3; 40. Isaac Rivera (MW) 16:28.5.

FOOT LOCKER GIRLS

Teams: 1. South 22; 2. Midwest 48; 3. Northeast 76; 4. West 94.

Individuals (5K): 1. Elizabeth Leachman (S) 16:50.7; 2. Allie Zealand (S) 17:04.5; 3. Rachel Forsyth (MW) 17:08.3; 4. Mary Bonner Dalton (S) 17:28.1;

5. Addison Knoblauch (MW) 17:43.0; 6. Ruth White (NE) 17:43.1; 7. Jayne Halterman (S) 17:43.4; 8. Samantha Humphries (S) 17:44.5;

9. Jessica Jazwinski (MW) 17:45.9; 10. Zariel Macchia (NE) 17:49.3; 11. Chiara Dailley (W) 17:53.1; 12. Reese Dalton (S) 17:55.4;

13. Abby Faith Cheeseman (S) 17:56.3; 14. Ellie Shea (NE) 17:56.5; 15. Maddie Gardiner (S) 18:05.6; 16. Payton Meineke (MW) 18:08.4;

17. Addison Dorenkamp (MW) 18:09.1; 18. Sophia Rodriguez (W) 18:15.0; 19. Libby Dowty (MW) 18:17.5; 20. Victoria Garces (MW) 18:18.5;

21. Katie Bohlke (NE) 18:21.5; 22. Emily Cohen (MW) 18:22.1; 23. Ruby Ihmels (W) 18:26.4; 24. Maya Luna de Brouwer (W) 18:26.7;

25. Shea Volkmer (W) 18:30.1; 26. Melissa Djombj Enyawe (W) 18:32.7; 27. Nicki Southerland (MW) 18:33.6; 28. Reena Hsieh (W) 18:34.3;

29. Cailey Bracken (W) 18:34.6; 30. Zoie Lamanna (S) 18:40.3; 31. Dylan McElhinney (NE) 18:44.5; 32. Aoife Shovlin (NE) 18:49.7; 33. Lillah Gordon (NE) 18:49.8;

34. Logan St. John Kletter (NE) 18:54.5; 35. Eleanor Raker (W) 18:57.2; 36. Liv Phillips (MW) 19:08.5; 37. Lily Lyons (NE) 19:13.4; 38. Olivia Williams (W) 19:24.9;

... dnf — Claire Stegall (S); ... dnc — Virginia Kraus (NE).

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(unless noted otherwise, all indoor meets with oval events are on 200m banked tracks)

— Indoor Track News —

CLEMSON OPENER

Clemson, South Carolina, December 08—60: 1. *Anthony Greenhow (SC) 6.70.

Heats: III-1. Cameron Rose (Clem) 6.69.

300: 1. Rose 32.61 (9, x C; 8, x Am C);

2. Greenhow 32.65 (10, x C; 9, x Am C).

1000: 1. ***BlaiK Slavinski (Clem) 2:20.52;

2. *Gabriel Ludwick' (Clem-Por) 2:23.41.

60H: 1. **Jason Holmes (NCAT) 7.70; 2.

Aveon Reid (NCAT) 7.73; 3. **Thomas Smith

(NCAT) 7.82; 4. ***Isaiah Taylor (NCAT) 7.90.

Field Events

LJ: 1. Blair Brooks (unat) 25-2 (7.67).

TJ: 1. **Theo Mudzengerere' (SC-Zim)

52-6 (16.00).

SP: 1. *Dylan Targgart (SC) 62-½ (18.91).

Wt: 1. Daniel Cope' (Clem-Jam) 69-11

(21.31).

CLEMSON WOMEN

60: 1. ***Cynteria James (SC) 7.31.

200: 1. Karimah Davis (unat) 23.20; 2.

*Jayla Jamison (SC) 23.46.

300: 1-1. *JaMeesia Ford (SC) 35.83**

WJR AJR (old records 36.12 Sydney

McLaughlin-Levrone [Ky] '17) (4, 5 A; =2,

=2 C; 2, 2 AmC; in/out: 6, 7 A);

2. *Zaya Akins (SC) 36.77 (11, x C; 10, x AmC);**

3. Karimah Davis (unat) 36.91.

II-1. *Aaliyah Francis' (SC-Jam) 37.18;

2. *Jahnlie Registre (SC) 37.60.

60H: 1. *Lucheyona Weaver (NCAT) 8.19;

2. Mulren Jean' (Hai) 8.29; 3. *Antoinette Van

der Merwe' (Clem-SA) 8.34.

4 x 400: 1. South Carolina 3:36.46; 2.

Clemson 3:38.77.

Field Events

HJ: 1. *Shanty Papakosta' (GaT-Gre) 6-0

(1.83); 2. Nyagoa Bayak (How) 5-10¾ (1.80);

3. *Breanna Brown-Marshall (FIAM) 5-10.

LJ: 1. Courtney Lines (UNCW) 20-2½

(6.16); 2. Ameia Wilson (GaT) 20-2¼ (6.15).

TJ: 1. **Shantae Foreman' (Clem-Jam)

42-11 (13.08).

Wt: 1. Marie Forbes' (Clem-Jam) 71-8¾

(21.86).

INDIANA EARLY BIRD

Bloomington, Indiana, December 08—

60: 1. Antonio Laidler (In) 6.67; 2. ***Miles

Jones (Ky) 6.68.

200: 1. Kennedy Lightner (Ky) 20.92.

TJ: 1. *Luke Brown' (Ky-Jam) 54-1¼

(16.49).

Wt: 1. *Logan Coles (Ky) 68-4½ (20.84);

2. Dennis Ohene-Adu (Ky) 67-9¾ (20.67).

INDIANA WOMEN

300: 1. Kenisha Phillips (In) 37.41; 2.

**Hannah Douglas (Ky) 38.01; 3. Jania Martin

(Ky) 38.28.

60H: 1. ***Emmi Scales (Ky) 8.29.

HJ: 1. **Spirit Morgan (Cinc) 5-10½ (1.79).

PV: 1. Jessica Mercier (In) 13-9¼ (4.20).

HOLIDAY INVITATIONAL

Ames, Iowa, December 09 (300 unbanked—OT)—

60: 1. ***Kenechukwu Okpareke (KC) 6.67.

200: 1. **Traunard Folson (IndHCC) 21.15.

800: 1. **Tyrice Taylor' (IndHCC-Jam)

1:48.49; 2. *Darius Kipyego (IaSt) 1:48.67;

3. AJ Green (unat) 1:49.58.

Wt: 1. *Adam Phillips (Drake) 67-1½

(20.46); 2. *Anthony Barmes' (Drake-NZ)

66-10 (20.37).

Hept(12/08): 1. ***Kole Becker (IaSt) 5451;

2. Thai Thompson (unat) 5309.

Women:

1000: 1. Alexina Teubel (unat) 2:42.06; 2.

**Makayla Clark (IaSt) 2:44.97.

Wt(12/08): 1. Mari Shavers (unat) 67-8¼

(20.63).

GRANT INVITATIONAL

Iowa City, Iowa, December 09—

60: 1. *Kalen Walker (Ia) 6.59.

800: 1. *Rivaldo Marshall' (Ia-Jam)

1:47.83; 2. *Abdullahi Hassan' (Wi-Can)

1:48.92.

60H: 1. Chris Douglas' (Aus) 7.62.

Wt: 1. **Sean Smith (Ia) 71-¾ (21.66).

GRANT WOMEN

60: 1. *Lia Love (Ia) 7.28.

60H: 1. *Paige Magee (Ia) 8.07.

LJ: 1. **Aliyah Adams (WnlI) 20-¼ (6.10).

TJ: 1. ***Daniela Martine-Wamokpego'

(Ia-Fra) 43-½ (13.12).

SP: 1. Kat Moody (Ia) 54-4½ (16.57).

Wt: 1. *Alivia Bauer (Ia) 66-¼ (20.12).

Pent: 1. ***Annie Wirth (Ia) 3835.

CRIMSON & GOLD

Pittsburg, Kansas, December 09 (300 unbanked—OT)—

60: 1. Troy McKnight (ArLR) 6.68.

60H: 1. **Colby Eddowes' (ArSt-Aus) 7.79.

4 x 400: 1. Lincoln 3:11.01; 2. Pittsburg

State 3:11.26.

PV: 1. *Bradley Jelmert (ArSt) 18-9¼ (5.72).

Wt: 1. Peyton Barton (MoSo) 71-2¾

(21.71).

CRIMSON & GOLD WOMEN

PV: 1. *Kyla Davis (PittSt) 13-10½ (4.23).

SP: 1. *Michelle Ogbemudia (ArSt) 52-11½

(16.14).

Wt: 1. Ogbemudia 66-2½ (20.18).

DECEMBER INVITATIONAL

Provo, Utah, December 08-09 (352 unbanked—OT) (altitude 1411)—
(12/8—TJ)
500: 1. *Josh Taylor (BYU) 1:01.81.
TJ: 1. *Godwin Charles' (UtSt-Ngr) 51-5¼ (15.69).

BYU WOMEN

(12/8—PV, Pent)
HJ: 1. Cierra Tidwell (BYU) 6-2¼ (1.89).
PV: 1. *Rebekah Erikson (BYU) 14-2½ (4.33).
Pent: 1. **Mayci Taylor (BYU) 3896.

— Off-Track News —

BAA HALF-MARATHON

Boston, Massachusetts, November 12 (loop; 33F/1C at start)—
1. Abel Kipchumba (Ken) 61:32 (\$12,000);
2. Patrick Tiernan (Aus) 61:56; 3. Yemane Hailesilassie (Eri) 62:17 PR; 4. Filmon Ande (Eri) 62:22; 5. Geoffrey Koech (Ken) 62:32;
6. Tristan Woodfine (Can) 62:40 PR; 7. Samuel Chelanga (US) 62:49; 8. James Ngandu (Ken) 62:59;
9. Amanuel Mesel (Eri) 63:33; 10. Nadir Yusuf (US) 63:54 PR;... 13. Ryan Johnson (US) 64:22 PR; 14. Tai Smith (US) 65:01.

BAA WOMEN

1. Fotyen Tesfay (Eth) 68:46 PR (\$12,000);
2. Senbere Teferi (Eth) 69:00; 3. Tsige Gebreselama (Eth) 69:06; 4. Keira D'Amato (US) 69:12; 5. Mestawot Fikir (Eth) 69:17;
6. Buze Diriba (Eth) 69:28; 7. Fancy Chemutai (Ken) 69:37; 8. Cynthia Limo (Ken) 69:40; 9. Viola Chepngeno (Ken) 69:41;
10. Beyenu Degefu (Eth) 70:15; 11. Rosemary Wanjiru (Ken) 70:35; 12. Fantaye Belayneh (Eth) 70:38; 13. Fiona O'Keeffe (US) 70:45;
14. Lindsay Flanagan (US) 70:47; 15. Natosha Rogers (US) 70:57;... 17. Carrie Verdon (US) 71:22;
18. Mercy Chelangat (Ken) 71:37 PR;... 20. Laura Thweatt (US) 71:53; 21. Rachel Smith (US) 72:36 PR; 22. Jacqueline Gaughan (US) 72:58.

NIJMEGEN 15K

Nijmegen, Netherlands, November 19—
1. Jacob Kiplimo (Uga) 41:05 PR (fastest ever in 15K race); 2. Rogers Kibet (Uga) 42:44; 3. Amos Serem (Ken) 43:07 PR;
4. Filmon Tesfu (Neth) 44:00; 5. Mike Foppen (Neth) 44:01; 6. Mustefa Tebo (Eth) 44:04 PR;
7. Emil Danielsson (Swe) 44:06 PR; 8. Therenze Bizoza (Bur) 44:10 PR; 9. Yohanes Chiappinelli (Ita) 44:14 PR; 10. Kebede Tulu (Eth) 44:34.

NIJMEGEN WOMEN

1. Beatrice Chepkoech (Ken) 47:12 PR; 2. Lonah Chemtai Salpeter (Isr) 47:55; 3. Stella Chesang (Uga) 48:02;
4. Isobel Batt-Doyle (Aus) 48:22 PR;
5. Charlotte Purdue (GB) 49:09; 6. Vivian Cheruiyot (Ken) 49:19 PR;
7. Jill Holtermann (Neth) 49:59; 8. Jacelyn Gruppen (Neth) 50:16 PR; 9. Ineke Van Koldam (Neth) 52:07 PR; 10. Leonie Balter (Neth) 52:18 PR.

MANCHESTER ROAD RACE

Manchester, Connecticut, November 23 (hilly 4.78M loop)—
1. Morgan Beadlescomb (adi) 21:12 (\$7000); 2. Conner Mantz (Nik) 21:15; 3. Isai Rodriguez (Puma) 21:16; 4. Rory Linkletter (Can) 21:17; 5. Patrick Dever (Puma) 21:18;
6. Amon Kemboi' (Ken) 21:26; 7. Reid Buchanan (unat) 21:38; 8. Sam Chelanga (USAR) 22:15; 9. Evert Silva (NotorTC) 22:17; 10. Eric Hamer (BAA) 22:20.

MANCHESTER WOMEN

1. Weini Kelati (UA/DarkSky) 23:21 (\$8000); 2. Annie Rodenfels (BAA) 23:59; 3. Emily Durgin (adiGCTC) 24:06; 4. Sara Hall (Asics) 24:23; 5. Florencia Borelli' (Arg) 24:24;
6. Bethany Hasz (BAA) 24:39; 7. Megan Hasz (BAA) 24:40; 8. Calli Thackery' (GB) 24:46; 9. Mary Munanu' (Ken) 24:51; 10. Joselyn Brea' (Ven) 25:07.

MERRIE MILE

Honolulu, Hawai'i, December 09 (point-to-point) 9"battle of the sexes" handicap format: women started 30 secs ahead)—
1. Yared Nuguse (OnAC) 3:56.58 (\$4000);
2. Vince Ciattei (UArm) 3:56.81; 3. Hobbs Kessler (adi) 3:57.12;
4. Morgan Beadlescomb (adi) 3:58.01;
5. Mario Garcia' (Spa) 3:59.34; 6. Geordie Beamish' (NZ) 4:00.54;
7. Neil Gourley' (GB) 4:03.18; 8. Bryce Hoppel (adi) 4:03.53; 9. Matthew Centrowitz (Nik) 4:03.64; 10. Mason Ferlic (adi) 4:03.66.

MERRIE MILE WOMEN

1. Nikki Hiltz (lulul) 4:28.07; 2. Nozomi Tanaka' (Jpn) 4:29.79 NR; 3. Weini Kelati (UArm) 4:30.16;
4. Susan Ejore' (Ken) 4:30.24; 5. Rachel Smith (Hoka) 4:31.57; 6. Elle St. Pierre (NBal) 4:32.32; 7. Dani Jones (NBal) 4:32.33; 8. Emily Lipari (adi) 4:33.77.

EUROPEAN XC CHAMPS

Brussels, Belgium, December 10—
Teams: 1. Belgium 20; 2. France 26; 3. Norway 32; 4. Ireland 45; 5. Great Britain 54; 6. Spain 57; 7. Germany 89; 8. Italy 91; 9. Sweden 110; 10. Portugal 119.

Individuals (10K): 1. Yann Schrub (Fra) 30:17; 2. Magnus Tuv Myhre (Nor) 30:20; 3. Robin Hendrix (Bel) 30:22; 4. Hugo Milner (GB) 30:27; 5. Tadesse Getahon (Isr) 30:33;
6. John Heymans (Bel) 30:34; 7. Abdesamad Oukhelfen (Spa) 30:40; 8. Cormac Dalton (Ire) 30:40; 9. Jamal Abdelmajji Eisa Mohammed (ART) 30:43;
10. Fabien Palcau (Fra) 30:46; 11. Isaac Kimeli (Bel) 30:46; 12. Henrik Børkja Ingebrigtsen (Nor) 30:46; 13. Yemaneberhan Crippa (Ita) 30:47;
14. Davor Aaron Bienenfeld (Ger) 30:48; 15. Hugo Hay (Fra) 30:48; 16. Baldvin Þór Magnússon (Ice) 30:48;
17. Keelan Kilrehill (Ire) 30:52; 18. Jacob Bouter (Nor) 30:54; 19. Oliver Löfqvist (Swe) 30:56; 20. Hugh Armstrong (Ire) 30:56.

U23 (8K): 1. Will Barnicoat (GB) 23:42; 2. Valentin Bresc (Fra) 23:42; 3. Matthew Stonier (GB) 23:51; 4. Moa Abounnachat Bollerød (Nor) 23:56; 5. Miguel Baidal (Spa) 23:56.

EUROPEAN XC WOMEN

Teams: 1. Great Britain 18; 2. Spain 37; 3. Belgium 38; 4. France 39; 5. Italy 55; 6. Norway 60; 7. Germany 60; 8. Ireland 68; 9. Türkiye 135.

Individuals (10K): 1. Karoline Bjerkeli Grøvdal (Nor) 33:40; 2. Nadia Battocletti (Ita) 34:25; 3. Abbie Donnelly (GB) 34:42; 4. Fionnuala McCormack (Ire) 35:00;
5. Jessica Warner-Judd (GB) 35:20; 6. Lisa Rooms (Bel) 35:29; 7. Cecile Jarousseau (Fra) 35:31; 8. Irene Sánchez-Escribano (Spa) 35:32; 9. Chloe Herbiet (Bel) 35:34;
10. Izzy Fry (GB) 35:37; 11. Poppy Tank (GB) 35:42; 12. Marie Bouchard (Fra) 35:42; 13. Cristina Ruiz (Spa) 36:00; 14. Amelia Quirk (GB) 36:03;
15. Elena Burkard (Ger) 36:12; 16. Carolina Robles (Spa) 36:15; 17. Juliane Hvid (Den) 36:18; 18. Maria Sagnes Wågan (Nor) 36:22; 19. Niamh Bridson-Hubbard (GB) 36:27; 20. Margaux Sieracki (Fra) 36:31.

U23(8K): 1. Megan Keith (GB) 25:32; 2. Ilona Mononen (Fin) 26:55; 3. Nathalie Blomqvist (Fin) 27:06; 4. Angela Viciosa (Spa) 27:08; 5. Greta Karinauskaitė (Lit) 27:13.

MIXED RELAY

1. France 19:44; 2. Netherlands 19:46; 3. Great Britain 19:48; 4. Italy 20:06; 5. Belgium 20:06; 6. Hungary 20:24; 7. Poland 20:27; 8. Spain 20:44.

in upcoming eTNs: Rankings,
'23 U.S. & world lists