

## 2023 World Half Marathon Championships Statistical Information – by K Ken Nakamura

Summary page:

### Men: World Half Marathon Championships All Time list

Performances	Time	Performers	Name	Nat	Place		Date
1	58:49	1	Jacob Kiplimo	UGA	1	Gdynia	17 Oct 2020
2	58:54	2	Kibiwott Kandie	KEN	2	Gdynia	17 Oct 2020
3	58:59	3	Zersenay Tadese	ERI	1	Udine	14 Oct 2007
4	59:02	4	Patrick Makau	KEN	2	Udine	14 Oct 2007
5	59:05	5	Evans Kiprop Cheruiyot	KEN	3	Udine	14 Oct 2007
6	59:08	6	Geoffrey Kipsang Kamworor	KEN	1	København	29 Mar 2014
7	59:08	7	Amedework Walelegn	ETH	3	Gdynia	17 Oct 2020
8	59:10		Goeffrey Kipsang Kamworor		1	Cardiff	26 Mar 2016
9	59:16	8	Deriba Merga	ETH	4	Udine	14 Oct 2007
10	59:21	9	Samuel Tsegay	ERI	2	København	29 Mar 2014

**Slowest winning time:** 63:47 by Paul Tergat (KEN) in 2000

**Margin of Victory** (20Km was contested in 2006)

	Difference	Winning time	Name	Nat	Venue	Year
Max	1:58 40 sec	59:56 56:01	Zersenay Tadese Zersenay Tadese	ERI ERI	Rio de Janeiro Debrecen	2008 2006
Min	0 seconds	1:01:50	Paul Tergat	KEN	Palermo	1999

### Best Marks for Places in World Half Marathon Championships

Place	Time	Name	Nationality	Venue	Date
1	58:49	Jacob Kiplimo	UGA	Gdynia	17 Oct 2020
	58:59	Zersenay Tadese	ERI	Udine	14 Oct 2007
2	59:02	Patrick Makau	KEN	Udine	14 Oct 2007
	59:08	Kibiwott Kandie	KEN	Gdynia	17 Oct 2020
3	59:05	Evans Kiprop Cheruiyot	KEN	Udine	14 Oct 2007
	59:08	Amedework Walelegn	ETH	Gdynia	17 Oct 2020
4	59:16	Deriba Merga	ETH	Udine	14 Oct 2007
	59:21	Joshua Cheptegei	UGA	Gdynia	17 Oct 2020
5	59:30	Yonas Kifle	ERI	Udine	14 Oct 2007
	59:32	Andamlak Belihu	ETH	Gdynia	17 Oct 2020
6	59:32	Dioudonne Disi	RWA	Udine	14 Oct 2007
	59:34	Leonard Barsoton	KEN	Gdynia	17 Oct 2020
7	59:33	Marilson Gomes dos Santos	BRA	Udine	14 Oct 2007
	59:36	Stephen Mokoka	RSA	Gdynia	17 Oct 2020

### Splits for Fastest Half Marathons

Name	Year	5Km	10Km	15Km	20Km	Finish	
Jacob Kiplimo	2021	13:40	27:05	40:27	54:28	57:31	WR

### Lap Times for Fastest Half Marathons

Name	Year	5Km	10Km	15Km	20Km	Finish
Jacob Kiplimo	2021	13:40	13:25	13:22	14:01	3:03

**Splits at World Half Marathon Championships** (the race was contested at 20Km in 2006)

Name	Year	5Km	10Km	15Km	20Km	Finish
Jacob Kiplimo	2020	14:20	28:23	42:18	55:55	58:49
Geoffrey Kamworor	2018	14:32	29:28	44:13	57:14	60:02

**Women:****World Half Marathon Championships All Time list**

Performances	Time	Performers	Name	Nat	Place		Date
1	1:05:16	1	Peres Jepchirchir	KEN	1	Gdynia	17 Oct 2020
2	1:05:18	2	Melat Yisak Kejeta	GER	2	Gdynia	17 Oct 2020
3	1:05:19	3	Yalemzerf Yehualaw	ETH	3	Gdynia	17 Oct 2020
4	1:05:39	4	Zeineba Yimer	ETH	4	Gdynia	17 Oct 2020
5	1:05:41	5	Ababel Yeshaneh	ETH	5	Gdynia	17 Oct 2020
6	1:05:58	6	Joyciline Jepkosgei	KEN	6	Gdynia	17 Oct 2020
7	1:06:11	7	Netsanet Gudeta	ETH	1	Valencia	24 Mar 2018
8	1:06:20	8	Yasemin Can	TUR	7	Gdynia	17 Oct 2020
9	1:06:25	9	Lornah Kiplagat	NED	1	Udine	14 Oct 2007
10	1:06:36	10	Mary Jepkosgei Keitany	KEN	1	Birmingham	11 Oct 2009

**Slowest winning time:** 70:39 by Ren Xiujuan (CHN) in 1996

**Margin of Victory (Individual) (20Km was contested in 2006)**

	Difference	Winning time	Name	Nat	Venue	Year
Max	1:27	1:07:35	Paula Radcliffe	GBR	Vilamoura	2003
Min	1 seconds	1:08:55	Meseret Hailu	ETH	Kavarna	2012
	2 seconds	1:10:07	Conceição Ferreira	POR	Bruxelles	1993
		1:03:21	Lornah Kiplagat	NED	Debrecen	2006

**Best Marks for Places in World Half Marathon Championships**

Place	Time	Name	Nationality	Venue	Date
1	1:05:16	Peres Jepchirchir	KEN	Gdynia	17 Oct 2020
	1:06:11	Netsanet Gudeta Kebede	ETH	Valencia	24 Mar 2018
2	1:05:18	Melat Yisak Kejeta	GER	Gdynia	17 Oct 2020
	1:06:48	Mary Keitany	KEN	Udine	14 Oct 2007
3	1:05:19	Yalemzerf Yehualaw	ETH	Gdynia	17 Oct 2020
	1:06:56	Pauline Kaveke Kamulu	KEN	Valencia	24 Mar 2018
4	1:05:39	Zeineba Yimer	ETH	Gdynia	17 Oct 2020
	1:07:17	Eunice Chumba	BRN	Valencia	24 Mar 2018
5	1:05:41	Ababel Yeshaneh	ETH	Gdynia	17 Oct 2020
	1:08:07	Zeineba Yimer	ETH	Valencia	24 Mar 2018
6	1:05:58	Joyciline Jepkosgei	KEN	Gdynia	17 Oct 2020
	1:08:09	Meseret Belete	ETH	Valencia	24 Mar 2018

**Splits for Fastest Half Marathons**

Name	Year	5Km	10Km	15Km	20Km	Finish	
Letesenbet Gidey	2021	15:00	29:45	44:29	59:37	62:52	WR
Ruth Chepngetich	2021	15:07	30:21	45:30	60:43	64:02	WR
Girmawit Gebrzihair Gebru	2022	15:12	30:28	45:51	61:04	64:14	

**Lap Times at Fastest Half Marathons**

Name	Year	5Km	10Km	15Km	20Km	Finish	
Letesenbet Gidey	2021	15:00	14:45	14:44	15:08	3:15	WR
Ruth Chepngetich	2021	15:07	15:14	15:09	15:13	3:19	WR
Girmawit Gebrzihair	2022	15:12	15:16	15:23	15:13	3:10	

**Fastest splits in World Half Marathon Championships**

		5Km	10Km	15Km	20Km	Finish
Peres Jepchirchir	2020	15:20	30:47	46:24	1:02:04	1:05:16
Netsamet Gideta	2018	15:39	31:38	47:30	1:02:53	1:06:11

# Men

## World Half Marathon Championships All Time list

Performances	Time	Performers	Name	Nat	Place		Date
1	58:49	1	Jacob Kiplimo	UGA	1	Gdynia	17 Oct 2020
2	58:54	2	Kibiwott Kandie	KEN	2	Gdynia	17 Oct 2020
3	58:59	3	Zersenay Tadese	ERI	1	Udine	14 Oct 2007
4	59:02	4	Patrick Makau	KEN	2	Udine	14 Oct 2007
5	59:05	5	Evans Kiprop Cheruiyot	KEN	3	Udine	14 Oct 2007
6	59:08	6	Geoffrey Kipsang Kamworor	KEN	1	København	29 Mar 2014
7	59:08	7	Amedework Walelegn	ETH	3	Gdynia	17 Oct 2020
8	59:10		Goeffrey Kipsang Kamworor		1	Cardiff	26 Mar 2016
9	59:16	8	Deriba Merga	ETH	4	Udine	14 Oct 2007
10	59:21	9	Samuel Tsegay	ERI	2	København	29 Mar 2014
11	59:21	10	Guye Adola	ETH	3	København	29 Mar 2014
12	59:21	11	Joshua Cheptegei	UGA	4	Gdynia	17 Oct 2020
13	59:30	12	Yonas Kifle	ERI	5	Udine	14 Oct 2007
14	59:32	13	Dieudonne Disi	RWA	6	Udine	14 Oct 2007
15	59:32	14	Andamlak Belihu	ETH	5	Gdynia	17 Oct 2020
16	59:33	15	Marilson Gomes dos Santos	BRA	7	Udine	14 Oct 2007
17	59:34	16	Leonard Barsoton	KEN	6	Gdynia	17 Oct 2020
18	59:35		Zersenay Tadese		1	Birmingham	11 Oct 2009
19	59:36	17	Bedan Karoki Muchiri	KEN	2	Cardiff	26 Mar 2016
20	59:36	18	Stephen Mokoka	RSA	7	Gdynia	17 Oct 2020
21	59:38		Zersenay Tadese		4	København	29 Mar 2014
22	59:40	19	Morhad Amdouni	FRA	8	Gdynia	17 Oct 2020
23	59:42	20	Benard Kimeli	KEN	9	Gdynia	17 Oct 2020
24	59:45	21	Leul Gebresilase	ETH	10	Gdynia	17 Oct 2020
25	59:56	22	Shem Kororia	KEN	1	Kosice	4 Oct 1997
26	59:56		Zersenay Tadese		1	Rio de Janeiro	12 Oct 2008
27	59:58	23	Moses Tanui	KEN	2	Kosice	4 Oct 1997
28	59:59	24	Bernard Kipyego	KEN	2	Birmingham	11 Oct 2009
29	59:59	25	Mo Farah	GBR	3	Cardiff	26 Mar 2016
30	59:59	26	Abayneh Ayele	ETH	4	Cardiff	26 Mar 2016
31	1:00:00	27	Kenneth Cheruiyot	KEN	3	Kosice	4 Oct 1997
32	1:00:00	28	Dathan Ritzenhein	USA	3	Birmingham	11 Oct 2009
33	1:00:00	29	Nguse Amlosom	ERI	5	København	29 Mar 2014
34	1:00:01	30	Paul Koech	KEN	1	Zürich-Uster	27 Sept 1998
35	1:00:01	31	Wilson Kiprop	KEN	6	København	29 Mar 2014
36	1:00:01	32	Hailemaryam Kiros	ETH	11	Gdynia	17 Oct 2020
37	1:00:02		Geoffrey Kamworor		1	Valencia	24 Mar 2018
38	1:00:03	33	Haile Gebrselassie	ETH	1	Bristol	7 Oct 2001
39	1:00:04	34	Tesfaye Jifar	ETH	2	Bristol	7 Oct 2001
40	1:00:04	35	Hamza Sahli	MAR	12	Gdynia	17 Oct 2020
41	1:00:06	36	Tamirat Tola	ETH	5	Cardiff	26 Mar 2016
42	1:00:07	37	Hendrick Ramaala	RSA	4	Kosice	4 Oct 1997
43	1:00:07		Wilson Kiprop		1	Nanning	16 Oct 2010
44	1:00:08	38	Wilson Kipsang Kiprotich	KEN	4	Birmingham	11 Oct 2009
45	1:00:10	39	Ghirmay Ghebreslassie	ERI	7	København	29 Mar 2014
46	1:00:11		Zersenay Tadese		2	Nanning	16 Oct 2010
47	1:00:12	40	John Yuda	TAN	3	Bristol	7 Oct 2001
48	1:00:12	41	Simon Cheprot	KEN	6	Cardiff	26 Mar 2016
49	1:00:13	42	Samson Gebreyohannes	ERI	8	København	29 Mar 2014
50	1:00:15		Hendrick Ramaala		4	Bristol	7 Oct 2001
51	1:00:15	43	Aduugna Takele	ETH	9	København	29 Mar 2014
52	1:00:17		Samuel Tsegay		5	Birmingham	11 Oct 2009
53	1:00:17	44	Mohamed Reda El Aaraby	MAR	13	Gdynia	17 Oct 2020
54	1:00:18	45	Mohamed Mourhit	BEL	5	Kosice	4 Oct 1997
55	1:00:19		Zersenay Tadese		1	Kavarna	7 Oct 2012
56	1:00:22	46	Sammy Kitwara	KEN	3	Nanning	16 Oct 2010
57	1:00:22	47	Abraham Cheroben	BRN	2	Valencia	24 Mar 2018
58	1:00:23	48	Gert Thys	RSA	6	Kosice	4 Oct 1997
59	1:00:24	49	Benson Masaya	KEN	1	South Shields	20 Sept 1992
60	1:00:24		Hendrick Ramaala		2	Zürich-Uster	27 Sept 1998

**Slowest winning time:** 63:47 by Paul Tergat (KEN) in 2000

**Fastest team winning time:** 2:58:10 by KEN in 2020

**Slowest team winning time:** 3:11:38 by KEN in 2000

**Margin of Victory** (20Km was contested in 2006)

	Difference	Winning time	Name	Nat	Venue	Year
Max	1:58 40 sec	59:56 56:01	Zersenay Tadese Zersenay Tadese	ERI ERI	Rio de Janeiro Debrecen	2008 2006
Min	0 seconds	1:01:50	Paul Tergat	KEN	Palermo	1999

**Margin of Victory (Team)**

	Difference	Winning time	Nation	Venue	Year
Max	3:40	2:59:54	KEN	Kosice	1997
Min	2 seconds	3:06:01	RSA	Palermo	1999

**Average of last thirteen World Half Marathon Championships** (2006 was 20Km)

	Average	2020	2018	2016	2014	2012	2010	2009	2008	2007	2005	2004	2003	2002
Winning Time	60:04	<b>58:49</b>	60:02	59:10	59:08	60:19	60:07	59:35	59:56	58:59	61:08	62:15	60:49	60:39
Winning Medal	60:32	59:08	60:31	59:59	59:21	61:01	60:22	60:00	61:57	<b>59:05</b>	61:13	62:36	60:56	60:57
Miss Medal (4 <sup>th</sup> )	60:42	59:21	60:33	59:59	59:38	61:11	61:03	60:08	61:58	<b>59:16</b>	61:14	62:38	61:02	61:05
8 <sup>th</sup> place	61:30	59:40	61:03	61:11	60:13	62:06	61:28	61:36	63:14	60:24	62:26	63:02	61:28	61:37

**Best Marks for Places in World Half Marathon Championships**

Place	Time	Name	Nationality	Venue	Date
1	58:49	Jacob Kiplimo	UGA	Gdynia	17 Oct 2020
	58:59	Zersenay Tadese	ERI	Udine	14 Oct 2007
	59:08	Geoffrey Kipsang Kamworor	KEN	København	29 Mar 2014
	59:10	Geoffrey Kipsang Kamworor	KEN	Cardiff	26 Mar 2016
	59:35	Zersenay Tadese	ERI	Birmingham	11 Oct 2009
2	59:02	Patrick Makau	KEN	Udine	14 Oct 2007
	59:08	Kibiwott Kandie	KEN	Gdynia	17 Oct 2020
	59:21	Samuel Tsegay	ERI	København	29 Mar 2014
	59:36	Bedan Karoki Muchiri	KEN	Cardiff	26 Mar 2016
	59:58	Moses Tanui	KEN	Kosice	7 Oct 1997
3	59:05	Evans Kiprop Cheruiyot	KEN	Udine	14 Oct 2007
	59:08	Amedework Walelegn	ETH	Gdynia	17 Oct 2020
	59:21	Guye Adola	ETH	København	29 Mar 2014
4	59:16	Deriba Merga	ETH	Udine	14 Oct 2007
	59:21	Joshua Cheptegei	UGA	Gdynia	17 Oct 2020
	59:38	Zersenay Tadese	ERI	København	29 Mar 2014
5	59:30	Yonas Kifle	ERI	Udine	14 Oct 2007
	59:32	Andamlak Belihu	ETH	Gdynia	17 Oct 2020
	1:00:00	Nguse Amlosom	ERI	København	29 Mar 2014
6	59:32	Dioudonne Disi	RWA	Udine	14 Oct 2007
	59:34	Leonard Barsoton	KEN	Gdynia	17 Oct 2020
	1:00:01	Wilson Kiprop	KEN	København	29 Mar 2014
7	59:33	Marilson Gomes dos Santos	BRA	Udine	14 Oct 2007
	59:36	Stephen Mokoka	RSA	Gdynia	17 Oct 2020
	1:00:10	Ghirmay Ghebreslassie	ERI	København	29 Mar 2014
8	59:40	Morhad Amdouni	FRA	Gdynia	17 Oct 2020
	1:00:13	Samson Gebreyohannes	ERI	København	29 Mar 2014
	1:00:24	Dickson Marwa Mkami	TAN	Udine	14 Oct 2007
9	59:42	Benard Kimeli	KEN	Gdynia	17 Oct 2020
	1:00:15	A dugna Takele	ETH	København	29 Mar 2014
	1:00:25	Atsushi Sato	JPN	Udine	14 Oct 2007

**Best Marks for Places at Half Marathon – All Competitions**

Place	Time	Name	Nationality	Venue	Date
1	57:31	Jacob Kiplimo	UGA	Lisboa	21 Nov 2021
	57:32	Kibiwott Kandie	KEN	Valencia	6 Dec 2020
	57:56	Jacob Kiplimo	UGS	Ras Al Khaimah	19 Feb 2022
2	57:37	Jacob Kiplimo	UGA	Valencia	6 Dec 2020
	58:09	Rhonex Kipruto	KEN	Valencia	24 Oct 2021
	58:30	Rodgers Chumo	KEN	Ras Al Khaimah	19 Feb 2022
3	57:49	Rhonex Kipruto	KEN	Valencia	6 Dec 2020
	58:26	Daniel Mateiko	KEN	Valencia	24 Oct 2021
	58:35	Kenneth Renju	KEN	Ras Al Khaimah	19 Feb 2022
4	57:59	Alexander Mutiso	KEN	Valencia	6 Dec 2020
	58:28	Kennedy Kimutai	KEN	Valencia	24 Oct 2021
	58:36	Seifu Tura	ETH	Ras Al Khaimah	19 Feb 2022
5	58:11	Philemon Kiplimo	KEN	Valencia	6 Dec 2020
	58:34	Philemon Kiplimo	KEN	Valencia	24 Oct 2021
	58:40	Amdework Walelegn	ETH	Ras Al Khaimah	19 Feb 2022
6	58:40	Muktar Edris	ETH	Valencia	24 Oct 2021
	58:42	Kelvin Kiptum	KEN	Valencia	6 Dec 2020
	58:45	Daniel Kibet Mateiko	KEN	Ras Al Khaimah	19 Feb 2022
7	58:43	Mathew Kimeli	KEN	Valencia	13 Oct 2021
	58:48	Alexander Mutiso	KEN	Ras Al Khaimah	19 Feb 2022
	59:21	Abraham Cheroben	KEN	New Delhi	23 Nov 2014
8	59:02	Kelvin Kiptum	KEN	Valencia	24 Oct 2021
	59:28	Jonathan Maiyo	KEN	New Delhi	23 Nov 2014
	59:28	Simon Cheprot	KEN	Valencia	28 Oct 2018
9	59:16	Rodgers Chumo	KEN	Valencia	24 Oct 2021
	59:29	Abel Kipchumba	KEN	Ras Al Khaimah	8 Feb 2019
10	59:28	Felix Kipkoech	KEN	Valencia	24 Oct 2021
	59:42	Josphat Boit	KEN	Valencia	28 Oct 2018
	59:42	Shadrack Kiminning Korir	KEN	Ras Al Khaimah	8 Feb 2019

### Splits for Fastest Half Marathons

Name	Year	5Km	10Km	15Km	20Km	Finish	
Jacob Kiplimo	2021	13:40	27:05	40:27	54:28	57:31	WR
Kibiwott Kandie	2020	13:37	27:25	41:10	54:42	57:32	WR
Jacob Kiplimo	2022	13:23	26:56	40:43	54:53	57:56	
Geoffrey Kamworor	2019	13:53	27:34	41:05	55:00	58:01	WR

### Lap Times for Fastest Half Marathons

Name	Year	5Km	10Km	15Km	20Km	Finish
Jacob Kiplimo	2021	13:40	13:25	13:22	14:01	3:03
Kibiwott Kandie	2020	13:37	13:48	13:35	13:32	2:50
Jacob Kiplimo	2022	13:23	13:33	13:47	14:10	3:03
Geoffrey Kamworor	2019	13:53	13:41	13:31	13:55	3:01

### Splits at World Half Marathon Championships (the race was contested at 20Km in 2006)

Name	Year	5Km	10Km	15Km	20Km	Finish
Jacob Kiplimo	2020	14:20	28:23	42:18	55:55	58:49
Geoffrey Kamworor	2018	14:32	29:28	44:13	57:14	60:02
Geoffrey Kamworor	2016	14:10	27:59	41:41	56:06	59:10
Geoffrey Kamworor	2014	14:30	28:31	42:26	56:12	59:08
Zersenay Tadese	2012	14:21	28:05	42:16	57:11	60:19
Wilson Kiprop	2010	14:30	28:49	42:49	57:09	60:07
Zersenay Tadese	2009	14:27	28:30	42:20	56:23	59:35
Zersenay Tadese	2008	14:06	27:55	42:02	56:45	59:56

Zersenay Tadese	2007	<b>13:55</b>	<b>27:35</b>	<b>41:43</b>	<b>56:13</b>	<b>58:59</b>
Zersenay Tadese	2006	14:05	27:55	41:47	<b>56:01</b>	
Fabiano Joseph	2005	14:14	28:47	43:28	58:08	61:08
Paul Kiprop Kirui	2004	14:55	29:56	44:49	?	62:15
Martin Lel	2003	14:37	28:55	43:26	?	60:49
Paul Kosgei	2002	14:48	28:48	43:21	?	60:39
Haile Gebrselassie	2001	14:28	28:49	42:59	?	60:03
Paul Tergat	2000	14:52	30:12	45:27	?	63:47
Paul Tergat	1999	14:48	29:36	44:12	?	61:50
Paul Koech	1998	14:13	28:44	42:41	56:57	60:01
Shem Kororia	1997	14:28	28:39	42:49	57:03?	59:56

### Lap Times at World Half Marathon Championships

Name	Year	5Km	10Km	15Km	20Km	Finish
Jacob Kiplimo	2020	14:20	14:03	13:55	13:37	2:54
Geoffrey Kamworor	2018	14:32	14:56	14:45	13:01	2:48
Geoffrey Kamworor	2016	14:10	13:49	13:42	14:25	3:04
Geoffrey Kamworor	2014	14:30	14:01	13:55	13:46	2:56
Zersenay Tadese	2012	14:21	13:44	14:11	14:55	3:08
Wilson Kiprop	2010	14:30	14:19	14:00	14:20	2:58
Zersenay Tadese	2009	14:27	14:03	<b>13:50</b>	<b>14:03</b>	3:12
Zersenay Tadese	2008	14:06	13:49	14:07	14:43	3:11
Zersenay Tadese	2007	<b>13:55</b>	<b>13:40</b>	14:08	14:30	<b>2:46</b>
Zersenay Tadese	2006	14:05	13:50	13:52	14:14	
Fabiano Joseph	2005	14:14	14:33	14:41	14:40	3:00
Paul Kiprop Kirui	2004	14:55	15:01	14:53	?	?
Martin Lel	2003	14:37	14:18	14:31	?	?
Paul Kosgei	2002	14:48	14:00	14:33	?	?
Haile Gebrselassie	2001	14:28	14:21	14:10	?	?
Paul Tergat	2000	14:52	15:20	15:15	?	?
Paul Tergat	1999	14:48	14:48	14:36	?	?
Paul Koech	1998	14:13	14:31	13:57	14:16	3:04
Shem Karoria	1997	14:28	14:11	14:10	14:14?	2:53?

**Multiple Gold Medalists:** (20Km (World Road Running Championships) in 2006)

Geoffrey Kamworor (KEN): 2014, 2016, 2018  
Zersenay Tadese (ERI): 2006, 2007, 2008, 2009, 2012  
Paul Tergat (KEN): 1999, 2000

### Multiple Medalists:

Geoffrey Kamworor (KEN): 2014 Gold; 2016 Gold, 2018 Gold  
Zersenay Tadese (ERI): 2006 Gold; 2007 Gold; 2008 Gold; 2009 Gold; 2010 Silver, 2012 Gold  
Patrick Makau (KEN): 2007 Silver; 2008 Silver  
Fabiabi Joseph (TAN): 2003 Silver; 2004 Silver; 2005 Gold  
John Yuda (TAN): 2001 Bronze; 2002 Bronze  
Tesfaya Jifar (ETH): 1999 Bronze; 2000 Bronze; 2001 Silver  
Paul Tergat (KEN): 1999 Gold; 2000 Gold  
Hendrick Ramaala (RSA): 1998 Silver; 1999 Silver  
Moses Tanui (KEN): 1995 Gold; 1997 Silver  
Khalid Skah (MAR): 1994 Gold; 1998 Bronze

**Number of individual Medals by Countries:** (20Km results in 2006 World Road Championships are in {})

Nation	Gold	Silver	Bronze
KEN	13	8 {1}	5 {1}

ERI	4	{1}	2	2
TAN	1		3	4
BEL	1			
MAR	1		1	1
ITA	1			
ETH	1		2	4
UGA	1			
ARG			1	
AUS			1	
MEX			1	
RSA			2	
QAT			1	2
BRN			1	
GBR				2
USA				1
BRA				1
ZIM				1

**Number of team Medals by Countries: (20Km results in 2006 World Road Championships are in {})**

Nation	Gold	Silver	Bronze	
KEN	15	{1}	1	
ETH	3	5	9	{1}
RSA	2	1		
ERI	1	6	{1}	1
TAN	1		1	
ITA	1		1	
ESP		2		
JPN		1	2	
GBR		1	1	
AUS		1		
MEX		1		
BRA			1	
MAR			1	
BEL			1	
UGA			2	
QAT			1	
BRN			1	

**Multiple Medals by athletes from a single nation**

Nation	Year	Gold	Silver	Bronze
KEN	2016	Geoffrey Kipsang Kamworor	Bedan Karoki Muchiri	
KEN	2010	Wilson Kiprop		Sammy Kitwara
KEN	2007		Patrick Makau	Evans Cheruiyot
KEN	2006		Robert Kipchumba	Wilson Kiprotich
TAN	2003		Fabiano Joseph	Martin Sulle
ETH	2001	Haile Gebrselassie	Tesfaye Jifar	
KEN	1997	Shem Kororia	Moses Tanui	Kenneth Cheruiyot
KEN	1995	Moses Tanui	Paul Yego	Charles Tangus

**Man & Woman from the same team winning the corresponding event:**

Nation	Men	Women	Venue	Year
KEN	Geoffrey Kipsang Kamworor	Peres Jechirchir	Cardiff	2016
KEN	Geoffrey Kipsang Kamworor	Gladys Cherono	København	2014
KEN	Wilson Kiprop	Florence Kiplagat	Nanning	2010
KEN	Paul Tergat	Tegla Loroupe	Palermo	1999
KEN	Paul Koech	Tegla Loroupe	Zürich	1998

KEN	Shem Kororia	Tegla Loroupe	Kosice	1997
-----	--------------	---------------	--------	------

### World Half Marathon Champions, who also won Olympics, World Athletics Champ, World Cross

Name	World Half Champ	Olympics	World Champ	World Cross
Khalid Skah	1994	10000m in 1992		1990, 1991
Moses Tanui	1995		10000m in 1991	
Stefano Baldini	1996	Marathon in 2004		
Paul Tergat	1999, 2000			1995-1999
Haile Gebrselassie	2001	10000m 1996, 2000	10000m 1993-1999	
Zersenay Tadese	2006-2009, 2012			2007
Geoffrey Kipsang Kamworor	2014, 2016, 2018			2015, 2017
Jacob Kiplimo	2020			2023

### Olympic medalists who also won World Half Marathon Championships medal

Name	Olympics	World Half Championships
Jacob Kiplimo	Bronze at 10000m in 2021	Gold in 2020
<b>Khalid Skah</b>	<b>Gold at 10000m in 1992</b>	<b>Gold in 1994</b>
<b>Stefano Baldini</b>	<b>Gold at marathon in 2004</b>	<b>Gold in 1996</b>
<b>Haile Gebrselassie</b>	<b>Gold at 10000m in 1996 &amp; 2000</b>	<b>Gold in 2001</b>
Paul Tergat	Silver at 10000m in 1996 & 2000	Gold in 1999, 2000
Zersenay Tadese	Bronze at 10000m in 2004	Gold in 2006, 2007, 2008, 2009, 2012
Jaoaud Gharib	Silver at marathon in 2008	Silver in 2002

### World Championships medalist who won World Half Marathon Championships medal

Name	World Athletics Championships	World Half Championships
Jacob Kiplimo	Bronze at 10000m in 2022	Gold in 2020
Khalid Skah	Silver at 10000m in 1995, bronze in 1991	Gold in 1994
<b>Moses Tanui</b>	<b>Gold at 10000m in 1991</b>	<b>Gold in 1995</b>
<b>Haile Gebrselassie</b>	<b>Gold at 10000m in 1993, 1995, 1997, 1999</b>	<b>Gold in 2001</b>
Paul Tergat	Silver at 10000m in 1997, 1999	Gold in 1999, 2000
Stefano Baldini	Bronze at marathon in 2001, 2003	Gold in 1996
Jaoaud Gharib	Gold at marathon in 2003, 2005	Silver in 2002
Mbarak Shami	Silver at marathon in 2007	Silver in 2005
Zersenay Tadese	Silver at 10000m in 2009	Gold in 2006-2009, 2012
Geoffrey Kamworor	Silver at 10000m in 2015	Gold in 2014, 2016

### World Cross Country Championship medalist who won World Half Marathon Championships medal

Name	World Cross Country Championships	World Half Championships
Jacob Kiplimo	<b>Gold in 2023</b> , Silver in 2019	<b>Gold in 2020</b>
<b>Khalid Skah</b>	<b>Gold in 1990 &amp; 1991</b>	<b>Gold in 1994</b>
Haile Gebrselassie	Bronze in 1994	Gold in 2001
Moses Tanui	Silver in 1990, 1991	Gold in 1995
<b>Paul Tergat</b>	<b>Gold in 1995, 1996, 1997, 1998, 1999</b>	<b>Gold in 1999 &amp; 2000</b>
Paul Koech	Silver in 1998	Gold in 1998
John Yuda	Silver in 2002	Bronze in 2001, 2002
<b>Zersenay Tadese</b>	<b>Gold in 2007</b>	<b>Gold in 2006, 2007, 2008, 2009, 2012</b>
<b>Geoffrey Kamworor</b>	<b>Gold in 2015, 2017, Bronze in 2019</b>	<b>Gold in 2014, 2016, 2018</b>
Bedan Karoki Muchiri	Silver in 2015	Silver in 2016

### Fastest Debut Half marathon



Performances	Time	Name	Nat	Place	Venue	Date
1	57:49	Rhonex Kipruto	KEN	3	Valencia	6 Dec 2020
2	58:43	Mathew Kimeli	KEN	7	Valencia	24 Oct 2021
3	59:00	Jemal Yimer	ETH	1	Ras Al Khaimah	9 Feb 2018
4	59:02	Sebastian Sawe	KEN	1	Sevilla	30 Jan 2022
5	59:04	Muktar Edris	ETH	4	New Delhi	29 Nov 2020
6	59:06	Daniel Kipchumba	KEN	1	Verbania	15 Apr 2018
7	59:06	Nibret Melak	ETH	1	Lisboa	12 Mar 2023
8	59:12	James Mwangi Wangari	KEN	1	Milano	20 Mar 2016
9	59:14	Leonard Patrick Komon	KEN	1	Berlin	30 Mar 2014
10	59:17	Yomif Kejelcha	ETH	4	København	16 Sept 2018

### National records

	Nation	Time	Name	Place	Venue	Date
1	UGA	57:31 57:37	Jacob Kiplimo Jacob Kiplimo	1 2	Lisboa Valencia	21 Nov 2021 6 Dec 2020
2	KEN	57:32 57:49	Kibiwott Kandie Rhonex Kipruto	1 3	Valencia Valencia	6 Dec 2020 6 Dec 2020
3	ERI	58:23 58:31	Zersenay Tadese Zersenay Tadese	1 1	Lisboa Lisboa	21 Mar 2010 20 Mar 2011
4	ETH	58:32 58:33	Yomif Kejelcha Jemal Yimer	2 2	Valencia Valencia	23 Oct 2022 28 Oct 2018
5	BRN	58:40	Abraham Cheroben	1	Kobenhavn	17 Sept 2017
6	GBR	59:07 59:22	Mo Farah Mo Farah	1 1	Newcastle-South Shields Newcastle-South Shields	8 Sept 2019 22 Mar 2015
7	SSD	59:12	Dominic Lokinyomo Lobalu	5	Kobenhavn	18 Sept 2022
8	SUI	59:13	Julien Wanders	4	Ras Al Khaimah	8 Feb 2019
9	RSA	59:20	Hendrick Ramaala	2	Lisboa	26 Mar 2000
10	MAR	59:25	Aziz Lhababi	1	Roma to Ostia	2 Mar 2014
11	ITA	59:26	Yemaneberhan Crippa	1	Napoli	27 Feb 2022
12	TAN	59:30	Ismail Juma	3	Usti nad Labem	16 Sept 2017

### All Comers record:

	Time	Nation(Venue)	Name	Nation	Venue	Date
1	57:31 58:23	POR	Jacob Kiplimo Zersenay Tadese	UGA ERI	Lisboa Lisboa	21 Nov 2021 21 Mar 2010
2	57:32 57:37	ESP	Kibiwott Kandie Jacob Kiplimo	KEN UGA	Valencia Valencia	6 Dec 2020 6 Dec 2020
3	57:56 58:30	UAE	Jacob Kiplimo Rodgers Chumo Kwemoi	UGA KEN	Ras Al Khaimah Ras Al Khaimah	19 Feb 2022 19 Feb 2022
4	58:01 58:40	DEN	Geoffrey Kamworor Abraham Cheoben	KEN BRN	Kobenhavn Kobenhavn	15 Sept 2019 17 Sept 2017
5	58:02	ITA	Sabastine Kimaru	KEN	Roma to Ostia	6 Mar 2022
6	58:33	NED	Samuel Wanjiru	KEN	Den Haag	17 Mar 2007
7	58:38	CZE	Kandie Kibiwott	KEN	Praha	5 Sept 2020
8	58:41 58:46	USA	Bernard Koech Mathew Kisorio	KEN KEN	San Diego Philadelphia	2 June 2013 18 Sept 2011
9	58:42	GER	Erick Kiptanui	KEN	Berlin	8 Apr 2018

### World Half Marathon Championships: (20K in 2006)

Ye	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Jacob Kiplimo	UG	58:49	Kibiwott Kandie	KEN	58:54	Amedework Walelegn	ETH	59:08
2018	Geoffrey Kamworor	KEN	60:02	Abraham Chroben	BRN	60:22	Aron Kifle	ERI	60:31
2016	Geoffrey Kipsang Kamworor	KEN	59:10	Bedan Karoki Muchiri	KEN	59:36	Mo Farah	GBR	59:59
2014	Geoffrey Kipsang Kamworor	KEN	59:08	Samuel Tsegay	ERI	59:21	Guye Adola	ETH	59:21
2012	Zersenay Tadese	ERI	60:19	Deressa Chimsa	ETH	60:51	John Mwangangi	KEN	61:01

2010	Wilson Kiprop	KEN	60:07	Zersenay Tadese	ERI	60:11	Sammy Kitwara	KEN	60:22
2009	Zersenay Tadese	ERI	59:35	Bernard Kipyego	KEN	59:59	Dathan Ritzenhein	USA	60:00
2008	Zersenay Tadese	ERI	59:56	Patrick Makau	KEN	61:54	Ahmed Hassan	QAT	61:57
2007	Zersenay Tadese	ERI	58:59	Patrick Makau	KEN	59:02	Evans Cheruiyot	KEN	59:05
2006	Zersenay Tadese	ERI	56:01	Robert Kipchumba	KEN	56:41	Wilson Kiprotich Keb.	KEN	57:15
2005	Fabiano Joseph	TAN	61:08	Mubarak Shami	QAT	61:09	Yonas Kifle	ERI	61:13
2004	Paul Kiprop Kirui	KEN	62:15	Fabiano Joseph	TAN	62:31	Ahmad Hassan Abd.	QAT	62:36
2003	Martin Lel	KEN	60:49	Fabiano Joseph	TAN	60:52	Martin Hhaway Sulle	TAN	60:56
2002	Paul Kosgei	KEN	60:39	Jaouad Gharib	MAR	60:42	John Yuda	TAN	60:57
2001	Haile Gebrselassie	ETH	60:03	Tsefaye Jifar	ETH	60:04	John Yuda	TAN	60:12
2000	Paul Tergat	KEN	63:47	Phausitn Baha Sulle	TAN	63:48	Tsefaye Jifar	ETH	63:50
1999	Paul Tergat	KEN	61:50	Hendrick Ramaala	RSA	61:50	Tsefaye Jifar	ETH	61:51
1998	Paul Koech	KEN	60:01	Hendrick Ramaala	RSA	60:24	Khalid Skah	MAR	60:24
1997	Shem Kororia	KEN	59:56	Moses Tanui	KEN	59:58	Kenneth Cheruiyot	KEN	60:00
1996	Stefano Baldini	ITA	61:17	Josphat Kipronno	KEN	61:30	Tendai Chimusasa	ZIM	62:00
1995	Moses Tanui	KEN	61:45	Paul Yego	KEN	61:46	Charles Tanguis	KEN	61:50
1994	Khalid Skah	MAR	60:27	German Silva	MEX	60:28	Ronaldo da Costa	BRA	60:54
1993	Vincent Rousseau	BEL	61:06	Steve Moneghetti	AUS	61:10	Carl Thackery	GBR	61:13
1992	Benson Masya	KEN	60:24	Antonio Silio	ARG	60:40	Boay Akonay	TAN	60:45

### World Half Marathon Championships (Team): (20K in 2006)

Year	Gold	Time	Silver	Time	Bronze	Time
2020	KEN	2:58.10	ETH	2:58.25	UGA	2:58.39
2018	ETH	3:02.14	KEN	3:02:40	BRN	3:02:52
2016	KEN	2:58:58	ETH	3:01:16	ERI	3:06:18
2014	ERI	2:58:59	KEN	2:59:38	ETH	3:00:48
2012	KEN	3:03:52	ERI	3:04:41	ETH	3:05:43
2010	KEN	3:01:32	ERI	3:03:04	ETH	3:05:26
2009	KEN	3:01:06	ERI	3:02:39	ETH	3:06:42
2008	KEN	3:07:24	ERI	3:09:40	QAT	3:10:52
2007	KEN	2:58:54	ERI	2:59:08	ETH	3:01:15
2006	KEN	2:51:18	ERI	2:53:19	ETH	2:54:17
2005	ETH	3:06:18	ERI	3:07:05	JPN	3:08:30
2004	KEN	3:07:55	ETH	3:08:37	UGA	3:13:48
2003	TAN	3:03:01	KEN	3:03:09	ETH	3:07:34
2002	KEN	3:04:42	JPN	3:07:12	ETH	3:07:25
2001	ETH	3:00:31	KEN	3:02:53	TAN	3:05:08
2000	KEN	3:11:38	ETH	3:14:45	BEL	3:18:35
1999	RSA	3:06:01	ETH	3:06:03	KEN	3:06:03
1998	RSA	3:02:21	KEN	3:03:07	ETH	3:05:18
1997	KEN	2:59:54	RSA	3:03:34	ETH	3:03:46
1996	ITA	3:07:42	ESP	3:08:36	JPN	3:08:43
1995	KEN	3:05:21	ESP	3:07:51	ITA	3:08:31
1994	KEN	3:03:36	MEX	3:03:47	MAR	3:05:58
1993	KEN	3:05:40	AUS	3:05:43	GBR	3:06:10
1992	KEN	3:02:25	GBR	3:04:54	BRA	3:05:56

### Last ten Olympics:

#### Marathon

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Eliud Kipchoge	KEN	2:08:38	Abdi Nageeye	NED	2:09:58	Bashir Abdi	BEL	2:10:00
2016	Eliud Kipchoge	KEN	2:08:44	Feyisa Lilesa	ETH	2:09:56	Galen Rupp	USA	2:10:05
2012	Stephen Kiprotich	UGA	2:08:01	Abel Kirui	KEN	2:08:27	Wilson Kipsang	KEN	2:09:37
2008	Samuel Wanjiru	KEN	2:06:32	Jaouad Gharib	MAR	2:07:16	Tsegay Kebede	ETH	2:10:00
2004	Stefano Baldini	ITA	2:10:55	Meb Keflezighi	USA	2:11:29	Vanderlei de Lima	BRA	2:12:11

2000	Gezahegne Abera	ETH	2:10:11	Eric Wainaina	KEN	2:10:31	Tesfaye Tola	ETH	2:11:10
1996	Josiah Thugwane	RSA	2:12:36	Lee Bong-Ju	KOR	2:12:39	Eric Wainaina	KEN	2:12:44
1992	Hwang Young-Cho	KOR	2:13:23	Koichi Morishita	JPN	2:13:45	Stephan Freigang	GER	2:14:00
1988	Gelindo Bordin	ITA	2:10:32	Douglas Wakihuri	KEN	2:10:47	Ahmed Salah	DJI	2:10:59
1984	Carlos Lopes	POR	2:09:21	John Treacy	IRL	2:09:56	Charlie Spedding	GBR	2:09:58

### 10000m:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Selemon Barega	ETH	27:43.22	Joshua Cheptegei	UG	27:43.63	Jacob Kiplimo	UGA	27:43.88
2016	Mo Farah	GBR	27:05.17	Paul Tanui	KEN	27:05.64	Tamirat Tola	ETH	27:06.26
2012	Mo Farah	GBR	27:30.42	Galen Rupp	USA	27:30.90	Tariku Bekele	ETH	27:31.43
2008	Kenenisa Bekele	ETH	27:01.17	Sileshi Sihine	ETH	27:02.77	Micah Kogo	KEN	27:04.11
2004	Kenenisa Bekele	ETH	27:05.10	Sileshi Sihine	ETH	27:09.39	Zersenay Tadese	ERI	27:22.57
2000	Haile Gebrselassie	ETH	27:18.20	Paul Tergat	KEN	27:18.29	Assefa Mezgebu	ETH	27:19.75
1996	Haile Gebrselassie	ETH	27:07.34	Paul Tergat	KEN	27:08.17	Salah Hissou	MAR	27:24.67
1992	Khalid Skah	MAR	27:46.70	Richard Chelimo	KEN	27:47.72	Addis Abebe	ETH	28:00.07
1988	Brahim Boutayeb	MAR	27:21.46	Salvatore Antibo	ITA	27:23.55	Kipkemboi Kimeli	KEN	27:25.16
1984	Alberto Cova	ITA	27:47.54	Mike McLeod	GB	28:06.22	Mike Musyoki	KEN	28:06.46

### Last twelve World Championships:

#### Marathon

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Victor Kiplangat	UGA	2:08:53	Maru Teferi	ISR	2:09:12	Leul Gebresilase	ETH	2:09:19
2022	Tamirat Tola	ETH	2:05:36	Mosinet Geremew	ETH	2:06:44	Bashir Abdi	BEL	2:06:48
2019	Lelisa Desisa	ETH	2:10:20	Mosimet Geremew	ETH	2:10:44	Amos Kipruto	KEN	2:10:51
2017	Geoffrey Kirui	KEN	2:08:27	Tamirat Tola	ETH	2:09:49	Alphonse Felix Simbu	TAN	2:09:51
2015	Ghirmay Ghebreslassie	ERI	2:12:28	Yemane Adhane	ETH	2:13:08	Solomon Mutai	UGA	2:13:30
2013	Stephen Kiprotich	UGA	2:09:51	Lelisa Desisa	ETH	2:10:12	Tadese Tola	ETH	2:10:23
2011	Abel Kirui	KEN	2:07:38	Vincent Kipruto	KEN	2:10:06	Feyisa Lilesa	ETH	2:10:32
2009	Abel Kirui	KEN	2:06:54	Emmanuel Mutai	KEN	2:07:48	Tsegaye Kebede	ETH	2:08:35
2007	Luke Kibet	KEN	2:15:59	Mubarak Shami	QAT	2:17:18	Viktor Röthlin	SUI	2:17:25
2005	Jaouad Gharib	MAR	2:10:10	Chris Isegwe	TAN	2:10:21	Tsuyoshi Ogata	JPN	2:11:16
2003	Jaouad Gharib	MAR	2:08:31	Julio Rey	ESP	2:08:38	Stefano Baldini	ITA	2:09:14
2001	Gezahegne Abera	ETH	2:12:42	Simon Biwott	KEN	2:12:43	Stefano Baldini	ITA	2:13:18

### 10000m

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Joshua Cheptegei	UGA	27:51.42	Daniel Simiu Ebenyo	KEN	27:52.60	Selemon Barega	ETH	27:52.72
2022	Joshua Cheptegei	UGA	27:27.43	Stanley Waitthaka	KEN	27:27.90	Jacob Kiplimo	UGA	27:27.97
2019	Joshua Cheptegei	UGA	26:48.36	Yomif Kejelcha	ETH	26:49.34	Rhones Kipruto	KEN	26:50.32
2017	Mo Farah	GBR	26:49.51	Joshua Cheptegei	UG	26:49.94	Paul Tanui	KEN	26:50.60
2015	Mo Farah	GBR	27:01.13	Geoffrey Kamworor	KEN	27:01.76	Paul Tanui	KEN	27:02.83
2013	Mo Farah	GBR	27:21.71	Ibrahim Jeylan	ETH	27:22.23	Paul Tanui	KEN	27:22.61
2011	Ibrahim Jeylan	ETH	27:13.81	Mo Farah	GB	27:14.07	Imane Merga	ETH	27:19.14
2009	Kenenisa Bekele	ETH	26:46.31	Zersenay Tadese	ERI	26:50.12	Moses Masai	KEN	26:57.39
2007	Kenenisa Bekele	ETH	27:05.90	Sileshi Sihine	ETH	27:09.03	Martin Mathathi	KEN	27:12.17
2005	Kenenisa Bekele	ETH	27:08.33	Sileshi Sihine	ETH	27:08.87	Moses Mosop	KEN	27:08.96
2003	Kenenisa Bekele	ETH	26:49.57	Haile Gebrselassie	ETH	26:50.77	Sileshi Sihine	ETH	27:01.44
2001	Charles Kamathi	KEN	27:53.25	Assefa Mezegebu	ETH	27:53.97	Haile Gebrselassie	ETH	27:54.41

### Last fifteen World Cross Country Championships (long race before 2007)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Jacob Kiplimo	UG	29:17	Berihu Aregawi	ETH	29:26	Joshua Cheptegei	UGA	29:37
2019	Joshua Cheptegei	UGA	31:40	Jacob Kiplimo	UGA	31:44	Geoffrey Kamworor	KEN	31:55
2017	Geoffrey Kamworor	KEN	28:24	Leonard Barsoton	KEN	28:36	Abadi Hadis	ETH	28:43

2015	Geoffrey Kamworor	KEN	34:52	Bedan Karoki	KEN	35:00	Muktar Edris	ETH	35:06
2013	Japheth Korir	KEN	32:45	Imane Merga	ETH	32:51	Teklemariam Medhin	ERI	32:54
2011	Imane Merga	ETH	33:50	Paul Tanui	KEN	33:52	Vincent Chepkok	KEN	33:53
2010	Joseph Ebuya	KEN	33:00	Teklemariam Medhin	ERI	33:06	Moses Kipsiro	UGA	33:10
2009	Gebre Gebremariam	ETH	35:02	Moses Kipsiro	UG	35:04	Zersenay Tadese	ERI	35:04
2008	Kenenisa Bekele	ETH	34:38	Leonard Komon	KEN	34:41	Zersenay Tadese	ERI	34:43
2007	Zersenay Tadese	ERI	35:50	Moses Mosop	KEN	36:13	Bernard Kipyego	KEN	36:37
2006	Kenenisa Bekele	ETH	35:40	Sileshi Sihine	ETH	35:43	Martin Mathathi	KEN	35:44
2005	Kenenisa Bekele	ETH	35:06	Zersenay Tadese	ERI	35:20	Ahmad Hassan	QAT	35:34
2004	Kenenisa Bekele	ETH	35:52	Geb Gebremariam	ETH	36:10	Sileshi Sihine	ETH	36:11
2003	Kenenisa Bekele	ETH	35:56	Patrick Ivuti	KEN	36:09	Gebre Gebremariam	ETH	36:17
2002	Kenenisa Bekele	ETH	34:52	John Yuda	TAN	34:58	Talel Wilberforce	KEN	35:20

### Fastest half marathon in October

Performance	Perfome	Time	Name	Nat	Pos	Venue	DMY
1	1	58:07	Abel Kipchumba	KEN	1	Valencia	24 Oct 2021
2	2	58:09	Rhonex Kipruto	KEN	2	Valencia	24 Oct 2021
3	3	58:10	Kibiwott Kandie	KEN	1	Valencia	23 Oct 2022

### Fastest Half Marathon in Europe

Performance	Perfome	Time	Name	Nat	Pos	Venue	DMY
1	1	57:31	Jacob Kiplimo	UGA	1	Lisboa	21 Nov 2021
2	2	57:32	Kibiwott Kandie	KEN	1	Valencia	6 Dec 2020
3	3	57:37	Jacob Kiplimo		2	Valencia	6 Dec 2020

### Men's Half Marathon trend (Number of Sub XX:YY performers)

	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
59:00<	<b>13</b>	9	9	3	4	3	1	0		4	2	4	1	3	0	3	1	0	0	0	0	0	0	0
60:00<	<b>59</b>	41	35	43	35	29	25	29	31	13	29	21	21	23	18	14	9	7	6	0	6	1	6	1
60:30<	<b>94</b>	68	62	73	73	62	42	63	1	33	42	38	35	39	31	29	15	9	15	6	13	8	10	5
61:00<								99	80	63	65	60	57	64	45	53	27	19	22	19	22	15	23	16
61:30<								134	116	109	114	97	87	105	72	71	60	37	41	37	48	29	51	40

### Men's Half Marathon trend (Number of Sub XX:YY performances)

	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
59:00<	<b>15</b>	10	13	3	5	3	1	0	1	4	2	4	1	3	0	4	1	0	0	0	0	0	0	0
60:00<	<b>79</b>	52	48	57	57	31	35	37	39	20	32	24	25	31	21	24	9	8	6	0	6	1	6	1
60:30<	<b>124</b>	88	83	99	99	74	57	81	65	44	53	47	47	55	40	43	18	11	17	7	13	9	11	5
61:00<								133	96	82	82	80	73	90	63	74	34	22	25	21	23	19	24	19

### List of Course Records

	Time	Race	Name	Nation	Year
1	57:31	Lisboa	Jacob Kiplimo	UGA	2021
2	57:32	Valencia	Kibiwott Kandie	KEN	2020
3	57:56	Ras Al Khaimah	Jacob Kiplimo	UGA	2022
4	58:01	Kobenhavn	Geoffrey Kamworor	KEN	2019
5	58:02	Roma-Ostia	Sebastian Sawe	KEN	2022
6	58:33	Den Haag	Samuel Wanjiru	KEN	2007
7	58:38	Praha	Kandie Kibiwott	KEN	2020
8	58:41	San Diego (84mDH)	Bernard Koech	KEN	2013
9	58:42	Berlin	Erick Kiptanui	KEN	2018
10	58:46	Philadelphia	Mathew Kisorio	KEN	2011
11	58:48	Herzogenaurach	Abel Kipchumba	KEN	2021

12	58:49	World Half Marathon Championships	Jacob Kiplimo	UGA	2020
13	58:53	Barcelona	Charles Langat	KEN	2023

## Fastest Half Marathon race based on the average of fastest performances:

### Average of Top 10 Performances in Major Half Marathons

	Average of top 10 Performances	Half Marathon
1	58:01	Valencia
2	58:35	RAK
3	58:52	Lisboa
4	58:53	Kobenhavn
5	59:03	Berlin
6	59:04	New Delhi
7	59:05	World Half Marathon Championships

### Valencia

Performance	Time	Performer	Name	Nat	Place	Year
1	57:32	1	Kibiwott Kandie	KEN	1	2020
2	57:37	2	Jacob Kiplimo	UGA	2	2020
3	57:49	3	Rhonex Kipruto	KEN	3	2020
4	57:59	4	Alexander Mutiso	KEN	4	2020
5	58:07	5	Abel Kipchumba	KEN	1	2021
6	58:09	6	Rhonex Kipruto	KEN	2	2021
7	58:10		Kibiwott Kandie		1	2022
8	58:11	7	Philemon Kiplimo	KEN	5	2020
9	58:18	8	Abraha Kiptum	KEN	1	2018
10	58:26	9	Daniel Mateiko	KEN	3	2021
<b>Average</b>	<b>58:01</b>					

### RAK Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	57:56	1	Jacob Kiplimo	UGA	1	2022
2	58:30	2	Rodgers Kwemai Chumo	KEN	2	2022
3	58:35	3	Kenneth Kiprop Renju	KEN	3	2022
4	58:36	4	Seifu Tura Abdiwak	ETH	4	2022
5	58:40	5	Andwork Waledege Tadese	ETH	5	2022
6	58:42	6	Bedan Karoki	KEN	1	2018
7	58:42	7	Stephen Kiprop	KEN	1	2019
8	58:44	8	Abadi Hadis	ETH	2	2019
9	58:45	9	Daniel Kibet Mateiko	KEN	6	2022
10	58:45	10	Benard Kibet	KEN	1	2023
<b>Average</b>	<b>58:35</b>					

### Lisboa Half Marathon (down hill until 2007)

Performance	Time	Performer	Name	Nat	Place	Year	
1	57:31	1	Jacob Kiplimo	UGA	1	2021	
2	58:23	2	Zersenay Tadese	ERI	1	2010	
3	58:31		Zersenay Tadese	ERI	1	2011	
4	59:06	3	Paul Tergat	KEN	1	2000	DH
5	59:06	4	Nibet Melak	ETH	1	2023	

6	59:07	5	Hagos Gebrhiwet	ETH	2	2023	
7	59:10		Paul Tergat		1	2005	DH
8	59:10	6	Vincent Ngetich	KEN	3	2023	
9	59:15	7	Haile Gebrselassie	ETH	1	2008	
10	59:20	8	Hendrick Ramaala	RSA	2	2000	DH
<b>Average</b>	<b>58:52</b>						

### København Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	58:01	1	Geoffrey Kamworor	KEN	1	2019
2	58:40	2	Abraham Cheroben	BRN	1	2017
3	58:48	3	Jorum Lumbasi Okombo	KEN	2	2017
4	58:51	4	Alex Oloiptip Korio	KEN	3	2017
5	58:58	5	Milkesa Mengesha	ETH	1	2022
6	59:05	6	Amedework Walelegn	ETH	2	2022
7	59:06	7	Daniel Kipchumba	KEN	1	2018
8	59:07	8	James Mwangi Wangari	KEN	1	2016
9	59:07	9	Felix Kipkoech	KEN	3	2022
10	59:08		Geoffrey Kamworor		1	2014
<b>Average</b>	<b>58:53</b>					

### Berlin Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	58:42	1	Erick Kiptanui	KEN	1	2018
2	58:55	2	Alex Kibet	KE	1	2022
3	58:56	3	Patrick Makau	KEN	1	2007
4	58:57	4	Felix Kipkoech	KEN	1	2021
5	59:00	5	Sabastian Sawe	KEN	1	2023
6	59:07	6	Paul Kosgei	KEN	1	2006
7	59:11	7	Alex Kibet	KEN	2	2023
8	59:14	8	Dennis Kimetto	KEN	1	2012
9	59:14	9	Leonard Komon	KEN	1	2014
10	59:14	10	Abraham Cheroben	KEN	2	2014
<b>Average</b>	<b>59:03</b>					

### New Delhi

Performance	Time	Performer	Name	Nat	Place	Year
1	58:53	1	Amdework Walelegn	ETH	1	2020
2	58:54	2	Andamlak Belihu	ETH	2	2020
3	58:56	3	Stephen Kissa	UGA	3	2020
4	59:04	4	Mulkar Edris	ETH	4	2020
5	59:06	5	Guye Adola Idemo	ETH	1	2014
6	59:07	6	Geoffrey Kipsang Kamworor	KEN	2	2014
7	59:10		Andamlak Belihu		1	2019
8	59:10	7	Leonard Barsoton	KEN	5	2020
9	59:11	8	Mosinet Geremew	ETH	3	2014
10	59:12	9	Atsedu Tsegay	ETH	1	2013
<b>Average</b>	<b>59:04</b>					

### World Half Marathon Championships

Performance	Time	Performer	Name	Nat	Place	Year
1	58:49	1	Jacob Kiplimo	UGA	1	2020
2	58:54	2	Kandie Kibiwott	KEN	2	2020
3	58:59	3	Zersenay Tadese	ERI	1	2007
4	59:02	4	Patrick Makau	KEN	2	2007
5	59:05	5	Evans Kiprop Cheruiyot	KEN	3	2007
6	59:08	6	Geoffrey Kipsang Kamworor	KEN	1	2014
7	59:08	7	Amedework Walelegn	ETH	3	2020
8	59:10		Geoffrey Kipsang Kamworor		1	2016
9	59:16	8	Deriba Merga	ETH	4	2007
10	59:21	9	Samuel Tsegay	ERI	2	2014
<b>Average</b>	<b>59:05</b>					

## Current Men's Half Marathon All Time Performance List

Performances	Time	Performers	Name	Nat	Place	Venue	Date
1	57:31	1	Jacob Kiplimo	UGA	1	Lisboa	21 Nov 2021
2	57:32	2	Kibiwott Kandie	KEN	1	Valencia	6 Dec 2020
3	57:37		Jacob Kiplimo	UGA	2	Valencia	6 Dec 2020
4	57:49	3	Rhonex Kipruto	KEN	3	Valencia	6 Dec 2020
5	57:56		Jacob Kiplimo		1	Ras Al Khaimah	19 Feb 2022
6	57:59	4	Alexander Mutiso Munyao	KEN	4	Valencia	6 Dec 2020
7	58:01	5	Geoffrey Kamworor	KEN	1	København	15 Sept 2019
8	58:02	6	Sebastian Kirimu Sawe	KEN	1	Roma to Ostia	6 Mar 2022
9	58:07	7	Abel Kipchumba	KEN	1	Valencia	24 Oct 2021
10	58:09		Rhonex Kipruto	KEN	2	Valencia	24 Oct 2021
11	58:10		Kibiwott Kandie		1	Valencia	23 Oct 2022
12	58:11	8	Philemon Kiplimo Kimaiyo	KEN	5	Valencia	6 Dec 2020
13	58:23	9	Zersenay Tadese	ERI	1	Lisboa	21 Mar 2010
14	58:26	10	Daniel Mateiko	KEN	3	Valencia	24 Oct 2021
15	58:28	11	Kennedy Kimutai	KEN	4	Valencia	24 Oct 2021
16	58:30		Zersenay Tadese		1	Lisboa	20 Mar 2011
17	58:30	12	Rogers Kwemoi	KEN	2	Ras Al Khaimah	19 Feb 2022
18	58:32	13	Yomif Kejelcha	ETH	2	Valencia	23 Oct 2022
19	58:33	14	Samuel Wanjiru	KEN	1	Den Haag	17 Mar 2007
20	58:33	15	Jemal Yimer Mekonnen	ETH	1	Valencia	28 Oct 2018
21	58:34		Philemon Kiplimo	KEN	5	Valencia	24 Oct 2021
22	58:35	16	Kenneth Kiprop Renju	KEN	3	Ras Al Khaimah	19 Feb 2022
23	58:36	17	Seifu Tura Abdiwak	ETH	4	Ras Al Khaimah	19 Feb 2022
24	58:36		Daniel Mateiko		1	Larne	27 Aug 2023
25	58:38		Kibiwott Kandie		1	Praha	4 Sept 2020
26	58:38		Jemal Yimer		2	Larne	27 Aug 2023
27	58:40	18	Abraham Cheroben	BRN	1	København	17 Sept 2017
28	58:40	19	Muktar Edris	ETH	6	Valencia	24 Oct 2021
29	58:40	20	Amdework Walelegn Tadese	ETH	5	Ras Al Khaimah	19 Feb 2022
30	58:40		Daniel Mateiko		3	Valencia	23 Oct 2022
31	58:41	21	Bernard Koech	KEN	1	San Diego	2 June 2013
32	58:42	22	Bedan Karoki	KEN	1	Ras Al Khaimah	9 Feb 2018
33	58:42	23	Erick Kiptanui	KEN	1	Berlin	8 Apr 2018
34	58:42	24	Stephen Kiprop	KEN	1	Ras Al Khaimah	8 Feb 2019
35	58:42	25	Kelvin Kiptum Cheruiyot	KEN	6	Valencia	6 Dec 2020
36	58:43	26	Mathew Kimeli	KEN	7	Valencia	24 Oct 2021
37	58:44	27	Solomon Kirwa Yego	KEN	1	Roma-Ostia	13 Mar 2016
38	58:44	28	Abadi Hadis Embaye	ETH	2	Valencia	28 Oct 2018
39	58:44		Abadi Hadis		2	Ras Al Khaimah	8 Feb 2019
40	58:45		Daniel Kibet Mateiko		6	Ras Al Khaimah	19 Feb 2022
41	58:45	29	Benard Kibet Koech	KEN	1	Ras Al Khaimah	18 Feb 2023
42	58:46	30	Mathew Kisorio	KEN	1	Philadelphia	18 Sept 2011
43	58:47	31	Atsedu Tsegay	ETH	1	Praha	31 Mar 2012
44	58:47	32	Tadese Worku	ETH	4	Valencia	23 Oct 2022
45	58:48	33	Sammy Kitwara	KEN	2	Philadelphia	18 Sept 2011
46	58:48		Abraham Cheroben		1	Valencia	19 Oct 2014
47	58:48	34	Jorum Lumbasi Okombo	KEN	2	København	17 Sept 2017
48	58:48		Abel Kipchumba	KEN	1	Herzogenaurach	12 Sept 2021
49	58:48		Alexander Mutiso Munyao		7	Ras Al Khaimah	19 Feb 2022
50	58:49		Jacob Kiplimo		1	Gdynia (World Half)	17 Oct 2020
51	58:49		Daniel Kibet Mateiko		2	Ras Al Khaimah	18 Feb 2023
52	58:51	35	Alex Oloiptip Korio	KEN	3	København	17 Sept 2017
53	58:52	36	Patrick Makau	KEN	1	Ras Al Khaimah	20 Feb 2009
54	58:53		Samuel Wanjiru		1	Ras Al Khaimah	9 Feb 2007
55	58:53		Amdework Walelegn	ETH	2	New Delhi	29 Nov 2020



## 2023 Men's Half Marathon Performance List

Performance	Time	Performer	Name	Nat	Pos	Venue	Date
1	58:36	1	Daniel Mateiko	KEN	1	Larne	27 Aug 2023
2	58:38	2	Jemal Yimer	ETH	2	Larne	27 Aug 2023
3	58:45	3	Benard Kibet Koech	KEN	1	Ras Al Khaimah	18 Feb 2023
4	58:49		Daniel Kibet Mateiko		2	Ras Al Khaimah	18 Feb 2023
5	58:53	4	Charles Kipkurui Langat	KEN	1	Barcelona	19 Feb 2023
6	58:55	5	Hagos Gebrhiwet	ETH	1	Granollers	5 Feb 2023
7	58:59	6	Birhanu Legese	ETH	2	Barcelona	19 Feb 2023
8	59:00	7	Sabastian Sawe	KEN	1	Berlin	2 Apr 2023
9	59:06	8	Nibret Melak	ETH	1	Lisboa	12 Mar 2023
10	59:07		Hagos Gebrhiwet		2	Lisboa	12 Mar 2023
11	59:08	9	Roncer Kipkorir Konga	KEN	1	Buenos Aires	27 Aug 2023
12	59:10	10	Vincent Kipkemoi Ngetich	KEN	3	Lisboa	12 Mar 2023
13	59:11	11	Alex Kibet	KEN	2	Berlin	2 Apr 2023
14	59:11	12	Ed Cheserek	KEN	1	København	17 Sept 2023
15	59:13		Bernard Koech		2	København	17 Sept 2023
16	59:17	13	Alexander Mutiso Munyao	KEN	1	Marugame	2 Feb 2023
17	59:17	14	Isaac Kipkemoi	KEN	1	Roma to Ostia	5 Mar 2023
18	59:18	15	Cleophas Kandie Meyan	KEN	2	Marugame	2 Feb 2023
19	59:20	16	Hillary Kipchirchir Chepkwony	KEN	1	Venlo	26 Mar 2023
20	59:22	17	Rhonex Kipruto	KEN	4	Lisboa	12 Mar 2023
21	59:22	18	Bravin Kiprof	KEN	3	Berlin	2 Apr 2023
22	59:27	19	Isaia Kipkoech Lasoi	KEN	2	Venlo	26 Mar 2023
23	59:28	20	Felix Kipkoech	KEN	2	Buenos Aires	27 Aug 2023
24	59:29	21	Solomon Kirwa Yego	KEN	3	Barcelona	19 Feb 2023
25	59:29	22	Cosmas Mwangi	KEN	3	Buenos Aires	27 Aug 2023
26	59:31	23	Patrick Mosin	KEN	1	Lille	19 Mar 2023
27	59:31	24	Gemechu Dida	ETH	3	København	17 Sept 2023
28	59:32	25	Alfred Barkach	KEN	2	Lille	19 Mar 2023
29	59:35		Patrick Mosin		4	København	17 Sept 2023
30	59:37	26	Richard Yator Kimunyan	KEN	3	Ras Al Khaimah	18 Feb 2023
31	59:37	27	Solomon Kipchoge	KEN	3	Lille	19 Mar 2023
32	59:37	28	Brian Kwemoi	KEN	1	Beijing	16 Apr 2023
33	59:37	29	Bedan Karoki	KEN	4	Buenos Aires	27 Aug 2023
34	59:38		Roncer Kipkorir Konga		1	Paris	5 Mar 2023
35	59:40		Cosmas Mwangi		1	Milano	19 Mar 2023
36	59:40		Bravin Kiprof		5	København	17 Sept 2023
37	59:41	30	Josphat Kiprotich	KEN	3	Venlo	26 Mar 2023
38	59:43		Roncer Kipkorir Konga		1	Praha	1 Apr 2023
39	59:44	31	Benard Kipkurui Biwot	KEN	1	Santa Pola	22 Jan 2023
40	59:47	32	Wesley Kimutai	KEN	2	Roma to Ostia	5 Mar 2023
41	59:49	33	Dinkalem Ayele	ETH	5	Buenos Aires	27 Aug 2023
42	59:49		Nibret Melak		3	Larne	27 Aug 2023
43	59:49	34	Tsegay Kidanu	ETH	4	Larne	27 Aug 2023
44	59:51	35	Josphat Kiptoo Boit	KEN	4	Barcelona	19 Feb 2023
45	59:51	36	Bashir Abdi	BEL	1	Gent	12 Mar 2023
46	59:52	37	Daniel Simiu Ebenyo	KEN	1	Istanbul	30 Apr 2023
47	59:53		Gemechu Dida Diriba		4	Ras Al Khaimah	18 Feb 2023
48	59:53	38	Hicham Amghar	MAR	5	Ras Al Khaimah	18 Feb 2023
49	59:53	39	Josphat Chumo	KEN	2	Paris	5 Mar 2023
50	59:54	40	Andrew Lorot	KEN	3	Marugame	2 Feb 2023
51	59:54	41	Isaac Kipkemboi	KEN	6	København	17 Sept 2023
52	59:55	42	Weldon Kipkirui Langat	KEN	6	Ras Al Khaimah	18 Feb 2023
53	59:55	43	Jimmy Gressier	FRA	3	Paris	5 Mar 2023
54	59:56	44	Takele Bikila	ETH	3	Roma to Ostia	5 Mar 2023

## 2022 Men's Half Marathon Performance List

Performance	Time	Performer	Name	Nat	Pos	Venue	Date
1	57:56	1	Jacob Kiplimo	UGA	1	Ras Al Khaimah	19 Feb 2022
2	58:02	2	Sebastian Kirimu Sawe	KEN	1	Roma to Ostia	6 Mar 2022
3	58:10	3	Kibiwott Kandie	KEN	1	Valencia	23 Oct 2022
4	58:30	4	Rodgers Chumo Kwemoi	KEN	2	Ras Al Khaimah	19 Feb 2022
5	58:32	5	Yomif Kejelcha	ETH	2	Valencia	23 Oct 2022
6	58:35	6	Kenneth Kiprop Renju	KEN	3	Ras Al Khaimah	19 Feb 2022
7	58:36	7	Seifu Tura Abdiwak	ETH	4	Ras Al Khaimah	19 Feb 2022
8	58:40	8	Amdework Walelegn Tadese	ETH	5	Ras Al Khaimah	19 Feb 2022
9	58:40	9	Daniel Mateiko	KEN	3	Valencia	23 Oct 2022
10	58:45		Daniel Kibet Mateiko		6	Ras Al Khaimah	19 Feb 2022
11	58:47	10	Tadese Worku	ETH	4	Valencia	23 Oct 2022
12	58:48	11	Alexander Mutiso Munyao	KEN	7	Ras Al Khaimah	19 Feb 2022
13	58:55	12	Alex Kibet	KEN	1	Berlin	3 Apr 2022
14	58:58	13	Milkesa Mengesha	ETH	1	Kobenhavn	18 Sept 2022
15	58:58		Sebastian Sawe		1	Manama (Bahrain)	23 Dec 2022
16	59:02		Sebastine Kimaru Sawe	KEN	1	Sevilla	30 Jan 2022
17	59:04	14	Jemal Yimer	ETH	1	Larne	28 Aug 2022
18	59:04	15	Kennedy Kimutai	KEN	5	Valencia	23 Oct 2022
19	59:04	16	Daniel Simiyi Ebemyo	KEN	2	Manama (Bahrain)	23 Dec 2022
20	59:05		Amedework Walelegn	ETH	2	Kobenhavn	18 Sept 2022
21	59:06	17	Haftu Teklu	ETH	1	Barcelona	3 Apr 2022
22	59:07	18	Felix Kipkoech	KEN	3	Kobenhavn	18 Sept 2022
23	59:09	19	Vincent Kipkemoi	KEN	4	Kobenhavn	18 Sept 2022
24	59:10	20	Chala Regasa	ETH	2	Barcelona	3 Apr 2022
25	59:12	21	Dominic Lobalu	SSD	5	Kobenhavn	18 Sept 2022
26	59:13		Chala Regasa	ETH	6	Kobenhavn	18 Sept 2022
27	59:15		Rodgers Kwemoi	KEN	1	Istanbul	27 Mar 2022
28	59:15	22	Elvis Cheboi	KEN	3	Barcelona	3 Apr 2022
29	59:17	23	Antenyayehu Dagnachew	ETH	4	Barcelona	3 Apr 2022
30	59:18	24	Kinde Derese	ETH	5	Barcelona	3 Apr 2022
31	59:21	25	Gemechu Dida Diriba	ETH	2	Roma to Ostia	6 Mar 2022
32	59:22	26	Leonard Kipkoech Langat	KEN	3	Roma to Ostia	6 Mar 2022
33	59:23		Sebastian Sawe	KEN	6	Valencia	23 Oct 2022
34	59:25	27	Edmond Kipngetich	KEN	7	Kobenhavn	18 Sept 2022
35	59:25		Yomif Kejelcha	ETH	3	Manama (Bahrain)	23 Dec 2022
36	59:26	28	Yemaneberhan Crippa	ITA	1	Napoli	27 Feb 2022
37	59:28	29	Joshua Kiplangat Belet	KEN	2	Napoli	27 Feb 2022
38	59:28		Kenneth Kiprop Renju	KEN	1	Praha	2 Apr 2022
39	59:30	30	Mathew Kimeli	KEN	1	Herzogenaurach	30 Apr 2022
40	59:31	31	Moses Koech	KEN	4	Roma to Ostia	6 Mar 2022
41	59:32	32	Benard Kimeli	KEN	2	Herzogenaurach	30 Apr 2022
42	59:33	33	Felix Kibitok	KEN	1	Santa Pola	23 Jan 2022
43	59:33	34	Josphat Kipkemboi Kemei	KEN	3	Napoli	27 Feb 2022
44	59:33	35	Philemon Kiplimo Kimaiyo	KEN	2	Praha	2 Apr 2022
45	59:33		Jacob Kiplimo	UGA	1	Newcastle-South Shields	11 Sept 2022
46	59:35	36	Josphat Kiprotich	KEN	4	Napoli	27 Feb 2022
47	59:36	37	Alfred Barkach	KEN	3	Herzogenaurach	30 Apr 2022
48	59:37	38	Andrew Rotich Kwemoi	UGA	1	Lille	20 Mar 2022
49	59:37		Kibiwott Kandie	KEN	2	Lille	20 Mar 2022
50	59:38	39	Roncer Kipkorir Konga	KEN	3	Lille	20 Mar 2022
51	59:39		Matthew Kimeli	KEN	8	Kobenhavn	18 Sept 2022
52	59:40	40	Amos Kurgat	KEN	4	Herzogenaurach	30 Apr 2022
53	59:41	41	Tadese Takele Bikila	ETH	5	Herzogenaurach	30 Apr 2022
54	59:44	42	Titus Kimutai	KEN	9	Kobenhavn	18 Sept 2022

## Major Contenders:

### Jemal Yimer (ETH)

DOB: 11 Sept 1996

**Personal Bests:** 10000m: 26:54.39, Half Marathon: 58:33 (2018); Marathon: 2:08:58 (2022)

### International Championships Highlights:

10000m: 5<sup>th</sup> in 2017 World Championships, 3<sup>rd</sup> in 2019 All African Games

Half Marathon: 4<sup>th</sup> in 2018 World Half Marathon Championships

Cross Country: 4<sup>th</sup> in 2017 World Cross Country Championships

### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023			58:38	
2022			59:04	2:08:58
2021			1:00:29	2:10:38
2020			59:25	
2019		26:54.39	59:09	
2018			58:33	

### Marathon career

	Time	Race	Place	Date
	DNF	Chicago	DNF	9 Oct 2022
Personal Best	<b>2:08:58</b>	Boston	8 <sup>th</sup>	18 Apr 2022
	2:10:38	Boston	3 <sup>rd</sup>	11 Oct 2021

### 2023 Results

Date	Race	Distance	Place	Time
27 Aug	Larne	Half marathon	2 <sup>nd</sup>	58:38
9 July	Utica	15km	1 <sup>st</sup>	42:06
4 July	Peachtree - Atlanta	10km	4 <sup>th</sup>	27:43

### 2022 Results

Date	Race	Distance	Place	Time
9 Oct	Chicago Marathon	Marathon	DNF	DNF
28 Aug	Larne	Half marathon	1 <sup>st</sup>	59:04
10 July	Utica	15km	1 <sup>st</sup>	42:38
4 July	Peachtree – Atlanta	10km	3 <sup>rd</sup>	27:50
18 Apr	Boston Marathon	Marathon	8 <sup>th</sup>	2:08:58

### 2021 Results

Date	Race	Distance	Place	Time
11 Dec	Manama	Half Marathon	6 <sup>th</sup>	1:00:29
11 Oct	Boston Marathon	Marathon	3 <sup>rd</sup>	2:10:38
29 Aug	Larne	Half Marathon (short)	1 <sup>st</sup>	1:10:30

### Benard Kibet (KEN)

DOB: 25 Nov 1999

**Personal Bests:** 10000m: 26:55.04 (2022); Half Marathon: 58:45 (2023)

### International Championships Highlights:

10000m: 5<sup>th</sup> in 2023 World Championships

### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023	13:00.38	27:17.87	58:45	

2022	13:12.08	26:55.04	59:57	
2021	13:24.34	27:44.80		
2020	13:11.10	27:02.39		
2019	13:13.48	27:2611		

### 2023 Results

Date	Race	Distance	Place	Time
8 Sept	VD- Bruxelles	10000m	DNF	DNF
20 Aug	World Championships – Budapest	10000m	5 <sup>th</sup>	27:56.27
7 July	World Championships Trails – Nairobi	10000m	3 <sup>rd</sup>	27:33.5
2 July	Nairobi	Half Marathon	5 <sup>th</sup>	1:01:42
11 June	Yokohama	10000m	1 <sup>st</sup>	27:17.87
1 June	Osaka	5000m	Guest	13:24.14
4 May	Nobeoka	5000m	2 <sup>nd</sup>	13:00.38
22 Apr	Hyogo Relays – Kobe	10000m	4 <sup>th</sup>	27:37.50
8 Apr	Kumamoto	5000m	5 <sup>th</sup>	13:27.53
18 Feb	Ras Al Khimah	Half Marathon	1 <sup>st</sup>	58:45

### 2022 Results

Date	Race	Distance	Place	Time
4 Dec	Kosa	10 Miler	1 <sup>st</sup>	44:04
26 Nov	Kitakyushu	5000m	1 <sup>st</sup>	13:14.28
15 Oct	Kitakyushu	5000m	3 <sup>rd</sup>	13:26.90
1 Oct	Yokohama	10000m	2 <sup>nd</sup>	26:55.04
24 Sept	JPN Corporate T&F Champ Gifu	10000m	3 <sup>rd</sup>	27:20.02
13 July	Hokuren Distance Challenge – Abashiri	5000m	1 <sup>st</sup>	13:12.08
6 July	Hokuren Distance Challenge- Fukagawa	10000m	1 <sup>st</sup>	27:12.72
22 June	Hokuren Distance Challenge- Fukagawa	10000m	1 <sup>st</sup>	27:20.66
22 May	Kitakyushu	5000m	4 <sup>th</sup>	13:35.86
21 May	Kitakyushu	10000m	1 <sup>st</sup>	27:45.27
4 May	Nobeoka	5000m	4 <sup>th</sup>	13:13.38
24 Apr	Gifu Seiryu	Half marathon	2 <sup>nd</sup>	59:57
9 Apr	Kumamoto	5000m	8rC	13:42.33

### Langat, Charles Kipkurui (KEN)

DOB: 28 Apr 1996

**Personal Bests:** 10km road: 27:42 (2023); Half Marathon: 58:53 (2023)

### International Championships Highlights:

#### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023		/27:42	58:53	
2022			1:00:44	

### 2023 Results

Date	Race	Distance	Place	Time
9 July	Utica	15km	3 <sup>rd</sup>	42:29
4 July	Peachtree – Atlanta	10km	1 <sup>st</sup>	27:42
30 Apr	Istanbul	Half marathon	4 <sup>th</sup>	1:00:07
2 Apr	Washington DC	10 miles	4 <sup>th</sup>	47:25
19 Feb	Barcelona	Half marathon	1 <sup>st</sup>	58:53

### 2022 Results

Date	Race	Distance	Place	Time
9 Oct	Lisboa	Half marathon	1 <sup>st</sup>	1:00:44

17 Sept	Amsterdam	10 miles	1 <sup>st</sup>	45:14
26 June	Hamburg	Half marathon	2 <sup>nd</sup>	1:01:53
8 May	Nairobi	Half marathon	13 <sup>th</sup>	1:02:41

### Sawe, Sabastian (KEN)

DOB: 16 Mar 1995

**Personal Bests:** 10000m: 27:09.46 (2022); Half Marathon: 58:02 (2022)

#### International Championships Highlights:

Cross Country: 7<sup>th</sup> in 2023 World Cross Country Championships

#### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023		/26:49	59:00	
2022		27:09.46/26:54	58:02	
2021				
2020	14:30.2			
2019	13:42.28			

#### 2023 Results

Date	Race	Distance	Place	Time
21 May	Bengaluru	10km	1 <sup>st</sup>	27:59
29 Apr	Herzogenaurach	10km	1 <sup>st</sup>	26:49
2 Apr	Berlin	Half marathon	1 <sup>st</sup>	59:00
18 Feb	World Cross Country Championships – Bathurst	10km	7 <sup>th</sup>	30:04

#### 2022 Results

Date	Race	Distance	Place	Time
23 Dec	Manama	Half marathon	1 <sup>st</sup>	58:58
23 Oct	Valencia	Half marathon	6 <sup>th</sup>	59:23
2 Sept	VD – Bruxelles	1 hour run		21250m
4 June	Maia	10000m	1 <sup>st</sup>	27:09.46
30 Apr	Herzogenaurach	10km	2 <sup>nd</sup>	26:54
6 Mar	Roma to Ostia	Half marathon	1 <sup>st</sup>	58:02
30 Jan	Sevilla	Half Marathon	1 <sup>st</sup>	59:02

### Nibret Melak (ETH)

DOB: 9 Oct 1999

**Personal Bests:** 5000m: 12:54.22 (2021); Half Marathon: 59:06 (2023)

#### International Championships Highlights:

#### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023		/27:43	59:06	
2022	13:12.88	/28:03		
2021	12:54.22			
2020				
2019	13:15.35	/27:26		

#### 2023 Results

Date	Race	Distance	Place	Time
27 Aug	Larne	Half marathon	3 <sup>rd</sup>	59:49
4 July	Peachtree – Atlanta	10km	3 <sup>rd</sup>	27:43

21 May	Bengauru	10km	5 <sup>th</sup>	28:13
12 Mar	Lisboa	Half marathon	1 <sup>st</sup>	59:06

### 2022 Results

Date	Race	Distance	Place	Time
20 Nov	Nijmegen	15km	2 <sup>nd</sup>	42:43
11 Sept	Zagreb	3000m	6 <sup>th</sup>	7:39.77
3 Sept	Praha	10km	10 <sup>th</sup>	28:03
30 Aug	Robereto	5000m	3 <sup>rd</sup>	13:16.23
18 June	Paris	5000m	DNF	DNF
27 May	Prefontaine – Eugene	5000m	4 <sup>th</sup>	13:12.88
7 May	Nairobi	5000m	6 <sup>th</sup>	13:22.85
2 Apr	Hawassa	5000m	9 <sup>th</sup>	13:49.6
17 Feb	Lievin	3000m	13 <sup>th</sup>	7:53.22i
12 Feb	PSD Dortmund	2 miles	2 <sup>nd</sup>	8:27.18i
30 Jan	San Vittore Olona – cross country	10.2km	1 <sup>st</sup>	28:33

# Women

## World Half Marathon Championships All Time list

Performances	Time	Performers	Name	Nat	Place		Date
1	1:05:16	1	Peres Jepchirchir	KEN	1	Gdynia	17 Oct 2020
2	1:05:18	2	Melat Yisak Kejeta	GER	2	Gdynia	17 Oct 2020
3	1:05:19	3	Yalemzerf Yehualaw	ETH	3	Gdynia	17 Oct 2020
4	1:05:39	4	Zeineba Yimer	ETH	4	Gdynia	17 Oct 2020
5	1:05:41	5	Ababel Yeshaneh	ETH	5	Gdynia	17 Oct 2020
6	1:05:58	6	Joyciline Jepkosgei	KEN	6	Gdynia	17 Oct 2020
7	1:06:11	7	Netsanet Gudeta	ETH	1	Valencia	24 Mar 2018
8	1:06:20	8	Yasemin Can	TUR	7	Gdynia	17 Oct 2020
9	1:06:25	9	Lornah Kiplagat	NED	1	Udine	14 Oct 2007
10	1:06:36	10	Mary Jepkosgei Keitany	KEN	1	Birmingham	11 Oct 2009
11	1:06:46		Netsanet Gudeta		8	Gdynia	17 Oct 2020
12	1:06:47	11	Paula Radcliffe	GBR	1	Bristol	7 Oct 2001
13	1:06:48		Mary Keitany		2	Udine	14 Oct 2007
14	1:06:54		Joyciline Jepkosgei		2	Valencia	24 Mar 2018
15	1:06:56	12	Pauline Kaveke Kamulu	KEN	3	Valencia	24 Mar 2018
16	1:06:56	13	Brilliant Jepkorir Kipkoeh	KEN	9	Gdynia	17 Oct 2020
17	1:07:10	14	Rosemary Wanjiru	KEN	10	Gdynia	17 Oct 2020
18	1:07:17	15	Eunice Chebichi Chumba	BRN	4	Valencia	24 Mar 2018
19	1:07:29	16	Gladys Cherono	KEN	1	København	29 Mar 2014
20	1:07:35		Paula Radcliffe		1	Vilamoura	4 Oct 2003
21	1:07:36	17	Susan Chepkemei	KEN	2	Bristol	7 Oct 2001
22	1:07:38	18	Philes Moora Ongori	KEN	2	Birmingham	11 Oct 2009
23	1:07:39	19	Aberu Kebede	ETH	3	Birmingham	11 Oct 2009
24	1:07:44	20	Mary Wacera Ngugi	KEN	2	København	29 Mar 2014
25	1:07:52	21	Selly Chepyego Kaptich	KEN	3	København	29 Mar 2014
26	1:07:55	22	Dorcas Jepchumba Kimeli	KEN	11	Gdynia	17 Oct 2020
27	1:08:06	23	Pamela Chepchumba	KEN	3	Udine	14 Oct 2007
28	1:08:07	24	Bezunesh Bekele	ETH	4	Udine	14 Oct 2007
29	1:08:07		Zeineba Yimer		5	Valencia	24 Mar 2018
30	1:08:09	25	Meseret Belete	ETH	6	Valencia	24 Mar 2018
31	1:08:10	26	Desi Jisa Mokonin	BRN	7	Valencia	24 Mar 2018
32	1:08:12	27	Bekelech Gudeta	ETH	8	Valencia	24 Mar 2018
33	1:08:12	28	Dalila Abdulkadir	BRN	9	Valencia	24 Mar 2018
34	1:08:14	29	Tegla Loroupe	KEN	1	Kosice	4 Oct 1997
35	1:08:16	30	Caroline Cheptanui Kilel	KEN	4	Birmingham	11 Oct 2009
36	1:08:17	31	Berhane Adere	ETH	3	Bristol	7 Oct 2001
37	1:08:23	32	Mizuki Noguchi	JPN	4	Bristol	7 Oct 2001
38	1:08:24	33	Florence Jebet Kiplagat	KEN	1	Nanning	16 Oct 2010
39	1:08:25	34	Shitaye Eshete	BRN	10	Valencia	24 Mar 2018
40	1:08:29		Tegla Loroupe		1	Zürich-Uster	27 Sept 1998
41	1:08:29	35	Atsede Habtamu	ETH	5	Udine	14 Oct 2007
42	1:08:30	36	Zinash Mekonnen	ETH	11	Valencia	24 Mar 2018
43	1:08:31	37	Lonah Chemtai Salpeter	ISR	12	Gdynia	17 Oct 2020
44	1:08:32	38	Elana Meyer	RSA	2	Zürich-Uster	27 Sept 1998
45	1:08:34	39	Dire Tune	ETH	2	Nanning	16 Oct 2010
46	1:08:36		Elana Meyer		1	Oslo	24 Sept 1994
47	1:08:37		Lornah Kiplagat		1	Rio de Janeiro	12 Oct 2008
48	1:08:37	40	Lucy Wangui Kabuu	KEN	4	København	29 Mar 2014
49	1:08:38	41	Fabienne Schlumpf	SUI	13	Gdynia	17 Oct 2020
50	1:08:39	42	Evelyne Kimwei	KEN	6	Udine	14 Oct 2007
51	1:08:40	43	Sun Yingjie	CHN	1	New Delhi	3 Oct 2004
52	1:08:42	44	Mercy Jerotich Kibarus	KEN	5	København	29 Mar 2014
53	1:08:43	45	Cristina Pomacu	ROU	2	Kosice	4 Oct 1997
54	1:08:43	46	Jelena Prokopcuka	LAT	5	Bristol	7 Oct 2001
55	1:08:44	47	Juliet Chekwel	UGA	14	Gdynia	17 Oct 2020
56	1:08:46		Netsanet Gudeta	ETH	6	København	29 Mar 2014
57	1:08:48		Tegla Loroupe		1	Palermo	3 Oct 1999
58	1:08:48	48	Christelle Daunay	FRA	7	København	29 Mar 2014
59	1:08:53	49	Liz McColgan	GBR	1	South Shields	20 Sept 1992

**Slowest winning time:** 70:39 by Ren Xiujuan (CHN) in 1996

**Fastest team winning time:** 3:16:39 by ETH in 2020,

**Slowest team winning time:** 3:36:00 by ETH in 2004

**Margin of Victory (Individual) (20Km was contested in 2006)**

	Difference	Winning time	Name	Nat	Venue	Year
Max	1:27	1:07:35	Paula Radcliffe	GBR	Vilamoura	2003
Min	1 seconds	1:08:55	Meseret Hailu	ETH	Kavarna	2012
	2 seconds	1:10:07	Conceição Ferreira	POR	Bruxelles	1993
		1:03:21	Lornah Kiplagat	NED	Debrecen	2006
		1:05:16	Peres Jepchirchir	KEN	Gdynia	2020

**Margin of Victory (Team)**

	Difference	Winning time	Nation	Venue	Year
Max	5:39	3:33:05	ROU	Palma de Mallorca	1996
Min	4 seconds	3:32:18	ROU	Bruxelles	1993

**Average of last thirteen World Half Marathon Championships (2006 was 20K race)**

	Average	2020	2018	2016	2014	2012	2010	2009	2008	2007	2005	2004	2003	2002
Winning Time	67:41	65:16	66:11	67:31	67:29	68:55	68:24	66:36	68:37	66:25	69:17	68:40	67:35	69:06
Winning Medal	68:28	65:19	66:56	67:54	67:52	69:04	69:05	67:39	70:01	68:06	70:20	69:07	69:26	69:15
Miss Medal (4 <sup>th</sup> )	68:49	65:39	67:17	68:01	68:37	69:13	69:28	68:16	70:03	68:07	70:34	70:33	69:32	69:24
8 <sup>th</sup> place	69:55	66:46	68:12	70:13	68:55	71:09	71:01	69:44	71:13	69:01	71:07	71:23	70:35	69:40

**Best Marks for Places in World Half Marathon Championships**

Place	Time	Name	Nationality	Venue	Date
1	1:05:16	Peres Jepchirchir	KEN	Gdynia	17 Oct 2020
	1:06:11	Netsanet Gudeta Kebede	ETH	Valencia	24 Mar 2018
	1:06:25	Lornah Kiplagat	NED	Udine	14 Oct 2007
	1:06:36	Mary Keitany	KEN	Birmingham	11 Oct 2009
2	1:05:18	Melat Yisak Kejeta	GER	Gdynia	17 Oct 2020
	1:06:48	Mary Keitany	KEN	Udine	14 Oct 2007
	1:06:54	Joyciline Jepkosgei	KEN	Valencia	24 Mar 2018
	1:07:34	Cynthia Jerotich Limo	KEN	Cardiff	26 Mar 2016
	1:07:36	Susan Chepkemi	KEN	Bristol	7 Oct 2001
3	1:05:19	Yalemzerf Yehualaw	ETH	Gdynia	17 Oct 2020
	1:06:56	Pauline Kaveke Kamulu	KEN	Valencia	24 Mar 2018
	1:07:39	Aberu Kebede	ETH	Birmingham	11 Oct 2009
	1:07:52	Selly Chepyego Kaptich	KEN	København	29 Mar 2014
4	1:05:39	Zeineba Yimer	ETH	Gdynia	17 Oct 2020
	1:07:17	Eunice Chumba	BRN	Valencia	24 Mar 2018
	1:08:01	Netsanet Gudeta Kebede	ETH	Cardiff	26 Mar 2016
	1:08:07	Bezunesh Bekele	ETH	Udine	14 Oct 2007
	1:08:16	Caroline Cheptanui Kilel	KEN	Birmingham	11 Oct 2009
5	1:05:41	Ababel Yeshaneh	ETH	Gdynia	17 Oct 2020
	1:08:07	Zeineba Yimer	ETH	Valencia	24 Mar 2018
	1:08:15	Genet Yalew	ETH	Cardiff	26 Mar 2016
	1:08:29	Atsede Habtamu	ETH	Udine	14 Oct 2007
	1:08:42	Mercy Jerotich Kibarus	KEN	København	29 Mar 2014
6	1:05:58	Joyciline Jepkosgei	KEN	Gdynia	17 Oct 2020
	1:08:09	Meseret Belete	ETH	Valencia	24 Mar 2018
	1:08:39	Evelyne Kimwei	KEN	Udine	14 Oct 2007
	1:08:46	Netsanet Gudeta	ETH	København	29 Mar 2014
	1:08:46	Gladys Chesir Kiptagelai	KEN	Cardiff	26 Mar 2016
7	1:06:20	Yasemin Can	TUR	Gdynia	17 Oct 2020
	1:08:10	Desi Mokoinin	BRN	Valencia	24 Mar 2018
	1:08:48	Christelle Daunay	FRA	København	29 Mar 2014



	1:08:56	Chisato Osaki	JPN	Udine	14 Oct 2007
8	1:06:46	Netsanet Gudeta	ETH	Gdynia	17 Oct 2020
	1:08:12	Bekelech Gudeta	ETH	Valencia	24 Mar 2018
	1:08:55	Valeria Straneo	ITA	København	29 Mar 2014
	1:09:01	Luminita Talpos	ROU	Udine	14 Oct 2007
9	1:06:56	Brilliant Jepkorir Kipkoech	KEN	Gdynia	17 Oct 2020
	1:08:12	Dalila Abdulkadir	BRN	Valencia	24 Mar 2018
	1:09:04	Tsehay Desalegn	ETH	København	29 Mar 2014
	1:09:09	Alice Timbilil	KEN	Udine	14 Oct 2007
10	1:07:10	Rosemary Wanjiru	KEN	Gdynia	17 Oct 2020
	1:08:25	Shitaye Eshete	BRN	Valencia	24 Mar 2018
	1:09:14	Alina Tecuta-Gherasim	ROU	Udine	14 Oct 2007
	1:09:15	Genet Yalew	ETH	København	29 Mar 2014
11	1:07:55	Dorcas Jepchumba Kimeli	KEN	Gdynia	17 Oct 2020
	1:08:30	Z Mekonnen	ETH	Valencia	24 Mar 2018
	1:09:15	Atseda Baysa	ETH	Udine	14 Oct 2007
12	1:08:31	Lonah Chemtai Salpeter	ISR	Gdynia	17 Oct 2020
	1:08:58	Lornah Salpeter	ISR	Valencia	24 Mar 2018
	1:09:17	Akane Taira	JPN	Udine	14 Oct 2007

### Best Marks for Places at Half Marathon – All Competitions

Place	Time	Name	Nationality	Venue	Date
1	1:02:52	Letesenbet Gidey	ETH	Valencia	24 Oct 2021
	1:04:02	Ruth Chepngetich	KEN	Istanbul	4 Apr 2021
	1:04:14	Girmawit Gebrzihair Gebru	ETH	Ras Al Khaimah	19 Feb 2022
2	1:03:51	Yalemzerf Yehualaw	ETH	Valencia	24 Oct 2021
	1:04:22	Hellen Obiri	KEN	Ras Al Khaimah	19 Feb 2022
	1:04:27	Addisie Andualem	ETH	Lille	19 Mar 2023
3	1:04:36	Sheila Chepkirui	KEN	Ras Al Khaimah	19 Feb 2022
	1:04:51	Hellen Obiri	KEN	Istanbul	4 Apr 2021
	1:04:54	Sheila Kiprotich	KEN	Valencia	24 Oct 2021
4	1:05:09	Joan Chelimo	KEN	Istanbul	4 Apr 2021
	1:05:28	Judith Jeptum Korir	KEN	Ras Al Khaimah	19 Feb 2022
	1:05:37	Joan Chelimo Melly	KEN	Ras Al Khaimah	9 Feb 2018
5	1:05:41	Ababel Yeshaneh	ETH	Gdynia (World Half)	17 Oct 2020
	1:05:46	Bosena Mulatie Mogesie	ETH	Ras Al Khaimah	19 Feb 2022
	1:05:46	Genzebe Dibaba	ETH	Barcelona	19 Feb 2023
6	1:05:58	Joyciline Jepkosgei	KEN	Gdynia (World Half)	17 Oct 2020
	1:06:17	Tesfaye Ngsti Haftu	ETH	Valencia	24 Oct 2021
	1:06:26	Eilish McColgan	GBR	Ras Al Khaimah	19 Feb 2022
7	1:06:20	Yasemin Can	TUR	Gdynia (World Half)	17 Oct 2020
	1:06:33	Daisy Cherotich	KEN	Ras Al Khaimah	19 Feb 2022
	1:06:37	Magdalena Crispin Shauri	TAN	Ras Al Khaimah	21 Feb 2020
8	1:06:38	Vivian Kiplagat	KEN	Ras Al Khaimah	21 Feb 2020
	1:06:46	Netsanet Gudeta	ETH	Gdynia (World Half)	17 Oct 2020
	1:07:13	Gladys Cherono	KEN	Ras Al Khaimah	9 Feb 2018
9	1:06:56	Brilliant Jepkorir Kipkoech	KEN	Gdynia (World Half)	17 Oct 2020
	1:07:02	Degitu Azmeraw	ETH	Ras Al Khaimah	21 Feb 2020
	1:07:33	Melat Kejeta	GER	Istanbul	4 Apr 2021
10	1:07:10	Rosemary Wanjiru	KEN	Gdynia (World Half)	17 Oct 2020
	1:07:53	Purity Komen	KEN	Manama	11 Dec 2021
	1:07:55	Vicoty Chepngeno	KEN	Valencia	23 Oct 2022

### Splits for Fastest Half Marathons

Name	Year	5Km	10Km	15Km	20Km	Finish	
Letesenbet Gidey	2021	15:00	29:45	44:29	59:37	62:52	WR
Ruth Chepngetich	2021	15:07	30:21	45:30	60:43	64:02	WR
Girmawit Gebrzihair Gebru	2022	15:12	30:28	45:51	61:04	64:14	

Brigid Kosgei	2019	15:39	30:53	45:59	61:20	64:28	
Ababel Yeshaneh Birhane	2020	15:07	30:18	45:41	61:11	64:31	WR

### Lap Times at Fastest Half Marathons

Name	Year	5Km	10Km	15Km	20Km	Finish	
Letesenbet Gidey	2021	15:00	14:45	14:44	15:08	3:15	WR
Ruth Chepngetich	2021	15:07	15:14	15:09	15:13	3:19	WR
Girmwawit Gebrzihair	2022	15:12	15:16	15:23	15:13	3:10	
Brigid Kosgei	2019	15:39	15:14	15:06	15:21	3:08	
Ababel Yeshaneh	2020	15:07	15:11	15:23	15:30	3:20	WR

### Fastest splits in World Half Marathon Championships

		5Km	10Km	15Km	20Km	Finish
Peres Jepchirchir	2020	15:20	30:47	46:24	1:02:04	1:05:16
Netsamet Gideta	2018	15:39	31:38	47:30	1:02:53	1:06:11
Peres Jepchirchir	2016	16:31	32:34	48:14	1:04:13	1:07:31
Gladys Cheronro	2014	16:15	32:15	48:09	1:04:05	1:07:29
Meseret Hailu	2012	16:14	32:22	48:51	1:05:41	1:08:55
Florence Jebet Kiplagat	2010	15:53	32:32	48:42	1:05:06	1:08:24
Mary Jepkosgei Keitany	2009	<b>15:17</b>	<b>31:04</b>	<b>46:51</b>	1:02:59	1:06:36
Lornah Kiplagat	2008	15:43	31:31	47:42	1:04:41	1:08:37
Lornah Kiplagat	2007	15:38	31:10	46:59	<b>1:02:57</b>	<b>1:06:25</b>
Lornah Kiplagat	2006	15:34	31:11	47:10	1:03:21	
Constantina Tomescu Dita	2005	16:05	32:07	48:42	1:05:39	1:09:17
Sun Yingjie	2004	16:25	32:09	48:37	?	1:08:40
Paula Radcliffe	2003	15:40	31:25	47:46	?	1:07:35
Berhane Adere	2002	16:32	32:52	49:45	?	1:09:06
Paula Radcliffe	2001	16:01	32:00	47:44	?	1:06:47
Paula Radcliffe	2000	16:31	33:14	49:41	?	1:09:07
Tegla Loroupe	1999	16:26	32:52	49:07	1:05:18	1:08:48
Tegla Loroupe	1998	15:57	31:57	48:24	1:04:56	1:08:29
Tegla Loroupe	1997	16:27	32:12	48:17	1:04:45	1:08:14

### Fastest lap times in World Half Marathon Championships

		5Km	10Km	15Km	20Km	Finish
Peres Jepchirchir	2020	15:20	15:27	15:37	15:40	3:12
Netsanet Gudeta	2018	15:39	15:59	15:52	15:23	3:18
Peres Jepchirchir	2016	16:31	16:03	15:40	15:59	3:18
Gladys Cheronro	2014	16:15	16:00	15:54	15:56	3:24
Meseret Hailu	2012	16:14	16:08	16:29	16:50	3:14
Florence Jebet Kiplagat	2010	15:53	16:39	16:10	16:24	<b>3:18</b>
Mary Jepkosgei Keitany	2009	<b>15:17</b>	15:47	<b>15:47</b>	16:08	3:37
Lornah Kiplagat	2008	15:43	15:47	16:11	16:59	3:56
Lornah Kiplagat	2007	15:38	<b>15: 32</b>	15:49	<b>15:58</b>	3:28
Lornah Kiplagat	2006	15:34	15:37	15:59	16:11	
Constantina Tomescu Dita	2005	16:05	16:02	16:35	?	?
Sun Yingjie	2004	16:25	15:44	16:28	?	?
Paula Radcliffe	2003	15:40	15:45	16:21	?	?
Berhane Adere	2002	16:32	16:20	16:53	?	?
Paula Radcliffe	2001	16:01	15:59	15:44	?	?
Paula Radcliffe	2000	16:31	16:43	16:27	?	?

Tegla Loroupe	1999	16:26	16:26	16:15	16:11	3:30
Tegla Loroupe	1998	15:57	16:00	16:27	16:32	3:32
Tegla Loroupe	1997	16:27	15:45	16:05	16:28	3:29

### Tabulation of Individual medals

#### Multiple Gold Medalists: (20Km (World Road Running Championships) in 2006)

Tegla Loroupe (KEN):	1997, 1998, 1999
Paula Radcliffe (GBR):	2000, 2001, 2003
Lornah Kiplagat (NED):	2006, 2007, 2008

#### Multiple Medalists:

Tegla Loroupe (KEN):	1993 Bronze; 1997 Gold; 1998 Gold; 1999 Gold
Elana Meyer (RSA):	1994 Gold; 1998 Silver
Cristina Pomacu (ROU):	1995 Silver; 1997 Silver
Anuta Catuna (ROU):	1994 Bronze; 1995 Bronze
Lidia Simon (ROU):	1996 Silver; 1997 Bronze; 1998 Bronze; 2000 Bronze
Susan Chepkemei (KEN):	2000 Silver; 2001 Silver; 2002 Silver; 2005 Bronze
Berhane Adere (ETH):	2001 Bronze; 2002 Gold; 2003 Silver
Paula Radcliffe (GBR):	2000 Gold; 2001 Gold; 2003 Gold
Constantina Dita-Tomescu(ROU):	2004 Bronze; 2005 Gold; 2006 Silver
Lornah Kiplagat (NED):	2005 Silver; 2006 Gold; 2007 Gold; 2008 Gold
Mary Keitany (KEN):	2007 Silver; 2009 Gold
Mary Wacera Ngugi (KEN):	2014 Silver, 2016 Bronze

#### Number of Individual Medals by Countries: (20Km results in 2006 World Road Championships are in {})

Nation	Gold	Silver	Bronze
KEN	8	9	10 {}
GBR	4		
ETH	3	4	3
NED	2 {}	1	
CHN	2		
ROU	1	4 {}	7
RSA	1	1	
POR	1		
RUS	1		
JPN		3	
GER		1	
ITA			1
AUS			1
LAT			1

#### Number of team Medals by Countries: (20Km results in 2006 World Road Championships are in {})

Nation	Gold	Silver	Bronze
KEN	9 {}	5	
ROU	7	2	2
ETH	5	5 {}	2
JPN	1	5	9 {}
RUS	1	3	4
GBR		1	
NOR		1	
FRA		1	
ESP			2
POR			1
ITA			1
BRN			1
GER			1

### Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
KEN	Geoffrey Kipsang Kamworor	Peres Jechirchir	Glasgow	2016
KEN	Geoffrey Kipsang Kamworor	Gladys Cherono	København	2014
KEN	Wilson Kiprop	Florence Kiplagat	Nanning	2010
KEN	Paul Tergat	Tegla Loroupe	Palermo	1999
KEN	Paul Koech	Tegla Loroupe	Zürich	1998
KEN	Shem Kororia	Tegla Loroupe	Kosice	1997

### Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
ROU	1994		Iulia Negura	Anuta Catuna
ROU	1995		Cristina Pomacu	Anuta Catuna
ROU	1996		Lidia Simon	Aura Buia
ROU	1997		Cristina Pomacu	Lidia Simon
KEN	1999	Tegla Loroupe		Catherine Ndereba
KEN	2007		Mary Keitany	Pamela Chepchumba
KEN	2009	Mary Keitany	Philies Ongori	
KEN	2010	Florence Kiplagat		Peninah Arusei
ETH	2012	Meseret Hailu	Feysa Tadesse	
KEN	2014	Gladys Cherono	Mary Wacera Ngugi	Selly Chepyego Kaptich
KEN	2016	Peres Jechirchir	Cynthia Jerotich Limo	Mary Wacera Ngugi
KEN	2018		Joyciline Jepkosgei	Pauline Kaveke Kamulu

### World Half Marathon Champions, who also won Olympics, World Athletics Champ, World Cross

Name	World Half Champ	Olympics	World Champ	World Cross
Liz McColgan	1992		10000m in 1991	
Valentina Yegorova	1995	Marathon in 1992		
Paula Radcliffe	2000, 2001, 2003		Marathon in 2005	2001, 2002
Berhane Adere	2002		10000m in 2003	
Constantina Dita	2005	Marathon in 2008		

### Olympic Medalists in World Half Marathon Championships

Name	Olympics	World Half Championships
Elana Meyer	Silver at 10000m in 1992	Gold in 1994, Silver in 1998
<b>Valentina Yegorova</b>	<b>Gold at marathon in 1992</b>	<b>Gold in 1995</b>
Lidia Simon	Silver at marathon in 2000	Silver in 1996, Bronze in 1997, 1998, 2000
Mizuki Noguchi	Gold at marathon in 2004	Silver in 1999
Catherine Ndereba	Silver at marathon in 2004, 2008	Bronze in 1999
<b>Constantina Dita-Tomescu</b>	<b>Gold at marathon in 2008</b>	<b>Gold in 2005, Silver in 2004</b>

### World Athletics Championships medalists in World Half Marathon Championships

Name	World Athletics Championships	World Half Championships
<b>Liz McColgan</b>	<b>Gold at 10000m in 1991</b>	<b>Gold in 1992</b>
Tegla Loroupe	Bronze at 10000m in 1995, 1999	Gold in 1997, 1998, 1999; Bronze in 1993
<b>Paula Radcliffe</b>	<b>Gold at marathon in 2005, Silver at 10000m in 1999</b>	<b>Gold in 2000, 2001, 2003</b>
Lidia Simon	Gold at marathon on 2001, Bronze in 1997, 1999	Silver in 1996, Bronze in 1997, 1998, 2000
<b>Berhane Adere</b>	<b>Gold at 10000m in 2003, Silver in 2001, 2005</b>	<b>Gold in 2002</b>
Catherine Ndereba	Gold at marathon in 2003, silver in 2005	Bronze in 1999
Gladys Cherono	Silver at 10000m in 2013	Gold in 2014

### World Cross Country medalists in World Half Marathon Championships

Name	World Cross Country Championships	World Half Championships
Liz McColgan	Bronze in 1991	Gold in 1992
Conceição Ferreira	Bronze in 1994	Gold in 1993
Susan Chepkemei	Bronze in 2000	Silver in 2000, 2001, 2002
<b>Paula Radcliffe</b>	<b>Gold in 2001, 2002; silver in 1997, 1998</b>	<b>Gold in 2000, 2001, 2003</b>
Benita Johnson	Gold in 2004	Bronze in 2003
Lydia Cheromei	Bronze in 2001	Silver in 2004
Lornah Kiplagat	Silver in 2006	Silver in 2005, Gold in 2006, 2007, 2008
<b>Florence Kiplagat</b>	<b>Gold in 2009</b>	<b>Gold in 2010</b>
Netsadet Gudeta	Bronze in 2015	<b>Gold in 2018</b>

### Fastest Debut Half marathon

Performances	Time	Name	Nat	Place	Venue	Date
1	1:02:52	Letesenbet Gidey	ETH	1	Valencia	24 Oct 2021
2	1:04:14	Girmawit Gebrzihair	ETH	1	Ras Al Khaimah	19 Feb 2022
3	1:04:51	Hellen Obiri	KEN	3	Istanbul	4 Apr 2021
4	1:05:18	Genzebe Dibaba	ETH	1	Valencia	6 Dec 2020
5	1:05:26	Margaret Kemboi	KEN	1	Barcelona	3 Apr 2022
6	1:05:34	Rosemary Wanjiru	KEN	1	Ras Al Khaimah	21 Feb 2020
7	1:05:40	Konstanze Klosterhalfen	GER	1	Valencia	23 Oct 2022
8	1:05:45	Senbere Teferi	ETH	1	Ras Al Khaimah	8 Feb 2019

Note: Sifan Hassan ran 77:10 half marathon in 2011 when she was 18 years old and then ran 65:15 in 2018 in Kobenhavn

### National records

	Time	Nation	Name	Place	Venue	Date
1	1:02:52	ETH	Letesenbet Gidey	1	Valencia	24 Oct 2021
	1:03:51		Yalemzerf Yehualaw	2	Valencia	24 Oct 2021
	1:04:14		Girmawit Gebrzihair	1	Ras Al Khaimah	19 Feb 2022
2	1:04:02	KEN	Ruth Chepngetich	1	Istanbul	4 Apr 2021
	1:04:22		Hellen Obiri	2	Ras Al Khaimah	19 Feb 2022
	1:04:36		Sheila Kiprotich	3	Ras Al Khaimah	19 Feb 2022
3	1:05:15	NED	Sifan Hassan	1	Kobenhavn	16 Sept 2018
	1:05:45		Sifan Hassan	1	Berlin	7 Apr 2019
4	1:05:18	GER	Melat Kejeta	2	Gdynia – WC	17 Oct 2020
	1:05:41		Konstanze Klosterhalfen	1	Valencia	23 Oct 2022
5	1:05:22	BRN	Violah Jepchumba	2	Praha	1 Apr 2017
	1:05:47		Kalkidan Gezahegne	2	Manama	11 Dec 2021
6	1:05:40	GBR	Paula Radcliffe	1	Newcastle-South Shields	21 Sept 2003
	1:05:43		Eilish McColgan	1	Berlin	2 Apr 2023
7	1:06:09	ISR	Lonah Chemtai Salpeter	2	Praha	6 Apr 2019
8	1:06:13	UAE	Alia Mohamed Saeed	2	Valencia	28 Oct 2018
9	1:06:20	TUR	Yasemin Can	7	Gdynia – WC	17 Oct 2020
10	1:06:37	TAN	Magdalena Shauri	7	Ras Al Khaimah	21 Feb 2020
11	1:06:38	JPN	Hitomi Niiya	1	Houston	19 Jan 2020
12	1:06:39	USA	Keira D'Amato	1	Gold Coast	1 July 2023

### All Comers record:

	Time	Nation(Venue)	Name	Nation	Venue	Date
1	1:02:52	ESP	Letesenbet Gidey	ETH	Valencia	24 Oct 2021
	1:03:51		Yalemzerf Yehualaw	ETH	Valencia	24 Oct 2021
	1:04:37		Irene Kimais	KEN	Barcelona	19 Feb 2023
2	1:04:02	TUR	Ruth Chepngetich	KEN	Istanbul	4 Apr 2021
	1:04:40		Yalemzerf Yehualaw	ETH	Istanbul	4 Apr 2021
3	1:04:14	UAE	Girmawit Gebrzihair	ETH	Ras Al Khaimah	19 Feb 2022

	1:04:22		Hellen Obiri	KEN	Ras Al Khaimah	19 Feb 2022
4	1:04:22	GBR	Yalemzerf Yehualaw	ETH	Larne, N Ireland	28 Aug 2022
	1:05:01		Tsehay Gemechu	ETH	Larne, N Ireland	28 Aug 2022
5	1:04:46	IND	Yalemzerf Yehualaw	ETH	New Delhi	29 Nov 2020
	1:05:06		Ruth Chepngetich	KEN	New Delhi	29 Nov 2020
6	1:04:52	CZE	Joycline Jepkosgei	KEN	Praha	1 Apr 2017
	1:05:04		Joan Chelimo	KEN	Praha	7 Apr 2018
7	1:05:02	GER	Sheila Kiprotich	KEN	Berlin	3 Apr 2022
8	1:05:03	USA	Vicoty Chepngeno	KEN	Houston	16 Jan 2022
9	1:05:08	DEN	Tsehay Gemechu	ETH	Kobenhavn	19 Sept 2021
	1:05:15		Sifan Hassan	NED	Kobenhavn	16 Sept 2018
10	1:05:16	POL	Peres Jepchirchir	KEN	Gdynia	17 Oct 2020
	1:05:18		Melat Kejeta	GER	Gdynia	17 Oct 2020

### World Half Marathon Championships: (20K in 2006)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Peres Jepchirchir	KEN	65:16	Melat Kejeta	GER	65:18	Yalemzerf Yehualaw	ETH	65:19
2018	Netsanet Gudeta	ETH	66:11	Joyciline Jepkosgei	KEN	66:54	Pauline Kamulu	KEN	66:56
2016	Peres Jepchirchir	KEN	67:31	Cynthia Jerotich Limo	KEN	67:34	Mary Wacera Ngugi	KEN	67:54
2014	Gladys Cherono	KEN	67:29	Mary Wacera Ngugi	KEN	67:44	Selly Chepyego Kaptich	KEN	67:52
2012	Meseret Hailu	ETH	68:55	Feysa Tadesse	ETH	68:56	Pasalia Kipkoech	KEN	69:04
2010	Florence Kiplagat	KEN	68:24	Dire Tune	ETH	68:34	Peninah Arusei	KEN	69:05
2009	Mary Keitany	KEN	66:36	Philes Ongori	KEN	67:38	Aberu Kebede	ETH	67:39
2008	Lornah Kiplagat	NED	68:37	Aselefech Mergia	ETH	69:57	Pamela Chepchumba	KEN	70:01
2007	Lornah Kiplagat	NED	66:25	Mary Keitany	KEN	66:48	Pamela Chepchumba	KEN	68:06
2006	Lornah Kiplagat	NED	63:21	Constantina Tomescu	ROU	63:23	Rita Jeptoo	KEN	63:47
2005	Constantina Tomescu	ROU	69:17	Lornah Kiplagat	NED	70:19	Susan Chepkemei	KEN	70:20
2004	Sun Yingjie	CHN	68:40	Lydia Cheromei	KEN	69:00	Constantina Tomescu	ROU	69:07
2003	Paula Radcliffe	GBR	67:35	Berhane Adere	ETH	69:02	Benita Johnson	AUS	69:26
2002	Berhane Adere	ETH	69:06	Susan Chepkemei	KEN	69:13	Jelena Prokopcuka	LAT	69:15
2001	Paula Radcliffe	GBR	66:47	Susan Chepkemei	KEN	67:36	Berhane Adere	ETH	68:17
2000	Paula Radcliffe	GBR	69:07	Susan Chepkemei	KEN	69:40	Lidia Simon	ROU	70:24
1999	Tegla Loroupe	KEN	68:48	Mizuki Noguchi	JPN	69:12	Catherine Ndereba	KEN	69:23
1998	Tegla Loroupe	KEN	68:29	Elana Meyer	RSA	68:32	Lidia Simon	ROU	68:58
1997	Tegla Loroupe	KEN	68:14	Cristina Pomacu	ROU	68:43	Lidia Simon	ROU	69:05
1996	Ren Xiujuan	CHN	70:39	Lidia Simon	ROU	70:57	Aura Buia	ROU	71:01
1995	Valentina Yegorova	RUS	69:58	Cristina Pomacu	ROU	70:22	Anuta Catuna	ROU	71:28
1994	Elana Meyer	RSA	68:36	Iulia Negura	ROU	69:15	Anuta Catuna	ROU	69:35
1993	Conceição Ferreira	POR	70:07	Mari Tanigawa	JPN	70:09	Tegla Loroupe	KEN	70:12
1992	Liz McColgan	GBR	68:53	Megumi Fujiwara	JPN	69:21	Rosanna Munerotto	ITA	69:38

### World Half Marathon Championships (Team): (20K in 2006)

Year	Gold	Time	Silver	Time	Bronze	Time
2020	ETH	3:16:39	KEN	3:18:10	GER	3:28:42
2018	ETH	3:22:27	KEN	3:23:02	BRN	3:23:39
2016	KEN	3:22:59	ETH	3:26:29	JPN	3:32:25
2014	KEN	3:23:05	ETH	3:27:05	JPN	3:31:33
2012	ETH	3:27:52	KEN	3:28:39	JPN	3:34:45
2010	KEN	3:26:59	ETH	3:27:33	JPN	3:33:40
2009	KEN	3:22:30	ETH	3:26:14	JPN	3:31:31
2008	ETH	3:30:59	KEN	3:31:24	JPN	3:40:58
2007	KEN	3:23:33	ETH	3:25:51	JPN	3:27:39
2006	KEN	3:15:55	ETH	3:18:50	JPN	3:19:00
2005	ROU	3:31:00	RUS	3:33:05	JPN	3:35:42
2004	ETH	3:36:00	ROU	3:36:08	RUS	3:38:21
2003	RUS	3:30:16	JPN	3:34:23	ROU	3:35:07

2002	KEN	3:28:22	RUS	3:30:05	ETH	3:30:58
2001	KEN	3:28:04	JPN	3:30:08	ETH	3:30:20
2000	ROU	3:34:22	JPN	3:36:25	RUS	3:45:41
1999	KEN	3:27:40	JPN	3:30:06	RUS	3:31:49
1998	KEN	3:29:43	ROU	3:32:19	ESP	3:34:18
1997	ROU	3:27:40	KEN	3:27:57	JPN	3:31:38
1996	ROU	3:33:05	FRA	3:38:44	ITA	3:41:28
1995	ROU	3:31:29	RUS	3:33:12	ESP	3:34:26
1994	ROU	3:29:03	NOR	3:33:36	JPN	3:35:39
1993	ROU	3:32:18	JPN	3:32:22	POR	3:34:12
1992	JPN	3:30:39	GBR	3:33:05	ROU	3:33:27

### Last nine Olympics:

#### Marathon

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Peres Jepchirchir	KEN	2:27:20	Brigid Kosgei	KEN	2:27:36	Molly Seidel	USA	2:27:46
2016	Jemima Sumgong	KEN	2:24:04	Eunice Jepkirui	BRN	2:24:13	Mare Dibaba	ETH	2:24:30
2012	Tiki Gelana	ETH	2:23:07	Priscah Jeptoo	KEN	2:23:12	Tatyana Arkhipova	RUS	2:23:29
2008	Constantina Dita	ROU	2:26:44	Catherine Ndereba	KEN	2:27:06	Zhou Chunxiu	CHN	2:27:07
2004	Mizuki Noguchi	JPN	2:26:20	Catherine Ndereba	KEN	2:26:32	Deena Kastor	USA	2:27:50
2000	Naoko Takahashi	JPN	2:23:14	Lidia Simon	ROU	2:23:22	Joyce Chepchumba	KEN	2:24:45
1996	Fatuma Roba	ETH	2:26:05	Valentina Yegorova	RUS	2:28:05	Yuko Arimori	JPN	2:28:39
1992	Valentina Yegorova	EUN	2:32:41	Yuko Arimori	JPN	2:32:49	Lorraine Moller	NZL	2:33:59
1988	Rosa Mota	POR	2:25:40	Lisa Martin	AUS	2:25:53	Katrin Dörre	GDR	2:26:21
1984	Joan Benoit	USA	2:24:52	Grete Waitz	NOR	2:26:18	Rosa Mota	POR	2:26:57

#### 10000m

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Sifan Hassan	NED	29:55.32	Kalkidan Gezahegne	BRN	29:56.18	Letesenbet Gidey	ETH	30:01.72
2016	Almaz Ayana	ETH	29:17.45	Vivian Cheruiyot	KEN	29:32.53	Tirunesh Dibaba	ETH	29:42.56
2012	Tirunesh Dibaba	ETH	30:20.75	Sally Kipyego	KEN	30:26.37	Vivian Cheruiyot	KEN	30:30.44
2008	Tirunesh Dibaba	ETH	29:54.66	Elvan Abeylegesse	TUR	29:56.34	Shalane Flanagan	USA	30:22.22
2004	Xing Huina	CHN	30:24.36	Ejegayehu Dibaba	ETH	30:24.98	Derartu Tulu	ETH	30:26.42
2000	Derartu Tulu	ETH	30:17.49	Gete Wami	ETH	30:22.48	Fernanda Ribeiro	POR	30:22.88
1996	Fernanda Ribeiro	POR	31:01.63	Wang Junxia	CHN	31:02.58	Gete Wami	ETH	31:06.65
1992	Derartu Tulu	ETH	31:06.02	Elana Meyer	RSA	31:11.75	Lynn Jennings	USA	31:19.89
1988	Olga Bondarenko	URS	31:05.21	Liz McColgan	GBR	31:08.44	Yelna Zhupiyova	URS	31:19.82

### Last ten World Championships:

#### Marathon

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Amane Beriso	ETH	2:24:23	Gotytom Gebreslase	ETH	2:24:34	Fatima Ezzahra Gardadi	MAR	2:25:17
2022	Gotytom Gebreslase	ETH	2:18:11	Judith Jeptum Korir	KEN	2:18:20	Lonah Chemtai Salpeter	ISR	2:20:18
2019	Ruth Chepngetich	KEN	2:32:43	Rose Chelimo	BRN	2:33:46	Helaria Johannes	NAM	2:34:15
2017	Rose Chelimo	BRN	2:27:11	Edna Kiplagat	KEN	2:27:18	Amy Cragg	USA	2:27:18
2015	Mare Dibaba	ETH	2:27:35	Helah Kiprop	KEN	2:27:36	Eunice Jepkirui	BRN	2:27:39
2013	Edna Kiplagat	KEN	2:25:44	Valeria Straneo	ITA	2:25:58	Kayoko Fukushi	JPN	2:27:45
2011	Edna Kiplagat	KEN	2:28:43	Priscah Jeptoo	KEN	2:29:00	Sharon Cherop	KEN	2:29:14
2009	Bai Xue	CHN	2:25:15	Yoshimi Ozaki	JPN	2:25:25	Aselefech Mergia	ETH	2:25:32
2007	Catherine Ndereba	KEN	2:30:37	Zhou Chunxiu	CHN	2:30:45	Reiko Tosa	JPN	2:30:55
2005	Paula Radcliffe	GBR	2:20:57	Catherine Ndereba	KEN	2:22:01	Constantina Dita	ROU	2:23:19
2003	Catherine Ndereba	KEN	2:23:55	Mizuki Noguchi	JPN	2:24:14	Masako Chiba	JPN	2:25:09
2001	Lidia Simon	ROU	2:26:01	Reiko Tosa	JPN	2:26:06	Svetlana Zakharova	RUS	2:26:18

### 10000m

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Gudaf Tsegay	ETH	31:27.18	Letesenbet Gidey	ETH	31:28.16	Ejgayehu Taye	ETH	31:28.31
2022	Letesenbet Gidey	ETH	30:09.94	Hellen Obiri	KEN	30:10.02	Margaret Kipkemboi	KEN	30:10.07
2019	Sifan Hassan	NE	30:17.62	Letesenbet Gidey	ETH	30:21.23	Agnes Tirop	KEN	30:25.20
2017	Almaz Ayana	ETH	30:16.32	Tirunesh Dibaba	ETH	31:02.69	Agnes Tirop	KEN	31:03.50
2015	Vivian Cheruiyot	KEN	31:41.31	Gelete Burka	ETH	31:47.77	Emily Infeld	USA	31:43.49
2013	Tirunesh Dibaba	ETH	30:43.35	Gladys Cherono	KEN	30:45.17	Belaynesh Oljira	ETH	30:46.98
2011	Vivian Cheruiyot	KEN	30:48.98	Sally Kipyego	KEN	30:50.04	Linet Masai	KEN	30:53.59
2009	Linet Masai	KEN	30:51.24	Meselech Melkamu	ETH	30:51.34	Wude Ayalew	ETH	30:51.95
2007	Tirunesh Dibaba	ETH	31:55.41	Elvan Abeylegesse	TUR	31:59.40	Kara Goucher	USA	32:02.05
2005	Tirunesh Dibaba	ETH	30:24.02	Berhane Adere	ETH	30:25.41	Ejgayehu Dibaba	ETH	30:26.00
2003	Berhane Adere	ETH	30:04.18	Worknesh Kidane	ETH	30:07.15	Sun Yingjie	CHN	30:07.20
2001	Derartu Tulu	ETH	31:48.81	Berhane Adere	ETH	31:48.85	Gete Wami	ETH	31:49.98

### Last fourteen World Cross Country Championships (long race before 2007)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2023	Beatrice Chebet	KE	33:48	Tsigie Gebreselama	ETH	33:56	Agnes Jebet Ngetich	KEN	34:00
2019	Hellen Obiri	KE	36:14	Dera Dida	ETH	36:16	Letesenbet Gidey	ETH	36:24
2017	Irene Cheptai	KEN	31:57	Alice Aprot Nawowuna	KEN	32:01	Lilian Rengeruk	KEN	32:11
2015	Agnes Tirop	KEN	26:01	Senbere Teferi	ETH	26:06	Netsanet Gudeta	ETH	26:11
2013	Emily Chebet	KEN	24:24	Hiwot Ayalew	ETH	24:27	Belaynesh Oljira	ETH	24:33
2011	Vivian Cheruiyot	KEN	24:58	Linet Masai	KEN	25:07	Shalane Flanagan	USA	25:10
2010	Emily Chebet	KEN	24:19	Limet Masai	KEN	24:20	Meselech Melkamu	ETH	24:26
2009	Florence Kiplagat	KEN	26:13	Linet Masai	KEN	26:16	Meselech Melkamu	ETH	26:19
2008	Tirunesh Dibaba	ETH	25:10	Mestawet Tufa	ETH	25:15	Linet Masai	KEN	25:18
2007	Lornah Kiplagat	NED	26:23	Tirunesh Dibaba	ETH	26:47	Meselech Melkamu	ETH	26:48
2006	Tirunesh Dibaba	ETH	25:21	Lornah Kiplagat	NED	25:26	Meselech Melkamu	ETH	25:38
2005	Tirunesh Dibaba	ETH	26:34	Alice Timbiil	KEN	26:37	Worknesh Kidane	ETH	26:37
2004	Benita Johnson	AUS	27:17	Ejgayehu Dibaba	ETH	27:29	Worknesh Kidane	ETH	27:34
2003	Worknesh Kidane	ETH	25:53	Deena Drossin	USA	26:02	Merima Denboba	ETH	26:28
2002	Paula Radcliffe	GBR	26:55	Deena Drossin	USA	27:04	Colleen de Reuck	USA	27:17
2001	Paula Radcliffe	GBR	27:49	Gete Wami	ETH	27:52	Lydia Cheromei	KEN	28:07

### Fastest half marathon in October

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	1:02:52	Letesenbet Gidey	ETH	1	Valencia	24 Oct 2021
2	2	1:03:51	Yalemzerf Yehualaw	ETH	2	Valencia	24 Oct 2021
3	3	1:04:51	Joycilline Jekposgei	KEN	1	Valencia	22 Oct 2017

### Fastest Half Marathon on European soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	1:02:52	Letesenbet Gidey	ETH	1	Valencia	24 Oct 2021
2	2	1:03:51	Yalemzerf Yehualaw	ETH	2	Valencia	24 Oct 2021
3	3	1:04:02	Ruth Chepngetich	KEN	1	Istanbul	4 Apr 2021

### Women's Half Marathon trend (Number of Sub 1:XX performers)

	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
67:00<	29	24	23	25	20	14	9	4	3	7	2	1	0	1	0	3	0	0	0	1	0	3	1	2
68:00<	70	45	33	45	38	30	23	9	8	14	15	8	12	7	1	5	5	2	2	4	2	6	7	3
69:00<	111	74	50	77	60	50	39	27	36	33	36	26	29	19	16	17	8	7	11	9	15	18	14	7
70:00<				113				64	67	65	60	59	53	54	40	40	20	25	24	30	41	38	43	22

### Women's Half Marathon trend (Number of Sub 1:XX performances)

	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
--	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------



67:00<	39	28	28	36	28	20	10	5	3	8	2	1	0	2	0	3	0	0	0	1	0	3	1	2
68:00<	103	57	42	62	57	45	33	12	8	17	15	12	13	11	1	5	5	2	2	5	2	7	8	5
69:00<	172	102	66	111	94	77	64	41	42	45	46	34	38	26	18	23	10	7	11	11	17	25	18	10
70:00<								91	86	86	87	83	79	69	47	54	25	32	28	39	56	53	59	33

### List of Course Records

	Time	Race	Name	Nation	Year
1	1:02:52	Valencia	Letesenbet Gidev	ETH	2021
2	1:04:02	Istanbul	Ruth Chepngetich	KEN	2021
3	1:04:14	Ras Al Khaimah	Girmawit Gebrzihair Gebru	ETH	2022
4	1:04:22	Larne	Yalemzerf Yehualaw	ETH	2022
5	1:04:26	Lille	Emily Chebet	KEN	2023
6	1:04:28	Great North Run–Newcastle to South Shields	Brigid Kosgei	KEN	2019
7	1:04:37	Barcelona	Irene Kimais	KEN	2023
8	1:04:46	New Delhi	Yalemzerf Yehualaw	ETH	2020
9	1:04:52	Praha	Joyciline Jepkosgei	KEN	2017
10	1:05:02	Berlin	Sheila Chepkirui Kiprotich	KEN	2022
11	1:05:03	Houston	Vicoty Chepngeno	KEN	2022
10	1:05:08	Kobenhavn	Tsehay Gemechu	ETH	2021
11	1:05:16	World Half Marathon Championships	Peres Jepchirchir	KEN	2020
12	1:05:28	Bahrain (Manama-Bahrain night)	Brigid Kosgei	KEN	2019
13	1:05:30	Lisboa	Almaz Ayana	ETH	2023
14	1:05:36	Manama	Gotyotom Gebreslase	ETH	2021
15	1:05:52	Cardiff	Edith Chelimo	KEN	2017
16	1:06:01	Paris	Sheila Chepkirui	KEN	2023
17	1:06:03	Roma to Ostia	Irene Kimais	KEN	2022
18	1:06:06	Gifu	Ruth Chepngetich	KEN	2019

### Fastest Half Marathon race based on the average of fastest performances:

#### Average of Top 10 Performances in Major Half Marathons

	Average of top 10 Performances	Half Marathon
1	1:04:46	RAK Half Marathon
2	1:05:00	Valencia
2	1:05:21	Istanbul
3	1:05:42	Praha
4	1:05:52	World Half Marathon Championships
5	1:06:06	New Delhi

### RAK Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:14	1	Girmawit Gebzihair Gebru	ETH	1	2022
2	1:04:22	2	Hellen Obiri	KEN	2	2022
3	1:04:31	3	Ababel Yeshaneh	ETH	1	2020
4	1:04:36	4	Sheila Chepkirui	KEN	3	2022
5	1:04:49	5	Brigid Kosgei	KEN	2	2020
6	1:04:52	6	Fancy Chemutai	KEN	1	2018
7	1:04:55	7	Mary Keitany	KEN	2	2018
8	1:05:05		Helen Obiri		1	2023
9	1:05:06	8	Peres Jepchirchir	KEN	1	2017

10	1:05:07	9	Caroline Kipkirui	KEN	3	2018
<b>Average</b>	<b>1:04:46</b>					

### Valencia

Performance	Time	Performer	Name	Nat	Place	Year
1	1:02:52	1	Letesenbet Gidey	ETH	1	2021
2	1:03:51	2	Yalemzerf Yehualaw	ETH	2	2021
3	1:04:51	3	Joyciline Jepkosgei	KEN	1	2017
4	1:04:54	4	Sheila Kiprotich Chepkirui	KEN	3	2021
5	1:05:18	5	Genzebe Dibaba	ETH	1	2020
6	1:05:32	6	Senbere Teferi	ETH	1	2019
7	1:05:36	7	Fancy Chemutai	KEN	2	2017
8	1:05:39	8	Sheila Chepkirui	KEN	2	2020
9	1:05:41	9	Konstanze Klosterhalfen	GER	1	2022
10	1:05:44	10	Brenda Jepleting	KEN	4	2021
<b>Average</b>	<b>1:05:00</b>					

### Istanbul Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:02	1	Ruth Chepngetich	KEN	1	2021
2	1:04:40	2	Yalemzerf Yehualaw	ETH	2	2021
3	1:04:48	3	Hellen Obiri	KEN	1	2022
4	1:04:51		Hellen Obiri	KEN	3	2021
5	1:05:09	4	Joan Melly Chelimo	KEN	4	2021
6	1:05:29		Ruth Chepngetich		1	2019
7	1:05:52	5	Tsehay Gemechu	ETH	2	2022
8	1:06:01	6	Brigid Kosgei	KEN	5	2021
9	1:06:19		Ruth Chepngetich		1	2017
10	1:06:22	7	Ababel Yeshaneh	ETH	1	2018
<b>Average</b>	<b>1:05:21</b>					

### Praha

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:52	1	Joyciline Jepkosgei	KEN	1	2017
2	1:05:04	2	Joan Melly Chelimo	KEN	1	2018
3	1:05:22	3	Violah Jepchumba	KEN	2	2017
4	1:05:34	4	Peres Jepchirchir	KEN	1	2020
5	1:05:44	5	Caroline Chepkoech Kipkirui	KEN	1	2019
6	1:05:51		Violah Jepchumba		1	2016
7	1:06:00	6	Irene Kimais	KEN	1	2023
8	1:06:09	7	Caroline Chepkoech Kipkirui		2	2018
9	1:06:09	8	Lonah Chemtai Salpeter	ISR	2	2019
10	1:06:14	9	Worknesh Degefa	ETH	2	2016
<b>Average</b>	<b>1:05:42</b>					

### World Half Marathon Championships

Performance	Time	Performer	Name	Nat	Place	Year
1	1:05:16	1	Peres Jepchirchir	KEN	1	2020
2	1:05:18	2	Melat Yisak Kejeta	GER	2	2020
3	1:05:19	3	Yalemzerf Yehualaw	ETH	3	2020
4	1:05:39	4	Zeineba Yimer	ETH	4	2020
5	1:05:41	5	Ababel Yeshaneh	ETH	5	2020
6	1:05:58	6	Joyciline Jepkosgei	KEN	6	2020

7	1:06:11	7	Netsanet Gudeta Kebede	ETH	1	2018
8	1:06:20	8	Yasemin Can	TUR	7	2020
9	1:06:25	9	Lornah Kiplagat	NED	1	2007
10	1:06:36	10	Mary Keitany	KEN	1	2009
<b>Average</b>	<b>1:05:52</b>					

### New Delhi

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:46	1	Yalemzerf Yehualaw	ETH	1	2020
2	1:05:06	2	Ruth Chepngtich	KEN	2	2020
3	1:05:21	3	Ababel Yeshaneh	ETH	3	2020
4	1:06:00	4	Tsehay Gemechu	ETH	1	2019
5	1:06:01		Yelamzerf Yehualaw	ETH	2	2019
6	1:06:42	5	Worknesh Degefa	ETH	1	2016
7	1:06:42	6	Irene Cheptai	KEN	1	2022
8	1:06:43		Irene Cheptai		4	2020
9	1:06:50		Tsehay Gemechu		1	2018
10	1:06:54	7	Mary Keitany	KEN	1	2009
<b>Average</b>	<b>1:06:06</b>					

### Current Women's Half Marathon All Time Performance List

Performances	Time	Performers	Name	Nat	Pos	Venue	Date
1	1:02:52	1	Letesenbet Gidey	ETH	1	Valencia	24 Oct 2021
2	1:03:51	2	Yalemzerf Yehualaw	ETH	2	Valencia	24 Oct 2021
3	1:04:02	3	Ruth Chepngetich	KEN	1	Istanbul	4 Apr 2021
4	1:04:14	4	Girmawit Gebrzihair Gebru	ETH	1	Ras Al Khaimah	19 Feb 2022
5	1:04:22	5	Hellen Obiri	KEN	2	Ras Al Khaimah	19 Feb 2022
6	1:04:22		Yalemzerf Yehualaw	ETH	1	Larne	28 Aug 2022
7	1:04:28	6	Brigid Kosgei	KEN	1	Newcastle-South Shields	8 Sept 2019
8	1:04:31	7	Ababel Yeshaneh	KEN	1	Ras Al Khaimah	21 Feb 2020
9	1:04:36	8	Sheila Chepkirui	KEN	3	Ras Al Khaimah	19 Feb 2022
10	1:04:37	9	Irine Jephumba Kimais	KEN	1	Barcelona	19 Feb 2023
11	1:04:40		Yalemzerf Yehualaw	ETH	2	Istanbul	4 Apr 2021
12	1:04:46		Yalemzerf Yehualaw	ETH	1	New Delhi	29 Nov 2020
13	1:04:46	10	Joyciline Jepkosgei	KEN	2	Barcelona	19 Feb 2023
14	1:04:48		Hellen Obiri		1	Istanbul	27 Mar 2022
15	1:04:49		Brigid Kosgei		2	Ras Al Khaimah	21 Feb 2020
16	1:04:51		Joyciline Jepkosgei		1	Valencia	22 Oct 2017
17	1:04:51		Hellen Obiri	KEN	3	Istanbul	4 Apr 2021
18	1:04:52		Joyciline Jepkosgei		1	Praha	1 Apr 2017
19	1:04:52	11	Fancy Chemutai	KEN	1	Ras Al Khaimah	9 Feb 2018
20	1:04:54		Sheila Chepkirui	KEN	3	Valencia	24 Oct 2021
21	1:04:55	12	Mary Keitany	KEN	2	Ras Al Khaimah	9 Feb 2018
22	1:05:01	13	Tsehay Gemechu	ETH	2	Larne	28 Aug 2022
23	1:05:02		Sheila Chepkirui Kiprotich	KEN	1	Berlin	3 Apr 2022
24	1:05:03	14	Vicoty Chepngeno	KEN	1	Houston	16 Jan 2022
25	1:05:04	15	Joan Melly Chelimo	KEN	1	Praha	7 Apr 2018
26	1:05:05		Hellen Obiri		1	Ras Al Khaimah	18 Feb 2023
27	1:05:06	16	Peres Jephchirchir	KEN	1	Ras Al Khamaih	10 Feb 2017
28	1:05:06		Ruth Chepngetich	KEN	2	New Delhi	29 Nov 2020
29	1:05:07	17	Caroline Chepkoech Kipkirui	KEN	3	Ras Al Khaimah	9 Feb 2018
30	1:05:08		Tsehay Gemechu	ETH	1	København	19 Sept 2021
31	1:05:09	18	Florence Kiplagat	KEN	1	Barcelona	15 Feb 2015
32	1:05:09		Joan Chelimo Melly	KEN	4	Istanbul	4 Apr 2021
33	1:05:12		Florence Kiplagat	KEN	1	Barcelona	16 Feb 2014
34	1:05:13		Mary Keitany		2	Ras Al Khamaih	10 Feb 2017
35	1:05:15	19	Sifan Hassan	NED	1	København	16 Sept 2018
36	1:05:16		Peres Jephchirchir	KEN	1	Gdynia (World Half)	17 Oct 2020
37	1:05:16		Joyciline Jepkosgei	KEN	1	Berlin	22 Aug 2021
38	1:05:18	20	Melat Yisak Kejeta	GER	2	Gdynia (World Half)	17 Oct 2020
39	1:05:18	21	Genzebe Dibaba	ETH	1	Valencia	6 Dec 2020
40	1:05:19		Yalemzerf Yehualaw	ETH	3	Gdynia (World Half)	17 Oct 2020
41	1:05:21		Ababe Yeshaneh		3	New Delhi	29 Nov 2020
42	1:05:22	22	Violah Jephumba	BRN	2	Praha	1 Apr 2017
43	1:05:26	23	Margaret Chelimo Kipkemboi	KEN	1	Barcelona	3 Apr 2022
44	1:05:28		Brigid Kosgei		1	Bahrain (Manama)	15 Mar 2019
45	1:05:28	24	Judith Jeptum Korir	KEN	4	Ras Al Khaimah	19 Feb 2022
46	1:05:29		Ruth Chepngetich	KEN	1	Istanbul	7 Apr 2019
47	1:05:30	25	Almaz Ayana	ETH	1	Lisboa	12 Mar 2023
48	1:05:32	26	Senbere Teferi	ETH	1	Valencia	27 Oct 2019
49	1:05:34	27	Rosemary Monica Wanjiru	KEN	3	Ras Al Khaimah	21 Feb 2020
50	1:05:34		Peres Jephchirchir		1	Praha (women only)_	4 Sept 2020
51	1:05:36		Fancy Chemutai		2	Valencia	22 Oct 2017
52	1:05:36	28	Goytatom Gebreselassie	ETH	1	Manama	11 Dec 2021
53	1:05:37		Joan Chelimo Melly		4	Ras Al Khaimah	9 Feb 2018
54	1:05:39		Mary Keitany		1	Newcastle-South Shields	7 Sept 2014
55	1:05:39	29	Zeineba Yimer	ETH	4	Gdynia (World Half)	17 Oct 2020

## 2023 Women's Half Marathon Performance List

Performance	Time	Performer	Name	Nat	Pos	Venue	Date
1	1:04:37	1	Irine Jepchumba Kimais	KEN	1	Barcelona	19 Feb 2023
2	1:04:46	2	Joycilline Jepkosgei	KEN	2	Barcelona	19 Feb 2023
3	1:05:05	3	Hellen Obiri	KEN	1	Ras Al Khaimah	18 Feb 2023
4	1:05:30	4	Almaz Ayana	ETH	1	Lisboa	12 Mar 2023
5	1:05:39	5	Catherine Reline Amanag'Ole	KEN	3	Barcelona	19 Feb 2023
6	1:05:43	6	Eilish McColgan	GBR	1	Berlin	2 Apr 2023
7	1:05:46	7	Gladys Chepkurui	KEN	4	Barcelona	19 Feb 2023
8	1:05:46	8	Genzebe Dibaba	ETH	5	Barcelona	19 Feb 2023
9	1:05:50	9	Margaret Chelimo Kipkemboi	KEN	2	Lisboa	12 Mar 2023
10	1:05:51	10	Gotytom Gebeslase Teklezhi	ETH	2	Ras Al Khaimah	18 Feb 2023
11	1:05:53	11	Irine Cheptai	KEN	1	København	17 Sept 2023
12	1:06:00		Irine Jepchumba Kimais		1	Praha	1 Apr 2023
13	1:06:01	12	Sheila Chepkurui	KEN	1	Paris	5 Mar 2023
14	1:06:04	13	Ftaw Zeray Bezabh	ETH	3	Ras Al Khaimah	18 Feb 2023
15	1:06:10	14	Ababel Yeshaneh	ETH	1	Buenos Aires	27 Aug 2023
16	1:06:12	15	Gutemi Shone Imana	ETH	2	Buenos Aires	27 Aug 2023
17	1:06:13	16	Tsigie Gebreselama	ETH	2	Berlin	2 Apr 2023
18	1:06:18	17	Ruth Chepngetich	KEN	3	Buenos Aires	27 Aug 2023
19	1:06:21	18	Dorcas Tuitoek	KEN	1	Roma to Ostia	5 Mar 2023
20	1:06:27	19	Yalemget Yaregal	ETH	3	Berlin	2 Apr 2023
21	1:06:28	20	Hiwot Gebrekidan	ETH	1	Houston	15 Jan 2023
22	1:06:28	21	Girmawit Gebrzihair Gebru	ETH	3	Lisboa	12 Mar 2023
23	1:06:28		Ftaw Zeray		4	Buenos Aires	27 Aug 2023
24	1:06:30	22	Purity Jemutai Komen	KEN	1	Istanbul	30 Apr 2023
25	1:06:31	23	Tiruye Mesfin	ETH	4	Lisboa	12 Mar 2023
26	1:06:34	24	Brigid Kosgei	KEN	4	Ras Al Khaimah	18 Feb 2023
27	1:06:39	25	Keira D'Amato	USA	1	Gold Coast	1 July 2023
28	1:06:40	26	Winfriidah Moseti	KEN	2	København	17 Sept 2023
29	1:06:41	27	Tigist Gezahegn Menigstu	ETH	1	Granollers	5 Feb 2023
30	1:06:42	28	Janeth Chepngetich	KEN	2	Praha	1 Apr 2023
31	1:06:44	29	Mestawut Fikir	ETH	1	Larne	27 Aug 2023
32	1:06:45	30	Marion Kibor	KEN	2	Paris	5 Mar 2023
33	1:06:45	31	Peres Jepchirchir	KEN	1	Newcastle -South Shields	10 Sept 2023
34	1:06:46	32	Betelihem Yemer	ETH	3	Paris	5 Mar 2023
35	1:06:52	33	Emily Sisson	USA	2	Houston	15 Jan 2023
36	1:06:56	34	Lonah Chemtai Salpeter	ISR	2	Roma to Ostia	5 Mar 2023
37	1:06:58		Janeth Chepngetich		1	Verona	12 Feb 2023
38	1:07:00	35	Nelly Jepchumba	KEN	4	Paris	5 Mar 2023
39	1:07:03	36	Jesca Chelangat	KEN	3	København	17 Sept 2023
40	1:07:07	37	Magdalayne Masai	KEN	3	Roma to Ostia	5 Mar 2023
41	1:07:08		Purity Jemutai Komen		5	Lisboa	12 Mar 2023
42	1:07:08	38	Aminet Ahmed	ETH	1	Warszawa	26 Mar 2023
43	1:07:13	39	Enatnesh Alamrew Tirusew	ETH	1	Porto	17 Sept 2023
44	1:07:15	40	Evaline Chirchir	KEN	5	Ras Al Khaimah	18 Feb 2023
45	1:07:15		Ftaw Zeray Bezabh		3	Praha	1 Apr 2023
46	1:07:17	41	Samantha Harrison	GBR	4	Berlin	2 Apr 2023
47	1:07:18		Ruth Chepngetich		2	Istanbul	30 Apr 2023
48	1:07:18	42	Hawi Feysa	ETH	4	København	17 Sept 2023
49	1:07:19	43	Jessica Warner-Judd	GBR	3	Houston	15 Jan 2023
50	1:07:20	44	Atalel Anmut	ETH	5	Buenos Aires	27 Aug 2023
51	1:07:21		Catherine Reline Amananole		6	Lisboa	12 Mar 2023
52	1:07:21		Hellen Obiri	KEN	1	New York	20 Mar 2023
53	1:07:22	45	Pauline Kamulu	KEN	1	Marugame	2 Feb 2023
54	1:07:22	46	Veronica Njeri Maina	KEN	2	Warszawa	26 Mar 2023

## 2022 Women's Half Marathon Performance List

Performance	Time	Performer	Name	Nat	Pos	Venue	Date
1	1:04:14	1	Girmawit Gebrzihair Gebru	ETH	1	Ras Al Khaimah	19 Feb 2022
2	1:04:22	2	Hellen Obiri	KEN	2	Ras Al Khaimah	19 Feb 2022
3	1:04:22	3	Yalemzerf Yehualaw	ETH	1	Larne	28 Aug 2022
4	1:04:36	4	Sheila Chepkirui	KEN	3	Ras Al Khaimah	19 Feb 2022
5	1:04:48		Hellen Obiri		1	Istanbul	27 Mar 2022
6	1:05:01	5	Tsehay Gemechu	ETH	2	Larne	28 Aug 2022
7	1:05:02		Sheila Chepkirui Kiprotich	KEN	1	Berlin	3 Apr 2022
8	1:05:03	6	Vicoty Chepngeno	KEN	1	Houston	16 Jan 2022
9	1:05:26	7	Margaret Chelimo Kipkemboi	KEN	1	Barcelona	3 Apr 2022
10	1:05:28	8	Judith Jeptum Korir	KEN	4	Ras Al Khaimah	19 Feb 2022
11	1:05:41	9	Kostanze Klosterhalfen	GER	1	Valencia	23 Oct 2022
12	1:05:46	10	Bosena Mulatie Mogesie	ETH	5	Ras Al Khaimah	19 Feb 2022
13	1:05:45	11	Tsigie Gebreselama	ETH	2	Valencia	23 Oct 2022
14	1:05:50	12	Joyce Chepkemai	KEN	2	Berlin	3 Apr 2022
15	1:05:52		Tsehay Gemechu	ETH	2	Istanbul	27 Mar 2022
16	1:06:00	13	Hawi Feysa	ETH	3	Valencia	23 Oct 2022
17	1:06:03	14	Irine Jepchumba Kimais	KEN	1	Roma to Ostia	6 Mar 2022
18	1:06:13	15	Tadu Teshome	ETH	1	Kobenhavn	18 Sept 2022
19	1:06:26	16	Eilish McColgan	GBR	6	Ras Al Khaimah	19 Feb 2022
20	1:06:33	17	Daisy Cherotich	KEN	7	Ras Al Khaimah	19 Feb 2022
21	1:06:34		Irene Kimais	KEN	3	Berlin	3 Apr 2022
22	1:06:35	18	Bekelech Gudeta	ETH	3	Istanbul	27 Mar 2022
23	1:06:35		Tsigie Geberselama	ETH	2	Kobenhavn	18 Sept 2022
24	1:06:37	19	Gete Alemayehu	ETH	2	Barcelona	3 Apr 2022
25	1:06:38	20	Agnes Mumbua Ngolo	KEN	4	Valencia	23 Oct 2022
26	1:06:42	21	Tiruye Mesfin	ETH	3	Kobenhavn	18 Sept 2022
27	1:06:42	22	Irine Cheptai	KEN	1	New Delhi	16 Oct 2022
28	1:06:44		Tsehay Gemechu Beyan	ETH	1	Lisboa	8 May 2022
29	1:06:46	23	Brigid Kosgei	KEN	2	Lisboa	8 May 2022
30	1:06:47		Irine Jepchumba Kimais	KEN	1	Jeddah	10 Dec 2022
31	1:06:48	24	Viola Chepngeno	KEN	4	Berlin	3 Apr 2022
32	1:06:48	25	Beatrice Cheserek	KEN	1	Cardiff	2 Oct 2022
33	1:06:50		Margaret Chelimo Kipkemboi	KEN	5	Valencia	23 Oct 2022
34	1:06:52	26	Magdalena Shauri	TAN	4	Kobenhavn	18 Sept 2022
35	1:06:52		Viola Chepngeno	KEN	2	Cardiff	2 Oct 2022
36	1:06:57	27	Zenebu Fikadu	ETH	1	Lille	20 Mar 2022
37	1:06:57	28	Nesphine Jepleting	KEN	1	Praha	2 Apr 2022
38	1:06:57	29	Bezabh Ftaw Zeray	ETH	1	Gqeberha	4 June 2022
39	1:06:58		Vicoty Chepngeno	KEN	4	Istanbul	27 Mar 2022
40	1:07:05		Hellen Obiri	KEN	1	Newcastle-South Shields	11 Sept 2022
41	1:07:07	30	Peres Jepchirchir	KEN	2	Newcastle-South Shields	11 Sept 2022
42	1:07:08	31	Catherine Relin	KEN	1	Telese Terme	2 Oct 2022
43	1:07:09	32	Mohammed Madina	ETH	2	Roma to Ostia	6 Mar 2022
44	1:07:09		Magdalena Shauri	TAN	6	Valencia	23 Oct 2022
45	1:07:10	33	Purity Komen	KEN	2	Lille	20 Mar 2022
46	1:07:10	34	Almaz Ayana	ETH	3	Newcastle-South Shields	11 Sept 2022
47	1:07:11	35	Emily Sisson	USA	1	Indianapolis	7 May 2022
48	1:07:11	36	Gotytom Gebreslase Teklezgi	ETH	3	Lisboa	8 May 2022
49	1:07:11		Irine Kimais	KEN	7	Valencia	23 Oct 2022
50	1:07:15	37	Sara Hall	USA	2	Houston	16 Jan 2022
51	1:07:15	38	Pauline Narogoi Esikon	KEN	1	Santa Pola	23 Jan 2022
52	1:07:16		Irine Cheptai	KEN	2	Praha	2 Apr 2022
53	1:07:18		Purity Jemutai Komen	KEN	1	Granollers	6 Feb 2022
54	1:07:18e	39	Letesenbet Gidey	ETH	Enr	Valencia	4 Dec 2022
55	1:07:18	40	Megertu Alemu Kebede	ETH	2	Jeddah	10 Dec 2022

## Major Contenders:

**Jepchirchir, Peres** (KEN)

DOB: 27 Sept 1993

**Personal Bests:** Half Marathon: 65:06 (2017); Marathon: 2:17:16 (2020)

### International Championships Highlights:

World Half Marathon Championships: 1<sup>st</sup> in 2016 & 2020

Marathon: 1<sup>st</sup> in 2020 Olympics

### Progressions:

Year	5000m	10000m/10Km	Half Marathon	Marathon
2023				2:18:38
2022			1:07:07	2:21:01
2021				2:22:39
2020			1:05:16	<b>2:17:16</b>
2019		/31:56	1:06:54	2:23:50
2018				2:46:15
2017			1:05:06	
2016		/31:29	1:06:39	
2015		/30:55	1:07:17	
2014		/31:34	1:09:12	
2013				2:47:33

### Marathon career

	Time	Race	Place	Date
	2:18:38	London	3 <sup>rd</sup>	23 Apr 2023
	2:21:01	Boston	1 <sup>st</sup>	18 Apr 2022
	2:22:39	New York	1 <sup>st</sup>	7 Nov 2022
	2:27:20	Olympics – Sapporo	1 <sup>st</sup>	7 Aug 2021
Personal Best	<b>2:17:16</b>	Valencia	1 <sup>st</sup>	6 Dec 2020
	2:23:50	Saitama	1 <sup>st</sup>	8 Dec 2019
	2:46:15	Eldoret	3 <sup>rd</sup>	18 Nov 2018
	DNF (pace)	London	DNF (pace)	26 Apr 2015
	2:47:33	Kisumu	3 <sup>rd</sup>	15 Dec 2013

### 2023 Results

Date	Race	Distance	Place	Time
23 Apr	London Marathon	Marathon	3 <sup>rd</sup>	2:18:38

### 2022 Results

Date	Race	Distance	Place	Time
11 Sept	South Shields- Newcastle	Half marathon	2 <sup>nd</sup>	1:07:07
11 June	New York	10km	5 <sup>th</sup>	31:19
18 Apr	Boston Marathon	Marathon	1 <sup>st</sup>	2:21:01

### 2021 Results

Date	Race	Distance	Place	Time
7 Nov	New York City Marathon	Marathon	1 <sup>st</sup>	2:22:39
31 Oct	Nairobi	10km	7 <sup>th</sup>	35:04
7 Aug	Olympics – Sapporo	Marathon	1 <sup>st</sup>	2:27:20

### 2020 Results

Date	Race	Distance	Place	Time
6 Dec	Valencia Marathon	Marathon	1 <sup>st</sup>	2:17:16
17 Oct	World Half Marathon Championships – Gdynia	Half marathon	1 <sup>st</sup>	1:05:16
5 Sept	Prague 21.1 - Praha	Half marathon	1 <sup>st</sup>	1:05:34

21 Feb	RAK Half Marathon	Half Marathon	DNF	DNF
26 Jan	Discovery Kenya Cross Country – Eldoret	8km	2 <sup>nd</sup>	27:24

### 2019 Results

Date	Race	Distance	Place	Time
8 Dec	Saitama Marathon	Marathon	1 <sup>st</sup>	2:23:50
20 Oct	EDP Maratona de Lisboa	Half marathon	1 <sup>st</sup>	1:06:54
30 June	Le 10Km de Port-Gentil	10Km	7 <sup>th</sup>	34:07
25 May	Tamarack Ottawa Race Weekend – Ottawa	10Km	5 <sup>th</sup>	31:59
8 Feb	RAK Half Marathon	Half Marathon	6 <sup>th</sup>	1:07:36

### 2018 Results

Date	Race	Distance	Place	Time
18 Nov	KASS FM Marathon – Kapsabet to Eldoret	Marathon	3 <sup>rd</sup>	2:46:15

### 2017 Results

Date	Race	Distance	Place	Time
10 Feb	RAK Half Marathon	Half marathon	1 <sup>st</sup>	1:05:06
21 Jan	Nandi Cross Country Championships – Eldoret	8Km	1 <sup>st</sup>	26:37

### 2016 Results

Date	Race	Distance	Place	Time
20 Nov	Delhi Half Marathon	Half marathon	5 <sup>th</sup>	1:08:28
23 Oct	Medio Maraton Ciudad de Valencia	Half marathon	1 <sup>st</sup>	1:07:09
17 Sept	Mattoni Usti Half Marathon	Half marathon	1 <sup>st</sup>	1:07:24
29 May	Ottawa Race Weekend	10Km	1 <sup>st</sup>	31:29
15 May	World 10K – Bengaluru	10Km	1 <sup>st</sup>	32:15
24 Apr	Yangzhou Jianzhen Half marathon	Half marathon	1 <sup>st</sup>	1:07:21
26 Mar	World Half Marathon Championships – Cardiff	Half marathon	1 <sup>st</sup>	1:07:31
12 Feb	RAK Half marathon	Half marathon	4 <sup>th</sup>	1:06:39

### 2015 Results

Date	Race	Distance	Place	Time
31 Dec	Corrida de Sao Silvestre – Luanda	10Km	2 <sup>nd</sup>	33:07
25 Oct	Marseille-Cassis Classic	20Km	1 <sup>st</sup>	1:06:01
12 Sept	Mattoni Usti Half Marathon – Ustinad Labem	Half Marathon	1 <sup>st</sup>	1:07:17
5 Sept	Birell Grand Prix – Praha	10Km	1 <sup>st</sup>	30:55
23 May	Ottawa Race Weekend	10Km	2 <sup>nd</sup>	31:18
26 Apr	London Marathon	Marathon	DNF (pace)	DNF (Pace)
6 Jan	Campaccio Classica del Cross – San Giorgio	6Km	2 <sup>nd</sup>	19:01

### 2014 Results

Date	Race	Distance	Place	Time
31 Dec	Corsa Internazionale di San Silvestro – Bolzano	5.05Km	2 <sup>nd</sup>	15:51
28 Dec	Corrida Pedestre de Houilles	10Km	1 <sup>st</sup>	31:34
26 Oct	Marseille-Cassis Classic	20Km	1 <sup>st</sup>	1:10:04
28 Sept	Le Lion 2014 – Belfort to Monteliard	Half marathon	1 <sup>st</sup>	1:09:12
15 Feb	KCB Nairobi Cross Country	8Km	2 <sup>nd</sup>	26:12

### Kimais, Irene Jepchumba (KEN)

DOB: 10 Oct 1998

**Personal Bests:** Half Marathon: 1:07:28 (2019); Marathon: 2:15:37 (2022)

### International Championships Highlights:

10000m: 4<sup>th</sup> in 2023 World Championships

### Progressions:



Year	5000m	10000m/10km	Half Marathon	Marathon
2023		31:32.19/30:23	1:04:37	
2022		32:02.53/31:21	1:06:03	
2021		30:37.24	1:07:17	
2020			1:09:01	
2019	15:29.74		1:09:51	

### 2023 Results

Date	Race	Distance	Place	Time
19 Aug	World Championships – Budapest	10000m	4 <sup>th</sup>	31:32.19
8 July	KEN World Champ Trials – Nairobi	10000m	1 <sup>st</sup>	31:52.20
23 June	KEN National Champ – Nairobi	10000m	1 <sup>st</sup>	31:56.37
26 May	Defence Champ- Nairobi	10000m	1 <sup>st</sup>	32:39.57
29 Apr	Herzogenaurach	10km	1 <sup>st</sup>	30:23
1 Apr	Praha	Half marathon	1 <sup>st</sup>	1:06:00
19 Feb	Barcelona	Half marathon	1 <sup>st</sup>	1:04:37

### 2022 Results

Date	Race	Distance	Place	Time
10 Dec	Jeddah	Half marathon	1 <sup>st</sup>	1:06:47
23 Oct	Valencia	Half marathon	7 <sup>th</sup>	1:07:11
21 Aug	Buenos Aires	Half marathon	1 <sup>st</sup>	1:07:59
24 June	Nairobi	10000m	5 <sup>th</sup>	32:02.53
30 Apr	Herzogenaurach	10km	9 <sup>th</sup>	31:21
20 Apr	Nairobi	10000m	2 <sup>nd</sup>	32:03.68
3 Apr	Berlin	Half marathon	3 <sup>rd</sup>	1:06:34
6 Mar	Roma to Ostia	Half marathon	1 <sup>st</sup>	1:06:03

### Catherine Relin (KEN)

DOB: 10 May 2002

**Personal Bests:** Half Marathon: 1:05:39 (2023);

### International Championships Highlights:

### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023		31:54.59/30:14	1:05:39	
2022			1:07:08	

### 2023 Results

Date	Race	Distance	Place	Time
10 Sept	Brasov	10km	2 <sup>nd</sup>	30:14
8 July	World Championships Trials – Nairobi	10000m	3 <sup>rd</sup>	31:54.59
23 June	KEN National Champ – Nairobi	10000m	2 <sup>nd</sup>	31:57.79
12 Mar	Lisboa half marathon	Half marathon	6 <sup>th</sup>	1:07:21
19 Feb	Barcelona Half Marathon	Half marathon	3 <sup>rd</sup>	1:05:39

### 2022 Results

Date	Race	Distance	Place	Time
31 Dec	Sao Paulo	15km	1 <sup>st</sup>	49:39
2 Oct	Telese Terme	Half marathon	1 <sup>st</sup>	1:07:08
21 Aug	Buenos Aires	Half marathon	4 <sup>th</sup>	1:08:02
8 May	Lisboa	Half marathon	10 <sup>th</sup>	1:12:35
3 Apr	Madrid	Half marathon	4 <sup>th</sup>	1:08:07
12 Feb	Cross Country – Eldoret	10km	6 <sup>th</sup>	34:51
22 Jan	National Cross Country – Eldoret	10km	7 <sup>th</sup>	34:47

**Tsige Gebreselama (ETH)**

DOB: 30 Sept 2000

**Personal Bests:** 10000m: 30:03.45; Half Marathon: 1:05:46**International Championships Highlights:**3000m: 3<sup>rd</sup> in 2018 World JuniorCross Country: 3<sup>rd</sup> in 2019 World Cross Country Junior division, 2<sup>nd</sup> in 2023 World Cross Country**Progressions:**

Year	5000m	10000m/10km	Half Marathon	Marathon
2023		30:04.45 /30:29	1:06:13	
2022		31:04.88/30:53	1:05:46	
2021		30:06.01		

**2023 Results**

Date	Race	Distance	Place	Time
2 July	Stockholm	5000m	6 <sup>th</sup>	14:44.94
23 June	ETH World Champ Trial – Nerja	10000m	DNF	DNF
3 June	FBK Games – Hengelo	10000m	3 <sup>rd</sup>	30:04.45
8 Apr	Paderborn	10Km	1 <sup>st</sup>	30:29
2 Apr	Berlin	Half marathon	2 <sup>nd</sup>	1:06:13
18 Feb	World Cross Country Champ – Bathurst	10km	2 <sup>nd</sup>	33:56
1 Jan	Cross Country - Sululta	10Km	4 <sup>th</sup>	35:47

**2022 Results**

Date	Race	Distance	Place	Time
10 Dec	Jeddah	Half marathon	4 <sup>th</sup>	1:08:59
23 Oct	Valencia	Half Marathon	2 <sup>nd</sup>	1:05:46
18 Sept	Kobenhavn	Half Marathon	2 <sup>nd</sup>	1:06:35
25 June	Langueux	10km	2 <sup>nd</sup>	30:53
16 June	Bislett Games – Oslo	5000m	10 <sup>th</sup>	14:43.90
6 June	FBK Games – Hengelo	10000m	12 <sup>th</sup>	31:04.88

**2021 Results**

Date	Race	Distance	Place	Time
7 Aug	Olympic Games – Tokyo	10000m	DNF	DNF
8 June	Hengelo	10000m	2 <sup>nd</sup>	30:06.01
7 Apr	National Champ – Addis Ababa	10000m	1 <sup>st</sup>	32:59.1
9 Feb	Lievin	3000m	5 <sup>th</sup>	8:38.20i

**Kipkemboi, Margaret Chelimo (KEN)**

DOB: 9 Feb 1993

**Personal Bests:** 5000m: 14:23.67 (2023), 30:10.07 (2022), Half Marathon: 1:05:26 (2022);**International Championships Highlights:**5000m: 5<sup>th</sup> in 2017 WC, 2<sup>nd</sup> in 2019 WC, 4<sup>th</sup> in 2022 and 2023 WC10000m: 3<sup>rd</sup> in 2022 WCCross Country: 13<sup>th</sup> in 2015 World Cross Country Champ**Progressions:**

Year	5000m	10000m/10km	Half Marathon	Marathon
2023	14:23.67	31:17.95	1:05:50	
2022	14:47.71	30:10.07	1:05:26	
2021	14:27.12			
2020	15:11.11			

## 2023 Results

Date	Race	Distance	Place	Time
26 Aug	World Championships – Budapest	5000m	4 <sup>th</sup>	14:56.62
23 Aug	World Championships – Budapest	5000m	3h1	15:00.10
8 July	World Champ Trials – Nairobi	10000m	7 <sup>th</sup>	31:17.95
7 July	World Champ Trials – Nairobi	5000m	3 <sup>rd</sup>	15:07.49
24 June	KEN National Champ – Nairobi	5000m	6 <sup>th</sup>	15:10.27
22 June	KEN National Champ – Nairobi	5000m	2h1	15:48.22
15 June	Bislett Games – Oslo	3000m	3 <sup>rd</sup>	8:26.14
9 June	Paris	5000m	6 <sup>th</sup>	14:23.67
13 May	Nairobi	5000m	2 <sup>nd</sup>	15:16.28
29 Apr	Herzogenaurach	10km	6 <sup>th</sup>	30:38
12 Mar	Lisboa	Half Marathon	2 <sup>nd</sup>	1:05:50
8 Jan	Elgoibar – Cross country	6km	4 <sup>th</sup>	26:16
6 Jan	San Girogio Cross Country	6km	2 <sup>nd</sup>	19:12

## 2022 Results

Date	Race	Distance	Place	Time
31 Dec	Bolzano	5km	3 <sup>rd</sup>	15:44
23 Oct	Valencia	Half marathon	5 <sup>th</sup>	1:06:50
17 Sept	Amsterdam	10 miles	1 <sup>st</sup>	50:42
26 Aug	Athletissima – Lausanne	3000m	5 <sup>th</sup>	8:29.05
7 Sept	WK – Zurich	5000m (oversize)	2 <sup>nd</sup>	14:31.52
6 Aug	Chorzow	3000m	3 <sup>rd</sup>	8:40.96
23 July	World Championships – Eugene	5000m	4 <sup>th</sup>	14:47.71
20 July	World Championships – Eugene	5000m	4h1	14:53.45
16 July	World Championships – Eugene	10000m	3 <sup>rd</sup>	30:10.07
25 June	KEN World Champ Trials – Nairobi	5000m	3 <sup>rd</sup>	15:10.34
24 June	KEN World Champ Trials - Nairobi	10000m	3 <sup>rd</sup>	31:50.22
6 June	FBK Games – Hengelo	10000m	4 <sup>th</sup>	30:45.00
15 Apr	Nairobi	10000m	1 <sup>st</sup>	31:51.7
3 Apr	Barcelona	Half marathon	1 <sup>st</sup>	1:05:26
12 Feb	Cross country – Eldoret	10km	2 <sup>nd</sup>	34:02
22 Jan	KEN National Cross Country – Eldoret	10km	2 <sup>nd</sup>	34:09

## Klosterhalfen, Konstanz (GER)

DOB: 18 Feb 1997

**Personal Bests:** 5000m: 14:26.76 (2019); 10000m: 31:01.71 (2021); Half Marathon: 1:05:41 (2022);

### International Championships Highlights:

1500m: 2<sup>nd</sup> in 2017 EIC; 3<sup>rd</sup> in 2015 Euro Junior, 1<sup>st</sup> in 2017 Euro U23

3000m: 7<sup>th</sup> in 2018 WIC, 2<sup>nd</sup> in 2019 and 2012 EIC 3<sup>rd</sup> in 2016 World Junior

5000m: 4<sup>th</sup> in 2018 EC, 3<sup>rd</sup> in 2019 WC, 1<sup>st</sup> in 2022 EC

10000m: 8<sup>th</sup> in 2020 OG, 4<sup>th</sup> in 2022 EC

### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2023	15:13.06			
2022	14:37.94	31:05.21	1:05:41	
2021	14:35.88	31:01.71/31:10		
2020				
2019	14:26.76			

## 2023 Results

Date	Race	Distance	Place	Time
------	------	----------	-------	------

2 July	Stockholm	5000m	14 <sup>th</sup>	15:13.06
24 June	Portland	1500m	14 <sup>th</sup>	4:14.41
24 June	Portland	800m	10 <sup>th</sup>	2:09.82
5 May	Doha	1500m	9 <sup>th</sup>	4:05.63
21 Apr	Winston-Salem	1500m	1 <sup>st</sup>	4:06.39
21 Apr	Winston-Salem	800m	3r1	2:05.98
3 Mar	European Indoor Champ – Istanbul	3000m	2 <sup>nd</sup>	8:36.50i
2 Mar	European Indoor Champ – Istanbul	3000m	1h1	8:53.50i
25 Feb	Birmingham	3000m	3	8:35.14i
18 Feb	GER National Champ – Dortmund	3000m	1 <sup>st</sup>	8:34.89i

### 2022 Results

Date	Race	Distance	Place	Time
31 Dec	Barcelona	5km	2 <sup>nd</sup>	14:52
11 Dec	Venana Reale	8km	2 <sup>nd</sup>	26:29
23 Oct	Valencia	half marathon	1 <sup>st</sup>	1:05:41
26 Aug	Athletissima – Lausanne	3000m	12 <sup>th</sup>	8:45.36
18 Aug	European Champ – Munchen	5000m	1 <sup>st</sup>	14:50.47
15 Aug	European Champ – Munchen	10000m	4 <sup>th</sup>	31:05.21
6 Aug	Chorzow	3000m	7 <sup>th</sup>	8:42.34
20 July	World Champ – Eugene	5000m	8h1	15:17.78
16 June	Bislett Games – Oslo	5000m	8 <sup>th</sup>	14:37.94
2 June	Montreuil	1500m	4 <sup>th</sup>	4:04.60
27 May	Prefontaine – Eugene	2 miles	4 <sup>th</sup>	9:16.73
19 May	Walnut	1500m	7 <sup>th</sup>	4:07.41
29 Jan	New York	1 Mile	3 <sup>rd</sup>	4:22.59i
15 Jan	College Station	3000m	1 <sup>st</sup>	8:39.36i
15 Jan	College Station	800m	1sst	2:07.47i

### 2021 Results

Date	Race	Distance	Place	Time
31 Dec	Koln	10km	1 <sup>st</sup>	31:10
12 Dec	Dublin	8km	5 <sup>th</sup>	27:12
17 Sept	Trier	2000m	1 <sup>st</sup>	5:34.53
12 Sept	ISTAF – Berlin	1500m	5 <sup>th</sup>	4:05.26
3 Sept	VD – Bruxelles	5000m	8 <sup>th</sup>	14:35.88
28 Aug	Paris	3000m	8 <sup>th</sup>	8:36.70
20 Aug	Prefontaine – Eugene	2 miles	4 <sup>th</sup>	9:18.16
7 Aug	OG – Tokyo	10000m	8 <sup>th</sup>	31:01.97
25 July	Azusa	5000m	2 <sup>nd</sup>	14:51.97
27 Feb	Austin	10000m	1 <sup>st</sup>	31:01.71

### Ftaw Zeray (ETH)

DOB: 3 Aug 1997

**Personal Bests:** Half Marathon: 1:06:04 (2019); Marathon: 2:29:15 (2022)

### International Championships Highlights:

### Progressions:

Year	5000m	10000m/10km	Half Marathon	Marathon
2022		/31:55	1:06:04	
2021		/32:07	1:06:57	
2020			1:08:30	2:39:18
2019			1:12:20	2:29:15

### Marathon career

	Time	Race	Place	Date
	2:39:18	Istanbul	4 <sup>th</sup>	8 Nov 2020
Personal Best	<b>2:29:15</b>	Hefei	1 <sup>st</sup>	10 Nov 2019

### 2023 Results

Date	Race	Distance	Place	Time
27 Aug	Buenos Aires	Half marathon	4 <sup>th</sup>	1:06:28
4 July	Peachtree – Atlanta	10km	14 <sup>th</sup>	32:21
25 June	Boston	10km	7 <sup>th</sup>	31:55
1 Apr	Praha	Half marathon	3 <sup>rd</sup>	1:07:15
18 Feb	Ras Al Khaimah	Half marathon	3 <sup>rd</sup>	1:06:04

### 2022 Results

Date	Race	Distance	Place	Time
23 Dec	Manama	Half marathon	4 <sup>th</sup>	1:09:22
4 June	Gqeberha	Half marathon	1 <sup>st</sup>	1:06:57
30 Apr	Herzogenaurach	Half marathon	3 <sup>rd</sup>	1:07:42
2 Apr	Praha	Half marathon	4 <sup>th</sup>	1:08:53
27 Feb	Napoli	Half marathon	2 <sup>nd</sup>	1:09:36
9 Jan	Valencia	10km	6 <sup>th</sup>	32:07

### 2021 Results

Date	Race	Distance	Place	Time
22 Aug	Berlin	Half marathon	5 <sup>th</sup>	1:08:30
21 Feb	Dire Dawa	Half marathon	3 <sup>rd</sup>	1:10:58