

2023 European Indoor Championships Statistics—Men's 400m

- by K Ken Nakamura

Summary Page:

All time performance list at the European Indoor Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	45.05	Karsten Warholm	NOR	1	Glasgow	2019
2	2	45.33	Pavel Maslak	CZE	1	Praha	2015
3	3	45.39	Marek Plawgo	POL	1	Wien	2002
4		45.49	Marek Plawgo		1sf2	Wien	2002
5	4	45.52	David Gillick	GER	1	Birmingham	2007
6	5	45.54	Leslie Dhone	GER	1	Paris	2011
7	6	45.56	Todd Bennett	GBR	1	Pireus	1985

Margin of Victory

	Difference	Time	Name	Nat	Venue	Year
Max	0.93	46.38	Luciano Susanj	YUG	Rotterdam	1973
	0.92	45.33	Pavel Maslak	CZE	Praha	2015
Min	0.01	46.08	Norbert Dobeleit	FRG	Glasgow	1990

Best Marks for Places in the European Indoor Championships

Pos	Time	Name	Nat	Venue	Year
1	45.05	Karsten Warholm	NOR	Glasgow	2019
	45.33	Pavel Maslak	CZE	Praha	2015
2	45.59	Jimisola Laursen	SWE	Wien	2002
3	46.00	Robert Mackowiak	POL	Valencia	1998
4	46.15	Luka Janezic	SLO	Glasgow	2019

Fastest time in each round at European Indoor Championships

Round	Time	Name	Nat	Position	Venue	Year
Final	45.05	Karsten Warholm	NOR	1 st	Glasgow	2019
	45.33	Pavel Maslak	CZE	1 st	Praha	2015
Semi-final	45.49	Marek Plawgo	POL	1sf2	Wien	2002
First round	46.08	Bastian Swillims	GER	1h4	Birmingham	2007

Multiple Gold Medalists:

Pavel Maslak (CZE):	2013, 2015, 2017
David Gillick (IRL):	2005, 2007
Du'aine Ladejo (GBR):	1994, 1996
Todd Bennett (GBR):	1985, 1987
Alfons Brydenbach (BEL):	1974, 1977
Andrzej Badenski (POL):	1968, 1971

European Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Oscar Husillos	ESP	46.22	Tony Van Diepen	NED	46.25	Liemarvin Bonevaia	NED	46.30
2019	Karsten Warholm	NOR	45.05	Oscar Husillos	ESP	45.66	Tony Van Diepen	NED	46.13
2017	Pavel Maslak	CZE	45.77	Rafal Omelko	POL	46.08	Liemarvin Bonevacia	NED	46.26
2015	Pavel Maslak	CZE	45.33	Dylan Borlee	BEL	46.25	Rafal Omelko	POL	46.26
2013	Pavel Maslak	CZE	45.66	Nigel Levine	GBR	46.21	Pavel Trenikhin	RUS	46.70
2011	Lelie Dhone	FRA	45.54	Thomas Schneider	GER	46.42	Richard Buck	GBR	46.62

All time performance list at the European Indoor Championships

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1	1	45.05	Karsten Warholm	NO	1	Glasgow	2019
2	2	45.33	Pavel Maslak	CZE	1	Praha	2015
3	3	45.39	Marek Plawgo	POL	1	Wien	2002
4		45.49	Marek Plawgo		1sf2	Wien	2002
5	4	45.52	David Gillick	GER	1	Birmingham	2007
6	5	45.54	Leslie Dhone	GER	1	Paris	2011
7	6	45.56	Todd Bennett	GBR	1	Pireus	1985
8	7	45.59	Jimisola Laursen	SWE	2	Wien	2002
9	8	45.62	Bastian Swillims	GER	2	Birmingham	2007
10	9	45.63	Jens Carlowitz	GDR	1	Budapest	1988
11		45.66	Pavel Maslak		1	Göteborg	2013
11	10	45.66	Oscar Husillos	ESP	2	Glasgow	2019
13		45.77	Pavel Maslak		1	Beograd	2017
14	11	45.89	Johan Wissman	SWE	1	Torino	2009
15	12	45.90	Klaus Just	FRG	2	Pireus	1985
15	12	45.90	Ruslan Mashchenko	RUS	1	Valencia	1998
17		45.92	Bastian Swillims		1sf1	Birmingham	2007
18	14	45.94	Ioan Vieru	ROU	2sf2	Wien	2002
19		45.95	Karsten Warholm		1sf2	Glasgow	2019
20	15	45.98	Brian Whittle	GBR	2	Budapest	1988
21	16	45.99	Ashraf Saber	ITA	2	Valencia	1998
22	17	46.00	Cayetano Cornet	ESP	1sf1	Glasgow	1990
22	17	46.00	Robert Mackowiak	POL	3	Valencia	1998
22		46.00	Jimisola Laursen		1sf1	Wien	2002
22	17	46.00	Pavel Trenikhin	RUS	1sf2	Göteborg	2013
26	20	46.06	Tony Van Diepen	NED	1sf1	Torun	2021
27	21	46.08	Norbert Dobeleit	FRG	1	Glasgow	1990
27		46.08	Bastian Swillims		1h4	Birmingham	2007
27	22	46.08	Rafal Omelko	POL	2	Beograd	2017
30		46.09	Jens Carlowitz	GDR	2	Glasgow	1990
31	23	46.12	Du'aïne Ladejo	GBR	1	Stockholm	1996
32		46.13	Tony Van Diepen		3	Glasgow	2019
33	24	46.15	Robert Tobin	GBR	3	Birmingham	2007
33	24	46.15	Luka Janezic	SLO	4	Glasgow	2019
35		46.16	David Gillick		1sf2	Birmingham	2007
36		46.17	Ioan Vieru		3	Wien	2002
36		46.17	David Gillick		1h1	Madrid	2005
36		46.17	Johan Wissman		4	Birmingham	2007
39		46.18	Jimisola Laursen		1h5	Wien	2002
39		46.18	Pavel Maslak		1sf1	Göteborg	2013
41		46.19	Ioan Vieru		2h5	Wien	2002
41		46.19	Robert Tobin		2sf2	Birmingham	2007
43	26	46.20	Yevgeniy Lomtev	URS	1	Budapest	1983
44	27	46.21	Karel Kolar	TCH	1	Wien	1979
44		46.21	Cayetano Cornet	ESP	1	Den Haag	1989
44		46.21	Jens Carlowitz		2sf1	Glasgow	1990
44	27	46.21	Nigel Levine	GBR	2	Göteborg	2013
48		46.22	Oscar Husillos		1	Torun	2021
49	29	46.23	Slobodan Brankovic	YUG	1sf1	Genova	1992
50		46.24	Ruslan Mashchenko		1sf1	Valencia	1998
51	30	46.25	Ralf Lübke	FRG	3	Budapest	1988
51		46.25	Johan Wissman		2sf1	Birmingham	2007

51	30	46.25	Dylan Borlee	BEL	2	Praha	2015
51		46.25	Tony Van Diepen		2	Torun	2021
55		46.26	Du'aine Ladejo		1sf1	Paris	1994
55		46.26	Leslie Djhone		1sf1	Paris	2011
55		46.26	Rafal Omelko		3	Praha	2015
55		46.26	Liemarvin Bonevacia		3	Beograd	2017

Margin of Victory

	Difference	Time	Name	Nat	Venue	Year
Max	0.93	46.38	Luciano Susanj	YUG	Rotterdam	1973
	0.92	45.33	Pavel Maslak	CZE	Praha	2015
Min	0.01	46.08	Norbert Dobeleit	FRG	Glasgow	1990

Difference between 3rd and 4th place (medal versus no medal)

	Difference	3 rd place Time	Name	Nat	Venue	Year
Max	1.18	46.00	Robert Mackowiak	RUS	Valencia	1998
Min	0.0h	49.0h	Vasiliy Anisimov	URS	Dortmund	1966
	0.00	47.29	Didier Dubois	FRA	Göteborg	1984

Best Marks for Places in the European Indoor Championships

Pos	Time	Name	Nat	Venue	Year
1	45.05	Karsten Warholm	NOR	Glasgow	2019
	45.33	Pavel Maslak	CZE	Praha	2015
	45.39	Marek Plawgo	POL	Wien	2002
2	45.59	Jimisola Laursen	SWE	Wien	2002
3	46.00	Robert Mackowiak	POL	Valencia	1998
4	46.15	Luka Janezic	SLO	Glasgow	2019
	46.17	Johan Wissman	SWE	Birmingham	2007

Best Marks for Places - all competitions

Pos	Time	Name	Nat	Venue	DMY
1	44.52	Michael Norman	USA	College Station-NCAA	10 Mar 2018
2	45.03	Kahmari Montgomery	USA	Birmingham – NCAA	9 Mar 2019
3	45.16	Wil London	USA	Birmingham – NCAA	9 Mar 2019

Fastest time in each round at European Indoor Championships

Round	Time	Name	Nat	Position	Venue	Year
Final	45.05	Karsten Warholm	NOR	1 st	Glasgow	2019
	45.33	Pavel Maslak	CZE	1 st	Praha	2015
	45.39	Marek Plawgo	POL	1 st	Wien	2002
Semi-final	45.49	Marek Plawgo	POL	1sf2	Wien	2002
First round	46.08	Bastian Swillims	GER	1h4	Birmingham	2007

Multiple Gold Medalists:

Pavel Maslak (CZE)	2013, 2015, 2017
David Gillick (IRL):	2005, 2007
Du'aine Ladejo (GBR):	1994, 1996
Todd Bennett (GBR):	1985, 1987
Alfons Brydenbach (BEL):	1974, 1977
Andrzej Badenski (POL):	1968, 1971

Multiple Medalists:

Oscar Husillos (ESP):	2019 Silver, 2021 Gold
Liemarvin Bonevaia (NED):	2017 Bronze, 2021 Bronze
Rafel Omelko (POL)	2015 Bronze, 2017 Silver
Pavel Maslak (CZE):	2013 Gold, 2015 Gold, 2017 Gold
David Gillick (IRL):	2005 Gold, 2007 Gold

Du'aine Ladejo (GBR):	1994 Gold, 1996 Gold
Cayetano Cornet (ESP):	1989 Gold; 1990 Bronze
Jens Carlowitz (GDR):	1988 Gold; 1990 Silver
Brian Whittle (GBR):	1988 Silver; 1989 Silver
Todd Bennett (GBR):	1985 Gold, 1987 Gold
Jose Alonso (ESP):	1985 Bronze; 1986 Silver
Karel Kolar (TCH):	1979 Gold; 1980 Silver
Alfons Brydenbach (BEL):	1974 Gold; 1977 Gold;
Hermann Köhler (FRG):	1975 Gold; 1976 Silver
Yuriy Zorin (URS):	1969 Bronze; 1970 Bronze
Aleksandr Bratchikov (URS):	1968 Silver; 1970 Gold; 1971 Bronze;
Jan Balachowski (POL):	1968 Bronze; 1969 Gold
Andrzej Badenski (POL):	1968 Gold; 1970 Silver; 1971 Gold
Hartmut Koch (GDR):	1966 Gold; 1967 Silver

Medals by Countries

Nation	Gold	Silver	Bronze
URS	5	2	8
FRG	4	5	2
POL	4	4	6
GBR	4	4	4
GDR	4	4	3
CZE	3		
ESP	2	4	4
YUG	2	1	
BUL	2	1	
BEL	2	1	
IRL	2		
ITA	1	5	2
FRA	1	2	2
RUS	1	1	1
TCH	1	1	
SWE	1	1	
NOR	1		
GER		2	2
NED		1	3
HUN		1	
ROU			3

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
NED	2021		Tony Van Diepen	Liemarvin Bonevacía
GBR	1987	Todd Bennett		Paul Harmsworth
GDR	1986	Thomas Schönlebe		Mathias Schersing
URS	1980	Nikolay Chernyetskiy		Remigijus Valiulis
GDR	1974		Andreas Scheibe	Günter Arnold
FRG	1972	Georg Nückles	Ulrich Reich	
URS	1971		Boris Savchuk	Aleksandr Bratchikov
URS	1970	Aleksandr Bratchikov		Yuriy Zorin
POL	1969	Jan Balachowski	Jan Werner	
POL	1968	Andrzej Badenski		Jan Balachowski

European Indoor champions who also won European Championships

Name	Nat	Year (Euro Indoor)	European Championships
Karsten Warholm	NOR	2019	2018 (at 400mH)
Pavel Maslak	CZE	2013, 2015, 2017	2012
Du'aine Ladejo	GBR	1994, 1996	1994

European Indoor champions who also medaled at World Indoor Championships

Name	Nat	Year	World Indoor Championships	Year
Thomas Schönlebe	GDR	1986	Gold	1985
Todd Bennett	GBR	1985	Silver	1985
Cayetano Cornet	ESP	1989	Bronze	1989, 1991
Johan Wissman	SWE	2009	Silver	2008
Pavel Maslak	CZE	2013, 2015, 2017	Gold	2014, 2016

European Indoor champion who also medaled at European Junior Championships

Name	Nat	Year	European Junior Championships	Year
Karsten Warholm	NOR	2019	Silver	2015
Jan Balachowski	POL	1969	Bronze	1966
Aleksandr Bratchikov	URS	1970	Gold	1966
Alfons Brydenbach	BEL	1974, 1977	Gold	1973
Andreas Knebel	GDR	1981	Silver	1979
Todd Bennett	GBR	1985, 1987	Gold	1981
Thomas Schönlebe	GDR	1986	Gold	1983
Jens Carlowitz	GDR	1988	Silver	1981, 1983
Johan Wissman	SWE	2009	Silver	2001
Leslie Djhone	FRA	2011	Gold in LJ	1999

European Indoor champion who also medaled at World Junior Championships

None

Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
FRG	Georg Nückles	Christel Frese	Grenoble	1972
GDR	Thomas Schönlebe	Sabine Busch	Madrid	1986
GDR	Jens Carlowitz	Petra Müller	Budapest	1988

Last twelve European Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Oscar Husillos	ESP	46.22	Tony Van Diepen	NED	46.25	Liemarvin Bonevaia	NED	46.30
2019	Karsten Warholm	NOR	45.05	Oscar Husillos	ESP	45.66	Tony Van Diepen	NED	46.13
2017	Pavel Maslak	CZE	45.77	Rafal Omelko	POL	46.08	Liemarvin Bonevacia	NED	46.26
2015	Pavel Maslak	CZE	45.33	Dylan Borlee	BEL	46.25	Rafal Omelko	POL	46.26
2013	Pavel Maslak	CZE	45.66	Nigel Levine	GBR	46.21	Pavel Trenikhin	RUS	46.70
2011	Lelie Djhone	FRA	45.54	Thomas Schneider	GER	46.42	Richard Buck	GBR	46.62
2009	Johan Wissman	SWE	45.89	Claudio Licciardello	ITA	46.32	Ioan Vieru	ROU	46.54
2007	David Gillick	IRL	45.52	Bastian Swillims	GER	45.62	Robert Tobin	GBR	46.15
2005	David Gillick	IRL	46.30	David Canal	ESP	46.64	Sebastian Gatzka	GER	46.88
2002	Marek Plawgo	POL	45.39	Jamisola Lauren	SWE	45.59	Ioan Vieru	ROU	46.17
2000	Ilya Dzhivondov	BUL	46.63	David Canal	ESP	46.85	Marc Raquil	FRA	47.28
1998	Ruslan Mashchenko	RUS	45.90	Ashraf Saber	ITA	45.99	Robert Machowiak	POL	46.00

Last twelve European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Matthew Hudson-Smith	GBR	44.53	Ricky Petrucciani	SUI	45.03	Alex Haydock-Wilson	GBR	45.17
2018	Matthew Hudson-Smith	GBR	44.78	Kevin Borlee	BEL	45.13	Jonathan Borlee	BEL	45.19
2016	Martyn Rooney	GBR	45.29	Pavel Maslak	CZE	45.36	Liemarvin Bonevacia	NED	45.41
2014	Martyn Rooney	GBR	44.71	Matthew Hudson-Smith	GBR	44.75	Donald Sanford	ISR	45.27
2012	Pavel Maslak	CZE	45.24	Marcell Deak Nagy	HUN	45.52	Yannick Fonsat	FRA	45.82
2010	Kevin Borlee	BEL	45.08	Michael Bingham	GBR	45.23	Martyn Rooney	GBR	45.23
2006	Marc Rauil	RUS	45.09	Vladislav Frolov	RUS	45.09	Leslie Djhone	FRA	45.40

2002	Ingo Schultz	GER	45.14	David Canal	ESP	45.24	Daniel Caines	GBR	45.28
1998	Iwan Thomas	GBR	44.52	Robert Mackowiak	POL	45.04	Mark Richardson	GBR	45.14
1994	Duaine Ladejo	GBR	45.09	Roger Black	GBR	45.20	Mathias Rusterholz	SUI	45.96
1990	Roger Black	GBR	45.08	Thomas Schonlebe	GDR	45.13	Jens Carlowitz	GDR	45.27
1986	Roger Black	GBR	44.59	Thomas Schonlebe	GDR	44.63	Mathias Schersing	GDR	44.85

Last thirteen European Junior (U20) Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Edward Faulds	GBR	45.72	Lorenzo Benati	ITA	46.27	Havard Bentsdal	NOR	46.70
2019	Edoardo Scotti	ITA	45.85	Bernat Erta	ESP	46.24	Ricky Petrucciani	SUI	46.34
2017	Vladimir Aceti	ITA	45.92	Tymoteusz Zimny	POL	46.04	Jonathan Sacoor	BEL	46.23
2015	Benjamin Lobo Vedel	DEN	46.48	Karsten Warholm	NOR	46.50	Batuhan Altintas	TUR	46.95
2013	Pavel Ivashko	RUS	45.81	Patryk Debek	POL	46.15	Thomas Jordier	FRA	46.21
2011	Marcell Deak-Nagy	HUN	45.42	Nikita Uglov	RUS	46.01	Michele Tricca	ITA	46.09
2009	Chris Clarke	GBR	45.59	Andrezej Jaros	POL	46.75	Louis Persent	GBR	46.82
2007	Yannick Fonsat	FRA	46.34	Marcin Klaczanski	POL	46.46	Eric Kruger	GER	46.49
2005	Zeljko Vincek	CRO	46.14	Martyn Rooney	GBR	46.56	Dimitrios Regas	GRE	46.79
2003	Dimitrios Gravalos	GRE	46.54	Kamghe Gaba	GER	46.63	Piotr Kedzia	POL	46.69
2001	Tim Benjamin	GBR	46.43	Johan Wissman	SWE	46.81	Bastian Swillims	GER	46.88
1999	Ruwen Faller	GER	46.38	Filip Walotka	POL	46.42	Georgios Doupis	GRE	47.03
1997	David Canal	ESP	46.04	Periklis Iakovakis	GRE	46.68	David Naismith	GBR	47.11

European U-23 Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Ricky Petrucciani	SUI	45.02	Jonathan Sacoor	BEL	45.17	Edoardo Scotti	ITA	45.68
2019	Fabrisio Saidy	FRA	45.79	Cameron Chalmer	GBR	45.92	Brayan Lopez	ITA	46.16
2017	Luka Janezic	SLO	45.33	Karsten Warholm	NOR	45.75	Benjamin Lobo Vedel	DEN	46.08
2015	Thomas Jordier	FRA	45.50	Pavel Ivashko	RUS	45.73	Luka Janezic	SLO	45.73
2013	Lev Mosin	RUS	45.51	Vitaliy Butrym	UKR	45.88	Nikita Uglov	RUS	46.04
2011	Nigel Levine	GBR	46.10	Brian Gregan	IRL	46.12	Luke Lennon-Ford	GBR	46.22
2009	Yannick Fonsat	FRA	45.68	Nigel Levine	GBR	45.78	Jan Ciepiela	POL	45.78
2007	Dennis Alekseyev	RUS	45.69	Zeljko Vincek	CRO	45.69	Kacper Kozlowski	POL	45.86
2005	Robert Tobin	GBR	46.81	Kamghe Gaba	GER	47.07	Daniel Dabrowski	POL	47.44
2003	Leslie Djhone	FRA	45.04	Tim Benjamin	GBR	45.86	Rafal Wieruszewski	POL	45.87
2001	Yuriy Borzakovskiy	RUS	46.06	Marc-Alexander Scheer	GER	46.43	Rafal Wieruszewski	POL	46.57
1999	Piotr Haczek	POL	45.78	Zsolt Szeglet	HUN	46.09	Marc Raquil	FRA	46.18
1997	Mark Hylton	GBR	45.71	Piotr Haczek	POL	45.72	Kjell Provost	BEL	45.99

Last eleven World Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Jereem Richards	TTO	45.00	Trevor Bassitt	USA	45.05	Carl Bengtstrom	SWE	45.33
2018	Pavel Maslak	CZE	45.47	Michael Cherry	USA	45.84	Deon Lendore	TTO	46.37
2016	Pavel Maslak	CZE	45.44	Abdellah Haroun	QAT	45.59	Deon Lendore	TTO	46.17
2014	Pavel Maslak	CZE	45.24	Chris Brown	BAH	45.58	Kyle Clemons	USA	45.74
2012	Nery Brenes	CRC	45.11	Demetrius Pinder	BAH	45.34	Chris Brown	BAH	45.90
2010	Chris Brown	BAH	45.96	William Collazo	CUB	46.31	Jamaal Torrance	USA	46.43
2008	Tyler Christopher	CAN	45.67	Johan Wissman	SWE	46.04	Chris Brown	BAH	46.26
2006	Alleyne Francique	GRN	45.54	California Molete	BOT	45.75	Chris Brown	BAH	45.78
2004	Alleyne Francique	GRN	45.88	Davian Clarke	JAM	45.92	Gary Kikaya	COD	46.30
2003	Tyree Washington	USA	45.34	Daniel Caines	GBR	45.43	Jamie Baulch Paul McKee	GBR IRL	45.99 45.99
2001	Daniel Caines	GBR	46.40	Milton Campbell	USA	46.45	Danny McFarlane	JAM	46.74

Various Performance Lists (only indoor performances are listed)

Fastest Performances by Europeans

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.05	Thomas Schönlebe	GDR	1	Sindelfingen	5 Feb 1988
1	1	45.05	Karsten Warholm	NOR	1	Glasgow-EIC	2 Mar 2019
3	3	45.24	Pavel Maslak	CZE	1	Sopot – WIC	8 Mar 2014
4		45.27	Pavel Maslak		1	Praha	22 Feb 2015
5		45.31	Karsten Warholm		1	Ulsteinvik	2 Feb 2023
6		45.32	Thomas Schonlebe		1	Pireas	20 Feb 1988
7		45.33	Pavel Maslak		1	Praha	7 Mar 2015
7	4	45.33	Carl Benstrom	SWE	3	Beograd	19 Mar 2022
9	5	45.39	Jamie Baulch	GBR	1	Birmingham	9 Feb 1997
9	5	45.39	Marek Plawgo	POL	1	EIC – Wien	3 Mar 2002

Fastest Performances in Europe

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.00	Jerem Richards	TTO	1	Beograd	19 Mar 2022
2	2	45.02	Danny Everett	USA	1	Stuttgart	2 Feb 1992
3	3	45.05	Thomas Schönlebe	GDR	1	Sindelfingen	5 Feb 1988
3		45.05	Danny Everett	USA	1	Stuttgart	4 Feb 1990
5	4	45.05	Karsten Warholm	NOR	1	Glasgow-EIC	2 Mar 2019

Fastest Performances in Europe by Europeans

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.05	Thomas Schönlebe	GDR	1	Sindelfingen	5 Feb 1988
1	1	45.05	Karsten Warholm	NOR	1	Glasgow-EIC	2 Mar 2019
3	3	45.24	Pavel Maslak	CZE	1	Sopot – WIC	8 Mar 2014
4		45.27	Pavel Maslak		1	Praha	22 Feb 2015
5		45.31	Karsten Warholm		1	Ulsteinvik	2 Feb 2023
6		45.32	Thomas Schonlebe		1	Pireas	20 Feb 1988
7		45.33	Pavel Maslak		1	Praha	7 Mar 2015
7	4	45.33	Carl Benstrom	SWE	3	Beograd	19 Mar 2022
9	5	45.39	Jamie Baulch	GBR	1	Birmingham	9 Feb 1997
9	5	45.39	Marek Plawgo	POL	1	EIC – Wien	3 Mar 2002

Fastest Performances in March

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1	1	44.52	Michael Norman	USA	1r2	College Station	10 Mar 2018
2	2	44.57	Kerron Clement	USA	1	Fayetteville	12 Mar 2005
3	3	44.62	Randolf Ross	USA	1	Birmingham	12 Mar 2022
4	4	44.63	Michael Johnson	USA	1	Atlanta	4 Mar 1995
5		44.66	Michael Johnson		1	Atlanta	2 Mar 1996
6	5	44.71	Noah Williams	USA	1	Fayetteville	13 Mar 2021
7	6	44.82	Tyrell Richard	USA	1	Birmingham-NCAA	9 Mar 2019
8	7	44.85	Fred Kerley	USA	1r2	College Station	11 Mar 2017

Fastest Performances in March by Europeans

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.05	Karsten Warholm	NOR	1	Glasgow	2 Mar 2019
1	1	45.05	Trevor Bassitt	USA	2	Beograd	19 Mar 2022
3	3	45.24	Pavel Maslak	CZE	1	Sopot – WIC	8 Mar 2014
4		45.33	Pavel Maslak		1	Praha	7 Mar 2015
4	4	45.33	Carl Bengstrom	SWE	3	Beograd	19 Mar 2022
6	5	45.39	Marek Plawgo	POL	1	EIC - Wien	3 Mar 2002
7	6	45.43	Daniel Caines	GBR	2	Birmingham	16 Mar 2003

Combined 2022 & 2023 European Indoor List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.31	Karsten Warholm	NOR	1	Ulsteinvik	2 Feb 2023
2	2	45.33	Carl Bengstrom	SWE	3	Beograd	19 Mar 2022
3	3	45.48	Liemarvin Bonevacía	NED	1	Apeldoorn	27 Feb 2022
4		45.51	Karsten Warholm		1	Lievin	15 Feb 2023
5	4	45.58	Oscar Husillos	ESP	1	Madrid	19 Feb 2023
6	5	45.67	Benjamin Lobo Vedel	DEN	4	Beograd	19 Mar 2022
7	6	45.72	Isayah Boers	NED	1	Apeldoorn	19 Feb 2023
8	7	45.78	Tomas Kersulis	LTU	1	Boston	11 Feb 2023
9		45.83	Liemarvin Bonevacía		2	Apeldoorn	19 Feb 2023
10		45.84	Oscar Husillos		1	Madrid	22 Feb 2023
11	8	45.88	Julien Watrin	BEL	1h1	Beograd	18 Mar 2022
12		45.91	Carl Bengstrom		1	Vaxjo	22 Jan 2022