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Cross Country Season Races Toward November Finish

by Joe Henderson

With the cross country season racing toward a November-end finish, invitationals and conference championships replaced duals as the dominant form of activity the last few weeks. The major winners Keith Colburn and his Harvard teammates in the Heptagonals, Howell Michael (Wm & Mary) and Florida's team in the NCAA southern regional, Charles Shrader and his Maryland mates in the Atlantic Coast championships, Sid Sink and Bowling Green State with a Mid-American upset, Jerome Howe (Kans St) and Kansas in the Big Eight, El Paso in the Western Athletic Conference with Kerry Pearce and John Bednarski tying for first, and Steve Prefontaine and Oregon in highly significant Northern Division wins. Several meets rate separate stories in this issue. Details on others come here in area-by-area form.

Northeast: Harvard half-miler Keith Colburn, sporting a red mustache and beard and full health after recovering from a September spell of mononucleosis and anemia, plowed through the Van Cortlandt Park rain and mud to win the Heptagonal championship. His 24:52 was the fastest this year on the classic 5.0-mile route in the Bronx, and it brought him home just ahead of teammate Dave Pottetti (24:53)--well ahead of favored and once-beaten soph Julio Piazza of Penn (25:03). It was a Harvard-Penn team race, too, though not a very close one. Three more Harvard runners (Mike Koerner, 4th in 25:08, Royce Shaw, 6th, and John Heyburn, 8th) gave the team 21 points to Penn's 66. Princeton was third at 70. "I guess I don't have 'tired blood' anymore," Colburn commented (from Bob Hersh).

A few days earlier on the same course, Manhattan's Ed Walsh repeated what his father had done 23 years ago. He won the Metropolitan intercollegiate title. Ed III ran 25:17.4, beating St. John's all-American Don Rowe by 4.6 seconds. Byron Dyce (NYU) had the fastest time going into the race but ran into trouble in the hot, muggy weather and collapsed after finishing eighth. Still, his team won with 45 points to St. John's 50. Western Michigan came east to try out the NCAA 6.0-mile course against St. John's. Western's Mike Hazilla beat Rowe, 30:14.2 to 30:16.6.

Last year's NCAA third placer, Art Dulong of Holy Cross, came through with an easy win in the New England Intercollegiate race at Boston. Art navigated the muddy 5.0-miles in 24:15. Three Connecticut runners streamed across behind a half-minute later: John Vitale 24:41, Craig McCall 24:45 and Rick Spurling 24:48, leading a 46-point team victory.

A series of injuries bothered Villanova, but the NCAA defending champs kept winning. Donal Walsh set a course record (25:23.4) as the team swept St. Joseph's, and he tied with Chris Mason in a win over Penn as Penn's Julio Piazza lost his first race this year. Villanova frosh Phil Banning ripped off a 13:56.6 3.0-mile race. (from Dave Sheridan)

South: The biggest, most talent-filled gathering of southerners came in

the NCAA regional at Lexington, Ky. Five runners got in under 30-minutes for the 6.0-miles. William & Mary's Howell Michael made it under 29--with eight seconds to spare. He had a comfortable margin over Ken Silvious (29:06) of Eastern Kentucky, who also had plenty of open ground between him and third-placing Ken Misner (29:23) of Florida State. Bob Gray (Ark St), 29:53, and John Parker (Fla), 29:55, completed the sub-30:00 group. Mark Bir's sixth and Jack Nason's seventh points also helped Florida to the team title with 56. William & Mary scored 91, and Tennessee (without two of its leaders, ill Ken Rowlett and Owen Self) 102. (Improving Tennessee, incidentally, didn't lose to Cincinnati, 28-31, as mentioned last month but won by that score.)

Michael won his eighth and ninth races of the unbeaten season in the Virginia Intercollegiate and the Southern Conference. His time on the 5-mile 60-yard conference course was 25:36.6. Second-placing Doug Nelson of Furman ran 25:53. William & Mary's aptly named Randy Fields and Ted Wood finished third and fourth as their team totaled 21 points, winning easily. (Randy Hawthorne)

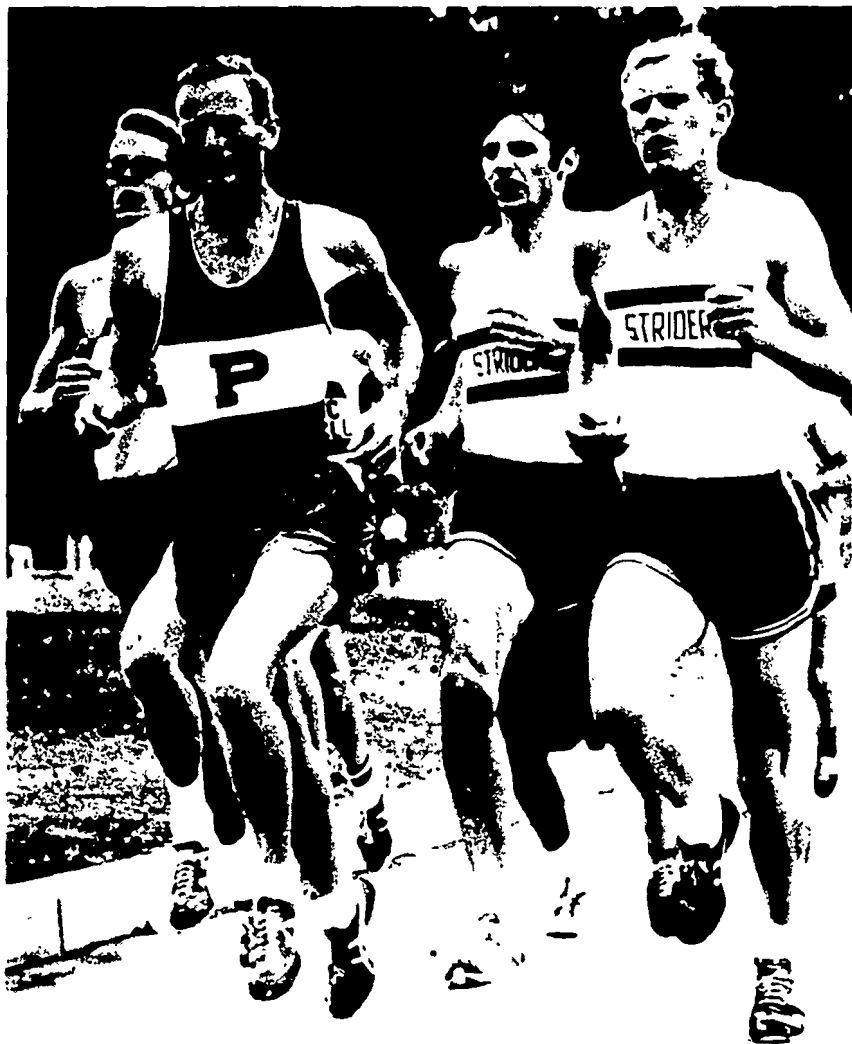
Charles Shrader of Maryland, 12th finisher in last year's NCAA, opened a 27-second gap on his nearest rival in the Atlantic Coast Conference title race, doing 26:38 for about five-miles. Maryland, which had Russ Taintor finishing fourth in 27:18, won the team title with 49 points from Duke, 65, and North Carolina, 80. Other individual leaders: 2. Gareth Hayes (N Car St) 27:04, 3. Larry Widgeon (N Car) 27:12, 5. Dave Peddie (S Car) 27:26.

In the deep south, Tom Hopkins and his Southwestern Louisiana teammates won the Gulf States Conference race. Hopkins went 4.0-miles in 19:11, leaving Art Botterill--also of Southwestern--22 seconds back. The team compiled just 25 points. (from Paul Adams)

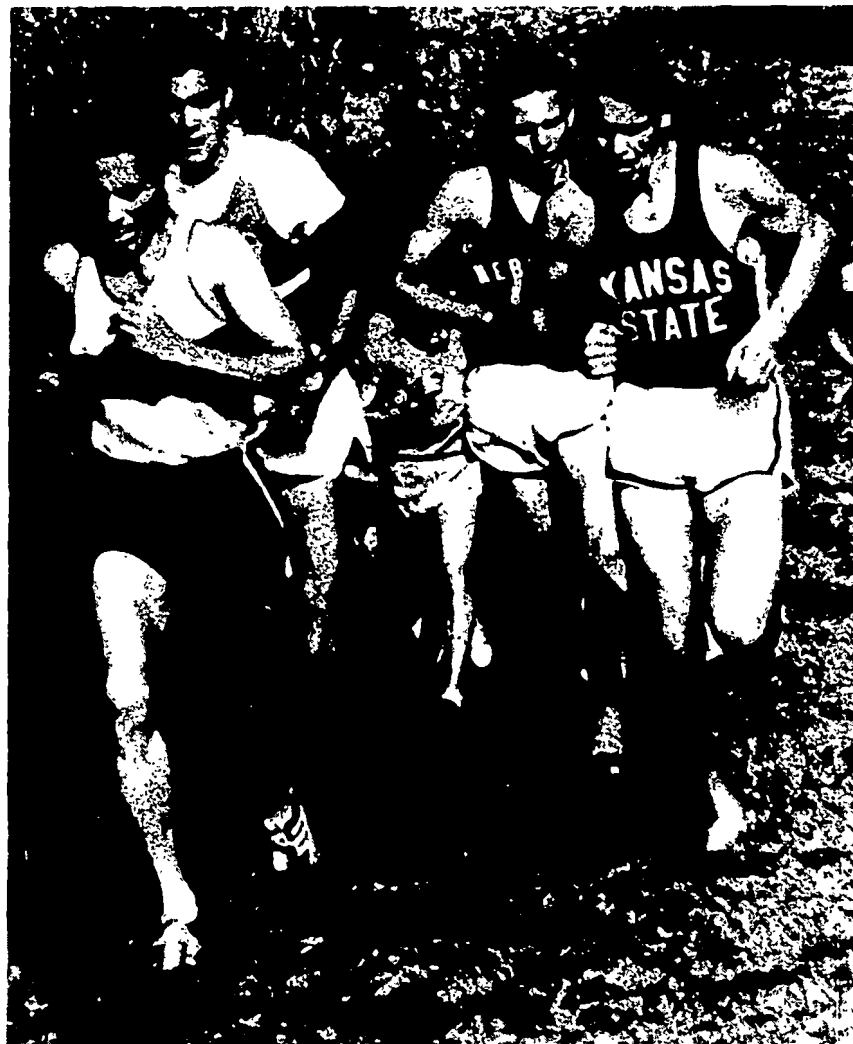
Midwest: Steeplechaser Sid Sink had a multi-satisfying day in the Mid-American Conference race. He won the individual championship, going 6.0-miles in 30:22. He provided Bowling Green State with the vital edge it needed to clip favored Western Michigan by a point, 44-45, for team honors. And it all happened on his home course. Sink broke away from sub-29:00 track six-miler Bob Bertelsen of Ohio U for a 12-second victory. Then came Western's first two, Jerry Liebenberg, 30:41, and Gary Harris, 30:43, with Sink's teammate Dave Wottle fifth in 30:51. Mike Hazilla, potentially Western Michigan's best man, slipped to ninth on the wet, heavy course. Miami's team was third with 55 points, Ohio U fourth with 68.

There were two Michigan meets of note. Tom Hoffman, now graduated from Whitewater State, outran Canadian Olympian Dave Ellis of Eastern Michigan in the state Federation race, 24:34.2 to 24:47.2 over 5.0-miles at Ann Arbor. Hazilla grabbed third at 24:55 as Western Michigan jammed five finishers in the top nine. Wisconsin's Glenn Herold and Fred Lands went four-five. Dave Campbell of Eastern won the Michigan State Invitational, 5.0-miles taking

(Continued on page 4)



Cross country seems to make for togetherness among distance runners as these two photos show. Here, Jim Backus, Jr., son of the actor, leads in the Southern Pacific AAU championship 10,000 race, from (l-r) Doug Wiebe, Mike Manley and Tracy Smith. Winner Jerry Jobski is obscured behind Backus. (Photo by Dick O'Connor)



This group stuck together for all but 150-yards of the Big-8 Championship four-mile contest before Kansas State's Jerome Howe (r) sprinted past Iowa State's Dennis McGuire (l) for a 19:29.6 victory. Colorado's Rick Trujillo (second from left) ran fifth and Nebraska's Pete Brang (second from right) third. (Photo by Bob Anderson)

him 25:05. Michigan State's 21 points took the team title, and without its leader Kim Hartman. While returning from practice two days earlier, Hartman was hit by a car. He received mild head and serious knee injuries (from Don Kopriva)

Southern Illinois has as talented a pair of runners as any school in the country, Alan Robinson and Oscar Moore. But the two couldn't beat Illinois' Rick Gross in the Illinois Intercollegiate championship. Gross went 24:24 for 5.0-miles, to Robinson's 24:26 and Moore's 24:35. Earlier, against Kansas, Robinson had gone 6.0-miles in 28:46.6, barely beating Doug Smith (28:48). Moore, in his last season of eligibility after two years of almost constant injuries, ran 29:00 for fourth.

Drake runners Lynn Lee and Gordon Hoffert placed one-two in the Missouri Valley Conference race, but deeper Cincinnati was a 34-50 team winner.

A year ago, a freshman wouldn't have had a chance in the Big 10 championships. A year ago, they weren't allowed to run. Minnesota's Garry Bjorklund opened the new era of freshman freedom by trouncing his elders on the snow-covered course at Indiana. Bjorklund and two teammates, Donn Timm and Tom Page, shook free of the pack in the last mile of the 5.0 circuit for a three-man sweep. Young Garry got a record of 25:52 over terrain termed "mountainous" by coaches. Timm and Page both ran 25:58 in second and third. The field behind them was spaced out, Ken Howse (26:11) of Illinois and Fred Lands (26:24) of Wisconsin taking the next two places. Defending champion Doug Scorrar of Ohio State slipped to 44th this time. Minnesota's other scorers were eighth and 26th for a 40-point total. Illinois compiled 73, Wisconsin 78 and Michigan State 106. Three inches of snow fell the day before the race. A blower got some of it off, but the remaining bit plus 27° temperatures made running less than pleasant (from Sam Bell).

Plains and Mountains: Kansas' runners were a bit disappointed with their individual performances in the Big Eight. None of them placed higher than ninth. But then, none of the scorers placed lower than 13th, and coach Bob Timmons couldn't have been more pleased with that, as the five finished within 11 seconds of each other. Junior Jay Mason, the first Kansan, is the oldest. Behind him came two freshmen (Jon Callen, Dave Anderson) and two sophomores (Doug Smith, Rich Elliott). Upfront, Kansas State soph. Jerome Howe sprinted past Dennis McGuire of Iowa State in the last 150 yards of the 4.0-mile race to win, 19:29.6 to 19:32. Howe's mark was a record for his home course. McGuire, the leader most of the way, held off Nebraska's Pete Brang, who ran 19:33. Following were Oklahoma State's South African, Peter Kaal (19:45) and Rick Trujillo (19:46) of Colorado. Team Tallies: Kansas 55, Nebraska 72, Missouri 79, Kansas State 82 (from Bill Ahrens and Al Messerschmidt).

A back injury had kept Kerry Pearce from competing since mid-September. But he returned for the WAC meet and joined John Bednarski in leading El Paso to a near-sweep team win. Pearce and British freshman Bednarski tied for first on the 4.0-mile course at Salt Lake City with 20:20.4. Ken Breen followed along in third, well clear of the rest of the pack at 20:27. Bob Walczak was fifth (20:45) and Bob Doyle seventh (21:00) for the winners--compensating for the near-collapse of consistent leader Dan McKillip. McKillip was rushed to a hospital after struggling in 14th. Only BYU's Sam Francis (4th, 20:43) and David Hindley (6th, 20:45) cracked the El Paso monopoly. The teams lined up this way: El Paso 18, Brigham Young 60, Arizona State 96. (from Craig Hislop). Earlier, Francis and Hindley had tied for first in the Idaho State Invitational, which BYU won handily.

Other conference winners were Larbi Oukada (24:36 for 5.0-miles) in the Rocky Mountain race which his Fort Hays State team dominated, and Wade Jacobson (20:46 for 4.0-miles) in the Big Sky meet which had Montana runners in the top three spots as a prelude to the team victory.

Air Force's Mike Ryan went through some unusual experiences but kept winning. Against Colorado State, he won the four-mile race by 25 seconds with 20:53.8 then carried on for an extra two miles. Final time: 31:24.2. The next week, 1-2½ feet of snow blanketed the Air Force course. Mike won by 16½ seconds with 19:15.6. For 3.0-miles, that is.

Pacific Coast: For a team giving little emphasis to cross country and running its first meet of the year, Oregon made quite a showing in the Northern Division (of the Pac-8) race. And for his first-ever six-mile, Steve Prefontaine did the same. Oregon's runners, the only ones to wear spikes on the slippery, leaf-covered course at Oregon State which also involved some hard-surfaced areas, got five of the first six places and a surprisingly easy victory over highly-regarded Washington State, 19-44. Freshman Prefontaine went ahead early on



Holy Cross' rain-soaked Art Dulong slogged through a muddy five-mile course in 24:15 to take the New England Collegiate championship race. (Photo by Jeff Johnson)



Manhattan's Ed Walsh followed his father's footsteps, 23 years later, by winning the 1969 Met Intercollegiate five-mile title in 25:17.4. (Photo by Walt Westerholm)

the grass, watched Gerry Lindgren burn by and build a 60-yard lead on the second and third miles of asphalt, then gained it all back--plus 150 yards--as they got back on grass and Lindgren found the going too treacherous. Gerry didn't fall, but said he had to nearly stop three or four times to keep from it. Prefontaine ran 29:13.8, Lindgren 29:41. Then came Oregon's pack: 3. Steve Savage 29:59, 4. Mike McLendon 29:59, 5. Norm Trerise 30:02, 6. Tom Morrow 30:06. Rick Riley of Washington State was seventh in 30:18. (from Bob Payne).

In Oregon open races, Roscoe Divine won the independent division of the previously mentioned meet at Corvallis. He ran 4.0-miles in 20:30.4. Finn Seppo Matela took the Portland State Invitational 4.0-miler in 20:22, winning by 18 seconds. (from Don Jacobs).

The Southern Pacific AAU championship brought together an impressive group of club runners, plus a few collegians. As it turned out, it was a road race rather than cross country due to a rainstorm that made the regular course at Pierce JC unrunnable. Jerry Jobski barely held off Tracy Smith for first, 30:40 to 30:42 for 10,000-meters. Defending national champion John Mason lost his first cross country race (if this can be called one) in two years, finishing only eighth and one place ahead of John Lawson. Between them and the leaders came Doug Wiebe (30:57), Jim Backus (31:04), Mike Manley (31:14), Phil Ryan (31:23) and Otis Martin (31:31). Pacific Coast underscored the Striders, 26-30 (from Tom Jennings).

In a high-class dual, UCLA edged Stanford, 27-28, with UCLA's Ron Fister winning the 6.0-miler in 29:51.6 and four others breaking 30-minutes.

(Left) The runners in the Big-8 race appear to be hoofing it through the African savanna but it really is the starkly beautiful countryside around Manhattan, Kansas. (Photo by Al Messerschmidt). (Right) The "old college try" for one more place by a runner in the New England Collegiates netted him a face full of mud instead. (Photo by Jeff Johnson)



News Round-up

US Highlights

NCAA College: Stonitsch Covers 5.0 in 24:53

Wheaton, Ill., Nov. 15 (from Russ Enlow)--New York area cross country is rigorous exercise, involving rugged courses, rugged competition and often rugged weather conditions. Ron Stonitsch, of CW Post on Long Island, grew up in this environment, so he found conditions to his liking when he arrived in the midwest for the NCAA college division championships. He and 300-plus other runners from the nation's smaller schools found a hilly, 5.0-mile course around Wheaton College's golf course snow-flecked, and more wind-blown snow was falling during the race.

Stonitsch, who ran eighth here a year ago, won the cold race with little sweat this time. At the end, he was 13 seconds up on second-placing John Cragg of St. John's of Minnesota. Ron's time of 24:53 put him a second below the course and meet record set last year by British Olympian Maurice Benn of Nevada. (Benn and his team later were disqualified for non-running infractions.)

Behind Stonitsch and Cragg came Arjan Gelling of North Dakota, who won in 1967 as a sophomore. Then came the first of a hot group of Eastern Illinois runners who took the team title with 84 points, far in front of Eastern Michigan's 146. Martin McIntire was fourth, Phil Stirrett sixth, Larry Mayce 11th and Jim Skinner 13th for the winners. Next Eastern Illinois placer, Ken Kupp, finished 60th.

The first 15 individuals qualified for the university division race.

Other leaders: 3. Gelling 25:14, 4. McIntire 25:17, 5. Jerry Dirkes (St. Cloud St.) 25:25, 6. Stirrett 25:32, 7. Alan Taylor (Ill. St.) 25:36, 8. Bill Scobey (Humboldt St.) 25:38, 9. Don Yehle (Alma) 25:42, 10. Mike Dailey (Chico St.) 25:45, 11. Mayse 25:45, 12. Wayne Seiler (En Mich.) 25:47, 13. Skinner 25:49, 14. Bob Darling (Chico St.) 25:50, 15. Dave Galloway (En Mich.) 25:51.

Other teams: 3. Chico State 167, 4. Illinois State 228, 5. Humboldt State 240, 6. North Dakota 244, 7. UC Davis 263, 8. Union 292.

Pacific 8: Lindgren, Prefontaine in Near Tie

Stanford, Calif., Nov. 15 (by Jon Hendershott)--Gerry Lindgren and Steve Prefontaine traded stride-for-stride throughout the 5.9-mile of the first Pacific-8 cross-country championship, but at the finish line it was the indefatigable Lindgren who prevailed over the sensational Prefontaine.

Both runners clocked 28:32.4 over the hilly, but fast, route on the Stanford golf course, leading 26 runners under 30 minutes and 19 under the old course best of 29:46.4 by Stanford's Brook Thomas. Oregon jammed four men into the top ten for 46 points and the team title, besting Washington State's 63.

Prefontaine sprinted off the starting line as though he had a fifth of the distance to run and Lindgren went right after him. The two diminutive distance giants immediately opened a wide gap on the remainder of a quality field and by the mile post, passed in approximately 4:23, had about 80 yards on the second group.

The two see-sawed back and forth in the lead, building up 200 yards on the field. Steve Savage of Oregon, Rick Riley of Washington State and Greg Brock of host Stanford led the second bunch. As Gerry and "Pre" closed in on the finish, they were running as one. Down the finish chute, they bumped and crossed the line virtually in a dead-heat. Neither man, however, said he was trying to tie, as it appeared to many observers.

"I was going all out," Prefontaine said later. "We didn't plan to tie. I felt I had to go fast from the start because Gerry is fast." Lindgren, beaten

by the Oregon freshman two weeks ago in the Northern Division, commented, "I planned to go after Steve and stay with him at first. I wanted to go by him and leave him several times but I couldn't."

Savage edged Riley for third, 28:58.0 to 29:02.0, while ninth-place Roscoe Divine (29:16) and tenth-place Mike McClendon (29:17) scored the remaining points for coach Bill Dellinger's team winners. Other leaders: 5. Brock 29:08, 6. Mark Hiefield (Wash. St.) 29:10, 7. Fred Ritcherson (Sn. Cal.) 29:11, 8. Jeff Marsee (Sn. Cal.) 29:12, ... 11. Hartzell Alpizar (UCLA) 29:19, 12. Bob Waldon (Cal.) 29:20, 13. Cliff West (Cal.) 29:22, 14. Spencer Lyman (Ore. St.) 29:30, 15. Bob Coe (Stan.) 29:33, 16. Decker Underwood (Stan.) 29:35, 17. Neil Sybert (UCLA) 29:40, 18. Don Kardong (Stan.) 29:41, 19. Ron Fister (UCLA) 29:49.

Other teams: 3. Stanford 86; 4. Southern California 90, 5. UCLA 94, 6. California 127; 7. Oregon State 165; 8. Washington 230.

Central Collegiates: Ryan Outpaces Robinson

Carbondale, Ill., Nov. 15 (from Harvey Greer and Lew Hartzog)--Air Force's defending NCAA cross country champion Mike Ryan pulled out a last-ditch sprint in the final 100 yards of the Central Collegiate championship to edge Alan Robinson of Southern Illinois, 23:58 to 24:00, over a slightly longer than five-mile course.

Ryan, Robinson and Oscar Moore, also of the host school, staged a three-way battle for a good part of the race before Moore dropped back. Ryan and Robinson remained shoulder-to-shoulder thereafter until 100 yards remained. Ryan then edged ahead for his two-second victory. His time bettered Robinson's and Moore's old course best of 24:42.8.

Kansas' 62 points topped Western Michigan (89) and Miami of Ohio (93). Other individuals: 3. Sid Sink (B. Green St.) 24:33, 4. Jay Mason (Kans.) 24:34, 5. Gary Harris (Wn. Mich.) 24:36, 6. Moore 24:38, 7. Dave Reid (Miami/O.) 24:46, 8. Rich Smith (Ohio U.) 24:49, 9. John Collet (DePaul) 24:49, 10. Dave Anderson (Kans.) 24:50. Other teams: 4. Ohio U. 126, 5. Bowling Green 140.

IC4A: Dulong Bags Easy Solo Victory

Bronx, N. Y., Nov. 17 (from Bob Hersh)--Art Dulong raced so effectively in the IC4A cross country championships that he was left toward the end with a single, impersonal, abstract opponent--his own meet and course record. The Holy Cross senior barely lost that one to the stopwatch, but in every other way he enjoyed a highly successful outing in Van Cortlandt Park.

Dulong had won this race, second only to the NCAA in prestige among college distance runs, as a sophomore. His record of 24:04.4 on the well-traveled 5.0-mile trail including some good climbs and drops had held up since Art led early in last year's race then slipped to second. Taking that lesson to heart, he planned a more cautious race this time, indicating he'd hold back until 3½ miles. He felt too good, though, and couldn't wait that long. Leading from two miles on, he really opened up ground on his followers in the last 1½ miles. The trip took Art 24:06.8--2.4 seconds above his record.

A relatively long time later, Donal Walsh of Villanova and Keith Colburn of Harvard finished their good struggle for second. Irishman Walsh wound up three seconds ahead of Colburn, the country's best combination half-miler/cross country man, with 24:29. Pitt's Jerry Richey (24:42) and Villanova's Dave Wright (24:50) also beat 25 minutes--a commendable feat on this rough terrain, even in dry, sunny weather like today's.

Teamwise, the only real question was how easily Villanova would win. It was quite easy--60 points to runner-up Harvard's 138. Besides Walsh and Wright, Chris Mason (6th), Des McCormack (21st) and Marty Liquori (30th) helped produce the fourth straight win. Villanova's Phil Banning won the 3.0-mile frosh race in 14:52.4.

Two days ago, CW Post's Ron Stonitsch gained the NCAA college division title. Here, he repeated as IC4A college winner in 25:03.4.

Other leaders: 6. Mason 25:02, 7. Garth McKay (Geotwn) 25:03, 8. John Vitale (Conn.) 25:05, 9. Greg Fredericks (Penn St.) 25:09, 10. Terry McQuade (St. John's) 25:10. Other teams: 3. Penn State 154, 4. St. John's 163.

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Just before going out and winning the Pac-8 cross country crown, Oregon's runners gather around coach Bill Dellinger for advice--all but Steve Prefontaine, who's having his own thoughts. (Photo by Dick Reese) Those thoughts obviously included Gerry Lindgren and their six-mile race. It couldn't have been closer. Lindgren got the judges' nod, but it was far from a clear decision. (Photo by Gary Lineburg)



Bruch Swedish Discus Talk

by R. L. Quercetani

"If men can visit the moon, why should they find it impossible to get a two-kilo discus off to 80-meters (262-feet-plus)?" This is a typical sample of the reasoning that has made Ricky Bruch of Sweden the most popular athlete in Scandinavian history since Gunder Hagg. Thinking high and talking high comes natural to this heavily muscled young man. Of course, his ability as a thrower also counts for something. At 23, he is one of the world's best shot-discus throwers, his personal bests being 63'7 $\frac{3}{4}$ " with the iron ball and 223'3 $\frac{1}{2}$ " (a European record) with the Grecian platter. And, of course, he aims for much more. He expects to move well past 20-meters (65'7 $\frac{1}{2}$ ") with the shot early next year. After that, he will concentrate on the discus for the better part of the summer. His target for 1970 is 73-meters (239'6"). His coach, Kurt Alexandersson, an ebullient type of man, adds that his protege is not talking through his hat.

To achieve all that, Ricky will soon embark on a very intensive five-month training program (he is due for the draft in mid-December, but hopes to get an extension). According to a longtime observer of Swedish track, "No Swedish athlete has ever trained so intensively and so rationally as Ricky Bruch." "Up to 1965," says Ricky, "I was doing small things. My weight was barely 90 kilos (198-lbs.). Since then, I have added 35 more (77-lbs.) and, believe me, it did not come gratis." His typical training day includes two workouts of about two hours each. In the morning, he generally concentrates on running a 1.5-mile course. In the evening, he works with weights. His target under both accounts is the same—a steady increase of tempo and weight respectively. "On the way to greatness in throwing," he says, "there are no short cuts. Only hard work will pay."

His high talk and strange ways are like manna for Swedish track writers, otherwise so short on copy these days. Some admit that what Ricky says is not always meant seriously, but rather to provoke arguments and create interest about his personality. Like Doc O'Callaghan of hammer memory, Bruch is the type of guy who likes the challenging aspect of competition. Even outside track. Not so long ago he challenged the strongest men in Scandinavia to compete with him in feats of strength. His most serious rival turned out to be a Norwegian weight lifter, his senior in height and weight. Ricky beat the Norseman in a "bras de fer" contest. More recently, he served as sparring partner to Ingemar Johansson, onetime holder of the world's heavyweight boxing title. (As a Swedish scribe put it, "Let silence cover what happened in the space of that 1 $\frac{1}{2}$ -round venture.")

Ricky obviously likes to do things the unconventional way. He recently appeared for a victory ceremony at Stockholm's Olympic Stadium sporting a bowler hat. An official invited him to discard the hat or leave the field. Ricky left the arena, and probably wondered on the strength of what rule he was ousted. We saw the most candid part of Ricky Bruch at Karaiskakis Stadium in Athens when, lying on the field face down, he shed tears of sorrow. That was after he failed to qualify for the finals of the European Championships. Or so he thought. One of his throws, first declared a foul, was later reinstated as valid and he went into the finals, where he showed great consistency in coping with a troublesome tailwind blowing from the Piraeus but still failed to match the opening throw of East Germany's Hartmut Losch.

Is Bruch a good competitor? His eighth place in the Mexico Olympics (194'6"), when his best was 203'4") and his silver medal at Athens (200'4 $\frac{1}{2}$ "), when his best was 212'2 $\frac{1}{2}$ ") leave the question unanswered. However, his tendency to show off has been made responsible for his lack of concentration on some occasions. In a triangular meet with Italy and Rumania at Stockholm in July, he unleashed one foul throw after the other—six times in a row. In commenting on his dismal failure, a famous Swedish journalist indulged in the equation: 6 x = 0. That apparently hurt Ricky, who was soon involved in an exchange of letters with his censor. At one time, his mother entered the controversy to defend her son.

Of course, newsmen sometimes tend to play up Ricky's extravagances, and on at least two occasions he had to belie them. First, he denied being a steady consumer of hormone pills, though he admitted having used them for a short time in the past, without positive effects. Secondly, he said it was not true that he got 1500 Swedish crowns (about \$290) as an "extra" for each of his appearances outside Malmo.

Ricky was all but a "prima donna" when he started in track some seven years ago. Even now, those who know him well claim that he has remained a basically sincere, no matter if somewhat flamboyant and outspoken, person. Bjorn Rickard (Ricky) Bruch was born at Malmo on July 2, 1946. He is 1.99 (6'6 $\frac{3}{4}$ ") tall and currently weighs 125 kilos (276-lbs.). In 1962, he threw a 5.5-kilo shot 47'5 $\frac{3}{4}$ ". The following year, he improved to 50'8 $\frac{1}{4}$ ". Like Armin Hary, Bruch also belongs to that tiny group of European athletes who had a short and inconspicuous venture in the US. That was in 1967 as a student at New Mexico. His progression with the senior implements reads as follows:

Year	Age	Shot	Discus
1964	18	49'8 $\frac{1}{2}$ "	171'9 $\frac{1}{2}$ "
1965	19	55'5 $\frac{3}{4}$ "	176'3 $\frac{1}{2}$ "
1966	20	56'4 $\frac{3}{4}$ "	184'7"
1967	21	59'3"	194'8"
1968	22	63'3 $\frac{3}{4}$ "	203'4"
1969	23	63'7 $\frac{3}{4}$ "	223'3 $\frac{1}{2}$ "

Last year, he threw the discus in no less than 37 meets, showing an average just under 60-meters (196-feet-plus). That was considered a busy year, but in 1969 he further increased his "pensum"—to 57 meets, with an average of nearly 62-meters (203-feet-plus). Most of his throwing was done at Malmo, where the wind is not a rare guest. This was particularly the case when he broke Ludvik Danek's European record with a mighty throw of 68.06 (223'3 $\frac{1}{2}$ "), missing Jay Silvester's world mark by about a foot. His tendency to appear on his favorite Malmo field almost daily in phantom competitions has been criticized by Swedish observers. But such a habit is rather common among rabid record seekers. Danek recently appeared in eight Czech meets within 12 days, in a vain attempt to recapture the European record. In our view, throwers who

indulge in "cold competition" may sometimes find it hard to rally fresh mental energies in "hot meets".

Ricky's rate of competition partly explains why he already ranks third in an all-time list of discus throwers based on the average of each man's 10 best marks: (data as of Nov. 1, 1969)

1. Jay Silvester (US)	214'8 $\frac{1}{2}$ "	6. Rink Babka (US)	206'7"
2. Ludvik Danek (Czech)	213'4"	7. Al Oerter (US)	206'4 $\frac{1}{2}$ "
3. Ricky Bruch (Swe)	212'1 $\frac{1}{2}$ "	8. Jon Cole (US)	204'1"
4. Lothar Milde (EG)	207'4"	9. Hartmut Losch (EG)	203'1 $\frac{1}{2}$ "
5. Gary Carlsen (US)	207'2 $\frac{1}{2}$ "	10. Bill Neville (US)	202'2 $\frac{1}{2}$ "

Bruch is the only man to have compiled all 10 marks in one year. One wonders what will happen if he returns to it with equal tenacity next year. Right now, the figures of his European record (68.06) are displayed in bold type on the balcony of his Malmo home.

Kim Bukhantsev, a former discus thrower and now one of Russia's leading coaches for the throwing events, was recently quoted as saying that the "world's discus champion of tomorrow will have to have the strength of Leonid Zhabotinskiy (the greatest weightlifter of them all) and the speed of Tommie Smith." As monstrous as that conception may sound now, that will surely be the case at some time in the future. Ricky Bruch, with his 1970 target of 73-meters, is confident about his possibilities of showing the way. Surely, men like him sometimes fall short of their goals, but even so he could do enough to really deserve worldwide renown.

Performances over 210-feet (only the athlete's best in each meet listed):

Jay Silvester (US)	224'5" (68)	Bruch	212'2 $\frac{1}{2}$ " (69)
Ricky Bruch (Swe)	223'3 $\frac{1}{2}$ " (69)	Danek	212'2" (69)
Bruch	219'1 $\frac{1}{2}$ " (69)	Danek	212'1" (69)
Silvester	218'4" (68)	Danek	212'0" (69)
Ludvik Danek (Czech)	218'2" (69)	Danek	212'0" (69)
Silvester	217'1" (68)	Danek	211'9" (64)
Danek	216'9" (66)	George Puce (Can)	211'3" (68)
Silvester	215'0" (68)	Silvester	211'2" (69)
Silvester	214'11" (68)	Danek	211'0" (65)
Danek	213'11 $\frac{1}{2}$ " (65)	Danek	210'9" (66)
Silvester	213'11" (68)	Danek	210'7 $\frac{1}{2}$ " (69)
Randy Matson (US)	213'9" (67)	Silvester	210'6" (65)
Bruch	213'0" (69)	Gary Carlsen (US)	210'5" (68)
Silvester	212'9" (68)	Lothar Milde (EG)	210'5" (69)
Al Oerter (US)	212'6 $\frac{1}{2}$ " (68)	Danek	210'4 $\frac{1}{2}$ " (69)
Danek	212'6" (67)	Danek	210'3" (65)
Danek	212'2 $\frac{1}{2}$ " (69)	Danek	210'0" (67)
Bruch	212'2 $\frac{1}{2}$ " (69)		

European Report

by R. L. Quercetani

(Marks received through November 3)

Viktor Saneyev, the Olympic and European triple jump champion, closed a flawless season's record on a high note, with a 56'3 $\frac{3}{4}$ " (17.15-meters) effort at Sukhumi, a seaport on the Black Sea, late in October. This is the best mark ever made in the event at sea level, surpassing Josef Schmidt's 55'10 $\frac{1}{2}$ " of 1960, although inferior to Saneyev's wind-aided 56'10 $\frac{3}{4}$ " at Athens last September. The 24-year-old Soviet holds the world record with a mark of 57'3 $\frac{3}{4}$ ", made at Mexico City in 1968.

No further details are available so far on Anatoliy Bondarchuk's 247'7 $\frac{1}{2}$ " in the hammer, except that the record was made on October 11 (Soviet papers reported it two days later) and came on the first try.

The only other notable item since last month's report is the Ricky Bruch vs. Ludvik Danek "telephone" competition for European supremacy in the discus. Neither was able to improve on his previous best, but a record of their activity in October is worth a detailed report:

	Bruch		Danek
Malmo	219'1 $\frac{1}{2}$ "	Oct. 1	--
Malmo	200'9 $\frac{1}{2}$ "	Oct. 2	--
Eskilstuna	197'3"	Oct. 4	--
Goteborg	203'1"	Oct. 5	202'5"
--	--	Oct. 6	210'7 $\frac{1}{2}$ "
--	--	Oct. 7	212'0"
--	--	Oct. 8	212'0"
Mjolby	207'7 $\frac{1}{2}$ "	Oct. 12	--
Jonkoping	208'1"	Oct. 12	--
--	--	Oct. 13	207'6 $\frac{1}{2}$ "
--	--	Oct. 14	203'2 $\frac{1}{2}$ "
--	--	Oct. 15	203'7"
Karlstad	207'7 $\frac{1}{2}$ "	Oct. 16	207'8"
Stockholm	205'5 $\frac{1}{2}$ "	Oct. 18	--
Mariestad	202'3 $\frac{1}{2}$ "	Oct. 19	--
Arlov	212'2 $\frac{1}{2}$ "	Oct. 23	--

A competition scheduled for Oct. 3 in Malmo was cancelled owing to lack of "good wind"! To make up for that, Bruch appeared in two different places on Oct. 12. When Danek threw 207'8" on Oct. 16 in Sokolov, that was his 150th mark over 60-meters (196'10").

Dirk Wipperman raised the West German discus record to 204'4" at Oberhausen, Oct. 15. This was erroneously listed as 206'3 $\frac{1}{2}$ " in the October issue (World List additions).

Finland has another good javelin thrower in 23-year-old Esa Alander, who threw 270'10 $\frac{1}{2}$ " at Helsinki on Oct. 26. Theater of his throw was the Elaintarha (Zoological Garden) ground on which Matti Jarvinen achieved his last world record of 253'4 $\frac{1}{2}$ " back in 1936.

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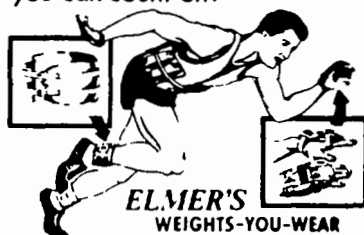
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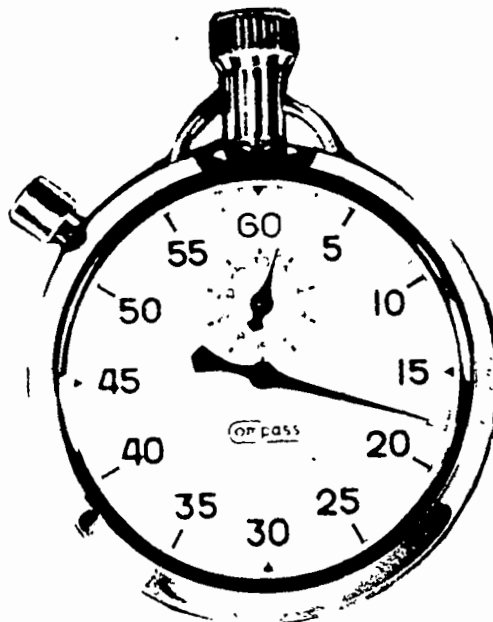
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Lee, Mann Happen by Success

by Jon Hendershott

Nick Lee never intended to run the intermediate hurdles--but he was desperate to make the 1968 Olympic team. Ralph Mann never intended to run the intermediates--but a coach thought there was a glimmer of potential in him for the medium hurdles.

Whatever the impetus that directed them to the intermediates, they proved again and again in 1969 that their switch to the event would prove most fruitful.

Ralph Mann's name now stands alongside Rex Cawley's as holder of the American record of 49.6 for the 440-yard hurdles. His NCAA victory in that time rocketed him from the status of a "promising" sophomore at Brigham Young to world-wide respect in track circles. His name now also occupies a place in the list of champions of the United States after his 50.1 AAU win.

Nick Lee's 49.2 over 400-meters, run against West Germany at Augsburg, made him the fastest black medium hurdler over the metric distance in history--surpassing such international names as Josh Culbreath, Dickie Howard and Willie Atterberry. (Adding the usual three-tenths conversion for yards gives Lee a 440 time of 49.5, two-tenths ahead of history's fastest black 440-yard hurdler, Wes Williams at 49.7.) What's more, his 49.2 equals the second-fastest time ever run on cinder tracks--along with such illustrious names as Glenn Davis, Salvatore Morale and Roberto Frinolli.

All this for two relative novices--both in their second year of serious intermediate hurdling.

Lee had no average reputation as a quarter-miler prior to the fateful 1969 season. His best was 46.6, recorded in 1965, and he fully intended to run the quarter in the Olympic year. But he was injured indoors and was sidelined until mid-May.

"Seeking desperately to make the Olympic team," Lee relates, "I gambled on slow, but plentiful, over-distance training and a change of event." In his first-ever race, May 26, he hurdled 52.1. By the AAU, he was down to 51.6 but slipped to seventh in the nationals with 53.3. At the Los Angeles Trials, he slashed his best to 50.3 in a heat before placing fifth in the SOT final with 50.5. Then it was on to South Lake Tahoe for Olympic team training.

In the first Olympic Development meet, Lee hurdled 300-meters in 35.9, an unofficial American best, which was duplicated by Norm Johnston in a separate heat. At the Final Trials, Lee experienced a supreme moment of elation and frustration. After 50.3 in his heat, Nick blasted 49.7 in his semi--and didn't make the final. But he proved that a mid-season switch of events can be successful--at least for Nick Lee.

Mann's first competitive try at the medium hurdles was impressive for a college freshman who had been hurdling for just two years--and high school barriers at that. He clocked 51.6, which remained his best during 1968. He duplicated that time on two other occasions and, on a European tour with BYU, covered the 400-meter hurdles in 51.5. He also showed his stuff over the college highs with a 13.9 time.

As for the rapid improvement and success enjoyed in 1969, Lee says it was primarily due to "an injury-free year." Mann indicates other reasons were involved. "It was a case of everything coming along at once," he says. "The right amount of pre-season distance work, weights and total devotion to the quarter-hurdles instead of both the highs and intermediates were all big contributing factors. But the biggest factors were the experience I gained during my first season, getting step patterns down pat, and, most of all, maturity."

Mann electrified the track world at the NCAA meet in Knoxville with his 49.6 record-equaler. Nobody expected it--including Ralph Mann. He began running the quarter hurdles at mid-season and was down to 50.4 in winning the Western Athletic Conference race. Then he hit a snag and couldn't seem to win (he had won six of seven races up to that time).

"The Monday before the NCAA, I picked up a paper which had a preview of the meet that said I was favored!" Mann recalls. "I almost died because I had never been favored for anything in my life and now some idiot put me in there for the NCAA--of all things. Well, the next five days were pure hell. I had butterflies 24 hours a day. I must have used six year's supply of adrenalin. The only time I didn't feel like that was in races. Then I would relax."

For Mann, the waiting on the day of the final was the worst. ("I just watched the clock.") After a talk with BYU coach Clarence Robison, Mann decided not to extend himself and to run 13 steps for just the first six hurdles.

"My legs felt like rubber when I went out on the track," Mann says. "I thought whoever picked me as favorite must have picked my name out of a hat. In the race, I went after (Boyd) Gittins and just tried to relax at every step. When I hit the tape, I thought I had accomplished a miracle. Things happen when you get in competition like that. The Tartan really helped too."

"I was getting over the shock of winning when they announced the time. It took another two hours for me to convince myself that I wasn't dreaming. I just walked around the track in a daze."

Mann found himself the favorite again a week later, this time at the AAU in Miami. Running against American record-holder Geoff Vanderstock and two-time champion Ron Whitney, Mann ran his usual strong back-straight, took command into the stretch and finished in 50.1 for the national title.

It was the AAU race that Lee used to indicate that he could be counted on for some surprises. Mann and Richmond's Carl Wood both were starting their sprints for the tape after the 10th hurdle while Lee was still on top of the final barrier. Yet, Lee reached the finish line three-tenths ahead of Wood, 50.3 to 50.6--and set the stage for his first of several surprise runs.

The Los Angeles triangular meet with the Soviet Union and Commonwealth was the inaugural international contest for both men. Mann loomed as the favorite--again--but Lee bided his time until the eighth hurdle, then took command assuredly and, despite clobbering the 10th barrier, came home in a PR equaling 49.7, three-tenths up on Olympic bronze medalist John Sherwood of Britain. ("Obviously, this was my most worthwhile win all year," Lee says.) Mann ran fourth with 50.3.

Two weeks later in the Europe-Americas match in Stuttgart, however,



Intermediate hurdlers Ralph Mann (second from left) and Nick Lee (right) get together with outstanding Europeans Gerhard Hennige (left) and Rainer Schubert (second from right). Here at Stuttgart, Hennige defeated the Americans, but a week later Lee and Mann crushed the West Germans at Augsburg. (Photo by Horst Muller, courtesy "Leichtathletik")

it was another story--for both men. On Tartan, Lee ran into timing troubles and floundered to a dismal fourth in 50.9. But Mann stormed home in 50.0, pushing Olympic silver medalist Gerhard Hennige of West Germany all the way. ("I was disappointed, though," Mann says. "Rain soaked the track. It was the only chance I had to meet the best on my kind of track.")

The crowning moment in Europe for both men occurred the following week against West Germany in Augsburg. Pitted again against Hennige and Olympic finalist Rainer Schubert, Lee and Mann destroyed both, Nick running a brilliant 49.2 with Ralph just two-tenths behind.

"I felt that reaching the last turn first would assure my victory," Lee explains. "The week before I had trouble because Tartan requires different movements and timing. I always have to concentrate very hard on Tartan but at Stuttgart everything went wrong and I just said 'to hell with it'. Also, I consider my greatest asset in the event is being able to lead with either leg, which I did against West Germany." Says Mann, "That 49.4 was really great. We ran on dirt and I was getting pretty tired of people telling me my success came primarily from Tartan." Hennige was six-tenths back while Schubert was a far-back fourth with 52.4.

Against Britain in London, however, Lee experienced another frustrating moment while Mann again produced a strong run. Despite hitting the last hurdle, Lee led Mann and Sherwood until just a few meters remained. Then, surprisingly, Lee eased up and both Sherwood and Mann edged past, the Briton clocking 49.9 to 50.0 for both Americans.

"White City stadium didn't have a finish tape," Lee explains. "Since the last five meters of the track in Europe are marked with lines, I was blinded by all the lines and also by the white background. So I just ran to the middle and where I thought the finish line was."

After London, Mann's international tour was finished, but Lee went on to a 51.8 win at Oslo and then produced another quicky at Warsaw of 49.4, defeating the runner-up by 1.1 seconds. He can claim three of the six fastest clockings of the year.

Lee still considers the quarter his favorite event because "I have never been able to reach the goals I set or my full potential as a competitor." And, surprisingly, he says his greatest thrill didn't come from his own career. "My greatest satisfaction was when a fellow I coached went in one season from 56.7 to 48.7." His biggest disappointment was "my temporary loss of motivation and desire to continue in the sport during 1967."

Mann attributes much of his success to coaching, specifically Willard Hirschi at BYU ("He saw the potential no one else saw and was willing to gamble on me.") and Gerald MacDonald at Carson High in Torrance, Calif. ("He got me started, gave me the basics of hurdling and, most of all, had faith in me."). Mann has amply repaid both coaches for their faith in him.

For Lee, totally self-coached in the intermediates, the 1969 season was the reward of belief in himself and dedication and determination in his new endeavor. "Track is like a bank," he says. "The only assets are those you put in yourself."

The assets deposited by Nick Lee and Ralph Mann seem certain to draw sizeable dividends, now and in the future.

Nicholas T. Lee was born Nov. 22, 1944, in Phoenix, Maryland.						
Year	Age	School/Club	Grade	400/440	400IH/440IH	HH 500I
1962	17	City College (HS)	12	50.0		
1963	18	Morgan State	Fr	48.5		
1964	19	Morgan State	So	46.6/47.0		
1965	20	Morgan State	Jr	46.6		
1966	21	Morgan State	Sr	Injured		57.6
1967	22	Baltimore OC		46.9r		57.1
1968	23	Baltimore OC			49.7/51.5	
1969	24	Baltimore OC			49.2/50.3	
Ralph Vernon Mann was born June 16, 1949, in Long Beach, Calif.						
1965	16	Carson HS	10	56.0		
1966	17	Carson HS	11	53.8		15.0 (HS)
1967	18	Carson HS	12	50.8		14.3 (HS)
1968	19	BYU	Fr	48.5	51.5/51.6	13.9
1969	20	BYU/Striders	So	46.8r	49.4/49.6	

of People and Things

by Bert Nelson

Until recently, we did not know there was an American track and field periodical prior to the start of Track & Field News in 1948. Now we have been gifted with 24 issues of "Track", born February 1931, died, we are told, not too long after the January 1933 issue, which is the last we have.

"Track" was published on the first of each month by J. H. Clausen in Chestnut Hill, Mass. The first copy sold for 10 cents and was four pages, 8 x 10 inches. Subsequent issues mostly were eight pages, with a few swelling to 12 and, starting in 1932, it was available by subscription for \$1.00 per year. There was no advertising, few pictures. No attempt was made to cover all the news, although some big meets were reported in considerable detail. The 1932 indoor IC4A, for example, took four pages. But most of the magazine was feature material, including many items comparable to our "On Your Marks", plus letters, comments and such features as a regular "George's Letter" in which A. B. George reported on the English scene. Stats consisted mostly of a run-down, more or less year by year, of the top competitors in a given event, one event per issue.

I found many of the items of great interest. The following are direct quotes from "Track" with the material in parentheses being my comments.

Feb. 1931. Boyd Comstock, Los Angeles Athletic Club coach, is quoted as saying: "If eastern track coaches would develop open minds, would be ready to try anything once, would break away from tradition and orthodoxy, the east

could turn out track teams as good as any in the country." Well, that certainly is a fast one. Comstock is apparently heartily sympathetic and we ought to appreciate his aid, even if it comes to us unsought. Comstock would have us develop open minds and try anything once. We wonder if he thinks he is addressing a class in the kindergarten? This business of the west unsettles us at times. (We westerners still unsettle some easterners who think we don't publish enough eastern results even though they don't meet our reporting standards.)

Forty years ago this coming spring Harvard used a 220-yards straightaway for the first time. Prior to 1891, the 220-yards and low hurdle race were run around a curve. (And we all

thought we were progressively modern when we got rid of the straightaway run and switched to the curved furlong.)

Mary Carew of Medford, Mass., won the 40-yards girl's championship contest at the YMCA games in 5.2/5 seconds. (Mary was an Olympic relay gold medalist in 1932 and as Mrs. Bud Armstrong of Malden, Mass., was a member of our 1968 Olympic tour.)

May 1931. Beer is a subject to which this paper allows no space. Recently, however, a few worthy individuals stated that beer as a beverage is an athletic asset and particularly so when served in steins, tankards or mugs. Furthermore, these same steins, tankards and mugs become a power for good to students in training.

This is nonsense. Beer in quantities has no place on the athletic table. The experiment has been tried and every time it has been tried it has been dropped. The excessive use of beer causes heavy limbs and light heads. Taken in sizeable portions before a workout on the track within the ring, or on the ball field, its ill effect is noticeable. No training table is strong enough to stand up under the strain of beer bottles, pewter mugs and huge steins.

This is not an argument for prohibition. We believe that good beer can be consumed with some degree of satisfaction and benefit to the consumer, but neither good beer nor bad beer has an athletic value. As a stimulant, taken after an exhausting game, it has its good points and when we have said that we have said all.

June 1931. Dear dear those western coaches have become so heated up over quarter-mile running that one of them has suggested making the runners plow through the distance in lanes. No, gentlemen, that will never do. The long straightaway is entirely satisfactory. (If the stupid western coach who first suggested running the 440 in lanes will step forward we would like to give him our vote of thanks.)

Years ago, the designation, amateur athlete, was frequently used but it is gradually passing. The term "college athlete" or "Olympic athlete" is more suited to the present era. The word "amateur" by itself has been having a hard time of it. A few tennis players and at least one well known sprinter have succeeded in confusing persons who were only slightly interested in athletic sports.

Jack Keller of Ohio State University ran over the high hurdles in 14.3-10 seconds. He kicked over two of the hurdles. (At that time, a hurdler was disqualified for knocking over three hurdles. Keller tied the world mark of 14.1 in 1933.)

Sept. 1933. A group of sturdy, experienced officials had gathered about near the finish line. They were watching with much interest a score or more of young girls hurrying toward the start, and while none of the officials were saying anything for publication we feel sure we know what was in their minds. They were thinking that the appearance of scantily clad young girls at a track meet and the earnestness which was apparent in each of their pretty faces was something which they had not bargained for when they voted to encourage track contests for women.

And having secured them we now find them with their arms entwined around our necks with no thought of letting go. But they must be dropped. The men already have done sufficient for them and it is now time for them to look out for themselves. They should have their own days of competition and should not compete with men. They should have their own women officials and their own women coaches and should keep their own records. Anything which appears to be grotesque or in any manner lessens the dignity of a regulation track meet will

quickly kill interest in the sport. The AAU should shift this job of "track contests for women" onto the women themselves. As for the colleges, they should thank their lucky stars that they have kept out of it. (Remember, they said it, not me.)

Dec. 1931. The sprinting (long) jumper has been encouraged in his work by the improved runways, the removal of the pit in front of the jump box and the loam-sawdust and bark mixture within the pit. These things have made distance jumping much more agreeable than it was years ago when the athlete was forced to run across a baseball diamond and land on the turf. He wore heavy heels on his shoes, to prevent stone bruises, and he performed wonders. We can remember Tom Burroughs jumping 22'11" on a trotting track, and there was no takeoff and no pit.

Dec. 1931. Frequently, toward the conclusion of long races, especially cross country races, there is a disposition on the part of two or more runners, representing the same team, to finish together, in a dead heat. This has become a custom and as there is no rule which compels them to try and outrun one another at the finish then there is no good reason for calling such races dead heats. Oftentimes the judges are too anxious to separate the men and designate different places for them. This is a mistake. A good way to have all such races called dead heats would be to have the boys raise their right hands as they near the end of the race as a signal for a dead heat. (Not a bad idea, as the problem still exists.)

Jan. 1932. Foot races of distances over one-mile have had a difficult time in obtaining favor in this country. (How well I remember when most fans thought the two-mile was a good time to go out for a hot dog.)

Feb. 1932. There is division among leaders in track and field athletics over the proposition to drop all our standard running events of yards and miles and swing over to metres and kilometres. We wonder why this agitation continues? This agitation is not noticeable in the press of Great Britain and it was from there that we received our yards and our miles. As far as we know, none of the British are even considering a change. (Now the British, who unloaded their screwed up measuring system on us, have bailed out, adopting the metric system.)

Aug. 1932. Here in Boston, the most pleasing event at the Olympic Trials was the winning of the 1500-metres by Penrose Hallowell. We were fidgety concerning the great Harvard runner. Not because we did not believe he could do it but because he is distinctly a college athlete and to ask a college runner to continue his training for an extra six or seven weeks is asking a whole lot. (Now preps commonly train 52 weeks yearly.)

The track at Berkeley, Calif., which will be the scene of the Intercollegiate games this year, is wide enough for eight hurdlers to run in one heat. (Such tracks are common with high schools.)

The Big Improvers of '69

"New Faces of 1969"? Some of the athletes on the opposite page could be called that. Perhaps "Big Improvers" or "Big Come-from-nowhere" performers might be appropriate, for many of these athletes established their particular prowess for the first time during 1969. Some others, however, chopped significant margins from their personal bests, already noteworthy, or turned in sterling competitive efforts.

Top Row

Far Left Missouri sophomore Mel Gray didn't better his 100-yard best of 9.3 (although he did clock windy times of 9.1 and 9.2), but he placed fourth in both national meets and was a relay international at Los Angeles. (Photo by Jeff Johnson)

Center Left Roger Colglazier sliced 1.3 seconds off his quarter-mile best of 47.9 with a 46.6 performance. The Abilene Christian yearling also dashed 20.9 for a turn 220. (Steve Murdock)

Center Right Jay Elbel placed fifth in the AAU 440 with a PR 46.4 and then ran strong relay legs in the Europe-Americas, West Germany and Britain internationals. A half-miler most of the year, he ran 1:50.2, three-tenths off his best. (Don Chadez)

Far Right Doug Hawken blazed to a junior-college record 100 of 9.2 and collected the University Games 100-meter title with 10.2. (Johnson)

Center Row

Far Left Florida State's Mike Kelly showed his stuff over both the high and 440 hurdles, clocking 13.7 and, here in an NCAA heat, 50.2. He ran 50.3 for fourth in the NCAA but was disqualified. (Johnson)

Center Herman Franklin's talents ranged from 13.5 in the highs to 51.5 in the intermediates to 24'7½" in the long jump. With his triple jump and relay abilities, a half-dozen events per meet wasn't unusual for Franklin. (Chadez)

Far Right Thomas Hill qualifies as both a "new face" and as a "big improver." Before 1969, he had never made a mark good enough for T&FN lists, but he blazed to 13.6 in the high hurdles and placed fifth in the NCAA. (Johnson)

Bottom Row

Far Left Hefty Larry McCready clipped three-tenths from his high hurdle best with this 13.6 in an NCAA heat. He later placed sixth in the final. (Murdock)

Center Idaho State sophomore Jim Wharton brought his quarter hurdles best down from 52.7 in 1968 to 51.0 and nabbed fourth in the NCAA. (Murdock)

Far Right All the men in this photo blazed to prominence in 1969. Texas Southern frosh Robert Taylor (left) zipped a 9.2 100 here at the Meet of Champions for a frosh record and later ran another. He dashed 9.4 for fifth in the AAU—but had no mark fast enough to make T&FN's lists last year. Texas A&M's Rockie Woods was a 14.0 high school hurdler two years ago, but in his first year of serious sprinting this season he clocked 9.4 and 20.9 and anchored a 39.5 relay team to third in the NCAA. Clyde Glosson (second from right) had made his name as a 100/220 sprinter prior to 1969 but hustled a 46.5 440 this year. Andy Hopkins (right) won here with 9.2 and produced another legal—plus a windy—9.2. (Pluria Marshall)





Runners' Enigma: Why Run?

by Joe Henderson

Psychologically, there's a gaping--and possibly unbridgeable--gulf separating folks who run long distances from folks who only see them running. The external image of runners and running isn't often a pleasant one, and that's the image outsiders pick up. The joys and satisfactions are internal, therefore invisible. The pained expressions, struggling styles, impassive faces that appear bored are worn in full view. Even the most sympathetic viewers are compelled to ask, "Why would you want to put yourself through that type of torture?" They can't understand completely why runners run, and runners can't explain completely reasons which seem simple and basic to them. There's the gulf.

I'm putting together a book, "Road Racers and Their Training", which looks at the methods and results of 50 or so leading long distance personalities. They aren't necessarily the world's best runners but take in a wide range of ages and abilities, from a 9-year-old to a 72-year-old and from Derek Clayton to guys who haven't broken three-hours for the marathon. As something of an afterthought, I tacked on the end of the questionnaire a question that read: "Try this big, open-ended question if you wish: Why do you run? (Or maybe it would be better phrased, What do you get from running?)" I left it optional on the reasoning that it might be too personal and non-verbal a concept to explain. I sort of run marathons and don't know for sure if I could write down totally satisfying reasons why. Surprisingly, everyone who returned a form tackled the big question. Runners who read the answers can immediately identify with a good part of what's said. They apply to some extent to everyone who goes beyond a mile. For non-runners, the great understanding gulf might be filled in a bit.

Again, no one conveys his reasons and his feelings fully. Some do better than others, but ultimately running has to be experienced to be appreciated. Ken Moore, as literate a runner as there is, confessed that trying to explain his sport is "like trying to explain pretty colors to someone blind from birth." Paul Reese, one of the country's best over-50 marathoners, wrote, "Someone who asks, 'What is love?' has never been in love, someone who asks, 'Why do you run?' has never run. Only lovers and runners know."

Still, it's a question every runner must answer to his own satisfaction, even if he can't compose it into a neat little paragraph. On some solid basis or other, he has to justify his investment of huge amounts of physical and emotional energy. Doug Wiebe was a minority of one when he answered, "I have no reasonable or logical explanation that provides adequate justification, even to myself. I just do it."

Though their thoughts varied radically, everyone else dug deeper into their reasons. Few center on the obvious, or seemingly obvious, areas of winning and recognition, or even on the physical benefits. Most get down to deeply personal, highly individual and often somewhat mystical feelings. Each gave his own touch to his answers, but several distinct patterns showed up.

Ideas take shape and change during a career. Reasons for beginning are rather standard, innocent and unexciting. It's most likely to be a matter of "not being able to do anything else", "being influenced by my older brother", "finding I could run faster than most others at school", "trying to lose weight and regain lost fitness", or some such early motivation. The only really unique answer I found was Mike Ryan's. The New Zealand Olympic medalist wrote, "I liked running cross country, and we had a chance to have a shower. We did not have one at home." The reasons for continuing are more revealing.

Young runners' ideas are just solidifying. Nine-year-old David Hargus, a marathoner already, said he runs because he wants a "longer, better, happier life". Craig Sterling, a 17-year-old who did 2:37 for the marathon in his first year of running, wrote, "I like it and it gives me something to do." Jim Everett, a 2:33 man at 16, explained, "After a year of running, it kind of grew on me, and if for some reason I don't run on a particular day, I feel guilty. So I guess I'll just keep running, because it sure can't hurt me any."

Early ideas change as the athlete matures. Browning Ross, who has been at it for 30 years, traced his motivational changes: "Today, release from everyday work and family tensions, and physical well-being. Yesterday, trips overseas--Olympics, Pan-American Games, athletic scholarship, friendships. Yesterday and today, it's a way of life." Ken Moore wrote, "My motivations have evolved over the years, from wanting to impress my peers, to making the varsity, to avoiding combat duty in the service. Were not running basically an enjoyable activity, however, I doubt I would have continued."

Older runners have yet another set of reasons. The patriarch of the growing gray-haired--if any-haired--athletes, Fred Grace, came out with this explanation: "I run because the guy my age who doesn't is half dead." Fred is almost 72. "But what do I get from it? Fatigue, pain, missing toenails, stitches and almost unbearable thirst. I also get wonderful solitude--the luxury of being alone with myself. Only the hermits can afford that luxury. But they can't take a shower and I can."

That select group going for success on the highest levels, and getting it, requires a special method outlook. Derek Clayton has it, along with the two fastest marathons in history. He wrote, "I run for the tremendous challenge it offers, like aiming for a world record and a gold medal at the Olympics or Commonwealth Games. I get from running mainly the satisfaction of achieving what I set out to, and the opportunity of seeing the world. A gold medal is the ultimate." European champion Ron Hill said, "I run now to prove I am the best in the world at doing something I have worked on for years." Briton Tim Johnston stated, "One thing I am certain of. If I had had no obvious ability at running, I would never have taken it up."

Others judge their success against a wider group of people, but success still is important. Hal Higdon said of his reasons for running, "I suppose it's a knowledge that even without training very hard I'm still better at this activity than 99% of the rest of the world. If that were true of me at ping pong or water skiing, I'd probably do these sports. I enjoy running. I like the feeling of being trim. I love feeling superior to the fat-bellied cigarette smokers."

Some speak simply. Jim McDonagh, a national 50-mile champion at age 46, used the one word, "Enjoyment!" Bill Clark, runner-up at Boston in 1968,



Marathoners wear many faces—from Ted Corbitt's apparent agony (left) as he slogs through his recent 100-mile track race in Britain, to Mamo Wolde's satisfied smile after winning the Olympic marathon. But facial expressions give only an extremely limited insight into a runner's thoughts, feelings and motivations. (Corbitt by Ed Lacey, Wolde by Mark Shearman)

said, "It keeps me out of 'the rut'."

Others put down involved, detailed explanations. One of those was 20-year-old Jim Colvin, whose 18th-place finish at Boston last spring came in his second marathon. "To run for me means to practice a religion that reflects life in a microcosm, that cleanses the entire man--mind and body, and that allows an almost mystical communication with nature and meditation on existence. The loneliness and simultaneous at-oneness with the world on a cold winter's night run can be replaced by no experience known to me. Running throws one into an intense, meaningful life because it in fact is like life--one begins at sometime for some unknown reason, struggles like hell against nature or human competition and finally comes to an end. Each day of practice is just that way for me."

I rarely become alienated from this athletic endeavor as I occasionally do from my academic. For running allows me to communicate with an inner being and to return to relate better to the rest of the world."

Some runners claim they run primarily from habit. Those were the words used by Ted Corbitt, US record-holder at 100-miles. "I run from habit and because I still strive to achieve certain goals in competition." Former British Commonwealth champ and Olympic medalist Dave Power said, "Running has been my life since I started in 1948. If I stopped now, it would be like stopping breathing."

Others look at it as an exploratory experience. American hour run recordman Mike Kimball claimed, "One gets to really know himself on a 30-mile run." Bob Carman expanded on that thought: "Each man's life is meant to be a great adventure, a testing of his most human qualities in a hostile world. Striving for ascendancy over one's self is a basic ingredient in this adventure. It is the attempt at a daring and difficult thing that makes us rise above our usual selves. Each man has the opportunity to sift through the challenges that present themselves, select a few that seem to sparkle and glitter more than the others, that seem most attractive, and build for himself a mosaic, a great adventure, a life. Running and striving to become a runner have a clear part in that mosaic for me. Fatigue is a remarkably good vehicle for the exploration of inner space."

Some runners indulge for the feeling of peace and euphoria it gives them. Both Ed Winrow and Gar Williams say it's a healthy outlet for their tensions and aggressions. Others run to exhaust themselves. Ken Moore wrote, "Roger Bannister claims he was able to use all his energies, psychic and bodily, in the space of one mile. It takes a bit longer for me, but I have the same sensation after a 26-mile effort. I'm drained, and it takes four or five days to completely recover. With the exhaustion, however, comes a satisfaction that I've gone as deep into myself as I can. Only after a marathon can I enjoy the sense of having impressed myself."

Expanded consciousness of individual feelings and powers is a motivating force. Peter Mundle, the country's leading over-40 runner, is hooked on the "pure enjoyment of the feeling of unrestricted freedom of movement and the power generated during workouts and racing." Consciousness is sharpened, too, in the world immediately surrounding the runner. Jim Freeman wrote, "Consider the average man sitting by his picture window contemplating his beautiful view. He uses only one sense--sight--to appreciate the view. He is not getting all he paid for. Now consider the runner coming across the same scene. He sees it, he smells it, he tastes it, he feels it, he hears it. All five senses make him aware of his environment. Yet this is not all, for he also communes with nature by fighting her, challenging her, resisting her, loving her, thinking about her and, at the end of a workout, conquering her."

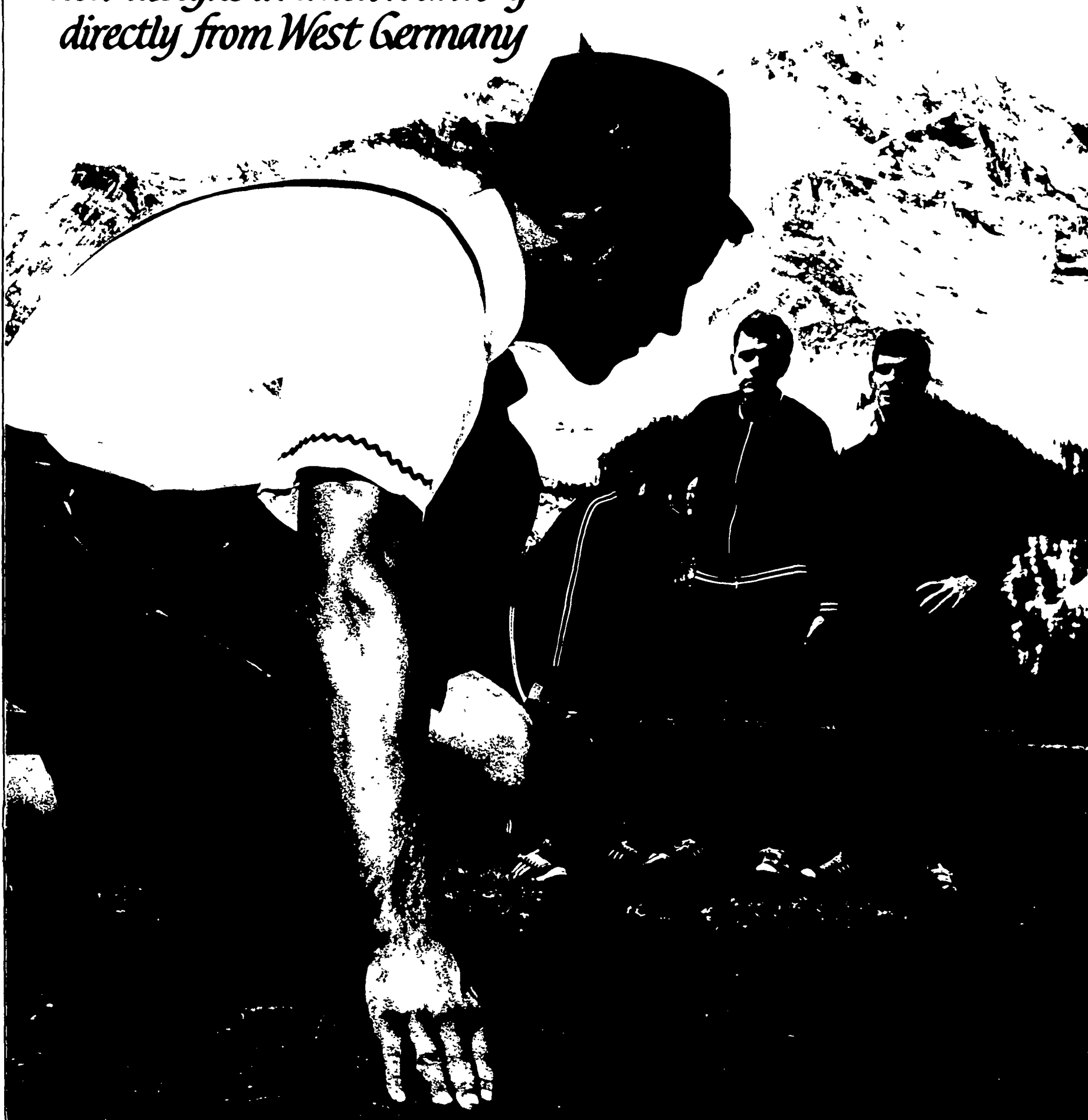
Some long distance men sweep across the gamut of experiences when explaining why they run. Tom Heinonen, for instance, said, "I run for fun, health, companionship, glory and material gain." That's getting close to the truth, for seldom is there just one force at work. It's usually a well-tangled combination, filled with conflicts and exceptions but producing an overall positive drive. Amby Burfoot may sum up the unspoken ideology of the marathoner with his statement:

"I run because I enjoy it. Not always, but most of the time. I run because I have always run. Not trained, but run. What do I get? 1. Joy and pain; 2. Good health and injuries; 3. Exhilaration and despair; 4. A feeling of accomplishment and a feeling of waste; 5. The sunrise and the sunset."

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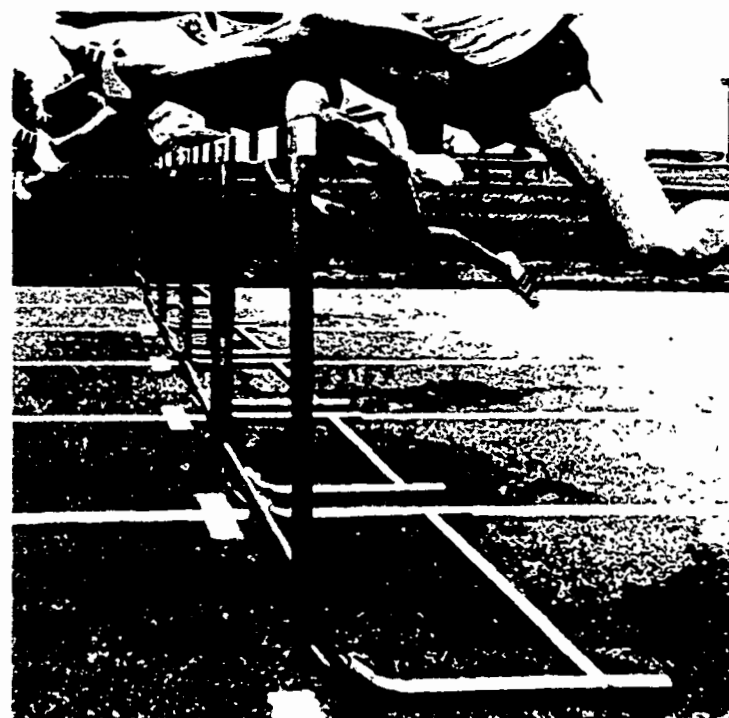
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The three US Olympic high hurdle representatives tangled at the Martin Luther King Games, Olympic winner Willie Davenport (center) winning again from Leon Coleman (left) and Erv

Hall (right). They had respective clockings of 13.3, 13.4 and 13.5. Coleman and Davenport later tied for the AAU title with Hall again third. (Photo by Albert Session)

Letters to the Editor

JIM DUNNE, Pullman, Washington

There is no way any man can truly know what motivates John Carlos. Many who profess to know him well think he is a sincere, decent man who feels deeply about the many injustices suffered by black men everywhere. Others who profess to know him equally well think he is an arrogant phony, motivated by simple opportunism with no concern with anyone but himself. All I know of John Carlos is that he is a splendid athlete. The reasons for his recent shave and change of manner may be, as your writer of Track Briefs (1 June 1969) suggests, directly attributable to Pappy Gault. It may be, as Sports Illustrated writer Skip Mylenski observes, that John Carlos plans to play pro football and the "pros don't draft extremists." It may be that John Carlos feels that his own long range goals and the goals of black men everywhere will be served better by decency and reason rather than a snarl. The article in Track Briefs sounded disappointed in Carlos, as if he owed it to your magazine to be militant... simply because the magazine admired militancy and feels it is the answer to the problems that exist between blacks and whites everywhere. What motivates John Carlos politically I do not know. But I am deeply interested in what motivates him as an athlete, a competitor. Please do not put a political monkey on the back of John Carlos. White men cannot expiate their sense of guilt for what they have done, or left undone, by insisting that black men must be angry. It seems to me that Track Briefs was gratuitously nasty and hostile and decidedly one-sided.

DICK GANSLER, author of "Mechanics of the Pole Vault", Denton, Texas
I think it's absolutely ridiculous to set the starting height so high that 95 percent of the vaulters entering cannot clear the first height. The purpose of sport is to encourage the young, not cater to the champions. The confident champion always has the choice of not jumping, but what about the young athlete struggling to gain some skill and confidence?

KEN GIBSON, Kentucky State track coach, Frankfort, Kentucky
It was gratifying to learn that Joe Yancey, coach of the New York Pioneer Club, was selected as the head coach of the 1969 US national team that faced the USSR and Commonwealth. Through the years, Yancey has been a coach as well as a father to hundreds of track and field athletes from the metropolitan New York area. His successful accomplishments while working with many foreign teams in international competition is further testimony to his coaching ability.

BENJAMIN WHITMAN, Bordentown, New Jersey
Track & Field News has not always ranked number one on my list of favorite running periodicals even though I am a confirmed track nut and active participant. Somehow, you have managed to awaken, encourage and even convert me to your magazine. In your 1 June 1969 issue, you wrote an editorial on Browning Ross. I am deeply indebted to both Browning and Fran Carver for their support of and interest in distance running. To me, the individuals are not at fault here but rather are products of the same paradoxical environment. Neither Browning Ross, for his undaunted support and involvement in distance running, nor Fran Carver, for his strict interpretation of the rule, can be blamed for the "stupid" affair. Beyond these two men, I see a failure of the AAU to keep pace with the times. It has not sufficiently augmented or improved its machinery. It seems to be willing to allow the noble ideal of amateurism to die by simply not adapting its own legal code to the times. Amateurism will not exist without conflict if the participants are not informed and supported in every way possible.

HUGH JASCOURT, Greenbelt, Maryland
You might be interested to know that the AAU will not let Browning Ross, its national Long Distance chairman, send out anything without being potentially censored by the AAU national office first. In fact, the AAU did censor his version of the national meeting and sent out its own, leaving out the real meat and substituting for it statements saying how good the AAU is.

TOM ECKER, Cedar Rapids, Iowa

The sudden downpour of rain during the NCAA outdoor championships made the Tartan surfaces very slippery (as at Drake in April). At 6'6", high jumpers were slipping (or balking) at take-off, because of the slipperiness. Many were eliminated who might have done well later when the sun came out and the water quickly evaporated. Anyway, only one jumper in the competition had absolutely no trouble with slipping--Fosbury. Suddenly, another "flop" advantage has emerged. Straddle jumpers must plant the take-off foot, requiring great traction during the brief time when forward speed is converted to upward force. Fosbury, on the other hand, uses the principle of the "hinged moment" to gain rotation, pivoting over his take-off foot at take-off. His upper body just keeps on going. No sudden stopping, and thus no slipping on wet surfaces.

WILTON WRIGHT, Southern Connecticut track coach, New Haven, Conn.
At the NCAA College Division championships at Ashland, Ohio, I heard several athletes discussing the merits of starter Paul Keller. Seldom have I heard athletes tossing around compliments about officials. But they felt the starter put them at ease by talking to them before going into the blocks. The starter made no attempts to out guess the runners, and held them for equal and fair amounts of time.

BRIAN PALMER, Vietnam

There are a lot of trackmen and track nuts over here who greatly enjoy reading T&FN.

DENNIS ANDERSON, Long Beach, California.

If the paltry attendance at the US-USSR-Commonwealth meet is a gauge to measure the area's claim to "hotbed" of the sport, then southern California can no longer lay claim to that title. It's a shame the way the sport has gone downhill locally through the years. While a seemingly valid reason given is the saturation factor, I believe that meets here no longer have the air of excitement they once did. Has anyone ever explained why the fine Coliseum Relays were discontinued? When I think of the 53,000 in attendance in 1957, it disgusts me.

STEPHEN ARNTZ, Bedminster, New Jersey

I was thrilled to read that the law enforcement agency of California planned to stage a "Police Olympics". This is a great tribute to all the law enforcement officers who are confronted with the many problems of today's nation. I only wish some other states would follow California's example, which has made her law enforcement agencies the best in the world.

BOB SELFRIDGE, Whittier, California

My hearty concurrence with the thrust of the article, "Mooberry: 'Seat in the Pants' Coach", in the September T&FN. Those of us who were coached by Jack Mooberry at Washington State are a very fortunate group of individuals, and we are the winners through the years. It was a most enjoyable article, and brought back a rush of memories from the days when we were training out to "round-top" in the Palouse Hills.

MARTHA GARY MATTHES, San Diego, California

One of the greatest trackmen of all times retired, and you barely covered it. Why don't you give Jim Ryun his due. After all, you guys put as much pressure on him as anybody else.

BEN JOHNSON, city, state unknown

That picture on the stamp from Sharjah is not Cornelius Johnson nor Eulace Peacock nor Jesse Owens (1 June 1969). It is me.

DICK GANSLER, Denton, Texas

The picture you ran in the 1 June 1969 issue of the stamp was Ben Johnson, captain of the Columbia track team in 1937 and 38. Now a full colonel in the US Army in the Pentagon, he was out of competition the year of the 1936 Olympics due to a massive hamstring pull. How do I know the picture is of he? We were teammates, and I roomed with Ben many times.

On Your Marks

by Dick Drake

US colleges did not provide many of this nation's leaders in four standard distance events in 1969. The only collegiate internationalists in these events were Frank Shorter and Tom Hoffman. The top two-milers were three clubbers, Jack Bachelier, John Lawson and Barry Brown, graduate Gerry Lindgren and pre Steve Prefontaine. In the three-mile/5000-meters, it was Lindgren, Prefontaine, Bachelier, plus soldiers Tracy Smith and Chris McCubbins. At six-miles/10,000 meters, there was Bachelier and soldier Ken Moore with collegians Shorter, Hoffman and Dan McKillip. And in the steeple, the toppers were Mike Manley, Bob Price and Brown of clubs, soldier McCubbins and collegian Jim Barkley. Some tidbits gleaned from the Pacific AAU 50-mile championship race. Bob Deines' performance was quite remarkable as he covered the 10 five-mile laps in 5:22:55--more than 15 minutes faster than any previous American had covered the distance. Prior to a few weeks before the race, Bob was training only two miles a day. He planned to go only 30 miles when he started. Sixteen finishers included a 62-year-old (Walter Stack), a 14-year-old (Steve Reeder) and a 15-year-old girl (Pam Schmidt). Across the Atlantic, American Ted Corbitt placed second in the 52½ mile London to Brighton race in 5:38:11 (under the old 50 mile best by four seconds), which would convert to about the same as Deines'. ... Former T&FN managing editor Hal Bateman (Oct. 1959 to Mar. 1963) is now sports information director at the Air Force Academy after more than six years at Western Michigan in the same capacity. The son of animated cartoon favorite, Mr. Magoo (his voice), Jim Backus, Jr., is running cross country for Pepperdine and has covered six-miles in 31 minutes over hills. ... The Madison Square Garden indoor invitational, the USTFF's prime non-championship under-cover meet for four seasons, has been canceled. The NYAC meet will not be revived in 1970, leaving New York City with four major board meets: Millrose, Knights of Columbus, US Olympic Committee and IC4A championships. ... Pan Pacific meets have been awarded to Toronto in 1973 and Australia in 1977, and the competition has been established on an every fourth year basis the year after the Olympics. ... The 1970 US-USSR meet is set for Leningrad, July 23 and 24. There is talk of a US-France dual perhaps on July 8 and 9 in Europe. ... The men's international cross country championships will be staged in Vichy, France, March 22, 1970, not in Frederick, Maryland, the previous day, which in fact is the site of the women's title race. ... Thirty-four nations have accepted opportunities to compete in the 1970 Commonwealth Games in Edinburgh. Track dates have been established as July 17, 18, 21, 22, 23, 24, 25.

Randy Matson has announced his intention to resume full scale competition in 1970, as has George Woods, silver medalist in the Mexico Games who did not compete outdoors this past year. These two stalwarts plus Neal Steinhauer, Karl Salb and Bruce Wilhelm will undoubtedly form the nucleus of the US's offensive against the fast-rising East Germans next season. ... Five cities, including Indianapolis, Las Vegas, Kansas City, Memphis and Lincoln, are making serious bids to gain the AAU's national headquarters. ... Jack Daniels, who came to be one of the world's leading authorities on the effects of altitude prior to the Mexico Olympics, has been named assistant track coach at Texas. ... Ken Bantum, fourth in the 1956 Olympic shot put, became the first black to be named to the faculty of the US Merchant Marine Academy--as an assistant professor of PE and assistant track coach. ... The IAAF is actually considering Bob Seagren's suggestion that athletes be given a set number of vault attempts, perhaps six to eight, with which the vaulters might decide on the time of his jump, and the height, which could remain the same for all tries. ... The NAIA named Pat O'Brien of Eastern Illinois as president of its track coaches association. ... John Pennel suffered nerve damage, which has partially immobilized his arm and shoulder region. Prognosis is for six months recovery, which means he'll miss the indoor season. ... Art Walker definitely will return to the triple jump next year.

"Olimpiade en Mexico" is currently playing in three theaters in Mexico City. ... Australia, New Zealand, Canada, Wales and Hong Kong are expected to bid for the right to stage the 1974 Commonwealth Games. ... John Van Reenen, perhaps the biggest collegiate fullback at 6'8" and 265-lbs., has ended his brief football career in order to concentrate on training for the discus. Now that's something of a switch. ... Three black track athletes at Wyoming quit school in sympathy with the 14 footballers who were suspended and subsequently quit the institution following a dispute over the right to protest with armbands. ... No, Bill Toomey has not retired, yet. He has announced he will make still another world record decathlon attempt either the last weekend in November or the first weekend in December. In the intervening time, he may try to up his own pentathlon mark. Toomey was named southern California's track and field athlete of 1969 by the area's track writer's association. ... Jack Torrance, who thrice improved the world shot put record from 54'1" to 57'1" in 1934 for a standard that stood for 14 years, died in mid November apparently of a heart attack. ... The NCAA's Committee on the Competitive Safeguards and Medical Aspects of Sports has condemned and stressed the potential dangers of androgenic-anabolic steroids. ... The 1973 Student University Games will be staged in Paris. ... The USTFF has scheduled two major track and field clinics, the first at Abilene Christian on Jan. 17 and the second at South Florida from Aug. 9 to 15. The latter one will stress participation. ... Following the Pan Pacific Games in Tokyo, some 30 athletes from the five participating nations divided into four groups and competed in each of two cities in Japan. ... It is likely that Kip Keino will compete in the US during both the indoor and outdoor seasons. ... In Eugene, perhaps the world's jogging capital, Oregon track coach Bill Bowerman has announced his new all-weather track is open to all joggers and runners except during the 1:30 to 5:30 p.m. period each day when the track team trains.

The state of Rhode Island has become a pioneer and leader of sorts, having added the 25-lb. weight throw to its indoor championship schedule and the international discus and 12-lb. hammer throw to its outdoor title meet. ... Check this stat. Anthony Strakaluse broke the international age 14 12-lb. hammer record with a toss of 175'0", which ranks him fifth nationally among all US preps, on July 7 at a Rhode Island development meet. He is totally deaf. ...

Olga Fikotova Connolly, 1956 Olympic women's discus champ and wife of hammer thrower Hal, is now lecturing on a variety of subjects--particularly in the southern California region. She may be contacted through her agency, Gertrude Purple Gorham, P.O. Box 38456, Hollywood, Calif. 90038. ... Heroized Olympic champ Emil Zatopek, chashiered in January and suspended as assistant coach of a Prague sports club following his stand supporting the ousted leadership of Alexander Dubcek, has been expelled from the Czechoslovak Communist Party. He was also stripped of his colonel status in the Czech army. ... Craig Stiles, one of eight children and age 16 javelin record holder at 242'7", was named the outstanding athlete of Montana for 1969. ... West German vaulter Claus Schiprowski, Mexico Games silver medalist, has now fractured his fore-arm and is expected to forego the vault until 1971 though he intends returning to the high hurdles, an event he stressed as a junior athlete. ... Fifteen different track and field groups, ranging in size from one to 79, visited 24 nations in Europe, Africa, Far East and the Americas under the sponsorship of the AAU in 1969--costing \$160,000.

The annual AAU convention will be held in Miami, Dec. 1 to 6. Following in the direction of former decathlete Rafer Johnson, hammer thrower Uwe Beyer and triple jumper Giuseppe Gentile, C.K. Yang has embarked upon a movie career and will appear with Kirk Douglas and Henry Fonda in "The Crooked Man".

Ted Corbitt, the aforementioned distance runner and physiotherapist by trade, visited the Stoke Mandeville Hospital while in London because of its reputation as a rehabilitation center and the presence of Abebe Bikila, two-time Olympic marathon champ from Ethiopia who broke his neck seven months ago. While pushing Bikila in his wheelchair from a table tennis game back to his ward, Corbitt observed that Abebe's spine was broken at the lower end of the neck which has incapacitated some of his arm muscles and lower muscles. Says Corbitt, "This great marathoner will not run again--unless the medical world comes up with a way to repair a severed spinal cord. Bikila is being trained to live out his life with what he has left as many other good soldiers. Apparently he is taking it all in stride, and his most important reply was, 'I'm feeling much better'." ... Mark Lumpkin, former national prep leader and Golden West champ in the discus in 1966, has won several games for LSU with his excellent kicking that has gained him national status. ... In a recent AAU track and field steering committee meeting, the group considered several issues, including a review of the problems and suggestions stemming from this summer in Europe, international competition in general and 1970 specifically, the disposition of money to super-clubs from TV revenue and a revision in the method of selecting coaches and managers of US national teams. It was noted that athletes are concerned with too much time between competitions (seven days) as with too little time (two or three days) especially on long trips overseas as well as having a preliminary meet before a major competition like the USSR dual. Tentative plans next year call for a match against Scandinavia possibly in Oslo, where US athletes would train and compete for 10 days before traveling to Leningrad perhaps three days before the Soviet meet. Other possible meets in Europe may include West Germany and France or Italy. It has been recommended that a sub-committee be established to screen nominations by the national committee to determine the qualifications of prospective coaches and managers of foreign teams. Former Villanova distance runner Charlie Messenger is now stationed at the Air Force Academy as assistant track coach. Others assigned at the service school include Dave Edstrom (decathlon), Ernie Cunliffe (880) and Charlie Draper (880). ... A special 1½-hour-plus color and sound movie of the US men's Final Olympic Trials and the Mexico City Olympics will be screened twice the evening of Dec. 2 at San Jose State's Morris Dailey Hall. Call the athletic department for details. While a one-man amateur production, it is reportedly a good quality account of the events.



After a summer of consistent javelin-throwing in Europe, Milt Sponsky still was producing quality throws in November. He won the Baron De Coubertin Games in Buenos Aires, Argentina, with a 260'11½" toss. Sponsky also collected international wins versus Britain and in the Pan-Pacific meet. (Photo by Don Chadez)

Use and Abuse of Stats

by Joe Henderson

It's all so simple, so objectively clear-cut. Track has a type of statistics few other sports are lucky enough to own. Winners are decided in feet and inches and minutes and seconds, figures which—unlike the arbitrary point systems set up for football, baseball, basketball, tennis, golf and most other athletic activities—can go across the boundaries of distance and time. Point scores are meaningful only in a here-and-now context. UCLA's football score against Stanford, say, tells nothing about how UCLA might do against Florida. And it says nothing about how they compare with teams of 10 or 20 years back. Track's stats are more reliable. A California shot putter's mark transcends distance and gives an accurate comparison with one turned in by a competitor across the country in Florida, or halfway around the world in Europe. A 1969 mile's mark goes back in time for easy comparing with one made by a 1939 mile. An individual can match his own marks against his own previous ones, without depending completely on victories as a measure of success.

Track's statistics are simple. Maybe too simple. They're so easy to measure and so easy to see and understand that they can lure track people into statistical traps. When the numbers take on value equal to or above the people and the action that produce them, the trap has sprung. In two years as Track & Field News' statistician, I both sat in constant danger of falling into this trap and saw dozens of examples of people who had. A few cases of the interesting and vital use of statistics turning to abuse:

The high school race the previous Saturday had been a highly significant one. Some 500 boys came, eagerly, to go three-miles on the track—a scene never seen before in the prep sport and it was an inspiring one. On Monday, a statistical thinker came into the office, eager to hear about the event. He asked, "What was the best time? You only need to mention the boys under 14:30." When told that no one ran that fast, he displayed disappointment that bordered on anger—as if they'd let him down. "What happened?" he asked. "How can they get that many runners together and still not have anyone better than 14:47? That's terrible." The significance of 500 boys going three-miles escaped him.

I hear another type of odd reasoning much too much. "Why does so-and-so keep knocking himself out when he's not getting anywhere? He hasn't even broken 4:30, and he never places." The assumption here seems to be that running is basically a draining and disgusting business, and the only redeeming value comes in running fastest and placing highest.

An overbalance of track's newspaper and magazine (ours included) coverage runs to statistical listings while passing over the vital "how-it-happened" and "who-made-it-happen" aspects. T&FN has greatly "humanized" its reporting of the sport over the last few years. Purists have decried the trend, claiming as one did that, "The magazine has become a comic book and has lost its value as a historical and statistical reference."

Statistics at best are nothing more than the framework, the bare bones of the sport. They are valuable as references, but taken alone they are dull and rather lifeless. The dictionary is a valuable reference work, too, but it doesn't make inspiring reading. We've realized that list after list of statistics don't make the kind of reading most readers anxiously await. It's only after the bare bones have been surrounded by human action, emotion and beauty that

track stories become generally appealing.

Statistics perform at their worst when they become symbols of individual worth. When athletes at the top of the list are worshipped simply because they are there, and those who don't make the list are put down simply because they don't meet some artificial standard, stats have become (as one athlete who has "made it" said) "the pornographic literature of track and field". They say the fastest man is the most worthy of attention, the same way nudie mags say their models with the best bust measurements are the most beautiful, or the most successful businessmen are the ones who earn the most money. Human action, emotion, beauty and worthwhile thoughts flow from all sorts of people and athletes, with little regard for their height on ranking charts.

It's a shame so many athletes' and fans' love for track gets sidetracked into an obsession with numbers. It produces a short-sighted view of the sport which seems to value the tools—the stopwatch, tape measure, pencil and list—higher than the people and their activity. While trying to get involved in the sport, they adopt a clinical, detached view which keeps them from getting fully involved. Possibly they get so stuck on their stats because they're desperately clinging to the only thing in the sport that is lasting and concrete. Too much of track's excitement and enjoyment is for-the-moment, fleeting and abstract. It's only appreciated when experienced.

Bob Deines captured the feeling eloquently when writing about his American best in the 50-mile

"Long races seem to facilitate, more than the short ones, the definition of 'success' or 'winning' in personal terms. Although there was still some of the usual worship-the-winner ritual, it did not seem as dominant as in most shorter events. Here, in the really long runs, there is enough of a personal accomplishment in just finishing the race so that there is less of a need to look to the winner to identify with a sense of success. When each runner crosses the finish line, he knows he has finished his own struggle, and he knows what he has done without anyone else telling him. The almighty stopwatch loses some of its power. Each individual can define his own success under his own terms."

"The race is over. We can still talk about it, but we shouldn't transfer the reality from the race to the talk. For me, each race is a unique event, involving my whole background and life. This race can never happen again, and when reflecting upon it, the experience is largely enveloped in feelings which are difficult to convey. In conveying them, much is lost and distorted, just as most observer-reports of performances distort the runners and races to a much greater degree."

"Times and records are an artificial and external history of the past. Records can be broken suddenly, courses found short or disputed, and times used by observers to compare the relative worth of different runners. These things may have some use, but they are ultimately of little importance, despite the enormous attention given them. Each runner has his own view and evaluation of the race, both during it and afterwards. The race is something that was lived and felt internally. It will continue to live on within all the runners who ran. For some, the memory will begin to fade. For others, the experience will remain as a stepping stone in the individual's growth and development, both as a runner and as a person."

Three Meet Director Dynamos Retire

by Bert Nelson

Four of America's most celebrated track and field events are operating under new management following the retirement this year of their longtime meet directors.

Herschel Smith has stepped down after 33 years as major domo of the Compton Invitational and nine years with the Los Angeles Invitational. Ken Doherty has directed the last of 13 Penn Relays, and Bob Karnes will be missing after 14 years at the helm of the Drake Relays.

Smith founded the Compton Invitational in 1936 when the idea was so new that only the fabulously successful but short-lived Princeton Invitational was on the schedule. Since then, no single annual meet has produced such great individual competition as has the Compton affair. And in 1960, he and publicist Al Franken made indoor track a truly national event when they staged the first indoor meet on the west coast since pre-World War II times.

Following a sprint career at the University of Southern California, Smith entered coaching at Compton Junior College in a Los Angeles suburb. It was the only position he was ever to have and he was perhaps the nation's most successful junior college mentor. Corny Johnson (1936) and Charlie Dumas (1956) won Olympic high jump titles as Compton athletes, while Sim Iness titled in the discus after going on to Southern Cal.

Retiring after this year's LA Invitational and before the now combined Coliseum-Compton Invitational, Smith has settled on a small orange ranch near Pala in northern San Diego County, a tiny community which also is the home base of Hilmer Lodge, the country's top amateur track leader as chairman of the AAU track and field committee.

Doherty's connection with the Penn Relays, largest track event in the world, began in 1925 when he competed in the decathlon for Wayne State University. He went on to become national champion and placed third in the 1928 Olympic 10-eventer.

As a head coach, he guided Michigan to seven Big Ten championships from 1939 to 1948 and then led the University of Pennsylvania from 1948 to 1958. He directed his first Penn Relays in 1957 and the Philadelphia Inquirer indoor meet from 1959 to 1967.

For the past 10 years, an average of over 5000 athletes have taken part in the Penn Relays each year, from fifth-graders to over-40 seniors. In 1968, a total of 164 races were held, averaging one every five minutes, and including 20 distance races taking from seven to 19 minutes each. It is only possible with two tracks, one within the other, and the most precise possible organization headed by a hyper-efficient director.

Not ready to retire, Dr. Doherty has simply moved on to other activities, including writing. As author of Modern Training for Runners, Modern Track and Field and Movies on Paper, as well as numerous articles, he is the nation's best read writer on the technical side of the sport.

At 43, Karnes has a lot of years ahead of him, and for the present at least he will utilize them as athletic director of Drake University, a post he assumed last year. In July, he shucked two of his three titles when he relinquished the coaching and relay directorships at Drake.

The 60-year-old Drake Relays expanded considerably under Karnes' guidance from 1956 through 1969. He added open, frosh-junior college and high school girls divisions and included the three-mile, six-mile, steeplechase, marathon and decathlon. The program now stretches over four days. A Tartan track, providing sure footing even for the wettest of relays, and a giant scoreboard was brought from the Pan American Games in Chicago in 1959.

As a distance runner of note for the University of Kansas, Karnes won more individual Big Seven (now Big Eight) titles than any other runner in conference history. He was a 13-time champion outside, inside and over the country. Before coming to Drake, he coached at Sedalia, Mo., High School and then at Shawnee-Mission High in greater Kansas City.



Herschel Smith



Ken Doherty



Bob Karnes

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PHILADELPHIA TRACK CLASSIC, Saturday, January 24, 1970, 6:30 p.m., Philadelphia Civic Center Convention Hall. Conducted by City of Philadelphia. Jim "Jumbo" Elliott, Meet Director. James Tuppeny, Associate Director. For information write or call P.O. Box 2034, Philadelphia, Pa. 19103, (205) LO 8-3699.

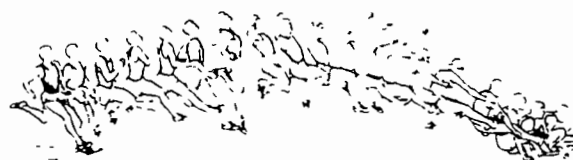
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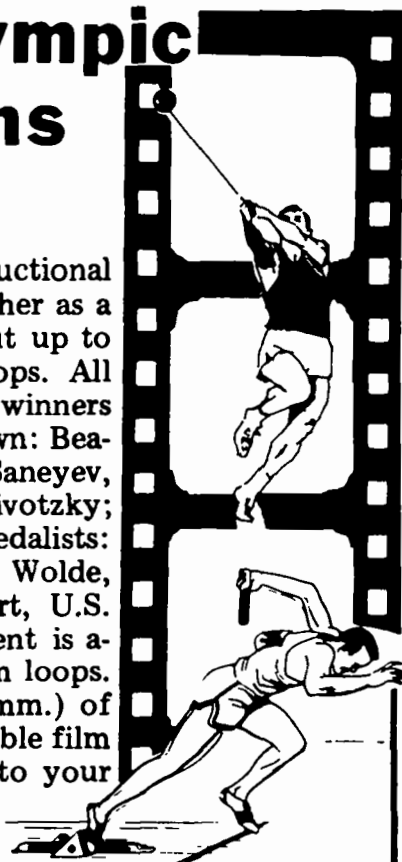
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The current issues of Track Technique include articles on a great variety of related matter in the field of (track & field) athletics. Many of these, if I did not read about them in the Track Technique magazine, I would not read about anywhere. I would not have the time to gather the material. I would not have the money nor the means to lay my hands on such widespread reading matter...

Track Technique is published in the USA once every three months, and athletic coaches and athletes from every English speaking country know it and read its packed pages. I was in Leipzig, East Germany, in 1965 for several months. I was surprised to find Track Technique among the few English printed materials available in the library of the German High School for Physical Culture & Sports. The editor has discovered that subjects which are important to athletes and coaches in USA and USSR, or England or other European countries, are equally important to people in India or other Asian countries. Thus it comes about that Track Technique has a profound influence on sports lovers who are free to read what they want."

(signed)

K.O. Bosen

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Ft. MacArthur Story

by Joe Henderson

"Well, how hard would you run to stay out of Vietnam?" Ken Moore wrote, only half-jokingly, as he described the spirited goings-on at the recent interservice championships in Texas. He was part of the Fort MacArthur unit brought together by the US Army solely because its individual soldiers were able to sprint 100-meters in 10-flat, high jump 6'11" and put the shot 65-feet. The team wasn't formed at the San Pedro, Calif., base to promote general physical fitness in the ranks. The 45 or so national class--and in a good many cases world class--athletes were called up and drilled to present a powerful US Army front in national and world meets. Mission accomplished.

Before the patriots go firing irate "break-up-Fort-MacArthur" letters to their congressmen, though, it should be noted that the track team isn't a haven for duty-dodgers. The statistical chances of a 10-flat 100-meter man serving time in a war zone aren't much better or worse than those of the average non-athletic Private Oliver Drab. The Army manages to put first things first, as Captain Mel Pender's experience of two Vietnam tours indicates. Any athlete who feels his track gives him a permanent stay-at-home post is only thinking wishfully. Fort MacArthur's track and field platoon is drawn from soldiers who aren't needed elsewhere for the moment.

They aren't really escaping anything. Though the trackmen often get light work assignments and liberal travel arrangements, they do have regular duties--even if only cleaning the bowling alley or supervising in the gym. This is in addition to the sometimes nearly full-time job of training and competing. Lots of homefront soldiers, as anyone who has been through it knows, only sweep the bowling alley, hand out basketballs or drink coffee in the motor pool. No three or four hours of training a day or spending a free weekend, say, pounding through a hard three-mile in Miami. Sure, the trackmen enjoy the benefits of their all-star existence, but it's not without its sacrifices.

Officially, it's known as the "All-Army" team, though Track & Field News persists (much to the dismay of Army officials) in calling it "Fort MacArthur" to better pin down its location. Whatever we call it, this collection of soldiers comprises perhaps the best track team in the country. No college can match its awesome talent, and clubs are so free-form in nature that groups like the Striders can't be compared with the military organization.

In terms of fulfilling their objective--success nationally and internationally--the Fort MacArthur soldiers have done brilliantly. Army brass, along with civilian coach Ralph Higgins, consider two 1969 meets of the highest priority--the US Interservice championships and the CISM (international military) meet. Higgins' troops rampaged through the American meet, packing away all but four of the 19 individual and relay titles. They then made up the bulk of the US team that bagged 10 firsts, four seconds and five thirds in the CISM at Poitiers, France, in July. All they lacked was attention. The US representatives got next to none, unfortunately, causing Higgins to comment pointedly, "I never saw any report in Track & Field News."

Other than missing out on deserved publicity Higgins should be quite pleased with the situation he finds himself in at the southern California post. It's a coach's dream. Imagine having a pool of a million men from which to extract the 50 or so best runners, jumpers and throwers. With the draft situation as it now is, hundreds of young trackmen are being snapped up as soon as they finish their last college meet. Compared with distasteful tasks like KP, guard duty, drilling and a dull office job, track training looks like a pleasant way to pass Army time. The athletes are eager to get in. Once they do--and it's far from easy--they enter a well-budgeted program where development opportunities are less limited than in perhaps any other amateur setting.

Higgins and the Army are free to be choosy. Not more than a tiny percentage of the service's present and ex-trackmen will ever get a choice assignment at Fort MacArthur. The Olympic year program, for instance, was the biggest ever attempted by the military, and yet qualifying standards read 9.5 in the 100, 4:00 mile, 13.8 high hurdles, 16'0" vault and 180'0" discus. From that group of 45, Pender, Tom Farrell, Tom Von Ruden, Bob Day, Tracy Smith and Tom Waddell got to Mexico City. This year's collection of 42 contributed Charlie Greene, Jim Kemp, Ken Moore, Neal Steinhauer, Bob Frey, Dale Frederick, Larry Hart and Day to US international teams. So if international success was the Army's object in setting up the unit, it was worthwhile.

While the 1968 team's preparation began nearly a year before the Olympics, it didn't reform this year until early April. "We had 42 men in the program," Higgins said, "and the group was on a crash program of conditioning and preparation for our 'target date', the June 17-18 Interservice meet. Six men (including Smith, Von Ruden and Day, the three Olympic distance men) are stationed permanently here at Fort MacArthur. The rest are here on temporary duty from bases around the world. We have recent returnees from Vietnam, one man from Berlin, one from Korea."

Selection, Higgins said, comes through the Department of the Army's sports branch in Washington, D.C. Lt. Col. Robert Ingle and George Wilson, both AAU representatives, oversee that operation. Special Services offices at various and far-flung bases screen talent and make recommendations for the officials in Washington. Army paperwork being what it is, athletes can easily be overlooked. Elliott Baker, the assistant coach at MacArthur in 1968, said "The problem is letting the athletes know we have a program like this. We didn't discover Elbert Stinson (the CISM 400 champ) until he showed up at an area championship meet. He went right to MacArthur. It's best that an athlete arranges to get on the team even before he gets inducted. Once he's in basic training, there are too many things to do, too many forms to fill out, and most commanders don't want to be bothered with filling out the ones for the track team. I'd say, avoid the channels and contact Washington directly."

Once in, the Fort MacArthur athletes enter what former Temple University assistant coach Baker calls "a unique setup." It's something of a paradox, actually. The trackmen are members of perhaps the most rigid and tightly-controlled segment of American society--the military--yet they enjoy more freedom to develop their special talents than perhaps any other athletes. Time and study conflicts aren't what they are in school, and worries about earning a liv-

ing aren't what they are with the club/unattached man. In the military system where rank normally means everything, a civilian is in charge of the track team and his assistant, enlisted man Baker, is empowered to tell officers how they are to train. It seems to work just fine.

"With class athletes, having been, in the main, champions from universities, colleges and clubs," longtime Oklahoma State coach Higgins said, "my duties as coach are primarily to supervise, advise and otherwise. All I require is that they give me a weekly schedule of their training plans." Higgins has at hand special motivational powers not available to most coaches. "Those men who are not able to train for various reason, or who can't meet certain standards, are returned to their home bases. This year, I had to send six men back," Baker added. "Many of the men here are listed as 'pending assignment.' In other words, once they leave the team, they can be sent anywhere. One athlete was slated to go to Vietnam twice and Germany once. Let's face it, his track kept him from going."

Seeing to the needs of four dozen trackmen of this quality becomes expensive, but their support isn't included in our tax bill. "The budget for 1968 (at Fort MacArthur) was in the neighborhood of \$36,000," Baker said. "I'm pretty sure we ended up spending closer to \$50,000. This budget, which covered the coach's salary, athletes' equipment and some travel expenses, is higher than at most colleges--if the scholarships aren't considered. But all this money comes from non-appropriated funds. In other words, none comes from the taxpayers and government. This is money set aside from the profits of the PX, snack bars and so on. Ralph's salary comes from this source. But transportation is generally paid by meet promoters. We travel commercially since military transportation is often unreliable."

Time away from the post is given freely. Fourteen MacArthurites (along with 10 other servicemen) were training for up to two months at Tahoe and Alamosa last summer, and the six Olympians spent another six weeks at the Games. Moore and Steinhauer took a week off this spring and went to Eugene, Ore., to train with their former coach Bill Bowerman. Then they went on a long trek with their teammates to the Interservice meet, the AAU, CISM and other international competitions. The only soldiers affected by these long absences, Baker said, are the career men and the specialists. "It's detrimental for a career officer like Pender to take time off for track. He needs command time and can't afford to take three or four months off from his duties as a company commander. There's subtle pressure from higher-ups for him not to go. But he was back at MacArthur this year. Tom Waddell is a doctor specializing in tropical diseases and he was lucky to get released at all last year. He came to MacArthur last May, and it was amazing he got in shape in such a short time."

For the draftee "putting in his time", though, Fort MacArthur is as perfect duty as a track-inclined soldier could hope to find. While some are trained to shoot, to cook to type or to drive their primary function during their stay at San Pedro is to run, jump and/or throw. Regular Army life is never far away, but while the stay there lasts that life loses much of its drabness. How fast would you run for that?

Larry Hart is typical of the soldier-athletes comprising the potent Fort MacArthur team. Hart scored a personal best hammer throw of 215'7" in winning the Interservice title, placed fourth here at the AAU with 211'8" and was an internationalist versus Europe, West Germany and Britain. (Photo by Don Chadez)



Book Reviews

An Olympic Drama Not For Boy Scouts

by Upton Allsberry

Brian Glanville's new book *The Olympian* invites comparison with *The Games*. Hugh Atkinson's book of last year, which covered—as one of its three or four thematic strands—much the same ground, in particular, the runner being coached to Olympic glory (or hope of it) by a fascinating Cerutti-type mentor. Atkinson's book was well written, and his ability to make track events real and dramatic was unquestionably the best part of his work. From the standpoint of literary merit, however, Glanville's book is without a doubt the best we've seen on a track and field subject. It won, in fact, The Thomas R. Coward Memorial Award in Fiction, which is presumably not much more than an advertising device of the publisher (Coward-McCann).

But the book is obviously a product of an interesting, polished craftsman. He has researched his Cerutti character well (Sam Dee) and he is the most interesting person in the story. The central figure, Ike Low, a quartermiler turned into a top world class miler by Dee, is not as interesting. His slavish need for a strong coach and his weaknesses off the track make him something less than a hero, but the Low-Dee relationship is the important thing, and Glanville handles it brilliantly. The author's grasp of the nuts and bolts of track and field, i.e., how races are actually run, training procedures, etc., is not always what it should be. Ike's lap times, for instance, often don't make much sense. But if you can overlook these minor irritants, you will still find many rewards—of a track and field nature—in the book. There are descriptions of international track jaunts, bickering in the realms of track officialdom and exciting races that ring true and are good reading.

You may find the ending unsatisfying, as I did, but Glanville has striven to create a work that is not limited just to the pale of track and field. And as such it stands as a successful, if somewhat flawed, achievement. The book's language is not for boy scouts, Glanville puts down how athletes actually talk—and think—and how some behave. It is adult reading worthy of the attention of anyone who appreciates a mature, well conceived novel.

(*The Olympian*, Brian Glanville. 287 pp. 1969. Coward-McCann, New York. \$5.95. Available from Track & Field News.)

An Olympic Drive on Hard Work, Apple Pie

by Upton Allsberry

The runner is coming into his own in fiction. Hugh Atkinson's *The Games* dealt with Olympic marathoners. Brian Glanville's *The Olympian* focused on a 1500-meter ace, and now we have *The Miler*, a new novel by T&FN editor Cordner Nelson, whose interest in the four-lap event has been heretofore evidenced by his best-selling biography *The Jim Ryun Story* and his other writings and studies in Track & Field News.

There are surface similarities between *The Miler* and *The Olympian*. Both deal with a miler, both have a strong coach as a central influence, both have love interests. But Cordner Nelson's aims in *The Miler* are somewhat more modest. His is chiefly an entertaining book for the track fan—one which can be enjoyed equally by the old-timer and junior high schooler. It espouses the wholesome values of true love, motherhood and apple pie—and success achieved through hard work, determination and adherence to a rigorous, thoroughly plotted training schedule.

The main character is young miler Rob Hagen. He meets amateur middle-distance coach Gilbert Martin, and through Martin's guidance begins to emerge into running prominence. Rob's dream of a place on the Olympic team, however, runs into a snag when he falls for Martin's comely daughter, Bess. As father's and daughter's plans for Rob don't always coincide, Rob is caught in a dilemma which threatens to wreck both his Olympic hopes and his plans to marry Bess.

The author has few rivals in his knowledge of the sport and his ability to describe races. Combining these assets with a pleasing narrative style, he has given us a thoroughly enjoyable book. Actual locations and meets (NCAA at Berkeley, the Compton-Coliseum Invitational, etc.) add authentic flavor and make it easy to identify with the story's principal characters. It's a rapidly-paced, exciting book that will leave you out-of-breath, with Rob, in the climactic race. It's recommended to all track enthusiasts. And for a change, it's suitable reading for teenagers.

(*The Miler*, Cordner Nelson. 158pp. 1969. S.G. Phillips, New York. \$4.95. Available from Track & Field News.)

Athletes Off the Track

Athletes Off The Track is concerned with non-competitive action and comment or opinion, of the athlete, by the athlete, and for the athlete. Opinions expressed by others may or may not coincide with those of Track & Field News.

Gary Power Writes: A Call to Action

by Gary Power

In the light of what has been happening to trackmen over the years, and particularly last summer, I think it's time we put an end to the exploitation we have been enduring for so long. I'm speaking as one trackman attempting to rally fellow athletes. The incidents last track season bordered on the absurd. Our national governing body embarked upon a half-million dollar television contract of which we were the main attraction. I wonder how much money CBS made on this venture? The weekly program had tremendous ratings, created a lot of interest among the viewing public and will undoubtedly be continued in 1970. A lot of meet directors, AAU officials and TV people made substantial gains because of your ability. Now I ask, what did we get out of it? I know most of us don't intend to become wealthy because of track and field, but I think it's a crime when we're spending several weeks in different European cities waiting to put on these track meets and we have laundry bills coming out of that enormous expense allowance of \$2.00 a day. This is just symbolic of the whole program, and any one of us can list several similar incidents in detail.

Another area of exploitation is at the hands of the different meet directors. With a new indoor season very near, how many of us are going to have to beg meet directors to let us run in their meets? Have you ever wondered why there are so many major indoor meets? In what other endeavor can a promoter rent an arena, get talent virtually free, buy a few dozen watches, then pack in 10,000-12,000 fans at \$5.00 a head? An investment like that yields very good returns, even if the promoters don't get any TV money. Meanwhile, we have to pay our own parking at their meets, buy a ticket for our women and chase the meet director down if we are in line for some per diem.

I could go on, but the point of this article is to convince athletes that all this must come to an end. It's time to quit complaining about this problem and start doing something about it. It's time to realize we aren't going to get any help from anyone.

The AAU, which in theory functions to serve the athlete but in reality uses the athlete, is not about to amend any of its archaic policies. Last summer, during a crisis period in Europe, we sent a telegram to President Nixon asking the Federal government to lend a hand. After a couple of responses of pacification and a halfhearted offer to listen which never materialized, Washington lost interest. The simple conclusion for getting anything done for the track is that it's going to have to be done by the athlete. To do this, we must work as a single body, but there are several things each individual athlete can do to help. The five athletes' representatives elected at South Lake Tahoe in September will be polling athletes concerning different matters. Answer these questionnaires and offer your suggestions. Whenever a meeting of athletes is called, go to it and take part. Most important, show some courage when dealing with the people who are the source of our problem. Resist their often used tactics of isolation and intimidation. Defend your rights. If you aren't sure what your rights are, seek some help from your athlete representative. This group shows a desire to

head a strong, active athletes' organization and it has a detailed plan of attack, including getting your opinions and some statistical information from questionnaires, analysing this information through a computer, and approaching the AAU and some meet directors with the results. Then, if we don't get any action we will have to resort to boycotts, and testing the constitutionality of some of their policies in court.

I realize that these sound like strong words. They are strong words, because it's time for us to take a strong position on these matters. This is our sport and we have the power to make it much better if we will organize and use this power in the right way. We have a lot to gain. I think most important is a modern code for the amateur athlete to follow. We need a new definition of the term amateur and the limitations it has. A code that is compatible with life today. We can gain some financial support. Considering the amount of money involved in the promotion and production of "amateur" track and field today, it is time some of it filters down to the athlete. At least it should no longer cost a man money to compete in the sport at the international level. We make enough sacrifices of time, energy and neglect to personal situations that we shouldn't have a financial burden as well. This financial help could come to us directly or through our clubs. All the incidentals could be worked out later. What we need to do now is make a commitment to ourselves and to our sport. Let's make 1970 the year of the emergence of a new breed of athlete. A group that is united and dedicated to the rights of the athlete in track and field.

(Gary Power, 13.6 high hurdler, was involved in a dispute with the AAU over the organization's refusal to reimburse his travel expenses to join the US team in Europe. Athletes supported Power and the AAU eventually repaid him.)

AAU Committee Discusses Problems

In a special steering committee meeting of leading AAU track and field representatives, top billing on the agenda of nine topics went to a discussion and review of the problems of the past US season—and suggestions of how to work with the "new breed" of athlete now becoming more vocal.

Lack of communication on the part of all involved was noted as a major obstacle to efficient and effective international tours as well as other issues surrounding the sport.

In the way of attempting to find solutions, this body agreed that any coach or manager nominated for a national team should be present at the national meets, that there should be a briefing period before foreign trips, and that the AAU would be willing to cooperate with athletes' demands.

On the other hand, control of the athletes became a significant issue as well and there was concurrence that athletes must live up to obligations. There was a determination that closed meetings where coaches and managers are not permitted to sit in with the athletes should be outlawed and no statements should be permitted to be given to the press by athletes if the coaches and managers are not given an opportunity to respond. Athletes whom the AAU considers "trouble makers" on a particular trip, and especially in 1969, may be required to be interviewed before selections to a team are approved. At the minimum, officials desire to reach an understanding with athletes whose conduct on previous trips was undesirable.

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All-time performance list (10-deep)
'69 Indoor list
All-time Indoor list

Records: High School records
Age and Class records
Indoor records

Features: '69 Athlete of the Year
Preview of 1970 h.s. season
'69 regional round-up
'69 performance of the year
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Office Memo

from Box 296

Many of you probably are unaware of Tafnews Press, even though you may have read one or more books published by it. As you now may perceive, Tafnews is a contraction of Track and Field News, and Tafnews Press is our book division.

It is a busy activity. And a growing one. Especially now. With less demands on our editorial staff during the fall, we are able to devote some time to book publishing. The result is a flurry of action. Already published are Championship Pictorial 69, There's A Human Being In That Sweat Suit, and Long Slow Distance. Due soon are the 1970 High School Annual and By-line 69, while in the works, for early 1970 delivery, are such titles as The Sensational Sixties, Road Racers and Their Training, My Run Across the United States, and Computerized Running Training Programs. Still other books are in various stages of planning, writing, editing and preparation.

It was not always so. We did get an early start, publishing A Guide to American Track and Field Literature in 1951, when T&FN still was very much of a part-time hobby. Our second effort came in 1954 with the first High School Annual, put together by Dick Bank, whose thing then was the schoolboy trackster. Don Potts came along with his 1955 All-Time US List, and the next year we did Who's Who in Olympic Track and Field. The year 1959 was significant as we produced three books and entered two new fields. Back Track contained the best of 40 years of reporting by Max Stiles, while Running with Cerutti and Fred Wilt's How They Train were on the technical side. From then on, we averaged one or two books a year until this year, when we stepped up the pace.

Our books not only cover a wide variety of subjects within the sport but vary in format and appearance. Most, however, are paperbacks with a 5 1/2 x 8 1/2 page size. The Jim Ryun Story in 1967 was in hardback and is one of the best selling, if not the best, books in track history. The 280 pages of Run Run Run is our house record, while the All-Time High School List ran only 16 pages.

Ideas for books, which now total more than 40, come from a number of sources. Many originate in the office through the simple process of mulling over what books we can publish that will be of interest to our public. Others are submitted to us, either in finished form or as an idea. Some, such as the High School Annual and The Sensational Sixties, are staff produced. Others, such as The Jim Ryun Story and Long Slow Distance, are authored by staff members. Some come from complete strangers.

Our small staff handles most of the editorial and a good part of the mechanical work. One of us, quite often our literate business manager Ed Fox, is assigned as editor to work with the author. Editorial evaluation is shared by several, depending on their knowledge and interest, and always including Fox and publisher Bert Nelson, who make the final decision to publish or not. With the exception of the Ryun book and earlier books typed by authors, all composition of type is done in the office. Until this fall, we used the same IBM Executive typewriters that produce Track & Field News. Now we have an IBM Composer which can produce composition in a variety of type faces and sizes, mixing bold face with light and italic. It offers the ability to provide even margins and to vary the space between lines, and anything else we need to meet our most demanding typesetting requirements. The Composer, which looks very much like a large typewriter and costs over \$5000, is used for the new style captions and occasionally for italics in T&FN, and for much of our advertising, for Track Technique and a great deal of other printing.

We enjoy publishing books. Aside from helping to pay the bills, book publishing gives us variety, allows us to get much material into print that otherwise would be neglected and, by the dissemination of technical knowledge, statistics and entertainment, lets us continue to serve the world of track and field.

Track & Field News



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Steve Prefontaine graduated from high school to college running without missing a step. In just two races for Oregon, he set himself up as the most exciting cross country man on the current scene. In this race—the Northern Division, he beat Gerry Lindgren by 150 yards. They went step-for-step in the Pac-8, Lindgren winning with nothing to spare. (Gary Lineburg)

cover photo

Editorial Position Open

We have an announcement that makes us both happy and sad.

Happy for Joe Henderson who has accepted an offer to become the first full-time editor of Distance Running News (soon to change its name to Runners World). Distance running, as an athlete and a journalist, has long been Joe's primary interest in the sport of track and field, and there is perhaps no one in the world as qualified to fill this new role with DRN. He is both a qualified student of training theory, as will become apparent in his soon to be released book on "Road Racers and Their Training", as well as distance running philosophy, as he reveals in his just published "The Humane Way to Train". His concern for both aspects was the root of many articles appearing in T&FN. Joe takes with him an enthusiasm and an understanding of distance running that should be welcomed by readers of DRN and long runners everywhere.

Sad, of course, because of the significant void Joe's leaving will create in the editorial department. His versatility as a writer and a statistician was highly instrumental in making T&FN's "New Look" of the past two years the lively blend of humanized features and meaningful stats many readers tell us it has become. While he will have served as our statistician for two of the nearly three years he will have worked for this organization when he leaves after the January annual edition, he actually was producing more articles than in his first year. Fortunately, however, as DRN is moving its headquarters to neighboring Mountain View, Joe will still live just a mile away from our offices and expects to remain as a contributor of at least features to these pages.

All of which brings us to the crust of the announcement that T&FN is seeking new editorial assistant(s). Since Jon Hendershott (not to be confused with Joe Henderson as they often have been) is sufficiently versatile to serve primarily as our statistician or writer, the main position now open may be filled by a candidate of either inclination.

We will consider either part-time or full-time employees, college undergraduates or advanced degree candidates in the former and young graduates in the latter. Essential for either position are these qualifications: (1) track knowledge bordering on "nutism"; (2) writing ability; (3) statistical sense; (4) above average typing skill; and (5) willingness to get the job done—under pressure, sometimes after hours, and without concern for the importance of the task.

Time is essential. If you're interested to learn more details, write immediately to Dick Drake, managing editor, Track & Field News, P.O. Box 296, Los Altos, Calif. 94022.

Errata, Addenda

I June: Ken Breen's 8:51.4 steeplechase at the Southern Pacific AAU meet was found to be about 50 yards short so won't count as a freshman record.

Scheduled

TRACK & FIELD NEWS will be mailed on the dates shown below. Delivery should not require more than three weeks anywhere in the US, proportionately less in closer areas. If your issue is late in arriving, please notify us so we may try to obtain better postal service. Copy, photos must be received 10 days before mailing dates below:

Month	Date	Month	Date
November	Nov 20	February I	Feb 5
December	Dec 18	February II	Feb 19
January	Jan 22	March I	Mar 5

CROSS COUNTRY

Month	Date	Location
November	22	NAIA, Oklahoma City, Okla
	24	NCAA, Van Cortlandt Park, NYC
	26	USTFF, University Park, Pa
	29	AAU, Detroit, Mich

OUTDOORS

Month	Date	Location
December	6-13	SE Asia Peninsula Gms, Rangoon

INDOORS

Month	Date	Location
	20	Holiday Open, Chicago, Ill
	29-30	Saskatoon K of C, Saskatoon, Sas

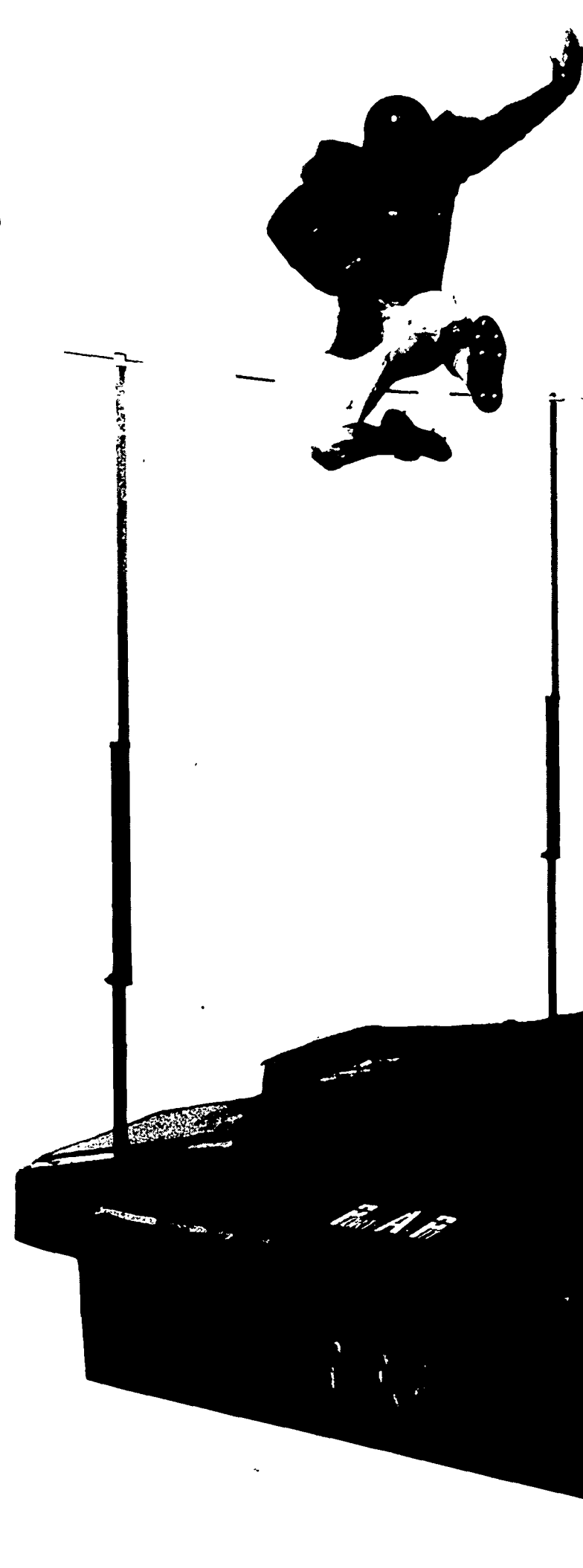
-the market place-

1970 TRACK & FIELD MARKET PLACE CATALOG is now in the mail to US and Canadian high school, junior high school, college, and junior college track coaches. Its 56 pages contain the largest offering anywhere of track and field books, periodicals, films and film loops, jewelry, tours, visual aids, stop watches, photos, coaching aids and equipment, and such merchandise as heel protectors, wind gauges, measuring wheels, track liners, etc., including over 20 pages of merchandise offered by the world's leading track and field suppliers. Subscribers and others may receive a free Market Place catalog by writing to T&FN.

THE MILLER. Cordner Nelson, T&FN editor and author of the highly successful The Jim Ryun Story, tried his hand at track fiction in this new book, and the result is a very satisfying, enjoyable book. It is the story of a college miller who comes under the tutelage of an amateur middle distance coach and becomes one of the country's premier millers. His goal is a place on the Olympic team but he falls in love with his coach's daughter who is not of the same mind about his dedication to running. How the conflict is resolved makes absorbing reading. The track action is described beautifully and the narrative flows quickly to a thrilling climax. This is a work which will entertain every track fan, young or old, who picks it up. 156 pp. 1969. \$4.95

Best Sellers

- | | |
|---|---|
| 1. Problem Athletes & How to Handle Them \$4.95 | 6. The Lonely Breed \$4.95 |
| 2. High School Runners & Their Training Programs \$3.00 | 7. The Unforgiving Minute \$4.95 |
| 3. Run Run Run \$3.00 | 8. Out In Front \$3.95 |
| 4. How They Train \$2.00 | 9. Olympic Cross Country Clinic Notes \$2.50 |
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A high jumper is captured in mid-air, performing a Fosbury Flop over a bar. Below the bar is a large, dark, rectangular Port-a-Pit landing pit. The pit has the letters 'P A P' printed on its side. Two vertical poles support the bar. The jumper is wearing a dark singlet and light-colored shorts.

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