2022 European Championships Statistics – Men's 5000m

by K Ken Nakamura

Summary

All time performance list at the European Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	13:10.15	Jack Buckner	GBR	1	Stuttgart	1986
2	2	13:11.57	Stefano Mei	ITA	2	Stuttgart	1986
3	3	13:12.88	Tim Hutchings	GBR	3	Stuttgart	1986
4	4	13:13.15	Evgeni Ignatov	BUL	4	Stuttgart	1986
5	5	13:17.06	Jakob Ingebrigtsen	NOR	1	Berlin	2018
6	6	13:17.21	Brendan Foster	GBR	1	Roma	1974
7	7	13:17.67	Antonio Leitao	POR	5	Stuttgart	1986
8	8	13:18.75	Henrik Ingebrigtsen	NOR	2	Berlin	2018
9	9	13:19.14	Morhad Amdouni	FRA	3	Berlin	2018
10	10	13:19.85	Yemaneberha Crippa	ITA	4	Berlin	2018

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	6.72	13:17.21	Brendan Foster	GBR	Roma	1974
	23.0h	14:03.0h	Emiel Zatopek	TCH	Bruxelles	1950
Min	0.00	13:40.85	Ilias Fifa	ESP	Amsterdam	2016
	0.08	13:28.52	Venanzio Ortis	ITA	Praha	1978

Best Marks for Places in the European Championships

Pos	Time	Name	Nat	Venue	Year
1	13:10.15	Jack Buckner	GBR	Stuttgart	1986
2	13:11.57	Stefano Mei	ITA	Stuttgart	1986
3	13:12.88	Tim Hutchings	GBR	Stuttgart	1986
4	13:13.15	Evgeni Ignatov	BUL	Stuttgart	1986
5	13:17.67	Antonio Leitao	POR	Stuttgart	1986
6	13:22.67	Martti Vainio	FIN	Stuttgart	1986

Multiple Gold Medalists:

Mo Farah (GBR): 2010, 2012, 2014

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
NOR	2018	Jakob Ingebrigtsen	Henrik Ingebrigtsen	
ESP	2016	Ilias Fifa	Adel Mechaal	
GBR	2014	Mo Farah		Andy Vernon
ESP	2006	Jesus España		Juan Carlos Higuero
ESP	1998	Isaac Viciosa	Manuel Pancorbo	
GBR	1986	Jack Buckner		Tim Hutchings
GBR	1969	Ian Stewart		Alan Blinston
POL	1958	Zdzislaw Krzyszkowiak	Kazimierz Zimny	
FIN	1938	Taisto Mäki		Kauko Pekuri

Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
ESP	Jesus España	Marta Dominguez	Göteborg	2006
ESP	Alberto Garcia	Marta Dominguez	München	2002

All time performance list at the European Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	13:10.15	Jack Buckner	GBR	1	Stuttgart	1986
2	2	13:11.57	Stefano Mei	ITA	2	Stuttgart	1986
3	3	13:12.88	Tim Hutchings	GBR	3	Stuttgart	1986
4	4	13:13.15	Evgeni Ignatov	BUL	4	Stuttgart	1986
5	5	13:17.06	Jakob Ingebrigtsen	NOR	1	Berlin	2018
6	6	13:17.21	Brendan Foster	GBR	1	Roma	1974
7	7	13:17.67	Antonio Leitao	POR	5	Stuttgart	1986
8	8	13:18.75	Henrik Ingebrigtsen	NOR	2	Berlin	2018
9	9	13:19.14	Morhad Amdouni	FRA	3	Berlin	2018
10	10	13:19.85	Yemaneberha Crippa	ITA	4	Berlin	2018
11	11	13:22.00	Salvatore Antibo	ITA	1	Split	1990
12	12	13.22.45	Gary Staines	GBR	2	Split	1990
13	13	13:22.67	Martti Vainio	FIN	6	Stuttgart	1986
14	14	13:22.92	Slawomir Majusiak	POL	3	Split	1990
15	15	13:23.14	Marc Scott	GBR	5	Berlin	2018
16	16	13:23.42	Polat Kemboi Arikan	TUR	6	Berlin	2018
17	17	13:23.93	Manfred Kuschmann	GDR	2	Roma	1974
18	18	13:23.99	Dionisio Castro	POR	4	Split	1990
19	19	13:24.10	Aleksandr Fedotkin	URS	1h3	Praha	1978
20	20	13:24.16	Jonny Danielson	SWE	5	Split	1990
21	21	13:24.43	Rinas Akhmadeyev	ANA	7	Berlin	2018
22	22	13:24.57	Lasse Viren	FIN	3	Roma	1974
23	23	13:24.71	Markus Ryffel	SUI	2h3	Praha	1978
24	24	13:24.79	Julien Wanders	SUI	8	Berlin	2018
25	25	13:25.08	Risto Ulmala	FIN	6	Split	1990
26	26	13:25.11	Chris Thompson	GBR	9	Berlin	2018
27	27	13:25.22	Soufiane Bouchikhi	BEL	10	Berlin	2018
28	28	13:25.31	Ben Connor	GBR	11	Berlin	2018
29	29	13:25.51	Jos Hermens	NED	4	Roma	1974
30	30	13:26.48	Thomas Wessinghage	FRG	1h2	Athinai	1982
31	31	13:26.67	Venanzio Ortis	ITA	3h3	Praha	1978
32	32	13:27.12	Ilie Floroiu	ROU	5	Roma	1974
33		13:27.13	Stefano Mei		7	Split	1990
34	33	13:27.23	Arne Kvalheim	NOR	6	Roma	1974
35	34	13:27.45	Hansjörg Kunze	GDR	2h2	Athinai	1982
36		13:27.58	Tim Hutchings		3h2	Athinai	1982
37	35	13:27.65	Albert Cova	ITA	4h2	Athinai	1982
38		13:27.78	Evgeni Ignatov		5h2	Athinai	1982
39	36	13:28.08	Mats Erixon	SWE	6h2	Athinai	1982
39	37	13:28.08	Florian Carvalho	FRA	12	Berlin	2018
41	38	13:28.22	Harri Hänninen	FIN	8	Split	1990
42	39	13:28.25	Cyrille Laventure	FRA	9	Split	1990
43	40	13:28.45	Dmitriy Dmitriyev	URS	7h2	Athinai	1982
44		13:28.52	Venanzio Ortis		1	Praha	1978
45		13:28.60	Markus Ryffel		2=	Praha	1978
45		13:28.60	Aleksandr Fedotkin		2=	Praha	1978
47	41	13:28.61	Pierre Deleze	SUI	1h2	Stuttgart	1986
48		13:28.80	Pierre Deleze		7	Stuttgart	1986
49	42	13:28.83	John Treacy	IRL	4	Praha	1978
50		13:28.84	Evgeni Ignatov		2h2	Stuttgart	1986
51		13:28.85	John Treacy		4h3	Praha	1978

52		13:28.90	Thomas Wessinghage		1	Athinai	1982
53		13:28.92	Jack Buckner		3h2	Stuttgart	1986
54		13:29.00	Gary Staines		1h2	Split	1990
55	43	13:29.03	Stanislav Hoffman	TCH	7	Roma	1974
55		13:29.03	Salvatore Antibo		4h2	Stuttgart	1986
55		13:29.03	Dionisio Castro		2h2	Split	1990
58	44	13:29.09	Arnold Mächler	SUI	3h2	Split	1990
59		13:29.10	Antonio Leitao		5h2	Stuttgart	1986
60	45	13:29.16	Carlos Monteiro	POR	4h2	Split	1990

Slowest winning (auto) time*:*

14:05.82 by Mo Farah (GBR) in 2014; 13:44.70 by Jesus España (ESP) in 2006

Slowest winning time since 1990:

14:05.82 by Mo Farah (GBR) in 2014; 13:44.70 by Jesus España (ESP) in 2006

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	6.72	13:17.21	Brendan Foster	GBR	Roma	1974
	23.0h	14:03.0h	Emiel Zatopek	TCH	Bruxelles	1950
Min	0.00	13:40.85	Ilias Fifa	ESP	Amsterdam	2016
	0.08	13:28.52	Venanzio Ortis	ITA	Praha	1978

Difference between first and third

	Diff	Winning time	3rd place time	Winner's Name	Nat	Venue	Year
Max	7.36	13:17.21	13:24.57	Brendan Foster	GBR	Roma	1974
Min	0.00	13:40.85	13:40.85	Ilias Fifa	ESP	Amsterdam	2016
	0.69	13:37.46	13:38.15	Isaac Viciosa	ESP	Budapest	1998
	0.09	13:28.57	13:28.66 tie for 2nd	Venanzio Ortis	ITA	Praha	1978

Difference between 3rd and 4th place (medal versus no medal)

	Difference	3rd place time	Name	Nat	Venue	Year
Max	4.54	13:34.15	Hayle Ibrahimov	AZE	Barcelona	2010
	17.0h	14:29.2h	Kauko Pekuri	FIN	Paris	1938
Min	0.01	13:40.85	Richard Ringer	GER	Amsterdam	2016
	0.02	13:32.63	Polat Kemboi Arikan	TUR	Helsinki	2012
	0.05	13:46.48	Juan Carlos Higuero	ESP	Göteborg	2006

Best Marks for Places in the European Championships

Pos	Time	Name	Nat	Venue	Year
1	13:10.15	Jack Buckner	GBR	Stuttgart	1986
2	13:11.57	Stefano Mei	ITA	Stuttgart	1986
3	13:12.88	Tim Hutchings	GBR	Stuttgart	1986
4	13:13.15	Evgeni Ignatov	BUL	Stuttgart	1986
5	13:17.67	Antonio Leitao	POR	Stuttgart	1986
6	13:22.67	Martti Vainio	FIN	Stuttgart	1986
7	13:24.43	Rinas Akhmadeyev	ANA	Berlin	2018
	13:27.13	Stefano Mei	ITA	Split	1990

8	13:24.79 13:28.22	Julien Wanders Harri Hänninen	SUI FIN	Berlin Split	2018 1990
9	13:25.11 13:28.25	Chris Thompson Cyrille Laventure	GBR FRA	Berlin Split	2018 1990

Fastest time in each round (No heats were contested before 1950 and in 1969, 1998, 2002, 2016, 2018)

Round	Time	Name	Nat	Venue	Year
Final	13:10.15	Jack Buckner	GBR	Stuttgart	1986
First round	13:24.10	Aleksandr Fedotkin	URS	Praha	1978

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
13:31.89	7h1	Antonio Leitao	POR	Athinai	1982

Multiple Gold Medalists:

Mo Farah (GBR): 2010, 2012, 2014

Multiple Medalists:

Emil Zatopek (TCH): 1950 Gold; 1954 Bronze
Kazimierz Zimny (POL): 1958 Silver; 1962 Silver
Harald Norpoth (FRG): 1966 Silver; 1971 Bronze
Jesus España (ESP): 2006 Gold; 2010 Silver
Mohammed Farah (GBR): 2006 Silver; 2010 Gold, 2012 Gold, 2014 Gold

Number of Medals by Countries:

Nation	Gold	Silver	Bronze
GBR	8	4	5
ESP	4	3	2
FRA	2	3	1
ITA	2	1	
FIN	2		3
POL	1	3	1
URS	1	1	2
FRG	1	1	1
TCH	1		1
GER	1	1	1
NOR	1	1	
GDR		2	1
SWE		1	1
NED		1	
SUI		1	
AZE		1	
BEL			1
IRL			1
UKR			1
AZE			1

TUR			1

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
NOR	2018	Jakob Ingebrigtsen	Henrik Ingebrigtsen	
ESP	2016	Ilias Fifa	Adel Mechaal	
GBR	2014	Mo Farah		Andy Vernon
ESP	2006	Jesus España		Juan Carlos Higuero
ESP	1998	Isaac Viciosa	Manuel Pancorbo	
GBR	1986	Jack Buckner		Tim Hutchings
GBR	1969	Ian Stewart		Alan Blinston
POL	1958	Zdzislaw Krzyszkowiak	Kazimierz Zimny	
FIN	1938	Taisto Mäki		Kauko Pekuri

1500m – 5000m double medalist in the same championships

Name	Nation	1500m	5000m	Venue	Year
Michel Jazy	FRA	Silver	Gold	Budapest	1966
Harald Norpoth	FRG	Bronze	Silver	Budapest	1966

Note: Norpoth also won a bronze medal in 1971

1500m – 5000m double medalist in the different championships

(those who won gold in both events are indicated by # and in **bold**)

Name	Nat	1500m	Venue	Year	5000m	Venue	Year
Isaac Viciosa	ESP	Silver	Helsinki	1994	Gold	Budapest	1998
David Moorcroft	GBR	Bronze	Praha	1978	Bronze	Athinai	1982
Thomas Wessinghage	FRG	Bronze	Roma	1974	Gold	Athinai	1982
Brendan Foster	GBR	Bronze	Helsinki	1971	Gold	Roma	1974
Michel Jazy #	FRA	Gold	Beograd	1962	Gold	Budapest	1966
Willem Slijkhuis	NED	Gold	Bruxelles	1950	Silver	Oslo	1946
Sydney Wooderson #	GBR	Gold	Paris	1938	Gold	Oslo	1946

Average from last nine European Championships

	Average	2018	2016	2014	2012	2010	2006	2002	1998	1994
Winning Time	13:38.01	13:17.06	13:40.85	14:05.82	13:29.91	13:31.18	13:44.70	13:38.18	13:37.46	13:36.93
Winning Medal (3rd)	13:39.88	13:19.14	13:40.85	14:09.48	13:32.63	13:34.15	13:46.48	13:40.00	13:38.15	13:38.04
Missing Medal (4th)	13:40.95	13:19.85	13:40.86	14:10.92	13:32.65	13:38.69	13:46.53	13:40.85	13:39.85	13:38.36

Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
ESP	Jesus España	Marta Dominguez	Göteborg	2006
ESP	Alberto Garcia	Marta Dominguez	München	2002

Athletes with Olympic, World and European gold (& Olympic and Euro gold before 1983)

Name	Nation	Olympics	World	European
Emil Zatopek	TCH	1952	Not held before 1983	1950
Vladimir Kuts	URS	1956	Not held before 1983	1954
Mo Farah	GBR	2012, 2016	2011, 2013, 2015	2010, 2012, 2014

European Champion who previously won European Junior gold medal

Name	Nat	European Championships	European Junior Championships
Mo Farah	GBR	2010, 2012, 2014	2001

Last eleven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Jakob Ingebrigtsen	NOR	13:17.06	Henrik Ingebrigtsen	NOR	13:18.75	Morhad Amdouni	FRA	13:19.14
2016	Ilias Fifa	ESP	13:40.85	Adel Mechaal	ESP	13:40.85	Richard Ringer	GER	13:40.86
2014	Mo Farah	GBR	14:05.82	Hayle Ibrahimov	AZE	14:08.32	Andrew Vernon	GBR	14:09.48
2012	Mo Farah	GBR	13:29.91	Arne Gabius	GER	13:31.83	Polat Kemboi Arikan	TUR	13:32.63
2010	Mo Farah	GBR	13.31.18	Jesus España	ESP	13:33.12	Hayle Ibrahimov	AZE	13:34.15
2006	Jesus España	ESP	13:44.70	Mo Farah	GBR	13:44.79	Juan Carlos Higuero	ESP	13:46.48
2002	Alberto Garcia	ESP	13:38.18	Ismail Sghyr	FRA	13.39.81	Sergey Lebid	UKR	13:40.00
1998	Isaac Viciosa	ESP	13:37.46	Manuel Pancorbo	ESP	13:38.03	Mark Carroll	IRL	13:38.15
1994	Dieter Baumann	GER	13:36.93	Rob Denmark	GBR	13:37.50	Abel Anton	ESP	13:38.04
1990	Salvatore Antibo	ITA	13:22.00	Gary Staines	GBR	13:22.45	Slawomir Majuslak	POL	13:22.92
1986	Jack Buckner	GBR	13:10.15	Stefano Mei	ITA	13:11.57	Tim Hutchings	GBR	13:12.88

European U-23 Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Mohamed Mohumed	GER	13:38.69	Aaron Las Heras	ESP	13:43.14	Baldvin Magnusson	ISL	13:45.00
2019	Jimmy Gressier	FRA	14:16.55	Hugo Hay	FRA	14:17.00	Abdessamad Oukhelfen	ESP	14:17.23
2017	Yemaneberhan Crippa	ITA	14:14.28	Simon Debognies	BEL	14:14.71	Carlos Mayo	ESP	14:15.07
2015	Ali Kaya	TUR	13:20.16	Isaac Kimeli	BEL	13:54.33	Carlos Mayo	ESP	13:55.19
2013	Henrik Ingebrigtsen	NOR	14:19.39	Thomas Farrell	GBR	14:19.94	Aitor Fernandez	ESP	14:20.65
2011	Sindre Buraas	NOR	14:22.69	Ross Milington	GBR	14:22.78	Jesper van der Wielen	NED	14:23.31
2009	Mohamed Elbendir	ESP	13:55.10	Noureddine Smail	FRA	13:59.23	David McCarthy	IRL	14:00.78
2007	Noureddine Smail	FRA	13:53.15	Andrey Safronov	RUS	13:54.04	Kemal Koyuncu	TUR	13:54.32
2005	Anatoliy Rybakov	RUS	14:06.69	Mo Farah	GBR	14:10.96	Aleksey Aleksandrov	RUS	14:11.10
2003	Chris Thompson	GBR	13:58.62	Mo Farah	GBR	13:58.88	Robert Connolly	IRL	14:03.75
2001	Yusef El Nasri	ESP	14:02.97	Dmitriy Baranovskiy	UKR	14:03.67	BalazsCsillag	HUN	14:04.84
1999	Yusef El Nasri	ESP	13:30.48	Marius Bakken	NOR	13:31.53	Marco Mazza	ITA	13:47.17
1997	Simon Zanon	ITA	13:45.60	Rachid Berradi	ITA	13:47.08	Sergen Lukin	RUS	13:48.04

Last thirteen European Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Joel Ibler Lilleso	DEN	14:32.93	David Cantero	ESP	14:33.55	Bastian Mrochen	GER	14:34.04
2019	Aaron Las Heras	ESP	14:02.76	Ayetullah Aslanhan	TUR	14:05.01	Darragh McElhinney	IRL	14:06.05
2017	Jakob Ingebrigtsen	NOR	14:41.67	Tariku Novales	ESP	14:44.66	Dorin Andrei Rusu	ROU	14:46.07
2015	Alex George	GBR	14:34.42	Simon Debognies	BEL	14:34.67	Yemaneberhan Crippa	ITA	14:35.39
2013	Ali Kaya	TUR	13:49.76	Samuele Dini	ITA	14:36.25	Jonathan Davies	GBR	14:36.62
2011	Gabriel Navarro	ESP	14:07.06	Bartosz Kowalczyk	POL	14:07.17	Jonathan Hay	GBR	14:07.78
2009	Hayle Ibrahimov	AZE	14:01.19	Jakub Zivec	CZE	14:10.58	Aitor Fernandez	ESP	14:20.14
2007	Mourad Amdouni	FRA	14:08.27	Mohamed Elbendir	ESP	14:14.79	Dmytro Lashyn	UKR	14:15.26
2005	Barnabas Bene	HUN	14:22.30	Dusko Markesevic	SCG	14:24.04	Laszlo Toth	HUN	14:25.46
2003	Anatoliy Rybakov	RUS	14:13.41	Marius Ionescu	ROU	14:16.12	Cristinel Irimia	ROU	14:17.30
2001	Mohamed Farah	GBR	14:09.91	Bruno Saramago	POR	14:11.65	Neol Cutillas	ESP	14:12.43
1999	Wolfram Müller	GER	14:05.98	Radu Stroia	ROU	14:11.05	Mattia Maccagnan	ITA	14:12.51
1997	Boubdellah Tahri	FRA	14:25.71	Ferenc Bekesi	HUN	14:27.87	Juan Carlos Higuero	ESP	14:31.79

Last ten European Indoor Championships: 3000m

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Jakob Ingebrigtsen	NOR	7:48.20	Isaac Kimeli	BEL	7:49.41	Adel Mechaal	ESP	7:49.47

2019	Jakob Ingebrigtsen	NOR	7:56.15	Chris O'Hare	GBR	7:57.19	Henrik Ingebrigtsen	NOR	7:57.19
2017	Adel Mechaal	ESP	8:00.60	Henrik Ingebrigtsen	NOR	8:00.93	Richard Ringer	GER	8:01.01
2015	Ali Kaya	TUR	7:38.42	Lee Emanuel	GBR	7:44.48	Henrik Ingebrigtsen	NOR	7:45.54
2013	Hayle Ibrahimov	AZE	7:49.74	Juan Carlos Higuero	ESP	7:50.26	Ciaran O'Lionaird	IRL	7:50.40
2011	Mo Farah	GBR	7:53.00	Hayle Ibrahimov	AZE	7:53.32	Halil Akkas	TUR	7"54.19
2009	Mo Farah	GBR	7:40.17	Bouabdellah Tahri	FRA	7:42.14	Jesus España	ESP	7:43.29
2007	Cosimo Caliandro	ITA	8:02.44	Bouabdellah Tahri	FRA	8:02.85	Jesus España	ESP	8:02.91
2005	Alistair Cragg	IRL	7:46.32	John Mayock	GBR	7:51.46	Reyes Estevez	ESP	7:51.65
2002	Alberto Garcia	ESP	7:43.89	Antonio Jimenez	ESP	7:46.49	Jesus Espana John Mayock	ESP GBR	7:48.08
2000	Mark Carroll	IRL	7:49.24	Rui Silva	POR	7:49.70	John Mayock	GBR	7:49.97
1998	John Mayock	GBR	7:55.09	Manuel Pancorbo	ESP	7:55.23	Alberto Garcia	ESP	7:55.24

Last eleven World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Jakob Ingebrigtsen	NOR	13:09.24	Jacob Kiplimo	KEN	13:09.98	Oscar Chelimo	UGA	13:10.20
2019	Muktar Edris	ETH	12:58.85	Selemon Barega	ETH	12:59.70	Mohammed Ahmed	CAN	13:01.11
2017	Muktar Edris	ETH	13:32.79	Mo Farah	GBR	13:33.22	Paul Chelimo	USA	13:33.30
2015	Mo Farah	GBR	13:50.38	Caleb Ndiku	KEN	13:51.75	Hagos Gebrihiwet	ETH	13:51.86
2013	Mo Farah	GBR	13:26.98	Hagos Gebrhiwet	ETH	13:27.26	Isiah Koech	KEN	13:27.26
2011	Mo Farah	GBR	13:23.36	Bernard Lagat	USA	13:23.64	Dejene Gebremeskel	ETH	13:23.92
2009	Kenenisa Bekele	ETH	13:17.09	Bernard Lagat	USA	13.17.33	James Kwalia C'Kurui	QAT	13:17.78
2007	Bernard Lagat	USA	13:45.87	Eliud Kipchoge	KEN	13:46.00	Moses Kipsiro	UGA	13:46.75
2005	Benjamin Limo	KEN	13:32.55	Sileshi Sihine	ETH	13:32.81	Craig Mottram	AUS	13:32.96
2003	Eliud Kipchoge	KEN	12:52.79	Hicham El Guerrouj	MAR	12:52.83	Kenenisa Bekele	ETH	13:53.12
2001	Richard Limo	KEN	13:00.77	Million Wolde	ETH	13:03.47	John Kibowen	KEN	13:05.20

Last ten Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Joshua Cheptegei	UG	12:58.15	Mo Ahmed	CA	12:58.61	Paul Chelimo	USA	12:59.05
2016	Mo Farah	GB	13:03.30	Paul Chelimo	USA	13:03.90	Hagos Gebrhiwet	ETH	13:04.35
2012	Mo Farah	GBR	13:41.66	Dejen Gebremeskel	ETH	13:41.98	Thomas Longosiwa	KEN	13:42.36
2008	Kenenisa Bekele	ETH	12:57.82	Eliud Kipchoge	KEN	13:02.80	Edwin Soi	KEN	13:06.22
2004	Hicham El Guerrouj	MAR	13:14.39	Kenenisa Bekele	ETH	13:14.59	Eliud Kipchoge	KEN	13:15.10
2000	Million Wolde	ETH	13:35.49	Ali Saidi Sief	ALG	13:36.20	Brahim Lahlafi	MAR	13:36.47
1996	Venuste Niyongabo	BDI	13:07.96	Paul Bitok	KEN	13:08.16	Khalid Boulami	MAR	13:08.37
1992	Dieter Baumann	GER	13:12.52	Paul Bitok	KEN	13:12.71	Fita Bayissa	ETH	13:13.03
1988	John Ngugi	KEN	13:11.70	Dieter Baumann	FRG	13:15.52	Hansjorg Kunze	GDR	13:15.73
1984	Said Aouita	MAR	13:05.59	Markus Ryffel	SUI	13:07.54	Antonio Leitao	POR	13:09.20

Comparison of 1000m splits/laps in the European Championships 5000m final

Fastest splits/laps are indicated in **Bold**

	1000 m	2000 m	3000 m	4000 m	5000 m
2018	2:42.56	5:24.25	8:04.91	10:48.34	13:17.06
2016	2:51.69	5:36.23	8:25.17	11:11.95	13:40.85
2014	2:58.00	5:56.73	8:52.08	11:43.03	14:05.82
2012	2:42.45	5:30.32	8:17.50	11:03.15	13.29.91
2010	2:50.38	5:41.93	8:28.46	11:05.94	13:31.18
2006	2:41.65	5:45.24	8:38.63	11:18.42	13:44.70
2002	2:52.40	5:37.57	8:24.45	11:06.21	13:38.18

1998	2:48.25	5:32.30	8:24.43	11:10.98	13:37.46
1994	2:50.83	5:40.16	8:24.56	11:03.93	13:36.93
1990	2:41.09	5:22.86	8:09.15	10:53.34	13:22.00
1986	**2:39.04**	**5:19:72**	**7:58.97**	10:42.20	**13:10.15**
1982	2:46.9	5:28.9	8:16.5	10:57.2	13:28.90
1978	2:44.6	5:28.1	8:09.5	10:53.3	13:28.5
1974	2:39.2	5:20.2	8:01.2	**10:38.4**	13:17.2
1971	2:45.8	5:31.8	8:18.6	11:04.4	13:32.6
1969	?	5:35	8:20.8	11:12.2	13:44.8
1966	2:50.8	5:35.7	8:25.5	11:14.6	13:42.8
1962	2:48.0	5:37.5	8:38.2	11:16.4	14:00.6
1954	2:44.0	5:36.7	8:23.9	11:12.3	13:56.6
1950	2:48	5:37.4	8:27.2	11:17.6	14:03.0

	1000 m	2000 m	3000m	4000 m	5000 m	Final400	Final200
2018	2:42.56	2:41.69	2:40.66	2:43.43	2:28.72	54.09	26.6
2016	2:51.69	2:44.54	2:48.94	2:46.78	2:28.90		
2014	2:58.00	2:58.73	2:55.35	2:50.95	2:22.79	52.23	
2012	2:42.45	2:47.87	2:47.18	2:45.65	2:26.76	53.69	
2010	2:50.38	2:51.55	2:46.53	2:37.48	2:25.24	55.70	
2006	2:41.65	3:03.59	2:53.39	2:39.79	**2:26.28**		27.61
2002	2:52.40	2:45.17	2:46.88	2:41.76	2:31.97	56.3	27.5
1998	2:48.25	2:44.05	2:52.13	2:46.55	2:26.48		
1994	2:50.83	2:49.33	2:44.40	2:39.37	2:33.00		
1990	2:41.09	2:41.77	2:46.29	2:44.19	2:28.66		
1986	**2:39.04**	**2:40:68**	**2:39:25**	2:43.23	2:27.95	56.2	
1982	2:46.9	2:42.0	2:47.6	2:40.7	2:31.7	54.6	
1978	2:44.6	2:43.5	2:41.4	2:43.8	2:35.2		
1974	2:39.2	2:41.0	2:41.0	**2:37.2**	2:38.8		31.2
1971	2:45.8	2:46.0	2:46.8	2:45.8	2:28.2	**53.2**	
1969	?	?	2:45.8	2:51.4	2:32.6	56.6	
1966	2:50.8	2:44.9	2:49.8	2:49.1	2:28.2		
1962	2:48.0	2:49.5	3:00.7	2:38.2	2:44.2	57.4	
1954	2:44.0	2:52.7	2:47.2	2:48.4	2:44.3	64.8	
1950	2:48	2:49.4	2:49.8	2:50.4	2:45.4	62.4	

All time European List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:48.45	Jakob Ingerigtsen	NOR	1	Firenze	10 June 2021
2	2	12:49.71	Mohammed Mourhit	BEL	2	Bruxelles	25 Aug 2000
3	3	12:50.79	Mohamed Katir	ESP	4	Firenze	10 June 2021
4	4	12:53.11	Mo Farah	GBR	1	Monaco	22 July 2011
5	5	12:54.70	Dieter Baumann	GER	5	Zürich	13 Aug 1997
6		12:56.60	Mohammed Mourhit		6	Oslo	28 July 2000

Fastest Performances on European Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:35.36	Joshua Cheptegei	UGA	1	Monaco	14 Aug 2020
2	2	12:37.35	Kenenisa Bekele	ETH	1	Hengelo	31 May 2004
3	3	12:39.36	Haile Gebrselassie	ETH	1	Helsinki	13 June 1998
4	4	12:39.74	Daniel Komen	KEN	1	Bruxelles	22 Aug 1997

Fastest Performances on European Soil by Europeans

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:48.45	Jakob Ingerigtsen	NOR	1	Firenze	10 June 2021
2	2	12:49.71	Mohammed Mourhit	BEL	2	Bruxelles	25 Aug 2000
3	3	12:50.79	Mohamed Katir	ESP	4	Firenze	10 June 2021
4	4	12:53.11	Mo Farah	GBR	1	Monaco	22 July 2011
5	5	12:54.70	Dieter Baumann	GER	5	Zürich	13 Aug 1997
6		12:56.60	Mohammed Mourhit		6	Oslo	28 July 2000

Fastest Performances in Munchen

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	13:20.49	Harald Norpoth	FRG	1	12 July 1973
2	2	13:23.8	Steve Prfontaine	USA	2	12 July 1973
3	3	13:25.33	Charles Cheruiyot	KEN	1	26 July 1983

Fastest Performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:35.36	Joshua Cheptegei	UGA	1	Monaco	14 Aug 2020
2	2	12:39.74	Daniel Komen	KEN	1	Bruxelles	22 Aug 1997
3	3	12:41.86	Haile Gebrselassie	ETH	1	Zurich	13 Aug 1997

Combined 2021 & 2022 European List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:48.45	Jakob Ingebrigtsen	NOR	1	Firenze	10 June 2021
2	2	12:50.79	Mohamed Katir	ESP	4	Firenze	10 June 2021
3		13:02.03	Jakob Ingebrigtsen		1	San Juan Capistrano	6 May **2022**
4	3	13:03.18	Mohamed Mohumed	GER	2	San Juan Capistrano	6 May **2022**
5	4	13:04.72	Isaac Kimeli	BEL	2	Montreuil	2 June **2022**
6	5	13:04.95	Yemaneberhan Crippa	ITA	11	Roma	9 June **2022**
7	6	13:05.13	Marc Scott	GBR	2	San Juan Capistrano	6 Mar 2021
8	7	13:06.02	Adel Mechaal	ESP	7	Oslo	16 June **2022**
9		13:06.60	Mohamed Katir		8	Tokyo – OG	6 Aug 2021
10	8	13:06.74	Ouassim Oumaiz	ESP	4	Huelva	25 May **2022**
11		13:08.52	Mohamed Katir		1	Gateshead	23 May 2021
12	9	13:08.75	Jimmy Gressier	FRA	4	Paris	18 June **2022**

Please send any corrections to KKenNakamura@gmail.com