

2022 Commonwealth Games Statistics – Men's 400Hm (440yH before 1970)

by K Ken Nakamura

Summary Page

All time performance list at the Commonwealth Games

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	48.05	Louis van Zyl	RSA	1	Melbourne	2006
2	2	48.23	Alwyn Myburgh	RSA	2	Melbourne	2006
3	3	48.25	Kyron McMaster	IVB	1	Gold Coast	2018
4	4	48.28	Dinsdale Morgan	JAM	1	Kuala Lumpur	1998
5	5	48.50	Cornel Fredericks	RSA	1	Glasgow	2014
6	6	48.52	David Greene	WAL	1	Delhi	2010
7		48.63	Louis van Zyl		2	Delhi	2010
8	7	48.65	Kemel Thompson	JAM	3	Melbourne	2006
9	8	48.67	Samuel Matete	ZAM	1	Victoria	1994

Margin of Victory ('y' refers to 440 yardH time (before 1970))

	Difference	Winning Time	Name	Nat	Venue	Year
Max	0.85	48.25	Kyron McMaster	IVB	Gold Coast	2018
	0.76	48.67	Samuel Matete	ZAM	Victoria	1994
	1.7y	52.9y	John Loaring	CAN	Sydney	1938
Min	0.11	48.52	David Greene	WAL	Delhi	2010
	0.12	50.03	John Sherwood	ENG	Edinburgh	1970

Best Marks for Places in the Commonwealth Games

Pos	Time	Name	Nat	Venue	Year
1	48.05	Louis van Zyl	RSA	Melbourne	2006
2	48.23	Alwyn Myburgh	RSA	Melbourne	2006
3	48.65	Kemel Thompson	JAM	Melbourne	2006
4	49.09	Rhys Williams	WAL	Melbourne	2006
5	49.21	Victor Houston	BAR	Kuala Lumpur	1998
6	49.81	Kemel Thompson	JAM	Kuala Lumpur	1998

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
49.83	5sf2	Ian Weakley	JAM	Melbourne	2006

Multiple Gold Medalists:

Ken Roche (AUS): 1962, 1966

Multiple Medals by athletes from a single nation (440yH from 1930 to 1966)

Nation	Year	Gold	Silver	Bronze
ENG	1930	Lord Burghley	Roger Leigh-Wood	Douglas Neame
AUS	1938		John Park	Alan McDougall
KEN	1994		Gideon Biwott	Barnabas Kinyor
RSA	2006	L J van Zyl	Alwyn Myburgh	
WAL	2010	David Greene		Rhys Williams

Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
AUS	Garry Brown	Debbie Flintoff	Brisbane	1982
ENG	Kriss Akabusi	Sally Gunnell	Auckland	1990

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6	6	48.52	David Greene	WAL	1	Delhi	2010
7		48.63	Louis van Zyl		2	Delhi	2010
8	7	48.65	Kemel Thompson	JAM	3	Melbourne	2006
9	8	48.67	Samuel Matete	ZAM	1	Victoria	1994
10		48.71	Kemel Thompson		1sf2	Melbourne	2006
11	9	48.75	Jehue Gordon	TTO	2	Glasgow	2014
12	10	48.78	Jeffery Gibson	BAH	3	Glasgow	2014
12		48.78	Kyron McMaster		1h1	Gold Coast	2018
14	11	48.83	Alan Pascoe	ENG	1	Christchurch	1974
15	12	48.89	Kriss Akabusi	ENG	1	Auckland	1990
16	13	48.99	Rohan Robinson	AUS	2	Kuala Lumpur	1998
17		49.04	Alwyn Myburgh		1sf1	Melbourne	2006
18	14	49.06	Ken Harden	ZIM	3	Kuala Lumpur	1998
19		49.08	Louis van Zyl		2sf2	Melbourne	2006
20	15	49.09	Rhys Williams	WAL	4	Melbourne	2006
21	16	49.10	Andre Clarke	JAM	2h1	Gold Coast	2018
21		49.10	Jeffer Gibson		2	Gold Coast	2018
23	17	49.11	Zid Abou Hamed	AUS	4	Kuala Lumpur	1998
23	17	49.11	Matt Elias	WAL	1h1	Manchester	2002
25		49.13	Samuel Matete		1h2	Victoria	1994
26	19	49.14	Chris Rawlinson	ENG	1	Manchester	2002
26	19	49.14	Jaheel Hyde	JAM	1h2	Gold Coast	2018
28		49.16	Jaheel Hyde		3	Gold Coast	2018
29		49.17	Rhys Williams		2sf1	Melbourne	2006
30	21	49.18	Jack Green	ENG	4	Gold Coast	2018
31		49.19	Rhys Williams		3	Delhi	2010
32		49.20	Daniel Kimaiyo		1sf1	Edmonton	1978
33	22	49.21	Victor Houston	BAR	5	Kuala Lumpur	2006
33		49.21	Chris Rawlinson		3sf1	Melbourne	2006
35		49.24	Jack Green		2h2	Gold Coast	2018
35	23	49.24	Nicholas Kiplagat Bett	KEN	1h3	Gold Coast	2018
37	24	49.25	Gideon Yego	KEN	2	Auckland	1990
38		49.26	Gideon Yego		1h1	Auckland	1990
38	25	49.26	Anthony Borsumato	ENG	2h1	Manchester	2002
38		49.26	Cornel Fredericks		1h2	Glasgow	2014
41	26	49.27	Henry Amike	NGR	2h1	Auckland	1990
42		49.28	Matt Elias		2	Manchester	2002
42	27	49.28	Aron Kipchumba Koech	KEN	3h2	Gold Coast	2018
44		49.29	Rohan Robinson		1h1	Kuala Lumpur	1998
45	28	49.32	Bruce Field	AUS	2	Christchurch	1974
45	28	49.32	Pieter de Villiers	RSA	3sf2	Melbourne	2006
47	30	49.34	Bill Koskei	KEN	3	Christchurch	1974
47		49.34	Alwyn Myburgh		1h1	Melbourne	2006
49	31	49.36	Brendan Cole	AUS	4sf2	Melbourne	2006
49	31	49.36	Vincent Koskei	KEN	4	Delhi	2010
51	33	49.37	Garry Brown	AUS	1	Brisbane	1982

52	34	49.38	Ian Weakley	JAM	3h1	Manchester	2002
52	34	49.38	Matt Douglas	ENG	4h1	Manchester	2002
54		49.41	Brendan Cole		5	Melbourne	2006
55		49.42	Samuel Matete		3h1	Auckland	1990
55		49.42	Jehue Gordon		1h1	Glasgow	2014
57	36	49.43	Gideon Biwott	KEN	2	Victoria	1994
58	37	49.46	Niall Flannery	ENG	4	Glasgow	2014
59	38	49.48	Daniel Kimaiyo	KEN	1	Edmonton	1978
60		49.49	Bruce Field		1sf2	Christchurch	1974
60	39	49.49	Mohamed Riwan Alowonle	NGR	4h2	Gold Coast	2018
61	40	49.50	Barnabas Kinyor	KEN	3	Victoria	1994

Margin of Victory ('y' refers to 440 yardH time (before 1970))

	Difference	Winning Time	Name	Nat	Venue	Year
Max	0.85	48.25	Kyron McMaster	IVB	Gold Coast	2018
	0.76	48.67	Samuel Matete	ZAM	Victoria	1994
	1.7y	52.9y	John Loaring	CAN	Sydney	1938
Min	0.11	48.52	David Greene	WAL	Delhi	2010
	0.12	50.03	John Sherwood	ENG	Edinburgh	1970

Difference between 3rd and 4th place (medal versus no medal)

	Difference	3 rd place Time	Name	Nat	Venue	Year
Max	0.95	50.19	Charles Yego	KEN	Edinburgh	1970
Min	0.01	50.25	John Graham	CAN	Auckland	1990

Best Marks for Places in the Commonwealth Games

Pos	Time	Name	Nat	Venue	Year
1	48.05	Louis van Zyl	RSA	Melbourne	2006
2	48.23	Alwyn Myburgh	RSA	Melbourne	2006
3	48.65	Kemel Thompson	JAM	Melbourne	2006
4	49.09	Rhys Williams	WAL	Melbourne	2006
5	49.21	Victor Houston	BAR	Kuala Lumpur	1998
6	49.81	Kemel Thompson	JAM	Kuala Lumpur	1998
7	49.98	Erik Keter	KEN	Kuala Lumpur	1998
8	50.48	David Hughes	ENG	Delhi	2010
	50.58	Colin O'Neill	WAL	Christchurch	1974

Fastest time in each round (semi-finals were contested in 1970, 1974, 1978, 2006)

Round	Time	Name	Nat	Venue	Year
Final	48.05	Louis van Zyl	RSA	Melbourne	2006
Semi-final	48.71	Kemel Thompson	JAM	Melbourne	2006
First round	48.78	Kyron McMaster	IVB	Gold Coast	2018
	49.11	Matt Elias	WAL	Manchester	2002

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
49.83	5sf2	Ian Weakley	JAM	Melbourne	2006

Fastest non-qualifier for the semi-final

Time	Position	Name	Nat	Venue	Year
52.40	5h4	Vincent Kiilu	KEN	Melbourne	2006

Multiple Gold Medalists:

Ken Roche (AUS): 1962, 1966

Multiple Medalists:

David Lean (AUS): 1954 Gold; 1958 Silver

Ken Roche (AUS): 1962 Gold, 1966 Gold

Alan Pascoe (ENG): 1974 Gold; 1978 Bronze

Gary Brown (AUS): 1978 Silver; 1982 Gold

John Graham (CAN): 1986 Bronze; 1990 Bronze

Jeffery Gibson (BAH) 2014 Bronze, 2018 Silver

Medals by Countries (440yardH (until 1966) medal count in {}):

Nation	Gold	Silver	Bronze
ENG	4 {1}	1 {2}	1 {3}
RSA	2 {1}	2	
AUS	1 {3}	3 {3}	{2}
KEN	1	2 {1}	3 {1}
WAL	1	1	1 {1}
JAM	1		3
ZAM	1		
NIR	1		
IVB	1		
UGA		2	{1}
TTO		1	
CAN	{1}		2
SRI	{1}		
SCO	{1}		
BAH		1	2
ZIM			1
NGR		{1}	
NZL		{1}	

Multiple Medals by athletes from a single nation (440yH from 1930 to 1966)

Nation	Year	Gold	Silver	Bronze
ENG	1930	Lord Burghley	Roger Leigh-Wood	Douglas Neame
AUS	1938		John Park	Alan McDougall
KEN	1994		Gideon Biwott	Barnabas Kinyor
RSA	2006	L J van Zyl	Alwyn Myburgh	
WAL	2010	David Greene		Rhys Williams

Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
AUS	Garry Brown	Debbie Flintoff	Brisbane	1982
ENG	Kriss Akabusi	Sally Gunnell	Auckland	1990

World Champion with Commonwealth Games gold medal

Name	Nat	World Championships	Commonwealth Games
Dai Greene	WAL	2011	2010
Samuel Matete	ZAM	1991	1994

Olympic medalists with Commonwealth Games gold medal

Name	Nat	Olympics	Year	Commonwealth Games	Year
Samuel Matete	ZAM	Silver	1996	Gold	1994
Kriss Akabusi	GBR	Bronze	1992	Gold	1990
John Sherwood	GBR	Bronze	1968	Gold	1970

Last eight Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Kyron McMaster	IVB	48.25	Jeffery Gibson	BAH	49.10	Jaheel Hyde	JAM	49.16
2014	Cornel Fredericks	RSA	48.50	Jehue Gordon	TTO	48.75	Jeffery Gibson	BAH	48.78
2010	Dai Greene	WAL	48.52	L J van Zyl	RSA	48.63	Rhys Williams	WAL	49.19
2006	L J van Zyl	RSA	48.05	Alwyn Myburgh	RSA	48.23	Kemel Thompson	JAM	48.65
2002	Chris Rawlinson	ENG	49.14	Matt Elias	WAL	49.28	Ian Weakley	JAM	49.69
1998	Dinsdale Morgan	JAM	48.28	Rohan Robinson	AUS	48.99	Ken Harnden	ZIM	49.06
1994	Samuel Matete	ZAM	48.67	Gideon Biwott	KEN	49.43	Barnabas Kinyor	KEN	49.50
1990	Kriss Akabusi	ENG	48.89	Gideon Yego	KEN	49.25	John Graham	CAN	50.24

Last eleven World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Alison dos Santos	BRA	46.29	Rai Benjamin	USA	46.89	Trevor Bassitt	USA	47.39
2019	Karsten Warholm	NOR	47.42	Rai Benjamin	USA	47.66	Abderrahman Samba	QAT	48.03
2017	Karsten Warholm	NOR	48.35	Yamani Copello	TUR	48.49	Kerron Clement	USA	48.52
2015	Nicholas Bett	KEN	47.79	Dennis Kudryavtsev	RUS	48.05	Jeffrey Gibson	BAH	48.17
2013	Jehue Gordon	TRI	47.69	Michael Tinsley	USA	47.70	Emir Bekric	SRB	48.05
2011	David Greene	GBR	48.26	Javier Culson	PUR	48.44	L J van Zyl	RSA	48.80
2009	Kerron Clement	USA	47.91	Javier Culson	PUR	48.09	Bershawn Jackson	USA	48.23
2007	Kerron Clement	USA	47.61	Felix Sanchez	DOM	48.01	Marek Plawgo	POL	48.12
2005	Bershawn Jackson	USA	47.30	James Carter	USA	47.43	Dai Tamesue	JPN	48.10
2003	Felix Sanchez	DOM	47.25	Joey Woody	USA	48.18	Perklis Iakovakis	GRE	48.24
2001	Felix Sanchez	DOM	47.49	Fabrizio Mori	ITA	47.54	Dai Tamesue	JPN	47.89

Last nine Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Karsten Warholm	NOR	45.94	Rai Benjamin	USA	46.17	Alison Dos Santos	BRA	46.72
2016	Kerron Clement	USA	47.73	Boniface Mucheru	KEN	47.78	Yasmani Copello	TUR	47.92
2012	Felix Sanchez	DOM	47.63	Michael Tinsley	USA	47.91	Javier Culson	PUR	48.10
2008	Angelo Taylor	USA	47.25	Kerron Clement	USA	47.98	Bershawn Jackson	USA	48.06
2004	Felix Sanchez	DOM	47.63	Danny McFarlane	JAM	48.11	Naman Keita	FRA	48.26
2000	Angelo Taylor	USA	47.50	Hadi Al-Somaily	KSA	47.53	Llewellyn Herbet	RSA	47.81
1996	Derrick Adkins	USA	47.54	Samuel Matete	ZAM	47.78	Calvin Davis	USA	47.96
1992	Kevin Young	USA	46.78	Winthrop Graham	JAM	47.66	Kriss Akabusi	GBR	47.82
1988	Andre Phillips	USA	47.19	Amadou Dia Ba	SEN	47.23	Edwin Moses	USA	47.56

All time Commonwealth List (Fastest Performances by athletes from Commonwealth nations)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
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1	1	47.02	Rai Benjamin	ANT	1	Eugene	8 June 2018
2	2	47.08	Kyron McMaster	IVB	4	Tokyo – OG	3 Aug 2021
3	3	47.10	Samuel Matete	ZAM	1	Zürich	7 Aug 1991
4		47.52	Samuel Matete		1	Bruxelles	25 Aug 1995
5		47.54	Kyron McMaster		2	Paris	30 June 2018
6	4	47.60	Winthrop Graham	JAM	1	Zürich	4 Aug 1993
6		47.60	Samuel Matete		2	Stuttgart	19 Aug 1993
6		47.60	Kyron McMaster		1	Barranquilla	31 July 2018
9		47.62	Winthrop Graham		1sf2	Barcelona	5 Aug 1992

Fastest Performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	45.94	Karsten Warholm	NOR	1	Tokyo – OG	3 Aug 2021
2	2	46.17	Rai Benjamin	USA	2	Tokyo – OG	3 Aug 2021
3	3	46.72	Alison dos Santos	BRA	3	Tokyo – OG	3 Aug 2021

Fastest Performances in GBR

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	47.12	Karsten Warholm	NOR	1	London	20 July 2019
2	2	47.63	Felix Sanchez	DOM	1	London	6 Aug 2012
3	3	47.65	Karsten Warholm		1	London	21 July 2018

Fastest Performances in Birmingham

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	48.20	David Greene	GBR	1	10 July 2011
2	2	48.21	Edwin Moses	USA	1	19 July 1986
3	3	48.22	Bershawn Jackson	USA	2	10 July 2011

Combined 2021 & 2022 Commonwealth List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	47.08	Kyron McMaster	IVB	4	Tokyo – OG	3 Aug 2021
2		47.50	Kyron McMaster		2	Walnut	9 May 2021
3		47.82	Kyron McMaster		3	Doha	28 May 2021
4	2	48.03	Jaheel Hyde	JAM	6	Eugene-WC	19 July 2022
5		48.18	Jaheel Hyde		1	Kingston	25 June 2021
6		48.24	Kyron McMaster		3	Zurich	9 Sept 2021
7		48.26	Kyron McMaster		1sf3	Tokyo – OG	1 Aug 2021
8		48.31	Kyron McMaster		2	Bruxelles	3 Sept 2021
9	3	48.42	Ezekiel Nathaniel	NGR	1	Lubbock	15 May 2022
10		48.51	Jaheel Hyde		1	Kingston	24 June 2022
11	4	48.53	Kemar Mowatt	JAM	2	Kingston	24 June 2022
12		48.54	Jaheel Hyde		1h2	Tokyo – OG	30 July 2021
13		48.58	Kyron McMaster		3	Stockholm	30 June 2022
14		48.59	Kemar Mowatt		4sf3	Eugene -WC	17 July 2022
15	5	48.70	Moitalel Mpoke	KEN	4	Eugene	11 June 2021

Please send corrections to KKenNakamura@gmail.com