

2021 World Championships Statistics – Men's 5000m

by K Ken Nakamura

The records to look for in Eugene:

- 1) Men & Women from the same nation never won this event. Perhaps KEN or ETH has a chance.
- 2) Can Kejelcha become first World Youth Champion to win the World Championships?
- 3) Can Edris win record tying third gold?
- 4) Can Ingebrigtsen (if he runs) become the first runner born outside of African to win this event since Coghlan in 1983? He will be the first runner born outside of Africa to medal since Mottram in 2005.
- 5) Can Cheptegei become first UGA to win this event?

Summary:

All time Performance List at the World Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	12:52.79	Eliud Kipchoge	KEN	1	Paris	2003
2	2	12:52.83	Hicham El Guerrouj	MAR	2	Paris	2003
3	3	12:53.12	Kenenisa Bekele	ETH	3	Paris	2003
4	4	12:54.07	John Kibowen	KEN	4	Paris	2003
5	5	12:57.74	Abraham Chebii	KEN	5	Paris	2003
6	6	12:58.08	Gebre Gebremariam	ETH	6	Paris	2003
7	7	12:58.13	Salah Hissou	MAR	1	Sevilla	1999
8	8	12:58.72	Benjamin Limo	KEN	2	Sevilla	1999
9	9	12:58.80	Mohamed Mourhit	BEL	3	Sevilla	1999
10	10	12:58.85	Muktar Edris	ETH	1	Doha	2019

Margin of Victory

	Difference	Name	Nat	Venue	Year
Max	2.7 seconds	Richard Limo	KEN	Edmonton	2001
	2.19seconds	Yobes Ondieki	KEN	Tokyo	1991
Min	0.04 second	Eliud Kipchoge	KEN	Paris	2003
	0.13 second	Bernard Lagat	USA	Osaka	2007

Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	12:52.79	Eliud Kipchoge	KEN	Paris	2003
2	12:52.83	Hicham El Guerrouj	MAR	Paris	2003
3	12:53.12	Kenenisa Bekele	ETH	Paris	2003
4	12:54.07	John Kibowen	KEN	Paris	2003
5	12:57.74	Abraham Chebii	KEN	Paris	2003
6	12:58.08	Gebre Gebremariam	ETH	Paris	2003

Multiple Gold Medalists:

Muktar Edris (ETH) 2017, 2019
 Mo Farah (GBR): 2011, 2013, 2015
 Ismael Kirui (KEN): 1993, 1995

World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Muktar Edris	ETH	12:58.85	Selemon Barega	ETH	12:59.70	Mohammed Ahmed	CAN	13:01.11
2017	Muktar Edris	ETH	13:32.79	Mo Farah	GBR	13:33.22	Paul Chelimo	USA	13:33.30
2015	Mo Farah	GBR	13:50.38	Caleb Ndiku	KEN	13:51.75	Hagos Gebrhiwet	ETH	13:51.86
2013	Mo Farah	GBR	13:26.98	Hagos Gebrhiwet	ETH	13:27.26	Isiah Kiplagat Koech	KEN	13:27.26
2011	Mo Farah	GBR	13:23.36	Bernard Lagat	USA	13:23.64	Dejene Gebremeskel	ETH	13:23.92
2009	Kenenisa Bekele	ETH	13:17.09	Bernard Lagat	USA	13:17.33	James Kwalia C'Kurui	QAT	13:17.78
2007	Bernard Lagat	USA	13:45.87	Eliud Kipchoge	KEN	13:46.00	Moses Kipsiro	UGA	13:46.75
2005	Benjamin Limo	KEN	13:32.55	Sileshi Sihine	ETH	13:32.81	Craig Mottram	AUS	13:32.96

All time Performance List at the World Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	12:52.79	Eliud Kipchoge	KEN	1	Paris	2003
2	2	12:52.83	Hicham El Guerrouj	MAR	2	Paris	2003
3	3	12:53.12	Kenenisa Bekele	ETH	3	Paris	2003
4	4	12:54.07	John Kibowen	KEN	4	Paris	2003
5	5	12:57.74	Abraham Chebii	KEN	5	Paris	2003
6	6	12:58.08	Gebre Gebremariam	ETH	6	Paris	2003
7	7	12:58.13	Salah Hissou	MAR	1	Sevilla	1999
8	8	12:58.72	Benjamin Limo	KEN	2	Sevilla	1999
9	9	12:58.80	Mohamed Mourhit	BEL	3	Sevilla	1999
10	10	12:58.85	Muktar Edris	ETH	1	Doha	2019
11	11	12:59.09	Brahim Lahlafi	MAR	4	Sevilla	1999
12	12	12:59.70	Selemon Barega	ETH	2	Doha	2019
13	13	13:00.77	Richard Limo	KEN	1	Edmonton	2001
14	14	13:01.11	Mohammed Ahmed	CAN	3	Doha	2019
15		13:01.13	Richard Limo		7	Paris	2003
16	15	13:02.29	Telahun Haile Bekele	ETH	4	Doha	2019
17	16	13:02.75	Ismael Kirui	KEN	1	Stuttgart	1993
18	17	13:03.08	Jacob Krop	KEN	6	Doha	2019
19	18	13:03.17	Haile Gebrselassie	ETH	2	Stuttgart	1993
20	19	13:03.47	Million Wolde	ETH	2	Edmonton	2001
21	20	13:04.60	Paul Chelimo	USA	7	Doha	2019
22	21	13:04.71	Daniel Komen	KEN	5	Sevilla	1999
23		13:05.20	John Kibowen		3	Edmonton	2001
24	22	13:05.27	Nicholas Kimeli	KEN	8	Doha	2019
25	23	13:05.40	Fita Bayissa	ETH	3	Stuttgart	1993
26	24	13:05.57	Zersenay Tadesse	ERI	8	Paris	2003
27	25	13:05.60	Alberto Garcia	ESP	4	Edmonton	2001
28	26	13:06.64	Worku Bikila	ETH	4	Stuttgart	1993
29	27	13:07.18	Khalid Skah	MAR	5	Stuttgart	1993
30		13:07.38	Daniel Komen		1	Athinai	1997
31	28	13:07.71	Smail Sghyr	FRA	5	Edmonton	2001
32	29	13:08.46	Sammy Kipketer	KEN	6	Edmonton	2001
33	30	13:09.34	Khalid Boulami	MAR	2	Athinai	1997
34	31	13:11.09	Tom Nyariki	KEN	3	Athinai	1997
35		13:12.86	Eliud Kipchoge		1h2	Helsinki	2005
36	32	13:12.93	Craig Mottram	AUS	2h2	Helsinki	2005
37	33	13:13.04	Sileshi Sihine	ETH	3h2	Helsinki	2005
38	34	13:13.50	Ali Saidi-Sief	ALG	4h2	Helsinki	2005
39		13:13.86	Fita Bayisa		6	Sevilla	1999
40	35	13:14.07	Abiyote Abate	ETH	7	Edmonton	2001
41		13:14.30	Benjamin Limo		5h2	Helsinki	2005
42	36	13:14.45	Yobes Ondieki	KEN	1	Tokyo	1991

Slowest winning time: 13:50.38 by Mo Farah in 2015; 13:45.87 by Bernard Lagat in 2007

Margin of Victory

	Difference	Name	Nat	Venue	Year
Max	2.7 seconds 2.19seconds	Richard Limo Yobes Ondieki	KEN KEN	Edmonton Tokyo	2001 1991
Min	0.04 second 0.13 second	Eliud Kipchoge Bernard Lagat	KEN USA	Paris Osaka	2003 2007

Difference between first and third

	Diff	Winning time	3 rd place time	Winner's Name	Nat	Venue	Year
Max	8.25sec	13:14.45	13:22.70	Yobes Ondieki	KEN	Tokyo	1991
Min	0.28sec 0.33sec	13:26.98 12:52.79	13:27.26 12:53.12	Mo Farah Eliud Kipchoge	GBR KEN	Moskva Paris	2013 2003

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	6.36 5.97	13:11.09 13:22.70	Tom Nyariki Brahim Boutayeb	KEN MAR	Athinai Tokyo	1997 1991
Min	0.03	13:46.75	Moses Kipsiro	UGA	Osaka	2007

Fastest time in each round (Semi-final held only in 1983)

Round	Time	Name	Nat	Venue	Year
Final	12:52.79	Eliud Kipchoge	KEN	Paris	2003
Semi-final	13:31.40	Dmitriy Dmitriyev	URS	Helsinki	1983
First Round	13:12.86	Eliud Kipchoge	KEN	Helsinki	2005

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
13:22.87	9h2	Mohammed Mourhit	BEL	Helsinki	2005

Average of last ten (21st century) World Championships

	Average	2019	2017	2015	2013	2011	2009	2007	2005	2003	2001
Winning Time	13:22.14	12:58.85	13:32.79	13:50.38	13:26.98	13:23.36	13:17.09	13:45.87	13:32.55	12:52.79	13:00.77
Winning Medal	13:23.33	13:01.11	13:33.30	13:51.86	13:27.26	13:23.92	13:17.78	13:46.75	13:32.96	12:53.12	13:05.20
8 th place	13:28.96	13:05.27	13:38.73	13:55.98	13:29.87	13:27.67	13:20.23	13:51.01	13:34.98	13:05.57	13:20.24
Fastest non-qualifier	13:32.46	13:26.46	13:22.97	13:25.85	13:31.08	13:44.09	13:23.86	13:47.30	13:22.87	13:42.88	13:37.27

5000m – 10000m double gold medalists

Name	Nation	Venue	Year
Mo Farah	GBR	Beijing	2015
Mo Farah	GBR	Moskva	2013
Kenenisa Bekele	ETH	Berlin	2009

1500m – 5000m double gold medalists

Name	Nation	Venue	Year
Bernard Lagat	USA	Osaka	2007

Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	12:52.79	Eliud Kipchoge	KEN	Paris	2003
2	12:52.83	Hicham El Guerrouj	MAR	Paris	2003
3	12:53.12	Kenenisa Bekele	ETH	Paris	2003
4	12:54.07	John Kibowen	KEN	Paris	2003
5	12:57.74	Abraham Chebii	KEN	Paris	2003
6	12:58.08	Gebre Gebremariam	ETH	Paris	2003
7	13:01.13	Richard Limo	KEN	Paris	2003
8	13:05.27	Nicholas Kimeli	KEN	Doha	2019
	13:05.57	Zersenay Tadesse	ERI	Paris	2003

Best Marks for Places – all competitions

Place	Time	Name	Nat	Venue	Date
1	12:35.36	Joshua Cheptegei	UGA	Monaco	14 Aug 2020
	12:37.35	Kenenisa Bekele	ETH	Hengelo	31 May 2004
	12:39.36	Haile Gebrselassie	ETH	Helsinki	13 June 1998
2	12:44.90	Daniel Komen	KEN	Zürich	13 Aug 1997
	12:45.82	Hagos Gebrhiwet	ETH	Bruxelles	31 Aug 2018
	12:47.04	Silesh Sihine	ETH	Roma	2 July 2004
3	12:46.79	Yomif Kejelcha	ETH	Bruxelles	31 Aug 2018
	12:48.64	Isiah Koech	KEN	Paris	6 July 2012
	12:49.87	Paul Tergat	KEN	Zürich	13 Aug 1997
	12:50.12	Mo Ahmed	CAN	Firenze	10 June 2021
4	12:48.77	Yenew Alamirew	ETH	Paris	6 July 2012
	12:50.79	Mohamed Katir	ESP	Firenze	10 June 2021
	12:51.00	Joseph Ebuya	KEN	Bruxelles	14 Sept 2007
	12:52.99	Abraham Chebii	KEN	Oslo	27 June 2003
5	12:49.04	Thomas Longosiwa	KEN	Paris	6 July 2012
	12:51.93	Justyn Knight	CAN	Firenze	10 June 2021
	12:51.95	Thomas Longosiwa	KEN	Bruxelles	14 Sept 2007
	12:54.19	Abreham Feleke Cherkos	ETH	Roma	14 July 2006
6	12:49.50	John Kipkoech	KEN	Paris	6 July 2012
	12:54.89	Joshua Cheptegei	UGA	Firenze	10 June 2021
	12:54.94	Eliud Kipchoge	KEN	Roma	14 July 2006
	12:56.27	Albert Chepkurui (Hassan)	KEN	Oslo	27 June 2003
7	12:54.13	Tariku Bekele	ETH	Paris	6 July 2012
	12:55.52	Hicham Bellami	MAR	Roma	14 July 2006
	12:57.25	Alemayehu Bezabeh	ESP	Oslo	4 June 2010
8	12:55.34	Eliud Kipchoge	KEN	Paris	6 July 2012
	12:57.83	Matthew Kisorio	KEN	Oslo	4 June 2010
	12:58.29	Benjamin Limo	KEN	Roma	14 July 2006
9	12:55.79	Kenenisa Bekele	ETH	Paris	6 July 2012
	12:58.51	Bekana Daba	ETH	Oslo	4 June 2010
	12:59.27	Zersenay Tadese	ERI	Roma	14 July 2006
10	12:55.99	Edwin Soi	KEN	Paris	6 July 2012
	12:59.15	Leonard Patrick Komon	KEN	Oslo	4 June 2010
	12:59.70	Augustine Choge	KEN	Roma	14 July 2006

11	12:59.21	Moses Masai	KEN	Paris	6 July 2012
	13:00.31	Saif Saaeed Shaheen	QAT	Oslo	4 June 2010

Multiple Gold Medalists:

Muktar Edris (ETH)	2017, 2019
Mo Farah (GBR):	2011, 2013, 2015
Ismael Kirui (KEN):	1993, 1995

Multiple Medalists:

Muktar Edris (ETH)	2017 Gold, 2019 Gold
Hagos Gebrhiwet (ETH):	2013 Silver, 2015 Bronze
Mo Farah (GBR)	2011 Gold; 2013 Gold; 2015 Gold, 2017 Silver
Kenenisa Bekele (ETH):	2003 Bronze; 2009 Gold
Bernard Lagat (USA):	2007 Gold; 2009 Silver, 2011 Silver
Eliud Kipchoge (KEN):	2003 Gold; 2007 Silver
Benjamin Limo (KEN):	1999 Silver; 2005 Gold
Khalid Boulami (MAR):	1995 Silver; 1997 Silver
Ismael Kirui (KEN):	1993 Gold, 1995 Gold
Fita Bayissa (ETH)	1991 Silver; 1993 Bronze

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
ETH	2019	Muktar Edris	Selemon Barega	
KEN	2001	Richard Limo		John Kibowen
KEN	1997	Daniel Komen		Tom Nyariki
KEN	1995	Isamael Kirui		Shem Kororia
ETH	1993		Haile Gebrselassie	Fita Bayissa

Man & Woman from the same team winning the corresponding event: None

Medals by Countries:

Nation	Gold	Silver	Bronze
KEN	7	3	4
ETH	3	6	4
GBR	3	1	1
MAR	2	3	1
USA	1	2	1
IRL	1		
POR		1	
GDR		1	
UGA			1
FIN			1
BEL			1
AUS			1
QAT			1
CAN			1

Comparison of 1000m splits/laps in World Championships 5000m Final

Fastest splits/laps are indicated in **Bold**; slowest in *italics*.

	1000 m	2000 m	3000 m	4000 m	5000 m
2019	2:39.07	5:14.64	7:53.04	10:33.93	12:58.85
2017	2:48.20	5:48.08	8:32.93	11:09.67	13:32.79
2015	3:04.40	6:00.90	8:47.36	11:31.18	13:50.38
2013	2:45.12	5:38.11	8:27.79	11:04.70	13:26.98
2011	2:50.90	5:35.60	8:13.70	10:55.60	13:23.36
2009	2:54.35	5:34.17	8:14.63	10:52.22	13:17.09
2007	<u>3:00.35</u>	<u>5:47.07</u>	<u>8:36.99</u>	<u>11:22.46</u>	<u>13:45.87</u>
2005	2:54.47	5:39.40	8:27.74	11:06.41	13:32.55
2003	2:31.94	5:07.27	7:45.44	10:28.46	12:52.79
2001	2:32.51	5:09.48	7:51.18	10:34.65	13:00.77
1999	2:38.16	5:14.26	7:52.54	10:29.68	12:58.13
1997	2:43.86	5:33.03	8:05.15	10:33.49	13:07.38
1995	2:50.43	5:28.98	8:05.20	10:44.25	13:16.77
1993	2:31.76	5:11.27	7:45.62	10:26.85	13:02.75
1991	2:36.83	5:09.48	7:46.08	10:29.07	13:14.45
1987	2:49.96	5:34.93	8:16.19	10:58.60	13:26.44
1983	2:43.30	5:34.15	8:19.52	11:03.37	13:28.53

	1000 m	2000 m	3000 m	4000 m	5000 m	Final 400m	Final200m	Winning time
2019	2:39.07	2:35.57	2:38.40	2:40.89	2:24.92			12:58.85
2017	2:48.20	2:59.88	2:44.85	2:36.74	2:23.12	52.62	26.34	13:32.79
2015	3:04.40	2:56.50	2:46.46	2:43.82	2:19.22	52.67	26:59	13:50.38
2013	2:45.12	<u>2:52.99</u>	<u>2:49.68</u>	2:36.91	2:22.28	53.44	26.61	13:26.98
2011	2:50.90	2:44.70	2:38.10	2:41.90	2:28.32	52.61	26.06	13:23.36
2009	2:54.35	2:39.82	2:40.46	2:37.59	2:24.87	53.71	26.1	13:17.09
2007	<u>3:00.35</u>	2:46.72	2:49.92	<u>2:46.47</u>	2:23.41	52.3	25.9	13:45.87
2005	2:54.47	2:44.93	2:48.34	2:38.67	2:26.14	53.8	25.93	13:32.55
2003	2:31.94	2:35.33	2:38.17	2:43.02	2:24.33	53.4	26.3	12:52.79
2001	2:32.51	2:37.97	2:41.70	2:43:47	2:26.12	55.36	27.12	13:00.77
1999	2:38.16	2:36.10	2:38.28	2:37.14	2:28.45	56.19	27.74	12:58.13
1997	2:43.86	2:49.17	2:32.12	2:28.34	2:33.89	60.12	29.60	13:07.38
1995	2:50.43	2:38.55	2:36.22	2:35.05	2:32.52	56.56		13:16.77
1993	2:31.76	2:39.51	2:34.35	2:41.23	2:35.90	59.59	29.1	13:02.75
1991	2:36.83	2:32.65	2:36.60	2:42.99	<u>2:45.38</u>	65.38		13:14.45
1987	2:49.96	2:44.97	2:41.26	2:42.41	2:27.74	52.92	26.0	13:26.44
1983	2:43.30	2:50.85	2:45.37	2:43.85	2:25.16			13:28.53

Comparison of World Record Splits (* lead group's splits)

Name	Day Mon Year	Venue	1000m	2000m	3000m	4000m	5000m
Joshua Cheptegei	14 Aug 2020	Monaco	2:31.87*	5:03.77*	7:35.14	10:05.46	12:35.36

Kenenisa Bekele	31 May 2004	Hengelo	2:33.24	5:05.47	7:37.34	10:07.93	12:37.35
Haile Gebrselassie	13 June 1998	Helsinki	2:34.8	5:06.4	7:39.3	10:12.1	12:39.36
Daniel Komen	22 Aug 1997	Bruxelles	2:32.7	5:05.4	7:37.3	10:08.6	12:39.74
Haile Gebrselassie	13 Aug 1997	Zürich	2:34.7	5:06.5	7:38.2	10:13.2	12:41.86
Haile Gebrselassie	16 Aug 1995	Zürich	2:34.3	5:09.0	7:43.0	10:14.2	12:44.39
Moses Kiptanui	8 June 1995	Roma	2:35.2	5:11.8	7:47.0	10:23.15	12:55.30
Haile Gebrselassie	4 June 1994	Hengelo	2:36.6	5:13.8	7:50.9	10:28.5	12:56.96
Said Aouita	22 July 1987	Roma	2:35.4	5:13.1	7:46.4	10:26.1	12:58.39
Said Aouita	27 July 1985	Oslo	2:35.2	5:13.9	7:51.0	10:32.2	13:00.40
David Moorcroft	7 July 1982	Oslo	2:38	5:12.6	7:50.2	10:28.7	13:00.41
Henry Rono	13 Sept 1981	Knarvik			7:55.0		13:06.2
Henry Rono	8 Apr 1978	Berkeley	2:42	5:18	7:57.5	10:34.5	13:08.4
Dick Quax	7 July 1977	Stockholm	2:39.3	5:18.5	7:56.0	10:39.0	13:12.9
Emiel Puttemans	20 Sept 1972	Bruxelles	2:33.7	5:12.0	7:51.2	10:35.6	13:13.0
Lasse Viren	14 Sept 1972	Helsinki	2:41.9	5:20.4	8:01.4	10:42.6	13:16.4
Ron Clarke	5 July 1966	Stockholm	2:40.2	5:16.4	7:57.4	10:39.0	13:16.6

World Records Lap Times

Name	1000m	2000m	3000m	4000m	5000m
Joshua Cheptegei	2:31.87	2:31.90	2:31.37	2:30.32	2:29.90
Kenenisa Bekele	2:33.24	2:32.23	2:31.87	2:30.59	2:29.42
Haile Gebrselassie	2:34.8	2:31.6	2:32.9	2:32.8	2:27.3
Daniel Komen	2:32.7	2:32.7	2:31.8	2:31.3	2:31.21
Haile Gebrselassie	2:34.7	2:31.8	2:31.7	2:35.0	2:28.66
Haile Gebrselassie	2:34.3	2:34.7	2:34.0	2:31.2	2:30.2
Moses Kiptanui	2:35.2	2:36.6	2:35.2	2:36.15	2:32.15
Haile Gebrselassie	2:36.6	2:37.2	2:37.1	2:37.6	2:28.46
Said Aouita	2:35.4	2:33.7	2:33.3	2:39.7	2:32.4
Said Aouita	2:35.2	2:38.7	2:37.1	2:41.2	2:28.24
David Moorcroft	2:38	2:34.6	2:37.6	2:38.5	2:31.7
Henry Rono					
Henry Rono	2:42	2:36	2:39.5	2:37	2:33.9
Dick Quax	2:39.3	2:39.2	2:43.0	2:43.0	2:33.9
Emiel Puttemans	2:33.7	2:38.3	2:39.2	2:44.4	2:37.4
Lasse Viren	2:41.9	2:40.2	2:41.0	2:41.2	2:33.8
Ron Clarke	2:40.2	2:36.2	2:41.0	2:41.6	2:37.6

World Champion with Olympic gold medal

Name	Nat	World Championships	Olympics
Mo Farah	GBR	2011, 2013, 2015	2012, 2016
Kenenisa Bekele	ETH	2009	2008
Said Aouita	MAR	1987	1984

World Champion who previously won World Junior gold medal

Name	Nat	World Championships	World Junior Championships
Muktar Edris	ETH	2017, 2019	2012
Daniel Komen	KEN	1997	1994

World Championships medalist who previously won World Youth medal (at 3000m)

Name	Nat	World Championships	Year	World Youth Championships	Year
Kenenisa Bekele	ETH	Gold	2009	Silver	1999
James Kwalia C'Kurui	QAT	Bronze	2009	Bronze	2001

World Championships medalist with European Championships medal:

Name	Nat	World Champ	Year	European Championships	Year
Mo Farah	GBR	Gold	2011, 2013, 2015	Gold	2010 – 2014
Jack Buckner	GBR	Bronze	1987	Gold	1986
Werner Schildhauer	GDR	Silver	1983	Silver	1982

World Championships medalists with Asian Games medal:

Name	Nat	World Championships	Year	Asian Games	Year
James Kwalia C'Kurui	QAT	Bronze	2009	Silver	2010

World Championships medalists with Asian Championships medal:

Name	Nat	World Championships	Year	Asian Championships	Year
James Kwalia C'Kurui	QAT	Bronze	2009	Gold	2005, 2009

World Champion with All Africa Games gold medal

Name	Nat	World Championships	All Africa Games
Kenenisa Bekele	ETH	2009	2003

World Champion with African Championships gold medal

Name	Nat	World Championships	African Championships
Kenenisa Bekele	ETH	2009	2006, 2008

World Champion with Pan American Games gold medalist: None

World Champion with Commonwealth Games gold medal

Name	Nat	World Championships	Commonwealth Games
Daniel Komen	KEN	1997	1998

World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Muktar Edris	ETH	12:58.85	Selemon Barega	ETH	12:59.70	Mohammed Ahmed	CAN	13:01.11
2017	Muktar Edris	ETH	13:32.79	Mo Farah	GBR	13:33.22	Paul Chelimo	USA	13:33.30
2015	Mo Farah	GBR	13:50.38	Caleb Ndiku	KEN	13:51.75	Hagos Gebrhiwet	ETH	13:51.86
2013	Mo Farah	GBR	13:26.98	Hagos Gebrhiwet	ETH	13:27.26	Isiah Kiplagat Koech	KEN	13:27.26
2011	Mo Farah	GBR	13:23.36	Bernard Lagat	USA	13:23.64	Dejene Gebremeskel	ETH	13:23.92
2009	Kenenisa Bekele	ETH	13:17.09	Bernard Lagat	USA	13:17.33	James Kwalia C'Kurui	QAT	13:17.78
2007	Bernard Lagat	USA	13:45.87	Eliud Kipchoge	KEN	13:46.00	Moses Kipsiro	UGA	13:46.75
2005	Benjamin Limo	KEN	13:32.55	Sileshi Sihine	ETH	13:32.81	Craig Mottram	AUS	13:32.96
2003	Eliud Kipchoge	KEN	12:52.79	Hicham El Guerrouj	MAR	12:52.83	Kenenisa Bekele	ETH	13:53.12
2001	Richard Limo	KEN	13:00.77	Million Wolde	ETH	13:03.47	John Kibowen	KEN	13:05.20
1999	Salah Hissou	MAR	12:58.13	Benjamin Limo	KEN	12:58.72	Mohammed Mourhit	BEL	12:58.80
1997	Daniel Komen	KEN	13:07.38	Khalid Boulami	MAR	13:09.34	Tom Nyariki	KEN	13:11.09
1995	Ismael Kirui	KEN	13:16.77	Khalid Boulami	MAR	13:17.15	Shem Kororia	KEN	13:17.59
1993	Ismael Kirui	KEN	13:02.75	Haile Gebrselassie	ETH	13:03.17	Fita Bayissa	ETH	13:05.40
1991	Yobes Ondieki	KEN	13:14.45	Fita Bayissa	ETH	13:16.64	Brahim Boutayeb	MAR	13:22.70

1987	Said Aouita	MAR	13:26.44	Domingos Castro	POR	13:27.59	Jack Buckner	GBR	13:27.74
1983	Eamon Coghlan	IRL	13:28.53	Werner Schildhauer	GDR	13:30.20	Martti Vainio	FIN	13:30.34

Last six Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Joshua Cheptegei	UGA	12:58.15	Mo Ahmed	CAN	12:58.61	Paul Chelimo	USA	12:59.05
2016	Mo Farah	GBR	13:03.30	Paul Chelimo	USA	13:03.90	Hagos Gebrhiwet	ETH	13:04.35
2012	Mo Farah	GBR	13:41.66	Dejen Gebremeskel	ETH	13:41.98	Thomas Longosiwa	KEN	13:42.36
2008	Kenenisa Bekele	ETH	12:57.82	Eliud Kipchoge	KEN	13:02.80	Edwin Soi	KEN	13:06.22
2004	Hicham El Guerrouj	MAR	13:14.39	Kenenisa Bekele	ETH	13:14.59	Eliud Kipchoge	KEN	13:15.10
2000	Million Wolde	ETH	13:35.49	Ali Saidi Sief	ALG	13:36.20	Brahim Lahlafi	MAR	13:36.47

Last ten World Indoor Championships: (3000m)

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Selemon Barega	ETH	7:41.38	Lamecha Girma	ETH	7:41.63	Marc Scott	GBR	7:42.02
2018	Yomif Kejelcha	ETH	8:14.41	Selemon Barega	ETH	8:15.59	Bethwel Birgen	KEN	8:15.70
2016	Yomif Kejelcha	ETH	7:57.21	Ryan Hill	USA	7:57.39	Augustine Choge	KEN	7:57.43
2014	Caleb Ndiku	KEN	7:54.94	Bernard Lagat	USA	7:55.22	Dejen Gebremeskel	ETH	7:55.39
2012	Bernard Lagat	USA	7:41.44	Augustine Choge	KEN	7:41.77	Edwin Soi	KEN	7:41.78
2010	Bernard Lagat	USA	7:37.97	Sergio Sanchez	ESP	7:39.55	Sammy Alex Mutahi	KEN	7:39.90
2008	Tariku Bekele	ETH	7:48.23	Paul Kipsiele Koech	KEN	7:49.05	Abreham Cherkos	ETH	7:49.96
2006	Kenenisa Bekele	ETH	7:39.32	Saif Saaeed Shaheen	QAT	7:41.28	Eliud Kipchoge	KEN	7:42.58
2004	Bernard Lagat	KEN	7:56.34	Rui Silva	POR	7:57.08	Markos Geneti	ETH	7:57.87
2003	Haile Gebrselassie	ETH	7:40.97	Alberto Garcia	ESP	7:42.06	Luke Kipkosgei	KEN	7:42.56
2001	Hicham El Guerrouj	MAR	7:37.74	Mohamed Mourhit	BEL	7:38.94	Alberto Garcia	ESP	7:39.96

Last eleven World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2021	Benson Kiplangat	KEN	13:20.37	Tadese Worku	ETH	13:20.65	Levy Kibet	KEN	13:26.01
2018	Edward Zakayo	KEN	13:20.16	Stanley Waithaka	KEN	13:20.57	Jakob Ingebrigtsen	NOR	13:20.78
2016	Selemon Birega	ETH	13:21.21	Djamal Dirieh	DJI	13:21.50	Wesley Ladema	KEN	13:23.34
2014	Yomif Kejelcha	ETH	13:25.19	Yasin Haji	ETH	13:26.21	Moses Letoyie	KEN	13:28.11
2012	Muktar Edris	ETH	13:38.95	Abrar Osman Adem	ERI	13:40.52	William Malel Sitonik	KEN	13:40.52
2010	David Bett	KEN	13:23.76	John Kipkoech	KEN	13:26.03	Aziz Lahbabi	MAR	13:28.92
2008	Abraham Cherkos	ETH	13:08.57	Mathew Kisorio	KEN	13:11.57	Dejen Gebremeskel	ETH	13:11.97
2006	Tariku Bekele	ETH	13:31.34	Abreham Cherkos	ETH	13:35.95	Joseph Ebuya	KEN	13:42.93
2004	Augustine Choge	KEN	13:28.93	Bado Worku	ETH	13:30.45	Tariku Bekele	ETH	13:30.86
2002	Hillary Chenonge	KEN	13:28.30	Markos Geneti	ETH	13:28.83	Geb Gebremariam	ETH	13:29.13
2000	Gordon Mugi	KEN	13:44.93	Kenenisa Bekele	ETH	13:45.43	Cyrus Kataron	KEN	13:46.12

World Youth Championships (3000m):

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Selemon Barega	ETH	7:47.16	Edward Zakayo	KEN	7:49.17	Stanley Mburu Waithaka	KEN	7:50.64
2015	Richrad Yator	KEN	7:54.45	Davis Kiplangat	KEN	7:54.52	Tefera Mosisa	ETH	7:55.04
2013	Yomif Kejelcha	ETH	7:53.56	Vedic Kipkoech	KEN	7:56.60	Alexander Mutiso Munyao	KEN	7:56.86
2011	William Malel Sitonik	KEN	7:40.10	Patrick Mutunga	KEN	7:40.47	Abar Osman Adem	ERI	7:40.89
2009	Isiah Koech	KEN	7:51.51	David Bett	KEN	7:52.13	Goitom Kifle	ERI	8:05.83
2007	Daniel Salel	KEN	7:57.18	Lucas Rotich	KEN	7:59.67	Hicham El Amrani	MAR	8:00.98
2005	Abreham Cherkos	ETH	8:00.90	Ibrahim Jeylan	ETH	8:04.21	Saleh Bakheet	BRN	8:04.78
2003	Augustine Choge	KEN	7:52.53	Tariku Bekele	ETH	7:54.71	Girma Shimelis	ETH	7:55.12
2001	Markos Geneti	ETH	7:55.82	David Kilel	KEN	7:56.95	James Kwalia	KEN	7:57.71
1999	Pius Muli	KEN	8:08.16	Kenenisa Bekele	ETH	8:09.89	Anouar Assila	MAR	8:13.54

Last seven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Jakob Ingebrigtsen	NOR	13:17.06	Henrik Ingebrigtsen	NOR	13:18.75	Morhad Amdouni	FRA	13:19.14
2016	Ilias Fifi	ESP	13:40.85	Adel Mechaal	ESP	13:40.85	Robert Ringer	GER	13:40.85
2014	Mo Farah	GBR	14:05.82	Hayle Ibrahimov	AZE	14:08.32	Andrew Vernon	GBR	14:09.48
2012	Mo Farah	GBR	13:29.91	Arne Gabius	GER	13:31.83	Polat Kemboi Arikan	TUR	13:32.63
2010	Mo Farah	GBR	13:31.18	Jesus España	ESP	13:33.12	Hayle Ibrahimov	AZE	13:34.15
2006	Jesus España	ESP	13:44.70	Mo Farah	GBR	13:44.79	Juan Carlos Higuero	ESP	13:46.48
2002	Alberto Garcia	ESP	13:38.18	Ismail Sghir	FRA	13:39.81	Sergey Lebid	UKR	13:40.00

Last five Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Birhanu Balew Yemataw	BRN	13:43.17	Albert Rop	BRN	13:45.76	Tariq Ahmed Al-Amri	KSA	13:56.49
2014	Mohamed Al-Garni	QAT	13:26.13	Alemu Bekele	BRN	13:27.98	Albert Rop	BRN	13:28.08
2010	Ali Hasan Mahboub	BRN	13:47.86	James Kwalia	QAT	13:48.55	Felix Kobore	QAT	13:49.31
2006	James Kwalia	QAT	13:38.90	Musir Salem Jawher	BRN	13:41.10	Sultan Khamis Zaman	QAT	13:45.91
2002	Moukhled Al-Outaibi	KSA	13:41.58	Abdulah Zakaria	BRN	13:43.82	Khamis Abdullah	QAT	13:44.42

Last ten Asian Championships:

Yea	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Birhanu Yemataw	BRN	13:37.42	Albert Rop	BRN	13:37.57	Hiroki Matsueda	JPN	13:45.44
2017	G Lakshmanan	IND	14:54.48	Yaser Salem	QAT	14:55.89	Tariq Ahmeds	KSA	14:56.83
2015	Mohamed Al-Garni	QAT	13:34.47	Albert Rop	BRN	13:35.26	Govindan Lakshaman	IND	13:36.62
2013	Dejene Regassa	BRN	13:53.25	Alemu Bekele	BRN	13:57.23	Hamed Noor	KSA	14:05.88
2011	Dejene Regassa	BRN	13:39.71	Yuki Sato	JPN	13:40.78	Alemu Bekele Gebre	BRN	13:41.93
2009	James Kwalia	QAT	14:02.90	Hasan Mahboob Ali	BRN	14:03.44	Essa Ismail Rasheed	QAT	14:04.52
2007	Felix Kibore	QAT	14:07.12	Abdullah Ahmad Hassan	QAT	14:08.66	Issa Ishaq Abdeen	BRN	14:18.47J
2005	James Kwalia	QAT	14:08.56	Daham Najim Bashir	QAT	14:15.92	Wu Wen-Chien	TPE	14:32.43
2003	Abdul Aziz Al-Amri	QAT	13:58.89	Saif Saeed Shaheen	QAT	13:58.92	Nobuya Matsunaga	JPN	14:12.73
2002	Khamis Seif Abdullah	QAT	14:16.81	Abdulah Zakaria	BRN	14:19.92	Nasser Sulaiman	QAT	14:19.97

Last six All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Robert Kiprop	KEN	13:30.96	Edward Zakayo	KEN	13:31.40	Richard Kimunyan	KEN	13:31.41
2015	Getaneh Tamire	ETH	13:21.88	Leul Gebrselassie	ETH	13:22.13	Thomas Longosiwa	KEN	13:22.72
2011	Moses Kipsiro	UGA	13:43.08	Yenew Alamirew	ETH	13:43.33	Abayneh Ayele	ETH	13:43.51
2007	Moses Kipsiro	UGA	13:12.51	Josephat K Menjo	KEN	13:12.64	Tariku Bekele	ETH	13:13.43
2003	Kenenisa Bekele	ETH	13:26.16	Hailu Mekonnen	ETH	13:26.73	John Kibowen	KEN	13:29.14
1999	Julius Gitahi	KEN	13:49.06	Fita Bayissa	ETH	13:49.79	Tom Nyariki	KEN	13:50.40

Last ten African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Hailemariam Amare	ETH	13:36.79	Daniel Simiyu	KEN	13:38.79	Hicham Akankam	MAR	13:40.39
2018	Edward Zakayo	KEN	13:48.58	Getaneh Tamire	ETH	13:49.06	Yemane Hailesilassie	ERI	13:49.58
2016	Douglas Kipserem	KEN	13:13.35	Gelant	RSA	13:15.13	M Ndiwa	KEN	13:16.85
2014	Caleb Ndiku	KEN	13:34.27	Isaiah Koech	KEN	13:35.73	Abrar Osman	ERI	13:38.42
2012	Mark Kiptoo	KEN	13:22.38	Jonathan Maiyo	KEN	13:22.89	Timothy Kiptoo	KEN	13:24.67
2010	Edwin Soi	KEN	13:30.46	Vincent Yator	KEN	13:30.53	Mark Kiptoo	KEN	13:32.45
2008	Kenenisa Bekele	ETH	13:49.67	Isaac Songok	KEN	13:49.91	Ali Abdosh	ETH	13:50.64
2006	Kenenisa Bekele	ETH	14:03.41	Mike Kigen	KEN	14:05.12	Moses Kipsiro	UGA	14:05.20
2004	Zwedo Maregu	ETH	13:47.77	Boniface Songok	KEN	13:48.06	Hillary Chenonge	KEN	13:48.44
2002	Paul Bitok	KEN	13:31.95	Benjamin Limo	KEN	13:32.10	Mohamed Amine	MAR	13:33.98

Last five Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Fernando Martinez	MEX	13:53.87	Altobelli da Silva	BRA	13:54.42	Carlos Diaz	CHI	13:54.43
2015	Juan Luis Barrios	MEX	13:46.47	David Torrence	USA	13:46.60	Victor Aravena	CHI	13:46.94
2011	Juan Luis Barrios	MEX	14:13.77	Byron Piedra	ECU	14:15.74	Joilson da Silva	BRA	14:16.11
2007	Ed Moran	USA	13:25.60	Juan LouisBarrios	MEX	13:29.87	Marilson dos Santos	BRA	13:30.68
2003	Hudson de Souza	BRA	13:50.71	Jose Galvan	MEX	13:52.92	Marilson dos Santos	BRA	13:56.90

Last five Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Joshua Cheptegei	UGA	13:50.83	Mo Ahmed	CAN	13:52.78	Edward Zakayo	KEN	13:54.06
2014	Caleb Ndiku	KEN	13:12.07	Isiah Koech	KEN	13:14.06	Zane Robertson	NZL	13:16.52
2010	Moses Kipsiro	UGA	13:31.25	Eliud Kipchoge	KEN	13:31.32	Mark Kiptoo	KEN	13:32.58
2006	Augustine Choge	KEN	12:56.41	Craig Mottram	AUS	12:58.19	Ben Limo	KEN	13:05.30
2002	Sammy Kipketer	KEN	13:13.51	Ben Limo	KEN	13:13.57	William Kirui	KEN	13:18.02

Fastest Performances on US Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:47.20	Mo Ahmed	CAN	1	Portland	10 July 2020
2	2	12:50.05	Berihu Aregawi	ETH	1	Eugene	28 May 2022
3	3	12:56.98	Mo Farah	GBR	1	Eugene	2 June 2012
4	4	12:57.63	Isiah Koech	KEN	2	Eugene	2 June 2012

Fastest Performances in Eugene

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	12:50.05	Berihu Aregawi	ETH	1	28 May 2022
2	2	12:56.98	Mo Farah	GBR	1	2 June 2012
3	3	12:57.63	Isiah Koech	KEN	2	2 June 2012
4	4	12:57.99	Joshua Cheptegei	UGA	1	27 May 2022
5	5	12:58.90	Galen Rupp	USA	3	2 June 2012

Fastest performances in July

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:40.18	Kenenisa Bekele	ETH	1	Saint-Denis	1 July 2005
2	2	12:46.53	Eliud Kipchoge	KEN	1	Roma	2 July 2004
3	3	12:46.81	Dejen Gebremeskel	ETH	1	Saint-Denis	6 July 2012

Combined 2021 & 2022 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	12:46.33	Nicholas Kimeli	KEN	1	Roma	9 June 2022
2	2	12:46.79	Jacob Krop	KEN	2	Roma	9 June 2022
3	3	12:48.45	Jakob Ingebrigtsen	NOR	1	Firenze	10 June 2021
4	4	12:49.02	Hagos Gebrhiwet	ETH	2	Firenze	10 June 2021
5	5	12:50.05	Berihu Aregawi	ETH	1	Eugene	28 May 2022
6	6	12:50.12	Mohammed Ahmed	CAN	3	Firenze	10 June 2021
7	7	12:50.79	Mohamed Katir	ESP	4	Firenze	10 June 2021
8	8	12:51.93	Justyn Knight	CAN	5	Firenze	10 June 2021
9	9	12:52.10	Yomif Kejelcha	ETH	3	Roma	9 June 2022
10	10	12:53.28	Getnet Wale	ETH	1	Hengelo	8 June 2021
11	11	12:54.22	Nibret Melak	ETH	2	Hengelo	8 June 2021
12	12	12:54.69	Joshua Cheptegei	UGA	6	Firenze	10 June 2021
13	13	12:54.87	Selemon Barega	ETH	4	Roma	9 June 2022

14	14	12:55.60	Jacob Kiplimo	UGA	1	Luzern	29 June 2021
15		12:55.84	Mo Ahmed		5	Roma	9 June 2022
16	15	12:55.88	Daniel Simiyu	KEN	2	Luzern	29 June 2021

Please send corrections to KKenNakamura@gmail.com

The new records set in WC will be reported through my twitter account @KKenNakamura