

# 2022 Commonwealth Games Statistics – Women's 3000mSC (since 2006)

By K Ken Nakamura

## Summary Page

### All time performance list at the Commonwealth Games

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	9:19.51	Dorcus Inzikuru	UGA	1	Melbourne	2006
2	2	9:21.00	Aisha Praught	JAM	1	Gold Coast	2018
3	3	9:22.61	Celliphine Chepteek Chespol	KEN	2	Gold Coast	2018
4	4	9:24.29	Melissa Rollison	AUS	2	Melbourne	2006
5	5	9:25.05	Donna MacFarlane	AUS	3	Melbourne	2006
6	6	9:25.74	Purity Cherotich Kirui	KEN	3	Gold Coast	2018
7		9:30.96	Purity Kirui		1	Glasgow	2014
8	7	9:31.30	Milcah Chemos Cheywa	KEN	2	Glasgow	2014
9	8	9:33.34	Joan Kipkemoi Rotich	KEN	3	Glasgow	2014
10	9	9:34.01	Madeline Heiner	AUS	4	Glasgow	2014

### Margin of Victory

	Difference	Winning Time	Name	Nat	Venue	Year
Max	4.78	9:19.51	Dorcus Inzikuru	UGA	Melbourne	2006
Min	0.34	9:30.96	Purity Kirui	KEN	Glasgow	2014
	0.58	9:40.96	Milcah Chemos Cheywa	KEN	Delhi	2010

### Best Marks for Places in the Commonwealth Games

Pos	Time	Name	Nat	Venue	Year
1	9:19.51	Dorcus Inzikuru	UGA	Melbourne	2006
2	9:22.61	Celliphine Chepteek Chespol	KEN	Gold Coast	2018
3	9:25.05	Donna MacFarlane	AUS	Melbourne	2006
4	9:34.01	Madeline Heiner	AUS	Glasgow	2014
5	9:35.70	Kate McIlroy	NZL	Melbourne	2006
6	9:44.65	Eilish McColgan	SCO	Glasgow	2014

### Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
KEN	2018		Celliphine Chespol	Purity Kirui
KEN	2014	Purity Kirui	Milcah Chemos	Joan Kipkemoi Rotich
KEN	2010	Milcah Chemos	Mercy Wanjiru	Gladys Jerotich
AUS	2006		Melissa Rollison	Donna MacFarlane

### Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
KEN	Jonathan Ndiku	Purity Kirui	Glasgow	2014
KEN	Richard Mateelong	Milcah Chemos Cheywa	Dehli	2010

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1	1	9:19.51	Dorcus Inzikuru	UGA	1	Melbourne	2006
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5	5	9:25.05	Donna MaCfarlane	AUS	3	Melbourne	2006
6	6	9:25.74	Purity Cherotich Kirui	KEN	3	Gold Coast	2018
7		9:30.96	Purity Kirui		1	Glasgow	2014
8	7	9:31.30	Milcah Chemos Cheywa	KEN	2	Glasgow	2014
9	8	9:33.34	Joan Kipkemoi Rotich	KEN	3	Glasgow	2014
10	9	9:34.01	Madeline Heiner	AUS	4	Glasgow	2014
11	10	9:34.24	Victoria Mitchell	AUS	4	Melbourne	2006
12	11	9:35.70	Kate Mcllroy	NZL	5	Melbourne	2006
13	12	9:36.29	Rosie Clarke	ENG	4	Gold Coast	2018
14	13	9:37.04	Genevieve LaCaze	AUS	5	Glasgow	2014
15		9:40.96	Milcah Chemos Cheywa		1	Delhi	2010
16	14	9:41.54	Mercy Wanjiru Njoroge	KEN	2	Delhi	2010
17		9:42.69	Genevieve Lacaze		5	Gold Coast	2018
18	15	9:44.65	Eilish McColgan	SCO	6	Glasgow	2014
19	16	9:45.51	Rachael Bamford	ENG	7	Glasgow	2014
20	17	9:46.27	Fancy Cheron	KEN	6	Gold Coast	2018
21	18	9:46.68	Genevieve Lalonde	CAN	7	Gold Coast	2018
22	19	9:47.97	Philippa Woolven	ENG	8	Glasgow	2014
23		9:49.05	Victoria Mitchell		9	Glasgow	2014
24	20	9:49.09	Jeruto Kiptum	KEN	6	Melbourne	2006
25	21	9:51.93	Lennie Waite	SCO	10	Glasgow	2014
26	22	9:52.51	Gladys Jerotich Kipkemoi	KEN	3	Delhi	2010
27	23	9:53.12	Joanna Ankier	ENG	7	Melbourne	2006
28	24	9:55.94	Kerry O'Flaherty	NIR	11	Glasgow	2014
29	25	9:56.37	Helen Clitheroe	ENG	4	Delhi	2010
30	26	9:57.63	Sudha Singh	IND	5	Delhi	2010
31	27	9:58.92	Iona Lake	ENG	8	Gold Coast	2018
32		10:02.12	Lennie Waite		6	Delhi	2010
33	28	10:09.14	Tina Brown	ENG	8	Melbourne	2006

#### Margin of Victory

	Difference	Winning Time	Name	Nat	Venue	Year
Max	4.78	9:19.51	Dorcus Inzikuru	UGA	Melbourne	2006
Min	0.34	9:30.96	Purity Kirui	KEN	Glasgow	2014
	0.58	9:40.96	Milcah Chemos Cheywa	KEN	Delhi	2010

#### Difference between 3<sup>rd</sup> and 4<sup>th</sup> place (medal versus no medal)

	Difference	3 <sup>rd</sup> place Time	Name	Nat	Venue	Year
Max	10.55	9:25.74	Purity Cherotich Kirui	KEN	Gold Coast	2018
	9.19	9:25.05	Donna MaCfarlane	AUS	Melbourne	2006
Min	0.67	9:33.34	Joan Kipkemoi Rotich	KEN	Glasgow	2014
	3.86	9:52.51	Gladys Jerotich Kipkemoi	KEN	Delhi	2010

#### Best Marks for Places in the Commonwealth Games

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	9:34.24	Victoria Mitchell	AUS	Melbourne	2006
5	9:35.70	Kate McLroy	NZL	Melbourne	2006
6	9:44.65	Eilish McColgan	SCO	Glasgow	2014
	9:46.27	Fancy Cherono	KEN	Gold Coast	2018
	9:49.09	Jeruto Kiptum	KEN	Melbourne	2006
7	9:45.51	Rachael Bamford	ENG	Glasgow	2014
	9:46.68	Genevieve Lalonde	CAN	Gold Coast	2018
	9:53.12	Joanna Ankier	ENG	Melbourne	2006
8	9:47.97	Philippa Woolven	ENG	Glasgow	2014
	9:58.92	Iona Lake	ENG	Gold Coast	2018
	10:09.14	Tina Brown	ENG	Melbourne	2006

### Medals by Countries

Nation	Gold	Silver	Bronze
KEN	2	3	3
UGA	1		
JAM	1		
AUS		1	1

### Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
KEN	2018		Celliphine Chespol	Purity Kirui
KEN	2014	Purity Kirui	Milcah Chemos	Joan Kipkemai Rotich
KEN	2010	Milcah Chemos	Mercy Wanjiru	Gladys Jerotich
AUS	2006		Melissa Rollison	Donna MacFarlane

### Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
KEN	Jonathan Ndiku	Purity Kirui	Glasgow	2014
KEN	Richard Mateelong	Milcah Chemos Cheywa	Dehli	2010

### World Champion with Commonwealth Games Gold medal

Name	Nat	World Championships	Commonwealth Games
Dorcus Inzikuru	UGA	2005	2006
Milcah Chemos	KEN	2013	2010

### Olympic medalist with Commonwealth Games medal: None

### Last four Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Aisha Praught	JAM	9:21.00	Celliphine	KEN	9:22.61	Purity Kirui	KEN	9:25.74
2014	Purity Kirui	KEN	9:30.96	Milcah Chemos	KEN	9:31.30	Joan Rotich	KEN	9:33.34
2010	Milcah Chemos Cheywa	KEN	9:40.96	Mercy Njoroge	KEN	9:41.54	Gladys Kipkemboi	KEN	9:52.51
2006	Dorcus Inzikuru	UGA	9:19.51	Melissa Rollison	AUS	9:24.29	Donna Macfarlane	AUS	9:25.05

### Last nine World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2022	Norah Jeruto Tanui	KAZ	8:53.02	Werkwuha Getachew	ETH	8:54.61	Mekides Abebe	ETH	8:56.08
2019	Beatrice Chepkoech	KEN	8:57.84	Emma Coburn	USA	9:02.35	Gesa Felicitas	GER	9:03.30
2017	Emma Coburn	USA	9:02.58	Courtney Frerichs	USA	9:03.77	Hyvin Jepkemoi	KEN	9:04.03
2015	Hyvin Jepkemoi	KEN	9:19.11	Habiba Ghribi	TUN	9:19.24	Gesa FelicitasKrause	GER	9:19.25
2013	Milcah Chemos	KEN	9:11.65	Lydia Chepkurui	KEN	9:12.55	Sofia Assefa	ETH	9:12.84
2011	Yuliya Zaripova	RUS	9:07.03	Habiba Ghribi	TUN	9:11.97	Milcah Chemos	KEN	9:17.16
2009	Marta Dominguez	ESP	9:07.32	Yuliya Zarudneva	RUS	9:08.39	Milcah Chemos	KEN	9:08.57
2007	Yekaterina Volkova	RUS	9:06.57	Tatyana Petrova	RUS	9:09.19	Eunice Jepkorir	KEN	9:20.09
2005	Dorcus Inzikuru	UGA	9:18.24	Yekaterina Volkova	RUS	9:20.49	Jeruto Kiptum	KEN	9:26.95

### Last four Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2020	Peruth Chemutai	UGA	9:01.45	Courtney Frerichs	USA	9:04.79	Hyvin Kiyeng	KEN	9:05.39
2016	Ruth Jebet	BRN	8:59.75	Hyvin Jepkemoi	KEN	9:07.12	Emma Coburn	USA	9:07.63
2012	Yuliya Zaripova	RUS	9:06.72	Habiba Ghribi	TUN	9:08.37	Sofia Assefa	ETH	9:09.84
2008	Gulnara Samitova-Galkina	RUS	8:58.81	Eunice Jepkorir	KEN	9:07.41	Yekaterina Volkova	RUS	9:07.64

### All time Commonwealth List (Fastest Performances by athletes from Commonwealth nations)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	8:44.32	Beatrice Chepkoech	KEN	1	Monaco	20 July 2018
2	2	8:53.65	Norah Jeruto Tanui	KEN	1	Eugene	21 Aug 2021
3		8:55.10	Beatrice Chepkoech		1	Bruxelles	31 Aug 2018
4		8:55.58	Beatrice Chepkoech		1	Palo Alto	30 June 2019
5		8:57.84	Beatrice Chepkoech		1	Doha	30 Sept 2019
6	3	8:58.78	Celphine Chespol	KEN	1	Eugene	26 May 2017
7		8:59.36	Beatrice Chepkoech		1	Paris	30 June 2018
8		8:59.62	Norah Jeruto Tanui	KEN	2	Bruxelles	31 Aug 2018
9		8:59.84	Beatrice Chepkoech	KEN	2	Zurich	24 Aug 2017
10		8:59.88	Beatrice Chepkoech		1	Asaba	5 Aug 2018
11	4	9:00.01	Hyvin Kiyeng	KEN	2	Eugene	28 May 2016
12		9:00.02	Hyvin Kiyeng		1	Doha	5 May 2017

### Fastest Performances in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	8:52.78	Ruth Jebet	BRN	1	Saint-Denis	27 Aug 2016
2	2	8:53.65	Norah Jeruto Tanui	KEN	1	Eugene	21 Aug 2021
3	3	8:55.10	Beatrice Chepkoech	KEN	1	Bruxelles	31 Aug 2018

### Fastest Performances in GBR

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	9:02.58	Emma Coburn	USA	1	London	11 Aug 2017
2	2	9:03.77	Courtney Frerichs	USA	2	London	11 Aug 2017
3	3	9:04.03	Hyvin Kiyeng	KEN	3	London	11 Aug 2017

### Fastest Performances in Birmingham

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	9:05.55	Beatrice Chepkoech	KEN	1	18 Aug 2019
2	2	9:06.76	Celliphine Chespol	KEN	2	18 Aug 2019
3	3	9:07.23	Winfred Yavi	BRN	3	18 Aug 2019

### Combined 2021 & 2022 Commonwealth List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	8:53.65	Norah Jeruto Tanui	KEN	1	Eugene	21 Aug 2021
2	2	9:00.05	Hyvin Kiyeng	KEN	3	Eugene	21 Aug 2021
3		9:00.67	Norah Jeruto Tanui		1	Doha	28 May 2021
4	3	9:01.45	Peruth Chemutai	UGA	1	Tokyo - OG	4 Aug 2021
5		9:03.82	Hyvin Kiyeng		1	Monaco	9 July 2021
6		9:04.34	Hyvin Kiyeng		1	Stockholm	4 July 2021
7	4	9:04.94	Beatrice Chepkoech	KEN	2	Monaco	9 July 2021
8		9:05.39	Hyvin Kiyeng		3	Tokyo – OG	4 Aug 2021
9		9:05.54	Peruth Chemtai		4	Eugene	28 May <b>2022</b>
10	5	9:07.07	Celliphine Chespol	KEN	5	Eugene	21 Aug 2021
11		9:07.33	Norah Jeruto Tanui		1	Zurich	9 Sept 2021
12		9:07.58	Hyvin Kiyeng		4	Doha	28 May 2021
13		9:08.55	Hyvin Kiyeng		2	Zurich	9 Sept 2021
14		9:10.17	Celliphine Chespol		6	Eugene	28 May 2021
15		9:10.26	Celliphine Chespol		5	Zurich	9 Sept 2021

Please send corrections to [KKenNakamura@gmail.com](mailto:KKenNakamura@gmail.com)