

10,000 METERS

1982

(Provo, June 02)..... (A)

(18 started and finished)

1. Kim Schnurpfeil (Stanford).....	Jr.....	33:36.51	(MR)
2. Eryn Forbes (Oregon).....	Jr.....	33:55.10	
3. Jill Molen (Utah).....	Jr.....	33:59.01	
4. Jill Washburn (Michigan State).....	Jr.....	34:46.75	
5. Kellie Cathey (Oklahoma).....	So	34:55.90	
6. Aileen O'Connor (Virginia).....	Jr.....	35:00.90	
7. Ann Locke (Stanford).....	Fr.....	35:08.91	
8. Carey May' (BYU).....	Fr.....	35:10.75	

1983

(Houston, June 01)

(27 started, 25 finished)

1. Betty Springs (NC State).....	Jr.....	33:01.02	(MR)
2. Carey May' (BYU).....	So	33:04.23	
3. Melanie Weaver (Michigan).....	Sr	33:06.70	
4. Beth Farmer (Florida).....	So	33:10.28	
5. Regina Joyce' (Washington).....	Jr.....	33:14.45	(all under old MR)
6. Lisa Weidenbach (Michigan).....	Sr	33:38.43	
7. Jenny Spangler (Iowa).....	So	33:39.94	
8. Martha White (Virginia).....	Sr	34:02.15	

(defending champ Schnurpfeil not in meet; ran no 10Ks all year)

1984

(Eugene, May 30)

(21 started and finished)

1. Kathy Hayes (Oregon) Jr 32:43.81
(CR, MR)
2. Katie Ishmael (Wisconsin) So 32:48.18
3. Carey May' (BYU) Jr 32:51.23
4. Joan Nesbit (North Carolina) Sr 32:54.19
(first 4 under old MR)
5. Christine McMiken' (Oklahoma State) So 33:05.7h
6. Linda King (Virginia Tech) Jr 33:05.96
7. Beth Farmer (Florida) Jr 33:22.58
8. Tori Neubauer (Wisconsin-La Crosse) Sr 33:25.80
(defending champ Springs fifth-year senior; did not return)

1985

(Austin, May 29)

(14 started, 13 finished)

1. Nan Doak (Iowa) Sr 33:33.03
2. Christine McMiken' (Oklahoma State) Jr 33:38.99
3. Nora Collas (Houston) Jr 33:51.41
4. Linda King (Virginia Tech) Sr 33:53.63
5. Kathy Hayes (Oregon) Sr 33:56.55
6. Ellen Reynolds (Duke) Jr 34:09.06
7. Bernadette Madigan' (Kentucky) Sr 35:01.49
8. Bonnie Sons (Iowa State) So 35:07.19

1986

(Indianapolis, June 04)

(24 started, 23 finished)

1. Stephanie Herbst (Wisconsin) So 32:32.75
(CR, MR)
2. Christine McMiken' (Oklahoma State) Sr 32:51.71
3. Ellen Reynolds (Duke) Sr 32:52.52
4. Ute Jamrozy' (Clemson) Fr 33:14.83
5. Lisa Welch (BU) Sr 33:22.88
6. Connie Jo Robinson (NC State) Jr 33:31.40
7. Gina McMenamain (Houston) Sr 33:35.43
8. Sandy Blakeslee (Texas) Jr 33:56.49

1987

(Baton Rouge, June 03)

(9 started and finished)

1. Patty Murray (Western Illinois)	Sr	33:28.27
2. Sandy Blakeslee (Texas)	Sr	33:55.67
3. Holly Hering (Wisconsin)	Jr	34:13.99
4. Jacque Struckhoff (Kansas State).....	Jr	34:52.25
5. Andrea Paolillo' (Purdue).....	Sr	34:55.13
6. Gretchen Lohr (Cal State LA)	Jr	35:21.33
7. Mary Shea (Michigan State).....	Jr	35:28.64
8. Margie Lasaga (Virginia Tech).....	Sr	35:32.94

(defending champ Herbst injured, redshirted)

1988

(Eugene, June 01)

(19 started and finished)

1. Sylvia Mosqueda (Cal State LA).....	Sr	32:28.57	(CR, MR)
2. Stephanie Herbst (Wisconsin).....	Sr	32:44.16	
3. Kirsten O'Hara (Cal)	Jr	32:52.86	
4. Janet Smith (NC State)	Sr	33:05.13	
5. Elspeth Turner' (Alabama)	So	33:05.43	
6. Carol Gray (Stanford)	So	33:13.38	
7. Rebecca Rivkin (Yale)	So	33:19.08	
8. Eileen Donaghy (Minnesota)	Jr	33:31.96	

1989

(Provo, May 31)..... (A)

(8 started and finished)

1. Jackie Goodman' (Oklahoma State)	Sr	33:42.35
2. Suzanne Jones (Harvard)	So	33:45.40
3. Jody Dunston (UTSA)	Sr	34:00.08
4. Pam Crandall (Dartmouth).....	Sr	34:34.08
5. Janet Smith (NC State)	Sr	34:57.85
6. Anna Prineas (Carleton)	Sr	35:28.64
7. Laurie Isbell (Dartmouth).....	Jr	35:29.86
8. Beth McGrann (UC Irvine).....	Sr	36:16.17

1990

(Durham, May 31)

(17 started, 16 finished)

1. Janet Haskin (Kansas State)	So	33:49.72
2. Lisa Stone (Baylor).....	Jr.....	33:51.50
3. Christi Constantin (Georgetown).....	Fr.....	33:55.57
4. Suzanne Jones (Harvard).....	Jr.....	34:00.05
5. Sammie Gdowski (Nebraska).....	Sr	34:08.09
6. Sabrina Han (Cal).....	Jr.....	34:09.00
7. Amy Legacki (Indiana).....	Jr.....	34:11.78
8. Stephanie Wessell (Oregon).....	Jr.....	34:15.05

1991

(Eugene, May 31)

(16 started, 15 finished)

1. Jamie Park (Arkansas)	So	33:15.08
2. Carole Zajac (Villanova).....	Fr.....	33:17.49
3. Lisa Stone (Baylor).....	Sr	33:19.49
4. Julie Jiskra (Rice).....	Jr.....	33:22.14
5. Jennifer Brower (Iowa)	Jr.....	33:23.58
6. Kristi Klinnert (Northern Arizona).....	So	33:24.90
7. Jenny Kraeger (Wisconsin).....	So	33:26.64
8. Kim Saddic (George Mason)	Jr.....	34:00.72

(defending champ Haskin never made lists after '90)

1992

(Austin, June 03)

(15 started, 10 finished)

1. Kim Saddic (George Mason)	Sr	34:39.92
2. Donna Levy (Oklahoma State)	Sr	34:46.61
3. Jennifer Brower (Iowa)	Sr	34:52.36
4. Kari McKay (Eastern Washington).....	Sr	34:56.38
5. Traci Goodrich (UC Irvine).....	So	34:58.76
6. Carmella Mariani (Pitt).....	Jr.....	35:13.13
7. Leigh Ann Renk (Loyola)	Sr	35:13.22
8. Katie Williams (Arizona).....	Jr.....	35:24.26

(defending champion Park redshirted or left school)

1993

(New Orleans, June 04)

(16 started, 15 finished)

1. Carole Zajac (Villanova).....	Jr.....	34:18.14
2. Caryn Landau (Georgetown)	Fr.....	34:21.71
3. Christi Constantin (Georgetown).....	Sr	34:26.22
4. Kelli Hunt (Penn State).....	So	34:53.72
5. Kim Kelly (Penn State)	So	34:55.95
6. Katie Williams (Arizona).....	Sr	35:16.67
7. Kristi Klinnert (Northern Arizona).....	Sr	35:18.55
8. Michelle Byrne (Arkansas).....	Jr.....	35:25.37

1994

(Boise, June 01)

(21 started, 20 finished)

1. Carole Zajac (Villanova).....	Sr	33:32.36	(first 2-time winner)
2. Liz Scanlon (Oklahoma)	Sr	34:11.47	
3. Louise Watson' (Stanford).....	Sr	34:36.83	
4. Deena Drossin (Arkansas).....	Jr.....	34:48.59	
5. Shelley Smathers (Montana)	Sr	34:49.48	
6. Caryn Landau (Georgetown)	Jr.....	34:57.06	
7. Kelli Hunt (Penn State).....	Jr.....	35:05.26	
8. Dava Rhodes (East Carolina)	Fr.....	35:10.74	

1995

(Knoxville, June 02)

(20 started, 18 finished)

1. Katie Swords' (SMU).....	So	34:28.46
2. Rachel Sauder (Auburn).....	Jr.....	34:53.91
3. Patty Roberts (Colorado)	Jr.....	34:56.43
4. Viola Schaffer (Arizona).....	Fr.....	35:05.03
5. Kelly Liljeblad (UMass).....	Sr	35:10.97
6. Kristen Hall (NC State).....	So	35:25.65
7. Sally Geis (Baylor).....	Sr	35:34.57
8. Amy McKinley (Arkansas)	So	35:38.38

1996

(Eugene, May 31)

(20 started and finished)

1. Katie Swords' (SMU).....	Jr.....	32:56.63
2. Kate Landau (Georgetown)	So	33:08.57
3. Rachel Sauder (Auburn).....	Sr	33:26.91
4. Tangi Galloway (New Mexico)	So	34:07.01
5. Deena Drossin (Arkansas).....	Sr	34:13.75
6. Megan Boden (Georgetown).....	Sr	34:18.00
7. Niamh Zwagerman (Oregon).....	So	34:23.15
8. Deirdre Milligan (Dartmouth)	So	34:23.79

1997

(Bloomington, June 06)

(22 started, 20 finished)

1. Amy Skieresz (Arizona)	So	33:14.22
2. Marisa Avendano (Sac State).....	Sr	34:17.61
3. Angi Kujak (Wisconsin)	Jr.....	34:21.53
4. Regina Gonzales (Georgetown).....	Sr	34:22.38
5. Stephanie Dueringer (Michigan State).....	Sr	34:31.71
6. Sue Daggett (Illinois State).....	Sr	34:32.92
7. Donna Fidler (Penn State).....	Fr.....	34:41.18
8. Jackie Conrad (Ohio U).....	Fr.....	34:41.95

(defending champ Swords out with stress fractures)

1998

(Amherst, June 03)

(22 started, 21 finished)

1. Amy Skieresz (Arizona)	Jr.....	33:04.12
2. Angi Kujak (Wisconsin)	Sr	34:06.76
3. Emily Nay (BYU).....	Jr.....	34:10.62
4. Catherine Wright (Tennessee Chattanooga).....	Fr.....	34:13.54
5. Jackie Conrad (Ohio U).....	So	34:14.85
6. Charity Wachera' (West Virginia)	Sr	34:29.64
7. Tanya Povey (South Carolina)	Fr.....	34:31.41
8. Allison Klemmer (Notre Dame).....	So	34:32.95

1999

(Boise, June 03)

(21 started, 19 finished)

1. Leigh Daniel (Texas Tech).....	Jr.....	34:01.63
2. Tara Rohatinsky (BYU)	So	34:04.02
3. JoAnna Deeter (Notre Dame)	Jr.....	34:05.89
4. Carrie Gould (Eastern Michigan)	Jr.....	34:09.50
5. Marty Hernandez (BYU)	Jr.....	34:09.88
6. Sherri Smith' (Baylor)	So	34:20.03
7. Alison Klemmer (Notre Dame).....	Jr.....	34:26.74
8. Emily Nay (BYU).....	Sr	34:43.98

(defending champ Skieresz out with injury)

2000

(Durham, May 31)

(20 started and finished)

1. Tara Rohatinsky (BYU)	So	33:49.24
2. Marty Hernandez (BYU)	Sr	33:50.45
3. Amy Yoder (Arkansas).....	Jr.....	33:53.76
4. Jen Gruia (Colorado).....	Sr	33:55.18
5. Erica Palmer (Wisconsin)	So	34:13.79
6. Jennifer Denkins (Michigan State).....	Sr	34:15.27
7. Abby Peters (Boise State).....	Fr.....	34:19.93
8. Keely Weaver (Belmont).....	Fr.....	34:21.38

(defending champ Daniel redshirted)

2001

(Eugene, May 31)

(21 started, 19 finished)

1. Amy Yoder (Arkansas).....	Sr	33:59.96
2. Sara Day (Wake Forest).....	Sr	34:06.53
3. Leigh Daniel (Texas Tech).....	Sr	34:42.64
4. Sara Wells (Oklahoma State).....	Sr	34:44.49
5. Molly Austin (Colorado).....	So	34:45.18
6. Marni Kruppa (Georgetown).....	So	34:50.31
7. Charlotte Sanderson' (Tulsa).....	Jr.....	34:53.85
8. Jodie Hughes (Colorado)	Jr.....	35:05.00

(defending champ Rohatinsky18th)

2002

(Baton Rouge, May 29)

(21 started, 20 finished)

1. Kristin Price (NC State)	So	34:26.63
2. Tara Quinn' (South Florida)	Sr	34:33.85
3. Laura O'Neill (Yale).....	Jr.....	34:39.67
4. Jodie Hughes (Colorado)	Sr	34:47.48
5. Maria Cicero (BC).....	Fr.....	34:52.76
6. Molly Austin (Colorado).....	Jr.....	34:54.39
7. Jamie Krzyminski (Michigan State)	Fr.....	34:55.66
8. Stacia Beste (Illinois State)	Sr	34:59.84

2003

(Sacramento, June 12)

(28 started, 25 finished)

1. Alicia Craig (Stanford)	Fr.....	32:40.03
2. Kate O'Neill (Yale)	Sr	32:47.07
3. Kristin Price (NC State)	Jr.....	32:50.01
4. Laura O'Neill (Yale).....	Sr	32:52.26
5. Jamie Krzyminski (Michigan State)	So	32:52.87
6. Vicky Gill' (Florida State)	Jr.....	33:09.35
7. Annie Bersagel (Wake Forest)	So	33:24.03
8. Debbie Thornhill (Baylor).....	Jr.....	33:35.72

2004

(Austin, June 10)

(27 started, 24 finished)

1. Alicia Craig (Stanford)	So	33:58.27
2. Vicky Gill' (Florida State)	Sr	34:02.31
3. Jamie Krzyminski (Michigan State)	Jr.....	34:02.40
4. Emily Kroshus' (Princeton)	So	34:40.12
5. Melissa Gulli (Texas A&M)	Sr	34:29.77
6. Angela Homan (Auburn).....	So	34:40.12
7. Laura Turner' (BYU).....	Jr.....	34:56.87
8. Annie Bersagel (Wake Forest)	Jr.....	34:57.02

2005

(Sacramento, June 09)

(27 started, 24 finished)

1. Sara Slattery (Colorado).....	Sr	33:02.21
2. Caroline Bierbaum (Columbia)	So	33:03.37
3. Mary Cullen' (Providence).....	Jr.....	33:12.32
4. Lindsey Scherf (Harvard).....	Fr.....	33:19.37
5. Christine Bolf (Colorado).....	Jr.....	33:26.97
6. Annie Bersagel (Wake Forest).....	Sr	33:28.63
7. Angela Homan (Auburn).....	Jr.....	33:30.19
8. Mary Davies' (Oklahoma State).....	Fr.....	33:31.54

(defending champ Craig dnf—then graduated, didn't use senior year of eligibility)

2006

(Sacramento, June 08)

(27 started, 24 finished)

1. Victoria Jackson (Arizona State)	Sr	32:54.72
2. Clara Horowitz (Duke)	Jr.....	33:00.85
3. Mary Davies' (Oklahoma State).....	Jr.....	33:08.00
4. Amy Hastings (Arizona State)	Jr.....	33:41.18
5. Angela Homan (Auburn).....	Sr	33:47.14
6. Serena Ramsey (Missouri)	Sr	33:52.59
7. Sally Meyerhoff (Duke).....	Jr.....	34:03.66
8. Stephanie Rothstein (UCSB).....	Jr.....	34:07.25

2007

(Sacramento, June 07)

(27 started and finished)

1. Sally Kipyego' (Texas Tech).....	Jr.....	32:55.71
2. Melissa Grelli (Georgetown)	So	33:01.56
3. Aine Hoban' (Providence)	Sr	33:04.32
4. Amy Hastings (Arizona State)	Sr	33:08.27
5. Stephanie Rothstein (UCSB).....	Sr	33:23.33
6. Whitney McDonald (BYU)	So	33:26.33
7. Diane Nukuri' (Iowa).....	Jr.....	33:30.29
8. Jill Steffens (Georgia).....	Sr	33:43.56

2008

(Des Moines, June 12)

(27 started, 22 finished)

1. Lisa Koll (Iowa State)	So	32:44.95
2. Danette Doetzel' (Providence)	Jr.....	33:44.23
3. Alex Gits (Stanford).....	Fr.....	33:49.73
4. Marisa Ryan (BU).....	Sr	33:54.38
5. Katrina Rundhaug (Wisconsin).....	Sr	34:00.62
6. Meghan Armstrong (Iowa).....	Sr	34:01.87
7. Morgan Haws (Weber State)	Jr.....	34:05.56
8. Racheal Marchand (Iowa)	Sr	34:05.87

(defending champ Kipyego won 5000)

2009

(Fayetteville, June 11)

(26 started, 22 finished)

1. Danette Doetzel' (Providence).....	Sr	33:25.71
2. Cecily Lemmon (BYU).....	So	33:39.97
3. Anita Campbell' (Washington).....	Jr.....	33:43.33
4. Clara Grandt (West Virginia).....	Jr.....	33:45.16
5. Alex Becker' (Tulane)	Jr.....	34:00.82
6. Catherine White (Arkansas).....	So	34:15.26
7. Mattie Bridgmon (Oregon).....	Jr.....	34:18.20
8. Michelle Corrigan (New Mexico)	Sr	34:20.24
9. Lisa Koll (Iowa State)	Jr.....	34:20.64

2010

(Eugene, June 10)

(24 started and finished)

1. Lisa Koll (Iowa State)	Sr	32:49.35
2. Betsy Saina' (Iowa State).....	So	33:13.13
3. Nicole Blood (Oregon).....	Sr	33:22.62
4. Clara Grandt (West Virginia).....	Sr	33:23.22
5. Pasca Cheruyot' (Florida State)	Jr.....	33:23.63
6. Tara Erdmann (LMU)	Jr.....	33:27.66
7. Danielle Domenichelli (UCSB).....	Sr	33:32.81
8. Stephanie Marcy (Stanford)	Jr.....	33:32.92

2011

(Des Moines, June 08)

(24 started, 22 finished)

1. Juliet Bottorf (Duke)	So	34:25.86
2. Kate Harrison (West Virginia).....	Jr.....	34:30.35
3. Jennifer Bergman (Arizona).....	So	34:31.69
4. Dani Stack (Iowa State).....	So	34:32.28
5. Aliphine Tuliamuk-Bolton' (Wichita State)	So	34:32.77
6. Stephanie Marcy (Stanford)	Sr	34:35.18
7. Tonya Nero' (Wichita State).....	Sr	34:39.56
8. Katie Matthews (BU)	Jr.....	34:45.77

2012

(Des Moines, June 07)

(24 started and finished)

1. Natosha Rogers (Texas A&M)	Jr.....	32:41.63
2. Aliphine Tuliamuk-Bolton' (Wichita State)	Jr.....	32:45.43
3. Deborah Maier (Cal).....	Jr.....	32:47.20
4. Meaghan Nelson (Iowa State).....	Jr.....	32:47.43
5. Allison Woodward (Oregon)	Fr.....	32:56.94
6. Sarah Waldron' (New Mexico).....	Sr	32:58.84
7. Elvin Kibet' (Arizona)	So	33:02.04
8. Becky Wade (Rice).....	Jr.....	33:13.57

(defending champ Bottorf 14th)

2013

(Eugene, June 05)

(24 started, 22 finished)

1. Betsy Saina' (Iowa State).....	Sr	33:08.85
2. Aliphine Tuliamuk-Bolton' (Wichita State)	Sr	33:14.12
3. Emma Bates (Boise State)	So	33:37.13
4. Megan Goethals (Washington).....	Jr.....	33:40.85
5. Katie Matthews (BU)	Sr	33:43.26
6. Jennifer Bergman (Arizona).....	Sr	33:45.03
7. Katie Kellner (Cornell)	Sr	33:45.31
8. Risper Kimaiyo' (UTEP).....	Sr	34:03.35

(defending champ Rogers left team)

2014

(Eugene, June 12)

(24 started, 23 finished)

1. Emma Bates (Boise State)	Jr.....	32:32.35
2. Elinor Kirk' (UAB)	Sr	32:32.99
3. Juliet Bottorff (Duke)	Sr	32:37.46
4. Elvin Kibet' (Arizona)	Jr.....	32:43.39
5. Elaina Balouris (William & Mary).....	Sr	32:46.57
6. Erin Finn (Michigan)	So	32:50.14
7. Sarah Pagano (Syracuse).....	Sr	33:00.46
8. Jana Soethout' (USF).....	Sr	33:02.02

2015

(Eugene, June 11)

(24 started, 23 finished)

1. Molly Seidel (Notre Dame)	Jr.....	33:18.37
2. Dominique Scott' (Arkansas).....	Jr.....	33:25.81
3. Emily Stites (William & Mary).....	Jr.....	33:26.15
4. Molly Grabill (Oregon)	Jr.....	33:26.61
5. Waverly Neer (Oregon)	Sr	33:26.98
6. Chelsea Blaase (Tennessee)	So	33:27.73
7. Margo Malone (Syracuse)	Jr.....	33:39.50
8. Alice Wright' (New Mexico)	Fr.....	33:41.86

(defending champ Bates 10th in 33:50.14)

2016

(Eugene, June 09)

(24 started and finished)

1. Dominique Scott' (Arkansas).....	Sr	32:35.69
2. Alice Wright' (New Mexico)	So	32:46.99
3. Hannah Everson (Air Force)	Sr	32:47.25
4. Lauren LaRocco (Portland)	So	32:47.30
5. Chelsea Blaase (Tennessee)	Jr.....	32:49.03
6. Sharon Lokedi' (Kansas)	So	32:49.43
7. Tara Jameson' (Iona).....	Sr	32:52.92
8. Brenna Peloquin (Boise State)	Fr.....	32:58.78

(defending champ Seidel stress fracture in May)

2017

(Eugene, June 08)

(24 started, 23 finished)

1. Charlotte Taylor' (USF)	Jr.....	32:38.57
2. Alice Wright' (New Mexico)	Jr.....	32:42.64
3. Sharon Lokedi' (Kansas)	Jr.....	32:46.10
4. Alyssa Snyder (Montana State).....	So	32:58.31
5. Erin Clark (Colorado).....	Jr.....	33:03.22
6. Regan Rome (William & Mary).....	Jr.....	33:06.03
7. Chelsea Blaase (Tennessee)	Sr	33:06.86
8. Caroline Sang' (Charlotte).....	Jr.....	33:09.67

2018

(Eugene, June 07)

(24 started, 22 finished)

1. Sharon Lokedi' (Kansas)	Sr	32:09.20	(MR)
2. Dorcas Wasike' (Louisville).....	Fr.....	32:11.81	
3. Karissa Schweizer (Missouri)	Sr	32:14.94	
4. Alice Wright' (New Mexico)	Sr	32:17.92	
5. Charlotte Taylor' (USF).....	Sr	32:17.95	
6. Anna Rohrer (Notre Dame).....	So	32:26.24	(places 2–6 also under old MR)
7. Kaitlyn Benner (Colorado)	Jr.....	33:13.38	
8. Jaci Smith (Air Force).....	Jr.....	33:14.00	

2019

(Austin, June 06)

(24 started, 22 finished)

1. Weini Kelati' (New Mexico).....	So	33:10.84
2. Carmela Cardama Baez' (Oregon)	Jr.....	33:11.56
3. Isobel Batt-Doyle' (Washington).....	Sr	33:17.81
4. Taylor Werner (Arkansas)	So	33:20.68
5. Caroline Alcorta (Villanova)	Sr	33:20.70
6. Anna Rohrer (Notre Dame).....	Sr	33:25.91
7. Paige Stoner (Syracuse).....	Sr	33:32.80
8. Amy Davis (Wisconsin).....	Jr.....	33:34.20

2020

(meet not held)

(defending champ Kelati turned pro)

2021

(Eugene, June 10)

(24 started, 23 finished)

1. Carmela Cardama Baez' (Oregon)	Sr	32:16.13
2. Mercy Chelangat' (Alabama).....	So	32:22.11
3. Maria Mettler (Air Force)	Sr	32:34.05
4. Katie Izzo (Arkansas).....	Jr.....	32:34.16
5. Haley Herberg (Washington)	Sr	32:35.59
6. Clare O'Brien (Boise State)	Sr	32:36.96
7. Grace Forbes (Rice).....	Fr.....	32:38.91
8. Kelsey Chmiel (NC State).....	Fr.....	32:45.83