

***2022 Penn Relays Preview
126th edition—April 28-30
Franklin Field-Philadelphia,PA***

To celebrate the return of the Relays after a 2-year hiatus caused by the Covid pandemic, we're bringing back Bob Hersh's Ode to the Relays, which first appeared in Eastern Track in 1995

IT IS the Penn Relays

IT IS the middle of spring, when the morning chill slowly yields to the sun, which gives warmth but never heat.

IT IS the camaraderie of friendship, renewed annually in the stands, in the restaurants, at the parties, and even on a telephone, in the end anticipation leading up to it and its reliving after the fact.

IT IS the magical moment on Friday afternoon, when the young men of Arkansas, Georgetown, Villanova, and other schools that dare to challenge tradition, walk from the paddock to the starting line to begin the most perfect race(dmr) in the most perfect meet in the most perfect sport on earth.

IT IS the exuberance of youth on Thursday afternoon and Saturday morning, the unrestrained outpouring of the energy of thousands of girls and boys, propelled by excitement and fear, as their adrenaline level peaks and they strive to reach the limit of their human potential as they run a lap on a track that they will never forget.

IT IS the passion, the rhythm, and the soul of the island of Jamaica, pulsating throughout the hallowed stadium, embracing everyone in relaxing its grip only when, as darkness descends on Saturday evening, the surrounding streets are finally clear.

IT IS to those who truly understand it, and feel it, a defining experience that can transform a sporting event into a quasi-religious ritual, which nourishes our intellect, stirs our emotions, and provides an incentive to live and rejoice in life by confirming our capacity for exhilaration.

IT IS the Penn Relays

Serving as the Honorary Referee this year is Dave Johnson, who, upon his retirement last year, became the longest tenured Director of the Relays at 26 years. Taking his place is Steve Dolan, the Director of T&F/X-Country at the host school. The Associate Director is Aaron Robison, the former Director of College T&F at NY's Army.

In 2019, the Penn Relays was included as one of the inaugural recipients of the World Athletics Heritage Plaque. Chris Turner, the Director of WA's Heritage Department, will be on hand this year to present the plaque in person.

<https://worldathletics.org/heritage/plaque>

FloTrack will provide [live streaming](#) (for a fee) of all 3 days of competition, except for a 2-hour window on Saturday (2:00pm-4:00pm) that will air on ESPN2.

Lineups/Results: <http://pennrelaysonline.com/Results/schedule.aspx>

History: <https://pennrelays.com/sports/2018/11/2/about-the-relays.aspx>

Additional links

www.trackandfieldnews.com

Letsrun.com

Flotrack.org (lots of pre-Relays content)

Dyestat: <http://www.dyestat.com/>

Milesplit: <http://www.milesplit.us/>

www.Runnerspace.com

Current and All-Time Lists(H.S., College, American, World)

<https://trackandfieldnews.com/tfn-lists/>

2022 College Lists

https://www.tfrs.org/outdoor_lists.html

Best Jamaican H.S. Marks (H.S.)

Boys: <http://www.talawah.com/penrlb2022.htm> **Girls:** <http://www.talawah.com/penrlg2022.htm>

Weather Forecast

Hi/lo

Thursday 57/38 sunny

Friday 61/40 sunny

Saturday 65/43 sunny

There is tremendous depth in many of the college events, especially in the Men's 4xMile Relay, where at least 4 teams have the ability to get under the 16-minute barrier!

There is no longer a USA vs World series of relays, but some individual events for professionals have been added, including the Women's 300-Meters, featuring Allyson Felix in her farewell season [T&FN note: Felix has since scratched], and the Women's 600-Meters, headlined by former New Jersey prep stars Athing Mu and Ajee' Wilson. Mu won two gold medals at the Tokyo Olympics (800, 4x400), and Wilson won the 800 at this year's World Indoor Championships. Mu broke Wilson's American Record in the 800-Meters last year.

The "preferred" lanes on this unique track are 6-7-8-9-5-4-3-2-1. With the new configuration of the track(see below), lanes 4-9 are the standard 400-meters in length, but the inside three lanes, which were added in 1951, are approximately 400-yards. To put the additional lanes on the outside would have meant breaking down the stadium's walls at the outer edge of the track, something Penn officials had no intention of doing.

Winning teams in the high school and college events receive one of the prized "wheels", one of the most unique awards given in any sport. The individuals on the teams also receive a Relays watch.

Many of the greats of the sport have competed at the Relays, including Jim Thorpe, Jesse Owens, Roger Bannister, Carl Lewis, Michael Johnson, Usain Bolt, Allyson Felix, and Sanya Richards-Ross, who will be part of ESPN2's broadcast team this year. Other notables who have competed at Penn include astronaut Buzz Aldrin and former NY Yankees owner George Steinbrenner

Here is a chronological look at all of the major events that will take place this week. Bib numbers/letters are listed as well as 2022 bests and PBs in most events.

Thursday—April 28

101-104 High School Girls 4x800 Relay Heats

Twelve fastest teams from Events #101-#104 qualify for Championship Final, Event #353 (Friday, 3:55 pm).

Recent qualifying cutoffs: 9:26.09('19), 9:25.11('18), 9:12.68('17), 9:18.84('16), 9:26.68 ('15), 9:21.47('14), 9:25.96('13), 9:20.99('12), 9:21.54('11), 9:17.70('10)

Leading Teams/Individuals With 2022 Bests (U.S. teams--Indoor times

101—9:00am--"Small" Schools 4x800

Edwin Allen/JAM (AA-8:48.57)...6-time winner at Penn, the last in 2019...**Rushana Dwyer-2:08.27, Jessica McLean-2:08.82(both ran on the 2019 winning team!)**, Rickeisha Simms-2:08.52; **Union Catholic,NJ** (AB--8:53.69)

102—9:12am--"Small" Schools 4x800

Holmwood Tech/JAM (BA-8:46.96)...has won this event a record 11 times at Penn, the last in 2018
William Penn Charter,PA (BB-9:18.47), **Ramapo,NJ** (BC-9:25.41)

103—9:25am--"Large" Schools 4x800

Cherokee,NJ (CA--9:07.27), **Shenendehowa,NY** (CB-9:13.98)

104—9:37am--"Large" Schools 4x800

Cuthbertson,NC (DA-8:59.85), **State College,PA** (DB-9:24.48)

108—11:20am--High School Girls' 4x100 Heats

Nine fastest teams from Events #105-108 qualify for Championship Final, Event #357 (Friday, 4:20 pm). Next nine International (#356 - Friday, 4:16 pm), nine Northeast (#354 - Friday, 4:08 pm) and nine National (#355 - Friday, 4:12 pm) teams will qualify for respective finals.
(Fields for the finals were expanded to 9 beginning in 2018

Recent qualifying cutoffs: 47.01('19), 46.62('18/9 teams-1st time), 46.30('17), 47.38('16), 48.00('15-cold), 47.22('14), 47.28('13), 47.53('12), 47.21('11), 47.11('10)

Edwin Allen has won this event at the last six Relays...set the Relays Record of 43.62 in 2019...has already run 43.37 this year with this lineup: Tina Clayton(17), Tia Clayton(17), Brandy Hall(19), Serena Cole(17). The Clayton twins and Cole ran on the Jamaican team that set a World Junior Record of 42.58 at the recent Carifta Games. Those 3 also ran on the team that won the 4x100 at last year's World Junior Championships.

43.37	SC	Edwin Allen/JAM 8-time winner at Penn (2007, 2008, 2014-2019)
44.00	TU	Holmwood/JAM 4-time winner at Penn, last in 2013)
45.37	TZ	Hydel/JAM Looking for its 1 st win at P Penn...Kerrica Hill won the 100 at the Jamaica Champs—ran 11.16!
45.38	WD	St.Jago/JAM 4-time winner, last in 2005
45.93	VZ	St.Catherine/JAM
46.10	UB	Immaculate Conception/JAM
46.23	US	IMG Academy,FL
47.31	WV	Vere Tech/JAM winner at Penn a record 15 times, the last in 2009
47.46	UF	William Knibb/JAM
47.65	VO	The Queen's School/JAM
(1:36.66)	SN	Bullis,MD
(1:39.34)	TS	Heritage,VA
(1:40.44)	WE	St.John's College,DC

118—Masters' 100—70 and older

(Collins was trying to make last-minute travel arrangements to get to Penn!)

81—Bill Collins...a fan favorite at Franklin Field...the 71-year old veteran has competed at the Penn Relays since his days at Mt.Vernon H..S.(NY) and TCU. By my count, this will be his 36th appearance at Franklin Field.

Ran the lead-off leg on the U.S. 4x100 team that set a World Record of 38.03 at the inaugural World Cup in Dusseldorf, Germany in 1977...has since become one of the greatest Masters athletes in history(2007 World Masters Athlete of the Year. Won the 65+ 100 and 200 at the 2016 World Masters Championships in Perth, Australia.

Winner of the 65+ 100 at the 2017 Penn Relays—set a World 65-69 Record of 12.33(since broken)

Career was interrupted in 2011 when he had to deal with Guillain-Barre Syndrome (GBS), a debilitating condition that led to a 40-pound weight loss

Check this [link](#) to see what I wrote about Collins prior to the 2011 Relays.

[Volunteer assistant coach at Rice](#)

High School Girls 4x400 Heats

Nine fastest teams from Events #127-166 (minus #154) qualify to Championship Final, Event #362 (Friday, 5:05 pm). The leading team from the Philadelphia Public League, Philadelphia Catholic League, PIAA District I, South Jersey and Northern Delaware (events #156-166), and the remaining fastest teams from these races plus #155 area schools, qualify for 12-team Philadelphia Area final, Event #361 (Friday, 5:00 pm).

Recent qualifying cutoffs: 3:47.81('19), 3:46.56('18), 3:44.78('17), 3:50.54('16), 3:52.10('15), 3:49.87('14), 3:47.37('13), 3:50.74('12), 3:48.10('11), 3:46.41('10), *Races With leading Teams/Individuals (and 2022 bests--unless otherwise noted, indoor times for U.S. teams)*

149—2:52pm—XM- Edwin Allen/JAM 3:34.80...winner of this event 5 times, last in 2016; **XA--St.Jago/JAM** 3:43.27...winner in 1998 & 2000...Safhia Hinds 53.50, **XF--Scotch Plains,NJ** 3:50.89...Julia Jackson 53.73

150—2:58pm-- YJ--Excelsior/JAM 3:41.94, **YH--South County,VA** 3:53.22

151—3:04pm; ZI-Holmwood,JAM 3:38.34...winner of this event 6 time, last in 2019; **ZC- Vere Tech/JAM** 3:48.24...Kaylia Kelly 53.46...*winner of this event a record 11 times, the last time in 2013.*

152—3:10pm; AL-St.Catherine/JAM (3:46.46), **AJ- Bullis,MD** 3:46.47, **AK-Alphanaus/JAM** 3:49.64

153—3:16pm; BF-Hydel/JAM (3:33.76)...winner in 2017 & 2018...winner at the Jamaica Champs...Oneika McAnnuff 52.38, **BH-Paul Robeson,NY** (3:47.55, Might not be running their best team)

167—4:40pm...HS Girls' DMR Championship of America
Leading teams(with 2022 Indoor bests):

A-Saratoga Springs(NY)—winner at the Nike Indoor Nationals with a time of 11:44.34...winner of this event in 2004 and 2018

B-Colts Neck(NJ)—11:49.73...Lilly Shapiro is the likely anchor—ran 2:06.94 for 800-meters this past weekend.

C-West Springfield(VA)—11:57.31

168—5:00pm—HS Girls' Mile Championship presented by On

Juliette Whittaker (#1-Mount de Sales,MD), winner at the New Balance Nationals Indoor with a time of 4:37.23, could challenge the Relays Record of 4:38.19, set by Victoria Starcher (Ripley,WV) in 2019. Her main competition could come from Mia Cochran (#2-Moon Area,PA)/4:42.49.

Whittaker is also entered in the Open 800-Meters on Friday night!

169—5:10pm—HS Girls' 3000m Championship (2-mile times listed)

Angelina Perez (#1-Lakeland Regional,NJ) was 3rd in the 2-mile at the New Balance Nationals(9:56.96) and was runnerup at the 2021 East Bay(Foot Locker) XC Championships in December. Others to watch include **Katie Clute** (#2-Olmsted Falls,OH/10:17.14) and **Thais Rolly** (#3-McLean,VA/10:17.58).

201-5:35pm—College Women's 400m Hurdles (with 2022 bests and/or PBs)

Top contenders include **Rachel Glenn** (#1--South Carolina/ 56.43), the 2022 NCAA Indoor Champion in the High Jump!, **Jessica Wright** (#2-Howard/56.32), **Yasmin Brooks** (#3-Penn State/ 58.59), **Reanda Richards** (#5--Rutgers/58.30/56.31-'19), **Antoinette Bradley** (#4-Penn State/60.42/57.48-'21)

202-5:55pm-College Men's 400m Hurdles (with 2022 bests and/or PBs)

Top contenders include **William Spencer** (#1-South Carolina/ 49.56), **Quivell Jordan** (#2-Houston/49.66), **Jevon Williams** (#3-Clemson/51.19).

Leading entries in these events with 2022 bests/PBs if different)

203-6:15pm-College Women's 1500m

Presley Weems (#1-Auburn/4:12.52-2021), **Izzy Giesing** (#10-UMass/Lowell/ 4:17.21), **Eusila Chepkemei** (#5-Middle Tennessee/4:15.18/6th NCAA Mile), **Isabel Van Camp** (#4-Arkansas/4:16.48), **Ally Brunton** (#11-Pittsburgh/4:22.02/ 4:16.29)

204-6:35pm-College Men's 1500m

AJ Ernst (#10-Providence/3:41.99/3:39.00), **Kyle Mau** (#12-Indiana/ 3:44.81/ 3:40.42)

205-6:55pm-College Women's 3000m Steeplechase

Semra Karaslan (#3-Toledo/9:56.47-2021), **Carmen Riaño** (#1-Miami/Ohio/9:57.42)

206-7:25pm-College Men's 3000m Steeplechase

Jantz Tostenson (#2-Georgetown/ 9:03.12/8:47.42), **Jack Miller** (#6-Pittsburgh/8:57.24/8:51.00), **Connor McMenamin** (#1-Penn State/9:03.26/8:55.40), **Alex Crigger** (#3-Tennessee/ 8:47.85-2019)

207-7:50pm-College Women's 5000m

Joyce Kimeli (#2-Auburn/15:43.39-NCAA Indoor Champion 5000), **Maggie Donahue** (#3-Georgetown/15:45.98)

208-8:30pm-College Men's 5000m

Dylan Jacobs (#1-Notre Dame/13:14.04),**Matt Young** (#3-Georgetown/13:39.59), **Ezra Mutai** (#5-American Int'l/

13:41.12), **Yaseen Abdalla** (#2-Texas/13:48.80/anchored Texas to a win in the NCAA DMR)

209-9:20pm-College Women's 10000m

Grace Forbes (Rice/32:24.38-2021), Ava Nuttall (Miami/Ohio/33:38.00)

210-10:00pm-College Men's 10000m

Haftu Strintzos (#1-Villanova/28:51.06-2021), **Andrew Jordan** (#2-Georgetown/13:28.10-5k)

Field Events

601-9:30 a.m.: HS Girls' Discus Championship

Throwers from Jamaica have won this event at 9 of the last 10 Relays, and that trend is likely to continue this year, since the top 5 seeds, led by Holmwood's **Cedricka Williams** (176-10), are all from the island country. The Relays Record is 179-6.

602-9:30 a.m.: HS Girls' Javelin Championship

Top seeds are **Nicole Woods** (Northern Valley Regional,NJ/153-4/2021) and Puerto Rico's **Alianis Torres** (145-11).

603-9:30 a.m.: HS Girls' Shot Put Championship

Trinity Franklin (Bullis,MD) was a winner at the New Balance Nationals Indoor with a personal best throw of 50-4.

604-10:00 a.m.: HS Girls' Long Jump Championship

Serena Cole (#2-Edwin Allen) won the Long Jump (20-10 1/2) and Triple Jump(41-1/2) at the Jamaica Champs. She's also a member of Edwin Allen's outstanding 4x100 team.

Cole's chief competition could come from **Avery Lewis** (#1-Friends Central,PA), who was 2nd at the New Balance Nationals Indoor with a leap of 20-8 1/2.

605-10:00 a.m.: HS Girls' High Jump Championship

Top seed is Jamaica's **Annishka McDonald** (#1-St.Jago/5-10).

607-12:00 p.m.: HS Girls' Pole Vault Championship

Veronica Vacca (#1-Mt.St. Joseph,PA/13-6 1/2) was the winner at the Nike Indoor Nationals.

608--12:00 p.m.: HS Girls' Triple Jump Championship

Jada Foreman (#1-Atlee,VA) jumped 41-11 1/2 while winning at the New Balance Nationals Indoor. Other contenders include Nike Indoor Nationals winner **Ava Alexander** (#2-Bayard Rustin,PA/41-3) and **Tamiah Washington** (#3-Proctor,NY/41-0)

609-1:30 p.m.: College Women's Hammer Championship

North Carolina's **Jillian Shippee** (224-6) was 3rd at last year's NCAA Championships.

610-4:30 p.m.: College Men's Hammer Championship

Penn State's **Tyler Merkley** (#1) threw a personal best of 234-0 earlier this month.

FRIDAY, APRIL 29

301-304 High School Boys' 4x800 Heats

Recent qualifying cutoffs: 7:55.60('19), 7:58.75('18), 7:50.12('17), **7:53.43('16)**, 8:00.12(15-cold), 7:55.57('14), 7:55.43('13), 7:57.29('12), 7:55.50('11), 7:54.43('10)

Leading teams/individuals w/2022 Bests

301--9:00am "Small" Schools Boys 4x800 Relay

St.Jago/JAM (AA-7:45.46; Tafar-Hi Hinds 1:50.22)

302--9:12am "Small" Schools Boys 4x800 Relay

Jamaica College/JAM—(BA) Ran a sensational 7:24.30 at the Gibson McCook Relays earlier this year. The Relays Record is 7:26.09. Handal Roban(19/1:48.72), J'Voughnn Blake(19/1:47.62), Kemarrio Bygrave(16/1:51.38), Omarion Davis(18/1:52.5r), **Calabar/JAM** (BB-7:51.93)...4-time winner at Penn, including 2018 & 2019, **West Springfield,VA** (BC-7:49.55)

303--9:25am "Large" Schools Boys 4x800 Relay

Kingston College/JAM (CA-7:36.21) Giovouni Henry 1:50.79, Gianni Henry 1:51.85; Loudoun Valley,VA (CB-7:50.99), **Grafton,VA** (CC-7:54.66), **Shenendehowa,NY** (CD-7:55.74)

304--9:37am "Large" Schools Boys 4x800 Relay

Ridge(NJ) (DA-7:42.89)---school set a National Indoor Record in the Distance Medley, but chose to concentrate on the 4x800 at Penn, Won both events at the New Balance Indoor Nationals; **IMG Academy,FL** (DB- 7:50.49), **South Lakes,VA** (DC-7:55.54), **State College,PA** (DD-7:55.68)

328--HS Boys' 4x100 Heats(4th group)--12:00pm

Nine fastest teams from Events #325-328 qualify for Championship Final, Event #549 (Saturday, 12:55 pm). Next nine International (#579 - Saturday, 5:40 pm), nine Northeast (#577 - Saturday, 4:30 pm) and nine National (#578 - Saturday, 4:35 pm) teams will qualify for respective finals.

Fields for the finals were expanded to 9 teams starting in 2018
Recent qualifying cutoffs: 41.85('19), 42.32('18), 41.58('17), 42.09('16), 42.38('15), 42.07('14), 41.89('13), 42.23('12), 41.94('11), 41.99('10)

Teams run in order of their bib letters

4x200 times are listed if none are available for the 4x100

A win in the final for either Calabar, Kingston College, or Camperdown would tie the record of 9, currently shared by Mercersburg Academy(PA/ from the 1920s-1930s and Brooklyn's Boys High.

39.43	UI	Jamaica College/JAM...winner here in 1985 and 2014
39.89	WA	St.Jago/JAM...4-time winner at Penn, last in 2019
40.02	SR	Camperdown/JAM...8-time winner, last in 2006
40.03	UK	Kingston College/JAM...8-time winner, last in 2016
40.38	UE	IMG Academy,FL...no H.S. team from Florida has ever won at Penn
40.50	VY	St.Catherine/JAM
40.52	SB	Edwin Allen/JAM
40.64	XA	Wolmer's/JAM
40.67	SO	Calabar/JAM...8-time winner, last in 2018
40.82	VZ	St.Elizabeth/JAM
NT	SD	Archbishop Carroll,DC
(1:27.79)	TD	Colonial Forge,VA
(1:27.80)	SP	Calvert/MD--SP

337—1:10pm-College Women's 4x100 Champ.of America Heats
Nine teams qualify for Championship of America Final, Event
#550 (Saturday, 1:00 pm).

Leading teams (2022 Bests)

43.17	AB	Ohio State	
43.36	AC	South Carolina	Won this event in 2002 and 2005
43.99	AD	Clemson	
44.46	AA	Houston	Won this event in 2019
44.69	AG	South Florida	
44.91	AF	Howard	
44.95	AE	Rutgers	
45.14	AH	St.John's	

340-1:35pm, College Men's 4x100 Champ. of America—Heats
Nine teams qualify for Championship of America Final, Event
#551 (Saturday, 1:05 pm).

39.15	AA	Houston	winner the last 2 Relays(2018,2019) Coached by Leroy Burrell and Carl Lewis
39.17	AB	Ohio State	3-time winner of this event(1929, 1931, 1932)
39.35	AE	Clemson	Winner of this event in 1999
39.36	AH	Princeton	Last won this event in 1925
39.43	AI	South Carolina	never won this event at Penn
39.51	AC	Arkansas	Winner of this event in 1985
39.54	AD	Auburn	Last won this event in 2012
39.69	AF	G.C.Foster/JAM	Won this event in 2016, 2017
39.89	AJ	Boston University	Freshman Toby Makoyawo has run 10.12 for the 100 this year (windy 9.90)
39.95	AG	Norfolk State	3-time winner of this event(1971, 1972, 1996)

341-1:45pm-College Women's Distance Medley Relay
Championship of America (1200-400-800-1600)

Leading teams(2022 best)...Relays Record--10:48.38

Projections are based on 2022 bests

*-estimated time, r-actual split

BYU has a strong team, with Wayment on the anchor

AB-Brigham Young(10:58.37/2021 NCAA Champion)

Lauren Ellsworth	3:22.00*
Alena Ellsworth	53.68
Claire Seymour	2:01.96
Courtney Wayment	4:31.42*
	10:49.06

AE-Indiana(11:02.64)

Hannah Stoffel	3:25.00*
Morgan Snow	53.72
Kelly Mindak	2:06.62
Bailey Hertenstein	4:32.80*
	10:58.14

AD-Virginia(10:56.84) won this event the first 3 years it was on the Penn schedule (1980-1982)

Margot Appleton	3:28.00*
Jada Seaman	54.97r
Alahna Sabbakhan	2:05.74
Mia Barnett	4:29.80*
	10:58.51

AA-Ole Miss(11:04.86) Ole Miss women have never won a relay at Penn

Anna Elkin	3:30.11r
Jayda Eckford	56.29r
Loral Winn	2:05.57r
Sintayehu Vissa	4:32.89r
	11:04.86

AF-Georgetown(11:04.12) 3-time winner of this event(1996, 2011, 2016)

Sami Corman	3:25.00*
Maya Drayton	55.83
Chloe Gonzalez	2:08.37
Melissa Riggins	4:36.60*
	11:05.80

AH--Villanova

Maggie Smith	3:27.00*
McKenna Keegan	54.18
Madison Martinez	2:05.87
Lydia Olivere	4:40.60*
	11:07.65

342-2:00pm

College Men's Distance Medley Relay Championship of America (1200-400-800-1600)

Leading teams(2022 best)

*-estimated time, r-actual split

If the opening 1200 leg is quick, the Relays Record of 9:20.10, which was set by Arkansas back in 1989, could be challenged by a number of teams, most of which have runners who can go well under 4 minutes on the anchor 1600 leg.

AB-Ole Miss(9:21.94) never won this event at Penn

John Rivera-PUR	2:51.40r
Marcus Dropik	47.00*
Tiarnan Crokken-GBR	1:46.75
Mario Garcia-ESP	3:54.10r
	9.19.25

AI-Penn State 6-time winner of this event at Penn (last in 2016)

Brandon Hontz	2:53.00*
Korbin Martino	46.57
Domenic Perretta	1:48.55
Evan Dorenkamp	3:53.60*
	9:21.72

AD-Arkansas(9:24.56) has won this event 15 times at Penn (last in 2004)

Elia Schreml-GER	2:53.00*
Brandon Battle	46.32
Kieran Taylor	1:47.12---son of Gary Taylor, who ran on 5 winning teams for Arkansas at Penn: 4x1500 ('85, '86), DMR('84-'86)

Amon Kemboi-KEN	3:56.80*
	9:23.24

AG-Georgetown winner of this event at Penn 6 times(last in 1990)

Jack Salisbury	2:53.00*
Joshua Paige	47.00*
Tim McInerney	1:49.34
Matthew Payamps	3:54.10*
	9:23.44

AA-Wisconsin(9:23.85) 3rd at the NCAA Indoor Championships ... defending Champion(2019)...also won in 1916

Adam Spencer	2:53.49r
Colin Enz	47.62
Abdullahi Hassan	1:47.51
Olin Hacker	3:55.12*
	9:23.74

AC-Indiana (9:22.78) won this event at Penn in 1937 and 1942...coach Ron Helmer is retiring after the 2023 season

Nick Couyoumjian	2:55.00*
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Shaton Vaughn	47.57
Parker Raymond	1:48.76r
Ben Veatch	3:54.00r
	9:25.33

AF-Villanova(9:28.0) has won this event at Penn a record 25 times)last in 2018

Liam Murphy	2:56.00*
Richard Bush	48.15('21)
Sean Dolan	1:47.53
Charlie O'Donovan	3:56.00*
	9:27.68

AE-North Carolina

Kyle Reinheimer	2:53.00*
Isaiah Palmer	46.23
Michael Spragley	1:51.81
Jesse Hunt	3:57.00*
	9:28.04

AJ-Miami-Ohio

Andrew Schroff	2:53.00*
Luke Finnegan	48.00*
Anthony Vlatko	1:50.03
Anthony Camerieri	4:00.81
	9:31.84

344-2:25pm-College Women's 4x200 Championship of America (4x100 times listed if none available for the 4x200)

(43.36)	AA	South Carolina	5-time winner of this event at Penn, including in 2019
(43.17)	AB	Ohio State	has only won once at Penn SHR-2001
1:33.92	AC	Clemson	
(45.30)	AG	Hampton	
(45.89)	AF	Albany	
1:36.67	AD	Pittsburgh	
(46.31)	AE	Coppin State	

346-2:45pm-College Men's 4x200 Championship of America (4x100 times listed if none available for the 4x200)

1:21.44	AA	Houston	defending champion(2019) ...also won in 1980 and 2017
(39.17)	AB	Ohio State	5-time winner of this event at Penn (last in 1933)
(39.35)	AD	Clemson	
(39.54)	AG	Auburn	won this event in 1988
(39.69)	AC	G.C. Foster/JAM	
(40.10)	AE	South Carolina	won this event in 2016
(40.91)	AH	Penn	won this event in 1924 & 1925

347-2:55 p.m.: College Women's 100m Heats

Nine runners (winner of each heat plus next five fastest overall) advance to Championship, Event #558 (Saturday, 2:24 pm)

LEADING ENTRANTS (With 2022 bests and PBs if different)

			2022 Best PB
#1-Anavia Battle—Ohio State		11.18	
		2-time Big-10 Champion-100&200(2019,2021)	
		2022 Big-10 Indoor champion—60, 200	
#2-Cecilia Tamayo-Garza—Houston/MEX	11.20w	11.21('21)	
		Has a legal best of 11.43 this year	
#3-Camille Rutherford—Houston	NT	11.32('21)	
#4-Kasheika Cameron—UTech/JAM	11.45	11.24('21)	
#5-Jessika Gbai—Howard		11.25w	

Has a legal best of 11.48 this year

#7-Nya Bussey—Ohio State		11.35	
#10-Yanique Dayle—Ohio State/Jamaica		11.36w	
#9-Aallyiah Francis—Auburn/Jamaica		11.45	
#12-Dennisha Page—Rutgers		11.39w	

348-3:10 p.m. College Men's 100m Heats

Nine runners (winner of each heat plus next five fastest overall) advance to Championship, Event #559 (Saturday, 2:26 pm)

LEADING ENTRANTS (With 2022 bests and PBs if different)

			2022 Best PB
#1-Shaun Maswanganyi-Houston/RSA	10.10w	10.04('21)	
		2019 African Junior Champion-200m	
#2-Joseph Manu-Coppin State/Ghana	10.27		
#3-Rikkoi Brathwaite-Indiana/IVB	NT	10.28('21)	
		2 nd in the 60 at this year's NCAA Indoor Championships	
		Ran 6.52 in the final	
#4-Eric Harrison-Ohio State	10.10w	10.16('21)	
#5-Dante Brown-Auburn		10.61	
		10.15('21)	
#11-Edward Sumler IV-Houston	10.22		
#6-Roman Turner-Arkansas	10.31w	10.25('21)	
#26-Donatien Djero—Northeastern	10.19w	10.42('21)	
#19-Kainnan Ramsey—Ohio State	10.24w	10.39('21)	
#39-Fabian Hewitt—Clemson	10.30		
#17-Qhiyal Towns—North Carolina	10.32		

349-2:55 pm--College Women's 100m Hurdles Heats

Nine hurdlers (winner of each heat plus next five fastest overall) advance to Championship, Event #554 (Saturday, 2:09 pm)

Leading Entrants (With 2022 bests and PBs if different)

			2022 Best PB
#1-Naomi Taylor—Houston	13.21	13.06('19)	
		Winner at the 2019 Penn Relays	
#4-Yasmin Brooks—Penn State	13.04		
		2022 Big-10 Indoor champion—60-meter hurdles	
#2-Destinee Rocker—South Carolina	13.12	13.05('19)	
#3-Trishauna Hemmings—Clemson/Jamaica		13.19	
		12.94('21)	
#6-Shaneylix Davila—South Florida/PUR	13.03w	13.17('21)	
#20-Kaya-Rae Dunbar—Howard	13.32		
#8-Antoinette Van derMerwe/Clemson/RSA		13.43	
#14-Katherine Halbert—Navy	13.48		
#7-Morgan Lewis—Ohio State	13.67	13.23('19)	

350-3:10 pm--College Men's 110m Hurdles Heats

Nine hurdlers (winner of each heat plus next five fastest overall) advance to Championship, Event #556 (Saturday, 2:15 pm)

Leading Entrants (With 2022 bests and PBs if different)

			2022 Best PB
#1-Phillip Lemonious—Arkansas/JAM	13.56	13.21	
		3 rd at the 2021 NCAA Championships	
#2-Tre' Bien Gilbert—Arkansas	13.39w	13.41('21)	
		Semi-finalist at last year's U.S. Olympic Trials	
#3-Devon Brooks—Clemson	13.62	13.45('21)	
		Semi-finalist at last year's U.S. Olympic Trials	
#5-Kentre Patterson—Ohio State	13.60	13.56('21)	
#4-Giano Roberts—Clemson	13.67	13.59('21)	
#7-Jaheem Hayles—Syracuse	13.69	13.65('21)	
		2021 Junior College Champion while at Iowa Central C.C.	
#19-De' Vion Wilson—Houston	13.72		
#6-Lafranz Campbell—Clemson/Jamaica	13.75	13.62('19)	
		2 nd at the 2019 Penn Relays; 2018 NAIA Champion while at Wiley College	

#9-Oscar Smith—Ohio State/Bahamas 13.73
#16-Terrel Williams—Connecticut 13.81w 13.90('22)
2022 Big East Indoor Champion—60-Meter Hurdles

351-3:25pm-College Women's 4x400 Champ. of America Heats
Nine teams qualify to Championship of America Final, Event #566 (Saturday, 3:29 pm).

Leading teams with 2022 outdoor bests

3:27.86 AA South Carolina won this event for the 7th time in 2019
3:30.25 AB Ohio State
3:32.89 AE Howard
3:35.68 AC Clemson
3:37.10 AF Penn
3:37.58 AD Houston
3:39.00 AI Coppin State
3:40.23 AJ Rutgers
3:40.98 AG South Florida

352-3:40pm-College Men's 4x400 Champ. of America Heats
Nine teams qualify to Championship of America Final, Event #567 (Saturday, 3:35 pm).

(*-estimated, i-Indoor times listed if significantly better)

3:02.52 AB Ohio State won this event in 1992...Tyler Johnson has run 44.95 this year
3:03.18i AC Arkansas won this event in 1987
3:05.81 AD Clemson
3:06.31 AA Houston winner at the last 2 Relays ('18,'19)
3:07.16 AI South Carolina
3:07.40 AF Pittsburgh
3:07.92 AG Princeton
3:08.31i AR Indiana
3:09.00* AE Penn State

353-3:55pm-HS Girls' 4x800 Championship of America
Teams qualified from Thursday's heats (101-104)

Leading teams entering the meet

8:46.96--Holmwood Tech/JAM...has won this event a record 11 times at Penn, the last in 2018
8:48.57--Edwin Allen/JAM...6-time winner at Penn, the last in 2019...3 strong legs--*Rushana Dwyer-2:08.27, Jessica McLean-2:08.82(both ran on the 2019 winning team!), Rickeisha Simms-2:08.52;*
8:53.69i--Union Catholic,NJ
8:59.85i--Cuthbertson,NC

357-4:20pm-HS Girls' 4x100 Championship of America
Teams qualified from Thursday's heats (Event 108)

Vere Tech was the 1st team from Jamaica to win this event at Penn (1979). Jamaican teams have since won at 38 of the last 42 Relays.

Leading teams entering the meet

43.37 Edwin Allen/JAM 8-time winner at Penn (2007, 2008, 2014-2019)
44.00 Holmwood/JAM 4-time winner at Penn, last in 2013)
45.37 Hydel/JAM Looking for its 1st win at Penn
45.38 St.Jago/JAM 4-time winner, last in 2005

HS Boys' Distance Medley Relay Championship of America
Leading Teams

A--Union Catholic,NJ 9:55.12(#3 A-T/2nd at New Balance Nationals)... Relays Record is 9:57.77
Myles Plummer 3:03.01

Nick Givan 48.51
Caudell Cajuste 1:58.99
Shane Brosnan 4:04.62
Ridge(NJ), which beat Union Catholic at New Balance, has chosen to compete in the 4x800
B--Corning-Painted Post,NY 10:08.37...4th at New Balance
C--Ridgefield,CT 10:16.38
D--Fordham Prep,NY 10:16.58
E--Menlo School, CA 10:17.18

359-4:40pm-HS Boys' Mile Championship

Senior **Gary Martin** (#1-Archbishop Wood,PA), the New Balance Nationals Indoor champion, recently ran 4:00.95(leading all the way). The Virginia-bound Martin could not only challenge the Relays Record of 4:04.47, he could become the latest prep to break 4-minutes!

Hoping to give Martin some competition is in-state rival **CJ Singleton** (#2-Butler,PA), who ran 4:04.89 at New Balance (finished 6th).

HS Boys' 3000m Championship

Callum Sherry (#2-Conard,CT) ran 8:50.60 while finishing 2nd to brother Gavin in the 2-mile at the New Balance Nationals. Gavin was originally expected to run at Penn, but has scratched.

Other contenders include Larry Josh Edwards (#5/University,WV), who ran 8:45.19 for 3200 Meters this past weekend, and Marco Langon (#3-Bridgewater-Raritan,NJ), who ran 8:48.28 for 3200-Meters in early March.

363--5:15pm--College Women's Sprint Medley Championship of America
(200-200-400-800)

Leading teams with individual 2022 bests

AB--Ohio State

Anavia Battle 22.39
Yanique Dayle 23.25
Jaydan Wood 52.39
Aziza Ayoub 2:05.06
3:43.09

AA--Penn State--won this event in 2019

Yasmin Brooks 24.29
Jermecia Brown 24.46
Rachel Gearing 56.02
Allison Johnson 2:02.84
3:47.61

AH--Troy

Maya Kelly 24.34
Naveyh Frost 24.11
Venessa Frank 56.20
Edita Sklenska 2:05.01
3:49.66

AD--Penn

Ruth Itua 24.65
Haley Rizek 24.96
Isabella Whittaker 55.27
Bronwyn Patterson 2:07.39
3:52.27

AE--Temple

Chelby Elam 24.98
Christal Pommells 24.68
Marissa White 54.04
Helene Holm Gottlieb 2:10.03
3:53.73

365-5:35pm-College Men's Sprint Medley Championship of America

(200-200-400-800)

Leading teams with individual 2022 bests

*-estimated time

AB--Clemson

Aman Thornton	22.00*
Cameron Rose	20.50
Guinove Joanus	47.00*
Tarees Rhoden	1:48.05
	3:17.55

AD--Penn State has won this event 7 times(last in 2018)

Ka'mere Day	21.02
Savion Hebron	21.62
Korbin Martino	46.57
Domenic Perretta	1:48.55
	3:17.76

AH--Ohio State

Eric Harrison	20.49
Kashawn Baptiste	21.59
Kainnan Ramsey	46.50*
Nick Miller	1:49.61
	3:18.19

AC--Indiana

Antonio Laidler	21.05
Rikkoi Brathwaite	21.70
Kenny Benton	46.50
Camden Marshall	1:49.16
	3:18.41

AE--Hampton

Moffat Wanjiru	21.35
Olakunle Akande	21.81
Josiah Hill	47.64
Dugion Blackman	1:48.59
	3:19.39

AF--Duquesne

Isaac Elliott	20.80
Ian Thrush	21.66
Matthew Busche	50.38
Collin Ebling	1:47.97
	3:20.81

AG--Houston

Nicholas Alexander	21.41
Edward Sumler IV	20.79
Tyrell Valentine	46.78
Adam Mason	1:52.29
	3:21.27

401--7:01pm--Olympic Development Women's 800m

- 3 Juliette Whittaker 18 2:01.15 ('21) scheduled to run the H.S. Mile on Thursday
- 4 Olga Kosichenko 34 2:03.12 ('21)
- 5 Sage Hurta 2:00.08 ('21)...2021 NCAA Indoor Champion-mile while at Colorado
- 6 Laurie Barton 2:00.69 ('21)...runnerup at the 2021 NCAA Championships while at Clemson

402--8:00pm--Olympic Development Men's 800m

Leading Entries

- 1 Josh Hoey Set the National H.S. Indoor Record of 1:47.26 in 2020...best this year is 1:50.05.... coached by Matt Centrowitz

- 4 Devin Dixon ran 1:44.76 in 2019...best this year is 1:51.24...2-time NCAA Champion in he 4x400 while at Texas A&M
- 5 Kyle Langford (GBR) ran 1:44.83 in 2020...best this year is 1:46.52i
- 6 Drew Windle silver medalist at the 2018 World Indoor Championships...ran 1:44.63 in 2017...best this year is 1:47.23i
- 8 Alex Amankwah (GHA) ran 1:44.80 in 2017...best this year is 1:46.47i

403-8:10pm-Olympic Development Women's 3000m

Steeplechase

Leading entries

- 1 Alicja Konieczek (POL) 9:27.79 ('21) 2019 World University Games Champion
- 2 Carmen Graves 9:41.80 ('21)
- 4 Rolanda Bell (PAN) 9:47.16 ('15) 10:27.25

4:04-8:25pm-Olympic Development Men's 3000m Steeplechase

Event Record is 8:24.34

- 1 **Isaac Updike** 8:17.74('21)...5th at the 2021 U.S. Olympic Trials
- 2 **Mason Ferlic** 8:18.49 ('21) 2016 NCAA Champion while at Michigan
- 3 **Ed Trippas** Princeton/AUS ran 8:19.60 in 2021, best this year is 8:49.11
- 4 **Travis Mahoney** 8:24.05 ('21)...9th at last year's U.S. Olympic Trials

405--8:40pm--Olympic Development Men's 4xMile

(The 4xmile is not considered an official record event by USATF and World Athletics)

The Franklin Field Record is 16:04.54 (Michigan-2005)...could fall to the team from On! In fact, the team, which is running with a mixed-nationality lineup, could run faster than Ireland's (unofficial) World Record of 15:49.08!

And Empire Elite could challenge the (unofficial) American Record of 16:08.54 (Brooks Beast holds the Indoor Record of 16:03.68)

*-estimated time

- 1 **On Athletics Club**
Ollie Hoare/AUS 3:50.83i 2018 NCAA Indoor Champion-Mile (Wisconsin)
Jonas Raess/SUI 3:58.83 ('20)
Geordie Beamish/NZL 3:54.86 ('21)...2019 NCAA Indoor Champion-Mile
Joe Klecker 3:54.00* (3:37.00-1500/'21)
15:38.52
- 2 **Empire Elite TC**
Eric Holt 3:57.16
Colby Alexander 3:52.84
Luciano Fiore 4:07.95
Ben Allen 4:01.59
15:59.48
- 3 **Dublin Track Club**
Andrew Coscoran 3:53.64
Sean Tobin 3:57.00 ('17...best recent time is 4:00.38 in 2020)
Paul Robinson 3:57.00*
Hiko Haso 4:04.60 ('21)
15:52.24

All-Time Top-10 World #-mixed nationalities

<https://trackandfieldnews.com/tfn-lists/>

15:49.08	Ireland	8/17/85
15:52.05	Oregon Alums #	4/23/22
15:59.57	New Zealand	3/02/83
16:02.4	-----New Zealand	2/03/72
16:03.24	Oregon #	5/09/09
16:03.68i	Brooks Beasts	1/26/19
16:04.54	Michigan #	4/30/05
16:05.0	Oregon TC #	5/30/68
16:07.96	Arkansas #	4/24/99
16:08.54	Athletics West	5/04/84

Field Events

701-9:30 a.m.: HS Boys' Discus Championship

19-year old Trevor Ginzell (#1-Edwin Allen), who has thrown 202-3 with the slightly heavier Junior implement, is favored to extend Jamaica's winning streak in this event to 5.

[Benjamin Shue](#) (#16-Bergen Catholic,NJ) set a National Freshman Record of 192-3 last week.

702-9:30 a.m.: HS Boys' Javelin Championship

The Bahamas' Keyshawn Strachan (St.John's) had a monster throw of 257-11 in Nassau last month, The Relays Record is 238-6.

703--9:30 a.m.: HS Boys' Shot Put Championship

The top 2 seeds are Jamaicans Christopher Young (Edwin Allen/66-3 ¼) and Kobe Lawrence (Calabar/65-2). (both used the Junior implement).

704--9:30 a.m.: HS Boys' High Jump Championship

Top seed is 16-year old Aaron McKenzie (#2-Kingston College/JAM), who cleared 6-11 ¾ in early March

705--9:30 a.m.: HS Boys' Pole Vault Championship

Virginia-bound Justin Rogers (#1-Hershey,PA) cleared 17-1¼ during the indoor season. His best outdoor mark this year is 16-6 ¾. The Relays Record is 16-6 1/2

706--9:30 a.m.: HS Boys' Long Jump Championship

Could be a good battle between Uroy Ryan (#2--Jamaica College/JAM), who has a best of 25-5 ½, and Gregory Foster (#1--Lawrenceville,NJ), who was a winner at the Nike Indoor Nationals with a leap of 25-4 ½.

707--9:30 a.m.: HS Boys' Triple Jump Championship

17-year old Jaydon Hibbert(#1--Kingston College/JAM) jumped a whopping 54-8 while winning at the Jamaica Champs and then jumped a wind-aided 55-11 ¼ at the Carifta Games. He was the silver medalist at last year's World Junior Championships. The Relays Record is 52-6 ½.

SATURDAY, APRIL 30

502--7:30 a.m.: Men's 5k Race Walk (U20, Open, Masters)

#16--Nick Christie--winner in 2019

505--8:00 a.m.: Women's 5k Race Walk (U20, Open, Masters)

#36--[Maria Michta -Coffey](#) has won this event 8 times, including a 6-year streak from 2013-2018

High School Boys' 4x400 Heats

Nine fastest teams from Events #508-547 (minus #535) qualify to Championship Final, Event #570 (Saturday, 4:00 pm). The leading team from the Philadelphia Public League, Philadelphia Catholic League, PIAA District I, South Jersey, Northern Delaware and the Philadelphia Inter-Academic League (events #537-547 and #536 area schools), and the remaining fastest teams from these races qualify for 12-team Philadelphia Area final, Event #587 (Saturday, 5:45 pm).

Recent qualifying cutoffs: 3:19.65('19), 3:17.36('18), 3:14.48('17), 3:16.94('16), 3:17.19('15), 3:16.26('14), 3:16.39('13), 3:19.02('12), 3:18.60('11), 3:15.53('10), It's been 15 years since a U.S. team has won this event at Penn(2007-Long Beach Poly-CA).

Leading teams/individuals

527-10:35am--UA Oakland Mills,MD Judson Lincoln ran 46.56 indoors

530-10:50am--XG-Kingston College/JAM 3:10.68...Shaemer Uter 46.99...1st school from Jamaica to win this event at Penn (1965), XK-Bullis,MD NT, **XB-DeMatha,MD** 3:17.00*

531-10:55am--YH-St.Jago/JAM 3:10.48/Gregory Prince 45.99...has won this event 6 times, the last in 2014, **YB-Excelsior/JAM** 3:12.02, YF-Cuthbertson,NC NT

532-11:00am--ZC-Edwin Allen/JAM 3:13.55 Delano Kennedy 46.66...has never won this event at Penn, ZL-Seton Hall Prep,NJ 3:18.76i

533-11:05am--AG-Calabar/JAM 3:12.60... won this event for the 3rd year in a row in 2019, bringing their record total of wins to 10, **AB-Cathedral Prep,CA** 3:15.80, **Al-William Hall,CT** 3:21.58, **AK-Battlefield,VA** NT

534-11:10am--BJ-Jamaica College/JAM 3:09.96...DeAndre Watkin 46.50...4-time winner at Penn, last in 2016, **BF-St.Elizabeth Tech/JAM** 3:14.91, **BB-South County,VA** NT

548-12:30pm

College Women's 4x1500 Championship of America

Leading teams, *-estimated time

Strong field--Relays Record of 17:08.34 might fall.

E-Arkansas--won this event in 2001...coach Lance Harter is retiring after this season.

Krissy Gear	4:14.18
Isabel Van Camp	4:16.48
Logan Jolly	4:17.73('21`)
Lauren Gregory	4:12.70*
	17:01.09

B-North Carolina State-- School has never won a Championship race at Penn (M&W)

Katelyn Tuohy	4:12.81
Samantha Bush	4:16.60*
Anna Vess	4:17.07
Savannah Shaw	4:17.65
	17:04.13

C-Ole Miss--women's team has never won a relay at Penn (unless they win the DMR on Friday!)

Anna Elkin	4:18.31('21)
Skylar Boogerd	4:22.36('21)
Loral Winn	4:19.00('21)

Sintayehu Vissa-ITA 4:13.13*

D-BYU

Kate Hunter 4:15.93
Carmen Alder-ECU 4:16.30
Heather Hanson 4:24.24
Sadi Sargent 4:18.98
17:15.45
17:12.80

F-Georgetown*

Sami Corman 4:15.57
Maggie Donahue 4:20.67*
Chloe Gonzalez 4:22.28
Melissa Riggins 4:17.53
17:16.05

A-Villanova 4-time defending champion(2016-2019), winner of this event a record 13 times

Anna Helwich 4:22.73
Sadie Sigfstead 4:28.51
Maggie Smith 4:20:07
Lydia Olivere 4:20.70*
17:32.01

All-Time Top-10 College

<https://trackandfieldnews.com/tfn-lists/>

17:08.34	Tennessee	4/24/09
17:11.80	Georgetown	4/24/09
17:14.55	Washington	4/24/09
17:14.91	-----Tennessee	4/23/10
17:15.41	Villanova #	4/23/10
17:15.47	Michigan	4/26/13
17:15.62	-----Michigan #	4/27/07
17:16.50	Oregon #	4/26/13
17:16.52	-----Villanova	4/25/14
17:16.74	Stanford	4/25/14

549-12:55pm-HS Boys' 4x100 Championship of America

Teams qualified from Friday's heats(Event #328)

A win in the final for either Calabar, Kingston College, or Camperdown would tie the record of 9, currently shared by Mercersburg Academy(PA/ from the 1920s-1930s and Brooklyn's Boys High.

Leading teams entering the meet

39.43 Jamaica College/JAM...winner here in 1985 and 2014
39.89 St.Jago/JAM...4-time winner at Penn, last in 2019
40.02 Camperdown/JAM...8-time winner, last in 2006
40.03 Kingston College/JAM...8-time winner, last in 2016
40.38 IMG Academy,FL...no H.S. team from Florida has ever won at Penn

550-1:00pm-College Women's 4x100 Championship of America

Teams qualified from Friday's heats (Event #337)

Leading teams coming into the meet

43.17 Ohio State
43.36 South Carolina Won this event in 2002 and 2005
44.46 Houston Won this event in 2019
44.69 South Florida

551—1:05pm-College Men's 4x100 Championship of America

Teams qualified from Friday's heats (Event #340)

Leading teams coming into the meet

39.15 Houston winner at the last 2 Relays(2018,2019)
Coached by Leroy Burrell and Carl Lewis
39.17 Ohio State 3-time winner of this event(1929, 1931, 1932)
39.35 Clemson Winner of this event in 1999
39.51 Arkansas Winner of this event in 1985
39.54 Auburn Last won this event in 2012

552—1:10pm-College Men's 4xMile Championship of America

This field is insanely deep! Maybe the new "Super Shoes" have a lot to do with this, but, at least on paper, four teams are capable of breaking the 16-minute barrier, with another 7 projected to run in the range of 16:03-16:10!!

(And this doesn't include Ole Miss and Arkansas, which have scratched from the event)

Aside from the barrier-breaking possibilities, the Collegiate (16:03.24/Oregon-2009) and Relays(16:04.54/Michigan-2005) Records would also seem to be vulnerable. Michigan's time is also the current Franklin Field Record, but that might have been bettered in Friday night's Open 4xmile race!

However, the primary goal at Penn is to win the race, and one or more legs might turn into tactical affairs, which is what happened in 2015, when Oregon's Edward Cheserek almost brought the race to a halt on the anchor leg, putting an end to any hopes of a sub-16 race!

All-Time Top-10 Performances—College

#-mixed national titles)

16:03.24	Oregon #	5/09/09
16:04.54	Michigan #	4/30/05
16:07.96	Arkansas #	4/24/99
16:08.81	-----Arkansas #	4/29/00
16:08.9	-----Oregon #	5/12/62
16:09.67	-----Oregon #	4/26/14
16:09.84	-----Arkansas #	4/27/02
16:10.6	Villanova #	4/27/74
16:11.65	-----Arkansas #	4/25/98
16:14.1	UTEP #	4/03/76

C—Texas won this event in 2007 & 2008 with Leo Manzano on the anchor

Cruz Gomez	3:57.09
Crayton Carrozza	3:57.62
Yusuf Bizimana-GBR	3:57.81('21)
Yaseen Abdalla	3:57.53
	15:50.05

A—Wisconsin won this event in 2019

Jack Meijer	4:01.80*
Adam Spencer	3:54.80*
Jackson Sharp	3:58.00* (3:40.84-'21)
Olin Hacker	3:56.66
	15:51.26

D—Georgetown winner of this event in 1966 & 1991

Camden Gilmore	3:58.36
Matt Rizzo	3:58.64
Parker Stokes	3:58.02
Jack Salisbury	3:58.17 (3:56.22-'21)
	15:53.19

F—North Carolina won this event in 1928

Alex Ostberg	4:01.00*
Parker Wolfe	4:00.53
Patrick Anderson	3:58.00* (3:40.09)
Jesse Hunt	3:58.00* (3:39.67)

15:57.53
E—Villanova 20-time winner of this event, last in 2018
 Charlie O'Donovan-IRL 3:57.46
 Liam Murphy-IRL 4:09.30
 Sean Dolan 3:56.39
 Josh Phillips-AUS 4:01.22('21)
 16:04.37

J—Penn 10-time winner of this event, last in 2016
 Justin Cornetta 4:02.96
 James Lee 4:01.15
 Michael Keehan 4:02.88
 Ray Sellaro 3:57.89
 16:04.88

H—Virginia
 Wes Porter 4:01.82
 Ka'eo Kruse 4:01.56
 Conor Murphy 4:00.09('21)
 Nathan Mountain 4:03.27
 16:06.74

I—Indiana 4-time winner of this event, last in 1954
 Kyle Mau 4:02.00*
 Camden Marshall 4:02.00*
 Dustin Horter 4:05.99
 Ben Veatch 3:58.09
 16:08.08

K—Navy
 Gregory Mathias 4:10.00*
 David Nelsen 3:59.52
 Ashwin Briggs 4:01.12
 Alexander Rizzo 3:59.30*
 16:09.94*

N—Providence
 Patrick Thygesen 4:10.00*
 Liam Back 3:59.06
 Angus White 4:00.80
 AJ Ernst 4:00.36
 16:10.22

P—Tennessee won this event in 1977(4x1500)
 Tim Thacker 4:02.79
 Canaan Anderson 4:00.30*
 Conner Hawkins 4:02.30*
 Alex Crigger 4:07.00*
 16:13.39

M—Penn State 8-time winner, last in 1959
 Brandon Hontz 4:02.00
 Evan Dorenkamp 3:55.02
 Tanner Piotrowski 4:06.27
 Kevin Haas 4:10.73
 16:14.02

O—Iona
 Jamie Dee-GBR 4:10.49
 Joshua DeSouza-CAN 4:03.47
 Mael Gouyette-FRA 3:59.89
 Nick Soldevere 4:06.68
 16:20.53

1:35pm—Masters Men's 100m dash 80+ Always a crowd pleaser
 21 Potomac Valley TC Bob Williamson (84)
 22 Philadelphia Masters TC Jim Durkin (84)
 23 Philadelphia Masters TC Richard Ocker (84)

24 Philadelphia Masters TC Joshua Buch (85)
 25 ITS Ronald Jones (85)
 26 unattached David Cordish (82)
 27 Philadelphia Masters TC William Rhoad (80)
 28 Dock Track Earl Alcott (82)
 29 **Shore AC Lester Wright Sr. (100)**
 30-alt Philadelphia Masters TC Bruce Gilbert (86)
 31-alt Philadelphia Masters TC Vance Gerzlinger (92)

Acknowledgement Ceremony

Beginning of the ESPN2 Window

554--2:09 p.m.: College Women's 100m Hurdles Championship
Finalists qualified from Friday's Heats (Event #349)

555-2:12pm-Olympic Development Women's 100m Hurdles
Leading Entrants

- #4 **Sydney McLaughlin** World Record holder and reigning Olympic Champion in the 400-Meter Hurdles...her best in this event is 12.65...returns to the Relays for the 1st time since 2017, when she ran a great 50.4 anchor leg to lead Union Catholic(NJ) to a 3rd-place finish in the H.S. Girls 4x400 Championship race.
 #3 **Amoi Brown/Jamaica** 13.09('18)
 #6 **Evonne Britton** 13.00w ex-Penn State

556-2:15pm-College Men's 110m Hurdles Championship
Finalists qualified from Friday's heats (Event #350)

557-2:17pm-Olympic Development Men's 110m Hurdles
Leading entrants with 2022 Bests/PBs

- #6 **Devon Allen** 13.12/12.99...2-time Olympic finalist—2016(5th), 2021(4th)...ran 13.12 at Navy this past weekend—that's the fastest time in the world this year...."homecoming" for Allen, who recently [signed to play football](#) for the Philadelphia Eagles! (he played football at Oregon).
 #4 **Omar McLeod/Jamaica** 13.27/12.90....2016 Olympic and 2017 World Champion...ran the 2nd leg on the Kingston College(JAM) team that won the H.S. Boys 4x100 at the 2013 Penn Relays!
 #3 **Nick Anderson** 13.52 2014 U.S. Junior Champion...2nd at the 2016 NCAA Championships(Kentucky)

558-2:24pm-College Women's 100m Championship
Finalists qualified from Friday's heat (Event #347)

559=2:26pm-College Men's 100m Championship
Finalists qualified from Friday's heat (Event #348)

560-2:29pm-Olympic Development Women's 1500m
Leading entrants with 2022 bests/PBs

- #1 **Charlene Lipsey** 4:04.98('18)...winner of the O.D. Mile at the 2018 Relays...has run 1:57.38 for 800-meters
 #3 **Anna Camp Bennett** 4:13.96/4:08.53('21)...2021 NCAA Champion(BYU)
 #4 **Georgie Hartigan/ Ireland** 4:14.06i/4:11.05('21)
 #5 **Whitni Orton Morton** 4:09.31('21) 2021 NCAA X-Country Champion(BYU)

- #6 **Danae Rivers** 4:17.08/4:10.47('21)...2019 NCAA Indoor
Champion-800m(Penn State)
- #7 **Claudia Saunders/France** 4:14.86i/4:12.38('18)
- #9 **Carmela Baez/Spain** 4:22.64('21)...2021 NCAA
Champion-10,000m(Oregon)

- Kiera Bothwell 2:10.00*
- Sierra Dinneen 2:08.04
- Renee Newton 2:11.80
- Rachel Sessa 2:09.59
- 8:39.43

561-2:40pm-Olympic Development Ben Franklin Men's Mile

Past winners of this event include legendary milers Glenn Cunningham Roger Bannister

Leading entrants with 2022 bests/PBs

- #1 **James Randon** 3:56.43i
- #2 **Jonah Koech** 4:00.24i All-American at UTEP
- #3 **Festus Lagat/Kenya** 4:01.36i ('19)
- #4 **Corey Bellemore/Canada** 3:57.42('19)
- #5 **Alfredo Santana/Puerto Rico** 3:57.20i('18)...3rd at the
2019 Relays
- #6 **Callum Elson/Great Britain** 3:59.71i...2022 NCAA Div.II
Indoor Champion (American Int'l)
- #7 **Colin Schultz** 3:40.23/1500

562-2:47pm--College Women's 4x800 Championship of America

This appears to be a 2-team race between BYU and Penn State, both of which have the talent to challenge the Relays and Collegiate Record of 8:17.45, set by Villanova in 2013.

AB-BYU Unless they've already won the 4x1500 on Friday, Brigham Young could win the school's first relay title here.

- Alena Ellsworth 2:03.81('21)
- Claire Seymour 2:01.96...2nd NCAA Indoors
- Lauren Ellsworth 2:01.72
- Meg Hunter 2:04.08
- 8:11.57

AC-Penn State the 1st winner of this event in 1978

- Rachel Gearing 2:04.22
- Allison Johnson 2:02.84
- Victoria Tachinski 2:03.83
- Victoria Vanriale 2:04.96
- 8:15.85

AE-Ohio State

- Aziza Ayoub 2:03.78
- Mary Figler 2:04.81
- Mallory Mulzer 2:06.90
- Gia Napolean 2:11.95
- 8:27.44

AD-Villanova has won this event a record 14 times, the last in 2018

- Alex Stasichin 2:11.50
- Maya Dorer 2:08.51
- Madison Martinez 2:05.87
- McKenna Keegan 2:02.70
- 8:28.58

AF-Virginia

- Claire Frazier Bolton 2:09.00
- Keara Seasholtz 2:07.69
- Alahna Sabbakhan 2:05.74
- Sydney Coppolino 2:07.26
- 8:29.69

AA-Indiana won this event in 2019

- Maria Anderson 2:07.70
- Elizabeth Stanhope 2:08.23
- Kelly Mindak 2:06.62
- Shyanae Deas 2:09.72
- 8:32.27

AI-Georgetown 4-time winner of this event, last in 2016

563-3:02pm-College Men's 4x800 Championship of America

Can Ole Miss challenge Penn State's Relays Record of 7:11.17, which has stood since 1985?

AB-Ole Miss

- Tiarnan Crocken-GBR 1:46.75('21)
- Baylor Franklin 1:47.55('21)
- Marcus Dropik 1:49.83
- John Rivera-PUR 1:46.82
- 7:11.05

AO-Arkansas winner at Penn in 1999 and 2002

- Jadon Bartholomew 1:49.22
- Leroy Russell III 1:47.89
- Ricardo Banks 1:49.08
- Kieran Taylor 1:47.12
- 7:13.31

AA-Georgetown won this event for the 11th time in 2019

- Abel-Rudisha Teffra 1:49.94
- Theo Woods-FRA 1:48.27('21)
- Tim McInerney 1:48.60
- Matt Payamps 1:47.78
- 7:14.59

AD-Penn State 8-time winner at Penn, last in 2016

- Olivier Desmeules-CAN 1:48.27
- Darius Smallwood 1:49.87
- Evan Dorenkamp 1:49.11('21)
- Domenic Perretta 1:49.15
- 7:16.40

AH-Villanova has won this event at Penn a record 20 times, last in 2014

- Sean Donoghue 1:48.00*
- Sean Dolan 1:47.53
- Miller Anderson 1:51.38
- Charlie O'Donovan 1:49.63
- 7:16.54

AK-Connecticut

- Stephen Sutton 1:49.11
- Marzio Mastroianni 1:50.68
- Mahamed Sharif 1:50.62
- Joseph Pearl 1:51.04
- 7:21.45

564—3:18pm-Olympic Development Women's 300m

The crowd is likely to respond in a big way as it says goodbye to Allyson Felix, who has announced she will retire at the end of the 2022 season.

Felix, the most decorated U.S. Olympic T&F athlete in history (11-medals, including 7 gold), ran on 13 winning teams at Penn from 2005-2012 as part of 6-4x100, 6-4x400, and 1-Sprint Medley quartets in the USA vs the World Series.

Allyson Felix this is only the 2nd 300 of her lengthy career—ran 36.33 indoors back in 2007.

Kyra Constantine/Canada 36.94i (2022)...2018 NCAA
Champion-4x400 (USC)

Morolake Akinosun 38.11 (2020)...2016 Olympic gold medalist-4x100

Anastasia Leroy 22.16/50.54 (both 2018)...2015 World Champion-4x400

565-3:22pm-Olympic Development Men's 300m

Leading entrants

6 Rusheen McDonald/Jamaica ran 31.94 back in 2015... 2016 Olympic silver medalist-4x400

7 Wil London III 2019 World Champion-4x400, Mixed 4x400

8 Marqueeze Washington 46.15i-400('22)...

566-3:29pm-College Women's 4x400 Championship of America

Teams qualified from Friday's heats (Event #351)

Leading teams entering the meet

3:27.86 South Carolina won this event for the 7th time in 2019

3:30.25 Ohio State

3:32.89 Howard

567-3:35pm-College Men's 4x400 Championship of America

Teams qualified from Friday's heats (Event #352)

Leading teams entering the meet

3:02.52 Ohio State won this event in 1992-

3:03.18i Arkansas won this event in 1987

3:05.81 Clemson

3:06.31 Houston winner at the last 2 Relays ('18,'19)

568-3:47pm--Olympic Development Women's 600m

Outstanding field!

Records:

World 1:21.77 Caster Semenya South Africa 2017

American 1:22.39 Ajee' Wilson 2017

High School There is no listed outdoor record for preps—the fastest H.S. time for the distance is the 1:23.57 that Athing Mu ran in 2019 to set the American Indoor Record.

1 **Sophia Gorriaran** 16-year old junior at Moses Brown(RI) H.S....ran 1:27.02 indoors in 2021...ran 2:00.58 for 800-meters in February, breaking her own World Youth (under 18) Indoor Record

2 **Jazmine Fray/Jamaica** 1:28.36('21)... 2019 NCAA Champion-800 (Texas A&M)

3 **Sadi Henderson** 1:27.43 ('20)...800 PB-1:58.62

4 **Natoya Goule/Jamaica** 1:25.35 ('17)...Olympic finalist-800(8th)....Jamaican Record holder-800m(1:56.15)

5 **Ajee' Wilson** Set the American Record of 1:23.39 in 2017...2022 World Indoor Champion-800m

6 **Athing Mu** 2021 Olympic champion and American Record holder in the 800-Meters...set the American Indoor Record of 1:23.57 in 2019 while still in high school...ran 1:24.13 outdoors in March

7 **Nia Akins** 1:27.20 Penn alum was 2nd in the 800 at the 2019 NCAA Indoor & Outdoor Championships

8 **Olivia Baker** 1:26.75i(2019)...2nd to Ajee' Wilson in the 800 at this year's U.S. Indoor Championships

All-Time Top-10 World

<https://trackandfieldnews.com/tfn-lists/>

1:21.77 Caster Semenya (South Africa) 8/27/17

1:22.39 **Ajee Wilson (US)** 8/27/17

1:22.63 Ana Quirós (Cuba) 7/25/97

1:22.87 Maria Mutola (Mozambique) 8/27/02

1:23.13 ———Mutola 9/02/03

1:23.18 Francine Niyonsaba (Burundi) 8/27/17

1:23.35 Pamela Jelimo (Kenya) 7/05/12

1:23.44i Olga Kotlyarova (Russia) 2/01/04

1:23.5 Doina Melinte (Romania) 7/27/86

1:23.57i **Athing Mu (US)** 2/24/19

10 performances by 9 performers

1:23.59i Alysia Montaña (US) 2/16/13

569-3:52pm-Olympic Development Men's 600m

Leading entrants

4 **Hunter Woodhall** Bronze medalist in the 400-Meters at the 2021 Paralympics in Tokyo

5 **Alex Amankwah** 1:15.76

6 **Kameron Jones** ran 1:15.27 indoors in January

7 **CJ Jones** 1:15.79('21)

8 **Robert Downs** 1:16.97i('22)

9 **Rajay Hamilton/Jamaica** 1:17.10i('21)...ran 1:46.30 for 800-Meters 2 weeks ago.

(Women's & Men's 600s might be switched)

End of the ESPN2 Window

570-4:00 p.m.-H.S. Boys' 4x400 Championship of America

Teams qualified from the morning heats (Events 527-534)

Leading teams entering the meet

3:09.96 **Jamaica College/JAM** ...DeAndre Watkin 46.50...4-time winner at Penn, last in 2016

3:10.48 **St.Jago/JAM** Gregory Prince 45.99...has won this event 6 times, the last in 2014

3:10.68 **Kingston College/JAM** ...Shaemer Uter 46.99...1st school from Jamaica to win this event at Penn (1965)

3:12.02 **Excelsior/JAM**

3:12.60 **Calabar/JAM**... won this event for the 3rd year in a row in 2019, bringing their record total of wins to 10

3:13.55 **Edwin Allen/JAM** Delano Kennedy 46.66...has never won this event at Penn

580-4:50pm-HS Boys' 4x800 Championship of America

Teams qualified from Friday's heats (Events 301-304)

Leading teams entering the Relays

7:24.30--**Jamaica College/JAM**—Ran a sensational 7:24.30 at the Gibson McCook Relays earlier this year. The Relays Record is 7:26.09. Handal Roban(19/1:49.53), J'Voughnn Blake(19/1:47.62), Kemarrio Bygrave(16/1:51.38), Omarion Davis(18/1:52.5r)

7:36.21 **Kingston College/JAM** Giovouni Henry 1:50.79, Gianni Henry 1:51.85;

7:42.89 **Ridge(NJ)** school set a National Indoor Record in the Distance Medley, but chose to concentrate on the 4x800 at Penn, Won both events at the New Balance Indoor National;

The Boys 4x800 is the final Championship race of the weekend, but there is still another hour of "consolation" races to follow.

Field Events

801-9:30 a.m.: College Women’s Discus Championship

Top entries(with 2022 bests) are North Carolina’s Obiageri Amaech(189-9), Ohio State’s Adelaide Aquilla(173-3/186-6 [2021], and Virginia’s Ashley Anumba(185-4)

802-11:15 a.m.: College Men’s Discus Championship

Clemson’s Raje Stona(#3), a Junior from Jamaica, tops the field with a throw of 213-2 this year. He was 2nd at last year’s NCAA Championships and also 2nd at the 2019 Penn Relays.

Virginia freshman Claudio Romero(#1) has thrown 211-0 this year. Kai Chang (#2/UWI-Mona), the 2018 World Junior Champion, has a 2022 best of 195-4, but threw 211-7 in 2021. He won the H.S. event at Penn in 2018.

803-12:00 p.m.: College Women’s Long Jump Championship

Top seed is North Carolina’s Anna Keefer(#2/21-6i).

803-12:00 p.m.: College Men’s Long Jump Championship

Top contenders include Arkansas’ John Baker (26-3 1/2i) and Ryan Brown (25-8), and UWI-Mona’s Emanuel Archibald 25-8 1/4

805-12:00 p.m.: College Women’s High Jump Championship

South Carolina’s Rachel Glenn(#1), the 2021 NCAA Champion, has a best of 5-10 3/4 this year (her PB is 6-4). She’s also entered in the 400-Meter Hurdles!

806-12:00 p.m.: College Men’s Pole Vault Championship

Ohio State’s Luke Bendick(#3) won the Big-10 Indoor title with a clearance of 17-10 1/2.

807-12:30 p.m.: College Women’s Shot Put Championship

Tokyo Olympian Adelaide Aquilla (Ohio State), the 2021 NCAA Indoor and Outdoor champion, has a best of 58-8 this spring, but threw 62-7 3/4 indoors. She’s expected to also compete in the Discus in the morning.

808-1:00 p.m.: College Women’s Javelin Championship

Topping the 2022 NCAA list so far this year are North Carolina senior Madison Wiltrout (187-4/PB) and Auburn senior Keira McCarrell (185-7). Wiltrout, The National H.S. Record holdefr (185-8), won the prep event at Penn in 2017.

809-2:30 p.m.: College Men’s Shot Put Championship

Top entries are Tennessee junior Jordan West(65-10 1/2i) Princeton senior Christopher Licata (64-10 1/2i).

810-2:30 p.m.: College Men’s High Jump Championship

Middle Tennessee State’s Omamuyowi Erhire(#1), 7th at this year’s NCAA Indoor Championships, has a best of 7-3 3/4 this year.

811-2:30 p.m.: College Women’s Pole Vault Championship

Rutgers freshman Chloe Timberg(#1) cleared a lifetime best of 14-5 1/4 last month.

812-2:30 p.m.: College Women’s Triple Jump Championship

Auburn’s Essence Thomas(#1) has a best of 44-4(2021), but has yet to compete in the event this year.

813-2:30 p.m.: College Men’s Triple Jump Championship

Owayne Owens(#1) tops the entry list with a 2022 best of 54-5 1/2i.

814-2:45 p.m.: College Men’s Javelin Championship

Penn’s own Mark Minichello tops the entries with his season’s best of 247-11.

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