

## 2022 World Indoor Championships Statistics – Women's 3000m - by K Ken Nakamura

- Can Seyaum become the second World Youth medalist/second All Africa Games gold medalist to win the World Indoor?
- Can Seyaum or Chebet become fourth World Junior Champion to win the World Indoor?

### Summary Page:

#### All time performance list at the World Indoor Championships

| Performance | Performer | Time    | Name           | Nat | Pos | Venue    | Year |
|-------------|-----------|---------|----------------|-----|-----|----------|------|
| 1           | 1         | 8:33.82 | Elly van Hulst | NED | 1   | Budapest | 1989 |
| 2           | 2         | 8:34.80 | Liz McColgan   | GBR | 2   | Budapest | 1989 |
| 3           | 3         | 8:36.42 | Gabriela Szabo | ROU | 1   | Maebashi | 1999 |
| 4           | 4         | 8:37.16 | Hellen Obiri   | KEN | 1   | Istanbul | 2012 |
| 5           | 5         | 8:37.48 | Olga Yegorova  | RUS | 1   | Lisboa   | 2001 |
| 6           | 6         | 8:38.26 | Meseret Defar  | ETH | 2   | Istanbul | 2012 |

**Slowest winning time:** 9:11.22 by Meseret Defar (ETH) in 2004 is the slowest winning time

### Margin of Victory

|     | Difference | Time    | Name          | Nat | Venue    | Year |
|-----|------------|---------|---------------|-----|----------|------|
| Max | 12.34      | 8:50.55 | Yvonne Murray | GBR | Toronto  | 1993 |
| Min | 0.21       | 9:11.22 | Meseret Defar | ETH | Budapest | 2004 |

### Fastest time in each round

| Round       | Time    | Name             | Nat | Heat/Semi | Venue    | Year |
|-------------|---------|------------------|-----|-----------|----------|------|
| Final       | 8:33.82 | Elly van Hulst   | NED | Final     | Budapest | 1989 |
| First round | 8:46.32 | Meselech Melkamu | ETH | 1h2       | Valencia | 2008 |

### Fastest non-qualifier for the final

| Time    | Position | Name           | Nat | Venue | Year |
|---------|----------|----------------|-----|-------|------|
| 8:54.08 | 9h2      | Ancuta Bobocel | ROU | Doha  | 2010 |

### Best Marks for Places in the World Indoor Championships

| Pos | Time    | Name           | Nat | Venue    | Year |
|-----|---------|----------------|-----|----------|------|
| 1   | 8:33.82 | Elly van Hulst | NED | Budapest | 1989 |
| 2   | 8:34.80 | Liz McColgan   | GBR | Budapest | 1989 |
| 3   | 8:39.14 | Regina Jacobs  | USA | Maebashi | 1999 |

### Multiple Gold Medalists:

Genzebe Dibaba (ETH): 2014, 2016, 2018  
 Meseret Defar (ETH): 2004, 2006, 2008, 2010  
 Gabriela Szabo (ROU): 1995, 1997, 1999

### Fastest Performances in Beograd

| Performance | Performer | Time    | Name            | Nat | Pos | DMY        |
|-------------|-----------|---------|-----------------|-----|-----|------------|
| 1           | 1         | 8:35.67 | Laura Muir      | GBR | 1   | 5 Mar 2017 |
| 2           | 2         | 8:43.46 | Yasemin Can     | TUR | 2   | 5 Mar 2017 |
| 3           | 3         | 8:47.43 | Eilish McColgan | GBR | 3   | 5 Mar 2017 |

### Fastest Performances in March (only indoor performances are listed)

| Performance | Performer | Time    | Name                    | Nat | Pos | Venue          | DMY        |
|-------------|-----------|---------|-------------------------|-----|-----|----------------|------------|
| 1           | 1         | 8:30.61 | Laura Muir              | GBR | 1   | Glasgow-EIC    | 1 Mar 2019 |
| 2           | 2         | 8:33.82 | Elly van Hulst          | NED | 1   | Budapest – WIC | 4 Mar 1989 |
| 3           | 3         | 8:34.06 | Konstanze Klosterhalfen | GER | 2   | Glasgow-EIC    | 1 Mar 2019 |
| 4           | 4         | 8:34.80 | Liz McColgan            | GBR | 2   | Budapest – WIC | 4 Mar 1989 |
| 5           |           | 8:35.67 | Laura Muir              |     | 1   | Beograd - EIC  | 5 Mar 2017 |

### All time performance list at the World Indoor Championships

| Performance | Performer | Time    | Name                   | Nat | Pos | Venue        | Year |
|-------------|-----------|---------|------------------------|-----|-----|--------------|------|
| 1           | 1         | 8:33.82 | Elly van Hulst         | NED | 1   | Budapest     | 1989 |
| 2           | 2         | 8:34.80 | Liz McColgan           | GBR | 2   | Budapest     | 1989 |
| 3           | 3         | 8:36.42 | Gabriela Szabo         | ROU | 1   | Maebashi     | 1999 |
| 4           | 4         | 8:37.16 | Hellen Obiri           | KEN | 1   | Istanbul     | 2012 |
| 5           | 5         | 8:37.48 | Olga Yegorova          | RUS | 1   | Lisboa       | 2001 |
| 6           | 6         | 8:38.26 | Meseret Defar          | ETH | 2   | Istanbul     | 2012 |
| 7           | 7         | 8:38.43 | Zahra Ouaziz           | MAR | 2   | Maebashi     | 1999 |
| 8           |           | 8:38.79 | Meseret Defar          |     | 1   | Valencia     | 2008 |
| 9           |           | 8:38.80 | Meseret Defar          |     | 1   | Moskva       | 2006 |
| 10          | 8         | 8:39.14 | Regina Jacobs          | USA | 3   | Maebashi     | 1999 |
| 11          |           | 8:39.65 | Gabriela Szabo         |     | 2   | Lisboa       | 2001 |
| 12          | 9         | 8:40.15 | Yelena Zadorozhnaya    | RUS | 3   | Lisboa       | 2001 |
| 13          | 10        | 8:40.18 | Gelete Burka           | ETH | 3   | Istanbul     | 2012 |
| 14          | 11        | 8:40.25 | Berhane Adere          | ETH | 1   | Birmingham   | 2003 |
| 15          | 12        | 8:40.50 | Sylvia Jebiwott Kibet  | KEN | 4   | Istanbul     | 2012 |
| 16          | 13        | 8:40.98 | Marta Dominguez        | ESP | 4   | Lisboa       | 2001 |
| 17          | 14        | 8:41.34 | Dong Yanmei            | CHN | 5   | Lisboa       | 2001 |
| 18          | 15        | 8:41.50 | Meselech Melkamu       | ETH | 2   | Valencia     | 2008 |
| 19          | 16        | 8:41.63 | Yamna Belkacem         | FRA | 4   | Maebashi     | 1999 |
| 20          | 17        | 8:41.66 | Mariam Alaoui Selsouli | MAR | 3   | Valencia     | 2008 |
| 21          |           | 8:41.82 | Sylvia Kibet           |     | 4   | Valencia     | 2008 |
| 22          |           | 8:42.17 | Marta Dominguez        |     | 2   | Birmingham   | 2003 |
| 23          | 18        | 8:42.18 | Liliya Shobukhova      | RUS | 2   | Moskva       | 2006 |
| 24          |           | 8:42.58 | Meseret Defar          |     | 3   | Birmingham   | 2003 |
| 25          | 19        | 8:42.59 | Lidia Chojecka         | POL | 3   | Moskva       | 2006 |
| 26          | 20        | 8:42.75 | Benita Johnson         | AUS | 6   | Lisboa       | 2001 |
| 27          | 21        | 8:43.38 | Sentayehu Ejigu        | ETH | 4   | Moskva       | 2006 |
| 28          | 22        | 8:44.10 | Olesya Syreva          | RUS | 5   | Moskva       | 2006 |
| 29          | 23        | 8:44.37 | Sonia O'Sullivan       | IRL | 7   | Lisboa       | 2001 |
| 30          | 24        | 8:44.57 | Olga Komyagina         | RUS | 5   | Valencia     | 2008 |
| 31          | 26        | 8:45.05 | Genzebe Dibaba         | ETH | 1   | Birmingham   | 2018 |
| 32          | 27        | 8:45.36 | Hayley Tullett         | GBR | 8   | Lisboa       | 2001 |
| 33          | 28        | 8:45.68 | Sifan Hassan           | NED | 2   | Birmingham   | 2018 |
| 34          |           | 8:45.75 | Gabriela Szabo         |     | 1   | Paris        | 1997 |
| 35          | 29        | 8:45.78 | Laura Muir             | GBR | 3   | Birmingham   | 2018 |
| 36          |           | 8:46.19 | Sonia O'Sullivan       |     | 2   | Paris        | 1997 |
| 37          |           | 8:46.32 | Meselech Melkamu       |     | 1h2 | Valencia     | 2008 |
| 38          | 30        | 8:46.52 | Tatyana Samolenko      | URS | 1   | Indianapolis | 1987 |
| 39          | 31        | 8:46.56 | Worknesh Kidane        | ETH | 9   | Lisboa       | 2001 |
| 40          |           | 8:46.64 | Olga Komyagina         |     | 2h2 | Valencia     | 2008 |
| 41          | 32        | 8:47.08 | Olga Bondarenko        | URS | 2   | Indianapolis | 1987 |
| 42          |           | 8:47.43 | Genzebe Dibaba         |     | 1   | Portland     | 2016 |
| 43          | 33        | 8:47.60 | Asmae Leghzaoui        | MAR | 10  | Lisboa       | 2001 |
| 44          | 34        | 8:47.80 | Violeta Szekely        | ROU | 5   | Maebashi     | 1999 |
| 45          | 35        | 8:47.92 | Maricica Puica         | ROU | 3   | Indianapolis | 1987 |
| 46          |           | 8:48.22 | Mariam Alaoui Selsouli |     | 3h2 | Valencia     | 2008 |
| 47          |           | 8:48.23 | Meseret Defar          |     | 1h2 | Doha         | 2010 |
| 48          | 36        | 8:48.38 | Krishna Wood           | AUS | 4   | Indianapolis | 1987 |
| 49          | 37        | 8:48.43 | Yvonne Murray          | GBR | 5   | Indianapolis | 1987 |
| 50          | 38        | 8:48.48 | Kim Smith              | NZL | 6   | Valencia     | 2008 |
| 51          | 39        | 8:48.50 | Zahra Ouaziz           | MAR | 4   | Birmingham   | 2003 |
| 52          | 40        | 8:48.56 | Megan Metcalfe         | CAN | 4h2 | Valencia     | 2008 |
| 53          |           | 8:48.60 | Sylvia Jebiwott Kibet  |     | 2h2 | Doha         | 2010 |
| 54          | 41        | 8:48.70 | Margareta Keszeg       | ROU | 3   | Budapest     | 1989 |
| 55          | 42        | 8:48.73 | Alemitu Bekele         | TUR | 3h2 | Doha         | 2010 |
| 56          | 43        | 8:48.81 | Jessica Augusto        | POR | 5h2 | Valencia     | 2008 |
| 57          | 44        | 8:49.11 | Silvia Weissteiner     | ITA | 7   | Valencia     | 2008 |
| 58          |           | 8:49.34 | Olga Yegorova          |     | 6   | Maebashi     | 1999 |
| 59          | 45        | 8:49.55 | Zhor El Kamch          | MAR | 5   | Birmingham   | 2003 |
| 60          | 46        | 8:49.65 | Layes Abdullayeva      | AZE | 4h2 | Doha         | 2010 |

|    |    |         |                |     |   |            |      |
|----|----|---------|----------------|-----|---|------------|------|
| 61 | 47 | 8:49.66 | Vera Michallek | FRG | 4 | Budapest   | 1989 |
| 61 | 47 | 8:49.66 | Hellen Obiri   | KEN | 4 | Birmingham | 2018 |

**Slowest winning time:** 9:11.22 by Meseret Defar (ETH) in 2004 is the slowest winning time, while second slowest winning time was 9:04.99 in 1985 World Indoor Games.

### Margin of Victory

|     | Difference | Time    | Name           | Nat | Venue    | Year   |
|-----|------------|---------|----------------|-----|----------|--------|
| Max | 12.34      | 8:50.55 | Yvonne Murray  | GBR | Toronto  | 1993   |
|     | 6.83       | 8:47.43 | Genzebe Dibaba | ETH | Portland | 2016   |
|     | 4.67       | 9:04.99 | Debbie Scott   | CAN | Paris    | 1985** |
| Min | 0.21       | 9:11.22 | Meseret Defar  | ETH | Budapest | 2004   |
|     | 0.44       | 8:45.75 | Gabriela Szabo | ROU | Paris    | 1997   |

\*\* 1985 World Indoor Games

### Difference between first and third

|     | Diff  | Winning time | 3 <sup>rd</sup> place time | Winner's Name  | Nat | Venue      | Year |
|-----|-------|--------------|----------------------------|----------------|-----|------------|------|
| Max | 14.88 | 8:33.82      | 8:48.70                    | Elly van Hulst | NED | Budapest   | 1989 |
|     | 13.23 | 8:50.55      | 9:03.78                    | Yvonne Murray  | GBR | Toronto    | 1993 |
| Min | 0.73  | 8:45.05      | 8:45.78                    | Genzebe Dibaba | ETH | Birmingham | 2018 |
|     | 0.91  | 8:51.17      | 8:52.08                    | Meseret Defar  | ETH | Doha       | 2010 |
|     | 0.93  | 9:11.22      | 9:12.15                    | Meseret Defar  | ETH | Budapest   | 2004 |

### Difference between third and fourth (medal versus no medal)

|     | Difference | 3 <sup>rd</sup> place time | Name             | Nat | Venue      | Year |
|-----|------------|----------------------------|------------------|-----|------------|------|
| Max | 5.92       | 8:42.58                    | Meseret Defar    | ETH | Birmingham | 2003 |
|     | 3.88       | 8:45.78                    | Laura Muir       | GBR | Birmingham | 2018 |
|     | 3.55       | 8:51.90                    | Lyubov Kremlyova | URS | Sevilla    | 1991 |
| Min | 0.08       | 8:52.08                    | Sentayehu Ejigu  | ETH | Doha       | 2010 |
|     | 0.13       | 8:56.08                    | Joan Nesbit      | USA | Barcelona  | 1995 |

### Fastest time in each round

| Round       | Time    | Name             | Nat | Heat/Semi | Venue    | Year |
|-------------|---------|------------------|-----|-----------|----------|------|
| Final       | 8:33.82 | Elly van Hulst   | NED | Final     | Budapest | 1989 |
| First round | 8:46.32 | Meselech Melkamu | ETH | 1h2       | Valencia | 2008 |
|             | 8:46.64 | Olga Komyagina   | RUS | 2h2       | Valencia | 2008 |

### Fastest non-qualifier for the final

| Time    | Position | Name           | Nat | Venue    | Year |
|---------|----------|----------------|-----|----------|------|
| 8:54.08 | 9h2      | Ancuta Bobocel | ROU | Doha     | 2010 |
| 8:58.01 | 6h1      | Elena Antoci   | ROU | Valencia | 2008 |

### Average of last ten (21<sup>st</sup> century) World Indoor Championships

|                       | Average | 2018    | 2016    | 2014    | 2012    | 2010    | 2008    | 2006    | 2004    | 2003    | 2001    |
|-----------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Winning Time          | 8:46.24 | 8:45.05 | 8:47.43 | 8:55.04 | 8:37.16 | 8:51.17 | 8:38.79 | 8:38.80 | 9:11.22 | 8:40.25 | 8:37.48 |
| Winning Medal         | 8:49.19 | 8:45.78 | 8:55.55 | 8:59.16 | 8:40.18 | 8:52.08 | 8:41.66 | 8:42.59 | 9:12.15 | 8:42.58 | 8:40.15 |
| 8 <sup>th</sup> place | 8:59.75 | 8:56.62 | 9:03.30 | 9:07.82 | 8:59.95 | 9:01.71 | 8:49.78 | 8:59.99 | 9:14.34 | 8:58.65 | 8:45.36 |

### 1500m – 3000m double medalists:

| Name           | Nation | Venue    | Year |
|----------------|--------|----------|------|
| Gabriela Szabo | ROU    | Maebashi | 1999 |

### Best Marks for Places in the World Indoor Championships

| Pos | Time    | Name           | Nat | Venue    | Year |
|-----|---------|----------------|-----|----------|------|
| 1   | 8:33.82 | Elly van Hulst | NED | Budapest | 1989 |
| 2   | 8:34.80 | Liz McColgan   | GBR | Budapest | 1989 |
|     | 8:38.26 | Meseret Defar  | ETH | Istanbul | 2012 |
|     | 8:38.43 | Zahra Ouaziz   | MAR | Maebashi | 1999 |

|   |         |                       |     |          |      |
|---|---------|-----------------------|-----|----------|------|
| 3 | 8:39.14 | Regina Jacobs         | USA | Maebashi | 1999 |
| 4 | 8:40.50 | Sylvia Jebiwott Kibet | KEN | Istanbul | 2012 |
|   | 8:40.98 | Marta Dominguez       | ESP | Lisboa   | 2001 |
| 5 | 8:41.34 | Dong Yanmei           | CHN | Lisboa   | 2001 |
| 6 | 8:42.75 | Benita Johnson        | AUS | Lisboa   | 2001 |
| 7 | 8:44.37 | Sonia O'Sullivan      | IRL | Lisboa   | 2001 |
| 8 | 8:45.36 | Hayley Tullett        | GBR | Lisboa   | 2001 |

### Best Marks for Places – all competitions

| Pos | Time    | Name                    | Nat | Venue     | Day Month Year |
|-----|---------|-------------------------|-----|-----------|----------------|
| 1   | 8:16.60 | Genzebe Dibaba          | ETH | Stockholm | 6 Feb 2014     |
|     | 8:22.50 | Genzebe Dibaba          | ETH | Sabadell  | 19 Feb 2016    |
|     | 8:22.65 | Gudaf Tsegay            | ETH | Madrid    | 24 Feb 2021    |
| 2   | 8:23.74 | Meselech Melkamu        | ETH | Stuttgart | 3 Feb 2007     |
|     | 8:25.27 | Sentayehu Ejigu         | ETH | Stuttgart | 6 Feb 2010     |
| 3   | 8:28.71 | Colleen Quigley         | USA | Boston    | 27 Feb 2020    |
|     | 8:31.50 | Jo Pavey                | GBR | Stuttgart | 3 Feb 2007     |
|     | 8:34.21 | Beatrice Chepkoech      | KEN | Lievin    | 9 Feb 2021     |
| 4   | 8:37.84 | Fantu Worku             | ETH | Lievin    | 9 Feb 2021     |
|     | 8:38.21 | Lidia Chojecka          | POL | Stuttgart | 3 Feb 2007     |
|     | 8:39.45 | Alina Reh               | GER | Glasgow   | 1 Mar 2019     |
| 5   | 8:38.20 | Tsige Gebreselama       | ETH | Lievin    | 9 Feb 2021     |
|     | 8:41.34 | Dong Yanmei             | CHN | Lisboa    | 10 Mar 2001    |
| 6   | 8:42.75 | Benita Willis (Johnson) | AUS | Lisboa    | 10 Mar 2001    |
| 7   | 8:44.37 | Sonia O'Sullivan        | IRL | Lisboa    | 10 Mar 2001    |

### Multiple Gold Medalists:

Genzebe Dibaba (ETH): 2014, 2016, 2018  
 Meseret Defar (ETH): 2004, 2006, 2008, 2010  
 Gabriela Szabo (ROU): 1995, 1997, 1999

### Multiple Medalists:

Genzebe Dibaba (ETH): 2014 Gold, 2016 Gold, 2018 Gold  
 Hellen Obiri (KEN): 2012 Gold, 2014 Silver  
 Meseret Defar (ETH): 2003 Bronze, 2004 Gold, 2006 Gold, 2008 Gold, 2010 Gold, 2012 Silver, 2016 Silver  
 Berhane Adere (ETH): 2003 Gold, 2004 Silver  
 Gabriela Szabo (ROU): 1995 Gold, 1997 Gold, 1999 Gold, 2001 Silver  
 Lynn Jennings (USA): 1993 Bronze, 1995 Silver  
 Margareta Keszeg (ROU): 1989 Bronze, 1991 Silver, 1993 Silver

### Multiple Medals by athletes from a single nation:

| Nation | Year | Gold              | Silver           | Bronze              |
|--------|------|-------------------|------------------|---------------------|
| ETH    | 2016 | Genzebe Dibaba    | Meseret Defar    |                     |
| ETH    | 2012 |                   | Meseret Defar    | Gelete Burka        |
| ETH    | 2010 | Meseret Defar     |                  | Sentayehu Ejigu     |
| ETH    | 2008 | Meseret Defar     | Meselech Melkamu |                     |
| ETH    | 2004 | Meseret Defar     | Berhane Adere    |                     |
| ETH    | 2003 | Berhane Adere     |                  | Meseret Defar       |
| RUS    | 2001 | Olga Yegorova     |                  | Yelena Zadorozhnaya |
| USA    | 1995 |                   | Lynn Jennings    | Joan Nesbit         |
| URS    | 1987 | Tatyana Samolenko | Olga Bondarenko  |                     |

### Man & Woman from the same team winning the corresponding event:

| Nation | Men            | Women          | Venue                  | Year          |
|--------|----------------|----------------|------------------------|---------------|
| ETH    | Yomif Kejelcha | Genzebe Dibaba | Portland<br>Birmingham | 2016,<br>2018 |
| ETH    | Tariku Bekele  | Meseret Defar  | Valencia               | 2008          |

|     |                    |               |            |      |
|-----|--------------------|---------------|------------|------|
| ETH | Kenenisa Bekele    | Meseret Defar | Moskva     | 2006 |
| ETH | Haile Gebrselassie | Berhane Adere | Birmingham | 2003 |

### Medals by Countries:

| Nation | Gold | Silver | Bronze |
|--------|------|--------|--------|
| ETH    | 8    | 4      | 3      |
| ROU    | 3    | 3      | 2      |
| URS    | 1    | 1      | 1      |
| RUS    | 1    | 1      | 1      |
| GBR    | 1    | 1      | 1      |
| KEN    | 1    | 2      |        |
| NED    | 1    | 1      |        |
| FRA    | 1    |        |        |
| CAN    | 1**  |        |        |
| USA    |      | 1      | 5+1**  |
| MAR    |      | 1      | 1      |
| IRL    |      | 1      |        |
| ESP    |      | 1      |        |
| ITA    |      | 1**    |        |
| POR    |      |        | 1      |
| POL    |      |        | 1      |
| BRN    |      |        | 1      |

\*\* 1985 World Indoor Games

### Comparison of 1000m splits/laps in the World Indoor Championships 3000m

Fastest splits/laps are indicated in **Bold**, slowest in *Italics*

|      | 1000m          | 2000m          | 3000m          |
|------|----------------|----------------|----------------|
| 2018 | 3:14.67        | 6:07.62        | 8:45.05        |
| 2016 | 3:15.73        | 6:02.83        | 8:47.43        |
| 2014 | 3:24.50        | 6:16.10        | 8:55.04        |
| 2012 | 3:01.60        | 5:56.31        | 8:37.16        |
| 2010 | 3:11.83        | 6:03.73        | 8:51.17        |
| 2008 | 2:59.33        | 5:55.50        | 8:38.79        |
| 2006 | <b>2:51.73</b> | 5:50.86        | 8:38.80        |
| 2004 | <i>3:21.10</i> | <i>6:27.56</i> | <i>9:11.22</i> |
| 2003 | 2:59.16        | 5:57.03        | 8:40.25        |
| 2001 | 2:52.32        | 5:50.83        | 8:37.48        |
| 1999 | 2:54.72        | 5:48.97        | 8:36.42        |
| 1997 | 2:56.67        | 5:55.76        | 8:45.75        |
| 1995 | 2:58.72        | 6:00.09        | 8:54.50        |
| 1993 |                |                | 8:50.55        |
| 1991 | 3:02:46        | 6:04.52        | 8:50.69        |
| 1989 | 2:52.13        | <b>5:46.29</b> | <b>8:33.82</b> |
| 1987 |                | 5:53.98        | 8:46.52        |

|      | 1000m          | 2000m          | 3000m          |
|------|----------------|----------------|----------------|
| 2018 | 3:14.67        | 2:52.95        | <b>2:37.43</b> |
| 2016 | 3:15.73        | 2:47.10        | 2:44.60        |
| 2014 | 3:24.50        | <b>2:51.60</b> | 2:38.94        |
| 2021 | 3:01.60        | 2:54.71        | 2:40.85        |
| 2010 | 3:11.83        | 2:51.90        | 2:47.44        |
| 2008 | 2:59.33        | 2:56.17        | 2:43:29        |
| 2006 | <b>2:51.73</b> | 2:59.13        | 2:47.94        |
| 2004 | <i>3:21.10</i> | <i>3:06.46</i> | 2:43.66        |

|      |         |         |                |
|------|---------|---------|----------------|
| 2003 | 2:59.16 | 2:57.87 | 2:43.22        |
| 2001 | 2:52.32 | 2:58.51 | 2:46.65        |
| 1999 | 2:54.72 | 2:54.25 | 2:47.45        |
| 1997 | 2:56.67 | 2:59.09 | 2:49.99        |
| 1995 | 2:58.72 | 3:01.37 | <u>2:54.41</u> |
| 1993 |         |         |                |
| 1991 | 3:02.46 | 3:02.06 | 2:46.17        |
| 1989 | 2:52.13 | 2:54.16 | 2:47.53        |
| 1987 |         |         | 2:52.54        |

### World Indoor Champion with World Championships Gold medal

| Name              | Nat | World Indoor Championships | World Championships |
|-------------------|-----|----------------------------|---------------------|
| Genzebe Dibaba    | ETH | 2014, 2016, 2018           | 2015 (1500m)        |
| Meseret Defar     | ETH | 2004, 2006, 2008, 2010     | 2007                |
| Olga Yegorova     | RUS | 2001                       | 2001                |
| Gabriela Szabo    | ROU | 1995, 1997, 1999           | 1997, 1999          |
| Tatyana Samolenko | URS | 1987                       | 1987, 1991          |

### World Indoor Champion with Olympic gold medal

| Name              | Nat | World Indoor Championships | Olympics |
|-------------------|-----|----------------------------|----------|
| Meseret Defar     | ETH | 2004, 2006, 2008, 2010     | 2004     |
| Gabriela Szabo    | ROU | 1995, 1997, 1999           | 2000     |
| Tatyana Samolenko | URS | 1987                       | 1988     |

### World Indoor Champion who previously won World Junior Championships

| Name           | Nat | World Indoor Championships | World Junior Championships |
|----------------|-----|----------------------------|----------------------------|
| Genzebe Dibaba | ETH | 2014, 2016, 2018           | 2010 at 5000m              |
| Meseret Defar  | ETH | 2004, 2006, 2008, 2010     | 2002, also won 5000m       |
| Gabriela Szabo | ROU | 1995, 1997, 1999           | 1994                       |

### World Indoor Championships medalist who previously won World Youth medal:

| Name          | Nat | World Indoor Championships | Year      | World Youth medal | Year |
|---------------|-----|----------------------------|-----------|-------------------|------|
| Meseret Defar | ETH | Gold                       | 2004-2010 | Silver            | 1999 |

### World Indoor Champion with European Championships Gold medal

| Name          | Nat | World Indoor Championships | European Championships |
|---------------|-----|----------------------------|------------------------|
| Yvonne Murray | GBR | 1993                       | 1990                   |

**World Indoor Championships medalists with Asian Games/Asian Championships medal:** None  
Highest finish by Asian in the World Indoor Championships is fifth by Dong Yanmei in 2001

### World Indoor Champion with African Championships/All Africa Games gold medal

| Name           | Nat | World Indoor Championships | African Championships        | All Africa Games |
|----------------|-----|----------------------------|------------------------------|------------------|
| Genzebe Dibaba | ETH | 2014, 2016, 2018           | 2009 at 5000m (junior champ) |                  |
| Meseret Defar  | ETH | 2004, 2006, 2008, 2010     | 2006                         | 2003, 2007       |
| Berhane Adere  | ETH | 2003                       | 1998, 2002                   |                  |

**World Indoor Championships medalist with Pan American Games' medal:** None

### World Indoor Championships medalists with Commonwealth Games medal

| Name          | Nat | World Indoor Championships | Year | Commonwealth Games       | Year         |
|---------------|-----|----------------------------|------|--------------------------|--------------|
| Liz McColgan  | GBR | Silver                     | 1989 | Gold at 10000m           | 1986, 1990   |
| Yvonne Murray | GBR | Gold                       | 1993 | Silver<br>Gold at 10000m | 1990<br>1994 |

Note: Murray won Silver at 3000m in 1990, Gold at 10000m in 1994

**Last ten World Indoor Championships:** (3000m)

| Year | Gold           | Nat | Time    | Silver            | Nat | Time    | Bronze                  | Nat | Time    |
|------|----------------|-----|---------|-------------------|-----|---------|-------------------------|-----|---------|
| 2018 | Genzebe Dibaba | ETH | 8:45.05 | Sifan Hassan      | NED | 8:45.68 | Laura Muir              | GBR | 8:45.78 |
| 2016 | Genzebe Dibaba | ETH | 8:47.43 | Meseret Defar     | ETH | 8:54.26 | Shannon Rowbury         | USA | 8:55.55 |
| 2014 | Genzebe Dibaba | ETH | 8:55.04 | Hellen Obiri      | KEN | 8:57.72 | Maryam Yusuf Jamal      | BRN | 8:59.16 |
| 2012 | Hellen Obiri   | KEN | 8:37.16 | Meseret Defar     | ETH | 8:38.26 | Gelete Burka            | ETH | 8:40.18 |
| 2010 | Meseret Defar  | ETH | 8:51.17 | Vivian Cheruiyot  | KEN | 8:51.85 | Sentayehu Ejigu         | ETH | 8:52.08 |
| 2008 | Meseret Defar  | ETH | 8:38.79 | Meselech Melkamu  | ETH | 8:41.50 | Marieam Alaoui Selsouli | MAR | 8:41.66 |
| 2006 | Meseret Defar  | ETH | 8:38.80 | Liliya Shobukhova | RUS | 8:42.18 | Lidia Chojecka          | POL | 8:42.59 |
| 2004 | Meseret Defar  | ETH | 9:11.22 | Berhane Adere     | ETH | 9:11.43 | Shayne Culpepper        | USA | 9:12.15 |
| 2003 | Berhane Adere  | ETH | 8:40.25 | Marta Dominguez   | ESP | 8:42.17 | Meseret Defar           | ETH | 8:42.58 |
| 2001 | Olga Yegorova  | RUS | 8:37.48 | Gabriela Szabo    | ROU | 8:39.65 | Yelena Zadorozhnaya     | RUS | 8:40.15 |

### Last ten World Championships:

| Year | Gold             | Nat | Time     | Silver             | Nat | Time     | Bronze                  | Nat | Time     |
|------|------------------|-----|----------|--------------------|-----|----------|-------------------------|-----|----------|
| 2019 | Hellen Obiri     | KEN | 14:26.72 | Margaret Kipkemboi | KEN | 14:27.49 | Konstanze Klosterhalfer | GER | 14:28.43 |
| 2017 | Hellen Obiri     | KEN | 14:34.86 | Almaz Ayana        | ETH | 14:40.35 | Sifan Hassan            | NED | 14:42.73 |
| 2015 | Almaz Ayana      | ETH | 14:26.83 | Senbera Teferi     | ETH | 14:44.07 | Genzebe Dibaba          | ETH | 14:44.14 |
| 2013 | Meseret Defar    | ETH | 14:50.19 | Mercy Cheronno     | KEN | 14:51.22 | Almaz Ayana             | ETH | 14:51.33 |
| 2011 | Vivian Cheruiyot | KEN | 14:55.36 | Sylvia Kibet       | KEN | 14:56.21 | Meseret Defar           | ETH | 14:56.94 |
| 2009 | Vivian Cheruiyot | KEN | 14:57.97 | Sylvia Kibet       | KEN | 14:58.33 | Meseret Defar           | ETH | 14:58.41 |
| 2007 | Meseret Defar    | ETH | 14:57.91 | Vivian Cheruiyot   | KEN | 14:58.50 | Priscah Cheronno        | KEN | 14:59.21 |
| 2005 | Tirunesh Dibaba  | ETH | 14:38.59 | Meseret Defar      | ETH | 14:39.54 | Ejagayou Dibaba         | ETH | 14:42.47 |
| 2003 | Tirunesh Dibaba  | ETH | 14:51.72 | Marta Dominguez    | ESP | 14:52.26 | Edith Masai             | KEN | 14:52.30 |
| 2001 | Olga Yegorova    | RUS | 15:03.39 | Marta Dominguez    | ESP | 15:06.59 | Ayelech Worku           | ETH | 15:10.17 |

### Last eight Olympics:

| Year | Gold             | Nat | Time     | Silver             | Nat | Time     | Bronze          | Nat | Time     |
|------|------------------|-----|----------|--------------------|-----|----------|-----------------|-----|----------|
| 2020 | Sifan Hassan     | NED | 14:36.79 | Hellen Obiri       | KEN | 14:38.38 | Gudaf Tsegay    | ETH | 14:38.87 |
| 2016 | Vivian Cheruiyot | KEN | 14:26.17 | Hellen Obiri       | KEN | 14:29.77 | Almaz Ayana     | ETH | 14:33.59 |
| 2012 | Meseret Defar    | ETH | 15:04.25 | Vivian Cheruiyot   | KEN | 15:04.73 | Tirunesh Dibaba | ETH | 15:05.15 |
| 2008 | Tirunesh Dibaba  | ETH | 15:41.40 | Elvan Abeylegesse  | TUR | 15:42.74 | Meseret Defar   | ETH | 15:44.12 |
| 2004 | Meseret Defar    | ETH | 14:45.65 | Isabella Ochichi   | KEN | 14:48.19 | Tirunesh Dibaba | ETH | 14:51.83 |
| 2000 | Gabriele Szabo   | ROU | 14:40.79 | Sonia O'Sullivan   | IRL | 14:41.02 | Gete Wami       | ETH | 14:42.23 |
| 1996 | Wang Junxia      | CHN | 14:59.88 | Pauline Konga      | KEN | 15:03.49 | Roberta Brunet  | ITA | 15:07.52 |
| 1992 | Yelena Romanova  | EUN | 8:46.04  | Tatyana Dorovskikh | EU  | 8:46.85  | Angela Chalmers | CAN | 8:47.22  |

### Last twelve World Junior Championships: (3000m)

| Year | Gold                    | Nat | Time    | Silver                 | Nat | Time    | Bronze                  | Nat | Time    |
|------|-------------------------|-----|---------|------------------------|-----|---------|-------------------------|-----|---------|
| 2020 | Teresiah Muthoni Gateri | KEN | 8:57.78 | Zenah Jemutai Yego     | KEN | 8:59.59 | Melknat Wudu            | ETH | 9:00.12 |
| 2018 | Nozomi Tanaka           | JPN | 8:54.01 | Meselu Berhe           | ETH | 8:56.39 | Tsifie Gebreselama      | ETH | 8:59.20 |
| 2016 | Beyeu Degefa            | ETH | 8:41.76 | Dalila Abdulkadir      | BRN | 8:46.42 | Konstanze Klosterhalfer | GER | 8:46.74 |
| 2014 | Mary Cain               | USA | 8:58.48 | Lilian Rengeruk        | KEN | 9:00.53 | Valentine Mateiko       | KEN | 9:00.79 |
| 2012 | Mercy Chebwogen         | KEN | 9:08.88 | Hiwot Gebrekidan       | ETH | 9:09.27 | Emelia Gorecka          | GBR | 9:09.43 |
| 2010 | Mercy Cheronno          | KEN | 8:55.07 | Emebet Anteneh         | ETH | 8:55.24 | Layes Abdullayeva       | AZE | 8:55.33 |
| 2008 | Mercy Cheronno          | KEN | 8:58.07 | Bizunesh Urgesa        | ETH | 8:58.90 | Frehiwat Goshu          | ETH | 9:03.76 |
| 2006 | Veronica Wanjiru        | KEN | 9:02.90 | Pauline Korikwang      | KEN | 9:05.21 | Song Liwei              | CHN | 9:06.35 |
| 2004 | Jebichi Yator           | KEN | 8:59.80 | Safa Issaoui           | TUN | 9:02.47 | Siham Hilali            | MAR | 9:03.16 |
| 2002 | Meseret Defar           | ETH | 9:12.61 | Mariam Alaoui Selsouli | MAR | 9:16.28 | Olesya Syreva           | RUS | 9:16.58 |
| 2000 | Beatrice Jepchumba      | KEN | 9:08.80 | Jane Chepkoech         | KEN | 9:10.05 | Etalemahu Kidane        | ETH | 9:11.55 |
| 1998 | Yin Lili                | CHN | 8:57.09 | Yimenashu Taye         | ETH | 9:01.70 | Edna Kiplagat           | KEN | 9:05.46 |

### Last twelve World Junior Championships: (5000m)

| Year | Gold            | Nat | Time     | Silver        | Nat | Time     | Bronze              | Nat | Time     |
|------|-----------------|-----|----------|---------------|-----|----------|---------------------|-----|----------|
| 2020 | Mizan Alem      | ETH | 16:05.61 | Melknat Wudu  | ETH | 16:13.16 | Prisca Chesang      | UGA | 16:21.78 |
| 2018 | Beatrice Chebet | KEN | 15:30.77 | Ejgayehu Taye | ETH | 15:30.87 | Girmawit Gebrzihair | ETH | 15:34.01 |

|      |                  |     |          |                     |     |          |                    |     |          |
|------|------------------|-----|----------|---------------------|-----|----------|--------------------|-----|----------|
| 2016 | Kalkidan Fente   | ETH | 15:29.64 | Imaculata Chepkurui | KEN | 15:31.12 | Bontu Edao         | BEN | 15:31.93 |
| 2014 | Alemitu Heroye   | ETH | 15:10.08 | Alemitu Hawi        | ETH | 15:10.46 | Agnes Jebet Tirop  | KEN | 15:43.12 |
| 2012 | Buze Diriba      | ETH | 15:32.94 | Ruti Aga            | ETH | 15:32.95 | Agnes Chebet Tirop | KEN | 15:36.74 |
| 2010 | Genzebe Dibaba   | ETH | 15:08.06 | Mercy Cheronno      | KEN | 15:09.19 | Alice A Nawowuna   | KEN | 15:17.39 |
| 2008 | Sule Utura       | ETH | 16:15.59 | Genzebe Dibaba      | ETH | 16:16.75 | Nelly Chebet       | KEN | 16:17.96 |
| 2006 | Xue Fei          | CHN | 15:31.61 | Florence Kiplagat   | KEN | 15:32.34 | Mary Ngugi         | KEN | 15:36.82 |
| 2004 | Meselech Melkamu | ETH | 15:21.52 | Catherine Chikwakwa | MAW | 15:36.22 | Chiaki Iwamoto     | JPN | 15:39.59 |
| 2002 | Meseret Defar    | ETH | 15:54.94 | Tirunesh Dibaba     | ETH | 15:55.99 | Vivian Cheruiyot   | KEN | 15:56.04 |
| 2000 | Dorcus Inzikuru  | UGA | 16:21.32 | Meseret Defar       | ETH | 16:23.69 | Sharon Cherop      | KEN | 16:23.73 |
| 1998 | Yin Lili         | CHN | 15:29.65 | Faith Jemutai       | KEN | 15:34.48 | Meryma Hashim      | ETH | 15:39.57 |

#### Last ten World Youth Championships (3000m):

| Year | Gold               | Nat | Time    | Silver             | Nat | Time    | Bronze                      | Nat | Time    |
|------|--------------------|-----|---------|--------------------|-----|---------|-----------------------------|-----|---------|
| 2017 | Abersh Minsewo     | ETH | 9:24.62 | Emmculate          | KEN | 9:24.69 | Yitayish Mekonene           | ETH | 9:28.46 |
| 2015 | Shuru Bulo         | ETH | 9:01.12 | Emily Chebet       | KEN | 9:02.92 | Sheila Chelangat            | KEN | 9:04.54 |
| 2013 | Liian Kasait       | KEN | 8:58.74 | Berhan Demiesa     | ETH | 9:00.06 | Silenat Yismaw              | ETH | 9:01.63 |
| 2011 | Gotytom Gebreslase | ETH | 8:56.36 | Ziporah Wanjiru    | KEN | 8:56.82 | Caroline Chepkoech Kipkirui | KEN | 8:58.63 |
| 2009 | Purity Rionoripo   | KEN | 9:03.79 | Jackline Chepngeno | KEN | 9:05.93 | Genet Yalew                 | ETH | 9:08.95 |
| 2007 | Mercy Cheronno     | KEN | 8:53.94 | Mahlet Melese      | ETH | 8:56.98 | Sule Utura                  | ETH | 9:06.48 |
| 2005 | Veronica Wanjiru   | KEN | 9:01.61 | Pauline Korikwang  | KEN | 9:05.42 | Hitomi Niiya                | JPN | 9:10.34 |
| 2003 | Siham Hilali       | MAR | 9:12.70 | Pasalia Kipkoech   | KEN | 9:13.77 | Yuko Nohara                 | JPN | 9:14.82 |
| 2001 | Sally Kipyego      | KEN | 9:09.05 | Mestewat Tula      | ETH | 9:11.60 | Fridah Domongole            | KEN | 9:12.70 |
| 1999 | Alice Timbilil     | KEN | 9:01.99 | Meseret Defar      | ETH | 9:02.08 | Vivian Cheruiyot            | KEN | 9:04.42 |

#### Last eight European Championships:

| Year | Gold             | Nat | Time     | Silver            | Nat | Time     | Bronze              | Nat | Time     |
|------|------------------|-----|----------|-------------------|-----|----------|---------------------|-----|----------|
| 2018 | Sifan Hassan     | NE  | 14:46.12 | Eilish McColgan   | GB  | 14:53.05 | Yasemin Can         | TUR | 14:57.63 |
| 2016 | Yasemin Can      | TUR | 15:18.15 | Meraf Bahta       | SWE | 15:20.54 | Stephanie Twell     | GBR | 15:20.70 |
| 2014 | Meraf Bahta      | SW  | 15:31.39 | Sifan Hassan      | NE  | 15:31.79 | Susan Kuijken       | NED | 15:32.82 |
| 2012 | Olga Golovkina   | RU  | 15:11.70 | Lyudmyla          | UKR | 15:12.03 | Sara Moreira        | POR | 15:12.05 |
| 2010 | Alemitu Bekele   | TUR | 14:52.20 | Elvan Abeylegesse | TUR | 14:54.44 | Sara Moreira        | POR | 14:54.71 |
| 2006 | Marta Dominguez  | ESP | 14:56.18 | Liliya Shobukhova | RUS | 14:56.57 | Elvan Abeylegesse   | TUR | 14:59.29 |
| 2002 | Marta Dominguez  | ESP | 15:14.76 | Sonia O'Sullivan  | IRL | 15:14.85 | Yelena Zadorozhnaya | RUS | 15:15.22 |
| 1998 | Sonia O'Sullivan | IRL | 15:06.50 | Gabriela Szabo    | ROU | 15:08.31 | Marta Dominguez     | ESP | 15:10.54 |

#### Last six Asian Games:

| Year | Gold               | Nat | Time     | Silver            | Nat | Time     | Bronze            | Nat  | Time     |
|------|--------------------|-----|----------|-------------------|-----|----------|-------------------|------|----------|
| 2018 | Kalkidan Gezahegne | BRN | 15:08.08 | Darya Maslova     | KGZ | 15:30.57 | Bontu Edao        | BRNN | 15:36.78 |
| 2014 | Maryam Jamal       | BRN | 14:59.69 | Mimi Belete       | BRN | 15:00.87 | Ding Changqin     | CHN  | 15:12.51 |
| 2010 | Mimi Belete        | BRN | 15:15.59 | Preeja Sreedharan | IND | 15:15.89 | Kavita Raut       | IND  | 15:16.54 |
| 2006 | Xue Fei            | CHN | 15:40.12 | Kayoko Sugihara   | JPN | 15:40.87 | Orchatteri Jaisha | IND  | 15:41.91 |
| 2002 | Sun Yingjie        | CHN | 14:40.41 | Kayoko Fukushi    | JPN | 14:55.19 | Sunita Rani       | IND  | 15:18.77 |
| 1998 | Supriati Sutono    | INA | 15:54.45 | Sunita Rani       | IND | 15:54.47 | Michiko Shimizu   | JPN  | 15:55.36 |

#### Last eleven Asian Championships:

| Year | Gold               | Nat | Time     | Silver            | Nat | Time     | Bronze           | Nat | Time     |
|------|--------------------|-----|----------|-------------------|-----|----------|------------------|-----|----------|
| 2019 | Winfred Yavi       | BRN | 15:28.87 | Bontu Edao Rebitu | BR  | 15:29.60 | Parul Chaudary   | IND | 15:36.03 |
| 2017 | Daria Maslova      | KGZ | 15:57.95 | Alia Mohammed     | UAE | 15:59.95 | Sanjivani Jadhav | IND | 16:00.24 |
| 2015 | Bethem Desalegn    | UAE | 15:25.15 | Alia Mohamed      | UAE | 15:28.74 | Daria Maslova    | KGZ | 15:42.82 |
| 2013 | Bethem Desalegn    | UAE | 15:12.84 | Shitaye Eshete    | BR  | 15:22.17 | Tijitu Daba      | BR  | 15:38.63 |
| 2011 | Tejitu Daba C      | BRN | 15:22.48 | Hitomi Niiya      | JPN | 15:34.19 | Yuriko Kobayashi | JPN | 15:42.59 |
| 2009 | Xue Fei            | CHN | 16:05.19 | Tejitu Daba       | BRN | 16:05.45 | Kavita Raut      | IND | 16:05.90 |
| 2007 | Karima SalehJassem | BRN | 16:40.87 | Preeja Sreedharan | IND | 16:56.16 | Kim mi Gyong     | PRK | 18:21.32 |
| 2005 | Bai Xue            | CHN | 15:40.89 | Lee Eun-Jung      | KOR | 15:41.67 | Yumi Sato        | JPN | 15:47.14 |
| 2003 | Sun Yingjie        | CHN | 15:48.42 | Yuko Manabe       | JPN | 15:59.81 | Hiromi Fujii     | JPN | 16:31.18 |



|      |              |     |          |                 |     |          |                 |     |          |
|------|--------------|-----|----------|-----------------|-----|----------|-----------------|-----|----------|
| 2002 | Ham Bong-Sil | PRK | 15:42.88 | Akiko Kawashima | JPN | 15:44.08 | Mizuho Nasukawa | JPN | 16:24.63 |
| 2000 | Wu Qingdong  | CHN | 15:58.83 | Naomi Sakashita | JPN | 16:01.53 | Supriati Sutono | INA | 16:03.85 |

### Last six All Africa Games:

| Year | Gold             | Nat | Time     | Silver           | Nat | Time     | Bronze             | Nat | Time     |
|------|------------------|-----|----------|------------------|-----|----------|--------------------|-----|----------|
| 2019 | Lilian Rengeruk  | KEN | 15:33.63 | Hawi Feysa       | ETH | 15:33.99 | Alemitu Tariku     | ETH | 15:37.15 |
| 2015 | Margaret Chelimo | KEN | 15:30.15 | Rosemary Wanjiru | KEN | 15:30.18 | Alice Aprot        | KEN | 15:31.82 |
| 2010 | Sule Utura       | ETH | 15:38.70 | Emebet Anteneh   | ETH | 15:40.13 | Pauline Korikwiang | KEN | 15:40.93 |
| 2007 | Meseret Defar    | ETH | 15:02.72 | Meselech Melkamu | ETH | 15:03.86 | Sylvia Kibet       | KEN | 15:06.39 |
| 2003 | Meseret Defar    | ETH | 16:42.0  | Dorcus Inzikuru  | UGA | 16:42.9  | Isabella Ochichi   | KEN | 16:43.4  |
| 1999 | Ayelech Worku    | ETH | 15:38.22 | Elana Meyer      | RSA | 15:42.76 | Vivian Cheruiyot   | KEN | 15:42.79 |

### Last ten African Championships:

| Year | Gold             | Nat | Time     | Silver            | Nat | Time     | Bronze             | Nat | Time     |
|------|------------------|-----|----------|-------------------|-----|----------|--------------------|-----|----------|
| 2018 | Hellen Obiri     | KEN | 15:47.18 | Senbere Teferi    | ETH | 15:54.48 | Meskerem Mamo      | ETH | 15:57.38 |
| 2016 | Sheila Chepkirui | KEN | 15:05.45 | M Chelimo         | KEN | 15:07.56 | D Dida             | ETH | 15:15.26 |
| 2014 | Almaz Ayana      | ETH | 15:32.72 | Genzebe Dibaba    | ETH | 15:42.16 | Janet Kisa         | KEN | 15:54.04 |
| 2012 | Gladys Cherono   | KEN | 15:40.04 | Veronica Nyaruai  | KEN | 15:40.65 | Gotytom Gebreslase | ETH | 15:53.34 |
| 2010 | Vivian Cheruiyot | KEN | 16:18.72 | Meseret Defar     | ETH | 16:20.54 | Sentayehu Ejigu    | ETH | 16:22.32 |
| 2008 | Meselech Melkamu | ETH | 15:49.81 | Meseret Defar     | ETH | 15:50.19 | Grace Momanyi      | KEN | 15:50.19 |
| 2006 | Meseret Defar    | ETH | 15:56.00 | Tirunesh Dibaba   | ETH | 15:56.04 | Sylvia Kibet       | KEN | 15:57.14 |
| 2004 | Etalemahu Kidane | ETH | 16:25.83 | Priscah Jepleting | KEN | 16:26.15 | Angele Haronsimana | BDI | 16:55.99 |
| 2002 | Berhane Adere    | ETH | 15:51.08 | Dorcus Inzikuru   | UGA | 15:54.22 | Ejegayehu Dibaba   | ETH | 15:56.02 |
| 2000 | Asmae Leghzaoui  | MAR | 15:43.46 | Meseret Defar     | ETH | 15:49.86 | Merima Denboba     | ETH | 15:53.68 |

### Last six Pan American Games:

| Year | Gold              | Nat | Time     | Silver           | Nat | Time     | Bronze           | Nat | Time     |
|------|-------------------|-----|----------|------------------|-----|----------|------------------|-----|----------|
| 2019 | Laura Galvan      | ME  | 15:35.47 | Jessica O'Conell | CA  | 15:36.08 | Kim Conley       | USA | 15:36.95 |
| 2015 | Juliana Paula dos | BRA | 15:45.97 | Brenda Flores    | ME  | 15:47.19 | Kellyn Taylor    | USA | 15:52.78 |
| 2011 | Marisol Romero    | MEX | 16:24.08 | Cruz da Silva    | BRA | 16:29.75 | Ines Melchior    | PER | 16:41.50 |
| 2007 | Megan Metcalfe    | CAN | 15:35.78 | Cack Ferrell     | USA | 15:42.01 | Nora Rocha       | MEX | 15:43.80 |
| 2003 | Adriana Fernandez | MEX | 15:30.65 | Nora Rocha       | MEX | 15:40.98 | Nicole Jefferson | USA | 15:42.40 |
| 1999 | Adriana Fernandez | MEX | 15:56.57 | Bertha Sanchez   | COL | 15:59.04 | Blake Phillips   | USA | 15:59.77 |

### Last six Commonwealth Games:

| Year | Gold             | Nat | Time     | Silver             | Nat | Time     | Bronze          | Nat | Time     |
|------|------------------|-----|----------|--------------------|-----|----------|-----------------|-----|----------|
| 2018 | Hellen Obiri     | KEN | 15:13.11 | Margaret Kipkemboi | KEN | 15:15.28 | Laura Weightman | ENG | 15:25.84 |
| 2014 | Mercy Cherono    | KEN | 15:07.21 | Janet Kisa         | KEN | 15:08.90 | Jo Pavey        | ENG | 15:08.96 |
| 2010 | Vivian Cheruiyot | KEN | 15:55.12 | Sylvia Kibet       | KEN | 15:55.61 | Ines Chenonge   | KEN | 16:02.47 |
| 2006 | Isabella Ochichi | KEN | 14:57.84 | Jo Pavey           | ENG | 14:59.08 | Lucy Wangui     | KEN | 15:00.20 |
| 2002 | Paula Radcliffe  | ENG | 14:31.42 | Edith Masai        | KEN | 14:53.76 | Ines Chenonge   | KEN | 15:06.06 |
| 1998 | Kate Anderson    | AUS | 15:52.74 | Andrea Whitcombe   | ENG | 15:56.85 | Samukeliso Moyo | ZIM | 15:57.57 |

### Fastest Performances in Beograd

| Performance | Performer | Time    | Name            | Nat | Pos | DMY        |
|-------------|-----------|---------|-----------------|-----|-----|------------|
| 1           | 1         | 8:35.67 | Laura Muir      | GBR | 1   | 5 Mar 2017 |
| 2           | 2         | 8:43.46 | Yasemin Can     | TUR | 2   | 5 Mar 2017 |
| 3           | 3         | 8:47.43 | Eilish McColgan | GBR | 3   | 5 Mar 2017 |

### Fastest Performances in March (only indoor performances are listed)

| Performance | Performer | Time    | Name                    | Nat | Pos | Venue          | DMY        |
|-------------|-----------|---------|-------------------------|-----|-----|----------------|------------|
| 1           | 1         | 8:30.61 | Laura Muir              | GBR | 1   | Glasgow-EIC    | 1 Mar 2019 |
| 2           | 2         | 8:33.82 | Elly van Hulst          | NED | 1   | Budapest – WIC | 4 Mar 1989 |
| 3           | 3         | 8:34.06 | Konstanze Klosterhalfen | GER | 2   | Glasgow-EIC    | 1 Mar 2019 |
| 4           | 4         | 8:34.80 | Liz McColgan            | GRB | 2   | Budapest – WIC | 4 Mar 1989 |
| 5           |           | 8:35.67 | Laura Muir              |     | 1   | Beograd - EIC  | 5 Mar 2017 |

|   |   |         |                |     |   |                |            |
|---|---|---------|----------------|-----|---|----------------|------------|
| 6 | 5 | 8:36.42 | Gabriela Szabo | ROU | 1 | Maebashi – WIC | 7 Mar 1999 |
|---|---|---------|----------------|-----|---|----------------|------------|

### Combined 2021 & 2022 World Indoor List

| Performance | Performer | Time    | Name                     | Nat | Pos | Venue         | DMY         |
|-------------|-----------|---------|--------------------------|-----|-----|---------------|-------------|
| 1           | 1         | 8:22.65 | Gudaf Tsegay             | ETH | 1   | Madrid        | 24 Feb 2021 |
| 2           | 2         | 8:23.24 | Dawit Seyaum             | ETH | 1   | Lievin        | 17 Feb 2022 |
| 3           | 3         | 8:26.77 | Ejgayehu Taye            | ETH | 2   | Lievin        | 17 Feb 2022 |
| 4           | 4         | 8:29.28 | Lemlem Hailu             | ETH | 2   | Madrid        | 24 Feb 2021 |
| 5           |           | 8:31.24 | Lemlem Hailu             |     | 1   | Torun         | 17 Feb 2021 |
| 6           | 5         | 8:31.62 | Alicia Monson            | USA | 1   | New York      | 29 Jan 2022 |
| 7           | 6         | 8:31.72 | Beatrice Chepkoech       | KEN | 2   | Torun         | 17 Feb 2021 |
| 8           |           | 8:32.55 | Lemlem Hailu             |     | 1   | Lievin        | 9 Feb 2021  |
| 9           | 7         | 8:33.62 | Sifan Hassan             | NED | 2   | Lievin        | 9 Feb 2021  |
| 10          | 8         | 8:33.72 | Weini Kelati             | USA | 2   | New York      | 29 Jan 2022 |
| 11          | 9         | 8:33.92 | Gabriela DeBues-Stafford | CAN | 1   | Staten Island | 6 Feb 2022  |

Please send corrections to [KKenNakamura@gmail.com](mailto:KKenNakamura@gmail.com)

The new records set in WC will be reported through my twitter account @KKenNakamura