

2021 Olympic Games Time Schedule

The "2020" Olympic Games will be held in Tokyo in 2021. Here's an easy-to-read version of the Games timetable, with color-coded finals (blue = men; red = women). Abbreviations: q = field-event qualifying round; h = heats; sf = semifinals; F = finals. The 5 road events will be staged in Sapporo. Times are in the host time zone and represent a 24-hour clock ("military time").

FRIDAY, JULY 30

09:00..... w100 run-in
 09:15..... mHigh Jump..... q
 09:30..... mSteeple h
 09:45..... mDiscus A q
 10:25..... w800 h
 11:20..... mDiscus B q
 11:25..... m400 Hurdles h
 11:40..... w100 h

19:00..... w5000 h
 19:05..... wTriple Jump..... q
 19:25..... wShot q
 20:00..... mixed 4x4 h
 20:30..... m10,000 F

SATURDAY, JULY 31

09:00..... w400H..... h
 09:30..... wDiscus A q
 09:40..... mPole Vault q
 09:50..... m800..... h
 10:45..... w100 Hurdles h
 10:55..... wDiscus B q
 11:35..... m100..... run-in

19:10..... mLong Jump q
 19:15..... w100 sf
 19:45..... m100..... h
 20:15..... mDiscus F
 20:50..... w800 sf
 21:35..... mixed 4 x 400 F
 21:50..... w100 F

SUNDAY, AUGUST 01

09:10..... wHammer A..... q
 09:40..... wSteeple h
 09:50..... wLong Jump..... q
 10:35..... wShot F
 10:40..... wHammer B..... q

10:45..... m400..... h

19:10..... mHigh Jump..... F
 19:15..... m100..... sf
 19:45..... w100 Hurdles sf
 20:15..... wTriple Jump..... F
 20:25..... m800..... sf
 21:05..... m400 Hurdles sf
 21:50..... m100..... F

MONDAY, AUGUST 02

09:00..... mHammer A q
 09:35..... w1500 h
 10:20..... mLong Jump F
 10:30..... w200 h
 10:30..... mHammer B q
 11:50..... w100 Hurdles F

19:20..... wPole Vault q
 19:25..... w200 sf
 20:00..... wDiscus..... F
 20:05..... m400..... sf
 20:35..... w400 Hurdles sf
 21:15..... mSteeple F
 21:40..... w5000 F

TUESDAY, AUGUST 03

09:00..... mTriple Jump q
 09:05..... m1500..... h
 09:20..... wJavelin A q
 09:45..... w400 h
 10:50..... wLong Jump..... F
 wJavelin B..... q
 11:05..... m200..... h
 12:20..... m400 Hurdles F

19:10..... m110 Hurdles h
 19:15..... mShot A..... q
 19:20..... mPole Vault F

20:00..... m5000..... h

20:35..... wHammer F
 20:40..... mShot B..... q
 20:50..... m200..... sf
 21:25..... w800 F
 21:50..... w200 F

WEDNESDAY, AUGUST 04

09:00..... mDecathlon 100
 09:05..... mJavelin A..... q
 09:35..... wHeptathlon 100H
 09:55..... mDecathlon LJ
 10:35..... wHeptathlon HJ
 mJavelin B..... q
 11:00..... m110 Hurdles sf
 11:30..... w400 Hurdles F
 11:40..... mDecathlon SP

18:30..... mDecathlon HJ
 19:00..... w1500 sf
 19:05..... wHeptathlon SP
 19:30..... w400 sf
 20:00..... wSteeple F
 20:15..... mHammer..... F
 20:30..... wHeptathlon 200
 21:05..... m800..... F
 21:30..... mDecathlon 400
 21:55..... m200..... F

THURSDAY, AUGUST 05

09:00..... mDecathlon 100H
 09:10..... wHigh Jump q
 09:40..... wHeptathlon LJ
 09:50..... mDecathlon DT A
 10:00..... w 4 x 100 h
 10:55..... mDecathlon DT B
 11:00..... mTriple Jump F
 11:05..... mShot..... F
 11:30..... m4 x 100 h

11:55..... m110 Hurdles F

12:30..... wHeptathlon JT A
 12:45..... mDecathlon PV
 13:40..... wHeptathlon JT B

16:30..... m20K Walk F
 19:15..... mDecathlon JT A
 19:20..... wPole Vault F
 19:25..... m4 x 400 h
 20:00..... m1500..... sf
 20:20..... mDecathlon JT B
 21:00..... m400..... F
 21:20..... wHeptathlon 800.. F
 21:40..... mDecathlon 1500 . F

FRIDAY, AUGUST 06

05:30..... m50K Walk F

16:30..... w20K Walk..... F
 20:25..... m4 x 400 h
 20:50..... wJavelin F
 21:00..... m5000..... F
 21:35..... w400 F
 21:50..... w1500 F
 22:30..... w4 x 100 F
 22:50..... m4 x 100 F

SATURDAY, AUGUST 07

07:00..... wMarathon F

19:35..... wHigh Jump F
 19:45..... w10,000 F
 20:00..... mJavelin F
 20:40..... m1500..... F
 21:30..... w4 x 400 F
 21:50..... m4 x 400 F

SUNDAY, AUGUST 08

07:00..... mMarathon..... F