

# 2020 Olympic Games Statistics - Men's 3000mSC

by K Ken Nakamura

The records to look for in Tokyo:

- 1) Can anybody stop Kenya's winning streak at 9?
- 2) Can El Bakkali win first Gold (or Silver) for MAR?
- 3) Can Takele Bikila win first medal for ETH?

**Summary Page:**

## All time Performance List at the Olympic Games

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	8:03.28	Conseslus Kipruto	KEN	1	Rio de Janeiro	2016
2	2	8:04.28	Evan Jager	USA	2	Rio de Janeiro	2016
3	3	8:05.51	Julius Kariuki	KEN	1	Seoul	1988
4	4	8:05.81	Ezekiel Kemboi	KEN	1	Athinai	2004
5	5	8:06.11	Brimin Kipruto	KEN	2	Athinai	2004
6	6	8:06.64	Paul Kipsiele Koech	KEN	3	Athinai	2004

**Slowest winning time since 1976:** 8:21.43 by Reuben Kosgei (KEN) in 2000

## Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	20.6h 10.4h	10:00.4h 9:33.6h	Percy Hodge Ville Ritola	GBR FIN	Antwerp Paris	1920 1924
Min	0.15	8:10.34	Brimin Kipruto	KEN	Beijing	2008

## Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	8:03.28	Conseslus Kipruto	KEN	Rio de Janeiro	2016
	8:05.51	Julius Kariuki	KEN	Seoul	1988
2	8:04.28	Evan Jager	USA	Rio de Janeiro	2016
	8:06.11	Brimin Kipruto	KEN	Athinai	2004
3	8:06.64	Paul K Koech	KEN	Athinai	2004

## Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
8:17.80	5h2	Mustafa Mohamed	KEN	Beijing	2008

## Fastest time in each round

Round	Time	Name	Nat	Venue	Year
Final	8:03.28	Conseslus Kipruto	KEN	Rio de Janeiro	2016
	8:05.51	Julius Kariuki	KEN	Seoul	1988
First round	8:15.11 (2 rounds case)	Brimin Kipruto	KEN	Athinai	2004

## Last eight Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Conseslus Kipruto	KEN	8:03.28	Evan Jager	USA	8:04.28	Mahiede Mekhissi	FRA	8:11.52
2012	Ezekiel Kemboi	KEN	8:18.56	Mahiedine Mekhissi-Benabbad	FRA	8:19.08	Abel Kiprop Mutai	KEN	8:19.73
2008	Brimin Kipruto	KEN	8:10.34	Mahiedine Mekhissi-Benabbad	FRA	8:10.49	Richard Mateelong	KEN	8:11.01
2004	Ezekiel Kemboi	KEN	8:05.81	Brimin Kipruto	KEN	8:06.11	Paul Kipsiele	KEN	8:06.64
2000	Reuben Kosgei	KEN	8:21.43	Wilson Boit Kipketer	KEN	8:21.77	Ali Ezzine	MAR	8:22.15
1996	Joseph Keter	KEN	8:07.12	Moses Kiptanui	KEN	8:08.33	A Lambruschini	ITA	8:11.28
1992	Matthew Birir	KEN	8:08.84	Patrick Sang	KEN	8:09.55	William Mutwol	KEN	8:10.74
1988	Julius Kariuki	KEN	8:05.51	Peter Koech	KEN	8:06.79	Mark Rowland	GBR	8:07.96

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5	5	8:06.11	Brimin Kipruto	KEN	2	Athinai	2004
6	6	8:06.64	Paul Kipsiele Koech	KEN	3	Athinai	2004
7	7	8:06.79	Peter Koech	KEN	2	Seoul	1988
8	8	8:07.12	Joseph Keter	KEN	1	Atlanta	1996
9	9	8:07.18	Obaid Musa Amer	QAT	4	Athinai	2004
10	10	8:07.96	Mark Rowland	GBR	3	Seoul	1988
11	11	8:08.02	Anders Gärderud	SWE	1	Montreal	1976
12	12	8:08.33	Moses Kiptanui	KEN	2	Atlanta	1996
13	13	8:08.84	Matthew Birir	KEN	1	Barcelona	1992
14	14	8:09.11	Bronislaw Malinowski	POL	2	Montreal	1976
15	15	8:09.55	Patrick Sang	KEN	2	Barcelona	1992
16		8:09.70	Bronislaw Malinowski		1	Moskva	1980
17		8:10.34	Brimin Kipruto		1	Beijing	2008
18	16	8:10.36	Frank Baumgarti	GDR	3	Montreal	1976
19	17	8:10.49	Mahiedine Mekhissi-Benabbad	FRA	2	Beijing	2008
20	18	8:10.74	William Mutwol	KEN	3	Barcelona	1992
21	19	8:11.01	Richard Matelong	KEN	3	Beijing	2008
22	20	8:11.28	Alessandro Lambruschini	ITA	3	Atlanta	1996
23		8:11.52	Mahiedine Mekhissi		3	Rio de Janeiro	2016
24	21	8:11.64	Luis Miguel Martin	ESP	5	Athinai	2004
25	22	8:11.80	Julius Korir	KEN	1	Los Angeles	1984
26		8:12.17	Alessandro Lambruschini		4	Seoul	1988
27	23	8:12.48	Filbert Bayi	TAN	2	Moskva	1980
28	24	8:12.60	Tapio Kantanen	FIN	4	Montreal	1976
29	25	8:13.25	Simon Vroemen	NED	6	Athinai	2004
30	26	8:13.31	Joseph Mahmoud	FRA	2	Los Angeles	1984
31	27	8:13.47	Yacob Jarso	ETH	4	Beijing	2008
32	28	8:13.57	Eshetu Tura	ETH	3	Moskva	1980
33	29	8:13.99	William Van Dijck	BEL	5	Seoul	1988
34	30	8:14.06	Brian Diemer	USA	3	Los Angeles	1984
35	31	8:14.25	Henry Marsh	USA	4	Los Angeles	1984
36	32	8:14.26	Bouabdallah Tahri	FRA	7	Athinai	2004
37	33	8:14.35	Soufiane El Bakkali	MAR	4	Rio de Janeiro	2016
38		8:14.39	Henry Marsh	USA	6	Seoul	1988
39		8:14.79	Bouabdallah Tahri		5	Beijing	2008
40		8:15.11	Brimin Kipruto		1h2	Athinai	2004

**Slowest winning time since 1976:** 8:21.43 by Reuben Kosgei (KEN) in 2000

#### Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	20.6h	10:00.4h	Percy Hodge	GBR	Antwerp	1920
	10.4h	9:33.6h	Ville Ritola	FIN	Paris	1924
	9.5h	9:21.7h	Toivo Loukola	FIN	Amsterdam	1928
	5.84	8:45.68	Horace Ashenfelter	USA	Helsinki	1952
Min	0.15	8:10.34	Brimin Kipruto	KEN	Beijing	2008

Only 3000m SC results are listed

### Difference between first and third

	Diff	Winning time	3 <sup>rd</sup> place time	Winner's Name	Nat	Venue	Year
Max	31.6h	10:00.4h	10:32.0h	Percy Hodge	GBR	Antwerp	1920
	13.9h	9:21.7h	9:35.6h	Toivo Loukola	FIN	Amsterdam	1928
	11.6h	9:33.6h	9:33.6h	Ville Ritola	FIN	Paris	1924
	8.24	8:03.28	8:11.52	Conseslus Kipruto	KEN	Rio de Janeiro	2016
	8.04	8:34.30	8:34.30	Zdzislaw Krzyszkowiak	POL	Roma	1960
Min	0.67	8:10.34	8:11.01	Brimin Kipruto	KEN	Beijing	2008

### Difference between third and fourth (medal versus no medal)

	Difference	3 <sup>rd</sup> place time	Name	Nat	Venue	Year
Max	10.2h	9:45.2h	Paul Bontemps	FRA	Paris	1924
	5.90	8:11.28	Alessandro Lambruschini	ITA	Atlanta	1996
Min	0.08	8:22.15	Ali Ezzine	MAR	Sydney	2000

### Fastest time in each round (3rounds in 1980, 1984, 1988, 1992, 1996)

Round	Time	Name	Nat	Venue	Year
Final	8:03.28	Conseslus Kipruto	KEN	Rio de Janeiro	2016
	8:05.51	Julius Kariuki	KEN	Seoul	1988
Semi-final	8:15.63	William Van Dijck	BEL	Seoul	1988
First round	8:15.11 (2 rounds case)	Brimin Kipruto	KEN	Athinai	2004
	8:19.45 (3 rounds case)	Julius Kariuki	KEN	Los Angeles	1984

### Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
8:17.80	5h2	Mustafa Mohamed	KEN	Beijing	2008

### Average of last nine Olympics

	Average	2016	2012	2008	2004	2000	1996	1992	1988	1984
Winning Time	8:10.30	8:03.28	8:18.56	8:10.34	8:05.81	8:21.43	8:07.12	8:08.84	8:05.51	8:11.80
Winning Medal	8:12.79	8:11.52	8:19.73	8:11.01	8:06.64	8:22.15	8:11.28	8:10.74	8:07.96	8:14.06
Missing medal (4 <sup>th</sup> )	8:15.15	8:14.35	8:20.00	8:13.47	8:07.18	8:22.23	8:17.18	8:15.52	8:12.17	8:14.25
8 <sup>th</sup> place	8:21.35	8:25.81	8:25.91	8:16.59	8:15.58	8:26.70	8:23.39	8:20.71	8:15.97	8:21.51
Slowest to make final	8:25.26	8:27.69	8:29.13	8:23.66	8:24.68	8:25.70	8:27.99	8:27.46	8:19.99	8:21.07

### Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	8:03.28	Conseslus Kipruto	KEN	Rio de Janeiro	2016
	8:05.51	Julius Kariuki	KEN	Seoul	1988
2	8:04.28	Evan Jager	USA	Rio de Janeiro	2016
	8:06.11	Brimin Kipruto	KEN	Athinai	2004
3	8:06.64	Paul K Koech	KEN	Athinai	2004
4	8:07.18	Obaid Musa Amer	QAT	Athinai	2004
5	8:11.64	Luis Miguel Martin	ESP	Athinai	2004
6	8:13.25	Simon Vroemen	NED	Athinai	2004
7	8:14.26	Bouabdallah Tahri	FRA	Athinai	2004

### Best Marks for Places – All Competitions

Pos	Time	Name	Nat	Venue	Day Month Year
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1	7:53.63 7:53.64	Saif Saeed Shaheen Brimin Kipruto	QAT KEN	Bruxelles Monaco	3 Sept 2004 22 July 2011
2	7:55.76 7:56.16	Ezekiel Kemboi Moses Kiptanui	KEN KEN	Monaco Köln	22 July 2011 24 Aug 1997
3	7:57.32 7:58.66	Paul Kipsiele Koech Stephen Cherono (Shaheen)	KEN KEN	Monaco Bruxelles	22 July 2011 24 Aug 2001
4	8:01.26 8:01.69	Paul Kipsiele Koech Kipkirui Misoi	KEN KEN	Berlin Bruxelles	18 Aug 2009 24 Aug 2001
5	8:05.23 8:05.72	Djilali Bedrani Abraham Kibiwot	FRA KEN	Doha Monaco	4 Oct 2019 12 July 2019
6	8:05.96 8:06.95	Richard Mateelong Benjamin Kigen	KEN KEN	Bruxelles Doha	3 Sept 2004 4 Oct 2019
7	8:08.22 8:08.52	Hillary Kipsang Yego Abraham Kibiwot	KEN KEN	Monaco Doha	22 July 2011 4 Oct 2019
8	8:09.33 8:09.50	Hillary Bor Takele Nigate	USA ETH	Doha Monaco	4 Oct 2019 12 July 2019

### Comparison of known 1000m splits/laps in the fastest Olympic 3000mSC

	1000	2000	3000
2016	2:41.64	5:25.82	8:04.28
2012	2:52.70	5:43.26	8:18.56
2008	2:46.97	5:33.84	8:10.34
2004	2:42.55	5:24.27	8:05.81
2000	2:55.85	5:43.91	8:21.43
1996	2:44.4	5:29.2	8:07.12
1992	2:44.9	5:31.9	8:08.84
1988	2:43.7	5:28.6	8:05.51
1984	2:47.4	5:32.6	8:11.80
1980	2:38.8	5:20.3	8:09.70
1976	2:43.6	5:29.1	8:08.02

#### Multiple Gold Medalists:

Volmari Iso-Hollo (FIN): 1932, 1936  
Ezekiel Kemboi (KEN): 2004, 2012

#### Multiple Medalists:

Ezekiel Kemboi (KEN): 2004 Gold, 2012 Gold,  
Mahiedine Mekhissi-Benabbad (FRA): 2008 Silver; 2012 Silver, 2016 Bronze  
Brimin Kipruto (KEN): 2004 Silver, 2008 Gold  
Bronislaw Malinowski (POL): 1976 Silver, 1980 Gold  
Volmari Iso-Hollo (FIN): 1932 Gold, 1936 Gold

#### Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
KEN	2012	Ezekiel Kemboi		Abel Kiprop Mutai
KEN	2008	Brimin Kipruto		Richard Matelong
KEN	2004	Ezekiel Kemboi	Brimin Kipruto	Paul Kipsiele Koech
KEN	2000	Reuben Kosgei	Wilson Boit Kipketer	

KEN	1996	Joseph Keter	Moses Kiptanui	
KEN	1992	Matthew Birir	Patrick Sang	William Mutwol
KEN	1988	Julius Kariuki	Peter Koech	
KEN	1972	Kip Keino	Ben Jipcho	
KEN	1968	Amos Biwott	Benjain Kogo	
URS	1960		Nikolay Sokolov	Semyon Rzhishchin
SWE	1948	Tore Sjöstrand	Erik Elmsäter	Göte Hagström
FIN	1936	Volmari Iso-Hollo	Kaarlo Tuominen	
FIN	1928	Toivo Loukola	Paavo Nurmi	Ove Andersen
FIN	1924	Ville Ritola	Elias Katz	

**Man & Woman from the same team winning the corresponding event:** None

**Individual Medals by Countries:** (from 1920)

Nation	Gold	Silver	Bronze
KEN	11	7	4
FIN	4	3	2
GBR	2	2	2
SWE	2	1	1
POL	2	1	
USA	1	2	3
BEL	1		
FRA		3	2
URS		2	2
HUN		1	
TAN		1	
ITA			2
GER			1
NOR			1
GDR			1
ETH			1
MAR			1

**World Champion with Olympic Gold medal**

Name	Nat	World Championships	Olympics
Conseslus Kipruto	KEN	2017, 2019	2016
Ezekiel Kemboi	KEN	2009, 2011, 2013, 2015	2004, 2012
Brimin Kipruto	KEN	2007	2008
Reuben Kosgei	KEN	2001	2000

**Olympic Champion who previously won World Junior gold medal**

Name	Nat	Olympics	World Junior Championships
Conseslus Kipruto	KEN	2016	2012
Reuben Kosgei	KEN	2000	1998
Matthew Birir	KEN	1992	1990

**Olympic medalist who previously won World Youth medal (at 2000mSC)**

Name	Nat	Olympics	Year	World Youth Championships	Year
Conseslus Kipruto	KEN	Gold	2016	Gold	2011
Brimin Kipruto	KEN	Gold	2008	Silver	2001

### Olympic Champion with European Championships gold medal

Name	Nat	Olympics	European Championships
Bronislaw Malinowski	POL	1980	1974, 1978
Gaston Roelants	BEL	1964	1962

### Olympic medalist with Asian Games medal: None

Asian never won an Olympic medal at 3000mSC

### Olympic champion with All Africa Games gold medal:

Name	Nat	Olympics	All African Games
Ezekiel Kemboi	KEN	2004, 2012	2003

### Olympic champion with African Championships gold medal:

Name	Nat	Olympics	African Championships
Conseslus Kipruto	KEN	2016	2018
Joseph Keter	KEN	1996	1993
Julius Kariuki	KEN	1988	1985

### Olympic medalist with Pan American Games medal:

Name	Nat	Olympics	Year	Pan American Games	Year
Brian Diemer	USA	Bronze	1984	Silver	1995

### Olympic Champion with Commonwealth Games Gold medal

Name	Nat	Olympics	Commonwealth Games
Conseslus Kipruto	KEN	2016	2018
Ezekiel Kemboi	KEN	2004, 2012	2006
Julius Kariuki	KEN	1988	1990
Julius Korir	KEN	1984	1982

### Last eight Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Conseslus Kipruto	KEN	8:03.28	Evan Jager	USA	8:04.28	Mahiede Mekhissi	FRA	8:11.52
2012	Ezekiel Kemboi	KEN	8:18.56	Mahiedine Mekhissi-Benabbad	FRA	8:19.08	Abel Kiprop Mutai	KEN	8:19.73
2008	Brimin Kipruto	KEN	8:10.34	Mahiedine Mekhissi-Benabbad	FRA	8:10.49	Richard Mateelong	KEN	8:11.01
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1996	Joseph Keter	KEN	8:07.12	Moses Kiptanui	KEN	8:08.33	A Lambruschini	ITA	8:11.28
1992	Matthew Birir	KEN	8:08.84	Patrick Sang	KEN	8:09.55	William Mutwol	KEN	8:10.74
1988	Julius Kariuki	KEN	8:05.51	Peter Koech	KEN	8:06.79	Mark Rowland	GBR	8:07.96

### Last ten World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Conseslus Kipruto	KEN	8:01.35	Lamecha Girma	ETH	8:01.36	Soufiane El Bakkali	MAR	8:03.76
2017	Conseslus Kipruto	KEN	8:14.12	Soufiane El Bakkali	MAR	8:14.49	Evan Jager	USA	8:15.53
2015	Ezekiel Kemboi	KEN	8:11.28	Conseslus Kipruto	KEN	8:12.38	Brimin Kipruto	KEN	8:12.54

2013	Ezekiel Kemboi	KEN	8:06.01	Conseslus Kipruto	KEN	8:06.37	Mahiedine Mekhissi	FRA	8:07.86
2011	Ezekiel Kemboi	KEN	8:14.85	Brimin Kipruto	KEN	8:16.05	M Mekhissi-Benabad	FRA	8:16.09
2009	Ezekiel Kemboi	KEN	8:00.43	Richard Mateelong	KEN	8:00.89	Bouabdellah Tahri	FRA	8:01.18
2007	Brimin Kipruto	KEN	8:13.82	Ezekiel Kemboi	KEN	8:16.94	Richard Mateelong	KEN	8:17.59
2005	Saif Saaeed Shaheen	QAT	8:13.31	Ezekiel Kemboi	KEN	8:14.95	Brimin Kipruto	KEN	8:15.30
2003	Saif Saaeed Shaheen	QAT	8:04.39	Ezekiel Kemboi	KEN	8:05.11	Eliseo Martin	ESP	8:09.09
2001	Reuben Kosgei	KEN	8:15.16	Ali Ezzine	MAR	8:16.21	Bernard Barmasai	KEN	8:16.59

### Last ten World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Takele Nigate	ETH	8:25.35	Leonard Kipkemoi Bett	KEN	8:25.39	Getnet Wale	ETH	8:26.16
2016	Amos Kirui	KEN	8:20.43	Yemane Haileselassie	ERI	8:22.67	Getnet Wale	ETH	8:22.83
2014	Barnabas Kipyego	KEN	8:25.5	Titus Kipruto Kibiego	KEN	8:26.15	Evans Rutto Chematot	BRN	8:32.61
2012	Conseslus Kipruto	KEN	8:06.10	Gilbert Kirui	KEN	8:19.94	Hicham Sigueni	MAR	8:30.14
2010	Jonathan Ndiku	KEN	8:23.48	Albert Kiptoo Yator	KEN	8:33.55	Jacob Araptany	UGA	8:37.02
2008	Jonathan Ndiku	KEN	8:17.28	Benjamin Kiplagat	UGA	8:19.24	Patrick Terer	KEN	8:25.14
2006	Willy Komen	KEN	8:14.0	Bisluke Kiplagat	KEN	8:18.11	Abdelghani Ait Bahmad	MAR	8:20.05
2004	Ronald Kipchumba	KEN	8:23.3	Moussa Omar Obaid	QAT	8:23.38	Moustafa Ahmed Shebto	QAT	8:26.04
2002	Mike Kipyego	KEN	8:29.5	David Kirwa	KEN	8:31.44	Aboubaker Kamal	QAT	8:33.67
2000	Raymond Yator	KEN	8:16.3	David Chemweno	KEN	8:31.95	Abdelatif Chemlal	MAR	8:43.57

### Last ten World Youth Championships (2000mSC):

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Leonard Kipkemoi	KEN	5:32.52	Cleophas Kandie	KEN	5:33.07	Alemu Kitessa	ETH	5:42.10
2015	Vincent Kipyegon	KEN	5:27.58	Wogene Sebisibe	ETH	5:29.41	Geofrey Rotich	KEN	5:30.16
2013	Meresa Kassaye	ETH	5:19.99	Nicholas Bett	KEN	5:20.92	Justus Kipkorir Lagat	KEN	5:30.00
2011	Conseslus Kipruto	KEN	5:28.65	Gilbert Kiplangat Kirui	KEN	5:30.49	Zacharia Kiprotich	UGA	5:37.98
2009	Hillary Kipsang Yego	KEN	5:25.33	Peter Kibet Lagat	KEN	5:26.59	Desta Alemu	ETH	5:29.66
2007	Legese Lamiso	ETH	5:30.81	Silas Kitum	KEN	5:32.88	Abdellah Dacha	MAR	5:34.49
2005	Abel Mutai	KEN	5:24.69	Bisluke Kiplagat	KEN	5:24.87	Abdelghani Ait Bahmad	MAR	5:26.52
2003	Ronald Kipchumba	KEN	5:30.27	Justus Kiprono	KEN	5:31.24	Chris Winter	CAN	5:44.23
2001	David Kirwa	KEN	5:33.40	Brimin Kipruto	KEN	5:36.81	Abraham Kebeto	ETH	5:37.76
1999	Cheruiyot Cheronon	KEN	5:31.89	Luleseged Wale	ETH	5:32.61	Philip Simbolei	KEN	5:41.77

### Last seven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	M Mekhissi-Benabbad	FRA	8:31.66	Fernando Carro	ESP	8:34.16	Yohanes Chiappinelli	ITA	8:35.81
2016	M Mekhissi-Benabbad	FRA	8:25.63	Aras Kaya	TUR	8:29.91	Yoann Kowal	FRA	8:30.79
2014	Yoann Kowal	FRA	8:26.66	Krystian Zalewski	POL	8:27.11	Angel Mullera	ESP	8:29.16
2012	M Mekhissi-Banabbad	FRA	8:33.23	Tarik Akdag	TUR	8:35.24	Victor Garcia	ESP	8:35.87
2010	M Mekhissi-Benabbad	FRA	8:07.87	Bob Tahri	FRA	8:09.28	Ion Luchianov	MDA	8:19.64
2006	Jukka Keski-salo	FIN	8:24.89	Jose Luis Blanco	ESP	8:26.22	Bob Tahri	FRA	8:27.15
2002	Antonio Jimenez	ESP	8:24.34	Simon Vroemen	NED	8:24.45	Luis Miguel Martin	ESP	8:24.72

### Last five Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Hossein Keyhani	IRI	8:22.79	Yasser Salem	QAT	8:28.21	Kazuya Shiojiri	JPN	8:29.42
2014	Ali Abubaker Kamal	QAT	8:28.72	Tareq Mubarak	BR	8:39.62	Naveen Kumar	IND	8:40.39
2010	Tareq Mubarak Taher	BRN	8:25.89	Kamal Ali Thamer	QAT	8:26.27	Ali Ahmad Al-Amri	KSA	8:30.96
2006	Tareq Mubarak Taher	BRN	8:26.85	Jamal Bilal Salem	QAT	8:29.10	Lin Xiangqian	CHN	8:30.49
2002	Khamis Seif Abdullah	QAT	8:30.52	Yoshitaka Iwamizu Ali Abu Bakr Kamal	JPN QAT	8:31.75			

**Last ten Asian Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	John Koech	BRN	8:25.87	Avinash Sable	IND	8:30.19	Kazuya Shiojiri	JPN	8:32.25
2017	Hossein Keyhani	IRI	8:43.82	Yaser Salem M	QAT	8:46.16	Ali Ahmad S	KSA	8:52.64
2015	John Koech	BRN	8:27.03	Hashem Abbas	QAT	8:36.02	Evans Chematot	BR	8:42.76
2013	Tarek Mubarak Taher	BRN	8:34.77	Dejene Regassa	BRN	8:37.40	Tsuyoshi Takeda	JPN	8:48.48
2011	Ali Abubaker Kamel	QAT	8:30.23	Artem Kossinov	KAZ	8:35.11	Tareq Mubarek Taher	BRN	8:45.47
2009	Tareq Mubarek Taher	BRN	8:33.58	Lin Xiangqian	CHN	8:34.13	Ali Abubaker Kamel	QAT	8:34.73
2007	Ali Ahmad Ali-Amri	KSA	8:40.25	Kamal Ali Thamer	QAT	8:40.49	Moustafa Ahmed Shebto	QAT	8:47.99
2005	Moussa Omar Obaid	QAT	8:33.62	Mustafa Ahmed Shebto	QAT	8:40.86	Wu Wen Chien	TPE	8:42.96
2003	Khamis Seif Abdullah	QAT	8:51.60	Wu Wen-Chien	TPE	8:55.38	Yasunori Uchitomi	JPN	8:56.31
2002	Khamis Seif Abdullah	QAT	8:16.0	Saad Shadad Al-Asmari	KSA	8:16.7	Ali Abu Bakr Kamal	QAT	8:37.4

**Last five All Africa Games:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Benjamin Kigen	KEN	8:12.39	Getnet Wale	ETH	8:14.06	Soufiane El Bakkali	MA	8:19.45
2015	Clement Kemboi	KEN	8:20.31	Hillary Kemboi	KEN	8:22.96	Hailemariam Amare	ETH	8:24.19
2011	Getahun Shiferaw	ETH	8:17.36	Roba Gari	ETH	8:18.41	Sisah Koreme Mojo	ETH	8:20.72
2007	Willy Komen	KEN	8:15.11	Ezekiel Kemboi	KEN	8:16.93	Nahom Mesfin Tariku	ETH	8:17.21
2003	Ezekiel Kemboi	KEN	8:12.27	Paul Kipsiele Koech	KEN	8:14.77	Tewodros Shiferaw	ETH	8:27.33

**Last nine African Championships:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Conseslus Kipruto	KEN	8:26.38	Soufiane El Bakkali	MAR	8:28.01	Getnet Wale	ETH	8:30.87
2016	Chala Beyo	ETH	8:21.02	Nurgi Tolosa	ETH	8:22.79	Abraham Kibiwot	KEN	8:24.19
2014	Jairus Birech	KEN	8:34.79	Jonathan Ndiku	KEN	8:37.67	Ezekiel Kemboi	KEN	8:39.30
2012	Abel Mutai	KEN	8:16.05	Wilson Maraba	KEN	8:16.96	Benjamin Kiplagat	UGA	8:18.73
2010	Richard Matelong	KEN	8:23.54	Ezekiel Kemboi	KEN	8:26.13	Roba Gari	ETH	8:27.15
2008	Richard Matelong	KEN	8:31.68	Michael Kipyego	KEN	8:32.94	Willy Komen	KEN	8:41.98
2006	Paul Kipsiele Koech	KEN	8:11.03	Abdelkader Hachlaf	MAR	8:33.52	Ruben Ramolefi	RSA	8:39.67
2004	David Chemweno	KEN	8:17.31	Richard Matelong	KEN	8:26.34	Abdelatif Chemlal	MAR	8:31.01
2002	Brahim Boulami	MAR	8:19.51	Wilson Boit Kipketer	KEN	8:20.92	Stephen Cherono	KEN	8:23.85

**Last five Pan American Games:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2019	Altobelli da Silva	BRA	8:30.73	Carlos San Martin	COL	8:32.24	Mario Bazan	PER	8:32.34
2015	Matt Hughes	CA	8:32.18	Alexandre Genest	CAN	8:33.83	Cory Leslie	USA	8:36.83
2011	Jose Gregorio	VEN	8:48.19	Hudson de Souza	BRA	8:48.75	Jose Sanchez	CU	8:49.75
2007	Josh McAdams	USA	8:30.49	Michael Spence	USA	8:32.11	Jose Alberto Sanchez	CU	8:36.07
2003	Nestor Nieves	VEN	8:34.26	Joel Bourgeois	CAN	8:36.78	Anthony Famiglietti	USA	8:40.22

**Last five Commonwealth Games:**

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2018	Consesius Kipruto	KEN	8:10.08	Abraham Kibiwott	KEN	8:10.62	Amos Kirui	KEN	8:12.24
2014	Jonathan Ndiku	KEN	8:10.44	Jairus Birech	KEN	8:12.68	Ezekiel Kemboi	KEN	8:19.73
2010	Richard Mateelong	KEN	8:16.39	Ezekiel Kemboi	KEN	8:18.47	Brimin Kipruto	KEN	8:19.65
2006	Ezekiel Kemboi	KEN	8:18.17	Wesley Kiprotich	KEN	8:19.38	Reuben Kosgei	KEN	8:19.82
2002	Stephen Cherono	KEN	8:19.41	Ezekiel Kemboi	KEN	8:19.78	Abraham Cherono	KEN	8:19.85

**Fastest 3000mSC in Tokyo**

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	8:12.59	Moses Kiptanui	KEN	1	31 Aug 1991



2	2	8:13.44	Patrick Sang	KEN	2	31 Aug 1991
3	3	8:15.26	Jairus Birech	KEN	1	5 May 2013

### Fastest 3000mSC in July

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	7:53.64	Brimin Kipruto	KEN	1	Monaco	22 July 2011
2	2	7:55.76	Ezekiel Kemboi	KEN	2	Monaco	22 July 2011

### Fastest 3000mSC in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	7:55.28	Brahim Boulami	MAR	1	Bruxelles	24 Aug 2001
2	2	7:55.51	Saif Saeed Shaheen	QAT	1	Bruxelles	26 Aug 2005
3	3	7:55.72	Bernard Barmasai	KEN	1	Köln	24 Aug 1997
4	4	7:56.16	Moses Kiptanui	KEN	2	Köln	24 Aug 1997

### Combined 2020 & 2021 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	8:07.75	Lamecha Girma	ETH	1	Monaco	<b>9 July 2021</b>
2	2	8:07.81	Abraham Kibiwot	KEN	2	Monaco	<b>9 July 2021</b>
3	3	8:08.04	Soufiane El Bakkali	MAR	1	Monaco	14 Aug 2020
4		8:08.54	Soufiane El Bakkali		1	Firenze	<b>10 June 2021</b>
5	4	8:08.78	Leonard Bett	KEN	2	Monaco	14 Aug 2020
6	5	8:09.37	Takele Bikila Tadese	ETH	1	Hengelo	<b>8 June 2021</b>
7	6	8:09.47	Getnet Wale	ETH	1	Ostrava	<b>19 May 2021</b>
8		8:10.56	Takele Bikila Tadese		2	Firenze	<b>10 June 2021</b>
9	7	8:11.17	Djilali Bedrani	FRA	3	Monaco	<b>9 July 2021</b>
10	8	8:11.65	Mohammed Tindoufti	MAR	3	Firenze	<b>10 June 2021</b>
11	9	8:12.04	Ahmed Abdelwahed	ITA	4	Firenze	<b>10 June 2021</b>
12	10	8:12.11	Abraham Seme	ETH	2	Hengelo	<b>8 June 2021</b>
13	11	8:12.35	Chala Beyo	ETH	5	Firenze	<b>10 June 2021</b>
14	12	8:12.43	Mehdi Belhadj	FRA	4	Monaco	<b>9 July 2021</b>
15	13	8:13.43	Djilali Bedrani	FRA	3	Monaco	14 Aug 2020
16	14	8:13.45	Fernando Carro	ESP	4	Monaco	14 Aug 2020

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