

# 2021 NCAA Outdoor Time Schedule

The '21 NCAA Championships (Eugene, June 09–12) will once again be divided by sex, following the setup initiated in '15. Other than some dec/hept crossover, the meet will again be men on Wednesday & Friday, women on Thursday & Saturday.

## Wednesday Men

1:00..... Decathlon 100  
1:40..... Decathlon Long Jump  
**2:30..... Hammer F**  
2:55..... Decathlon Shot  
4:10..... Decathlon High Jump  
5:02..... 4 x 100 SF  
5:16..... 1500 SF  
**5:30..... Pole Vault F**  
5:32..... Steeple SF  
6:02..... 110 Hurdles SF  
**6:15..... Javelin F**  
6:16..... 100 SF  
**6:30..... Long Jump F**  
..... 400 SF  
6:44..... 800 SF  
7:00..... 400 Hurdles SF  
**7:10..... Shot F**  
7:14..... 200 SF  
7:26..... Decathlon 400  
**7:38..... 10,000 F**  
8:18..... 4 x 400 SF

## Thursday Men

09:30... Decathlon 110 Hurdles  
10:20..... Decathlon Discus  
11:30..... Decathlon Pole Vault  
2:00..... Decathlon Javelin  
**5:56..... Decathlon 1500**

## Friday Men

**4:30..... High Jump F**  
**4:35..... Discus F**  
**5:02..... 4 x 100 F**  
**5:11..... 1500 F**  
**5:20..... Triple Jump F**  
**5:24..... Steeple F**  
**5:42..... 110 Hurdles F**  
**5:52..... 100 F**  
**6:02..... 400 F**  
**6:14..... 800 F**  
**6:27..... 400 Hurdles F**  
**6:37..... 200 F**  
**6:55..... 5000 F**  
**7:21..... 4 x 400 F**

Prior to Eugene, the preliminaries (2 rounds of most running, qualifying in the field) will be held at the Regionals on May 27–29 (Jacksonville, Florida, for the East; College Station, Texas, for the West).

The Eugene timetable, with color-coded finals (blue = men; red = women):

## Thursday Women

**1:00..... Hammer F**  
3:32..... 4 x 100 SF  
3:46..... 1500 SF  
**4:00..... Pole Vault F**  
4:02..... Steeple SF  
4:32..... 100 Hurdles SF  
**4:45..... Javelin F**  
4:46..... 100 SF  
**5:00..... Long Jump F**  
..... 400 SF  
5:14..... 800 SF  
5:30..... 400 Hurdles SF  
**5:40..... Shot F**  
5:44..... 200 SF  
**6:08..... 10,000 F**  
6:48..... 4 x 400 SF

## Friday Women

12:00.. Heptathlon 100 Hurdles  
1:00..... Heptathlon High Jump  
3:00..... Heptathlon Shot  
6:43..... Heptathlon 200

## Saturday Women

11:00... Heptathlon Long Jump  
12:15..... Heptathlon Javelin  
**2:30..... High Jump F**  
**2:35..... Discus F**  
**3:02..... 4 x 100 F**  
**3:20..... Triple Jump F**  
**3:11..... 1500 F**  
**3:24..... Steeple F**  
**3:42..... 100 Hurdles F**  
**3:52..... 100 F**  
**4:02..... 400 F**  
**4:14..... 800 F**  
**4:27..... 400 Hurdles F**  
**4:37..... 200 F**  
**4:43..... Heptathlon 800**  
**4:55..... 5000 F**  
**5:21..... 4 x 400 F**

**as of June 04**

*(always subject to change)*