

2021 NCAA Outdoor Time Schedule

The '21 NCAA Championships (Eugene, June 09–12) will once again be divided by sex, following the setup initiated in '15. Other than some dec/hept crossover, the meet will again be men on Wednesday & Friday, women on Thursday & Saturday.

Prior to Eugene, the preliminaries (2 rounds of most running, qualifying in the field) will be held at the Regionals on May 27–29 (Jacksonville, Florida, for the East, College Station, Texas, for the West).

The Eugene timetable, with color-coded finals (blue = men; red = women):

Wednesday Men

1:00.....Decathlon 100
 1:40.....Decathlon Long Jump
2:30..... Hammer F
 2:55.....Decathlon Shot
 4:10.....Decathlon High Jump
 5:02.....4 x 100 SF
 5:16.....1500 SF
5:30..... Pole Vault F
 5:32.....Steeple SF
 6:02.....110 Hurdles SF
6:15..... Javelin F
 6:16.....100 SF
6:30..... Long Jump F
400 SF
 6:44.....800 SF
 7:00.....400 Hurdles SF
7:10..... Shot F
 7:14.....200 SF
 7:26.....Decathlon 400
7:38..... 10,000 F
 8:18.....4 x 400 SF

Thursday Men

09:30... Decathlon 110 Hurdles
 10:20.....Decathlon Discus
 11:30.....Decathlon Pole Vault
 2:00.....Decathlon Javelin
5:56.....Decathlon 1500

Friday Men

4:30.....High Jump F
4:35..... Discus F
5:02..... 4 x 100 F
5:11..... 1500 F
5:20..... Triple Jump F
5:24..... Steeple F
5:42..... 110 Hurdles F
5:52..... 100 F
6:02..... 400 F
6:14..... 800 F
6:27..... 400 Hurdles F
6:37..... 200 F
6:55..... 5000 F
7:21..... 4 x 400 F

Thursday Women

1:00..... Hammer F
 3:32.....4 x 100 SF
 3:46.....1500 SF
4:00..... Pole Vault F
 4:02.....Steeple SF
 4:32.....100 Hurdles SF
4:45..... Javelin F
 4:46.....100 SF
5:00..... Long Jump F
400 SF
 5:14.....800 SF
 5:30.....400 Hurdles SF
6:40..... Shot F
 5:44.....200 SF
6:08..... 10,000 F
 6:48.....4 x 400 SF

Friday Women

12:00...Heptathlon 100 Hurdles
 1:00.....Heptathlon High Jump
 3:00.....Heptathlon Shot
 6:43.....Heptathlon 200

Saturday Women

11:00... Heptathlon Long Jump
 12:15.....Heptathlon Javelin
2:30.....High Jump F
2:35..... Discus F
3:02..... 4 x 100 F
3:20..... Triple Jump F
3:11..... 1500 F
3:24..... Steeple F
3:42..... 100 Hurdles F
3:52..... 100 F
4:02..... 400 F
4:14..... 800 F
4:27..... 400 Hurdles F
4:37..... 200 F
4:43.....Heptathlon 800
4:55..... 5000 F
5:21..... 4 x 400 F

as of April 23

(always subject to change)