

# TRACK NEWSLETTER

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## 1962 Cross Country Preview

**OREGON STATE** -- Not many teams have ever been able to successfully defend their team titles at the NCAA cross country meet but it appears that Coach Sam Bell has the talent available in Corvallis to turn the trick. The Beavers took only five men to the NCAA meet last year and two of those are no longer around, Bill Boyd having graduated and Cliff Thomson having retired. The men returning are Dale Story, the individual winner, Rich Cuddihy, 12th in the meet, and Jerry Brady, who was 51st. Bell thinks Norm Hoffman, a fine all-around distance runner, can capably fill in for either Boyd or Thomson while the battle for the fifth spot will be among sophomore Iain Colpitts, senior John Simpson and junior Jan Underwood. Sophomore Morgan Groth, a fine cross country runner, is in school but he will sit out this fall because he attended junior college for only one year.

**VILLANOVA** -- Take two sub-9:00 two milers and add two of the finest sophomore distance running prospects in the country and you have a team which should give Oregon State and San Jose State a battle for national honors. The two sub-9:00 two milers are senior Pat Traynor and junior Vic Zwolak while the promising sophomores are Tom Sullivan and Dave Hyland. Marty Ferko is also a highly-regarded second year man and others who should help are senior Owen Maguire and juniors Al Adams and John Angevine. The Wildcats was third in the 1961 IC4A meet in the varsity race but in the frosh division the Wildkittens won easily as Sullivan, Hyland and Ferko ran 1-2-3.

**WESTERN MICHIGAN** -- The Broncos had a fair season in 1961 but things look much promising this season. Seniors Jerry Bashaw and Dick Greene, both 4:09.5 milers, will be the keystones for Coach George Dales but two sophomores who are expected to help greatly are Australian Bruce Burston, a 9:07.2 two miler, and Neil Browne, who has been running with Burston this fall. John Dockstader, a junior college transfer, and senior Richard Mach will battle for the number five spot.

**BALTIMORE OLYMPIC CLUB** -- Some of the clubs will not be as strong this season but that does not apply to Bill Jameson's BOC team. John Gutknecht, second in last year's AAU run, Buzz Sawyer, a 29:28.7 six miler, and Bob Vinton, sixth in the AAU three mile, lead the team with Frank Pflaging, Arnie Cummins and Larrie Sweet adding depth. The BOC was third in last year's AAU meet but should be able to improve this season.

**COLORADO** -- A predominately junior team will feature the Buffaloes bid for the Big Eight crown. A year ago, Colorado tied for second in the Big Eight meet but should improve with another year of experience. Junior Bob Griffith was eighth last year and junior Bruce Degan 11th. Other juniors expected to help are Tom Starr, Mike McCoy and Bill Sproat.

**STANFORD** -- Only Oregon State and San Jose State should rank ahead of the Indians on the West Coast. Stanford had good freshmen in 1961 and the addition of freshman Dave Deubner this fall makes the Indians quite strong. Deubner has been battling junior Harry McCalla for the team's number one position. Others who add strong depth are sophomores Weymouth Kirkland, John Beck, Paul Schlicke and Harlan Andrews and junior Bob Miltz. The Indians should be strong for several years to come.

**IDAHO** -- Once again veteran distance runners Paul Henden, a sophomore, and Dick Douglas, a junior, will lead the Vandals. Last year Idaho won the West Coast meet at Stanford and practically the same team is back. Bern O'Connell and Louie Oloso are also expected to help Coach Doug Basham.

**OHIO UNIVERSITY** -- Coach Stan Huntsman's Bobcats keep improving and this could be the year they crack into the big time. Early in the season Ohio U. walloped Michigan State, usually a pretty tough opponent. Ray Fleming has been the top runner with juniors Bill Heller and Darnell Mitchell, the half miler, battling it out for the second position on the team. Bob Breyer and Mike Hirsch fill out the first five.

## Canada's Commonwealth Games Team

By Lloyd Swindells

(The British Empire and Commonwealth Games open next month and Canada will send one of its strongest teams in many years. The author, one of the leading Canadian track authorities, previews the team.)

The year 1962 has been an exciting one for Canada and for the first time in many years track and field has finally come to the fore. It is hoped in Canada that this year's British Empire and Commonwealth Games team can reach the stature of pre-World War II teams and emulate the success of the 1938 B.E. Games team at Sydney, Australia. In that meet, Canada won eight gold medals, six silver and six bronze in track.

The complete Canadian team will leave Vancouver, British Columbia, under the direction of Major J.W. Davies of Montreal, president of the AAU of Canada and president of the Canadian British Empire and Commonwealth Games Assn. The 17 athlete (14 men, 3 women) track and field team will be managed by Ken Twigg of Toronto, the national track and field chairman. Fred Foot of the East York Track Club near Toronto is the coach. Foot was the 1956 Olympic coach as well. Since then he has become one of the world's leading middle and long distance coaches.

The team will be spearheaded by 22-year-old Harry Jerome of North Vancouver and the University of Oregon. Although he shares world records at 100 yards and 100 meters, Jerome is considered potentially as great in the 220 as in the 100. His strong finish in the last 40 yards of the NCAA 220 showed his great strength and the ability to develop at this distance. His two 20.7's on Friday at Eugene and a 20.8 winning time on Saturday indicated that he is probably the best in the world at this distance, especially after beating Paul Drayton in the final.

Fortunately for Canada another great young star who is rapidly developing is Bruce Kidd of the East York T.C. and the University of Toronto. This 19-year-old distance star is a major threat in either the three or the six miles and his times of 13:17.0 and 28:09.4 are magnificent for his age. However, he will have to meet two greats in Bruce Tulloh of England and Murray Halberg of New Zealand. Earlier this season, Kidd beat Halberg at 5,000 meters in the Compton meet but lost to the New Zealander and Max Truex at the AAU meet. Kidd also lost to Tulloh over three miles in London. Foot also could run Kidd in the mile (4:01.4) or even the marathon. The final decision will be made by Foot at Perth.

Bill Crothers, 21, East York T.C. and a pharmacy student at the University of Toronto, was the sensation of the indoor season. However, he was hampered by a muscle injury outdoors and didn't reproduce his indoor form. But in August Crothers started to come around and in the Canadian Championships ran a very strong 880 to beat Don Bertoia and Sig Ohlemann in 1:49.0. In 1961 he ran a 46.2 440 but this year won the championship in 47.9.

Bertoia, 22, Rossland, B.C. and Washington State University, is an athlete who has shown that a 2:00.2 high school graduate can become a top collegiate runner. Bertoia ran a 1:49.1 this year for third in the NCAA meet after a tremendous surge over the last 100 yards. Bertoia is built along the lines of Peter Snell and is a former Canadian junior cross country skiing champion. In fact, his unique style has developed because of a broken leg suffered while skiing competitively.

Lynn Eves of Victoria and Oregon State University has been running in the shadow of Jerome for four years and just edged his way on the team. This talented 20-year-old ran an early season 46.7 and a 21.0 in the 220. A severe leg injury in late spring retarded his performances in the summer. With a return to form he could be a threat in the 440 and 220. Eves also has run five 9.6s this year.

National mile champion Jim Irons, 24, of Toronto, has been near the top of Canadian milers since his teen-age days. At the Championships, his strong stretch drive cut down Vic Reeve and

(continued on page 44, column one)

## 8 Wins for Americans

SALISBURY, RHODESIA, Sept. 26 -- Touring American athletes won eight events in the first of a series of African meets. Dave Davis and Darrell Horn picked up four of the victories. Davis threw the shot 61'1½" (with countryman Jerry Winters second at 59'3½") and the discus at 152'. Horn took both horizontal jumps, broad jumping 24'6" and triple jumping 46'9".

Bob Poynter won the 100 yards in 9.6, narrowly beating Rhodesian Johann du Preez. However, du Preez easily took the 220 in 21.0. Jack Yerman took first in the 660 yards with a 1:19.3 and Glenn Winningham was the javelin winner at 231'5" despite a strained arm. Gene Johnson won the high jump at 6'7" and cleared 6'9" in an exhibition.

## Kantorek Outkicks Edelen

KOSICE, CZECHOSLOVAKIA, Oct. 7 -- Czechoslovakia's Pavel Kantorek outkicked American Buddy Edelen to win the 32nd International marathon with a 2:28:29.8 performance. Kantorek and Edelen were even entering the stadium but the former Minnesota star had to be content with a second place 2:28:31.4. Edelen was always near the front during the race and led for several miles at one stage. Claus Moser of East Germany was third in 2:30:15.8.

## Distance Runs Standout

MELBOURNE, AUSTRALIA, Oct. 21 -- Outstanding distance performances by Bob Vagg, Trevor Vincent and Albert Thomas were the feature at the Australian British Empire and Commonwealth Games trials.

On Thursday in excellent weather, Vagg and Vincent were the standouts. Vagg won the six miles in 28:01.8 with Ron Clarke second in 28:11.6, Tony Cook third in 28:16.8 and Geoff Warren fourth with 28:40. Vincent ran away from the field in the steeplechase to set a national record of 8:44.8. Two days later, an all-day rain and a cold wind hampered the athletes with the best performances being Albert Thomas' 4:11.2 in the mile, Ian Tomlinson's wind-aided 25'1¼" in the broad jump and Alf Mitchell's 241'3" in the javelin. The rain stopped today but a cold, stiff wind was present as Thomas reduced his Australian record to 13:21.6 in the three miles. Clarke was second in 13:31.4 and Cook once again third in 13:40.2. Vagg followed with a 13:44.8. Tomlinson became a double winner with a windy 52'6" in the triple jump and Tony Sneazwell took the high jump at 6'9". Oct. 20: 100, Lay 9.8. 440, Waters 48.1. Mile, Thomas 4:11.2; 2. Blue 4:12.1. 120HH, Prince 14.6. BJ, Tomlinson 25'1¼" w. SP, Selvey 55'3". JT, Mitchell 241'3"; 2. Birks 234'8". Oct. 21: 220t, Lay 21.8. 880, Blue 1:52.1. 440H, Prince 52.4; 2. Knoke 52.7. HJ, Sneazwell 6'9"; 2. Hobson 6'8"; 3. Porter 6'7"; 4. Peckham 6'7". TJ, Tomlinson 52'6" w; 2. Boase 51'11½" w; 3. Baguley 51'11½" w; 4. Rule 50'4½" w. PV, Filshie 14'. DT, Chinnery 165'4"; 2. Selvey 163'2". HT, Brown 192'5"; 2. Leffler 191'2".

## Lusis Scores 7763 Points

TASHKENT, RUSSIA -- Russia's Janis Lusis, the top javelin thrower in the world this year with a heave of 282'3½", set a personal decathlon best of 7,763 points at the Russian team championships. His previous personal best of 7,120 points set last year. The biggest factor in his score was a 265'10½" effort in the javelin, worth 1470 points. It was the best javelin mark ever made in decathlon competition. Lusis' other performances were: 11.2, 23'6¼", 48'8", 6'2¾", 51.8, 15.5, 123'3½", 11'9¾" and 4:50.4.

## Milde Throws 191'4"

LEIPZIG, GERMANY -- East Germany's Lothar Milde, third in the discus at the recent European Championships, raised the German discus record for the fourth time this season with a 191'4" effort. His old record of 189'6½" was set earlier in the month. He had a 177'8" best mark last year.

## Foreign News

IBERO-AMERICAN GAMES, Madrid, Spain, Oct. 7-12: 100m, Romero (Venezuela) 10.6w. 200, Romero 21.1. 400, Geunard (Puerto Rico) 47.3. 800, Esteban (Spain) 1:50.2. 1500, de Oliveira (Portugal) 3:52.7. 5000, Suarez (Argentina) 14:31.6. 10,000, Suarez 30:14.2. 110H, de Conceicao (Brazil) 14.7. 400H, Dyrzka (Argentina) 50.9; 2. Maldonado (Venezuela) 51.9. 3000SC, Amason (Argentina)

9:02.6. HJ, Flores (Guatemala) 6'6¼". BJ, Areta (Spain) 24'8". PV, Rolando Cruz (Puerto Rico) 14'9¼". TJ, Areta 49'9¼". 400R, Brazil 41.2.

ZITTAU, GERMANY, Oct. 6-7: 5000, Janke 14:11.2; 2. Buhl 14:11.6; 3. Hannemann 14:12.8. 3000SC, Buhl 8:51.8; 2. Doring 8:53.2. HJ, Beer 6'9½". BJ, Beer 24'6½". PV, Preussger 15'1¼". SP, Gratz 58'1¼". DT, Milde 189'6½". HT, Losch 212'7".

RADEBEUL, GERMANY, Oct. 7: HJ, Pfeil 6'9½". POTSDAM, GERMANY, Oct. 3: 5000, Janke 13:54.0; 2. Hannemann 14:06.4.

TURKU, FINLAND, Oct. 7: 800, Salonen 1:49.2. PV, Tomasek (Czech) 15'2¼". JT, Nevala 265'1". 3000SC, Virtanen 8:52.8.

LAHTI, FINLAND, Oct. 8: 800, Salonen 1:49.2. PV, Nystrom 15'1¼". 2. Tomasek (Czech) 15'1¼".

BRATISLAVA, CZECH., Sept. 20: SP, Skobla 60'4".

BERLIN, GERMANY: BJ, Beer 25'6¾". ALMA ATA, USSR: 3000m, Bolotnikov 8:09.2. HT, Maytis 212'4½".

TASHKENT, RUSSIA: 200, Ozolin 21.0. HJ, Bolshov 6'11½". TJ, Kreyer 53'7¼"; 2. Mikhailov 53'3"; 3. Alyabyev 53'2¼"; 4. Kravchenko 53'3¼"; 5. Zolotarev 53'¼"; 6. Zotov 52'10¾". SP, Varanauskas 58'11¼"; 2. Karasyov 58'11¼"; 3. Lipsnis 58'6¾". 200H, Anisimov 23.0; 2. A. Mikhailov 23.2.

LEIPZIG, GERMANY: PV, Laufer 15'4". DT, Milde 180'8". BUDAPEST, HUNGARY: HT, Zsivotzky 219'6".

KIEV, RUSSIA: 5000, Tyurine 14:08.4. HJ, Rulin 6'9½".

ALMA ATA, USSR: HT, Klim 217'. 110H, Balikhin 14.2.

TALLIN, RUSSIA: 5000, Naroditskiy 14:08.2; 2. Zakharov 14:09.2.

SIENA, ITALY: HJ, Czernik (Poland) 6'9½". SP, Varju (Hungary) 61'¾"; 2. Komar (Poland) 60'2"; 3. Skobla (Czech) 59'3". 5000, Boguszewicz (Poland) 14:07.6; 2. Cervan (Yugoslavia) 14:08.4.

RODEZ, FRANCE, Oct. 20: 1000m, Jazy 2:27.3.

ALBI, FRANCE, Oct. 21: 1500, Jazy 3:47.4.

WEST GERMANY 132, SOUTH AMERICA 79, Saarbrücken, Germany, Oct. 20: 100m, Gamper (G) 10.3; 2. Hebau (G) 10.4. 400H, Dyrzka (SA) 51.2; 2. Neumann (G) 51.5; 3. Janz (G) 52.5. 400R, West Germany 40.1; 2. South America 40.3. Oct. 21: 200, Romero (SA) 21.2. 400, Reske (G) 46.7.

MELBOURNE, AUSTRALIA, Oct. 18: PV, Filshie 14'8" (NR). BRIGHTON, ENGLAND, Oct. 20: SP, Lindsay 59'1¼"; 2. Lucking 58'11". DT, Hollingsworth 173'4"; 2. Lindsay 172'5". 2 Miles, Anderson 8:40.4; 2. Fowler 8:41.2; 3. Batty 8:42.2; 4. Bullivant 8:46.2. BJ, Davies 24'8".

## Oregon St. Wins Easily

CORVALLIS, OREGON, Oct. 19 -- Although competing without two of its top men, NCAA champion Oregon State still won its opening meet of the season quite handily. The Beavers scored 29 points followed by Lewis & Clark with 36, Portland U. with 80 and Portland State with 88. The individual winner was Oregon State's Norm Hoffman, who ran 20:30 for the 4.13 mile course. Teammate Rich Cuddihy was second in 20:37.5. However, the fastest time of the day was turned in by Oregon State's Morgan Groth, who ran 20:29.9 as an unattached entry. Dale Story, the Beavers' NCAA champion, missed the meet because of an injured foot and Jerry Brady was out of action because of muscle troubles.

## Western Michigan Impresses

NOTRE DAME, INDIANA, Oct. 19 -- Western Michigan showed that it's one of the leading cross country powers in the Midwest with an impressive victory at the Notre Dame Invitational.

The Broncos scored 51 points to whip a highly-regarded team from Ohio University. The Bobcats were second with 76 points. In the individual race, Tom O'Hara of Loyola in Chicago showed that he is to be reckoned with in the NCAA meet by covering the four-mile flat course in a record 19:20. The old course record of 19:32.5 was set by Notre Dame's Frank Carver last year. Also under the old course record was Leslie Hegedus of Central State in Ohio, who ran 19:22. Dick Greene led Western Michigan with a third place 19:38 and teammate Jerry Bashaw was only seven seconds behind. Carver dropped to fifth this year with a 19:47, one second ahead of Ohio U.'s Ray Fleming. 7. Heller (OHIO U) 19:52; 8. Clark (ND) 20:01; 9. Cornell (SI) 20:07; 10. Seymour (CS) 20:08. Team Scores: Western Michigan 51, Ohio U. 76, Central St. 85, Notre Dame 96, Loyola (Chicago) 133, Southern Illinois 152, Slippery Rock 162, Bowling Green 215, Ball State 222, Kentucky 238, Central Mich. 260.

## Cross Country Results

VANCOUVER O.C. 12, U. OF BRITISH COLUMBIA 27, Vancouver, Canada, Oct. 6: (6½ miles) 1. Hampton (V) 34:37; 2. Harrison (Optimist Striders) 35:02; 3. Cardall (V) 35:22; 4. Constable (U-BC) 35:30; 5. Davies (V) 35:52.

WESTERN MICH. 21, CENTRAL MICH. 55, CALVIN 58, Kalamazoo, Oct. 6: (4 miles) 1. tie, Bashaw (W) and Greene (W) 20:15.8; 3. Grebe (CM) 20:21; 4. Hemmes (Calvin) 20:25; 5. tie, Deckstader (WM) and Browne (WM) 20:36.

WESTERN MICHIGAN 16, AIR FORCE 43, Kalamazoo, Oct. 13: (4 miles) 1. tie, Bashaw (W) and Greene (W) 20:24; 3. Burston (W) 20:38; 4. Browne (W) 20:58; 5. Cardoza (AF) 21:12.

BROWN 29, YALE 34, CONNECTICUT 65, New Haven, Conn., Oct. 5: (5.1 miles) 1. Mack (Y) 27:13; 2. Farley (B) 27:20; 3. Boog (B) 27:51; 4. Jones (B) 28:21; 5. Sidney (Y) 28:29.

YALE 24, DARTMOUTH 49, COLUMBIA 63, New York City, Oct. 12: (5 miles) 1. Mack (Y) 28:12; 2. Wells (D) 28:19; 3. Sidney (Y) 29:46; 4. Eber (C) 29:59; 5. Stuessy (Y) 30:26.

DUKE 20, VIRGINIA 43, Charlottesville, Va., Oct. 12: (4 miles) 1. Caldwell (V) 19:57.6; 2. Blumfeldt (D) 20:32.5; 3. Van Dyck (D) 20:50; 4. Campbell (D) 21:02.5; 5. Waite (D) 21:02.5.

MANHATTAN 31, ARMY 45, ST. JOHN'S 46, West Point, N. Y., Oct. 12: (5 miles) 1. Lang (SJ) 27:03; 2. Buttler (A) 27:30; 3. Siggins (M) 27:32; 4. Chickadantz (A) 27:39; 5. Bowes (M) 27:47.

NOTRE DAME 22, INDIANA 35, Bloomington, Ind., Oct. 12: (4 miles) 1. tie, Carver (ND) and Clark (ND) 20:51; 3. Welch (ND) 21:06; 4. Fell (I) 21:18; 5. Shy (I) 21:41.

WISCONSIN 21, MICHIGAN STATE 34, East Lansing, Mich., Oct. 13: (4 miles) 1. Humbarger (M) 20:42.4; 2. Loker (W) 20:49; 3. Gard (W) 21:06; 4. Connors (W) 21:06.5; 5. Henrich (W) 21:09.

PENN STATE 17, CORNELL 46, Ithaca, N. Y., Oct. 13: (5 1/16 miles) 1. tie, Deardorff (PS) and Grant (PS) 27:53.8; 3. Lampman (PS) 28:02.5; 4. Sims (C) 28:07.1; 5. Bassett (PS) 28:13.9.

NAVY 15, PITTSBURGH 46, Annapolis, Md., Oct. 13: (5 miles) 1. Horton (N) 26:26.3; 2. Sermier (N) 26:26.3; 3. Detrick (N) 26:36; 4. Heine (N) 26:41; 5. Howard (N) 26:50.

IDAHO STATE 23, MONTANA STATE COLLEGE 32, Bozeman, Mont., Oct. 16: (3.2 miles) 1. Scott (I) 15:40.7; 2. Furnell (I) 15:48; 3. Patterson (M) 15:49; 4. Maher (I) 16:42; 5. Stark (M) 16:43.

MIAMI (FLA) 22, FLORIDA 33, Gainesville, Oct. 15: (4 miles) 1. Horn (M) 20:33 (CR); 2. Byron (M) 21:32; 3. Harrell (F) 21:51; 4. Payne (M) 22:08; 5. Goodyear (F) 22:35.

IDAHO STATE 19, UTAH 36, Pocatello, Idaho, Oct. 17: (3 miles) 1. Scott (I) 15:09.6; 2. Furnell (I); 3. Maher (I); 4. McClintock (U); 5. Luckey (I).

OHIO STATE 23, MIAMI (O) 35, Oxford, Ohio, Oct. 13: (4 miles) 1. Parks (O) 21:04.0; 2. Mills (M) 22:24; 3. Bell (M) 22:35; 4. Dambach (O) 22:41; 5. Huckaba (O) 23:12.

VANCOUVER O.C. 13, U. OF BRITISH COLUMBIA 20, Vancouver, Canada, Oct. 13: (5½ miles) 1. Hampton (V) 26:42; 2. Harrison (Optimist Striders) 26:55.2; 3. Horne (UBC) 27:15; 4. Constable (UBC) 27:25; 5. Davies (V) 27:35.

OHIO U. 16, WEST VIRGINIA 45, Morgantown, W. Va., Oct. 13: (4.2 miles) 1. Fleming (O) 20:40; 2. Heller (O) 21:15; 3. Mitchell (O) 21:22; 4. Hirsch (O) 21:28; 5. Meador (WV) 21:32.

KANSAS 20, U. OF CHICAGO T.C. 38, Lawrence, Kansas, Oct. 13: (3 miles) 1. Cabrera (K) 15:22.1; 2. Harris (C) 15:35.5; 3. Acevedo (K) 15:41.5; 4. Hadley (K) 15:56.0; 5. Hayward (K) 15:56.5.

IDAHO 17, WASHINGTON ST. 20, WHITWORTH 49, Moscow, Idaho, Oct. 13: (2.1 miles) 1. Henden (I) 10:29; 2. Valiant (WS) 10:38; 3. Westman (WS) 10:44; 4. Douglas (I) 10:46; 5. O'Connell (I) 10:47.

BRITISH COLUMBIA CHAMPS, Vancouver, Canada, Oct. 20: (6½ miles) 1. Hampton (VOC) 31:26; 2. Harrison (Optimist Striders) 31:44; 3. Ruustad (Seattle OC) 32:16; 4. Ellis (SOC) 32:52; 5. Eblen (SOC) 32:58. Team Scores: Vancouver OC 25, Seattle OC 32, U. of British Columbia 54.

FLORIDA 27, GEORGIA TECH 28, Gainesville, Fla., Oct. 22: (4.35 miles) 1. Evans (G) 23:25; 2. Goodyear (F) 23:26; 3. Harrell (F) 23:44; 4. Cardwell (G) 24:46; 5. Watkins (G) 24:55.

HOUSTON 25, TEXAS 47, HOUSTON T.C. 48, Houston, Texas, Oct. 20: (3 miles) 1. Macy (HTC) 13:50.8; 2. tie, Elliott (H) and Walker (H) 14:33; 4. Lawrence (HTC) 14:50; 5. Robinson (H) 14:52.

TEXAS A&M 19, SOUTHERN METHODIST 38, College Station, Texas, Oct. 20: (3 miles) 1. Bilgutay (T) 14:23; 2. Ener (T) 14:25; 3. Campbell (T) 14:59; 4. Bolton (SMU) 15:25.

SAN JOSE STATE 19, STANFORD 40, Stanford, Calif., Oct. 19: (4.2 miles) 1. Murphy (SJS) 20:09.2 (CR, old record, 20:15.8); 2. Fishback (SJS) 20:19.7; 3. McCalla (Stan) 20:33.6; 4. Azevedo (SJS) 20:37.6; 5. Davis (SJS) 20:43.3.

MINNESOTA 17, IOWA STATE 40, Ames, Iowa, Oct. 19: (3 miles) 1. Meyers (M) 15:40; 2. Peterson (M) 15:47; 3. Day (M) 16:02.5; 4. Teghtmeyer (IS) 16:09; 5. McCoffery (M) 16:37.

OHIO STATE 27, INDIANA 31, Columbus, Ohio, Oct. 20: 1. Parks (O) 19:59.2; 2. Campbell (I) 20:51.2; 3. Hibler (I) 21:10; 4. Shy (I) 21:25; 5. Dambach (O) 21:40.

KANSAS 24, DRAKE 32, Des Moines, Iowa, Oct. 20: (3 miles) 1. Cabrera (K) 15:18.2; 2. Riepe (D) 15:27; 3. Kragie (D) 15:29; 4. Acevedo (K) 15:30; 5. Hadley (K) 15:40.

WISCONSIN 15, PLATTEVILLE ST. 48, Platteville, Wisc., Sept. 29: (4 miles) 1. Loker (W) 20:49.1; 2. Connors (W); 3. Henrich (W); 4. Reiten (W); 5. McGrath (W).

WISCONSIN 21, MINNESOTA 40, Madison, Wisc., Oct. 5: (4 miles) 1. Loker (W) 20:44.4; 2. Gard (W); 3. Meyers (M); 4. Peterson (M); 5. Manley (W).

IOWA 23, WISCONSIN 32, Madison, Wisc., Oct. 20: (4 miles) 1. Kramer (I) 20:19.4; 2. Fisher (I); 3. Gard (W); 4. Loker (W); 5. Trimble (I).

YALE 23, CORNELL 36, New Haven, Conn., Oct. 20: (4.45 miles) 1. Mack (Y) 23:36; 2. Byard (C) 23:57; 3. Sims (C) 23:57.5; 4. Sidney (Y) 24:26; 5. Allen (Y) 24:45.

TENNESSEE 20, ALABAMA 40, Knoxville, Tenn., Oct. 20: (4 miles) Soderberg 21:37.2 as an unattached entry. 1. Hart (T) 22:10; 2. Smith (A); 3. Scott (T); 4. Beall (T); 5. Hawkins (T).

NAVY 21, ST. JOHN'S 47, NEW YORK U. 76, New York City, Oct. 20: (5 miles) 1. Lang (S) 26:53; 2. Horton (N) 27:11; 3. Sermier (N) 27:11; 4. Detrick (N) 27:25; 5. Heine (N) 27:32.

SYRACUSE 28, ARMY 30, Syracuse, N. Y., Oct. 20: 1. Ferguson (S) 26:10; 2. Schuster (S) 26:17; 3. Guzman (S) 26:25; 4. Chickedantz (A) 26:40; 5. Butler (A) 26:55.

PENN STATE 25, MICHIGAN ST. 30, University Park, Pa., Oct. 20: (5 miles) 1. Deardorff (P) 25:37.2; 2. Humbarger (M) 25:48; 3. Larson (M) 25:52; 4. Grant (P) 25:56; 5. Lampman (P) 26:19.

STANFORD 29, UCLA 49, SOUTHERN CALIF. 49, Los Angeles, Oct. 27: 1. Marin (SC) 20:35; 2. Deubner (Stan) 20:50; 3. Bess (SC) 20:54; 4. Atzet (UCLA) 21:01; 5. McCalla (Stan) 21:06.

## Bulletin Board

Next Newsletters Nov. 14, Dec. 5. Track & Field News mailed Nov. 29.

## Profiles of Champions

**ROBERT KEITH "BOB" HUMPHREYS (USA)**, shot put, discus, 6', 230 pounds, born March 30, 1936, Los Angeles, Calif. Married, one son. Sales representative for an aircraft supply corporation.

Progression to date:

		Shot		Discus		
			(lb)			
1953	17	49'5½"	(12 lb)	15.07m	-- --	
1954	18	49'¼"	(16 lb)	14.94m	140'10"	42.93m
1955	19	49'3¼"		15.02m	143'9½"	43.83m
1956	20	50'6"		15.39m	157'5"	47.98m
1957	21	54'5¼"		16.59m	163'1"	49.71m
1958	22	57'11"		17.65m	166'11½"	50.89m
1959	23	58'6"		17.83m	174'7½"	53.23m
1960	24	58'8"		17.88m	187'4½"	57.11m
1961	25	58'½"		17.69m	190'1½"	57.95m
1962	26	57'5½"		17.51m	203'5"	62.00m

One of the top combination shot putters-discus throwers in the world, he started competing in his senior year at Jordan High School in Long Beach, Calif. He then attended Long Beach City College for two years and the University of Wichita for one year. He was fifth in the AAU shot put in 1958 and took seventh in the discus in 1959. He improved to fifth in the discus in 1960 and fourth in 1961. However, he dropped back to fifth this year. His 203'5" during the summer moved him to number two on the all-time discus list. His biggest thrill was being named to the USA team for the dual meet against Russia in 1961. His biggest disappointment was failing to make the 1960 Olympic team. He hopes to compete seriously until 1964 and his all-time goals are 60' in the shot and 210 to 215 feet in the discus. World Ranking: 1958, seventh in the shot; 1960, seventh in the discus; 1961, seventh in the discus.

### TRACK NEWSLETTER

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Hal Bateman, Managing Editor; Corder Nelson, Editor; Bert Nelson, Publisher.

## CANADIAN TEAM

(continued from page 41)

this gave him the trip to Australia. He won the race with an all-time best of 4:04.2 and claims he will under that time at Perth.

Thirty-year-old marathoner Gordon Dickson of Hamilton made a strong comeback this year after being laid up with a severe tendon injury. Dickson, a 1954 graduate of Drake University, ran 2:27:21 behind England's Fred Norris in the Canadian Championships but ahead of Johnny Kelley of the U.S. The selectors think that Dickson might return to his old 2:21 form.

George Shepherd of the East York T.C. is making a return to the Games after being a finalist in 1958. The national champion, he has a 1962 best of 52.2 and it is hoped that he will once again be a finalist.

Hylke Van der Wal of Hamilton and Kearney State in Nebraska won the NAI A steeplechase championship in 9:33.8 but improved to 9:12 in the Canadian Championships. His strong last lap impressed the selectors and it is expected that he will be much faster than his 9:12 at Perth.

Canada has some good field event entries and Dave Steen, 20, Burnaby, B.C. and Oregon, is one of the best shot putters in the Commonwealth with a 58'7" mark. Arthur Rowe's retirement left the event wide open and the Games could be Steen's springboard to international prominence. Steen threw near his best at the NCAA meet, taking fifth at 58'5½".

The pole vault is a weak event in the Commonwealth so three vaulters were selected for the trip. Veteran Alfred Groom, 25, of Prince Edward Island, won the championship with an all-time best of 14'3" and attempted 14'6" but was hampered by a sudden thunderstorm. He had to stop after one attempt. Bob Watson, 20, Vancouver and a transfer to Oregon, placed second with his best of 14' and was leading on misses until Groom made 14'3". The leading Canadian vaulter is 19-year-old Gerry Moro of Trail, B.C., and Oregon. He finished third in the championships and was hampered by hamstring trouble prior to the event. Moro leads the Commonwealth vaulters with a 14'9" effort and it is hoped all three will improve rapidly once they learn to handle the fiberglass pole effectively.

Emmett Smith, Weyburn, Sask., and Brigham Young University, a 24'8" broad jumper, was selected for the team but has withdrawn because of unforeseen scholastic requirements. His last minute replacement is 18-year-old Bob Fisher-Smith, an Ottawa high school boy. Fisher-Smith is the Canadian junior 100 and 200 champion and record holder. His best 100 yards is a 9.7 this year. However, 1960 was his big year. He ran 6.1 for the 60 indoors, a wind-aided 10.3 for 100 meters and a legal 10.5. Fisher-Smith was second in the Canadian Championships 100 and third to Jerome and Eves in the 220. His addition apparently was made to have a fourth man in the 440 relay. Others expected to run on the team are Jerome, Eves and Crothers.

There are three excellent choices among the women. Actually two of them are girls since they are only 15 years old. The oldest of the trio is 23-year-old Pat Dobie of Saskatoon in the javelin. A member of the Royal Canadian Air Force, she has a javelin best of 148'7".

The following two runners may be the girls who will star in the 1964 Olympics. Abbie Hoffman, 15, of Toronto, already has the best 880 mark by a North American with a 2:10.8. She also has speed and in September ran the 440 in 55.6. It is believed these are the best marks ever accomplished in the world at this age. Abbie was known as "Ab" when she starred in a strong "boys" hockey league at the age of 12. Her true identity was revealed when she was selected the league's outstanding player.

Yvonne Breeden, the other 15-year-old, comes from North Vancouver and has risen just as fast as Abbie. Last year she was the Canadian midget champion and was the senior champion this year. Her two best times of 10.7 and 10.8 are wind aided but she has run five 10.9s and has posted a 24.6 in the 220. Jerome has been supervising her training the past two months in an attempt to develop an explosive start.

High hopes ride with this team and a good showing at Perth could explode the nation's youth into an all-out effort to take its place among the world's track powers.

## So They Tell Us

**BRUTUS HAMILTON**, University of California coach: (The following is an excerpt from a letter to Track & Field News publisher Bert Nelson) "The 'World's Greatest High Jump Coach' will have a battle on his hands to keep his 'laurels' in 1963. I'll be without the services of Gene Johnson. Gene was not selected for the Scandinavian trip much to his regret. He was recommended but the host countries

requested (John) Thomas instead. Gene was selected for the trip to East Africa, Cyprus and Greece but since the voyage didn't start until Sept. 15 and was for six weeks duration necessitating a semester's absence from school, he was about to turn it down.

"However, I rather insisted that he go for several reasons: 1. He needs three semesters for his degree which he can complete by going in the spring of '63, fall '63 and spring of '64. 2. He could use the spring of '63, during which he would be ineligible due to the 24 unit rule, to jump unattached in some meets, to further build up his strength and to experiment more with the straddle. He has done 6'9" with it but is inconsistent and can't seem to get the tremendous lift from that form that he can from the western. 3. Gene is a very bright young man and the trip is to apart of the world in which he is much interested. I feel his observations and experiences would be more than worth one semester at school. 4. He would, in my opinion, have a much better chance to maximize his great potential in the Olympic year of 1964 by going through the regular collegiate season, pointing himself for the Final Olympic Trials. 5. Since this trip will combine competitive jumping with exhibitions and clinics Gene can be of great service. He is personable and well spoken, is an excellent one to demonstrate and instruct in the high jump, and will prove a wonderful ambassador for our country. I'm proud of him and want him to have this opportunity to expand his usefulness. 6. Financial -- He hasn't been able to work much this summer, what with waiting around to hear about trips etc. He can get a job upon his return in November and be fairly free of financial worries for the remainder of his undergraduate days. 7. (Bill) Carter, (Bill) French, (Roger) Olsen and any other jumpers we may have should develop better in '63 with the responsibility thrown directly on their shoulders.

"A similar situation prevails with George Linn. He has a chance to spend a semester studying music in Germany. It's a grand opportunity and will be of benefit to George's future career. He, too, needs three semesters for his degree and will probably be in school several years getting his Ph. D. So he'll take off and since the work he takes there probably can be negotiated into acceptable degree units, the 24 unit rule will make him ineligible in '63. But he, of course, will be eligible in '64."

## H. S. Composite Relay Ratings

By Hugh Gardner

The composite teams were drawn up by taking the four best athletes from each state. The times or distances in parenthesis are those recorded by the state when this list first appeared in 1958. If no time or distance is given in parenthesis then that state was not in the 1958 top three.

### 400 YARDS

<u>CALIFORNIA</u> (37.9)	37.8
(Jim Jackson 9.4, Forrest Beaty 9.4, Frank Wykoff 9.5, Bob Poynter 9.5)	
<u>TEXAS</u> (38.1)	38.0
(Wendell Davis 9.5, Hodges Broussard 9.5, Sid Garton 9.5, Charles White 9.5)	
<u>NEW JERSEY</u> (38.3)	38.2
(Al Phillips 9.5, Jerry Krumeich 9.5, Milt Campbell 9.6, Frank Budd 9.6)	
<u>OHIO</u>	38.2
(Jesse Owens 9.4, Paul Drayton 9.5, Nate Adams 9.6, Dennis Donahue 9.7)	

### 880 YARDS

<u>CALIFORNIA</u> (1:22.6)	1:21.8
(Forrest Beaty 20.2, Leamon King 20.5, Ralph Turner 20.5, Mel Clipper 20.6)	
<u>TEXAS</u> (1:23.1)	1:22.7
(Ray Wesley 20.6, Ted Nelson 20.6, Eddie Southern 20.7, Elmer Helbing 20.8)	
<u>NEW JERSEY</u>	1:23.1
(Milt Campbell 20.7, Bob Rodenkirchen 21.0mt*, Jerry Krumeich 20.8, Aubrey Lewis 20.9) Rodenkirchen's time converted to 20.7 for straightaway.	
<u>NEW YORK</u> (1:23.5)	1:23.5
(John Fernandez 20.7, Ed Greenidge 20.9, Henry Thresher 20.9, Dick Edmunds 21.0)	

### ONE MILE

<u>CALIFORNIA</u> (3:09.1)	3:06.9
(Ulis Williams 46.1, Jerry White 46.7, Dave Archibald 47.0, Ollie Matson 47.1)	
<u>TEXAS</u> (3:12.0)	3:08.6
(Ted Nelson 46.5, Eddie Southern 47.2, Charles White 47.3, Tommy Keene 47.6)	
<u>NEW YORK</u>	3:10.8
(Al Griet 47.5, John Quigley 47.6, Bill Boyle 47.8, Sam Dyke 47.9)	

(continued on page 45, column one)

COMPOSITE RELAYS

(continued from page 44)

<u>OHIO</u> (3:11.5)	3:11.5
(Dave Mills 46.6, Gene Cole 48.0, Herb Moxley 48.2, Bob Stroemple 48.7)	
<u>PENNSYLVANIA</u>	3:11.5
(Don Webster 46.5, Wanza Poole 47.9, Bob Raemore 48.5, John John Haines 48.6)	
<u>TWO MILES</u>	
<u>NEW YORK</u> (7:36.5)	7:26.5
(Tom Carroll 1:50.6, Marty Ferko 1:51.5, Ed Duchini 1:51.8, John Camien 1:52.6)	
<u>CALIFORNIA</u> (7:32.5)	7:28.2
(Ray Van Asten 1:51.9, Jan Underwood 1:52.0, Ralph Lee 1:52.1) Doug Parker 1:52.2)	
<u>TEXAS</u>	7:33.6
(Gene Westmoreland 1:52.8, Larry Rhodes 1:52.9, Chuck Frawley 1:53.9, Loy Gunter 1:54.0)	
<u>CONNECTICUT</u>	7:35.2
(Gene Tetreault 1:51.6, Gerald Neipp 1:53.8, Cecil Norde 1:54.1, Charles Durant 1:55.7)	

FOUR MILES

<u>CALIFORNIA</u> (17:20.7)	16:42.5
(Dennis Carr 4:08.7, Morgan Groth 4:10.0, Dale Story 4:11.0, Robin Ruble 4:12.8)	
<u>ILLINOIS</u>	16:53.3
(Tom Sullivan 4:03.5, Jim Bowers 4:16.1, Jim Weinert 4:16.2, Jim Murphy 4:17.5)	
<u>OREGON</u> (17:16.9)	16:56.7
(Dave Deubner 4:11.2, Dyrol Burleson 4:12.2, Harlan Andrews 4:16.0, Don Tonn 4:17.3)	
<u>TEXAS</u>	17:05.7
(Dick Romo 4:10.0, Dick Gallegos 4:17.4, John Cooper 4:17.9, Duncan Mason 4:20.4)	

SPRINT MEDLEY

<u>CALIFORNIA</u> (3:20.1)	3:18.7)
(Ulis Williams 46.1, Forrest Beaty 20.2, Leamon King 20.5, Ray Van Asten 1:51.9)	
<u>NEW YORK</u> (3:19.8)	3:19.7
(Al Grier 47.5, John Fernandez 20.7, Ed Greenidge 20.9, Tom Carroll 1:50.6)	
<u>TEXAS</u> (3:23.1)	3:20.6
(Ted Nelson 46.5, Ray Wesley 20.6, Eddie Southern 20.7, Gene Westmoreland 1:52.8)	
<u>ILLINOIS</u>	3:20.9
(Thom Walters 48.4, Bobby Grieve 20.9, Bob Packard 21.0, Tom Sullivan 1:50.6)	

480 HIGH HURDLES

<u>TEXAS</u> (56.3)	55.8
(John Roderick 13.9, Fred Brocker 13.9, Lee Miller 14.0, Henry Allen 14.0)	
<u>CALIFORNIA</u> (56.0)	55.9
(Bob Bonds 13.9, Hugh McElhenny 14.0, Tom Legler 14.0, Charley Piggee 14.0)	
<u>NEW JERSEY</u>	56.0
(Herm Johnson 13.9, Milt Campbell 14.0, Leon Pras 14.0, Bob Holup 14.1)	
<u>OREGON</u>	56.0
(Steve Pauly 13.8, Mel Renfro 13.8, Wally Larson 14.1, Marcial Hunter 14.3)	

720 LOW HURDLES

<u>CALIFORNIA</u> (1:14.6)	1:13.4
(Tom Hester 18.3, Ed Moody 18.3, Jesse Bradford 18.4, Bill Mackey 18.4)	
<u>TEXAS</u> (1:15.6)	1:14.5
(Pat Mitchell 18.4, John Roderick 18.6, Jesse Crawford 18.7, G.F. Alsbrook 18.8)	
<u>KANSAS</u> (1:15.5)	1:15.2
(Charlie Tidwell 18.5, Henry Wiebe 18.6, Bill Tillman 19.0, Ron Holm 19.1)	
<u>NEW JERSEY</u>	1:15.7
(Ken Weippert 18.7, Herm Johnson 18.9, Milt Campbell 19.0, Paul Denson 19.1)	
<u>OHIO</u>	1:15.7
(Jim Goings 18.8, Paul Warfield 18.9, Henry Weaver 18.9, Glenn Davis 19.1)	

HIGH JUMP

<u>CALIFORNIA</u> (26'11½")	27'2½"
(Charles Dumas 6'10¼", Dick Jones 6'9¾", Otis Burrell 6'9½", Paul Stuber 6'9")	
<u>TEXAS</u>	26'4½"
(Roy Hicks 6'10", Jackie Upton 6'7", Charles Lewis 6'5¾", Jerl Franklin 6'5¾")	

ARIZONA

	26'3½"
(Willie Carter 6'7½", Joe Batiste 6'6¾", John Jackson 6'6¾", Angris Alexander 6'6½")	

INDIANA (25'11½")

	26'2½"
(Leroy Johnson 6'7¾", Bob Welch 6'7", Gerry Williams 6'6", Tom Hutchinson 6'5¾")	

BROAD JUMP

<u>CALIFORNIA</u> (101'2¼")	101'2¼"
(Oscar Bean 25'4½", Monte Upshaw 25'4¼", Willie Davis 25'3", George Brown 25'2½")	

LOUISIANA (98'¾")

	98'¾"
(Don Troutman 24'11", Billy Brown 24'8¼", Butler Avery 24'6½", Bobbie West 23'11")	

OHIO

	97'5¾"
(Jesse Owens 24'11½", Bill Hairston 24'8¼", Judge Scruggs 23'11¾", Chester Thomas 23'10")	

TEXAS (96'7½")

	97'2½"
(Dudley Haas 24'6", Bert Coan 24'4", Tommy Minter 24'3¾", Les Schrimsher 24'1½")	

POLE VAULT

<u>CALIFORNIA</u> (56')	57'4½"
(Eric Berge 14'5¼", Mike Lindsay 14'4½", Mike Graves 14'3½", Bob Richardson 14'3¼")	

ARIZONA (56'2¾")

	57'4¼"
(Jim Brewer 15', Floyd Guerra 14'5", Jerry Armon 14'¾", George Davies 13'10½")	

WASHINGTON

	56'2½"
(Brian Sternberg 14'3¾", John Cramer 14'3", Dennis Peacocke 14'¾", Bruce Turnbull 13'7")	

TEXAS

	55'9¾"
(Warren Brattlof 14'5¼", Dave Jefferies 14'½", Lou Poland 13'8¼", Steve Guynes 13'7¾")	

SHOT PUT

<u>CALIFORNIA</u> (252'11")	258'10¾"
(Don Castle 65'7¾", Bill Pace 65'2¾", Clark Branson 64'¾", Mike Bianco 63'11½")	

NEW YORK (241'1¼")

	252'3½"
(Henry Korn 65'10½", Gary Gubner 65'7", Matt Nazaruk 60'5¾", Matt Schimmenti 60'4¼")	

TEXAS

	251'8¾"
(Randy Matson 64'7", Dick Inman 62'11", Bob Young 62'3", Toby Belt 61'11¾")	

ARIZONA

	251'¼"
(Dallas Long 69'3", Larry Hendershot 65'6", Andy Livingston 59', Young 58'3¼")	

DISCUS THROW

<u>TEXAS</u>	739'8"
(Carl Pellegrini 189'5½", Randy Matson 186'6", Dave Glover 182', Spencer Johnson 181'8½")	

CALIFORNIA (710'1½")

	738'8½"
(Bob Stoecker 195'4", Tyler Wilkins 183'8½", Don Schmidt 180'1", Alex Darnes 179'7")	

ARIZONA (703'2¾")

	733'8"
(Karl Johnstone 194'5", Bob Morris 181'2½", Dallas Long 179'6", Jon Cole 178'6½")	

OHIO (706'2¾")

	718'3"
(Bob Middleton 184'6", Ken Scarbrough 184'2", Bob Barrett 175'3", Doug Cotterman 174'4")	

JAVELIN THROW

<u>NEW JERSEY</u> (844'8½")	874'11½"
(Bill Norman 222', Dick May 220'3½", Ed Bennett 219'3", Wayne McDonnell 213'5")	

OREGON (855'7¼")

	871'1½"
(Glenn Winningham 225'6½", Bob Grove 217', Gary Stenlund 215'1", D.C. Mills 213'6")	

LOUISIANA

	855'9½"
(Delmar McNabb 217'9½", George Porter 216'1", Ed Red 214'4½", Buddy Hamic 207'6½")	

KANSAS

	854'6½"
(Pete Talbott 222'10", Jerry Smith 217'9½", Ken Barber 207'4", Louis Kreiser 206'7")	

The scoring: (5-3-2-1 basis)

California 59, Texas 34, New York 14, New Jersey 10½, Arizona 8, Oregon 6½, Ohio 5½, Louisiana 5, Illinois 4, Kansas 3, Washington 2, Connecticut and Indiana 1 each, Pennsylvania ½.

When Ghana's Mike Ahey broad jumped 26'9¾" at Kampala, Uganda, on Oct. 6, he also had a good series to go along with it: 26'9½", 26'9¼", 26'4½", 26'3½", foul, 26'5". Excluding his foul, this is an average of 26'6.45" on five leaps.



any NCAA cross country title because the meet was in the fall when he was in school. However, he did capture seven national barrier titles, a feat still unmatched.



*Leslie MacMitchell*

LES MacMITCHELL of New York University won three straight IC4A cross country titles from 1939 to 1941. He also was the NCAA mile champion in 1941 and won the National AAU 1500 meters crown the same season.



har- second. Others are: (l-to-r) JIM BALL, CHUCK COBB and J.D. MARTIN. Washington was timed in 14.0.



CHARLIE CLARK paces DALE STORY, JULIO MAREN and BILL BOYD in the 5,000 meters at the West Coast Relays. Story won in 14:03.5. (Murdock)

## An Interview with Bud Edelen

(Reprinted from World Athletics)

QUESTION: Did you ever train harder than you have this year?

EDELEN: "No. However, I have been training at about the same volume and intensity for the past eight months. I have attempted to increase the volume and the intensity gradually over the past five years."

QUESTION: Your coach, Fred Wilt, lives over 4,000 miles away. How does he continue to advise you?

EDELEN: "Fred writes to me at least twice a week, and sometimes as often as four times a week. He has mimeographed daily training diaries which include daily pulse check, diet, hours of sleep, wind, temperature, place of workout, fatigue index, etc. I fill this diary out each day and send them to him each week. He comments on them in red ink, then sends them back to me along with a letter of his general observation and criticism. I read these and then send them back to his home to be permanently filed."

QUESTION: To what extent has Fred Wilt's coaching contributed to your progress?

EDELEN: "I credit Fred with all my progress in the past four years. He has taken a very close personal interest in my training. Never have I met a man with so much enthusiasm, optimism and desire to help others. I feel there is practically nothing Fred would not do to help me get to the top in athletics. He arranged for me to live in Finland during the summer of 1959 and the summer and autumn of 1960 where I gained valuable running experience. Through his contact with Derek Cole (secretary of my club, Chelmsford A.C.) he helped to get me to England in November 1960."

QUESTION: Over what surface do you most like racing: track, road or country?

EDELEN: "Country. I like the road too, if the distance is sufficiently long. The same is true of the track."

QUESTION: What is your favorite racing distance?

EDELEN: "I'm not fussy. I'll have a go at any distance. However, with my lack of speed I think the longer the better (I rather like the 10 miles at the moment)."

QUESTION: When did you begin to feel that long distances might prove to be your forte?

EDELEN: "Seven years ago, my high school coach told me that when I went on to college I'd make a better two miler than a miler and half miler which I was at the time. In college, however, I seldom ran farther than two miles on the track, although I did very well in cross country races over four miles. At the end of my college career I was convinced that the longer the distance the better I ran."

QUESTION: When do you consider you will reach your peak?

EDELEN: "I suppose when I am about 32-34. I think this is a difficult thing to predict."

QUESTION: How many more years do you plan to race?

EDELEN: "I hate to think about it. At the moment, I'd like to continue to race as long as I am able to run."

QUESTION: Have you suffered any real disappointment or frustration in your track career?

EDELEN: "Yes. I failed to make the US Olympic team in 1960 despite the fact I set an American record for 10,000 meters a month before the trials. Also, I sometimes become a bit frustrated at not being able to run fast over the shorter distances on the track due to my lack of speed."

QUESTION: What is it about track that you like best?

EDELEN: "The satisfaction obtained from being fit, and from seeing myself improve as a long distance runner through hard training. I also like the trips abroad, and I enjoy meeting other athletes (female, as well as male)."

QUESTION: Is track just a pastime, or is it an integral part of your life?

EDELEN: "At the moment it is an integral part of my life. When one runs over 100 miles a week in training it ceases to be a pastime (at least for me)."

QUESTION: Have you any hobbies?

EDELEN: "With teaching and running I find I have very little time for other hobbies but I am trying to teach myself French."

QUESTION: To how great an extent has living in England helped your track career?

EDELEN: "I feel living in England has helped me very, very much. I am continually amazed at the fantastic depth that exists here in distance running. I've managed to make my biggest improvement in the past two years while living over here, and I am certain that the high standard of competition on the road, track and country has been responsible for this. It has also stimulated me to train harder than ever before throughout the year."

QUESTION: What are the advantages and/or disadvantages

of running in Great Britain compared with the U.S.?

EDELEN: "There are far more clubs in Britain. The depth of British distance running is greater. Most important, there is more opportunity for first class competition via the many, many meets and the short distance needed to travel to the meets. In the U.S. it very often becomes necessary to travel long distances to get good competition frequently. In the U.S. the athlete competes actively while in college but once he has finished his schooling there is a tendency to retire from track. Thus, if he is a long distance runner, he retires before he reaches his peak."

QUESTION: Is there more fun running in British club matches than American collegiate meets?

EDELEN: "I wouldn't say there is more fun. I feel there is far less pressure. You are able to relax more. In the U.S. collegiate meets, especially if you are at college on an athletic scholarship, there is a certain amount of pressure to maintain a certain standard of performance. However, collegiate meets are very colorful and the indoor meets particularly so."

QUESTION: How long do you plan to stay in England?

EDELEN: "I plan to stay here until January or February of 1964 when I will return to the U.S. in hopes of making the Olympic team in the marathon and 10,000 meters."

QUESTION: Do you suffer from pre-race nerves?

EDELEN: "Sometimes; it usually depends on the importance of the race."

QUESTION: Are times and records important to you, or are you happy to win no matter what the time?

EDELEN: "On the country I'm merely happy to win as times means nothing. But on the track times are quite important, especially in big races. I do get great satisfaction out of posting personal best times on the track, even if I do not win. I'm hoping to break several more American long distance records while over in England, and these are quite important to me."

QUESTION: Your unusual running action has caused much comment. What does Fred Wilt have to say about it?

EDELEN: "'Buddy, when they start awarding prizes for foot races to the man with the prettiest style, instead of who crosses the finish line first, then we will think about changing your style.'"

QUESTION: What advice would you offer the youngster who aspires to reach the top?

EDELEN: "Persevere. For most of us it is a long, hard road to the top. Expect certain disappointments. Keep daily checks on your progress and attempt to build yourself up slowly. If you hope to be a, long distance runner you must remember that you will improve with age. The body will adapt over a long period of time to a fantastic amount of hard training. When thinking about reaching the top think in terms of years, not months. Remember, you won't reach your peak, physiologically, until your late twenties or early thirties."

## U.S. All-Time 10,000 Meter List

28:50.2n	Max Truex (USAF)	Rome, Italy	9/ 8/60
29:46.8	John Gutknecht (Balt. OC)	Stuttgart, Ger.	7/19/61
29:54.0	Peter McArdle (New YorkAC)	Chicago, Ill.	7/ 1/62
29:58.9	Bud Edelen (SFOC)	Sunnyvale, Cal.	5/ 6/60
30:19.2	Lew Stieglitz (US Navy)	Walnut, Calif.	4/22/60
30:26.5n	Bob Soth (SC Striders)	Bakersfield, Cal.	6/24/60
30:27.8	Merle McGee (LATC)	Walnut, Cal.	4/27/62
30:30.4n	Mal Robertson (Striders)	Los Angeles	6/10/60
30:31.9	Joe Tyler (US Navy)	Los Angeles	6/ 7/56
30:33.4	Curt Stone (New York AC)	Long Beach, Cal.	6/20/52
30:34.3n	Gordon McKenzie (NYPC)	Melbourne	11/23/56
30:38.1n	Bill Peck (Occidental)	Walnut, Cal.	4/22/60
30:41.2n	Fred Wilt (New York AC)	Long Beach, Cal.	6/20/52
30:45.3n	Dyke Benjamin (NYAC)	Yonkers, NY	5/15/60
30:45.5n	Horace Ashenfelter (NYAC)	Long Beach, Cal.	6/20/52
30:46.8n	Danny Metcalf (Okla. St)	Lawrence, Kan.	4/19/62
30:47.0n	Alex Breckenridge (USMC)	Quantico, Va.	4/13/62
30:49.9n	John Macy (Houston)	Bakersfield, Cal.	6/24/60
30:54.6n	Eino Pentti (Millrose AA)	Helsinki, Fin.	9/17/38
30:56.3n	Jerry Smartt (Striders)	Walnut, Cal.	4/27/62
31:02.6n	Ned Sargent (LATC)	Walnut, Cal.	4/27/62
31:03.5n	Browning Ross (Penn AC)	Long Beach, Cal.	6/20/52
31:05.0n	Danny Murphy (SJS frosh)	Walnut, Cal.	4/27/62
31:06.3n	Dick Hart (Col. T&F)	Bakersfield, Cal.	6/22/56
31:06.9	Don Lash (Indiana)	Princeton, NJ	7/ 3/36

Last year 50 Americans cleared 14'4½" in the pole vault. This year 80 cleared the same height with 34 of those over 15 feet... when Dale Story of Oregon State won the 1961 NCAA individual cross country title it was only the sixth time that the individual winner and the team champion were from the same school.