

TRACK NEWSLETTER

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1962 Cross Country Preview

SAN JOSE STATE -- The Spartans pulled quite a surprise last season with their second-place finish in the NCAA meet and they should do just as well or better in 1962. Charlie Clark, sixth in the NCAA meet a year ago, is gone but sophomore Danny Murphy is a worthy replacement. Returning from the 1961 team are senior Jeff Fishback, fourth in the NCAA meet, senior Ron Davis, junior Ben Tucker, senior Horace Whitehead and senior Jose Azevedo. Another addition to the team is junior college transfer Gene Gurule, who may be able to break into the first five.

HOUSTON -- Coach Johnny Morriss accurately describes what will have to happen to the Cougars this season if they are to do as well as their third place in the NCAA last year and their first in the AAU meet. "Some sophomores will really have to come through," he said. The team's number one will be senior Barrie Almond, recently recovered from leg trouble. He was seventh in the NCAA meet last year. The top sophomore will be Australian Laurie Elliott, a 4:07.6 miler. Other top returners are junior Geoff Walker, 19th in the NCAA, and junior Greg Robinson. In non-collegiate competition the team becomes the Houston Track Club and probably will pick up some additional runners. Houston apparently is not going to defend its AAU crown. It lists the Federation meet on its schedule for Nov. 22 and not the AAU meet, which will be held the same day.

KANSAS -- The return of five lettermen makes the Jayhawks of Coach Bill Easton favorites to repeat as Central Collegiate and Big Eight champions. The number one man is expected to be senior Charles Hayward while other lettermen back are seniors Mike Fulghum and Ted Riesinger and juniors Tonnie Coane and George Cabrera. The top sophomore is Herald Hadley, who ran close to Cabrera and Hayward in a recent time trial.

MICHIGAN STATE -- It's hard to assess the strength of the 1962 Spartan team but Coach Fran Dittrich thinks the team should be just as strong or stronger than last year. Seven lettermen are back from a team that won the IC4A title, placed second in the Big Ten meet and ninth in the NCAA. The lettermen are seniors Roger Humbarger and Don Castle and juniors Pat Stevens, Bob Fulcher, Dick Gyde, Ron Berby and Al Duncan. The Spartans do not possess a top individual as in recent years but two sophomores, Jan Bowen and Mike Kaines, are highly regarded and may fill in the gap.

IOWA -- The lack of a good fifth man plagued the Big Ten champion Hawkeyes a season ago and Coach Francis Cretzmeyer will have exactly the same problem this season. Jim Tucker, last year's Big Ten champ, is gone and Ralph Trimble, Larry Kramer and Gary Fischer will have to carry the load. George Clarke is the top sophomore and some help is expected from 880 man Bill Frazier.

CORNELL -- The big news from Ithaca is that Steve Ma-chooka, last year's IC4A and Heptagonal champion, is ineligible. That leaves a big void in Coach Lou Montgomery's team and the squad will be hard pressed to repeat as Heptagonal champion. The top is Jim Byard, sixth in the Heptagonal run last year.

PENN STATE -- The Nittany Lions were a close second in the IC4A last year but lost several members of that team, chiefly Gerry Norman, who was second in the race. The Englishman had one year of eligibility left but accelerated in school and graduated a year early. The top man is expected to be captain Howie Deardorff although another Englishman, sophomore Colin Grant, looks promising. The new coach at Penn State is John Lucas, who recently took over from Chic Werner.

INDIANA -- Coach Jim Lavery has the makings of an excellent team but injuries may cut its effectiveness. Charles Umbarger, the number one man last year, is suffering from Achilles tendon trouble and another leading runner, Steve Hibler, is having metatarsal trouble. If these men can get healthy the Hoosiers could improve on their third-place Big Ten finish of a season ago. Other returning varsity men are Art Campbell, Gene Graham and Bob Fell, who is returning after a year layoff.

Brumel Leaps 7' 5 3-8"

MOSCOW, RUSSIA, Sept. 29 -- Valeriy Brumel added another centimeter to his world high jump record with a leap of 7'5³/₈" (2.27 meters), three-eighths of an inch above his previous world mark set in the USA-USSR meet. Brumel had trouble at 7'3¹/₂", needing three attempts to make it. He then had the bar set at 7'5³/₈" and went over on his first try.

231' 1-2" Hammer Toss by Zsivotzky

BUDAPEST, HUNGARY, Sept. 23 -- Gyula Zsivotzky, Hungary's newly-crowned European hammer champion, raised the European record for the third time this month with a tremendous heave of 231¹/₂", only 9¹/₂ inches short of Hal Connolly's recently established world record. The 25-year-old Zsivotzky claimed the European record in 1960 with a 228'1¹/₂" effort. He bettered this on the 9th of September with a 228'3¹/₂" and won the European title on Sept. 16 with another European record of 228'5¹/₂". Zsivotzky's series was 218'8¹/₂", foul, 218'3", 227'4¹/₂", 231'1¹/₂" and 222'6". Connolly and Zsivotzky are the only two hammer throwers to ever throw past the 230-foot mark. [T, Kulcsar 254'10"].

Vlad. Kuznyetsov throws 280' 11 1-2"

BAKU, RUSSIA -- Vladimir Kuznyetsov, a failure at the recent European Championships, came up with the best javelin throw in the world this year with a national record of 280'11¹/₂". Kuznyetsov, who threw only 228'11" in the European Championships and failed to make the final, thus broke his own national mark of 278'6¹/₂" set in 1958. This latest effort moved the 31-year-old veteran to fourth on the all-time list.

Sprinter Ove Jonsson Killed

ALVESTA, SWEDEN, Sept. 29 -- Sweden's Ove Jonsson, who only 13 days ago won the 200-meter title at the European Championships, was killed near here today in a head-on collision between two autos. Jonsson, who was traveling alone, did not become a star until last year when he was ranked 10th in the world in the 200. The 22-year-old sprinter had bests of 10.4 for 100 meters and 20.7 for the 200.

Boston, Dupree Win Again

DORTMUND, GERMANY, Sept. 18 -- Jim Dupree and Ralph Boston continued their successful tour of Europe with two more victories. Dupree won the 800 easily in 1:50.5 while Boston competed in only one event, the broad jump, and won easily at 25'10¹/₂". Sprinter Dave James lost twice, first taking second in the 100 meters and then placing third in the 200. 100m, Hebauf 10.6. 200, Schumann 21.4. 3000m, Norpeth 8:19.0.

Boston Does 14. 1, 25' 10 3-4"

HAMBURG, GERMANY, Sept. 20 -- Ralph Boston turned in his fastest high hurdles time of the season, 14.1, and broad jumped 25'10³/₄" to pick two of the three American victories at this international meet. Jim Dupree accounted for the other win, taking the 800 in 1:47.0. Chris Stauffer of Maryland also competed and took second in the 400 hurdles with a 52.3 while Dave James placed third in the 100 meters but only fifth in the 200. 100m, Schumann 10.4; 2. Gamper 10.4; 3. James (USA) 10.5. 200, Germar 21.0; 2. Schumann 21.0; 3. Hebauf 21.2. 800, 2. Kinder 1:48.0; 3. Balke 1:48.7; 4. Wengborski 1:48.9; 5. Nurnberg 1:49.5. 1500, Norpeth 3:41.2; 2. Eyerkauf 3:44.8; 3. Hintzen 3:44.2. 5000, Kubicki 14:03.0; 2. Fricke 14:03.4. 400H, Neumann 51.9. PV, Anko (Finland) 15'1¹/₄". [T, Salomon 255'2"].

France beats W. Germany

PARIS, FRANCE, Sept. 30 -- France beat Germany for the first time in 36 years, 113-98, with the help of Michel Jazy's two victories. The last time the French beat the Germans was in 1926 and were unsuccessful in 18 meets since then. France led West Germany, 55-50, after the first day and won seven of the 10 events on the second day to win easily. Jazy, European 1500 champion, won the 800 in a fast 1:47.3 on Saturday and today captured the 1500 in 3:45.3. Sept. 29: 100m, Delecour (F) 10.7; 2. Gamber (G) 10.7; 3. Piquemal (F) 10.8. 800, 2. Missalla (G) 1:47.9; 3. Lurot (F) 1:48.5; 4. Balke (G) 1:49.3. 400, Reske (G) 46.8. Triple J, Battista (F) 51'10 $\frac{3}{4}$ ". 5000, Bernard (F) 14:02.6; 2. Kubicki (G) 14:02.8; 3. Bogey (F) 14:02.8. HJ, Dugarreau (F) 6'9 $\frac{1}{2}$ ". 400R, France 39.9 (equals NR); 2. Germany 40.2. Sept. 30: 400H, Janz (G) 50.7; 2. Van Praagh (F) 51.4. 1500, 2. Bernard 3:45.7; 3. Norpoth (G) 3:46.3. DT, Alard (F) 181'6" (NR). 200, Delecour 21.2; 2. Germar (G) 21.2. BJ, Brachi (F) 25'3 $\frac{1}{4}$ ". 1600R, Germany 3:07.0; 2. France 3:09.8. 10,000, Bogey 29:30.8; 2. Flossbach (G) 29:33.0. PV, Houvion (F) 14'11 $\frac{1}{4}$ ". JT, Salomon (G) 252'10".

Foreign News

PERTH, AUSTRALIA, Sept. 15: Triple J, Tomlinson 51'10 $\frac{3}{4}$ ".
 BRISBANE, AUSTRALIA, Sept. 15: HJ, Porter 6'8".
 MELBOURNE, AUSTRALIA, Sept. 15: DT, Selvey 170'8".
 MELBOURNE, AUSTRALIA, Sept. 16: 100m, Williams 10.4 (ties NR). 5000, Vincent 14:10.9; 2. Clarke 14:11.6; 3. Cook 14:14.4. 120HH, Daws 14.4. HJ, Morrish 6'8".
 SYDNEY, AUSTRALIA, Sept. 16: 100, Vassela 9.5w; 2. Lay 9.5w; 3. Tipping 9.5w. 120HH, Prince 14.3w. HJ, Hobson 6'7".
 BRISBANE, AUSTRALIA, Sept. 16: HJ, Porter 6'10 $\frac{1}{4}$ ".
 MELBOURNE, AUSTRALIA, Sept. 22: 6 Miles, Cook 29:06.4. 400H, Devlin 52.7. SP, Selvey 56'11" (NR). DT, Selvey 173'4 $\frac{1}{2}$ ".
 ADELAIDE, AUSTRALIA, Sept. 22: PV, Pfitzner 14'6" (equals NR). JT, Birks 236'3".
 BRISBANE, AUSTRALIA, Sept. 23: 220t, Bigby 21.1. HJ, Porter 6'10".
 SYDNEY, AUSTRALIA, Sept. 23: 100, Lay 9.6. 220t, Lay 21.0. Mile, Thomas 4:08.4. 120HH, Prince 14.4. 440H, Prince 52.3. JT, Mitchell 240'9 $\frac{1}{2}$ ".
 AACHEN, GERMANY, Sept. 13: 800, Missalla 1:49.5.
 OIGNIES, FRANCE, Sept. 20: Mile, Bernard 4:00.3.
 BRATISLAVA, CZECH., Sept. 20: SP, Skobla 60'4". HT, Malek 211'2 $\frac{1}{2}$ ".
 STOCKHOLM, SWEDEN: HJ, Pettersson 6'8 $\frac{3}{4}$ ".
 BERLIN, GERMANY: 1000m, Matuschewski 2:25.6. 3000m, Herrmann 8:04.6. SP, Langer 58'2 $\frac{1}{2}$ ".
 NAIROBI, KENYA: 100y, Antao 9.3. 220t, Antao 20.1w.
 BERGAMO, ITALY, Sept. 22: 100m, Berruti 10.6; 2. Ottolina 10.7. 110H, Mazza 14.2; 2. Cornacchia 14.2. Sept. 23: 200, Ottolina 21.1. 400H, Morale 51.3. JT, Radman 254'3 $\frac{1}{2}$ ".
 ALMA-ATA, RUSSIA: 100m, Ryedko 10.2 (NR); 2. Kosanov 10.2.
 MAGDEBURG, GERMANY: SP, Langer 59'1 $\frac{3}{4}$ ".
 POZNAN, POLAND: DT, Piatkowski 193'5". 100m, Juskowiak 10.4. 200, Foik 21.0. HT, Rut 215'9".
 WARSAW, POLAND: 5000, Zimny 13:53.0. SP, Komar 58'6 $\frac{1}{2}$ ". Triple J, Schmidt 52'4 $\frac{1}{4}$ "; 2. Jaskolski 52'4".
 LUBLIN, POLAND: JT, Sidlo 254'11".
 BUCHAREST, ROMANIA: JT, Bizim 264'5". PV, Laufer (Germany) 15'1 $\frac{1}{4}$ "; Petrenko (USSR) 15'1 $\frac{1}{4}$ ". SP, Varju (Hungary) 61'1"; 2. Komar (Poland) 58'6 $\frac{3}{4}$ ". HT, Thun (Austria) 218'5"; 2. Matousek (Czech) 211'9 $\frac{1}{2}$ ". 110H, Chistyakov (USSR) 14.2. 400H, Kriunov (USSR) 51.8.
 BLACKBURN, ENGLAND: 2000m, Simpson 5:08.0 (NR).
 OBERHAUSEN, GERMANY, Sept. 21: DT, Reimers 187'10 $\frac{1}{2}$ ".
 BREMEN, GERMANY, Sept. 20: 100m, Schumann 10.2w; 2. James (USA) 10.3w; 3. Bender 10.4w. 200, Schumann 20.8; 2. Germar 20.9; 3. Bender 21.2; 4. James 21.5. 400, Reske 46.6. JT, Salomon 260'10 $\frac{1}{2}$ "; 2. Herings 258'9".
 MUNICH, GERMANY, Sept. 20: 110H, Boston (USA) 14.3. BJ, Boston 25'6".
 GREAT BRITAIN 111, FINLAND 103, London, Sept. 28: 440, Brightwell (GB) 46.8. 880, Harris (GB) 1:50.6. 6 Miles, Bullivant (GB) 28:06.6; 2. Hyman (GB) 28:10.0. 120HH, Taitt (GB) 14.2. 440R, GB 40.6. Special 2 Miles, Baran (Poland) 8:40.6; 2. Ibbotson (GB) 8:42.0; 3. Strong (GB) 8:43.2; 4. Krzyszkowiak (Poland) 8:45.2. Sept. 29: Mile, Salonen (F) 4:01.3; 2. Simpson (GB) 4:01.7. Special 3 Miles, Tullon (GB) 13:26.8; 2. Zimny (Poland) 13:28.4; 3. Boguszewicz

(Poland) 13:28.6; 4. Ibbotson 13:29.6. 440H, Rintamaki (F) 51.8; 2. Surety (GB) 51.9. 3000SC, Siren (F) 8:52.4; 2. Virtanen (F) 8:53.4. BJ, Stenius (F) 25'1 $\frac{1}{2}$ ". PV, Nikula (F) 15'. JT, Nevala (F) 253'3".
 BUDAPEST, HUNGARY: HT, Zsivotzky 223'11 $\frac{1}{2}$ ".
 BREMERHAVEN, GERMANY, Sept. 25: 800, Kinder 1:49.0; 2. Missalla 1:49.1. BJ, Boston (USA) 24'7 $\frac{1}{4}$ ". PV, Lehnertz 14'11 $\frac{1}{4}$ ".
 MAGDEBURG, GERMANY: SP, Langer 60'7 $\frac{1}{2}$ " (NR).
 MIELEC, POLAND: JT, Sidlo 253'9". DT, Begier 185'9 $\frac{1}{2}$ ".
 BUENOS AIRES, ARGENTINA, Sept. 1-2: 400, Dyrzka 47.8. 110H, Dyrzka 14.7. 400H, Dyrzka 51.9.
 DRESDEN, GERMANY, Sept. 28-30: 800, Matuschewski 1:48.5; 2. Meinelt 1:49.1; 3. Parsch (Hungary) 1:49.5. 10,000, Janke 29:38.6. 3000SC, Buhl 8:42.4; 2. Dorner 8:44.2; 3. Doring 8:45.8; 4. Heine 8:49.4; 5. Misersky 8:50.8. HJ, Duhrkop 6'8 $\frac{3}{4}$ "; 2. Pfeil 6'8 $\frac{3}{4}$ ". BJ, Beer 25'1 $\frac{1}{4}$ ". TJ, Hinze 52'5 $\frac{1}{4}$ ". PV, Preussger 15'1 $\frac{1}{4}$ ". SP, Gratz 58'8". DT, Milde 187'10 $\frac{1}{2}$ ". HT, Lotz 209'10".

National News

ALL-COMERS, Los Angeles, Sept. 7: HT, Frenn (Abilene Christian) 178'9". JT, Tucker (BYU) 232'7". PV, Morris (Striders) 15'6". DT, Mertes (BYU) 163'2".
 BAKERSFIELD, CALIF., Sept. 29: Mile, Beatty (LATC) 4:02.7; 2. Seaman (LATC) 4:08.2.

San Jose St. Wins Easily

LONG BEACH, CALIF., Sept. 29 -- Powerful San Jose State finished six of its men in the first eight to easily win the Long Beach State invitational cross country meet with 20 points. Sophomore Danny Murphy was the top man for the Spartans, setting a course record of 17:12.6. Teammate Jeff Fishback was second, running 17:29 for the 3.6 miles while a surprising third at 17:32 was Arizona sophomore Dick Singleton. Arizona finished a distant second in the team standings with 73 points while host Long Beach State and San Diego State tied for third with 86 points each. Occidental rounded out the first five with 140 points. 4. Davis (SJ) 17:37; 5. Lacy (LB) 17:44; 6. Tucker (SJ) 17:50; 7. Gurule (SJ) 17:52; 8. Azevedo (SJ) 17:56; 9. Portee (SDS) 17:59; 10. Hudson (Arizona) 18:07.

Houston Takes Triangular

HOUSTON, TEXAS, Sept. 29 -- Australian ace Barrie Almond was sidelined with Achilles trouble but Houston still had plenty of strength to beat Lamar Tech and Texas A&M in its season opener. The Cougars scored 23 points with Lamar Tech second at 47 and Texas A&M third at 55 in the two-mile race. Australians Laurie Elliott and Geoff Walker paced Houston by tying for first in 9:30.5. Greg Robinson, also of Houston, was third in 9:34 and Texas A&M's Ilhan Bilgutay took fourth with a 9:44. Lamar Tech's Barry Boecher and Ernest Osborne tied for fifth in 9:49.

Cross Country Results

ARMY 21, FAIRLEIGH-DICKINSON 46, LeMOYNE 73, West Point, N.Y., Sept. 21: (5 miles) Straub (A) 26:55; 2. Williams (FD) 27:02; 3. Mayer (A) 27:11; 4. Chickedantz (A) 27:23; 5. Lippemeier (A) 27:23.
 VANCOUVER OLYMPIC CLUB 15, U. of BRITISH COLUMBIA 63, Vancouver, Canada, Sept. 22: (3 $\frac{1}{4}$ miles) Hampton (VOC) 19:16; 2. Jones (una) 19:21; 3. Trethewey (VOC) 19:36; 4. Dziurzynski (una) 19:54; 5. Sweeney (VOC) 20:10.
 VANCOUVER O.C. 20, U.B.C. 38, Vancouver, Canada, Sept. 29: (3 $\frac{1}{4}$ miles) Hampton (V) 19:37; 2. Dziurzynski (una) 20:02; 3. Davies (V) 20:07; 4. Stephens (V) 20:14; 5. Burnett (V) 20:20.
 ARMY 19, PROVIDENCE 41, Providence, R.I., Sept. 29: (3.8 miles) Straub (A) 16:58; 2. Blejwas (P) 17:04; 3. Lippemeier (A) 17:17; 4. Mayer (A) 17:24; 5. Butler (A) 17:26.
 LEWIS & CLARK 27, SOUTHERN OREGON 30, Portland, Oregon, Sept. 29: (2.33 miles) Oylar (S) 12:23; 2. Miller (L) 12:32; 3. Arndt (S) 12:37; 4. Pavilionis (L) 12:41; 5. Ramberg (L) 12:42.

Bulletin Board

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1962 High School All-American

By Fran Errota
High School Editor, Track & Field News

(Reprinted from Scholastic Coach)

Six repeaters, six national record holders, and nine underclassman keystone Scholastic Coach's 12th annual four-deep All-American High School track team. Double-event selectees include sprinter Forrest Beaty and hurdler John Roderick.

This best ever (a superlative we use every year) dream team embraces 50 athletes from 16 states. Only schools able to place more than one man are Fremont of Los Angeles and Lincoln of San Diego in California.

The team:

100-YARD DASH -- Forrest Beaty (Hoover, Glendale, Calif.) 9.4; Doug Ealy (Xavier, New Orleans, La.) 9.5; Don Parkhurst (Lee, Baytown, Texas) 9.4w; Rick Stebbins (Fremont, Los Angeles) 9.5.

220-YARD DASH -- Beaty 20.4; Jerry Krumeich (Essex Catholic, Newark, N.J.) 20.8; Dave Mann (Lee, Jacksonville, Fla.) 20.6; Vernus Ragsdale (Lincoln, San Diego, Calif) 20.3w.

440-YARD DASH -- Jimmy Ellington (Jefferson, Dallas, Texas) 47.7; Bob Hanson (Wichita East, Wichita, Kansas) 47.1; Tommie Smith (Lemoore, Calif) 47.5; Charles White (Worthing, Houston, Texas) 47.3.

880-YARD RUN -- John Garrison (Hoover, San Diego, Calif) 1:52.7; Doug Parker (Chico, Calif) 1:52.2; Gene Tetreault (Public, Hartford, Conn) 1:51.6; Gene Westmoreland (Lamesa, Texas) 1:52.8.

ONE-MILE RUN -- Bruce Bess (La Habra, Calif) 4:13.4; Dennis Carr (Lowell, Whittier, Calif) 4:08.7; Dave Deubner (North Eugene, Oregon) 4:11.2; Richard Romo (Fox Tech, San Antonio, Texas) 4:10.0.

120-YARD HIGH HURDLES -- Fred Brocker (Austin, Texas) 13.7w; Tom Dakin (Whitefish Bay, Wisc.) 14.0; Herman Gary (Soldan, St. Louis, Mo.) 14.4; John Roderick (Highland Park, Dallas, Texas) 13.6w.

180-YARD LOW HURDLES -- Tom Hester (San Bernardino, Calif) 18.3; Ed Moody (McClymonds, Oakland, Calif) 18.3; Roderick 18.0w; Herb Stevens (Highlands, San Antonio, Texas) 18.5w.

HIGH JUMP -- Del Benjamin (LaSalle Academy, New York City) 6'7 $\frac{1}{4}$ "; Otis Burrell (Jefferson, Los Angeles) 6'9 $\frac{1}{2}$ "; Bob Channell (McLane, Fresno, Calif) 6'8 $\frac{1}{2}$ "; Richard Jones (Bakersfield, Calif) 6'9 $\frac{3}{4}$ ".

POLE VAULT -- Eric Berge (Costa Mesa, Calif) 14'5 $\frac{1}{4}$ "; Jim Farrell (Edison, Tulsa, Okla) 14'7 $\frac{1}{2}$ "; Mike Lindsay (Santa Ana, Calif) 14'4 $\frac{1}{2}$ "; Bob Richardson (Ganesha, Pomona, Calif) 14'3 $\frac{1}{4}$ ".

BROAD JUMP -- Tom Atkinson (Lyons, LaGrange, Ill) 24'1 $\frac{1}{4}$ "; Jim Kennedy (Lincoln, San Diego) 24'5 $\frac{3}{4}$ "; Bob McKeever (Fremont, Los Angeles) 24'7 $\frac{1}{2}$ "; John Yancy (Wilson, Long Beach, Calif) 24'3".

SHOT PUT -- Gene Crews (University City, Mo.) 64'1 $\frac{3}{4}$ "; Larry Hendershot (Washington, Glendale, Arizona) 65'6"; Randy Matson (Pampa, Texas) 64'7"; Andy Merutka (Palatine, Ill) 62'9 $\frac{3}{4}$ ".

DISCUS THROW -- Ron Pascarella (Southwest, Miami, Fla.) 184'7"; Al Pemberton (Ridgefield, Wash.) 184'9 $\frac{1}{2}$ "; Gary Schwartz (Wessington Springs, S.D.) 190'7 $\frac{1}{2}$ "; Bob Stoecker (Los Altos, Calif) 195'4".

JAVELIN THROW -- Robert Grove (Roosevelt, Portland, Oregon) 217'; Dick May (Haddon Heights, N.J.) 220'3 $\frac{1}{2}$ "; Delman McNabb (Lake Charles, La.) 217'9 $\frac{1}{2}$ "; Bill Norman (Orange, N.J.) 222'.

Beaty, California schoolboy flash who posted the fastest combination sprint clockings in prep history, headlines the team. Beaty is both a record breaker and a repeater. He posted clockings of 9.4, 20.4 and 47.3, and also anchored his school's 880 relay team to a 1:26.9 effort, fourth best in the country. The only race Beaty didn't win was the 220 state final, in which he pulled up lame while leading halfway through the race. He had already won the 100 in 9.5. During the season he had one legitimate 9.4, three 9.5s and three 9.6s, along with a 20.4, 20.6, two 20.8s and a 20.9.

California enjoyed the best season in its history, and leads the selection with 20 athletes. Texas, which also had its best season, follows with nine. New Jersey placed three and Louisiana, Florida, Oregon, Missouri and Illinois two each.

National record holders on the team besides Beaty are Moody and Hester, who both ran 18.3 for the 180 lows. Hester ran 18.9 or better on 21 of the 23 times he attempted the event and his 22.7 for third place in the National AAU finals is an all-time best by a prep for the 220 lows. Other record breakers on the team are Carr, Bob Stoecker and Richard Jones. Another record breaker made the team as a utility performer because his event isn't included in many high school programs. That would be Doug Brown, an amazing runner

from Red Lodge, Mont. His 9:16.2 is a high school two-mile record and he also has done 4:15.4. for the mile.

Beaty, Stoecker and Jones are repeaters from the 1961 squad as are May, McKeever and Bess. Giving the future a bright glow are eight juniors and a sophomore, Benjamin, who high jumped 6'7 $\frac{1}{4}$ ". Juniors joining Carr on the squad are javelin throwers Norman and McNabb, shot putter Matson, sprinter Parkhurst, broad jumper Kennedy, high jumper Channell and all-around ace Tommie Smith.

Although a great sprinter and broad jumper, Smith made the team as a quarter miler, which he tried for the first time the past season. In his first race he clocked 47.7 and had a best of 47.5. He broad jumped 24'2" and had sprint times of 9.5w and a legitimate 9.6 along with a 21.3 for the 220.

Berths also had to be found for two other all-purpose aces who sacrificed performance in pet events by competing in three plus a relay, for the good of their teams.

In this category are Herb Stevens and John Yancy. Stevens has been described as one of the all-time great prospects in Texas annals, while Yancy has been the object of many collegiate recruiters.

Stevens, an able sprinter, broad jumper, and hurdler, was placed on the squad as a low hurdler where his best clocking was a windy 18.5. He broad jumped 24'7 $\frac{1}{2}$ " when the wind was barely over the allowable limit. His best high hurdle clocking was 14.0. To emphasize his speed, he anchored the fastest 440 relay team in the nation (on the high school level), and also was fast and strong enough to run a lap on a mile relay team foursome which did 3:20.2. His 440 relay group did 41.6, a tenth of a second over the prep record.

Yancy's best event was the broad jump where he did 24'3". He also had a 19.0 clocking in the low hurdles, a 45'1 $\frac{1}{2}$ " in his only attempt in the triple jump and threw the javelin 212'5".

Consistency, triumphs in major meets, and the caliber of competition -- rather than a single outstanding mark -- were the yardsticks employed in selecting the team.

These factors constituted the decider in the selection of a fourth high hurdler, the most difficult spot to determine. The honor finally went to Gary. His 14.4 was surpassed by many hurdlers, but he was consistent at that time on inferior tracks. The clincher was his win in the Golden West Invitational, where he beat three boys who were being considered for the team. Gary clocked 14.5 against a strong wind, leaving in his wake two boys who had clocked 13.9 and another who had done 14.0 on more than one occasion.

Another whose competitive ability proved the important factor in his selection was Ellington. His best in a regular race was 47.7, but he was unbeaten in a state where one-lappers are more numerous than oil wells. He had at least two sub-47.0 clockings for relay legs, anchoring his team to a 3:16.1, second best in the nation.

Bess' 4:13.4 was bettered by five athletes, but he was a tactical runner to whom victory was more important than time. In three years of varsity competition, he lost only three races and never missed a meet or practice. He won the state title as a junior from a boy who later set a national mark, and last season he won his section of the mile run only to have Carr set his 4:08.7 mark in the second section of the race.

Bess and Carr were teammates at La Habra the previous two seasons before Carr transferred to a new school in the same district. Carr has never beaten Bess in a head-to-head mile duel. In addition to the mile, Bess clocked a 1:50.7 for the 880 in a relay and also did 49.5 for the 440 and 21.6 for the 220.

Many of this 12th annual team rank with the top performers of all time. Farrell was chief among these. His 14'7 $\frac{1}{2}$ " in the pole vault is second only to record holder Jim Brewer's 15'. Burrell, whose best was 6'9 $\frac{1}{2}$ ", also did 6'8 $\frac{3}{4}$ ", 6'8" twice, 6'7 $\frac{3}{4}$ ", 6'7 $\frac{1}{2}$ ", 6'7" and 6'6". McKeever also was consistent. He was over 24 feet in nine of his 12 meets. Roderick was one of the sensations of the Texas season, and was consistently under 14.0 and 19.0. His 18.0 in the state AAAA meet was windy but barely over the allowable limit. He had a legitimate 18.6 to his credit. He also had a windy 13.6 in the highs, with a best non-wind mark of 13.9.

Utility performers on the All-American are:

Clavie Brown (Monrovia, Calif) -- 9.6, 14.0, 18.5.

Doug Brown (Red Lodge, Mont.) -- 4:15.4, 9:16.2.

Dalton LeBlanc (Terrebone, Houma, La.) -- 9.7, 21.2, 14.4, 19.1.

Fred McKoy (Plainfield, N.J.) -- 14.3, 19.3, 6'5 $\frac{3}{4}$ ", broad jumps and runs on relay teams.

Andy Livingston (Mesa, Arizona) -- 9.7, 21.4t, 59', 23'3", runs on relay teams.

TRACK NEWSLETTER

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Wind Sprints

Athletes who celebrate their birthdays in October are: hurdler Ron Ablowich, 23 on the 16th; miler Jim Beatty, 28 on the 28th; European 400 champion Robbie Brightwell of Great Britain, 23 on the 27th; sprinter Ollan Cassell, 26 on the 5th; Polish sprinter Marian Foik, 29 on the 6th; pole vaulter Joe Harris, 24 on the 31st; former world javelin record holder Bud Held, 35 on the 25th; Jamaican middle distance runner George Kerr, 25 on the 16th; 880 man Jerry Siebert, 24 on the 6th; triple jumper Herman Stokes, 30 on the 16th; javelin thrower Larry Stuart, 25 on the 19th; sprinter Ted Woods, 22 on the 9th; hurdler John Bethea, 20 on the 14th; javelin thrower Krege Christensen, 20 on the 28th; 880 man Darnell Mitchell, 21 on the 7th; hurdler Duane Reidenbach, 21 on the 4th; discus thrower Dave Weill, 21 on the 25th; intermediate hurdler Ron Whitney, 20 on the 5th; 440 man Ullis Williams, 21 on the 24th; javelin thrower Dick Bocks, 26 on the 22nd; and Dennis Carr, national high school mile record holder, 17 on the 25th.

More include: miler Bill Cornell, 23 on the 30th; middle distance runner Kevin Hogan, 21 on the 8th; shot putter Billy Joe, 22 on the 14th; sprinter Bruce Munn, 22 on the 9th; distance runner Mal Robertson, 29 on the 16th; broad jumper Ken Tucker, 21 on the 8th; and sprinter Seraphino Antao of Kenya, 25 on the 30th... at the first time trial of the season for the Kansas cross country team junior George Cabrera won by covering the three miles in 14:48. Charles Hayward was second in 14:53.5 and sophomore Herald Hadley took third in 14:58.

Noted with Interest

Olympic shot put champion Bill Nieder thinks he is going to be reinstated as an amateur. So reports Sacramento, Calif., sports-writer Pat Frizzell. Here is what Frizzell wrote:

Did you ever hear of the Amateur Athletic Union's reinstating anybody, especially a track and field man, who had performed as a professional athlete?

"I'll be reinstated as an amateur this December," said Bill Nieder, former shot put world record holder. Nieder, with whom we talked at a political picnic, appeared as a professional heavyweight boxer only last year. He was knocked out early in one fight.

"The AAU always has had a reinstatement provision," explained Nieder, a huge Kansan who now resides in Los Angeles, employed by a firm which is trying to develop faster surfaces for tracks. "The rule says an athlete may be reinstated if he remains out of professional competition for three years. It seldom has been applied. But in my case they're not only reinstating me but are waiving half the three-year period."

So Nieder, now 28, is going after the shot mark again, and he's pointing for the 1964 Olympic Games in Tokyo.

"I've thrown 67 feet unofficially," Nieder reminded. "I think I'll be able to beat almost anyone around. I don't know how long Dallas Long plans to compete. Gary Gubner is going to take himself right out of the picture, I think, by doubling as a weight lifter. You need weight lifting in training, but not too much of it. It cuts down the quickness necessary for shot putting."

As for Parry O'Brien, first man to throw 60 feet and his number one rival when Nieder was active with the 16-pound ball, the personable Kansan said: "O'Brien's 30 now. I can beat him anyway. He's the guy who called me a cowpasture shot putter, and so I called him the Los Angeles dodger, when he refused to compete against me in a big meet at Santa Barbara. We carried on quite a duel, and no, it wasn't just for fun. We speak to each other now, but that's about all."

Nieder agrees with Long that the shot will be thrown 70 feet, but he doesn't promise to achieve that next barrier himself.

"Some younger boy somewhere will put it that far, for sure," Nieder said. "One problem is devoting full time to the event. This is necessary, and it's difficult to do after you finish college, for you have to go to work. I learned that you can be proficient in one sport and not have a chance in another. My boxing experience proved this. You must concentrate on your specialty. Some day, I hope, there'll be professional track. Then there'll be more incentive to continue serious training. Still, I feel I have incentive enough just in trying to regain my record."

Craig Dixon, one of the all-time great hurdlers, agreed thoroughly on the matter of pro track.

"With the large crowds they draw for more and more meets, especially indoors, somebody has to make a lot of money from track," Dixon said. "It must be the promoters of those meets. You'll see professional indoor track eventually, I'm sure. It's the right thing and the only thing, if we're to keep our best athletes in com-

petition after college."

Dixon expects phenomenal lowering of the world high hurdles record before long.

"In 1949," he said, "I predicted the 120 highs would be run in 13.4. Nobody would believe me. Now Lee Calhoun and Martin Lauer of Germany have run 13.2. I think the record will drop below 13.0 within three or four years. Somebody will run 12.9."

"There's more psychology involved in this than anything else. Training is important, especially weight lifting, which I call 'resistance exercise.' This is more valuable for hurdlers and sprinters, even, than for distance runners. Where the psychology comes in is the desire of hurdlers or other athletes to stay up with the best and compete. It's surprising how this brings out extra effort performances."

"Jerry Tarr of the University of Oregon is probably the best high hurdler today," offered Dixon, now in the electronics business in Los Angeles. "Tarr is a strength hurdler. But now he's out of the picture, for he signed with the Denver Broncos in pro football."

"This," Dixon emphasized, "is what I mean about the advisability of pro track. If he could have made money in track, Tarr probably wouldn't have played pro football -- or if he had he wouldn't have had to give up hurdling. You run for the love of it in track, yes, but that isn't always enough to keep a man going, especially when he can make money in some other sport."

Fortune Gordien, former world discus record holder, was another Sacramento visitor. He looked ready to throw 200 feet any day.

"I was throwing up until a year or so ago," Gordien said. "Just last year I hit 190 feet. Within the next 25 years the discus ought to be thrown 215 feet and within the next 50 it'll be thrown 250. And some day it will be thrown 300. Athletes are getting bigger and stronger. Look at the sizes of suits of armor worn by men in the middle ages, and you'll realize how much men are developing and growing."

Gordien, a native of Minnesota, is now track coach at San Marino High School, near Pasadena. "We tied for our conference championship this spring," the big platterman smiled, "but I don't have any promising young discus throwers on my squad. They don't even allow the discus, because it's considered dangerous."

U.S. All-Time 6-Mile List

28:26.0n	Bud Edelen (Chelm. AC)	London	7/13/62
28:34.8n	Peter McArdle (NYAC)	Walnut, Calif.	6/22/62
28:38.2n*	Max Truex (LATC)	Stanford, Calif.	7/21/62
28:39.8n	John Gutknecht (BOC)	Walnut, Calif.	6/22/62
29:04.0n	Ron Larrieu (CCAC)	Walnut, Calif.	6/22/62
29:05.2n	Ireland Sloan (Emp. St)	Walnut, Calif.	6/22/62
29:19.5*	Lew Stieglitz (US Navy)	Walnut, Calif.	4/22/60
29:19.5n	Alex Breckenridge (USMC)	Walnut, Calif.	6/22/62
29:25.4n	Ned Sargent (Los Ang. TC)	Walnut, Calif.	6/22/62
29:28.1	Gordon McKenzie (NYPC)	New York City	6/9/56
29:28.7n	Buzz Sawyer (BOC)	Walnut, Calif.	6/22/62
29:32.6	Merle McGee (LATC)	Walnut, Calif.	4/27/62
29:33.6	Dick Hart (Col. T&F)	Swarthmore, Pa.	10/1/55
29:35.3	Browning Ross (Penn AC)	Baltimore, Md.	6/8/57
29:45.2n	Jerry Smartt (Houston TC)	Bakersfield, Cal.	6/20/58
29:46.3n	Jim Keefe (C. Conn. St)	Walnut, Calif.	6/22/62
29:48.5n	Leslie Hegedus (Cen. St)	Walnut, Calif.	6/22/62
29:49.7n	Nick Kitt (Dayton AC)	New York City	6/24/61
29:51.2n	Mal Robertson (una)	Walnut, Calif.	6/22/62
29:55.0n	Charles Clark (SJS)	London	7/22/61
30:01.8n	Harold Harris (UCTC)	Walnut, Calif.	6/22/62
30:03.5n	John Kopil (New York AC)	Walnut, Calif.	6/22/62
30:04.2n	Bob Drake (CCAC)	Los Angeles	6/8/62
30:10.5n*	Danny Murphy (SJS frosh)	Walnut, Calif.	4/27/62
30:12.6	Earl Ellis (Seattle OC)	Everett, Wash.	6/9/62

*made in 10,000 meter race.

Oregon State's Dale Story will be trying to become the fifth man to win the NCAA university division cross country title two times in a row. Those who have already accomplished the feat are Bob Black in 1948-49, Fred Feiler in 1944-45, Herb Semper in 1950-51 and Al Lawrence in 1959-60. Feiler and Lawrence tried for three wins in a row but were unsuccessful... Michigan State has won eight of the 24 NCAA meets with Drake, Indiana and Penn State each taking three. No other school has won more than one. Drake's three came together, 1944-45-46, making it the only school to win three in a row (Kansas has won the most individual titles, four. They were Semper twice), Wes Santee and Al Frame.

Of Men, Mountains and Marathons

By Scott Hamilton, Jr.

(The author is an architect by profession and a marathon runner and mountain climber by avocation. A graduate of Cornell University and a former Oxford student, he recently returned from Europe, where he spent many months racing and working in France and Finland.)

What motivates a distance runner? What makes a mountain-climber tick? As one of both perhaps I can add some comments that may seem more "romantic" than "scientific" but those who try to explain usually lapse into some form of mysticism before the words can make sense.

At the outset, it is something personal, inexplicable, and if the feelings can be conveyed effectively, the receiver would have the "word" and automatically take part. There is something of a barrier in understanding between the thousands of spectators who stand in the shade eating ice cream cones and the runners plodding out their 26 miles in the Boston Marathon. There is the same profound gap in thinking between the tourists riding cable cars to the high station on Mont Blanc and the skilled alpinists fighting their way up a perilous route (though in the recent accidents a few suspended tourists began to comprehend more fully what it is all about).

Wilfred Noyce, a very literate member of the Everest Expedition, recently wrote a book for the layman, "Springs of Adventure," in which he tries to classify some of the motivations of climbers, explorers, and others with the psychic of adventure, offering a few suggestions other than Mallory's "because it is there" that one would do well to read first-hand. I would have preferred that he analyze the psychic of the average American spectator who likes to live vicariously without rising off his cushion. Both climbing and running require physical stamina and endurance, long term patience and discipline, a somewhat solitary or anti-social behavior, the mastery of a specific technique and rhythm, and a little bit of what the Finns call "sisu" and the Americans call "guts."

Perhaps Chris Brasher and John Disley of England are the best representatives of a rare species that finds a calling in both alpinism and distance running, though are better known for their Olympic steeplechasing. In climbing there is often a definite physical risk, often death itself, unless the chosen route is completed, whereas a road marathon has hazards of blisters, tendons, stitch in the side, heat and cold, fatigue or carbohydrate deficiency, more dangerous than dogs, automobiles, or pedestrians. Yet the motivation is much the same. Having established a tenuous relationship between mountains and marathons, we ask the next question.

What is it that leads a human being, amidst a comfort-laden society, to deny himself physical pleasures to undertake a difficult effort with no material gain? To many climbers Everest was for years an absolute, the impossible and unconquered, a glittering symbol every bit as challenging as the four-minute mile against which runners pitted themselves until one Roger Bannister at Oxford did the impossible. Why this "citus, altius, fortius" complex, whether against a time clock or against one's own fears of death? There are those who feel so strongly the basic nature of man that they refuse complete captivity in an artificial society of glass and steel boxes, time charts, organizations, and man-dimensions, and find a fulfillment in a non-material and idealistic challenge that shakes them out of material lethargy into something of altruism that would make the average monk stand in awe of his physical masochism. Antoine de St. Exupery, the pilot-writer of the mid-twenties, wrote of how he found meaning and purpose in the ruthless discipline of the early trans-Atlantic mail line. Didier Daurat, the "coach", forced his men to go beyond their normal limits of performance by welding them into a fraternity with a common purpose of seeing the mail through, despite death and disaster. It is a story of "per aspera ad astra" and when man on the ground stops reaching for the stars, he is no longer a man but a utility pod. To reach for the stars in easy, but to reach them requires knowledge, skill and discipline that sets him slightly apart from his fellow man.

The modern marathoner, though he prefers to camouflage the fact, is essentially the message-bearer intent of finishing his assignment. The climber, on the other hand, who is essentially the "pilgrim," has no historic social purpose other than to be the first man to a remote spot, pioneer or explorer, the one who "takes the knocks." Both seek withdrawal from society and communion with nature. Neither is primarily concerned with public opinion or applause (though it sometimes helps). Neither is principally concerned with the rewards which society bestows upon the more "productive" or "practical-minded" citizens. However, many a Himalayan climber writes a book or has a daring photograph appearing in a slick magazine, and

a runner is often anxious about the nature of the trophies offered by the sponsoring committee. Confidence, triumph of mind over body, carrying one's self to the fringes of exhaustion, develops character and inner strength that prepares one for the times of troubles and crises of life that lie ahead. These latent and unknown reserves are then discovered by the athlete. There is something very important about the struggle to get to the unobtainable.

Once you have made a coveted first ascent of a Himalayan peak, there is nothing to do but come back down to the valley and then start dreaming of other conquests. An athlete may set a world record, but he always strives against the impossible, even if to beat himself. "Have we conquered an enemy?", writes James Ramsey Ullman. The answer comes loud and clear like a profound truth, "none but ourselves." Have we found success? That word means nothing here.

It is unfortunate that every so often man has to stir up a war and march off to battle and get killed in order to understand his basic nature. Many an American looks back to his war experiences as a high point of his life, when he was tested against some yardstick never before applied. Perhaps it was a voluntary advance to possible death, whether by personal decision or group command. We may consider sport to be a form of William James' "moral equivalent of war," sought after currently by the government-sponsored Peace Corps. Here it is man, not the machine, that is important, and his toughness, not his softness and pliability, that is required. In war or its moral equivalent, more than any other way, man becomes "universal," for all his senses, abilities, and reserves are called upon and marshalled at one time.

From my own experiences in the Karakoram Himalaya on the ill-fated Oxford Expedition, I know the will to survive is very strong when put to the test. The personal valor of our leader, Major Tony Streater, is well explained in our book, "The Last Blue Mountain" (Doubleday, by Ralph Barker). He had been tested on expeditions with the Norwegians to Tirich Mir (1951), on K-2 with the Americans (1953) and made an ascent with the British on Kanchenjunga (1955). Of the survivors, Tony showed amazing reserves by being able to come through without adequate food, clothing, or supplies at 21-22,000 feet, having five days of exposure, three nights of climbing or bivouac in a crevasse, before reaching me at Camp Three, suffering only minor frostbite. On the other hand, two younger members of our team died, and one suffered serious injuries to hands and feet. How did the man keep going, despite partial snow-blindness and near exhaustion? Perhaps it is sheer animal will-to-live that is similar to win on a cinder track. The years of iron discipline and rehearsal enable one during a limited period of time to achieve a minor miracle. Such sustained performance is impossible, but there are heights to which each man is capable of rising. There is a difference between simply waiting for an emergency to happen and immunization through training so that you are equipped to handle it when and if it happens in life.

In England, the Outward Bound Trust takes young men out of factories and schools and subjects them to "artificial emergencies" involving climbing, kayak, or survival, and brings out leadership potential hitherto undiscovered, and conveying a sense of responsibility for one's fellow man rather than one's selfish interests. This is the exact opposite of a society that asks, "What's in it for me?" Hence, any personal and voluntary commitment towards an absolute like Everest or a shining vision like the Olympics, leads one not to material gain but to intellect, character, personality, and good-will with his fellow man. Perhaps any voluntary sports discipline will improve one of these four -- character. Perhaps "spirit" is a better term. The Himalayan climber cleanses his soul by association with "Goddess Mother of the Snows," and the marathoner purges himself of weakness by thousands of miles of road running and physical torment. Man, by the short span of his life and bodily deterioration, is doomed by death, but he finds many ways of fulfillment and of transcending oblivion, and this is his triumph.

The will to survive in some persons is very great, just as the will to win -- that psychological twist that makes the difference -- carries the athlete to victory. At times it appears to be a state of victory -- anticipation, making the difference, as though if you can give the jitters to your opponent instead of yourself, he will lose. An outside adviser, friend, coach, or even an inner voice that reassures you, can often give the needed confidence before a trial. There is the desperate need to reply on someone "who knows" the outcome, even if you don't. To some, the Christian faith in a crisis is precisely this. Think of the confidence Ceruty inspires with fanaticism, and the impact of his waving shirt on Herb Elliott indicating the time to "go for broke." This attitude is inseparable from daily living and is reflected in your work and daily relationships. How this is to come about I am not sure; it is not entirely the result

(continued on page 40, column one)

of some inspirational pabulum greedily gobbled up in hopes of imitating some popular champion.

What led frontiersmen to move west into the doubtful Indian lands of Kentucky or the prairie schooners to cross the plains through Apache country? True, they sought freedom but also adventure, and an opportunity for their children. The Mormon pioneers who pushed their carts 1,000 miles across the plains from Illinois to the Wasatch Mountains showed a commitment to a religious ideal. Belief, faith, commitment -- that is the secret. How does one come to believe? He just knows, sometimes intuitively, but he can be inspired to believe that something is possible and then go on and do it.

Who inspires? It might be anyone who holds up a goal, an objective, an ideal, as something worth striving for. Baron de Coubertin was such an idealist who held up the modern Olympic Games as a shining vision of human brotherhood, an international assembly of athletic manhood from the nations. He wrote, "In the Olympic Games, the important thing is not winning but taking part, the essential thing is not the triumph but the struggle. In life itself, the most important thing is not to have conquered but to have fought well."

In a day and age of "What's in it for me?" such ideals may sound like nonsense. After all, if one becomes an Olympic hero, one can cash in and become a movie star, marry a beautiful girl, or endorse a tooth-paste, whereas there are no material rewards for the "also-rans." This is not to say that the gold-grubbing prospector is not as capable of bringing civilization as the explorer or pioneer, but that when the gold runs out, his accidental by-products evaporate, whereas the explorer and pioneer continue on. Their satisfaction is in the opening up, of being on the fringe of society where no predecessor has gone.

Hermann Buhl, the Himalayan climber from Germany, startled the world by not only making a first ascent of the "impossible" Nanga Parbat, that had claimed the lives of dozens of German and Austrian climbers and brought many avalanche disasters to expeditions, but he climbed to the summit alone and returned safely -- an almost super-human feat. While flying into Gilgit, India, I saw the huge silhouetted mass of Nanga Parbat looming above, and could not believe the achievement of Buhl. He had chosen his goal early in life, had hardened, disciplined, and trained himself through years of experience in the Alps to achieve this fulfillment within a short period of time. Every nerve of his body, as related in "Lonely Challenge," was concentrated upon this exacting task. When he returned from his feat, utterly exhausted and frostbitten, there was no welcome in his camp by colleagues, almost no realization of what he had accomplished. Even high on that peak, the bad side of human nature in jealousy, conceit, rivalry, pettiness, showed itself. Nothing could erase the fact, however, that one man had accomplished where others had failed -- because of his personal acceptance of a challenge. Public acclaim? Gold? Security? Comfort? No, inner satisfaction and fulfilling a role he had chosen for himself years before.

The same spirit was manifest in the book, "No Picnic in Kenya," in which during World War II a group of Italian prisoners labored for months to make implements and escape, not for freedom in the usual sense, but simply to scale Mount Kenya, and then to return voluntarily to their prison. They had to fashion in secret the implements required for this daring expedition.

The ascent would be difficult enough with the best supplies available. What is to be gained by escaping a prison to risk your life struggling for the summit of Mount Kenya? When we experience the heights, we have the perspective and detachment necessary for return to the hum-drum of the deep valley, knowing a little more about the meaning of life and beauty, in contrast to ugliness and chaos. It is the man who dares who will receive his rewards, however, intangible, whereas the "fair weather climbers" are like the athletes who scrutinize the list of competitors to see if there is a chance of winning before taking part.

Zatopek, Elliott, Bannister, Kuts -- these men undertake the necessary discipline to achieve a remarkable effort, and this is a personal decision on their part. When I was running on the Oxford University cinder track, it seemed an odd place for Bannister to have cracked the four-minute mile. The facilities are old, and the showers often don't work. The dressing rooms are partially heated during the winter and the track is good but not exceptional. Many Americans look for a (willo' the wisp) -- the perfect place for the perfect result. Bannister's triumph was to shoot for the ultimate on the track where he had always run, not at White City, or the Olympic Games, or some crowd cheering extravaganza. Coincidentally, the week before the achievement, he went climbing in the Scottish hills with Chris Brasher, to get away from the valley and aspire to the summit. This same discipline and courage that led to victory also allowed Bannister, the medical student, to refuse to run for Oxford one year, as it would hurt his medical studies. The

pressure was great, and many of his colleagues resented his refusal to give in to popular demand. Bannister was adamant and some day may be as gifted a doctor as he was an athlete.

Ian Boyd, my classmate at Brasenose College, who went to the Olympics, was forced to train on the Oxford track late at night after completing his physics studies. It was great hardship to train so late during all types of weather. The rugged discipline gave him double honors -- a coveted Class One degree on Oxford Examinations and membership on an Olympic team. He could have neglected his studies in favor of running except for a personal commitment.

Another experience was with the Land's End to John O'Groats relay when Oxford Tortoises trained for three months to run the length of the United Kingdom in 10-mile relays. Three of us who were not on the team were raced to the halfway mark at the Scottish border to stand by as reserves, for several runners seemed to be fading. However, once faced with the barren highlands, the challenge of rainstorms, the serene beauty of the North Sea coast, and the little handful of Scots that stood in the rain for hours to see a solitary committed runner plodding down the highway, the team members accepted the challenge and finished the relay in the fogs at John O'Groats, aided by automobile headlights. There was no grand finale, no wildly cheering grandstand, only a few friends and a hot shower awaiting the runners on the barren coast. It was a commitment "to the end" not unlike the book, "The Message for Garcia." Kipling's immortal stanza from "IF" reads: "IF you can force each nerve and sinew, to serve its task long after it is gone, and so hang on when there is nothing in you, except the will, which says 'hold on.'"

I don't know the famous runners of the world, nor am I well-read on their personal histories, but surely upon reflection you can recall example to cite. Man would not be human if he did not strive for that beyond his grasp, and in the process grow in stature and character. Perhaps it is "man" -- the human living being -- at his utmost, as a whole man, not as a splinter, where all abilities and resources are mobilized towards a single effort. In this way, he knows the full meaning of being alive, and as a consequence of having lived, is not so afraid of the opposite, non-life, or death. But he does not hawk his wares or glories, or fan the embers of a fading past fame. He lives life, win or lose, in the manner as in struggling for the summit or the finish tape, and with the humble knowledge that a power greater than man gave him the resource with which to achieve this task.

Profiles of Champions

HUBERT T. "MICKEY" BROWN, JR., (Panama) 440, 5'11½", 158 pounds, born January 2, 1939, Panama City, Panama. Student, Morgan State College.

Progression to date:

1960	21	47.4m
1961	22	47.6
1962	23	46.7

He started track in 1955 as a sprinter, clocking 10.9 for 100 meters and 22.0 for the 200. He improved to 10.6 and 21.6 by 1959 and in 1960 moved up to the 400, when he won the Ibero-American Championship with a 47.4. He did little running as a freshman at Morgan State last year and started slowly this season. However, he won the IC4A 440 title in a personal best 46.7. Several weeks later he pulled the upset of the NCAA meet by winning the 440 from a highly-regarded field in 46.9. A physical education major at Morgan State, he plans to teach. His biggest thrill was winning the NCAA title and he hopes to compete until 1968.

PAUL DRYDEN WARFIELD, (USA) broad jump, 6', 181 pounds, born November 28, 1942, Warren, Ohio. Student, Ohio State University.

Progression to date:

1958	15	22'7"	6.88m
1959	16	22'11"	6.98m
1960	17	23'9½"	7.24m
1961	18	--	--
1962	19	26'	7.92m

One of the nation's top football players, he improved in track as the season progressed, taking second in the broad jump at both the NCAA and AAU meets and setting a personal best of 26' at the NCAA meet. He also was second in the USA-Poland meet but was third in the USA-USSR meet. He has run the 100 in 9.7 and the 220 low hurdles around a turn in 23.8. He majors in physical education and wants to teach. His biggest thrill was competing against the Russians but his biggest disappointment was failing to break Jesse Owens' state high school broad jump record. He plans to compete at least until 1964.