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FOREIGN NEWS

KIEV, RUSSIA, Oct. 17-18: 1500, Chichlov 3:48.8, 5,000, Bolotnikov 13:58.2; Konov 13:59.6; Artinyuk 13:59.8; Samoelov 14:06.8; Yefimov 14:07.8; Desyatchikov 14:12.0. HSJ, Goryayev 54'2"; Kreyer 54'1 $\frac{1}{4}$ "; Vostroukhov 52'5"; Chen 52'3 $\frac{1}{2}$ ". Decathlon, Kuznyetsov 7,845 pts.; Kutyenko 7,711 pts.; Palu 7,382 pts.

MISC. RUSSIAN MARKS: Brumel 7'2 $\frac{3}{8}$ " (European record).

SANTIAGO, CHILE, Oct. 12: 100m heats, Figuerola (Cuba) 10.3; Romero (Venezuela) 10.4; Esteves (Venezuela) 10.5; Ahumada (Mexico) 10.5. 400 heats, Brown (Panama) 47.6; Guenard (Puerto Rico) 47.9. 400 semis, Guenard 47.7. 100m semis, Esteves 10.5; Figuerola 10.5n; Vienna (Argentina) 10.5n; Romero 10.5. 1500, Sandoval (Chile) 3:52.4; Barris (Spain) 3:52.8. 10,000, Suarez (Argentina) 30:26.0. Oct 13: 100m final, Romero 10.3; Esteves 10.4; Vienna 10.5. 400 final, Brown 47.4; Guenard 47.9. 110HH, Betancourt (Cuba) 14.3; Telles (Brazil) 14.3; Mossa (Brazil) 14.4. BJ, Almeida (Portugal) 24'1 $\frac{1}{4}$ ". Oct. 14: 400R, Venezuela 40.3; Brazil 40.6; Panama 41.3. 5,000, Suarez 14:29.0. 400H heats, Dyrzka (Argentina) 52.2. Oct. 15: 200 heats, Romero 20.9; Telles 21.4; Murad (Venezuela) 21.5n. 800, Sandoval 1:50.4; Barris 1:51.0; Leon (Chile) 1:51.9. 400H final, Dyrzka 52.8. Oct. 16: 200 final, Romero 20.8; Telles 21.5; Murad 21.5. Marathon, Suarez 2:38:22.4; Gomez (Argentina) 2:38:23.0. 3000SC, Mendes (Brazil) 9:01.8; Alonso (Spain) 9:04.8. 1600R, Puerto Rico 3:12.8; Brazil 3:15.2. HSJ, da Silva (Brazil) 51'11 $\frac{1}{4}$ ". Decathlon, Thomas (Venezuela) 6,476 points.

CROSS COUNTRY RESULTS

HEPTAGONAL CHAMPIONSHIPS, Van Cortlandt Park, New York City, Nov. 4: (5 miles) Lowe (Brown) 25:59; Bachrach (Yale) 26:22; Jones (Army) 26:25; Mack (Yale) 26:31; Kingston (Princeton) 26:32; Fleming (Navy) 26:35; Bender (Army) 26:36; Roberts (Army) 26:39; Brockman (Cornell) 26:47; Tracy (Penn) 26:50. Scores: Army 72, Yale 93, Brown 106, Cornell 112, Harvard 114, Pennsylvania 132, Navy 135, Princeton 161, Dartmouth 179, Columbia 289.

TEXAS INVITATIONAL, Austin, Oct. 29: (3 miles on track) Lawrence (H) 13:59.0; Macy (H) 14:00; Clohessy (H) 14:10; Almond (H) 14:19; Cooper (NT) 14:53. Scores: Houston 23, Howard Payne 44, Texas A&M 83, McNeese St. 125, Texas 133, Texas Tech 139, Hardin Simmons 141.

INTERMOUNTAIN AAU, Provo, Utah, Oct. 29: (3 miles, 100 yards) O'Riordan (Idaho St) 15:00.6; Rice (Utah St) 16:06; L. Griffith (Brigham Young) 16:27.

BILL WILLIAMS AAU, Houston, Nov. 5: (3 miles) Lawrence (HTC 1) 13:39.5; Macy (HTC 1) 13:46; Norris (Lake Charles AC) 13:51; Almond (HTC 1) 14:12; Clohessy (HTC 1) 14:12; Walker (HTC 2) 14:26. Scores: University of Houston Track Club No. 1 20, Texas AC 73, University of Houston Track Club No. 2 75, Lake Charles AC 93, Texas Southern No. 1 98.

BULLETIN BOARD

Next Newsletters Nov. 23, Dec. 7. Track & Field News mailed Dec. 1.

An American pen pal is wanted by Barry Raftery, "Cliainin," Santry, Co. Dublin, Ireland. He would like a pen pal who is willing to exchange autographs and programs.

NOTED WITH INTEREST

The Helms Athletic Foundation, on its 24th anniversary (Oct. 15, 1960), selected "The Greatest Teams in American Sports History." In the track and field category, the San Francisco Olympic Club team of 1940 was selected as the top club while the 1936 Southern California squad was picked as the best college team of all time. Here are the reasons the foundation made its selections.

A group of distinguished coaches sat around a table at the invitation of the Helms Athletic Foundation to determine America's greatest amateur club team. The coaches finally singled out three teams which were most deserving of consideration -- the San Francisco Olympic Club of 1940, the New York Athletic Club of 1952 and the Southern California Striders of 1959.

It was pointed out during the session that the Olympic Club had chalked up 159 points in the National AAU meet of 1940 at Fresno, Calif.; the New York A.C. had produced a total of 137 points at Long Beach, Calif., in 1952; and the Striders had collected a total of 144 points at Boulder, Colo., in 1959. Because of the depth of their talent, these three clubs were regarded by the noted coaches (whose names will not be disclosed) as superior to all others. Now, it was a matter of picking the best.

The coaches pondered over this decision but finally gave the honors to the Olympic Club and Helms Athletic Foundation has gone along with it. In the National AAU meet in 1940, the Olympic Club scored 159 points while the New York A.C. was second with 108 points. So ample was the Olympic Club talent that 27 of its athletes figured in the point-scoring, aside from the four who took a second-place in the 400-meter relay. In all, the Olympic Club captured seven gold medals.

Three Golden Gaters established National AAU marks -- Harold Davis in the 100 and 200, Les Steers in the high jump and Cornelius Warmerdam in the pole vault. Warmerdam's 15'1 $\frac{1}{8}$ " vault was a new world record, one which he shattered on numerous occasions thereafter. Charlie Hunter, the team manager, was a mighty proud gentleman. It marked the second straight year that the club had downed the heralded New York A.C., as it did a year later in Philadelphia.

The Olympic Club had trailed the New York A.C. frequently as it did in 1932, 1934, 1935 and 1938. However, in this annual duel of track and field supremacy, the Olympic Club managed to down the New York A.C. in 1937 at Milwaukee. This is how the Olympic Club claimed victory in 1940: 100m, Hal Davis (first) 10.3; 200, Davis (first) 20.4; 400, Grover Klemmer (first) 47.0; 800, Kerman Storli (sixth); 1500, Paul Moore (third); 5,000, Bob Madrid (third); 10,000, Frank Lawrence (fifth); 3000SC, Paul Ganahl (fifth); 110HH, Tom Moore (fifth); 200LH, Richard Browning (sixth); 400R, Olympic Club (second); HJ, Les Steers (first) 6'8 $\frac{3}{4}$ ", Hubert Smith (third); BJ, Pat Turner (second), Frank Freeman (third), Edmund Vasconcellos (fifth); PV, Cornelius Warmerdam (first) 15'1 $\frac{1}{8}$ ", Bud Deacon (third), Anthony Sunseri (fifth), George Hofman (sixth); SP, Stanley Anderson (second), Herb Michael (third); 56 lb. WT, Tom Montgomery (second); DT, Phil Fox (first) 170'4 $\frac{1}{2}$ ", Fred Bonfield (fourth), Arnold Cornett (sixth); JT, Boyd Brown (first) 223'1 $\frac{3}{8}$ ", Lowell Todd (second), John Mottram (fifth).

At season's end, six Olympic Club members were chosen for the All-America track and field team -- Davis (100 and 200), Klemmer (400), Steers (high jump), Warmerdam (pole vault), Fox (discus) and Brown (javelin). Brown, incidentally, had previously competed for the University of Oregon and was named to the All-America college team for 1940.

When the illustrious Dean Cromwell, whose teams won 12 NCAA track championships, contends that the University of Southern California team of 1936 was the greatest in collegiate history, we'll believe him. Consequently, the Helms Athletic Foundation votes accordingly. The 1936 Trojans chalked up a record total of 103 $\frac{1}{3}$ points to capture the title at Stagg Field in Chicago, on June 19 and 20. To do this, USC was forced to outdistance powerful Ohio State (which registered 73 points). The Buckeyes that year were blessed with the likes of Jesse Owens, Charles Beetham, George O'Brien, Thomas Sexton, Paul Benner, David Albritton and Melvin Walker.

Other famed athletes who offered the Trojans competition in 1936 included Jack Weierhauser, Sam Klopstock, Jim Reynolds and Phil Levy of Stanford, Charles Fenske of Wisconsin, Don Lash and Tom Deckard of Indiana, Don Elser of Notre Dame, Forrest Towns of Georgia, Archie Williams of California, Alton Terry of Hardin-Simmons, Sam Francis of

of Nebraska, Archie San Romani of Emporia State in Kansas, Harvey Wallender of Texas and Sam Stoller and Bob Osgood of Michigan. This was not rivalry of ordinary kind, to say the least.

Before departing for the NCAA Championships, the Trojans downed Occidental (handicap meet) 79-43, California 93-38, Stanford 86½-44½, and UCLA 74½-56½. Then, USC won the Pacific Coast Conference meet by a good margin with 53½ points. The Trojans also bested Ohio State in a dual meet. No team ever reached so deeply into the NCAA Championship barrel to pick up points as did USC. In the 100 meters Foy Draper took second, Adrian Talley fourth and George Boone sixth. In the 200 meters, Draper nabbed third and Clark Crane sixth. Alfred Fitch, Harold Smallwood and James Cassin placed second, third and sixth, respectively, in the 400 meters. Ross Bush grabbed second in the 800 and William Lantz was sixth in the 5,000 meters. Roy Staley took fourth in the 110-meter high hurdles while Leland La Fond captured sixth in the 220-yard low hurdles. Delos Thurber bundled up fourth in the high jump. In the broad jump Boone, Donald Skinner and Crane placed third, fourth and fifth, respectively. Earle Meadows and Bill Sefton tied for first in the pole vault as Loring Day picked up fifth. Boone finished third in the hop-step-jump while Clarence Schleimer pocketed sixth in the shot put. Kenneth Carpenter won the discus and Tex Milner landed fifth in the javelin. This Trojan team had tremendous depth.

Later, in July, these Trojans scored in the National AAU meet at Princeton University: 100m, Draper (fourth); 400, Smallwood (first), Fitch (fourth); PV, Meadows (second), Sefton (third); DT, Carpenter (first). Eight members of the team earned berths on the 1936 U. S. Olympic track team. They were: Draper (relay), Smallwood (400), Fitch (relay), Staley (high hurdles), Meadows and Sefton (pole vault), Thurber (high jump) and Carpenter (discus). Draper won a gold medal on the relay team, Meadows won the Olympic pole vault title and Carpenter took the discus.

During the year 1936, these Trojans accounted for world records: Staley (120-yard high hurdles, 14.1), Talley, Crane, Boone and Draper (440-yard relay, 40.7), James Cassin, Estel Johnson, Smallwood and Fitch (mile relay, 3:11.6). In the Olympic Games at Berlin Draper participated on the U. S. 400-meter relay team which established a world record of 39.8. Meadows and Carpenter were picked for the All-America track and field team of 1936.

STATS

Evolution of the world 10,000 meter record:

30:58.8	Jean Bouin, France	1911	29:28.2	Emil Zatopek, Czech.	1949
30:40.2	Paavo Nurmi, Finland	1921	29:27.2	Viljo Heino, Finland	1949
30:35.4	Ville Ritola, Finland	1924	29:21.2	Emil Zatopek, Czech.	1949
30:23.2	Ville Ritola, Finland	1924	29:02.6	Emil Zatopek, Czech.	1950
30:06.2	Paavo Nurmi, Finland	1924	29:01.6	Emil Zatopek, Czech.	1953
30:05.6	Ilmari Salminen, Finland	1937	28:54.2	Emil Zatopek, Czech.	1954
30:02.0	Taisto Maeki, Finland	1938	28:42.8	Sandor Iharos, Hungary	1956
29:52.6	Taisto Maeki, Finland	1939	28:30.4	Vladimir Kuts, USSR	1956
29:35.4	Viljo Heino, Finland	1944	28:18.8	P. Bolotnikov, USSR	1960

PRONUNCIATION GUIDE

A common handicap to many track and field fans has been the pronunciation of athletes' names, especially those from foreign countries. Such names as Semyon Rzhishchin, Jozsef Szecsényi and Zdzislaw Krzyszkowiak are tongue twisters to English-speaking readers. And even an apparently simple name such as Janusz Sidlo isn't pronounced the way a lot of American track fans think it is. The pronunciations used in this guide are the way the athlete's name is pronounced in his native country. ' = indicates emphasis on that particular syllable.

S. Meconi	meh-coh'-nee'	J. Sidlo	shee-dwoh
Z. Vamos	vah-mohsh	V. Bolshov	ball-shof
A. Hary	hah-ree	Dan Waern	don vehrn
G. Tjornebo	cher-neh-boo	L. Berruti	behr-roo'-tee
Bill Nieder	nec'-dehr	C. Waegli	vay'-glee
S. Antao	an-tah-oh	J. Delecour	dehl-coor

M. Germar
C. Waegli
S. Lewandowski
S. Iharos
M. Idriss
M. Preussger
C. Collardot
J. Malcherczyk
Z. Radziwonowicz

gehr'-mar
vay'-glee
lev-an-dov-skee
ee-hahr'-ohsh
ee-driss'
proys'-gehr
coh-lahr-doh'
mal'-chehr-chick
rad-tsee-voh-noh-

G. Potgieter
J. Balke
B. Kryunov
M. Halberg
K. Khristov
H. Huneke
C.K. Yang
L. Syrovatski
V. Tsibulenko

pot-hee'-tehr
bahl'-keh
kree-you-nawf
hall'-berg
hrees'-tohf
hoh-nah'-keh
young
seer-oh-vaht'-skee
tsee-boo-lehn-koh

W. Rasmussen
S. Lorgier
I. Ter-Ovanesyan

vich
ras'-mooh-schn
lohr'-gehr
ter-oh-valm-es'-
ee-ahn

M. Paama
Y. Nikulin
M. Kinder
J. Skobla
V. Varju
E. Amukun
C. Piquemal
M. Matuschewski

pah'-mah
nick-oo'-leen
kihn'-dehr
shkoh-blah
vahr-you
ah-moo'-kuhn
peek'-mal
mah-too-shev-skee

D. Sime
A. Seye
P. Lenior
R. Moens
H. Grodotzki
V. Brumel
J. Krasovskis
R. Shavlakadze
J. Szecsenyi
E. Piatkowski

sihm
say
lehn'-wah
moh-ens'
groh-dot'-skee
bruh'-mehl
krah-sohv'-kiss
shav-lah-kaht-tseh
sch-chen'-yee
pee-ohnt-kohv'-
skee

H. Janz
F. Janke
R. Kotei
J. Lansky
C. Bunaes
M. Macquet
C. Lievore
V. Kuismia
G. Zsivotsky
P. Winder
M. Jazy
M. Schwarz
I. Rozsavolgyi
M. Steinbach
J. Omagbemi
E. Cunliffe
J. Grelle
R. Larrieu
F. Gordien
I. Roberson
M. Singh

ah-moo'-kuhn
peek'-mal
mah-too-shev-skee
yants
yahn'-keh
koh'-tay
lan-skee
boo'-nehs
mah'-kay
lee-eh-vohr'-ay
kwees'-mah
jee-voht'-skee
wine'-dehr
jah-zee'
schwartz
roh-zhah-voel'-gih
shtein-bak
oh-mag'-bee-me
cun-liff
grehl-uh
lah-roo'
gohr-deen'
roh-behr'-son
sing

G. Kulcsar
A. Samotsvetov

kuhl-chahr'
sah-mots-vee-ah-
tohf

P. Bolotnikov
V. Rudenkov
J. Rintamaki
B. Sbordone
J. Siebert
B. Tague
L. Tabori
T. Buecher
K. Floerke
H. Visser

boh-lot'nih'-kohf
roo-dehn'-kohf
rin-tah-mek-ee
sbor-doh'-nee
see-behrt
taygh
tah-bohr'-ee
by'-shur
floor'-kee
viss'-ehr

STATS
By Jim Powell

Best 3 Mile/5000m and 6 Mile/10,000m Runners

<u>P. Bolotnikov</u>	<u>V. Kuts</u>	<u>S. Iharos</u>	<u>H. Grodotzki</u>	<u>D. Power</u>
13:38.1	13:35.0	13:40.6	13:44.6	13:51.8
28:18.8	28:30.4	28:42.8	28:37.0	28:38.2
2989 points	2959 pts.	2818 pts.	2813 pts.	2741 pts.

<u>A. Desyatchikov</u>	<u>J. Kovacs</u>	<u>M. Halberg</u>	<u>Z. Krzyszkowiak</u>	<u>S. Eldon</u>
13:52.6	13:47.6	13:11.4m	13:51.6	13:47.8
28:39.6	28:52.4	28:48.0	28:52.4	29:02.8
2727 pts.	2700 pts.	2699 pts.	2666 pts.	2651 pts.

Sub 3:44.0 1500 meters and 4:04.0 mile times (As of Sept. 25)

	Pre '50	'50	'51	'52	'53	'54	'55	'56	'57	'58	'59	'60	Total
1500	3	0	0	1	0	12	24	40	42	66	43	69	300*
Mile	7	0	0	4	6	13	20	28	52	62	33	63	288

Note: 35 of the 1500 times were achieved during a mile race.

ALEKSANDR ARTINYUK, (USSR) distances, 5'7 $\frac{3}{4}$ ", 147 pounds, born Sept. 8, 1935, Darivka, Russia.

His first action in track came in 1956 and he ran 32:01.8 for 10,000 meters. He improved to 14:40 for the 5,000 meters and 30:51.8 for the 10,000 in 1957 and came into prominence in 1958 when he placed fourth in the Russian Championship 5,000 in 14:02.0 and then fifth in the European Championship 5,000 in 14:05.6. His best 10,000 time during the year was 30:00.2. He continued to improve in 1959 and was ranked sixth in the world for the 5,000. He placed second to Pyotr Bolotnikov in the Russian Championship 5,000 with a 13:53.0 after beating Bolotnikov in the US-Russia dual meet. His 10,000 time improved to 29:34.4. He got off to a fast start in the 1960 season by beating Bolotnikov with a 28:58.0 10,000 at the Znamenskiy meet in Moscow on July 3. He ran the 5,000 in the Russian Championships but placed third in 13:59.8. He was picked to run the 5,000 at the Olympics in Rome and placed ninth in the final in 14:08.0. His best 5,000 time during the year was 13:55.8. His best times in other events are: 100m, 11.8; 200, 25.2; 400, 51.9; 800, 1:54.0; 1500, 3:48.8; 3,000, 8:04.0. He competes in about 23 races a year, five cross country, two indoors and 16 outdoors.

His workouts last from two to four hours and he does some weight lifting in the winter and summer. He warms up for his workouts by running 20 minutes with accelerations up to 600 meters. In the winter he trains about three times a week, about 1 $\frac{1}{2}$ hours each day. His typical winter schedule is: 1st day, 5 x 100 to 400 at three-quarters speed with 200m jogs as rests; 2nd day, one hour of cross country with accelerations; 3rd day, rest; 4th day, rest; 5th day, 15 x 400 and 5 to 6 x 1,000m without time. His rests for the 400 are 200 meters jogs and his rests for the 1,000 are 45 to 60 seconds; 6th day, cross country. His typical summer training schedule is: 1st day, cross country at an easy tempo; 2nd day, 100m to 400m repeat runs with the 400s being run in 62 to 65 seconds; 3rd day, cross country (fartlek); 4th day, rest; 5th day, 5-6 x 800 in 2:10, 5-6 x 1,000m in 2:50 and 2 x 1500 in 4:00 or less; 6th day, cross country with accelerations. He usually warms up about 20 minutes before competition and his last meal is four to five hours before the race. His racing season extends from May to October.

DAVID HUGH "DAVE" SEGAL, (Great Britain) sprints, 5'10 $\frac{1}{2}$ ", 158 pounds, brown hair, brown eyes, born March 20, 1937, London, England. Married. Student, Furman University.

He first became interested in track at the age of 15 while in a London high school. In his first year he ran 10.4 for 100 yards and 23.6 for the 220 around a turn. He improved to 10.3 and 23.2 the following year and also clocked 52.0 for the 400. In his last year of high school in 1954 he posted bests of 10.2 and 22.8 and in 1955 reduced these times to 10.0 and 22.0 on a straightaway. His bests in 1956 were 9.9 and 21.9 around a turn and he was named to the British Olympic team. In Melbourne, he was eliminated in the first rounds of the 100 and 200 but was on the British 400-meter relay team which took fifth. He showed more improvement in 1957 and won the 220 at the British AAA Championships in 21.9. His bests during the year were 9.8, 21.4 around a turn and 50.1. He repeated as British AAA 220 champion in 1958 with a 21.4. At the British Empire Games he failed to score in either the 100 or 200 but did get a gold medal for running on the winning British 440-yard relay team. At the European Championships, he placed second in the 200 in 21.3 after running 21.0 in the first round and 21.1 in the semi-final. He also ran on the British 400-meter relay team which placed second. His other bests in 1958 were 9.6w, 9.8 and 48.2 for the 400. In 1959, he placed second in the AAA 220 but came up with marks of 9.7, 21.3 around a turn, 46.8 relay and 47.6. He enrolled at Furman University in South Carolina and as a freshman in 1960 ran 9.5, 20.8 on a straightaway and 47.2 relay leg. He again placed second in the AAA 220 and was picked to represent Great Britain in the Olympics. At Rome in the 200, he ran 21.3 in the first round and 21.1 in the second round but was disqualified in the semi-finals because of two false starts. However, he did earn a bronze medal by running a leg on the third-place British 400-meter relay team. His goals for next season are 9.3, 20.1 and 46.2. His all-time goals are 9.3, 19.7 and 44.6. He plans to compete until 1964. His biggest thrill was running in the 1960 Olympic 200 but one of his regrets was getting disqualified from the same race. His biggest disappointment was losing the 1959 and 1960 British AAA 220 title after being the favorite on each occasion.

He trains 10 months a year, six to seven days a week in the winter and four to five days a week in the summer. He does several weight lifting exercises embracing many repetitions with comparatively light weights. In the winter his training schedule is: 1st day, 6 x 220 in 25 to 26 seconds with 220 jogs and circuit training; 2nd day, fartlek over a three-mile cross country course; 3rd day, 4 x 330 in 38 seconds and 3 x 220 in 24 to 25 seconds; 4th day, circuit training; 5th day, 10 x 150; 6th day, weight training. His schedule during the summer is: 1st day, 10 x 110, five from the blocks and five off the curve; 2nd day, starts, 6 x 30, 5 x 40 and 6 x 50; 3rd day, 8 x 150; 4th day, starts, 12 x 60; 5th day, 3-4 x 220 in around 22.0; 6th day, 1 x 300 for time and starts. He has been coached by Arthur Filkins and John Le Masueier in England and Chuck Rohe at Furman. He has been helped by E. MacDonald Bailey. His most serious rivals are Peter Radford, Dave Sime and Livio Berruti. His favorite event is the 300 yards. His personal ambition is to win the 400 at the 1964 Olympic Games. He majors in business administration and wants to become a business manager. He served three years in the Royal Air Force.

L. JAY SILVESTER, (USA) shot put, discus, 6'2½", 225 pounds, black hair, brown eyes, born Aug. 27, 1937, Plymouth, Utah. Married, one son, one daughter. Lieutenant, U. S. Army.

His track career started as a ninth grader at Bear River High School in Garland, Utah, when his brother's friend visited the Silvester house with a discus. "I have been throwing it ever since," Jay says. In his first year, 1952, he threw the 12-pound shot 40'2" and the high school (3 lb., 9 oz.) discus 110 feet. He improved to 45'6" and 133'2½" as a sophomore and went up to 52'½" and 150'10" as a junior. In his senior year he threw the shot 58'3⅞" and tossed the discus 170'5⅜". He entered Utah State and as a freshman threw 52'6" with the 16-pound shot and 157'10" with the college discus. As a sophomore in 1957 he won the Skyline Conference discus title with a 172'4½" effort and then at the NCAA Championships placed fourth in the shot with 55'6" and third in the discus with a 170'9" heave. In the National AAU meet he was fifth in the shot at 55'½" but didn't compete in the discus. He received his biggest thrill in 1958 by going over 180 feet for the first time with a heave of 180'4½" at the Compton Invitational. In the NCAA meet he placed second in the shot with 57'¾" and was third in the discus at 181'8". At the AAU Championships he was only seventh in the shot at 54'6" but took fifth in the discus at 176'8½". At the end of the season he was ranked ninth in the world in the discus. He continued to improve in 1959 and threw the shot 57'4" before winning at Compton with a toss of 184 feet. At the AAU meet he was only ninth in the shot with a 55'½" effort but took fourth in the discus with a 178'9" toss. He entered the army and in 1960 threw 188'8½" while placing third at the Mt. San Antonio Relays. Later in the season he surpassed 60 feet in the shot put for the first time with a 60'¼" heave at the Coliseum Relays. In the Interservice Championships, he was second in the shot at 58'9¾" but won the discus at 180'7½". He was fourth in the AAU shot put with a personal best 60'9¾" but managed only sixth in the discus although throwing 181'1". He passed up the shot in the Olympic Trials and placed fourth in the discus at 181'2". He plans to hit 63 feet in the shot next year and 200 feet in the discus. His all-time goals are 65 feet in the shot and 210 feet in the discus. He doesn't know how long he plans to compete.

He trains eight to nine months a year, five to six days a week. He trains with weights three days a week, doing standard lifts plus lateral raises, curls and squats. He does no training in the fall but in the winter does weight training three days a week and throws periodically. In the spring he continues weight training three days a week, throws the discus five or six days a week and throws the shot twice a week. His summer schedule is the same as in the spring. He has been coached by Durrell Hughes and R. B. Maughan. He has been helped by Bill Nieder in the shot. In the discus he considers his most serious rivals to be Al Oerter, Rink Babka and Dick Cochran. He uses the O'Brien form in the shot and one and a half turns in the discus. His biggest disappointment was not making the 1960 U. S. Olympic team and his biggest regret was not starting weight training until 1959. He majored in physical education in college and hopes to become a coach. He likes the individual competition in track. "You aren't depending on someone else to make you look good," he says. His hobbies are calf roping and waterfowl hunting.

ROGER BANNISTER (Great Britain)

139 points

One of the strange things about Roger Bannister's career was the fact that in five seasons of senior competition he ran less than 20 races at the mile distance, which was his favorite event. Bannister regarded himself as a man with a mission and this mission was to be the first man to run a mile in less than four minutes. His whole career was planned with clinical exactness. In his autobiography he even reveals that he had always planned to achieve his ambition at the Iffley Road, Oxford, track, and consequently his running lacked any degree of spontaneity. His races were few and far between and he rarely met the top men of his time. Only in his final and glorious season, 1954, did he really achieve great stature with his three great runs.

Achievement Points: 133

- | | | | |
|----|--------------------------------|----|---------------------------------------|
| 3 | Eighth 1951 World List | 15 | World Record -- 3:59.4 |
| 10 | First 1951 T&FN Ranking | 15 | World Record -- 3:43.0m |
| 6 | Fourth 1952 Olympic 1500 | 5 | 3:58.8 on 7 Aug. 54 at Vancouver |
| 2 | Ninth 1952 World List | 2 | 3:43.8 on 29 Aug. 54 at Bern |
| 6 | Fifth 1952 T&FN Ranking | 10 | First 1954 British Empire Games mile |
| 2 | 4:03.6 on 2 May 53 at Oxford | 12 | First 1954 European Championship 1500 |
| 2 | 4:02.0 on 27 June 53 at Surrey | 9 | Second 1954 World List |
| 10 | First 1953 World List | 10 | First 1954 T&FN Ranking |
| 8 | Third 1953 T&FN Ranking | 3 | 18th All-Time 1500/Mile List |
| 3 | 3:59.4 on 6 May 54 at Oxford | | |

Victory Points: 9

- | | | | |
|---|---------------------|---|-----------------|
| 2 | Gunther Dohrow | 1 | Ingvar Ericsson |
| 1 | John Landy | 1 | Werner Lueg |
| 1 | Gunnar Nielsen | 1 | Sandor Iharos |
| 1 | Stanislav Jungwirth | 1 | Denis Johansson |

Defeat Penalties: 3

- | | | | |
|---|---------------|---|-------------|
| 1 | Josef Barthel | 1 | Werner Lueg |
| 1 | Bob McMillen | | |

133	AP
9	VP
<u>142</u>	
-3	DP
<u>139</u>	

Best Performances:

880	1:50.7	Mile	3:58.8
1500m	3:42.2m	2 Mile	9:09.2

GUNDER HÄGG (Sweden)

172 points

When Roger Bannister finally broke four minutes in 1954, it also marked the fall of the great nine-year-old world record of 4:01.3 set by Gunder Hägg. This versatile Swede set many world records from 1500 meters to 5,000 meters during the four-year span from 1941 to 1945, and only the war kept him from gaining any Olympic honors. In 1943, he made a highly successful tour of the United States. It was during this trip that he was dubbed "Gunder the Wonder." His tremendous duels in Sweden with Arne Andersson over the 1500 and mile resulted in new world marks on several occasions, and brought the possibility of four minutes into clearer focus. However, the goal was denied them as fate intervened in the form of a suspension. Both runners allegedly had taken excess expense money. Even though Hägg never broke four minutes, few would say he wouldn't have if he continued running. The records he set stood for many years, some for more than a decade. It is obvious he was years ahead of his time.

Achievement Points: 170

15	World Record -- 3:47.6	3	3:43.0 on 7 July 44 at Goteborg
10	First 1941 World List	15	World Record -- 3:43.0
5	First 1941 World Ranking	2	4:02.0 on 18 July 44 at Malmoe
15	World Record -- 3:45.8	10	First 1944 World List
15	World Record -- 4:06.2	5	First 1944 World Ranking
15	World Record -- 4:04.6	2	4:01.3 on 17 July 45 at Malmoe
10	First 1942 World List	15	World Record -- 4:01.3
5	First 1942 World Ranking	10	First 1945 World List
9	Second 1943 World List	5	First 1945 World Ranking
4	Second 1943 World Ranking		

Victory Points: 3

2	Arne Andersson	1	Rune Persson
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Defeat Penalties: 1

1	Arne Andersson
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170	AP
3	VP
<u>173</u>	
-1	DP
<u>172</u>	

Best Performances:

1500	3:43.0	2 Mile	8:42.8
Mile	4:01.3	3 Mile	13:32.4
2000m	5:11.8	5000m	13:58.2
3000m	8:01.2		