

NEWS

FOREIGN Derek Johnson paced Oxford win over Cambridge with 4:09.0. In South Africa Tom Courtney ran 4 races: 1:53.2 on March 23; then 48.5 behind Spence's 48.4, and 1:56.8; on March 30, 1:49.8 and 46.5 from Spence's new national and British Empire record of 46.8 (Tee third in 47.5); April 3, 1:51.8, but withdrew from 440 because of second tonsillitis attack. Other So. African marks: Spence 47.3; Barice Van Houten 50'8", national HSJ mark; du Plessis 174'¹/₂"; Potgieter 52.6y, 14.6, 23.3; van der Merwe 14.4 from Burger 14.5; Burger 13'6" behind Kruger 14'¹/₂", national and Empire record; Kieynhans, 9.5w; Evans 48.3.

HIGH SCHOOL, best of year: Griffin, Centennial, Compton, Cal., 9.5, 21.0 and 24'6"³/₄"; Smith, Taft, 21.0; Jehle, Chaffey, Ontario, 48.3; Cerveny, Mission Bay, San Diego, 1:55.9; McGowan, Morningside, Inglewood, 4:22.3; Wells, Casa Grande, Arizona, 14.1; Bradford, Shafter, and Smith, Compton, 19.0; Avant, Hart, Newhall, 6'7"; Brewer, North Phoenix, Ariz. 14'9"³/₈"; 61'11", Branson, Pasadena; Burke, Amphitheater, Tucson, Ariz., 176'6"; Lewis, Lincoln, San Francisco, 160'³/₄" (college wt.); Bell, Leavenworth, Kansas, 193"; San Angelo, Texas, 42.8; Centennial 1:28.1; Wilson, Long Beach, 3:21.6; Lee, Baytown, Texas, 3:32.0, new interscholastic sprint medley record. (All California unless otherwise indicated.)

JUNIOR COLLEGE, marks superceding list of March T&FN: Dorsey, Sacramento, 48.1; Montour, San Mateo, 1:54.9; Larrieu, Mt. San Antonio, 4:16.1 and 9:25.3, national record; Fischel, Long Beach, 14.4w; White, Harbor, 23.3; Williams, LACC, 6'5"³/₄"; Cook, Harbor, 24'¹/₂"; Robertson, San Bernardino, 53'3";

COLLEGE Texas Relays, April 5 & 6: Texas, 1:22.7, world record, ACC 1:24.9; Colo, Okla A&M; DistMed-Kansas 9:56.0, Texas 10:06.6, Missouri 10:08, Arkansas 10:11.6, Okla Baptist 10:12.3; Sprint Medley-Oklahoma 3:22.9, Kansas, Kansas State (Tidwell 1:47.2); College sprint medley (50 minutes later), Kansas State 3:23.6 (Tidwell 1:49.7); Shuttle hurdle relay, Texas 59.2; 2-mile, Brown 9:29.0; McGuire 24'9"³/₄; Yob 22'1"; Owen 57'11";

April 6: Abilene Christian, 40.2, equals world mark, best ever around 2 turns, Texas 40.6; Houston 41.2; 2-mile R-Kansas 7:44.4, TCU 7:43.2, Howard Payne 7:50.0; Mile R-Texas 3:12.8, ACC 3:14.3 (Morrow 46.8), Notre Dame 3:16.0; 100-Morrow 9.3w, Hazley 9.6, Gainey; HH Southern 14.1w, O'Connor 14.1, McIntyre 14.3, Batch 14.3, McKee-14.3; PV-Rose 14'3"³/₄", Utter 14'; HJ-Stewart 6'8"³/₈"; Mile-Henderson 4:12.5; 4-mile R-Kansas 17:19.5; DT-Oerter 180'9"¹/₂";

April 6-Los Angeles, SC vs. Oxy: Gutowski 15'4" and Truex 8:55.0, national collegiate records; Wing 4:12.0, Hadley 4:12.1, Wray 4:12.3, Reisbord 4:12.4; Zetsman 48.4; Martin 53'2"¹/₂"; Lawson 14.5; Anderson 1:51.7, Hadley 1:52.3; Morris 14'10", Babak 174'1", Egan 167'6", Robertson 9:07.9, Oxy 3:15.0, SC 3:15.0 disqualified. Stanford 70-Fresno 61 Wilcox, F, 4:17.8 and 1:52.2; Chesarek 47.7; Agostini 9.4w, 20.4; Robinson 14.1w, 22.7; Brodt 14'; Herrmann 24'8"¹/₂", Peters 169'8"³/₄", Roldan 220'4". UCLA 78, Cal 53 King 9.7w, Luster 14.5, Thompson 14.5w, Vick 54'10"¹/₄", Bowden 1:49.7; King 21.1w; Vick 168'7", Johnson 155'4"¹/₂" & 209'7"¹/₂", Seaman 9:25.2, House 9:26.6, Thompson 23.5w, Cal 3:17.4. San Jose Shinn 47.5, Norton 9.5w & 20.9w; Wilson 6'8", Barnes 14", Bitner 227".

April 13 SC 72, Stanford 59-Wing 4:09.2 & 1:51.2; Truex 4:12.3 & 9:06; Bronson 54'6"; Chesarek 48.3, Fehien 6'7"¹/₄", Cobb 14.3, Lawson 14'4", Voiles 237'10", Roldan 223'11"¹/₂", Maijala 214'4", McLeod 1:52, Cockburn 1:53.0, Morris 15'2"¹/₂", Cobb 23.4, Babka 175', Egan 169'6", Peters 164'4"³/₄", Herrman 24'10"¹/₂", Stanford 3:16. Fresno 81-OC 50 Wilcox 4:10.4, Agostini 9.6 & 21.5; Robinson 14.4; Cal 73"¹/₂, San Jose 45, Washington 43"¹/₂ Tobacco 47.9, Gould 48.1, King 9.7, McCulloch 1:53.6, Norton 21.3, King 21.5, House 9:06.1, Bond 9:25.2, Price 9:25.3, Redus 23.6. Oxy 74 1/3, UCLA 56 2/3 Vick 54'2, Johnson 50'2", Seaman 4:05.6, dnf 2-mile, Wray 4:10.8, White 4:14.2, Gutowski 15'5", national collegiate record, Torrence 6'6"¹/₂", Gutowski & Schmidt 23'4"¹/₄", Bambauer 21.4 & 48.5, Ker 9:19.4, Oxy 3:13.5, UCLA 3:14.2, Hadley 1:50.6, Reisbord 1:51.7. Frosh, Harkness 9:20.1.

Also Chapel Hill, April 9, Tabori 4:06.6, Beatty 4:09.9, Scurlock 4:16; Tempe, April 12, Rose, Arizona State, 15'1"; Tempe, March 29-Rose 14'6", Henderson-4:10.5 & 9:22.6, Agotini 9.5 & 20.8; Robinson 14.1 & 23.4, Gainesville, Fla, March 30--Sime 9.6, Berman 55'2"¹/₂", Duckworth 224'1", LSU 3:17.4, N. Carolina 7:42. Also, Yob, Colorado 225'¹/₂", SW Relays, 4/30-Macy 9:08.5, Smartt 9:17.4; Carpenter 14.5, Singleton, Victoria, JC, 14.5.

STATS

MIDDLE DISTANCE LEADERS, BY countries, as figured on the basis of men bettering certain performance standards since 1950. Standards are as indicated below.

	800m (1:50)	1500m 3:46	5000m 14:10	10,000m 29:40	total
U.S.A.	25	6	0	0	31
GREAT BRITAIN	4	8	8	5	25
GERMANY	11	5	5	3	24
U.S.S.R.	7	5	5	7	24
AUSTRALIA	4	4	6	4	18
HUNGARY	3	4	6	3	16
FINLAND	3	5	3	1	12
POLAND	4	2	3	2	11
CZECHOSLOVAKIA	2	2	4	2	10
SWEDEN	3	5	0	2	10

(Equivalent times were used for 1500-mile, 3 mile-5000 and 6-mile-10,000).

BROAD JUMPERS bettering 7.60m or 24'11½" number 92, of whom 63 are from the U.S. and 29 from the rest of the world--6 Germans, 5 Russians, 4 Japanese, 2 Finns, 2 Poles and one each from Holland, Haiti, South Africa, British Guiana, Brazil, Ireland, Philippines, Italy, France and Hungary. The all-time leaders:

26'8¼	Owens	26'⅞	Cator	25'9	Holland	25'6¼	Taylor
26'6¼	Bell	25'11¼	Clark	25'9	Stanfield	25'5¼	Le Gendre
26'6	Steele	25'11⅛	Hamm	25'8⅞	Olson	25'5⅞	Valkama
26'4¼	Range	25'11	Long	25'8⅝	da Sa	25'5½	Leichum
26'3¾	Bennett	25'11	Wright	25'8⅜	O'Reilly	25'5½	Foldessy
26'3¼	Brown	25'10⅞	Hubbard	25'7¾	Biffle	25'5½	Fyedoseyev
26'3	Peacock	25'10¼	King	25'7	B. Brown	25'5½	Brooks
26'2½	Nambu	25'10	Price	25'6½	Robinson	25'5½	M. Robinson
26'2¼	Visser	25'9¾	Gourdine	25'6⅝	Redd	25'5½	Watson
26'1¼	Shelby	25'9½	Thompson	25'6⅜	Turner	25'5¼	Johnson

MILERS running 4:10.0 or better number 153, with 39 from the U.S.A. and 31 from England. The all-time leaders:

3:57.9	Landy	3:59.8	Hewson	4:02.2	Pirie	4:03.6	Kakko
3:58.6	Bailey	4:00.4	Elliott	4:02.5	Scott	4:03.8	Persson
3:58.8	Bannister	4:00.5	Santee	4:02.6	Ericsson	4:03.8	Lewandowski
3:58.9	Lincoln	4:00.8	Dwyer	4:02.8	Reiff	4:04.0	Johansson
3:59.0	Tabori	4:01.0	Halberg	4:03.0	Salsola	4:04.0	Jungwirth
3:59.0	Delany	4:01.3	Hagg	4:03.2	Boyd	4:04.0	Hamarsland
3:59.0	Rozsavolgyi	4:01.4	Seaman	4:03.2	Waern	4:04.2	Wooderson
3:59.1	Nielsen	4:01.6	Andersson	4:03.2	Vuorisalo	4:04.2	Aberg
3:59.4	Ibbotson	4:01.6	Wood	4:03.4	Herrmann	4:04.2	Baillie
3:59.8	Chataway	4:01.8	Richtzenhain	4:03.6	Iharos	4:04.4	Karlsson

HIGH HURDLES are completely American event, with 54 of the 63 men who have run 14.1 or faster. Germany, Australia, USSR have two each, Sweden, Cuba, Argentina one each.

13.3	Davis	13.8	Anderson	13.9	Porter	14.0	Scott
13.5	Attlesey	13.8m	Mathias	13.9	Fleming	14.0	Demedicis
13.5m	Calhoun	13.8m	Gilbert	13.9	Gehrdes	14.0	Weinberg*
13.6	Dillard	13.8m	Johnson	13.9m	Curtis	14.0	McNulty
13.6	Campbell	13.8m	Pratt	13.9m	Lauer*	14.0m	Loewen
13.7m	Towns	13.8	Thomson	14.0	Osgood	14.0m	Steines*
13.7	Wolcott	13.9	Dugger	14.0m	Lidman*	14.0	Owens
13.7	Shankle	13.9	Batiste	14.0	Wright		
13.8	Gatewood	13.9	Duff	14.0	Tate		
13.8	Dixon	13.9	Hlad	14.0	Triulzi*		

* = not from U.S.A.

Contribute stats of interest, or let us know what you would like to see.

SO THEY TELL US

TN NEIL ALLEN, London: "Ibbotson is going to run mainly miles this summer, Hewson halves to start with. Hewson is now doing 10 x 440 in 61 with only an interval of one minute. Hope you noticed Lindsay did 52'5" indoors this month. 21 year old Michael Ellis is regularly over 190' with hammer in training. Sando will not be going for any big track meets this summer. Decided to rest until Empire and European Games and just train steadily. This year there will be no Chataway, Brasher, Wheeler, Parker, Pharaoh, but Disley is going on and so is Wood. The indoor "mile" at Manchester was 124 yards short, but at 3:37.4 it was pretty fast running. Wood figured it would have been 3:56 for the mile, and others agree. Hewson took them around to the 880 in 1:56.0. On April 18 they are going for a new mile record."

TN HENRY KAISER, Berkeley, Calif.: "I went alone to the Olympic trials, and, as a devout student of T&FN and TN soon established myself as the "expert" surrounded by ordinary (i.e. non-T&FN) mortals. But you know, I had to ask one of these plain folks who won the 400, 800, 1500, 110 and 400H. This has disconcerted me for lo these last nine months--I felt I just hadn't watched the meet right. Finally the reason came to me, in a dream: I was watching third place so hard to see who made the team that I often just didn't know who won. I'm relieved, for my guilt feelings are gone... After watching the big meets of last spring, then staying up all night for a week to get the results from Melbourne, I had really lost my perspective. For example, I wouldn't bother thinking about a high jumper unless he was a two meter man, and I would only get serious about him when he had jumped 2.05. Watching the results of these high school meets come in has brought me down to earth again; for the first time in years I remembered a guy named Kaiser who once worked out every day for six months in order to clear 5'2".

DICK GANSLER, Arkansas assistant coach: "Ab Bidwell has done a tremendous job of track building here in two years without money and other facilities other coaches may have to offer. One thing helps, the new field house which permits some indoor work and our track is the best in the Southwest Conference... the new javelin has done just as predicted, obliterated all the records. It's a little unfair to the older champions... Jim Graham's ankle is still extremely sore and mal-functioning. He tried to run 5 days in a row recently and had to quit training. He has done no gym work or running since Australia and will not compete for A&M this year to save eligibility for Vets school next fall. In the meet Saturday he flew over 14 by 8 or 9 inches easily on his first try. His AAU competition will depend upon this ankle. In shape again I am sure he will breeze over 15 easily."

TN TOM BRALY, Los Angeles: "At the beginning of the season the SC team voted not to go to the five-way meet in Texas on April 18 because Negroes are not allowed to stay in the same hotel as whites in Dallas. A couple of weeks ago Coach Mortensen decided not to pull out of the meet but instead to stay out of town and just drive in on the day of the meet."

TN CRAIG DIXON, UCLA assistant coach: "Jim Ball has recovered from last year's leg injury and is working well. He has been working on speed primarily and is down to 14.2 and 23.6, with 14.2, 12.6 for the 120 lows, and 22.0 for the 220 in workouts. He's aiming at invitations to the Coliseum and Compton."

TN BOB WALTER, Elizabeth, N. J.: "In a poll in this area to determine highlights of the 1956 Olympics it was voted: best track athlete--Morrow, Kuts and Courtney, tie; best field athlete, Dumas; best track or field, Morrow; most dramatic race, 800m; best USA athletes for age, Southern on the track, Dumas on the field."

TN BERT NELSON: "Doping track meets can be interesting. I had the SC-Stanford meet at 71-60 and as it came out 72-59 I looked pretty good--on the surface. But of 15 events I got the event score correct in only 12 events, including the relay. And the correct order of finish in only two events, including the relay. On the other hand, I had 14 of 15 winners. So it takes more than a correct score to make a prognosticator."

TN JAMES POWELL, San Pedro, Cal. "In the dressing room after the Landy-Bailey mile--last May I had the honor of meeting both runners. When we first got in they were congratulating each other. After they finished I first met Landy. Even though he was obviously in a hurry, he kindly took time to give me his autograph and talk briefly. Bailey wasn't as rushed by the newsmen as Landy was, and I had more time to talk to him. I was so excited I stupidly forgot to get Bailey's autograph. These two athletes impressed me highly with their friendliness. They did not have to meet and talk with me, but they did out of sheer courtesy. They are certainly fine goodwill ambassadors. Australia may be proud of them."

NOTED WITH INTEREST

BOBBY MORROW'S workout schedule calls for lots of striding on the grass and easy form starts for Monday; heavy work on starts at full speed, five to six 75s on the grass and one or two 150s on the track at near top speed on Tuesday; repeated work on the starts with the gun and three or four 50s, and then two or three laps of in and out 100s at $\frac{3}{4}$ to $\frac{7}{8}$ speed on Wednesday; easy form work off the blocks on Thursday, with several 120s at $\frac{3}{4}$ effort with a pickup in the middle, most of the work on grass; little is done on Friday and it is all out on Saturday.

COMPARISON OF 100s, yards and meters, is made by Norris McWhirter in Athletics' Weekly. On the basis of speeds traveled over the closing stages of the race he figures these times to be equivalent: 9.2 and 9.39; 9.3 and 10.1, 9.39 and 10.2, 9.4 and 10.21, 9.48 and 10.3, 9.5 and 10.32, 9.57 and 10.4, 9.6 and 10.43, 9.66 and 10.5, 9.7 and 10.55, 9.74 and 10.6, 9.8 and 10.63, 9.83 and 10.7, 9.9 and 10.73, 9.92 and 10.8, 10.0 and 10.89, 10.01 and 10.9, 10.1 and 11.0.

CHRIS BRASHER answers an interviewer: Q. What about your pre-Olympic training? A. It was mainly a year's work aimed at a high level of fitness in November. I don't particularly like the word "peak". There were many set-backs in the summer and it was very difficult year to be at your best at the right time, but due to one thing or another I finally came through at the right time. I did interval running on 6 days a week and carried out some Fartlek on the other day. Up to the middle of July I did not practice over the hurdles but from July until departing for Australia I hurdled and water-jumped twice a week. Q. Do you subscribe to the idea that once the hurdling and water jump clearances have been mastered they can be left and only occasional practice taken? I think this is true down to a time of about 8:50, but when one gets below this time the race becomes more specialized and you must have practice, and have constant practice. A colossal margin is gained by taking the hurdles and water jump smoothly. You should train over the hurdles so that you are in a groove--so that you do not have to think about which foot you will be on at the hurdle; therefore more speed is made.

Q. What further progress do you think will be made in the steeplechase? A. Times could have been 4 seconds faster at the Games. There was a time in about the 5th or 6th lap when the pace dropped drastically. The time should actually have been down to about 8:30. Eventually it will go to 8:20 and people have got to think about 8:20 as being probable and 8:30 as being fairly reasonable.

Q. What about the titanium spikes? A. My spikes weigh just under 4 ounces and were made by Law who designed spikes for Bannister's four minute mile. Chataway also used a similar type and I have always run in them as they are so much lighter than any others. In addition, I had two sets of the actual spikes made of titanium by a friend. They are just ordinary spikes, not the screw in type. They knock a bit more off the time but you should not set too great a store by good equipment and lighter spikes. They are not nearly as important as, for example, an extra day's training each month and they are not, in any way, a substitute. But when you get to the Games you have to think of every single factor that will help you, however small, for example, I had some contact lenses made just in case it was raining. I had hurdled in them and run a steeplechase also, but didn't need them.

NORTH CAROLINA is looking forward to a better season, after one of its worst last year. 13 lettermen and 8 promising sophomores are topped by distance man Jim Beatty and Dave Scurlock who looked so good indoors at 1000 yards. Weaknesses will show mostly on the field. Dale Ranson is in his 33rd year as a track coach at the university, and his 6th as head coach. He joined the coaching staff after 4 years on the track team, in 1925. He was a standout distance man and captain of the 1925 squad. During his time the Tar Heels have won 46 championships, including Atlantic Coast Conference, Southern Conference, and invitational indoor championships. Assistant coach is Joe Hilton, who graduated in 1940 after four years as an all-rounder, with best events in the javelin and highs. He went into the service, returned to Carolina in 1946 and specializes in hurdles and field events.

BULLETIN BOARD

Next Newsletters, May 7 and 28. April Track & Field News mailed May 2, TN Syd DeRouer of So. Orange, N.J. will be at the Brown Palace in Denver from April 28 to May 1, then at the Figueroa in Los Angeles until May 6th and would like to get in touch with track nuts in those areas.