TRACK NEWSLETTER

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NEWS

INDOOR SEASON is shaping up as one of the best ever. A small foreign contingent and an ever-growing, powerful contribution from the Armed Forces squad, in training at Maryland, add luster. Three big meets have been held, preceded by the Met. AAU Jan. 8. Mass. Knights of Columbus at Boston Jan. 15, Philadelphia Inquirer Games Jan. 21 and Washington Star Games, armory flat track, Jan. 22.

SPRINTS Andy Stanfield leads the way, winning the Met 60 (6.5) and Phil. 50 (5.4) in his only starts. Rod Richard (Boston 50, 5.4, Wash. 80, 8.1); Art Bragg (Wash 70, 7.1, Wash 100, 9.7; and 30-year-old veteran Eddie Conwell, making a comeback (2nd Phil) follow.

600 Charlie Jenkins, Villanova's colored sophomore is it. His 1:10.0 at Boston has been bettered only by Whitfield (1:09.5). He won at Phil. in 1:12.7, and anchor laps of 48.1, 47.9, 49.0 have kept Villanova unbeaten. Tom Courtney is still unbeaten on an armory track in two years, winning Met in 1:12.5, but was last at Boston. Joe Ganney, Wash. 1:12.7. Reggie Pearman, Fred Schlereth, Lou Jones, have been scoring well.

1000 Another Villanova sensation is Ron Delaney, the frosh from Ireland. He set a meet record at Boston in 2:10.2 and beat Courtney at Phila. in 2:15.5. Courtney outkicked Arnie Sowell in 2:14.3 at Wash., with ex-greats Lang Stanley and John Barnes, both of Armed Forces, trailing. Gene Haynard was a fast second at Boston, shead of Carl Joyce and Stanley.

Mile Usually the glamor event, the mile looks headed for a big season, with Denmark's Gunnar Nielsen and Wes Santee trading punches at least three more times in New York. Nielsen won at Boston in 4:07.9, coming from 40 yards back of Fred Dwyer's 59.4, 2:00.9, 3:03.2 pace. Dwyer hung on for 4:08.7 with Bill Tidwell third. At Phila., on a slow, 12 lap track, Santee led through 61.6 and 2:04.9, Nielsen in 3:11.3. Wes jumped with 220 to 30, clocked 59.1, won by ten yards in 4:10.5. Gene Maynard, making his mile debut beat Vic Milligan of North Ireland and Purdue. The next night, on Wash. flat track, Nielsen reversed things, winning in 4:09.5, second best flat track mile ever, after a 1:57 last half, 56.8 quarter. Santee couldn't match the kick, ran 4:11.5. Bob McMillen looked better, finished 30 yards back of Wes. Fred Wilt, now 34, won the Met in 4:16.2 from Gordon McKenzie.

2 Mile- McKenzie owns the fastest time, winning in 8:58.8 from Horace Ashenfelter and Wilt at Phil. Ash beat Wilt and George King (9:10e) in 9:03.4 at Boston, while Wilt triumphed at Wash. in 9:07.8, beating Ash. Sweden's Curt Soderberg & Milligan have not been close, nor have Curt Stone & Browning Ross. Ash won met 3-mile in 14:16.6.

Hurdles Another event with mixed results. Harrison Dillard continued his mastery at Boston winning the 45s in 5.9 as Jack Davis, just off a destroyer, was fourth. At Phil. Davis had trouble with the Ogden starting gate, didn't make the finals, as Rod Perry, Penn State soph startled with a two feet, come from behind win over Dillard in world record tying time of 6.0 for 50. At Wash. Davis beat Perry twice, won 70s in 8.5 from Joel Shankle and Willie Stevens with Dillard absent. Pratt won in 8.6 at Nets, was third at Phila.

High Jump Herm Wyatt is the kingpin here, with wins at 6-10 and 6-9 at Boston and Phil. Wyatt passed up Wash., which was won by Chuck Holding at 6-7 5/8. Holding, who finally has produced outside of Texas, did 606 at Boston, 6-7 at Phil. Jay Hall went 6-6 at Boston.

Pole Vault Bob Richards is better than ever, winning at 15-3 3/4, 15-5, and 15-4 for three meet records, a new personal best, and upping his total to 61 times over 15 feet. Laz was second at Boston at 14-6, tied with Don Bragg and Jerry Welborn at 14-6 at Phil. and tied at

14-6 with Welbourn and Earl Poucher at Washington, where eight men cleared li feet. Ragnar Lundber and Eeles Landstrom hit li at Boston. Broad Jump Ross Range of the Armed Forces wallopped John Bennett

at Wash., 25-5 to 24-23, with Meredith Gourdine completing an Armed

Forces sweep with 24-13.

Weights Bernie Mayer put the shot 53-42, Stan Lampert and Ken Batum 51-102, Al Thompson 50-5 at the Mets. Bob Backus threw the 35 pound weight 59-10 3/4.

Other Indoor Meets: Lew Olive won in 4:18.8 and lost to Bob Goodwin in 2:13.4 as Manhattan beat Army; Bantum 51-8 3/4. Heinz Futterer ran 5.7 for 50 meters in Germany.

Outdoors Chris Chataway felt the 6000 foot altitude badly as he could only run 14:39.4 for three miles at Johannesburg, South Africa, Jan. 15. Jan. 18, in Capetown he set a two-mile record of 9:12.6. Monteiro of Brazil ran 1:53.2 for 800m. Dave Stephens broke Australian records with 28:38 for six miles on Jan. 13 and 8:51.9 for two miles on Jan. 19.

THIDOOR CIRCUIT

(With much help from TN Roy Silver, MY) Audun Boysen is training at U. of Mich. before running in the East. He is 25, weights 147, will work with an industrial psychologist at Hichigan, run nothing longer than 1000 indoors. Hext year, or year after, he hopes to run mile. He says that if he understands correctly it will be profitable to wear spikes on his elbows, and says he doesn't know yet how his exceptionally long stride will do: on the boards. Says he can run faster with a stopwatch in hand, ala Nurmi. Begins to workout in Oct. and finishes up in Spring. At this time In Morway he would do calisthenics three times a week, and run for 40 or 50 minutes in a park in Oslo, where it is often 15 below when he runs. Would also do some weight lifting... Nielsen trained in an indoor hall in Copenhagen and had it saturated with smoke to become accustomed... Dwyer says his only other two miles will be the Vanamaker and AAU. He is being coached by mail by Franz Stampfel...something new has been added to indoor sprinting in armories. A matting of silicon carbide adheres to the floors and prevents slipping...Wielsen was voted outstanding at Eoston, nine votes to 8 for Jenkins and 7 for Wyatt. Nielsen, who said he ran for second place, reportedly had 4:08.5 time trial outdoors before coming to U.S.... Dwyer says he was in better shape than he showed at Boston, that the pace was close to his schedule, but uneven. "haybe a seven man field is too big for record breaking. Could be I shouldn't have laid off 5 days before the race" ... Coach Irv Kintisch says Bantum should be around 53 next time out...Olive's eligibility is being questioned...Wilt thinks Maynard is natural miler, but critics point out Wil said Milligan would run 4:08 at Boston, where he did 4:16... Ken Wiesner is out of the service, and back at his dental practice ... On Lundberg's first indoor vault he bruised his right eye with the pole and came up with a shiner...Lundberg, Melsen and Soderberg worked out at Yale the week following the Boston meet ... Dwyer's seventh lap was 21.6, his last 24.7. Mielsen did last lap in about 20, quarter in about 58.5...Fred Schmertz, Hillrose AC boss, has been so beseiged for tickets he is reluctant to announce Santee's entry in Wanamaker mile...Don Canham was at the NCAA track coaches convention with a British camera that slows down films to one frame per half second. He had about 100 loop films with him, and the one most requested by coaches was that showing Warmerdam doing 15-3 outdoors, Canham likens Landstrom to George Varoff in structure, says he's exceptionally fast on the runway. He is 22, 6-1 and has been vaulting for only three years. Canham thinks Landstrom might be useful before he graduates four years from now.

NOTED WITH INTEREST

ATHLETIC JOURNAL'S annual national high school track meet shows California winning handily, again. The coaching magazine each year matches the results of all state meets to produce a national meet. Cal scored 106 points (NCAA basis), Texas 63, NY 32, Illinois 30, nio 16, Kansas 15, Indiana 15, Michigan lawashington 12 3/4, and Penn. 10. It was a new record total for Cal, who scored 94 3/4 in 1951. In 1951 Cal won eight events, this year won seven and a tie of 13 events. Cal scored in 13 of 13 events, the first year any state has done so. Cal has now scored in 96 out of 108 events in which it has competed. The Golden State has won 48 events for a .444 percentage -- six wins in shot, five in highs, 100, relay, vault and broad jump, four in mile and 440, three in half-mile, two in lows and high jump and only one in the 220. Texas has joined Cal in the top 10 every time, while Chio and Indiana have missed once. Illinois has made it seven times, NY and Penn. six, Missed once. Illinois has made it seven times, NY and renn. six, New Jersey five. Complete point totals for the nine years show: Cal 729, Texas 377, Chio 267 2/3, Ill 251, Ind. 231, NY 218, NJ 170, Iowa 144, Ckla. 133, Penn. 1312, Ore. 87, Wis. 84, Kan. 83, Wash. 80. 75, Mass. 77, Mo. 752, Colo. 732, Ariz. 532, Mich. 48, Conn & Vir. 40, Louis. 39, Fla. 29, Minn. 28, Teb. 27 3/4, Mont. 19, Utah 18, Idaho & Tenn. 15, N.Dak. 82, Ky. 8, N.Mex. 6, S. Dak. 5, W. Va. 5, Georgia 1 5/6, Ala. 12, Miss. 1, Wyo. 1/3. Although only 38 teams have scored in all the nine years, only Delaware and Rhode Island do not have state meets. 62 state records were broken. a total second only to 1953 state meets. 62 state records were broken, a total second only to 1953 when 73 were broken. Maryland broke five. Average points scored by the states grouped into sections: Pacific 43, West South Central 19.2, Mid Atlantic 18.4, East North Central 15.3, West North Central 5.0, Mountain 2.0, New England 1.2, South Atlantic .9, East South Central .2. 91.0% of the points are scored by the 15 states which comprise the first rour groups. A majority of these states are the most populous. but a third of them do not rank among the first 15 on a population basis. 12 of these 15 states earned more than 10 points. Average winning performances are compared for the 47-51 period and for 1955: Winning performances are compared for the 47-51 period and for 1955: 120HH 15:32 and 15:16, 100 10:20 and 10:14; Mile 4:39.01 and 4:35.7; 880 relay 1:33.65 and 1:33.05, 440 52.15 and 51.08, 880 2:02.1 and 2:02.0, 180LH 20.23 for 1955, 220 22.56 and 22.38, vault 11-5\frac{1}{2} and 11-10\frac{1}{2}; shot 48-5 and 51-6\frac{1}{2}, high jump 5-8 1/\frac{1}{2} and 5-11 3/\frac{1}{2}; discus 140-5/8 and 147-4 7/8; broad jump 21-4 3/4 and 21-9 1/8. E. A. Thomas: National High School Honor Roll accompanies the "meet" and shows Cal getting 73 of 158 listings. 60% of all listings were from Cal and Texas.

ATHLETICS VEEKLY tells about Stan Cox, 2:21:42 marathoner from Britain. He trains seven days a week in summer and five in winter. in the evening, taking from 50 minutes to two hours or more. Works an average of 80 miles a week in the summer, running distances of from 8 to 26 miles at speed, "forgetting all about the slow running method used by lots of marathoners". Winter training is the same with some cross-country races and runs, all of which are treated as training runs. Each season runs two marathons, two 20 miles and several shorter races. Takes very little warmup for marathons, four laps for a six mile. Rests one day before competition. Says there should be some control over time of day a race is run, and more supervision on actual course. Advises young athletes to "train hard and stick to the task you have set for yourself. Don't lose heart if you don't gain the success you wish for. It takes time to get to the top in athletics and its a harder job still to stay there. Cox is 36, ran his best marathon at 34. Formerly scheduled to retire, Cox has solved a few personal problems, has more time to train, and has announced his intention of going all out to take Jim Peters' place in the marathon world.

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TO THEY TELL US

TN DON JACOBS, Colfax, Wash.: "Idaho should have a good track team in a few years if new coach Joe Glander can teach track as well as he taught swimming to his son. Dave Glander of WSC made the NCAA all-american team as a diver and his dad started him out by using a book as pop doesn't swim."

TN AL HERSCHEL: "Your poll got me to thinking and I actually believe that I am the No. 1 U.S. track spectator not connected with the sport in any way. Each year I see the indoor neets in the East-Boston, Philadelphia, Washington, New York, New Haven, West Point, Jersey City, and Neward. In the spring it is California and all the outdoor meets there. In the future I hope to be the No. 1 spectator in the world. From now on I'm going to see all the European Championships and Olympics, as well as all our national championships. Do any of your other Track Nuts see as many meets as I?"

DICK GANSLEN, VAULTER, coach, student of track: "So the AAU ruled against hollow javelins. The flight characteristics of a javelin are about as much influenced by its hollowness or solidity as the growing of lettuce in Siberia is influenced by the equatorial sunshine of Brazil. If they are going to throw out the effects of wind on javelin and discus flight lets also take the rule out of the jumps and rewrite all the record books from scratch...Earl Poucher deserves special commendation since he is only a fraction over 5-7 and has already hit 14-7 at 20 years. He is in fine condition now, but still struggling to overcome some major form faults."

RALPH COLSON, Nattapan, Hass.: "Phil Reavis, ex-Somerville High 6-51 jumper did 6-9 at Villanova last week, where he is a frosh... Thomas Eglin, Princeton relayist and 54 grade, is running like a house afire, has done 9.8, 20.8, 48,8."

BILL JIMESON, TN, Baltimore: "Add Armed Services trackmen-Len Truex, Charlie Cappozoli, Al Hoore, Lyle Dickey and Parry O'Brien". Johnny Barnes worked 1000 yards in 2:15.6. Lang Stanley is looking forward to the long season because it takes him a long time to get into shape. Says he is aiming for 1:48 plus this year. Lou Jones says his ambition is 45+, and "with God's help I may be able to obtain this goal". Herm Wyatt says "if I still have that old 'ugh', and I feel I do, my old record should be surpassed by a great margin. Norkout conditions are ideal here." Cappy says he feels very good."

TH TIM OTHER, 958 Sherwood Road, San Harino, Calif., Muir recorder: "It would be worth while to see who the greatest three hurdle event stars would be. George Saling of Iowa would rank very high. the NCAA highs in 1932 in 14.1, and was second in the lows in 22.8. Two weeks later he ran 52.1 for 400m. Bill Cummins, who followed Fred Wolcott at Rice had 1942 marks of 14.1, 22.9 and 52.2. George Walker of Illinois was able to do 14.2, 22.6 and 51.9 in the 1946-49 era. Glen Hardin, Roy Cochran, Charles Hoore and Dick Ault were all great low and medium hurdlers, but not high hurdlers at all ... I am wondering why Eddie Tolan was not given credit for his 10.2 race at Vancouver, B.C. July 1, 1930. The story said that he ran an official 10.2 without wind, defeating George Simpson who came back to win the 220 in 20. It was claimed the track was 30 inches higher at the finish than at the start, but there should be no reason to stop a record that was run uphill. ... On June 18, 1921, Charley Paddock ran 90, 100 and 110 yards all in one race in 8.8, 9.6 and 10.2. He then ran another race at 130, 150 and 200 yards in 12,4, 14.2, and 19.0. His 10.2 should be listed with Tolan's 10.2 as tied for the world's 100m record. His 19.0 was an unofficial record until Barney Ewell ran 18.9 in 1942 just after he had run 9.5 and 20.5 in the IChA. It is too bad that Paddock was hurt off and on after the 1921 season."