

TRACK NEWSLETTER

Vol. 22, No. 18

December 30, 1976

UNITED STATES OUTDOOR NEWS

AC, Long Beach, April 17—DT, 2. Gardner (Macc) 192-8. Tom Black, Knoxville, May 8—5000, 7. Perkins (Duke) 13:51.2 (13:28.2y). JT, 7. Gorski (NC) 243-7.

AC, Walnut, Calif., June 1—PV, 2. Hayes (unat) 16-8; 2. Herndon (unat) 16-8.

Pacific AAU, San Mateo, Calif, June 6—400, Rodgers (BAS) 46.4. 800, Brown (unat) 1:48.1. HJ, Haber (Hay St) 7-1¾. SP, Stuart (UCTC) 62-10¼; 2. Marks (WVTC) 62-1. DT, Powell (PCC) 202-2; 2. Penrose (SJ Stars) 197-1; 3. Gardner (Macc) 184-5. HT, Shuff (US Army) 210-0; 2. McKenzie (WVTC) 207-9.

Hall of Fame, Charleston, W. Va., June 12—Mile, Waigwa (UTEP-Ken) 3:58.3; 2. Foster (FTC) 3:59.9; 3. Jirell (Ill) 4:00.8.

NCAA Championships., Philadelphia, June 5—PV, placers 3-6 (Rogers, DiStanislaio, Tully, Laz) 17-1¼.

Olympic Trials, Eugene, June 19-27—3M times in 5000: Buerkle 12:59.4, Macdonald 13:00.6, Geis 13:09.6, Kardong 13:21.0, Castaneda 13:28.0, Keogh 13:33.4, Fredericks 13:39.4, Holleran 13:45.4, Gregorio 14:09.6. Heats: I-1. Buerkle 13:15.8, Virgin 13:16.6, Gregorio 13:20.4, Kardong 13:20.6, Castaneda 13:20.2, Atkins 13:52.4. II-1. Keogh 13:24.4, Macdonald 13:28.6, Fredericks 13:33.6, Geis 13:35.0.

6M times in 10,000: Virgin 27:04.4 CR, Shorter 27:04.6, Bjorklund 27:11.0, Rogers 27:07.8, Castaneda 27:42.8. Heats: I-1. Shorter 27:35.8, Virgin 27:35.8, Tuttle 27:41.0, Wells 27:46.4, Stemmer 28:57.4. II-1. Rodgers 27:36.5

Armenian Olympics, Hayward, Calif., June 26—DT, Kennedy (SJ Stars) 204-3.

AC, Fairfield, Calif., July 17—DT, I-1. Kennedy 211-1; 2. Burton (Ore) 204-2; 3. Nave (WVTC) 184-7. II-1. Kennedy 208-3; 2. Burton 192-5; 3. Nave 182-7.

AC, Fairfield, July 24—DT, I-1. Kennedy 203-5; 2. McCollum (BAS) 187-0; 3. Burton 185-2. II-1. Kennedy 203-8; 2. Burton 185-8; 3. McCollum 185-2.

AC, Fairfield, July 31—DT, Kennedy 198-3; 2. Burton 193-5.

AC, Pembroke, Mass., Aug. 8—SP, Dupuis (Worc St) 62-4¾; 2. Wallin (Back) 60-7¾. (Dupuis used spin, added 3½ ft. to PR)

Nike Marathon, Eugene, Oct. 10—Hensley (OTC) 2:21:56; 2. Merrill 2:23:27. Women: Barrett (Ariz TC) 2:51:05.

AAU Marathon, Crowley, La., Oct. 16—Tuttle (Tobias) 2:15:15; 2. Durden (Atlanta TC) 2:20:23; 3. Kurrle (SFVTC) 2:21:38; 4. Nolan (unat) 2:23:16; 5. Fidler (Atlanta TC) 2:24:35; 6. Bayko (NMed) 2:25:25; 7. Samore (unat) 2:26:58.

Hammerama, New Haven, Conn., Oct. 23—HT, Durrigan (Sn Cong) 191-10; 2. Silverio (Manh) 191-5.

New York Marathon, NYC, Oct. 24—Rodgers (GBTC) 2:10:10; 2. Shorter (FTC) 2:13:12; 3. Stewart (GB) 2:13:21; 4. Hughson (Can) 2:16:10; 5. Paivarinta (Fin) 2:16:17; 6. Fleming (NYAC) 2:16:52; 7. Hatfield (W Va TC) 2:17:26; 8. McDaid (Eire) 2:17:48; 9. Mielke (WG) 2:18:16; 10. Hill (GB) 2:19:43; 11. Usami (Jap) 2:20:30; 12. Moore (Can) 2:21:09; 13. Burrows (TCTC) 2:21:40; 14. Calvano (MAA) 2:22:46; 15. Bragg (NYAC) 2:23:19; . . . 19. Mabuza (Swaz) 2:25:18; . . . 22. Thompson (GB) 2:26:26.

Women: Gorman (SFVTC) 2:39:11 (2nd performer, performance all-time world); 2. Brown (Falc) 2:53:20; 3. D. Elia (JS) 3:08:17.

Motor City Marathon, Detroit, Oct. 24—Minty (Ypsi U-GB) 2:17:49; 2. Landriault (Can) 2:21:43.

AC, Jamaica, N.Y., Oct. 30—HT, Silverio (Manh) 192-10; 2. Mancino (Prince) 182-9.

Marine Corps Reserve Marathon, Washington, DC, Nov. 7—Moore (OTC) 2:21:02.

Island Marathon, Portland, Ore., Nov. 27—Williams (unat) 2:22:13; 2. Hill (Can) 2:23:22.

AC, San Mateo, Dec. 4—JT, Walker (Cal) 247-9.

AAU Women's Marathon, Culver City, Dec. 5—Brown (North St) 2:45:33; 2. Barrett (unat) 2:46:23; 3. Reinhart (SFVTC) 2:50:36; 4. Ulyyot (WVTC) 2:51:15; 5. Heale (Can) 2:57:49; 6. Hobson (SDTC) 2:58:14.

Men: Ortega (NM) 2:18:19; 2. Lee (CCAC) 2:21:21; 3. Forrester (SMTC) 2:22:04; 4. Chaidez (North St) 2:22:14.

Maryland Marathon, Baltimore, Dec. 5—Rodgers (GBTC) 2:14:22; 2. Fleming (NYAC) 2:16:01; 3. Hill (GB) 2:20:23; 4. B. Brown (FTC) 2:21:07.

AC, San Mateo, Dec. 11—Mile, 3. Jordan (WVTC-T&FN) 4:21.3. 3M, Schmulewicz (unat) 13:34.0; 2. Geis (Tobias) 13:34.0. 440, J. Robinson (unat) 47.5. DT, Powell (PCC) 187-5.

Blue-Orange, Auburn, Ala., Dec. 2—60, Glance (Aub) 6.1. 60H, Lewter (Aub) 7.0; 2. Walker (Aub) 7.1. LJ(measured heel to toe), Glance 24-8.

Midwest AAU Marathon, Sioux City, Iowa, Dec. 11—Samore (unat) 2:16:04.

USTFF Decathlon, Glendale, Calif., Dec. 11-12—Bardales (Irv) 7193; 2. Harvey (USAF) 7176.

Honolulu Marathon, Honolulu, Dec. 12—Macdonald (MPRR) 2:20:37; 2. Wayne (OTC) 2:21:26; 3. Fultz (Gtn) 2:24:05; 4. tie, Galloway (FTC) & Moore (OTC) 2:24:42; 6. Moynihan (GBTC) 2:27:00; 7. Sandoval (WVTC) 2:28:02; 8. Foster (NZ) 2:28:12.

Women: Merritt (Wisc/Parkside) 2:44:44(3rd performer, 4th performance all-time US); 2. Richards (Aus) 2:50:26; 3. Barron 2:52:16.

AC, Glendale, Calif., Dec. 17—SP, McKenzie (Sn Cal) 56-2½. DT, Gordien (CP/Pom) 181-9.

AC, Long Beach, Calif., Dec. 18—PV, Tully (UCLA) 17-8; 2. Pullard (All Am) 17-0; 3. Kwan (Sn Cal) 16-6. SP, Pagel (Macc) 60-0; 2. Ahlstrom (UTEP-Swe) 59-9. DT, McGoldrick (unat) 189-6; 2. Lister (unat) 179-11. HT, Galle (unat) 205-10; 2.

Arcaro (Tobias) 185-2.

AC, San Mateo, Dec. 18—1-Mile, Schmulewicz (unat) 4:11.7; . . . 3. Geis (Tobias) 4:13.4. HJ, Livers (SJ St) 7-0.

Pepsi 20, Clarksburg, Calif., Nov. 28—20M(road), O'Neil (Jesuit, Carmichael) 1:49:29 HSB (old best 1:50:28) (1:41:45 @ 30km—2nd performer, performance, all-time HS).

Fiesta Bowl Marathon, Phoenix, Dec. 11—Mendoza (J Toads) 2:18:58; 2. Castaneda (Colo TC) 2:19:22; 3. Kurrle (SFVTC) 2:19:57.

UNITED STATES INDOOR NEWS

Lafayette 78, Columbia 67-LaSalle 25, Easton, Pa., Dec. 3—600, Stephens (LS) 1:11.8.

Army-Rutgers-NYIT, West Point, N.Y., Dec. 4 /300y unbanked synthetic—2M, Alitz (A) 8:59.1. Wt, Leishman (A) 62-8½; 2. Weiner (A) 60-2½.

Princeton 81-St John's 43-Temple 24, Princeton, Dec. 4—Wt, Mancino (P) 60-1½.

5-Way, Raleigh, N.C., Dec. 4—SP, Medlin (NC St) 62-6¼; 2. Caruthers (NC St) 58-9.

Rutgers 78-Columbia 40, Princeton, Dec. 8—HJ, Allen (C) 6-10¼; 2. Johnston (R) 6-10¼.

Army 81-Connecticut 55-New Hampshire 12, West Point, Dec. 11—2M, Alitz 8:49.0. Wt, Leishman 61-10.

Rutgers 68-Princeton 51, Princeton, Dec. 11—Wt, Mancino 60-9¼.

Brown 65-St John's 53½-Rhode Island 28½, Providence.

Yale 66-Columbia 52, New Haven, Dec. 12—2M, Schlesinger (Y) 8:58.4. Wt, Wood*(Y) 62-8.

Jackson State Invitational, Jackson, Miss., Dec. 18 /160y banked board—60, Trott (Jack St-Barb) 6.0. Semis: Dennis (Jack St) 5.9. 600, Myles (Jack St) 1:11.5. HJ, Godwin (Jack St) 6-10. SP, Collins (Delta St) 59-7¼. 60H, Davenport (Sn) 7.0.

WORLD OUTDOOR NEWS

SOVIET UNION

Lvov, Sept.—HJ, Yastchenko 7-3.

Baku, Sept. 26—JT, Yershov 277-8.

Vinnitsa, Sept.—HT, Zaichuk 247-5.

Dnepropetrovsk, Sept.—Women: 3000, Katyukova 8:49.2 (4th performance all-time world).

RUMANIA

Bucharest, Sept. 25-26—100m, Suselescu 10.2. JT, Boros (Hun) 290-1 PR.

Bucharest, Oct. 2-3—TJ, Bedrosian 54-9 PR.

POLAND

Warsaw, Aug. 15—JT, Bielczyk 289-0.

Warsaw, Sept. 4—800, Malinowski 1:49.9 PR.

Sopot, Sept. 5—PV, Kozakiewicz 17-10½.

Zielona Gora, Sept. 22—HJ, Wszola 7-2¾.

CZECHOSLOVAKIA

Rosicky Memorial—5000, Ryffel (Switz) 13:40.6; . . . 4. Ridler (GB-Wn Ky) 13:45.4; . . . 11. Gammoudi (Tun) 14:06.0.

Ostrava, Aug. 26—DT, Silhavy 211-11.

Brno, Sept. 8—Women: SP, Fibingerova 70-1¾.

Jablonec, Sept. 12—SP, Fibingerova 68-8½.

Opava, Sept. 26—SP, Fibingerova's series: 72-1¾ WR, 71-10¼ [2nd performance all-time world], 70-2½, 68-10, 69-11¾, 69-2¼—average 70-4½).

Uherske Hradiste, Oct. 3—DT, Danek 212-2.

Ostrava, Oct. 7—DT, Danek 216-2; 2. Silhavy 204-6.

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HUNGARY

Szeged, Aug. 29—JT, Boros 285-6.
Budapest, Sept. 17—JT, Boros 274-3; 2. Cisk 266-8.
Budapest, Sept. 19—DecJT, Boros 275-6 DecR. (JT competition after decathlon: Erdelyi 265-3; 2. Boros 264-11.)
Budapest, Sept. 22—JT, Boros 280-2.
Budapest, Sept. 29—DT, Tegla 207-9. JT, Boros 284-3; 2. Eldenbrinck (Swe) 277-6 PR; 3. Nemeth 272-0.
Szentes, Oct. 3—JT, Boros 278-9.
Budapest, Oct. 9—DT, Tegla 209-3. JT, Paragi 288-8; 2. Boros 286-6; 3. Erdelyi 259-2; 4. Csik 254-8; 5. Kulcsar 248-6 (world age-42 best).
Budapest, Oct. 14—JT, Boros 270-5.
Nyiregyhaza, Oct. 16—JT, Boros 273-11.
Budapest, Oct. 21—JT, Boros 278-1.
Budapest, Oct. 24—JT, Boros 269-9.
Budapest, Oct. 28—JT, Boros 286-10; 2. Erdelyi 272-7.
Szeged, Oct. 30—JT, Boros 281-10.
Szeged, Oct. 31—JT, Boros 289-2.
Budapest, Oct. 31—Mar, Kopijarz (Pol) 2:16:21. Women: Monspart (Hun) 2:48:23.

SWEDEN

Karlstad, Aug. 17—100m, Abrahams (Pan-Macc) 10.3. 400, Peoples (DCS) 47.2. 1000m, Svenson 2:18.4; 2. Savic (Yug) 2:19.0 NR. 3000, Macdonald (MPRR) 7:53.6. HJ, Almen 7-2%. SP, Hoglund 65-5½; 2. Almstrom (S-UTEP) 65-3½.
Nordic Police Champs., Karlstad, Aug. 24-25—1500, Viren (Fin) 3:56.0. DT, Tuomola 196-6.
IAAF 50-Kilo Walk Champs., Malmo, Sept. 18—Soldatenko (SU) 3:54:40 (2nd performer, performance all-time world); 2. Vera (Mex) 3:58:14; 3. Salonen (Fin) 3:58:53; 4. Colin (Mex) 4:00:34; 5. Kroel (EG) 4:00:58; 6. Lyungin (SU) 4:04:36;. . . 21. Young (Col TC) 4:16:47;. . . 27. Hirt (Col TC) 4:28:35;. . . dnf—Godwin (Colo TC).

WEST GERMANY

West Germany-Great Britain-Poland Juniors, Bremen, Sept. 11(a)-12(b)—400H(a), Schmid 49.92. HJ(b), Wszola (P) 7-2¾. JT(b), Tafelmeier 257-7.
Trier, Sept. 18—HT, Riehm 241-9. JT, Nemeth (Hun) 260-11.
Menden, Sept. 19—400, Brydenbach (Bel) 47.2. 1000, Van Damme (Bel) 2:21.7; 2. Wessinghage 2:21.8; 3. Wulbeck 2:22.0. 2000, Wellmann 5:09.2. 5000, Puttemans (Bel) 13:58.4. HJ, Killing 7-2¾.
Konz, Sept. 19—HT, Riehm 242-5.
Berlin, Sept. 23-25—JT, Tafelmeier 276-7 NJrR.
International Women's Marathon, Waldniel, Oct. 2—Vahlen-sieck 2:45:25; 2. Merritt (Wisc/Park) 2:47:12; 3. Barron (Ga) 2:47:44; 4. Spouwen (Hol) 2:47:51; 5. Angenvoorth 2:48:19; 6. Monspart (Hun) 2:51:23;. . . 8. Hansen (SFVTC) 2:55:50; 9. Leydig (WVTC) 2:57:13; 10. Langlace (Fr) 2:58:08; 11. Tut-hill (Va) 3:00:36; 12. Ulliyot (WVTC) 3:01:07;. . . 16. Bevans (Md) 3:10:40;. . . 21. Williams (US) 3:18:03;. . . 24. Kokesh (US) 3:25:25.

Wormeldingen, Oct. 17—HalfMar, Fleming (NYAC) 1:06:30; 2. Mielke 1:06:52.

Neufbrisach, Oct. 24—Mar, Warnke (Chile) 2:14:57. Women: Langlace 2:44:40.

ITALY

Rome, May 27—DT, 2. De Vincentiis 211-6; 3. Fruguglietti (It-Sn Cal) 195-10.

Siena, June 12—HJ, Woods (PCC) 7-1¾. PV, Pullard (All-Am) 17-¾; 2. Baird (Aus-LB St) 17-¾; 3. Jessee (Macc) 16-5.

AUSTRIA

Innsbruck, Sept. 25—DT, Wilkins (PCC) 212-7. Women: SP, Wilms (WG) 67-0 (also 11.77 100m, 172-5 DT wins).

BELGIUM

Brussels, Sept. 23—400, Brydenbach 46.1. 800, Van Damme 1:46.7. St, Thys 8:27.4. 5000, Puttemans 13:35.4; 2. Schoofs 13:35.8; 3. Tebroke (Hol) 13:36.8.

Brussels, Sept.—1000m, Van Damme 2:16.5; 2. Nevens 2:18.1; 3. Mignon 2:18.4.

Malmedy, Sept.—Women: HJ, Pira 6-2½ NR.

FINLAND

Raahе, Aug. 18—3000, Munyala (Ken-UTEP) 7:58.4; 2. Kantanen 7:59.4; 3. Geis (OTC) 8:00.4; 4. Ngeno (Ken-Wash St) 8:01.4.

Vammala, Aug. 19—Mile, Munyala 4:00.8; 2. Viren 4:01.6; 3. Kantanen 4:05.9. 5000, Ngeno 13:44.2; 2. Geis 13:44.8.

Hameenlinna, Aug. 22—3000, Munyala 7:57.8; 2. Ngeno 7:57.8.

Jyvaskyla, Aug. 24—400, Peoples (DCS) 47.7. 5000, Viren 13:49.2. PV, Kalliomaki 17-8½; 2. Baird (Aus-LB St) 17-5½. JT, Hovinen 290-8; 2. Nemeth (Hun) 267-6.

Pietarsaari, Aug. 24—St, Munyala 8:28.8; 2. Kantanen 8:29.8. 10,000, Paivarinta 28:42.6; 2. Ngeno 28:42.6.

Lappeenranta, Aug. 26—200, Peoples 21.2. 800, Paunonen 1:50.7;. . . 14. Macdonald (MPRR) 1:56.2. 5000, Foster (GB) 13:47.4; 2. Viren 13:51.4. HT, Tiainen 235-7 NR. JT, Nemeth 276-5;. . . 5. Hovinen 236-1.

Nokia, Aug. 28—DT, Tuokko 216-8.

Mikkeli, Sept. 8—Mile, Viren 4:13.0. PV, Kalliomaki 17-8½.

Turku, Sept. 18-19—Dec, Lahti 8041 NR (10.6, 23-6, 44-6¼, 6-8¼, 49.2, 15.2, 134-6, 14-1¾, 230-7, 4:35.8).

Nokia, Sept. 26—JT, Hovinen 284-0.

FRANCE

Finland 110-France 101, Blois, Sept. 11(a)-12(b)—800(a), Paunonen (F) 1:48.7. 1500(b), Paunonen 3:40.2. 110H(b), Bryggare (F) 14.4;. . . dnf—Drut (Fr) (suffered recurrence of Achilles injury). PV(a), Kalliomaki (F) 17-8½; 2. Tracanelli (Fr) 17-4¾. TJ(b), Lamitie (Fr) 54-4; 2. Kuukasjarvi (F)

54-1½. DT(b), Tuokko (F) 206-2; 2. Kahma (F) 201-5. JT (b), Hovinen (F) 282-6; 2. Aho (F) 261-10.

2. Prudencio 52-7¼.

GREAT BRITAIN

Great Britain-Canada-Poland, London, July 4—HT, 5. Neilson (C-Wash) 220-0.

National Women's Champs., London, Aug. 20-21—100m, Lynch 11.22; 2. Colyear 11.39. 3000, Purcell (Eire) 9:08.0 NR. 100H, Colyear 13.47. 400H, Warden 57.84 BCR; 2. Roscoe 59.40.

Rotheray, Aug. 21—SP, Capes 68-10¾.

Gateshead, Sept. 14—200LH(w). SP, 2. Feuerbach (PCC) 66-4½.

Harlow, Oct. 1—SP, Capes 67-7.

BRAZIL

CISM (International Military) Champs.—Mar, Strabel (US) 2:31:13; 2. Bordell (US) 2:34:17. 20kWalk, Dibernardo (US) 1:43:04. LJ, 3. Deroche (Fr) 25-9; 4. Lanier (US) 25-4¼. HT, 2. Huning (WG) 224-11; . . . 4. Shuff (US) 208-4; . . . 7. Diehl (US) 192-9. 1600R, Ivory Coast 3:09.7; 2. US 3:10.0 (Lee, Brock, Haney, Redman).

National Champs., Sao Paulo, Oct. 2(a)-3(b) /very cold, windy/—100m(b), R. da Silva 10.2 =NR. TJ(a), Oliveira 52-11¾;

CANADA

Pre-Olympic, Montreal, July 14—800, II-3. Centrowitz (Ore) 1:49.8. 5000, Yifter (Eth) 13:24.4; 2. Kedar (Eth) 13:28.2; 3. Virgin (Ill) 13:35.3; 4. Wardlaw (Aus) 13:38.5; 5. Kardong (CNW) 13:38.9. Women: 1600R, US 3:29.8.

National Junior Champs., Sudbury, Ont., Aug. 14(a)-15(b) —HT(a), Neilson (C-Wash) 211-3. JT(b), Olsen (C-Tenn) 268-4.

National Champs., Regina, Sask., Aug. 27-28-29—110H(b), Taillon (C-A Peay) 14.2. HJ(c), 2. Beers 7-¾. DT(a), Chambul (C-Wash) 184-8. HT(a), Neilson 221-5 NJrR. JT(c), Olsen 265-11. Women: 100m(a, w), Loverock 11.1. Pent(b-c), Jones 4614 (13.6).

JAPAN

International Marathon, Fukuoka, Dec. 5 /warm; 75 starters/—Drayton (Can) 2:12:35; 2. Thompson (GB) 2:17:55; 3. Cierpinski (EG) 2:14:56; 4. So 2:14:59; 5. Shigeki 2:17:25; 6. Otsuka 2:17:43; 7. Mizukami 2:18:05; 8. Sakamoto 2:18:50; 9. Sometani 2:19:41; 10. Baumbach (EG) 2:20:45; 11. Usami 2:20:47; . . . 15. Kimihara 2:22:07; . . . 23. Tuttle (Tobias) 2:26:07.

TRACK NEWSLETTER BULLETIN BOARD

RENEWAL NOTICE: This is the last issue of Volume 22 of *Track Newsletter*, and with it comes a good-news/bad-news line. The bad part is that the price of *TN* for next year has risen to \$12.00 as the ever-present economic crunch hits us all. The good news is that we will give you a bit more for your money in 1977. Deciding that 18 issues a year were just not enough to bring you all the news in good time, we have added 2 issues to the roster, so you will be getting things in a quicker fashion at certain times. Obviously, 1977 may not be an Olympic year, but it promises to be another terribly exciting campaign. Don't miss an iota of the hot-breaking news. Renew your subscription today, if not sooner.

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UNITED STATES CROSS COUNTRY NEWS

NCAA Division II Championships, Springfield, Mo., Nov. 13/10,000 meters, slight wind, cold/—Serna (Irvine) 29:42; 2. Hulst (Irvine) 29:42; 3. Scott (Irvine) 29:42; 4. Prasuhn (SW Mo St) 29:57; 5. Heesen (E Strouds) 30:03; 6. Tabb (C Mo St) 30:07; 7. Callison (SW Mo St) 30:10; 8. Eachus (Bloomsburg St) 30:13; 9. Sheeran (En III) 30:14; 10. Orndoff (SW Mo St) 30:19; 11. Littleton (Pitt/Johnstown) 30:20; 12. Glidewell (Wright St) 30:23; 13. Christy (En III) 30:26; 14. Cvrk (S Dak) 30:27; 15. Mike Bills (S Dak) 30:28; 16. Mark Bills (S Dak) 30:29; 17. McNerney (En III) 30:29; 18. Pfeil (Buff St) 30:30; 19. White (SE Mo St) 30:31; 29. Birnbaum (Sac St) 30:31.

Teams: Irvine 50; 2. Southwest Missouri State 73; 3. Eastern Illinois 102; 4. Illinois/Chicago Circle 141; 5. South Dakota State 227; 6. Indiana of Pennsylvania 231; 7. Wright State 280; 8. Central Missouri State
8. tie, Central Missouri State & Valdosta State 286; 10. Southern Illinois/Edwardsville 363.

NCAA Division III Championships, Cleveland, Ohio, Nov. 13/8000 meters; rolling, some snow, windy, 28 degrees/—Kramer (Carleton 24:56; 2. Hodge (Lowell) 25:04; 3. Cooper (August) 25:16; 4. Richardson (MIT) 25:18; 5. Coy (Bald-Wall) 25:25; 6. Henderson (Wheaton) 25:27; 7. Kummant (Case Wn) 25:28; 8. Donoghue (Brandeis) 25:29; 9. Schulz (Keene) 25:30; 10. Piro (N Central) 25:33; 1. Strain (Mill St) 25:34; 12. Oparowski (Bates) 25:35; 13. Fleming (Lowell) 25:36; 14. Sharkey (Mill St) 25:37; 15. Hammer (Humboldt) 25:38.

Teams: North Central 120; 2. Humboldt State 150; 3. Brandeis 179; 4. Carleton 200; 5. Mt. Union 252; 6. Occidental 258; 7. Ferris State 281; 8. Lowell 288; 9. St. Olaf 308; 10. Gettysburgh 335.

NAIA Championships, Kenosha, Wisc., Nov. 20/5M; rolling, clear/—Kebiro (En NM-Ken) 24:21; 2. Foley (Edin St) 24:24; 3. O'Connor (Angelo St-Eire) 24:33; 4. Jim Hanson (Wisc/LaCr) 24:36; 5. Winger (Edin St) 24:38; 6. Foster (Edin St) 24:39; 7. Henry (Pemb St) 24:40; 8. Littleton (Pitt/Johnstown) 24:41; 9. Luttrell (Spring Arbor) 24:41; 10. Joe Hanson (Wisc/LaCrosse) 24:44; 11. Boswell (Okla Chr) 24:45; 12. Waltmire (Azusa) 24:46; 13. McMillen (Adams St) 24:47; 14. McLeod (Pittsburgh St) 24:48; 15. Fink (Adams St) 24:49; 16. Gradeless (Taylor) 24:49; 17. Muggleton (Edin St) 24:51; 18. Heldreth (Westmar) 24:52; 19. Blickstad (George Fox) 24:53; 20. Hull (Cedarville) 24:57.

Teams: Edinboro State 56; 2. Adams State 103; 3. Wisconsin/LaCrosse 184; 4. Indiana of Pennsylvania 211; 5. Oklahoma Christian 220; 6. Lewis 268; 7. Malone 297; 8. Fort Hays State 323; 9. Wisconsin/Stevens Point 359; 10. Central Washington State 377.

JUCO Championships, Long Island, New York, Nov. 13/5M, flat, fast and cold/—Holland (Alleg) 23:27; 2. Frye (Alleg) 23:36; 3. Medina (Alleg) 23:37; 4. Stewart (Alleg) 23:38; 5. Hairston (NMJC) 23:39; 6. Martinez (Pima) 23:42; 7. St. John

(Lansing) 23:42; 8. Menchaka (Pima) 23:53; 9. Coffman (Alleg) 23:55; 10. Malone (Jackson) 23:55; 11. McCoy (Miami Dade S) 23:58; 12. Zuk (Hutchinson) 24:01; 13. Lindvigsmoen (Ricks-Nor) 24:01; 14. Heath (CS Mott) 24:04; 15. Ostwinkle (Rochester) 24:05.

Teams: Allegheny 18; 2. Pima 118; 3. Southwestern Michigan 135; 4. Hutchinson 152; 5. Golden Valley 199; 6. Jackson 212; 7. Lane 216; 8. Hagerstown 218; 9. Brevard 238; 10. Ricks 286.

Women's AAU Championships, Miami, Fla., Nov. 27/3M, flat, warm/—Merrill (AGAA) 16:38; 2. Brown (LATC) 16:52; 3. Valaitis (Can) 16:55; Kinsey (LATC) 16:57; 5. Heritage (Falc) 17:14; 6. Neppel (Ia St TC) 17:19; 7. Forbes (Port TC) 17:31; 8. Mills (Penn St) 17:34; 9. Prosser (Can) 17:36; 10. Vetter (Ia St TC) 17:41; 11. Gorman (SFVTC) 17:43; 12. Cook (Ia St TC) 17:53; 13. Bankes (K Key) 17:56; 14. Tolford (SFVTC) 17:57; 15. Bridges (LATC) 17:58; 16. Ennis (AANJ) 18:00; 17. Schilly (Ia St TC) 18:05; 18. Beach (Can) 18:06; 19. Heale (Can) 18:08; 20. Seip (Ia St TC) 18:09; 21. Webb (Wright St) 18:10; 22. Reid (Can) 18:12; 23. Quatier (Falc) 18:13; 24. Cramond (NM) 18:16; 25. Swegle (Falc) 18:17.

Teams: Los Angeles TC 92; 2. Iowa State TC 104; 3. San Fernando Valley TC 124; 4. Falcon TC 149; 5. Klub Keystone 183; 6. Portland TC 190; 7. Ohio TC 345; 8. Florida State TC 351; 9. Ft. Lauderdale TC 409; 10. Tampa Bay Hawks 436.

Women's AAU Junior Championships, Miami, Fla., Nov. 27/2½M/—O'Connor (CYO) 14:10; 2. Jennings (LAC) 14:37; 3. Lashley (TCCC) 14:38; 4. Assumma (RRR) 14:54; 5. Denoit (LAC) 14:57; 6. Wells (TCCC) 15:01; 7. Meek (B Ang) 15:02; 8. O'Toole (LIGS) 15:06; 9. Broderick (UCLA) 15:08; 10. Hines (TCCC) 15:10.

Teams: Liberty Athletic Club 99; 2. Rialto Road Runners 105; 3. Tennessee Cross Country Club 137; 4. Long Island Golden Spike 147; 5. Club North Place 170.

AIAW Championships, Madison, Wisc., Nov. 13/3M; cold, rolling/—Brown (North) 16:30; 2. Cook (Ia St) 16:40; 3. Mills (Penn St) 16:43; 4. Merritt (Wisc/Park) 16:44; 5. Mulrooney (Wisc) 16:46; 6. Twomey (Minn) 16:47; 7. Webb (Wright St) 16:51; 8. Schilly (Ia St) 16:54; 9. Seip (Ia St) 16:55; 10. Kinsey (North) 16:56; 11. Berry (Penn St) 16:57; 12. Spencer (Wisc) 17:05; 13. Clark (GV Luth) 17:07; 14. Cramond (NM) 17:11; 15. Thrupp (Stan) 17:12; 16. Allen (Colo) 17:13; 17. Wadsworth (Mich St) 17:15; 18. Broderick (UCLA) 17:18; 19. Seybold (Ia St) 17:18; 20. Weston (UCLA) 17:21; 21. Urish (Kans St) 17:23; 22. Kimm (NW Mo St) 17:26; 23. Castello (North) 17:27; 24. Vetter (Ia St) 17:28; 25. Knudson (Colo St) 17:29.

Teams: Iowa State 62; 2. Northridge 110; 3. Wisconsin 177; 4. Michigan State 101; 5. Penn State 188; 6. UCLA 269; 7. Oregon 300; 8. Colorado State 318; 9. New Mexico 361; 10. Kansas State 364.

NCAA CHAMPIONSHIPS, Denton, Texas, Nov. 22/10,000 meters; warm, flat, several rough spots/—

1. Rono (Wash St-Ken) 28:07	26. Erhard (Montana) 29:16	51. Centrowitz (Ore) 29:42	76. Cummins (Navy) 29:53
2. Kimombwa (WaSt-Kn) 28:17	27. Alitz (Army) 29:17	52. Garcia (UTEP) 29:43	77. Walters (Ill) 29:53
3. Virgin (Ill) 28:27	28. Lacy (Wisc) 29:18	53. Sawyer (Sn III) 29:44	78. Blue (SD St) 29:54
4. Lindsay (Mich St) 28:31	29. Taylor (Ore) 29:19	54. Benton Hart (BYU) 29:45	79. Naylor (Md) 29:54
5. Treacy (Prov-Eire) 28:35	30. Blount (Fla) 29:20	55. Clary (Ore) 29:46	80. Kollum (Richmond) 29:54
6. Waigwa (UTEP-Ken) 28:39	31. Crane (Ohio St-Aus) 29:21	56. Matthews (Clemson) 29:46	81. St. John (SD St) 29:55
7. O'Shaughnessy (Ark-Ei) 28:44	32. Ridler (Wn Ky-GB) 29:22	57. Esparza (BoiseSt) 29:46	82. Brewer (Murray St) 29:55
8. Maritim (UTEP-Ken) 28:47	33. Addison (Tenn) 29:23	58. Stephens (Dartmouth) 29:47	83. Novelli (Rice) 29:56
9. Chapa (Ore) 28:50	34. Hulst (Irvine) 29:24	59. Murray (Wash) 29:47	84. Christensen (WichSt) 29:56
10. Munyala (UTEP-Ken) 28:53	35. Duits (Wn Mich) 29:24	60. Baker (Aub) 29:47	85. Shoots (Ariz) 29:57
11. Peterson (Georgetwn) 28:55	36. Nansel (Drake) 29:25	61. Foley (Ind) 29:48	86. Sonnenfeldt (Tenn) 29:57
12. Kimeto (Wash St-Ken) 28:56	37. Kenny (E Tenn-Eire) 29:26	62. Campbell (Harv) 29:48	87. Barron (Navy) 29:58
13. Hunt (Ariz) 28:58	38. Plascencia (Minn) 29:27	63. Ellington (W&M) 29:48	88. Caruso (En Mich) 29:58
14. Bickford (NEn) 28:59	39. O'Shea (Prov-Eire) 29:28	64. Eicken (Ill) 29:49	89. Davey (Tenn) 29:58
15. Sirma (UTEP-Ken) 29:01	40. Munene (UTEP-Ken) 29:29	65. Taylor (Rutgers) 29:49	90. Hunsaker (Colo) 29:59
16. Williams (Ore) 29:02	41. Pinkowski (Vill) 29:30	66. Langford (Fresno St) 29:49	91. Dobrzynski (Gtwn) 29:59
17. Redhair (BYU) 29:04	42. Duhaime (Colorado St) 29:32	67. Savoie (Prov) 29:50	92. Mavis (Mich St) 30:00
18. Cotton (Ariz) 29:05	43. Quinn (Mass) 29:33	68. Baden (Penn St) 29:50	93. K. Hart (BYU) 30:00
19. Meyer (Mich) 29:07	44. Pullen (SD St) 29:34	69. Bourrier (Ala) 29:50	94. Schultz (Ky) 30:01
20. Malley (Penn St) 29:08	45. Beesley (Kans St) 29:35	70. Kramer (Carleton) 29:50	95. Caldwell (SMU) 30:01
21. Flora (NEn) 29:10	46. Bolt (Ala) 29:36	71. Cabanillas (BYU-Mex) 29:51	96. Sholtes (Penn) 30:02
22. Hodge (Lowell) 29:11	47. Pfeffer (Colo) 29:37	72. Burrigge (Ky) 29:51	97. Trapp (Nn Ariz) 30:02
23. Staynings (Wn Ky-GB) 29:12	48. Rutter (Murray St) 29:38	73. Avery (Ill) 29:51	98. O'Callaghan (McNe-Ei) 30:03
24. Marsh (BYU) 29:13	49. Young (Tenn) 29:39	74. Serna (Irvine) 29:52	99. Collier (Boise St) 30:03
25. Donakowski (Mich) 29:15	50. Kvernmo (Wyo-Nor) 29:41	75. Rose (Okla St-S Afr) 29:52	100. John Ziegler (Penn St) 30:03

Teams: UTEP 62 (5-7-9-13-28); 2. Oregon 117; 3. Washington State 179; 4. BYU 182; 5. Illinois 227; 6. Tennessee 280; 7. Arizona 324; 8. San Diego State 361; 9. Providence 371; 10. Arkansas 373; 11. Wisconsin 379; 12. Kentucky 409; 13. Penn State 410; 14. Western Ky 424; 15. Rutgers 431; 16. Georgetwn 437; 17. Md 445; 18. Mich 456;

19. Boise State 457; 20. Colorado 471; 21. Villanova 486; 22. East Tennessee State 501; 23. Harvard 505; 24. Alabama 519; 25. Navy 545; 26. Eastern Michigan 552; 27. Iowa State 595; 28. Princeton 610; 29. Southern Methodist 619; 30. Southern Illinois 633; 31. Rice 671; 32. Dartmouth 692; 33. Oklahoma 783; 34. McNeese State 829.

AAU CHAMPIONSHIPS, Fairmount Park, Philadelphia, Pa. Nov. 27/10,000 meters; cloudy, warm, hilly/—

1. Rojas (Colo TC) 30:24	26. Smead (AIA) 31:04	51. Albright (CNW) 31:36	76. Scholl (Shore AC) 31:57
2. Cotton (J Toads) 30:26	27. Timm (AIA) 31:04	52. Graham (GBTC) 31:36	77. Hunt (J Toads) 31:59
3. Bradley (Read Berks) 30:27	28. Flanagan (Colo TC) 31:07	53. Meyer (USMC) 31:38	78. Behnke (UCTC) 31:59
4. Pfeffer (J Toads) 30:33	29. Durden (Atlan TC) 31:09	54. Steele (Shore AC) 31:39	79. Keehn (PPC) 31:59
5. B. Brown (FTC) 30:34	30. Bordell (Colo TC) 31:10	55. Woodard (SpMomTC) 31:40	80. West (AAFTC) 32:01
6. Finucane (E Tenn St) 30:37	31. Dyce (FTC-Jam) 31:11	56. Nuccio (WVTC) 31:42	81. Pinocci (WVTC) 32:02
7. Castaneda (Colo TC) 30:38	32. Amer (Sum AC) 31:11	57. Piazza (PPC) 31:42	82. Clark (WVTC) 32:02
8. Thomas (Macc) 30:40	33. Foley (Sum AC) 31:13	58. Baden (Nit Val TC) 31:42	83. Robinson (Wash RC) 32:03
9. Mendoza (J Toads) 30:41	34. Cohen (AANJ) 31:15	59. Legge (Canada) 31:43	84. Ring (CNW) 32:05
10. Foster (FTC) 30:43	35. Waltmire (AIA) 31:16	60. Tyson (CNW) 31:43	85. Duggan (GBTC) 32:05
11. Fleming (NYAC) 30:43	36. Stemmer (Nit Val TC) 31:17	61. Millar (Canada) 31:43	86. Cummins (Navy) 32:06
12. Malley (Nit Val TC) 30:43	37. Reed (Sea Strid) 31:17	62. Liquori (FTC) 31:44	87. Schemelia (Sp E) 32:07
13. Lundberg (UCTC) 30:44	38. Kardong (CNW) 31:18	63. Gray (USMC) 31:45	88. Blewett (Atlan TC) 32:08
14. Zarate (Reno TC) 30:47	39. Floto (Colo TC) 31:18	64. Lavallee (Canada) 31:45	89. Verdoliva (GRTC) 32:09
15. Harper (J Toads) 30:47	40. Kier (Nit Val TC) 31:18	65. Dulaney (AIA) 31:46	90. Galloway (Atlan TC) 32:10
16. Gregorio (Colo TC) 30:49	41. Leddy (KnoxTC-Eire) 31:21	66. Bryant (SMTTC) 31:46	91. Matthews (Clemson) 32:10
17. Hodge (GBTC) 30:50	42. Fischer (UCTC) 31:26	67. Manclark (CNW) 31:47	92. Scorrar (Canada) 32:12
18. Centrowitz (NYAC) 30:50	43. Casillas (UCTC) 31:27	68. Bazley (Shore AC) 31:48	93. Fidler (Atlan TC) 32:12
19. Squires (NYAC) 30:51	44. Reinhart (AANJ) 31:29	69. Morris (USMC) 31:49	94. Felice (Nit Val TC) 32:12
20. Spiers (NYAC) 30:51	45. Elk (USMC) 31:30	70. Gray (CMW) 31:51	95. Innes (SMTTC) 32:12
21. Vigil (Colo TC) 30:53	46. Sandoval (WVTC) 31:31	71. Holleran (UCTC) 31:52	96. Scott (CMW) 32:12
22. Atkins (CNW) 30:53	47. Slack (UCTC) 31:35	72. Barr (CNW) 31:54	97. Sieben (NYAC) 32:12
23. Lux (J Toads) 30:55	48. Sharp (Canada) 31:36	73. Dowling (BAA) 31:55	98. Carney (unat) 32:12
24. Thomas (GBTC) 30:59	49. Mahieu (Wash RC) 31:36	74. Blackely (PPC) 31:56	99. Patterson (AIA) 32:12
25. Fennell (NYAC) 31:01	50. Majors (Atlan TC) 31:36	75. Holm (Dela SC) 31:56	100. Nitti (SMTTC) 32:12

Teams: Jamul Toads 45 (2-4-7-12-20); 2. Colorado TC 63; 3. NYAC 79; 4. Florida TC 159; 5. UCTC 189; 6. Nittany Valley TC 204; 7. Club Northwest 207; 8. Athetes in Action 212; 9. Greater Boston

TC 239; 10. Quantico Marines 283; 11. Atlanta TC 291; 12. West Valley TC 312; 13. Summit AC 341; 14. Shore AC 363; 15. Club Midwest 406; 16. Santa Monica TC 416; 17. Washington Running Club 417.

1976 UNITED STATES WOMEN'S LIST

Well, we've never done this before, a yearly US women's list. But here it is. Being much newer at the women's game, we can't claim the same degree of accuracy that we do for our men's lists. Therefore, we welcome (in fact, encourage) you to send us any and all amendments you find.

These lists contain the best marks known to T&FN made by

US citizens (foreigners on US clubs are not carried) during the 1976 calendar year, indoors and out.

In order to condense the lists, we have taken the radical step of co-mingling hand and automatic times in the sprints. +=100, 200, 100H plus 0.24, 400 plus 0.14. i=indoor.

100 METERS

11.08	Brenda Morehead (TnSt)
11.13	Chan, Cheeseborough (FlaHS)
11.21	Evelyn Ashford (UCLA)
11.22	Ashford
11.24	Ashford
11.25	Ashford
11.26	Cheeseborough
11.28	Cheeseborough
11.29	Cheeseborough
11.30	Morehead
11.31	Pam Jiles (NOS)
11.38	Renaye Bowen (Lake)
11.43	Rosalyn Bryant (LA St)
11.54+	Carrie Sherman (Alc)
11.55	Brenda Finch (Jack St)
11.60	Mattline Render (PAC)
11.60	Brenda Winston (RRR)
11.61	Kathy Crawford (CJTC)
11.62	Sandra Howard (North)
11.64+	Lisa Hopkins (Chi M)
11.65	Brenda Calhoun (ConnHS)
11.66	Pam Waters (Prem)

200 METERS

22.94	Brenda Morehead (TnSt)
22.95	Morehead
22.96	Debra Armstrong (Gram)
23.05	Rosalyn Bryant (LA St)
23.16	Armstrong
23.17	Chan, Cheeseborough (FlaHS)
23.18	Cheeseborough
23.18	Armstrong
23.19	Armstrong
23.19	Cheeseborough
23.22	Gwen Smith (Tex HS)
23.45	Pam Jiles (NOS)
23.64+	Brenda Gullledge (Ill HS)
23.70	Linda Cordy (Atoms)
23.75	Pam Greene (Colo St)
23.80	Brenda Winston (RRR)
23.84+	Debra Sapenter (PVTC)
23.87	Beverly Day (P View)
23.94	Sandra Howard (North)
23.95	Freda Hancock (Colo F)
24.01	Stephanie Brown (M Str)

400 METERS

50.62	Rosalyn Bryant (LA St)
50.65	Bryant
50.90	Sheila Ingram (DC HS)
50.90	Ingram
51.23	Debra Sapenter (PVTC)
51.31	Ingram
51.34	Sapenter
51.64+	Bryant
51.66	Sapenter
51.74	Bryant
52.34+	Shirley Williams (PView)
52.44+	Cheryl Toussaint (Atoms)
52.72	Debra Armstrong (Gram)
52.76	Sharon Dabney (Clip)
53.19	Arthurene Gainer (PView)
53.24+	Madeline Jackson (CleveTC)
53.28	Veronica Williams (TxSn)
53.34+	Sheila Choates (Tenn St)
53.38	Robin Campbell (FTC)
53.50	Gwen Norman (TWU)
53.64+	Yolanda Rich (LA St)
53.84+	Pam Jiles (NOS)
53.99	Chris Mullen (Falm)
54.00	Michelle McMillan (Atoms)
54.29	Pat Helms (KK)

800 METERS

1:57.9	Madeline Jackson (Clev)
1:59.8	Jackson
1:59.9	Wendy Knudson (ColoSt)
2:00.2	Cyndy Poor (SJC)
2:00.2	Francie Larriue (PCC)
2:00.5	Poor
2:00.6	Poor
2:00.6	Jackson
2:00.6	Poor
2:00.7	Kathy Weston (W Spik)
2:03.4	Jan Merrill (AGAA)
2:03.9	Ruth Kleinsasser (BAng)
2:04.3	Cheryl Toussaint (Atoms)
2:04.4	Liane Swegle (Sea U)
2:04.6	Robin Campbell (FTC)
2:04.8	Julie Brown (LATC)
2:05.2	Kathy Hall (W Sub)
2:05.5	Susan Vigil (NMI)
2:05.9	Johanna Forman (Falm)
2:05.9	Lynn Hollins (FTC)
2:06.3	Karel Jones (Atoms)
2:06.5	Marilyn Carlson (C Mo)

1500 METERS

4:02.6	Jan Merrill (AGAA)
4:05.8	Merrill
4:06.2	Francie Larriue (PCC)
4:06.8	Cyndy Poor (SJC)
4:07.1	Larriue
4:07.2	Larriue
4:07.3	Poor
4:07.4	Merrill
4:08.0	Poor
4:08.1	Larriue
4:08.1	Larriue
4:08.3	Cindy Bremser (WiscTC)
4:14.1	Julie Brown (LATC)
4:16.0	Ruth Kleinsasser (B Ang)
4:17.3	Kate Keyes (LATC)
4:18.2	Doreen Ennis (Nutley)
4:20.1	Judy Graham (SJC)
4:20.9	Brenda Webb (WrightSt)
4:21.2	Teri Anderson (AIA)
4:21.8	Wendy Knudson (ColoSt)
4:22.1	Sue Kinsey (SFVTC)
4:22.3	Peg Neppel (LA St)
4:22.5	Debbie Quatier (Falcon)
4:24.3i	Eryn Forbes (Ore HS)
4:24.5	Julie Shea (JS)
4:24.6	Paula Rose (B Ang)

3000 METERS

8:54.9	Francie Larriue (PCC)
8:57.2	Jan Merrill (AGAA)
9:03.4i	Merrill
9:19.6	Teri Anderson (Kans St)
9:22.8	Peg Neppel (LA St)
9:26.6	Julie Brown (LATC)
9:27.6	Cindy Bremser (WiscTC)
9:32.0	Kate Keyes (LATC)
9:33.4	Carol Cook (LA St)
9:34.0	Aileen O'Connor (CYO)
9:39.0	Joan Benoit (LAC)
9:39.6	Debbie Quatier (Wash HS)
9:39.8	Karen Cramond (NM)
9:40.0i	Katy Schilly (Syr Ch)
9:43.4	Doreen Ennis (Nutley)

100 METER HURDLES

13.29	Jane Frederick (LATC)
13.32	Deby LaPlante (unat)
13.34+	Frederick

13.36	LaPlante
13.44+	Rhonda Brady (MHYF)
13.50	Sonya Hardy (B Cin)
13.51	LaPlante
13.52	Patrice Donnelly (Lake)
13.53	Brady
13.54+	Frederick
13.54	Hardy
13.54	Frederick
13.76	Karen Wechsler (Indy)
13.77	Marilyn Linsenmeyer (TxTC)
13.80	Lori Dinello (W Sub)
13.84	Carol Thomson (Dela St)
13.94+	Marilyn King (M Lions)
13.94+	Patty van Wolvelaere (LATC)
14.00	Janet Benford (CP/SLO)
14.04+	Mary Ayers (P View)
14.10	Nancy Kindig (Neb TC)
14.11	Gail Fitzgerald (Atoms)
14.14+	Kim Herrman (DCS)
14.14+	Mitzi McMillin (Lake)

400 METER HURDLES

57.24	Arthurene Gainer (PView)
57.56	Debbie Esser (LA St)
58.14+	Esser
58.34	Esser
58.44+	Mary Ayers (PView)
58.53	Ayers
58.62	Clydine Crowder (LATC)
58.98	Esser
59.27	Teresa Wierson (Port TC)
59.29	Esser
60.63	Stephanie Vega (Atoms)
61.17	Denise Anderson (Sea Pac)
61.27	Deborah Romsek (BGreen)
61.31	Alison Reed (LATC)
61.37	Tonetta Rumph (Atoms)
61.47	Penny Fales (CJTC)
61.54+	Michelle Hopper (LA St)
61.79	Lorraine Tummings (Atoms)

HIGH JUMP

6-2½	Joni Huntley (OTC)
6-2½	Huntley
6-2½	Huntley
6-1½	Paula Girven (VaHS)
6-1	Huntley
6-¾	Huntley
6-¾	Pam Spencer (Sea Pac)
6-¾	Huntley
6-¾	Girven
5-11	Susan Hackett (unat)
6-10½	Anne Gilliland (NMHS)
5-10	Connie Dorsey (T Haute)
5-10	Karl Gossweiler (Ca HS)
5-10	Marilyn King (M Lions)
5-10	Karen Moeller (Dela SC)
5-10	Louise Ritter (R Oak)
5-10i	Marilyn Wiese (Kear St)
5-9¾	Jane Frederick (LATC)
5-9	Jaleen Chase (unat)
5-9	Kathy Cook (BAS)
5-9	Becky Deetz (unat)
5-9i	Maureen Fitzpatrick (WChes)
5-9	Lisa Plummer (P Pac)
5-9	Candy Ross (Ca HS)

LONG JUMP

22-3	Kathy McMillan (NC HS)
22-1½	McMillan
21-10½	McMillan
21-9½	McMillan

21-7½	McMillan
21-7½	Sherron Walker (Sea Pac)
21-6	Martha Watson (Lake)
21-4¾	Watson
21-4¾	McMillan
21-4¾	Walker
20-11¾	Vicki Betts (LA St)
20-10½	Willie White (Chi St)
20-10	Jane Frederick (LATC)
20-9½	Marilyn King (M Lions)
20-8½	Jodi Anderson (Ca HS)
20-8½	Lorraine Ray (CYC)
20-1¾	Gale Fitzgerald (Atoms)
20-¾	Karen Elmore (M Lions)
19-11½	Sheila Pettit (P View)
19-9¾	Celeste Johnson (LA St)
19-7½	Donna Pope (Ind St)
19-7	Dianne Kummer (UCLA)
19-6¾	Kim Schofield (LA St)

SHOT PUT

54-4	Maren Seidler (MDYF)
53-8¾	Seidler
53-4	Seidler
53-3¾	Seidler
53-1	Kathy Devine (Emp St)
52-6¾	Seidler
52-4¾	Devine
51-5¾	Ann Turbyne (GG)
51-5	Marcia Mecklenburg (SeaP)
49-8½	Mary Jacobson (unat)
49-8	Jane Frederick (LATC)
49-4¾	Denise Wood (unat)
49-1	Emily Dole (Lake)
48-3¾	Jan Svendsen (SJ Stars)
47-¾	Suzie Snider (Baylor)
46-9	Evelyn Okeke (OCE)
46-5	Pam Porter (unat)
46-1½	Lorraine Holloway (SUC)
45-10½	Karen Marshall (OTC)

DISCUS THROW

180-11	Jan Svendsen (SJ Stars)
176-0	Linda Langford (M Lions)
175-3	Langford
174-1	Lynne Winbigger (OTC)
172-9	Langford
172-0	Winbigger
171-0	Monette Driscoll (LATC)
164-5	Lorna Griffin (FVCC)
163-0	Linda Montgomery (SWTx)
156-4	Denise Wood (unat)
155-9	Marcia Mecklenburg (SeaP)
155-9	Vivian Turner (Sn Cal)
151-9	Lisa Vogelsang (UCLA)
150-9	Julie Hansen (Sea Pac)

JAVELIN THROW

218-3	Kate Schmidt (LATC)
215-6	Schmidt
215-5	Schmidt
213-5	Schmidt
212-0	Schmidt
211-6	Schmidt
211-5	Schmidt
209-10	Schmidt
209-4	Schmidt
207-2	Schmidt
203-10	Karin Smith (UCLA)
196-1	Cathy Sulinski (M Lions)
191-7	Sherry Calvert (Lake)
174-6	Barbara Whitfield (unat)
170-7	Lynn Cannon (M Lions)

170-9	Barbara Friedrich(ShoreAC)	149-8	Sonja Bennett (Sea Pac)	4417	Gail Fitzgerald (Atoms)	3943	Kerry Zwart (Ca HS)
165-5	Kitsy Hall (Ore HS)	149-4	Keri Camarigg (ShoreAC)	4374	Marilyn King (M Lions)	3897	Heidi Hertz (Fla)
164-2	Lisa Kirk (OTC)			4353	King	3829	Patsy Walker (Wash HS)
159-9	Susie Norton (Kans St)			4339	Marilyn Linsenmeyer(TxTC)	3809	Linda Cornelius (Nev/LV)
154-6	Marilyn White (V Sun)	4732	Jane Frederick (LATC)	4263	Fitzgerald	3845	Nancy Kindig (Nebr TC)
154-4	Lisa Van Benthem(unat)	4677	Frederick	4233	King	3838	Terry Seippel (Kett Strid)
152-3	Connie Gassen (LATC)	4622	Frederick	4109	Dana Collins (Ore HS)		
149-11	Lorna Brandt (Chico St)	4566	Frederick	3994	Mitzi McMillin (Lake)		

PENTATHLON

1976 UNITED STATES LIST AMENDMENTS

Our thanks to everyone who took the time to send in amendments to the "final" 1976 US List which appeared in the last newsletter.

Here are the amendments to that list: (a)=addition; (d)=deletion; (c)=correction. The part which has been corrected is denoted by an underscore.

100y		6M		(c)	17-1½	Tom DiStanislaio
insert 9.4 between Johnny Williams & Marvin Baker.		(d) 28:04.4m	Bill Rodgers	LJ		
200m		(c) 28:22.7m	John Ngeno'	(d) 25-4½w		Charlton Ehizuelen
(d) 20.42'	Evans	110H		(c) 26-9¼		Robinson
400m		(a) 13.42	Davenport	(c) 25-1¼w		pCharles Rich
legend was reversed, switch meanings of † and +.		(a) 13.51	Foster	TJ		
(a) 44.84†	pSmith	400H		(c) 55-2½i		Tommy Haynes
800m		same reversal of legend as flat 400.		(c) 54-8		Willie Banks
(a) 1:48.0	Hailu Ebba' (OTC)	Marathon (course that late season!)		(c) 51-11¼w	**Mike McRae	
(c) 1:47.2	James Baxter	(a) 2:10:10	Bill Rodgers	(a) 52-11		Mohinder Gill' (Macc)
Mile		(a) 2:13:12	Shorter	SP		
(a) 3:57.4	Mike Durkin (UCTC)	(a) 2:14:22	Rodgers	(c) 66-9¼		Hans Almstrom'
(a) 4:00.8	*Jeff Jirele (III)	(a) 2:15:15	Gary Tuttle (Tobias)	DT		
(a) 4:00.8	**James Munyala' (UTEP)	(a) 2:17:49	Gordon Minty' (Ypsi U)	(c) 192-8		Dan Gardner
(c) 3:58.3	*Wilson Waigwa'	(a) 2:18:19	Lionel Ortega (NM)	HT		
Steeple		(a) 2:18:58	Ed Mendoza (Toads)	(c) 221-5		Scott Nielson'
(a) 8:28.8	Munyala'	(a) 2:19:22	Ted Castaneda (Colo TC)	JT		
(c) 8:28.5	Tony Staynings'	(a) 2:20:25	Benji Durden (Atlanta TC)	(a) 247-9	**Tom Walker (Cal)	
3000m		(a) 2:20:37	Duncan Macdonald (MPRR)	(a) 243-7	*Jeff Gorski (N Car)	
(a) 7:53.6	Macdonald	(a) 2:21:07	Barry Brown (FTC)	(c) 243-10	Tony Grant	
(a) 7:57.8	**James Munyala' (UTEP)	(a) 2:21:26	Ron Wayne (OTC)	(c)	Kenn Andrews (Bruce)	
(a) 7:57.8	Ngeno'	(a) 2:21:41	Tom Lee (CCAC)	Dec		
(a) 8:00.4	Paul Geis (OTC)	.a) 2:22:13	Sam Williams (unat)	(a) 7193	**Mauricio Bardales (Irv)	
(c) 7:51.2	Duncan Macdonald	(a) 2:22:14	Ed Chaidez (North St)	(a) 7158	Jim Reilly (All Am)	
2M		(c) 2:17:26	Carl Hatfield	(a)7154	Mark Burt (Pac U)	
(c) 8:31.8	Chris Ridler'	(c) 2:19:57	Ron Kurrle	(a) 7115	Ken Kring (WVTC)	
3M		(c) 2:21:02	Ken Moore	(a) 7057	Joe Hippensteel (Fres St)	
(a) 13:26.6	Dave Babiracki (SFVTC)	HJ		(c) 7050	Brian Mondschein	
(a) 13:28.2	*Robbie Perkins (Duke)	(a) 7-5%	Stones	400R		
5000		(a) 7-1¼f	**Lynn Byrd (Ranger JC)	correct legend:		
(c) 13:32.3	Garry Bjorklund	(c) 7-1f	Bob Berry	†=440 hand minus 0.06		
(c) 13:35.3	Craig Virgin	(c) 7-1f	Lucian Moore	+ =400 hand plus 0.14		
(a) 13:45.4	*Chris Ridler' (Wn Ky)	PV		'=440 auto minus 0.23		
(a) 13:51.2	*Robbie Perkins (Duke)	(a) 16-8	Bill Hayes (unat)	(a) 39.34†	Tennessee	
		(a) 16-8	Draw Herndon (unat)	1600R		
		(c) 17-4%	*Doug Laz	(c) 3:04.9'	New York Pioneers	