

TRACK NEWSLETTER

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By Bert & Cordner Nelson (Track & Field News) \$6 per year (24 issues)

NEWS

WORLD RECORD department was limited to one tie. At Toronto, July 21, Jack Parrington, who just finished his freshman year at Houston, ran 10.2.

AMERICANS IN EUROPE are headed by Des Koch's 14.9 in the high hurdles. Koch has thrown 178-4 1/8 and 52-2 3/4; Vick 56-6 3/8. Also: Whilden 10.5 twice, 48.3; Tidwell 48.3, 1:50.2n and 3:51.4; Maynard 1:49.3 and 1:50.0; Rittenburg 14.7, 52.0 and 48.6; Allard 6-7 7/8, injured.

EUROPE Sprints: 10.4 by Lopato of Estonia; Jansen, Latvia, 10.5; Ignatyev 20.7, USSR record; Mandlik, CSR, 21.1 from Shenton, GB, 21.2; 10.4w, Nilsen, Norway; 21.4, Goldovanyi, Hungary & Steinbach, East Germany; Ignatyev 21.1y; Pattersson and Brannstrom, Sweden 47.6 from Boysen, 48.5. Middle distances: Boysen 1:46.5, second best of year, from Maynard, US, 1:49.3; Szentgali 1:49.2 from Rozsavolgyi 1:49.5; Moens 1:50.1 from Tidwell, US, 1:50.2 & Salsola, Finland, 1:50.6. Herrmann, East Germany, 3:41.8, best of year; Salsola, 3:42.0, Finnish record, from Wacrn, Sweden, 3:43.8; Nielsen 3:43.4 from Vuorisalo 3:43.8 and Salonen 3:44.6 (Finnish record bettered 3 times in a week); Nielsen now injured, out about five weeks; (also injured, Futterer, Haas, Lueg, all Germany); Pirie 4:02.2; Vuorisalo 4:04.8 from Salsola 4:05. Long distances: Vlasenko 14:04.6; Szabo Hungarian Chs. 14:05 from Tabori 14:05.4; Zimny, Poland, 14:06.4 (at 21 he is top prospect in Eastern Europe); Kovacs 29:25.6 behind Iharos' 28:42.8; Konrad, Germany, 29:48.2; Vuchkov, Bulgaria, 29:53.2 from Stritof 29:53.8 and Mihalic 29:56.2, both Yugoslavia; Steeplechase: Laszlo Jeszenszky of Hungary 8:40.8, second best ever, from Dehny 8:57.4; Rintoenpaa 8:48.4; Tjornebo, Sweden 8:48.0; Zakharchenko, USSR, 8:49.2; Disley, GB, 8:49.2 from Brlica, CSR, 8:50.2; Hurdles: Ilin, USSR, 51.5; Savel, 51.6, Rumanian record (later 47.8 at 1950); Dittner, East Germany, 52.2; Steines and Schottes of Germany, Hildreth of England, Opris of Rumania all 14.4; Bogatov, USSR, 23.2, European record; Jumps: Nilsson 6-9 1/8 his best of year (6-9 7/8 was extra jump); Pettersson 6-8 3/8; Thor-kildsen, Norway, 6-7 1/8; Salminen 6-8 3/4 and 6-8 3/8 in different meets on same day; Janiszewski and Wazny of Poland 14-5 1/4; Cruttenden, GB, 24-8 1/8; Wahlander, Sweden, 24-7 5/8; Rehak, Czech, 51-6 7/8; Throws: Skobla 57-5, third over 57 this month, from Palmer, GB, 55-1 3/8 (his 55-6 was with light shot); Merta 180-3; Pharaoh 175-7 7/8, best ever by Briton; Samotsvetov 204-4 3/8; Hozjak 201-4 7/8 and Gajic 200-11, new Yugoslav records; Rut 200-7 7/8 from Csermak 195-0 1/2; Danielson, Norway, 2nd best mark and best series ever, with 274-2 1/8, 265-1 1/2, 264-0 1/2, two others over 250 and a foul; Sidlo 257-6 1/2; Will, 255-8 1/2, German record but may not be approved; Decathlon: Kuznetsov's new European Record is 7694 by 1952 tables, with 10.7, 23-5 7/8, 47-7 1/4, 6, 49.6, 15.4, 153-8 7/8, 13-5 3/8, 195-6 7/8 and 5:02.4.

AMERICAS Puerto Rico beat Cuba July 24: Fortun, C, 10.4; Cruz, PR, 10.4; Penalver, C, 10.5; Diaz, PR, 10.5; Rodriguez, PR, 21.2 and 47.0; de Jesus, PR, 47.8; Torres, C, 1:51.3; Rivera, PR, 1:52.3; Iglesias, C, 14.1; Lebron, PR, 14.5; Francis, PR, 14.5; Cruz, PR, 13-9; Oliver, PR, 228-5 U.S. Connolly 204-10 1/2, Waters 9.6, Baltimore July 8; Pasadena All-Comers Mattos 14-3 & 14-2, Roubanis 14-0, Brown 9.8, Rhoden 48.8, Maijala 224-7, Maier (Germany) 220, Reed 157-11, Fendler 6-5 1/4, 6-6 1/2, Miller 6-6 1/2. Yanks Abroad: Tidwell 3:45.2; Whilden 21.3; Larrabee 47.0; Allard 14.5. (Boysen 1:46.4 on July 30, equal best of year.)

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WIND SPRINTS

Don Bragg called the Stockton, California, pit the softest in the nation, learned it had \$28 worth of expensive shavings, rather than free sawdust which compacts...in the Final Olympic trials there were 15 Southern California Trojans, 11 from UCLA, 9 from Stanford, 8 from San Jose, and 7 from California. Stanford had 5 of the 16 javelin qualifiers...Calcium chloride, the same chemical used to keep down highway dust, was tilled into the Los Angeles Coliseum track after successful experiments on the runways. Manager Bill Nicholas was convinced it would keep the running surface from crusting or drying out, and would make it faster...Olympic coach Jim Kelly said before the trials that the event to show the most improvement between the trials and the Games would be the 400 hurdles. Nobody caught a quote after the trials...Kelly also said, before the trials, that he was worried about winning the high jump at Melbourne...Southern California track writers voted Jim Lea the area's outstanding athlete of the year, Rafer Johnson the most valuable performer to his team, and Doug Maijala the most improved competitor...TW Dick Bank points out that Bill Curtis and Byrl Thompson also were one-time prop record holders, along with nine NCAA entrants listed in No. 21 wind-sprints...J.W. Mashburn has another year of eligibility, according to Oklahoma A&M figuring, but it has been protested...Dave Sime runs with an 8 foot stride...Russias's Maria Itkina broke the women's 220 record with 23.6 and Germany's Zenta Gastl broke the 80m hurdle mark with 10.6...Ron Dolany was spiked in an international 800 at Paris, July 8, but the wound was not considered serious...Rex Gossart, Nebraska high school coach, will be the nex assistant track coach at Kansas...hammer man Sam Felton says in the discus a well executed turn should add at least 20 to 25% to the distance one can throw from the stand...

STATSEvolution of 10 mile record:

50:40.0 Alfred Shrubbs, GB, 1904  
50:15.0 Paavo Nurmi, Finland, 1928  
49:41.6 Viljo Heino, Finland, 1945  
49:22.2 Viljo Heino, Finland, 1946  
48:12.0 Emil Zatopek, CSR, 1951

15 mile record

1:20:04.4 F. Appleby, GB, 1902  
1:19:48.6 E.J. Tamila, Fin, 1937  
1:18:48.0 Mikko Hietanen, Fin, 1947  
1:17:28.6 Mikko Hietanen, Fin, 1948  
1:16:26.4 Emil Zatopek, CSR, 1952  
1:14:01.0 Emil Zatopek, CSR, 1955

20,000 meters

1:07:40.2 Tatu Kolehmainen, Fin, 1913  
1:07:11.2 Albin Steenroos, Fin, 1923  
1:07:07.2 V. Kyronen, Fin, 1924  
1:06:29.0 V. Sipila, Fin, 1925  
1:04:38.4 Paavo Nurmi, Fin, 1930  
1:04:00.2 Juan Zabala, Argent., 1936  
1:03:01.2 Andras Csaplár, Hung, 1941  
1:02:40.0 Viljo Heino, Finland, 1949  
1:01:15.8 Emil Zatopek, CSR, 1951  
59:51.8 Emil Zatopek, CSR, 1951

400 meter hurdles

55.0 Charles Bacon, USA, 1908  
54.0 F.F. Loomis, USA, 1920  
53.8 Sten Pettersson, Sweden, 1925  
52.0 F. Morgan Taylor, USA, 1928  
52.0 Glenn Hardin, USA, 1932  
51.8 Glenn Hardin, USA, 1934  
50.6 Glenn Hardin, USA, 1934  
50.4 Yuriy Lituyev, USSR, 1953  
49.5 Glenn Davis, USA, 1956

SO THEY TELL US

TN HUGH GARDNER, Indianapolis: "When I asked Aubrey Lewis how he thought he would have done against Culbreath had he made the Olympic trials finals he immediately said 'I would have whipped them all'... Cannot understand why Baker didn't try the 400, with his speed, plus that fascinating 300 ability. Should be best ever, by yards...TV of final trials was excellent in Indianapolis, but the only place I could find one within four miles which I could study in peace and quiet was about five miles away. So, I went to a tavern, and soon found a loud-mouth jabbering away to drown out the sound. I chased over to another, and another guy was the same, so I moved out of there to another. I never heard a word the whole meet, and it was tough because so many of the guys were new to me...Seems to me Morrow and Sime are tossups as being the greatest ever in both dashes, without any argument but a few die-hard Owens or Patton fans, and for those might as well toss in a few who still may insist on Paddock, or even Wefers..."

TN JACK WARNER, new Colgate coach: "My year with Bill Easton at Kansas was a very wonderful experience for me. Bill is a terrific guy to work with and believe me, he really knows his stuff. I believe, without any doubts, that he is the No. 1 track coach in the country. His record at KU, bringing them up to be national contenders in nine years, proves that. Have many schools ever done as well as finishing 2nd in both the NCAA cross country and NCAA track championships in the same year?...Predictions: Bill Nieder will hit 62 feet by Olympic time; Al Oerter will be the first 200 foot discus thrower. I also think Ken Bantum will go over 64 feet eventually."

TN TIMON EVANS OWENS, San Marino, Cal.: "At the AAU I said that if Parry O'Brien could be defeated then any star could fail to win. It was the biggest upset of the year. Bantum is very outstanding, but O'Brien in the shot is about the greatest competitor the world has ever seen in all track and field history. The injured wrist must have had a lot to do with it...Bob Richards has 98 vaults at 15 feet or better after the decathlon meet and we hope he will make it 100 at the all-comers meets...It looks as if the USA is getting back in form in the hammer, which is not traditionally a weak US event. After winning the Olympics up to 1928 we won 3rd in 1928, 1932 and 1948 with 5th in 1936. Then in 1952 we failed to place for the first time in Olympic history...The USA has won the 400 hurdles every time except for 1928 and 1932 when we were a couple of tenths back and even in 32 Glenn Hardin was moved up when Robert Tisdall was disqualified. The question is if we can get our first Olympic sweep since 1920...Ernie Shelton set some sort of a record by placing 5th in the trials with an effort better than the Olympic record, the second time he had made 6-8½ in 5th place...Joe Calhoun came from 171st on the all-time list in 1955 to 3rd in 1956...in the six college field events the US has won Olympic titles 12 out of 12 in the vault, 11 of 12 in the broad jump, 10 of 12 in the high jump, 10 of 12 in the shot, 8 of 12 in the discus and one of 9 in the javelin. On the all-time list through 1955 we had 21 of the top 25 pole vaulters, 20 of 25 in the broad jump, 22 of 25 in the high jump. In the shot it was 19 of 25, 13 in the discus and only 4 in the javelin. We had two in the javelin and the 25th man in the hop-step-jump...the Pasadena All-Comers meets have produced 32 marks better than the Olympic record in 27 meets...Bob Fendler of Pomona-C Claremont has jumped 6-9 twice this year in practice...It would be very worth while if all track meets from high school on up would have the hop-step-jump all the time. It is not at all necessary to do away with the 220 lows as the USA has always found three good hurdlers for the 400 in Olympic years, but we only have 13 of the 149 best hop-step-jumpers."

NOTED WITH INTEREST

RON DRUMMOND, writes Paul Zimmerman, Los Angeles Times, broke his back in high school, had to give up football, so turned to the discus in which his father and two uncles had competed. His school did not participate in the event, but he bought his own disc and practiced in an orange grove. He threw 148-10 $\frac{1}{2}$  at Glendale JC, served four years in the Navy, returned to UCLA and under coach Duck Drake has improved ever since.

JOHNNY KELLEY (the elder) is the most outstanding competitor in Boston Marathon history says Walter Brown, president of the sponsoring Boston A.A. Kelley has been in the first 10 19 times and won in 1935 and 1945. He was second seven times. "Now 48, Kelley undoubtedly fills the role that Clarence DeMar filled for so many years. He holds the spectators on the course till he passes."

TENDER FEET are curse of marathoners, writes John Ahern, Boston Globe. "If events follow their accustomed course, Fred Wilt will finish the Boston Marathon with blistered feet. (He did). That's the fate of all milers who become enchanted with the distance. They have the spirit and desire, but they don't train properly for such a run and they don't have the correct shoes," Dr. Joseph Lelyveld says. This observation is based on 30 years ministrations to the barking dogs of long distance runners. Not once over this span of years has he seen a miler or middle distance runner arrive at the finish with feet in good shape. "I was asked to look at Jole Ray's feet the night before the marathon. We worked all night on him and he ran. They were not too bad then, but they were not good because he hadn't trained properly for the distance. But they were perfect in comparison to what they were after the race. They were the worst looking feet I have ever seen. His toe nails were floating on blood blisters. Blood was oozing out of every pore. Still he came on and finished third. We'll never know how he did it, we had to cut his shoes off that day. But we've never done it since." The best conditioned feet the Dr. ever examined belonged to a Turk named Oufai, who competed in the coast to coast Pyle's Bunion Derby. He had soles thick as crepe rubber. He could have run around the world without being bothered. Best conditioned feet of the American breed belonged to Kolley and Les Pawson. The mitten shoes the Japs wore were OK on the sand and dirt of Japan, but they certainly weren't made for roads like ours. They've discarded them since 1953. Surprisingly, the barefoot Mexican, Pedro Jiminez, who ran in stocking feet four years ago, suffered little damage in the 16 miles he lasted. Just slight bruises."

EMIL ZATOPEK tried out new training methods last year, says the Athletic Review. He tried to improve his style and to run a little more lightly. He wanted particularly to lengthen his stride. Last year's season showed, however, that the experiment had not worked out, and therefore Zatopek has returned to his old running style. How is Zatopek training for the Olympics? With the marathon in mind he runs 60 to 70 kilometers daily. (This was before his hernia operation) He runs twice daily, and usually in the woods on soft ground. He trains in does of from 200 to 600 meters, somewhat on these lines: Morning--5000m run, 10 x 200m, 20 x 400m, 10 x 200 m, 3000m free run in woods. Afternoon--3000m free run in woods, 30 x 400m, 5 x 200m, 5 to 10 km in the woods.

1904 OLYMPICS at Saint Louis was little more than an American meet notes Harold Abrahams in his new "The Olympic Games Book". Entries from abroad numbered only 30, of whom 10 were Greeks competing in the marathon. The U.S. won every event except the 56# weight throw which went to Desmartreau of Canada. The U.S. missed out on only four medals. Yet most Olympic records were broken and the standard was the highest.