

NEWS

EUROPE racked up four more world marks. Sandor Rozsavolgyi equalled Boysen's new 1000m record of 2:19.0 at Tata, Sept. 21, then ran 2000m in 5:02.2 at Vienna, 10/1, bettering Reiff's 5:07 of 1952. Russian Albert Ivanov ran 25,000m in 1:17:24 or 1:17:34, breaking the 1:19:11.8 record set by Zatopek in 1952. And a Hungarian foursome ran 4x1500m in 15:14.8, lowering a year old Hungarian mark of 15:21.2. Mikes 3:52, Tabori 3:46.6, Rozsavolgyi 3:48.4, and Iharos 3:47.8.

Germany 122, France 89, 9/17&18: Futterer 10.4; Steines 14.3 (German record); Bart 53.1; Mimoun 29:51.2.

Belgrade 9/18&19: Rod Richard 10.3 from Bartenyev, USSR, 10.6; Ignatyev 47.6, Maiocco 49.2; Kugosa 3:48.4, LaPierre fifth in 3:52.2; Radisic 1:49.9 (Yugoslav record), Stanley 1:50.6; Onel 8:18.2 (Turk record); Opris 14.3, Lorgier 14.5; Chernobay 14-3 3/4; Chlebarov 14-1 1/2; Bobby Smith 14-1 1/2; (Kuts 13:46.8 & Krivonosov 211-8 1/8 already reported). London 9/21: Germar 9.8, Richard 9.9; Hellsten 47.3y, Maiocco 48.4y; Hewson 1:48.8y, Stanley 1:50.4; S. Hermann 4:03.4, Barthel 4:06.4, LaPierre 4:06.6 (LaPierre record), Brasher 4:06.8, Cameron 4:07.0; Taipale 14:10.2, Wood 14:10.8, Ibbotson 14:11.2, Sando 14:11.2, Heywood 14:12.8, Norris 14:16.8; Shaw 52.8y; Disley 8:48.8, Shirley 8:49.8, P. Karvonen 8:55.0; Smith 14-1.

Hungary 115, Czechoslovakia 97, Bratislava, 9/24&5: Rozsavolgyi 3:42.2, Iharos 3:42.8, Jungwirth 3:43.8; Kovacs 29:02.8 (world's best 1955 and 2nd all time list), Szabo 29:31.2, Zatopek 29:46.0; Kalecky 50-10 1/4 hsj; Krasznai 256-0 3/8 (Hungarian record); Rozsavolgyi 1:50.6, Szentgali 1:50.8; Tabori 14:06.0, Beres 14:07.2; Rozsnyoi 8:48.6, Brlica 8:49.4 (CSR record);

Celje, Ygo., 9/22: Lorgier 14.5; Opris 14.6; Bartenyev 10.5; Ignatyev 47.4, Bartenyev 48.2; Kuts 3:52.0; Krivonosov 207-5 1/4.

Brussels, 9/25: Maiocco 48.3m; Hoens 1:51.5m, Stanley 1:52.4; Richards second in 10.9; Smith 12-2 1/16.

Poznan, 9/24&5: Poland 134, Norway 78; Ozog 29:47.8 (Polish record); Stokken 29:56; Thorkildsen 6-7 7/8 (Norwegian record); Chromik 14:11.8; Adamczyk 14-6 3/8 (Polish record); Sidlo 255-0 1/4; Rut 197-7 1/2; Strandli 196-0 3/8.; Grabowski 24-6 7/8.

Zagreb 9/24&5: Ignatyev 21.2 & 46.6; Nielsen 1:51.5 & 3:47.8; Kuts 8:02.6 (Russian record); Opris 14.3; Krivonosov 209-5 3/4.

Wuppertal, 9/24: Futterer 10.3 (best in Europe 1955), Germar 10.4, Ira Murchison US 10.4; Futterer 20.9, Murchison 21.4; Haas 47.5; Lueg 3:48.0; Barthel 3:48.8; F. Herman 14:26.0.

Other marks: Nielsen 4:03 from Hewson 4:03.6 and Boysen 4:07.8 at Copenhagen 10/1. Veiko Karvonen of Finland won the Marathon-to-Athens marathon in 2:27:30 10/2. Hellsten, Finland's ace sprinter, 1:50.1. Taipale 29:38.4. Kovar 6-8 3/4 on extra trial; Dziewolski 50-6 3/4, Polish HSJ record. Merta 180-5 3/8 and 178-11 1/4. Nikkinen 255-9 5/8. Pirie 29:32.0 (beat Taipale).

United States Ernie Shelton cleared 6-10 in an exhibition 9/25.

BULLETIN BOARD

Next Track Newsletter October 25. Next T&FN mailed October 20.

TN Biff Schreiber, United Air Lines EXOAS, 5959 S. Cicero Ave., Chicago 38, wants following back issues: 1948, Feb, Mar, Nov; 1949, Feb, Mar, July; 1950, ~~Mar~~, April, July, Aug; 1951, Mar, Sept. Contact him if available.

Track post cards (sample enclosed) are 10 for \$.50, 25 for \$1.00. Track Nuts are entitled to 10 free by sending self-addressed, stamped (6¢) envelope. Offer expires October 20.

Let's have your comments for the coming issues.

WIND SPRINTS

Intermediate times for Kuts' 13:46.8 were: 2:45, 5:30, 8:16, 11:06. ...athletes from 15 countries have been invited to a "little Olympics" meet in Lyons, France, October 23. The feature race would be the 5000 with Chataway, Pirie, Chromik, Reiff, Taipale, Schade, Kovacs, Kuts... an Olympic Sports Carnival will be held at Madison Square Garden Oct. 20 with track one of the six scheduled sports...Gunnar Nielsen will tour South Africa next February and March as part of his conditioning program...Kansas has lost hurdler-quarter-miler Willie Jones to the armed services...Dr. Roger Bannister has agreed to do part-time athletic commentaries and interviews for the BBC television, while Chris Chataway is a newscaster for the new commercial TV system...a telegraphic $1\frac{1}{2}$ mile track race will be held between the cross country squads of Morningside High of Inglewood, Calif., a So. Calif. power, and Southwest High of Minneapolis, Minnesota state champs 5 of 7 years...Jim Kelly says the Olympic tryouts still are set for June 29 and 30 in Los Angeles and that the team will practice together in the interval between the tryouts and the Games. He said the track & field committee is attempting to arrange meets with Scandinavian teams on their way to Melbourne via the U.S....Kansas cross country time trials produced one surprise when soph Bobby Nicholson upset Al Frame at 1 $\frac{3}{4}$ miles, then lost by seven yards to Frame at 3 miles...Southern California, headed by soph Max Truex, who broke his own record in the first meet this year, will enter the NCAA cross country meet...insiders say that prep mile record holder Tom Skutka preferred SC but that church pressure put him into Notre Dame...Hungarian coaches believe Tabori is as good at 5000m as he is at a mile...the poor season by European shot record holder Skobla is attributed, in part, to an accident while skiing, followed by a broken leg in football...

Steve Devan dopes a US vs. USSR dual meet, European style, with two entries in each event for the full Olympic schedule and 5-3-2-1 scoring. The US wins 124 to 88. The US runs 1-2 in all standard US college events, except 1-3 in the discus, and wins both relays. USSR runs 1-2 in all non-college events, except the hammer with 1-3. (Maybe it is just as well we don't concentrate on the other events, or what would be left?)

Full membership of the Helms Hall Track & Field Hall of Fame, coaches division, is: Emmett Brunson, George Bresnahan, Walter Christie, Boyd Comstock, Dean Cromwell, Edward Farrell, Robert Fetzer, Keane Fitzpatrick, Brutus Hamilton, William Hayward, Billy Hayes, Frank Hill, Flint Hanner, Harry Hillman, Charles Hoyt, Thomas Jones, Thomas Keane, Jim Kelly, Clyde Littlefield, John Magee, John Moakley, Michael Murphy, Joseph Pipal, Lawson Robertson, Jack Ryder, Karl Schlademan, Henry Schulte, Larry Snyder, Dink Templeton, and Emil Von Elling.

NOTED WITH INTEREST

SCHOLASTIC COACH's fifth annual four-deep All-American high school track team has 21 states represented. California has 12 selections, Texas 8, Arizona and Kansas four, New Jersey three. Honor man is Eddie Southern. Consistency of performance furnishes the basis for selection, and the following are listed in alphabetical order: 100-Barnwell, Boys, Brooklyn; Broussard, Beaumont, Tex; Cannon, Istrouma, Baton Rouge; Denni Centennial, Compton, Cal. 220-Cannon; Dillard, Washington, Mt. Pleasant, Tex; Southern; Wiebe, Newton, Kansas. 440-Bass, Boys, Brooklyn; Chowins, Wetumka, Okla; King, Salinas, Cal; Southern; White, Corcoran, Cal; 880-Cunliffe, Claremont, Cal; Fleming, Poly, Baltimore; Mosshart, Abilene, Tex; Scurlock, Greensboro, NC; Shankland, Union, Phoenix, Ariz; Mile-Kerr, West York, York, Pa; Skutka, Morris Hills Regional, Rockaway, NJ; White, Newport Harbor, Cal; Wille, Columbus, Indiana; 120HH-May, Blue

Island, Illinois; Southern; Thompson, Centennial, Compton, Cal; Tilman, Clay Center, Kansas; 180LH-Alsbrook, Ball, Galveston, Tex; Lowe, Centennial, Compton, Cal; Tidwell, Independence, Kansas; Wippert, Toms River, N.J.; HJ-Dumas, Centennial, Compton, Cal; Freeman, DePorres, Cincinnati; Mangham, New Castle, Pa; Smith, York, Neb; PV Brewer and Bullard, North, Phoenix, Ariz; Finney, Jordan, Los Angeles; Hren, Inglewood, Cal; BJ- Carr, Lincoln, Tacoma, Wash; Watkins, Jordan, LA; White, Blackshear, Hearne, Tex; Williams, Adams, Jamaica, NY; SP-Coates, Culpeper, Va; Trye, Yakima, Wash; Moss, Forth Smith, Ark; Ward, Santa Monica, Cal; DT-Bohling, Highland, Albuquerque, NM; Cotterman, Lanier, West Alexandria, Chip; Merrill, Mesa, Arizona; Sylvester, Bear River, Tremonton, Utah; JT-Barber, McPherson, Kansas; Cassidy, LaSalle, Providence, RI; Enos, Montclair, NJ; Francis, Medford, Oregon.

COACH AND ATHLETE'S 1955 All Southern track team selected by George Griffin of Georgia Tech and Wilbur Hutsell of Auburn, is: 100-Watson, Fla, Woodlee, SC, Middleton, Aub; 220-Watson, Woodlee and Fillman, W&M; 440-Wilson, Md, Crozier, Fla, Leas, Md. 880-Angle, VMI, Jones, NC, Powell, Aub. Mile-Grim, Md, Beatty, NC, Murphy, Tenn. 2-mile Beatty, Barton, Aub, Shea, NCS. HH-Shankle, Duke, Perry, Ga, Carpenter, LSU. LH-Shankle, Perry, Fillman. PV-Poucher, Fla, Yarbrough, NC, Brown, Aub. HJ-Davis, Ga, Hyde, Ala, Hogan, Md. BJ-Shankle, Vaughn, VMI, Yarbrough. SP-Vereen, GT, Lawshe, Duke, Morris, NC. DT- Verren, Morris, Byrd, VMI. JT-May, LSU, Duckworth, Ga, Weaver, FSU.

IHAROS VS. HAGG All 1955 marks for Iharos. 1942 & 1944 for Hagg.

1:51.1	800m	--
2:20.8	1000m	--
3:40.8	1500m	3:43.0
5:16.4	2000m	5:11.8
7:55.6	3000m	8:01.2
8:33.4	2-mile	8:42.8
13:25.0	3-mile	13:32.4
13:50.8	5000m	13:58.2

MODERN ATHLETE'S Jack Barlow, writes of the hammer throw: If we are to believe tales long since told, 200 feet was surpassed long before by an American named F.D. Tootell, who in 1923 won the IC4A, NCAA and AAU titles, and in 1924 won the Olympics at Paris. Tootell's best official performance as an amateur in competition was his 181-6 $\frac{1}{2}$ in winning the 1923 intercollegiate title, but in practice and exhibitions in 1924, and indeed for many years afterwards, he is reputed on good authority to have exceeded 200 feet many times. During his Easter vacation in 1924 he is said to have reached 204 feet in practice, while in the autumn of the same year, in an exhibition at Mercersburg Academy, where he had become a professional coach, he achieved 208. His most stupendous performance, however, is claimed to have taken place shortly afterwards from a newly laid circle of clay and powdered rock, from which he recorded six fair throws over 200 feet. The best was actually measured at 210-7, a truly Herculean effort which, if we are to accept its authenticity, surpasses all but Krivonosov. Tootell was then 22 and in 1925 he took up a new appointment as a track coach at Rhode Island State University, where for the following five seasons, it is said, he was able to better 200 feet almost whenever conditions were good, although he never again threw over 209. The story goes that even during the 1930s Tootell could always beat his best pupils at Rhode Island State. Since these included men like Henry Dryer, William Rowe and Irving Folwarshtny, all of whom were American AAU champs, this was no mean accomplishment. Although none of Tootell's greatest performances will ever make the record book, there can be little doubt that he must rank with the greatest hammer exponents of all time. It was a tragedy that he had to sacrifice his amateur status to coach.

Had Tootell competed as an amateur a few years longer, it seems almost certain that the somewhat impatient athletic world would not have been kept waiting until 1938 for the first officially accepted throw of more than 190, let alone 200. Yet this was, nevertheless, the case, or very nearly so. For 25 years the official world hammer record stood at 189-6 $\frac{1}{2}$, to the credit of the American, of Irish extraction, Pat Ryan, who accomplished that distance at Celtic Park, NY, in 1913. The next official record did not enter the books until August 27, 1938, when the German Olympic thrower, Erwin Black, reached 193-6 $\frac{7}{8}$ in Stockholm. In fact, however, 190 had been bettered in the preceding year by the Irish Olympic champ of both 1928 and 1932, Dr. Patrick O'Callaghan, who at Fermoy, County Cork, had a fully authentic throw of 195-4 $\frac{7}{8}$. Unfortunately, this could not be put forward as a world record because the Irish governing body was not then affiliated to the International Amateur Athletic Federation. This same reason had prevented O'Callaghan from defending his Olympic titles in Berlin in 1936.

ROGER BANNISTER, writing in "Athletics" says "the mile presents no absolute mechanical principles to the beginner, which if followed automatically, will bring success. Running in the most natural, relaxed and economical way brings the best results. It means that the exact procedure for each runner becomes a highly individual affair and can only be worked out after a long period of self observation, supplemented by the help of a coach."

CHRIS CHATAWAY, also in "Athletics" says "the problem, of course, is to find the right coach. And here, perhaps, the principles are akin to those involved in choosing a wife. Do not be committed too deeply too soon--make quite sure before taking the plunge. Secondly, a useful criterion is provided by observing whether the prospective coach seems more interested in finding out about you or in pushing his own ideas. The latter type never make good coaches and rarely, I suspect, good wives."

LLOYD PERCIVAL (author of the very helpful "Relaxation") in his Sports College News: Many coaches and P.E. specialists were extremely perturbed by an article in a popular publication in which a prominent sports writer claimed that young athletes and coaches should be more careful about making or advising all out effort in sport. The implication was that athletes making such an effort could suffer serious after effects--injuries to their health and heart. As proof of this possibility, the author claimed that an electrocardiograph taken after the Empire Games marathon showed definite damage to Jim Peters' heart. He also implied that Roger Bannister, by running and training as hard as he did, knew that he was injuring his own health, but ran in spite of it. It was also implied that Bannister had done some very scientific training on treadmills and with oxygen apparatus that developed his capacity to utilize oxygen to a greater level than normal.

Bannister wrote me that Peters was not once but twice examined by England's chief sports physician and passed as fit for further running. Peters, who had been running for some 20 years, quit to devote time to his family. Bannister also said his training was fairly orthodox (repeated intervals of under distance) and that he was on a treadmill only for research purposes. These are the facts. Added to them could be the comments of top medical and physical education authorities throughout the world. They all agree that muscular exertion will not damage a normal heart. In spite of this, the idea is still prevalent in Canada and will, because of the aforementioned article, become even more so. If we are to progress we must put this "old wives tale" to rest for good.