

NEWS

U.S. Sept. 10, Paterson, N.J. Stew Thomson won unique all around weight throwing event from Bob Backus, Harold Connolly, Bill Bangert and others, throwing 59-10 and 51-1 with 12 & 16# shots, 171-10 $\frac{1}{2}$ HT, 55-3 $\frac{1}{2}$ 35# WT, 38-10 $\frac{1}{2}$ 56# WT, 160-10 DT, 134-0 JT. Event leaders: Bangert 54-6 $\frac{1}{2}$ & 60-4; Backus 59-0 $\frac{1}{2}$, 40-4; Connolly 199-11;

AMERICANS IN EUROPE Paris, Sept. 11--Richards 10.6 & 21.5; Maiocco 47.5; Stanley 1:49.5 from Lueg 1:49.8, Steger 1:49.8; Smith 13-9 $\frac{1}{2}$; LaPierre second to Barthel, both in 3:50.2. Belgrade, Sept. 14--Richard won both sprints, Maiocco 48.4, Smith 13-1 $\frac{1}{2}$, LaPierre 3:56.6n, Stanley second to Mugosa in 1:52.2.

EUROPE Two more world records. Vladimir Kuts lowered Iharos' 7 day old 5000m record to 13:46.8 at Belgrade Sept. 17. Mikhail Krivonosov upped his own world hammer record to 211-8 $\frac{1}{2}$ (64.52) at Belgrade Sept. 19. USSR 128, GB 84, Moscow, 9/11: Bartenyev 10.5, Ignatyev 47.0, Ivakin 1:48.5 (USSR record), Harichev 1:48.7, Johnson 1:48.9, Hewson 3:45.0, Wood 3:46.2, Okorokov 3:46.6, Chataway 14:12.0, Chernyavskiy 14:14.4, Kuts 29:08.2, Norris 29:46.4, Pirie 29:46.4, Disley 8:44.2 (British record, 2nd on All-time list), Brasher 8:49.2, Vlasenko 8:54.2, Parker 14.4, Stolyarov 14.5, Hildreth 14.5, Yulin 52.2, Kane 52.5, Ilin 52.9, USSR 40.6, GB 41.2, GB 3:09.4, USSR 3:09.6 (USSR record), Kashkarov 6-7 1/8, Chernobay and Bulatov 14-6, Shcherbakov 50-9 $\frac{1}{2}$, Pirts 55-8 7/8, Grigalka 53-8 7/8, Matveyev 171-1 $\frac{1}{2}$, Krivonosov 202-8 5/8, Kuznetsov 237-5 5/8.

HUNGARY 122, POLAND 80 Budapest Sept. 10--11--Iharos 13:50.8 (world record), 13:25 for three miles; Chromik 8:40.2 (world record), Rozsnyoi 8:45.2 (Hungarian rec), Szentgali 48.0 (Szentgali record), Rozsavolgyi 1:48.8, Szentgali 1:48.8, Kreft 1:48.9 (Polish record), Goldovanyi 21.2, Kovacs 29:27.4, Rozsavolgyi 3:41.2, Tabori 3:41.8, Lewandowski 3:43.4 (Polish rec), Botar 52.7, Grabowski 25-4 3/8 wind, 24-9 $\frac{1}{2}$ no wind (Polish rec), Iwanski 24-7 $\frac{1}{4}$, Foldessy 23-8 5/8, Sidlo 258-6 3/4 (8th 250 plus mark for 1955, equalling Nikkinen's 1954 record). Rut 199-5 $\frac{1}{2}$ (Hung. rec)

FINLAND 213, SWEDEN 196 Stockholm Sept. 10-11--Hellsten 10.7, 21.5, 47.0, anchored winning 1:00m Relay, ran on 400mR; Landstrom 14-7 $\frac{1}{4}$, Nilsson 6-9 7/8, Vuorisalo 1:50.2 and 3:45.0. GB 117, CZECHOSLOVAKIA 95 Sept. 14-15--Pirie 14:03.8, Zatopek 14:04, Norris 14:04, Hewson 3:48.4, Wood 3:49, Jungwirth 3:49.8, Wheeler 45.9 (390 meters), Zatopek 29:25.6, Pirie 29:54, Sando 30:08, Hewson 1:48.2, Disley 9:06.4, Shaw 52.1.

OTHER MARKS Sprints--No wind on Futterer's 20.6, will be submitted as European record; Babiyak, USSR, 10.4. Middle distances--On Sept. 11, in four different capitals, 11 men clocked 1:50.2 or faster (including only a few of the best). Boysen beat Moens 1:48.4 to 1:48.5, and Nielsen 1:50.8 to 1:51.5. Moens ran 1:47.9 and 1:48.6 at Bologna 9/8. Boysen beat Moens 1:49.0 880 9/3 (Stanley 1:52.2); Tabori 4:03.6 from Iharos 4:03.6 & Nielsen 4:03.8 9/2; Tabori 3:40.8 (equals world record) with last 300m in 40.8 from Nielsen 3:40.8 9/6. Boysen third 3:48.4.

Long Distances --Kuts 29:06.2 8/27, 13:57.8 9/3. Jumps--Bulatov 14-5 $\frac{1}{4}$ from Landstrom 14-5 $\frac{1}{4}$; Chlebarov 14-3 $\frac{1}{4}$ (Bulgarian rec); Throws--Merta 178-5 3/4, Consolini 178-2 5/8, Bukhantsev, USSR, 169-10 1/8. ALSO--Norwegian records for Larsen 8:46.8, Danielsen 245-8 7/8, Saksvik 14:12.2; CSR rec for Rehak 51-6 5/8; East German records for Dittner 52.1 and Reinnagel 1:50.2; Polish records for Bugala 52.7, Makomaski 47.7; German record for Steines 23.5; Japanese record for Suzuki 1:51.8; Swedish record for Nyberg, 1:03:40 for 20,000m & 18,812m for one hour.

SO THEY TELL US

DAVID YOUNGBLADE, College of William & Mary: "Has anyone mentioned the mental pressure in training of keeping count when running 20x220s or running about six miles? I know I find it hard to relax and think of other things, when I have to keep track of what I have covered. Being coached by Fred Wilt, I keep a diary of my workouts, thus causing me to remember what I do from day to day. If someone else counts for me I fare much better in training, but where can you find people who are willing to keep count for you in a workout that covers an hour or so?"

TN JIM BARBEE, Columbus: "I have a question that has been bothering me. Last year in the British AAA Green & Chataway both clocked 13:32.2 for a new world record, although Green was picked for first. In this year's AAA Games Fryer and Wheeler both ran the 440 in 47.7 with Fryer first. I read somewhere that only Fryer was given credit for breaking the AAA record, and I wonder why Chataway and Green were both given credit while only Fryer received credit in the 440? Can anyone answer it?"

TN SIDNEY CLAIRE, Minneapolis: "Do you really believe that Ashenfelter can repeat his glorious performance (which should have earned him the 'athlete of the year' award for four years in a row) next year in Australia? He certainly did not show anything in the steeplechase this year. Is he in secret training for it? I do not believe that any one in one short summer can become good enough to beat those who train for the event day in and day out--at least not for the second time. (Ed note: Ash hasn't given the SC a serious try since 1952, but his 8:49.6, when not in good shape, indicates he will be as fast in 1956 as in 1952, maybe faster. But it looks like it will take less than 8:40 to win.)...Has everybody ignored Krivonosov in the weight man's triple series? In the same meet he totaled 395-2 1/8, which leaves him 5" short of Stu Thomson, but his all year total is 425-3 1/2, and I do not think anybody is going to beat that."

TN MIKE OLIVEAU, Pacific Palisades, Cal: "From my study of wind curves I conclude that 'legal wind assistance' should be judged on the basis of air motion and air density. The thinner air at high altitudes means less wind resistance, which aids a runner in exactly the same way as a tail wind. This 'effective aiding wind' increases from zero at sea level to 4 1/2 mph at 12,000 feet. Since 'legal' wind conditions are judged only on the basis of air motion a runner at 12,000 feet running with a 4 1/2 mph wind may have twice the 'legal' assistance from reduced wind resistance."

TN JACK DUNFORD, Portland, Ore.: "What about the enthusiasts who aren't able to take in the 1956 Olympics in Australia? Let's all write to our TV stations, or film companies, so that we may see more of the Olympics than just a flash of a few events in the newsreel....We are starting to get more all-comers meets at the end of the season, but we would like to see more of this type of meets early in the year. This way one can enjoy himself and get into shape at the same time, as well as telling what kind of shape he is in. Then, with the experience of all these races behind him, he is ready for the more important races. There is not very much incentive to run in the all-comers meets after all the important races are over with nothing to look forward to."

TN SPENCE GARTZ, San Diego: "I believe the many AAU Associations need to conduct training and brush-up clinics for their starters, timers and other officials. We particularly need not only competent, but stern judges and inspectors. Men with guts enough to carry out their duties. Why should a so-called top performer get away with an infraction that normally disqualifies a run-of-the-mill Joe Blow? Why announce a winner until it is absolutely certain there has been no infraction?"

STATS

Evolution of 1000m record:

2:42.0	Soalhat, France	1895	2:25.8	Peltzer, Germany	1927
2:38.0	Soalhat, France	1896	2:23.6	Ladoumegue, France	1930
2:37.2	Wood, England	1898	2:21.5	Harbig, Germany	1941
2:36.8	Deloge, France	1900	2:21.4	Gustafsson, Sweden	1946
2:36.4	Deloge, France	1901	2:21.4	Hansenne, France	1948
2:35.8	Bjorn, Sweden	1910	2:21.3	Aberg, Sweden	1952
2:34.4	Zander, Sweden	1913	2:21.2	Jungwirth, CSR	1952
2:32.3	Mickler, Germany	1913	2:20.8	Whitfield, USA	1953
2:29.1	Bolin, Sweden	1918	2:20.4	Boysen, Norway	1953
2:28.6	Lundgren, Sweden	1922	2:19.5	Boysen, Norway	1954
2:26.8	Martin, France	1926	2:19.0	Boysen, Norway	1955

Evolution of 3000m steeplechase record (unofficial until 1954)

10:02.4	Hodge, England	1920	8:45.4	Ashenfelter, USA	1952
9:33.6	Ritola, Finland	1924	8:44.4	Rinteenpaa, Finland	1953
9:21.8	Loukola, Finland	1928	8:49.6	Rozsnyoi, Hungary	1954
9:08.4	Lermond, USA	1932	8:45.4	Karvonen, Finland	1955
9:03.8	Iso-Hollo, Finland	1936	8:45.4	Wlasenko, Russia	1955
8:59.6	Elmsater, Sweden	1944	8:41.2	Chromik, Poland	1955
8:48.6	Kazantsev, Russia	1952	8:40.2	Chromik, Poland	1955

WIND SPRINTS

Steve Devan's world list scoring as of Sept. 14 gives the US 488 points, USSR 189, Hungary 112, Germany 58, Poland 56, England 47, CSR 39, Finland 30, Sweden 24, Brazil 19...new members of Stanford's track hall of fame are Clyde Jeffrey, Harlow Rothert and Bud Spencer, while Dink Templeton made it for football...Kansas javelin thrower Don Sneegas says pitching baseball and/or softball can't help but build up an arm. He says he has never had a sore arm...directors of the big Eastern indoor meets have just met to discuss common problems of the coming campaign. Ed Swineburne of the N.Y. Athletic Club was elected president of the group...European record holder Leonid Shcherbakov is an excellent basketball player, skier, gymnast and weight-lifter, and is a student at a pedagogical institute...the 800m run has been added to the women's schedule for the 1956 Olympics, giving fans a look at Russia's glamor girl, world-record holder Nina Otkalenko...awarding of a motor-cycle to Emil Zatopek has brought repercussions with the IAAF investigating to determine if rules limiting the value of a prize to \$33 were violated...Zatopek and his wife are schedule for a two month good will tour of India next winter...hammerman Harold Connolly does not think he could do better if his left arm, which is 2 $\frac{1}{4}$ inches shorter than his right, were normal...

Full membership of the Helms Hall track and field hall of fame is: DanAhearn, Horace Ashenfelter, John Borican, Glenn Cunningham, Harold Davis, Harrison Dillard, Gil Dodds, James Donahue, Ben Eastman, Barney Ewell, Ray Ewry, Lou Gregory, Glenn Hardin, Bud Houser, George Horine, Alvin Kraenzlein, Joe McCluskey, Pat McDonald, Bob Mathias, Ralph Metcalfe, Earle Meadows, Ted Meredith, Glenn Morris, Lon Myers, G. W. Orton, Harold Osborn, Jesse Owens, Charles Paddock, Melvin Patton, Eulace Peacock, Jole Ray, Greg Rice, Ralph Rose, Bob Richards, Pat Ryan, Mel Sheppard, Les Steers, Eddie Tolan, Forrest Towns, Cornelius Warmerdam, Bernie Wefers, Fred Wolcott, John Woodruff, Frank Wykoff, and Mal Whitfield.

BULLETIN BOARD

Next Track Newsletters, October 4 & 25. Next T&FN mailed Oct. 20. Statistician wanted to compile list of track records at leading tracks in U.S. and world. Anyone interested write Track Newsletter.

NOTED WITH INTEREST

EDWARD O'CONNELL says of the New England distance running: conducts the most distance races in the country--45 or more in 1955...has the largest number of contestants per race--an average of 55 per 10 mile race...awards the greatest number of prizes--an average of 25 per race...sponsors the oldest annual runs in the country--Boston Marathon 59 years, Cathedral Club 10 mile 45 years, Norfolk House 3 mile novice 30 years...no entry fee charged for any race...will hold all its Jr. and Sr. Association championships, 3,6,10,12,15,18, and 26 miles... has the country's fastest marathoners in Nick Costes and John J. Kelley,

ARMOUR MILNE, in Athletics Weekly: "Chromik won the Warsaw Festival 5000 with a 57 last lap. After Zatopek won the 10,000 in 29:34.4 he told me it was a real struggle and that he had not enjoyed his run, adding, 'I think I'm getting too old. All the speed is gone out of my legs'. Here, indeed, we saw the perfect picture of the rise and fall of the gladiators; Chromik wildly cheered by his own people, Zatopek walking from the arena quite unnoticed by the crowds. Fickle as are the fans in any sport, it hardly seemed possible that this could happen.

JIM GOLLIDAY, in a radio interview, said: "Jesse Owens always said anyone who ran a 440 was crazy, and I agree...When I first started track my major concern was to learn how to start. I worked very hard with Rut Walter...I have learned how to run against the clock as well as against the man...I think I have a chance at the world record with a perfect start, fast track and other conditions right...My chief ambition is to make the 1956 Olympic team...Military service helped me. It gave me a lot of time to think...I eat lots of proteins and like tea...Bumper Watson is my leading rival, with Bobby Morrow second.

DR. ADOLPHE ABRAHAMS, in The Modern Athlete: "One is asked if there is any special property in meat particularly advantageous to athletes? I have the impression that there is some advantage in meat, but I do not press that to any considerable extent...There is no support for deliberate administration of alcohol, just as in the same way there is no reason to prohibit its continued use to any athlete who is accustomed to it...We have to realise that the athlete, the highly strung athlete especially, is an impressionable and suggestible person and that anything, however simple, administered to him with sufficient ceremony by someone in whom he confides, will produce an effect which, in his opinion, is directly attributable to the substance he has been given. I myself have brought off remarkable results from a tablet of peppermint and a little bicarbonate of soda and sugar with a couple of drops of chloroform water. Perfectly inert, these could not have possibly produced the results which apparently occurred from it. If there really are drugs that can stimulate to exertion beyond the normal limits of fatigue set by the body they should be strictly forbidden...We who study the question of athletic training take a more realistic view of smoking, and recognizing the irritability, the fidgetiness, the nervous disturbance of a good many athletes, ask ourselves whether the physical advantage of abandoning tobacco may not be counter-balanced by the irritability and nervous upsets which a little tobacco may serve to allay. The poisonous effects of tobacco are so small that in a majority of instances it is negligible--still it is present, and it seems to me, in the case of a man who aims at the very highest honors, it is well for him to abstain, if he can...The athlete of today is no better than the athlete of a 100 years ago, that he is not physically stronger, that he has no greater fortitude or courage. He does not train as hard, but he trains ever so much more sensibly and ever so much more efficiently because he has realized that the essential feature of training is the amount of physical work which the body can undertake, and that everything else--food, drink, etc.--is merely contributory or subsidiary."