

### — Small Meets, Big Results —

#### — U.S. News —

##### ACADIA INVITATIONAL

Piedmont, South Carolina, July 16—

**Women's PV: 1. Sandi Morris (Nik) 15-9¼ (4.81) (out WL, AL) (14-5¼, 14-9, 15-1, 15-5, 15-7¼, 15-9¼, 16-1¼ [xxx]) (4.40, 4.50, 4.60, 4.70, 4.76, 4.81, 4.91 [xxx]);**

**2. Katie Nageotte (NikNYAC) 15-9¼ (=out WL, AL) (14-9 [2], 15-5 [2], 15-9¼ [3], 16-1¼ [xxx]) (4.50 [2], 4.70 [2], 4.81 [3], 4.91 [xxx]);**

**3. Megan Clark (OisNYAC) 14-9 (4.50);**  
**4. tie, Leah Pasqualetti (NYHS) & Olivia Gruver (unat) 14-1¼ (4.30);**  
**6. Natalie Uy' (Phl) 14-1¼.**

##### THE BIGGER FRIENDLY

Portland, Oregon, July 17—

**600: 1. Nijel Amos' (Bot) 1:15.86; 2. Derek Holdsworth (unat) 1:17.08; 3. Drew Windle (BrkB) 1:17.59.**

**1000: 1. Josh Kerr' (GB) 2:17.60; 2. Sam Praker (adi) 2:18.15; 3. Vince Ciattei (OTC) 2:18.49; 4. Jake Heyward' (GB) 2:18.55; 5. Dustin Nading (unat) 2:22.25.**

**3000: 1. Craig Engels (Nik) 7:53.28; 2. Suguru Osako' (Jpn) 7:59.65; 3. Henry Wynne (BrkB) 8:00.07.**

##### BIGGER FRIENDLY WOMEN

**600: 1. Nia Akins (BrkB) 1:27.20; 2. Sadi Henderson (OisLWA) 1:27.43; 3. Chanelle Price (OTC) 1:27.49.**

**1000: 1. Konstanze Klosterhalfen' (Ger) 2:37.05; 2. Rebecca Mehra (OisLWA) 2:38.02; 3. Karisa Nelson (BrkB) 2:40.92.**

**3000: 1. Shannon Rowbury (Nik) 8:40.26 (out WL, AL);**

**2. Eleanor Fulton (unat) 9:13.94; 3. Katie Rainsberger (unat) 9:18.18.**

**Mixed-sex 2 x 2 x 400: 1. Nike 3:42.80 (Raevyn Rogers 60.39, Donavan Brazier 49.62, Rogers 61.49, Brazier 51.30);**

**2. Oregon TC 3:46.15 (Price, Amos); 3. Nike B 3:49.13 (Klosterhalfen, Engels).**

##### AMERICAN TRACK LEAGUE II

Marietta, Georgia, July 18—

**SP: 1. Ryan Crouser (Nik) 75-2 (22.91) PR (WL, AL) (=2, =2 W; =1, =1 A); inferior to ratified AR 75-10¼/23.12 Randy Barnes [Maz]'90 that T&FN doesn't carry on lists) (=AR Joe Kovacs [Vel/NYAC]'19)**

**(72-8 [out WL, AL], 71-½, 72-11¾ [out WL, AL], 71-7½, 74-7 [WL, AL] [x =11 W; x, =5 A], 75-2) (22.15, 21.65, 22.24, 21.83, 22.73, 22.91) (avg =73-0/22.25);**

**2. Nick Ponzio (DesHP) 66-1½ (20.15).**

**HT: 1. Daniel Haugh (T1D) 250-1 (76.22) (AL) (248-2, f, 250-1, f, f, 243-6) (75.64, f, 76.22, f, f, 74.22);**

**2. Erich Sullins (unat) 222-10 (67.93).**

##### ATL II WOMEN

**PV: 1. Katie Nageotte (NikNYAC) 15-10 (4.83) out PR (out WL, AL) (14-7¼ [2], 14-11, 15-5 [2], 15-10 [2], 16-1¼ [xxx]) (4.45 [2], 4.55, 4.70 [2], 4.83 [2], 4.92 [xxx]);**

**2. Megan Clark (OisNYAC) 14-7¼ (4.45);**  
**3. Olivia Gruver (unat) 14-3¼ (4.35).**

**SP: 1. Haley Teel (T1D) 56-2¾ (17.14) (out AL).**

##### MVMNT I

Shrewsbury, Massachusetts, July 18—

**10,000: 1. Abdisamed Abdi (HansB) 28:59.47 (AL);**

**2. Zach Panning (HansB) 29:06.82; 3. Ben Kendell (HansB) 29:55.41; 4. Ian La Mere (HansB) 31:27.93.**

##### MVMNT I WOMEN

**1500: 1. Dana Giordano (BAA) 4:10.79.**  
**10,000: 1. Kiera D'Amato (unat) 32:33.44 (AL);**

**2. Olivia Pratt (HansB) 32:48.16; 3. Abbey Cooper (NBal) 33:03.20; 4. Natoshia Rogers (HansB) 33:38.21.**

#### — International News —

##### KARLSTAD

Karlstad, Sweden, July 08—

**800: 1. Andreas Kramer (Swe) 1:46.95; 2. Joakim Andersson (Swe) 1:47.55 PR.**

**1500: 1. Suldan Hassan (Swe) 3:40.12; 2. Emil Danielsson (Swe) 3:40.74 PR; 3. Andreas Almgren (Swe) 3:41.01.**

**PV: 1. Mondo Duplantis (Swe) 18-9¼ (5.72); 2. Ben Broeders (Bel) 18-5¼ (5.62); 3. Piotr Lisek (Pol) 18-5¼; 4. Pål Haugen Lillefosse (Nor) 18-1¼ (5.52).**

**LJ: 1. Thobias Montler (Swe) 26-3¾ (8.02).**

**SP: 1. Marcus Thomsen (Nor) 66-8¾ (20.34).**

**DT: 1. Daniel Ståhl (Swe) 223-5 (68.10) (223-5, 208-4, 216-4, 216-9, f, 211-5) (68.10, 63.50, 65.95, 66.07, f, 64.45);**

**2. Simon Pettersson (Swe) 219-6 (66.90).**

**JT: 1. Kim Amb (Swe) 267-4 (81.48); 2. Timothy Herman (Bel) 258-4 (78.75).**

##### KARLSTAD WOMEN

**800: 1. Hedda Hynne (Nor) 2:03.71; 2. Sara Kuivisto (Fin) 2:03.99.**

**LJ: 1. Khaddi Sagnia (Swe) 22-2¼ (6.76).**

**SP: 1. Fanny Roos (Swe) 60-4¾ (18.41).**

**JT: 1. Ásdís Hjálmsdóttir Annerud (Ice) 195-0 (59.44).**

##### ABASHIRI

Abashiri, Japan, July 15—

**5000: 1. Benard Kibet Koech (Ken) 13:11.77 PR; 2. Vincent Yegon (Ken) 13:20.39 PR; 3. Shu Hasegawa (Jpn) 13:28.30 PR;**

**4. Evans Keitany (Ken) 13:31.49; 5. Dominic Lagat (Ken) 13:32.03; 6. Benuel Magoma (Ken) 13:32.55 PR.**

10,000: 1. Jonathan Ndiku (Ken) 27:23.47; 2. Alexander Mutiso (Ken) 27:44.37; 3. Richard Yator (Ken) 27:49.35; 4. Yuma Hattori (Jpn) 27:56.32 PR;

5. Enoch Omwamba (Ken) 28:02.29; 6. Boniface Mulwa (Ken) 28:08.10 PR; 7. Tatsuya Maruyama (Jpn) 28:10.59 PR; 8. Jun Nobuto (Jpn) 28:12.37 PR;

9. Daiji Kawai (Jpn) 28:13.04; 10. Kota Murayama (Jpn) 28:13.84; 11. Shohei Kurata (Jpn) 28:16.93; 12. Haruki Minatoya (Jpn) 28:18.14; 13. Minato Oishi (Jpn) 28:18.43.

### ABASHIRI WOMEN

3000: 1. Cynthia Baire (Ken) 8:56.05 PR. 5000: 1. Nozomi Tanaka (Jpn) 15:02.62; 2. Helen Lobun (Ken) 15:03.09 PR; 3. Joan Chepkemai (Ken) 15:04.32 PR;

4. Kaede Hagitani (Jpn) 15:05.78 PR; 5. Winnie Jerotich (Ken) 15:14.84 PR; 6. Shiori Yano (Jpn) 15:29.93 PR.

**10,000: 1. Rosemary Wanjiru (Ken) 30:38.18 (WL);**

2. Mao Ichiyama (Jpn) 31:23.30 PR; 3. Sayaka Sato (Jpn) 32:05.31; 4. Narumi Kobayashi (Jpn) 32:08.67 PR; 5. Yuka Ando (Jpn) 32:12.24;

6. Momoka Kawaguchi (Jpn) 32:15.88 PR; 7. Hikari Onishi (Jpn) 32:17.12 PR; 8. Mizuki Matsuda (Jpn) 32:28.27; 9. Nao Yamamoto (Jpn) 32:31.37 PR.

### LAHTI

Lahti, Finland, July 15—

1500: 1. Kristian Uldbjerg Hansen (Den) 3:42.53 PR.

**St: 1. Topi Raitanen (Fin) 8:30.53 (WL).**

JT: 1. Gatis Čakšs (Lat) 260-2 (79.31); 2. Topias Laine (Fin) 256-5 (78.16) PR.

### LAHTI WOMEN

100H(-0.6): 1. Annimari Korte (Fin) 12.80; 2. Nooralotta Neziri (Fin) 12.99; 3. Reetta Hurske (Fin) 13.03; 4. Lotta Harala (Fin) 13.13 PR.

HJ: 1. Ella Junnila (Fin) 6-2¼ (1.90).

LJ: 1. Maria Huntington (Fin) 21-4¼ (6.51) PR.

JT: 1. Heidi Nokelainen (Fin) 198-3 (60.43).

### SAVONA

Savona, Italy, July 16—

100(1.3): 1. Filippo Tortu (Ita) 10.12; 2. Lamont Marcell Jacobs (Ita) 10.14; 3. Eseosa Desalu (Ita) 10.29 PR.

**400: 1. Davide Re (Ita) 45.31 (WL);**

2. Vladimir Aceti (Ita) 45.84 PR.

**110H(1.6): 1. Andy Pozzi (GB) 13.30 (WL);** 2. Hassane Fofana (Ita) 13.74.

LJ: 1. Filippo Randazzo (Ita) 26-7¼ (8.12) PR; 2. Antonino Trio (Ita) 26-¼ (7.93) PR.

SP: 1. Leonardo Fabbri (Ita) 69-4¼ (21.15).

JT: 1. Mauro Fraresso (Ita) 256-4 (78.13).

### SAVONA WOMEN

100(2.0): 1. Anna Bongiorno (Ita) 11.30 PR. 200(1.9): 1. Ivet Lalova-Collio (Bul) 23.13. 400: 1. Rebecca Borga (Ita) 52.98 PR.

100H(2.5): 1. Luminosa Bogliolo (Ita) 12.86w; 2. Elisa Maria Di Lazzaro (Ita) 12.89w. HJ: 1. Teresa Maria Rossi (Ita) 6-1½ (1.87) PR.

LJ: 1. Larissa Iapichino (Ita) 22-3¼ (6.80) PR; 2. Tania Vicenzino (Ita) 21-6 (6.55).

### BREST

Brest, Belarus, July 16-17—

(7/16—1500, 110H, HJ, HT, JT)

1500: 1. Illia Karnavukhau (Blr) 3:42.97 PR. 110H(0.0): 1. Vitali Parakhonka (Blr) 13.69.

HJ: 1. Andrei Churyla (Blr) 7-2½ (2.20).

LJ: 1. Artsiom Hurny (Blr) 25-10w (7.87).

SP: 1. Aliaksei Nichypar (Blr) 67-4 (20.52).

HT: 1. Pavel Bareisha (Blr) 249-6 (76.06);

2. Nikolay Bashan (Rus) 242-9 (73.99).

JT: 1. Aliaksei Katkavets (Blr) 261-4 (79.67).

### BREST WOMEN

(7/16—400, 100H, TJ, HT, JT)

400: 1. Alina Luchshava (Blr) 52.68.

100H(-0.1): 1. Elvira Herman (Blr) 12.80.

4 x 400: 1. Belarus 3:31.06.

PV: 1. Krystsina Kantsavenka (Blr) 14-9 (4.50) PR.

**LJ: 1. Nastassia Mironchyk-Ivanova (Blr) 22-9 (6.93) (out WL).**

TJ: 1. Vyaleta Skvartsova (Blr) 46-6 (14.17)

PR; 2. Iryna Vaskouskaya (Blr) 45-7¼ (13.90).

**SP: 1. Aliona Dubitskaya (Blr) 63-2¼ (19.27) PR (=out WL);**

2. Alena Pasechnik (Blr) 59-11¼ (18.28) PR.

HT: 1. Hanna Malyshik (Blr) 239-6 (73.00).

JT: 1. Tatsiana Khaladovich (Blr) 211-0 (64.33).

### CHITOSE

Chitose, Japan, July 18—

1500: 1. Justus Soget (Ken) 3:40.86; 2. Nanami Arai (Jpn) 3:41.03.

**St: 1. Ryuji Miura (Jpn) 8:19.37 (WL);**

2. Philemon Ruto (Ken) 8:19.60 PR; 3. Kosei Yamaguchi (Jpn) 8:25.04 PR; 4. Ryuma Aoki (Jpn) 8:25.85 PR.

5000: 1. Titus Wambua (Ken) 13:17.40 PR; 2. Hyuga Endo (Jpn) 13:18.99 PR; 3. Wesley Ledama (Ken) 13:21.22; 4. Victor Kipkirui (Ken) 13:21.59 PR; 5. Hiroki Matsueda (Jpn) 13:24.29 PR.

10,000: 1. Vincent Raimoi (Ken) 27:39.80 PR; 2. Joseph Ndirangu (Ken) 27:41.30 PR; 3. Kengo Suzuki (Jpn) 27:57.84 PR; 4. Yohei Suzuki (Jpn) 28:11.20 PR; 5. Takato Suzuki (Jpn) 28:13.12 PR.

### CHITOSE WOMEN

3000: 1. Nozomi Tanaka (Jpn) 8:51.49; 2. Joan Chepkemai (Ken) 8:57.20 PR; 3. Winnie Jerotich (Ken) 8:57.86 PR; 4. Esther Wangui (Ken) 8:58.40 PR.

5000: 1. Mao Ichiyama (Jpn) 15:06.66 PR; 2. Cynthia Mbaire (Ken) 15:07.13 PR; 3. Zeyituna Husan (Eth) 15:13.44 PR; 4. Mikuni Yada (Jpn) 15:19.67 PR.

### KLADNO

Kladno, Czech Republic, July 18—

200(0.0): 1. Jan Jirka (CzR) 20.74.

110H(0.3): 1. Petr Svoboda (CzR) 13.71.

400H: 1. Vít Müller (CzR) 49.99.

### KLADNO WOMEN

400H: 1. Emma Zapletalová (Svk) 56.86 PR.

HJ: 1. Bára Sajdoková (CzR) 6-3¼ (1.91) PR; 2. Michaela Hrubá (CzR) 6-1½ (1.87).

PV: 1. Amálie Švábíková (CzR) 14-11 (4.55) PR.

### WETZLAR

Wetzlar, Germany, July 18—

200(0.1): 1. Steven Müller (Ger) 20.72.

400: 1. Marvin Schlegel (Ger) 46.15.

400H: 1. Constantin Preis (Ger) 49.69.

### WETZLAR WOMEN

100(1.4): 1. Lisa Marie Kwayie (Ger) 11.21 PR; 2. Jennifer Montag (Ger) 11.23 PR; 3. Lisa Nippgen (Ger) 11.33 =PR; 4. Rebekka Haase (Ger) 11.34.

200(0.0): 1. Jessica-Bianca Wessolly (Ger) 23.27.

400: 1. Corinna Schwab (Ger) 52.56; 2. Ruth Sophia Spelmeyer (Ger) 52.89.

400H: 1. Carolina Krafzik (Ger) 56.93.

JT: 1. Annika Fuchs (Ger) 197-6 (60.20).

### ARNHEM

Arnhem, Netherlands, July 18—

100(0.1): 1. Joris van Gool (Neth) 10.29.

200(1.2): 1. Taymir Burnet (Neth) 20.76.

800: 1. Jürgen Wielart (Neth) 1:47.69 PR.

1500: 1. Tim Van De Velde (Bel) 3:40.61 PR.

400H: 1. Nick Smidt (Neth) 50.36; 2. Ramsey Angela (Neth) 50.41.

### ARNHEM WOMEN

200(0.8): 1. Marije van Hunenstijn (Neth) 22.91 PR; 2. Ajla Del Ponte (Swi) 23.02; 3. Lieke Klaver (Neth) 23.12 PR.

800: 1. Bregje Sloop (Neth) 2:02.51 PR.

1500: 1. Diane van Es (Neth) 4:12.99 PR.

100H(-0.3): 1. Nadine Visser (Neth) 12.95.

**400H: 1. Femke Bol (Neth) 53.79 NR (WL);**

2. Jackie Baumann (Ger) 55.53 PR.

## KINGSTON

Kingston, Jamaica, July 18—  
**100(0.3): 1. Julian Forte (Jam) 10.03 (low-alt WL).**  
200(-0.8): 1. Yohan Blake (Jam) 20.62; 2. Rasheed Dwyer (Jam) 20.66.  
110H(-0.4): 1. Rasheed Broadbell (Jam) 13.47 PR.  
LJ: 1. Tajay Gayle (Jam) 26-8¼ (8.13).

## KINGSTON WOMEN

100(-0.6): 1. Elaine Thompson-Herah (Jam) 11.19.  
200(-0.9): 1. Shelly-Ann Fraser-Pryce (Jam) 22.74; 2. Anthonique Strachan (Bah) 23.05.  
400: 1. Shericka Jackson (Jam) 52.00.  
400H: 1. Rhonda Whyte (Jam) 55.40; 2. Janieve Russell (Jam) 55.40.

## — Prep Highlights —

### MIDSUMMER NIGHTS OPEN

Marion, Indiana, July 7—  
Girls 800: 1. Maddie Russin (Crown Point, In) 2:07.86; 2. \*Amaya Turner (Wheeler, In) 2:08.51.

### JAC COMBINED EVENTS

Jacksonville, Florida, July 10-11—  
Girls LJ: 1. Meg Wilson (Brentwood, Tn) 20-2½.

**Hept: 1. Addison Berry (West Oak, Westminster, SC) 4903 (HSL);**

2. \*Sophie Galloway (Graves, Mayfield, Ky) 4888; 3. Patasha Bryan (South Walton, Fl) 4796; 4. \*Lauren Heck (Blue Valley South-west, Overland Park, Ks) 4787; 5. \*Gianna Bullock (Ensworth, Nashville) 4611.

### MAC SUMMER PV #2

Navasota, Texas, July 11—  
PV: 1. Anthony Meacham (Woodsboro, Tx) 17-0; 2. \*Carson Lenser (Vilonia, Ar) 16-6.

### ALABAMA TUNEUP

Oxford, Alabama, July 11—  
Girls 100 (2.8): 1. \*Chanice Spicer (Brew-backer, Montgomery, Al) 11.74w.  
200(3.6): 1. Spicer 23.96w.

### SUPER THROWERS MEET

Oregon City, Oregon, July 11—  
**Girls DT: 1. Hallee Layman (Willapa Valley, Menlo, Wa) 166-11 (HSL).**  
HT: 1. Ava David (Lake Oswego, Or) 181-2.

### JACE'S INVITATIONAL

Mt. Holly, North Carolina, July 12—  
Girls 400: 1. Jermaisha Arnold (Socastee, Myrtle Beach, SC) 54.24.

### TRACK IS BACK SERIES #2

West Hartford, Connecticut, July 13—  
TJ(nwi): 1. Sean Dixon-Bodie (Bloomfield) 49-11.

### NWPV SUMMER INVITATIONAL

Olympia, Washington, July 15—  
**Girls PV: 1. \*\*\*Amanda Moll (Capital, Olympia) 14-3¼ (national frosh-class & age-15 record) (8, x HS);**  
2. \*Lianne Kistler (Ballard, Seattle) 12-11½.

## SUMMER FEST

Genoa, Ohio, July 16—  
Girls SP: 1. \*Sarah Martin (Byron, Mi) 48-9½.  
DT: 1. Marvin 150-11.

### THROSHAWKS MINI MEET

New Haven, Connecticut, July 17—  
HT: 1. Cheyenne Figueroa (Classical, Providence, RI), 182-5; 2. Trinity Cardillo (Southington, Ct) 165-0.

### PALMETTO STATE GAMES

Columbia, South Carolina, July 18—  
**400H: 1. Dillon Leacock (Millbrook, Raleigh, NC) 53.24 (HSL).**

### RSS CO-19 SERIES #2

Marietta, Georgia, July 18—  
100(15-16)(-0.2): 1. \*\*Emory Floyd (Hill-grove, Powder Springs, Ga) 10.57.  
100(17-18)(-0.8): 1. \*\*Erriyon Knighton (Hillsborough, Tampa) 10.40.  
200(0.7): 1. Knighton 21.18.

### CMB CLASSIC

Indianapolis, Indiana, July 18—  
400: 1. \*Brett Otterbacher (Valparaiso, In) 47.48.  
**400H: 1. \*Mario Paul (Dunbar, Lexington, Ky) 52.23 (HSL);**  
2. Javan Poole (Meadowdale, Dayton, Oh) 53.01.  
Girls:  
**400H(15-16): 1. \*\*Shaina Zinter (Concordia, Roseville, Mn) 61.73 (HSL).**  
400H(17-18): 1. \*Krista Perry (Morgan County, West Liberty, Ky) 64.61.

### CLASH OF THE TITANS

Jacksonville, Florida, July 18—  
Girls LJ(nwi): 1. \*Nadia Collins (Leon, Tallahassee) 19-6¾.

### MVO SUMMER SERIES

Fredericksburg, Virginia, July 18—  
Girls 400: 1. \*Aaliyah Pyatt (Massaponax, Fredericksburg) 54.73; 2. \*Michaela Rose (Home, Norfolk) 54.88.

**the next eTN?  
probably next week**