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FEBRUARY 2020

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Raising The Roof

2 World Records For Mondo

TRACK & FIELD NEWS

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• cover photo of Mondo Duplantis by Dan Vernon •



FROM THE EDITOR

— Is Shoe Technology Moving Too Fast?

by E. Garry Hill

AS I SAY WHEN I WAS A KID we used to sing a little ditty that went, "Shoo, fly, don't bother me." My modern version would go, "Fly-shoe, you bother me."

To clarify, it's not just Nike's Vaporfly and Alphafly that have me concerned, it's any and all shoe companies who are embracing the combination of foam and carbon-plate technology—or down the road something else we haven't seen yet—to create footwear that is turning running on its head. But the Fly family has certainly stolen a march on its rivals and has become the poster child for creating the running shoe that just about everybody wants to be in.

It's undeniable that new shoes have played a huge role in the significant rewriting of World Records on the road in the last few months. Will this massive improvement transfer over to the track? There are certainly some huge hints that it will, based on this winter's indoor campaign. But indoors is a bit of a different animal than outdoors, where track size/banking can make all kinds of difference. It's also important to remember that this is an Olympic year, and there is always a notable rise in performance at regular 4-year Games intervals.

I have to admit I was surprised in January when WA opened the door rather wide for a quantum leap in what's acceptable (see A Mixed Ruling On Super Shoes). "It is not our job to regulate the entire sports shoe market," explained WA chief Seb Coe, "but it is our duty to preserve the integrity of elite competition by ensuring that the shoes worn by elite athletes in competition do not offer any unfair assistance or advantage."

Seems undeniable to me that the new shoes—again, all companies, not just Nike—do offer just that: unfair assistance and advantage.

Don't get me wrong. I live in the heart of Silicon Valley, where technological advancement is the way of life, and I like it. But while technological revolution certainly has its place, when it comes to track & field I'd much prefer evolution.

Coe said WA has a "duty to preserve the integrity of elite competition." It also has a duty to preserve the integrity of the history of the sport and these new shoes (Chicken Little alert?) threaten to negate too much history in the course of little more than a season.

The damn-the-torpedoes crowd would have you believe that this is just the latest chapter in the sport's progress through modernity. Once again, it's a matter of degree.

Take synthetic tracks, often cited as a comparable change to the new shoes. Well, not really. The first AAU meet on a synthetic oval was St. Louis '63, yet as late as Bakersfield '70 "dirt" was still in play. The first Olympics on synthetic wasn't until '68.

How about pole vaulting: was the fiberglass pole an overnight revolution? Decidedly not. The first glass poles appeared in the mid-'50s; the first WR on one didn't come until '61. There was a learning curve, both for vaulters and their coaches and for the manufacturers.

The flop? Dick Fosbury backed over the bar to win the '68 NCAA, but Warren Shanklin straddled his way to the '75 title 7 years later on a wet night not conducive to a speedy approach.

I think that WA goofed up by not simply declaring the new foam/carbon shoes non-compliant. It wouldn't have been the first time that shoes have been banned. In '57, Soviet Yuriy Stepanov broke the high jump WR using a takeoff shoe with a built-up sole. To its credit, the IAAF banned the shoe the next year, although it dropped the ball by leaving Stepanov as holder of the WR. Then, in '68, came the infamous brush spikes controversy. I think the IAAF was wrong in banning those, but to its credit at least it didn't create a dichotomy by allowing marks made wearing them to have WR status.

Records (and all-time lists) should be treated with more respect than what we seem to be seeing today. And it may not stop with the distance crowd. Also waiting in the wings is the Viperfly, a shoe designed for sprinters. Wait'll Usain Bolt-wannabes get their feet on those.

Talk about a fly in the ointment.

Olympic Trials Preview — Coleman The One To Catch In Men's 100

KEVIN MORRIS/PHOTO RUN



Justin Gatlin won the '16 Trials, with Christian Coleman 6th, Mike Rodgers 4th, Marvin Bracy 3rd and Jarrion Lawson 7th.

by Sieg Lindstrom

ALWAYS A CAPTIVATING SPECTACLE, a contest in which the rounds run rife with tension and those watching can expect the unforeseen, the selection of Team USA for the men's 100 at the Olympic Trials is a competitive cauldron of rare quality. The crowd at the top this time could be—if recent history informs analysis at all—one of the toughest clubs to join in many an Olympic season for the cupboard of U.S. sprinting is stacked formidably.

Justin Gatlin—winner of the last two OT races and now a nearly-unheard-of-for-sprinters 38—summed it up in Doha last fall as he and relay mates Christian Coleman, Mike Rodgers (see sidebar below) and Noah Lyles basked in the glow of collecting the first major U.S. men's 4×1 gold since '07. "USA sprinting, what can I say?" Gatlin asked rhetorically. "We got the 200m gold medalist, we got the 100m gold medalist right over here to my right so I think it's in good hands so far. Me being a fan of the sport, there's nothing more that I want to see except really good competition. And I've got my hands full right here in America."

Coleman, Lyles, Gatlin and Ronnie Baker, in different orders, were the four names who put together U.S. World Rankings top 3 sweeps the past two seasons, force concentration of a very high order. The last prior Rankings 1-2-3 for the USA was way back in '91. The last time American sprinters put together such showings in consecutive years was the 3-years-straight stretch of 1982–84. The Stateside dash is riding a high and breaking into its top echelon at this Trials—well, that won't be easy.

By the way, add Rodgers to the echelon. Besides the aforementioned quartet, the Dallas-trained Missourian, who will be 35 by Trials time, is just one of two others who have won a USATF century crown in the last 7 seasons. The other is 37-year-old AR holder and former world champ Tyson Gay, but Rodgers placed 2nd at the Nationals in '19 and dropped a sub-10.00 (9.97). Gay, though he was training as of last spring, hasn't dashed faster than 10.36 since June of '18.

While the best of the rest not in the Big 5 resist neat sorting into categories, let's try these two groupings:

The Up And Comers

While high placings in past Trials or Nationals wins, proof of the pudding sprinters can set in the biggest qualifying meets with rounds, is where the analysis starts, there are always newer faces determined to join the party. "I think everybody has a shot," says Coleman, making that case.

"I just think back to 2016. I was a sophomore in college and I always had the same mindset but I just wasn't at the level that I am now. I just liked competing at the highest level, the highest moments. And there's other guys out there like that too. When I got to that stage I was not even expected to make the Olympic Trials final but I did. I was in the middle of the track and I think I needed that moment to prepare me to a higher level. I was fortunate enough to get 6th place and make that relay pool. I just allude to that because I wasn't expected to make the team at all, I wasn't expected to do anything or even make the final. But I was able to do that. It's an Olympic year, there's gonna be guys out there that come out of the woodwork."

Some prime younger candidates for seizing the moment with priority in a rough ordering based on more recent achievements in senior meets:

Christopher Belcher: the North Carolina A&T alum placed 3rd at USATF last year and in '17. His 9.98 PR dates from the '19 NCAA semis after which he went on to place 3rd in the final. He spent '18 mostly off the scene but his '19 return reached the semis in Doha and earned a No. 6 U.S. Ranking.

Cravon Gillespie: '19 Oregon senior placed 2nd (first U.S.) at the NCAA with a 9.93 PR. Followed taking 4th at USATF, earned World Champs relay gold for his carry in the heats. U.S. Ranked No. 5 in '19. Now a first-year pro.

Demek Kemp: A senior at South Carolina State in '19, his championships experience in the 100 is limited, 4th in his NCAA semi last year, 4th at USATF. 10.03 PR dates from last April but he won the '18 USATF indoor 60 crown and this winter dashed PRs of 6.50 and 6.48 pushing Baker in two Euro meets.

Kendal Williams: The '14 World Junior titlist had a 2-school NCAA career at Florida State then Georgia. 7th in the Trials 200 in '16 in between colleges. Placed 3rd in the USA 100 in '18, the year of his 9.99 PR. Trains with Lyles in coach Lance Brauman's group.

Cameron Burrell: The '18 NCAA winner for Houston and son of former WR holder Leroy Burrell. 5th at the '18 USATF and equaled his 9.93 PR in his heat. Looks to recoup after a down '19: 10.43 in his USA heat and 10.12 season's best. Dad and Carl Lewis are his coaches.

Jaylen Bacon: Sprinted 9.97 at his NCAA Regional as an Arkansas State senior in '18 and qualified for the USATF final. Last season, his first in Brauman's cadre, suggested possible injury; 6th in his USATF semi before shutting down for the year. Ran one January indoor meet this winter.

Matthew Boling: The '19 High School AOY, now at Georgia, saw video of his windy 9.98 last April go viral. Winning sprint doubles at two big Junior meets, USATF & Pan-Am gave a taste of higher-level rounds running, but his diversity of abilities means the 100 may not be his chosen event.

Bryand Rincher: Florida State soph established bona fides as a frosh in '19, dashing to 5th-place finishes in the NCAA indoor 60 and outdoor 100, the latter with a 10.02w/10.06 semis/final sequence. Appears he has the option of competing for Haiti instead if he so chooses.

Devin Quinn: Another who raised his profile with a '19 NCAA Champs finish, 7th in 10.12 for Illinois after a 10.01 PR in his semi. Now in Gainesville, Florida, preparing for his first pro campaign. Will be 24 by Trials time.

Vets & Out-Of-Woodwork Candidates

Isiah Young: Vet who trains with Gatlin has reached 5 of the 7 USATF 100 finals since '13, the year after he made the Olympic 200 team as a Mississippi junior. Placed 6th in '19, 4th in '18. His 200 cred is substantial; he won Nationals in '13 and placed 8th at the '17 Worlds, but he tends to rack fast times in the 100 rounds. Had 7 sub-10 clockings in the last 3 years.

Jeff Demps: Former NFL player whose PR is still the 10.01—then a WJR—he ran as a Florida prep in his '08 Trials quarterfinal, but he got close (10.02) in '18 and placed 6th at USATF that year. Saw Olympic relay duty in the London '12 heats. Was active in the 60 this indoor season.

(Continued on p. 6)

Christian Coleman Is Favored, But…

KEVIN MORRIS



He may be the reigning world No. 1, but Christian Coleman isn't getting carried away with his lofty status.

by Sieg Lindstrom

This is the first in a series of profiles as part of our Olympic Trials Men's 100 Preview.

FAVORITE. Christian Coleman bears no grudge against the word but he doesn't want to wear it. Neither for the Olympic Trials 100 in June, nor for the Games in Tokyo some 6 weeks later. Not even with no less an authority than Usain Bolt, WR-holding winner of the last three Olympic short dashes, having recently declared, "From my standpoint right now, Christian Coleman has got the Olympics won already."

The OT century battle always plays out as one of the fiercest in sport, and Coleman brooks no thought of declaring it won whether from 3 months out or a millisecond before the final's gun fires. "I think everybody has a shot," says the sprinter whose commanding win at the World Championships in Doha last fall impressed Bolt so much.

"If you registered for the meet, you ran a qualifying time to be able to get into the meet, everybody has a shot. And I look at myself as just the same as everybody. I've got to go there and get it done, no matter if I'm getting a lot of media attention, or no matter who they're trying to say are the favorites or the underdogs."

In his early-February comments, Bolt went on to say of Coleman, "He's fearless. He's really fearless." That word, Coleman, the defending U.S. champion, is happy to wear. He says, "If I had to describe it, I don't know, it's just being like a savage, you know what I'm saying? Just not backing down from any challenge, not being afraid of anything. I mean it's track & field so obviously you win some and you lose some races but when you lose races you can't let that determine your next race, you can't let that defeat you.

"I feel like it's a difference in losing and being defeated, and I just feel like I have the most confidence in myself that, no matter what happens, no matter what's at stake, if I'm healthy and I make it to that final on the line I have a pretty good shot. I think that that just comes with my preparation. I think it's not something that you can just turn on on race day. It's something that just has to be a part of your everyday regimen of being a competitor and going out there and just wanting to be the best."

While Coleman, a lightning starter, can't help but feel good that his single-meet indoor campaign in the Olympic year saw him blast through a pair of 60 prelims at the USATF Indoor followed by an =No. 2 all-time 6.37 win in the final. "I mean it was alright," he says although no other man has ever put up a faster time (see sidebar).

"I think I was kind of prepared for it," Coleman says. I mean, you know, we haven't done a lot of speedwork, but we had done blocks and done sprints and stuff like that in practice. I felt comfortable enough to go out there and compete. I feel like I kind of just knew what to expect and so I wanted to go out there and kind of just get a break in my training and I felt alright. I feel like if I had another meet—you know, besides that one, since that was my opener—like I could have maybe run faster but I was kinda satisfied with the circumstances."

Take note of the 23-year-old Tennessee alum's next comment: "I feel like I'm in much better shape and I feel a lot better than I did last year and even in 2018 when I set the [60 World Record]. But I guess when I set the record I had a full indoor season and that was kinda the focus, to run fast indoors, and that hasn't necessarily been the focus this time around."

The focus, of course, for Coleman and coach Tim Hall is first the Trials and then, fate willing, the Games. "I love those moments," he says. "I think that's what you participate in the sport for, being able to compete against the best at the highest level, in the biggest moments. I think that's one of those types of situations that I love to be in, you know, that I think about time and time again in practice. When I'm working hard I'm not just preparing for the regular season meets or the meets that lead up to those big moments. You're preparing and doing everything and running in those meets to get to that type of high intensity. High-level matchups, that's what you're preparing for."

In an Olympic Trials such summit meetings come with rounds. Coleman's philosophy on the heats and semis, he explains, is "don't go out there to try to make statements or race anyone in particular or anything like that. You kind of just take it one round at a time, making sure that you're locked in and focused on what you need to do in that round. And the ultimate goal is to do just enough, make it to the next day, make it to the next round so that you have as much left in the tank cause you need to try to get a victory in the finals."

What time might it take to win in Eugene? "Man, I have no idea," he admits. "Every meet has been different. At the London World Championships I feel like I was at my best, and the winning time was 9.92 [Justin Gatlin ahead of Coleman's 9.94]. So you just never know. I think that all you can ask of yourself is to go out there and compete to win. I feel like that's always been my mindset. Once you get used to competing at your best and trying to stack up wins that just becomes part of your résumé. You make it through the rounds and try to get the victory and whatever time comes through that, you know, it is what it is. But obviously I think it'll be something fast.

"A lot of good, world-class guys are going to be on that line so it'll be exciting, man." □

Expect Coleman In The Lead At 60 Meters

To win OT/OG gold Christian Coleman needs to be first across the line 100 meters from the starting line; expect that enterprise to go well from the get-go. History says he'll use his amazing pickup to be in the lead two-thirds of the way through the race. After all, he has turned in the 4 fastest 60s ever. The Top 10:

Time	Athlete	Date
6.34(A)	Christian Coleman (US)	2/18/18
6.37	————Coleman	1/19/18
6.37	————Coleman	3/03/18
6.37(A)	————Coleman	2/15/20
6.39	Maurice Greene (US)	2/03/98
6.39	————Greene	3/03/01
6.40	————Greene	2/27/99
6.40(A)	Ronnie Baker (US)	2/18/18
6.41	Andre Cason (US)	2/14/92
6.41	————Greene	2/01/98

Marvin Bracy: Indoor appearances this winter, including a USATF 60 runner-up to Coleman (6.49), were the first in or out for the Floridian since April of '17. Quick starter at his best, he won World Indoor silver in '14, and in '16 made the Rio team, placing 3rd at the OT. His 5 sub-10s (PR of 9.93) all came in '15–16.

Ameer Webb: Another whose 200 chops shine. USA crowns in '17 (plus WC 5th) & '18 after a '16 OT 3rd. Reached his first USA century final last year (7th) although his one wind-legal sub-10 clocking (9.94) dates to '16. Will turn 29 before the OT.

Trayvon Bromell: Starting in '13 when the then Baylor-bound Florida high schooler dashed a windy 9.99, the world was his oyster. 9.97/9.77w the next year, NCAA champion. His '15 & '16 seasons were even better: USATF 2nd in 9.96, World Champs bronze at 9.92. World Indoor 60 champ, Olympic Trials 2nd at 9.84 and made the Rio final. But he reinjured an Achilles in the 4×1 and in '17 his oyster clammed up. Does his 6.74 in February presage a reawakening? Stay tuned.

The Trials Are A Pressure Cooker

You have to be there to know. That's how Coleman views qualifying for the Games. "Unless you've been in it and not just gone and witnessed it, but been a part of it and gone and run and made an Olympic Trials final," says the reigning world champion, "I don't think you can understand the intensity of it, especially in those sprints. You know, it's hard to prepare for those moments in practices. It just starts every single day, just having that type of mindset that you're going to focus in on yourself and not be afraid of the competition or the moment but you're going to go in and compete no matter what's going on, what's around you or what's at stake."

Lyles agrees, though his previous OT experience was in the 200. "Probably an average fan will not understand how much prep we have to go through," says the '18 USATF century winner. "If you have the capability or the resources, you've got to make sure that you've got your massage therapist there, you have your coach there. You have everybody in the same areas so you don't have to travel as far. You're trying to get to the track and to your hotel as quickly as possible so you can recover just as fast.

"On the first day you have one round so after that you can still be a little relaxed because you have a whole day to repair but on that second day you're going through two rounds and I believe there's an hour and a half, maybe two hours, in between. And it is just pure—you're on the table, you're probably exhausted because the semifinal round is probably the most dangerous round since everybody wants to get one of those spots in the final. They take 6 [on place plus 2 on time]. Yeah, there's a lot of pressure in the semifinal round. And after you get through you just go and do massage work. You don't really have a lot of energy probably or probably you're just scrounging up as much as you can. You're trying to cool your head off or there's something you might want to work on going into the final round. So there's a lot of things, little things, that people don't see in the background.

"I mean it gets quiet too. When you're in the finals and then you're in the warmup area there's only going to be the people in the 100 'cause the 100's probably the last event of the day. So there's going to be 8 people in that warmup area and it gets real quiet and everybody sees who they're going up against. It's no longer, you know, 'I might see him in my rounds.' No, everybody sees everybody and we're all going to be lined up right next to each other shoulder to shoulder.

"I say it's quiet because there are not as many people in the warmup area as normally. Throughout the day it's a gym filled with people, and I don't know how the warmup area will be at this Trials, this is a new stadium, but I'm guessing it's going to be outdoors. Then everybody goes to their own space or sometimes you'll overlap and, you know, talk to somebody, but usually you're trying to get your own mind in the game."

Gatlin, with three OT 100s and the last two victories on his résumé, finds the Trials to be unique in another way. "Making a team is way more hectic than being at the Olympics," he says. "I know that sounds crazy but that's what it is. So coming into the Olympic Trials, you want to put on a great show and show everybody what you're getting ready to do for the rest of the season. And for Team USA." □

Leading 100 Contenders By The Numbers

Here are last year's 10 U.S. Rankers, in order, followed by some other notables, listed by PR. The age used is what they will be at the time of the OT. The Olympic qualifying standard is 10.05, a mark that 12 Americans reached last year.

	Athlete	Age	PR	'19 Best
1	Christian Coleman	24	9.76 ('19)	9.76
2	Noah Lyles	22	9.86 ('19)	9.86
3	Justin Gatlin	38	9.74 ('15)	9.87
4	Mike Rodgers	35	9.85 ('11)	9.97
5	Cravon Gillespie	23	9.93 ('19)	9.93
6	Christopher Belcher	26	9.93 ('17)	10.05
7	Isiah Young	30	9.92 ('18)	9.99
8	Matthew Boling	20	10.11(A) ('19)	10.11(A)
9	Bryand Rincher	21	10.06 ('19)	10.06
10	Demek Kemp	24	10.03 ('19)	10.03
nr	Ronnie Baker	26	9.87 ('18)	10.20
nr	Cameron Burrell	25	9.93 ('17)	10.12
nr	Jaylen Bacon	23	9.97 ('18)	10.24
nr	Kendal Williams	24	9.99 ('18)	10.03
nr	Kyree King	25	10.00 ('17)	10.17
nr	Devin Quinn	24	10.01 ('19)	10.01
nr	Jeff Demps	30	10.01 ('08)	10.14
nr	Davon DeMoss	24	10.05 ('19)	10.05
nr	Rodney Rowe	23	10.05 ('19)	10.05

Mike Rodgers Has A Gap In His Trophy Case *by Bret Bloomquist*

HIS RÉSUMÉ IS SO LONG, so accomplished, and includes wins and medals at so many different levels, but there is a significant hole that Mike Rodgers has one last chance to fill.

At the Olympic Trials he wants to add to that medal list in the 100, something he has never done, having finished 4th in both '12 and '16 after a 7th in '08. "For whatever reason it just hasn't happened at a Trials, but I want to get that this year," says the '14 national champion. "Top 3, but I really want to run a 9.8, hopefully sniff around 9.7. That's my goal for the year, that and to get top 3 at the Trials."

The 100 field is crowded as ever, and as has been the case pretty much every season for the last decade-plus, Rodgers figures to be near the top. As so often happens, he thinks the Trials will come down to him, Gatlin, Ronnie Baker, Noah Lyles and Christian Coleman, a gang of veterans.

"It's an advantage, experience is always a good tool in an Olympic year," he explains. "There's a lot of new sprinters who haven't been in Olympic Trials. I've gone through this all before and that's an advantage."

His focus is on the early stages of the race. "Right now I'm trying to get together the first half of my race," he says. "The end is my strength so I'm working on tightening up the start and the first half. I'm going to run a lot of 200s early in the year, anything longer than a 100, to get stronger."


KIRBY LEE/IMAGE OF SPORT

Veteran Mike Rodgers has made the 100 final at the USATF Championships no fewer than 10 times.

He's not sure exactly where that will be, as coronavirus concerns have his international race schedule up in the air after some relay commitments early in the college season.

When he does get to Eugene in June, Rodgers will switch to energy-conservation mode.

"The key is going to be getting through the rounds as easily as possible," he says. "In the finals, I'm going to empty out the tank, so hopefully I'll be able to get through the rounds easily. Last year it was harder because there was a major headwind, I don't think that will be a problem this year because of the stadium. If there is, they don't turn it around like they do in college, we're not babies. In college they turn it around, they're babies."

Rodgers, who will turn 35 in April, has been one of the elders in the 100 for a while, now he just has one more step to take to make that long résumé a little more complete.

Ronnie Baker—Can He Regain The 2018 Magic?

KIRBY LEE/IMAGE OF SPORT



One of the world's hottest sprinters two years ago, Ronnie Baker numbered London among his 4 Diamond League wins.

by Dave Hunter

IN THE FIRST YEAR of the post-Bolt era Ronnie Baker impressed: he won the '18 Millrose 60 in a meet record 6.48, captured the 60 bronze at the World Indoor and won 4 Diamond League 100 titles, including a successful defense of his Pre crown, defeating reigning world champ Christian Coleman, who had set the indoor 60 WR just months before. By season's end, the former TCU sprint star had posted the year's second-fastest clocking (9.87) and earned the No. 2 Ranking heading into '19's World Championships campaign.

But in a confounding development, he was virtually MIA last year, competing only in the outdoor Nationals, placing a moribund 5th (10.20) in Des Moines. "I was supposed to come to the Millrose meet and try to open up my season," he says. "But 2 weeks before, I strained my hamstring so I took 5 weeks off. And then I had another separate injury when I strained my adductor. I was dealing with that all year, trying to get healthy. Really, it was just hard. My year was designed to peak at the national qualifiers for Worlds. After that, I took the rest of the season off. I was like, 'Hey, Worlds is great, but the Olympics are a lot better. I'm going to wait until next year.' And hopefully I'm going to pick up where I left off in 2018." He saw specialists for his hamstring and adductor problems but says, "Really in the end, it really was the rest that got me back together."

At this year's Millrose he performed like Baker '18. Some 40m in, trailing then world-leader Demek Kemp, Baker closed with a vengeance to grab the win and hand Kemp his first loss of the indoor season. "I think this race is a good starting point. I definitely felt like myself," he declared. "I just heard my coach in the background say, 'Hey, you don't need to do anything special. Just run through the line and you'll be fine.' So that's exactly what I did and I came out with the win. So I'm happy with that."

Baker had modest reservations about his Millrose time, 6.56, which he bettered four times subsequently, including a pair of 6.44 clockings, to sew up the season's WIT event title. "Usually I would open up a little faster. I'm a little bit disappointed with the time. I could have executed a little better. I think that this is good that I've opened up a little slower because it's gradually going to pick up until I'm ready for the Trials. I'll hopefully be 100% and at my peak then. I don't need to be peaking here."

Baker knows work remains to be done: "For me, I think I'm really good toward the back end of the race. I think that the first 30 can be cleaned up a little bit. I think a lot of this is my reaction time. It's not that I'm having bad starts. It's that I'm not reacting to the gun very well. It's about cleaning that up and being more aware and alert. That will probably be my only takeaway." At 26, Baker—guided by his mentor since his TCU days, Darryl Anderson—feels his stirring rush to the finish line augurs well for him in the longer outdoor sprint. "Yes, definitely, 100%," he adds with a laugh. "I know if I can be going at that speed closing to a 60, I'll be well on my way to 100."

With the ballyhoo already building in anticipation of the OT battle ahead, Baker shows respect for his top competitors while retaining confidence in his own abilities: "I know I'm in the conversation, I'm staying calm, and I'm realizing that God has blessed me with an amazing talent. The fact that I'm being talked about with [Coleman & Noah Lyles] means we're kind of the top three guys. Knowing that going in, I don't need to do anything special to make the team. I've just got to be myself. If I do that, I know I'll be on my way to the Olympics this year."

Asked what personal accomplishments he envisions are necessary to make this year a success Baker's prompt reply is clear and powerful: "Winning a gold medal." □

Age Is No Barrier For 30-Something Justin Gatlin



KIRBY LEE/IMAGE OF SPORT

Justin Gatlin was a mere lad of 30 when he won the Olympic Trials 100 for the first time in '12.

by Sieg Lindstrom

ALREADY THE OLDEST MAN ever to win an Olympic Trials 100, Justin Gatlin will aim to persevere well past Peter Gerhardt and make himself the oldest-ever U.S. Olympian in the event. Peter Gerhardt? He was 173 days beyond his 34th birthday when he placed 2nd in the 1912 Western Trials (there was a series of selection meets in those days) and earned his berth to the Games in Stockholm. Gatlin, 29 days younger than Gerhardt's date-of-qualification age when he won at the last OT, will have reached 38 years, 132 days, if he qualifies for a fourth time in Eugene this June. Even Carl Lewis qualified for just a pair of Games in the 100.

Gatlin doesn't spend a lot of time pondering longevity records, though. He's occupied with keeping himself in the mix as Christian Coleman's 9.76 World Champs win—with Gatlin grabbing silver—inched him closer to the elder sprinter's 9.74 PR from '15 and beyond the identical 9.80s Gatlin put up to win the Trials of '12 and '16. Gatlin's chief asset, he says, is "well, I think my wisdom. You know, I just try to have good angles, compete hard and just finish the race 100%. And stay healthy. I think right now just the competitiveness I have is going to help me. I could do everything. I've been there before."

The hamstring strain that forced Gatlin to pull up in the Zagreb 100 just 2 weeks before Doha last fall is behind him he says, as his 9.89 race in the Worlds final and gold-medal relay carry suggested. "I think that even last season I was really hungry to start training for 2020 'cause of all the things I could fix technically in the beginning [of the race]," he says. "I'd be able to do it now in 2020. So I was excited to be able to come into the season. Training's going really well." Having eschewed indoor racing since '12, Gatlin—coached in Clermont, Florida, by Dennis Mitchell (admittedly not an uncontroversial name) in a powerhouse training group—is stepping through training that has worked for him in the past. "I know exactly the drills I have to do to become stronger," he says. "At times before—like in '16, even '15—when I got injured I wasn't able to work on certain aspects of certain things. But now I can go back—'cause I am a little older, I'm also a little wiser—and try to recreate a great season like 2015, but even be a smarter athlete to be able to finish races running the fastest. So that's what I'm looking for."

Asked if he feels any different than 4 years ago training into the Rio Olympic season, he answers quickly: "Way better. I feel better, definitely. I think that trying to find that rhythm and not trying to rush into a season and really taking my time and staying healthy, finishing workouts properly, those kinds of things have really helped now and in the past. So I think I feel way better than '16, for sure."

At his age, at any age, Gatlin says, and not least because the '19 season ended in October, "It feels really good to be able to take your time. I guess the name of the game for us is just to run fast the whole time, but when you're able to take your time and get in shape, you know, build your speed up, It's less shocking and jarring on the body and it feels way more rewarding to be able to go into the season healthy and strong and feeling dominant."

With the career of Usain Bolt—during whose preternatural Olympic and World Championships skein Gatlin placed 3rd in London in '12, and 2nd in '13, '15 and '16 before finally besting the tall man in '17—now over, the Jamaican recently said, "My greatest competitor was Justin Gatlin. For the last five years of my career, he kept me on my toes, and I will always respect him for that."

But Gatlin, roughly 4½ years older than Bolt, remains unafflicted with weariness at the routine or eager to step away from competition. "No, I can't, man," Gatlin says. "I'm a fan of the sport. I love training and getting faster and just competing. I love that part. So it's hard to turn that off, it's hard to not have love for it. So I will always compete, work hard and run fast, do everything I'm supposed to do to be able to be the best athlete I can be—so when I'm done I have no regrets. I want to live and love for it."

From experience—his first OT was back in '04—Gatlin knows how he likes to handle the biggest of all selection meets: like a building block. "It's just trying to stay focused on the path," he says, "thinking about everything going into the season as if it would be for the Trials—being focused, staying hungry and putting on a good show from the start. I think that's what's going to help build a foundation." □

200 Ace Noah Lyles Thinking Olympic-Year Double

by Sieg Lindstrom

GIANCARLO COLOMBO/PHOTO RUN



Already the half-lap king, Noah Lyles wants to rule the straightaway as well.

GLOBAL COMMAND OF THE 200 has resided so reliably in Noah Lyles' powerful legs the past two seasons that one sometimes loses sight of the 22-year-old's prodigious 100-meter gifts in the slipstream. The distractions from the straightaway dash in favor of the around-the-bender have been multiple: a world title, two No. 1 World Rankings, three Diamond League crowns, 11 consecutive sub-19.9 meets (a string 4 meets longer than even Usain Bolt ever put together).

Yet high World Rankings in the 100—Nos. 3 & 2 in '18 & '19—were crucial, as well, to the pair of U.S. Athlete Of The Year selections the Florida-based Virginian earned the last two years. So was his DL title in the shorter dash last year, which he rolled to in Zürich a month before claiming his global half-lap crown.

Now, with the Olympic Trials his first momentous test of the concept, Lyles wants to be the player in the 100, too. He fully intends to double in Eugene. Lyles and coach Lance Brauman even wrestled with the 2-event option last season. Neither coach nor athlete had to convince the other for the Olympic year.

"No," says Lyles. "I mean, we were planning to double in 2019 but the Diamond League moved the [Wild Card for Doha's WC] to a different year so I didn't get the bye for the 200 from winning the Diamond League in 2018. So at that point U.S. Championships was set up so it would be really hard to try and do the double there. And we had, I don't want to say a sure thing but it was very, very likely that I would have medaled in the 200 [in Doha] so we wanted to go with what we knew was going to happen and then next year you can focus on going through the double after we've gotten the experience of going to a big championships and then learning what we gotta change or how to better the season, that type of stuff."

Lyles has never faced previous world champs Christian Coleman and silver medalist Justin Gatlin in a Nationals 100 final, though he has, of course, won a USATF century—in '18 over Ronnie Baker with the other two leviathans absent. So Lyles knows dash rounds and anticipates few alterations to his workouts. "Not so much in the training," he says. "I've always been trained like a doubler so it's more just preparing going in with races will be different. So the amount of 100s I do versus 200s will change from previous years."

Heavy workload preparation for 6 rounds over two events at the Trials and Games? Check. "I pride myself on my endurance and my training where we get out there and we do a lot of basework," he says. "And to be honest, the only thing that I'd probably want to work on is just being able to go back with the intensity in the 100. In truth, when I was younger I wasn't able to probably handle so much intense running in a short amount of time. But as I've gotten older and my body has developed more I can definitely handle it a lot better. And I'm excited to start testing that."

Lyles scratched out his '18 USATF win, his 9.86 PR same-time squeaker over Coleman in Shanghai last May and his DL victory all with sensational running in those 100s' final stages. He's a closer, not a starter. So far. "We're definitely working on the start," he says. "You're only as strong as your weakest link so making your weaknesses stronger is always the goal and it's been going really well so far. I've been able to do a lot of training in starts and transitioning and just working hard right now to better use that, be more efficient. Kind of things that I don't get to do in a lot of years.

"Last year we were really focusing on just running the 200 at Worlds so we really focused on the strategy of the 200. This year we're really focused on the strategy of the 100. I've kind of got a strong hold on what I want to do in the 200. So it's really the 100. I haven't always had as much time in previous years so this is really a time to dig down and get at it."

Brauman's adidas group, based in Clermont, Florida, numbers more than 25 now. Lyles has partners in start-line practice aplenty. "Let's see," he says. "Nethaneel Mitchell-Blake's in my blocks group, Jaylen Bacon, Kendal Williams. Warren Weir's in there and Alonso Edward." The slowest PR in that group is 10.02—belonging to '13 Worlds 200 silver medalist Weir.

At the last OT, in the Rio year, Lyles' near-miss 4th-place 200 finish as a high schooler was one of the stories of the meet. "To be honest, it was like I was going in with a dream that could probably come true and now I feel like I'm about to finish the dream because it didn't happen like I wanted to," he says.

"But this year—I always knew that if in 2016 I could make the team, I would go down in history automatically. But I knew that if I didn't make that team, I would for sure make the 2020 team. So now it's like we've gotten to that point and I have more confidence than I thought I would back in 2016. Coming into 2020, I'm like, 'Yeah, this is the year I take it all.'" □

Mondo Goes On A World Record Tear

JEAN-PIERRE DURAND



Mondo Duplantis was predictably animated after claiming his first World Record.

VAULT FANS have long thought that it was just a matter of time before wunderkind Mondo Duplantis ascended to status as World Record holder. That time came—twice in fact—in February as he became history's highest vaulter, Indoors or out. Here's a look at his 5-meet indoor season, which included nothing but 6-meter material:

Joining The Indoor 6-Meter Club

Duplantis brought the heat to his season opener in Düsseldorf (February 04). The 20-year-old World silver medalist sailed through 6 heights culminating in a Swedish Record 19-6¼ (5.95), with just one miss along the way. He left arch-rival Sam Kendricks far behind, the American topping out at 19-¼ (5.80).

At 19-8¼ (6.00), Duplantis knocked the bar down on his first attempt, but on his next he produced a gigantic clearance for his first undercover 6-meter jump ever, becoming the 12th man to do so (he has 3 such meets outdoors). So good was his clearance that he had the bar hoisted all the way to 20-2¾ (6.17), a mark that would add a centimeter to the World Record set by Renaud Lavillenie in '14. Spoiler: he didn't make it, but his second attempt came stunningly close.

Perhaps Duplantis jinxed it by looking at the bar while he readied himself on the runway. "I try not to look at the bar, but it's really hard because I never attempted the World Record–and I'm looking up there," he said. "It almost brought a tear to my eye, because you're looking at it and you think, 'This is it, this is the World Record.' My whole life, since I was 4 years old, I wanted to be the World Record holder. Just to be attempting it, you're like, 'This is a really cool moment.' So I really enjoyed that brief second of looking up at the bar, knowing [I was] attempting the World Record."

First A PR 19-8½, Then A WR 20-2¾

Duplantis jumped more sparingly at Poland's Copernicus Cup (Toruń, February 08), with four clearances in four attempts before he stood on the runway staring down another WR attempt. His previous bar, 19-8½ (6.01) had given him another Swedish Record and the No. 6 position on the all-time indoor list.

He knocked the WR bar off on his first try, brushing it off with his thigh on his ascent. He was not disheartened: "After that first attempt, I thought, 'Yeah, I just need two more attempts at this and I got it'. I was pretty confident that I had it." He brushed it again the second time, but the bar stayed on to the roar of the crowd as Lavillenie was consigned to history. "How do you explain a dream that's been a dream since you were 3 years old?" Mondo asked. "It's a big dream, too. It's not a little dream. And it's a whole process building up to that moment. I can't really get my head around it."

Already a veteran of more than a decade of competition, Duplantis knows when he is on point technically. "I knew I had it in me," he said. "I knew it was a possibility. In Düsseldorf I had a great attempt at it but you never know when you'll be in that kind of shape again, in World Record shape again."

So dominant was Duplantis that he won by more than 2ft, American Matt Ludwig and Swede Melker Svärd Jacobsson tieing for 2nd at 18-1¼ (5.52)."

This Time It's 20-3¼… By A Lot

After 5 leaps, 4 of them successful with consistent extra altitude, and having disposed of Kendricks, whose best on the day was 18-10¼ (5.75), Duplantis found himself face-to-face with a World Record bar in Glasgow (February 15), this time at 20-3¼ (6.18). And for the second time in a week, he soared higher on his own power than any human ever. After clearing 19-8¼ (6.00)—a British all-comers record—Duplantis had expected to wait for the women's 400 before attempting the historic height. But a minor problem with the blocks delayed the sprint briefly, and he leaped at the opportunity.

He only needed that one go, and what a go it was, as he had massive hip height over the bar. "I felt like I was over it and once I was going over I knew I had it," he understated. "You can't tell how far away you are from the bar but it felt like a good jump from

the get-go. I tried a stiffer pole and it worked out. Everything builds up to that little split second and the freefall was magical," he said. "There was such great energy the crowd was giving me and I really thrive off that."

What's next? He cautioned, "It's unfair to think I'll break it every time I compete. You don't need to break a record to win every comp. Winning is always the goal, then if I have the energy left, I'll crank it up a bit."

Almost 3 In A Row

The WR steak ended despite the fervent wishes of a sold-out crowd of 5000 French fans in Líevin (February 19). Still, the vault phenom delivered every bit of their money's worth. At the premeet press conference Mondo said, "I am trying as best as I can to live in the now. Because there are so many things people are asking about what I want to do. And I know it's really hard because people want these big things out of me and they want me to make claims about what I can do. But I don't know what I can do. I have no clue what I can jump."

Opening at 18-4½ (5.60), he breezed through easy first-attempt clearances of 19-¼ (5.80) and 19-4¼ (5.90) as well. Only Kendricks could match those heights, but he needed all three tries to make 19-4¼. With Mondo passing 19-6¼ (5.95), the American gave it one go and then called it a day. Rather than going directly to a new record, Duplantis opted for 19-11 (6.07) and cleared that with ease on his first try.

Then the bar went up to a record 20-3¾ (6.19), where his first attempt got the requisite height, but the crossbar fell. He also got high enough on No. 2, but the bar bounced up and off. That was as close as he would come. He bailed on his final attempt, explaining, "I did 6.07 and that was a great jump. But after that I felt my legs abandoned me a little bit and I didn't have quite the same speed in my approach. Out of my three tries at 6.19, I think my second attempt was the closest but I think that I lost speed. I feel quite tired; Glasgow was only a few days ago."

Oh So Close To End The Season

In the final stop on his indoor tour, Duplantis wowed a sellout crowd of 5000 at France's vault festival, the All-Star Perche (Clermont-Ferrand, February 23). He didn't waste any time, either, taking only three jumps, all successful, before arriving at his record height: 18-6½ (5.65), 19-3 (5.87) and 19-8½ (6.01).

Progression Of The Indoor Vault Record

You might be surprised to find that it wasn't vault king Sergey Bubka who was the first man to reach the 6-meter (19-8¼) barrier indoors. That honor went to his great rival, Rodion Gataullin. Gataullin got the next WR as well, but then Bubka ripped off a sequence of 9 raisings over the course of 5 seasons. The indoor WR setters in the 6m era, from Gataullin through Mondo Duplantis:

Mark	Athlete	Site	Date
6.00 | 19-8¼	Rodion Gataullin (Soviet Union)	Leningrad, Soviet Union	1/22/89
6.02 | 19-9	——Gataullin	Gomel, Soviet Union	2/04/89
6.03 | 19-9¼	Sergey Bubka (Soviet Union)	Osaka, Japan	2/11/89
6.05 | 19-10¼	——Bubka	Donets'k, Soviet Union	3/17/90
6.08 | 19-11¼	——Bubka	Volgograd, Soviet Union	2/09/91
6.10 | 20-0	——Bubka	San Sebastián, Spain	3/15/91
6.11 | 20-½	——Bubka	Donets'k, Soviet Union	3/19/91
6.12 | 20-1	——Bubka	Grenoble, France	3/23/91
6.13 | 20-1¼	——Bubka	Berlin, Germany	2/21/92
6.14 | 20-1¾	——Bubka (Ukraine)	Liévin, France	2/13/93
6.15 | 20-2	——Bubka	Donets'k, Ukraine	2/21/93
6.16 | 20-2½	Renaud Lavillenie (France)	Donets'k, Ukraine	2/15/14
6.17 | 20-2¾	Mondo Duplantis (Sweden)	Toruń, Poland	2/08/20
6.18 | 20-3¼	——Duplantis	Glasgow, Scotland	2/15/20

Then he changed his routine, deciding to go with a stiffer pole than he used in his two previous World Records. "Make some noise!" he implored the spectators. His first two tries at 20-3¾ (6.19) weren't close. He went back to his usual pole for his third attempt and that was close, as he had the height but brushed the bar on the way down.

"I can't be disappointed not to break the World Record today," he said. "When you want to break a record, your jump must be perfect. Here I had some very good vaults but I was missing a little something."

As opposed to the two WR meets where Helen Duplantis coached her son, the last two—with no records—were guided by his father, Greg. "The results speak for themselves," joked Mondo. "If it becomes a trend, I may fire him as my coach."

Lavillenie, Mondo's friend and mentor, finished 2nd at 19-5¾ (5.94) and admitted he was worried about the competition: "I gave Mondo some advice but above all I was afraid of getting beaten by 30cm. In the end it was only 7cm and frankly that feels good." He added, "He's only five years old! But at the moment he's the best in the world."

For Duplantis, however, this is just about laying the foundation for the rest of the campaign: "The Olympics is the only big goal this season."

Nothing But 6-Meter Vaults

For vaulters, the 6-meter (19-8¼) barrier remains the event's holy grail. Duplantis made history by topping that mark in a record 5 straight meets. That tied the record set by—surprise!—Sergey Bubka. Bubka's '91 string included 3 straight WRs indoors followed by an outdoor WR. Here's Mondo's series in each of his 5 meets:

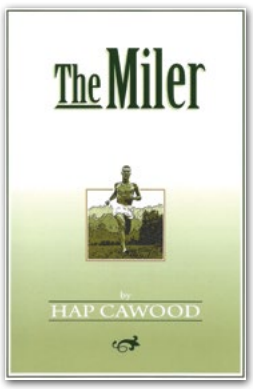
1. Düsseldorf: 17-8½/5.40, 18-2½/5.55, 18-8¼/5.70 (2), 19-¼/5.80, 19-4¼/5.90, 19-6¼/5.95, 19-8¼/6.00 (2), 20-2¾/6.17 WR (xxx).

2. Toruń: 18-1¼/5.52, 18-9¼/5.72, 19-5/5.92, 19-8½/6.01 NR (WL—6, x W), 20-2¾/6.17 WR (2).

3. Glasgow: 18-½/5.50, 18-10¼/5.75 (2), 19-2/5.84, 19-8¼/6.00, 20-3¼/6.18 WR.

4. Liévin: 18-4½/5.60, 19-¼/5.80, 19-4¼/5.90, 19-11/6.07, 20-3¾/6.19 WR (xxx).

5. Clermont-Ferrand: 18-6½/5.65, 19-3/5.87, 19-8½/6.01, 20-3¾/6.19 WR (xxx). □



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Millrose — American Records To Brazier, Wilson, Purrier



VICTOR SAILER/PHOTO RUN

For the second year in a row, Donavan Brazier used the Millrose Games as a venue for lowering the AR in the 800.

by Rich Sands

NEW YORK CITY, February 08—The 113th Millrose Games did a number on the record books, with Donavan Brazier, Ajee' Wilson and Elle Purrier all setting American Records. A sold-out crowd of 5500 packed the stands at New York's Armory for the historic meet.

Brazier clocked 1:44.22 to improve on the 1:44.41 AR he set in the Millrose 800 a year ago. Any kind of a record seemed unlikely after the world champion passed the 400 just 5th in 53.04. But the Michigan native used shrewd tactics to move up the field, blowing by a pack of America's top halfmilers with a powerful surge on the penultimate homestretch. "I was pretty confident with the pace, it was feeling pretty slow that I could get around them pretty quick," he admitted. A notable 24.89 closing lap helped strengthen his hold as history's No. 5 performer.

And while Wilson Kipketer's WR of 1:42.67 from '97 may be out of reach right now, Brazier is beginning to appreciate the benefits of indoor racing. "I'm starting to take indoors a little bit more seriously," he said. "Still not as seriously as outdoors, just trying to have fun [and] work on tactics."

Brazier replayed his final strides, "When I saw the clock go '1:42, 1:43,' I knew I had a chance. There's not much room for error there."

Later, in back-to-back races, Purrier won the women's mile in 4:16.85 to shatter the AR and lead 3 other women under 4:20, while Wilson lowered her own national standard in the 800, winning in 1:58.29. Purrier's time erased Mary Slaney's ancient 4:20.5 standard from '82. She also passed the 1500 in 4:00.20, inferior to Regina Jacobs' ratified AR of 3:59.98, but superior to Slaney's 4:00.8 that T&FN considers the fastest U.S. time ever). As for Wilson, she trimmed 0.31 off her previous national standard, set at Millrose last winter. (More to come on both Purrier & Wilson on Sunday.)

Inside the oval, Ryan Crouser and Sandi Morris made sure the meet's two field events weren't overlooked. Crouser exploded in the fifth round of the shot with a 72-9¾ (22.19) toss, the No. 6 mark in U.S. history. The Olympic champ's series also included throws of 71-2 (21.69) and 70-10 (21.59) to easily turn back rival Joe Kovacs. The reigning world champion

The All-Time World Men's 800 List

He didn't move up another spot on the all-time world men's indoor 800 list with his 1:44.24 at Millrose, but Donavan Brazier did tighten his hold on the No. 5 position. The all-time Top 10:

	Time	Athlete	Date
1.	1:42.67	Wilson Kipketer (Denmark)	3/09/97
2.	1:43.98	Michael Saruni (Kenya)	2/09/19
3.	1:44.15	Yuriy Borzakovskiy (Russia)	1/27/01
4.	1:44.21	Emmanuel Korir (Kenya)	2/03/18
5.	**1:44.24**	**Donavan Brazier (Nike)**	**2/08/20**
6.	1:44.52	Mohamed Aman (Ethiopia)	2/15/14
7.	1:44.57	Adam Kszczot (Poland)	2/14/12
8.	1:44.71	Joseph Mutua (Kenya)	1/31/04
9.	1:44.75	Ahmad Ismail (Sudan)	2/26/09
10.	1:44.78	Paweł Czapiewski (Poland)	3/03/02

MILLROSE GAMES MEN'S RESULTS

New York City, February 08 (200 banked; attendance 5500 sellout)

60: 1. Ronnie Baker (US) 6.54; 2. Demek Kemp (US) 6.56; 3. Kevaughn Rattray (Jam) 6.62; 4. Marvin Bracy (US) 6.67; 5. Cravon Gillespie (US) 6.70; 6. Yuki Koike (Jpn) 6.71; 7. Jeremy Bascom (Guy) 6.81; 8. Mustaqeem Williams (US) 6.86.

300: 1. Rai Benjamin (US) 32.35 PR (8, 9 A);

2. Justin Robinson (US) 33.17; 3. Marcus Chambers (US) 33.21 PR; 4. Dontavius Wright (US) 33.31;... dnf—Obi Igbokwe (US).

800: 1. Donavan Brazier (US) 1:44.22 AR (old AR 1:44.41 Brazier '19) (WL) (5, 6 W) (25.60, 27.45 [53.04], 26.30 [1:19.33], 24.89) (53.04/51.18);

2. Bryce Hoppel (US) 1:45.70 PR (6, x A);

3. Isaiah Harris (US) 1:46.01 PR; 4. Brannon Kidder (US) 1:47.01 =PR; 5. Erik Sowinski (US) 1:47.93; 6. Mark English (Ire) 1:52.94; ... rabbit—Robert Downs (US) (24.86, 26.23 [51.09).

Wanamaker Mile: 1. Chris O'Hare (GB) 3:55.61 (WL) (3:40.57); 2. Olli Hoare (Aus-Wi) 3:56.47 (CL) (3:41.22); 3. Rob Napolitano (US) 3:56.56 (AL) (3:41.32);

4. Nick Willis (NZ) 3:56.72 (3:41.62); 5. Carlos Villareal (Mex) 3:56.77 PR (3:42.48); 6. Geordie Beamish (NZ) 3:56.90 PR (3:42.07); 7. Filip Ingebrigtsen (Nor) 3:56.99 (3:41.05); 8. Eric Jenkins (US) 3:57.03 (3:41.74); 9. Sam Prakel (US) 3:57.81 (3:42.25); 10. Andrew Coscoran (Ire) 3:57.83 (3:42.46).

Mile: 1. Julian Oakley (NZ) 3:58.86; 2. James Randon (US) 4:00.18; 3. Alex Rogers (US) 4:01.26.

3000: 1. Justyn Knight (Can) 7:46.36;

2. Joe Klecker (US) 7:47.57 PR (CL) (8, x AmC);

3. Jordan Gusman (Mlt) 7:48.17 NR; 4. Hillary Bor (US) 7:48.73 PR; 5. Edwin Kurgat (Ken) 7:49.19 PR; 6. Eric Avila (US) 7:49.65; 7. Jordan Mann (US) 7:50.90 PR;

8. Paul Tanui (Ken) 7:51.78; 9. Dillon Maggard (US) 7:51.79 PR; 10. Hassan Mead (US) 7:54.13; 11. Nico Young (US) 7:56.97 HSR.

60H: 1. Daniel Roberts (US) 7.64; 2. Wenjun Xie (Chn) 7.69; 3. Chad Zallow (US) 7.69; 4. Aleec Harris (US) 7.77; 5. Michael Dickson (US) 7.83; 6. Eddie Lovett (VI) 7.85; 7. Max Hairston (US) 7.87.

Field Event

SP: 1. Ryan Crouser (US) 72-9¾ (22.19) (WL, AL) (x, =11 W; x, 6 A) (69-8¼, 69-2½, 70-10, 71-2, 72-9¾, f) (21.24, 21.09, 21.59, 21.69, 22.19, f);

2. Joe Kovacs (US) 70-¼ (21.34); 3. Payton Otterdahl (US) 69-2¾ (21.10); 4. Josh Awotunde (US) 67-1¼ (20.45); 5. David Pless (US) 65-9 (20.04); 6. Jon Jones (US) 65-3¼ (19.89).

MILLROSE WOMEN'S RESULTS

60: 1. Javianne Oliver (US) 7.13 (low-alt WL, AL);

2. Morolake Akinosun (US) 7.16; 3. Briana Williams (Jam) 7.18 PR; 4. Teahna Daniels (US) 7.29; 5. Hannah Cunliffe (US) 7.30; 6. Allyson Felix (US) 7.32; 7. Tatjana Pinto (Ger) 7.33; 8. Trudy Ann Williamson (Jam) 7.37.

400: 1. Wadeline Jonathas (US) 51.93; 2. Jaide Stepter (US) 53.01; 3. Courtney Okolo (US) 53.08; 4. Brittany Brown (US) 54.41; 5. Maya Stephens (Can) 55.04.

800: 1. Ajee' Wilson (US) 1:58.29 AR (old AR 1:58.60 Wilson [adi] '19) (27.09, 30.42 [57.51], 30.92 [1:28.43], 29.87) (57.51/60.78);

2. Natoya Goule (Jam) 1:59.35 (57.44/61.91); 3. Olivia Baker (US) 2:02.86 PR (57.89/64.97); 4. Cynthia Anais (Fra) 2:04.51; 5. Shelayna Oskan-Clarke (GB) 2:06.22;... rabbit—LaTavia Thomas (US) (26.88, 29.32 [56.22];... dnf—Ce'Aira Brown (US) (1:29.04).

Mile: 1. Elle Purrier (US) 4:16.85 AR (old AR 4:20.5 Mary Slaney [AW] '82 (WL) (2, 2 W; in-out: 10, x W; 2, 2 A) (4:00.20 [1, 1 A] T&FN doesn't recognize USATF's ratified AR of 3:59.98 Regina Jacobs [Nike] '01) (8, x W; in-out 10, x A);

2. Konstanze Klosterhalfen (Ger) 4:17.26 NR (4, 4 W) (3:59.89 WL [6, x W]); 3. Jemma Reekie (GB) 4:17.88 NR (5, 5 W) (4:00.56 [12, x W]); 4. Gabriela Debues-Stafford (Can) 4:19.73 NR (7, 8 W) (4:00.80); 5. Nikki Hiltz (US) 4:24.45 PR (9, x A) (4:07.12);

6. Heather MacLean (US) 4:25.98 PR (4:09.09);

7. Dani Jones (Co) 4:27.88 PR (CL) (6, 6 C; 5, 5 AmC; in-out: 6, 6 C; 5, 5 AmC) (4:10.11 [2, 2 C]);

8. Shannon Osika (US) 4:28.79 (4:09.77); 9. Yolanda Ngarambe (Swe) 4:31.34 (4:12.36); 10. Rebecca Mehra (US) 4:32.61 PR (4:13.17); 11. Danae Rivers (US) 4:32.95 (4:14.52); 12. Sinclaire Johnson (US) 4:34.65 (4:14.88).

3000: 1. Allie Ostrander (US) 8:48.94 PR (AL);

2. Julie-Anne Staehli (Can) 8:49.01; 3. Laura Galvan Rodriguez (Mex) 8:49.74 PR; 4. Taylor Werner (US) 8:51.91 PR; 5. Erika Kemp (US) 8:53.06 PR;

6. Alicia Monson (Wi) 8:53.69 (CL);

7. Weini Kelati (Eri) 8:54.66; 8. Regan Yee (Can) 8:57.84; 9. Amy-Eloise Neale (GB) 8:58.14.

60H: 1. Keni Harrison (US) 7.90; 2. Nia Ali (US) 7.96; 3. Payton Chadwick (US) 8.00; 4. Brittany Anderson (Jam) 8.02 PR; 5. Gabrielle Cunningham (US) 8.08; 6. Janeek Brown (Jam) 8.10; 7. Leah Phillips (US) 8.44; 8. Georgia Ellenwood (Can) 8.47.

Field Event

PV: 1. Sandi Morris (US) 16-1¼ (4.91) (WL, AL) (x, =6 A) (14-9, 15-3 [2], 15-7, 15-9¼ [2], 16-1¼, 16-6½ [xxx]) (4.50, 4.65 [2], 4.75, 4.81 [2], 4.91, 5.04 [xxx]);

2. Megan Clark (US) 14-5¼ (4.40); 3. Chloe Cunliffe (US) 14-1¼ (4.30); 4. Lexi Jacobus (US) 14-1¼; 5. Kat Pitman (US) 13-1½ (4.00). □

reached 70-¼ (21.34) in the third round to place 2nd, with Payton Otterdahl next at 69-2¾ (21.10).

Morris admitted to being fired up by Mondo Duplantis' WR in the men's vault earlier in the day in Poland and hoped to add history in the women's discipline as well. The Olympic and WC silver medalist won the competition by more than a foot at 16-1¼ (4.91) before taking three solid attempts at a WR 16-6½ (5.04). "I want to shout out to Mondo Duplantis, he just broke the World Record for men, and I just thought to myself, 'How cool would it be if the women's was also broken on the same weekend?'" she said. "I have to at least attempt it. That was definitely motivation."

Still, Morris was encouraged by her attempts to eclipse Jenn Suhr's 16-6 (5.03) from '16. "I think I had the hip height, but it wasn't quite there today," she said. "I've been chasing that thing for so many years, probably for about four years now that I've been taking attempts at it. I'm chipping away at it and I feel like I have it in me, but I'm just not quite there."

Scotland's Chris O'Hare won the men's Wanamaker Mile, frequently the meet's headline event, in 3:55.61. Daniel Roberts led wire-to-wire to win the men's 60H in 7.64, ahead of China's Wenjun Xie (7.69). Keni Harrison finished comfortably clear of Nia Ali over the women's barriers, 7.90–7.96. Javianne Oliver (7.13) and Ronnie Baker (6.54) took the 60 dashes, holding off Morolake Akinosun (7.16) and Derek Kemp (6.56). Rai Benjamin moved to 8th on the U.S. all-time list in the 300, breezing to victory in 32.35.

Canadian Justyn Knight (7:46.36) executed a smooth kick to run away from Colorado's Joe Klecker (7:47.57) to take the men's 3000.

Allie Ostrander won the women's 3000 in 8:48.94, catching Canadian Julie-Anne Staehli (8:49.01) in the final stretch. Wadeline Jonathas took the women's 400 in 51.93, more than a second ahead of Jaide Stepter (53.01). □

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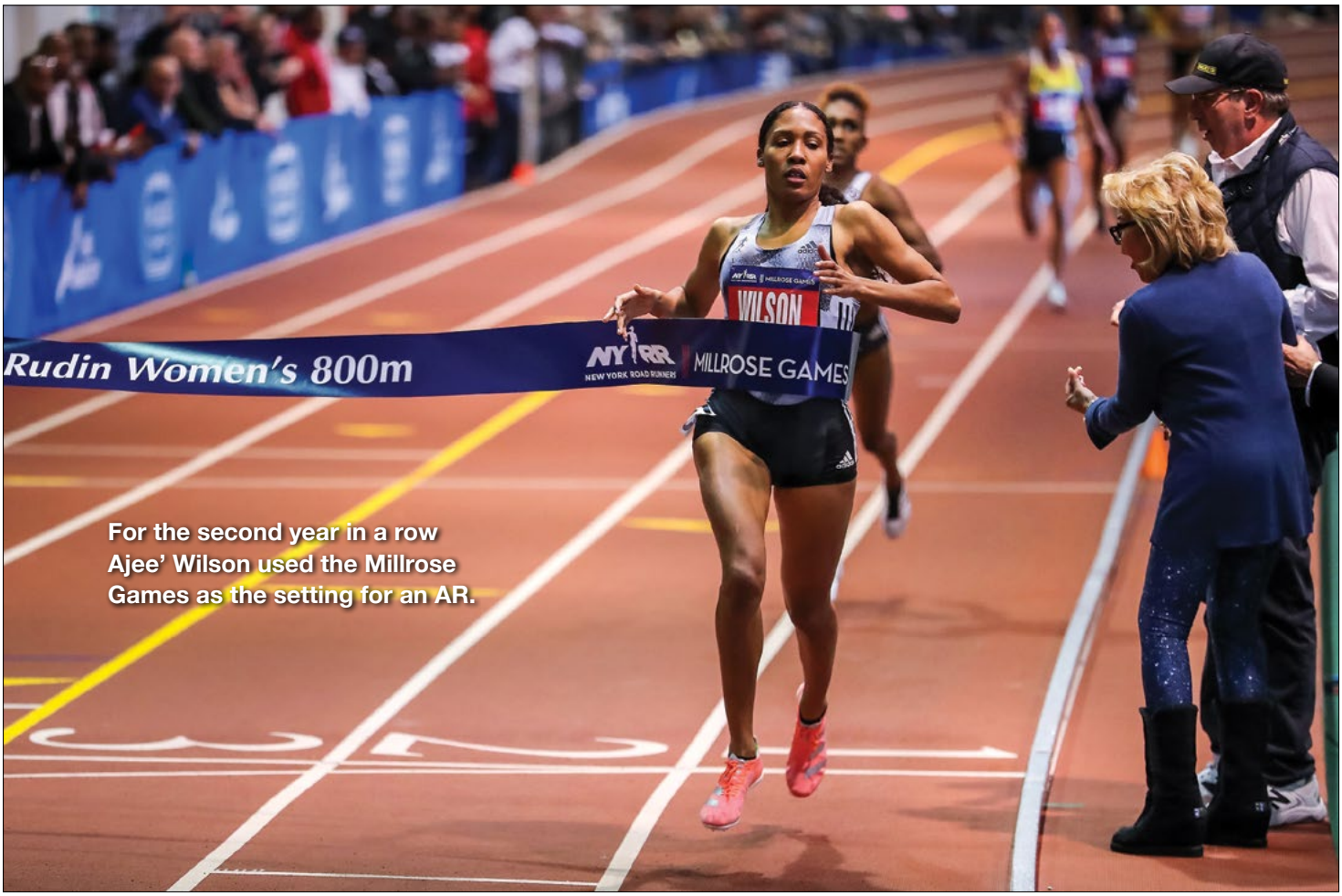


Budapest, Hungary, is the host city of the 2023 World Championships. A city on the Danube of endless fascination and Old (and New) World charm, Budapest welcomes us to the 19th World Championships. The dates have recently changed to August 19-27, 2023. We'll be there with a sizable tour group of fans, and we invite you to join us. The current deposit required is just $250/person. Possible attractive optional extension trips to Vienna, Prague, Krakow, Zagreb, Dubrovnik, etc. Projected tour price, ca. $4000 double occupancy. Air not included.

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Ajee' Wilson Lowers Her American Record

KEVIN MORRIS



For the second year in a row Ajee' Wilson used the Millrose Games as the setting for an AR.

by Rich Sands

THE MILLROSE WOMEN'S 800 played out differently than most of Ajee' Wilson's races, except in one key regard: the 25-year-old New Jersey native crossed the line first. Typically she runs at the front (or right behind the pacesetter) from the start, but a series of atypical challenges forced Wilson to vary her tactics at the Armory. Despite the chaos, the 8-time national champion not only won the race, but also lowered her own U.S. indoor standard in the process, clocking 1:58.29.

LaTavia Thomas paced the field through opening splits of 26.88 and 56.22, but it was France's Cynthia Anais who made an aggressive charge to lead the chase, preventing Wilson from gaining her preferred position. Wilson was just 4th at the 400 (57.51) after Jamaican Natoya Goule also slipped ahead of her.

After Thomas stepped off the track, Anais led through 500 (1:12.49), then Goule charged to te front at the bell (1:28.16). Wilson finally made her decisive move down the last backstretch, seizing the lead with half a lap to go and coming home 0.31 under the AR she set at Millrose last year. She was more than a second clear of her Jamaican rival (1:59.35), while Anais (2:04.51) faded badly to 4th.

"I wanted to give it one big go with 150 to go," said Wilson, last year's top ranked 800 runner, who collected her second straight WC bronze. "I didn't know what [Goule] had left, but I knew I had a lot in the tank."

And while she would have preferred to control the pace from the start, Wilson said she never panicked. Working under coach Derek Thompson with an ever-growing training group of top middle-distance runners in the Philadelphia area that includes Raevyn Rogers, Charlene Lipsey and now Sammy Watson, her workouts have prepared her for every possible scenario. "With training I get used to being inside, outside, in the back, in the front, so I felt comfortable," she said. "I wasn't worried." □

Wilson Owns 4 Of 10 Fastest U.S. Times Ever

Just like outdoors Ajee' Wilson's name is the prominent one on the all-time U.S. indoor list. She now owns performances 1, 2, 6 & 10 undercover, all made in the last 3 seasons:

	Time	Athlete	Date
1.	**1:58.29**	**Ajee' Wilson (adidas)**	**2/08/20**
2.	1:58.60	——Wilson	2/09/19
3.	1:58.64	Charlene Lipsey (adidas)	2/11/17
4.	1:58.71	Nicole Teter (Farm Team)	3/02/02
5.	1:58.92	Suzy Hamilton (Nike)	2/07/99
6.	1:58.99	——Wilson	3/04/18
7.	1:58.9	Mary Slaney (Athletics West)	2/22/80
8.	1:59.09	Jearl Miles Clark (New Balance)	2/25/02
9.	1:59.11	Meredith Valmon (Reebok)	3/07/99
10.	1:59.26	——Wilson	2/02/19

Is American Recordsetter Purrier Now A Miler?

KIRBY LEE/IMAGE OF SPORT



Elle Purrier ran away from Konstanze Klosterhalfen on the last lap of the Millrose mile.

by Rich Sands

JUST WHEN YOU THOUGHT Elle Purrier was a 5000 specialist, the New Hampshire grad stamped herself as a burgeoning 1500 threat with an epic mile at the Millrose Games. A perfectly executed final lap brought her home in an American Record 4:16.85 that rates as the second-fastest indoor time in history and was a whisker shy of the absolute AR.

The pace was hot from the start, with Megan Mansy towing the field through the halfmile in 2:08.4. German star Konstanze Klosterhalfen took over at that point, with Canada's Gabriela Debues-Stafford, Britain's Jemma Reekie and Purrier trailing as the rest of the field lost contact. Purrier passed Reekie into 3rd at the bell and moved ahead of Debues-Stafford at the top of the backstretch. Coming off the final turn she swerved into lane 2 to slingshot past Klosterhalfen and sprinted home to pull off the shocking upset.

Purrier, who won the '18 NCAA Indoor mile title, shattered Mary Slaney's 38-year-old indoor AR (4:20.5) and just missed Slaney's absolute AR 4:16.71 from '85. Only Ethiopian Genzebe Dibaba (4:13.31) has run faster undercover. "I wasn't looking at the splits," Purrier admitted after the race, still in disbelief at the time. "I kinda heard a few things here and there but I was just focused on competing."

Behind her, Klosterhalfen (4:17.26), Reekie (4:17.88) and Debues-Stafford (4:19.73) all set national records, moving to Nos. 4, 5 and 8 on the all-time world list. En route, Klosterhalfen also set an NR at 1500 (3:59.87), while Purrier's 4:00.20 just missed Regina Jacobs' USATF-ratified AR 3:59.98, which T&FN does not recognize.

Purrier, who finished 11th in the world champs 5000 in October (8 places and nearly 30 seconds behind bronze-medalist Klosterhalfen), had a feeling she might PR, but was unaware just how fast they were running. "Honestly this is only my second race indoors so far [this season], so I wasn't really sure of my fitness," said the Vermont native, who won the 2M at the Boston GP on January 25. "My race two weeks ago went pretty well, but I haven't really been running the mile or 1500 as much so I wasn't really sure."

While Purrier already seemed like a decent bet to make the U.S. Olympic team in the 5000 this summer, she admitted this result means she will "definitely take it into consideration" whether to go for a spot in the 1500. She heads to Albuquerque next weekend for the USATF Indoor, where she's contemplating a 1500/3000 double. □

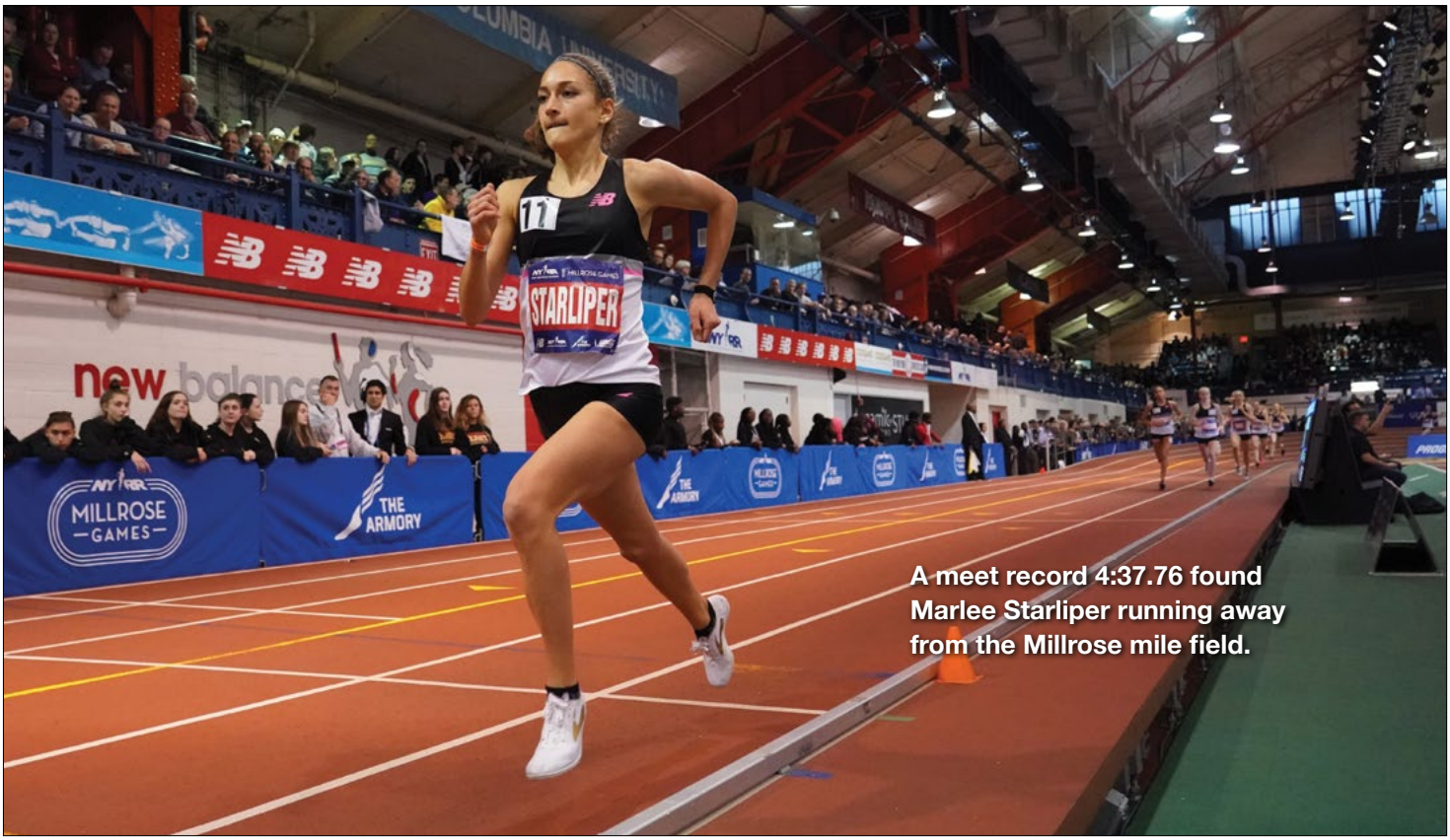
Purrier Leads Rewrite Of All-Time Mile List

Although the women's mile is only rarely run indoors, many of the sport's greats have tried it and put their names on the all-time list. This year's Millrose contributed 4 to the all-time Top 10:

	Time	Athlete	Date
1.	4:13.31	Genzebe Dibaba (Ethiopia)	2/17/16
2.	**4:16.85**	**Elle Purrier (US)**	**2/08/20**
3.	4:17.14	Doina Melinte (Romania)	2/09/90
4.	**4:17.26**	**Konstanze Klosterhalfen (Germany)**	**2/08/20**
5.	**4:17.88**	**Jemma Reekie (Great Britain)**	**2/08/20**
6.	4:18.75	Laura Muir (Great Britain)	2/16/19
7.	4:18.99	Paula Ivan (Romania)	2/10/89
8.	**4:19.73**	**Gabriela Debues-Stafford (Canada)**	**2/08/20**
9.	4:19.89	Sifan Hassan (Holland)	2/11/17
10.	4:20.5	Mary Slaney (US)	2/19/82

Millrose Games Preps — Fast Mile For Marlee Starliper

KIRBY LEE/IMAGE OF SPORT



A meet record 4:37.76 found Marlee Starliper running away from the Millrose mile field.

by Rich Sands

NEW YORK CITY, February 08—A national record in the boys 3000 was the highlight of a busy afternoon of high school competition at the Millrose Games. Californian Nico Young clocked 7:56.97 in the professional race at the Armory, cutting more than 2 seconds off Drew Hunter's 2016 standard (7:59.33).

The top girls' mark went to Marlee Starliper (Northern, Dillsburg, Pennsylvania), who won the mile for the second year in a row, lowering her own meet record to 4:37.76. That moved her to No. 4 all-time indoors and No. 10 on the absolute list. En route she hit 1500 in 4:19.40, good for No. 5 on the all-time indoor performers list.

"I was so focused on what I was doing that for a while I had no idea what was going on behind me," said the NC State-bound Starliper, who won by more than 6 seconds over Juliette Whittaker (Mt de Sales, Catonsville, Maryland). "I just wanted to hit those 70 splits as accurately as I can. I was going through and I was maybe just a second off and I was feeling really good. When I saw the clock I was like, 'Wow!'"

Back in 6th was Taylor Ewert (Beavercreek, Ohio), who finished in 4:50.07 a few hours after taking the women's mile walk in a year-leading 6:34.53.

Distance superstar Katelyn Tuohy (North Rockland, Thiells, New York) opted not to run an individual event, so there was no head-to-head with Starliper. However, Tuohy anchored her school's 4×8 in 2:09.41, the day's fastest split, to move up 7 spots to 4th (9:20.20) behind the list-leading 9:13.72 winner by Brentwood (Tennessee).

Others moving up the all-time lists were Sean Dixon-Brodie (Bloomfield, Connecticut), who won the boys triple jump with history's No. 3 effort, 52-1¾, and Reheem Hayles (Springfield Gardens, New York), now No. 6 in the 600 thanks to a 1:18.59 victory.

Two days before the main portion of the meet, Monique Hardy (Thomas, Webster, New York) launched the 20-pound weight 66-11¼, the second farthest throw of all time, behind Shelby Ashe's 9-year-old HSR 68-2¾. □

MILLROSE GAMES BOYS RESULTS

New York City, February 08 (200 banked)—

Men's 300: 2. Justin Robinson (West, Hazelwood, Mo) 33.17 (x, =10 HS).

600: 1. Reheem Hayles (Springfield Gardens, NY) 1:18.59 (HSL) (6, 11 HS).

Men's 3000: 11. Nico Young (Newbury Park, Ca) 7:56.97 HSR, absolute HSR (old records 7:59.33, Drew Hunter [Loudoun Valley, Purcellville, Va] '16) (5:17.89 HSR—old HSR 5:19.57 Hunter '16) (absolute HSR, old 5:18.5 Galen Rupp [Central Catholic, Portland, Or] '04).

4 x 400: 1. Huntington 3:19.80.

4 x 800: 1. Ridge, Basking Ridge, NJ 7:50.02 (HSL).

PV: 1. Spencer Evans (Lake Norman, Mooresville, NC) 17-¾

TJ: 1. Sean Dixon-Brodie (Bloomfield, Ct) 52-1¾ (HSL) (3, 3 HS).

Wt(2/06): 1. Kyle Moison (Lincoln, RI) 74-¾.

MILLROSE GIRLS RESULTS

60: 1. ***Shawnti Jackson (Wakefield, Raleigh, NC) 7.40 (6.87 HSL); 2. **Moforehan Abinusawa (Germantown, Ft Washington, Pa) 7.43.

300: 1. Talitha Diggs (Saucon Valley, Hellertown, Pa) 37.67; 2. Isabella Whitaker (Mt de Sales, Catonsville, Md) 37.76; 3. *Aaliyah Pyatt (Massaponax, Fredericksburg, Md) 38.44; 4. Jackson 38.52.

600: 1. *Makayla Paige (Memorial, Tewksbury, Ma) 1:30.28 (HSL);

2. Victoria Vanriele (Livingston, Berkeley Heights, NJ) 1:30.55.

Mile: 1. Marlee Starliper (Northern, Dillsburg, Pa) 4:37.76 (HSL) (4, 5 HS; in/out: 10, x HS) (4:19.40 HSL [5, 6 HS]);

2. **Juliette Whittaker (Mt de Sales) 4:43.89; 3. Taryn Parks (Greencastle-Antrim, Greencastle, Pa) 4:44.98; 4. J*Jenna Hutchins (Science Hill, Johnson City, Tn) 4:45.12.

Women's 60H: 7. Leah Phillips (Bullis, Potomac, Md) 8.44.

Women's MileW: 1. Taylor Ewert (Beavercreek, Oh) 6:34.53 (HSL).

4 x 200: 1. Bullis School 1:37.19 (HSL).

4 x 800: 1. Brentwood, Tn 9:13.72 (HSL);

2. Shenendehowa, Clifton Park, NY 9:13.89; 3. SS Neumann & Goretti, Philadelphia 9:16.97; 4. North Rockland, Thiells, NY 9:20.20 (Katelyn Tuohy 2:09.41).

PV(2/06): 1. Leah Pasqualetti (Orchard Park, NY) 13-7¼; 2. Sydney Horn (Manheim Township, Lancaster, Pa) 13-5¼.

TJ: 1. Nadia Saunders (North Rockland) 40-7; 2. Jordan Hardy (Hampton, Va) 40-7; 3. Alissa Braxton (Commack, NY) 40-4.

Wt(2/06): 1. Monique Hardy (Thomas, Webster, NY) 66-11¼ (HSL) (2, 2 HS).

High School 3000 Record Falls To Nico Young

KIRBY LEE/IMAGE OF SPORT



A 7:56.97 gave Nico Young the HS Record and just missed the Junior standard.

by Rich Sands

JUST DAYS AFTER WINNING the Nike Cross Nationals title last December, Nico Young (Newbury Park, California) decided to target the U.S. under-20 and national prep records for the indoor 3000 at the Millrose Games. Stanford's Chris Derrick set the ratified AJR of 7:56.31 in '09 while Drew Hunter owned the prep standard, a 7:59.33 clocking from '16. To get ready for the race—Young's first against professionals—he and coach Sean Brosnan searched for video of every previous Millrose 3000 at the Armory they could find. "We watched 'em all and they were all pretty much perfectly paced [so] that we felt if he jumped in the back of the pack and got dragged along and didn't get dropped, he'd be able to get the record or go close to 7:50," says Brosnan.

The plan worked, with Young maintaining contact with the pack throughout the race and crossing the line in 11th in 7:56.97. Though he missed the loftier goal, he comfortably hit his top objective of getting the HSR. "I knew that even if I was in last place I could break the record," Young says. "I just needed to stay on them for as long as I could." (Pro Justyn Knight won the race in 7:46.36.)

Notably, this was just the second indoor race of the 17-year-old Southern Californian's life (the first was a mile in Boston last year). "The laps feel like a lot quicker," he says of the Armory's "bouncy" 200m oval. "But towards the end it feels like there's a lot more to go, because there are a lot more laps left." The field, which included an Olympic medalist, presented him with the rare challenge of facing faster runners. After winning his cross country State Meet by 25 seconds and NXN by nearly 14 clicks, he can be forgiven for forgetting how to run in a pack. "There were a few tactical errors that I thought he made in that race that maybe would have saved him a second or two," Brosnan says. "He tried to go around the guy in front of him, Hassan Mead, two or three times and made some surges that wasted energy. But ultimately he ran an almost perfect race."

It was a remarkably evenly paced run, with kilometer splits of 2:39.20, 2:38.69 and 2:39.08. And though nervous beforehand, Young wasn't intimidated in his first race against pros. "He doesn't get rattled," Brosnan says. "He handles pressure really well. I wasn't too keen about putting things out there that he was going for the record, but once it leaked we were like, let's just go with it. He's going to have to deal with it a lot this year."

Expectations were already raised last spring when Young won the big Arcadia Invitational 3200 in the 2M equivalent of 8:43.02, making him No. 10 on the all-time prep list. He followed that up with the State title. The momentum continued with an undefeated XC season, leading Newbury Park to the team title at NXN to go along with his individual win.

He had skipped the outdoor post-season to rest before preparing for the harrier campaign, and with a collegiate career in his immediate future might follow that same plan again. "We're not big on setting goals really far out, which always surprises people," Brosnan says. "Right now, this [3000 record] was our goal. We're taking a step back and going to figure out where to go with his training and where to gear it."

But one race that is on the calendar is a return to Arcadia, where Young will likely be targeting Lukas Verzbicas's national record for 2M, 8:29.46 from '11. "It'll probably have to be an effort on his own out front," Brosnan predicts. "There are other guys who are really good who can run with him, but the paces we'd like to see him run he's probably going to be out front."

A track 5000 against pros is also a possibility, where he could take a stab at qualifying for the Olympic Trials. "We're aware of the record for that," Young says of Galen Rupp's 13:37.91, set 16 years ago. "But we don't have anything set up for that. It kinda depends on how the season goes."

Ultimately his plans for the summer will be dictated by his desire to immediately contribute to Northern Arizona's quest to return to the top of the NCAA harrier podium after an upset loss to BYU last November. Young picked the Lumberjacks over Georgetown, North Carolina, Stanford and Virginia thanks to the program's recent success (NCAA team titles in '16, '17 & '18) and the opportunity to train with superior teammates at high altitude in Flagstaff. "Nico really wants to be part of a national championship team," Brosnan says "He was part of one in high school. I think he would give anything up to be a part of that at NAU." □

USATF Men — Coleman & Crouser Scare WRs

MIKE SCOTT



Only Christian Coleman himself has ever run faster than his 6.37 to win the 60.

by Sieg Lindstrom

ALBUQUERQUE, NEW MEXICO, February 14–15—Men's competition at the USATF Indoor Championships offered a chance for athletes to show early hands, put skin in the game, as this important season charges toward its crucial outdoor phase and the Olympic Trials. While Ryan Crouser pushed his PR inches from World Record territory and Christian Coleman came close to his own WR despite a stumble at the start in the 60 final, others who are not Olympic medalists displayed serious intentions and made the most of a friendly facility for sprinters, jumpers and vaulters to post personal bests.

The meet, held on a banked 200 track at 1512m of altitude, was solid for both sexes even without its attractive cherry on top. Postponement of Nanjing's World Championships by a year—a January decision forced by the coronavirus epidemic—sealed the absence of some of the most elite as they dug back into training-toward-the-Games mode or competition in Europe.

60: Coleman Makes A Statement

Surprising even his manager with a last-minute decision to enter, Christian Coleman returned to the meet where he set the World Record 6.34 two years ago. "He has been having some good training sessions and he doesn't want it to go to waste," manager Emanuel Hudson told Reuters, adding that "we may be seeing something."

The 23-year-old world 100 champ sliced through the altitude-thin air for a world-leading 6.48 in his heat. Marvin Bracy, absent from the track the past two years, followed in 6.53 with Brandon Carnes equaling that time in the final heat. Coleman (6.51) and Carnes (6.55) took the Saturday semis.

In the final, no great shock this being his first meet of the year, Coleman's start was so-so. Then his world champion speed emerged. He moved to the front at 20m and surged away after 30 to finish well clear in 6.37, equaling history's No. 2 time. Bracy was 2nd at 6.49, just a 0.01 off his PR set here at the '14 Indoor. Pleased with his result, Coleman bowed to the crowd.

"That 30–60 meters, we work on that a lot at practice too [along with starts]," he said. "This wasn't necessarily the plan to be at my optimal best here so I was pretty satisfied with the time considering the lack of speed training that we've done."

FINAL

1. Christian Coleman (Nike) 6.37 (WL, AL) (x, =2 W; x, =2 A);

2. Marvin Bracy (unat) 6.49;

3. Brandon Carnes (unat) 6.53 =PR;

4. Demek Kemp (Asics) 6.55;

5. Maurice Eaddy (unat) 6.58;

6. Keitavious Walter (unat) 6.60;

7. Christopher Royster (unat) 6.66; 8. Jonte Baker (Tif) 6.67.

HEATS

I–1. Coleman 6.48 (WL, AL);

SEMIS

I–1. Coleman 6.51; II–1. Carnes 6.55.

400: Clark Claims Title From Slow Heat

With the season featuring no sub-46 times outside the NCAA ranks, the outcome was much in doubt, especially given the importance of tactics in the rush-to-the-pole indoor event. Rio Olympian Gil Roberts, who won this title in '12, led the heats in 46.50 off a quick first lap (21.53). Brycen Spratling (46.58) and Dontavius Wright (46.57) were the other heat winners.

Few looked too hard at 25-year-old Rashard Clark, a Div. II alum from Texas A&M-Commerce. Starting the B section in lane 5, he chased '14 and '16 champion Kyle Clemons on his outside through Clemons' 21.70 first lap and on the final straight rushed past to win by 0.14 in 45.86, a PR by 0.57.

Wright (21.24) and Tyrell Richard (21.27) attacked the first lap in section II with NCAA champ Richard forging ahead on lap 2. In the stretch, though, Richard tied up and Spratling went ahead to cross in 46.50. That matched the slowest time in the "slow" heat and Clark was a champion.

The son of '76 relay silver medalist Rosalyn Bryant and twin brother of Paralympic gold medalist Breanna said, "It was great, man. Most of the time in D2 I would get 2nd, runnerup, running good times, never won State, but I kept working and practicing, listening to my coach and my family. They said, 'This is your time, you're gonna be here one day.'"

FINAL

1. Rashard Clark (unat);

2. Kyle Clemons (adidas);

3. Eric Fogltanz (unat);

4. Brycen Spratling (NYAC);

5. Noah Williams (Akr);

6. Gil Roberts (unat);

7. Dontavius Wright (unat) 47.12;

8. Tyrell Richard (adidas) 47.24.

Sections: I–1. Clark 45.86 PR; 2. Clemons 46.00; 3. Fogltanz 46.40 PR; 4. Williams 46.50 PR (46.497).

II–1. Spratling 46.50 (46.496); 2. Roberts 46.79; 3. Wright 47.12; 4. Richard 47.24.

800: Hoppel's Trademark Finish

Racing confidently after NCAA wins indoors and out, a 4th-place finish at the World Champs in Doha and an indoor PR (1:45.70) for 2nd to Donavan Brazier's AR at Millrose, Bryce Hoppel liked his chances.

With Brazier passing on the meet, Hoppel won his heat with an easy wire-to-wire 1:48.94. Vet Erik Sowinski—the titlist in '13, '14 & '17—won the quickest of the three heats in 1:48.15 but had put up no stellar marks this season. In

the final, celebrated kicker Hoppel—who turned pro after his junior season at Kansas—"kind of got cut off at the beginning and then I just bided my time." Jonathan Moore led the first half (25.70/53.53) and with Sowinski dropping behind on lap 2, Hoppel "took off when I felt strong and kind of ran away with it a little bit." Grabbing the pace with 300 left, Hoppel split 1:20.85 at 600 as Abraham Alvarado and Isaiah Harris followed closest. Harris made a run at him entering the last stretch but Hoppel glided away. He punctuated his 1:46.67 victory over Harris (1:47.16) with a smokin' 25.82 final circuit.

"I think I looked over my shoulder a couple times but I felt good," said the 22-year-old champion. "Then once I got by 'em, I thought, 'Heck, yes.'"

FINAL

1. Bryce Hoppel (adidas) 1:46.67
2. Isaiah Harris (Nike) 1:47.16
3. Abraham Alvarado (Atlanta TC) 1:47.86
4. Erik Sowinski (Brooks Beasts) 1:48.63
5. Jonathan Moore (unat) 1:49.39
6. Josh Hoey (adidas) 1:50.98(26.24, 28.54 [54.78], 27.77 [1:22.55], 28.43) (54.78/56.20).

HEATS

I–1. Hoppel 1:48.94; 2. Moore 1:49.34 PR; II–1. Sowinski 1:48.15; 2. Hoey 1:48.18; III–1. Alvarado 1:48.46; IV–1. Harris 1:49.42.

1500: First Title For Thompson

Defending champ Craig Engels was the favorite on paper. He had prevailed for the '19 outdoor title, too, after his indoor mile win a year ago. But 27-year-old Josh Thompson hoped to assuage the sting of a 3rd-place USATF finish last year that failed to take him to Doha because he had not run the Worlds Q-standard.

A dawdling early tempo played to Oklahoma State alum Thompson's strength, as the Bowerman TC runner had turned the fastest last 400 (51.90) and 800 (1:50.33) in that '19 outdoor Nationals contest. Willy Fink, doubling back from his 5th in the 3000 on Friday, led through 1100m in 2:48.44, and Thompson took off in earnest from 300 out with Engels on his tail. Thompson kept Engels at bay over the final go-round and with a 28.86 finish won in 3:44.07. Nick Harris, 4th with a lap to run, strode past for 2nd just before the line to cross a half-second behind.

Thompson, who celebrated with his wife and baby on the infield, said, "The goal was to stay in front, stay in 2nd, trying to stay in 2nd the whole race, and with 250 to go I wanted to make my move."

RESULTS

1. Josh Thompson (Nike Bowerman TC) 3:44.07 (26.86, 55.56);
2. Nicholas Harris (unat) 3:44.57 (27.07, 55.68);
3. Craig Engels (Nike) 3:44.62 (27.29, 55.89);
4. Brannon Kidder (Brooks Beasts) 3:44.69;
5. Willy Fink (Under Armour/District TC) 3:46.08 PR;
6. Vincent Ciattei (Nike Oregon TC) 3:47.06 PR;
7. Sam Prakel (adidas) 3:47.84;
8. Tim Gorman (MammTC) 3:48.31;
9. Eric Holt (Garden State New Balance) 3:53.93;
10. Garrett O'Toole (unat) 4:10.66 PR.

3000: No. 4 For Chelimo

With three titles under his belt in the meet, including a 1500/3K pairing at his last appearance in '18, Paul Chelimo was not to be denied a fourth. With training mate Hillary Bor, he asserted himself near the front throughout, leading past 1600 in 4:19.05.

That's not a direly sluggish tempo at 1512m elevation but a swift finish seemed likely. Working for that, the Kenyan-born 29-year-old, now 14 months out of the Army, set off for what would be a 2:00.97 last 800. As Bor and Anthony Rotich, another Army runner, hung close, steepler Donn Cabral and Brooks Beast David Ribich also ran close with 400 to go. Chelimo retained command with a 29.19 penultimate circuit and then blasted a 25.80 last lap to win in 8:00.14. His all-cylinders final straight drew him nearly 15m ahead of Rotich (8:01.91) and Bor (8:01.92) with Ribich clear in 4th (8:03.69).

"Everything I'm doing, I'm doing it for her," Chelimo told NBC, pointing at his year-old baby in his arms. "I work so hard day in, day out, I do it for her."

RESULTS

1. Paul Chelimo (Nike) 8:00.14;
2. Anthony Rotich (Nike/US Army) 8:01.91;
3. Hillary Bor (USAr) 8:01.92;
4. David Ribich (Brooks Beasts) 8:03.69;
5. Willy Fink (Under Armour/District TC) 8:04.36;
6. Dillon Maggard (Hoka) 8:08.25;
7. Donn Cabral (HokaNJNY) 8:08.76;
8. Brian Barraza (adidas) 8:09.64;
9. Tim Gorman (MammTC) 8:10.78;
10. Ryan Hill (Nike Bowerman TC) 8:12.21;
11. Obsa Ali (Asics) 8:14.55;
12. Evan Verbal (unat) 8:16.41;
13. Izaic Yorks (Brooks Beasts) 8:26.45.

60 Hurdles: Mallett Felled Timber

While Jarret Eaton, winner in '16 and '18, may have seemed to have the upper hand and the fastest seasonal best (7.54), obstacles can get in the way. They're hurdles. Iowa alum Aaron Mallett, 25, took advantage though he chopped wood himself.

The three heats went to Chad Zallow (7.67), Eaton (7.74) and Mallett (7.70), and the next day Eaton led the semis, his 7.63 besting Mallett (7.65) as Brendan Ames took semi 2, also at 7.65. The final played out as an Eaton-Mallett duel in lanes 3 and 4. Eaton got out well and over the first hurdle cleanly. Not so Mallett, who toppled all 5 barriers to 4 knockovers for Eaton, but on the strength of his quick getaway held on for the win, 7.54 to Eaton's craning lean to 7.57. Ames (3rd) and Zallow (4th) finished 0.004 apart at 7.65.

FINAL

1. Aaron Mallett (unat) 7.54 PR;
2. Jarret Eaton (unat) 7.57;
3. Brendan Ames (unat) 7.65 (7.641);
4. Chad Zallow (unat) 7.65 (7.645);
5. Aleec Harris (adidas) 7.67;
6. Michael Dickson (unat) 7.69;
7. Ryan Fontenot (unat) 7.84;
8. Isaiah Moore (unat) 7.93.

SEMIS

I–1. Eaton 7.63; 2. Mallett 7.65; 3. Harris 7.75; 4. Fontenot 7.79; 5. Moore 7.87.

II–1. Ames 7.65; 2. Dickson 7.69; 3. Zallow 7.72; 4. Moore 7.83; 5. Graham 7.84 PR.

3000 Walk: Christie Long Or Short

Winner the last 2 years, 28-year-old Nick Christie made it 3 in a row with a quick turnaround from his 3rd-place walk just 3 weeks ago in the 50K Olympic Trials. In all, Christie owns 4 titles from this meet. His 11:55.44—fastest of his times in Albuquerque—led John Cody

VICTOR SAILER/PHOTO RUN



Paul Chelimo kicked away for 3000 title No. 4.

Risch (12:08.33) and Emmanuel Corvera (12:10.29), a reversal of the '19 finish order for the chasers. Only 4 showed up to race.

RESULTS

1. Nick Christie (unat) 11:55.44;
2. John Cody Risch (QE) 12:08.33;
3. Emmanuel Corvera (NYAC) 12:10.29;
4. Andreas Gustafsson (unat) 13:21.95 PR.

High Jump: Kynard's Long Road Back

Erik Kynard's name was nowhere to be found on the international circuit in the summer of '18; or anywhere during the '19 campaign. In taking 2nd at the '18 USATF Outdoor, he had ruptured his left (non-takeoff) Achilles, leaving him, as he posted after his win here, "in a pool of uncertainty." The winner of 9 national titles (4 indoors, 5 out), he added No. 10 here. Needing only a clean record through 7-5 (2.26) it was the lowest of all his wins, but perhaps the most satisfying for the 29-year-old Kansas State alum.

RESULTS

1. Erik Kynard (Jordan) 7-5 (2.26)
(6-11¾, 7-1¾, 7-3¾, 7-5, 7-6 [xxx])
(2.13, 2.18, 2.23, 2.26, 2.29 [xxx]);
2. Shelby McEwen (unat) 7-5;
3. tie, Keenon Laine (unat) & Jeron Robinson (unat) 7-3¾ (2.23);
5. Kyle Landon (unat) 7-3¾;
6. tie, Brad Adkins (unat) & Javen Reeves (unat) 7-1¾ (2.18); 8. Trey Culver (adidas) 7-1¾; 9. tie, Sean Lee (UCLA), Tequan Claitt (InT) & Kevin Schultz (unat) 6-11¾ (2.13); 12. tie, Roderick Townsend (unat) & Zach Blackham (unat) 6-11¾

Pole Vault: Ludwig Turns Back Youngster Ellis

With list leader Sam Kendricks passing on the meet it was left to some of the event's up-and-coming stars to provide the fireworks. And they did. Matt Ludwig sent up the biggest rocket clearing 5 heights without a miss before needing three at 19-¼ (5.80). But he still had company, because Branson Ellis had joined the 19-foot club with a similar make as the vaulter before him, putting the pressure on the 23-year-old Akron alum. Ellis, a Stephen F. Austin soph who came into the meet with a PR of 18-7½ (5.68), had already PRed at 18-8¼ (5.70). Behind on the countback, he brashly passed at 18-10¼ (5.75) before getting his second lifetime best of the day, moving to =No. 8 on the all-time collegiate list. At 19-2¼ (5.85), Ludwig went over on his second for a share of No. 10 on the all-time U.S. list.

RESULTS

1. Matt Ludwig (unat) 19-2¼ (5.85) PR (=10, x A)
(17-8½, 18-2½, 18-6½, 18-8¼, 18-10¼, 19-¼ [3], 19-2¼ [2]) (5.40, 5.55, 5.65, 5.70, 5.75, 5.80 [3], 5.85 [2]);

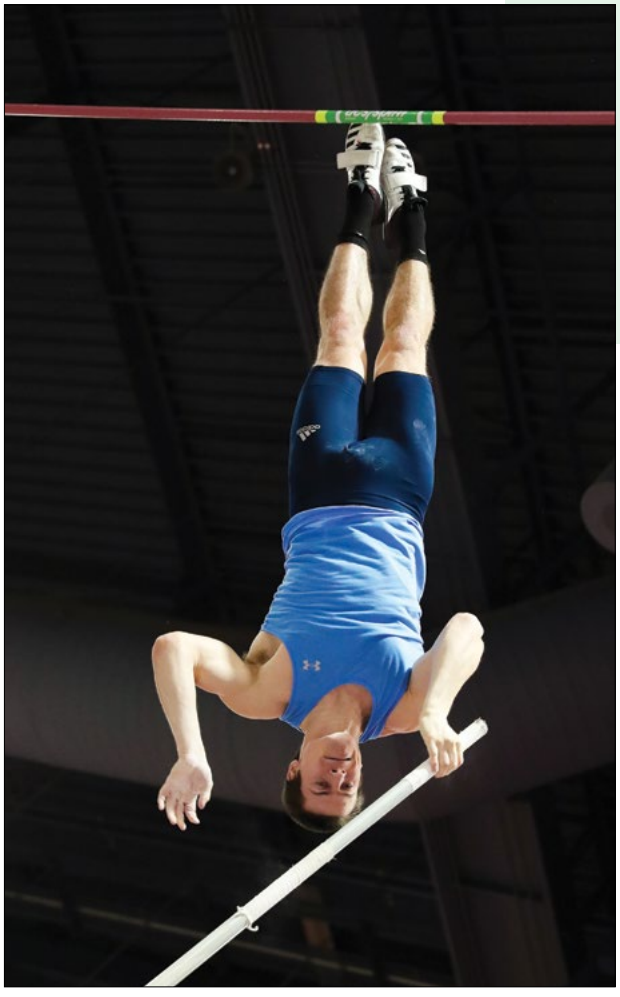
2. Branson Ellis (SFA) 19-¼ (5.80) PR (=8, x C; =5, x AmC; in-out: =8, x AmC)
(17-8½, 18-2½, 18-6½ [2], 18-8¼ [3], 19-¼ [3], 19-2¼ [xxp], 19-4¼ [x]) (5.40, 5.55, 5.65 [2], 5.70 [3], 5.80 [3], 5.85 [xxp], 5.90 [x]);

=3. Kyle Pater (USAF) 18-10¼ (5.75)

=3. Cole Walsh (Nike) 18-10¼ (5.75)

3. tie, Kyle Pater (USAF) & Cole Walsh (Nike) 18-10¼ (5.75)

5. tie, Jacob Wooten (unat) & Andrew Irwin (ArVC) 18-8¼ (5.70); =7. Reese Watson (unat) 18-6½ (5.65) PR; =7. Audie Wyatt (unat) 18-6½ (5.65) =PR; 9. Nate Richartz (unat) 18-6½ PR; 10. Carson Waters (unat) 18-6½ PR.



ICTOR SAILER/PHOTO RUN

Matt Ludwig's 19-2¼ PR moved him into the all-time U.S. top 10.

Long Jump: Bates Consistent In First Win

After a subpar opening-round bound of 24-5¾ (7.46) left him only 5th, KeAndre Bates moved into a groove. The 23-year-old Florida alum cranked off consecutive marks of 26-1¾ (7.97), 26-2¼ (7.98) and 26-1½ (7.96) in rounds 2-3-4 to win his first national title, indoors or out (he did win the Junior title in '15). Malik Moffett came closest to catching him, reaching an indoor PR 26-¼ (7.93) in the fifth round. They were the only 26-footers of the meet.

RESULTS

1. KeAndre Bates (unat) 26-2¼ (7.98)
(24-5¾, 26-1¾, 26-2¼, 26-1½, p, p) (7.46, 7.97, 7.98, 7.96, p, p);
2. Malik Moffett (unat) 26-¼ (7.93) PR;
3. Charles Brown (unat) 25-11½ (7.91);
4. Jason Smith (LBSt) 25-10¼ (7.88) PR;
5. Corion Knight (unat) 25-9¼ (7.85);
6. Josh Colley (unat) 25-4¾ (7.74) PR;
7. Julian Harvey (unat) 25-3¼ (7.70);
8. Jarvis Gotch (unat) 25-0 (7.62);
9. Greg Vann (unat) 24-7¼ (7.50);
10. Reginald Steele (unat) 24-4¼ (7.42);
… nm—Marquis Dendy (unat) (f, f, p).

Triple Jump: Superb Depth As Scott Repeats

With big guns Christian Taylor and Will Claye passing on the meet to save powder for outdoors, the top 4 nonetheless surpassed 17m (55-9¼), 3 of them setting indoor PRs. Donald Scott, winner of the last 3 national crowns ('18 outdoor, '19 in and out) exerted force early. The 27-year-old Eastern Michigan alum's 55-6¼ (16.92) in round 1 evoked a 55-9 (16.99) response from Chris Benard before Scott hit his 56-6¾ (17.24) winner in round 2 and raised his undercover best by 7 inches. Scott popped three more of 55-7½ (16.95) or better thereafter as a trio of talents traded long efforts. On his second jump, Benard tightened his grip on 2nd with 55-10¼ (17.02). But only until Omar Craddock bounded a centimeter farther in frame 3. Long jump winner KeAndre Bates, another former Florida Gator, flew 55-9¼ (17.00), also in round 3, a PR and his longest of the day. Craddock reached an indoor best 56-2¾ (17.14) that held up for 2nd in the next frame and added a 55-10¼ effort in round 5 for a fine series.

Scott saw his victory as table setting for the Olympic Trials. "I just think it sets me up to be in that top 3," he said. "I mean that's the goal, the overall goal is to get that so I just used it as a first step. That's all."

RESULTS

1. Donald Scott (adidas) 56-6¾ (17.24) PR (AL)
(55-6¼, 56-6¾, 55-9, 55-7½, 56-1, 54-5¼) (16.92, 17.24, 16.99, 16.95, 17.09, 16.59);
2. Omar Craddock (Asics) 56-2¾ (17.14)
(54-6, 55-2, 55-10½, 56-2¾, 55-10¼, 55-5)
(16.61, 16.81, 17.03, 17.14, 17.02, 16.89);
3. Chris Benard (Nike/Chula Vista Elite) 55-10¼ (17.02) PR
4. KeAndre Bates (unat) 55-9¼ (17.00) PR;
5. John Warren (unat) 54-6½ (16.62);
6. Brandon Roulhac (Shore AC) 54-1¼ (16.49);
7. Armani Wallace (unat) 53-5½ (16.29);
8. Darrel Jones (unat) 52-3¾ (15.94);
9. Tony Carodine (unat) 51-6½ (15.71);
10. Chris Carter (unat) 51-4½ (15.66);

Shot: Crouser Joins Indoor 74-Foot Club

Randy Barnes' 74-4¼ (22.66) World Record has survived for 31 years. It stayed alive only by the skin of its teeth under Ryan Crouser's attack here. At Millrose last week, the putting of the Olympic champion and '19 No. 1 Ranker had ramped up in the second half of his series. Here, after doffing his black cowboy hat, Crouser lofted bombs from the start, opening at 71-8 (21.84). Nick Ponzio's first-round 68-5 (20.85) PR was the closest anyone else could get. In the two ensuing frames, Crouser—now training in Fayetteville, Arkansas—improved to 72-4¼ (22.05) and fouled. Round 4 was big. Crouser, 27, spun the ball all

KIRBY LEE/IMAGE OF SPORT



Ryan Crouser was smokin' as he added almost a foot to his shot PR.

Crouser To No. 2 On All-Time Shot List

And then there were two 74-foot throwers in indoor shot history, as Ryan Crouser improved by almost a foot from last year's PR of 73-3¼ (22.33), which had made him No. 4 ever. The indoor Top 11:

	Distance	Athlete	Date
1.	22.66 | 74-4¼	Randy Barnes (US)	1/20/89
2.	**22.60 | 74-1¾**	**Ryan Crouser (US)**	**2/15/20**
3.	22.55 | 73-11¾	Ulf Timmermann (East Germany)	2/11/89
4.	22.40 | 73-6	Adam Nelson (US)	2/15/08
5.	22.31 | 73-2½	Tom Walsh (New Zealand)	3/03/18
6.	22.26 | 73-½	Werner Günthör (Switzerland)	2/08/87
7.	22.23 | 72-11¼	Ryan Whiting (US)	2/23/14
8.	22.18 | 72-9¼	Christian Cantwell (US)	2/22/08
9.	22.17 | 72-9	Tomáš Staněk (Czech Republic)	2/06/18
10.	22.11 | 72-6½	Brian Oldfield (US)	4/04/75
		Reese Hoffa (US)	3/10/06

the way to 74-1¾ (22.60), smiling as he exited the ring. Frame 5 saw a second 22m heave, as he reached 72-9¼ (22.18).

"I was real happy with it and even surprised myself a little bit," Crouser said. "It's just my second time throwing hard all year. I've been working on what I need to fix, and I felt like I did a good job of it. I still have stuff to work on." The Olympic recordholder, Crouser expects more this season of his Games defense. "There are definitely some signs of some farther throws in there," he said, "because when I hit that 22.60 I did the same thing I did in the final round in Doha, I dumped one out to the right. So if I can figure out how to get over the top of my left leg I should have some pretty far throws."

RESULTS

1. Ryan Crouser (Nike) 74-1¾ (22.60) PR (WL, AL) (2, 2 W; 2, 2 A)

(71-8, 72-4¼, f, 74-1¾, 72-9¼ [x, =8 A], f) (21.84, 22.05, f, 22.60, 22.18, f);

2. Nick Ponzio (unat) 68-5 (20.85) PR;
3. Payton Otterdahl (Nike) 67-3¼ (20.50);
4. Roger Steen (Velaasa) 67-2¼ (20.48) PR;
5. Josh Awotunde (CVE) 66-1½ (20.15);
6. Jordan Geist (unat) 66-1 (20.14);
7. Jon Jones (Velaasa) 65-6¾ (19.98);
8. David Pless (unat) 64-6½ (19.67);
9. Kord Ferguson (T1D) 63-6¼ (19.36);
10. Alex Renner (Velaasa) 63-4 (19.30);
11. Josh Freeman (Velaasa) 63-2¼ (19.26);
12. T'Mond Johnson (unat) 63-2 (19.25);

Weight: McCullough PR Captures World Lead

Daniel Haugh came into the meet as a mild favorite, having joined the 81-foot club the week before for the year's longest mark at 81-½ (24.70). This time he joined the 82-foot group with his 82-2 (25.04), but that ended up only good enough for 2nd. Mustachioed Conor McCullough of the New York AC went him a foot-barrier better, his 83-½ (25.31) making him the year's best and also giving him a share of No. 4 on the all-time world list. The big heave, which moved the 29-year-old McCullough from 3rd to 1st in the fourth round, was a massive improvement on his old PR of 80-3¾ (24.48), which dated back to '15. It was a great day for PRs, as the first 6 all recorded lifetime bests.

RESULTS

1. Conor McCullough (NYAC) 83-½ (25.31) PR (WL, AL) (4, =7 W; 3, 5 A)

(77-8, f, 78-10¼, 83-½, f, 79-3¾) (23.67, f, 24.03, 25.31, f, 24.17);

2. Daniel Haugh (T1D) 82-2 (25.04) PR (7, x W; 6, x A)

(f, 78-5¾, 81-6½ [WL, AL; 6, x W; 5, x A], 82-2, f, f) (f, 23.92, 24.85, 25.04, f, f);

3. Daniel Roberts (Vel) 80-8½ (24.60) PR (8, x W; 7, x A)

(74-5½, 78-9¾, 79-1, 79-2½, 78-9¼, 80-8½) (22.69, 24.02, 24.10, 24.14, 24.01, 24.60);

4. Alex Young (Velaasa) 80-1½ (24.42) PR (10, x W; 9, x A)

5. Morgan Shigo (Velaasa) 74-4½ (22.67);
6. Arthur Hicks (unat) 73-1¾ (22.29);
7. Vlad Pavlenko (IaSt) 70-10 (21.59);
8. Jordan Huckaby (unat) 69-8 (21.23);
9. Michael Alvernaz (unat) 67-8 (20.62) PR;
10. Erich Sullins (unat) 66-6½ (20.28).

Heptathlon: A PR-Fest For Scantling

USATF's multi-event championships were held in Annapolis the weekend before Albuquerque and Garrett Scantling had a remarkable set of performances, beginning the heptathlon with 3 straight PRs in the 60, LJ & SP. The 26-year-old Georgia alum wasn't too shabby the second day either, equaling his hurdle best and setting a new vault standard. The overall result was a world-leading 6209 that moved him to No. 9 on the all-time U.S. list.

RESULTS

1. Garrett Scantling (unat) 6209 PR (WL, AL) (8, x A) (6.93 PR, 24-5½/7.45 PR, 53-3¾/16.25 PR, 6-6¼/1.99, 7.91 =PR, 17-¾/5.20 PR, 2:52.26);

2. Scott Filip (DuPTC) 5797 PR; 3. Jack Flood (unat) 5714 PR; 4. Alex Bloom (unat) 5462; 5. Andrew Ghizzone (Shore) 5455; 6. Donte Robinson (unat) 5439; 7. Denim Rogers (unat) 5331; 8. William Eggers (unat) 5221; 9. Jackson Walker (unat) 5186; 10. Cody Faust (unat) 4971; 11. Phillip Bailey (SBTC) 4635;... dnf—Steven Bastien (unat). □



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USATF Women's Indoor — A Pair Of Triple Jump ARs

KEVIN MORRIS



Finally breaking through against arch-rival Keturah Orji, Tori Franklin got the best of the TJ's pair of American Records, reaching 48-½.

by Jeff Hollobaugh

ALBUQUERQUE, NEW MEXICO, February 14-15—On the women's side, the USATF Championships may have seemed thin here and there, but clutch performances sparked plenty of excitement. The distance runners, for instance, were not averse to traveling to the thin air and putting together some surprisingly fast races. The vaulters put on their usual thrilling show and fans were also treated to the greatest triple jump clash in American history. We also saw a number of athletes win their first-ever national titles—breakthroughs or just lucky breaks? Time will tell. With 4 months to go to the Olympic Trials, these stories are a long way from playing out.

The meet, by event:

60: Brisco Catches Oliver

After Javianne Oliver produced a world-leading 7.04 in the heats, it started to look like she might have an edge on Mikiah Brisco, who had topped the world list coming into the meet at 7.08. Brisco had run 7.10 in the first round. In the final, Oliver pulled steadily away from most of her competitors but she brought Brisco along for the ride. But at 45m, the 23-year-old LSU alum edged ahead of Oliver and stayed there, tying the WL with a 7.04 of her own. Oliver held on for 2nd in 7.08. Olympic hurdle champion Brianna McNeal burnished her speed with a 7.17 PR, holding off defending champion Shania Collins (7.20) for 3rd.

FINAL

1. Mikiah Brisco (Nike) 7.04 PR (=WL, =AL) (=10, x A);

2. Javianne Oliver (Nike) 7.08;

3. Brianna McNeal (Nike) 7.17 PR;

4. Shania Collins (adidas) 7.20 (7.193);

5. Quanesha Burks (adidas) 7.20 (7.200);

6. Destiny Smith-Barnett (unat) 7.21;

7. Marybeth Sant Price (Kula) 7.25;

8. Shannon Ray (unat) 7.46.

HEATS

I–1. Oliver 7.04 (WL, AL);

2. Smith-Barnett 7.21; 3. Burks 7.21; 4. Ray 7.37 PR; 5. Destinee Brown (unat) 7.42; 6. Christina Riggins (Tows) 7.59 PR.

II–1. Brisco 7.10; 2. McNeal 7.19 PR; 3. Collins 7.23; 4. Sant Price 7.27; 5. Courtne Davis (unat) 7.43; 6. Crystal Johnson (Tows) 7.49; 7. Ky Westbrook (unat) 7.51; 8. Jasmine Todd (unat) 7.51.

400: Jonathas Takes World Lead In Heats

Newly-minted pro Wadeline Jonathas didn't waste any time laying claim to bragging honors, nailing a world leader 51.32 in her prelim. The South Carolina alum, 21, went out hard, split 23.76 at halfway, and crossed the line unpressed. The next day, Jaide Stepter won the first half of the 2-section final, clocking 52.53, a mark no one expected would hold up for the win. In the second section, Jonathas again got out fast, though not quite as speedily as in her heat, passing halfway in 23.90 with comebacking Quanera Hayes (23.97) on her shoulder. Over the last loop, Jonathas gradually pulled ahead for the win in 51.54. Naasha Robinson, an Alabama A&M senior, overtook Hayes to finish 2nd, 51.98–52.07.

FINAL

1. Wadeline Jonathas (adidas);

2. NaAsha Robinson (AlAM) (CL);

3. Quanera Hayes (Nike);

4. Jaide Stepter (unat);

5. T'Sheila Mungo (unat);

6. A'Keyla Mitchell (unat);

7. Kendra Chambers (Oiselle elle TxEl);

8. Tatum Waggoner (unat).

Sections: I–1. Stepter 52.53; 2. Mungo 52.74 PR; 3. Chambers 53.20; 4. Waggoner 53.41 PR. II–1. Jonathas 51.54; 2. Robinson 51.98 PR; 3. Hayes 52.07; 4. Mitchell 52.79.

HEATS

I–1. Jonathas 51.32 PR (WL, AL).

800: Once Again, It's Wilson

True to form, Ajee' Wilson led from the start through splits of 28.02, 60.67 and 1:32.43, creating victory once again through a considerable lack of drama. The biggest challenge came when Olivia Baker made a sudden charge to the front at 600m. The Stanford alum couldn't sustain the move, however, and was overtaken by former NCAA mile champion Kaela Edwards on the backstretch. Edwards tried to go after Wilson as well but the veteran gutted a 29.56 final lap with power that no one in the field could approach.

The 25-year-old Wilson, now an 11-time USATF titlist (5 of them indoors), won in 2:01.98 to Edwards' 2:02.41. Allie Wilson (2:02.99) grabbed 3rd ahead of Baker (2:03.56), Hanna Green (2:03.98) and Sammy Watson (2:04.11).

FINAL

1. Ajee' Wilson (adidas) 2:01.98 (28.02, 32.65 [60.67], 31.76 [1:32.43], 29.55) (60.67/61.31);

2. Kaela Edwards (adidas) 2:02.41;

3. Allie Wilson (AtlTC) 2:02.99;

4. Olivia Baker (Garden State New Balance) 2:03.56;

5. Hanna Green (Nike Oregon TC) 2:03.98;

6. Sammy Watson (adidas) 2:04.11.

1500: Houlihan Finishes Her Double

For the third time, Shelby Houlihan pulled off the distance double, but in marked contrast to her 3000 the night before, in the 1500 she bided her time, content to follow Heather MacLean and Shannon Osika on the early laps. "I knew people would take this 1500 out hard. It went out right as I thought it would," said the winner. "I just kept trying to stay calm."

Bowerman TC teammate Karissa Schweizer moved to the front at 800, as Houlihan and defending champion Colleen Quigley also moved up. With little more than a lap to go, Houlihan turned on the speed. Quigley moved into second a step behind her but could only watch as Houlihan's margin grew with every stride. Her blistering 29.87 closer gave her a 10m win in 4:06.41. It was USATF title No. 13 for her. "My legs definitely felt it with 800 left," she said. "With 200 to go I just tried to switch gears." New American Record holder Elle Purrier, expected to be one of Houlihan's challengers, scratched from the event after her 4th in the 3000.

RESULTS

1. Shelby Houlihan (Nike Bowerman TC) 4:06.41 (29.86, 62.53);

2. Colleen Quigley (Nike Bowerman TC) 4:08.30;

3. Karissa Schweizer (Nike Bowerman TC) 4:08.32 PR;
4. Shannon Osika (Nike) 4:09.32;
5. Katie Mackey (Brooks Beasts) 4:12.34;
6. Rachel Schneider (Under Armour) 4:14.87;
7. Heather MacLean (New Balance) 4:15.82;
8. Karisa Nelson (Brooks Beasts) 4:18.47;
9. Eleanor Fulton (unat) 4:18.50 PR;
10. Heather Kampf (AsicsMDE) 4:22.61;
11. Sammy George (Oiselle RDP) 4:23.88 PR.

3000: Houlihan Starts Her Double

Houlihan defied expectations, not in attempting another 3000/1500 double, but in the way she went about it. The much-feared kicker, 27, went to the front of the longer run immediately, burning a stiff pace for the thin air. "I found myself in the lead in the first lap and I didn't want to give it up," she said. She passed 800 in 2:27.55 and 1600 in 4:55.66. Training partner Schweizer stayed with her from the start. Courtney Frerichs also stayed close, with Purrier running 4th. Purrier, who runs for New Balance, was the only one of the top 6 in the first mile who wasn't wearing Nike's Bowerman TC singlet.

After the 2000 Quigley put herself behind Houlihan and Schweizer but that was the only significant place change in the final laps as Houlihan, rather than being thrashed by the stiff pace, produced a solid 29.89/62.29 kick to win her third-straight title in the event in 8:52.03. "I knew I had a lot of strength," said the winner after producing the meet's fastest time in 29 years. "I was trying to utilize that and squeeze it down."

RESULTS

1. Shelby Houlihan (Nike Bowerman TC) 8:52.03 (34.54, 37.12 [1:11.66], 37.68 [1:49.34], 38.21 [2:27.55], 37.44 [3:04.99], 37.06 [3:42.05], 37.13 [4:19.18], 36.48 [4:55.66], 35.88 [5:31.54], 35.14 [6:06.68], 34.70 [6:41.38], 34.61 [7:15.99], 33.75 [7:49.74], 32.40 [8:22.14], 29.89);
2. Karissa Schweizer (Nike Bowerman TC) 8:53.70;
3. Colleen Quigley (Nike Bowerman TC) 8:55.55;
4. Elle Purrier (New Balance) 8:56.56;
5. Courtney Frerichs (Nike Bowerman TC) 8:57.15;
6. Vanessa Fraser (Nike Bowerman TC) 9:01.66;
7. Allie Ostrander (Brooks Beasts) 9:03.55;
8. Janelle Lincks (unat) 9:15.89;
9. Rachel Schneider (Under Armour) 9:16.06;
10. Katrina Coogan (NBalB) 9:18.77.

60 Hurdles: Unheralded Cunningham Surprises

Gabriele Cunningham was the unlooked-for winner over the barriers. The 21-year-old NC State alum never made an NCAA final, indoors or out. In her first season as a pro, she came to Albuquerque with a lifetime best of 7.99. She improved that to 7.97 in the first heat, finishing inches behind Tia Jones (7.96), who had turned pro while a high school senior last year. In the second heat, Tiffani McReynolds looked smooth and quick as she won in 7.98 over Payton Chadwick.

In the final 3 hours later, Jones was ejected after a false start. Cunningham started in 6, McReynolds in 4, with an empty lane in between. Both got out well, as did Chadwick in 3, but Cunningham built the faintest of margins over the last two hurdles and hit the line first in a PR 7.92. Chadwick (7.94) and McReynolds (7.96) close behind.

FINAL

1. Gabriele Cunningham (unat) 7.92 PR;
2. Payton Chadwick (Asics) 7.94;
3. Tiffani McReynolds (unat) 7.96;
4. Cortney Jones (AzSt) 8.10;
5. Kristi Castlin (Nike) 8.12;
6. Erica Bougard (NikNYAC) 8.13;
… dnf—Jackie Howell (unat);
… fs—Tia Jones (adidas).

HEATS

I–1. Jones 7.96 PR; 2. Cunningham 7.97 PR; 3. Howell 8.17; 4. Castlin 8.19; 5. Tawnie Moore (unat) 8.21.

II–1. McReynolds 7.98; 2. Chadwick 8.04; 3. Jones 8.14; 4. Bougard 8.16; 5. Helnsarah Penda (Tows) 8.67.

3000 Walk: Stevens Gets Her First

Robyn Stevens went to the front at the gun, and after five laps the veteran walker, who had never finished higher than 3rd before at indoor nationals, started padding a margin between her and her pursuers. By the time she finished in a PR 13:12.54, the 36-year-old Stevens had more than 50m to spare in defeating defending champ Miranda Melville (13:26.37). Maria Michta-Coffey, who has won the title 9 times, finished 3rd in 13:35.56, still working her way back after having a baby last year.

RESULTS

1. Robyn Stevens (Salming) 13:12.54 PR (4:14.85, 8:44.37);
2. Miranda Melville (NYAC) 13:26.37;
3. Maria Michta-Coffey (Oiselle) 13:35.56;
4. Lauren Harris (Marist) 13:43.42 PR;
5. Katie Burnett (Harrier) 14:10.88;
6. Celina Lepe (unat) 14:47.86 PR;
7. Janelle Branch (unat) 14:56.31;
8. Kayla Shapiro (Marist) 15:00.06;
9. Chelsea Conway (Shore AC) 15:03.53;
10. Katie Miale (Marist) 15:31.35.

High Jump: Cunningham Ups Yearly U.S. Lead

Vashti Cunningham's domination of U.S. high jumping is becoming rather remarkable. With a record fifth-straight win in this meet—to go along with 3 in a row outdoors—the Nevada Gazzelles jumper now boasts a total of 8 titles. And she has only just turned 22. She joined the jumping at 6-½ (1.84) and made everything on her first attempt through 6-4 (1.93), a height that runner-up Amina Smith couldn't manage. Jumping alone, Cunningham then needed all three attempts to get over her winning 6-5½ (1.97), finishing the day with single misses at 6-7½ (2.02) and 6-8 (2.03).

RESULTS

1. Vashti Cunningham (Nike/Nevada Gazzelles) 6-5½ (1.97) (AL)
(6-½, 6-1½, 6-2¾, 6-4, 6-5½ [3], 6-7½ [x], 6-8 [x]) (1.84, 1.87, 1.90, 1.93, 1.97 [3], 2.02 [x], 2.03 [x]);
2. Amina Smith (Shore AC) 6-2¾ (1.90);
3. Tynita Butts-Townsend (Puma) 6-1½ (1.87);
4. Inika McPherson (unat) 6-½ (1.84);
5. Rachel McCoy (BufBTC) 6-½;
6. Erica Bougard (Nike/NYAC) 5-11¼ (1.81);

MIKE SCOTT



Mikiah Brisco's 7.04 win in the 60 equaled the yearly world lead.

KIRBY LEE/IMAGE OF SPORT



Shelby Houlihan finished off yet another 1500/3000 double with a win over teammate Colleen Quigley in the shorter race.

7. Nicole Greene (unat) 5-11¼;
8. tie, Zarriea Willis (unat) & Jelena Rowe (Asics) 5-9¾ (1.77);
10. tie, Liz Evans (unat) & Shelley Spires (USAF) 5-9¾;
12. Carly Paul (unat) 5-9¾ (1.77).

Pole Vault: Morris Wins Rivalry Battle

Through 15-5 (4.70), Sandi Morris, 7-time winner Jenn Suhr and Olivia Gruver all jumped perfectly, Gruver with a PR that moved the Washington senior to No. 2 on the all-time collegiate list. After that, all hit turbulence. At 15-7 (4.75), Gruver went out, while Sandi Morris needed all three. Suhr passed, and then missed her first attempt at 15-9 (4.80) after Morris cleared hers. Again Suhr passed, to 15-11 (4.85). Another clean Morris clearance, which Suhr matched. The next bar, 16-¾ (4.90) would prove to be decisive. The fierce rivals traded misses, two each, before Morris went over on her third. Suhr missed, handing Morris, 27, her third USATF Indoor title.

Said Morris, who previously won the '16 & '17 crowns, "It's always exciting to compete against Jenn. We really do push one another. We put the pressure on one another. I don't think either one of us would have jumped that high if the other person wasn't here."

RESULTS

1. Sandi Morris (Nike) 16-¾ (4.90) (x, =9 A)
(14-9, 15-1, 15-5, 15-7 [3], 15-9, 15-11, 16-¾ [3], 16-4¾ [xxx])
(4.50, 4.60, 4.70, 4.75 [3], 4.80, 4.85, 4.90 [3], 5.00 [xxx]);
2. Jenn Suhr (adidas) 15-11 (4.85)
(15-1, 15-5, 15-9 [xpp], 15-11, 16-¾ [xxx])
(4.60, 4.70, 4.80 [xpp], 4.85, 4.90 [xxx]);
3. Olivia Gruver (Wa) 15-5 (4.70) PR (9, x A; 2, 2 C; in-out: x, =5 C)
(14-3¼, 14-9, 15-1, 15-5, 15-7 [xxx])
(4.35, 4.50, 4.60, 4.70, 4.75 [xxx]);
4. Megan Clark (Oiselle NYAC) 15-1 (4.60) =PR;
5. tie, Daylis Caballero Vega (TxEx) =PR & Morgann LeLeux (unat) 14-9 (4.50);
7. Kaylee Bizzell (SFA) 14-9;
8. Tori Hoggard (ArVC) 14-9;
9. Sydney Walter (unat) 14-9 PR;
10. Kortney Ross (unat) 14-3¼ (4.35);
11. Bridget Guy (unat) 14-3¼;
12. Sophie Gutermuth (unat) 14-3¼;
13. Lauren Chorny (unat) 14-3¼;
14. tie, Lexi Jacobus & Jessie Johnson (unat) 13-9¼ (4.20).

Long Jump: Burks Hangs On

Quanesha Burks nailed her winning 22-2¼ (6.76) on the third jump of the competition, but that yearly U.S. leader didn't end the suspense. In round 2, defending champion Kate Hall launched herself to 21-10¼ (6.66) to move into 2nd. The next round, heptathlete Kendell Williams moved into 3rd with a 21-7¼ (6.58). The three remained in that order. While Burks never improved, she had to take the rest of her jumps while both Hall (21-11½/6.69 in round 4) and Williams (21-8¼/6.61 in 5) got closer. It was the first USATF win for Burks, 24, who won NCAA titles indoors and out for Alabama.

RESULTS

1. Quanesha Burks (adidas) 22-2¼ (6.76) (AL)
(22-2¼, 21-9, 21-1½, 21-2¾, 21-6¾, 21-7¼)
(6.76, 6.63, 6.44, 6.47, 6.57, 6.58);
2. Kate Hall (Asics) 21-11½ (6.69)
(21-5¼, 21-10¼, 21-4, 21-11½, 21-6¾, 21-8¾)
(6.53, 6.66, 6.50, 6.69, 6.57, 6.62);
3. Kendell Williams (Nike) 21-8¼ (6.61) PR
(f, 21-3¼, 21-7¼, 21-0, 21-8¼, 21-5¼)
(f, 6.48, 6.58, 6.40, 6.61, 6.53);
4. Sarea Alexander (unat) 21-6¾ (6.57) PR;
5. Darrielle McQueen (unat) 20-11¼ (6.38);
6. Jasmine Todd (unat) 20-8 (6.30);
7. Imani Oliver (unat) 20-7¾ (6.29) PR;
8. Kenyattia Hackworth (unat) 20-3¾ (6.19).

Triple Jump: Franklin AR Finally Beats Orji

Another clash between Keturah Orji and Tori Franklin—the only two 48-footers in U.S. history—brought out the best in both, even if at first it looked like an Orji rout. The Georgia alum, who came in with a perfect lifetime record of 12–0 against Franklin, produced a 46-9½ (14.26) in round 1 while her rival fouled. Then the 23-year-old Orji launched an American Record 47-10¾ (14.60) on her second attempt, eclipsing the 47-9 (14.55) standard she set to win last year's meet. After that, she threw caution to the winds and belted out three straight fouls.

Franklin, meanwhile, started slowly with a round 2 leap of 46-¾ (14.04). She improved in the next two rounds with bounds of 46-5¼ (14.15) and 47-5¼ (14.46). She fouled in round 5, and then on her final attempt she toppled Orji's

Franklin & Orji Own The All-Time TJ List

After their titanic clash in Albuquerque, Tori Franklin and Keturah Orji can claim all the indoor 47-foot triple jumps in U.S. history. There are a dozen of them, which each owning 6. The list (! = secondary mark in series; A = altitude-aided mark):

Distance	Athlete	Date
14.64 | 48-½(A)	Tori Franklin (Nike/New York AC)	2/14/20
14.60 | 47-10¾(A)	Keturah Orji (Atlanta TC)	2/14/20
14.57 | 47-9¾	——Franklin	2/08/19
14.55 | 47-9	——Orji	2/24/19
14.54 | 47-8½	——Orji !	2/24/19
14.53 | 47-8	——Orji (Georgia)	1/20/18
14.48 | 47-6¼	——Franklin !	2/08/19
14.46 | 47-5¼(A)	——Franklin !	2/14/20
14.45 | 47-5	——Franklin	2/24/19
14.40 | 47-3(A)	——Orji !	2/14/20
14.39 | 47-2½	——Orji	1/19/19
	——Franklin !	2/08/19

record with a 48-½ (14.64). The defending champ could only muster a 47-3 (14.40) in response.

Said Franklin, "During the warmups I fell because I jumped so high I missed my foot and I was like, 'Oh snap!' I'm running really fast and I was not ready for that. So it took me a minute during the competition to really get my rhythm back. Normally I let my emotions overtake me but I made sure to stay calm and execute and do what I know I need to do to have an amazing jump. As soon as I landed, I was like, 'That's it.'"

Orji's joy over her own record was shortlived: "I knew I already had a mark in so I wasn't worried about anything and I really went for it. And I was able to break the American Record and have a personal best. Then when you get it broke again, it doesn't feel good. It's competition. You have to respond to the competition so that's kind of how it goes."

RESULTS

1. Tori Franklin (Nike/NYAC) 48-½ (14.64) AR (old AR 47-10¾/ 14.60 Orji in series) (in-out: x, 7 A)

(f, 46-¾, 46-5¼, 47-5¼ [x, 7 A], f, 48-½) (f, 14.04, 14.15, 14.46, f, 14.64);

2. Keturah Orji (Atlanta TC) 47-10¾ (14.60) PR (46-9½ [AL], 47-10¾ AR [old AR 47-9¾/14.57 Franklin [NYAC] '19) (in-out: x, =8 A, f, f, f, 47-3 [x, 10 A]) (14.26, 14.60, f, f, f, 14.40);

3. Imani Oliver (unat) 45-3½ (13.80);

4. Lynnika Pitts (unat) 44-1½ (13.45);

5. Tiffany Flynn (unat) 44-1½ (13.45);

6. Andrea Geubelle (unat) 42-11¾ (13.10);

7. Makenzy Mizera (Lib) 41-10¾ (12.77);

8. Sammy Evans (unat) 41-3¼ (12.58).

Shot: Ealey Overcomes Slow Start

Chase Ealey didn't start out so well, finding herself in 6th after round 1, with Maggie Ewen the early leader at 59-2¾ (18.05). But then the 25-year-old Oklahoma State alum belted out a season best 61-1½ (18.63) in round 2, soaring past Ewen. In round 4, Alabama alum Haley Teel produced a lifetime best 60-4½ (18.40) to move to 2nd. That set the stage for the final round, where Ealey came up with a world-leading 62-3¾ (18.99) to successfully defend her crown. "Indoors, I wanted to do fairly good, but it wasn't something I wanted to peak in. We knew what I was capable of coming here and I did it," she said.

RESULTS

1. Chase Ealey (Nike) 62-3¾ (18.99) (WL, AL)

(55-10½, 61-1½, 59-7, f, f, 62-3¾)

(17.03, 18.63, 18.16, f, f, 18.99);

2. Haley Teel (T1D) 60-4½ (18.40); 3. Maggie Ewen (Nike) 59-2¾ (18.05); 4. Jessica Ramsey (adidas) 58-5¼ (17.81); 5. Samantha Noennig (AzSt) 58-2 (17.73);

6. Jessica Woodard (unat) 57-11 (17.65); 7. Michelle Carter (Nike/NYAC) 57-10¼ (17.63); 8. Jeneva Stevens (NYAC) 57-8½ (17.59); 9. Felisha Johnson (unat) 55-10¼ (17.02); 10. Alyssa Wilson (UCLA) 54-7½ (16.65); 11. Lauren Coleman (Towson) 53-7¾ (16.35).

Weight: Stewart Defends Easily

Any one of Janeah Stewart's four fair throws would have been good enough for the win over UCLA's Alyssa Wilson. Her round 4 effort was the best at 80-9¼ (24.62), and that was enough for the 23-year old Mississippi alum to defend her title on the tail-end of an undefeated season with the 20lb (9.07kg) implement. Collegiate leader Wilson saved her best for last, snagging the runner-up spot with a 74-9¾ (22.80) whirl that edged out Erin Reese (74-8¼/22.76).

RESULTS

1. Janeah Stewart (NYAC) 80-9¼ (24.62) (80-3½, f, 76-3½, 80-9¼, f, 78-5½) (24.47, f, 23.25, 24.62, f, 23.91);

2. Alyssa Wilson (UCLA) 74-9¾ (22.80);

3. Erin Reese (unat) 74-8¼ (22.76) PR;

4. Felisha Johnson (unat) 74-4½ (22.67);

5. Janee' Kassanavoid (unat) 73-6 (22.40);

6. Lara Boman (Vel) 73-1¾ (22.29);

7. Annette Echikunwoke (unat) 72-10¾ (22.22);

8. Michaela Dendinger (unat) 71-0 (21.64).

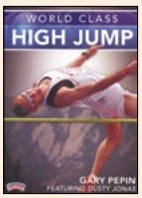
Pentathlon: Nothing But PRs For Kunz

USATF's multi-event championships were held in Annapolis the weekend before Albuquerque and Annie Kunz forged the best 5-eventer of her career in moving to No. 8 on the all-time U.S. list with a year-leading 4610. The 27-year-old Texas A&M alum PRed in every event en route to her big score (the LJ and 800 marks being just indoor lifetime bests, not absolute ones).

RESULTS

1. Annie Kunz (CVE) 4610 PR (AL) (8, x A) (8.16 PR, 5-11½/1.82 PR, 49-1½/14.97 PR, 19-6¼/5.95 PR, 2:20.17 PR);

2. Emilyn Dearman (unat) 4451 PR; 3. Shaina Burns (unat) 4375 PR; 4. Hope Bender (SBTC) 4277 PR; 5. Ashtin Mahler (née Zamzow) (SBTC) 4250; 6. Juanita Webster-Freeman (SBTC) 4150; 7. Jestena Mattson (uat) 4086; 8. Carly Paul (unat) 3860; 9. Becky Asselin (SBTC) 3828;... dnf—Kendall Gustafsson (unat). □







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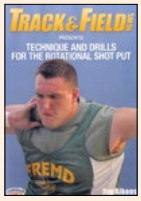
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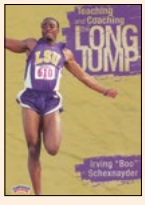
Shot Put	Scott Cappos	42 min.
Long Jump	"Boo" Schexnayder	30 min.
Triple Jump	"Boo" Schexnayder	35 min.

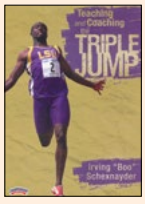
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Collegiate Digest — CRs To Oregon & Chris Nilsen



OREGON SPORTS INFORMATION

Cooper Teare's 3:55.45 anchor pulled Oregon to a Collegiate Record in the distance medley.

NOTABLE MARKS GALORE as the NCAA rushes towards its indoor climax. Topping the bill, a pair of new Collegiate Records and a world best.

Ducks Medley Their Way To 9:24.52

Oregon put together a clutch 9:24.52 to win the distance medley at the Razorback Invitational, slicing more than a second off the CR in the process. Outdoors, only 5 schools have ever run faster.

British senior James West, taking the lead over host Arkansas after three laps of the opening 1200, kicked it off with a 2:53.33. After that, it was a solo effort. Soph Jacob Miller (47.47) and Aussie junior Charlie Hunter (1:48.08) followed. By the time anchor Cooper Teare got the stick, the lead was a huge 25m, but the Ducks were 1.06 behind the CR pace set by a Leo Manzano-anchored Texas squad in '08. Teare, a junior with a mile best of 3:59.21, clicked off a stunning 3:55.45 (Manzano had finished in 3:57.96). Said West, who had turned 24 the day before, "This year I got the best birthday present ever."

Nilsen's 19-5½ Takes Record Away From Mondo

The Nebraska Tuneup was a small affair, unless you're talking about the men's pole vault. Then it was very, very big.

Chris Nilsen, the defending NCAA outdoor champ, won with a second-try clearance of 19-5½ (5.93), adding a centimeter to the CR 19-5 that Mondo Duplantis set in winning the SEC last year for LSU.

That the bar got that high at all was a surprise, given the rough morning the South Dakota senior had had. "I came in at a higher height than I usually do," he said, "because I wanted to wait out the competition as long as possible to make my stomach kinda chill." On his second attempt, Nilsen says he got lucky. "I hit it a lot. It bounced a good amount and landed back on the pegs. "It was one of those lucky ones where you hit it pretty hard with your chest as you're coming down." By the time he landed in the pit, he had moved to =4 among Americans indoors. One try at an American Record 19-9 (6.02) and he called it a day.

Mpoke Runs Fastest 600y Ever

There was a time when 600y was one of the most popular events on the indoor circuit, but with the metrication of the sport it has largely disappeared. So much so that it no longer merits true "record" status, but there's no question about who the world's fastest-ever is: Moitalel Mpoke. You can be forgiven if the name doesn't ring a bell, as the 19-year-old Kenyan ran just 51.11 in the 400H last year and was 3rd in the national JC meet. Running at the Texas Tech Shootout, the South Plains soph destroyed the field with his 1:06.93, 2nd being a far-back 1:09.11.

The old best on a legal-sized track was 1:07.53 by Mark Everett in '92. Butch Reynolds had a 1:06.87 on East Tennessee's oversized oval in '87. Said Mpoke, "I need to train harder and start preparing for nationals. I want to run fast times at the national meet in several races, and my training for those races will only increase."

Fast Times Galore In Boston

At the Hemery Valentine's Invitational, Penn senior Nia Akins produced the No. 2 time in collegiate 800 history with her 2:00.71. She needed all of it to beat France's Cynthia Anais (2:00.76) and Ce'Aira Brown (2:01.18). The quick BU track delivered other notable performances in longer distances. Northern Arizona soph Luis Grijalva won the 3000 in 7:43.73, the No. 6 collegiate time ever. Teammate Geordie Beamish in 3rd moved to No. 7 with his 7:44.67, while Lumberjack Tyler Day in 5th ran 7:45.70 to go to No. 4 ever among American collegians.

In the women's 5000, Jenny Simpson won in a world-leading 14:58.67 to become the No. 3 American ever. "The clock was like a love note from running," she said. "Back under 15 felt really good." Runner-up Dani Jones of Colorado clocked 15:17.11 to become the No. 9 collegian ever.

Harrison Back In Doubling Mode

He's the reigning NCAA outdoor champ in both the HJ and LJ and warming up for another twofer, LSU's JuVaughn Harrison did double duty at the Tyson Invitational, winning the long jump with a U.S.-leading 26-7¼ (8.11) and coming back the next day for the high jump at 7-5¾ (2.28). Teammate Abigail O'Donoghue produced a 6-2¼ (1.89) jump for an American collegiate leader on the women's side.

The sprint events, as expected, skewed towards hot, as LSU's Terrance Laird ripped 200 in a world-leading 20.43.

Cambrea Sturgis of North Carolina A&T took the 60 in 7.17 and frosh teammate Thelma Davies the 200 in 22.80. The men's 4×4 squad became the No. 8 school ever with its 3:04.12, anchored by frosh Randolph Ross in 45.08.

Kansas State's Taishia Pryce leaped 21-10 (6.65) for the collegiate lead.

More Medleying At Notre Dame

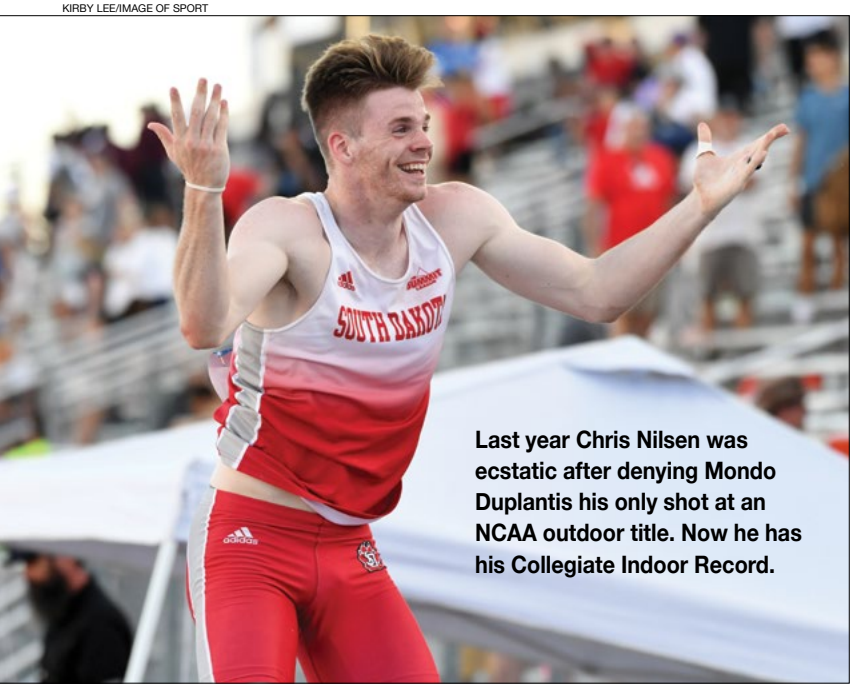
Host Notre Dame served notice at the Wilson Invitational that it has every intention of defending its NCAA distance medley title against all challengers, Duck or otherwise.

Running on their big 352y track, the Irish clocked 9:25.80, the No. 2 collegiate time ever on any track. Wisconsin led through the first leg with Jackson Sharp running a 2:56.4 to the 2:57.9 of Notre Dame's Dylan Jacobs. Colin Enz maintained the Badger lead with his 47.7, though Notre Dame's Edwards Cheatham made the race a lot closer with his 46.9. Sam Voelz produced a big 1:46.5 to overtake Wisconsin's Hudson Kugel (1:47.6) on the third leg. After Wisconsin's Oliver Hoare went back into the lead, Yared Nuguse (3:54.5) stormed down the final stretch to nip the Badgers at the line. Hoare clocked 3:54.1 as his team finished just 0.04 behind at 9:25.84, the No. 3 all-tracks collegiate time ever. □

Chris Nilsen Takes Away A Mondo Record

by Jeff Hollobaugh

KIRBY LEE/IMAGE OF SPORT



Last year Chris Nilsen was ecstatic after denying Mondo Duplantis his only shot at an NCAA outdoor title. Now he has his Collegiate Indoor Record.

Nilsen Atop A Burgeoning Collegiate All-Time List

Chris Nilsen became a member of the indoor 19-foot club last year and now is the highest undercover collegian ever. He's not alone, as 3 other youngsters—KC Lightfoot, Branson Ellis & Zach Bradford, sophs all—have also joined the club this year. The 13 members (' = not eligible for Team USA):

Mark	Athlete	Date
5.93 | 19-5½	Chris Nilsen (South Dakota)	2/21/20
5.92 | 19-5	Mondo Duplantis' (LSU)	2/22/19
5.91 | 19-4¾	Shawn Barber' (Akron)	3/13/15
5.85 | 19-2¼	Jacob Davis (Texas)	3/06/99
5.83 | 19-1½	Lawrence Johnson (Tennessee)	3/12/94
	Matt Ludwig (Akron)	1/25/19
	KC Lightfoot (Baylor)	2/14/20
5.82 | 19-1	István Bagyula' (George Mason)	2/07/92
5.80 | 19-¼	Russ Buller (LSU)	2/27/99
	Brad Walker (Washington)	3/14/03
	Jake Blankenship (Tennessee)	3/13/15
(A)	Branson Ellis (Stephen F. Austin)	2/14/20
	Zach Bradford (Kansas)	2/14/20

ON THE MORNING OF, no one would have predicted that Chris Nilsen was going to soar over 19-5½ (5.93) later that day, breaking Mondo Duplantis's indoor Collegiate Record.

Not that the South Dakota senior is lacking in talent or experience, having won 3 NCAA titles (1 indoors, 2 out), and claiming his PR of 19-6¼ (5.95) in defeating Duplantis for the collegiate outdoor crown last year.

But on the morning of February 21, the 22-year-old Missouri native wasn't doing so well. "It's kind of a funny story," he admits. "I kind of learned a life lesson the hard way that morning because I took vitamins on an empty stomach. Umm, don't do that. I ended up throwing up four times on the bus there."

With just 4 hours of sleep and a rough 3-hour ride to Lincoln, Nebraska, Nilsen stepped into the Devaney Center a few notches short of his usual sunny disposition. "And then we had to start warming up immediately because the competition was at 12:00. So the whole experience wasn't the greatest. "Later I got some food in me, like a half sandwich and a Red Bull. After that, the jumps started going kinda smoothly."

The big jump came in an indoor campaign that had already seen him put together some solid performances, including back-to-back 19-footers. "I'm not too upset about the season, but you can always hope for better and you can always hope to improve on what you've done in the past," he says. "This is the most 19-foot jumps I've had indoors ever so in a way we're improving, but I would like to be a little higher considering how competitive the United States is right now in the pole vault."

Working closely with coach Derek Miles—the '08 Olympic bronze medalist—Nilsen says his training has been remarkably consistent. "We'll usually change it up a little bit every year just so we don't get stagnant, but I think it's always going to be the same focus of, 'How can we get faster? How can we get stronger? How can we put more energy into the pole? How can we bring as much speed as we possibly can into the take-off?' Things like that.

"Those are usually the forefront of our focus. And other than that, I don't really think we've changed much. We have a lot more focus on recovery because the more you jump 19-feet the more it's going to take its toll on your body. So a lot of focus on recovery and just trying to stay healthy from meet to meet to meet, while also trying to prepare for the professional season after college too."

That pro world—where he plans to continue working with Miles—is one that Nilsen is expecting to dive into moments after he faces his final NCAA crossbar in Austin on June 10. The coach/athlete rapport is good: "We can be having a really good time at practice when the stakes aren't high and we'll be more brotherly. But if we're at a meet and we really have to do well, it's OK, foot down, we gotta go. Regardless of what the relationship has been, he's been my mentor the entire way. I respect him and I hope to be training with him afterwards. That's as simple as I can put it."

With the OT coming fast, the two have to balance NCAA goals with preparing for the big one. "I'd like to do well at the Olympic Trials and of course everybody does," he says. "But at the same time, I'm trying to keep my foot in the NCAA before I hop into the whole professional world. In a way that's difficult because I want to do well at the Olympics, but the [NCAA] is more of a stepping stone. I have to be dominant, you know, and do my work here before I can step into the other world and say, 'OK, now I'm in this group.'"

One would have to be a recluse not to know the vault world is literally hopping with great performances lately. Nilsen feels it's part of a natural progression. "As an athlete will get older," he explains, "they're just going to increase in their development and their training and they're going to get better, better, better. It's just the culmination of every athlete doing that right now at the right time. It's a year with everybody having the motivation of the Olympic Trials in less than 6 months, or the Olympic Games in 6 months, 7. It's like, 'We gotta go, we gotta get on the gas.'

"So all these vaulters have been pulling out all the stops and trying to do the best to make that team and it just happens to be that everybody's doing it at the right time."

Of course, he adds, there's the Mondo effect going on. "I don't think there's any pole vaulter out there who's just going to see Mondo break the World Record and say, 'You know what, I quit. I'm done. There's no way I can compete with that.'

"I think everybody is like, 'OK, we gotta go now.' Mondo's out here at 20 years old and jumping 6.18, taking shots at 6.19, we gotta step up our game a little bit. I don't think anybody wants to go into the Olympics saying, 'Yeah, I'm competing for silver.' I think everybody's kinda fired up by it. But it's funny to see how relaxed Mondo is about it. He's known it's been coming for a while."

Nilsen is enjoying every step of his quest to jump ever higher. "This is the dream," he says. "I don't really see it as a day in the office because at any point something negative could happen. I could undergo an injury, there could be some kind of family tragedy. I might have to give up pole vaulting for some weird reason.

"But I get to come out here every single day and not only jump 19-feet consistently, but do it with a team of USD Coyotes. I get to do that for the rest of my college career, which unfortunately is only another 4 months. Looking back at high school, if I was jumping 17-feet [c5.18] I was ecstatic. I was losing my mind about how crazy and happy that was. Now my opening height is 18-feet [c5.49]. I've come a long way, but there's still a lot of work to do to get to the level I'm trying to be at." □

Recapping The World Indoor Tour



JIRO MOCHIZUKI/IMAGE OF SPORT

Young Ukrainian star Yaroslav Makhuchikh put her name in the World Junior recordbooks 3 times.

THIS YEAR'S EDITION of the World Indoor Tour kicked off in late January in Boston, which we reported in the January edition. From there, WA's prime undercover series embarked on a 6-city European sequence which was highlighted by the recordsetting antics of Mondo Duplantis, which are covered separately. But the young Swede was by no means the only performer operating at a high level in the series. Some additional highlights of the European WIT meets:

Karlsruhe: Mahuchikh Raises Her WJR

Karlsruhe, Germany, January 31—High jump phenom Yaroslava Mahuchikh had opened her season on the highest of notes, claiming a pair of World Junior (U20) Records. The 18-year-old Ukrainian, jumping in L'viv on January 18, had first scaled 6-6¼ (1.99) to equal the mark set by American Vashti Cunningham in '16. That took Mahuchikh two tries, and the next height three, as she upped the standard to 6-7 (2.01).

In Karlsruhe she went herself one better, climbing over 6-7½ (2.02) on her first attempt. She finished her day with three misses at 6-8¼ (2.04), which would have equaled the absolute WJR she set outdoors last year. "I am very happy. I enjoyed the competition, there was a great atmosphere and I am very satisfied with 2.02m," she said. "I'm in great shape and I knew I could jump that high. The 2.04m was close on the second attempt and even though I couldn't do it today, next time I can do it."

WINNERS

Men—800: 1. Mostafa Smaili (Mor) 1:46.38 (WL). 3000: 1. Bethwel Birgen (Ken) 7:38.50 (WL). PV: 1. Renaud Lavillenie (Fra) 18-8¼ (5.70). LJ: 1. Eusebio Cáceres (Spa) 26-2¾ (7.99).

Women—60: 1. Shania Collins (US) 7.20. 400: I–1. Ayomide Folorunso (Ita) 52.56 PR. II–1. Léa Sprunger (Swi) 52.56. 1500: 1. Axumawit Embaye (Eth) 4:07.94. 3000: 1. Taye Fantu (Eth) 8:37.58 PR (WL). 60H: 1. Tobi Amusan (Ngr) 7.84 (lo-alt WL). HJ: 1. Yaroslava Mahuchikh (Ukr) 6-7½ (2.02) WJR (old WJR 6-7/2.01 Mahuchikh '20) (in-out: x, =2 WJ) (WL) (6-¾, 6-2¼, 6-4 [2], 6-5 [2], 6-6¼, 6-7½, 6-8¼ [xxx]) (1.85, 1.89, 1.93 [2], 1.96 [2], 1.99, 2.02, 2.04 [xxx]). LJ: 1. Maryna Bekh-Romanchuk (Ukr) 22-8½ (6.92) PR (WL).

Düsseldorf: 6 World Leaders

Düsseldorf, Germany, February 04—With Duplantis's joining the 6-meter club at the PSD Bank meet, just about everything else got shunted to the background, although there were world-leading performances in 5 other events. An Ingebrigtsen repeated as men's 1500 winner, as Filip—the only one of the three Norwegian brothers running this indoor season—lowered his PR to a world-leading 3:36.32. He just missed the family record of 3:36.02 set by Jakub in this meet last year.

WINNERS

Men—60: 1. CJ Ujah (GB) 6.53 =PR. 800: 1. Marc Reuther (Ger) 1:46.13. 1500: 1. Filip Ingebrigtsen (Nor) 3:36.32 PR (WL). 3000: 1. Selemon Barega (Eth) 7:35.71 PR (WL). 60H: 1. Yaqoub Al-Yoha (Kuw) 7.54 NR. PV: 1. Mondo Duplantis (Swe) 19-8¼ (6.00) NR (WL) (=6, x W). SP: 1. Filip Mihaljević (Cro) 70-7¼ (21.52) NR (WL).

Women—60: 1. Gina Bass (Gam) 7.16 PR. 400: 1. Lisanne de Witte (Hol) 52.30 PR. 1500: 1. Beatrice Chepkoech (Ken) 4:02.09 NR (WL). 60H: 1. Christina Clemons (US) 7.91. TJ: 1. Neele Eckhardt (Ger) 46-6 (14.17) PR (WL).

Toruń: Mondo, And A WJR For Hailu

Toruń, Poland, February 08—The Copernicus Cup proved to be yet another headline stealer for Duplantis, as the young Swede claimed his first World Record. But he wasn't the night's only recordsetter. The other came in the women's 1500, where Gudaf Tsegay sped to a 4:00.09 victory to move to No. 7 on the all-time list. Fellow Ethiopian Lemlem Hailu briefly challenged her but ended up short at 4:01.79. Hailu, just 18, claimed the World Junior Record, breaking the 4:01.81 Tsegay had set 4 years ago.

WINNERS

Men—60: 1. Ján Volko (Svk) 6.58. 400: 1. Youssef Karam (Kuw) 46.26 NR. 800: 1. Collins Kipruto (Ken) 1:45.86 PR. 1500: 1. Ignacio Fontes (Spa) 3:38.57 PR. 60H: 1. Andy Pozzi (GB) 7.53. PV: 1. Duplantis 20-2¾ (6.17) indoor & absolute WR (old records 20-2½/6.16i Renaud Lavillenie [Fra] '14) (18-1¼, 18-9¼, 19-5, 19-8½ NR [WL—6, x W], 20-2¾ [2]) (5.52, 5.72, 5.92, 6.01, 6.17 [2]). SP: 1. Tomáš Staněk (CzR) 71-8¾ (21.86).

Women—60: 1. Collins 7.24. 400: I–1. Justyna Święty-Ersetic (Pol) 51.37 NR (WL). 1500: 1. Gudaf Tsegay (Eth) 4:00.09 PR (WL) (6, x W); 2. Lemlem Hailu (Eth) 4:01.79 WJR (old WJR 4:01.81 Tsegay '16) (in-out: 8, x WJ). 60H: 1. Alina Talay (Blr) 7.87. LJ: 1. Bekh-Romanchuk 22-10 (6.96) PR (WL).

Glasgow: Mondo Again, Local Faves Shine

Glasgow, Scotland, February 15—Duplantis made big headlines for the second Saturday in a row, raising his own WR. On the track, all eyes were on the popular Scots pair of Laura Muir and Jemma Reekie, each of whom scored a mid-distance win. Muir was targeting the 1000m WR, but came up shy at 2:33.47, which was nonetheless the yearly world leader. The 1500 went to Reekie in 4:04.07. Comebacking Ronnie Baker won the 60 in the year's fastest low-altitude time, 6.50.

WINNERS

Men—60: 1. Ronnie Baker (US) 6.50 (=lo-alt WL, AL). 400: 1. Akeem Bloomfield (Jam) 46.20. 800: 1. Adam Kszczot (Pol) 1:46.34. 1500: 1. Birgen 3:36.22 (WL). 60H: 1. Pozzi 7.57. PV: 1. Duplantis 20-3¼ (6.18) indoor & absolute WR (old records 20-2¾/6.17i Duplantis '20).

Women—60: 1. Shelly-Ann Fraser-Pryce (Jam) 7.16. 400: 1. Jessie Knight (GB) 51.57 PR. 1000: 1. Laura Muir (GB) 2:33.47 (WL). 1500: 1. Jemma Reekie (GB) 4:04.07. 60H: 1. Alina Talay (Blr) 8.03. HJ: 1. Mahuchikh 6-4 (1.93). LJ: 1. Bekh-Romanchuk 22-7¾ (6.90).

KIRBY LEE/IMAGE OF SPORT



2-time reigning indoor and outdoor world TJ champ Yulimar Rojas can now also claim the undercover WR.

Rojas Atop The Indoor Women's Triple Jump List

With her WR and near-WR in Madrid, Yulimar Rojas has pushed the count of women's indoor triple jump performances at the 15-meter barrier to 16, by 8 performers:

Mark	Athlete	Date
15.43 | 50-7½	Yulimar Rojas (Venezuela)	2/21/20
15.36 | 50-4¾	Tatyana Lebedeva (Russia)	3/06/04
15.29 | 50-2	——Rojas !	2/21/20
15.25 | 50-½	——Lebedeva !	3/06/04
15.16 | 49-9	Ashia Hansen (Great Britain)	2/28/98
	——Lebedeva !	3/06/04
15.15 | 49-8½	——Lebedeva !	3/06/04
15.14 | 49-8¼	Olga Rypakova (Kazakstan)	3/13/10
15.08 | 49-5¾	Marija Šestak (Slovenia)	2/13/08
15.05 | 49-4½	Yargelis Savigne (Cuba)	3/08/08
15.03 | 49-3¾	Iolanda Chen (Russia)	3/11/95
	——Rojas	2/09/20
15.02 | 49-3½	——Hansen	3/07/99
15.01 | 49-3	Inna Lasovskaya (Russia)	3/08/97
	——Hansen	3/15/03
15.00 | 49-2½	——Lebedeva	2/18/01

Liévin: Dueling WR Attempts

Liévin, France, February 19—Mondo came up short, barely, in his attempt for a third straight WR. While he was setting up for his final attempt, there was exciting vault action on the other side of the infield, where Sandi Morris was going for a WR-equaling 16-6 (5.03). She too was unsuccesful, but Duplantis said, "This event is really special. Look left—a World Record attempt; look right—a World Record attempt. That's really special. I don't think sport will ever have such a situation again."

Echoed the American, "It's probably something I'll never get to experience again. I don't know that it has ever been done before where a man and a woman were making attempts on the World Record at the same time. I wish both of us had made it but I guess we'll save that for another day!"

Ronnie Baker ran the year's fastest low-altitude 60, missing his PR by just 0.04 with a 6.44, a time only 6 others have ever bettered. Tsegay (4:00.60) won another 1500, again dragging Hailu to a World Junior Record, her 4:01.57 taking 0.22 off her own mark.

WINNERS

Men—60: 1. Baker 6.44 (lo-alt WL, AL). 800: 1. Kipruto 1:46.34. 1000: 1. Pierre-Ambroise Bosse (Fra) 2:19.26. 1500: 1. Samuel Tefera (Eth) 3:35.54 (WL). 3000: 1. Getnet Wale (Eth) 7:32.80 PR (WL). 60H: 1. Pascal Martinot-Lagarde (Fra) 7.47. PV: 1. Duplantis 19-11 (6.07) (x, 12 W) (missed 20-3¾ WR/6.19 WR). TJ: 1. Hugues Fabrice Zango (B-F) 57-5½ (17.51).

Women—60: 1. Gina Bass (Gam) 7.11 PR (lo-alt WL). 800: 1. Reekie 2:00.34. 1500: 1. Tsegay 4:00.60; 2. Hailu 4:01.57 WJR (old WJR 4:01.79 Hailu '20) (in/out: 7, x WJ). 60H: 1. Nia Ali (US) 7.92. PV: 1. Sandi Morris (US) 15-10 (4.83) (missed16-6/5.03=WR). LJ: 1. Bekh-Romanchuk 22-7¾ (6.90).

Madrid: Rojas Breaks Triple Jump WR

Madrid, Spain, February 21—In early February, in Metz, France, Yulimar Rojas became member No. 8 of the indoor 15-meter club (see sidebar) with her PR 49-3¾ (15.03). So when she came to the Spanish capital for the final WIT meet of the year, the Meeting Villa de Madrid, World Record buzz was in the air. The 24-year-old Venezuelan didn't disappoint, reaching 50-7½ (15.43) to eclipse the 50-4¾ (15.36) standard set by Russia's Tatyana Lebedeva in '04.

"I'm over the moon; I can't believe I'm the World Record-holder," said the 2-time reigning world champ. "I want to get home and cry. I need to cry to release the adrenaline I have right now."

The record came on her final try of the day. She had sandwiched a second-round 48-¾ (14.65) with a pair of fouls before scaring the WR with a 50-2 (15.29) bounce in round 4. "When I managed 15.29 so easily in the fourth round, I thought the record was definitely in my legs," she said. The record jump was an absolute PR by 2cm and left her just shy of the absolute WR of 50-10¼ (15.50) set by Ukraine's Inessa Kravets in '04.

WINNERS

Men—60*: 1. Baker 6.44 (=lo-alt WL, AL). 400: 1. Samuel García (Spa) 46.39. 800*: 1. Kipruto 1:46.09. 3000*: 1. Wale 7:39.96. 60H: 1. Damian Czykier (Pol) 7.48 NR. PV*: 1. Konstadínos Filippídis (Gre) 18-4½ (5.60). LJ: 1. Juan Miguel Echevarría (Cub) 27-7¼ (8.41) (WL) (27-4 [WL], 27-3¼, p, f, p, 27-7¼) (8.33, 8.31, p, f, p, 8.41). TJ: 1. Hugues Fabrice Zango (BF) 56-9½ (17.31) (f, f, 56-1, 56-6, f, 56-9½) (f, f, 17.09, 17.22, f, 17.31. SP*: 1. Filip Mihaljević (Cro) 71-4 (21.74) NR (67-9, 70-1¾, f, 70-¼, 70-3, 71-4) (20.65, 21.38, f, 21.34, 21.41, 21.74).

Women—400*: 1. Święty-Ersetic 51.93. 1500*: 1. Tsegay 4:04.66. 60H*: 1. Clemons 7.82. TJ: 1. Yulimar Rojas (Ven) 50-7½ (15.43) WR (old WR 50-4¾/15.36 Tatyana Lebedeva [Rus] '04) (in-out: 2, 2 W) (f, 48-¾, f, 50-2 [WL—2, 2 W], f, 50-7½) (f, 14.65, f, 15.29, f, 15.43).

Overall Tour Winners

The winners of each of the 11 WIT events (6 men, 5 women) at each meet received $3000. The overall winners got $20,000 bonuses. Although it was initially presumed the overall winners would not get Wild Cards for the World Indoor Championships, postponed a year to March '21, the IAAF later announced winners did earn Nanjing qualification. The overall winners:

Men: 60—Ronnie Baker (US); 800—Collins Kipruto (Kenya); 3000—Getnet Wale (Ethiopia); PV—Mondo Duplantis (Sweden); TJ—Hugues Fabrice Zango (Burkina Faso); SP—Filip Mihaljević (Croatia).

Women: 400— Justyna Święty-Ersetic (Poland); 1500—Gudaf Tsegay (Ethiopia); 60H—Christina Clemons (US); HJ—Yaroslava Mahuchikh (Ukraine); LJ—Maryna Bekh-Romanchuk (Ukraine). □

Schweizer AR Tops Incredible Distance Times

BOSTON, MASSACHUSETTS, February 27-28—Nike's Bowerman TC went after fast times in a big way at the BU Last Chance meet, with three of its women obliterating the American 3000 record on the always-fast BU oval. And there was a Collegiate Record in the men's 1500 to boot as one was once again led to wonder how much of a role new shoe technology is playing this winter.

Following the rabbiting of Kate Grace (2:48.90 at 1K, 4:31.71 at 1600) in the 3000, Shelby Houlihan moved to the front just as Grace bowed out at 2K. Karissa Schweizer took over at the front of what was now a 3-woman race, followed by teammates Houlihan and Quigley. At the bell Houlihan kicked into the lead, but Schweizer flew past her off the final turn to claim the record at 8:25.70, breaking Shalane Flanagan's 8:33.25 from '07. The mark is also faster than Mary Slaney's outdoor 8:25.83 from '85.

Houlihan (8:26.66) and Quigley (8:28.71) also recorded jaw-dropping times. The trio now occupy three of the top four spots on the all-time U.S. absolute list. On the world indoor ATL, only four Ethiopians are ahead of Schweizer's mark.

Schweizer Instagrammed, "Couldn't have done it without my speedy teammates… Leaving Boston inspired and ready to go back to work."

That wasn't the only women's barnburner. The first evening started out with the 5000, where Konstanze Klosterhalfen blistered a German Record 14:30.79 from the front to become No. 4 in world history. She led four of the Bowerman women to big times: Vanessa Fraser became the No. 2 American ever with her 14:48.51, Emily Infeld moved to No. 3 at 14:51.91, Courtney Frerichs No. 7 at 15:02.91 and Gwen Jorgensen No. 12 at 15:10.98. Jessica Tonn (15:12.33) and Erika Kemp (15:14.76) also came in hailing distance of the Olympic standard of 15:10.00.

Lopez Lomong moved to No. 6 all-time among Americans in winning the men's 3000 in 7:37.74 over Ryan Hill (7:38.03), Evan Jager (7:38.25) and Grant Fisher (7:39.99). Matthew Centrowitz did the rabbiting, hitting 1600 in 4:05.97.

The final Day 1 event for the Bowerman crowd was the men's 1500, where Lomong and Harun Abda rabbited and helped deliver a world leader (and Olympic Q mark) to Josh Thompson with his 3:34.77. Brannon Kidder (3:36.51) and Abraham Alvarado (3:36.82) crossed next. In 4th, Oregon's James West nipped Edward Cheserek's '17 Collegiate Record of 3:37.01 with his 3:36.93.

On the second day, a solid mile saw the Oregon pair of Charlie Hunter (3:55.41 CL) and Cooper Teare (3:55.50) top Centrowitz's 3:57.93, PRs for both collegians. The second section went to Washington's Mick Stanovsek in 3:57.88.Kate Grace led the 1000 from start to finish, winning in 2:35.49 to become No. 5 among U.S. women.

Shadrack Kipchichir followed the pacers for 2K before lighting out on his own to win the men's 5000 in 13:08.25 and become he No. 7 American ever. Behind him, Britain's Marc Scott broke the European Record at 13:08.87, Edward Cheserek ran 13:09.05, with Eric Jenkins (13:10.07), Emmanuel Bor (13:12.53) and Canada's Matt Hughes (13:13.38) also making the Olympic Q. □



BU ATHLETICS

Kate Grace did the early pacework, with Karissa Schweizer (1147) coming on strong late to beat Shelby Houlihan (1143) to an AR win, with Colleen Quigley (1146) 3rd.

BU LAST CHANCE MEN'S RESULTS

Boston, Massachusetts, February 27-28 (200 banked)—

1500: I–1. Josh Thompson (NikBowTC) 3:34.77 PR (WL, AL) (2, 2 A);

2. Brannon Kidder (BrkB) 3:36.51 PR (11, x A); 3. Abraham Alvarado (AtlTC) 3:36.82 PR;

4. James West' (Or) 3:36.93 CR (old CR 3:37.01 Edward Cheserek' [Or] '17);

5. Sam Prakel (adi) 3:39.02; 6. Sam Tanner' (Wa) 3:39.49 PR (9, 10 C); 7. Nanami Arai' (Jpn) 3:39.51; 8. David Ribich (BrkB) 3:43.73.

II–1. Justyn Knight' (Can) 3:36.13; 2. Chris O'Hare' (GB) 3:36.40; 3. Isaic Yorks (BB) 3:37.81; 4. Rob Napolitano (HokaNJNY) 3:38.03; 5. Eric Avila (adi) 3:38.30; 6. Colby Alexander (HokaNJNY) 3:38.71.

Mile: I–1. Charlie Hunter' (Or) 3:55.41 PR (WL, CL) (27.71, 56.45, 1:55.57); 2. *Cooper Teare (Or) 3:55.50 PR (AL, AmCL) (5, x AmC) (28.07, 56.82, 1:56.40);

3. Matthew Centrowitz (NikBowTC) 3:57.93; 4. Kenneth Hagen (unat) 3:58.07; 5. Cole Hocker (Or) 3:58.20; 6. Woody Kincaid (NikBowTC) 3:59.23; 7. Dan Schaffer (Bing) 4:00.38; 8. Sam Ritz (Wa) 4:01.44.

II–1. Mick Stanovsek' (Wa) 3:57.88; 2. Paul Ryan (unat) 3:59.70; 3. Isaiah Harris (Nik) 4:00.10; 4. Abda Harun (NikOTC) 4:00.81; 5. Jack Yearian (Or) 4:00.85.

3000: 1. Lopez Lomong (NikBowTC) 7:37.74 PR (AL) (6, x A);

2. Ryan Hill (NikBowTC) 7:38.03;

3. Evan Jager (NikBowTC) 7:38.25 (7, x A);

4. Grant Fisher (NikBowTC) 7:39.99; 5. Travis Mahoney (HokaNJNY) 7:41.94; 6. Hyuga Endo' (Jpn) 7:49.66; 7. Sean McGorty (NikBowTC) 7:51.16; 8. Jackson Mestler (Or) 7:59.46.

5000: I–1. Shadrack Kipchirchir (Nik) 13:08.25 PR (WL, AL) (7, 7 A) (26.84, 55.69, 1:59.13, 2:32.19, 4:06.83);

2. Marc Scott' (GB) 13:08.87 NR (27.28, 56.20, 1:59.98, 4:06.26); 3. Edward Cheserek' (Ken) 13:09.05 (27.09, 56.19, 1:59.64, 4:06.79);

4. Eric Jenkins (Nik) 13:10.07 (x, 8 A) (27.85, 57.01, 2:00.80, 4:08.34);

5. Emmual Bor (Nik) 13:12.53; 6. Matt Hughes' (Can) 13:13.38; 7. Willy Fink (UA/DistTC) 13:17.15; 8. Hilary Bor (USAr) 13:21.17; 9. Andy Bayer (Nik) 13:24.67; 10. Paul Tanui (Nik) 13:25.41.

II–1. Jordan Mann (OcSt) 13:27.68; 2. Jacob Thomson (BAA) 13:28.35; 3. Alex Masai (Hof) 13:28.55; 4. Ryohei Sakaguchi' (Jpn) 13:29.61; 5. Ben Flanagan (ReebB) 13:31.07; 6. Brian Barraza (adi) 13:31.25; 7. Mason Ferlic (unat) 13:31.44.

BU WOMEN'S RESULTS

1500: I–1. Heather McClain (NBal) 4:05.29 PR (8, x A);

2. Emily Lipari (adi) 4:06.49; 3. Marta Freitas' (Por) 4:06.94; 4. Meagan Mansy (HokaNJNY) 4:09.99.

II–1. Hanna Green (NikOTC) 4:08.36; 2. Katie Mackey (BB) 4:08.69; 3. Jessica Harris (Nik) 4:08.81; 4. Amanda Eccleston (BB) 4:09.98; 5. Dana Giordano (BAA) 4:10.31.

3000: I–1. Karissa Schweizer (NikBowTC) 8:25.70 AR (old AR 8:33.25 Shalane Flanagan [Nik] '07) (in/out: 1, 1 A; superior to AR 8:25.83) (WL) (5, 8 W) (31.59, 64.80, 2:11.10, 3:19.38, 4:27.98);

2. Shelby Houlihan (NikBowTC) 8:26.66 PR (7, 10 W; 2, 2 A) (in/out: 2, 2 A) (32.54, 65.54, 2:12.05, 3:20.55, 4:29.17);

3. Colleen Quigley (NikBowTC) 8:28.71 PR (9, x W; 3, 3 A) (in/out: 4, 4 A) (32.86, 66.74, 2:13.72, 3:22.11, 4:30.73)

…rabbit—Kate Grace (NikBowTC) (5:41.87—7, 7 A).

II–1. Jessica Hull' (Aus) 8:56.61; 2. Grace Forbes (Rice) 8:56.82; 3. Amy Cashin (unat) 8:57.63; 4. Allie Schadler (Wa) 9:00.89.

5000: I–1. Konstanze Klosterhalfen' (Ger) 14:30.79 NR (WL) (4, 5 W) (31.58, 64.96, 2:13.28, 3:21.43, 4:31.26); 2. Vanessa Fraser (NikBowTC) 14:48.51 (AL) (10, x W; 2, 2 A) (in/out: 7, x A) (34.30, 68.82, 2:18.14, 4:36.13, 5:46.21);

3. Emily Infeld (NikBowTC) 14:51.91 PR (3, 3 A) (in/out: 9, x A); 4. Courtney Frerichs (NikBowTC) 15:02.91 PR (7, 9 A);

5. Gwen Jorgensen (NikBowTC) 15:10.98 PR (12, x A); 6. Jessica Tonn (unat) 15:12.33; 7. Erika Kemp (BAA) 15:14.76; 8. Allie Ostrander (BrkB) 15:19.71; 9. Marielle Hall (NikBowTC) 15:20.73; 10. Heidi See' (Aus) 15:25.59;

11. Amy-Eloise Neale' (GB) 15:32.72; 12. Paige Stoner (ReebB) 15:43.05; 13. Katrina Coogan (NBal) 15:49.40; 14. Nicole Hutchinson' (Aus) 15:52.63.

II–1. Elly Henes (unat) 15:40.45; 2. Tori Gerlach (ReebB) 15:44.13; 3. Aisling Cuffe (unat) 15:47.48; 4. Abbie

2 More Road Records In The Year Of The Shoe

GIANCARLO COLOMBO/PHOTO RUN



Unheralded Yeshaneh Ababel crushed the World Record at the RAK Half-Marathon.

SUPERSHOES CONTINUE to work their magic on the macadam, with another pair of World Records in the year's early going.

5K In 12:51 For Joshua Cheptegei

The official 5K World Record, the subject of criticism because at 13:18 it hardly represented a world class effort, was obliterated as Joshua Cheptegei blistered a 12:51 on the streets of Monaco (February 16). The 23-year-old Ugandan, who won the track 10,000 world title last fall, lowered the road 10K standard to 26:38 (since broken) in December.

He wasted no time here, hitting his first kilo in 2:31, and following up with splits of 2:35, 2:36, 2:35 and 2:32. With a track best of 12:57.41, he said, "I had sub-13 in my mind today so when my legs felt good during the race I decided to really go for it. To take this many seconds off the record makes me very happy and is a great first test for me in an important season."

Not only did his performance slice 27 seconds off the ratified best, but it is also faster than the best before the race became a record distance, 13:00. The runner-up was France's Jimmy Gressier, who set a European Record of 13:18.

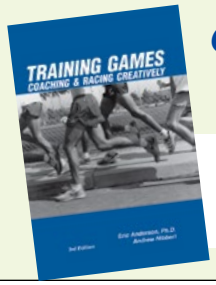
Half-Marathon In 64:31 For Yeshaneh Ababel

The women's World Record fell hard at the RAK Half-Marathon (Ra's al Khaymah, United Arab Emirates, February 21), with both Ethiopia's Yeshaneh Ababel and Kenya's Brigid Kosgei going under the old mark.

Following a male pacemaker, marathon WR holder Kosgei led for the first half of the race, hitting 5K in 15:07 in a pack of 10. By 10K (30:18), it was only Kosgei and Ababel left in contention. They hit 15K in 45:38 and a mile later, Ababel pulled away. She hit 20K in a PR 61:12 and stopped the 13.1M clock at 64:31, a World Record by 20 seconds. Kosgei faded, but her 64:49 also edged the old best of 64:51 set by Joyciline Jepkosgei in '17. In 3rd, in her debut at the distance, Rosemary Wanjiru of Kenya hit 65:34.

"I didn't imagine this result," said Ababel. "I am a World Record holder!" The 28-year-old, who was runner-up in the Chicago Marathon last fall, has been a pure roadie following a 14th in the Rio 5000.

The men's race saw Kibiwot Kandie, winner of the Kenyan cross country nationals 6 days earlier, clock a world-leading 58:58 PR to lead 5 under the hour mark. □



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Olympic Trials Marathon Men — Rupp Runs Away With It

VICTOR SAILER/PHOTO RUN



Galen Rupp's negative-split pattern found him pulling away from the field in the race's second half.

by Sean Hartnett

ATLANTA, GEORGIA, February 29—Galen Rupp successfully defended his Olympic Trials Marathon title, surging into the lead at 16M and running away from the field over the final 10K to finish in 2:09:20. Returning to form after a tumultuous year-plus, the 33-year-old Oregonian admitted, "It's incredible, I feel relief almost more than anything. It's been a really long year and a half."

Behind Rupp's runaway win, Jake Riley (2:10:02) and Abdi Abdirahman (2:10:03) captured the final two Tokyo spots, holding off the finishing rush of Leonard Korir (2:10:06). For the 31-year-old Riley this will be his first Olympics, while the 43-year-old Abdirahman will be competing in his fifth, one up on Rupp.

Starting off amid cool and windy conditions, Luke Puskedra made sure that the race got off to an honest start as he ran in front of the pack covering the opening 3M in 14:36. Brian Shrader took over from there, accompanied by Dan Nestor, and the duo soon gapped the field and built a 39-second lead as they completed the opening 8M loop in 39:32, a 2:09:34 pace.

Shrader dropped Nestor before crossing 10M in 49:07, 55 seconds clear of a massive pack of 46. The Northern Arizona alum maintained a 48-second lead over the pack at halfway (64:53) before Abdi went to the front and started to pare down the deficit.

At 15M (1:14:24) Shrader's lead was down to 23 seconds when Rupp went to the front of the chase pack and in the span of a 4:57 uphill mile into the wind, completely changed the complexion of the race as he passed the faltering leader heading into the final 10M loop.

"I was feeling good," Rupp said, "probably a little bit antsy. Talking to [coach Mike Smith] I think he really wanted me to wait and sit back until 19 or 20M. He told me to trust myself, and I felt like I just wanted to throw something in to test everybody out, to see how they respond to a little bit of an acceleration. That was really my thinking; it gives you more information for when you try to make your definitive move. I wasn't expecting to pull away from everybody, there are a lot of talented runners here and it was still early in the race."

But his testing move totally recast the race as he bolted to the front and Abdi, Korir, Augustus Maiyo and Matt McDonald went with the move—and everyone else's Olympic hopes became a bit more anxious if not desperate.

That included Stanford alum Riley, who wasn't surprised by the move, but elected to lay off the break. "It wasn't a question of if, it was a question of when somebody was going to go because we had run pretty conservatively up to that point. Talking to my coach Lee Troop beforehand, 30K would be the ideal spot to make my move, so I stuck with the plan."

With Rupp at the helm, the lead quintet built a 31-second lead over a 12-man chase pack by 19M. "I tried to relax a little bit on the downhill as there were four or five of us moving together," Rupp said. "Abdi kept telling me to keep pushing, you got to keep pushing. But I wanted to wait a little bit and then really go around 19 or 20."

Right on schedule, Rupp accelerated at 19.5M and built a 3-second lead at 20M (1:38:51) that ballooned to 17 seconds at mile 21, and 29 seconds a mile later. "I used that experience of going hard on the uphill at 15M," Rupp said. "I was able to get a little gap there and I had a lot of confidence when I went again and I got a gap."

For an athlete who usually trains alone Rupp produced his best running as he soloed the final 6M en route to a 65:41/63:39 negative-split performance on a course that proved far more runnable than expected. "At that point it is just about continuing to keep the pressure on," Rupp explained. "To keep pushing and to have confidence in all the training I've done to be able to close the race out. I tried to keep a calm mind, strong body, full heart. That was my mantra that last 6M: everybody is going through a lot of pain at that point, everybody is dealing with the hills, everybody is dealing with the wind and you got to keep fighting all the way to the end."

About the same time Rupp made his move up front, Riley ditched the chase pack that included leading contenders Jared Ward and Scott Fauble. "It was a little nerve-racking to let that big of a group get away," he said. "You have the confidence that someone is going to drop or you're going to be able to catch them." Riley, who like Rupp had surgery to repair a Haglund's Deformity in '18, moved past McDonald in the 22nd mile, and by mile 24 joined the 4-man race for 2nd.

Maiyo fell out of contention in the 25th mile, and as Riley forged ahead, uber-vet Abdi summoned all the experience of a career that has spanned three decades. "I was in Ethiopia for 12 weeks and was able to get some great training in and there you run hills every day," he said. "I knew there were a lot of rolling hills here and that is my strength. If it had been flat, I'm not sure if I would have made it." It made for a dramatic stretch run as Riley attacked 200m out to edge Abdi who just managed to hold off Korir's late charge. □

OT MARATHON MEN'S RESULTS

1. Galen Rupp (Nike) 2:09:20 (65:41/63:39);
2. Jake Riley (Boulder TC) 2:10:02 (65:41/64:21);
3. Abdi Abdirahman (Nike) 2:10:03 (65:41/64:22);
4. Leonard Korir (US Army) 2:10:06 (65:42/64:24);
5. Augustus Maiyo (US Army) 2:10:47;
6. Martin Hehir (Reebok) 2:11:29;
7. Clayton Albertson (Brooks) 2:11:49;
8. Jonas Hampton (unat) 2:12:10;
9. Colin Bennie (Reebok Boston) 2:12:14;
10. Matt McDonald (Atlanta TC) 2:12:19;
11. Tyler Pennel (OnZap) 2:12:34;
12. Scott Fauble (Hoka NAZ Elite) 2:12:39;
13. Haron Lagat (US Army) 2:13:04;
14. Brendan Gregg (Hansons-Brooks) 2:13:27;
15. Colin Mickow (unat) 2:13:45;
16. Elkanah Kibet (US Army) 2:13:52;
17. Josh Izewski (OnZap) 2:14:15;
18. Bernard Lagat (Nike) 2:14:23;
19. Scott Smith (Hoka NAZ Elite) 2:14:49;
20. Nicolas Montanez (On Mammoth TC) 2:15:02;
21. Sam Chelanga (US Army) 2:15:04;
22. Jim Walmsley (Hoka) 2:15:05
23. Ahmed Osman (Skechers) 2:15:26;
24. Enoch Nadler (unat) 2:15:30;
25. Grant Fischer (unat) 2:15:32;
26. Connor McMillan (unat) 2:15:55
27. Jared Ward (Saucony) 2:15:55;
28. Daniel Kremske (unat) 2:16:18;
29. Ian Butler (Brooks) 2:16:26;
30. Timothy Young (unat) 2:16:31;
... 38. Matthew Llano (unat) 2:17:22;
...dnf—Andrew Bumbalough (Nike Bowerman TC) (16M), Chris Derrick (Nike Bowerman TC) (21M), Stanley Kebenei (Nike) (21M), Jerrell Mock (unat) (16M), Dathan Ritzenhein (Hansons-Brooks) (22M), Brian Shrader (Saucony/Freedom TC) (16M) (64:53, Ryan Vail (unat) (13M).

Olympic Trials Marathon Women — A Surprising Trio

KEVIN MORRIS



Aliphine Tuliamuk emerged from a large lead pack for a surprise win.

by Sean Hartnett

ATLANTA, GEORGIA, February 29—After months of anticipation, the women's Olympic Trial marathon was chock-full of surprises as many of the favorites were dropped by 20M, and the unexpected trio of Aliphine Tuliamuk (2:27:23), Molly Seidel (2:27:31) and Sally Kipyego (2:28:52) ran themselves onto the Tokyo team.

The race pace and drama got off to a slow start facing the prospect of a hilly course on a windy day. After cruising the opening 2M in a paltry 11:51, the pace picked up a little by 5M in 28:54 (2:31:33 pace) with a megapack of 27 runners crammed within 2 seconds.

Not much changed as the lead clump of 21 stretched across the road as they passed 10M in 57:02 (2:29:30 pace). Halfway was reached in 1:14:38 and top-seed Jordan Hasay was lagging behind 21 seconds off the pace. "My lower back has been an issue this past week," she lamented afterwards. "It was real iffy especially on the hills and at 12M I lost the group and from there it was all about finishing," and she did, a far-back 26th in 2:37:57.

The leaders pushed on with big names Emily Sisson, Sara Hall, Laura Thweatt and Kellyn Taylor being fixtures at the front. A front-running group of 14 passed 15M in 1:25:10, and a dozen still remained in contention at 19 (1:47:31). But just when it looked like it would be a dozen-runner dash to the finish, things began to fray.

After making the U-turn at the north end of the course, Seidel went to the front to maintain the pace and that nudge in effort was enough to drop prime contenders Hall, Molly Huddle, Sisson and Stephanie Bruce. In the matter of a 5:32 uphill mile, 4 of the most formidable runners in the field were slipping out the back door, with all but Bruce soon to DNF.

Said Seidel, "Truthfully it wasn't a conscious decision to make a move. We were going back uphill after the turn out on Peachtree and I just wanted to keep running my pace."

A mile later Seidel touched up the pace again and this time Tuliamuk seconded the motion and in an instant they were running clear of the field. Seidel was surprised by the move's impact, "I just wanted to keep running my pace, focus on what I needed to do. Aliphine was with me and all of a sudden it was just like people weren't there anymore."

For Tuliamuk, it was the move that she was waiting for. "My last race was the Houston Half-Marathon in January and I remembered when Sara Hall made the move and I didn't go with it and that cost me a chance to run a fast time. So, I didn't want to put myself in that situation today so I wanted to be very alert for whoever was making the move."

Over the last 4M there was the unlikely duo of Tuliamuk and Seidel running side-by-side and pulling away from the field with every stride. Heady running for both runners, especially Seidel in her full-marathon debut.

As a runner who won NCAA titles at Notre Dame indoors, outdoors and in XC, there was never a question about Seidel's talent, but struggles with injuries and an eating disorder had curtailed her progress until this past year as she took the half-marathon qualifying route running 70:27 in December then improving to 69:35 in Houston 5 weeks before the Trials.

"There was a twinge of fear knowing you're in it now," Seidel admitted, "knowing "you have to commit to this. I felt strong, I felt good, I was starting to hurt but I knew that's what it's supposed to feel like at that point. I knew it was the time to go. If they caught me, they caught me, but if they didn't—cool."

Tuliamuk, a 30-year-old Wichita State alumm has hit her stride training with the NAZ Elite in Flagstaff under the tutelage of Ben Rosario. The 30-year-old Kenyan native gained U.S. citizenship in 2016 and ran her 2:26:50 PR last April in Rotterdam, only to be sidetracked by a stress fracture in her right femur. She managed to run 2:28:12 in New York on limited training, but hit the Olympic year healthy and ready to take her game up a notch.

"Once we broke away a little bit," she recounts, "I said, 'Molly this is our chance' and I'm so glad we were able to work together for a long time. Coming into this race Molly and I were both longshots and so it was kind of surprising but I believed in the training that I have been doing and I believed in myself." Riding that confidence, Tuliamuk pulled away in the last mile to earn an 8-second win.

The 25-year-old Seidel's effort goes down as a very memorable and well-timed debut. "This being my first one, I didn't really have a lot of pace-based goals," she admitted. "My goal was to run as hard as I could and not be afraid of what I could do, and not be afraid if I found myself up there. It's scary but sometimes you just have to not think for a while, turn your brain off and just like let your body do what it knows how to do. If my body knows how to do one thing it's how to put one foot in front of the other one for a long time."

Texas Tech alum Kipyego, running just her third 26-miler ever, managed to stick with the break long enough to pull away from the field and spent the final miles of the race trying to hold off Thweatt and Desi Linden, noting, "It was the longest 5K of my life, it was hard. I felt really good until about 22M, and then it's a marathon—and everything falls apart. With the hills it becomes even worse, if it's flat you can just basically run."

The 34-year-old Kipyego, who nabbed 10K silver medals in the '11 World Championships and the '12 Olympics for Kenya, struggled for a few years before running a PR 2:25:10 last fall in Berlin. "I really thought that Desi and Laurie were going to catch me," she said. "As slow as I was going, I realized they weren't running fast cause they would've got me. We were all dying, so it was a case of managing the dying." □

OT WOMEN'S MARATHON RESULTS

1. Aliphine Tuliamuk (Hoka NAZ Elite) 2:27:23 (74:38/72:45); 2. Molly Seidel (Saucony Freedom) 2:27:31 (74:38/72:53); 3. Sally Kipyego (Nike OTC) 2:28:52 (74:38/73:14);

4. Des Linden (Brooks) 2:29:03 (74:38/73:25); 5. Laura Thweatt (Saucony) 2:29:08 (74:38/73:30); 6. Stephanie Bruce (Hoka NAZ Elite) 2:29:11 (74:38/73:33); 7. Emma Bates (Asics Idaho DP) 2:29:35; 8. Kellyn Taylor (Hoka NAZ Elite) 2:29:55; 9. Nell Rojas (unat) 2:30:26; 10. Julia Kohnen (GoStL) 2:30:43;

11. Sarah Sellers (unat) 2:31:48; 12. Lindsay Flanagan (Asics) 2:32:05; 13. Brittany Charboneau (unat) 2:33:14; 14. Kate Landau (unat) 2:34:07; 15. Keira D'Amato (unat) 2:34:24; 16. Becky Wade (Nomad) 2:35:12; 17. Jennifer Bergman (RRP) 2:36:11; 18. Bethany Sachtleben (unat) 2:36:34; 19. Jaci Smith (USAF) 2:36:34; 20. Carrie Dimoff (Nike Bowerman TC) 2:36:41;

21. Kelsey Bruce (unat) 2:36:51; 22. Katlyn Peale (Nike Bowerman TC) 2:37:12; 23. Christina Vergara Aleshire (unat) 2:37:20; 24. Lauren Weaver (unat) 2:37:48; 25. Molly Grabill (Nomad TC) 2:37:57; 26. Jordan Hasay (Nike) 2:37:57; 27. Bria Wetsch (unat) 2:37:58; 28. Georgia Porter (unat) 2:38:07; 29. Taylor Ward (unat) 2:38:11; 30. McKale Montgomery (unat) 2:38:20;

...206. Janet Bawcom (unat) 2:49:13; ...dnf—Roberta Groner (New York AC) (15M), Sara Hall (Asics) (22M), Molly Huddle (Saucony) (21M), Allie Kieffer (unat) (7M), Maegan Krifchin (Atlanta TC) (7M), Emily Sisson (New Balance) (21M).

Zofia Dudek Is Getting Hard To Beat

by Jeff Hollobaugh

KIRBY LEE/IMAGE OF SPORT



Zofia Dudek has followed her Foot Locker win with a sequence of strong track races in Michigan.

ZOFIA DUDEK (Pioneer, Ann Arbor, Michigan) never looked back after the crack of the gun. For 1600m on an oversized track in Saginaw, she ran as a woman possessed. The rest of the field watched her go—she was on her own as she produced a 4:41.85 (worth 4:43.49 for a mile) to win by more than 20 seconds. That's how much of the winter has gone for the Foot Locker XC champion.

Six days later on another big track, she blistered 3200 in 9:56.72 (worth a list-leading 10:00.19 for 2M) to win by 28 seconds. The only time anyone has gotten close to her this winter was when she ran an 800 PR of 2:08.34 leading from wire-to-wire. She had a 1.16-second margin there.

"It's definitely more challenging for me just because I feel like I can go faster if I have competition, but I guess I'm used to it," she says. "It's all just about the mentality and trying to go through the race and just think about going faster even though there's nobody really next to me."

Dudek's emergence as one of the nation's top preps followed a unique path. Her father's work as a visiting Economics professor brought the family from Poland to Purdue when she was in the 7th grade. Without much athletic background, she started running at West Lafayette Middle School. "The first time running cross country," she admits, "was very difficult for me." By the end of the year she had clocked about 5:30 for 4 laps.

The next two years she spent back home in Poland, running with her club, Polonia Warsaw. By the time she returned to the U.S. as a soph, she had clocked 4:39.53 for 1500 and 9:55.91 for 3000. In the 10th grade, she found herself in Ann Arbor, where her father took an appointment with Michigan. She joined the powerful Pioneer team, coached by Nancy Boudreau (who as Nancy Schafer was 4th in the '68 Trials 400 and 4th again in '72 in the 800) and Ian Forsyth (who ran on Michigan's '95 NCAA-winning distance medley).

That year, with a best of 5:00.77 for 1600, Dudek finished 11th in the Michigan state meet. She returned to Poland in the summer, with the family not knowing if her father's job in Ann Arbor would be renewed. At the last minute it was, and Dudek surprised many when she raced again for Pioneer's cross country team in late September.

Though she improved to 17:55 in cross country, she only managed 18th at the Foot Locker Midwest meet. In track, though, she improved dramatically, bursting onto the national radar with a 4th-place finish in the mile at New Balance Indoors (4:44.88). Outdoors, she hit 4:41.34 to win the Brooks PR mile with a stunning 65.3 kick. Her summer season in Poland went even better, and she found herself wearing a gold medal atop the 3000 podium at the European Junior Championships. "Winning that was a huge moment for me," she says. "I guess it made me feel that all the hard work I did actually paid off." She adds, "I would not be able to do anything as good as I am without my coaches and teammates and family."

Last fall Dudek went undefeated on the prep scene, running 16:45 to outkick Pennsylvania's Marlee Starliper at Foot Locker. "Just knowing the history of Foot Locker made me think that it wasn't really a place for me to win just because of all the amazing runners who have come down through that race," she says. "I knew I was in shape that I could win it. That was my plan—well, that's what I was shooting for. To actually have it happen is another thing."

She followed up with a 5th-place in the Euro Junior race in Lisbon. "It's a little bit tiring when I have to fly to places all the time," she says, "but it also just makes it more exciting."

This winter, the Stanford signee won't meet any national-level competition until the New Balance Indoor, and there she will likely run three relays before she gets to an individual event. "I'm thinking of doing the mile," she says. "It's a lot of nerves and excitement but I think there'll be a great, great time.

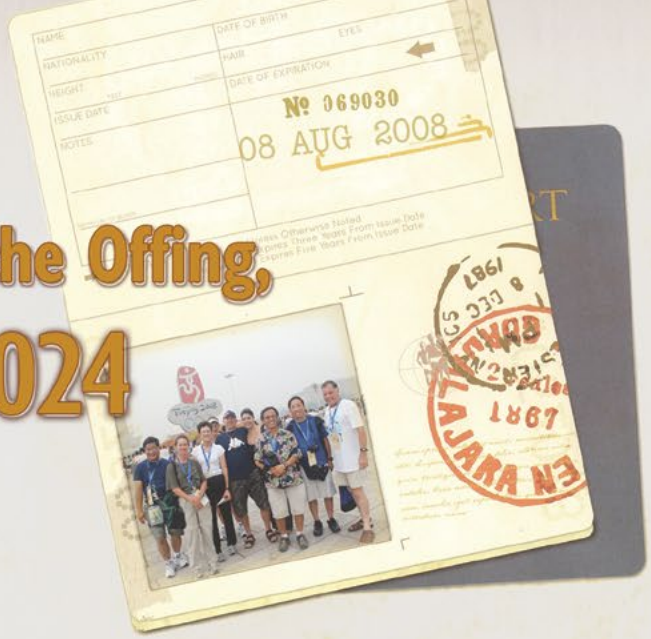
"I'm definitely very excited just to see how the rest of the season goes. My success has been helping me have more motivation for more racing. I'm definitely happy with how it's turned out so far."

Already Dudek is looking ahead to outdoors. Her primary focus will be on her final races in her high school uniform. The post-season could be a balancing act as she hopes to make the Polish team for the World Juniors in Nairobi. "That would be an amazing experience," she says. "We'll see how it goes." □

Plan Ahead

Great Track & Travel in the Offing, 2020-2024





2020

■ **The U.S. Olympic Trials**, June 19-28 at the new Hayward Field's state-of-the-art setting at the University of Oregon. This tour is sold out and a wait list has been established. A $200 refundable deposit gets your name on the wait list.

2021

■ **The U.S. Nationals/World Championship Trials.** Dates and site to be determined, but probably Eugene in late June or early July. 4-5 day tour. This is certain to be a fantastic meet as it will determine the team for the World Championships in Eugene in August. $100 deposit per person now accepted.

■ **World Track & Field Championships.** Eugene, OR, August 6-15. The first outdoor Worlds to be held in the USA. Lodging at the Village Green resort in Cottage Grove (busing included) and at motels in Eugene. Almost 300 signed up already. Current deposit requirement is $1,100 per person for this historic meet.

2022

■ **European Diamond League.** We'll select three prime Diamond League meets in Europe (it was Paris, Zurich, and Brussels, plus the Berlin ISATF meeting in 2019) and construct one of our famous peripatetic trips to European capitals. Perhaps including the Euro Champs in Munich. No details yet, but sure to be popular. $100 deposit per person required.

2023

■ **World Track & Field Championships,** Budapest, Hungary. The 19th edition of the IAAF World Championships will be held at the Hungarian capital's beautiful track stadium, August 19-27 (new dates). Budapest is a delightful travel destination, with lots to see and do. And we're sure to offer an attractive Diamond League extension before or after the Championships. $250 per person deposit now accepted.

2024

■ **U.S. Olympic Trials.** Dates and site to be determined. Probably late June. $100 deposit now accepted.

■ **2024 Games, Paris.** Dates are July 26-August 11. $100 deposit now accepted.

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10 Questions With Usain Bolt



This summer's Olympics in Tokyo will go off without history's most electric sprinter. (pictured are 4 of Bolt's 9 cover appearances, including his first and last)

by Sieg Lindstrom

IN ONE MASSIVELY INFLUENTIAL ASPECT, this Olympic season will be like no other in the last two decades. Usain Bolt has left the building. The transcendent track star in the sport's history plans to be in Tokyo but the Games will go off for the first time since Sydney '00 without the Jamaican giant spiking up.

While Bolt's Athens '04 appearance counts mostly as a prologue, he was there, placing 5th (21.05) in a 200 heat just 3 days after his 18th birthday. In Beijing 4 years later he exploded under the sport's brightest spotlight to 3 golds and 3 World Records. His winning dash marks (9.69 & 19.30) put Michael Johnson's half-lap Olympic stunner 12 years earlier in the shade. The 100 clocking ripped apart conventional wisdom that a long-levered 6-5 (1.94) tall man unwinding from the blocks would forever be at a disadvantage in the sprint's early stages.

Bolt was on his way: to 9 Olympic golds (though that first relay medallion was clawed back 9 years later by retroactive drug testing of a teammate's sample). At the World Championships of '09 in Berlin, Bolt was even better, 2 golden World Records that stand today, 9.58, 19.19, and a relay gold. Thus began a streak of 11 WC titles. He also ran a few 400s in his career, his PR 45.28 making him the best combo sprinter ever.

The style with which he achieved it all—his "to di world" pose, the exuberant clowning with which he somehow deflated suspicions the stir he was causing might be making him pompous—shot him into world sport's stratosphere. Cue the Muhammad Ali and Pelé comparisons; they're valid. Billions of planet earth's citizens could not quote Bolt's times to save their lives. But they'll never forget the thrills he delivered.

The limelight in Tokyo will have an unfamiliar glow without him—even though last fall's Worlds in Doha, the first with Bolt absent since '03, showed the sport has a way forward.

Last month's T&FN, the January edition, looked back on the just concluded 10 years of the Teens. David Rudisha earned our Men's Athlete Of The Decade honors ahead of Bolt in a split decision. We'll never forget, though, that there was a Bolt Decade, 2008–17. He owned his "Legend' 10 years as no other track man ever has in global sport, and took his lumps in his last World Championships gracefully and with good humor.

Usain Bolt is still a busy man, still a behemoth on the marketing stage in an Olympic year. He has tapped Christian Coleman as the century sprinter he expects to succeed him in Tokyo. With partner Kasi Bennett, he is expecting his first child soon. Nonetheless, he spared a few moments to answer our 10 questions. These were his thoughts.

1. Your prime years comprised a decade, 2008–2017, that didn't break the way the calendar does. Which season after 2009 are you most proud of? Why?

I think it has to be both Olympic seasons—2012 and 2016. Throughout my career the priority was always winning the major Championships. That was always my motivation. I never really chased times on the circuit and all my best races were always at championships. 2012 was good because I was injured going into it and had a race against time to get fit. 2016 was good because it was my third consecutive Olympic Games gold-medal winning streak.

2. Is there any one race you are most proud of? Why?

The race that stands out was the 2002 World Junior Champs 200m final in Kingston. I was only 15, was so nervous that I didn't want to run and put my spikes on the wrong feet. It was in front of my home crowd in Jamaica. When I came through that and won [after a World Youth Record 20.58 in the heats] I said to myself that I should never worry about a race again.

3. What are the main factors that prevented you from running faster after 2009? Any career decisions on which you'd take a different path with hindsight?

It was always injuries. I can't remember a season after 2009 where I had uninterrupted training. As there were no major global championships in 2010 and 2014, I tried to use those years as down years to save my energy. 2012 was probably the year I was in best shape post-2009. I ran 9.63 and 19.32 at the Olympics in London. I think I could have broken the 100m



Bolt Sparked The Sport Even As A Youth

A day after anxiously tying his spikes on the wrong feet at first and winning the '02 World Junior 200 title, Bolt thrilled the home crowd in Kingston contributing to silver medal 4×1 and 4×4 relay runs. A year later, he captured the World Youth 200 crown (Sherbrooke, Canada) and a week after that tore to a 20.13 World Youth (U18) Record.

"I've never seen anybody better at that age," observed T&FN High School Girls Editor Mike Kennedy, who was on hand in both Kingston and Sherbrooke. Bolt had grown 2 inches inches in the year between the two championships, yet elite U.S. sprint coach Lance Brauman, then an Arkansas assistant, told T&FN, "He's very powerful on the ground for a guy that size. Usually you see that kind of power in a guy that's 5-10 to 6 feet [1.78–1.83m]. But he gets his knees up well. He handles himself extremely well: good foot placement. He does a lot of things right that are hard to coach."

Read T&FN's first Usain Bolt feature here (https://trackandfieldnews.com/wp-content/uploads/2020/02/Usain-Bolt-09-03-feature.pdf).

After the Athens Olympics, Bolt teamed up with coach Glen Mills, his mentor for the ensuing 13 seasons. When Mills suggested his brilliant protégé might broaden focus from Bolt's beloved 200 to include the 400, Bolt negotiated a reprieve under which he'd try racing the 100 first in 2007.

We all know how that worked out: 10.03 in his debut, 9.76 in his third outing some 10 months later, his first World Record, 9.72, at the New York GP in 2008. Then on to Beijing and the history books.

World Record there but I started reaching for the line too early.

4. Did you have fun all the time keeping your pursuit of "legend" status alive for all those seasons, particularly through 3 Olympics, or did you feel slowly but increasingly pressured, bored or tired of the grind as time went by?

My aim throughout my career was to be a legend and win as many titles as I could. When I won in Beijing I wanted to repeat. When I won in London I wanted to do it for a third time in Rio. That was what motivated me. For sure I lost motivation to train towards the end of my career. If you have seen the movie I AM BOLT you would see the challenges in 2016.

5. You made it clear after London 2017 you were ready to hang up the spikes. Are there any moments where you feel even for a second you wish you were still competing? What moments?

I don't have any regrets about retiring after 2017. I definitely miss the buzz of the stadium and standing on the start line in a big final but I don't miss the training at all. Tokyo 2020 will be my first time to attend a major T&F event since I retired. It will be a different experience.

6. You tried to play [soccer] football in 2018, and per reports an impasse in salary negotiations brought that to an end. Were salary not an issue, what level of football do you feel you realistically could have reached?

I really enjoy playing football and it was a new challenge for me after I retired from T&F. I only really wanted to do it if I could play at a high level. The coaches told me that I was improving quickly but just needed time on the ball and experience in matches to get better. Unfortunately, it didn't work out but it was fun while it lasted.

7. As recently as last fall there have been reports you might consider an offer from the NFL. Might your talents be a better fit with American football than soccer football? Speed at a premium, more recovery time throughout the game, etc.

A lot of people say that, but I never really had the desire to try out for the NFL. I don't like getting hit.

8. Fitness fades without training. What kind of training, if any, do you do now? Could anything motivate you to work that hard again at your age?

I didn't do much training at all in 2019 but so far this year I have been getting back into it. I do circuit classes with my friends and some bike sessions at home. I hope to do some track sessions with coach Mills later in the spring just to get back in shape. Someone asked me to run a marathon but that is not for me.

9. If you had to guess, how long will it be before the world sees another sprinter revolutionize the 100 and 200 in similar fashion to what you did? 50 years? 100 years? Never again?

It is hard to say. I don't see anyone at the moment who can "revolutionize" the sport but you never know who will come along in the future.

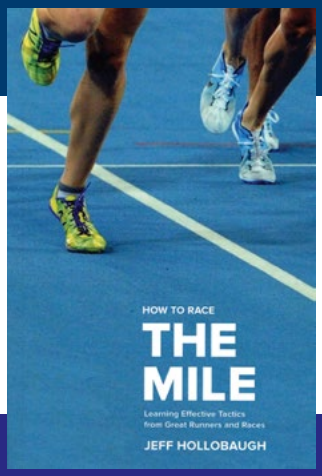
10. Final question. Any thoughts on the "super shoe" controversy? If shoes can improve marathon performance by 4%, who is to say the same can't be done with sprint spikes. That would put Christian Coleman at 9.32 in the 100 and Noah Lyles at 18.87 in the 200. How would you feel about technology disrupting the events so massively?

Let's wait and see. If it happens, it happens, but 9.32 and 18.87 in any spikes is not easy. □

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HOW TO RACE THE MILE
By JEFF HOLLOBAUGH
Learning Effective Tactics From Great Runners and Races

Prediction Department — 2020 NCAA Men's Winners

by John Auka



KIRBY LEE/IMAGE OF SPORT

Florida State's Trey Cunningham is favored in the high hurdles, indoors and out.

HERE ARE OUR CHOICES to stand at the top of the podium at the NCAA Indoor (Albuquerque, New Mexico; March 13–14) and NCAA Outdoor (Austin, Texas; June 10–13) Championships. Defending champions (1 indoor, 5 out) are noted with a #.

NCAA INDOOR MEN'S WINNERS			
Team	**Northern Arizona**		
60	Raymond Ekevwo	Sr	Florida
200	Micaiah Harris	Jr	Texas
400	Quincy Hall	Sr	South Carolina
800	Devin Dixon	Sr	Texas A&M
Mile	Oliver Hoare	Sr	Wisconsin
3000	Joe Klecker	Sr	Colorado
5000	Tyler Day	Sr	Northern Arizona
60 Hurdles	Trey Cunningham	Jr	Florida State
4 x 400	Texas A&M		
Distance Medley	Northern Arizona		
High Jump	Darryl Sullivan	Sr	Tennessee
Pole Vault	Chris Nilsen	Sr	South Dakota
Long Jump	JuVaughn Harrison	Jr	LSU
Triple Jump	Jordan Scott #	Sr	Virginia
Shot	Tripp Piperi	Jr	Texas
Weight	Gleb Dudarev	Sr	Kansas
Heptathlon	*Johannes Erm	Jr	Georgia

NCAA OUTDOOR MEN'S WINNERS			
Team	**LSU**		
100	Raymond Ekevwo	Sr	Florida
200	Micaiah Harris	Jr	Texas
400	Trevor Stewart	Sr	North Carolina A&T
800	Devin Dixon	Sr	Texas A&M
1500	Yared Nuguse #	Jr	Notre Dame
Steeple	Ryan Smeeton	Jr	Oklahoma State
5000	Edwin Kurgat	Sr	Iowa State
10,000	Connor Mantz	Jr	BYU
110 Hurdles	*Trey Cunningham	Jr	Florida State
400 Hurdles	Quincy Hall #	Sr	South Carolina
4 x 100	Texas A&M		
4 x 400	LSU		
High Jump	Tejaswin Shankar	Jr	Kansas State
Pole Vault	Chris Nilsen #	Sr	South Dakota
Long Jump	JuVaughn Harrison #	Jr	LSU
Triple Jump	Jordan Scott	Sr	Virginia
Shot	Tripp Piperi	Jr	Texas
Discus	Sam Welsh	So	Harvard
Hammer	Gleb Dudarev	Sr	Kansas
Javelin	Ahmed Magour	Jr	Georgia
Decathlon	*Johannes Erm #	Jr	Georgia

2020 NCAA Men's Top 20 Outdoor Eligibles

KIRBY LEE/IMAGE OF SPORT



Notre Dame's Yared Nuguse returns to defend a 1500 title he won by only 0.003 last year.

THIS NCAA DIVISION I-oriented compilation lists the top 20 eligible men's performers for the '20 outdoor season, in order of their PRs. Only wind-legal marks are included. The column on the right is the athlete's finish in last year's NCAA Outdoor Championships. If the athlete didn't compete in the meet (which includes the rounds held in the two Regionals), then the Indoor Champs finish ("i") is given. A slash followed by another number/letter indicates competition in a different event. Any non-Div. I collegians (Div. II/Div. III/NAIA/JC) who have marks inside the range of the top 20 are appended at the end of each event.

The top returning scorer from last year's NCAA Outdoor Championships is in bold face. Note that 5 events (100, 200, 800, 110H & JT) had the '19 champion go pro early, but 8 other winners—Yared Nuguse 1500, Quincy Hall 400H, JuVaughn Harrison HJ & LJ, Chris Nilsen PV, Chengetayi Mapaya TJ, Tripp Piperi SP, Johannes Erm decathlon—have returned.

Symbols: h = heat; qf = quarterfinal; sf = semi; fs = false start; rs = redshirt; hs = high school; int = international; jc = junior college; inj = injured; dnf = did not finish; dnc = didn't compete at Nationals/Regionals; dnq = didn't advance from Regionals field-event qualifying; (A) = altitude-aided mark (over 1000m); ' = not eligible for Team USA. Classes (outdoors): *** = frosh; ** = soph; * = juniors; all others are seniors. Marks are as of February 24.

100 METERS			
9.96	Raymond Ekevwo'	(Florida)	4qf
10.01	Joseph Amoah'	(Coppin State)	8
(A)	Samson Colebrooke'	(Purdue)	5qf
(A)	**Waseem Williams'**	**(Purdue)**	**4**
10.06	**Bryand Rincher	(Florida State)	5
10.09	Raheem Chambers'	(Miami)	5sf
(A)	**Anthony Schwartz	(Auburn)	inj
10.11(A)	***Matthew Boling	(Georgia)	hs
10.12	Maxwell Willis	(Baylor)	6h
10.16	*Emmanuel Yeboah'	(Texas A&M)	jc
10.19	TJ Brock	(TCU)	6qf
	Travis Collins	(Houston)	7sf
10.21	Cravont Charleston	(NC State)	5sf
	Karson Kowalchuk'	(Mississippi State)	6qf
10.22	**Cole Beck	(Virginia Tech)	4h
	**KeSean Carter	(Texas Tech)	inj
	*Eric Harrison	(Ohio State)	inj
	Lester Miller	(Mississippi State)	8qf
	*Marcus Parker	(Clemson)	5sf/200
10.23	Akanni Hislop'	(LSU)	6qf
	***Langston Jackson	(Kentucky)	hs
	Darrell Singleton	(South Carolina)	6h
200 METERS			
20.08	Joseph Amoah'	(Coppin State)	6
20.09	***Micaiah Harris**	**(Texas)**	**5**
20.27	Trevor Stewart	(North Carolina A&T)	2/400
20.31(A)	***Matthew Boling	(Georgia)	hs
20.33	*Marcus Parker	(Clemson)	5sf
20.37	Akeem Sirleaf'	(North Carolina A&T)	dnc-sf
20.39	*Eric Harrison	(Ohio State)	inj
	Akanni Hislop'	(LSU)	5sf
	Maxwell Willis	(Baylor)	7h
20.41	*Terrance Laird	(LSU)	jc
20.46	Samson Colebrooke'	(Purdue)	4sf
20.47	**Anthony Schwartz	(Auburn)	inj
20.49	*Kasaun James	(Florida State)	rs
20.50	**Eric Allen	(USC)	8sf
20.51	Karayme Bartley'	(Texas Tech)	5sf
	**Jo'vaughn Martin	(Sam Houston State)	7qf
20.53	*Jared Hayes	(Troy)	7h
	Jullane Walker'	(Kansas State)	dnf-qf
20.55	***Kenan Christon	(USC)	hs
(A)	***Cameron Miller	(Florida)	hs
Non-Division I:			
20.37(A)	**Courtney Lindsey	(Iowa Central)	
20.48(A)	***Kennedy Lightner	(Arkansas Baptist)	
400 METERS			
44.25	**Trevor Stewart**	**(North Carolina A&T)**	**2**
44.53	Quincy Hall	(South Carolina)	1/400H
44.55	*Dwight St. Hillaire'	(Kentucky)	4sf
44.63	**Jonathan Jones'	(Texas)	4
44.99	***Jamal Walton'	(Texas A&M)	rs
45.02	Derrick Mokaleng'	(TCU)	4sf
45.03	**Jonathan Sacoor'	(Tennessee)	5qf
45.09	**Dashawn Morris'	(Maryland)	inj
45.18	Bryce Deadmon	(Texas A&M)	6
45.19	Sean Bailey'	(UTEP)	6sf

45.20	*Zach Shinnick	(USC)	inj
45.21	Raymond Kibet'	(LSU)	7qf
45.22	Devin Dixon	(Texas A&M)	2/800
45.24	*Chantz Sawyers'	(Florida)	7
45.33	**Wayne Lawrence	(Iowa)	3sf
45.42	Akeem Sirleaf'	(North Carolina A&T)	4sf
45.43	Kunle Fasasi'	(Florida)	rs
45.44	***Randolph Ross	(North Carolina A&T)	hs
45.46	**Jacory Patterson	(Virginia Tech)	dnc-sf
45.50	*Trey Fields	(Baylor)	6sf
800 METERS			
1:44.76	**Devin Dixon**	**(Texas A&M)**	**2**
1:45.05	Festus Lagat'	(Iowa State)	3
1:46.06	Cooper Williams	(Indiana)	5
1:46.11	Isaiah Jewett	(USC)	3sf
1:46.40	Carlton Orange	(Texas A&M)	4
1:46.58	Michael Rhoads	(Air Force)	6
1:46.70	Carlos Villarreal'	(Arizona)	11sf/1500
1:46.88	Roshon Roomes	(Iowa State)	8sf
1:46.93	Matt Manternach	(Iowa)	4h
1:47.06	Daniel Nixon	(Iowa State)	inj
1:47.29	*Domenic Perretta	(Penn State)	5qf
	*Waleed Suliman	(Mississippi)	9sf/1500
1:47.43	Alex Lomong	(Ohio State)	inj
1:47.45	*George Kusche'	(Nebraska)	6sf/1500
1:47.51	**Sven Cepus'	(Texas Tech)	7h
1:47.59	*Cameron Cooper	(Ohio State)	6h
1:47.77	Anthony Hawthorne	(LaSalle)	8h
1:47.81	*Cade Bethmann	(Mississippi)	11h/1500
1:47.90	Frank Hayes	(Ohio State)	5h
1:47.95	Sean Torpy	(Miami/Ohio)	5sf
Non-Division I:			
1:45.57	Thomas Staines'	(Colorado State–Pueblo)	
1:47.07	Derek Holdsworth	(Western Oregon)	
1500 METERS			
3:35.74	James West'	(Oregon)	fs-qf
3:37.20	Oliver Hoare'	(Wisconsin)	4
3:37.22	Carlos Villarreal'	(Arizona)	11sf
3:37.88	Takieddine Hedeilli'	(Texas Tech)	int
3:38.09	Geordie Beamish'	(Northern Arizona)	10/5K
3:38.32	***Yared Nuguse**	**(Notre Dame)**	**1**
3:38.64	*Sam Worley	(Texas)	9
3:38.72	*Waleed Suliman	(Mississippi)	9sf
3:38.74	***Sam Tanner'	(Washington)	int
3:38.76	*Reed Brown	(Oregon)	12sf
3:39.33	*George Kusche'	(Nebraska)	6sf
3:39.36+	Mick Stanovsek'	(Washington)	10
3:39.52	*Luis Grijalva'	(Northern Arizona)	15/5K
3:39.72	*Amon Kemboi'	(Arkansas)	rs
3:39.78+	Kieran Tuntivate'	(Harvard)	22h/5K
3:39.84	**Theo Quax'	(Northern Arizona)	6h
3:39.94	Spencer Brown	(Georgetown)	11qf
3:40.01+	Kyle Mau	(Indiana)	/5K
3:40.06+	Ryan Adams	(Furman)	7sf
+	*Sam Ellis	(Princeton)	8h
STEEPLE			
8:27.90	***Ryan Smeeton'**	**(Oklahoma State)**	**2**
8:30.10	Aidan Tooker	(Syracuse)	inj
8:32.59	*Matt Owens	(BYU)	8
8:33.90	*Ed Trippas'	(Princeton)	11sf
8:34.50	*Alec Basten	(Minnesota)	7sf
8:36.25	Clayson Shumway	(BYU)	10
8:38.28	Kigen Chemadi'	(Middle Tennessee State)	3
8:38.29	John Rice	(Texas)	8sf
8:38.53	Nathan Mylenek	(Iowa)	9
8:38.90	Albert Kosgei'	(Louisville)	8sf
8:39.30	Jacob Heslington	(BYU)	12
8:40.36	*Noah Affolder	(Oregon)	inj
8:40.86	*Fitsum Seyoum	(Virginia Tech)	11sf
8:41.24	*Riley Osen	(Portland)	9h
8:41.27	Stephen Jones	(Mississippi State)	9sf
8:42.43	*Felix Kandie'	(Liberty)	6sf
8:42.54	Samuel Abascal'	(Eastern Kentucky)	8h
8:42.72	*Harry Ewing'	(Wyoming)	8h
8:43.23	**Alex Slenning	(Washington)	4h
8:44.36	Will Battershill'	(Harvard)	10sf
Non-Division I:			
8:44.13	Leakey Kipkosgei'	(American International)	
5000 METERS			
13:16.95	Tyler Day	(Northern Arizona)	11h
13:24.04	Edwin Kurgat'	(Iowa State)	5
13:29.73	*Conner Mantz	(BYU)	7
13:29.74	*Luis Grijalva'	(Northern Arizona)	15
13:30.39	Joe Klecker	(Colorado)	inj
13:31.50	*Morgan Beadlescomb	(Michigan State)	13
13:31.58	Geordie Beamish'	(Northern Arizona)	10
13:32.73	*Cooper Teare	(Oregon)	22
13:32.81	***Thomas Ratcliffe**	**(Stanford)**	**3**
13:33.64	Amon Kemboi'	(Arkansas)	rs
13:36.18	Robert Brandt	(UCLA)	9
13:36.62	Jackson Mestler	(Oregon)	13h
13:36.82	Kigen Chemadi'	(Middle Tennessee State)	16
13:37.74	Gilbert Boit'	(Arkansas)	6h
13:37.88	**James Sugira'	(Eastern Kentucky)	rs
13:38.48	Jacob Choge'	(Middle Tennessee)	inj
13:39.05	Jacob Heslington	(BYU)	12/st
13:39.58	Blaise Ferro	(Northern Arizona)	dnc-h/10K
13:40.11	Eric Hamer	(Colorado State)	11h
13:40.42	Tanner Anderson	(Washington)	inj
Non-Division I:			
13:29.06	***Zouhair Talbi'	(Northwest Kansas JC)	
10,000 METERS			
28:04.44	Tyler Day	(Northern Arizona)	6
28:18.18	***Conner Mantz**	**(BYU)**	**4**
28:22.76	Blaise Ferro	(Northern Arizona)	dnc-h
28:25.15	Gilbert Boit'	(Arkansas)	9
28:25.36	Iliass Aouani'	(Syracuse)	20
28:36.07	Clayson Shumway	(BYU)	10/St
28:42.13	*Emmanuel Cheboson'	(Arkansas)	20h
28:42.31	Jacob Choge'	(Middle Tennessee State)	inj
28:45.61	Kieran Tuntivate'	(Harvard)	24h
28:48.38	Robert Brandt	(UCLA)	7
28:50.22	Jack Rowe'	(Washington)	int
28:53.69	*Adriaan Wildschutt'	(Coastal Carolina)	19
28:54.33	**Tibebu Proctor	(Washington)	25h
28:54.46	*Kevin Salvano	(Notre Dame)	35h
28:55.25	**Danny Kilrea	(Notre Dame)	16h
28:55.46	Amon Kemboi'	(Arkansas)	rs

28:55.62	*Nadeel Wildschutt'	(Coastal Carolina)	13
28:55.76	Ben Eidenschink	(Wisconsin)	inj
28:56.01	*Alek Parsons	(Stanford)	22h
28:56.02	Dallin Farnsworth	(Utah State)	21
Non-Division I:			
28:02.89	***Zouhair Talbi'	(Northwest Kansas JC)	
110 HURDLES			
13.44	*Damion Thomas'	(LSU)	dnc-sf
13.47	*Trey Cunningham	(Florida State)	4qf
13.49	**Eric Edwards	(LSU)	dq
13.50	**Caleb Parker**	**(Florida State)**	**5**
13.57	**Tai Brown	(Kentucky)	3sf
	William Session	(Indiana)	inj
13.59	Raleigh Adams	(Long Beach State)	dnf-sf
13.60	Robert Dunning	(Alabama)	4sf
13.61	Mason Weh'	(Iowa State)	6qf
13.62	*LaFranz Campbell'	(Clemson)	inj
	Jaylan McConico	(Iowa)	5sf
13.63	**Cordell Tinch	(Kansas)	dnc-sf
13.64	Aaron Lewis'	(Coppin State)	dnf-qf
13.68	**Omotade Ojora'	(USC)	5qf
	*Cory Poole	(Florida)	5sf/400H
13.70	Joey Daniels'	(Princeton)	6sf
13.72	Luke Siedhoff	(Nebraska)	5sf
13.75	Braxton Canady	(Florida State)	inj
13.76	**Ayden Owens'	(Michigan)	dnf/dec
13.77	Nick Johnson	(Washington State)	5sf
Non-Division I:			
13.72	***Jaheem Hayles	(Iowa Central)	
13.73	Juan Scott	(Central Ohio)	
400 HURDLES			
48.48	**Quincy Hall**	**(South Carolina)**	**1**
48.68	*Norman Grimes	(Texas Tech)	2
49.09	*Cameron Samuel	(USC)	6
49.38	Infinite Tucker	(Texas A&M)	6sf
49.67	**James Smith	(Arizona)	5
49.71	*Cory Poole	(Florida)	5sf
49.75	Travean Caldwell	(Arkansas)	4sf
49.82	*Ned Azemia'	(Miami)	jc
49.92	Nick Hilson	(Arkansas)	5sf

KIRBY LEE/IMAGE OF SPORT



Quincy Hall of South Carolina will look to make it two 400H crowns in a row.

49.96(A)	*Kenroy Williams'	(Kentucky)	jc
49.97	Jaelen Williams	(Hampton)	6sf
50.05	Jonathan Harvey	(Oregon)	7sf
50.11	*Quivell Jordan	(Houston)	5sf
50.12	**Thomas Burns	(Texas A&M)	inj
50.13	*Jacob Smith	(Northern Iowa)	rs
50.16	*Malik Metivier'	(Auburn)	rs
50.18	Eric Fogltanz	(Iowa State)	6sf
	DeWitt Thomas	(Texas A&M)	6qf
50.24	Robert Dunning	(Alabama)	3sf
50.25	**Miles Green	(Virginia Tech)	4sf
	Denzel Villaman'	(Florida)	7sf
HIGH JUMP			
2.33 | 7-7¾	Darryl Sullivan	(Tennessee)	dnq
	**Vernon Turner	(Oklahoma)	rs
2.30 | 7-6½	*Earnie Sears	(USC)	=12
2.29 | 7-6	*Tejaswin Shankar'	(Kansas State)	2
2.28 | 7-5¾	***JuVaughn Harrison**	**(LSU)**	**1**
2.27 | 7-5¼	**Roberto Vilches'	(Missouri)	=9
2.26 | 7-5	Darius Carbin	(Georgia)	=7
	Brenton Foster'	(Virginia)	16
	Jonathan Wells	(Illinois)	inj
2.25 | 7-4½	Clayton Brown'	(Florida)	/TJ
	Eric Richards	(Southern Mississippi)	5
	Justice Summerset	(Arizona)	=12
	Jordan Wesner	(Memphis)	rs
2.24 | 7-4¼	Zack Anderson	(South Dakota)	=17
2.235 | 7-4	**Nate Patterson	(USC)	inj
2.23 | 7-3¾	Perry Christie	(Rutgers)	dnq
	**Mayson Conner	(Nebraska)	=12
	*Jyles Etienne'	(Indiana)	=17
	*Greg Lauray	(Pitt)	dnq
2.22 | 7-3¼	Daniel Armstrong	(Marquette)	dnq
	Ben Milligan	(Oregon)	rs
	Jason Smith	(Long Beach State)	rs
POLE VAULT			
5.95 | 19-6¼	**Chris Nilsen**	**(South Dakota)**	**1**
5.83 | 19-1½	**KC Lightfoot	(Baylor)	4
5.80 | 19-¼	**Zach Bradford	(Kansas)	6
(A)	**Branson Ellis	(Stephen F. Austin)	=11
	**Sondre Guttormsen'	(UCLA)	9
5.75 | 18-10¼	*Clayton Fritsch	(Sam Houston State)	3
5.70 | 18-8¼	Brandon Bray	(Texas Tech)	7
	***Zach McWhorter	(BYU)	mission
5.65 | 18-6½	Adam Coulon	(Indiana)	10
5.53 | 18-1¾(A)	Antonio Ruiz'	(Houston)	dnq
5.52 | 18-1¼	*Joel Benitez'	(Virginia Tech)	rs
	Chase Smith	(Washington)	=15
5.51 | 18-1	Ethan Bray	(South Dakota)	dnq
	**Cole Riddle	(Arizona State)	rs
5.50 | 18-½(A)	Sean Clarke	(Penn)	=13
	*Kyle Rogers	(Kansas)	dnq
(A)	Larry Still	(Utah Valley)	dnq
5.45 | 17-10½	**Riley Richards	(Baylor)	rs
5.42 | 17-9¼	*Matthew Peare	(Kentucky)	=21
5.41 | 17-9(A)	Trey Deveraux	(Weber State)	rs
	*Erick Duffy	(Harvard)	=19
	Keon Howe	(Charlotte)	rs

KIRBY LEE/IMAGE OF SPORT



LSU's JuVaughn Harrison has not one, but two national titles to defend, the HJ and the LJ.

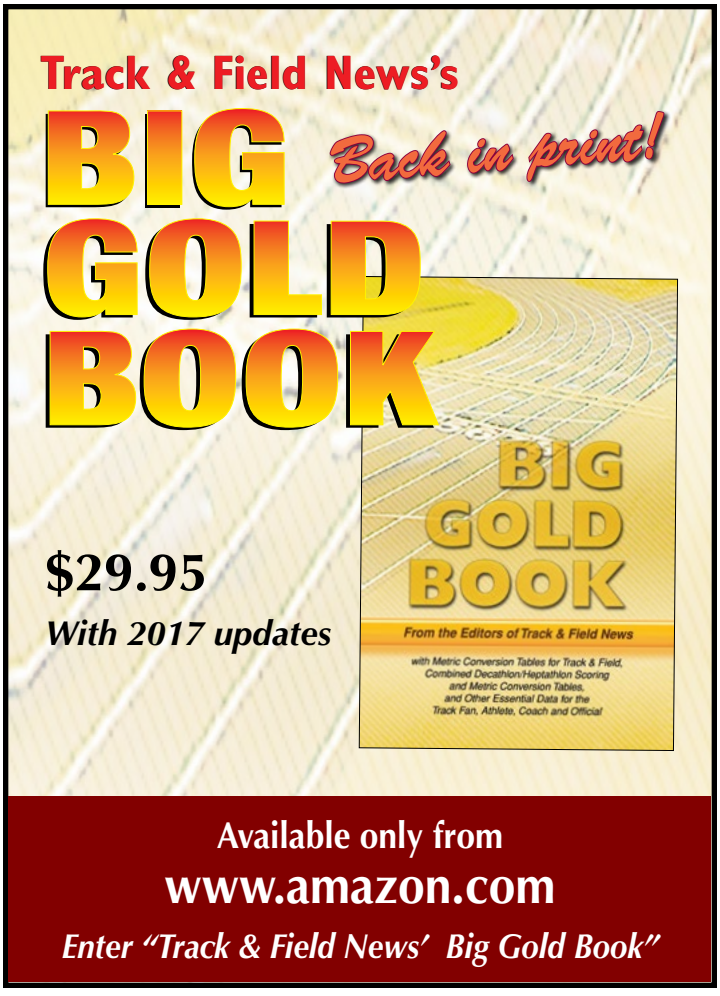
LONG JUMP			
8.25 | 27-¾	Steffin McCarter	(Texas)	10
8.20 | 26-11	***JuVaughn Harrison**	**(LSU)**	**1**
8.16 | 26-9¼	**Carey McLeod'	(Tennessee)	Div. II
8.13 | 26-8¼	*Ja'Mari Ward	(Missouri)	dnq
8.10 | 26-7	Fabian Edoki'	(Florida State)	dnq
8.09 | 26-6½	Rayvon Grey	(LSU)	21
8.05 | 26-5	Justin Hall	(Texas Tech)	4
8.02 | 26-3¾	**Jakub Andrzejczak'	(Indiana)	inj
8.01 | 26-3½	***Matthew Boling	(Georgia)	hs
8.00 | 26-3	*Isaac Grimes	(Florida State)	Div. II
7.94 | 26-¾	Laquan Nairn'	(Arkansas)	dnq
7.90 | 25-11	Isaiah Holmes	(UCLA)	dnq
7.89 | 25-10¾	*Allen Gordon	(Mississippi)	17
	Denzel Harper	(Louisiana Tech)	dnq
7.88 | 25-10¼(A)	Jason Smith	(Long Beach State)	rs
	Jonathan Wells	(Illinois)	inj
7.84 | 25-8¾	O'Brien Wasome'	(Texas)	/TJ
7.83 | 25-8¼	Jordan Scott'	(Virginia)	/TJ
7.82 | 25-8(A)	**Pjai Austin	(Arizona)	dnq
	Treyshon Malone	(Idaho State)	dnq
	**Roberto Vilches'	(Missouri)	=9/HJ
Non-Division I:			
7.92 | 26-0	**Ryan Brown'	(Lincoln)	
7.86 | 25-9½	*Dashaun Morgan	(Montevallo)	
TRIPLE JUMP			
17.13 | 56-2½	***Chengetayi Mapaya'**	**(TCU)**	**1**
17.08 | 56-½	Jordan Scott'	(Virginia)	2
16.82 | 55-2¼	O'Brien Wasome'	(Texas)	5
16.68 | 54-8¾(A)	*Isaiah Griffith	(Oregon)	jc
	**Carey McLeod	(Tennessee)	Div. II
16.58 | 54-4¾	Clayton Brown'	(Florida)	13
16.38 | 53-9	Ade' Mason'	(Texas A&M)	9
16.37 | 53-8½	**Christian Edwards	(Alabama)	rs
16.36 | 53-8¼	*R'Lazon Brumfield	(Tennessee State)	11
16.34 | 53-7½	*Ja'Mari Ward	(Missouri)	dnq/LJ
16.27 | 53-4½	**Chris Welch	(Houston Baptist)	inj
16.20 | 53-1¾(A)	*Tamar Greene'	(Purdue)	19
16.18 | 53-1	**Treyvon Ferguson	(Kansas)	10
	Malik Snead	(Connecticut)	dnq
	*Jalen Tate	(Tennessee)	dnq
16.17 | 53-¾	*Papay Glaywulu	(Oklahoma)	14
16.16 | 53-¼	Christian Miller	(LSU)	15
16.11 | 52-10¼	Laquan Nairn'	(Arkansas)	dnq
16.10 | 52-10	***Justin Forde	(Miami)	hs
	**Jequan Hogan	(Texas Tech)	inj
SHOT			
21.59 | 70-10	*Jordan Geist	(Arizona)	3
21.15 | 69-4¾	Andrew Liskowitz	(Mchigan)	8
21.11 | 69-3¼	***Tripp Piperi**	**(Texas)**	**1**
20.81 | 68-3¼	**Turner Washington	(Arizona State)	rs
20.63 | 67-8¼	*McKay Johnson	(Cal)	rs
20.50 | 67-3¼	Jonathan Tharaldsen	(Minnesota)	dnq
20.40 | 66-11¼	Willie Morrison	(Indiana)	rs
20.35 | 66-9¼	Daniel McArthur	(North Carolina)	dnq
20.33 | 66-8½	**Jordan West	(Tennessee)	rs
20.25 | 66-5¼	*Jalil Brewer	(Purdue)	dnq
20.20 | 66-3¼	**Josh Sobota	(Kentucky)	dnq
19.89 | 65-3¼	*Joseph Maxwell'	(Tennessee)	9
19.82 | 65-½	*Nate Esparza	(UCLA)	7
19.75 | 64-9¾	Matt Katnik	(USC)	6
19.71 | 64-8	*Burger Lambrechts'	(Nebraska)	14
19.69 | 64-7¼	*Jonah Wilson	(Washington)	16
19.66 | 64-6	*Cooper Campbell	(Oklahoma)	dnq
19.61 | 64-4	*Connor Bandel	(Florida)	11
19.60 | 64-3¾	**Otito Ogbonnia	(UCLA)	10
19.59 | 64-3¼	Charles Lenford	(Kentucky)	dnq
19.58 | 64-3	*Darius King	(Northern Iowa)	23
DISCUS			
61.43 | 201-6	David Lucas	(Penn State)	rs
61.36 | 201-4	**Roje Stona'	(Clemson)	13
61.22 | 200-10	*Jerimiah Evans	(Michigan State)	9
60.65 | 198-11	**Elijah Mason	(Washington)	7
59.84 | 196-4	*George Evans'	(Kansas)	dnq
59.61 | 195-7	****Sam Welsh**	**(Harvard)**	**6**
59.15 | 194-0	*John Kolb	(Louisville)	rs
59.07 | 193-9	*Iffy Joyner	(Cal)	18

KIRBY LEE/IMAGE OF SPORT



Tripp Piperi looks to have homefield advantage in Austin when he defends his shot crown.

58.76 | 192-9	Charlie Vernoy	(Long Beach State)	dnq
58.64 | 192-5	**Jamir Gibson	(Army)	dnq
58.58 | 192-2	Charles Lenford	(Kentucky)	15
58.55 | 192-1	*Ryan Camp	(TCU)	rs
58.23 | 191-0	Kino Dunkley'	(South Dakota)	dnq
58.15 | 190-9	Terrell Adams	(Charlotte)	dnq
57.69 | 189-3	**Adar Sheere'	(Memphis)	22
57.56 | 188-10	*Jordan Geist	(Arizona)	dnq
57.43 | 188-5	*Burger Lambrechts'	(Nebraska)	dnq
57.42 | 188-5	Grant Voeks	(Clemson)	21
57.28 | 187-11	Michael Renard	(Army)	14
57.18 | 187-7	*Kevin Nedrick'	(Minnesota)	jc
Non-Division I:			
61.00 | 200-1	Josh Boateng'	(Texas A&M–Commerce)	
HAMMER			
78.29 | 256-10	**Gleb Dudarev'**	**(Kansas)**	**2**
73.24 | 240-3	*Jake Norris'	(LSU)	dnq
73.10 | 239-10	*Thomas Mardal'	(Florida)	4
71.07 | 233-2	*Kevin Arreaga'	(Miami)	10
70.21 | 230-4	**Alencar Pereira'	(Nebraska)	jc
69.09 | 226-8	**Bobby Colantonio	(Alabama)	16
68.70 | 225-5	*Georgios Korakidis'	(Tennessee)	13
68.01 | 223-1	*Kieran McKeag	(Minnesota)	14
	*Aléxios Prodanás'	(Virginia Tech)	19
67.66 | 222-0	Joshua Hernandez	(Sam Houston State)	dnq
67.40 | 221-1	*Jordan Geist	(Arizona)	3/SP
67.01 | 219-10	*Jon Nerdal'	(Minnesota)	dnq
66.59 | 218-5	Ryan Davis	(East Carolina)	rs
66.53 | 218-3	Nathan Bultman	(USC)	18
66.34 | 217-8	*Alex Talley	(North Dakota State)	22
66.30 | 217-6	Logan Kusky	(Notre Dame)	dnq
66.27 | 217-5	**Bayley Campbell'	(Oklahoma)	dnq
66.26 | 217-5	**Austin Glynn	(Wisconsin)	dnq
65.59 | 215-2	Karol Končoš'	(UTEP)	dnq
65.43 | 214-8	Logan Targgart	(Central Michigan)	dnq
Non-Division I:			
70.42 | 231-0	**Decio Andrade'	(Angelo State)	
70.21 | 230-4	**Alencar Pereira'	(Barton County)	
65.91 | 216-3	Alex Hill	(Ashland)	
65.76 | 215-9	***Fabio Hessling'	(Barton County)	
JAVELIN			
85.23 | 279-7	*Ahmed Magour'	(Georgia)	rs
80.91 | 265-5	Sindri Gudmundsson'	(Utah State)	4
78.78 | 258-5	**Tyriq Horsford'**	**(Mississippi State)**	**3**
78.73 | 258-3	Simon Litzell'	(UCLA)	22
77.15 | 253-1	**Marc Minichello	(Penn)	17
76.95 | 252-5	***Tzuriel Pedigo	(LSU)	rs
76.48 | 250-11	Nils Fischer'	(Auburn7)	Div. II
76.04 | 249-6	**Ethan Dabbs	(Virginia)	7
75.91 | 249-0	Werner Bouwer'	(Texas Tech)	12
74.78 | 245-4	**Liam Christensen	(Stanford)	dnq
74.26 | 243-8	**Taran Taylor	(Wichita State)	rs
73.89 | 242-5	Jonno Engelking'	(Southeast Missouri)	inj
73.02 | 239-7	Michael Biddle	(Penn State)	dnq
72.75 | 238-8	*Mark Porter	(Penn State)	13
72.45 | 237-8	*August Cook	(Army)	19
72.37 | 237-5	*Cade Antonucci	(Auburn)	21
72.09 | 236-6	**Nick Mirabelli	(Texas A&M)	dnq
71.57 | 234-9	Jesse Newman	(Grand Canyon)	dnq
71.56 | 234-9	*Najair Jackson'	(Mississippi Valley State)	Div. II
70.97 | 232-10	Kiegan Lenihan	(Duke)	dnq
Non-Division I:			
74.25 | 243-7	*Ricko Meckes'	(Queens)	
70.99 | 232-11	Jalon Simpson	(Olivet Nazarene)	
DECATHLON			
8445	**Johannes Erm'**	**(Georgia)**	**1**
8130	**Ayden Owens'	(Michigan)	dnf
8101	**Karel Tilga'	(Georgia)	dnq
7964	**Max Vollmer'	(Oregon)	5
7876	TJ Lawson	(Kent State)	dnf
7827	Aaron Booth'	(Kansas State)	6
7722	*Markus Ballengee	(Arkansas)	rs
7722	Nathaniel Mechler'	(Houston)	rs
7717	Nick Guerrant	(Michigan State)	inj
7693	Julien Olivas'	(Texas State)	int
7596	*Denim Rogers	(Houston Baptist)	7
7584	***Edgaras Benkunskas'	(Kansas State)	int
7451	**Isaiah Martin	(Purdue)	10
7427	Will Daniels	(Iowa)	Div. III
7413	Tyler Brendel	(Arkansas)	inj
7411	**Noah Swaby	(Penn State)	dnf
7405	Paris Williams	(Kennesaw State)	dnf
7395	**Gary Haasbroek'	(UTSA)	dnf
7394	Brian Matthews	(BYU)	11
7355	Wade Walder	(Butler)	15
Non-Division I:			
7426	**Aléxandros Spyridonídis'	(Angelo State)	



Prediction Department — 2020 NCAA Women's Winners

by Jack Pfeifer



KIRBY LEE/IMAGE OF SPORT

USC's Angie Annelus is favored to win a third straight NCAA 200 title outdoors.

HERE ARE OUR PICKS to stand at the stop of the podium at the NCAA Indoor (Albuquerque, New Mexico; March 13–14) and NCAA Outdoor (Austin, Texas; June 10–13) Championships. Defending champions (1 indoors, 5 outdoors) are noted with a #.

NCAA INDOOR WOMEN'S WINNERS			
Team	**LSU**		
60	Julien Alfred	So	(Texas)
200	Anavia Battle	Jr	(Ohio State)
400	Alexis Holmes	So	(Kentucky)
800	Nia Akins	Sr	(Penn)
Mile	Dani Jones	Sr	(Colorado)
3000	Whittni Orton	Sr	(BYU)
5000	Weini Kelati	Jr	(New Mexico)
60 Hurdles	Tonea Marshall	Sr	(LSU)
4 x 400	Kentucky		
Distance Medley	BYU		
High Jump	Abigail O'Donoghue	Jr	(LSU)
Pole Vault	Olivia Gruver	Sr	(Washington)
Long Jump	Taishia Pryce	Sr	(Kansas State)
Triple Jump	Jasmine Moore	Fr	(Georgia)
Shot	Samantha Noennig #	Jr	(Arizona State)
Weight	Alyssa Wilson	Jr	(UCLA)
Pentathlon	Lauren Taubert	Sr	(Kansas State)

NCAA OUTDOOR WOMEN'S WINNERS			
Team	**USC**		
100	Twanisha Terry	Jr	(USC)
200	Angie Annelus #	Sr	(USC)
400	Kethlin Campbell	Jr	(Arkansas))
800	Carley Thomas	Fr	(Washington)
1500	Dani Jones	Sr	(Colorado)
Steeple	Erica Birk	Sr	(BYU)
5000	Taylor Werner	Jr	(Arkansas)
10,000	Weini Kelati #	Jr	(New Mexico)
100 Hurdles	Chanel Brissett	Jr	(USC)
400 Hurdles	Britton Wilson	Fr	(Tennessee)
4 x 100	USC #		
4 x 400	Kentucky		
High Jump	Ellen Ekholm	Sr	(Tennessee)
Pole Vault	Lisa Gunnarsson	Jr	(LSU)
Long Jump	Jasmyn Steels	Sr	(Northwestern Louisiana)
Triple Jump	Jasmine Moore	Fr	(Georgia)
Shot	Samantha Noennig #	Jr	(Arizona State)
Discus	Lagi Tausaga #	Sr	(Iowa)
Hammer	Beatrice Llano	Jr	(Arizona State)
Javelin	Kylee Carter	Sr	(Auburn)
Heptathlon	Tyra Gittens	Jr	(Texas A&M)

2020 NCAA Women's Top 20 Outdoor Eligibles

KIRBY LEE/IMAGE OF SPORT



Colorado's Dani Jones is back to defend her 5000 title. She's also the fastest on the 1500 list.

THIS NCAA DIVISION I-oriented compilation lists the top 20 eligible women's performers for the '20 outdoor season, in order of their PRs. Only wind-legal marks are included. The column on the right is the athlete's finish in last year's NCAA Outdoor Championships. If the athlete didn't compete in the meet (which includes the rounds held in the two Regionals), then the Indoor Champs finish ("i") is given. A slash followed by another number/letter indicates competition in a different event. Any non-Div. I collegians (Div. II/Div. III/NAIA/JC) who have marks inside the range of the top 20 are appended at the end of each event.

The top returning scorer from last year's NCAA Outdoor Championships is in bold face. Note that 5 events (100, 400, 1500, steeple, 100H) had the '19 champion go pro early, but 7 other winners—Angie Annelus 200, Dani Jones 5000, Weini Kelati 10,000, Anna Cockrell 400H, Samantha Noennig SP, Lagi Tausaga DT, Camryn Rogers HT—have returned.

Symbols: h = heat; qf = quarterfinal; sf = semi; fs = false start; rs = redshirt; hs = high school; int = international; jc = junior college; inj = injured; dnf = did not finish; dnc = didn't compete at Nationals/Regionals; dnq = didn't advance from Regionals field event qualifying; (A) = altitude-aided mark (over 1000m); ' = not eligible for Team USA. Classes (outdoors): *** = frosh; ** = soph; * = juniors; all others are seniors. Marks are as of February 24.

100 METERS			
10.98	***Twanisha Terry**	**(USC)**	**3**
11.02	*Tamara Clark	(Alabama)	7sf
11.04	*Jada Baylark	(Arkansas)	rs
	*Kiara Grant'	(Norfolk State)	6
11.06	Angie Annelus	(USC)	7
11.11	*Ka'Tia Seymour	(Florida State)	8
11.13	Taylor Bennett	(Houston)	rs
11.16	*Celera Barnes	(Kentucky)	5sf
	**Lanae-Tava Thomas	(USC)	3sf
11.17	**Cambrea Sturgis	(North Carolina A&T)	5sf
11.19	**Brandee Presley	(Mississippi)	3sf
11.20	Brianne Bethel'	(Houston)	rs
	Charminique Hackney	(Alabama State)	6h
	*Jayla Kirkland	(Florida State)	4sf
11.21	Cassondra Hall	(UNLV)	4h
11.22	Rebekah Smith	(Clemson)	6sf
11.23	Brianna Duncan	(Oregon)	8sf
	*Jasmin Reed	(Oregon)	inj
11.24	***Semira Killebrew	(Florida)	hs
	*Symone Mason	(LSU)	inj
Non-Division I:			
11.20	Rene Medley'	(Lincoln)	
200 METERS			
22.16	**Angie Annelus**	**(USC)**	**1**
22.40	**Cambrea Sturgis	(North Carolina A&T)	3
22.51	**Lauren Rain Williams	(USC)	rs
22.53	*Tamara Clark	(Alabama)	3sf
	Makenzie Dunmore	(Oregon)	inj
22.54	*Anavia Battle	(Ohio State)	4sf
22.55	*Ka'Tia Seymour	(Florida State)	dns
22.59	**Abby Steiner	(Kentucky)	4sf
22.65	**Lanae-Tava Thomas	(USC)	6
22.62	*Edidiong Odiong'	(Florida State)	6qf
22.71	Taylor Bennett	(Houston)	rs
	**Kynnedy Flannel	(Texas)	5sf
22.74	*Brianne Bethel'	(Houston)	rs
	*Twanisha Terry	(USC)	6sf
22.79	Danyel White	(Oregon)	dnf-qf
22.80	***Thelma Davies	(LSU)	hs
22.84	Jaevin Reed	(Texas A&M)	/400
22.89(A)	***Arria Minor	(Georgia)	hs
22.90	**Julien Alfred'	(Texas)	inj
	*Kethlin Campbell	(Arkansas)	/400
	*Jasmin Reed	(Oregon)	inj
400 METERS			
50.63	Makenzie Dunmore	(Oregon)	inj
50.98	**Chloe Abbott**	**(Kentucky)**	**2**
51.03	*Kethlin Campbell	(Arkansas)	4
51.13	Aliyah Abrams'	(South Carolina)	5
51.17	*Syaira Richardson	(Texas A&M)	7
51.21	**Alexis Holmes	(Kentucky)	inj
51.22	***Yinka Ajayi'	(Drake)	int
	Kyra Constantine'	(USC)	6
51.25	*Kaelin Roberts	(USC)	dns-qf
51.35	Takyera Roberson	(Alabama)	5qf
51.51	Aaliyah Birmingham	(Oklahoma State)	8sf
51.52	Jaevin Reed	(Texas A&M)	7qf

51.53	*Symone Mason	(LSU)	inj
51.57(A)	***Jan'Taijah Ford	(USC)	hs
51.60	Hannah Waller	(Oregon)	8
51.66	Brittny Ellis	(Miami)	6sf
51.73	Natassha McDonald'	(Alabama)	4sf
51.74	*Taylor Manson	(Florida)	6sf
51.91	Serenity Douglas	(Texas)	5sf
51.92(A)	***Arria Minor	(Georgia)	hs
800 METERS			
2:00.71	**Nia Akins**	**(Penn)**	**2**
2:00.85	**Caitlin Collier	(Stanford)	inj
2:00.99	*Sage Hurta	(Colorado)	rs
2:01.01	***Carley Thomas'	(Washington)	int
2:01.14	*Avi'Tal Wilson-Perteete	(UNLV)	3
2:02.26	Susan Ejore'	(Oregon)	4
2:02.41	*Aaliyah Miller	(Baylor)	8sf
2:02.49	*Lauren Ellsworth	(BYU)	4sf
2:02.53	Danae Rivers	(Penn State)	4sf
2:02.65	*Kristie Schoffield	(Boise State)	6
2:03.01	*Ruby Stauber	(Vanderbilt)	inj
2:03.02	Amber Tanner	(Georgia)	7sf
2:03.04	*Kayla Johnson	(Miami)	7sf
2:03.13	Martha Bissah'	(Norfolk State)	4sf
2:03.20	**Katy-Ann McDonald'	(LSU)	8qf
2:03.59	*Kamryn McIntosh	(Clemson)	4h
2:03.65	Anna Camp	(BYU)	8
2:03.72	*Laurie Barton	(Clemson)	rs
2:03.89	Kelsey Harris	(Indiana)	6sf
2:03.96	Elissa Mann	(USF)	6qf
	Samantha Huerta	(Cal State Fullerton)	5sf
1500 METERS			
4:07.28	Dani Jones	(Colorado)	1/5K
4:08.71	*Christina Aragon	(Stanford)	rs
4:09.08	Katie Rainsberger	(Washington)	8qf
4:09.37	*Sage Hurta	(Colorado)	rs
4:09.51+	Danae Rivers	(Penn State)	4sf/800
4:09.78+	Whittni Orton	(BYU)	8
4:11.06	*Jessica Lawson	(Stanford)	10
4:11.19	Lilli Burdon'	(Washington)	rs
4:11.70	*Ella Donaghu	(Stanford)	6
4:12.46	Dillon McClintock	(Michigan State)	5
4:12.71+	**Lauren Gregory	(Arkansas)	dnf-h/5K
4:13.02	***Lotte Black**	**(Rhode Island)**	**4**
4:13.13+	*Julia Heymach	(Stanford)	6h
4:13.27	Carina Viljoen'	(Arkansas)	10sf
4:13.53	Sarah Feeny	(Utah)	7qf
4:13.57	Erica Birk	(BYU)	5/St
4:14.05	***Katrina Robinson'	(Arkansas)	rs
4:14.25+	Petronela Simiuc'	(Toledo)	12h
4:14.30+	Kathryn Gillespie'	(Texas)	inj
4:14.34+	Susan Ejore'	(Oregon)	4/800
STEEPLE			
9:29.74	*Adva Cohen'	(New Mexico)	4
9:42.01	**Charlotte Prouse'**	**(New Mexico)**	**2**
9:42.54	Erica Birk	(BYU)	5
9:46.08	*Hannah Steelman	(Wofford)	3
9:46.48	*Madie Boreman	(Colorado)	rs
9:47.84	Gabrielle Jennings	(Furman)	9
9:48.35	Devin Clark	(Arkansas)	7
9:51.60	*Alissa Niggemann	(Wisconsin)	11
9:52.48	*Joyce Kimeli'	(Auburn)	7sf
9:52.71	*Kristlin Gear	(Arkansas)	8sf
9:52.89	Sarah Edwards	(Virginia Tech)	7sf/1500
9:53.92	Rebekah Topham	(Wichita State)	8
9:57.04	*Alice Hill	(Michigan)	9h
9:57.28	*Sage Hurta	(Colorado)	rs
9:57.70	*Aneta Konieczek'	(Oregon)	rs
9:59.67	***Montanna McAvoy'	(Oklahoma State)	int
9:59.82	*Lisa Vogelgesang'	(Mississippi)	8sf
10:00.25	Amanda Gehrich	(Oregon)	6h
10:01.95	**Grace Fetherstonhaugh'	(Oregon State)	5h
10:04.84	Emma Gee	(BYU)	7h
Non-Division I:			
9:51.72	Eilish Flanagan'	(Adams State)	
9:56.80	Leah Hanle'	(Mount Olive)	
5000 METERS			
15:11.19	*Taylor Werner	(Arkansas)	2
15:13.09	Katie Izzo	(Arkansas)	10h
15:14.71	*Weini Kelati'	(New Mexico)	5
15:17.11	**Dani Jones**	**(Colorado)**	**1**
15:22.98	Whittni Orton	(BYU)	8/1500
15:25.33	*Bethany Hasz	(Minnesota)	10
15:25.35	*Dorcas Wasike'	(Louisville)	inj
15:25.41	Carmela Cardama Baez'	(Oregon)	7h
15:26.01	Charlotte Prouse'	(New Mexico)	15
15:26.22	Makena Morley	(Colorado)	6
15:29.83	Anna Rohrer	(Notre Dame)	6/10K
15:31.26	Alicia Monson	(Wisconsin)	inj
15:31.01	*Adva Cohen'	(New Mexico)	dnf
15:31.45	Fiona O'Keeffe	(Stanford)	7
15:31.97	*Elly Henes	(North Carolina State)	rs
15:32.38	Aubrey Roberts	(Northwestern)	8h
15:34.44	Lilli Burdon'	(Washington)	rs
15:34.76	Jessica Pascoe'	(Florida)	9
15:37.35	**Mercy Chelangat'	(Alabama)	inj
15:37.82	*Joyce Kimeli'	(Auburn)	21
10,000 METERS			
31:58.99	Anna Rohrer	(Notre Dame)	6
32:09.10	***Weini Kelati'**	**(New Mexico)**	**1**
32:11.81	*Dorcas Wasike'	(Louisville)	inj
32:26.38	*Taylor Werner	(Arkansas)	4
32:26.43	Carmela Cardama Baez'	(Oregon)	2
32:28.58	Makena Morley	(Colorado)	11
32:39.30	Clare O'Brien'	(Boise State)	15h
32:39.93	*Amanda Vestri	(Syracuse)	14
33:02.91	Alicia Monson	(Wisconsin)	inj
33:09.57	*Megan Hasz	(Minnesota)	20
33:09.76	**Jackie Gaughan	(Notre Dame)	dnf
33:12.26	Amy Davis	(Wisconsin)	8
33:21.20	Kaitlyn Neal	(Washington)	19h
33:22.19	Kathryn Munks	(Penn State)	22h
33:22.91	**Julia Paternain'	(Penn State)	13h
33:23.89	Hannah Miller'	(SMU)	34h
33:28.89	Samantha Drop	(Georgia)	inj
33:30.31	*Winny Koskei'	(Wichita State)	20h
33:31.05	**Elizabeth Funderburk	(Florida State)	15h

33:31.24	*Laura Dickinson'	(Syracuse)	15
100 HURDLES			
12.52	***Chanel Brissett**	**(USC)**	**2**
12.57(A)	Tonea Marshall	(LSU)	3
12.69	Anna Cockrell	(USC)	5
12.72	Cortney Jones	(Arizona State)	6
12.74	*Tiara McMinn	(Miami)	7
12.79	*Alexis Duncan	(Tennessee)	4sf
12.81	Madeleine Akobundu	(North Carolina A&T)	5sf
12.94	*Camri Austin	(Oklahoma)	7qf
12.95	**Tara Davis	(Texas)	rs
12.96	Peta-Gay Williams'	(Florida State)	inj
12.97	Michelle Atherley	(Miami)	/hept
12.98	Mecca McGlaston	(USC)	8qf
	TeJyrica Robinson	(North Carolina A&T)	dnf-h
13.02	Brittley Humphrey	(LSU)	5sf
13.05	*Destinee Rocker	(South Carolina)	6sf
13.06	*Naomi Taylor	(Houston)	5sf
13.07	Jasmyne Graham	(UNLV)	4sf
13.08	Brandee' Johnson	(Florida)	7h
13.10	*Caitlyn Little	(South Carolina)	6qf
13.12	*Gabrielle McDonald'	(Texas Tech)	inj
	*Kaylah Robinson	(Texas A&M)	6qf
400 HURDLES			
55.14	**Anna Cockrell**	**(USC)**	**1**
56.11	Brittley Humphrey	(LSU)	3
56.16	Brandee' Johnson	(Florida)	7h/100H
56.29(A)	**Masai Russell	(Kentucky)	5sf
56.31	**Reanda Richards'	(Rutgers)	4
56.36	***Britton Wilson	(Tennessee)	hs
56.42	*Milan Young	(LSU)	5sf
56.53	*Gabrielle McDonald'	(Texas Tech)	inj
56.46	Damajahnee Birch	(Texas Tech)	inj
56.65	*Nicolee Foster'	(Clemson)	jc
56.69	*Xahria Santiago'	(Maryland)	4sf
56.71	Faith Ross	(Kentucky)	3sf
56.77	*Jurnee Woodward	(LSU)	6
56.94	Andrenette Knight'	(Virginia)	3sf
57.02	Darhian Mills	(Washington)	7

KIRBY LEE/IMAGE OF SPORT



Anna Cockrell of USC looks to repeat as No. 1 in the 400 hurdles.

57.14	*Shannon Meisberger	(Arizona)	6sf
57.19	**Sanique Walker'	(Texas)	dnf-qf
57.21	*Nikki Stephens	(Florida)	7qf
	Lakeisha Warner'	(Clemson)	8sf
57.46	Michaela Pešková'	(Nebraska)	4sf
	*Kate Sorensen	(Weber State)	7sf
Non-Division I:			
56.29	Shannon Kalawan'	(St Augustine's)	
HIGH JUMP			
1.92 | 6-3½	Lissa Labiche'	(South Carolina)	rs
1.90 | 6-2¾	Ellen Ekholm'	(Kentucky)	=6
1.89 | 6-2¼	*Abigail O'Donoghue	(LSU)	dnq
1.88 | 6-2	**Nicole Greene**	**(North Carolina)**	**2**
	Karla Teran'	(Arizona)	5
1.87 | 6-1½	*Tyra Gittens'	(Texas A&M)	=16
	Abigail Kwarteng'	(Alabama)	4
1.86 | 6-1¼	***Lavinja Jürgens'	(Oklahoma)	int
	Mikella Lefebvre-Oatis'	(Maryland)	24
1.855 | 6-1	**Katie Isenbarger	(Western Kentucky)	dnq
1.85 | 6-¾	**Sanaa Barnes	(Villanova)	=6
	***Janique Burgher'	(Kansas State)	int
	*Jordan Fields	(South Carolina)	inj
	*Petra Luterán'	(Nebraska)	inj
	*Falyn Reaugh	(Oklahoma)	dnq
	*Nina Schultz'	(Georgia)	rs
	***Shelby Tyler	(Georgia)	hs
1.84 | 6-½	***Taylor Beard	(Cincinnati)	hs
	***Anna Hall	(Georgia)	hs
	*Lillian Lowe	(Arizona)	rs
POLE VAULT			
4.60 | 15-1	*Lisa Gunnarsson'	(LSU)	inj
4.53 | 14-10¼(A)	*Rachel Baxter	(Virginia Tech)	inj
4.51 | 14-9½	**Lucy Bryan'**	**(Akron)**	**5**
4.50 | 14-9(A)	Kaylie Bizzell	(Stephen F. Austin)	dnq
	*Tuesdi Tidwell	(Baylor)	dnq
4.39 | 14-4¾	**Nastassja Campbell	(Arkansas)	=16
4.38 | 14-4½	Helen Falda'	(South Dakota)	7
	Lauren Martinez	(Arkansas)	rs
4.37 | 14-4	*Sophia Franklin	(Michigan State)	dnq
	Kayla Smith	(Georgia)	=19
	*Andrea Willis	(Kansas)	rs
4.36 | 14-3½	Kristen Denk	(Vanderbilt)	8
4.35 | 14-3¼	Hailey Sweatman	(South Carolina)	dnq
4.34 | 14-2¾(A)	**Bailee McCorkle	(Arkansas)	dnq
(A)	*Chloe Wall	(Texas Tech)	dnq
4.33 | 14-2½(A)	Chinne Okoronkwo	(Texas Tech)	=16
4.32 | 14-2	*Gabriela Leon	(Louisville)	=19
	Kaitlyn Merritt	(Stanford)	23
4.31 | 14-1¾	Elise Romney	(BYU)	dnq
4.30 | 14-1¼	***Erica Ellis	(Penn State)	hs
	*Landon Kemp	(South Dakota)	dnq
	*Anna Watson	(Indiana)	dnq
LONG JUMP			
6.73 | 22-1	**Tara Davis	(Texas)	rs
6.71 | 22-¼	**Jasmyn Steels**	**(Northwestern Louisiana)**	**2**
6.68 | 21-11	**Lanae-Tava Thomas	(USC)	6/200
6.65 | 21-10	Taishia Pryce'	(Kansas State)	dnq
6.63 | 21-9	*Deborah Acquah'	(Texas A&M)	3

ERROL ANDERSON/THE SPORTING IMAGE



Arizona State's Samanatha Noennig has shot titles to defend both indoors and out.

6.57 | 21-6¾(A)	Rhesa Foster	(Oregon)	7
	*Ruth Usoro'	(Texas Tech)	jc
6.55 | 21-6	Destiny Longmire	(TCU)	4
	Wurrie Njadoe	(Kansas State)	rs
6.54 | 21-5½	Nadia Williams	(Central Michigan)	14
6.53 | 21-5¼	*Tyra Gittens'	(Texas A&M)	dnq
6.49 | 21-3½	Bria Matthews	(Georgia Tech)	dnq
6.48 | 21-3¼	Samiyah Samuels	(Houston)	11
6.47 | 21-2¾	**Kynnedy Flannel	(Texas)	5sf/200
	***Jasmine Moore	(Georgia)	hs
6.46 | 21-2½	Courtney Corrin	(USC)	rs
	Michelle Fokam	(Rice)	dnq
6.45 | 21-2	Eszter Bajnok'	(Virginia Tech)	17
6.44 | 21-1½	Mercy Abire	(LSU)	dnq
	*Monae' Nichols	(Bethune-Cookman)	18
Non-Division I:			
6.45 | 21-2	Fatim Affessi'	(West Texas A&M)	
TRIPLE JUMP			
3.90 | 45-7¼	***Jasmine Moore	(Georgia)	hs
13.81 | 45-3¾	**Mirieli Santos'	(Missouri)	6
13.77 | 45-2¼	*Deborah Acquah'	(Texas A&M)	/LJ
13.77 | 45-2¼	Bria Matthews	(Georgia Tech)	18
13.66 | 44-9¾	Eszter Bajnok'	(Virginia Tech)	3f
13.63 | 44-8¾	**Titiana Marsh	(Georgia)	15
13.58 | 44-6¾	LaJarvia Brown	(Texas A&M)	19
13.56 | 44-6	**Lexi Ellis	(Oregon)	23
13.55 | 44-5½	Konstantina Romaiou'	(Kansas State)	dnq
13.53 | 44-4¾	*Natricia Hooper'	(Florida)	rs
13.49 | 44-3¼	Ciynamon Stevenson	(Texas A&M)	7
	*Ruth Usoro'	(Texas Tech)	jc
13.48 | 44-2¾	Michelle Fokam	(Rice)	14
(A)	**Charisma Taylor'	(Washington State)	dnq
13.47 | 44-2½	**Alonie Sutton	(Tennessee)	9
13.43 | 44-¾	*Alex Madlock	(Baylor)	dnq
13.42 | 44-½	*Danielle Spence'	(Texas San Antonio)	dnq
13.38 | 43-10¾	Kala Penn'	(Florida)	12
13.37 | 43-10½	**Jaimie Robinson	(Oregon)	rs
	*Essence Thomas	(Oklahoma)	16
Non-Division I:			
14.02 | 46-0	**Grace Chinonyelum	(Cloud County)	
13.49 | 44-3¼	Fatim Affessi'	(West Texas A&M)	
SHOT			
18.17 | 59-7½	**Samantha Noennig**	**(Arizona State)**	**1**
18.02 | 59-1½	Lagi Tausaga	(Iowa)	dnq
	*Alyssa Wilson	(UCLA)	7
17.88 | 58-8	Sade Olatoye'	(Ohio State)	3
17.76 | 58-3¼	*Devia Brown'	(Minnesota)	jc
17.74 | 58-2½	*Taylor Latimer	(Kansas State)	4
17.67 | 57-11¾	Khayla Dawson	(Indiana)	6
17.61 | 57-9½	**Akealy Moton	(North Dakota State)	5
17.57 | 57-7¾	**Madison Pollard	(Indiana)	8
17.52 | 57-5¾	**Adelaide Aquilla	(Ohio State)	12
17.49 | 57-4¾	*Latavia Maines	(Tennessee)	jc
17.44 | 57-2¾	*Tarynn Sieg	(Colorado State)	24
17.43 | 57-2¼	Shelby Gunnells	(North Dakota State)	inj
17.37 | 57-0	Divine Oladipo'	(Connecticut)	inj
17.27 | 56-8	**Tess Keyzers	(Minnesota)	15
17.24 | 56-6¾	**Josie Schaefer	(Wisconsin)	rs
17.19 | 56-4¾	Bailey Retzlaff	(North Dakota State)	dnq
17.18 | 56-4½	Nayoka Clunis'	(Minnesota)	rs
17.16 | 56-3¾	*Tori McKinley	(Auburn)	dnq
16.97 | 55-8¼	Ashley Davis	(Southeastern Louisiana)	dnq
DISCUS			
63.94 | 209-9	**Lagi Tausaga**	**(Iowa)**	**1**
62.69 | 205-8	Shanice Love'	(Florida State)	2
61.62 | 202-2	*Alexandra Emilianov'	(Kansas)	4
60.76 | 199-4	*Alyssa Wilson	(UCLA)	7
60.39 | 198-1	*Serena Brown'	(Iowa)	rs
57.95 | 190-1	*Obi Amaechi	(Princeton)	3f
	*Konstadína Spanoudákis'	(Iowa)	dnq
57.40 | 188-4	Elena Bruckner	(Texas)	dnq
57.36 | 188-2	*Ashley Anumba	(Penn)	21



STEPHEN MALLY/IOWA ATHLETICS

Reigning discus champ Lagi Tausaga of Iowa is also No. 2 on the shot list.

57.35 | 188-2	*Seasons Usual	(Texas Tech)	9
56.99 | 186-11	Sydney Laufenberg	(Illinois State)	14
56.92 | 186-9	*Debbie Ajagbe	(Miami)	5
56.90 | 186-8	Gabrielle Rains'	(Florida International)	13
56.86 | 186-6	*Annina Brandenburg'	(Abilene Christian)	15
56.41 | 185-1	Jaimi Salone	(Stanford)	23
56.32 | 184-9	Ashley Petr	(Kansas State)	19
55.84 | 183-2	Kiana Phelps	(Oregon)	18
55.80 | 183-1	Meia Gordon	(Oklahoma)	dnq
55.76 | 182-11	*Makenli Forrest	(Louisville)	22
55.75 | 182-11	*Sophia Rivera	(Missouri)	dnq
Non-Division I:			
61.69 | 202-4	Daisy Osakue'	(Angelo State)	
HAMMER			
71.50 | 234-7	***Camryn Rogers'**	**(Cal)**	**1**
71.43 | 234-4	*Beatrice Llano'	(Arizona State)	7
70.63 | 231-8	*Alyssa Wilson	(UCLA)	3
69.37 | 227-7	Sade Olatoye'	(Ohio State)	4
68.36 | 224-3	*Jillian Shippee	(North Carolina)	dnq
66.75 | 219-0	**Madi Malone	(Auburn)	11
65.68 | 215-6	Jordan McClendon	(Missouri)	dnq
65.66 | 215-5	**Mayyi Mahama	(Penn)	24
65.31 | 214-3	Emma Thor'	(Virginia Tech)	dnq
65.00 | 213-3	*Makenli Forrest	(Louisville)	15
64.92 | 213-0	*Kaila Butler'	(Bowling Green)	12
64.86 | 212-9	*Shauniece O'Neal	(Southern Illinois)	13
64.77 | 212-6	Helene Ingvaldsen'	(Kansas State)	21
64.28 | 210-11	*Rachel Tanczos	(Notre Dame)	dnq
64.26 | 210-10	Nayoka Clunis'	(Minnesota)	rs
64.04 | 210-1	Taylor Scaife	(Houston)	rs
63.89 | 209-7	Kaylee Antill	(Arizona State)	dnq
	Bailey Retzlaff	(North Dakota State)	14
63.87 | 209-6	*Shey Taiwo	(Mississippi)	dnq
63.69 | 208-11	*Amy Herrington'	(North Dakota State)	dnq
JAVELIN			
58.62 | 192-4	***Sara Zabarino'	(Florida State)	int
58.15 | 190-9	*Kelechi Nwanaga'	(Florida State)	dnq
57.45 | 188-6	**Kylee Carter**	**(Auburn)**	**2**

57.44 | 188-5	Marie-Therese Obst'	(Georgia)	dnq
57.29 | 187-11	Jenna Gray	(Stanford)	4
56.60 | 185-8	**Madison Wiltrout	(North Carolina)	3
56.21 | 184-5	*Maura Fiamoncini	(Bucknell)	9
56.13 | 184-2	***Skylar Ciccolini	(Missouri)	hs
55.73 | 182-10	Seri Geisler	(Arizona State)	16
	*Sophia Rivera	(Missouri)	6
55.59 | 182-4	*Laura Paredes'	(Oregon)	7
55.49 | 182-0	**Stella Weinberg'	(Florida State)	dns
55.11 | 180-9	**Dana Baker	(Duke)	inj
54.77 | 179-8	Marija Bogavac'	(Virginia)	dnq
54.85 | 179-11	*Callie Jones	(Southern Mississippi)	dnq
53.87 | 176-9	Gabrielle Kearney	(Texas)	inj
53.42 | 175-3	Danielle Collier	(Miami/Ohio)	10
53.36 | 175-1	*Atina Kamasi'	(Missouri)	rs
53.12 | 174-3	Sarah Blake	(Mississippi State)	11
52.91 | 173-7	*Samantha Zelden	(Alabama)	8
HEPTATHLON			
6133	*Nina Schultz'	(Georgia)	rs
6074	***Tyra Gittens'**	**(Texas A&M)**	**2**
6014	Michelle Atherley	(Miami)	3
5976	Madeline Holmberg	(Penn State)	rs
5891	*Amanda Frøynes'	(Florida)	6
5869	Kaylee Hinton	(Texas Tech)	rs
5847(A)	***Anna Hall	(Georgia)	hs
5821	Ayesha Champagnie'	(Minnesota)	rs
5806	*Erin Marsh	(Duke)	10
5793	Lauren Taubert	(Kansas State)	8
5779	*Hannah Rusnak	(Washington)	9
5719	Lyndsey Lopes	(Washington)	rs
5718	Emilie Berge'	(South Alabama)	15
5694	**Sterling Lester	(Georgia)	11
5679	Jenny Kimbro	(Iowa)	23
5678	***Ida Eikeng'	(Washington)	int
5632	Ariel Okorie	(Kansas State)	18
5625	*Weronika Grzelak'	(Akron)	int
5619	Grace McKenzie'	(McNeese State)	inj
5606	***Mathilde Rey'	(Oregon)	int

WORLDS 2021 update

Things are coming together for T&FN's tour to the 2021 Worlds in Eugene. We have recently obtained a good number of rooms in Eugene, and will be allowing tour members to make lodging selections probably this April. Almost 300 are signed up now, and we may limit our numbers to 350. Date of original signup is the most important element in lodging assignment, so the earlier you sign up the better your chances for preferred lodging.

The price of accommodation and tickets are the key factors in determining the tour price, and both of those cost factors will be considerably higher than for the usual Eugene meet, given the high national and international demand. We are projecting a tour price of from $5100 to $5600, depending on lodging assigned. At the moment, the deposit requirement is $1100 per person.

To join, send your deposit to Track & Field News, 2570 W. El Camino Real, Suite 220, Mountain View, CA 94040 or phone 650/948-8188 and charge to Visa, MasterCard or Amex.



www.trackandfieldnews.com

2020 High School Boys Top 20 Eligibles

KIRBY LEE/IMAGE OF SPORT



NO FEWER THAN 22 members of last year's T&FN Boys All-America Team are back to thrill us this year. Headlining the lists are 6 defending No. 1s: Justin Robinson (400), Darius Kipyego (800), Nico Young (2M), Jamar Marshall (110H), Trey Knight (hammer) & Sam Hankins (javelin). Those half-dozen No. 1s are joined by a 5 No. 2s, 5 No. 3s, 3 No. 4s and 3 No. 5s. Also back are a pair of No. 1s from the '18 squad who didn't score in '19: Sean Burrell (400) & Malcolm Clemons (LJ). The 800, 2M and hammer each have 3 returners.

So here, taken from the lists compiled by HS Boys Editor Jack Shepard, are the top 20 returners in each of the standard events (fewer in infrequently contested ones) with their PRs. Returning All-Ams are in bold with their rating last year; '18 All-Ams who didn't score last year are in bold with an asterisked rating. Classes: *** = frosh; ** = soph; * = junior; all others are seniors. Marks are as of February 24.

Top-rated quartermiler Justin Robinson set a junior-class record with his 44.84 last year.

100 METERS		
10.21	**Micah Williams (5*)**	**(Benson, Portland, Oregon)**
10.30	**Arian Smith (3)**	**(Lakeland, Florida)**
10.31	Marcellus Moore	(North, Plainfield, Illinois)
10.33	Da'Marcus Fleming	(Northwestern, Miami, Florida)
10.38	*Malcolm Johnson	(SS Stephen's & Agnes, Alexandria, Virginia)
10.39	Javonte' Harding	(Prince George, Virginia)
	Cameron Rose	(Hickory Ridge, Harrisburg, North Carolina)
10.41	Corey Wren	(Curtis, River Ridge, Louisiana)
10.43	Kelee Ringo	(Saguaro, Scottsdale, Arizona)
10.46	Jalin Hyatt	(Dutch Fork, Irmo, South Carolina)
10.48	Kamere Day	(Harrisburg, Pennsylvania)
	Ryan Mulholland	(Del Oro, Loomis, California)
	Jabari Overton	(Woodstock, Georgia)
10.49	**Quaron Adams	(Chandler, Arizona)
	Jermarrion Stewart	(Collinsville, Illinois)
10.50	Cade Clark	(Benton, Arkansas)
	Daniel Moyer	(Reagan, Pfafftown, North Carolina)
10.51/10.22w	**Jaylen Slade	(Chapel Hill, Douglasville, Georgia)
10.52	**Michael Gupton	(Rolesville, North Carolina)
	Justin Robinson	(West, Hazelwood, Missouri)
	Sebastian Spencer	(Weir, Weirton, West Virginia)
200 METERS		
20.69/20.46w	Devon Achane	(Marshall, Missouri City, Texas)
20.79	Sean Burrell	(Zachary, Louisiana)
20.84/20.76w	Ashton Allen	(Bullis, Potomac, Maryland)
20.88	Marcellus Moore	(North, Plainfield, Illinois)
20.91	Robert Gregory	(Wheatley, Houston, Texas)
20.94	Cameron Rose	(Hickory Ridge, Harrisburg, North Carolina)
20.99	Isaiah Teer	(Martin, Arlington, Texas)
21.01	Da'Marcus Fleming	(Northwestern, Miami, Florida)
	Kennedy Lightner	(North Little Rock, Arkansas)
	Arian Smith	(Lakeland, Florida)
21.03	**Jaylen Slade	(Chapel Hill, Douglasville, Georgia)
	Micah Williams	(Benson, Portland, Oregon)
21.06	Justin Robinson	(West, Hazelwood, Missouri)
21.14	Jalin Hyatt	(Dutch Fork, Irmo, South Carolina)
21.15	**Erriyon Knighton	(Hillsborough, Tampa, Florida)
	Shamar Rose	(Bradwell, Hinesville, Georgia)
	*Connor Washington	(College Park, The Woodlands, Texas)
21.16	Ryan Willie	(Bullis, Potomac, Maryland)
21.17	Ryan Mulholland	(Del Oro, Loomis, California)
21.18	Kelee Ringo	(Saguaro, Scottsdale, Arizona)
	Micah Williams	(Benson, Portland, Oregon)
21.20	Auhmad Robinson	(Klein Forest, Houston, Texas)
400 METERS		
44.84(A)	**Justin Robinson (1)**	**(West, Hazelwood, Missouri)**
45.74	**Sean Burrell (1*)**	**(Zachary, Louisiana)**
46.33	**Alex Collier (5)**	**(Orange Park, Florida)**
46.51	Omajuwa Etiwe	(Franklin, El Paso, Texas)
46.57(A)	Chris Dupree	(Park Hill South, Riverside, Missouri)
46.59	Solomon Strader	(West Ranch, Stevenson Ranch, California)
46.71	Ryan Willie	(Bullis, Potomac, Maryland)
46.76	**Justin Braun	(Worthington, Ohio)
46.77	Xzavier Henderson	(Columbus, Miami, Florida)
46.99	Ashton Allen	(Bullis, Potomac, Maryland)
47.06(A)	Tyrese VanHorne	(Harrison, Colorado Springs, Colorado)
47.11	Robert Williams	(Pius X, Atlanta, Georgia)
47.16	*Korbin Martino	(Canal Winchester, Ohio)
47.22	Doval Simmonds	(West Potomac, Alexandria, Virginia)
47.24	Telron Bradford	(Morton Ranch, Katy, Texas)
	Jenoah McKiver	(Andrews, High Point, North Carolina)

47.30	Jay Pendarvis	(Bullis, Potomac, Maryland)
47.34	Willie Johnson	(East St Louis, Illinois)
47.42	Dillon Bedell	(Lancaster, Texas)
	Brandon Miller	(Burroughs, St Louis, Missouri)
800 METERS		
1:49.46	***Darius Kipyego (1)**	**(St Raphael, Pawtucket, Rhode Island)**
1:49.55	**Brandon Miller (3*)**	**(Burroughs, St Louis, Missouri)**
1:49.83	**A.J. Green (2)**	**(Eastview, Apple Valley, Minnesota)**
1:50.39	**Tyler Shue (3)**	**(Ephrata, Pennsylvania)**
1:50.43	Conor Murphy	(Classical, Providence, Rhode Island)
1:51.12	Jonah Hoey	(Shanahan, Downingtown, Pennsylvania)
1:51.44	Will Atkins	(West Forsyth, Clemmons, North Carolina)
1:51.49	*Miles Brown	(Novi, Michigan)
	Elliott Cook	(Jerome, Dublin, Ohio)
1:51.73	Gabriel Sanchez	(Lowell, Indiana)
	*Robert Whitmarsh	(Brazoswood, Clute, Texas)
1:51.74	Chase Gordon	(Jesuit, Carmichael, California)
1:51.83	*Patrick Byrnes	(Plymouth, Michigan)
1:51.92	Alex Kenish	(Olentangy Orange, Lewis Center, Ohio)
1:51.98	Jackson Walker	(Coppell, Texas)
1:51.99	Leo Daschbach	(Highland, Gilbert, Arizona)
1:52.08	Robert Pedroza	(Key West, Florida)
1:52.10	Jordan Kaplan	(Monroe Township, New Jersey)
1:52.25	Garrett MacQuiddy	(Westmont, Campbell, California)
1:51.29	Gabriel Foster	(Rogers, Toledo, Ohio)
MILE		
(+ = 1500 or 1600 converted to mile)		
4:00.10	Cruz Culpepper	(Niwot, Colorado)
4:03.98	**Leo Daschbach (5)**	**(Highland, Gilbert, Arizona)**
4:04.19	**Cole Sprout (2)**	**(Valor, Highlands Ranch, Colorado)**
4:04.72+	Evan Holland	(Ashland, Oregon)
4:06.20	*Nathan Green	(Borah, Boise, Idaho)
4:07.04+	Nico Young	(Newbury Park, California)
4:08.32	Alex Fleury	(Phillips, Andover, Massachusetts)
4:08.85+	Cole Lindhorst	(Tompkins, Katy, Texas)
4:08.91+	Ryan Schoppe	(La Porte, Texas)
4:09.25	Yasin Sado	(West, Denver, Colorado)
4:09.49	Easton Allred	(Rock Canyon, Highlands Ranch, Colorado)
4:09.51+	Matt Strangio	(Jesuit, Carmichael, California)
4:09.78	Jonah Hoey	(Shanahan, Downington, Pennsyslvania)
4:09.89	Sam Affolder	(Loudoun Valley, Purcellsville, Virginia)
4:10.21	Wes Porter	(Rockhurst, Kansas City, Missouri)
4:10.23+	Myles Collins	(Archer, Lawrenceville, Georgia)
4:10.58	*Sully Shelton	(Harrison, Kennesaw, Georgia)
4:10.91+	Christopher Middleton-Pearson	(Dublin, California)
4:11.30	William Coogan	(Phillips, Exeter, New Hampshire)
4:11.31	Ahmed Ibrahim	(Parkrose, Portland, Oregon)
2 MILES		
(+ = 3000 or 3200 converted to 2M)		
8:43.02+	**Nico Young (1)**	**(Newbury Park, California)**
8:43.76+	**Cole Sprout (2)**	**(Valor, Highlands Ranch, Colorado)**
8:50.29	**Evan Holland (4)**	**(Ashland, Oregon)**
8:50.52	Graydon Morris	(Aledo, Texas)
8:51.00	Matt Strangio	(Jesuit, Carmichael, California)
8:54.18+	Leo Daschbach	(Highland, Gilbert, Arizona)
8:55.39+	Alex Maier	(Flower Mound, Texas)
8:55.82+	Ryan Schoppe	(La Porte, Texas)
8:57.32i+	Liam Murphy	(Allentown, New Jersey)
8:57.58+	**Gavin Sherry	(Conard, West Hartford, Connecticut)
8:57.89+	Robbie Cozean	(Xavier, Middletown, Connecticut)
8:57.97+	Caleb Brown	(Shelby, Ohio)
8:59.53+	**Larry Josh Edwards	(University, Morgantown, West Virginia)
9:00.77+	Jonas Price	(Eisenhower, Yakima, Washington)
9:00.90+	*Nathan Green	(Borah, Boise, Idaho)
9:00.91+	Thomas Boyden	(Skyline, Salt Lake City, Utah)
9:01.40+	Zachary Leachman	(Mars, Pennsylvania)
9:01.57+	Silas Winders	(Henry, Paris, Tennessee)
9:02.38+	**Aidan Puffer	(Manchester, Connecticut)
9:03.63+	*Ethan Strand	(Vestaiva Hills, Birmingham, Alabama)
2000 STEEPLECHASE		
5:57.19	Mike Griffin	(King Philip, Wrentham, Massachusetts)
5:59.24	Yasin Sado	(West, Denver, Colorado)
6:03.19	William Muirhead	(Lovejoy, Lucas, Texas)
6:03.27	Niall Ryan	(Fordham, Bronx, New York)
6:03.75	Vinny Pagliaccio	(East, West Seneca, New York)

DON GOSNEY



Jamar Marshall's 13.22 flight of hurdles last year made him the second-fastest prep ever.

110 HURDLES		
13.22	**Jamar Marshall (1)**	**(St Mary's, Stockton, California)**
13.67	Caleb Foster	(Clovis North, Fresno, California)
13.70/13.68w	Brevin Sims	(Arts & Sciences, Chattanooga, Tennessee)
13.81	Tyler Graves	(Lower Richland, Hopkins, South Carolina)
13.82	Kirk Collins	(Clear Springs, League City, Texas)
13.83	Braydon Bennett	(Southside, Simpsonville, North Carolina)
13.84	*Leonard Mustari	(Dunbar, Ft Myers, Florida)
	Alex Shields	(First Academy, Orlando, Florida)
13.87	Jevon Williams	(Ely, Pompano Beach, Florida)
13.93	Jessie Parson	(New Rochelle, New York)
13.96	Brahmir Vick	(Middletown, Delaware)
13.97	*Jerry Philippe	(Anderson, Lauderdale Lakes, Florida)
14.01	Tyson Williams	(Jenkins, Lakeland, Florida)
14.04	Jonathan Birchman	(Shorewood, Shoreline, Washington)
	Sean Burrell	(Zachary, Louisiana)
	Nathan Franco	(Chisholm Trail, Ft Worth, Texas)
14.05	Deyondre Davis	(South Kitsap, Port Orchard, Washington)
14.08	*Anthony Taylor	(Chaminade, Los Angeles, California)

14.11	Darek Hackett	(Ridge Point, Missouri City, Texas)
14.12	*Michael Bourne	(Cosby, Midlothian, Virginia)
	Vasean Green	(Fern Creek, Louisville, Kentucky)
	Zach Hawkins	(Grayson, Loganville, Georgia)
	Marcus Wilson	(Patriot, Nokesville, Virginia)
300 HURDLES		
36.54	Jevon Williams	(Ely, Pompano Beach, Florida)
36.65	Clayton Keys	(Tompkins, Katy, Texas)
	Tyson Williams	(Jenkins, Lakeland, Florida)
36.74	Jamar Marshall	(St Mary's, Stockton, California)
36.86	Kirk Collins	(Clear Springs, League City, Texas)
36.97	Samuel Smith	(Union Grove, McDonough, Georgia)
36.98/51.95	Lamont Wright	(South Dade, Homestead, Florida)
37.06	Cory Berg	(Mt Vernon, Ohio)
37.20	Brevin Sims	(Arts & Sciences, Chattanooga, Tennessee)
37.21	Craig Saddler	(Gibbons, Ft Lauderdale, Florida)
	Cameron Wilmington	(Elkins, Missouri City, Texas)
37.26	Nathan Farrell	(Flagler Palm Coast, Palm Coast, Florida)
37.28	Mason Mangum	(Westlake, Austin, Texas)
37.35	Darek Hackett	(Ridge Point, Missouri City, Texas)
37.40/51.51	A.J. Hale	(Sandy Creek, Tyrone, Georgia)
	Javan Poole	(Meadowdale, Dayton, Ohio)
	Justin Watterson	(Coronado, Henderson, Nevada)
37.41	Chris Brinkley	(Marshall, Missouri City, Texas)
37.42	Rasmus Wright	(Hallandale, Hallandale Beach, Florida)
37.43	Travis Bradley	(White Settlement Brewer, Ft Worth, Texas)
3000 WALK		
13:31.53	Samuel Allen	(Woolwich, New Jersey)
13:40.82	Sean Glaze	(Greenon, Springfield, Ohio)
14:22.62	*Jonah Cuestas	(Penfield, New York)
14:43.27	*Oscar Coddington	(Blacksburg, Virginia)
HIGH JUMP		
7-1¾	**Jackson Marseille (3)**	**(Gibbons, Ft Lauderdale, Florida)**
7-1½	Trey Tintinger	(Helena, Montana)
7-½	*Kamyren Garrett	(Lawrence Central, Indianapolis, Indiana)
7-¼	*Tyus Wilson	(Sterling, Kansas)
7-0	Harrison Cosby	(Arabia Mountain, Lithonia, Georgia)
	*Chris Hilton	(Zachary, Louisiana)
	***Eli Stowers (4)**	**(Guyer, Denton, Texas)**
6-11¾	Donald Chaney	(Belen, Miami, Florida)
6-11½	Caleb Snowden	(Dunbar, Ft Myers, Florida)
6-11	Carter Bajoit	(The Woodlands, Texas)
	Cole Mclawchlin	(Tarkington, Cleveland, Texas)
	Ty Wright	(Shelley, Idaho)
6-10¾	Logan Tittle	(Fremont, Utah)
6-10½	Aidan Clark	(Briar Woods, Ashburn, Virginia)
	Brady Palen	(St John's, Beloit, Kansas)
6-10¼	Jieem Bullock	(North Brunswick, Leland, North Carolina)
6-10	Kendall Artis	(Rolesville, North Carolina)
	Cory Berg	(Mt Vernon, Ohio)
	Tyler Cash	(Canyon, Canyon Country, California)
	Kelton Chenworth	(Boron, California)
	Jaivon Harrison	(Shaker Heights, Ohio)
	*Chris Hilton	(Zachary, Louisiana)
	Ethan Jameson	(Labette, Altamont, Kansas)
	Julius Mims	(Skyview, Billings, Montana)
	Isaiah Norris	(Hanna, Anderson, South Carolina)
	Taelon Peter	(Russellville, Arkansas)
	Jonathan Rankins-James	(Case, Racine, Wisconsin)
	Danny Renard	(Heritage, Wake Forest, North Carolina)
	Joseph Ruddell	(Morro Bay, California)
	Ben Schneider	(Savannah, Missouri)
	*C.J. Shoaf	(Mahomet-Seymour, Mahomet, Illinois)
	Caleb Wilborn	(Coronado, Lubbock, Texas)
	Dayton Williams	(Gardner-Edgerton, Gardner, Kansas)
POLE VAULT		
17-5	Gabe Gilfillan	(Corsicana, Texas)
17-4(A)	Scott Toney	(St Francis, Mountain View, California)
17-2¾	Rhett Nelson	(Trinity, Texarkana, Arkansas)
17-¾	Spencer Evans	(Lake Norman, Mooresville, North Carolina)
16-10(A)	*Landon Helms	(Emmett, Idaho)
(A)	Bradley Jelmert	(Watchung Hills, Warren, New Jersey)
	Dalton Shepler	(Butler, Vandalia, Ohio)
16-9	Reagan Ulrich	(Branson, Missouri)
16-7	Hunter Garretson	(Newcomerstown, Ohio)
16-6	*Carson Lenser	(Viliona, Arkansas)
	Shane Racey	(Ravena, New York)
	*Clayton Simms	(Live Oak, Watson, Louisiana)
	Jed Sisco	(Little Miami, Morrow, Ohio)
16-4(A)	Caiden Macktinger	(Del Oro, Loomis, California)
(A)	Walker Rudasaile	(Marion, Texas)
(A)	Andrew Saloga	(Marmion, Aurora, Illinois)
	Brian Simon	(Carroll, Wichita, Kansas)
16-3	Tyler Burns	(Oak Ridge, El Dorado Hills, California)
	Dillon McCarthy	(Wando, Mt Pleasant, South Carolina)
16-2	Kobe Babin	(Niceville, Florida)
(A)	*Garrett Brown	(La Costa Canyon, Carlsbad, California)
(A)	Ethan Hesson	(Wylie, Texas)
(A)	Hunter Kasprzyk	(Highland, Gilbert, Arizona)
	*Carson Lenser	(Vilonia, Arkansas)
	Tre Young	(Whitmer, Toledo, Ohio)
LONG JUMP		
25-1½	**Caleb Foster (2)**	**(Clovis North, Fresno, California)**
25-0	*Jaden Price-Whitehead	(Upper Dublin, Ft Washington, Pennsylvania)
24-11¾/25-1w	**Malcolm Clemons (1*)**	**(IMG, Bradenton, Florida)**
24-7	*Curtis Williams	(Leon, Tallahassee, Florida)
24-6¼	Christian Lewis	(Douglass, Lexington, Kentucky)
24-4½	Marquise Kinley	(Boyle, Danville, Kentucky)
24-4¼	Jieem Bullock	(North Brunswick, Leland, North Carolina)
24-3½/24-9w	Clayton Keys	(Tompkins, Katy, Texas)
24-3	Cameron O'Neal	(Biloxi, Mississippi)
24-3/25-3¼w	Arian Smith	(Mulberry, Florida)
24-1½	*Johnny Brackins	(Lees Summit, Missouri)
	**Isaiah Sategna	(Fayetteville, Arkansas)
24-¼	*Kietron Jackson	(Lancaster, Texas)
23-11¾	Kirk Francis	(Saratoga Springs, New York)
	Mason Mangum	(Westlake, Austin, Texas)
23-11½	Nicholas Drayden	(DeSoto, Texas)
	*Pierce Thomas	(Brownsburg, Indiana)
23-10½	Devin Daye-Schafer	(Manchester, Midlothian, Virginia)
23-10	Tayson Parker	(Northwestern, Kokomo, Indiana)
23-9½	Stacy Brown	(Ellison, Killeen, Texas)
TRIPLE JUMP		
52-1¾	Sean Dixon-Bodie	(Bloomfield, Connecticut)
50-6	Jadan Hanson	(Uniondale, New York)
49-9¾	Garison Breeding	(Christian, Midland, Texas)
49-8¾	Caleb Foster	(Clovis North, Fresno, California)
49-7	*Floyd Whitaker	(Highland, Blackwood, New Jersey)
49-6½	Stacy Brown	(Ellison, Killeen, Texas)
49-4¼	Henry Kiner	(Atascocita, Humble, Texas)
49-3½	Andru Phillips	(Mauldin, South Carolina)
49-½(A)	James Akinlosotu	(Federal Way, Washington)

49-¼	Kevin Yang	(Chattahoochee, Alpharetta, Georgia)
48-11	Marcrene Jeannot	(Bay Shore, New York)
48-9¾	Rashod Owens	(Roosevelt, San Antonio, Texas)
48-10¾	John Watkins	(Hoover, Alabama)
48-10	Namir Hemphill	(Upland, California)
48-8	*Korey Steele	(Bloomfield, Connecticut)
48-7¾	*Jaden Patterson	(Atascocita, Humble, Texas)
48-7	Ty Love	(Yoakum, Texas)
48-6¾	Solomon Washington	(Stony Point, Round Rock, Texas
48-5¼	*Johnny Brackins	(Lees Summit, Missouri)
48-4½	Davyd Davydenko	(Sumner, Washington)
	SHOT	
69-4¼	**Dylan Targgart (3)**	**(Coldwater, Michigan)**
67-3½	Len'Neth Whitehead	(Academy, Athens, Georgia)
66-8	Jeff Duensing	(Esperanza, Anaheim, California)
64-5¼	Trey Knight	(Ridgefield, Washington)
64-4¾	*Connor Vass-Gal	(Area, New Wilmington, Pennsylvania)
64-3¾	*Bryce Foster	(Taylor, Katy, Texas)
64-0	Jason Swarens	(South, Terre Haute, Indiana)
63-2	Aidan Elbettar	(Newport Harbor, Newport Beach, California)
62-11½	Jeff Kline	(Area, Fleetwood, Pa)
62-6½	Josiah Harry	(Christian, Mobile, Alabama)
62-4	Mason Ellis	(West Forsyth, Clemmons, North Carolina)
62-1¼	Hunter Hendershot	(Mahomet-Seymour, Mahomet, Illinois)
61-10½	Cole Sample	(Tonganoxie, Kansas)
61-4	Elliott Purdy	(North Platte, Nebraska)
61-2¼	Josh Bradford	(Falmouth, Massachusetts)
61-2	Sawyer Howard	(Los Alamitos, California)
61-1½	Quinten Lyons	(Notre Dame, Sherman Oaks, California)
61-½	Mason Strunk	(Academy, Salem, Oregon)
60-10½	Nathan Cooper	(Dothan, Alabama)
60-8	Patrick Passalacqua	(Northern Valley-Old Tappan, Old Tappan, New Jersey)
	Maurice Westmoreland	(Klein Forest, Houston, Texas)
	DISCUS	
197-4	Aidan Elbettar	(Newport Harbor, Newport Beach, California)
194-3	Josiah Harry	(Christian, Mobile, Alabama)
192-1	Tyler Brown	(East, Lincoln, Nebraska)
191-8	*Jackson Acker	(Area, Verona, Wisconsin)
191-4	*Bryce Foster	(Taylor, Katy, Texas)
190-9	Jeff Duensing	(Esperanza, Anaheim, California)
189-4	Trey Knight	(Ridgefield, Washington)
188-3	Skylar Coffey	(Brentwood, Tennessee)
187-11	Matthew Appel	(Neuqua Valley, Naperville, Illinois)
	Duane Knisely	(Chestnut Ridge, New Paris, Pennsylvania)
187-8	Kyler Van Grouw	(Buchanan, Clovis, California)
187-7	Dylan Targgart	(Coldwater, Michigan)
186-6	Joshua Scott	(Shadow Ridge, Surprise, Arizona)
185-10	Logan Jones	(Lewis Central, Council Bluffs, Iowa)
185-8	Konner Wood	(Holiday, Texas)
185-7	Justin Wirtz	(Avon Lake, Ohio)
185-5	Thomas Kitchell	(Notre Dame-Green Pond, Easton, Pennsylvania)
184-6	George Hinojosa	(Vela, Edinburg, Texas)
184-4	Caleb Hartley	(Okeechobee, Florida)
184-1	Kody Spader	(De Smet, North Dakota)
	HAMMER	
256-6	**Trey Knight (1)**	**(Ridgefield, Washington)**
233-4	**Kyle Moison (3)**	**(Lincoln, Rhode Island)**



VICTOR SALER/PHOTO RUN

List leader Trey Knight is a threat to the national records in the hammer.

230-11	***Logan Coles (2)**	**(Woonsocket, Rhode Island)**
208-9	Nick Pisciotta	(Commack, New York)
207-9	Ruben Banks	(IMG, Bradenton, Florida)
204-4	Henry Zimmerman	(New Albany, Ohio)
202-9	Tyler Gilliland	(Tumwater, Washington)
202-0	Kade McCall	(Timberline, Boise, Idaho)
200-7	Tyler Arbaugh	(Van Buren, Ohio)
197-2	Derin Paskanik	(Woonsocket, Rhode Island)
	JAVELIN	
224-6	**Sam Hankins (1)**	**(Manhattan, Kansas)**
214-5	***Ian Hall (4)**	**(Rogers, Newport, Rhode Island)**
214-4	**Zechariah Blake (4*)**	**(Curtis, River Ridge, Louisiana)**
210-5	Christopher White	(Grauer, Encinitas, California)
209-3	**Joseph Nizich (3)**	**(Central Catholic, Portland, Oregon)**
208-1	**Jordan Davis (5)**	**(Sheehan, Wallingford, Connecticut)**
203-8	*Collin Burkhart	(Area, Nazareth, Pennsylvania)
201-11	*Evan Niedrowski	(Area, Wyomissing, Pennsylvania)
200-11	Alexander Ramirez	(Mountain Pointe, Phoenix, Arizona)
200-9	Matt Saxe	(Northwest, Shickshinny, Pennsylvania)
199-9	Jackson Rimes	(Catholic, Baton Rouge, Louisiana)
199-2	Gabriel Shouman	(Tahoma, Maple Valley, Washington)
199-1	**Matt Prebola	(Tunkhannock, Pennsylvania)
198-8	*Austin Strawn	(Eagle Point, Oregon)
198-7	Andrew Altemose	(Pocono Mountain East, Swiftwater, Pennsylvania)
198-1	Ricky Ortega	(Coatesville, Pennsylvania)
197-1	Teagun Glenn	(Academy, Albuquerque, New Mexico)
196-5	Alex Mastroianni	(Wallkill Valley, Hardyston, New Jersey)
196-3	Luke Ralston	(Blue Valley West, Stilwell, Kansas)
195-2	Luke Souders	(Whitehall, Pennsylvania)
	DECATHLON	
6913	Peyton Bair	(Kimberly, Idaho)
6627(A)	Jett Kinder	(Brentwood, Tennessee)
6533	Gage Knight	(University, Palm Harbor, Florida)
6398	William Ott	(Jenkins, Lakeland, Florida)
6384	Alex Shields	(First Academy, Orlando, Florida)

2020 High School Girls Top 20 Eligibles

KIRBY LEE/IMAGE OF SPORT



Our Athlete Of The Year back in '18, Katelyn Tuohy heads the lists in both the mile & 2M.

NON-SENIORS dominated our '19 HS Girls All-America team. As a result, no fewer than 42 of them are back for another shot, despite the fact that Athlete Of The Year Briana Williams turned pro early (as did fellow speedster Tamari Davis).

Headlining the lists are no fewer than 10 defending No. 1s: Kayla Davis (400), Athing Mu (800), Tori Starcher (mile), Katelyn Tuohy (2M), Jasmine Jones (100H), Taylor Ewert (steeple & walk), Morgan Smalls (HJ), Claire Bryant (LJ) & Kalynn Meyer (DT). Those 10 No. 1s are joined by 6 No. 2s, 10 No. 3s, 7 No. 4s and 9 No. 5s. Tuohy is also back as the '18 mile leader.

The 800 will look very familiar, as all 5 of our All-Am selections are back, while the 400, mile & 2M each claim 4 returners.

So here, taken from the lists compiled by HS Girls Editor Mike Kennedy, are the top 20 returners in each of the standard events (fewer in infrequently contested ones) with their PRs. Returning All-Ams are in bold with their rating last year; '18 All-Ams who didn't score last year are in bold with an asterisked rating. Classes: **** = 8th-grader; *** = frosh; ** = soph; * = junior; all others are seniors. Marks are as of February 24.

100 METERS		
11.36	*Kenondra Davis	(Trimble, Ft Worth, Texas)
11.44	**Jayla Jamison	(Airport, West Columbia, South Carolina)
11.52	Talitha Diggs	(Saucon Valley, Hellertown, Pennsylvania)
11.54(A)	Jazmine Hobson	(Shiloh, Snellville, Georgia)
11.55	*Trinity Rossum	(Buford, Georgia)
	*Lashanti Williams	(Clarke Central, Athens, Georgia)
11.56(A)	Jadyn Mays	(North Canyon, Phoenix, Arizona)
	*Makhaila Mills	(Creekside, St Johns, Florida)
11.58	*Alicia Burnett	(Parkway North, Creve Coeur, Missouri)
(A)	*Adriana Tatum	(Sandia, Albuquerque, New Mexico)
11.59	Sydney Holiday	(Broomfield, Colorado)
	**Moforehan Abinusawa	(Germantown, Ft Washington, Pennsylvania)
11.60	Diandrenique Gaines	(Hattiesburg, Mississippi)
	Jonah Ross	(Garner, North Carolina)
11.61	Kiyah Yeast	(Center Grove, Greenwood, Indiana)
11.62	**Kennedi Sanders	(Central, Madison, Mississippi)
	Zatoria Thompson	(Aquinas, Ft Lauderdale, Florida)
11.63	Tionna Brown	(Northrop, Ft Wayne, Indiana)
	Lauren Lucas	(Cypress Woods, Cypress, Texas)
11.64	*JaEra Griffin	(DeSoto, Texas)
200 METERS		
23.28(A)	*Dynasty McClennon	(Summer Creek, Houston, Texas)
23.31	**Kayla Davis	(Providence Day, Charlotte, North Carolina)
23.36	Jayla Hollis	(DeSoto, Texas)
23.38	*Kenondra Davis	(Trimble, Ft Worth, Texas)
	Laila Owens (4)	**(Bush, Richmond, Texas)**
23.39	Kimberly Harris	(Buford, Georgia)
23.45	**Ramiah Elliott	(North Central, Indianapolis, Indiana)
23.46	Alicia Burnett	(Parkway North, Creve Coeur, Missouri)
23.61	**Jassani Carter	(Flanagan, Pembroke Pines, Florida)
23.63	Athing Mu	(Central, Trenton, New Jersey)
23.65	**Aaliyah Butler	(Piper, Sunrise, Florida)
23.66	*Aaliyah Pyatt	(Massaponax, Fredericksburg, Virginia)
23.68	Leah Phillips	(Bullis, Potomac, Maryland)
23.70	*Lashanti Williams	(Clarke Central, Athens, Georgia)
23.72	****Jada Kenner	(Tapestry, Buffalo, New York)
	Jonah Ross	(Garner, North Carolina)
23.73	Alysia Johnson	(Hillside, Durham, North Carolina)
	*Dynasty McClennon	(Summer Creek, Houston, Texas)
23.78	Makhia Jarrett	(Salem, Virginia Beach, Virginia)
23.79	Talitha Diggs	(Saucon Valley, Hellertown, Pennsylvania)
400 METERS		
51.17	**Kayla Davis (1)**	**(Providence Day, Charlotte, North Carolina)**
51.98	**Athing Mu (2)**	**(Central, Trenton, New Jersey)**
52.12	**Ziyah Holman (4)**	**(Georgetown Day, Washington, DC)**
52.16	**Kimberly Harris (3*)**	**(Buford, Georgia)**
52.25	**Aaliyah Butler (5)**	**(Piper, Sunrise, Florida)**
52.79	*Caitlyn Bobb	(Hartford, Bel Air, Maryland)
52.82	Talitha Diggs	(Saucon Valley, Hellertown, Pennsylvania)
52.89	**Ramiah Elliott	(North Central, Indianapolis, Indiana)
53.14	***Kaylyn Brown	(Mallard Creek, Charlotte, North Carolina)

53.18	Alysia Johnson	(Hillside, Durham, North Carolina)
53.25	*Dynasty McClennon	(Summer Creek, Houston, Texas)
53.60	*Aaliyah Pyatt	(Massaponax, Fredericksburg, Virginia)
53.61	**Maisha Atkinson	(Florida Atlantic, Boca Raton, Florida)
53.63(A)	Lily Williams	(Grandview, Aurora, Colorado)
53.65	*Mekenze Kelley	(Campbell, Smyrna, Georgia)
53.69	***Shawnti Jackson	(Wakefield, Raleigh, North Carolina)
53.70	Moriah Oliveira	(Evangelical, Ft Myers, Florida)
53.76	*Trinity Price	(Buford, Georgia)
(A)	Cierra Wash	(DeSoto, Texas)
53.81	*Victoria Bossong	(Chevrus, Portland, Maine)
800 METERS		
2:01.17	**Athing Mu (1)**	**(Central, Trenton, New Jersey)**
2:04.38	***Michaela Rose (3)**	**(Home, Norfolk, Virginia)**
2:04.86	****Roisin Willis (2)**	**(Stevens Point, Wisconsin)**
2:05.15	**Victoria Vanriele (4)**	**(Livingston, Berkeley Heights, New Jersey)**
2:05.25	**Juliette Whittaker	(Mt de Sales, Catonsville, Maryland)
2:05.83	***Taylor James (5)**	**(Niwot, Colorado)**
2:06.01	Dominique Mustin	(North Canyon, Phoenix, Arizona)
2:06.10	*Bailey Goggans	(Marble Falls, Texas)
2:06.27	*Makayla Paige	(Memorial, Tewksbury, Massachusetts)
2:06.70	***Sophia Gorriaran	(Brown, Providence, Rhode Island)
2:07.10	Nicole Anderson	(Memorial, Billerica, Massachusetts)
2:07.42	Tori Starcher	(Ripley, West Virginia)
2:07.65	Maxana Grubb	(Amherst Central, Buffalo, New York)
2:08.05	*Jinah Mickens-Malik	(Mater, Hialeah, Florida)
2:08.23	Maddie Russin	(Crown Point, Indiana)
2:08.27	Sarah Trainor	(Roosevelt, Hyde Park, New York)
2:08.34	Zofia Dudek'	(Pioneer, Ann Arbor, Michigan)
2:08.40	*Jessica Edwards	(Canterbury, Ft Myers, Florida)
2:08.45	**Lea Hatcher	(Morgantown, West Virginia)
2:08.50	Julia Dvorak	(Homestead, Ft Wayne, Indiana)
MILE		
(+ = converted from 1500 or 1600)		
4:33.87	**Katelyn Tuohy (1*)**	**(North Rockland, Thiells, New York)**
4:37.76	**Marlee Starliper (2)**	**(Northern, Dillsburg, Pennsylvania)**
4:38.19	**Tori Starcher (1)**	**(Ripley, West Virginia)**
4:38.68+	**Taryn Parks (3)**	**(Greencastle-Antrim, Greencastle, Pennsylvania)**
4:39.57	Katelynne Hart	(Glenbard West, Glen Ellyn, Illinois)
4:41.34	**Zofia Dudek' (5)**	**(Pioneer, Ann Arbor, Michigan)**
4:41.80	Lexy Halladay	(Mountain View, Meridian, Idaho)
4:42.86	**Carlee Hansen	(Woods Cross, Utah)
4:42.91	*Allie Janke	(North Central, Spokane, Washington)
4:43.33	**Jenna Hutchins	(Science Hill, Johnson City, Tennessee)
4:43.41	**London Culbreath (4*)**	**(North, McKinney, Texas)**
4:43.89	**Juliette Whittaker	(Mt de Sales, Catonsville, Maryland)
4:44.22+	*Jacqueline Duarte	(Chino Hills, California)
4:45.87	Taylor Roe	(Lake Stevens, Washington)
4:45.93	Lucy Jenks	(Newton South, Newton Centre, Massachusetts)
4:45.95	Valerie Lastra	(Mater, Miami, Florida)
4:46.24	Katelyn Tuohy	(North Rockland, Thiells, New York)
4:46.44	Isabelle Goldstein	(Germantown, Ft Washington, Pennsylvania)
4:46.58	Alyssa Hendrix	(Riverview, Florida)
4:46.66+	*Audrey Suarez	(Mayfield, Pasadena, California)
4:47.78+	*Mia Barnett	(Village, Sun Valley, California)

2 MILES		
(+ = time converted from 3000 or 3200)		
9:45.16+	**Katelyn Tuohy (1)**	**(North Rockland, Thiells, New York)**
9:50.92+	**Marlee Starliper (3)**	**(Northern, Dillsburg, Pennsylvania)**
9:55.42	**Katelynne Hart (4)**	**(Glenbard West, Glen Ellyn, Illinois)**
9:57.54	***Brynn Brown (5)**	**(Guyer, Denton, Texas)**
10:00.19+	Zofia Dudek'	(Pioneer, Ann Arbor, Michigan)
10:01.52	Sydney Thorvaldson	(Rawlins, Wyoming)
10:03.29	London Culbreath	(North, McKinney, Texas)
10:06.36+	*Sydney Masciarelli	(Marianapolis, Thompson, Connecticut)
10:07.69+	**Abby Vanderkooi	(Christian, Muskegon, Michigan)
10:14.00+	Parker Valby	(East Lake, Tarpon Springs, Florida)
10:14.38+	*Allie Janke	(North Central, Spokane, Washington)
10:17.03	Lucy Jenks	(Newton South, Newton Centre, Massachusetts)
10:18.94	Taylor Ewert	(Beavercreek, Ohio)
10:19.57+	*Brooke Rauber	(Tully, New York)
10:19.60+	*Emily Carter	(Bethel Park, Pennsylvania)
10:19.62+	Jaden Theis	(Catholic, Lansing, Michigan)
10:20.98+	Corie Smith	(Buchanan, Clovis, California)
10:20.71+	Victoria Gaitan	(Great Oak, Temecula, California)
10:21.81+	Taylor Roe	(Lake Stevens, Washington)
10:22.06	Sarah Connelly	(Mt Sinai, New York
2000 STEEPLE		
6:29.08	Sarah Trainor	(Roosevelt, Hyde Park, New York)
6:33.61	**Taylor Ewert (1)**	**(Beavercreek, Ohio)**
6:41.95	*Brooke Rauber	(Tully, New York)
6:43.19	***Karrie Baloga	(Cornwall, New Windsor, New York)
6:43.35	Mary Hennelly	(Suffern, New York)
100 HURDLES		
13.19	**Jasmine Jones (1)**	**(Greater Atlanta, Norcross, Georgia)**
13.37	**Jayla Hollis (4)**	**(DeSoto, Texas)**
13.39	***Tyra Wilson (5)**	**(Rock Bridge, Columbia, Missouri)**
13.42	*Jalaysi'ya Smith	(DeSoto, Texas)
13.52	Emelia Chatfield	(Aquinas, Ft Lauderdale, Florida)
	Aasia Laurencin	(Oak Park, Michigan)
13.55	Markalah Hart	(Northwestern, Miami, Florida)
	Kaylah McCall	(Homewood-Flossmoor, Flossmoor, Illinois)
13.56	Leah Phillips	(Bullis, Potomac, Maryland)
13.63	*Lucheyona Weaver	(Dunbar, Ft Myers, Florida)
	*Bella Witt	(Birmingham, Lake Balboa, California)
13.76	Winter Bogan	(Atascocita, Humble, Texas)
13.78	*Na'Taja Ballard	(Western Branch, Chesapeake, Virginia)
13.83	Michelle Owens	(McCluer North, Florissant, Missouri)
13.84	Ashantse Harvey	(Hallandale, Hallandale Beach, Florida)
13.88	*Zariyah Black	(Eastern Guilford, Gibsonville, North Carolina)
	**Taylor McKinnon	(Gibbons, Raleigh, North Carolina)
13.92	*Alexis Glasco	(Aquinas, Ft Lauderdale, Florida)
	Taylor Shorter	(Norco, California)
13.93	*Asjah Atkinson	(St Anthony, Long Beach, California)
	Alexandra Webster	(The Woodlands, Texas)
300 HURDLES		
58.16	***Michaela Rose (3)**	**(Landry, Boone, North Carolina)**
40.28	Markalah Hart	(Northwestern, Miami, Florida)
40.79(A)/58.33	***Tyra Wilson (5)**	**(Rock Bridge, Columbia, Missouri)**
40.82/58.45	Leah Phillips	(Bullis, Potomac, Maryland)
41.01	Rachel Glenn	(Wilson, Long Beach, California)

VICTOR SAILER/PHOTO RUN



Versatile North Carolinian Morgan Smalls tops the lists in both the high jump & triple jump.

41.15	Emelia Chatfield	(Aquinas, Ft Lauderdale, Florida)
41.38/60.13	Niya Benton-Andrews	(Jackson, Atlanta, Georgia)
41.43	*Alexis Glasco	(Aquinas, Ft Lauderdale, Florida)
41.46/58.82	Ashton Lindley	(Campbell, Smyrna, Georgia)
41.81	Jasmine Jones	(Greater Atlanta, Norcross, Georgia)
41.81/59.42	Alexandra Webster	(The Woodlands, Texas)
41.94/60.36	*Chakiya Plummer	(McEachern, Powder Springs, Georgia)
42.06	Taylor Shorter	(Norco, California)
42.14	*Jalaysi'ya Smith	(DeSoto, Texas)
42.24	*Jania Hodges	(Sandy Creek, Tyrone, Georgia)
42.26	**Terica Boyd	(North Miami, Florida)
42.31	Destini Jeter	(East, Wylie, Texas)
	Jadin O'Brien	(Divine Savior Holy Angels, Milwaukee, Wisconsin)
42.39	Kiana Kai	(Campo Verde, Gilbert, Arizona)
42.42	Ashantae Harvey	(Hallandale, Hallandale Beach, Florida)
	3000 WALK	
13:24.76	**Taylor Ewert (1)**	**(Beavercreek, Ohio)**
13:38.63	**Ciara Duncan	(Pearl River, New York)
14:53.36	Isabella Rogler	(West Islip, New York)
15:07.19	*Grace Endy	(Westfield, New Jersey)
15:12.69	*Analiese Fabrizi	(Sachem North, Lake Ronkonkoma, New York)
	HIGH JUMP	
6-3¼	**Morgan Smalls (1)**	**(Panther Creek, Cary, North Carolina)**
6-¾	**Alyssa Jones	(Southridge, Miami, Florida)
	Jenna Rogers	(Rutherford, New Jersey)
6-0	**Madison Schmidt (4)**	**(Blaine, Minnesota)**
5-11¼	***Cheyla Scott	(MS, Matthews, North Carolina)
5-11	*Sydney Banks	(Osbourn Park, Manassas, Virginia)
	Rachel Glenn	(Wilson, Long Beach, California)
	Diamonasia Taylor	(Urbana, Illinois)
5-10¾	Zatoria Thompson	(Aquinas, Ft Lauderdale, Florida)
5-10½	*Kamiya Dendy	(Pendleton, South Carolina)
5-10	*Maya Harrison	(Mayde Creek, Katy, Texas)
	Jazzmine Harvey	(Northwest, Justin, Texas)
	Tierra Hooker	(Timber Creek, Erial, New Jersey)
	Miranda Marr	(Douglas, Douglasville, Georgia)
	Alacia Myles	(Karr, New Orleans, Louisiana)
	Amaya Ugarte	(Windermere, Florida)
5-9¾	Hannah Lowenstein	(Aquinas, Ft Lauderdale, Florida)
	Zatoria Thompson	(Aquinas, Ft Lauderdale, Florida)
	POLE VAULT	
14-6	*Paige Sommers	(Westlake, Westlake Village, California)
14-3	Leah Pasqualetti	(Orchard Park, New York)
14-1	*Lianne Kistler	(Ballard, Seattle, Washington)
13-7	Riley Hunt	(Greenville, Ohio)
(A)	Mia Manson	(Monarch, Louisville, Colorado)
	*Payton Phillips	(Carrollton, Georgia)
13-6	**Ashley Callahan (3)**	**(Rancho Bernardo, San Diego, California)**
	Liliana Cohen	(Germantown, Ft Washington, Pennsylvania)
	Sydney Horn	(Manheim, Lancaster, Pennsylvania)
	Taylor Starkey	(Casteel, Queen Creek, Arizona)
13-5	*Windsor Roberts	(Tri-Valley, Downs, Illinois)
	**Kenna Stimmel	(Margaretta, Castalia, Ohio)
13-4	Jaidyn Garrett	(Columbus, Nebraska)
	Kelly Kern	(Carondolet, Concord, California)
	Rachel Maciejeski	(Tomball, Texas)
13-2	*Erin Kelleher	(Padua, Wilmington, Delaware)
13-1½	*Heather Abadie	(St Michael, Baton Rouge, Louisiana)
13-1¼	Samantha Spencer	(Providence, New Lenox, Illinois)
13-¼	**Sarah Ferguson	(Lafayette, Lexington, Kentucky)
13-0	Katerina Adamiec	(Poway, California)
	Morgan Flynn	(Aliso Niguel, Aliso Viejo, California)
	*Abeni Kratzmeyer	(Mineola, Texas)
	*Emory Pafford	(Liberty, Lynchburg, Virginia)
	Gabriella Recce	(Central Dauphin, Harrisburg, Pennsylvania)
	LONG JUMP	
20-8¾	**Claire Bryant (1)**	**(Memorial, Houston, Texas)**
20-8½	**Caelyn Harris (3)**	**(Upland, California)**
20-5i	Synclair Savage	(North Cobb, Kennesaw, Georgia)
20-3	*Lashanti Williams	(Clarke Central, Athens, Georgia)
20-2½	Kimberly Harris	(Buford, Georgia)
	Morgan Smalls	(Panther Creek, Cary, North Carolina)
20-2¼	Jasmine Jones	(Greater Atlanta, Norcross, Georgia)
20-1¼	Destini Lombard	(Hightower, Missouri City, Texas)
20-½	****Elizabeth Deen	(MS, Greensboro, North Carolina)
19-11¾	**Jayla Jamison	(Airport, West Columbia, South Carolina)
19-9¾	*Paige Floriea	(Mentor, Ohio)
	Prommyse Hoosier	(Warren Central, Indianapolis, Indiana)
	Kennedy Jackson	(Western, Walled Lake, Michigan)
	Brooklyn Manna	(Woburn, Massachusetts)
19-9½i(A)	Sadie McMullen	(Valor, Highlands Ranch, Colorado)
19-8½	Ariel Lawrence	(Dunwoody, Georgia)
19-8¼	Chelsea Mitchell	(Canton, Connecticut)
19-8	Cloey Fare	(Harlem, Machesney Park, Illinois)
19-7½	*Jade McDonald	(Poly, Long Beach, California)
	India Turk	(Houston, Warner Robbins, Georgia)
	TRIPLE JUMP	
42-10	**Morgan Smalls (4)**	**(Panther Creek, Cary, North Carolina)**
42-¼	**Alissa Braxton (3)**	**(Commack, New York)**
41-6½	Nadia Saunders	(North Rockland, Thiells, New York)
41-6	**Ashley Moore (5)**	**(Centennial, Las Vegas, Nevada)**
41-5	Janaya Jones	(Forest Park, Georgia)

41-3	Michelle Graham	(Cinco Ranch, Katy, Texas)
41-2v	Riley Burger	(Notre Dame, Cape Girardeau, Missouri)
41-½	*Jayla Brown	(McEachern, Powder Springs, Georgia)
40-9½	**Agur Dwol	(Mullen, Denver, Colorado)
40-7¾	*Kendall Jordan	(Cummings, Burlington, North Carolina)
40-7	*Jordan Hardy	(Hampton, Virginia)
40-6¾	Mahogany Jenkins	(Watchung Hills, Warren, New Jersey)
40-6½	Simone Johnson	(Central, Fresno, California)
40-6¼	India Turk	(Howard, Macon, Georgia)
	*Reiko Wilford	(Curtis, University Place, Washington)
40-5	*Summer Stevenson	(Great Oak, Temecula, California)
	Tesia Thomas	(West York Area, York, Pennsylvania)
40-4¼	*Riley Ammenhauser	(Neuqua Valley, Naperville, Illinois)
40-4	*Jada Joseph	(American Heritage, Plantation, Florida)
40-3¼	Teresa Myrthil	(Robinson, Fairfax, Virginia)
	SHOT	
51-10¾	Maria Deaviz	(Souderton, Pennsylvania)
49-5	KeAyla Dove	(Cypress Lakes, Katy, Texas)
	Kalynn Meyer (3)	**(Superior, Nebraska)**
49-1½	**Zoe Vlk (2)**	**(Wilson Central, Lebanon, Tennessee)**
48-6½	Lenea Browder	(Troy, Ohio)
48-5	Jaida Ross	(North, Medford, Oregon)
47-11	**Emma Callahan	(Shenango, New Castle, Pennsylvania)
47-8	*Jayden Ulrich	(East Alton-Wood River, Wood River, Illinois)
47-7¼	*Faith Bender	(Liberty, Bakersfield, California)
47-6½	Paige Lowe	(Lee, Midland, Texas)
47-6	Mya Lesnar	(Alexandria, Minnesota)
47-5	*Chrystal Herpin	(Dawson, Pearland, Texas)
47-¾	Jasmine Greer	(Roosevelt, Sioux Falls, South Dakota)
46-7¾	*Amelia Flynt	(Cinco Ranch, Katy, Texas)
46-4¼	Christalee Kirby	(Guyer, Denton, Texas)
46-1	Cydney Thomas	(Haddon Heights, New Jersey)
46-¾	Kiana Lowery	(Klein Oak, Spring, Texas)
46-0	Jaycee Schroeder	(Jefferson, Dandridge, Tennessee)
45-11¾	*Siniru Iheoma	(Council Rock South, Holland, Pennsylvania)
45-10¾	*Valadian Pallett	(Farmington, Michigan)
	DISCUS	
176-8	**Kalynn Meyer (1)**	**(Superior, Nebraska)**
169-1	**Shelby Frank (2)**	**(Red River, Grand Forks, North Dakota)**
168-6	***Faith Bender (5)**	**(Liberty, Bakersfield, California)**
164-1	Lenea Browder	(Troy, Ohio)
162-6	Paige Lowe	(Lee, Midland, Texas)
160-7	Christalee Kirby	(Guyer, Denton, Texas)
160-5	*Chrystal Herpin	(Dawson, Pearland, Texas)
160-0	Zoe Burleson	(Rocksprings, Texas)
159-10	Nyabuay Diew	(South Sioux City, Nebraska)
157-9	*Janae Profit	(Dunwoody, Georgia)
157-4	Sydney Blackburn	(Highlands, Pompano Beach, Florida)
154-9	Eve Goldstein	(Somerset, Wisconsin)
153-5	Kira Lindner	(Greeley, Chappaqua, New York)
152-7	*Siniru Iheoma	(Council Rock South, Holland, Pennsylvania)
152-3	*Amelia Flynt	(Cinco Ranch, Katy, Texas)
150-11	Jade Whitfield	(Mt Whitney, Visalia, California)
150-5	Eriana Sanford	(Hallandale, Hallandale Beach, Florida)
150-4	*Madison Collier	(Hennessey, Oklahoma)
150-2	*Klaire Kovatch	(Seeley-Swan, Missoula, Montana)



KIRBY LEE/IMAGE OF SPORT

Top-ranked long jumper Claire Bryant is back for her senior year.

150-1	Jhordyn Stallworth	(Florida, Tallahassee, Florida)
	HAMMER	
185-11	Monique Hardy	(Webster Thomas, Webster, New York)
182-1	Ava David	(Lake Oswego, Oregon)
178-6	Markayla Billings	(Cosumnes Oaks, Elk Grove, California)
172-8	Bailey Tilley	(Jenks, Oklahoma)
169-4	Cheyenne Figueroa	(Classical, Providence, Rhode Island)
166-4	*Sarah Ortes	(Classical, Providence, Rhode Island)
164-2	Emma Kowalski	(Darby, Hilliard, Ohio)
163-0	*Sophia Gallucci	(Coventry, Rhode Island)
160-7	Nanette Collins	(Bella Vista, Cave Creek, Arizona)
158-2	Kira Lindner	(Greeley, Chappaqua, New York)
	JAVELIN	
161-8	***Sydney Juszczyk (5)**	**(Trinity, St Louis, Missouri)**
158-8	Angellica Street	(Columbia Falls, Montana)
156-11	***Katelyn Fairchild (3)**	**(Andale, Kansas)**
154-1	Riley Traeger	(Silverton, Oregon)
151-9	Jazlyn Romero	(Hermiston, Oregon)
151-6	Kaesha George	(Monett, Missouri)
150-5	*Alianna Eucker	(Bergen, Hackensack, New Jersey)
149-7	Kate Joyce	(Weston, Connecticut)
147-7	Kathleen Horn	(Gonzaga, Spokane, Washington)
147-5	*Maryann Ackerman	(Area, Slippery Rock, Pennsylvania)
146-6	Emily Poole	(Huntley Project, Worden, Montana)
146-4	Lexy Farrington	(Blue Valley North, Overland Park, Kansas)
146-1	*Taylor Ciccolini	(Mifflin, Lewiston, Pennsylvania)
143-10	*Kendra Odegard	(Lisbon, North Dakota)
143-4	Morgan Johnson	(Whitewater, Fayetteville, Georgia)
	*Amanda Opp	(Lakewood, Colorado)
142-8	Michaela Hjelseth	(Davies, Fargo, North Dakota)
	*Samantha Marx	(Andale, Kansas)
141-9	**Skyln Munson	(River View, Kennewick, Washington)
141-7	*Isabelle Esler	(St Mary's, Portland, Oregon)
	HEPTATHLON	
5167	**Jadin O'Brien (2)**	**(Divine Savior Holy Angels, Milwaukee, Wisconsin)**
5160	**Alaina Brady (3)**	**(Tahoma, Maple Valley, Washington)**
5094	**Bryanna Craig	(Millville, New Jersey)
4839	*Jania Hodges	(Sandy Creek, Tyrone, Georgia)
4811	Brianna Smith	(Cheltenham, Wyncote, Pennsylvania)

ON YOUR MARKS

KEVIN MORRIS



Colleen Quigley held off Bowerman TC teammate Karissa Schweizer by just 0.02 for 2nd at the USATF Indoor.

BIG RUNNING NEWS: We don't know what the combo WR is for the shot & half-marathon, but **John Godina** has a chance. The 4-time world champion putter, now 47, has been training as a distance runner, with an eye toward breaking his wife's family record of 1:58. He recently posted that his weight was down to 229, same as his discus PR…

Texas multi-eventers **Wolf Mahler** and **Ashtin Zamzow** got married in January. She'll go by Ashtin Mahler…

Prep shot leader **Dylan Targgart** (65-6) will miss the New Balance Indoor because of his basketball season…

With the postponement of the World Indoor, international statistician **Peter Matthews** notes this is the first undercover season since '61 that British athletes have not had an international championship or dual meet to represent their country…

The American **sub-4:00 milers** club continues to grow, with 11 new additions in the early days of the '20 campaign…

The Liévin meet featured a women's 2000 steeple—an event rarely run indoors. The winning time of 5:47.79 by Maruša Mišmaš of Slovenia is a **world indoor best** (and 5 seconds faster than the outdoor best, but this one was done without a water jump). Mišmaš was a WC finalist in the steeple outdoors…

And a new world indoor best in the discus came out of the ISTAF meet in Berlin. **Shanice Craft** threw 210-1 (64.03), breaking **Nadine Muller's** 209-7 (63.89) from the same meet last year…

Caster Semenya remains in play, winning a 300 race in Johannesburg. Banned by WA from competing in anything from the 400 to the mile, the 29-year-old says, "I am here to stay. Track & field, you will still see my face. That is all I can say for now." Her 36.78—at altitude—was far shy of Shaunae Miller-Uibo's world best of 34.41 set last summer…

Someone's not happy with **Britain's anti-doping agency.** The organization was hit with over 11,000 malicious e-mails in the last three months of '19. Many of them were phishing emails; none of the attacks were successful…

The IOC is dealing with its own attacks, as its Twitter accounts were hacked by a group named OurMine, which left behind a statement: "Everything is hackable." The group also left behind an e-mail address and an offer to help with Internet security…

A $5 million alumni gift will help **SMU** build a new 1000-seat soccer and track facility…

Nebraska has expanded its stadium project, with the new version—costing some $16.5 million—big enough to host Conference and Regional meets, with 2500 permanent seats and 1500 flex seats…

Banned from track for 4 years, Kenyan miler **Asbel Kiprop** says he's going to switch to motorsports. He explained, "I'm ready to begin again in a sport that doesn't have a doping conspiracy."…

A filmmaker who has spent 3 years following **Mondo Duplantis**, Brennan Robideaux, is planning to have his documentary complete after the Olympics. Called *Born To Fly*, the film's trailer has been released as part of a fundraising effort on Kickstarter…

Sold at a recent auction for a stunning $8.8 million to a then-unknown buyer, the historic manuscript in which Baron **Pierre de Coubertin** outlined his idea for a modern Olympics has now been donated to the Olympic Museum in Lausanne. Turns out it was bought by Russian billionaire Alisher Usmanov, a Putin ally who, it has been speculated, gave the manuscript to help smooth the way for a Russian return to the Games.

Rabbit makes good: Ethiopian teen **Zerfe Wondemagegn** has been working as a pacer on the Euro circuit, but has managed to finish a couple of those 3000 races, even after going through 2K on schedule. In Val-de-Reuil she set a PR of 8:45.84, placing 4th after her pacesetting duties…

The good news is that **Wake County North Carolina**, approved public funding to build a $193 million multi-sports facility that includes a 200-meter track. The bad news is that in the latest plan, the track has been removed from the proposal…

David Rudisha says to not bet on him just yet to win a third-straight Olympic 800 gold, explaining, "I have just started training. So, I cannot say that I will make it to the Olympic Games. It's too early. Let me assess my body response first."…

The Oregon House has passed legislation extending a hotel tax—the move will generate additional funding for the **'21 World Championships**, helping making up for a $20 million shortfall from what the state had pledged to the event…

British long jumper **Lorraine Ugen** is now being coached by '04 gold medalist **Dwight Phillips…**

The **Penn Relays** will now be presented by Toyota, as the auto giant has signed on as the exclusive presenting sponsor…

One reason **Kibiwott Kandie** upset 2-time champion **Geoffrey Kamworor** at the Kenyan XC Championships is that Kamworor, leading the last three laps, was sent the wrong way by officials at the final turn.

All-time hurdle great **Greg Foster**, 61, has successfully undergone heart transplant surgery…

Penn State sprinter Justin Ofotan has been suspended from the team after being charged with a **felony count** of strangulation, as well as several misdemeanor counts related to a domestic violence incident…

The day that **UK Athletics** announced its new CEO, Joanna Adams, the chairman of the organization resigned. Chris Clark said the position was taking too much of his time…

The **USATF Foundation** has awarded grants of up to $2000 each to 22 youth clubs around the nation…

A human rights group, the **Africa Alliance For Health, Research & Economic Development**, has petitioned WADA and the AIU asking for all doping bans to be lifted, saying that the "misery and painful punitive actions" against athletes are unfair because of "serious doubts" in the doping test program…

Double amputee **Blake Leeper**, who placed 5th in the USATF 400 last year, has appealed to CAS for an expedited hearing on whether he has the right to run in the Olympic Trials. In '08 Oscar Pistorius won such an appeal, using the same legal team, but new WA guidelines put the burden of proof on the athlete to show the prosthetic blades are not an unfair advantage. Leeper showed amazing second-half speed in Des Moines last year…

Not all athletes want **financial support**. British shot putter Sophie McKinna, 11th at Doha last year, turned down $19,000 in training support from her nation's world-class program. Said the police officer, "I don't think I could be a full-time athlete; it would drive me insane to be worrying about it all the time." □

Tokyo Tickets Update

Assuming the coronavirus scare hasn't done its worst, starting in mid-May remaining Olympic tickets will be available from authorized sellers worldwide. Some 4.48 million ducats—an expected to be about half the total—have already been sold to Japanese…

Fans who bought tickets to the road events have full or partial refunds coming after the move of the marathon and walks to Sapporo. Men's marathon tickets are easy, since that was a single ticket, but the women's race was bundled with other events, making the refund options a bit more complicated…

Speaking of tickets and the coronavirus, apparently Nanjing has already given refunds to those who had purchased seats for this year's now-postponed World Indoor.

STATUS QUO

HERE'S THE LATEST in the aches, pains & eligibility departments.

KIRBY LEE/IMAGE OF SPORT



Illness kept Amy Cragg from defending her Olympic Trials Marathon title.

A high-end choice for OT marathon success, **Amy Cragg** withdrew, citing illness—apparently the flu combined with overtraining syndrome.

Last year's No. 1 High School 400 All-America **Kayla Davis**, who didn't represent her school last year, has transferred to Hough of Charlotte, North Carolina and will be a member of the team.

Following her transfer from Georgia to Texas last year, hurdle/long jump star **Tara Davis** tweeted in January that she had a broken foot…

Brit long hurdler **Eilidh Doyle** gave birth in late January, but she plans to return to action before the Olympics.

As if he doesn't have enough problems elsewhere, **Mo Farah** withdrew from a March half-marathon duel with Kenenisa Bekele, citing a minor Achilles injury.

Sweden's **Robel Fsiha** has been provisionally suspended after a positive test in Ethiopia a month before he won the Euro cross country title.

Heptathlete **Allison Halverson** now has an Armenian passport, but WA still needs to sign off on her transfer of allegiance. As Allison Reaser she was the '14 NCAA runner-up for San Diego State.

British hammer thrower **Sophie Hitchon** struggled with a technique change last year. Now she is back to her old style, but the switch was complicated by an appendectomy late last year.

Norway's **Filip Ingebrigtsen** ended his indoor season early, but he's not injured like his younger brother Jakob. Rather, doctors said the child he and his wife are expecting may be arriving sooner than expected.

Kenyan marathoner **Rita Jeptoo** is back to full training following the end of her 4-year doping ban last fall.

A groin injury ended the indoor season of British sprinter **Richard Kilty**.

Many-time national champ **Erik Kynard** won the USATF Indoor high jump in his first season back since he last competed in June '18. He says, "600 days ago I was in a pool of uncertainty. I ruptured my left Achilles. I didn't know if I'd ever tie this shoe again."

Injury-shortened indoor seasons for two Polish vertical-jump stars: high jumper **Kamila Lićwinko** with a minor calf injury, vaulter **Piotr Lisek** after a minor hip injury.

Elijah Manangoi is progressing well in training after missing the WC with an ankle injury. "The injury messed me up but injuries are part of sports," says the '17 World champ at 1500. "I have since shaken it off."

Decathlon WR holder **Kevin Mayer** has reported some Achilles issues this winter.

Katie Nageotte trained through the indoor season, competing only at the PV Summit and that 14-5¼ (4.40) from a short runup.

Hellen Obiri, Kenya's reigning world 5000 champ, injured her back in a cross country race in January. She says, "Of course my dream is to be fit for the Olympics. That is why I have taken a deliberate decision to stay away from competition and give my body the chance to recuperate. I don't want to exert any undue pressure on my back to aggravate the right hamstring."

German 800 revelation **Marc Reuther** (1:45.39 PR in February) fell in the Liévin WIT and broke his elbow.

Katrina Robinson—the Australian Junior 3000 recordholder—has left Arkansas and returned down under. Plagued with injuries, she hasn't raced since the '18 NCAA cross country. But, she says, "I have learnt so much from this experience and I wouldn't change a second of it."

Perri Shakes-Drayton, who ran on WC medal-winning British 4x4s indoors and out, has retired at age 31.

Jamaica's **Sherone Simpson**, a 10.82 performer who struck gold in '04 as part of Jamaica's 4×1, has retired at age 35.

Training through a right knee injury that occurred in January led to a left foot injury that rendered **Parker Stinson** unable to run the OT Marathon.

Oregon miler **James West**, listed as a senior last year, still has a season of eligibility, indoors and out.

Texas miler **Sam Worley** fractured his right tibia while racing at the Husky Classic. No word on how long he will be out.

Wayde van Niekerk, sidelined by knee woes since late '17, is finally racing again. "It's good to be back running," said the 400 WR holder, after winning a pair of altitude-aided spr.

Doping Bans:

8 years—Olesya Sviridova (Russia, shot);

4 years—Abdulrahman Musaeb Balla (Qatar, 800), Sarah Chepchirchir (Kenya, distance), Mark Dry (Great Britain, hammer), Abderrahim Kachir (Morocco, distance), Abraham Kiptum (Kenya, distance), Anna Nazarova (Russia, long jump), Cyrus Rutto (Kenya, 5000), Inderjeet Singh (India, shot), Sofiane Selmouni (France, 1500). □

HERE'S THIS MONTH'S collection of short takes on generally off-track activities that have gone a long way towards shaping the way the sport is headed.



GLADYS CHAI/ASV/OM AGENCY

In what has been a great year for vaulting, Sam Kendricks broke the official American Record.

Kendricks Tops American Record, But Not List

Shortly after Mondo Duplantis got his first World Record of the winter in Toruń, Poland, Sam Kendricks went to work about 1000M west in Rouen, France. He too claimed a record—his of the American variety—with a third-try clearance of 19-8½ (6.01). That upped the official AR of 19-8¼ (6.00) set by Jeff Hartwig in '02. Kendricks remains behind Hartwig on all-time lists, however. As part of a hot streak in that '02 campaign, Hartwig had followed up his 19-8¼ (6.00) with meets of 19-8½ (6.01) and 19-9 (6.02). The requisite paperwork never made it to USATF, so while both are recognized as statistically viable, neither was ever ratified as a record.

Will Coronavirus Compromise The Olympics?

With coronavirus the top story on the world news feed right now—and Japan being one of the hardest-hit countries—many are concerned about the fate of the Olympic Games, due to open in Tokyo in less than 5 months. IOC member Dick Pound said in late February that at this point, the show must go on: "Our plan is that unless the elephant in the room becomes ginormous, we're going to open the Games on July 24," he said. "That's where were headed at the moment, and unless we are diverted from that by public authorities and health authorities, we'll go ahead."

If a cancelation or postponement did have to happen, that decision would need to be made in the next three months, he added. Theoretically, the Games could be postponed an entire year, he said, but it would be much more difficult to hold them later in 2020, because of clashes with other major sports schedules. Japanese officials reacted by saying that any talk of postponement or cancelation is pure speculation. They noted that the 3-month window Pound referred to "is not necessarily the IOC's collective view."

Diack The Younger Too Rich To Bribe?

In what perhaps is a World Record for an innovative legal defense—at least in the track world—Papa Massata Diack, the son of former IAAF head Lamine Diack, told a judge in Senegal that the bribery charges against him cannot possibly be true, since he was already making so much money.

"In all the years I worked with the IAAF and Dentsu-AMS, I earned around $10 million from sponsoring contracts and TV rights," testified Papa Massata . "So I had no need to ask athletes to pay money for doping cases." Senegalese officials have refused to let the younger Diack be extradited to stand trial with his father. They took the testimony in November and forwarded it to Paris along with documents related to the case. It arrived too late for the trial to go on as scheduled, so it has been postponed to June.

Pound Defends IOC's Rule 50

Last month in this space we noted that IOC head Thomas Bach had warned athletes against using the Olympics as a forum for political or cultural protests, saying the Games "are not, and must never be, a platform to advance political or any other potentially divisive ends." There was, of course, some pushback, but the IOC's Dick Pound has objected to charges that the organization is using Rule 50 to stifle athletes' freedom of speech.

Pound told a Canadian newspaper, "There is a perfectly simple explanation for such a rule, but in some quarters it has been harshly criticized as an unjustifiable incursion into the rights of free speech enjoyed by Olympic athletes. First, this is not a new rule and, second, it is one wholly consistent with the underlying context of the Olympic Games, during which politics, religion, race and sexual orientation are set aside."

Noting that every athlete has the right to political opinion, Pound added, "The IOC fully agrees with that principle, and has made it absolutely clear that athletes remain free to express their opinions in press conferences, in media interviews and on social media."

Latest Nike Supershoe Is Compliant

Nike says that under the new WA rules (Last Lap, January), its Alphafly Next% shoe—the one that Eliud Kipchoge wore in his sub-2:00 marathon trial—is legal, having an insole that measures at 39.5mm, just under the limit of 40. It also contains only one carbon fiber plate, not the rumored three. The Alphafly Next% is now available to the public on a limited basis, getting into the required 3-month window for use in the Olympics.

New Nike CEO John Donahoe says the shoes do not offer a mechanical advantage: "It's simply using the same materials that go into a shoe and putting them together in an innovative way that allows the athlete to do their very best in a safe way."

A WA spokesperson said that the ruling body's research is ongoing: "We are now conducting detailed scientific research that will be finished this year on all the new shoes on the market to determine the extent to which they can improve performance. If in the process of that research we found that a certain shoe gave too much energy return compared to others on the market, say, we would look at our regulations again."

No Olympic 50K Walk For Women

A last-ditch effort to get the women's 50K walk on the Tokyo menu was shot down by CAS in early February, saying it had no jurisdiction to hear the appeal. Eight walkers, including '17 world champion Inês Henriques, brought the case to the court. WA had previously requested that the IOC include the event to no effect.

Paul DeMeester, the U.S. lawyer behind the appeal, maintained that the lack of the event is a violation of the Olympic Charter's position on gender equality. The 50K walk is the only men's Olympic track & field event with no women's equivalent.

Seyni Affected By DSD Rule Too

Caster Semenya dominated the headlines last year when the new WA (then IAAF) DSD standards came into play, but she wasn't the only casualty. Niger's Aminatou Seyni, despite being the No. 3 performer on the world 400 list with her 49.19, had to run the Doha 200 instead, with WA's testosterone rule keeping her out of her chosen event. Like Semenya, Seyni refuses to take medication to lower her testosterone to levels that WA requires. She is appealing the decision CAS made last year in upholding the rule.

"I feel a little bit sad because if I ran the 400m I could have won a medal," she says, "but for the 200 there are a lot of athletes that are better developed." For now, she says she is aiming at the Tokyo 200, and perhaps the 100 also. The WA rule currently bans hyperandrogenous females only from distances between 400m and a mile.

Kenya Has Many Fashion Critics

Not everyone is happy with Nike's new design for the Kenyan Olympic uniform. Despite the defense of the garb by marathon legend Eliud Kipchoge, the uniforms and their beehive design created a stir on Kenyan social media platforms. Wrote one critic, "The other kit does not need to be changed—it is a well-known global trademark and brand that sends fear to rivals." Another likened the honeycomb pattern as "inspired by bees." An online petition has been launched to have Nike change the collection for the Olympics. "We cannot have them dressed in the ugly garb that Nike designs every year from the off cuts collected in the bins after they've designed other's sportswear," reads the posting.

Salazar's Woes Continue

Embattled coach Alberto Salazar earned himself another suspension as the U.S. Center For SafeSport has put him on its temporary ban list. The organization, which polices physical and sexual abuse among other things, would not offer details on the Salazar case. The BBC, meanwhile, has released an interview with former Nike runner Ari Lambie, who says the coach asked her to take a supplement as an experiment to see if it would cause her to fail a drug test. "I don't know what the substance was," she said.

Salazar's bad-news cycle got even worse with more revelations regarding British star Mo Farah and his connection with Salazar. Farah initially denied he was receiving L-carnitine injections in '14, then changed his story when evidence emerged. UK Athletics officials were reportedly involved in the process of procuring the substance in Switzerland with Salazar's help.

Russia Still Walking A Fine Line?

In November the AIU charged 7 officials of the Russian federation with forging documents regarding World Indoor high jump champ Danil Lysenko's missed tests. The first set of responses the federation gave to the AIU was so unconvincing that the AIU recommended that the federation be entirely expelled from World Athletics. "A total lack of contrition," is how the AIU described the Russian position. The WA demand for another explanation of the coverup followed, and Russia reportedly complied. Meanwhile, WADA had asked for a public CAS hearing to resolve the Russia controversy, however CAS will keep the hearing off the public stage. It won't happen before May.

So Who's In Charge In Russia?

The Russian sports ministry suspended the track federation for a month and the entire executive committee resigned. The Russian Olympic Committee is now directing the activities of the federation. In the quest to find new leadership for the beleaguered group, 51-year-old Yevgeniy Yurchenko arguably drew the short straw and will be the new president. With little sports background, Yurchenko was previously a regional deputy governor as well as an executive for an aircraft company.

Yurchenko, who is said to have the backing of the Kremlin, won the post after all of the other candidates were said to have pulled out. One of them, athlete agent Mikhail Gusev, told RIA Novosti he did not withdraw his candidacy. "I have just learnt what's happening myself," he said. "I am planning to find out what has happened."

High jumper Ilya Ivanyuk, who won the bronze in Doha, said, "I expect that the changes will be for the better and we will be able to return our athletics to the international family. I would like to believe in this." □



And In The Sharp-Eyed Reader Department…

A note from Evan Davis of Geneva, Switzerland: "How many people realize that Usain Bolt was on the cover of *T&FN* as early as September 2002—and not first in 2003, as you cited recently in your '10 Questions with Usain Bolt'"?

Well, sort of: part of Mr. Bolt indeed appeared in '02, as the accompanying cover shows. That's him on the right, anchoring the Jamaican 4×1. The news coverage of the World Juniors mentioned his name for what we believe was the first time in our pages, with a single sentence: "Jamaica's only men's gold came from Usain Bolt (20.61), still just 15."

LANDMARKS



The late Dick Bank said his most memorable telecasting experience was from Leningrad in '70, where it was 40 degrees with wind and rain.

Died: Dick Bank, 90

On February 23, in Los Angeles; of heart failure. Best known for his "Look at Mills! Look at Mills!" interjection in NBC's telecast of the '64 Olympic 10K, Bank went on to do memorable work on CBS's track series in '69 and '70. Blessed with an encyclopedic memory and a fierce attention to detail, he was one of the sport's most savvy experts ever. He served as T&FN's first HS Editor in the early '50s.

Died: Edsel Curry, 97

On January 08, in Montrose, California; of natural causes. As a USC frosh took 2nd in the '43 NCAA long jump and captained the Trojans the next year.

Died: Harry Groves, 89

On February 23. The head coach of Penn State for 38 years after 12 years at William & Mary, Groves coached 227 All-America athletes and 14 Olympians. A member of the USTFCCCA Hall Of Fame, he was a '92 Olympic assistant and head men's coach for the '95 Worlds.

Died: Abadi Hadis, 22

On February 04, in Addis Ababa, Ethiopia, of an unspecified illness. One of only 5 runners in history who have broken 13:00, 27:00 & 59:00, he won bronze in the '17 World XC at age 19. He World Ranked twice in the 10K, topped by No. 7 in '17. In '18 he was No. 5 at 5000.

Died: Vladimir Inozemtsev, 55

On February 05. Ukrainian triple jumper holds the Soviet Record at 58-8¾ (17.90), still good for =No. 10 on the all-time world list. World Ranked twice, topped by a No. 2 in '89. □

FOR THE RECORD

Records reported since the January issue. W = World; A = American; C = Collegiate; JC = Junior College; J/Jr = Junior (U20); Y = Youth (U18); HS = High School; + = event not officially recognized by governing body; i = indoor mark qualifying as Absolute record.

MEN INDOOR TRACK					
600y	1:09.63	W+, JC	Moitalel Mpoke' (South Plains JC)	Lubbock, Texas	February 15
800	1:44.22	A	Donavan Brazier (Nike)	New York, New York	February 08
1500	3:36.93	C	James West' (Oregon)	Boston, Massachusetts	February 27
2000	5:17.89	HS	Nico Young (Newbury Park, California)	New York, New York	February 08
3000	7:56.97	HS	Nico Young (Newbury Park, California)	New York, New York	February 08
Jr60H	7.34	WJ	Sasha Zhoya (France)	Miramas, France	February 22
Distance Medley	9:24.52	C	Oregon	Fayetteville, Arkansas	January 31
(James West' 2:53.53, Jacob Miller 47.47, Charlie Hunter' 1:48.08, Cooper Teare 3:55.45					
MEN INDOOR FIELD					
PV	6.17 | 20-2¾	W	Mondo Duplantis (Sweden)	Toruń, Poland	February 08
	6.01 | 19-8½	A	Sam Kendricks (Nike)	Rouen, France	February 08
	6.18 | 20-3¼	W	Mondo Duplantis (Sweden)	Glasgow, Scotland	February 15
	5.93 | 19-5½	C	Chris Nilsen (South Dakota)	Lincoln, Nebraska	February 21
WOMEN INDOOR TRACK					
800	1:58.29	A	Ajee' Wilson (adidas)	New York, New York	February 08
1500	4:01.79	WJ	Lemlem Hailu (Ethiopia)	Toruń, Poland	February 08
	4:01.57	WJ	Lemlem Hailu (Ethiopia)	Liévin, France	February 19
Mile	4:16.85	A	Elle Purrier (New Balance)	New York, New York	February 08
3000	8:25.70	A	Karissa Schweizer (Nike Bowerman TC)	Boston, Massachusetts	February 27
WOMEN INDOOR FIELD					
HJ	1.99 | 6-6¼	=WJ	Yaroslava Mahuchikh (Ukraine)	L'viv, Ukraine	January 18
	2.01 | 6-7	WJ	Yaroslava Mahuchikh (Ukraine)	L'viv, Ukraine	January 18
	2.02 | 6-7½	WJ	Yaroslava Mahuchikh (Ukraine)	Karlsruhe, Germany	January 31
TJ	14.60 | 47-10¾(A)	A	Keturah Orji (Atlanta TC)	Albuquerque, New Mexico	February 14
	14.64 | 48-½(A)	A	Tori Franklin (Nike/New York AC)	Albuquerque, New Mexico	February 14
	15.43 | 50-7½	W	Yulimar Rojas (Venezuela)	Madrid, Spain	February 21
MEN ABSOLUTE FIELD					
PV	6.17 | 20-2¾i	W	Mondo Duplantis (Sweden)	Toruń, Poland	February 08
	6.18 | 20-3¼i	W	Mondo Duplantis (Sweden)	Glasgow, Scotland	February 15
MEN ROAD					
5K	12:51	W	Joshua Cheptegei (Uganda)	Monaco	February 16
WOMEN ROAD					
Half-Marathon	64:31	W	Yeshaneh Ababel (Ethiopia)	Ra's al Khaymah, United Arab Emirates	February 21

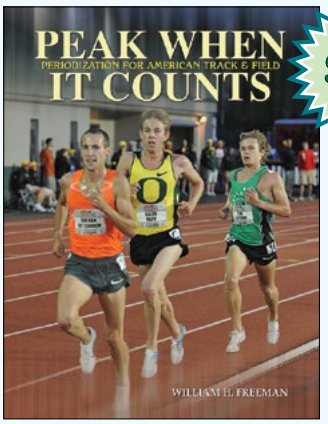
CALENDAR

This listing is for major upcoming meets. Here's the link (https://trackandfieldnews.com/meet-calendars-timetables/) to our total collection of Calendars & Timetables for the current year.

National Indoor Championships		
March		
05–07	NAIA Championships	Brookings, South Dakota
06–07	JUCO Championships	Lynchburg, Virginia
13–14	NCAA Championships	Albuquerque, New Mexico
	NCAA II Championships	Birmingham, Alabama
	NCAA III Championships	Winston-Salem, North Carolina
13–15	New Balance Indoor Nationals HS	New York, New York

U.S. Outdoor Relays & Invitationals		
March		
13–14	Brown Invitational	Fullerton, California
14	Cowboy Relays	Lake Charles, Louisiana
	Oxy Distance Carnival	Eagle Rock, California
19–21	49er Classic	Charlotte, North Carolina
	Kittley Invitational	Abilene, Texas
	UNLV Spring Invitational	Las Vegas, Nevada
	UTSA Invitational	San Antonio, Texas
20–21	Black & Gold Invitational	Orlando, Florida
	Castillo Invitational	Tempe, Arizona
	Hornet Invitational	Sacramento, California
	Hurricane Invitational	Coral Gables, Florida
	Louisiana Classics	Lafayette, Louisiana
	Quiller Classic	Boulder, Colorado
	Texas Southern Relays	Houston, Texas
	UCI Spring Classic	Irvine, California
	Williams Classic	Tucson, Arizona
	Yellow Jacket Invitational	Atlanta, Georgia
21	Stimson Memorial	Williamsburg, Virginia
	TCU Invitational	Ft. Worth, Texas
25–28	Texas Relays	Austin, Texas
26–27	Florida State Relays	Tallahassee, Florida
26–28	Aztec Invitational	San Diego, California
27–28	Knights Invite	Orlando, Florida
	López Classic	Houston, Texas
	Raleigh Relays	Raleigh, North Carolina
28	Power 5 Trailblazer Challenge	Coral Gables, Florida
	Bobcat Invitational	San Marcos, Texas
	Legends Invitational	Westwood, California

National Outdoor Championships		
May		
14–16	JUCO Championships	Hutchinson, Kansas
20–22	NAIA Championships	Gulf Shores, Alabama
21–23	NCAA II Championships	Kingsville, Texas
21–23	NCAA III Championships	Rochester, New York
28–30	NCAA East Regional	Lexington, Kentucky
	NCAA West Regional	Lawrence, Kansas
June		
10–13	NCAA Championships	Austin, Texas
12–14	USATF Junior (U20) Championships	tbd
19–28	USATF Championships/Olympic Trials	Eugene, Oregon
23–28	USATF Youth Championships	Miramar, Florida



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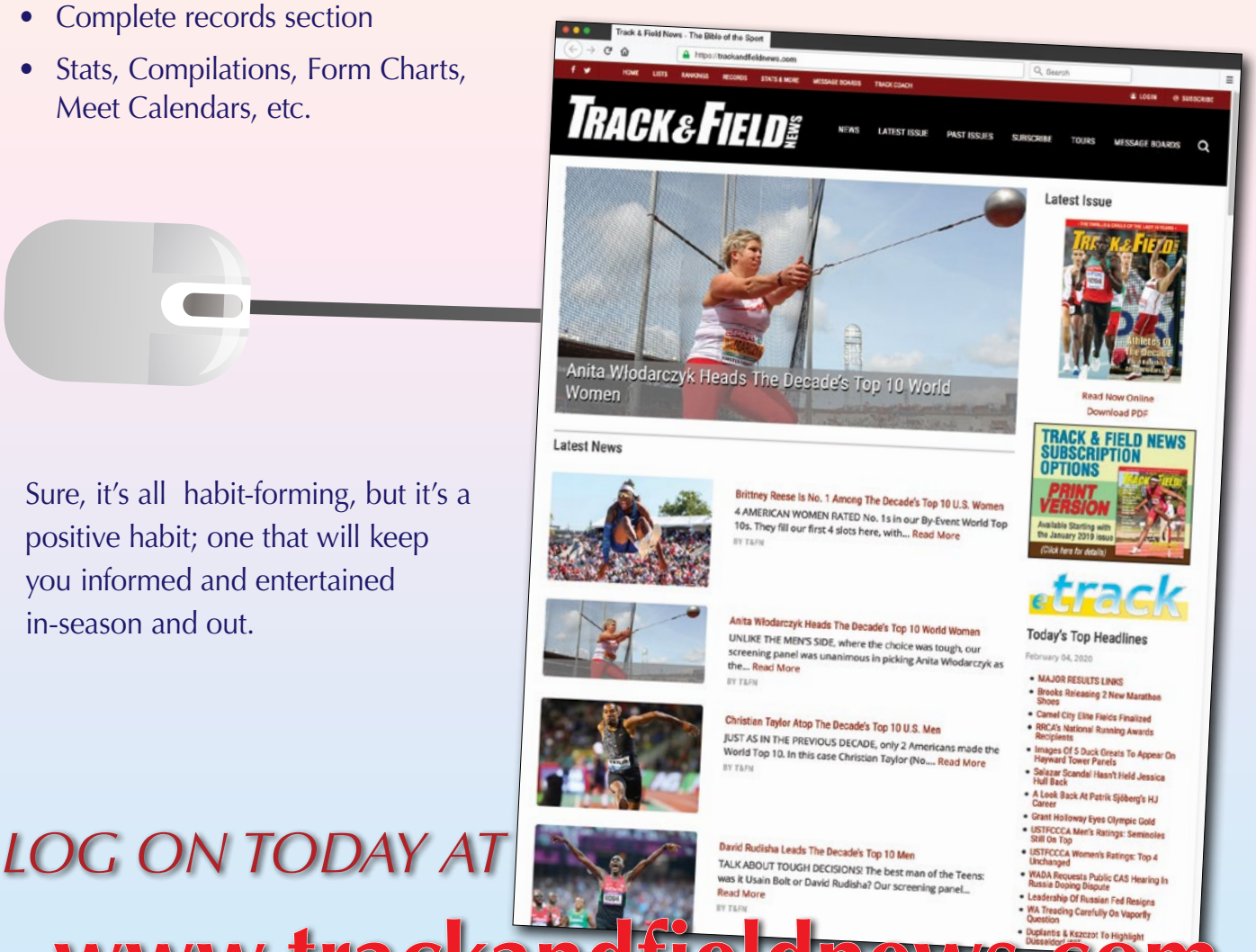
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