## 2016

## Eugene - July 1 to July 10

The hosting of the Trials in Eugene three times in a row, for the second time, was unprecedented, and while the Trials saw no World Records on this occasion, they did produce a terrific series of marks and dramas. With live action in field events by NBC best described as minimal, US television did a typically poor job in covering what still remains as the best domestic track and field meeting in the world. The crowds and weather conditions were as follows:

Attendance: July 1—20,987, July 2—21,866, July 3—22,424, July 4—21,713, July 7—21,835, July 8—22,256, July 9— 22,847 , July $10-22,944$ for a total of 176,972 . (There was no admission charge for hammer day, July 6).
Weather: July 1 to 6 -sunny, breezy, with highs of $85,89,82,79$ and 84 ; July 7 -—cloudy, rain, highs of 77 and 72 ; July 9—windy, light rain, high 74; July 10—cloudy, rain, high of 68
$\mathbf{1 0 0}$ meters - July 3, 17.53 Hr; wind +1.6

|  |  | Reaction |
| :--- | :--- | :--- |
| 1. 3. Justin Gatlin (Nik) | $\mathbf{9 . 8 0}$ | $\mathbf{0 . 1 6 0}$ |
| 2. 6. Trayvon Bromell (NBal) | $\mathbf{9 . 8 4}$ | $\mathbf{0 . 1 4 7}$ |
| 3. 2. Marvin Bracy (adi) | $\mathbf{9 . 9 8}$ | $\mathbf{0 . 1 4 6}$ |
| 4. 5. Mike Rodgers (Nik) | $\mathbf{1 0 . 0 0}$ | $\mathbf{0 . 1 5 8}$ |
| 5. 7. Tyson Gay (unat) | $\mathbf{1 0 . 0 3}$ | $\mathbf{0 . 1 7 0}$ |
| 6. 4. Christian Coleman (Tn) | $\mathbf{1 0 . 0 6}$ | $\mathbf{0 . 1 6 3}$ |
| 7. 1. Jarrion Lawson (Asics) | $\mathbf{1 0 . 0 7}$ | $\mathbf{0 . 1 6 4}$ |
| 8. 8. Dentarius Locke (Nik) | $\mathbf{1 0 . 3 4}$ | $\mathbf{0 . 1 6 9}$ |


I(1.7)-1. Gatlin $9.83 ; 2$. Coleman $9.95 ; 3$. Vaughn 10.02; 4. McLean 10.08; 5. Newman 10.13; 6. McClain 10.14; 7. Lee 10.15

II(2.0)-1. Bromell 9.86; 2. Gay 10.01; 3. Baker 10.10; 4. Cotton 10.11; 5. Morris 10.19; 6. Young 10.21; 7. Lawrence 10.21. III(2.7)-1. Rodgers 9.98w; 2. Bracy 9.99w; 3. Lawson 10.01w; 4. Locke $10.01 \mathrm{w} ; 5$. Williams $10.04 \mathrm{w} ; 6$. Butler $10.10 \mathrm{w} ; 7$. Teeters 10.13 w .

HEATS (July 02 , $\mathbf{1 3 . 1 9} \mathbf{~ H r}$, Qualify $3+7$ fastest losers)
I(3.8)-1. Rodgers 10.00 w ; 2. Isiah Young (Nik) 10.03 w ; 3. Joe Morris (UltS) 10.09 w ; 4. Kenzo Cotton (Ar) $10.12 \mathrm{w} ; 5$. Calesio Newman (unat) 10.13w; 6. Tevin Hester (Clem) 10.18w; 7. Ryan Bailey (Nik) 10.36w.
II(1.8)-1. Gatlin 10.03; 2. Kendal Williams (Ga) 10.07; 3. Sean McLean (Nik) 10.10; 4. Noah Lyles (VaHS) 10.16 ; 5. Trentavis Friday (unat) 10.17; 6. Markesh Woodson (Mo) 10.19; 7. Justin Walker (Nik) 10.30
III(1.2)-1. Bromell 9.94; 2. Bracy 10.08; 3. Quentin Butler (Nik) 10.12; 4. Lawson 10.16; 5. Jeff Demps (unat) 10.20 ; 6. LeShon Collins (Hous) 10.41.
IV(2.4)-1. Coleman 9.96w; 2. Gay 9.97w; 3. Remontay McClain (Nik) 10.04w; 4. Locke 10.04w; 5. Desmond Lawrence (unat) 10.12 w ; 6. Cameron Burrell (Hous) 10.18w; 7. Bryce Robinson (Tul) 10.42w.
V(1.9)-1. John Teeters (OkSt) 10.00 PR; 2. Clayton Vaughn (Nik) 10.04; 3. Ronnie Baker (TCU) 10.09; 4. Beejay Lee (unat) 10.10; 5. Walter Dix (unat) 10.18; 6. Eli Hall-Thompson (CLAS) 10.29.

Fastest in the heats was Trayvon Bromell, whose 9.94 showed he was clear of the injury picked up a month earlier on tour in Europe. Trentavis Friday found 10.17 not good enough to make it to the semi-finals, with the same fate extending to Walter Dix, Tevin Hester and Cameron Burrell, all of whom ran 10.18. Outstanding HSer Noah Lyles qualified, but didn't run in the semis, saving himself for the 200.

Justin Gatlin, who had run 9.90-9.94 on four occasions prior to the Trials, powered steadily away from the field and improved to 9.83 in the first semi-final, dragging Christian Coleman to a PR 9.95. Bromell was a clear winner over Tyson Gay in heat two, while Rodgers edged Bracy in heat 3. An anomaly arose from heat three, where Locke qualified with $10.01 /+2.7$, eliminating Clayton Vaughn who had run $10.02 /+1.7$. Having a qualifying of $2+6$ fastest losers in round 1 would have produced two semi-finals which would have qualified 4 from each race - a fairer way of arriving at the final field. Gatlin and Bromell were away best, with Bromell's superb technique pitted against Gatlin's mix of disciplined style and power. Gatlin edged away to win by half a metre 9.80 to 9.84 . Coleman held third place until 60 metres, when Rodgers and the quick striding Bracy went by, with Bracy getting the nod, 9.98 to 10.00 . Gay finished fast to beat Coleman for $5^{\text {th }}$, with both qualifying for the relay squad

|  |  | Reaction |  |
| :--- | :--- | :--- | :--- |
| 1. 8. Justin Gatlin (Nik) | 19.75 | $(10.3 / 9.4)$ | 0.174 |
| 2. 5. LaShawn Merritt (Nik) | 19.79 | $(10.4 / 9.4)$ | 0.199 |
| 3. 7. Ameer Webb (Nik) | 20.00 | $(10.5 / 9.5)$ | 0.185 |
| 4. 4. Noah Lyles (HS, Va) | 20.09 | $(10.5 / 9.6)$ | 0.165 |
| 5. 6. Michael Norman (CaHS) | 20.14 | $(10.5 / 9.6)$ | 0.191 |
| 6. 2. Tyson Gay (unat) | 20.38 | $(10.7 / 9.7)$ | 0.180 |
| 7. 3. Kendal Williams (Ga) | 20.38 | $(10.6 / 9.8)$ | 0.166 |
| 8. 1. Sean McLean (Nik) | 20.63 | $(10.7 / 9.9)$ | 0.165 |

SEMI-FINALS (July 8, $\mathbf{1 7 . 3 7} \mathbf{~ H r}$, Qualify 2+2 fastest losers)
I(-1.1)-1. Norman 20.21; 2.Gatlin 20.23; 3. Young 20.59; 4. Spearmon 20.73; 5. Rodgers 20.94; 6. Friday 21.23; 7. Hester 21.98.

II(0.4)-1. Lyles 20.26; 2. Williams 20.31;3. Dukes 20.41; 4. Lawson 20.50; 5. Dix 20.63; 6. Jenkins 20.94; 7. Salaam 21.15. III(1.4)-1. Merritt 19.74; 2. Webb 19.97; 3. Gay 20.16; 4. McLean 20.31; 5. Cotton 20.43; 6. Bailey 20.82; 7. McClain 21.08.

HEATS (July 7, $\mathbf{1 7 . 3 0} \mathbf{~ H r}$, Qualify $\mathbf{3 + 3}$ fastest losers)
I(3.3)-1. Lyles 20.04w; 2. Williams 20.11w; 3.Dedric Dukes (Nik) 20.14w; 4. Walter Dix (unat) 20.23w; 5. Trentavis Friday (unat) 20.33w; 6. Kenzo Cotton (Ar) 20.46w.
II(1.0)-1. Jarrion Lawson (Asics) 20.54; 2. Devin Jenkins (TxAM) 20.94; 3. Mookie Salaam (unat) 20.99;
4. Stirley Jones (Bristol) 21.14; 5. Cravon Gillespie (SAC) 21.21 ; ... dq-Eli Hall-Thompson (CLAST) .

III(0.5)-1. Isiah Young (Nik) 20.53; 2. Mike Rodgers (Nik) 20.64; 3. Tevin Hester (Clem) 20.69;4. Beejay Lee (unat) 20.79; 5. Ryan Clark (Fl) 20.94; 6. Terrel Cotton (adi) 20.98.

IV(2.8)-1. Norman 20.06w; 2. Gay 20.36w; 3.Wallace Spearmon (unat) 20.39w;4. Curtis Mitchell (adi) 20.48w; 5. Arthur Delaney (UltSA) 20.49w; 6. Calesio Newman (unat) 20.69w.
V(0.9)-1. Webb 20.27; 2. Gatlin 20.32; 3. McLean 20.46;4. Correion Mosby (HindsCC) 20.64; 5.;Kahlil Henderson (Aub) 21.01; 6. Aaron Ernest (unat) 21.16; 7. Bryce Robinson (Tulsa) 21.18.

VI(2.8)-1. Merritt 20.09w; 2. Aldrich Bailey (Tx) 20.53w; 3. Remontay McClain (Nik) 20.55w;4. Justin Walker (Nik) 20.60w; 5. Maurice Mitchell (unat) 20.80w; 6. LeShon Collins (Hous) 25.19w.

After the heats there was speculation on whether either of the outstanding High School sprinters might make the 200m squad the last time it had happened was in 1976 when Dwayne Evans won the Olympic Bronze medal. Noah Lyles had won the first heat in 20.04 w , and Norman won his heat in 20.06 w - the second fastest time of the round. Norman than beat Gatlin 20.21 to 20.26 into a 1.1 wind, and Lyles ran 20.26 to take his semi-final. To keep the speculation from overflowing, LaShawn Merritt ran a PR 19.74, fastest time in the world in 2016, with 100 splits of $10.3 / 9.4$ to beat Webb (19.97) and Gay (20.16) after passing halfway a foot behind them.

Gatlin, on the outside in the final, ran a strong curve to lead by over a metre from Merritt and Webb at 100 m , with Norman just behind them, and Lyles in $5^{\text {th }}$. Merritt closed on Gatlin down the straight, but Gatlin, visibly working harder than usual, got to the finish with half a metre to spare, while Webb pulled clear of Norman, who was overtaken by Lyles at the 150 m mark. Gatlin won his first meet of the year with 19.75 ahead of Merritt's 19.79 , with Webb (20.00) beating Lyles for the remaining Olympic position. Lyles nevertheless ran 20.09 to beat Roy Martin's 31 year old HS record of 20.13, with Norman just missing the old mark with his 20.14

400 meters - July 3, 16.48 Hr

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1. 5. LaShawn Merritt (Nike)
2. 6. Gil Roberts (Nik)
3. 4. David Verburg (adi)
4. 3. Arman Hall (FI)
5. 7. Tony McQuay (adi)
6. 2. Kyle Clemons (adi)
7. 8. Najee Glass (Fl)
8. 1. Mike Berry (Nik)
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|  |  | Reaction |
| :--- | :--- | :--- |
| 43.97 | $(21.2,10.9[32.1], 11.9)$ | $\mathbf{0 . 2 1 0}$ |
| 44.73 | $(21.0,11.1[32.1], 12.6$ | $\mathbf{0 . 1 7 1}$ |
| 44.82 | $(21.6,11.0[32.6], 12.2$ | 0.203 |
| 45.09 | $(22.0,11.0[33.0], 12.1)$ | 0.174 |
| 45.30 | $(21.6,11.0[32.6], 12.7)$ | 0.203 |
| 45.39 | $(21.9,11.1[33.0], 12.4)$ | 0.206 |
| 45.48 | $(21.9,10.9[32.8], 12.7)$ | 0.190 |
| 45.90 | $(22.1,11.3[33.4], 12.5)$ | $\mathbf{0 . 2 4 9}$ |


I-1. McQuay 44.24 ; 2. Roberts 44.67; 3. Glass 44.79; 4. Clemons 44.79; 5. Cherry 44.81; 6. Bailey 45.42; 7. Giesting 45.84; 8. Feeney 46.54.

II-1. Merritt 45.05; 2. Verburg 45.19; 3. Hall 45.33; 4. Berry 45.63; 5. London 45.93; 6. Spratling 46.37; 7. Chambers 47.12;... dnf-Wariner

I-1. Glass 45.41; 2. Wil London (Bay) 45.76; 3. Chris Giesting (unat) 45.99; 4. Brycen Spratling (NYAC) 46.01; 5. Nathan Strother (Tn) 46.36;... dnf- Vernon Norwood (NBal).
II-1. Hall 45.61; 2. Aldrich Bailey (Tx) 45.73; 3. Berry 45.79; 4. Jeremy Wariner (unat) 45.88; 5. Patrick Feeney (Brk) 45.96; 6. Dontavius Wright (Stillm) 46.57.

III-1. Merritt 45.55; 2. McQuay 45.94, 3. Michael Norman (CaHS) 46.21; 4. Ricky Morgan (USC) 46.46; 5. Kahmari Montgomery (Mo) 46.58.
IV-1. Verburg 45.31; 2. Marcus Chambers (Or) 45.87; 3. Kyle Collins (TxT) 46.05; 4. James Harris (unat) 46.09; 5. Fred Kerley (TxAM) 46.70; 6. Joel Roberson (Morg) 48.72.
V-1. Roberts 45.40; 2. Michael Cherry (LSU) 45.68; 3. Clemons 45.69; 4. Kind Butler (unat) 46.10; 5. Clayton Parros (adi) 46.24; 6. Calvin Smith (adi) 46.35 .

The range of qualifying times in the first round was between 45.31 and 46.01 , and it was only in the semi-finals that anyone truly revealed their form. Tony McQuay, twice a relay gold medallist in the World Championships, improved his 2013 PR of 44.40 to 44.24 , pulling 4 others under 45 seconds, including Michael Cherry, who missed the final despite running 44.81 . Race favourite LaShawn Merritt won the other semi-final in a more restrained 45.05. Merritt followed Gil Roberts in the final, with the latter zipping through 200 m in 21.0. Merritt, the only man within 5 metres of Roberts caught his Nike teammate at 300 m , and flowed away from the field to win by nearly 7 metres, with Roberts holding off fast finishing David Verburg 44.73 to 44.82 . McQuay was a disappointment, finishing more than a second down on his semi-final run, but made up for it in Rio with a 43.5 relay leg which broke the race open for the USA. In the individual event Merritt was the only American to make the final, where his excellent 43.85 earned him bronze.

| 800 meters July 4, 17.51 Hr |  |  |
| :---: | :---: | :---: |
| 1. Clayton Murphy (Nik) | 1:44.76 | 25.05, 26.48 [51.53], 26.57 [1:18.10], 26.66 |
| 2. Boris Berian (NBal) | 1:44.92 | 24.82, 25.78 [50.60], 26.83 [1:17.43], 27.49 |
| 3. Charles Jock (OTC) | 1:45.48 | 24.89, 26.44 [51.33], 26.94 [1:18.27], 27.21 |
| 4. Craig Engels (Ms) | 1:46.03 | 25.25, 26.34 [51.59], 26.69 [1:18.28], 27.75 |
| 5. Erik Sowinski (Nik) | 1:46.44 | 24.97, 26.22 [51.19], 26.65 [1:17.84], 28.60 |
| 6. Isaiah Harris (PennSt) | 1:46.47 | 25.22, 25.81 [ 51.03], 26.65 [1:17.68], 28.79 |
| 7. Harun Abda (OTC) | 1:47.05 | 24.73, 26.31 [51.04], 27.11 [1:18.15], 28.90 |
| 8. Brandon Johnson (Nik) | 1:47.41 | 24.61, 26.04 [ 50.65$], 27.57$ [1:18.22], 29.19 |
| 9. Casimir Loxsom (BrkB) | 1:49.18 | 25.05, 26.25 [ 51.30$], 26.72$ [1:18.02], 31.16 |

Unpredictability reigned in the 800 m , with two-time Olympian Nick Symmonds withdrawing with an injury, while Donavan Brazier who had won the NCAA at Hayward Field with a US junior record of $1: 43.55$, and 2012 Olympic $4^{\text {th }}$ placer Duane Solomon both placed $4^{\text {th }}$ in their heats. Front runner Boris Berian was fastest in round 1 with $1: 46.03$. A first lap 49.73 in his semi-final suggested that Berian might produce a searing run, but he wisely toned things down to win in a restrained 1:45.72 ahead of Sowinski $(1: 45.72)$ and Loxsom (1:45.93). NCAA 1500 winner Clayton Murphy won the other semi in 1:46.97. Erstwhile hurdler Brandon Johnson led the final through an overly quick 24.61, and was overtaken by Berian just before the bell, while Murphy lagged at the back of the field. Berian took charge in the third quarter of the race, with Harris, Sowinski and Loxsom the closest pursuers. Murphy was beginning to move up, and was second by the beginning of the finishing straight. Berian held on till the last 15 metres, but Murphy's implacable stride was not to be denied and he won in a PR 1:44.76, with fast finishing Charles Jock winning the battle for the $3^{\text {rd }}$ spot. Murphy continued to improve, running 1:44.30 in the semis in Rio, before producing a surprise bronze medal with 1:42.93

SEMI-FINALS (July 02, $\mathbf{1 2 . 0 0} \mathbf{~ H r}$, Qualify 3+2 fastest losers)
I-1. Berian 1:45.72; 2. Sowinski 1:45.82; 3. Loxsom 1:45.93; 4. Harris 1:45.95; 5.Abda 1:46.28; 6. Ibadin 1:46.77; 7 . Alvarado 1:48.41; 8. Kidder 1:48.76.
II-1. Murphy $1: 46.97$; 2. Johnson $1: 47.02$; 3. Jock $1: 47.35$; 4. Walker $1: 47.93$; 5. Hartle $1: 49.55$; 6. Engels 1:55.40 (advanced on appeal); 7. Windle 1:55.75;... dnf—White

HEATS (July 1, $\mathbf{1 6 . 0 0} \mathbf{H r}$, Qualify 3+4 fastest losers)
I-1. Drew Windle (BrkB) 1:48.66; 2. Joseph White (Gtn) 1:48.68; 3. Jock 1:48.71; 4. Duane Solomon (Sauc) 1:48.71; 5. Christian Harrison (Ga) 1:48.95; 6. Jesse Garn (Bing) 1:49.16; 7. Holland Sherrer (Ms) 1:49.48.
II-1. Berian 1:46.03; 2. Sowinski 1:46.17; 3. Brannon Kidder (Brk) 1:46.22; 4. Edose Ibadin (Dist) 1:46.31; 5. Abraham Alvarado (CSStan) $1: 47.17$; 6. Nick Hartle (unat) $1: 47.83$; 7. Jesse Jorgensen (unat) 1:49.91; dnf—Mark Wieczorek (unat).
III-1. Harris $1: 47.60$; 2. Loxsom 1:47.76; 3. Shaquille Walker (Brk) 1:47.76; 4. Engels $1: 47.77$; 5. Christian Sanders (LaS) 1:47.95; 6. Chris Low (unat) 1:47.96; 7. James Gilreath (TGR) 1:48.67; 8. Ryan Martin (Asics) 1:59.38.
IV-1. Murphy $1: 47.61$; 2. Johnson $1: 47.62$; 3. Abda $1: 47.88$; 4. Donavan Brazier (Nik) 1:48.13; 5. Julian Parker (LaAth) $1: 48.38 ; 6$. Dusty Solis (unat) $1: 48.71$; 7. Mike Rutt (NJNY) $1: 49.25 ; 8$. Goaner Deng (Mn) 1:49.61.

| 1500 meters July |  |  | Last lap |
| :---: | :---: | :---: | :---: |
| 1. Matthew Centrowitz (NikOP) | 3:34.09 | 58.4, 59.4 [1:57.8], 56.1 [2:53.9], 40.2 | 53.95 |
| 2. Robby Andrews (adi) | 3:34.88 | 59.2, 59.3[1:58.5], 55.9[2:54.4], 40.5 | 54.27 |
| 3. Ben Blankenship (OTC) | 3:36.18 | 58.4, 59.3[1:57.7], 56.1[2:53.8], 42.4 | 56.16 |
| 4. Leo Manzano (Hoka) | 3:36.62 | 58.7, 59.3[1:58.0], 56.3[2:54.3], 42.3 | 56.22 |
| 5. Craig Engels (Ms) | 3:37.66 | 58.8, 59.6[1:58.4], 56.8[2:55.2], 42.5 | 56.43 |
| 6. Johnny Gregorek (Asics) | 3:38.76 | 59.1, 60.2[1:59.3], 57.3[2:56.6], 42.2 | 56.16 |
| 7. Colby Alexander (Hoka) | 3:38.90 | 58.9, 59.2[1:58.1], 57.4[2:55.5], 43.4 | 57.91 |
| 8. Daniel Winn (BAA) | 3:39.22 | 58.8, 59.5[1:58.3], 57.5[2:55.8], 43.4 | 57.61 |

9. Kyle Merber (Hoka) 3:40.27, 10. Izaic Yorks (Brk) 3:40.34, 11. Eric Avila (Hoka) 3:41.21, 12. Andrew Wheating (OTC) 3:41.22, 13.Jordan McNamara (OTC) 3:49.44

SEMI-FINALS (July 08, $\mathbf{1 6 . 1 2} \mathbf{~ H r}$, Qualify 5+3 fastest losers)
I-1. Yorks $3: 47.67 ; 2$. Engels $3: 47.76 ; 3$. Alexander $3: 47.77 ; 4$. Merber $3: 48.30 ; 5$. Winn $3: 48.31 ; 6$. Prakel 3:48.55; 7 . Crawford $3: 49.15 ; 8$. Phillips $3: 49.78 ; 9$. Hudgins $3: 50.12$; 10. Creese $3: 51.06 ; 11$. Presson 3:51.27; 12. Awad 3:55.36. II-1. Blankenship 3:44.24; 2. Centrowitz 3:44.29; 3. Andrews 3:44.36; 4. Man-zano 3:44.57; 5. Avila 3:44.68; 6. Wheating 3:44.73; 7. McNamara 3:45.01; 8. Gregorek 3:45.59; 9. Legesse 3:46.19; 10. Ulrey 3:46.61; 11. Maton 3:46.91; 12. Solis 3:48.08

HEATS (July 7, $\mathbf{1 9 . 2 0} \mathbf{~ H r}$, Qualify 6+6 fastest losers)
I-1. Engels 3:41.92; 2. Winn 3:42.22; 3. Graham Crawford (NCSt) 3:42.39; 4. Mc-Namara 3:42.58; 5. Robby Creese (PennSt) 3:42.89; 6. Gregorek 3:43.04; 7. Brandon Hudgins (unat) 3:43.25; 8. Ben Saarel (Co) 3:43.68; 9. Isaac Presson (unat) 3:50.01; 10. Ford Palmer (Hoka) 3:51.31.

II-1. Blankenship 3:49.61; 2. Alexander 3:50.01; 3. Merber 3:50.07; 4. Andrews 3:50.26; 5. Sam Prakel (Or) 3:50.73; 6 . Dorian Ulrey (Brk) 3:50.80; 7. Chad Noelle (Asics) 3:51.19; 8. Lex Williams (Sauc) 3:51.38; 9. Jack Bolas (Hoka) 3:51.91; 10. Will Leer (unat) 3:54.31.

III-1. Avila 3:42.27; 2. Manzano 3:42.28; 3. Wheating 3:42.41; 4. Centrowitz 3:42.48; 5. Thomas Awad (Penn) 3:42.49; 6. Matthew Maton (Or) 3:42.51; 7. Yorks 3:42.57; 8. Frezer Legesse (UArm) 3:42.74; 9. Duncan Phillips (unat) 3:45.05; 10. Dusty Solis (NBalBB) 3:46.08.

Veteran expert Dave Johnson predicted that Centrowitz, Manzano, Andrews and Blankenship would take the top four places, and he was correct, even if the order was slightly different. After the preliminary races wisely produced nothing under 3:40, Blankenship made sure the final would not be a slow affair, as he led through the first 2 laps in 1:57.7, with expected winner Centrowitz on his shoulder. Blankenship and Eric Avila then pushed the pace in the third lap, with Avila fading just before the bell. The favoured four were clear just after the bell, and Centrowitz took over for good with 250 m to go. The Eugene based Centrowitz looked almost effortless as he won by 7 metres from Andrews, overjoyed with his second place, with Blankenship earning a well deserved Olympic spot ahead of the valiant Manzano. Centrowitz would go on to win the Olympic 1500 m , a curious and yet mesmeric race - the slowest since 1932, with the American exercising an almost hypnotic control over his opponents.

## 3000 meters steeplechase - July 8, 17.23 Hr

|  |  | Estimated kilometre splits |
| :--- | :--- | :--- |
| 1. Evan Jager (BowTC) | $\mathbf{8 : 2 2 . 4 8}$ | $\mathbf{2 : 5 8 . 1}-\mathbf{2 : 4 3 . 8}[5: 41.9]-2: 40.5$ |
| 2. Hillary Bor (USAr) | $\mathbf{8 : 2 4 . 1 0}$ | $\mathbf{2 : 5 8 . 1}-\mathbf{2 : 4 5 . 4}[5: 43.5]-2: 40.6$ |
| 3. Donn Cabral (Nik) | $\mathbf{8 : 2 6 . 3 7}$ | $\mathbf{2 : 5 8 . 0}-\mathbf{2 : 4 5 . 0}[5: 43.0]-2: 43.4$ |
| 4. Andy Bayer (BowTC) | $\mathbf{8 : 2 8 . 5 9}$ | $\mathbf{2 : 5 8 . 4 - 2 : 4 4 . 8 [ 5 : 4 3 . 2 ] - 2 : 4 5 . 4}$ |
| 5. Mason Ferlic (Mich) | $\mathbf{8 : 3 0 . 0 3}$ | $\mathbf{2 : 5 7 . 9 - 2 : 4 5 . 3}[5: 43.2]-2: 46.8$ |
| 6. Craig Forys (Asics) | $\mathbf{8 : 3 4 . 1 6}$ | $\mathbf{2 : 5 9 . 0 - 2 : 4 7 . 0}[5: 46.0]-2: 48.2$ |
| 7. Cory Leslie (Nik) | $\mathbf{8 : 3 7 . 5 4}$ | $\mathbf{2 : 5 8 . 6}-\mathbf{2 : 4 7 . 6}[5: 46.2]-2: 51.3$ |
| 8. Donnie Cowart (Sauc) | $\mathbf{8 : 3 9 . 0 2}$ | $2: 58.6-2: 46.2[5: 44.8]-2: 54.2$ |

9. Dan Huling (Nik) 8:39.50; 10. Bryce Miller (UMKC) $8: 40.32$; 11. Tabor Stevens (Asics) $8: 41.98$; 12. Isaac Updike (TRE) 8:42.92; 13. Stanley Kebenei (Nik) 8:48.99, 14. Travis Mahoney (Hoka) 8:49.01; 15. MJ Erb (Ms) 8:50.95.

HEATS (July 04, $\mathbf{1 6 . 3 3} \mathbf{~ H r}$, Qualify $\mathbf{5 + 5}$ fastest losers)
Heats: I-1. Cabral 8:26.96; 2. Bayer $8: 27.66$; 3. Kebenei $8: 28.84$; 4. Huling $8: 30.34$; 5 . Forys $8: 30.42$; 6. Stevens $8: 34.21$;
7. Mahoney $8: 35.17$; 8. Miller $8: 36.16$; 9. Erb $8: 37.60$; 10. Mark Parrish (unat) $8: 43.28 ; 11$. Carl Stones (unat) $8: 53.68 ; 12$. Dylan Lafond (Il) 8:59.95.

II-1. Jager $8: 33.73$; 2. Ferlic $8: 34.45$; 3. Bor $8: 34.48$; 4. Leslie $8: 36.97$; 5. Updike $8: 37.14$; 6. Caleb Hoover (NnAz) 8:37.70; 7. Aric Van Halen (unat) $8: 38.67$; 8. Cowart $8: 39.4$ (advanced on appeal); 9. Darren Fahy (Gtn) 8:44.43; 10. Michael Jordan (NJNY) 9:08.61; 11. Dylan Blankenbaker (Ok) 9:19.40; .. dnf—Mike Hardy (unat).

Jager, the winner in 2012, was the strong favourite to repeat, and after a turgid first kilometre in the final he duly took over the lead, covering the second kilo at 8:11 pace. He had company in the form of Stanley Kebenei, one of two former Kenyans in the race. Jager continued to push the pace, and at the bell led by two meters, with Bayer a further two behind Kebenei, and Cabral and Bor another 5-6 metres back. Bor moved up quickly and moved into second place just before the water-jump, while Kebenei fell. Bayer won without sprinting, as Bor eased back, and Cabral took third from the struggling Bayer. Judging his season well, Jager went on to win silver in Rio against the ever-strong Kenyan contingent.

| 5000 Meters - July 9, 17.20 Hr |  | Kilometre splits |
| :--- | :--- | :--- |
| 1. Bernard Lagat (Nik) | $13: 35.50$ | $3: 06.1-2: 41.2[5: 47.3]-2: 42.4[8: 29.7]-2: 37.5[11: 07.2]-2: 28.3$ |
| 2. Hassan Mead (OTC) | $13: 35.70$ | $3: 05.6-2: 41.4[5: 47.0]-2: 41.7[8: 28.7]-2: 38.5[11: 07.2]-2: 28.5$ |
| 3. Paul Chelimo (USAr) | $13: 35.92$ | $3: 05.4-2: 41.2[5: 46.6]-2: 39.4[8: 26.0]-2: 41.0[11: 07.0]-2: 28.9$ |
| 4. Eric Jenkins (NikOP) | $13: 35.98$ | $3: 06.0-2: 41.7[5: 47.7]-2: 41.8[8: 29.5]-2: 37.9[11: 07.4]-2: 28.6$ |
| 5. Ben True (Sauc) | $13: 36.40$ | $3: 06.3-2: 41.5[5: 47.5]-2: 41.7[8: 29.2]-2: 37.9[11: 07.1]-2: 29.3$ |
| 6. Ryan Hill (BowTC) | $13: 38.36$ | $3: 06.7-2: 41.1[5: 47.8]-2: 41.9[8: 29.7]-2: 47.4[11: 07.1]-2: 31.3$ |
| 7. Shadrack Kipchirchir (USAr) $13: 39.79$ | $3: 06.1-2: 40.7[5: 46.8]-2: 42.1[8: 28.9]-2: 38.4[11: 07.3]-2: 32.5$ |  |
| 8. William Kincaid (Port) | $13: 39.96$ | $3: 05.7-2: 36.0[5: 41.7]-2: 44.2[8: 25.9]-2: 41.6[11: 07.5]-2: 32.5$ |
| 9. Galen Rupp (NikOP) | $13: 41.09$ | $3: 06.7-2: 40.2[5: 46.9]-2: 42.0[8: 28.9]-2: 36.0[11: 04.9]-2: 36.3$ |

10. Lopez Lomong (BowTC) 13:51.19, 11. Diego Estrada (Asics) 13:52.08; 12. Jeff See (Asics) 13:53.26; 13. Garrett Heath (Brk) 13:55.58; 14.Brian Shrader (Sauc) 13:58.48; 15. Sean McGorty (Stan) 14:03.99; 16. Riley Masters (Brk) 14:18.49.

HEATS (July $\mathbf{0 4}, \mathbf{1 7 . 0 2} \mathbf{~ H r}$, Qualify 6+4 fastest losers)
I-1. Kincaid 13:47.86; 2. Hill 13:47.89; 3. True 13:48.11; 4. See 13:48.28; 5. Kipchirchir 13:48.58; 6. Estrada 13:48.71; 7. Masters 13:49.75; 8. Heath 13:50.63; 9. McGorty 13:52.16; 10. Grant Fisher (Stan) 13:53.27; 11. Abbabiya Simbassa (TMn) 13:53.56; 12. Sam Chelanga (Nik) 13:59.52.

II-1. Lagat 13:48.36; 2. Lomong 13:48.48; 2. Jenkins 13:48.63; 4. Mead 13:48.81; 5. Chelimo 13:49.26; 6. Rupp 13:49.50; 7. Shrader 13:49.50; 8. Leonard Korir (USAr) 13:53.03; 9. Reed Connor (NJNY) 13:53.72; 10. Thomas Curtin (VaT) 13:55.57; 11. Chris Derrick (BowTC) 14:01.51; 12. Kirubel Erassa (AtlTC) 14:20.61.

An initial kilometre of 3:06 put paid to the possibility of any unqualified runner reaching the Olympic standard of 13:25.00, and while the pace improved, the 3 k time of $8: 25.9$ reflected an even pace time of over 14 minutes. This played into the hands of Bernard Lagat, the best kicker in the field - no matter if he had dropped out of the 10000 m eight days earlier. Galen Rupp, already qualified in the 10 k and Marathon, then pushed the pace and was more than 2 seconds up on the field at the bell, having run laps from the 3 km point of 62.86-61.64-62.89, and tellingly, 63.87. Paul Chelimo caught Rupp 120 m into the final lap and lead by 8 m from Mead and Lagat with 200 m remaining. Lagat, at the age of 41 , zipped by Chelimo with 40 m remaining to regain the OT title he won in 2008. Mead finished 5 feet back, with Chelimo a similar margin behind, just holding off the closing rush of Eric Jenkins. All 3 Americans, all African born, performed nobly in Rio, with Chelimo winning the silver medal, while Lagat placed $5^{\text {th }}$ and Mead $11^{\text {th }}$, all running under 13:10

| 10000 Meters - July 1, 18.15 Hr |  |
| :--- | :--- |
| 1. Galen Rupp (NikOP) | $27: 55.04$ |
| 2. Shadrack Kipchirchir (USAr) | $28: 01.52$ |
| 3. Leonard Korir (USAr) | $28: 16.97$ |
| 4. Scott Fauble (HokaNAz) | $28: 45.53$ |
| 5. Chris Derrick (BowTC) | $28: 47.24$ |
| 6. Sam Chelanga (Nik) | $28: 56.12$ |
| 7. Martin Hehir (unat) | $28: 56.14$ |
| 8. Brendan Gregg (Hans) | $28: 56.23$ |

9. Jonathan Grey (BouTC) 29:00.28; 10. Bobby Curtis (Hans) 29:01.70; 11. Ben True (Sauc) 29:04.21; 12. Jacob Riley (Hans) 29:06.98; 13. Ben Bruce (HokaNAz) 29:12.11; 14. Scott Smith (HokaNAz) 29:12.12; 15. Christo Landry (Miz) 29:27.15; 16. Johnny Crain (Zap) 29:40.71; 17. Alex Monroe (Brk) 29:49.95; 18. Erik Peterson (Butler) 30:35.84; 19. Jim Spisak (NED) 30:58.88; 20. Noah Droddy (unat) 31:02.99;... dnf—Futsum Zienasellassie (NnAz), Diego Estrada (Asics), Jason Witt (Hans), Hassan Mead (OTC), Bernard Lagat (Nik), German Fernandez (BowTC), Eric Jenkins (NikOP).

Lap times for Rupp: (69.31, 70.17 [2:19.48], 70.36 [3:29.84], 68.73 [4:38.57], 68.11 [5:46.68], 65.48 [6:52.16], 64.93 [7:57.09], 66.05 [9:03.14], 68.06 [10:11.20], 72.37 [11:23.57], 73.99 [12:37.56], 70.82 [13:48.38], 63.54 [14:51.92], 63.86 [15:55.78], 64.13 [16:59.91], 65.22 [18:05.13], 65.05 [19:10.18], 64.81 [20:14.99], 65.71 [21:20.70], 66.19 [22:26.89], 66.97 [23:33.86], 65.69 [24:39.55], 68.55 [25:48.10], 66.21 [26:54.31], 60.73)

As in 2012, Rupp was the favourite. The 80 o heat mitigated against a fast pace, and Rupp was content early on to make a break in the sixth lap with two 65 second laps, before easing back and letting the field catch up. After 12 laps Rupp kicked in a lap of 63.54, and only Kipchirchir and Lagat followed. Lagat began to look back with 9 laps remaining and Hassan Mead closed a gap of 30 metres, and passed Lagat, who promptly dropped out. Mead suffered for his enthusiasm and in turn he
eventually dropped out. Leonard Korir was left as an isolated third, while up ahead the battle was only settled in the final lap. Kipchirchir went passed Rupp just before the bell, but Rupp went away with just over 200m to go, and Kipchirchir eased back settling for second, while Rupp continued on to his $8^{\text {th }}$ consecutive national title, his last defeat coming in the 2008 US Trials. Rupp would be the best of the Americans in Rio, placing $5^{\text {th }}$ in 27:08.92 - just 0.01 slower than his $5^{\text {th }}$ place finish in the World Championships the previous year.

20k walk - June 30, 09.00 Hr, in Salem, OR.

|  | Halves |
| :--- | :---: |
| 1. John Nunn (USAr) | $\mathbf{1 : 2 5 : 3 7}(\mathbf{4 2 : 3 7 / 4 3 : 0 0 )}$ |
| 2. Trevor Barron (NYAC) | $\mathbf{1 : 2 7 : 2 8 ( 4 2 : 3 7 / 4 4 : 5 1 )}$ |
| 3. Nick Christie (unat) | $\mathbf{1 : 2 7 : 4 4 ( 4 2 : 3 6 / 4 5 : 0 8 )}$ |
| 4. Emmanuel Corvera (unat) | $\mathbf{1 : 3 0 : 3 1 ( 4 4 : 2 8 / 4 6 : 0 3 )}$ |
| 5. John Cody Risch (QE) | $\mathbf{1 : 3 1 : 4 8 ( 4 4 : 4 5 / 4 7 : 0 3 )}$ |
| 6. Matthew Forgues (unat) | $\mathbf{1 : 3 3 : 1 6 ( 4 7 : 0 1 / 4 6 : 1 5 )}$ |
| 7. Mike Mannozzi (Shore) | $\mathbf{1 : 3 3 : 4 0}$ |
| 8. Anthony Peters (St. Amrose) | $\mathbf{1 : 3 4 : 5 4}$ |

9. Joel Pfahler (unat) 1:38:10; 10. Jonathan Hallman (Shore) 1:40:40; 11. Richard Luettchau (Shore) 1:41:00; 12. Matthew De Witt (ParkAC) 1:44:49; 13. Dave Talcott (Shore) 1:46:10; 14. Ian Whatley (WarrTC) 1:50:04; 15. David Swarts (PegAC) 1:50:32 [note that only the top-8 included in the OT index]

The standard to make the trip to Rio was 1:24:00, and only Nunn, already on the team in the 50 k walk, was able to get close, finishing in 1:25:37

50k walk - 22 November 2015, Santee, CA

| John Nunn (USAr) | $\mathbf{4 : 0 3 : 2 1}$ |
| :--- | :--- |
| Nick Christie (unat) | $\mathbf{4 : 2 2 : 3 0}$ |
| Mike Mannozzi (Shore) | $\mathbf{4 : 3 1 : 4 6}$ |
| Matthew Forgues (unat) | $\mathbf{4 : 3 3 : 5 9}$ |
| Ian Whatley (Warr TC) | $\mathbf{4 : 5 3 : 0 6}$ |
| Jonathan Matthews (unat) | $\mathbf{5 : 0 3 : 2 5}$ |
| Pablo Gomez (ChicW) | $\mathbf{5 : 0 5 : 1 4}$ |
| Dave Talcott (Shore) | $\mathbf{5 : 2 1 : 2 8}$ |

9. Omar Nash (Cinc) 5:23:50, 10. Dave McGovern (LocV, NY) 5:31:25. 11. David Swarts (Mich) - no ime; DQ- Nathan Vanderwall, Ray Sharp and Bruce Logan. Placing $5^{\text {th }}$ in $4: 40: 42$ was Australian Steven Washburn.

The parlous state of US walking was emphasized by just 5 men finishing under 5 hours - this compares with 1972, when 8 men finished in under 4:38. Sixth was veteran Jonathan Matthews, aged 59, while John Nunn, the winner, achieved a creditable 4:03:21

Marathon - Los Angeles - February 13, 2016, 10:07 Hr

1. Galen Rupp (NikOP) 2:11:13
2. Meb Keflezighi (NYAC) 2:12:21
3. Jared Ward (Sauc) 2:13:00
4. Luke Puskedra (Nik) 2:14:12
5. Tyler Pennel (ZapF) $2: 14: 57$
6. Matt Llano (Hoka-NAriz) 2:15:16
7. Shadrack Biwott (Asics) 2:15:23
8. Patrick Smyth (Nik) 2:15:26
9. Sean Quigley (Sauc) 2:15:52, 10. Nick Arciniaga (USArmy) 2:16:25, 11. Tim Young (unat) 2:17:10, 12. Max King (COrRK) 2:17:14. 18 Athletes ran sub-2:20, 108 finished, and 61 failed to finish.

Galen Rupp made a successful debut, easing away from 41 year old veteran Meb Keflezighi in the $23^{\text {rd }}$ mile of what was a relatively slow race, but this was accounted for by the temperature rising from 650 at the start into the 70 's by the end of the race. The previous day had seen a temperature of 850 F , and the runners were wary. A large pack was broken up by Tyler Pennel at the 15 mile mark, dropping all but Rupp and Keflezighi by 17 miles, and it was only in the $20^{\text {th }}$ mile that the top duo isolated themselves from Pennel. Once Rupp pattered away from Meb, he gained over a minute in the final 4 miles. For Keflezighi it was his $3^{\text {rd }}$ Olympic Marathon selection (and $4{ }^{\text {th }}$ overall), while Rupp obtained Olympic selection at a third Olympic distance.

| 1. 3. Devon Allen (Or) |  | Reaction |
| :--- | :--- | :--- |
| 2. 4. Ronnie Ash (adi) | 13.03 | 0.157 |
| 3. 6. Jeff Porter (Nik) | 13.21 | 0.203 |
| 4. 1. Aries Merritt (Nik) | 13.21 | 0.163 |
| 5. 7. Jason Richardson (adi) | 13.28 | 0.155 |
| 6. 2. Jarret Eaton (unat) | 13.30 | 0.212 |
| 7. 8. Aleec Harris (adi) | 13.56 | 0.186 |
| .. dnc-David Oliver (Nike). |  |  |

## SEMI-FINALS (July 09, $\mathbf{1 6 . 2 5} \mathbf{~ H r}$, Qualify $\mathbf{2 + 2}$ fastest losers)

I(-1.8)-1. Porter 13.49; 2. Richardson 13.51; 3. Harris 13.54; 4.Wilson 13.62; 5. Moore 13.78; 6. Maxey 13.85.
II(-0.3)-1. Ash 13.34; 2. Eaton 13.57; 3. Fontenot 13.68; 4. Williams 13.69; 5. Osaghae 13.91; 6. Anderson 13.95.
III(-2.1)-1. Allen 13.40; 2. Oliver 13.46; 3. Merritt 13.57; 4. Brookins 13.67; 5. Crittenden 13.87; 6. Hall 13.93.
HEATS (July $08, \mathbf{1 5 . 0 2} \mathbf{~ H r}$, Qualify 3+6 fastest losers)
I(-1.2) - 1. Richardson 13.41; 2. Issac Williams (Hous) 13.63; 3. Merritt 13.64; 4. Ryan Fontenot (unat) 13.67; 5. Jordan Moore (LSU) 13.72; 6. Kevin Craddock (unat) $13.94 ; \ldots$ dq- Desmond Wallace (CCar).
II(-1.6)-1. Ash 13.39; 2. Harris 13.61; 3. Ronald Brookins (unat) 13.69; 4. Omo Osaghae (adi) 13.78; 5.. Adarius Washington (InSt) 13.80; 6. Logan Taylor (DPil) 13.81; 7. Joshua Thompson (unat) 13.82; 8. Donald Pollitt (unat) 14.13. III(-1.8)-1. Allen 13.44; 2. Eaton 13.66; 3. Ryan Wilson (unat) 13.72; 4. Cameron Hall (unat) 13.76; 5. Aaron Mallett (Ia) 13.85; 6. David Payne (unat) 13.95; 7. Dondre Echols (SC) 13.97

IV(-1.4)-1. Oliver 13.68; 2. Porter 13.72; 3. Nick Anderson (Ky) 13.77; 4. Freddie Crittenden (Syr) 13.77; 5. Marcus Maxey (USAr) 13.78; 6. Devon Hill (unat) 13.86; 7. Lloyd Sicard (UCI) 14.03; 8. Justin Johnson (Clem) 14.30.

The event was dealt a blow when race favourite David Oliver pulled his left hamstring at the end of the last semi-final while battling NCAA champion Devon Allen and Aries Merritt. Oliver qualified but was unable to run in the final. Ash had been the fastest in both rounds, but his semi-final best of 13.34 gave an indication of how the wind was slowing up the athletes. Conditions for the final were better, with a mild following wind. Porter was away fastest in the final, but Eaton and Merritt led by the third hurdle. Oregonian Allen thrilled the home crowd as he moved from fourth at hurdle four to first at the eighth barrier. Allen went away to win by 2 metres from the fast finishing Ash. 0.01 seconds covered second to fourth, with sentimental favourite Merritt losing out. The Olympic champion had been suffering from kidney disease in 2013-15 before a transplant (from his sister) could be effected, and it was not until 2017 that Merritt felt back to full strength. Allen, the only man to win an NCAA/OT double in 2016 went on to place $5^{\text {th }}$ in Rio.

## 400 hurdles - July 10, 16.51 Hr

1. 7. Kerron Clement (Nik)

|  | Reactio |
| :--- | :--- |
| 48.50 | 0.180 |
| 48.79 | 0.185 |
| 48.82 | 0.180 |
| 48.88 | 0.187 |
| 48.92 | 0.227 |
| 49.60 | 0.196 |
| 49.96 | 0.233 |
| DQ-Lane [49.5] | 0.191 |

## SEMIS (July 08, 16.47 Hr, Qualify 4)

I-1. Tinsley 49.15; 2. Babineaux 49.20 PR; 3. Downing 49.45; 4. Jackson 49.59; 5. Rosser 49.61; 6. Holmes 49.93; 7. Selmon 50.76; 8. Kendziera 50.97.
II-1. Dutch 49.20; 2. Clement 49.28; 3. Anderson 49.84; 4. Robinson 50.26; 5. Futch 50.27; 6. Alowonle 50.46; 7. Braddy 51.76.

## HEATS (July 07 , $\mathbf{1 8 . 5 3} \mathbf{~ H r , ~ Q u a l i f y ~ 3 + 4 ~ f a s t e s t ~ l o s e r s ) ~}$

I-1. Dutch 49.56; 2. Robinson 49.62; 3. Kenny Selmon (NC) 50.04; 4. Neil Braddy (unat) 50.86; 5. David Kendziera (Il) 51.07; 6. Justin Gaymon (NYAC) 51.35; 7. CJ Allen (WaSt) 51.75.

II-1. Jackson 49.91; 2. Babineaux 50.05; 3. Tinsley 50.34; 4. TJ Holmes (Fl) 50.89; 5. LaRon Bennett (Shore) 51.27; 6. Adam Durham (unat) 51.86; 7. Richard Lowe (unat) 54.88.
III-1. Eric Futch (Fl) 50.07; 2. Anderson 50.09; 3. Rilwan Alowonle (unat) 51.13; 4. Desmond Palmer (Paces) 51.56; 5. Javonte Lipsey (NC) 52.58; 6. Jermel Kindred (unat) $53.15 ; \ldots$ dq. Robert Grant (TxAM).

IV-1. Khallifah Rosser (CSLA) 49.89; 2. Downing 49.94; 3. Clement 49.97; 4. Taylor McLaughlin (Mi) 51.24; 5. Scottie Hearn (unat) 51.27; 6. Anto-nio Blanks (OhSt) 52.61; 7. William Wynne (unat) 52.76.

Although Kerron Clement had won an Olympic Gold medal [2008-4x400m] there was a definite sense of an athlete whose potential had not been fully realised. 11 years earlier he had run his lifetime best of 47.24 , and he not dipped below 48 seconds since 2010. The event was in the doldrums, as evidenced by just 5 times of under 49 seconds in the three rounds, as compared to 17 in 1996, and the lowest since the meaningless Trials of 1980. Johnny Dutch and Bershawn Jackson were pre-race favourites, but Jackson, in the tight confines of lane 1, was never in the hunt and Dutch hit the final hurdle whilst in the lead and faded to $5^{\text {th }}$. Clement, two metres behind Dutch at the last hurdle, won going away by 2 metres to make his third Olympic team, with Tinsley qualifying for his second Olympic appearance just behind the surprising Byron Robinson. Clement then showed perfect timing to record his only sub-48 mark of the year, 47.73 , in winning the Olympic title.

| High Jump - July 10, 15.00 Hr |  | 2.16 | 2.21 | 2.26 | 2.29 | 2.35 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Erik Kynard (Jordan) | 7-6 (2.29) | 0 | 0 | 0 | 0 | xxx |
| 2. Kyle Landon (SnII) | 7-5 (2.26) | 0 | 0 | xo | xxx |  |
| 3. Bradley Adkins (TxT) | 7-3 (2.21) | 0 | 0 | $\mathbf{x x x}$ |  |  |
| 4. Deante Kemper (unat) | 7-3 (2.21) | x0 | 0 | XX | x |  |
| 5. Trey McRae (UNCC) | 7-3 (2.21) | 0 | x0 | XXX |  |  |
| 6. Dakarai Hightower (LaneCC) | 7-3 (2.21) | x0 | x0 | XXX |  |  |
| 6. Ricky Robertson (unat) | 7-3 (2.21) | xo | xo | $\mathbf{x x x}$ |  |  |
| 8. Trey Culver (TxT) | 7-1 (2.16) |  |  |  |  |  |
| 8. Bryan McBride (unat) | 7-1 (2.16) |  |  |  |  |  |

... nh—Justin Frick (Shore), Andy Gilmore (CMarx), Bobby Harris (NFI), Avion Jones (ECar), Kris Kornegay-Gober (Shore).
QUALIFYING (July 08, auto-qualifier 7-6/2.29)
Qualifiers: all finalists cleared 7-1/4/2.14; Non-qualifiers: nh—Jesse Williams (OTC), Randall Cunningham (USC), Thane Pierson (WaSt), Tanner Anderson (Shore), Geoff Davis (unat), Hoova Taylor (NRD), Zach Blackham (BYU), Noah Martin (WaHS), Jeron Robinson (AMK), Garrett Huyler (Zens), Robert Atwater (SagV), Vernon Turner (OkHS).

The 2012 Olympic silver medallist Eric Kynard was a strong favourite to win the Trials event, and he sustained expectations by clearing every height to $7^{\prime} 6$ first time in less than perfect weather conditions. A power jumper with minimal back flexibility, Kynard was the class off the field, with Kyle Landon placing second with a PR 7'5, but not making the team as he didn't have the required 7'6 qualifying mark. Adkins, third placer with 7'3 was joined on the Olympic team by $7^{\text {th }}$ placer Ricky Robertson. Kynard went on to jump 2.33/7'7 $3 / 4$ in Rio [as he had in London in 2012] but this time placed $6^{\text {th }}$.

| Pole Vault - July 4, 15.30 Hr |  | 5.50 | 5.60 | 5.65 | 5.70 | 5.80 | 5.91 | 6.00 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Sam Kendricks (Nik) | 19-43/4 (5.91) | 0 | 0 | 0 | 0 | 0 | xx0 | $\mathbf{x x x}$ |
| 2. Cale Simmons (USAF) | 18-61⁄2 (5.65) | xo | xo | 0 | xxx |  |  |  |
| 3. Logan Cunningham (unat) | 18-41⁄2 (5.60) | 0 | 0 | $\mathbf{x x x}$ |  |  |  |  |
| 4. Tray Oates (Samf) | 18-4½ (5.60) | x0 | x0 | p | XXX |  |  |  |
| 4. Mark Hollis (Nik) | 18-4½ (5.60) | xo | x0 | XXX |  |  |  |  |
| 6. Dylan Bell (USAF) | $18-41122(5.60)$ | $\mathbf{x x} 0$ | x0 | XXX |  |  |  |  |
| 7. Jake Blankenship (Tn) | 18-4½ (5.60) | $\mathbf{x x O}$ | $\mathbf{x x o}$ | $\mathbf{x x x}$ |  |  |  |  |
| 8. Jordan Scott (unat) | $18-1 / 2{ }^{(5.50)}$ |  |  |  |  |  |  |  |
| 9. Michael Woepse (unat) | 18-1/2 (5.50) |  |  |  |  |  |  |  |

QUALIFYING (July 02—auto qualifier 18-8¼/5.70)
Qualifiers: Cunningham, Kendricks, Blankenship, Bell, Woepse, Hollis, Simmons \& Oates cleared 18-2½/5.55; Coover, Uhle, Pierson, Scott, Houston \& Watson cleared 18-1/2 (5.50).
Non-qualifiers: [17-8½/5.40]—Adam Bragg (Prin), John Prader (Altis), Drew Volz (unat); [nh]—Jason Colwick (unat), Peter Geraghty (KyE), Audie Wyatt (TxAM), Mike Arnold (Nik), Chase Wolfle (TxAM), Zach Siegmeier (TwinC), Devin King (SEnLa), Chris Nilsen (KsHS), Brad Walker (NYAC), Levi Keller (CNW).

Any of Sam Kendricks last 3 clearances in the competition would have been enough to win, and his final clearance of $19^{\prime} 4$ $3 / 4$ set a Trials record. Kendricks was followed onto the Olympic team by Cale Simmons, the only other jumper to clear $18^{\prime} 6$ $1 / 2$, and Logan Cunningham who won the battle for third at $18^{\prime} 4 \frac{1}{2}$ on countback from 4 others. Kendricks was the only American to make the Olympic final, and placed third with a clearance of $19^{\prime} 2^{1 / 4}$ before being ranked \#2 in the world for the year with 12 competitions at $19^{\prime} 0^{\prime \prime}$ or better.

Long Jump - July 3, 16.15 Hr

1. Jeff Henderson (adi)
2. Jarrion Lawson (Asics)
3. Will Claye (Nik)
4. Marquis Dendy (Nik)
5. Mike Hartfield (adi)
6. KeAndre Bates (FI)
7. Marquise Goodwin (unat)
8. Damarcus Simpson (Chad)
9. Dais Frederick (Zens)

Norris Frederick (Zens) 26-4½ (8.04); (8.12) (7.81)... no mark—Jarvis Gotch (unat).

QUALIFYING (July 02; auto-qualifier 26-9/8.16):
Qualifiers: Henderson 26-11³/4w (8.22), Claye 26-8½ (8.14), Bates 26-71/4 (8.11) PR,
Simpson 26-61/2w (8.09), Lawson 26-51/2w (8.06), Dendy 26-5 (8.05), Hartfield \& Frederick 26-33/4 (8.02), Morse 26-3/4 (7.94), Jackson 25-103/4w (7.89), Gotch 25-101/4 (7.88), Goodwin 25-8 (7.82).

Non-qualifiers: Terrell McClain (Akr) 25-6 (7.77), Jeremy Hicks (unat) 25-43/4w (7.74), Jonathan Addison (NCSt) 2531/4 (7.70), Lutalo Boyce (adiGS) 25-13/4 (7.66), Braxton Drummond (Charl) 24-111/4w (7.60), Andre Jefferson (unat) 24-11 (7.59), Julian Harvey (SnIIE) 24-10 (7.57), Bilal Abdullah (KennSt) 24-5½w (7.45); Ronald Taylor (unat) 242½w (7.38);... no mark—Will Williams (TxAM), Corey Crawford (Rut).

The hottest day of the Trials and a favourable wind contributed to a magnificent competition which saw 7 men jump beyond 27 feet, equalling the 2004 Olympics where Cuban great Ivan Pedroso placed $7^{\text {th }}$ with a legal $8.23 / 27^{\prime} 0^{\prime \prime}$. Jeff Henderson, seeking to make up for a disappointing $9^{\text {th }}$ place in the 2015 Worlds, opened up with $8.41 \mathrm{w} / 27^{\prime} 71 / 4$, and the only jumper over 8 metres was NCAA winner Jarrion Lawson with $8.20 \mathrm{w} / 26^{\prime} 11$. Highly regarded Mike Hartfield hit 27 ' 0 in the second round and Lawson improved to $27^{\prime} 33 / 4$. Round 3 opened with Hartfield reaching $27^{\prime} 41 / 2 \mathrm{w}$, with early season World leader Marquise Goodwin briefly taking $4^{\text {th }}$ position with $27^{\prime} 03 / 4$. Later in that round Marquis Dendy jumped a PR 27 ' $71 / 2$ to take the lead...for 3 jumps when Henderson finished off the round with $28^{\prime} 21 / 4 w$. Lawson produced the best legal jump of the competition, a PR 28 '2 in the next round, while Hartfield [ $27^{\prime} 61 / 2 w$ ] and Will Claye [27' 6 w ] kept the standard high. Claye then had the one remaining relevant jump of the competition $-27^{\prime} 71 / 2 \mathrm{w}$ to edge ahead of Dendy on countback, but Claye's legal best of the season - $26^{\prime} 8^{1 / 2}$ was one centimetre short of Olympic qualifying, so Dendy made the team, at least initially. Injury forced Dendy out, so Hartfield's four $27+$ jumps did not go for naught, and he made the trip to Rio. Henderson then won the Olympic title with $27^{\prime} 6$ with Lawson $4^{\text {th }}$ reaching $27^{\prime} 03 / 4$

Triple Jump - July 9, 16.15 Hr

1. Will Claye (Nik) 57-11
2. Christian Taylor (Nik)

57-3/4
3. Chris Benard (CVE)

56-53/4
56-33/4
$55-93 / 4 \mathrm{~W}$
55-2w (16.81)
$\begin{array}{lll}\text { 7. Donald Scott (unat) } & 54-91 / 4 w & (16.69) \\ \text { 8. Shawn Johnson (Aub) } & 54-43 / 4 & (16.58)\end{array}$
9. KeAndre Bates (FI) 54-1 $3 / 4$ (16.50); 10. Brandon Roulhac (Shore) 52-7 $1 / 2 \mathrm{w}(16.04)(52-13 / 4 / 15.89)$; 11. Tony Carodine (Mo) 52-3/4w (15.87) (51-81/4/15.75); no mark—Eric Sloan (USC).
QUALIFYING (July 07)(auto-qualifier 55-3½/16.85)
Qualifiers: O'Neal 55-81/4W (16.97) (55-0/16.76 ok), Scott 55-73/4 (16.96), Taylor 55-41/4 (16.87), Johnson 55-31/2w (16.85) (52-3 $1 / 4 / 15.93$ ), Craddock 55- $2^{3} / 4$ (16.83), Bates 54-63/4 (16.63), Carter 54-6 $1 / 2 \mathrm{w}$ (16.62) (52-43/4/15.97), Benard 54$23 / 4$ (16.53), Claye 53-8½ (16.37), Roulhac 53-5 (16.28), Carodine 53-41/4 (16.26), Sloan 53-31⁄2 (16.24).
Non-qualifiers: Ronald Woodley (adiGS) 52-11 $1 / 2$ (16.14), Jonathan Gardner (unat) 52-71/4 (16.03), Brian Leap (PennSt) 52-6½ (16.01), Josh Honeycutt (unat) 52-41/2 (15.96), Preston Woodard (unat) 52-1 $3 / 4$ (15.89), Tim White (AzSt) $52-3 / 4$ (15.87), John Warren (Mo) 51-8 $1 / 2$ (15.76), Eric England (EnOr) 51-3 $1 / 2$ (15.63), Andre Dorsey (Kenn) 51$1 / 4$ (15.55), Aaron Williams (NWnLa) 50-51/4 (15.37), Rex Parker (unat) 47-5 3/4 (14.47)..no mark: Jeremiah Green (AI)

Taylor and Claye, sounding more like a successful legal firm or a novel by Michael Chabon, had gone 1-2 in the 2012 Trials and Olympics, but of course this couldn't happen twice. Taylor, who had won the World title in 2015 with the \#2 jump of all time - $59^{\prime} 9^{\prime \prime}$ looked out of sorts early on here, jumping 54 ' $10 \frac{1}{4}$ in round one, and moving up to a team spot only in round three with $57{ }^{\prime} 0^{\prime \prime}$, which took the lead from Claye who had progressed from an opening $55^{\prime} 111 / 2$ to $56^{\prime} 91 / 2 \mathrm{w}$ in round 3 . In third was Chris Benard who hit $56^{\prime} 4^{1 / 2}$, also in round three. Two rounds later major activity occurred when Omar Craddock finally produced a solid jump of $56^{\prime} 33 / 4$, Benard solidified his hold on an Olympic berth with a PR $56 \prime 53 / 4$, and then Claye soared out to a winning $57^{\prime} 11^{\prime \prime}$. Taylor came back with an excellent $57^{\prime} 03 / 4$ in the final round, and the trio was decided. In the Olympics Taylor and Claye went 1-2 for the second time, Taylor edging it $58^{\prime} 7 \frac{1}{4}$ to a PR 58'3 $1 / 4$ for Claye.

## Shot Put - July 1, 17.40 Hr

| 1. | Ryan Crouser (Nik) | 72-61/2 | (22.11) | 20.42, 22.11, 21.43, 21.47, x, 21.07 |
| :---: | :---: | :---: | :---: | :---: |
| 2. | Joe Kovacs (Nik) | 72-1/4 | (21.95) | 20.69, 21.03, 20.88, 21.09, 20.93, 21.95 |
| 3. | Darrell Hill (unat) | 70-113/4 | (21.63) | 20.93, 21.63, 19.46, 20.47, 20.08, x |
| 4. | Ryan Whiting (Nik) | 68-61/2 | (20.89) | 20.65, 20.05, 20.83, 20.23, 20.72, 20.89 |
| 5. | Reese Hoffa (Nik) | 67-71/2 | (20.61) | 20.46, x, 20.55, 20.61, 20.32, x |
| 6. | Garrett Appier (PittSt) | 67-11⁄2 | (20.46) | 20.12, 20.09, $\mathrm{x}, \mathrm{x}, 20.46, \mathrm{x}$ |
| 7. | Adam Nelson (unat) | 66-21/4 | (20.17) | 20.17, $\mathrm{x}, \mathrm{x}, \mathrm{x}, \mathrm{x}, \mathrm{x}$ |
| 8. | Bobby Grace (Shore) | 65-93/4 | (20.06) |  |

9. Jordan Clarke (Nik) 65-71/2 (20.00); 10. Jacob Thormaehlen (unat) 65-7 (19.99); 11. David Pless (Iron) 61-9 (18.82);... no mark-Jon Jones (unat).

QUALIFYING (July 01, 11.00 Hr ) (auto-qualifier 67-31/4/20.50)
Qualifiers: Crouser 68-93/4 (20.97), Kovacs 68-1 (20.75), Clarke 67-6³/4 (20.59), Hill 67-51/2 (20.56), Hoffa 66-101/2 (20.38), Pless 66-10 (20.37), Jones 66-93/4 (20.36), Thormaehlen 66-53/4 (20.26), Nelson 66-41/4 (20.22), Appier 66-33/4 (20.21), Whiting 65-6¼ (19.97), Grace 65-43/4 (19.93).

Non-qualifiers: Kurt Roberts (Nik) 65-3½ (19.90), Cory Martin (unat) 65-11/4 (19.84), Curtis Jensen (unat) 64-6 (19.66), Josh Free-man (SnII) 63-2 $1 / 4$ (19.26), Richard Garrett (unat) 62-10 $1 / 2$ (19.16), Darien Moore (Iron) 62-71/4 (19.08), Matt DeChant (unat) 62-53/4 (19.04), Roger Steen (Weight) 62-51/4 (19.03), Derrick Vicars (unat) 61-11 (18.87), Mitchell Pope (unat) 60-63/4 (18.46), JC Murasky (OhSt) 58-51/4 (17.81); ... no mark—Coy Blair (Tif).

The most likely trio for Rio was Kovacs-Hoffa-Roberts, but Roberts who had twice been over 70 ' in 2016 missed the top 12 by $11 / 4$ ". Leading the qualifiers was Ryan Crouser with 68 ' $93 / 4$., and the Eugene resident settled things in round two with a PR $22.11 \mathrm{~m} / 72^{\prime} 6^{1 / 2 \prime \prime}$. The leader after the first round had been Darrell Hill, with $68^{\prime} 8$, and Hill then slaughtered his PR of $69^{\prime} 5 \frac{1}{4}$ with a heave of $70^{\prime} 113 / 4$. Kovacs was in third after round two with $69^{\prime} 0$ and never comfortable until his final effort of $72^{\prime} 0^{1 / 4}$. Eliminated were Ryan Whiting, 2012 Olympian whose season had been injury affected, who reached $68^{\prime} 6^{1 / 2}$, and comebacking 2004 Olympic Champion Adam Nelson, who managed $7^{\text {th }}$ place. Crouser went on to a superlative Olympic win, throwing $73^{\prime} 10 \frac{1}{4}$ in Rio and averaging $72^{\prime} 1$ with his 6 throws, while Kovacs was a fine second with $71^{\prime} 5 \frac{1}{2}$.

Discus Throw - July 8, 15.30 Hr

| 1. Mason Finley (unat) | 208-1 | (63.42) | 62.04, 63.42, $\mathrm{x}, \mathrm{x}, 62.20,63.21$ |
| :---: | :---: | :---: | :---: |
| 2. Tavis Bailey (unat) | 202-0 | (61.57) | 61.57, x, 60.55, x, 58.82, 59.39 |
| 3. Andrew Evans (unat) | 200-10 | (61.22) | 61.22, 60.67, x, 58.30, x, 59.17 |
| 4. Jason Harrell (Arete) | 200-3 | (61.05) | 55.05, 61.05, 59.73, x, x, x |
| 5. Lance Brooks (Nik) | 198-6 | (60.50) | 58.12, 60.50, 59.17, x, 59.23, 58.38 |
| 6. Nate Moses (Iron) | 196-5 | (59.87) | 59.87, x, 56.49, x, x, x |
| 7. Jared Schuurmans (Nik) | 193-11 | (59.12) |  |
| 8. James Plummer (Shore) | 190-9 | (58.14) |  |

9. Sam Mattis (Penn) 189-10 (57.86); 10. Rodney Brown (Nik) 187-3 (57.09); 11. Jason Young (Nik) 186-5 (56.82); 12. Russ Winger (Asics) 177-6 (54.11).

QUALIFYING (July 07) (auto-qualifier 213-3/65.00)
Qualifiers: Finley 218-11 (66.72), Mattis 199-11 (60.93), Schuurmans \& Evans 199-0 (60.66), Young 198-2 (60.40), Bailey 197-5 (60.17), Moses 196-5 (59.87), Winger 195 -7 (59.61), Brown 193-0 (58.83), Brooks 192-8 (58.74), Harrell 191-6 (58.36), Plummer 191-2 (58.27).

Non-qualifiers: Casey Malone (unat) 190-2 (57.97), Kole Weldon (unat) 188-6 (57.45), Phil Jagers (Akr) 188-4 (57.41), Jeff Milliron (Shore) 186-1 (56.73), Luke Bryant (unat) 184-6 (56.24), Brian Williams (IaC) 183-5 (55.90), Matt Kosecki (unat) 181-4 (55.27), Macklin Tudor (Cinc) 181-1 (55.21), Reggie Jagers (Kent) 180-7 (55.05), Chase Madison (unat) 171-6 (52.28);... 3f—Bryan Powlen (unat), Mike Torie (Ir

Just 4 throwers managed to reach 200'0, with Mason Finley winning with 208'1. Finley had led the qualifiers with a PR 218'11, and all 4 of his fair throws in the final exceeded the best of runner-up Tavis Bailey. The wretched international record of US throwers continued in Rio, with only Finley reaching the final, where he placed $11^{\text {th }}$ with 203 ' 7

Hammer Throw - July 6, 17.00 Hr

| 1. | Rudy Winkler (Corn) | 251-10 | (76.76) | 70.07, 72.25, 72.41, 76.76, 71.19, $x$ |
| :---: | :---: | :---: | :---: | :---: |
| 2. | Kibwé Johnson (Nik) | 246-5 | (75.11) | $\mathrm{x}, 73.12,75.11, \mathrm{x}, \mathrm{x}, 74.08$ |
| 3. | Conor McCullough (unat) | 243-4 | (74.16) | 74.16, 70.41, 71.44, 68.96, 72.18, 71.37 |
| 4. | A.G. Kruger (Nik) | 240-6 | (73.31) | 71.75, 73.31, $\mathrm{x}, 73.30,72.01, \mathrm{x}$ |
| 5. | Andy Fryman (Mjo) | 238-7 | (72.73) | 67.12, 69.13, 69.85, $x, 72.73,71.33$ |
| 6. | Matthias Tayala (unat) | 237-11 | (72.52) | 70.87, $\mathrm{x}, 70.09, \mathrm{x}, 71.72,72.52$ |
| 7. | Colin Dunbar (unat) | 237-3 | (72.31) | 71.81, 70.45, x, 72.31, $x, 69.28$ |
| 8. | JC Lambert (unat) | 226-8 | (69.10) |  |

9. Sean Donnelly (Mn) 226-3 (68.96); 10. Darien Thornton (GVal) 224-8 (68.49); 11. Conner Neu (Young) 224-6 (68.43); 12. Greg Skipper (Or) 223-4 (68.07); 13. Alex Young (unat) 220-7 (67.23); 14. Michael Lihrman (unat) 218-0
(66.45); 15. Garland Porter (unat) 217-0 (66.15); 16. Justin Welch (unat) 215-10 (65.78); 17.Tyler Williams (adiGS) 214-5 (65.37); 18. Tom Postema (unat) 212-1 (64.65); 19. Joe Frye (MCM) 209-11 (63.99); 20. Ryan Loughney (Shore) 209-8 (63.91); 21. Eric Flores (unat) 207-7 (63.29); 22. Collin Post (AzDT) 190-11 (58.20); ... no mark—Colin Cashner (unat), Ryan McCullough (unat).

The target for the throwers was the Olympic qualifying mark of $77.00 \mathrm{~m} / 252^{\prime} 7$, and despite the event being centre stage on July 6, no-one was able to reach that level. Closest was Cornell's Rudy Winkler, who set a PR of 251 ' 10 to beat the 246 ' 5 of favourite Kibwe Johnson. Conor McCullough beat 3-time Olympian A.G.Kruger 243'4 to 240'6. Initially none of the throwers made it, but the IAAF expanded the entry qualifications, and eight days after the event the top- 3 were selected. McCullough was the best American in Rio, but his 239'1 was two feet short of making the final.

Javelin Throw - July 4, $\mathbf{1 6 . 2 5} \mathbf{~ H r}$

1. Cyrus Hostetler (unat)
2. Curtis Thompson (Ms)
3. Riley Dolezal (Nik)
4. Sam Crouser (unat)
5. Sam Humphreys (Nik)
6. Rob Robbins (Corn)
7. Timothy VanLiew (adiGS)
8. Capers Williamson (Cit)

| $\mathbf{2 7 3 - 1}$ | $\mathbf{( 8 3 . 2 4 )}$ | $74.98,76.66,75.13,77.95,83.24, \mathrm{x}$ |
| :--- | :--- | :--- |
| $\mathbf{2 7 1 - 1 1}$ | $\mathbf{( 8 2 . 8 8 )}$ | $\mathbf{8 2 . 8 8}, 72.66, \mathrm{x}, 72.13,77.15,78.06$ |
| $\mathbf{2 6 1 - 4}$ | $\mathbf{( 7 9 . 6 7 )}$ | $\mathbf{7 6 . 5 0}, \mathrm{x}, 76.22,79.67, \mathrm{x}, \mathrm{x}$ |
| $\mathbf{2 5 6 - 1}$ | $\mathbf{( 7 8 . 0 6 )}$ | $\mathbf{7 4 . 1 8}, 78.06,75.88, \mathrm{x}, 76.50,76.16) ;$ |
| $\mathbf{2 4 9 - 4}$ | $\mathbf{( 7 6 . 0 0 )}$ | $\mathbf{x}, 75.90,76.00, \mathrm{x}, \mathrm{x}, \mathrm{x}$ |
| $\mathbf{2 4 0 - 1 0}$ | $\mathbf{( 7 3 . 4 2 )}$ |  |
| $\mathbf{2 3 6 - 8}$ | $\mathbf{( 7 2 . 1 5 )}$ |  |
| $\mathbf{2 3 2 - 1 0}$ | $\mathbf{( 7 0 . 9 7 )}$ |  |

9.Damien Odle (Wich) 231-3 (70.49); 10. Chris Carper (unat) 228-6 (69.66); 11. Sean Furey (Asics) 227-10 (69.45); 12. Carson Fuller (Wa) 226-2 (68.94).
QUALIFYING (July 02, $\mathbf{1 2 . 4 5} \mathbf{~ H r}$; auto-qualifier 272-4/83.00)
Qualifiers: Dolezal 251-7 (76.69), Furey 250-2 (76.26), Thompson 249-10 (76.16), Humphreys 247-3 (75.36), Crouser 244-0 (74.39), Hostetler 243 -8 (74.28), Robbins 237-7 (72.43), VanLiew 237-6 (72.40), Carper 236-6 (72.09), Odle 234- 4 (71.44), Fuller 232-5 (70.85), Williamson 227-2 (69.25).
Non -qualifiers: Tom Masterson (JavUSA) 224-9 (68.50), Chris Mirabelli (Rut) 224-4 (68.39), Cody Danielson (Or) 223-0 (67.99), Hudson Keffer (AzSt) 222-4 (67.76), Devin Bogert (unat) 221-9 (67.59), Nick Howe (unat) 220-0 (67.07), Ben Woodruff (ABG) 217-9 (66.38), Jack Thomas (unat) 213-8 (65.14), Billy Stanley (OhSt) 211-7 (64.51), Tim Glover (unat) 207-7 (63.29), Ryan Young (unat) 198-7 (60.52);... 3f—Chris Kirkwood (unat).

The fifth throw of the competition saw NCAA champion Curtis Thompson set a PR 271'11, which would hold the lead until Cyrus Hostetler reached 273 ' 1 in the fifth round, and these were the only throws over $80 \mathrm{~m} / 262$ ' $51 / 2$. Thompson, as one of the two men in form was extremely unlucky to miss out on selection, as his 271 ' 11 was $12 \mathrm{~cm} / 43 / 4$ " short of the Olympic qualifying, and Sam Crouser and Sean Furey who had qualifying marks from 2015 were selected. Ironically Crouser had placed second 4 years earlier in the Trials and didn't get to the Games, and even more ironic was Furey making his second Olympic team without finishing in the top-3 of the Trials. None of the three was able to qualify for the Rio final.

Decathlon - July 2-3

| Ashton Eaton (OTC) | [4560/1] | 8750 |
| :---: | :---: | :---: |
| $10.34,7.84,14.04,2.00,46.30,13.60 w, 41.39,5.25,57.84,4: 25.15$ |  |  |
| 2. Jeremy Taiwo (BrkB) | [4478-2] | 8425 |
| 10.94, 7.55, 14.88, 2.21, 48.76, 14.22, 42.10, 4.75, 52.82, 4:17.35 |  |  |
| 3. Zach Ziemek (Wi) | [4411-3] | 8413 |
| 10.60, $7.72,14.11,2.09,49.30,14.94,48.17,5.25,57.24,4.48 .21$ |  |  |
| 4. Garrett Scantling (Ga) | [4238-4] | 8228 |
| 10.86, 7.24w, 15.97, 2.06, 51.04, 14.13, 43.76, 4.85, 69.37, 5:02.32 |  |  |
| 5. Devon Williams (Ga) | [4207-5] | 7927 |
| 10.65, 7.72, 12.92, 1.97, 49.48, 13.98w, 45.44, 4.45, 50.00, 4:47.88 |  |  |
| 6. Solomon Simmons (EnMi) | [4010-12] | 7829 |
| 10.79, 6.86, 14.91, 1.88, 49.44, 14.18, 45.45, 4.45, 57.83, 4:46.37 |  |  |
| 7. Mitch Modin (Or) | [4134-9] | 7785 |
| 10.87, 24-4¼, 13.92, 1.97, 49.67, 14.55, 38.10, 4.75, 57.87, 4:56.49 |  |  |
| 8. Austin Bahner (Shocker) | [4039-11] | 7776 |
| 10.84, 7.38, 13.86, 1.88, 49.87, 15.52, 45.49, 4.85, 54.59, 4:44.93 |  |  |
| 9. Curtis Beach (Nik) | [4047-10] | 7728 |
| 10.75, $7.33,12.61,1.88,48.23,14.95,36.85,4.65,47.65,4.12 .13$ |  |  |
| 10. Scott Filip (Rice) | [4180-6] | 7680 |
| $10.75,7.37 \mathrm{w}, 13.52,2.00,49.08,15.00,39.58,4.55,47.96,4.43 .08$ |  |  |
| 11. Kurtis Brondyke (unat) | [3917-13] | 7614 |
| 11.06, 6.74, 15.35, 1.94, 51.26, 14.81, 47.91, 4.25, 58.21, 4:53.46 |  |  |



Ashton Eaton had set his first WR when winning the 2012 OT, and his second in his last decathlon prior to the Trials, at the 2015 World Championships. On this occasion Eaton opened with an excellent 10.34 in the 100, and was only headed briefly after the High Jump where Jeremy Taiwo leaped 7'3 for a cumulative score of 3605 to Eaton's 3567 . A 400 m of 46.30 saw Eaton's first day score total 4560 , with Taiwo 4478 and Zach Ziemek 4411 both performing at their best. The order stayed the same until the Javelin where Taiwo's poor 173 ' 3 dropped him down to $4^{\text {th }}$ place behind Garret Scantling who threw a high quality $227^{\prime} 7$. By this point Eaton was almost 200 points clear and he polished off his two days work with $4: 25.15$ to score 8750 , his $5^{\text {th }}$ best effort ever, but good enough to win by 225 from Taiwo who finished well with a 1500 of $4: 17.35$. Eaton went on to win his second Olympic title in a great duel with Kevin Mayer of France, winning 8893 to 8834 and subsequently retired.

## WOMEN

100 meters - July 3, $\mathbf{1 7 . 4 4 ~ H r ; ~ w i n d ~ + 1 . 0 ~}$

| 1. 5. English Gardner (Nik) |  | Reaction <br> $(0.151)$ |
| :--- | :--- | :--- |
| 2. 4. Tianna Bartoletta (Nik) | 10.74 | $\mathbf{( 0 . 7 8}$ |
| 3. 3. Tori Bowie (adi) | 10.78 | $\mathbf{( 0 . 1 8 1 )}$ |
| 4. 7. Morolake Akinosun (Tx) | 10.95 | $\mathbf{( 0 . 1 8 5 )}$ |
| 5. 6. Jenna Prandini (Pum) | 10.96 | $\mathbf{( 0 . 1 6 1 )}$ |
| 6. 2. Ariana Washington (Or) | 11.01 | $\mathbf{( 0 . 1 8 3 )}$ |
| 7. 8. Barbara Pierre (Nik) | 11.10 | $\mathbf{( 0 . 1 8 8 )}$ |
| 8. 1. Tiffany Townsend (adi) | 11.11 | $\mathbf{( 0 . 1 7 4 )}$ |

SEMI-FINALS (July 03, $\mathbf{1 6 . 0 2} \mathbf{H r}$, Qualify $2+2$ fastest losers)
I(3.1)-1. Bowie 10.74w; 2. Akinosun 10.97w; 3. Stevens 11.04w; 4. Hill 11.07w; 5. Freeman 11.13w; 6. Meadows 11.20 w ; 7. Todd 11.30 w .

II(4.5)-1. Prandini 10.86w; 2. Washington 10.97w; 3. Townsend 11.03w; 4. Atkins 11.05w; 5. Solomon 11.05w; 6. McGrone 11.06w; 7. Whitney 11.15w.
III(2.5)-1. Gardner 10.74w; 2. Bartoletta 10.79w; 3. Pierre 11.01w; 4. Anderson 11.11w; 5. Lawson 11.18w; 6. White 11.24w; 7. Duncan 11.46w.

HEATS (July 02, $\mathbf{1 2 . 3 3 \mathrm { Hr } \text { , Qualify 3+6 fastest losers) }}$
I(1.8)-1. Gardner 10.90; 2. Tawanna Meadows (Nik) 11.13; 3. Shalonda Solomon (adi) 11.16; 4. Townsend 11.17; 5. Shayla Sanders (Fl) 11.32; 6. Gabrielle Farquharson (Rut) 11.56; 7. Miki Barber (adiGS) 12.51.

II(0.8)-1. Bartoletta 11.03; 2. Deajah Stevens (Or) 11.18; 3. Candace Hill (Asics) 11.23; 4. Candyce McGrone (Nik) 11.24; 5. Jeneba Tarmoh (Nik) 11.29; 6. Gabrielle Thomas (Harv) 11.35; 7. Deanna Hill (USC) 11.36.

III(2.0)-1. Akinosun 10.99; 2. Washington 11.01; 3. Kaylin Whitney (Nik) 11.18; 4. Lekeisha Lawson (adi) 11.24; 5. Mikiah Brisco (LSU) 11.29; 6. Lisa Barber (adiGS) 11.32.
IV(3.6)-1. Prandini 10.81w; 2. Joanna Atkins (Nik) 10.99w; 3. Alex Anderson (Nik) 10.99w; 4. Octavious Freeman (adi) 11.05w; 5. Mandy White (BJordan) 11.11w; 6. Tristie Johnson (BCook) 11.38w; 7. Alexis Love (unat) 11.39w. V(1.8)-1. Bowie 10.91; 2. Pierre 11.07; 3. Kimberlyn Duncan (Nik) 11.23; 4. Jasmine Todd (unat) 11.26; 5. Alexis Faulknor (USC) 11.43; 6. Jessica Davis (EvoTC) 11.43.

There was little to choose between the top Americans prior to Eugene, with Tori Bowie [10.80] just favoured ahead of Tianna Bartoletta [10.94] and English Gardner [10.81]. Jenna Prandini, like Gardner an Oregon graduate, was fastest in round one with 10.81 w , while Gardner [10.90] and Bowie [10.91] had the fastest legal times. All the semi-finals were wind aided, and Bowie (10.74) and Prandini (10.86) were impressive in winning their races, while Gardner (10.74) and Bartoletta (10.79) were equally good in their duel in the third semi, won at the start by Gardner. The seeded middle lanes were taken in the final by Bowie (3), Bartoletta (4), Gardner (5) and Prandini (6). Gardner had the best start, but Bartoletta was marginally ahead at 10 m . The two battled for the lead throughout with Bowie in close attendance and it was only in the last 20 m that

Gardner drew clear of Bartoletta with Bowie closing fast for third, as all three broke 10.80. Morolake Akinosun closed quickly to improve her PR from 10.99 in the heats, to 10.95 in edging Prandini (10.96) for $4^{\text {th }}$. Only Prandini amongst the top-6 failed to set a PR. Bowie went on to win Olympic silver in Rio, while all of the top 4 won $4 \times 100$ relay gold.
$\underline{200}$ meters - July $\mathbf{1 0}$, 17.11 Hr; wind -0.6

| 1. 7. Tori Bowie (adi) | 22.25 | $(11.2 / 11.1)$ | Reaction <br> $(0.232)$ |
| :--- | :--- | :--- | :--- |
| 2. 4. Deajah Stevens (Or) | 22.30 | $(11.4 / 10.9)$ | $\mathbf{( 0 . 1 8 5 )}$ |
| 3. 6. Jenna Prandini (Pum) | 22.53 | $(11.3 / 11.2)$ | $\mathbf{( 0 . 1 8 7 )}$ |
| 4. 5. Allyson Felix (Nik) | 22.54 | $(11.5 / 11.1)$ | $\mathbf{( 0 . 1 8 7 )}$ |
| 5. 3. Ariana Washington (Or) | 22.65 | $(11.5 / 11.1)$ | $\mathbf{( 0 . 1 7 4 )}$ |
| 6. 8. Gabrielle Thomas (Harv) | 22.72 | $(11.6 / 11.1)$ | $\mathbf{( 0 . 2 0 5 )}$ |
| 7. 2. Tiffany Townsend (adi) | 22.80 | $(11.6 / 11.2)$ | $\mathbf{( 0 . 2 3 0 )}$ |
| 8. 1. Jeneba Tarmoh (Nik) | 23.72 | $\mathbf{( 1 1 . 8 / 1 1 . 9 )}$ | $\mathbf{( 0 . 1 8 9 )}$ |

SEMI-FINALS (July $09,17.03 \mathrm{Hr}$, Qualify $2+2$ fastest losers)
I(-1.7)-1. Prandini 22.68; 2. Washington 22.72; 3. Townsend 22.79; 4. Whitney 23.03; 5. Hill 23.05; 6. Henderson 23.31; 7. Brown 23.44.

II(-0.9)-1. Stevens 22.45; 2. Thomas 22.72; 3. Atkins 22.99; 4. Akinosun 23.04; 5. Solomon 23.06; 6. Roberson 23.11; 7. Ellis-Watson 23.25.

III(0.4)-1. Bowie 22.27; 2. Felix 22.57; 3. Tarmoh 22.98; 4. McGrone 23.01; 5. Hill 23.04; 6. Jones 23.08; 7. Jefferson 23.14.

HEATS (July 08, $\mathbf{1 5 . 3 0 \mathrm { Hr } \text { , Qualify 3+3 fastest losers) }}$
I(-2.0)-1. Prandini 22.72; 2. Candace Hill (Asics) 22.93; 3. Taylor Ellis-Watson (adi) 23.11; 4. Shalonda Solomon (adi) 23.23; 5. Gabrielle Farquharson (Rut) 23.65; 6. Elexis Guster (Ia) 23.66; 7. Laquisha Jackson (Mo) 24.48. II(-0.3)-1. Felix 22.93; 2. Morolake Akinosun (Tx) 22.99; 3. Daye Shon Roberson (Ok) 23.10; 4. Cambrya Jones (unat) 23.15; 5. Felicia Brown (Tn) 23.37; 6. Lake Kwaza (Ia) 23.51; 7. Mahagony Jones (NBal) 23.63. III(-0.2)-1. Stevens 22.91; 2. Kaylin Whitney (Nik) 23.14; 3. Ashley Henderson (SDi) 23.52; 4. Alexis Faulknor (USC) 23.65; 5. Shakima Wimbley (Mia) 23.70; 6. Kimberlyn Duncan (Nik) 23.75; 7. Ashton Purvis (unat) 23.87. IV(0.9)-1. Washington 22.95; 2. Tarmoh 23.02; 3. Kyra Jefferson (Fl) 23.17; 4. Lekeisha Lawson (adi) 23.36; 5. Aisha Cavin (OhSt) 23.50; 6. Alexis Love (unat) 23.73; 7. Candace Jackson (unat) 24.30.
V(2.2)-1. Bowie 22.74w; 2. Candyce McGrone (Nik) 22.98w; 3. Deanna Hill (USC) 23.04w; 4. Jada Martin (LSU) 23.38w; 5. Charonda Williams (adi) 23.59w; 6. Lilla McMillan (Tul) 23.90w; 7. Marie Veale (CSN) 24.05w. VI(1.0)-1. Thomas 22.91; 2. Joanna Atkins (Nik) 22.99; 3. Townsend 23.04; 4. Kamaria Brown (adi) 23.12; 5. Alex Anderson (Nik) 23.29;... dq- Kenya Woodall (Cinc).

The slender [5’9/134] Bowie had been the only American to run under 22 seconds in 2016, clocking 21.99 when winning at the Prefontaine Memorial, and was co-favourite with Olympic and World champion Allyson Felix. Jenna Prandini was fastest in the heats but Bowie laid down a marker in the semi-finals, dominating Felix, who looked decidedly sluggish in the first half of the race, 22.27 to 22.57 . The other semi-final winners, NCAA runner-up Deajah Stevens (22.45) and Jenna Prandini (22.68) as current and former Oregon students kept the home crowd happy, as did Arianna Washington who was one of 4 to make both sprint finals. Felix, whose training had been affected by an ankle injury in April, again looked sluggish in the first half of the final, by which time Bowie was long gone. Bowie passed 100 m more than a metre up on Prandini, with Stevens in third, half a metre ahead of Felix. Bowie faltered in the last 25 m and Stevens closed to within half a metre while Prandini fell at the line in a desperate and successful effort to beat Felix for third. With medals of each colour, Bowie was the most successful US sprinter in Rio, a good reward for an athlete who had suffered the misfortune of missing the 2012 Trials when she was injured in a freak accident suffering a broken jaw as a bystander when struck by a bottle wielded in a fight in a Mississippi nightclub.
$\underline{400}$ meters - July 3, 16.38 Hr

| 1. 6. Allyson Felix (Nik) | 49.68 | (24.2, 12.3 [36.5], 13.2) | Reaction (0.206) |
| :---: | :---: | :---: | :---: |
| 2. 2. Phyllis Francis (Nik) | 49.94 | (24.1, 12.5 [36.6], 13.3) | (0.190) |
| 3. 7. Natasha Hastings (UArm) | 50.17 | (23.7, 12.3 [36.0], 14.2) | (0.225) |
| 4. 3. Taylor Ellis-Watson (adi) | 50.25 | (24.1, 12.5 [36.6], 13.7) | (0.602) |
| 5. 5. Francena McCorory (adi) | 50.37 | (23.9, 12.2 [36.1], 14.3) | (0.368) |
| 6. 4. Courtney Okolo (Nik) | 50.39 | (24.3, 12.3 [36.6], 13.8) | (0.271) |
| 7. 8. Ashley Spencer (Nik) | 51.09 | (24.1, 12.6 [36.7], 14.4) | (0.614) |
| 8. 1. Quanera Hayes (Nik) | 51.80 | (24.6, 12.9 [37.5], 14.3) | (0.357) |

I-1. McCorory 50.28; 2. Felix 50.31; 3. Ellis-Watson 50.60; 4. Francis 50.84; 5. Stepter 51.47; 6. Reynolds 51.91; 7. Eutsey 52.26; 8. Muscaro 52.68.
II-1. Okolo 50.37; 2. Hastings 51.17; 3. Spencer 51.21; 4. Hayes 51.28; 5. Wimbley 51.89; 6. Porter 52.60; 7. Roberson 52.82; 8. Trotter 54.01.

HEATS (July 01, $\mathbf{1 7 . 4 5 \mathrm { Hr } \text { , Qualify } 3 + 4 \text { fastest losers) }}$
I-1. McCorory 50.94; 2. Hastings 51.21; 3. Spencer 51.28; 4. Kiara Porter (unat) 52.10; 5. Daye Shon Roberson (Ok) 52.49; 6. Kenya Woodall (Cinc) 52.59; 7. Kala Funderburk (unat) 54.47.

II-1. Francis 50.81; 2. Ellis-Watson 51.54; 3. Robin Reynolds (FI) 51.92; 4. Ebony Eutsey (unat) 52.45; 5. Elexis Guster (Ia) 52.72; 6. Vanessa Jones (unat) 53.60; 7. Lilla McMillan (Tul) 54.05.
III-1. Okolo 50.78; 2. Dee Dee Trotter (unat) 52.01; 3. Jaide Stepter (USC) 52.02; 4. Carly Muscaro (Merrim) 52.12; 5. Monica Hargrove (unat) 52.75; 6. Alex Gholston (AI) 53.71; ... dnf—Sanya Richards-Ross (Nik). IV-1. Hayes 51.80; 2. Felix 51.96; 3. Shakima Wimbley (Mia) 52.04; 4. Jessica Beard (adi) 52.52; 5. Kendall Baisden (adi) 52.53; 6. Shapri Romero (unat) 53.05; 7. Jasmine Blocker (Tul) 54.54.

Reigning Olympic champion Sanya Richards failed to make it out of the heats, clearly troubled by an injury. Race favourite Okolo, the NCAA winner, was fastest in the heats with 50.78 , with Francis and McCorory also under 51 seconds. McCorory and Okolo were again to the fore in the semi-finals, winning in 50.28 and 50.37 respectively, while Allyson Felix was second fastest qualifier with 50.31. Natasha Hastings led the final early on, passing 100 in 11.8 and 200 in 23.7, with McCorory the closest follower [23.9]. At 300m Hastings [36.0] still led from McCorory [36.1] with Felix third 4 metres back, having moved up from $6^{\text {th }}$ at halfway. Holding her form better than the others enabled Felix, with her long raking stride, to gain more than 8 metres in the last quarter of the race and she won by a long two metres from Phyllis Francis, who was only marginally slower than Felix in the last 100m. Felix went on to win silver in the 400 plus 2 relay gold medals in Rio. After 2012 she was, in terms of medals, the most successful US athlete in track history, and after Rio she had the best medal count of any woman in athletics history - 6 Gold and 3 Silver

800 Meters - July 4, 17.42 Hr

1. Kate Grace (Ois) $\quad 1: 59.10$
2. Ajee' Wilson (adi) $\quad 1: 59.51$
3. Chrishuna Williams (Nik)
4. Molly Ludlow (Sauc)

Raevyn Rogers (Or)
6. Phoebe Wright (Nik) 2:02.55
7. Brenda Martinez (NBal)
8. Alysia Montaño (Asics)

1:59.59
1:59.63
:06.63
3:06.77
28.19, 58.46, 1:28.44
27.94, 58.15, 1:27.98
28.16, 58.44, 1:28.73
28.03, 58.24, 1:28.30 27.79, 57.90, 1:28.15 28.40, 58.62, 1:29.53 28.37, 58.28, 1:28.00 27.73, 57.46, 1:28.18

SEMI-FINALS (July $02,11.43 \mathrm{Hr}$, Qualify $3+2$ fastest losers)
Semis: I-1. Wilson 2:00.81; 2. Grace 2:00.94; 3. Williams 2:01.29; 4. Baker 2:01.87; 5. Price 2:01.94; 6. Fricker 2:03.95; 7. Lipsey 2:05.15; 8. Barowski 2:08.36.
II-1. Martinez 1:59.64; 2. Ludlow 1:59.81; 3. Montano 2:00.20; 4. Rogers 2:00.61; 5. Wright 2:01.39; 6. Chambers 2:01.46; 7. Banks 2:02.58; 8. Williams 2:02.59

HEATS (July 01, 16.45 Hr , Qualify 2+6 fastest losers)
I-1. Ludlow 2:00.30; 2. Montano 2:00.56; 3. Kendra Chambers (TxE) 2:01.07; 4. Charlene Lipsey (adi) 2:01.33; 5 . Erin Donohue (unat) 2:02.93; 6. LaTavia Thomas (unat) 2:05.10; 7. Ceaira Brown (unat) 2:06.78; 8. Shannon Leinert (Brk) 2:13.80.
II-1. Martinez 2:00.85; 2. Chanelle Price (Nik) 2:01.13; 3. Wright 2:01.35; 4. Baylee Mires (BrkB) 2:02.57; 5. Hanna Green (VaT) 2:02.85; 6. Dominique Jackson (Ois) 2:03.99; 7. Shea Collinsworth (BYU) 2:06.65.
III-1. Wilson 2:03.31; 2. Olivia Baker (Stan) 2:03.68; 3. Sammy Watson (NYHS) 2:04.12; 4. Raquel Lambdin (unat) 2:04.14; 5. Carsyn Koch (Cedar) 2:05.57; 6. Bethany Praska (unat) 2:05.79; 7. Maggie Vessey (unat) 2:07.60. IV-1. Williams 2:03.19; 2. Cecilia Barowski (Prin) 2:03.29; 3. Kaela Edwards (OkSt) 2:03.31; 4. Laura Roesler (Nik) 2:03.55; 5. Kenyetta Iyevbele (unat) 2:04.98; 6. Megan Krumpoch (NBal) 2:05.35; 7. Abby Farley (BullC) 2:10.35; 8. Annette Melcher (USAF) 2:15.91.
V-1. Grace 2:01.36; 2. Mckayla Fricker (Brk) 2:01.53; 3. Rogers 2:01.67; 4. Olicia Williams (unat) 2:02.2; 5. Anima Banks (Duke) 2:02.39; 6. Geena Gall (Brk) 2:03.74; 7. Dana Mecke (TxE) 2:04.60; 8. Lauren Wallace (Ois) 2:05.52.

There was little drama before the final, but the last 25 seconds of that race made up for it. Rogers the 19 year old Oregon prodigy led for 180 m in the final, until Montaño went into the lead. The 2012 winner led by 4 meters at halfway [57.46] and was then passed by Wilson, Martinez and Rogers just before the 600 m mark. With 150 m remaining Martinez lost her footing, and Montaño ran into her and fell, while Martinez stumbled. Up ahead Wilson led into the straight and was soon passed by Grace. Wilson held on for second, while unheralded Chrishuna Williams sped up from $7^{\text {th }}$ with 150 m to go to edge Molly Ludlow 1:59.59 to 1:59.63 for third place. The winner captured the sense of the race afterwards, describing it as "surreal".

|  |  | $400 / 800 / 1100 /$ last 400 |
| :--- | :--- | :--- |
| 1. Jenny Simpson (NBal) | $\mathbf{4 : 0 4 . 7 4}$ | $\mathbf{6 8 . 2 / 2 : 1 6 . 1 / 3 : 2 0 . 1 / 5 9 . 9 7}$ |
| 2. Shannon Rowbury (NikOP) | $\mathbf{4 : 0 5 . 3 9}$ | $\mathbf{6 8 . 3 / 2 : 1 6 . 2 / 3 : 2 0 . 6 / 6 0 . 5 0}$ |
| 3. Brenda Martinez (NBal) | $\mathbf{4 : 0 6 . 1 6}$ | $\mathbf{6 8 . 9 / 2 : 1 6 . 5 / 3 : 2 0 . 8 / 6 0 . 9 7}$ |
| 4. Amanda Eccleston (Brk) | $\mathbf{4 : 0 6 . 1 9}$ | $\mathbf{6 8 . 6 / 2 : 1 6 . 6 / 3 : 2 1 . 0 / 6 0 . 8 2}$ |
| 5. Morgan Uceny (adi) | $\mathbf{4 : 0 6 . 9 4}$ | $\mathbf{6 8 . 8 / 2 : 1 6 . 5 / 3 : 2 0 . 3 / 6 2 . 1 0}$ |
| 6. Alexa Efraimson (Nik) | $\mathbf{4 : 0 7 . 3 4}$ | $\mathbf{6 8 . 4 / 2 : 1 6 . 4 / 3 : 2 0 . 5 / 6 2 . 3 0}$ |
| 7. Sara Vaughn (Brk) | $\mathbf{4 : 1 0 . 2 8}$ | $\mathbf{6 8 . 0 / 2 : 1 6 . 0 / 3 : 2 0 . 4 / 6 5 . 4 1}$ |
| 8. Lauren Johnson (unat) | $\mathbf{4 : 1 0 . 2 9}$ | $\mathbf{6 8 . 1 / 2 : 1 6 . 2 / 3 : 2 1 . 5 / 6 4 . 7 0}$ |

9. Sara Sutherland (Sauc) 4:10.70; 10. Stephanie Brown (Nik) 4:11.13; 11. Mary Cain (NikOP) 4:13.45; 12. Gabriele Grunewald (Brk) 4:18.73.

SEMI-FINALS (July 08, 17.03 Hr , Qualify $5+2$ fastest losers)
I-1. Simpson 4:10.09; 2. Rowbury 4:10.24; 3. Efraimson 4:10.49; 4. Vaughn 4:11.26; 5. Brown 4:11.30; 6. Grunewald 4:11.86; 7. Sutherland 4:11.92; 8. McGee 4:12.19; 9. Aragon 4:12.71; 10. Kampf 4:13.28; 11. Tracy 4:13.39; 12. Gallagher 4:22.47.
II-1. Martinez 4:11.05; 2. Eccleston 4:11.28; 3. Uceny 4:11.64; 4. Cain 4:12.39; 5. Johnson 4:12.64; 6. Schneider 4:13.43; 7 Cranny 4:14.20; 8. Schappert 4:14.48; 9. Murphy 4:14.52;

HEATS (July $07,18.26 \mathrm{Hr}$, Qualify 6+6 fastest losers)
I-1. Eccleston 4:13.82; 2. Rebecca Tracy (Ois) 4:13.87; 3. Christina Aragon (MtHS) 4:14.06; 4. Kate Murphy (VaHS) 4:14.11; 5. Heather Kampf (Asics) 4:14.12; 6. Erin Donohue (unat) 4:14.37; 7. Efraimson 4:14.40; 8. Rachel Schneider (UArm) 4:22.94;
9. Sarah Brown (NBal) 4:24.97.

II-1. Martinez 4:23.48; 2. Uceny 4:23.48; 3. Elise Cranny (Stan) 4:23.59; 4. Kerri Gallagher (Nik) 4:23.60; 5. Stephanie Schappert (Hoka) 4:23.68; 6. Cory McGee (NBal) 4:23.80; 7. Heather Wilson (Hoka) 4:25.07; 8. Melissa Salerno (Asics) 4:35.42.
III-1. Simpson 4:17.31; 2. Johnson 4:17.53; 3. Rowbury 4:17.80; 4. Brown 4:17.98; 5. Vaughn 4:18.01; 6. Grunewald 4:18.07; 7. Shannon Osika (unat) 4:18.27; 8. Cain 4:19.10; 9. Treniere Moser (NikOP) 4:19.38; 10. Sutherland 4:19.77. 10. Donohue 4:15.59; 11. Osika 4:19.96.

Simpson, the US champion in 2014 and 2015, was the fastest qualifier with $4: 10.09$, and after following the slow pace of Sara Vaughn through 800 m in $2: 16.0$, Simpson moved alongside Vaughn and eased into the lead at 900 m . While the pace increased with the next 300 m covered in 48.85 [4:04 pace] there were still 11 in contention at the bell, though Lauren Johnson had just been bumped onto the infield, with Simpson leading from Rowbury and Uceny. Simpson put her foot down opening a couple of metres on Uceny and led into the straight with Simpson challenging for second. Simpson increased her lead, while Rowbury easily held onto second. Martinez, whose 800 m mishap made her a sentimental favourite with the crowd, went past Uceny, who was by now treading water. Eccleston closed very quickly, almost catching Martinez on the line. The experienced Simpson and Rowbury performed well in Rio, with the former taking bronze one place ahead of Simpson.

3000 meters steeplechase - July 7, 19.48 Hr

| 1. Emma Coburn (NBal) | $9: 17.48$ |
| :--- | :--- |
| 2. Courtney Frerichs (BowTC) | $9: 20.92$ |
| 3. Colleen Quigley (BowTC) | $9: 21.29$ |
| 4. Shalaya Kipp (Ois) | $9: 28.72$ |
| 5. Stephanie Garcia (NBal) | $9: 28.99$ |
| 6. Bridget Franek (BrkTRE) | $9: 33.51$ |
| 7. Megan Rolland (Ois) | $9: 35.31$ |
| 8. Mel Lawrence (Ois) | $9: 36.35$ |

## Estimated kilometre splits

3:08.6/ 3:08.9 [6:17.5]/ 3:00.0
3:09.0/3:09.8 [6:18.8]/ 3:02.1
3:08.9/3:09.4 [6:18.3]/3:03.0
3:09.4/3:12.5 [6:21.9]/ 3:06.8
3:08.3/3:09.4 [6:17.7]/3:11.3
3:08.5/ 3:12.7 [6:21.5]/ 3:12.0
3:09.4/3:12.3 [6:21.7]/ 3:13.6
3:09.9/3:13.7 [6:33.6]/3:12.8
10.Ashley Higginson (Sauc) 9:38.55; 10. Rena Williams-Chesser (unat) 9:40.49; 11. Katie Landwehr (MiSt) 9:41.22; 12. Jessica Kamilos (unat) 9:45.42; 13. Nicole Bush (NBal) 9:58.04; 14. Leah O'Connor (adi) 9:59.03.

HEATS (July 04, 16.33 Hr , Qualify $3+5$ fastest losers)
I-1. Franek 9:39.93; 2. Frerichs 9:40.98; 3. Higginson 9:42.18; 4. Bush 9:46.30; 5. Sarah Pease (unat) 9:46.83; 6 . Maddie Van Beek (Brk) 9:49.56; 7. Nicol Traynor (Hoka) 9:56.17; 8. Alex Wilson (Ois) 9:57.57; 9. Erica Richardson (unat) 9:58.43; 10. Rachel Johnson (Asics) 10:07.81; 11. Madelin Talbert (Lips) 10:09.76; 12. Collier Lawrence (Ois) 10:29.42.
II-1. O’Connor 9:35.77; 2. Garcia 9:35.95; 3. Quigley 9:37.03; 4. Kamilos 9:41.88; 5. Williams-Chesser 9:43.80; 6. Betsy Graney (GazS) 9:50.08; 7. Brianna Nerud (Or) 9:57.67; 8. Jamie Cheever (OisCNW) 10:01.46; 9. Elinor Purrier (NH) 10:08.39; 10. Paige Kouba (Harv) 10:13.82; 11. Emily Ritter (NJNY) 10:19.44.

III-1. Coburn 9:35.28; 2. Rolland 9:37.90; 3. Kipp 9:38.01; 4. Lawrence 9:42.05; 5. Landwehr 9:46.15; 6. Sarah Boyle (Sauc) 9:58.27; 7. Erin Clark (Co) 10:00.85; 8. Becky Wade (Asics) 10:04.10; 9. Megan Patrignelli (TRE) 10:07.69; 10. Emily Oren (unat) 10:12.97; 11. Danielle Winslow (BC) 10:22.18; 12. Carmen Graves (adiGS) 10:31.29

2012 winner Coburn was probably the strongest favourite to win in any women's track event, and duly qualified with the fastest time (9:35.28) in the heats. Garcia led the final through the first kilometre, with a dozen in contention. Coburn moved to the front at the 2 kilometre mark, and while the pace had remained even, the contenders had been whittled down to five. Within a lap Coburn had deconstructed the field, and the race was in single file, with Garcia 2 metres back, $3-4 \mathrm{~m}$ ahead of O'Connor. Quigley went into third just after the penultimate water-jump as O'Connor seemed to move into oxygen debt. Coburn led by 5 metres at the bell, and this was extended to nearly 20 metres by the finish. Frerichs moved up into second after the final water-jump, and lost no ground to Coburn in the last lap, while the exhausted Garcia fell at the last hurdle and was edged for $4^{\text {th }}$ on the line by Kipp. Coburn's dominance of the event in the USA was shown at the end of 2017 with her holding 9 of the top 10 marks of all-time under 9:18

5000 Meters - July 10, 16.28 Hr

| 1. Molly Huddle (Sauc) | $\mathbf{1 5 : 0 5 . 0 1}$ |
| :--- | ---: |
| 2. Shelby Houlihan (BowTC) | $\mathbf{1 5 : 0 6 . 1 4}$ |
| 3. Kim Conley (NBal) | $\mathbf{1 5 : 1 0 . 6 2}$ |
| 4. Emily Infeld (BowTC) | $\mathbf{1 5 : 1 3 . 8 7}$ |
| 5. Abbey D'Agostino (NBal) | $\mathbf{1 5 : 1 4 . 0 4}$ |
| 6. Katie Mackey (Brk) | $\mathbf{1 5 : 1 8 . 6 0}$ |
| 7. Marielle Hall (Nik) | $15: 24.47$ |
| 8. Allie Ostrander (Boise) | $15: 24.74$ |

9. Tara Welling (Skech) 15:26.82; 10. Alisha Williams (adiRME) 15:33.71; 11. Jessica Tebo (Nik) 15:41.02; 12. Kellyn Taylor (HokaNAz) 15:43.35; 13. Jordan Hasay (NikOP) 15:51.68; 14. Sara Hall (Asics) 15:54.99; 15. Rochelle Kanuho (HokaNAz) 16:05.20;... dnf—Nicole Tully (HokaNYAC

Leader's splits - Huddle in every instance, except at 1800m, when Infeld led by 0.02 seconds: (37.73, 79.00 [1:56.73], 75.19 [3:11.92], 72.71 [4:24.63], 71.78 [5:36.41], 72.54 [6:48.95], 72.69 [8:01.64], 72.66 [9:14.30], 72.05 [10:26.35], 71.79 [11:38.14], 72.39 [12:50.53], 71.25 [14:01.78], 63.23)

HEATS (July $07,16.20 \mathrm{Hr}$, Qualify $\mathbf{6 + 6}$ fastest losers)
I-1. Conley 15:40.04; 2. Taylor 15:40.15; 3. Tully 15:40.27; 4. Infeld 15:40.35; 5. Hall 15:42.70; 6. Tebo 15:43.64; 7. Lauren Paquette (Brk) 15:44.57; 8. Laura Thweatt (SaucBTC) 15:50.60; 9. Natosha Rogers (NBal) 15:54.27; 10. Sarah Pagano (BAA) 16:06.42; 11. Angela Bizzarri (Brk) 16:21.05.
II-1. Huddle 15:26.33; 2. Mackey 15:26.64; 3. Houlihan 15:26.91 PR; 4. Ostrander 15:27.13 PR; 5. Hall 15:27.67; 6. D'Agostino 15:29.66; 7. Welling 15:33.34; 8. Kanuho 15:33.80; 9. Hasay 15:34.50; 10. Williams 15:39.32; 11. Gabriele Grunewald (Brk) 15:58.72; 12. Kaitlin Gregg Goodman (Strava) 16:07.92.

After the 10000 m it was no surprise to see Huddle go to the front immediately, and while the pace was slow to begin with, it was clear that Huddle was comfortable throughout. After a first kilometre of $3: 11.92$ the pace stayed at a fraction over 15 minute pace until the bell where Huddle led a pack of 5 constituted by Emily Infeld, Shelby Houlihan, newly converted 1500 runner, Kim Conly and Abbey D'Agostino. At that point Huddle sped up and gained daylight of 5 metres, as Houlihan slipped into second and eventually finished 7 metres behind Huddle. Behind them Conley went by Infeld with 220 m to go, and Infeld held off D'Agostino for $4^{\text {th }}$. With both Huddle and Infeld concentrating on the 10k race, it meant that Houlihan-Conley-D'Agostino would be the US trio in Rio.

10000 Meters - July 2, 11.04 Hr

| 1. Molly Huddle (Sauc) | 31:41.62 |
| :--- | :--- |
| 2. Emily Infeld (BowTC) | $31: 46.09$ |
| 3. Marielle Hall (Nik) | $31: 54.77$ |
| 4. Kellyn Taylor (HokaNAz) | $32: 11.30$ |
| 5. Laura Thweatt (Sauc) | $32: 26.21$ |
| 6. Liz Costello (NBal) | $32: 31.81$; |
| 7. Rochelle Kanuho (HokaNAz) | $32: 32.05$ |
| 8. Aliphine Tuliamuk (unat) | $32: 32.32$ |

9. Jordan Hasay (NikOP) 32:43.43; 10. Emily Sisson (NBal) 32:54.07; 11. Kaitlin Gregg Goodman (Strava) 32:55.21; 12. Serena Burla (Miz) 33:19.89; 13. Natosha Rogers (NBal) 33:21.95; 14. Alisha Williams (adiRME) 33:22.23; 15. Tara Welling (Skech) 33:56.09; 16. Chelsea Blaase (Tn) 34:10.15; 17. Sarah Pagano (BAA) 34:14.04; 18. Lindsey Flanagan (Miz) 34:17.25; 19. Chelsea Sodaro (Sauc) 34:22.31; 20. Stephanie Bruce (HokaNAz) 34:27.48; 21. Emma Bates (BAA) 34:32.44; 22. Courtney Smith (Harv) 35:45.82; ... dnf-Kim Conley (NBal), Alia Gray (RootsR).

Leader's splits - Huddle in every instance, except at $\mathbf{3 2 0 0} \mathrm{m}$ where Tuliamuk led by 0.02 seconds ( $75.01,77.58$
[2:32.59], 77.19 [3:49.78], 76.09 [5:05.87], 76.93 [6:22.80], 77.96 [7:40.76], 76.74 [8:57.50], 80.47 [10:17.97], 78.95
[11:36.92], 78.20 [12:55.12], 76.77 [14:11.89], 77.86 [15:29.75], 77.36 [16:47.11], 76.06 [18:03.17], 75.62 [19:18.79], 76.34 [20:35.13], 76.13 [21:51.26], 75.43 [23:06.69], 76.23 [24:22.92], 75.24 [25:38.16], 75.05 [26:53.21], 74.79 [28:08.00], 73.39 [29:21.39], 71.87 [30:33.26], 68.36)

The 10000 m preceded the 5 k by over a week, but the tactics were the same. Huddle led from the gun, and her opponents slipped back, one by one. A possible team member was Kim Conley, but after losing 8 seconds when replacing a lost shoe from a clipped heel, Conley eventually gave up the ghost with 5 laps remaining and too much ground to make up. At the 8 k point Huddle had reduced the lead group to 3, and she dropped Marielle Hall 2 laps later, and Infeld, in her first race outdoors in 2016, with just over a lap to go. The decision of both Huddle and Infeld to focus solely on the 10k in the Olympics turned out to be prescient, as Huddle broke the US record with 30:13.17, and Infeld set a PR of 31:26.94 in 11th

20k walk - June 30, 09.01 Hr, in Salem, OR.

| 1. Maria Michta-Coffey (Ois) | $1: 33: 41$ | $(\mathbf{4 6 : 0 6 / 4 7 : 3 5 )}$ |
| :--- | :--- | :--- |
| 2. Miranda Melville (Skech) | $1: 34: 11$ | $(\mathbf{4 6 : 1 7 / 4 7 : 5 5 )}$ |
| 3. Katie Burnett (unat) | $1: 41: 12$ | $\mathbf{( 4 9 : 1 4 / 5 1 : 5 9 )}$ |
| 4. Sam Cohen (Wi) | $1: 43: 41$ | $(50: 50 / 52: 51)$ |
| 5. Melissa Moeller (unat) | $1: 44: 13$ | $(51: 23 / 52: 50)$ |
| 6. Molly Josephs (WUSA) | $1: 46: 34$ | $(50: 55 / 55: 39)$ |
| 7. Erin Taylor-Talcott (Shore) | $1: 48: 05$ | $(53: 03 / 55: 02)$ |
| 8. Jennifer Lopez (StAm) | $1: 49: 46$ | $(53: 39 / 56: 07)$ |

9. Jill Cobb (SWOhTC) 1:50:30; 10. Loretta Schuellein-McGovern (WClass) 1:50:46; 11. Robyn Stevens (SkechP) 1:52:08; 12. Katie Michta (WUSA) 1:52:43; 13. Susan Randall (Shore) 1:53:59; dnf—Teresa Vaill (PegAC); dq-Erin Gray (BowTC

Michta-Coffey and Melville had both produced sub 1:32 marks as guests in the Asian Championships in March, and were hot faourites to qualify.. MMC went clear of MM before halfway and won by half a minute as both were duly selected. Michta-Coffey was 5 seconds quicker in $22^{\text {nd }}$ place in Rio than in Salem, two minutes ahead of Melville.

10. Katja Goldring $2: 35: 20 ; 10$. Alia Gray $2: 35: 47$; 11. Esther Atkins $2: 37: 56 ; 12$. Adriana Nelson 2:38:56; 13. Lenore Moreno 2:39:37; 14. Lindsey Flanagan 2:39:42; 15. Melissa Johnson-White 2:39:57; 16. Heather Lieberg 2:40:36; 17. Wendy Thomas $2: 40: 40 ; 18$. Erin Osment $2: 40: 41 ; 19$. Erin Vergara 2:41:10; 20. Susanna Sullivan 2:41:18. 106 ran under 3 hours, 149 finished, and 49 did not finish.

The temperature, 65 o at race start, and climbing over 70 by race end, was uncomfortable for the athletes. 2012 Olympian Flanagan, and Cragg, who under her maiden name of Hastings had missed out by one place 4 years earlier, were nearly half a minute clear of the opposition by halfway, reached in $1: 14: 29$. The two leaders encouraged each other through bad patches, and Cragg finally accelerated away from her chum after 25 miles to win by 33 seconds from Desiree Linden whose second half was the fastest of the field. Flanagan struggled across the line 59 seconds after Cragg and had to be rehydrated with an IV. Flanagan recovered enough to place $6^{\text {th }}$ in Rio in $2: 25: 26$, one spot ahead of Linden with Cragg in 9 th

100 meters Hurdles - July 8, 17.54 Hr; wind +1.2

| 1. 4. Brianna Rollins (Nik) | 12.34 | Reaction <br> $\mathbf{( 0 . 2 0 0 )}$ |
| :--- | :--- | :--- |
| 2. 3. Kristi Castlin (unat) | 12.50 | $\mathbf{( 0 . 1 7 5 )}$ |
| 3. 6. Nia Ali (Nik) | 12.55 | $\mathbf{( 0 . 1 6 7 )}$ |
| 4. 5. Queen Harrison (Asics) | 12.57 | $\mathbf{( 0 . 1 5 4 )}$ |
| 5. 8. Sharika Nelvis (adi) | 12.60 | $\mathbf{( 0 . 1 5 9 )}$ |
| 6. 2. Keni Harrison (adi) | 12.62 | $\mathbf{( 0 . 2 2 9 )}$ |
| 7. 1. Jackie Coward (unat) | 12.75 | $\mathbf{( 0 . 1 6 8 )}$ |
| 8. 7. Jasmin Stowers (Nik) | 17.13 | $\mathbf{( 0 . 1 9 0 )}$ |

SEMI-FINALS (July 08, 15.58 Hr) (2 qualify + 2 fastest losers)
I(-1.0)-1. Rollins 12.60; 2. Ali 12.68; 3. Coward 12.83; 4. Nelvis 13.00 ; 5. Johnson 13.03; 6. McReynolds 13.13; 7 . Perry 13.23.
II(-0.5)-1. Castlin 12.77; 2. Stowers 12.91; 3. Harper Nelson 13.01; 4. Snow 13.21; 5. Clay 13.23; 6. Jones $13.35 ; 7$. Wallace 13.40 .
III(-1.1)-1. Q.Harrison 12.78; 2. K.Harrison 12.91; 3. Camacho-Quinn 13.02; 4. Manning 13.15; 5. Brissett 13.37 ; 6. Barber 13.39; 7. Lloyd 13.42.

HEATS (July 07, 17.02 Hr) (3 qualify +6 fastest losers)
I(0.2)-1. K.Harrison 12.57; 2. Dawn Harper Nelson (Nik) 12.85; 3. Christina Manning (adi) 12.89; 4. Morgan Snow (unat) 12.89; 5. Chanel Brissett (PaHS) 12.95; 6. Alexis Perry (NCSt) 13.07; dq-Ebony Morrison (Mia).
II(0.3)-1. Castlin 12.68; 2. Jasmine Camacho-Quinn (Ky) 12.82; 3. Coward 12.91; 4. Alaysha Johnson (Or) $12.96 ; 5$. Cassandra Lloyd (RPE) 13.08; 6. Danielle Demas (SHous) 13.45; 7. Kaylon Eppinger (Altis) 13.78.
III(0.9)-1. Stowers 12.65; 2. Ali 12.68; 3. Tiffani McReynolds (unat) 12.93; 4. Tenaya Jones (unat) 13.09; 5. Bridgette Owens (Brk) 13.10; 6. Melia Cox (unat) 13.37;... dnf—Ginnie Crawford (unat).
IV(2.4)-1. Q.Harrison 12.71w; 2. Nelvis 12.79w; 3. Sasha Wallace (Or) 13.16w; 4. Tiana Davis (unat) 13.25w; 5. Alex Gochenour (unat) 13.38w.
V(0.7)-1. Rollins 12.56; 2. Raven Clay (unat) 13.01; 3. Jade Barber (unat) 13.11; 4. Evonne Britton (Shore) 13.13; 5. Candice Price (unat) 13.39; 6. Brianna McGhee (TCU) 14.30.

In life, nothing is certain. For Keni Harrison, who had run a magnificent 12.24 to win the Eugene Diamond League race, the Olympic Trials proved to be the one unfortunate stumbling block of the year. In the most dominant event - male or female for the US, making the team was always going to be difficult. A time of 13.10 wasn't enough to get out of the heats, with 15 running 12.95 or better, the slowest of whom was HS junior Chanel Brisset. Things were much tougher in the semis, held in very wet conditions. Dawn Harper-Nelson, the 2008 Olympic champion, missed the final by 0.02 seconds, while Brianna Rollins was the quickest qualifier (as she had been in the heats) with 12.60 .

Rollins led from gun to tape, with the situation behind her in constant flux. Ali and Keni Harrison were second across the first hurdle, and Ali maintained her form throughout the race, while Kristi Castlin went by both Harrisons at the $7^{\text {th }}$ hurdle, catching Ali at the final hurdle. Jasmine Stowers had moved up quickly also passing Ali at the $10^{\text {th }}$ barrier, but Stowers hit the hurdle and fell, while Castlin finished in a PR 12.50, ahead of Ali's 12.55, but well behind Rollins's 12.34 . America's trio went on to win the first ever clean sweep of the event, with Rollins again triumphant (12.48) ahead of Ali (12.59) and Castlin (12.61). Meanwhile Keni Harrison went back to her winning ways, running 12.20 in the London DL meet to break the 30 year old WR and rate as the top female US athlete of the season.
$\underline{400}$ meters Hurdles - July 10, 16.03 Hr

| 1. 6. Dalilah Muhammad (Nik) | 52.88 | Reaction <br> $\mathbf{( 0 . 2 7 5 )}$ |
| :--- | :--- | :--- |
| 2. 8. Ashley Spencer (Nik) | 54.02 | $\mathbf{( 0 . 2 2 8 )}$ |
| 3. 5. Sydney McLaughlin (unat) | 54.15 | $\mathbf{( 0 . 3 7 1 )}$ |
| 4. 3. Kori Carter (Jordan) | 54.47 | $\mathbf{( 0 . 1 9 2 )}$ |
| 5. 1. Cassandra Tate (adi) | 54.60 | $\mathbf{( 0 . 3 0 0 )}$ |
| 6. 4. Autumne Franklin (Harv) | 54.65 | $\mathbf{( 0 . 1 7 2 )}$ |
| 7. 2. Jaide Stepter (USC) | 54.95 | $\mathbf{( 0 . 3 4 0 )}$ |
| 8. 7. T'Erea Brown (adi) | 56.29 | $\mathbf{( 0 . 2 4 3 )}$ |

SEMI-FINALS (July 08, $\mathbf{1 6 . 3 1} \mathrm{Hr}, 4$ qualify)
I-1. McLaughlin 55.23; 2. Brown 55.70; 3. Carter 55.86; 4. Stepter 55.95; 5. Seymour 56.26; 6. Cockrell 56.51; 7. Franklin 59.11; 8. Thompson 1:00.76.
II-1. Muhammad 54.14; 2. Franklin 55.40; 3. Spencer 55.41; 4. Tate 55.49; 5. Little 55.64; 6. Williams 56.76; 7. Buckley 58.17; 8. Barber 58.42.

HEATS (July $07,17.58 \mathrm{Hr}, 2$ qualify +6 fastest losers)
I-1. Landria Buckley (unat) 57.02; 2. Alexis Franklin (OhSt) 57.22; 3. Jasmine Hyder (unat) 57.79; 4. Ellen Wortham (unat) 59.13; 5. MacKenzie Hill (unat) 59.56.
II-1. McLaughlin 55.46; 2. Kiah Seymour (Ky) 55.58; 3. Carter 55.79; 4. Kaila Barber (NDm) 56.35; 5. Anna Cockrell (unat) 56.53; 6. MonTayla Holder (Ia) 57.77.
III-1. Muhammad 55.33; 2. Brown 55.47; 3. Franklin 56.17; 4. Erica Twiss (unat) 57.42; 5. Latosha Wallace (adiGS) 58.22; 6. Kymber Payne (LSU) 58.97.

IV-1. Tate 55.93; 2. Tiffany Williams (unat) 56.06; 3. Spencer 56.80; 4. Claudia Francis (FI) 57.73; 5. Jade Miller (Harv) 57.79; 6. Ariel Jones (Tx) 1:00.44.
V-1. Stepter 55.64; 2. Shamier Little (adi) 55.83; 3. Turquoise Thompson (Nik) 56.76; 4. Nicole Leach (unat) 57.94 ; 5. Tyler Brockington (SC) 59.23; 6. Shakeia Pinnick (unat) 59.46.

Fastest in each round of the event was Muhammad, who began with 55.33, while HS star Syney McLaughlin was next quickest. The two were the semi-final winners, McLaughlin taking the first race in 55.23, while Muhammad impressed mightily with her 54.14 run. The shock of the round was the failure of Shamier Little, who had won the NCAA by 10 metres
on this track. Little ran 55.64, more than 2 seconds down on that NCAA run, and placed $5^{\text {th }}$ behind Muhammad. The final was effectively 2 races, as Muhammad won by 1.14 seconds, while 0.93 covered the next 6 runners. Muhammad had established her winning margin of 10 metres by the time she came off the $8^{\text {th }}$ hurdle. Behind her Kori Carter was in second just ahead of Cassandra Tate, while McLaughlin and Ashley Spencer were gaining ground. Spencer moved from $4^{\text {th }}$ to second between hurdles 9 and 10, with McLaughlin now in third, and Spencer won the battle for second 54.02 to 54.15 , with Carter running 54.47 in $4^{\text {th }}$. The time of 52.88 proved to be Muhammad, and the world's, fastest time for 2016, and the elegant Muhammad went on to win the Olympic title with 53.13.

| High Jump - July 3, 15.15 Hr |  | 1.89 | 1.91 | 1.93 | 1.95 | 1.97 | 1.99 | 2.01 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Chaunté Lowe (Nik) | 6-7 (2.01) | 0 | 0 | 0 | 0 | 0 | x0 | x0 |
| 2. Vashti Cunningham (Nik) | 6-5½ (1.97) | 0 | 0 | 0 | xxo | 0 | $\mathbf{x x x}$ |  |
| 3. Inika McPherson (unat) | 6-4 (1.93) | xxo | 0 | 0 | $\mathbf{X X X}$ |  |  |  |
| 4. Amina Smith (adiGS) | 6-31/4 (1.91) | xx0 | 0 | xxx |  |  |  |  |
| 5. Kaitlin Whitehorn (Dart) | 6-21/4 (1.89) | 0 | Xxx |  |  |  |  |  |
| 6. Liz Patterson (unat) | 6-21/4 (1.89) | x0 | $\mathbf{x x x}$ |  |  |  |  |  |
| 7. Madeline Fagan (Ga) | 6-1/2 (1.84) |  |  |  |  |  |  |  |
| =8. Rachel McCoy (unat) | 6-1/2 (1.84) |  |  |  |  |  |  |  |
| =8. Maya Pressley (GaTC) | 6-1/2 (1.84) |  |  |  |  |  |  |  |

10. Susan Jackson (Heights) 6-1⁄2; 11. Kaysee Pilgrim (UNLV) 5-10 $1 / 2$ (1.79); nh—Zibby Boyer (adi).

QUALIFYING (July 01, 16.15 Hr )
(auto-qualifier 6-4 (1.93) ) Qualifiers: Boyer \& McCoy cleared 5-101/2/1.79; all other finalists cleared 6-1⁄2/1.84;
Non-qualifiers: [5-101/2]-Ty Butts (unat), Amy Acuff (unat), Kandie Bloch-Jones (unat), Jailah Mason (Morg), Loretta Blaut (Cinc), Elizabeth Evans (unat); [5-81/2/1.74]—Erika Hurd (Cinc); nh—Sara Almen (WillS), Dakota Dailey-Harris (Mia).

The sensation of the season had been Vashti Cunningham, who had raised eyebrows with her WJR record of $6^{\prime} 6^{1 / 4}$ when winning the US indoor title, and left jaws dropped after winning the World Indoor title. Nevertheless it was Lowe who was favourite to win. Lowe had been the US \#1 every season since 2005, other than the 3 she took off for maternity. Both Lowe and Cunningham went clear first time at every height to $6-4$, and made the team with their jumps at $6,31 / 4$. The battle for third was won by $5^{\prime} 4^{\prime \prime}$ tall Inika McPherson who made $6^{\prime} 4$, while Cunningham and Lowe continued, with Cunningham making $6^{\prime} 5 \frac{1}{2}$ and Lowe clearing both $6^{\prime} 6^{1 / 4}$ and $6^{\prime} 7$ on her second attempt. Both Lowe and McPherson were hindered by failures in Rio, Lowe clearing the same height as winner Ruth Beitia, while McPherson repeated her 6-4, placing $=10^{\text {th }}$ with the same height as the $5^{\text {th }}$ placed athlete. Cunningham, daughter of former NFL scrambling Philadelphia quarterback Randall, tied for $13^{\text {th }}$ with 6 ' 2 '.

| Pole Vault - July 10, 15.00 Hr |  | 4.50 | 4.60 | 4.65 | 4.70 | 4.75 | 4.80 | 4.85 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Jenn Suhr (adi) | 15-9 (4.80) | p | 0 | 0 | $\mathbf{x x 0}$ | 0 | 0 | XxX |
| 2. Sandi Morris (Nik) | 15-7 (4.75) | 0 | 0 | 0 | 0 | 0 | X | $\mathbf{x x}$ |
| 3. Lexi Weeks (Ar) | 15-5 (4.70) | 0 | 0 | 0 | xo |  |  |  |
| 4. Morgann LeLeux (unat) | 15-1 (4.60) | 0 | x0 | xXX |  |  |  |  |
| 5. Katie Nageotte (adi) | 15-1 (4.60) | xo | xx0 | XXX |  |  |  |  |
| 6. Megan Clark (Duke) | 15-1 (4.60) | 0 | xx0 | $\mathbf{x x x}$ | 2 mis | at 4.4 |  |  |
| 7. Kylie Hutson (Nik) | 14-9 (4.50) | 0 | $\mathbf{x x x}$ |  |  |  |  |  |
| 8. Kristen Brown (Nik) | 14-9 (4.50) | 0 | $\mathbf{x x x}$ | 2 mi | at 4.4 |  |  |  |

9. Kristen Hixson (unat) 14-9; 10. Emily Grove (SD) 14-9; 11. April Bennett (Asics) 14-9; nh—Leslie Brost (TCTC), Mary Saxer (Nik), Melinda Withrow (MWTC).

QUALIFYING (July 07, 15.00 Hr)
(auto-qualifier 14-9 (4.50) ) Qualifiers: Suhr cleared 14-9/4.50; Grove (PR), LeLeux, Hixson, Brown \& Withrow cleared 14-31/4/4.35; all others cleared 14-51/4 (4.40).
Non-qualifiers: [14-3 $1 / 4]$ —Kat Majester (unat),Kayla Caldwell (unat); [13-11 $1 / 4 / 4.25]$ —Demi Payne (PayneVC), Vera Schmitz (unat), Becky Holliday (Asics), Katy Viuf (unat) \& Allison Koressel (unat); nh—Carolina Carmichael (Mem), Melissa Gergel (TMPV), Kaitlin Petrillose (Tx).

Jenn Suhr won her $10^{\text {th }}$ US title since 2006, having stumbled to second just once - in 2011. In Track and Field News, Jack Pfeifer had picked Suhr-Morris-Weeks as the Rio threesome, and while 6 made $15^{\prime} 1$ only the top 3 had a clean slate, and when all 3 made 15'3, leaving LeLeux, Nageotte and Clark at $15^{\prime} 1$, the team was decided. After all 3 cleared $15^{\prime} 5$, 19 year old Weeks, the NCAA champion, stopped for the day, while Morris and Suhr continued. Morris led through 15'7', and Suhr only won by clearing $15^{\prime} 9$. Suhr was the one major US star felled by illness in Rio, and she placed $=7^{\text {th }}$, while Morris just missed gold, clearing 15'11 for silver, before ending the year with a 5 metre clearance and the world's \#1 ranking.

Long Jump - July 2, 11.45 Hr

| 1. Brittney Reese (Nik) | 23-113/4 | (7.31) | 6.99, $\mathrm{x}, 5.42,7.31, \mathrm{x}, \mathrm{x}$ |
| :---: | :---: | :---: | :---: |
| 2. Tianna Bartoletta (Nik) | 23-1/2w | (7.02) | 7.02w, p, p, 6.82, p, p |
| 3. Janay DeLoach (Nik) | 22-9 | (6.93) | x, x, 6.58, 6.48, 4.94w, 6.93 |
| 4. Shakeela Saunders (Ky) | 22-71/4 | (6.89) | 6.89, 6.68, x, 6.79, 6.83, x |
| 5. Funmi Jimoh (unat) | 22-21/4 | (6.76) | x, 6.76, 6.73w, 6.73w, 6.66, 6.70 |
| 6. DerRenae Freeman (FISt) | 21-113/4w | (6.70) | $\mathrm{x}, 6.47 \mathrm{w}, 6.39,6.70 \mathrm{w}, 6.61 \mathrm{w}$, |
| 7. Kenyattia Hackworth (unat) | 21-10w | (6.65) | 6.43, x, 6.61, $\mathrm{x}, \mathrm{x}, 6.65 \mathrm{w}$ |
| 8. Kylie Price (UCLA) | 21-51/2 | (6.54) | 6.47, 6.37, 6.54, 6.23, 4.96w |

9. Quanesha Burks (AI) 20-101/2 (6.36); 10. Kate Hall (PanthTC) 20-93/4w (6.34) (20-51/4/6.23); 11. Whitney Gipson (unat) 20-3 (6.17); 12. Jasmine Todd (unat) 19-93/4 (6.04).

## QUALIFYING (July 01, $\mathbf{1 7 . 1 0 ~ H r ) ~}$

(auto-qualifier 22-0 (6.70) Qualifiers: Reese 23-0w (7.01), Saunders 22-3½w (6.79), Bartoletta 22-2½w (6.77), Burks 22-3/4w (6.72), Price 21-101/4w (6.66), Gipson 21-10w (6.65), DeLoach 21-7 1/2 (6.59), Hall 21-71/2w (6.59) + 21-5 1/4 (6.53) ok, Jimoh 21-71/4w (6.58), Hackworth 21-61/4w (6.56), Freeman 21-23/4w (6.47), Todd 21-23/4w (6.47);
Non-qualifiers: Alexis Perry (NCSt) 21-2 $1 / 2(6.46$ ), Malaina Payton (unat) 21-1 $1 / 2$ (6.44), Darrielle McQueen (FI) 20-8w (6.30), Jenia Sears (unat) 20-5w (6.22), Samiyah Samuels (TxHS) 20-3³/4w (6.19), Bria Matthews (GaT) 20-3 (6.17), Tara Davis (PlyFus) 19-113/4w (6.09), Jessie Gaines (adiGS) 19-83/4 (6.01), Jasmine Simmons (CPTC) 19-51/4 (5.92), Stachia Reuwsaat (ChadSt) 19-4w (5.89), Shekinah Banks (unat) 19-1/2w (5.80), Gabrielle Farquharson (Rut) 18-113/4w (5.78); no mark-Chelsea Hayes (unat).

Reese, the reigning Olympic champion was favoured to win, and her opening jump of $22^{\prime} 11^{1 / 4}$ was good enough to make the team after Bartoletta began the competition with an excellent $23^{\prime} 0{ }^{1 / 2} 2^{\prime \prime} w$. Bartoletta passed her next two jumps while fitting in a 100 m heat of 11.03 . In the meantime Shakeela Saunders jumped a PR $22^{\prime} 7^{1 / 4}$, which would hold up in third until the final round. Reese supplied most of the fireworks after the first round, producing a lifetime best in round 4 of $7.31 \mathrm{~m} / 23^{\prime} 113 / 4$ - the best mark of the $21^{\text {st }}$ century for an athlete not disqualified for drug usage during their career [Russia's TatyanasKotova and Lebedeva having longer efforts]. Reese then had a foul beyond 24 feet in round 5. Janay de Loach, regarded as probable team member was languishing in $7^{\text {th }}$ until producing a last round jump of $22^{\prime} 9$. Saunders then had a toe-to-heel foul of around 23 feet to just miss out. Bartoletta, the 2005 World Champion as a teenager, subsequently edged Reese for the Olympic title with a PR $23^{\prime} 6^{1 / 4 \prime \prime}$ to Reese's $23^{\prime} 5^{1 / 2}{ }^{\prime}$ ".

Triple Jump - July 7, 18.30 Hr

1. Keturah Orji (Ga) 46-113/4 (14.32) $14.27,14.21,14.24,13.99,14.32,14.24$
2. Christina Epps (adiGS)
3. Andrea Geubelle (unat)
4. Ciarra Brewer (unat)

46-6 (14.17) $\quad x, x, 13.48,13.38,14.17,13.89)$
$45-91 / 4 \quad(13.95) \quad 13.72, x, 13.53,13.53,13.95,13.67)$
5. April Sinkler (CNW)
6. Toni Smith (unat)

45-31/2 (13.80) 13.42, 13.80, x, 13.79, 13.64, x)
43-9/4 (13.34) $\quad \mathbf{x}, \mathbf{x}, 13.34, \mathbf{x}, 13.14,12.42$;
$43-61 / 2 \quad$ (13.27) $\quad 13.15,13.27, x, 13.02, \mathrm{x}, 13.13$
(13.26) x, 13.26, x, x, x, x
8. Tori Franklin (unat) 43-1w (13.13), 9. Amanda Smock (Asics) 43-1/2 (13.12); 10. Crystal Manning (unat) 43-1/4 (13.11); 11. Bria Matthews (GaT) 42-9½ (13.04). Disqualified: Imani Oliver (unat) 45-41/2 (13.83)

QUALIFYING (July 04, 16.15 Hr)
(auto-qualifier 46-5 $1 / 4 / 14.15$ ) Qualifiers: Orji 46-6 (14.17), Epps 46-2 $1 / 2$ ( 14.08 ), Oliver 46-0 (14.02), Brewer 45-103/4 (13.99), Geubelle 45-5w (13.84), Manning 45-1w (13.74) (44-23/4/13.48), Smith 44-101/4w (13.67) (43-101/2/13.37), Sinkler 44-93/4 (13.66), Franklin 44-4w (13.51), Matthews 44-23/4w (13.48) + (43-73/4/13.30 ok), Smock 44-11/4 (13.44), Pitts 44-3/4 (13.43);

Non-qualifiers: Simone Charley (Vand) 43-103/4w (13.38) (43-2 $1 / 4 / 13.16$ ), Marshay Ryan (Aub) 43-103/4, Tierra Williams (Nb) 43-91/4 (13.34), Keri Emanuel (unat) 43-83/4w (13.33), Blessing Ufodiama (unat) 43-61/2w (13.27) + (4331/4/13.19), Amber Hughes (TnSt) 43-5 (13.23), Darrielle McQueen (Fl) 43-41⁄2w (13.22), Alitta Boyd (unat) 43-3w (13.18), Natasha Dicks (SC) 42-11 $1 / 2$ (13.09), Malaikah Love (unat) 42-11 (13.08), Jazzelena Black (SDSt) 42-2w (12.85) (40-4/12.29), Jannell Hadnot (NM) 41-1⁄2 (12.51).

Keturah Orji had set a US record of $47^{\prime} 8^{\prime \prime}$ when winning the NCAA and was a strong favourite. Orji led the qualifiers with $46^{\prime} 6^{\prime \prime}$, with 2 others - Christina Epps [ $46^{\prime} 2^{1 / 2} 2^{\prime \prime}$ ] and Imani Oliver [ $46^{\prime} 0^{\prime \prime}$ ] exceeding 14 metres. Orji then settled things in the first round with $46^{\prime} 10$, and improved to $46^{\prime} 11^{3 / 4}$ in round 5 . In all, five of her 6 jumps exceeded the best of second placer Epps, who nevertheless set a PR of $46^{\prime} 6$ in second place. That gave Epps an Olympic qualifier, and as the only athlete beyond the required $14.15 \mathrm{~m} / 46^{\prime} 5^{1 / 4} 4^{\prime \prime}$ was Andrea Geubelle, who placed third with $45^{\prime} 9^{1 / 4}{ }^{\prime \prime}$, the team was neatly set. Oliver jumped a solid $45^{\prime} 4^{1 / 2 \prime}$ " in the final round to edge Ciarra Brewer for fourth, but was subsequently disqualified for using banned substances [ostarine and arimistane]. Orji went on to jump a US record in Rio - $48^{\prime} 31 / 4^{\prime \prime}$, placing $4^{\text {th }}$ and missing a medal by just over an inch.

Shot Put - July 8, 14.15 Hr

1. Michelle Carter (Nik)
2. Raven Saunders (Ms)
$64-31 / 4 \quad(19.59) \quad 19.07,19.12,19.06, \mathrm{x}, \mathrm{x}, 19.59$
3. Felisha Johnson (Nik)

63-1 $1 / 2$
63-1 $1 / 4 \quad(19.23) \quad 17.51,16.78,17.69, \mathrm{x}, 19.23,18.11$
$62-13 / 4 \quad(18.94) \quad 18.16,18.89$, $\mathbf{x}, 18.33,18.94$, x
$\begin{array}{llll}\text { 5. Jill Camarena-Williams (Nik) } & 61-8^{1} / 2 & (18.81) & 18.19,18.30,18.81,17.86,18.63,18.67 \\ \text { 6. Brittany Smith (Nik) } & 60-11^{11 / 2} & (18.58) & 17.48,18.11,18.04,18.58,18.22,17.99 \\ \text { 7. Chase Ealey (unat) } & 60-63 / 4 & (18.46) & 17.10,18.46,17.62, \mathrm{x}, 17.65, \mathrm{x} \\ \text { 8. Jeneva Stevens (NYAC) } & 59-101 / 2 & (18.25) & 17.85,18.14,17.15,18.25,17.96,17.64\end{array}$
$\begin{array}{llll}\text { 5. Jill Camarena-Williams (Nik) } & 61-8^{1} / 2 & (18.81) & 18.19,18.30,18.81,17.86,18.63,18.67 \\ \text { 6. Brittany Smith (Nik) } & 60-11^{11 / 2} & (18.58) & 17.48,18.11,18.04,18.58,18.22,17.99 \\ \text { 7. Chase Ealey (unat) } & 60-63 / 4 & (18.46) & 17.10,18.46,17.62, \mathrm{x}, 17.65, \mathrm{x} \\ \text { 8. Jeneva Stevens (NYAC) } & 59-101 / 2 & (18.25) & 17.85,18.14,17.15,18.25,17.96,17.64\end{array}$
$\begin{array}{llll}\text { 5. Jill Camarena-Williams (Nik) } & 61-8^{1} / 2 & (18.81) & 18.19,18.30,18.81,17.86,18.63,18.67 \\ \text { 6. Brittany Smith (Nik) } & 60-11^{11 / 2} & (18.58) & 17.48,18.11,18.04,18.58,18.22,17.99 \\ \text { 7. Chase Ealey (unat) } & 60-63 / 4 & (18.46) & 17.10,18.46,17.62, \mathrm{x}, 17.65, \mathrm{x} \\ \text { 8. Jeneva Stevens (NYAC) } & 59-101 / 2 & (18.25) & 17.85,18.14,17.15,18.25,17.96,17.64\end{array}$
$\begin{array}{llll}\text { 5. Jill Camarena-Williams (Nik) } & 61-8^{1} / 2 & (18.81) & 18.19,18.30,18.81,17.86,18.63,18.67 \\ \text { 6. Brittany Smith (Nik) } & 60-11^{11 / 2} & (18.58) & 17.48,18.11,18.04,18.58,18.22,17.99 \\ \text { 7. Chase Ealey (unat) } & 60-63 / 4 & (18.46) & 17.10,18.46,17.62, \mathrm{x}, 17.65, \mathrm{x} \\ \text { 8. Jeneva Stevens (NYAC) } & 59-101 / 2 & (18.25) & 17.85,18.14,17.15,18.25,17.96,17.64\end{array}$
8. Jeneva Stevens (NYAC
7.17);

Kearste
Peoples (unat) 53-3/4
4 (16.17) Jessica Woodard (Ok).
QUALIFYING (July 07, 11.00 Hr )
(auto-qualifier 58' $23 / 4 / 17.75$ ) Qualifiers: Brooks 62-6 $1 / 2$ (19.06), Camarena- Williams 62-1 $1 / 4$ (18.93), Saunders 60-53/4 (18.43), Ealey 59-4³/4 (18.10), Smith 58-91/4 (17.91), Johnson 58-83/4 (17.90), Carter 58-71/4 (17.86), Stevens 58-4½ (17.79), Woodard 58-2 $1 / 2$ (17.74), Hillman 58-1⁄2 (17.69), Peoples \& Bunch 57-0 (17.37);

Non-qualifiers: Monique Riddick (unat) 56-83/4 (17.29), Dani Winters (KsSt) 56-4 (17.17), Cassie Wertman (Tn) 56-0 (17.07), Becky O’Brien (unat) 55-113/4 (17.06), Jill Rushin (unat) 55-1/4 (16.77), Nia Henderson (AnnATC) 54-9½ (16.70), Jessica Ramsey (unat) 54-71/4 (16.64), Breana Jemison (UCR) 52-11½ (16.14), Brittany Mann (Or) 52-31/4 (15.93), Rachel Fatherly (PennSt) 50-8 (15.44), Erin Farmer (ArSt) 50-2½ (15.30); .. 3f—Kelsey Card (Wi).

World Indoor champion Carter was rated as a strong favourite in the event, and she duly led after round 1 of the final, with
 improved in the next round, and Camarena-Williams reached $61^{\prime} 8^{1 / 2 \prime}$. Raven Saunders moved into second in round 4 with $62^{\prime} 31 / 4$, and events took a dramatic turn in the penultimate round when Felisha Johnson improved over 5 feet to move from $7^{\text {th }}$ to first with 63 ' $1 \frac{1}{4}$.. Saunders responded with $63^{\prime} 1 \frac{1}{2}$ " and Carter was now in third place, with Tia Brooks $[62 \prime 13 / 4$ in round 5] as a possible threat. Brooks was unable to improve in the final round, and Carter then hit $64,31 / 4$ " to make certain of the win. Carter repeated her last round heroics in Rio, setting a US record $67^{\prime} 8^{1 / 4}$ to win the Olympic title, and became the first American since Earlene Brown in 1958 to rate as the world's \#1 at the end of the year.

Discus Throw - July 2, 10:45 Hr

| 1. Whitney Ashley (Nik) | 204-2 | (62.25) | 61.38, 61.96, x, x, 62.25, x |
| :---: | :---: | :---: | :---: |
| 2. Shelbi Vaughan (TxAM) | 197-9 | (60.28) | x, 60.28, $\mathrm{x}, 58.80, \mathrm{x}, 58.07$ |
| 3. Kelsey Card (Wi) | 197-3 | (60.13) | 60.13, 56.66, 55.93, 58.75, 59.82, 58.29 |
| 4. Liz Podominick (unat) | 197-1 | (60.07) | x, 57.53, 51.38, 59.67, 60.07, 58.42 |
| 5. Stephanie Brown Trafton (Nik) | 195-8 | (59.65) | 58.73, x, x, 59.33, 56.28, 59.65 |
| 6. Valarie Allman (Stan) | 193-8 | (59.02) | 58.69, 54.63, 58.92, 58.99, 59.02, x |
| 7. Rachel Longfors (Altis) | 193-1 | (58.87) | 55.05, 54.73, 57.90, 56.71, 56.09, 58.87 |
| 8. Jessica Maroszek (unat) | 189-7 | (57.78) |  |

9. Rachel Varner (unat) 187-4 (57.10); 10. Katelyn Daniels (MiSt) 185-0 (56.38); 11. Tera Novy (USC) 181-3 (55.26); 12. Maggie Ewen (AzSt) 175-10 (53.61).

QUALIFYING (July 01, 16.00 Hr)
(auto-qualifier 200-1/61.00) Qualifiers: Ashley 200-8 (61.16), Brown Trafton 199-5 (60.79), Card 199-3 (60.74), Vaughan 197-1 (60.09), Novy 194-6 (59.28), Varner 192-11 (58.81), Allman 191-9 (58.46), Daniels 186-10 (56.94), Maroszek 185-3 (56.46), Longfors 184-4 (56.19), Podominick 182-11 (55.76), Ewen 182-10 (55.73);
Non-qualifiers: Anna Jelmini (WAC) 182-10 (55.72), Rebecca Famurewa (Ky) 181-4 (55.28), Mariah Garcia (COk) 180-0 (54.87), Elena Bruckner (CaHS) 179-3 (54.64), Hannah Carson (TxT) 178-11 (54.53), Sarah Thornton (unat) 178-4 (54.37), Alex Collatz (unat) 174-0 (53.04), Summer Pierson (unat) 173-10 (52.98), Paige Blackburn (USAF) 17211 (52.72), Trecey Hoover (unat) 168-0 (51.20), Jeré Summers (WtC) 155-5 (47.37).

Whitney Ashley led the qualifying round with $200^{\prime} 8^{\prime \prime}$ ahead of 2008 Olympic winner Stephanie Brown Trafton's 199'5". In the final Ashley produced 3 efforts beyond 200 feet, successively $201^{\prime} 4^{\prime \prime}, 203^{\prime} 3$ " and $204^{\prime} 2^{\prime \prime}$ and was the only athlete to get beyond that barrier. Shelbi Vaughan's second round throw of 197'9 edged Kelsey Card's opening 197'3" for second place. Brown Trafton placed $5^{\text {th }}\left(195^{\prime} 8^{\prime \prime}\right)$ behind Liz Podominick's 197'1. None of the USA's representatives made it out of the qualifying in Rio.

| Hammer Throw - July 6, 15.00 Hr |  |  |  |
| :---: | :---: | :---: | :---: |
| 1. Amber Campbell (Nik) | 242-10 | (74.03) | $\mathrm{x}, 66.78,69.93,72.02,70.33,74.03$ |
| 2. Gwen Berry (Nik) | 239-9 | (73.09) | 69.33, 70.42, 69.41, 71.00, 72.04, 73.09 |
| 3. DeAnna Price (SnII) | 239-9 | (73.09) | 71.66, 71.04, 69.63, x, 73.09, 71.22 |
| 4. Amanda Bingson (Nik) | 230-8 | (70.30) | 67.61, 69.03, x, 68.58, x, 70.30 |
| 5. Heavin Warner (CMo) | 223-11 | (68.25) | 68.25, $\mathrm{x}, \mathrm{x}, \mathrm{x}, 66.12,66.32$ |
| 6. Jeneva Stevens (NYAC) | 222-8 | (67.86) | $\mathbf{x}, 61.78,67.86,67.15, x, 65.54$ |
| 7. Aubrey Baxter (TNb) | 219-10 | (67.01) |  |
| 8. Brooke Pleger (unat) | 219-7 | (66.92) |  |

9. Maggie Ewen (AzSt) 217-8 (66.35); 10. Britney Henry (Ois) 217-6 (66.29); 11. Amy Haapanen (unat) 216-11 (66.13); 12. Jessica Ramsey (unat) 216-6 (66.00); 13. Brooke Andersen (NnAz) 210-9 (64.25); 14. Ashley Jenkins (SHous) 207-2 (63.14); 15. Emily Hunsucker (unat) 207-1 (63.13); 16. Julia Reedy (Ok) 206-4 (62.89); 17. Carly Fehringer (TNb) 204-10 (62.44); 18. Caressa Sims (unat) 204-2 (62.23); 19. Kristin Smith (unat) 199-5 (60.79); 20. Jade Grace (unat) 198-5 (60.48); 21. Lisa Wilson (GBTC) 197-1 (60.07); 22. Alina Duran (ThrowNTC) 195-7 (59.63); 23. Shelby Ashe (Ga) 194-0 (59.13); 24. Monique Griffiths (CSN) 187-4 (57.11).

The formbook was maintained here with the top three following expectations of selection, the only surprise being Campbell beating event favourite Berry. Campbell's OT record of $235^{\prime} 6$ was threatened early on by Price who reached 235 ' 1 with her opener, but survived until Campbell herself took the lead in round 4 with $236^{\prime} 3$. Berry edged past in the next round with $236^{\prime} 4$, a lead which lasted until the next throw when Price reached $239^{\prime} 9$. Campbell then won the event with her last throw of $242^{\prime} 10$, while 2012 Olympian Bingson got beyond 70 metres [229'8] with $230^{\prime} 8$, and Berry hit $239^{\prime} 9^{\prime \prime}$ to take second on countback, with 2016 seasonal bests for all of the top 3 .

Javelin Throw - July 9, 16.00 Hr

1. Maggie Malone (TxAM) 199-7 (60.84) $\quad x, 60.07,56.11,59.31,60.84,57.15$
2. Hannah Carson (TxT)
3. Kara Winger (Asics)
4. Brittany Borman (Nik)
5. Nicolle Murphy (Mn)
6. Kim Hamilton (Nik)
7. Sarah Firestone (Nb)

190-11 (58.19) $x, 58.19, \mathrm{x}, 54.64, \mathrm{x}, \mathrm{x}$
189-11 (57.90) 56.65, $x, x, x, 57.90$, $x$
185-8 (56.60) $\quad 56.22, \mathrm{x}, \mathrm{x}, \mathrm{x}, 54.23,56.60)$
184-10 (56.35) $\quad x$, x, 53.92, 54.28, 56.35, 53.63
$178-3 \quad(54.33) \quad 52.48,54.33,53.79, x, x, x$
8. Ariana Ince (unat)

169-5 (51.65)
168-8 (51.42)
9. Leigh Petranoff (NikTZ) 166-8 (50.80); 10. Haley Crouser (unat) 163-2 (49.75); 11. Audrey Malone (TxAM) 160-11 (49.06); 12. Christine Rickert (HPt) 158-9 (48.39).

QUALIFYING (July 07, 15.30 Hr )
(auto-qualifier 203-5/62.00) Qualifiers: Winger 201-6 (61.42), Malone 198-3 (60.44), Hamilton 192-5 (58.65), Borman 190-6 (58.06), Ince 183-1 (55.80), Carson 182-8 (55.68), Firestone 175-4 (53.44), Malone 172-9 (52.66), Crouser 172-1 (52.45), Petranoff 171-9 (52.34), Rickert 171-6 (52.29), Murphy 171-5 (52.25);

Non-qualifiers: Fawn Miller (unat) 171-1 (52.14), Bethany Drake (WnWa) 170-2 (51.87), Allison Updike (Azusa) 1695 (51.65), Katie Reichert (WnWa) 169-3 (51.60), Mackenzie Little (Stan) 169-0 (51.52), Rebekah Wales (LSU) 167-1 (50.93), Channing

Wilson (CSStan) 164-10 (50.24), Jessie Merckle (WF) 164-7 (50.16), Dominique Ouellette (GBTC) 163-4 (49.79),
Monika Gruszecki (CNW) 162-6 (49.55), Sierra Rosenau (TND) 158-1 (48.19), Kelsey Hay (Penn) 138-7 (42.25)
The events where athletes are selected on the basis of their bests outside the OT, rather than their position in the OT, are frequently evidencing a significant weakness. And so it was with the javelin. Maggie Malone, the winner with $199{ }^{\prime} 7$ had thrown an earlier qualifying mark of $62.19 \mathrm{~m} / 204^{\prime} 0$ in Eugene when winning the NCAA, but OT runner-up Hannah Carson's PR was $200^{\prime}{ }^{\prime}$ " short of the required 203' 4 , and the Olympic spots were filled by Kara Winger and $4^{\text {th }}$ placed Brittany Borman. As in the men's javelin none of the throwers qualified for the final in Rio.

Heptathlon - (July9 - 10)

1. Barbara Nwaba (AbeoSBTC)

| $[3903-1]$ | 6494 |
| :--- | :--- |
| $[3822-3]$ | 6423 |

13.65, 1.90, 14.16, 24.17 5.86, 49.19, 2:11.71
2. Heather Miller-Koch (CPTC)
[3822-3] 6423
13.39, 1.81, 14.13, 24.20 6.32, 41.02, 2:09.97
3. Kendell Williams (Ga)
[3892-2] 6402
12.99, 1.84, 12.95, 23.67, 6.20, 42.21, 2:15.31
4. Sharon Day-Monroe (Asics)
13.60, 1.81, 15.19, 24.73, 5.99w, 45.52, 2:10.87
5. Chantae McMillan (unat)
13.33, 1.78, 13.50, 24.77, 6.10, 49.45, 2:14.46
6. Quintunya Chapman (Ga)
[3813-4] 6385
13.68, 1.60, 14.61, 24.32, 6.10, 46.35, 2:16.30
7. Erica Bougard (MsSt)
[3545-11]
6089
13.11, 1.84, 12.30, 23.94, 6.33w, 29.74, 2:18.74

| 8. Annie Kunz (TxAM) <br> 13.56, 1.75, 13.58, 24.52, 6.02, 38.72, 2:15.58 | $[3654-7]$ | 6038 |
| :--- | :--- | :--- |
| 9. Lindsay Schwart (AbeoSBTC) <br> 13.72, 1.66, 13.52, 24.19, 6.12, 41.53, 2:14.29 <br> 10. Lindsay Lettow (AbeoSBTC) <br> 13.84, 1.72, 12.09, 24.86, 6.18, 42.20, 2:14.64 | $[3549-10]$ | 6036 |
| 11. Allison Reaser (Arete) <br> 13.69, 1.69, 11.59, 24.38, 6.04w, 38.51, 2:13.07 | $[3447-13]$ | 5960 |
| 12. Jessica Lehman (Mn) <br> 14.79, 1.69, 13.36, 25.31, 5.85, 47.36, 2:16.55 <br> 13. Alex Gochenour (unat) | $[3444-14]$ | 5865 |
| 13.38w, 1.72, 12.64, 24.79, 5.92w, 35.87, 2:19.36 <br> 14. Sami Spenner (unat) | $[3322-19]$ | 5806 |
| 14.63, 1.69, 12.52, 24.73, 5.90w, 40.09, 2:14.87 <br> 15. Chari Hawkins (AbeoSBTC) | $[3341-18]$ | 5724 |
| 13.71, 1.75, 12.80, 25.01, 5.83, 37.86, 2:24.76 | $[3536-12]$ | 5720 |
| 16. Tatum Souza (NapaTC) <br> 14.19, 1.66, 13.43, 25.42, 5.88, 38.82, 2:18.75 <br> 17. Kiani Profit (unat) | $[3363-17]$ | 5662 |
| 14.75, 1.66, 12.78, 25.27, 5.65w, 43.31, 2:14.63 <br> 18. Tiffeny Parker (unat) <br> 14.00, 1.72, 13.24, 25.53, 5.61, 46.67, 2:33.88 <br> dnf-Taliyah Brooks (US) <br> 13.39, 1.81, 37-103/411.55, 24.85, nm, 34.66 <br> dnf-Jessica Flax (US) <br> 13.57, 1.66, 12.72, 25.43 | $[3256-20]$ | 5629 |

In an event which saw a record number of Americans exceeding 6000 points, the previous best being 7 at the 1996 Trials, Barbara Nwaba triumphed with 6494 points. Event leader after the first event was Kendell Williams with 12.99 in the hurdles, which earned her 1126 points, the highest score in any event over the two days. Williams had not been seen as a serious contender until regaining the NCAA title she'd won in 2014, this time scoring a PR 6225. Erica Bougard ran 13.11 for 1108 points, and stayed in second after the high jump, as both she and Williams cleared $6^{\prime} 01 / 2$, but lost ground to Nwaba's 6 ' $23 / 4$ ". Bougard then dropped out of the picture, while Nwaba moved into the lead with a $46^{\prime} 51 / 2$ " shot put. Nwaba finished day one with a 24.17 in the 200 which kept her 11 points ahead of Williams, who ran an event leading 23.67. Heather Miller-Koch had moved into third with 3822 , some 70 points behind Williams, and just ahead of Sharon DayMonroe's 3815 . Nwaba had a poor long jump, falling back to $4^{\text {th }}$ before hitting $161^{\prime} 4^{\prime \prime}$ ' in the javelin, moving back into the lead with 5554, with Williams $2^{\text {nd }}$ on 5514, 56 points ahead of Miller-Koch. The 800 was won by Miller-Koch with 2:09.97 which enabled her to get past Williams, beating her 6423 to 6402 , with Day-Monroe unable to make up quite enough ground on Williams ( $2: 15.31$ ) with her 2:10.87. All 3 Americans scored over 6200 in the Olympics, with Nwaba the best with 6309 in $12^{\text {th }}$.

