

## 2019 World Championships Statistics - Women's 3000mSC by K Ken Nakamura

The records to look for in Doha:

- 1) Can Coburn become the first W3000mSteeple Chaser to repeat at WC?
- 2) If Celliphine Chespol win a medal, she will be the first World Junior, World Youth Champion to win a medal at World Championships.
- 3) If Hyvin Kiyeng wins a silver, she will be the first to win a complete set of medals at W3000mSC in WC.

### Summary:

#### All time Performance List at the World Championships

| Performance | Performer | Time    | Name                  | Nat | Pos | Venue  | Year |
|-------------|-----------|---------|-----------------------|-----|-----|--------|------|
| 1           | 1         | 9:02.58 | Emma Coburn           | USA | 1   | London | 2017 |
| 2           | 2         | 9:03.77 | Courtney Frerichs     | USA | 2   | London | 2017 |
| 3           | 3         | 9:04.03 | Hyvin Kiyeng Jepkemoi | KEN | 3   | London | 2017 |
| 4           | 4         | 9:06.57 | Yekaterina Volkova    | RUS | 1   | Osaka  | 2007 |
| 5           | 5         | 9:07.03 | Yuliya Zaripova       | RUS | 1   | Daegu  | 2011 |
| 6           | 6         | 9:07.32 | Marta Dominguez       | ESP | 1   | Berlin | 2009 |
| 7           |           | 9:08.39 | Yuliya Zarudneva      |     | 2   | Berlin | 2009 |
| 8           | 7         | 9:08.57 | Milcah Chemos Cheywa  | KEN | 3   | Berlin | 2009 |
| 9           | 8         | 9:09.19 | Tatyana Petrova       | RUS | 2   | Osaka  | 2007 |
| 10          | 9         | 9:10.45 | Beatrice Chepkoech    | KEN | 4   | London | 2017 |

### Margin of Victory

|     | Difference   | Winning Time | Name                 | Nat | Venue   | Year |
|-----|--------------|--------------|----------------------|-----|---------|------|
| Max | 4.94 seconds | 9:07.03      | Yuliya Zaripova      | RUS | Daegu   | 2011 |
|     | 2.62 seconds | 9:06.57      | Yekaterina Vokova    | RUS | Osaka   | 2007 |
| Min | 0.13 seconds | 9:19.11      | Hyvin Jepkemoi       | KEN | Beijing | 2015 |
|     | 0.18 seconds | 9:08.39      | Yuliya Zarudneva     | RUS | Berlin  | 2009 |
|     | 0.90 seconds | 9:11.65      | Milcah Chemos Cheywa | KEN | Moskva  | 2013 |

### Best Marks for Places in the World Championships

| Pos | Time    | Name                  | Nat | Venue  | Year |
|-----|---------|-----------------------|-----|--------|------|
| 1   | 9:02.58 | Emma Coburn           | USA | London | 2017 |
|     | 9:06.57 | Yekaterina Volkova    | RUS | Osaka  | 2007 |
| 2   | 9:03.77 | Courtney Frerichs     | USA | London | 2017 |
|     | 9:08.57 | Milcah Chemos Cheywa  | KEN | Berlin | 2009 |
| 3   | 9:04.03 | Hyvin Kiyeng Jepkemoi | KEN | London | 2017 |
|     | 9:11.09 | Gulnara Galkina       | RUS | Berlin | 2009 |
| 4   | 9:10.45 | Beatrice Chepkoech    | KEN | London | 2017 |
|     | 9:12.50 | Jennifer Barringer    | USA | Berlin | 2009 |

**World Championships medalist who previously won World Junior medal:** None

**World Championships medalist who previously won World Youth medal:** None

**Multiple Gold Medalists:** None

### All time Performance List at the World Championships

| Performance | Performer | Time    | Name                     | Nat | Pos | Venue    | Year |
|-------------|-----------|---------|--------------------------|-----|-----|----------|------|
| 1           | 1         | 9:02.58 | Emma Coburn              | USA | 1   | London   | 2017 |
| 2           | 2         | 9:03.77 | Courtney Frerichs        | USA | 2   | London   | 2017 |
| 3           | 3         | 9:04.03 | Hyvin Kiyeng Jepkemoi    | KEN | 3   | London   | 2017 |
| 4           | 4         | 9:06.57 | Yekaterina Volkova       | RUS | 1   | Osaka    | 2007 |
| 5           | 5         | 9:07.03 | Yuliya Zaripova          | RUS | 1   | Daegu    | 2011 |
| 6           | 6         | 9:07.32 | Marta Dominguez          | ESP | 1   | Berlin   | 2009 |
| 7           |           | 9:08.39 | Yuliya Zarudneva         |     | 2   | Berlin   | 2009 |
| 8           | 7         | 9:08.57 | Milcah Chemos Cheywa     | KEN | 3   | Berlin   | 2009 |
| 9           | 8         | 9:09.19 | Tatyana Petrova          | RUS | 2   | Osaka    | 2007 |
| 10          | 9         | 9:10.45 | Beatrice Chepkoech       | KEN | 4   | London   | 2017 |
| 11          | 10        | 9:11.09 | Gulnara Galkina          | RUS | 4   | Berlin   | 2009 |
| 12          |           | 9:11.65 | Milcah Chemos Cheywa     |     | 1   | Moskva   | 2013 |
| 13          | 11        | 9:11.97 | Habiba Ghribi            | TUN | 2   | Daegu    | 2011 |
| 14          | 12        | 9:12.50 | Jennifer Barringer       | USA | 5   | Berlin   | 2009 |
| 15          |           | 9:12.52 | Habiba Ghribi            |     | 6   | Berlin   | 2009 |
| 16          | 13        | 9:12.55 | Lidya Chepkurui          | KEN | 2   | Moskva   | 2013 |
| 17          | 14        | 9:12.84 | Sofia Assefa             | ETH | 3   | Moskva   | 2013 |
| 18          | 15        | 9:13.16 | Ruth Bisibori Nyangau    | KEN | 7   | Berlin   | 2009 |
| 19          | 16        | 9:13.96 | Ruth Jebet               | BRN | 5   | London   | 2017 |
| 20          | 17        | 9:14.62 | Gladys Jerotich Kipkemoi | KEN | 8   | Berlin   | 2009 |
| 21          | 18        | 9:15.04 | Celliphine Chespol       | KEN | 6   | London   | 2017 |
| 22          | 19        | 9:15.25 | Hiwot Ayalew             | ETH | 4   | Moskva   | 2013 |
| 23          | 20        | 9:16.97 | Etenesh Diro             | ETH | 5   | Moskva   | 2013 |
| 24          |           | 9:17.16 | Milcah Chemos Cheywa     |     | 3   | Daegu    | 2011 |
| 25          |           | 9:17.67 | Gulnara Galkina          |     | 1h1 | Berlin   | 2009 |
| 26          | 21        | 9:17.88 | Mercy Njorege            | KEN | 4   | Daegu    | 2011 |
| 27          | 22        | 9:18.24 | Dorcus Inzikuru          | UGA | 1   | Helsinki | 2005 |
| 28          | 23        | 9:18.54 | Antje Möldner            | GER | 9   | Berlin   | 2009 |
| 29          |           | 9:19.03 | Beatrice Chepkoech       |     | 1h2 | London   | 2017 |
| 30          |           | 9:19.11 | Hyvin Jepkemoi           |     | 1   | Beijing  | 2015 |
| 31          |           | 9:19.24 | Habiba Ghribi            | TUN | 2   | Beijing  | 2015 |
| 32          | 24        | 9:19.25 | Gesa Felicitas Krause    | GER | 3   | Beijing  | 2015 |
| 33          |           | 9:19.52 | Ruth Jebet               |     | 2h2 | London   | 2017 |
| 33          |           | 9:20.01 | Sofia Assefa             |     | 4   | Beijing  | 2015 |
| 35          | 25        | 9:20.09 | Eunice Jepkorir          | KEN | 3   | Osaka    | 2007 |
| 36          |           | 9:20.49 | Yekaterina Volkova       |     | 2   | Helsinki | 2005 |
| 37          |           | 9:21.73 | Antje Möldner            |     | 2h1 | Berlin   | 2009 |
| 38          |           | 9:21.78 | Emma Coburn              |     | 5   | Beijing  | 2015 |
| 39          |           | 9:22.05 | Hyvin Kiyeng Jepkemoi    |     | 6   | Moskva   | 2013 |
| 40          |           | 9:22.46 | Etenesh Diro             | ETH | 7   | London   | 2017 |
| 41          |           | 9:22.63 | Sofia Assefa             |     | 3h1 | Berlin   | 2009 |
| 42          | 26        | 9:22.64 | Zemzem Ahmed             | ETH | 10  | Berlin   | 2009 |
| 43          | 27        | 9:22.67 | Winfred Mutile Yavi      | BRN | 8   | London   | 2017 |
| 44          |           | 9:23.87 | Milcah Chemos Cheywa     |     | 4h1 | Berlin   | 2009 |
| 44          |           | 9:23.87 | Gesa Felicitas Krause    |     | 9   | London   | 2017 |
| 46          |           | 9:24.02 | Etenesh Diro             |     | 1h2 | Moskva   | 2013 |
| 47          | 28        | 9:24.06 | Binnaz Uslu              | TUR | 1h1 | Daegu    | 2011 |
| 48          |           | 9:24.19 | Lidya Chepkurui          |     | 2h2 | Moskva   | 2013 |
| 49          |           | 9:24.27 | Hiwot Ayalew             |     | 6   | Beijing  | 2015 |
| 50          |           | 9:24.38 | Habiba Ghribi            |     | 1h2 | Beijing  | 2015 |
| 51          |           | 9:24.49 | Hiwot Ayalew             |     | 3h2 | Moskva   | 2013 |
| 52          |           | 9:24.56 | Habiba Ghribi            |     | 2h1 | Daegu    | 2011 |
| 53          |           | 9:24.92 | Gesa Felicitas Krause    |     | 2h2 | Beijing  | 2015 |
| 54          |           | 9:24.95 | Mercy Njorege            |     | 3h1 | Daegu    | 2011 |

**Slowest winning time:** 9:19.11 by Hyvin Jepkemoi (KEN) in 2015

### Margin of Victory

|     | Difference   | Winning Time | Name                 | Nat | Venue   | Year |
|-----|--------------|--------------|----------------------|-----|---------|------|
| Max | 4.94 seconds | 9:07.03      | Yuliya Zaripova      | RUS | Daegu   | 2011 |
|     | 2.62 seconds | 9:06.57      | Yekaterina Volkova   | RUS | Osaka   | 2007 |
| Min | 0.13 seconds | 9:19.11      | Hyvin Jepkemoi       | KEN | Beijing | 2015 |
|     | 0.18 seconds | 9:08.39      | Yuliya Zarudneva     | RUS | Berlin  | 2009 |
|     | 0.90 seconds | 9:11.65      | Milcah Chemos Cheywa | KEN | Moskva  | 2013 |

### Difference between first and third

|     | Diff     | Winning time | 3 <sup>rd</sup> place time | Winner's Name        | Nat | Venue   | Year |
|-----|----------|--------------|----------------------------|----------------------|-----|---------|------|
| Max | 13.52sec | 9:06.57      | 9:20.09                    | Yekaterina Volkova   | RUS | Osaka   | 2007 |
| Min | 0.14 sec | 9:19.11      | 9:19.25                    | Hyvin Jepkemoi       | KEN | Beijing | 2015 |
|     | 1.19 sec | 9:11.65      | 9:12.84                    | Milcah Chemos Cheywa | KEN | Moskva  | 2013 |

### Difference between third and fourth (medal versus no medal)

|     | Difference | 3 <sup>rd</sup> place time | Name                  | Nat | Venue    | Year |
|-----|------------|----------------------------|-----------------------|-----|----------|------|
| Max | 6.42sec    | 9:04.03                    | Hyvin Kiyeng Jepkemoi | KEN | London   | 2017 |
|     | 6.35sec    | 9:26.95                    | Jeruto Kiptum         | KEN | Helsinki | 2005 |
| Min | 0.72sec    | 9:17.16                    | Milka Chemos Cheywa   | KEN | Daegu    | 2011 |
|     | 0.76sec    | 9:19.25                    | Gesa Felicitas Krause | GER | Beijing  | 2015 |
|     | 1.41sec    | 9:11.09                    | Gulnara Galkina       | RUS | Berlin   | 2009 |
|     | 2.41sec    | 9:12.84                    | Sofia Assefa          | ETH | Moskva   | 2013 |
|     | 2.52sec    | 9:08.57                    | Milka Chemos Cheywa   | KEN | Berlin   | 2009 |

### Fastest time in each round

| Round       | Time    | Name            | Nat | Venue  | Year |
|-------------|---------|-----------------|-----|--------|------|
| Final       | 9:02.58 | Emma Coburn     | USA | London | 2017 |
| First round | 9:17.67 | Gulnara Galkina | RUS | Berlin | 2009 |

### Fastest non-qualifier for the final

| Time    | Position | Name         | Nat | Venue  | Year |
|---------|----------|--------------|-----|--------|------|
| 9:28.64 | 6h2      | Sara Moreira | POR | Berlin | 2009 |

### Average from last seven (21<sup>st</sup> century) World Championships

|                       | Average | 2017    | 2015    | 2013    | 2011    | 2009    | 2007    | 2005    |
|-----------------------|---------|---------|---------|---------|---------|---------|---------|---------|
| Winning Time          | 9:10.36 | 9:02.58 | 9:19.11 | 9:11.65 | 9:07.03 | 9:07.32 | 9:06.57 | 9:18.24 |
| Winning Medal         | 9:15.56 | 9:04.03 | 9:19.25 | 9:12.84 | 9:17.16 | 9:08.57 | 9:20.09 | 9:26.95 |
| 8 <sup>th</sup> place | 9:29.06 | 9:22.67 | 9:29.64 | 9:34.06 | 9:25.96 | 9:14.62 | 9:36.84 | 9:39.66 |

### Best Marks for Places in the World Championships

| Pos | Time    | Name                  | Nat | Venue  | Year |
|-----|---------|-----------------------|-----|--------|------|
| 1   | 9:02.58 | Emma Coburn           | USA | London | 2017 |
|     | 9:06.57 | Yekaterina Volkova    | RUS | Osaka  | 2007 |
| 2   | 9:03.77 | Courtney Frerichs     | USA | London | 2017 |
|     | 9:08.57 | Milcah Chemos Cheywa  | KEN | Berlin | 2009 |
| 3   | 9:04.03 | Hyvin Kiyeng Jepkemoi | KEN | London | 2017 |
|     | 9:11.09 | Gulnara Galkina       | RUS | Berlin | 2009 |

|   |                    |  |            |                  |              |
|---|--------------------|--|------------|------------------|--------------|
| 4 | 9:10.45<br>9:12.50 | Beatrice Chepkoech<br>Jennifer Barringer | KEN<br>USA | London<br>Berlin | 2017<br>2009 |
| 5 | 9:12.52            | Habiba Ghribi                            | TUN        | Berlin           | 2009         |
| 6 | 9:13.16            | Ruth Bisibori Nyangau                    | KEN        | Berlin           | 2009         |
| 7 | 9:14.62            | Gladys Jerotich Kipkemo                  | KEN        | Berlin           | 2009         |
| 8 | 9:18.54            | Antje Moldner                            | GER        | Berlin           | 2009         |

### Best Marks for Places – all competitions

| Pos | Time                                     | Name   | Nat                      | Venue                                   | Day Month Year   |
|-----|--|--|--------------------------|---|--|
| 1   | 8:44.32<br>8:52.78                       | Beatrice Chepkoech<br>Ruth Jebet   | KEN<br>BRN               | Monaco<br>Saint Denis                   | 20 July 2018<br>27 Aug 2016                              |
| 2   | 8:59.62<br>8:59.84<br>9:00.01<br>9:00.70 | Norah Jeruto Tanui<br>Beatrice Chepkoech<br>Hyvin Kiyeng<br>Beatrice Chepkoech | KEN<br>KEN<br>KEN<br>KEN | Bruxelles<br>Zurich<br>Eugene<br>Eugene | 31 Aug 2018<br>24 Aug 2017<br>28 May 2016<br>26 May 2017 |
| 3   | 9:01.60<br>9:01.99<br>9:03.52            | Hyvin Kiyeng<br>Ruth Jebet<br>Ruth Jebet                                       | KEN<br>BRN<br>BRN        | Bruxelles<br>Doha<br>Eugene             | 31 Aug 2018<br>5 May 2017<br>26 May 2017                 |
| 4   | 9:04.17<br>9:05.06<br>9:05.70            | Norah Jeruto Tanui<br>Emma Coburn<br>Celphine Chespol                          | KEN<br>USA<br>KEN        | Paris<br>Monaco<br>Doha                 | 30 June 2018<br>20 July 2018<br>5 May 2017               |
| 5   | 9:06.75<br>9:07.20<br>9:07.51            | Celliphine Chespol<br>Norah Jeruto Tanui<br>Gesa Felicitas Krause              | KEN<br>KEN<br>GER        | Bruxelles<br>Monaco<br>Zurich           | 31 Aug 2018<br>20 July 2018<br>29 Aug 2019               |
| 6   | 9:07.07<br>9:07.94<br>9:10.01            | Courtney Frerichs<br>Peruth Chemutai<br>Emma Coburn                            | USA<br>UGA<br>USA        | Bruxelles<br>Monaco<br>Zurich           | 31 Aug 2018<br>20 July 2018<br>29 Aug 2019               |
| 7   | 9:08.23<br>9:11.41                       | Roseline Chepngetich<br>Colleen Quigley  | KEN<br>USA               | Monaco<br>Palo Alto                     | 20 July 2018<br>30 June 2019                             |
| 8   | 9:10.71<br>9:12.37                       | Daisy Jepkemei<br>Celliphine Chespol   | KEN<br>KEN               | Monaco<br>Palo Alto                     | 20 July 2018<br>30 June 2019                             |
| 9   | 9:10.74<br>9:12.98                       | Winfred Yavi<br>Winfred Yavi   | BRN<br>BRN               | Monaco<br>Palo Alto                     | 20 July 2018<br>30 June 2019                             |

**Multiple Gold Medalists:** None

### Multiple Medalists:

Hyvin Kiyeng Jepkemoi (KEN): 2015 Gold; 2017 Bronze  
Habiba Ghribi (TUN) 2011 Gold; 2015 Silver  
Milcah Chemos Cheywa (KEN): 2009 Bronze, 2011 Bronze, 2013 Gold  
Yekaterina Volkova (RUS): 2005 Silver, 2007 Gold

### Multiple Medals by athletes from a single nation

| Nation | Year | Gold                 | Silver            | Bronze |
|--------|------|----------------------|-------------------|--------|
| USA    | 2017 | Emma Coburn          | Courtney Frerichs |        |
| KEN    | 2013 | Milcah Chemos Cheywa | Lidya Chepkurui   |        |
| RUS    | 2007 | Yekaterina Volkova   | Tatyana Petrova   |        |

**Man & Woman from the same team winning the corresponding event:** None

**Medals by Countries:**

| Nation | Gold | Silver | Bronze |
|--------|------|--------|--------|
| KEN    | 2    | 3      | 4      |
| RUS    | 2    | 2      | 1      |
| TUN    | 1    | 1      |        |
| USA    | 1    | 1      |        |
| UGA    | 1    |        |        |
| ETH    |      |        | 1      |
| GER    |      |        | 1      |

### Comparison of 1000m splits/laps in the World Championships 3000mSC

Fastest splits/laps are indicated in **Bold**,

|      | 1000m          | 2000m          | 3000m          |
|------|----------------|----------------|----------------|
| 2017 | 3:02.74        | <b>6:03.60</b> | <b>9:02.58</b> |
| 2015 | 3:09.96        | 6:22.27        | 9:19.11        |
| 2013 | 3:01.72        | 6:11.36        | 9:11.65        |
| 2011 | 3:00.70        | 6:04.36        | 9:07.03        |
| 2009 | 3:01.26        | 6:06.45        | 9:07.32        |
| 2007 | 3:00.35        | 6:05.46        | 9:06.57        |
| 2005 | <b>2:57.98</b> | 6:05.20        | 9:18.24        |

|      | 1000m          | 2000m          | 3000m          |
|------|----------------|----------------|----------------|
| 2017 | 3:02.74        | <b>3:00.86</b> | <b>2:58.98</b> |
| 2015 | 3:09.96        | 3:12.31        | 2:56.84        |
| 2013 | 3:01.72        | 3:09.64        | 3:00.29        |
| 2011 | 3:00.70        | 3:03.66        | 3:02.67        |
| 2009 | 3:01.26        | 3:05.19        | 3:00.87        |
| 2007 | 3:00.35        | 3:05.11        | 3:01.11        |
| 2005 | <b>2:57.98</b> | 3:07.22        | 3:13.04        |

### World Championships medalist with Olympic medal

| Name               | Nat | World Championships | Year | Olympics | Year |
|--------------------|-----|---------------------|------|----------|------|
| Emma Coburn        | USA | Gold                | 2017 | Bronze   | 2016 |
| Hyvin Jepkemoi     | KEN | Gold                | 2015 | Silver   | 2016 |
| Habiba Ghribi      | TUN | Gold                | 2011 | Gold     | 2012 |
| Eunice Jepkorir    | KEN | Bronze              | 2007 | Silver   | 2008 |
| Yekaterina Volkova | RUS | Gold                | 2007 | Bronze   | 2008 |

**World Championships medalist who previously won World Junior medal:** None

**World Championships medalist who previously won World Youth medal:** None

### World Championships medalist with European Championships medal

| Name                        | Nat | World Championships | Year | European Championships | Year |
|-----------------------------|-----|---------------------|------|------------------------|------|
| Yuliya Zaripova (Zarudneva) | RUS | Gold                | 2009 | Gold                   | 2010 |

|                 |     |        |      |        |      |
|-----------------|-----|--------|------|--------|------|
| Tatyana Petrova | RUS | Silver | 2007 | Silver | 2006 |
|-----------------|-----|--------|------|--------|------|

**World Championships medalists with Asian Games medal:** None

**World Championships medalists with All Africa Games medal:**

| Name           | Nat | World Championships | All Africa Games |
|----------------|-----|---------------------|------------------|
| Hyvin Jepkemoi | KEN | 2015                | 2011             |

**World Championships medalists with Africa Championships medal:**

| Name          | Nat | World Championships | African Championships |
|---------------|-----|---------------------|-----------------------|
| Milcah Chemos | KEN | 2013                | 2010                  |

**World Champion with Pan American Games gold medalist:** None

**World Champion with Commonwealth Games Gold medal**

| Name            | Nat | World Championships | Commonwealth Games |
|-----------------|-----|---------------------|--------------------|
| Milcah Chemos   | KEN | 2013                | 2010               |
| Dorcus Inzikuru | UGA | 2005                | 2006               |

**World Championships:**

| Year | Gold               | Nat | Time    | Silver             | Nat | Time    | Bronze                | Nat | Time    |
|------|--------------------|-----|---------|--------------------|-----|---------|-----------------------|-----|---------|
| 2017 | Emma Coburn        | USA | 9:02.58 | Courtney Frerichs  | USA | 9:03.77 | Hyvin Kiyeng Jepkemoi | KEN | 9:04.03 |
| 2015 | Hyvin Jepkemoi     | KEN | 9:19.11 | Habiba Ghribi      | TUN | 9:19.24 | Gesa Felicitas Krause | GER | 9:19.25 |
| 2013 | Milcah Chemos      | KEN | 9:11.65 | Lidya Chepkurui    | KEN | 9:12.55 | Sofia Assefa          | ETH | 9:12.84 |
| 2011 | Habiba Ghribi      | TUN | 9:11.97 | Milcah Chemos      | KEN | 9:17.16 | Mercy Njoroge         | KEN | 9:17.88 |
| 2009 | Yuliya Zarudneva   | RUS | 9:08.39 | Milcah Chemos      | KEN | 9:08.57 | Gulnara Galkina       | RUS | 9:11.09 |
| 2007 | Yekaterina Volkova | RUS | 9:06.57 | Tatyana Petrova    | RUS | 9:09.19 | Eunice Jepkorir       | KEN | 9:20.09 |
| 2005 | Dorcus Inzikuru    | UGA | 9:18.24 | Yekaterina Volkova | RUS | 9:20.49 | Jeruto Kiptum         | KEN | 9:26.95 |

**Last three Olympics:**

| Year | Gold                     | Nat | Time    | Silver          | Nat | Time    | Bronze             | Nat | Time    |
|------|--------------------------|-----|---------|-----------------|-----|---------|--------------------|-----|---------|
| 2016 | Ruth Jebet               | BRN | 8:59.75 | Hyvin Jepkemoi  | KEN | 9:07.12 | Emma Coburn        | USA | 9:07.63 |
| 2012 | Habiba Ghribi            | TUN | 9:08.37 | Sofia Assefa    | ETH | 9:09.84 | Milcah Chemos      | KEN | 9:09.88 |
| 2008 | Gulnara Samitova-Galkina | RUS | 8:58.81 | Eunice Jepkorir | KEN | 9:07.41 | Yekaterina Volkova | RUS | 9:07.64 |

**Last eight World Junior Championships:**

| Yea  | Gold                   | Nat | Time    | Silver               | Nat | Time    | Bronze              | Nat | Time    |
|------|------------------------|-----|---------|----------------------|-----|---------|---------------------|-----|---------|
| 2018 | Celliphine Chespol     | KEN | 9:12.78 | Peruth Chemutai      | UGA | 9:18.87 | Winfred Mutile Yavi | BRN | 9:23.47 |
| 2016 | Celliphine Chespol     | KEN | 9:25.15 | Tigist Mekonen       | BRN | 9:34.08 | Agrie Belachew      | ETH | 9:37.17 |
| 2014 | Ruth Chebet            | BRN | 9:36.74 | Rsefline Chepngetich | KEN | 9:40.28 | Daisy Jepkemei      | KEN | 9:47.65 |
| 2012 | Daisy Chepkemei        | KEN | 9:47.22 | Tejinesh Gebisa      | ETH | 9:50.51 | Stella Rutto        | KEN | 9:50.58 |
| 2010 | Purity Cherotich Kirui | KEN | 9:36.34 | Birtukan Adamu       | ETH | 9:43.23 | Lucia Kamene        | KEN | 9:43.71 |
| 2008 | Christine Muyanga      | KEN | 9:31.35 | Elizabeth Mueni      | KEN | 9:36.50 | Korahubish Itaa     | ETH | 9:37.81 |
| 2006 | Caroline Chepkurui     | KEN | 9:40.95 | Ancuta Bobocel       | ROU | 9:46.19 | Mekdes Bekele       | ETH | 9:48.67 |
| 2004 | Gladys Kipkemboi       | KEN | 9:47.26 | Ancuta Bobocel       | ROU | 9:49.03 | Catalina Oprea      | ROU | 9:50.04 |

**World Youth Championships (2000mSC)**

| Year | Gold                | Nat | Time    | Silver             | Nat | Time    | Bronze              | Nat | Time    |
|------|---------------------|-----|---------|--------------------|-----|---------|---------------------|-----|---------|
| 2017 | Caren Chebet        | KEN | 6:24.80 | Mercy Chepkurui    | KEN | 6:26.10 | Etalemabu Sintayehu | ETH | 6:35.79 |
| 2015 | Celliphine Chepteek | KEN | 6:17.15 | Sandrafelis Chebet | KEN | 6:19.61 | Agrie Belachew      | ETH | 6:34.68 |

|      |                      |     |         |                     |     |         |                           |     |         |
|------|----------------------|-----|---------|---------------------|-----|---------|---------------------------|-----|---------|
| 2013 | Rosefine Chepngetich | KEN | 6:14.60 | Daisy Jepkemei      | KEN | 6:15.12 | Woynshet Ansa             | ETH | 6:30.05 |
| 2011 | Norah Jeruto Tanui   | KEN | 6:16.41 | Fadwa Sidi Madane   | MA  | 6:20.98 | Lilian Jepkorir Chemweno  | KEN | 6:21.85 |
| 2009 | Karahubsh Itaa       | ETH | 6:11.83 | Lucia Kamene Muangi | KEN | 6:11.90 | Halima Hassen             | ETH | 6:16.83 |
| 2007 | Caroline Chepkurui   | KEN | 6:22.30 | Christine Mayanga   | KEN | 6:22.49 | Karoline Bjerkeli Grøvdal | NOR | 6:25.30 |

### Last six European Championships:

| Year | Gold                  | Nat | Time    | Silver             | Nat | Time    | Bronze                    | Nat | Time    |
|------|-----------------------|-----|---------|--------------------|-----|---------|---------------------------|-----|---------|
| 2018 | Gesa-Felicitas Krause | GER | 9:19.90 | Fabienne Schlumpf  | SUI | 9:22.29 | Karoline Bjerkeli Grovdal | NOR | 9:24.46 |
| 2016 | Gesa Felicitas Krause | GER | 9:18.85 | Luiza Gega         | ALB | 9:28.52 | Özlem Kaya                | TUR | 9:35.05 |
| 2014 | Antje Mölder-Schmidt  | GER | 9:29.43 | Carlotta Fougberg  | SWE | 9:30.16 | Diana Martin              | ESP | 9:30.70 |
| 2012 | Gulcan Mingir         | TUR | 9:32.96 | Svitlana Shmidt    | UKR | 9:33.03 | Antje Möldner-Schmidt     | GER | 9:36.37 |
| 2010 | Yuliya Zarudneva      | RUS | 9:17.57 | Lyubov Kharalamova | RUS | 9:29.82 | Hatti Archer              | GBR | 9:30.19 |
| 2006 | Alesya Turova         | BLR | 9:26.05 | Tatyana Petrova    | RUS | 9:28.05 | Wioletta Janowska         | POL | 9:31.62 |

### Last three Asian Games:

| Year | Gold         | Nat | Time    | Silver      | Nat | Time    | Bronze          | Nat | Time     |
|------|--------------|-----|---------|-------------|-----|---------|-----------------|-----|----------|
| 2018 | Winfred Yavi | BR  | 9:36.52 | Sudha Singh | IND | 9:40.03 | Nguyen Thi Qanh | VIE | 9:43.83  |
| 2014 | Ruth Chebet  | BR  | 9:31.36 | Li Zhenzhu  | CHN | 9:35.23 | Lalita Babar    | IND | 9:35.37  |
| 2010 | Sudha Singh  | IND | 9:55.67 | Jin Yuan    | CHN | 9:55.71 | Minori Hayakari | JPN | 10:01.25 |

### Last seven Asian Championships:

| Year | Gold            | Nat | Time     | Silver          | Nat | Time     | Bronze            | Nat | Time     |
|------|-----------------|-----|----------|-----------------|-----|----------|-------------------|-----|----------|
| 2019 | Winfred Yavi    | BRN | 9:46.18  | Xu Shuangshuang | CHN | 9:51.76  | Tigist Mekonen    | BRN | 9:53.96  |
| 2017 | Sudha Singh     | IND | 9:59.47  | Hyo Gyong       | PRK | 10:13.94 | Nana Sato         | JPN | 10:18.11 |
| 2015 | Lalita Babar    | IND | 9:34.13  | Li Zhenzhu      | CHN | 9:41.43  | Zhang Yinyan      | CHN | 9:46.82  |
| 2013 | Ruth Chebet     | BRN | 9:40.84  | Sudha Singh     | IND | 9:56.27  | Pak Kum-Hyang     | PRK | 10:09.80 |
| 2011 | Minori Hayakari | JPN | 9:52.42  | Sudha Singh     | IND | 10:08.52 | Thi Phuong Nguyen | VIE | 10:14.94 |
| 2009 | Yoshika Tatsumi | JPN | 10:05.94 | Sudha Singh     | IND | 10:10.77 | Kiran Tiwari      | IND | 10:34.55 |
| 2007 | Zhao Yanni      | CHN | 10:48.18 | Leila Ebrahimi  | IRI | 12:12.40 | Imane Al-Jallad   | SYR | 13:07.39 |

### Last four All Africa Games:

| Year | Gold                  | Nat | Time     | Silver        | Nat | Time     | Bronze          | Nat | Time     |
|------|-----------------------|-----|----------|---------------|-----|----------|-----------------|-----|----------|
| 2019 | Mekides Abebe         | ETH | 9:35.18  | Mercy Wanjiru | KEN | 9:37.53  | Weynshet Ansa   | ETH | 9:38.56  |
| 2015 | Sofia Assefa          | ETH | 9:51.30  | Hiwot Ayalew  | ETH | 9:51.94  | Purity Kirui    | KEN | 9:52.54  |
| 2011 | Hyvin Kiyeng Jepkemoi | KEN | 10:00.50 | Hiwot Ayalew  | ETH | 10:00.57 | Birtukan Adamu  | ETH | 10:02.22 |
| 2007 | Ruth Bosibori         | KEN | 9:31.99  | Mekdes Bekele | ETH | 9:49.95  | Netsanet Achamo | ETH | 9:51.63  |

### Last eight African Championships:

| Year | Gold               | Nat | Time     | Silver             | Nat | Time     | Bronze                | Nat | Time     |
|------|--------------------|-----|----------|--------------------|-----|----------|-----------------------|-----|----------|
| 2018 | Beatrice Chepkoech | KEN | 8:59.88  | Celliphine Chespol | KEN | 9:09.61  | Fancy Cheronno        | KEN | 9:23.92  |
| 2016 | Norah Tanui        | KEN | 9:25.07  | Agnes Chesang      | KEN | 9:27.22  | Woynshet Ansa         | ETH | 9:39.89  |
| 2014 | Hiwot Ayalew       | ETH | 9:29.54  | Sofia Assefa       | ETH | 9:30.20  | Salima El Ouali Alami | MAR | 9:33.02  |
| 2012 | Mercy Njorege      | KEN | 9:43.26  | Birtukan Adamu     | ETH | 9:45.41  | Hyvin Jepkemoi        | KEN | 9:45.95  |
| 2010 | Milcah Chemos      | KEN | 9:32.18  | Sofia Assefa       | ETH | 9:32.58  | Lydia Rotich          | KEN | 9:37.32  |
| 2008 | Zemzem Ahmed       | ETH | 9:44.58  | Mekdes Bekele      | ETH | 9:59.52  | Ruth Bisibori         | KEN | 10:00.18 |
| 2006 | Cheruto Kiptum     | KEN | 10:00.02 | Habiba Ghribi      | TUN | 10:10.93 | Bouchra Chaabi        | MAR | 10:11.52 |
| 2004 | Bouchra Chaabi     | MAR | 9:53.46  | Nawal Baibi        | MAR | 10:11.42 | Tebogo Masehla        | RSA | 10:34.40 |

### Last four Pan American Games:

| Year | Gold              | Nat | Time    | Silver        | Nat | Time    | Bronze            | Nat | Time    |
|------|-------------------|-----|---------|---------------|-----|---------|-------------------|-----|---------|
| 2019 | Genevieve Lalonde | CA  | 9:41.45 | Marisa Howard | USA | 9:43.78 | Belen Casetta     | ARG | 9:44.46 |
| 2015 | Ashley Higginson  | USA | 9:48.12 | Shalaya Kipp  | USA | 9:49.96 | Genevieve Lalonde | CAN | 9:53.03 |

|      |                 |     |          |                 |     |          |                 |     |          |
|------|-----------------|-----|----------|-----------------|-----|----------|-----------------|-----|----------|
| 2011 | Sara Hall       | USA | 10:03.16 | Angela Figueroa | COL | 10:10.14 | Sabine Heitling | BRA | 10:10.98 |
| 2007 | Sabine Heitling | BRA | 9:51.13  | Talis Apud      | MEX | 9:55.43  | Zenaide Vieira  | BRA | 9:55.71  |

### Last four Commonwealth Games:

| Year | Gold                 | Nat | Time    | Silver               | Nat | Time    | Bronze               | Nat | Time    |
|------|----------------------|-----|---------|----------------------|-----|---------|----------------------|-----|---------|
| 2018 | Aisha Praught        | JAM | 9:21.00 | Celliphine Chespol   | KEN | 9:22.61 | Purity Kirui         | KEN | 9:25.74 |
| 2014 | Purity Kirui         | KEN | 9:30.96 | Milcah Chemos Cheywa | KEN | 9:31.30 | Joan Kipkemoi Rotich | KEN | 9:33.34 |
| 2010 | Milcah Chemos Cheywa | KEN | 9:40.96 | Mercy Njoroge        | KEN | 9:41.54 | Gladys Kipkemboi     | KEN | 9:52.51 |
| 2006 | Dorcus Inzikuru      | UGA | 9:19.51 | Melissa Rollison     | AUS | 9:24.29 | Donna Macfarlane     | AUS | 9:25.05 |

### Fastest Performances on Asian Soil

| Performance | Performer | Time    | Name               | Nat | Pos | Venue   | DMY         |
|-------------|-----------|---------|--------------------|-----|-----|---------|-------------|
| 1           | 1         | 8:58.81 | Gulnara Galkina    | RUS | 1   | Beijing | 17 Aug 2008 |
| 2           | 2         | 9:00.12 | Hyvin Kiyeng       | KEN | 1   | Doha    | 5 May 2017  |
| 3           | 3         | 9:01.57 | Beatrice Chepkoech | KEN | 2   | Doha    | 5 May 2017  |

### Fastest Performances in Doha:

| Performance | Performer | Time    | Name               | Nat | Pos | DMY        |
|-------------|-----------|---------|--------------------|-----|-----|------------|
| 1           | 1         | 9:00.12 | Hyvin Kiyeng       | KEN | 1   | 5 May 2017 |
| 2           | 2         | 9:01.57 | Beatrice Chepkoech | KEN | 2   | 5 May 2017 |
| 3           | 3         | 9:01.99 | Ruth Jebet         | BRN | 3   | 5 May 2017 |

### Fastest performances in September

| Performance | Performer | Time    | Name               | Nat | Pos | Venue     | DMY          |
|-------------|-----------|---------|--------------------|-----|-----|-----------|--------------|
| 1           | 1         | 9:05.36 | Habiba Ghribi      | TUN | 1   | Bruxelles | 11 Sept 2015 |
| 2           | 2         | 9:07.00 | Ruth Jebet         | BRN | 1   | Zurich    | 1 Sept 2016  |
| 3           | 3         | 9:07.92 | Beatrice Chepkoech | KEN | 1   | Ostrava   | 9 Sept 2018  |

### Combined 2018 & 2019 World List

| Performance | Performer | Time    | Name                  | Nat | Pos | Venue     | DMY                 |
|-------------|-----------|---------|-----------------------|-----|-----|-----------|---------------------|
| 1           | 1         | 8:44.32 | Beatrice Chepkoech    | KEN | 1   | Monaco    | 20 July 2018        |
| 2           |           | 8:55.10 | Beatrice Chapkoech    |     | 1   | Bruxelles | 31 Aug 2018         |
| 3           |           | 8:55.58 | Beatrice Chepkoech    |     | 1   | Palo Alto | 30 June <b>2019</b> |
| 4           |           | 8:59.36 | Beatrice Chepkoech    |     | 1   | Paris     | 30 June 2018        |
| 5           | 2         | 8:59.62 | Norah Tanui           | KEN | 2   | Bruxelles | 31 Aug 2018         |
| 6           |           | 8:59.88 | Beatrice Chepkoech    |     | 1   | Asaba     | 5 Aug 2018          |
| 7           | 3         | 9:00.85 | Courtney Frerichs     | USA | 2   | Monaco    | 20 July 2018        |
| 8           | 4         | 9:01.60 | Hyvin Jepkemoi Kiyeng | KEN | 3   | Bruxelles | 31 Aug 2018         |
| 9           |           | 9:01.71 | Beatrice Chepkoech    |     | 1   | Zürich    | 29 Aug <b>2019</b>  |
| 10          | 5         | 9:01.82 | Celliphine Chespol    | KEN | 2   | Paris     | 30 June 2018        |
| 11          |           | 9:03.71 | Norah Tanui           | KEN | 1   | Oslo      | 13 June <b>2019</b> |
| 12          |           | 9:03.83 | Hyvin Kiyeng          |     | 2   | Zürich    | 29 Aug <b>2019</b>  |
| 13          |           | 9:03.86 | Hyvin Jepkemoi        |     | 3   | Paris     | 30 June 2018        |
| 14          |           | 9:04.17 | Norah Tanui           |     | 4   | Paris     | 30 June 2018        |
| 15          |           | 9:04.30 | Beatrice Chepkoech    |     | 2   | Oslo      | 13 June <b>2019</b> |
| 16          |           | 9:04.41 | Hyvin Jepkemoi        |     | 3   | Monaco    | 20 July 2018        |
| 17          |           | 9:04.53 | Beatrice Chepkoech    |     | 1   | Shanghai  | 18 May <b>2019</b>  |
| 18          | 6         | 9:04.90 | Emma Coburn           | USA | 2   | Palo Alto | 30 June <b>2019</b> |

Please send corrections to [KKenNakamura@gmail.com](mailto:KKenNakamura@gmail.com)

The new records set in WC will be reported from Doha through my twitter account @KKenNakamura