

# The Sub-4 Alphabetic Register

## (1,569 athletes as at 1 May 2019)

Within a year of the death of the first sub-four-minute miler, Sir Roger Bannister, at the age of 88, the total number of athletes who have broken through the once historic barrier is past 1,550. No country has kept greater faith with the legend of the sub-four-minute mile than the USA. During the 2019 indoor season in that country there were 73 sub-four-minute performances, and the total of US sub-four-minute milers is now over 550.

Elsewhere, even the distant past eventually yields its secrets: a hitherto overlooked performance from as long ago as 1974 by a Bulgarian was not discovered until 36 years later! Bulgaria remains something of a mystery because another sub-four minute mile by a Bulgarian in 1992 (no venue or exact date) has only recently been caught up with! There are now 19 sets of brothers, including five sets of twins, and 11 sets of fathers and sons who have broken four minutes. The most recent contributors to this family tradition are Jakob Ingebrigtsen, brother of Filip and Henrik Ingebrigtsen; John Coghlan, son of Eamonn Coghlan; Johnny Gregorek, son of John Gregorek; Liam Dee, son of Billy Dee; and Jamie Williamson, son of Graham Williamson. The Gregoreks have now replaced Kip and Martin Keino as the most successful father/son miling partnership, based on the average of their best times. The Ingebrigtsens have become the first set of three brothers to break four minutes. No grandfathers and grandsons as yet!

An important point to make is that no two athletics statisticians, however knowledgeable, are likely to agree on exactly how many sub-four-minute milers there are. The highly authoritative US magazine, "Track & Field News", maintains a list of American sub-four achievers in chronological order, compiled originally by E. Garry Hill and now by Jim Rorick, assisted by Kevin Biolsi, and their total number is less than in this Sub-4 Alphabetic Register! It is of no matter because their criteria vary slightly, and in any case it is an invaluable source of data.

Performances listed in this Register represent the first occasion on which the athlete ran sub-four-minutes for the mile, followed by the all-time personal best if there was a subsequent improvement. Some 65 per cent of the 1,569 athletes listed have not bettered their first Sub-4 performance, though there will be those from the more recent years who will obviously do so eventually. Performances listed in tenths-of-a-second were recorded manually, and it may be that some of these were also automatically recorded and the figures not made public, but as they mostly date back 30 years or more it is very unlikely that such data will ever come to light. The standard middle-distance event in international competition has for more than a century been the 1500 metres, and but for this there would certainly be at least three times as many sub-four-minute milers as there actually are. Maybe someone would like to compile a list of all those who have broken 3:43.00 for 1500 metres but not 4:00.00 for the mile!

No distinction has been made between indoor and outdoor performances, nor for so-called "oversize" indoor tracks. Indoor performances are marked "i". Performances marked "+" were made *en route* in races of a longer distance; these were usually 2000 metres, though in the case of Salah Hissou, of Morocco, the race was actually at 3000 metres.

The decision has also been taken to include relay performances, while appreciating that there can be some advantage (of a few tenths of a second or so) to the out-going athlete from a running start. There are only 10 athletes in the list with a superior relay time to any they achieved in a conventional mile race, and four of those also ran Sub-4 in the latter circumstances.

Two other performances require clarification. The personal best by Antonio ("Tony") Colon, of Puerto Rico, other than in a relay was achieved in a mile race which was slightly under-distance (1,757 yards) where he recorded 3:58.8, to which 0.5sec has been added (\*). The personal best for Steve Crabb (GB) was achieved off "scratch" in a handicap race ("hc").

German athletes prior to unification have been listed under their separate countries, Federal German Republic (FRG) and German Democratic Republic (GDR), though the national total for Germany as a whole includes both. For athletes from the former Czechoslovakia, the Soviet Union

and Yugoslavia there is also listed, where known, their republic of origin or future independent country (based on place of birth).

For athletes who ran Sub-4 on behalf of two different nations the best performances are given for each. A number of athletes – 30 in all – either changed nationalities or had dual citizenship, as follows:

Ibrahim Aden – Somalia/USA, sub-4 for both.  
 Steven Agar – Dominica/Canada, sub-4 only as Dominican.  
 Robert Kiplagat Andersen – Kenya/Denmark, sub-4 for both.  
 Dajam Najim Bashir – Kenya/Qatar,(formerly David Nyanga, sub-4 only as Qatari.  
 William Biwott Tanui,– Kenya/Turkey, now Ilham Tanui Özbilen, sub-4 for both.  
 Peter Callahan – USA/Belgium, Sub-4 for both  
 Byron Dyce – Jamaica/USA, dual nationality, sub-4 for both  
 Kirubel Erassa –Ethiopia/USA – Sub-4 for both  
 Graeme Fell – Great Britain/Canada, sub-4 only as British.  
 Moumin Geele (later Mumin Gala) – Somalia/Great Britain, sub-4 only as Somalian.  
 Steve Green – Great Britain/Jamaica, sub-4 before representing Jamaica.  
 Gawain Guy – Jamaica/USA, sub-4 for both.  
 Phillimon Hanneck (or Harineki) – Zimbabwe/USA, sub-4 only as Zimbabwean.  
 Shane Healy – Ireland/USA, sub-4 as US citizen (though achieved in Ireland!).  
 Ashley Johnson – South Africa/USA, sub-4 only as South African.  
 Wilson Kipketer – Kenya/Denmark, sub-4 only as Kenyan.  
 Bernard Lagat – Kenya/USA, sub-4 for both.  
 Joseph Lopez Lomong – Sudan/USA, sub-4 for both.  
 James McIlroy – Ireland/Great Britain, sub-4 only while opting for Ireland.  
 Ali Belal Mansoor – Kenya/Bahrain, formerly John Kipkorir Yego, sub-4 only as Bahraini  
 Sydney Maree – South Africa/USA, sub-4 for both.  
 Mohammed Mourhit – Morocco/Belgium, sub-4 only as Moroccan.  
 Sean O'Neill – Ireland/Great Britain, dual citizenship, sub-4 credited to Ireland.  
 Sam Parsons – USA/Germany, Suib-4 only as American  
 Rashid Ramzi – Morocco/Bahrain, sub-4 only as Bahraini.  
 Brenton Rowe – Australia/Austria, qualified for Austria from 2011, sub-4 for both.  
 Ron Speirs – Great Britain/USA, dual citizenship, sub-4 credited to both GB and USA.  
 Damé Faisa Tasama – Ethiopia/Belgium, sub-4 only as Ethiopian.  
 David Torrence – USA/Peru, sub-4 for both  
 Larbi Zéroual – Morocco/France, sub-4 only as Moroccan.

Jamel	Aarrass	FRA	3:52.21	200412		
Miloud	Abaoub	ALG	3:55.49	160797		
José Manuel	Abascal	ESP	3:57.17	100682	3:50.54	100986
Austin	Abbott	USA	3:59.47 i	110286	3:58.23 i	070309
Darren	Abbott	AUS	3:59.71	101291	3:58.38	250292
Abdelhaq	Abdellah	MAR	3:58.55	110596	3:57.15	250896
Youcef	Abdi	AUS	3:59.57	010301	3:56.23	240503
Colin	Abert	USA	3:59.51 i	030218		
Valeriy	Abramov	URS/RUS	3:58.63 i	230283		
Brian	Abshire	USA	3:58.62 i	220188		
Julius	Achon	UGA	3:59.53 i	270196	3:55.38	060699
A.J.	Acosta	USA	3:58.52 i	080308	3:53.76	030710
Guillaume	Adam	FRA	3:58.38i	110217		
David	Adams	USA	3:58.44	210412		
Ibrahim	Aden	SOM/ USA	3:59.84 i 3:56.95	220297 030601	3:55.53	260502
Jama	Aden	SOM	3:56.82	190783		
Nigel	Adkin	AUS	3:59.09	240695		
Steven	Agar	DOM/CAN	3:57.37	110597		
Mohammed	Ahmed	CAN	3:56.60	180817		
Said	Ahmed	USA	3:57.33	010704	3:57.04 i	050305
Mehdi	Aidet	ALG	3:57.39	100682		

Oli	Aitchison	GBR	3:58.59i	130216		
Hicham	Akankam	MOR	3:57.66	150617		
Halil	Akkas	TUR	3:59.76	070608		
Kyle	Alcorn	USA	3:59.82 i	010308		
Yenew	Alamirew	ETH	3:50.43	040611		
Colin	Albert	USA	3:59.51 i	030218		
Dan	Aldridge	USA	3:59.9	110481	3:58.24	050682
Mohamad	Al-Garni	QAT	3:55.50	040610		
Berhanu	Alemu	ETH	3:58.95	280602	3:57.76 i	270107
George	Alex	USA	3:58.76 i	110212		
Colby:	Alexander	USA	3:59.69	100714	3:54.94	050816
Mohammed	Aman	ETH	3:57.14	040611		
Mohammed	Amine	MAR	3:52.66	070799		
Robert Kiplagat	Andersen	KEN/ DEN	3:58.54 3:50.79	250892 260897		
Scott	Anderson	USA	3:59.80	040698	3:59.76	190800
Thiago	Andre	BRA	3:51.99	270517		
Robby	Andrews	USA	3:57.82	270413	3:53.16i	200216
Elkanah Onkware	Angwenyi	KEN	3:54.52	190604	3:53.05	040605
François	Annandale	RSA	3:59.7	151180	3:59.02	181281
Jack	Anstey	AUS	3:59.66 i	090219		
Saïd	Aouita	MAR	3:57.75	200882	3:46.76	020787
Chuck	Aragon	USA	3:59.92 i	280281	3:51.62	210784
Nanami	Arai	JPN	3:58.35 i	090219	3:56.60 i	240219
Mark	Arens	AUS	3:59.64	130382		
Francesco	Arese	ITA	3:57.8	091069	3:56.7	070971
Ed	Arriola	USA	3:59.3	140677		
Richard	Ashe	GBR	3:59.98	310896		
Bolota	Asmerom	USA	3:59.86	080602		
Frank	Assumma	USA	3:57.3 i	220182	3:56.34	090682
António	Atabão	POR	3:58.97	170982		
Michael	Atchoo	USA	3:59.92i	110212	3:57.14i	230213
Sam	Atkin	GBR	3:58.60	310518	3:57.97 i	120119
Jeff	Atkinson	USA	3:59.9	100586	3:52.80	170888
Steve	Austin	AUS	3:57.79	140182		
Steve	Ave	USA	3:59.09 i	310188	3:58.93 i	280190
Eric	Avila	USA	3:56.89	050614	3:55.43	250818
Thomas	Awad	USA	3:58.34	260414	3:57.03	200216
Mehdi	Baala	FRA	3:52.51 i	100209		
Youssef	Baba	MAR	3:53.64	070799	3:52.85	280700
Féthi	Baccouche	TUN	3:57.90	110687		
Andrew	Baddeley	GBR	3:56.13	300704	3:49.38	060608
Noureddine	Bahar	MAR	3:55.10	160797		
Bekim	Bahtiri	SLO	3:58.89	250893		
Dave	Bailey	CAN	3:59.1	110666	3:57.7	220767
Jim	Bailey	AUS	3:58.6	050556		
Bill	Baillie	NZL	3:59.2	010264		
Sam	Bair 1	USA	3:58.7	230667	3:56.7	070669
Sam	Bair 2	USA	3:59.72 i	130210		
Brian	Baker	USA	3:58.80	040798	3:57.4	210599
John	Baker	USA	3:59.8	260671		
Roger	Bannister	GBR	3:59.4	060554	3:58.8	070854
Witold	Baran	POL	3:59.2	120763	3:56.04	030864
Andreas	Baranski	FRG/GER	3:58.40	080880		
Spencer	Barden	GBR	3:58.5	290598		
Gary	Barger	USA	3:58.8	290575		
Laef	Barnes	USA	3:59.96	120408		
Matthew	Barnes 1	GBR	3:58.39	250694		
Matthew	Barnes 2	GBR	3:59.57	110807		

Brian	Barraza	USA	3:58.66i	181216		
Juan Luís	Barrios	MEX	3:58.45	140605	3:57.34	170713
Amos	Bartelsmeyer	USA	3:58.45i	140215	3:55.52 i	120119
Michal	Bartoszak	POL	3:58.96	100993	3:58.39 i	060294
Daham Najim	Bashir	QAT	3:47.97	290705		
Bryce	Basting	USA	3:59.91i	280216		
Kevin	Batt	IRL	3:59.70i	210214	3:59.53	270614
Miles	Batty	USA	3:55.79 i	120211	3:54.54 i	110212
Scotty	Bauhs	USA	3:59.81	120408		
Dieter	Baumann	FRG/GER	3:58.77	160885	3:51.12	210892
Andrew	Bayer	USA	3:58.98 i	290110	3:52.90 i	270713
Filbert	Bayi	TAN	3:52.86	020773	3:51.0	170575
Tim	Bayley	GBR	3:59.82 i	160110	3:59.75 i	060210
Jim	Beatty	USA	3:58.0	280560	3:55.5	070663
Ron	Becht	CAN	3:59.12	160683		
Uwe	Becker	FRG/GER	3:57.70	080880	3:52.36	250882
Girma	Bekele	ETH	3:59.41	270413		
Kenenisa	Bekele	ETH	3:56.2 i +	170207		
Mark	Belger	USA	3:58.4	090779	3:57.37 i	260180
Wade	Bell	USA	3:59.8	020666		
Corey	Bellemore	CAN	3:57.20i	270118		
Samir	Benfarès	FRA	3:58.5+	120795		
Teófilo	Benito	ESP	3:57.71	040687	3:55.88	170991
Timo	Benitz	GER	3:59.86	190818		
Maurice	Benn	GBR	3:59.80	030668		
Kurtis	Benninger	CAN	3:58.75 i	050205	3:57.18	110109
Tony	Benson	AUS	3:59.8	180371		
Abdelkarim	Ben Zahra	MAR	3:58.58	150617		
Rich	Bergesen	USA	3:59.79	160587		
Kalle	Berglund	SWE	3:59.24	190818		
Mike	Berisford	GBR	3:59.24	180862		
Luc	Bernaert	BEL	3:56.89	030993		
Michel	Bernard	FRA	3:58.2	080763		
Bryan	Berryhill	USA	3:56.52	160199	3:54.87	200801
Brandon	Bethke	USA	3:59.85 i	090208		
Abdi	Bile	SOM	3:57.43	210784	3:49.40	020788
Ahmed	Bile	USA	3:58.54i	140215	3:57.84i	060216
Bethwell	Birgen	KEN	3:58.01	220809	3:50.42	010613
Jonah	Birir	KEN	3:52.54	300592		
Collis	Birmingham	AUS	3:59.84	040506	3:54.30	250709
David	Bishop	GBR	3:56.96	110714		
Paul	Bitok	KEN	3:58.8+	100896	3:56.39 i	130200
Sosthenes	Bitok	KEN	3:59.1	160580	3:56.1	190783
Peter	Biwott	KEN	3:53.16	290601		
Robert Kiptoo	Biwott	KEN	3:55.62	090616		
William	Biwott Tanui	KEN	3:49.29	030709		
now Ilham Tanui	Özbilen	TUR	3:52.30	130613		
Yusuf	Biwott	KEN	3:59.08	140810		
Mike	Blackmore	USA	3:59.80	120584	3:57.46	070588
Ben	Blankenship	USA	3:57.87i	060310	3:53.04	270517
Adrian	Blincoe	NZL	3:58.19 i	090202	3:54.40	070903
Richard	Block	USA	3:59.84	290685		
Elliott	Blount	USA	3:59.61 i	140106		
Johan	Boakes	GBR	3:58.01 i	250191		
Lars	Bøgh	DEN	3:59.37	160788		
Mircea	Bogdan	ROU	3:59.15 i	260108		
Blake	Boldon	USA	3:59.18 i	030307		
Josphat	Boit	KEN	3:59.4r	290406		
Mike	Boit	KEN	3:59.7	090773	3:49.45	280881
Jack	Bolas	USA	3:59.40 i	090208	3:57.39	100814

Steve	Bolt	USA	3:59.4i	280276		
Ewald	Bonzet	RSA	3:59.3	260275	3:57.3	210277
Jacob	Boone	USA	3:59.07 i	060209		
Kyle	Boorsma	CAN	3:59.67	110609		
Emmanuel	Bor	USA	3:58.77i	270118		
Julius	Bor	KEN	3:58.72	050408		
Atoi	Boru	KEN	3:57.69	190792		
Nadir	Bosch	FRA	3:58.49 i	120297	3:52.04	250800
Raul	Botezan	ROU	3:58.94i	110212	3:57.79 i	080213
Johan	Botha	RSA	3:57.00	160296		
Dominique	Bouchard	FRA	3:55.26	130787		
Tarek	Boukensa	ALG	3:52.34	070903	3:49.95	290705
Kamel	Boulahfane	ALG	3:59.30	070798		
Richie	Boulet	USA	3:58.62	110597	3:53.25	310598
John	Boulter	GBR	3:59.72	030765	3:58.6	240768
Abderrazak	Bounour	ALG	3:59.09	100682	3:58.02	160785
Peter	Bourke	AUS	3:58.0	171281	3:57.53	110686
Brahim	Boutayeb	MAR	3:54.86	190887		
Chris	Bowden	AUS	3:58.39	200297		
Don	Bowden	USA	3:58.7	010657		
John	Bowden	NZL	3:59.9	260180	3:58.84	300182
Jacky	Boxberger	FRA	3:57.6	070971		
Liam	Boylan-Pett	USA	3:59.40 i	300109	3:57.75	170713
Boško	Božinović	YUG/CRO	3:59.6	130679		
Clifton	Bradeley	GBR	3:57.88 i	090385		
Terry	Brahm	USA	3:59.35	070784	3:54.56	160784
Abdenacer	Brahmia	ALG	3:59.74	180889		
Amar	Brahmia	ALG	3:57.20	090981		
Nathan	Brannen	CAN	3:59.85	080701	3:52.63	070609
Mike	Brannigan	USA	3:57.58	050816		
Donavan	Brazier	USA	3:59.30 i	091217		
James	Brewer	GBR	3:54.80	250709		
Kelly	Britz	CAN	3:59.5	010683	3:58.46	160784
Tim	Broe	USA	3:59.38 i	060299	3:58.81 i	010302
Tom	Brooks	USA	3:59.31	280509		
Barry	Brown	USA	3:58.8	130573		
Darren	Brown	USA	3:59.99	050408	3:58.85	250708
Gareth	Brown	GBR	3:59.3r	300483		
		also	3:59.5	250884		
Reed	Brown	USA	3:59.30	010617	3:57.23 i	100218
Russell	Brown	USA	3:59.65 i	110206	3:51.45	040611
Ryan	Brown	USA	3:59.29 i	100207		
Spencer	Brown	USA	3:59.97 i	090219		
Dan	Browne	USA	3:59.37 i	010297	3:59.19 i	300199
Lucas	Bruchet	CAN	3:57.71 i	010214		
Deon	Brummer	RSA	3:56.58	070384	3:55.42	110387
Niall	Bruton	IRL	3:59.23	050791	3:53.93	050796
Gianni	Bruzzo	ITA	3:57.39	300592		
Reid	Buchanan	USA	3:59.24i	250218		
Michael	Buchleitner	AUT	3:54.28 i	010394		
Jack	Buckner	GBR	3:53.44	130782	3:51.57	290884
Tom	Buckner	GBR	3:58.87	050693		
Dick	Buerkle	USA	3:58.0	040673	3:54.93 i	130178
Andrey	Bulkovskiy	UKR	3:55.28	170894		
Andrew	Bumbalough	USA	3:58.46i	020208	3:56.12i	080213
Alan	Bunce	NZL	3:59.32	010790	3:59.10	170890
Jason	Bunston	CAN	3:59.70	010495		
Jacob	Burcham	USA	3:57.46 i	130216		
Antonio	Burgos	ESP	3:59.0	230474		
Bill	Burke	USA	3:58.70 i	010291	3:56.83	050693

Travis	Burkstrand	USA	3:59.69il	130216		
Dyrol	Burleson	USA	3:58.6	230460	3:55.6	070663
Darius	Burrows	GBR	3:59.91	050998		
Andreas	Busse	GDR/GER	3:53.55	200882		
David	Bustos	ESP	3:53.40	130613		
Andrew	Butchart	GBR	3:54.23i	040217		
Tom	Byers	USA	3:56.0i	130281	3:50.84	250882
Donn	Cabral	USA	3:56.41i	080213		
Fermín	Cacho	ESP	3:50.74	060791	3:49.56	050796
Neil	Caddy	GBR	3:59.6	060895	3:55.84	250896
Sean	Cahill	GBR	3:56.95	310879		
Peter	Callahan	USA	3:58.86 i	040212		
		<i>BEL</i>	<i>3:55.71 i</i>	<i>250218</i>		
Adrian	Callan	GBR	3:59.45	230785	3:58.28	130786
James	Cameron	USA	3:58.51 i	050311		
David	Campbell	CAN	3:58.91	160683	3:58.01	180786
David	Campbell	IRL	3:58.19	160208		
Jay	Cantin	CAN	3:59.90 i	050200	3:58.84	010704
Greg	Carlberg	USA	3:59.6i	130271		
Brett	Carney	USA	3:58.7r	280489		
José Luis	Carreira	ESP	3:59.32	080784	3:55.94	040687
Mark	Carroll	IRL	3:58.64	090793	3:50.62	280700
Hamish	Carson	NZL	3:59.11	280112	3:56.72	190116
Andy	Carter	GBR	3:59.3	100672		
Tom	Carter	GBR	3:57.30	060805		
Arturo	Casado	ESP	3:52.38	150607		
Patrick	Casey	USA	3:59.76i	040211	3:52.62	110714
Ted	Castaneda	USA	3:58.5	010674		
Matt	Centrowitz	USA	3:59.2	240575	3:54.94	260682
Matthew	Centrowitz	USA	3:57.92 i	140209	3:50.53	310514
Macklin	Chaffee	USA	3:58.80 i	120211		
Rudy	Chapa	USA	3:57.04	280581		
Chris	Chataway	GBR	3:59.8	280555		
Vincent	Chattei	USA	3:58.36i	100318		
Abraham	Chebii	KEN	3:55.31	040600		
Saïd	Chébili	FRA	3:52.21	160797		
Collins	Cheboi	KEN	3:51.44	020612	3:49.46	310514
Boaz	Cheboiywo	KEN	3:58.07 i	080203	3:57.00 i	310104
Abdelkader	Chékhémani	FRA	3:59.22	160798	3:55.57	290798
Paul	Chelimo	USA	3:55.96	190818		
David	Chemweno	KEN	3:56.60	010301		
Hillary	Chenonge	KEN	3:53.29	010603		
Abraham Kiplagat	Cheplati	KEN	3:59.68	020616		
Nixon Kiplimo	Chepseba	KEN	3:53.36	090611	3:50.95	130613
Alex	Cherop	UGA	3:54.85	170609		
Tesfaye	Cheru	ETH	3:56.50	010612		
Charles	Cheruiyot	KEN	3:57.76	260486	3:55.41	110687
Fred	Cheruiyot	KEN	3:52.92	020898		
Kipkoech	Cheruiyot	KEN	3:53.92	170883	3:52.39	020788
Ruben	Chesang	KEN	3:58.7 +	250895		
Timothy	Cheruiyot	KEN	3:55.80	300515	3:49.64	270517
Edward	Cheserek	KEN	3:56.43i	140215	3:49.44i	090218
Robert	Cheseret	KEN	3:59.23 i	260205		
Joseph	Chesire	KEN	3:53.09	020788	3:52.38	010789
Pat	Chesters	GBR	3:59.60	200785		
Cornelius	Chirchir	KEN	3:59.3	270800	3:50.40	080803
William	Chirchir	KEN	3:51.84	240600	3:47.94	280700
Lachlan	Chisholm	AUS	3:56.27	060505		
Augustine	Choge	KEN	3:51.62	150607	3:50.01	270713

Hamish	Christensen	NZL	3:59.91	180195	3:56.13	160199
Mark	Christie	IRL	3:58.99	060805		
Vincent	Ciattei	USA	3:59.576 i	030218		
Daniel	Clark	USA	3:59.45	200513	3:57.40	040813
Dave	Clarke	GBR	3:56.95	170782		
Fabian	Clarkson	GER	3:59.47i	020213		
Frank	Clement	GBR	3:57.44	100874	3:54.2	270678
Andy	Clifford	USA	3:59.49	080779	3:58.4	050682
Basil	Clifford	IRL	3:59.80	030864		
Phil	Clode	NZL	3:57.70	120191		
Matthew	Clowes	GBR	3:58.94i	310115		
Dale	Clutterbuck	GBR	3:59.23	250715		
Michael	Coe	USA	3:56.18	250409		
Sebastian	Coe	GBR	3:58.35	300876	3:47.33	280881
Eamonn	Coghlan	IRL	3:56.2	100575	3:49.78 i	270283
John	Coghlan	IRL	3:59.32 i	280112		
Jamaine	Coleman	GBR	3:59.89 i	190119		
Clyde	Colenso	RSA	3:59.66 i	260299	3:54.27 i	100201
Philippe	Collard	FRA	3:59.98	130987		
Andrew	Colley	USA	3:59.34	120414	3:58.17	110714
Olivier	Collin	CAN	3:57.25	240410		
Michael	Coltherd	GBR	3:59.25	250807		
Tony	Colon	PUR	3:59.1r	270473		
	also		3:59.3 *	200774		
Casey	Comber	USA	3:57.80 i	090219		
Ian	Connor	USA	3:58.24 i	080203		
Reed	Connor	USA	3:59.6	110816		
Doug	Consiglio	CAN	3:55.91 i	250186		
Frank	Conway	IRL	3:58.32 i	310188	3:56.78 i	220189
Mark	Coogan	USA	3:58.81	100689	3:58.8	090691
Garrett	Corcoran	USA	3:59.79i	270216		
Andrea	Cori	ITA	3:58.76	050993		
Ron	Cornell	USA	3:57.7	110580		
Marc	Corstjens	BEL	3:55.83	010791	3:54.57	100793
Tomas	Cotter	IRL	3:58.50	240715		
Donnie	Cowart	USA	3:58.43	010814		
Michael	Cox	USA	3:59.20	200496		
Tom	Coyle	USA	3:59;32i	280215		
Steve	Crabb	GBR	3:54.36	210784	3:51.76 hc	140887
Alistair	Cragg	IRL	3:59.94 i	280203	3:55.04 i	210106
John	Craig	CAN	3:58.05	080880		
Paul	Craig	CAN	3:59.8	010674	3:57.21	080880
Steve	Cram	GBR	3:57.42	020778	3:46.32	270785
Graham	Crawford	USA	3:56.05	050816		
Jim	Crawford	USA	3:59.6	230570	3:57.7	260671
Robby	Creese	USA	3:59.52 i	110212	3:57.11 i	080213
Shaun	Creighton	AUS	3:59.8	241190	3:59.46	240695
Johan	Cronje	RSA	3:58.81	161205	3:50.70	310514
Graham	Crouch	AUS	3:58.7	181270	3:55.59	010774
Joaquim	Cruz	BRA	3:53.00	130584		
Alan	Culpepper	USA	3:58.15	110597	3:55.12	250798
Paul	Cummings	USA	3:56.4	160374		
Eugene	Curran	IRL	3:58.54	080786		
Aunese	Curreen	SAM	3:59.91	160208		
Alistair	Currie	GBR	3:59.29	020885		
Bobby	Curtis	USA	3:57.20	200507		
Christian	Cushing-Murray	USA	3:57.70	010791	3:55.42	040695
Scott	Daggatt	USA	3:59.6	200673	3:58.8	240575
Mark	Dailey	USA	3:57.16	100793		

Clive	Dale	RSA	3:58.6	210277		
Colin	Dalton	AUS	3:59.44	110591		
Mickaël	Damian	FRA	3:55.76 i	010394		
Matt	Daniels	USA	3:59;89 i	150215		
Tim	Danielson	USA	3:59.4	010366		
Graham	Davidson	RSA	3:53.86	010603		
Mark	Davidson	USA	3:59.97 i	070209		
John	Davies	NZL	3:58.8	150263	3:56.80	030765
Stephen	Davies	GBR	3:59.18	250807		
Paul	Davies-Hale	GBR	3:56.5	200889		
Dwight	Davis	USA	3:59.29	160400		
Jonathan	Davis	USA	3:58.46 i	270118	3:58.06 i	190119
Marc	Davis	USA	3:54.30	160797		
Owen	Dawson	USA	3:59.74	270413		
Bob	Day	USA	3:58.9	050664	3:56.4	120665
Mark	Deady	USA	3:58.65 i	160291		
Ismael	Debjani	BEL	3:57.33	190818		
Billy	Dee	GBR	3:59.17	140791		
Liam	Dee	GBR	3:58.19i	260217		
Matt	De Freitas	GBR	3:58.48	050693		
André	de Hertoghe	BEL	3:57.3	040767	3:56.0	020768
Helder	de Jesus	POR	3:57.51	080880		
Ron	Delany	IRL	3:59.0	010656	3:57.5	060858
Pierre	Délèze	SUI	3:55.29	080880	3:50.38	250882
Robert	Denault	CAN	3:59.39i	240213	3:58.25i	070215
Rob	Denmark	GBR	3:59.7	020789	3:55.38	120890
Edgar M.	de Oliveira	BRA	3:58.38	170991	3:53.30	260596
Eddy	de Pauw	BEL	3:59.7	280787		
Degafa	Deriba	ETH	3:57.92	170609		
Chris	Derrick	USA	3:59.13 i	250212		
Jordan	Desilets	USA	3:59.83 i	070204		
Hudson	de Souza	BRA	3:55.63	310598	3:51.05	290705
Rudi	de Wijngaert	BEL	3:58.37	200783		
Dey	Dey	USA	3:59.96	010613		
Andrés	Díaz	ESP	3:56.19	190798	3:48.38	290601
Jon	Didriksson	ISL	3:57.63	250882		
Brian	Diemer	USA	3:59.93 i	120283		
Gennaro	di Napoli	ITA	3:59.5+	260591	3:51.96	300592
Roscoe	Divine	USA	3:59.1	020666	3:56.3	050670
Adam	Dixon	USA	3:59.39	200783	3:57.2i	220184
Rod	Dixon	NZL	3:59.6	260172	3:53.62	300675
Pavel	Dolgushev	RUS	3:58.89	250694		
Robert	Domanic	USA	3:54.73	010617		
Gerry	Donakowski	USA	3:59.1	090691		
Ross	Donoghue	USA	3:58.0	230679	3:55.26	130584
Paul	Donovan	IRL	3:55.82	030784		
Mirko	Döring	GER	3:57.50 i	010394		
Bill	Dotson	USA	3:59.0	230662		
Jim	Douglas	GBR	3:58.5	230769	3:56.0	100672
Richard	Douma	NED	3:57.60	220716		
Harry	Downes	AUS	3:59.7	090363		
Mike	Downes	GBR	3:56.47	310879	3:56.04	250882
Andy	Downin	USA	3:59.39	280401	3:56.25	030601
Simon	Doyle	AUS	3:59.22	150489	3:49.91	060791
Vince	Draddy	USA	3:58.2i	130282		
Mark	Draper	GBR	3:56.80 i	230110		
Hamza	Driouch	QAT	3:50.90	020612		
Rob	Druppers	NED	3:57.22	160685		
Éric	Dubus	FRA	3:58.63	120890	3:50.33	120895
Paul	Duffey	USA	3:59.30 i	110217		



Neill	Duggan	GBR	3:59.1	040666	3:56.1	110666
Greg	Duhaime	CAN	3:59.8	080881		
Tom	Duits	USA	3:56.6r	140478		
		also	3:59.2	290478		
Jason	Dullforce	GBR	3:58.42 i	140392		
Daniel	Dunbar	USA	3:59.06	150713		
Joe	Dunbar	GBR	3:59.9	180991		
Trevor	Dunbar	USA	3:59.06	150713	3:55.54	010617
Mike	Durkin	USA	3:56.7	310575		
Giuseppe	d'Urso	ITA	3:52.72	070799		
Andrew	Dusing	USA	3:59.10	040817		
Manson	du Toit	RSA	3:59.78	160296		
Byron	Dyce	JAM/USA	3:59.6	160571	3:57.34	010774
Michael	East	GBR	3:59.61	220701	3:52.50	210805
Hailu	Ebba	ETH	3:59.3	150472	3:57.9	190573
Ralf	Eckert	FRG/GER	3:58.42	080786		
Jake	Edwards	USA	3:59.47 i	010214	3:58.09	120414
Mal	Edwards	GBR	3:57.8	200987		
Gunnar	Ekman	SWE	3:57.7	050772		
Rachid	El Basir	MAR	3:54.84	040792		
Brahim	El Ghazali	MAR	3:57.75	120790	3:55.38	010791
Salah	El Ghazi	MAR	3:53.85	050898		
Hicham	El Guerrouj	MAR	3:53.71	220794	3:43.13	070799
Fouad	El Kaam	MAR	3:54.21	310514		
Adil	El Kaouch	MAR	3:57.40	160798	3:51.14	150607
Jeremy	Elkaim	USA	3:59.18 i	230213		
Andrew	Ellerton	CAN	3:58.68	010704		
David	Elliott	USA	3:57.38 i	130216		
Herb	Elliott	AUS	3:59.9	250158	3:54.5	060858
Matt	Elliott	USA	3:58.96	040611	3:57.16	010613
Peter	Elliott	GBR	3:58.54	280184	3:49.20	020788
Ken	Elmer	CAN	3:58.5	200673		
Hamid	El Mouaziz	MAR	3:56.76	150801		
Lee	Emanuel	GBR	3:57.91 i	060209	3:54.30 i	250114
Steve	Emson	GBR	3:58.9	310779	3:58.62	310879
Craig	Engels	USA	3:53.93 i	100218	3:53.89 i	030319
Elmar	Engholm	SWE	3:58.72	190718		
Des	English	IRL	3:58.71 i	250694		
Kirubel	Erassa	ETH	3:58.84 i	030312		
		USA	3:58.24 i	260113	3:57.86 i	270118
Lars	Ericsson	SWE	3:59.00	090977	3:57.67	030778
José Juan	Esparza	MEX	3:58.03i	080214		
James	Espir	GBR	3:57.91	140979	3:56.7	150881
Younéss	Essalhi	MAR	3:58.00	070618		
Alberto	Estebán	ESP	3:59.2	020768		
Reyes	Estévez	ESP	3:55.90	270895	3:51.82	120702
Chris	Estwanik	USA	3:58.17	010704		
John	Evans	GBR	3:59.97 i	260191		
Eoin	Everard	IRL	3:58.93	170713		
Joe	Fabris	USA	3:58.3	050682		
Simon	Fairbrother	GBR	3:59.5	200889	3:56.83	170890
Joe	Falcon	USA	3:56.77 i	310187	3:49.31	140790
Moussa	Fall	SEN	3:59.44	060886		
Christopher	Fallon	USA	3:59.37i	080213		
Anthony	Famiglietti	USA	3:58.23	040605	3:55.71	030606
Mohamed	Farah	GBR	3:56.49	060805		
Angel	Fariñas	ESP	3:56.19	170991		
Tom	Farrell	GBR	3:58.20i	260113		

Jack	Fath	USA	3:59.5	010668		
Matthew	Fayers	GBR	3:59.55i	140215	3:58.44 i	100218
Mark	Feig	USA	3:59.5	190573	3:58.5	270474
Steve	Fein	USA	3:59.35	130500		
Luís	Feiteira	POR	3:59.93	270499		
Ebeneza	Felix	RSA	3:59.59	140297		
Graeme	Fell	GBR	3:57.5	010683		
German	Fernandez	USA	3:56.50 i	240109		
Dylan	Ferris	USA	3:58.90 i	130210		
Jordan	Fife	USA	3:59.75 i	090208		
Denis	Fikes	USA	3:55.0	270474		
Eric	Finan	USA	3:58.73	050614		
Willy	Fink	USA	3:59.44	220518	3:57.69	140718
Robert	Finnerty	USA	3:59.42	150713		
Bruce	Fischer	USA	3:58.5	010674		
Reed	Fischer	USA	3:59.9i	090274		
Chris	Fisher	AUS	3:59.1	180371	3:57.37	180575
Grant	Fisher	USA	3:59.38	040615		
Enda	Fitzpatrick	IRL	3:56.36	090785		
Ben	Flanagan	CAN	3:57.75	050918		
Mac	Fleet	USA	3:57.70i	130210	3:56.77	100814
Karl	Fleschen	FRG/GER	3:56.03	090776	3:54.72	260877
Steve	Flint	GBR	3:58.68	260580		
Ray	Flynn	IRL	3:59.4	300477	3:49.77	070782
Steve	Foley	AUS	3:56.59	100779		
Vittorio	Fontanella	ITA	3:57.01	080880	3:52.31	190881
Keith	Forman	USA	3:58.3	260562		
David	Forrester	GBR	3:59.13 i	030312		
Craig	Forys	USA	3:58.02 i	060216		
Brendan	Foster	GBR	3:58.5	310571	3:55.9	100672
Ryan	Foster	AUS	3:58.49 i	290111		
Steve	Foster	USA	3:58.5	060575	3:55.1	300477
Deon	Fouché	RSA	3:58.23	121188		
Mark	Fountain	AUS	3:59.64	240503	3:53.24	210805
Johan	Fourie	RSA	3:56.3	070579	3:50.82	110387
Chris	Fox	USA	3:59.0i	150183		
Greg	Fredericks	USA	3:59.7	050878		
David	Freeman	PUR	3:59.61 i	110206		
Ernie	Freer	USA	3:59.04	040492		
Darryl	Frerker	USA	3:58.1 i	060288	3:57.50 i	140392
Mark	Fricker	USA	3:58.3	080582		
Hauke	Fuhlbrügge	GER	3:53.53	010791	3:50.52	060791
Peter	Fuller	AUS	3:56.8	090174		
Tommy	Fulton	USA	3:57.8	250573		
Passmore	Furusa	ZIM	3:58.77 i	110395	3:57.82 i	220297
Daniel	Gachara	KEN	3:58.49	250501		
Brian	Gagnon	USA	3:57.91 i	110212		
Elroy	Galant	RSA	3:59.29	200413		
Brian	Gallagher	USA	3:59.91 i	140298		
Sergio	Gallardo	ESP	3:56.78	070903	3:52.85	150607
David	Galván	MEX	3:59.04	180499		
Alberto	García	ESP	3:58.81	190798		
Anders	Gärderud	SWE	3:58.6	240867	3:54.45	300675
Jesse	Garn	USA	3:59.37i	020314	3:57.23	010617
Eric	Garner	USA	3:58.93 i	020302		
John	Garrison	USA	3:58.1	290565		
Gideon Mwangi	Gathimba	KEN	3:52.98	170609	3:50.24	070612
Kris	Gauson	USA	3:59.74 i	050311		
Sam	Gebremariam	USA	3:59.17	290400		

Mekonnen	Gebremehdin	ETH	3:50.74	030709	3:49.70	040612
Haile	Gebrselassie	ETH	3:57.6+	220897	3:52.39	270699
Andrew	Geddes	GBR	3:59.28	170787		
Moumin (Mumin)	Geele (Gala)	SOM	3:57.82	110807		
Paul	Geis	USA	3:58.0	200673		
Will	Geoghegan	USA	3:58.04i	250114	3:56.24	010617
Rémy	Geoffroy	FRA	3:59.36	130987	3:55.31	170888
Henning	Gericke	RSA	3:59.4	141181	3:56.17	070384
Matthew	Gibney	AUS	3:58.12 i	120211		
Greg	Gibson	USA	3:59.1i	160274		
Colby	Gilbert	USA	3:59.84i	300116	3:58.94i	140117
Mike	Gilchrist	NZL	3:59.60	260683		
Taylor	Gilland	USA	3:58.77i	080214		
Ian	Gillespie	GBR	3:58.64	050693	3:57.6	160698
Matthew	Gillespie	GBR	3:58.55i	260113	3:58.48i	080214
Matt	Giusto	USA	3:59.18	300391	3:55.58	260596
Tommy	Gjøлга	NOR	3:59.98	080893		
John	Gladwin	GBR	3:54.52	120986	3:51.02	190887
Justin	Gloden	LUX	3:59.9	170880	3:59.4	220880
Alex	Gonzalez	FRA	3:59.99	170880	3:52.78	140781
Benjamin	González	ESP	3:59.49	080784		
Christian	Gonzalez	USA	3:59.98 i	280112		
Francis	Gonzalez	FRA	3:57.3	250978	3:53.02	140781
José Luis	González	ESP	3:58.91	270879	3:47.79	270785
Mitchell	Goose	GBR	3:59.26 i	170212		
Danie	Goosen	RSA	3:57.8	210277		
Tim	Gorman	USA	3:58.78i	110217		
Werner	Gosewinkel	FRG/GER	3:59.1	020768		
Adam	Goucher	USA	3:57.63	150599	3:54.17	300599
Neil	Gourley	GBR	3:59.58i	050216	3:57.11	190818
James	Gowans	USA	3:58.24i	120216		
Chris	Gowell	GBR	3:57.85i	080213	3:57.29i	080214
Christian	Goy	GER	3:59.61 i	100301	3:59.43 i	010302
Allen	Graffin	GBR	3:59.86	050800		
Andy	Graffin	GBR	3:59.64	210899	3:54.70	230802
Derek	Graham	GBR	3:59.40	130866	3:59.24	200866
Sean	Graham	USA	3:58.4	100607		
Glen	Grant	GBR	3:59.47	300576	3:59.16	190676
Andy	Green	GBR	3:59.2	250864	3:57.74	030765
Steve	Green	GBR	3:59.6i	040394		
Paul	Greer	USA	3:59.79	100689		
John	Gregorek	USA	3:57.10	300581	3:49.98 i	260682
Johnny	Gregorek	USA	3:57.47 i	140215	3:49.98 i	030319
Ben	Gregory	USA	3:59.69	020607		
Ryan	Gregson	AUS	3:59.67	170609	3:52.24	140810
Jim	Grelle	USA	3:59.9	280462	3:55.4	150665
Bennie	Greyling	RSA	3:59.7	230382	3:54.59	091287
Rudolph	Greyling	RSA	3:58.93	090388		
Charlie	Grice	GBR	3:57.90	140712	3:52.64	280716
Cameron	Griffith	AUS	3:59.68 i	260119		
Paul	Grinsted	AUS	3:58.2	171281		
Ben	Groleau	USA	3:58.93 i	260119		
Morgan	Groth	USA	3:57.9	050664		
Charlie	Gruber	USA	3:58.51 i	100301	3:56.92	040605
Mogens	Guldborg	DEN	3:59.12 i	260288	3:53.36	100791
Jordan	Gusman	AUS	3:59.47	171215	3:57.29	231217
Gary	Gustafson	USA	3:58.4	010683		
Derek	Gutierrez	USA	3:59.48	010518	3:58.55 i	090219
Gawain	Guy	JAM/ USA	3:58.21 3:58.56	120683 090587	3:57.18	060687

Rolf	Gysin	SUI	3:56.88	160874	3:55.89	090776
Jürgen	Haase	GDR/GER	3:59.6i	200266		
Abdelkader	Hachlaf	MAR	3:52.42	280602	3:52.20	120702
Tim	Hacker	USA	3:55.7	050688	3:55.19	220789
Roger	Hackney	GBR	3:58.77	130786		
Markus	Hacksteiner	SUI	3:55.67	020787		
Jamal	Hairane	QAT	3:59.34	180817		
Ali	Hakimi	TUN	3:51.94	050796	3:50.57	260897
Murray	Halberg	NZL	3:57.5	060858		
Johnny	Halberstadt	RSA	3:59.9	040574		
Ken	Hall	AUS	3:59.6	160275	3:55.2	120875
Michael	Hall	USA	3:59.37 i	180218		
Steve	Halliday	GBR	3:59.4	170288	3:57.43	280889
Paul	Hamblyn	NZL	3:58.41	230205		
Ian	Hamer	GBR	3:59.9	160788	3:56.19	050791
Michael	Hammond	USA	3:58.41i	050311	3:57.70	120414
Blake	Haney	USA	3:59.10 i	300116	3:56.36i	200216
Philimon	Hanneck	ZIM	3:58.81 i	150292	3:53.13	300592
Pieter-Jan	Hannes	BEL	3:55.33	110614	3:51.84	110615
Harri	Hänninen	FIN	3:56.61	030790		
James	Hansen	AUS	3:59.32	231217		
Tom	Hansen	DEN	3:57.6	080774	3:54.78	300675
Nick	Happe	USA	3:58.73 i	030312		
Eric	Harasyn	USA	3:59.97 i	130210	3:58.99 i	110212
Todd	Harbour	USA	3:58.38	070780	3:50.34	110781
Holt	Hardy	AUS	3:58.04	200297	3:57.12	250298
Jamey	Harris	USA	3:59.19	270597	3:54.90	050898
Nick	Harris	USA	3:58.88	310518	3:58.55 i	260119
Richie	Harris	USA	3:58.3	040780	3:51.39	290884
Ronnie	Harris	USA	3:58.03	050693		
Scott	Harris	RSA	3:59.76	150494		
Tony	Harris	GBR	3:58.96	030765		
Rob	Harrison	GBR	3:56.76	100684	3:53.85	150786
John	Hartnett	IRL	3:58.3	120573	3:54.7	200673
Franek	Haschke	GER	3:55.85	120702		
Abdi	Hassan	USA	3:59.76 i	290110	3:58.50 i	130210
Chris	Hatler	USA	3:59.21i	110217		
Alex	Hatz	USA	3:58.68 i	110212		
Seki	Hayata	JPN	3:59.03i	250218		
Ryan	Hayden	CAN	3:58.27	180502		
Shane	Healy	USA	3:59.23	250694		
David	Heath	GBR	3:59.36	170789		
Elliott	Heath	USA	3:58.48	170712	3:57.91	100813
Garrett	Heath	USA	3:59.60 i	130107	3:53.15	270713
Kyle	Heath	USA	3:59.83 i	050310		
Martin	Hehir	USA	3:59.81i	310115		
Steve	Heidenreich	USA	3:59.6	100575	3:58.4	230775
Dan	Heikkinen	USA	3:59.05 i	230182		
Dirk	Heinze	GER	3:57.95 i	180102		
Marty	Hemsley	USA	3:59.70	170586		
Eric	Henry	USA	3:59.18 i	100390	3:58.72 i	220291
John	Henwood	NZL	3:59.35	060297		
Christoph	Herle	FRG/GER	3:57.52	050978		
Jeremy	Hernandez	USA	3:59.01 i	250218	3:55.66 i	030319
Jens-Peter	Herold	GDR/GER	3:49.22	020788		
Daniel	Herrera	MEX	3:56.13	010617		
Terrance	Herrington	USA	3:55.61	070791	3:53.64	040695
Siegfried	Herrmann	GDR/GER	3:59.9i	250262	3:58.6i	210265
Christian	Hesch	USA	3:58.68	130811		

Ivan	Heshko	UKR	3:56.74	270802	3:50.04	300704
Brian	Hewson	GBR	3:59.8	280555	3:58.9	030958
Malcolm	Hicks	NZL	3:59.87	280112		
Adelino	Hidalgo	ESP	3:59.59	130788		
Lorenzo	Hidalgo	ESP	3:58.88	300590		
Juan Carlos	Higuero	ESP	3:52.49	120702		
Daniel	Hill	AUS	3:58.57	040798		
Dave	Hill	CAN	3:55.89	260877		
Jim	Hill	USA	3:56.41	150582		
Ryan	Hill	USA	3:58.33 i	030212	3:54.89 i	160213
Mike	Hillardt	AUS	3:56.87	080880	3:51.82	280885
Matt	Hillenbrand	USA	3:57.00i	150214		
Len	Hilton	USA	3:59.1i	130271	3:55.9	160773
Salah	Hissou	MAR	3:58.7+	040899	3:52.54	070899
Niels	Hjørth	DEN	3:58.85	100783		
Dumisane	Hlaselo	RSA	3:56.84 i	120211		
Oliver	Hoare	AUS	3:59.70	010617	3:54.83 i	090219
Brandon	Hodgins	USA	3:59.68	070815		
Ulf	Högberg	SWE	3:59.8	040767	3:54.52	010774
Steve	Holman	USA	3:53.31	040792	3:50.40	040797
Matt	Holthaus	USA	3:58.80 i	100296	3:54.96	300599
Jakub	Holuša	CZE	3:56.75	040610	3:53.46	110615
Graham	Hood	CAN	3:58.75 i	240192	3:51.55	260897
Nick	Hopkins	GBR	3:59.4	150690		
Jordan	Horn	USA	3:58.67 i	130210		
Coby	Horowitz	USA	3:59.55i	300116		
Neil	Horsfield	GBR	3:54.39	080786		
Evert	Hoving	NED	3:58.16	060876	3:57.8	300777
Mark	Howard	GBR	3:59.3	020789		
Steve	Howard	CAN	3:58.8	140597		
Jim	Howarth	USA	3:59.75	040694		
Jerome	Howe	USA	3:59.4	290571	3:59.2	030575
Spýros	Hristópoulos	GRE	3:56.11	300592		
Joel	Hubbard	USA	3:59.64 i	300116	3:58.43i	130216
Ben	Hubers	USA	3:59.83i	250113		
Harald	Hudak	FRG/GER	3:55.61	260877		
Brandon	Hudgins	USA	3:59.67	070815		
Craig	Huffer	AUS	3:59.66	050610	3:57.81i	020213
Jeremy	Huffman	USA	3:59.81 i	010302		
Ray	Hughes	USA	3:59.78 i	020302		
Daniel	Huling	USA	3:58.24i	030312	3:57.99i	260217
Taton	Hull	USA	3:59.56 i	260119		
Colin	Hume	GBR	3:59.58 i	050383		
Thom	Hunt	USA	3:59.5i	130282	3:57.88 i	260282
Andrew	Hunter	USA	3:56.05 i	060216		
Charles	Hunter	USA	3:57.76 l	150219		
Rorey	Hunter	AUS	3:58.59	010617	3:57.45	020319
Tripp	Hurt	USA	3:59.46	040817	3:56.02	250818
Jake	Hurysz	USA	3:58.13i	140215	3:58.10i	200216
Mbarak	Hussein	KEN	3:59.66	210791		
Tim	Hutchings	GBR	3:57.83	020778	3:54.53	310782
Brian	Hyde	USA	3:59.92 i	280195	3:56.41	110597
Gareth	Hyett	NZL	3:59.80	110206	3:57.46	210707
Derek	Ibbotson	GBR	3:59.4	060856	3:57.2	190757
Bashar	Ibrahim	KUW	3:59.84 i	100301	3:59.55	280401
Jimmy	Igohe	TAN	3:59.06	210784		
Abdalaati	Iguider	MAR	3:59.79	150607	3:49.09	310514
Corey	Ihmels	USA	3:59.70 i	070397		
Christophe	Impens	BEL	3:59.43	300590	3:54.13 i	120297

Filip	Ingbrigtsen	NOR	3:55.02	090616	3:53.23	270517
Henrik	Ingbrigtsen	NOR	3:57.35	070612	3:50.72	110614
Jakob	Ingbrigtsen	NOR	3:58.07	270517	3:52.28	260518
Takashi	Ishii	JPN	3:59.7	101277		
Mohamed	Issangar	MAR	3:57.03	120890		
John Thuo	Itati	KEN	3:58.36	110801	3:56.97	150902
Jason	Jabaut	USA	3:59.07	040506	3:57.26	020607
Roosevelt	Jackson	USA	3:59.41 i	050288		
Brian	Jaeger	USA	3:59.47 i	270189		
Evan	Jager	USA	3:54.35	070609	3:53.33	310514
Steve	James	GBR	3:59.8	090684		
Joeri	Jansen	BEL	3:55.84	290705		
Stijn	Jaspers	NED	3:57.28	250882		
Michel	Jazy	FRA	3:59.8	031062	3:53.6	090665
John	Jefferson	USA	3:57.85 i	050205		
Sean	Jefferson	USA	3:56.44 i	050205		
Eric	Jenkins	USA	3:59.18i	110212	3:53.23i	110217
Gabe	Jennings	USA	3:59.32	190498	3:58.83 i	160208
Andrew	Jesien	USA	3:58.91 i	130210		
Ben	Jipcho	KEN	3:59.8	310868	3:52.17	020773
Jeff	Jirele	USA	3:58.26	030778		
Johannes	Job	RSA	3:57.37	140297		
Patrik	Johansson	SWE	3:59.21	100899		
Martin	Johns	NZL	3:54.10	260596		
Ashley	Johnson	RSA	3:59.79 i	040284		
Brett	Johnson	USA	3:58.62i	080213		
Gordon	Johnson	USA	3:56.24	040695		
Jim	Johnson	USA	3:58.8	200673		
Kevin	Johnson	USA	3:59.1i	150183	3:54.06	170884
Robbie	Johnston	NZL	3:59.96	190294		
Buck	Jones	USA	3:57.43	040694		
Earl	Jones	USA	3:58.76	170586		
Jerald	Jones	USA	3:57.9	270678		
Roger	Jones	USA	3:58.4i	130282		
Naude	Jordaan	RSA	3:59.49	050390		
Tony	Jordanek	USA	3:58.80 i	050310		
Patrick	Joseph	USA	3:59.59 i	030218		
Thomas	Joyce	USA	3:58.69	250415	3:58.47i	110217
Stanislav	Jungwirth	TCH/CZE	3:59.1	190757		
Miroslav	Juza	TCH/CZE	3:59.2	020665		
Peter	Kaal	RSA	3:59.9	270572		
James	Kaan	AUS	3:57.70	060811		
Mahmoud	Kalboussi	TUN	3:57.00	120790		
Grgregorz	Kalinowski	POL	3:58.07	240715		
Phil	Kane	USA	3:59.37	030778	3:55.77	250882
James	Karanu	KEN	3:59.35 i	290100	3:56.72	030601
Rolf	Kårevik	SWE	3:57.96	040777		
Sharif	Karie	USA	3:59.60 i	100201		
Chris	Katon	USA	3:59.19	040694		
Lars	Kaupang	NOR	3:59.9	310774		
Mitchell	Kealey	AUS	3:58.45	080707		
Mike	Kearns	GBR	3:57.86	260677		
David	Kebenei	KEN	3:59.35	170782		
Jack	Keelan	USA	3:59.62i	280117		
Kipchoge	Keino	KEN	3:54.16	300865	3:53.1	100967
Martin	Keino	KEN	3:58.73	040694	3:52.33	050796
Haron	Keitany	KEN	3:49.70	060608	3:48.78	070609
Andy	Keith	GBR	3:58.79 i	250192	3:56.29 i	220194

Yomif	Kejelcha	ETH	3:56.95i	270118	3:47.01 i	030319
Amon	Kemboi	KEN	3:59.52 i	260119		
Emmanuel	Kemboi	KEN	3:59.23	280700		
Nicholas Kiptanui	Kemboi	KEN	3:56.19	040611		
William	Kemei	KEN	3:48.80	210892		
Rich	Kenah	USA	3:59.43 i	120200		
Mark	Kennard	RSA	3:59.5	300379		
Bob	Kennedy	USA	3:58.11 i	090391	3:56.21	040694
Josh	Kerr	GBR	3:59.90i	100317	3:53.85 i	090219
Michael	Kerrigan	USA	3:59.60	200507		
John	Keyworth	GBR	3:59.43	140784		
Amine	Khadri	CYP	3:59.33	180717		
Mohamed	Khalidi	ALG	3:54.66	250800		
Omer	Khalifa	SUD	3:56.96	090979	3:53.74	170884
David	Kibet	KEN	3:56.45	170890	3:51.80	170991
Robert	Kibet	KEN	3:56.34	280889		
Vincent	Kibet	KEN	3:52.15	240814	3:51.17	270517
Yusuf	Kibet Biwott	KEN	3:58.84	170609		
Samuel	Kibiri	KEN	3:58.41 i	090391		
John	Kibowen	KEN	3:47.88	040797		
Brannon	Kidder	USA	3:59.48i	260113	3:56.06 i	100218
Gerry	Kiernan	IRL	3:59.12	190676		
David	Kimani	KEN	3:57.07	290400	3:56.69	220401
Isaac Kipruto	Kimeli	BEL	3:59.35	200717		
Kevin	King	USA	3:58.31	140686		
Kyle	King	USA	3:59.84	050610		
Alex	Kipchirchir	KEN	3:53.73	240503	3:50.25	070903
Shadrack	Kipchirchir	USA	3:55.52i	270118		
Eliud	Kipchoge	KEN	3:50.40	300704		
Gilbert	Kipchoge	KEN	3:59.36	060608		
Wilson	Kipketer	KEN	3:59.57	050793		
Stephen Arusei	Kipkorir	KEN	3:57.0+	120795		
Luke	Kipkosgei	KEN	3:55.0+	050698		
Benjamin	Kipkurui	KEN	3:49.34	250800		
Richard	Kiplagat	KEN	3:57.40 i	130106		
Silas	Kiplagat	KEN	3:52.32	140810	3:47.88	310514
David	Kiplak	KEN	3:52.45	280602		
Joseph	Kiprobon	KEN	3:59.34	210691		
Brimin	Kiprono	KEN	3:59.43	190518		
Asbel	Kiprop	KEN	3:48.50	070609		
Moses	Kiptanui	KEN	3:57.70	170890	3:54.01	060791
Nicholas	Kiptanui Kemboi	KEN	3:58.12	100607	3:50.83	060608
Julius	Kiptoo	KEN	3:53.53	030997		
Bernard	Kiptum	KEN	3:59.74 i	110206	3:58.32	110807
Mark	Kirk	GBR	3:59.67	130786		
John	Kirkbride	GBR	3:58.0	230769	3:56.5	100672
Wilfred	Kirochi	KEN	3:58.59	130788	3:49.77	060791
David	Kisang	KEN	3:59.5	120898	3:55.24	040600
Silas	Kisorio	KEN	3:57.34 i	130210	3:55.84 i	110212
Josphat Mutunga	Kithii	KEN	3:55.16	030710		
Kennedy	Kithuka	KEN	3:59.53i	260113		
Felix	Kitur	KEN	3:56.9 r	240410		
Brian	Kivlan	USA	3:57.4	010668		
Allan	Klassen	CAN	3:57.31	050693		
Joe	Klecker	USA	3:58.51 i	230219		
Ryan	Kleimenhagen	USA	3:59.00 i	280106		
Kasey	Knevelbaard	USA	3:58.54 i	260119		
Justyn	Knight	CAN	3:59.51i	310115	3:55.82i	270118
István	Knipl	HUN	3:55.13	290884		
Shane	Knoll	USA	3:57.36 i	070909		

Fumikazu	Kobayashi	JPN	3:59.06	150602		
Benson	Koech	KEN	3:55.45 i	150201		
Enock	Koech	KEN	3:51.50	290601		
Marko	Koers	NED	3:59.70 i	200196	3:53.47	300896
Daniel	Komen	KEN	3:58.0+	100896	3:46.38	260897
Daniel Kipchirchir	Komen	KEN	3:54.02	010704	3:48.28	100607
Amos	Korir	KEN	3:59.3i	120179		
Barnabas	Korir	KEN	3:59.32	090688		
Paul	Korir	KEN	3:48.17	080803		
Shedrack Kibet	Korir	KEN	3:55.72	220701	3:50.49	080608
Silas	Korisio	KEN	3:56.64 i	120211		
Shem	Kororia	KEN	3:58.8+	100896		
John	Kosgei	KEN	3:57.8+	100896	3:54.7+	010996
Kipsubai	Koskei	KEN	3:59.95	290877		
Sammy	Koskei	KEN	3:56.79	220882		
Aleksandr	Kostyetskiy	URS/RUS	3:59.32	030784		
Rachid	Kram	ALG	3:58.84	180786		
Ahmed	Krama	ALG	3:58.64	300896	3:52.72	160797
Jan	Kraus	TCH/CZE	3:59.41	090688		
Johnny	Kroon	SWE	3:55.17	150886		
David	Krummenacker	USA	3:58.62 i	070298	3:54.23	250798
Han	Kulker	NED	3:53.93	140885		
Yevgeniy	Kunts	RUS	3:59.22i	040218		
Harold	Kuphaldt	USA	3:59.73	160587		
Piotr	Kurek	POL	3:58.44	010983		
George	Kuschke	RSA	3:58.96	220318		
Arne	Kvalheim	NOR	3:59.4	060567	3:56.4	060671
Knut	Kvalheim	NOR	3:58.2	270473	3:56.2	310774
James	Kwalia	KEN	3:50.39	010603		
Ronald	Kwemoi	KEN	3:52.57	300515	3:49.04	270517
Eero	Kytölä	FIN	3:58.61	020787		
Amine	Laâlou	MAR	3:50.22	030710		
Sampson	Laari	GHA	3:58.78i	260217	3:58.65i	250218
Lee	LaBadie	USA	3:58.8	110571		
Chuck	LaBenz	USA	3:58.4	310569	3:56.9	300570
Steve	Lacy	USA	3:59.64	270577	3:54.7i	160279
Bernard	Lagat	KEN/ USA	3:55.65 i 3:53.61 i	060399 290105	3:47.28	290601
Haron	Lagat	KEN	3:58.48 i	090208		
Phillip	Lagat	KEN	3:57.55	240410		
Brahim	Lahlafi	MAR	3:59.8+	180800		
El Hassan	Lahssini	MAR	3:59.4+	100896		
Boaz Kiplagat	Lalang	KEN	3:58.34 i	150208	3:52.18	040610
Lawi	Lalang	KEN	3:59.13 i	120211	3:52.88 i	150214
Craig	Lambert	RSA	3:58.41	151284		
Alessandro	Lambruschini	ITA	3:59.46	300592		
De Villiers	Lamprecht	RSA	3:59.7	131164	3:57.7	131170
Tom	Lancashire	GBR	3:58.52 i	020306	3:53.39	140810
Johan	Landsman	RSA	3:59.41	040391	3:56.61	251191
John	Landy	AUS	3:57.9	210654		
Matthew	Lane	USA	3:57.57	260502		
Shadrack	Langat	KEN	3:58.87 i	130200		
Aaron	Lanzel	USA	3:59.88	190604		
Paul	Larkins	GBR	3:59.52 i	080286	3:56.65	170787
Brandon	Lasiter	USA	3:59.24	060615	3:59.11 i	090219
Seneca	Lassiter	USA	3:59.60 i	130298	3:54.21 i	100201
Ashworth	Laukam	GBR	3:59.1	160685		
Cyrille	Laventure	FRA	3:59.00	020885		
John	Lawson	USA	3:59.5	310569	3:59.2	300570



Paul	Lawther	GBR	3:58.49	190776	3:57.81	130783
Lorenzo	Lazzari	ITA	3:55.89	070799		
Jarrett	Leblanc	USA	3:59.95	240515		
Michael	Lederer	FRG/GER	3:58.30	290877	3:57.74	050978
Michael	Lederhouse	USA	3:59.54i	140215	3:58.42i	060216
Bert	Leenaerts	BEL	3:54.90	250800		
Will	Leer	USA	3:59.83 i	260108	3:51.82	110714
Frezer	Legesse	USA	3:58.95 i	110212	3:57.24	020616
Henok	Legesse	ETH	3:54.81	070609	3:57.48i	150214
Collin	Leibold	USA	3:59.51 i	090219		
David Kipkoech	Lelei	KEN	3:54.98	160798	3:53.14	070799
Wijbo	Lelieveld	NED	3:59.78	220581	3:59.6i	110283
Daniel	Lemashon	KEN	3:54.72	170609		
Shannon	Lemora	USA	3:57.47	040694		
Tony	Leonard	GBR	3:59.92	080779		
Bob	Lesko	USA	3:58.23	050693		
Cory	Leslie	USA	3:57.97 i	290111	3:53.44	110714
Vincent	Letting	KEN	3:57.44	110714		
Bruno	Levant	FRA	3:59.18	130987		
Cameron	Levins	CAN	3:59.80 i	300110	3:54.74 i	310115
Marcin	Lewandowski	POL	3:56.41 i	130219		
David	Lewis	GBR	3:59.6	270782	3:55.96	230883
Gary	Lewis	USA	3:58.6	250585		
Louis	Liebenberg	RSA	3:59.2	300379	3:58.1	070579
Greg	Liefeldt	RSA	3:59.06	250383	3:58.6	101283
Gert-Jan	Liefers	NED	3:51.39	010603		
Benjamin	Limo	KEN	3:59.4+	040899		
Daniel	Lincoln	USA	3:57.68	300704		
Matt	Lincoln	CAN	3:59.39 i	270107		
Merv	Lincoln	AUS	3:58.9	230357	3:55.9	060858
Bryan	Lindsay	USA	3:59.16	090405		
Marty	Liquori	USA	3:59.8	230667	3:52.2	170575
Andrew	Lloyd	AUS	3:56.52	270590		
Andrey	Loginov	RUS	3:57.99 i	140295		
Antti	Loikkanen	FIN	3:57.6	030777	3:56.18	030778
Klaas	Lok	NED	3:58.9	090978	3:57.69	220581
Joseph Lopez	Lomong	SUD	3:58.54	140407		
		USA	3:53.97	060608	3:51.21i	160213
Rob	Lonergan	CAN	3:59.29	180786	3:58.10	050886
Jason	Long	USA	3:59.99 i	150203		
Jaime	López de Egea	ESP	3:59.60	100682		
Gary	Lough	GBR	3:59.98	040994	3:55.91	270895
Greg	Love	USA	3:57.9r	260485		
Dan	Lowry	USA	3:59.30	040813	3:58.52i	140215
Ken	Lucks	CAN	3:58.96	160784		
Chris	Lukezic	USA	3:58.53 i	280106	3:54.46	280506
Jason	Lunn	USA	3:58.42 i	290100	3:54.43	240503
Juris	Luzins	USA	3:58.2	270572		
Reggie	McAfee	USA	3:59.3	210473	3:57.8	120573
Ian	McCafferty	GBR	3:56.8	110669		
Seamus	McCann	GBR	3:59.84	050788		
David	McCarthy	IRL	3:57.75 i	140209	3:55.75 i	280112
Bill	McChesney	USA	3:59.1	260780	3:56.36	280581
Nate	McClafferty	USA	3:59.95i	140215		
Alex	McClary	USA	3:57.32 i	130210		
Andy	McClary	USA	3:58.95 i	130210		
Peter	McColgan	GBR	3:59.37	180786		
Nick	McCormick	GBR	3:52.02	290705		
Morgan	McDonald	AUS	3:57.83i	060216	3:55.79	120717

Josh	McDougal	USA	3:57.46	310307		
Sam	McEntee	AUS	3:57.86i	280112	3:57.05	180718
Chris	McGeorge	GBR	3:58.97	270686	3:56.71	050788
Sean	McGorty	USA	3:59.34i	170115	3:53.95i	270216
Scott	McGowan	USA	3:58.91 i	290105	3:57.21	040605
Michael	McGrath	USA	3:59.25 i	040306		
Pat	McGregor	USA	3:58.70i	080214		
Jim	McGuinness	GBR	3:59.2	300875	3:55.0	110777
James	McIlroy	IRL	3:59.48	050998		
Benny	McIntosh	USA	3:58.25	040694		
Kevin	McKay	GBR	3:59.0	070589	3:53.64	220794
Ryan	McKenzie	CAN	3:58.52	010704		
Jim	McKeon	USA	3:58.62 i	190185	3:56.48	110786
Bill	McKim	GBR	3:59.4	220764		
Grant	McLaren	CAN	3:59.0	290772		
Hayden	McLaren	NZL	3:59.50 i	260108	3:57.78 i	140209
Mick	McLeod	GBR	3:59.38	230878	3:56.38	310879
Dave	McMeekin	GBR	3:59.7	300875	3:58.05	300876
Charlie	McMullen	USA	3:59.7	260573	3:56.9	200774
Paul	McMullen	USA	3:57.34 i	040295	3:54.94	220701
Jordan	McNamara	USA	3:59.87	160709	3:52.42	270713
Ryan	McNiff	USA	3:59.11 i	080213		
Stewart	McSweyn	AUS	3:55.97	180717	3:54.20	190818
Danny	Maas	USA	3:58.83	050693		
Ali Nabil	Maâtaoui	MAR	3:58.10	270802		
Driss	Maazouzi	FRA	3:52.62	020898	3:51.79	250800
Duncan	Macdonald	USA	3:59.6	160570	3:58.4	270572
Ron	Macdonald	GBR	3:59.7	300875	3:59.1	010975
Scott	MacDonald	CAN	3:59.40 i	050294		
Robert	Mack	USA	3:59.70	290512		
James Kiplagat	Magut	KEN	3:54.16	010612	3:49.43	310514
Travis	Mahoney	USA	3:58.61 i	080214	3:57.86 i	030319
Jonah	Maiyo	KEN	3:59.08 i	260205		
Charles	Makau	KEN	3:57.5	270800		
Taoufik	Makhloufi	ALG	3:52.94	010613	3:52.16	310514
Vincent	Malakwen	KEN	3:54.65	050796		
Danie	Malan	RSA	3:56.7	170275	3:54.6	260275
Matt	Maldonado	USA	3:59.08 i	250212		
Bronisław	Malinowski	POL	3:57.59	160874	3:55.40	090876
Benjamlin	Malone	USA	3:58.90 i	090219		
Fernando	Mamede	POR	3:59.43	060876		
Ryan	Manahan	USA	3:58.57i	140215		
Elijah Motonei	Manangoi	KEN	3:52.39	280516	3:49.08	270517
Larry	Mangan	USA	3:58.4	160580	3:56.9	190783
Steve	Mangan	USA	3:58.24i	140215		
Mike	Manke	USA	3:58.83	180878		
Jordan	Mann	USA	3:58.94i	250218		
Ali Bilal	Mansoor	BRN	3:56.18	020606	3:52.35	150607
Leonel	Manzano	USA	3:59.86 i	260205	3:50.64	140810
Bob	Maplestone	GBR	3:59.5i	190772	3:58.5	250573
Jose	Marajo	FRA	3:59.2	100978	3:50.98	090783
Edwin	Maranga	KEN	3:58.3	120898	3:55.80	030601
Sydney	Maree	RSA/ USA	3:57.9 3:48.83	151276 090981		
Moncho	Marinov	BUL	3:58.9	090774		
Justin	Marpole-Bird	CAN	3:58.76 i	130210		
Charlie	Marquardt	USA	3:55.97	030818		
Charles	Marsala	USA	3:58.73 i	160291		
Mike	Marsella	USA	3:59.97 i	310115	3:59.13 i	090219

Henry Tom	Marsh Marshall	USA	3:59.31	160885		
Eamonn Ken	Martin Martin	GBR	3:59.84 i	150217	3:58.31	120717
Ron	Martin	GBR	3:59.7	120683	3:59.30	230883
		USA	3:57.84	280581		
		GBR	3:58.0r	270474		
		also	3:58.9	110574		
Steve Ferdinand	Martin	GBR	3:56.71	100684	3:56.36	050886
Juan Martin	Martinez	MEX	3:57.92	130418		
Elijah	Martinez	MEX	3:58.4	240575		
Craig	Maru	USA	3:59.38i	100218		
Chris	Masback	KEN	3:53.49	200297		
John	Mason	USA	3:59.6	170678	3:52.02	170779
Riley	Mason	GBR	3:59.9	300570		
Matthew	Masters	USA	3:58.4	300570	3:57.9	170471
Julian	Maton	USA	3:59.97 i	130210	3:56.15 i	070215
Luke	Matthias	USA	3:59.38	080515	3:58.34i i	110217
Brendan	Matthews	NZL	3:58.57i	120211	3:56.91i	200216
Mark	Matthews	AUS	3:56.2	230216	3:54.53	270517
Kyle	Matthias	CAN	3:58.83	020690		
Simon	Matusak	USA	3:58.36 i	130210		
Jürgen	Mau	USA	3:59.17i	290118		
Tom	Maunder	NZL	3:59.28	220100		
John	May	GDR/GER	3:55.92	300865	3:53.8	111265
Marco	Mayo	GBR	3:55.57	220701	3:55.37	080803
Jermaine	Mayock	GBR	3:56.90	150991	3:50.32	050796
Zakaria	Mayr	SUI	3:58.02	280885		
Hassan	Mays	GBR	3:59.64	250807		
Luis	Mazouzi	MAR	3:59.68	250715		
Stefano	Mead	USA	3:59.89	080815	3:55.91	030818
Mahiedine	Medina	CUB	3:58.1	110579		
Deresse	Mei	ITA	3:55.96	010983		
Hailu	Mehkissi-Benabbad	FRA	3:51.55	110614		
Jonathan	Mekonnen	ETH	3:49.72	060608	3:48.95	030709
Josphat Kiprono	Mekonnen	ETH	3:54.78 i	130200	3:53.40	280700
Kyle	Mellor	GBR	3:58.76	270713		
Lee	Menjo	KEN	3:53.62	210810		
Jackson	Merber	USA	3:58.52i	050310	3:52.22 i	260217
Brett	Merrien	GBR	3:59.18	060805		
Greg	Mestler	USA	3:59.77 i	160219		
Howell	Meyer	USA	3:59.77	310518		
Mike	Meyer	USA	3:59.1i	280178		
John	Michael	USA	3:59.0	300570	3:56.4	110574
Sadik	Michno	USA	3:58.94 i	160291		
Chartt	Mickowski	USA	3:57.59 i	030312		
Cliffie	Mikhou	BRN	3:57.10	070618		
Craig	Miller	USA	3:59.99i	250218		
Kyle	Miller	RSA	3:58.84	181291		
Mike	Miller	USA	3:59.09 i	070309	3:55.09i	150214i
Ross	Miller	USA	3:55.38	040611		
Taylor	Miller	USA	3:59.86	130500	3:57.13	120501
Dietmar	Millington	GBR	3:59.86 i	290111		
Matt	Milne	CAN	3:56.54	110609	3:54.29	200412
Gu	Millonig	AUT	3:57.7	130679		
Craig	Miner	USA	3:59.01i	230213		
Roger	Ming	CHN	3:59.75	030606		
Rantso	Mochrie	GBR	3:59.6	280889		
Tom	Moens	BEL	3:58.9	040957		
Abdelmajid	Mokopane	RSA	3:58.92	220318		
	Moloney	IRL	3:57.70	130783	3:54.68	080786
	Moncef	MAR	3:59.52	010791		

Uwe David	Mönkemeyer Moorcroft	FRG/GER	3:56.84	170884		
Connor	Mora	GBR	3:59.9	260775	3:49.34	260682
Abderrahmane	Morceli	USA	3:59.36i	280117		
Noureddine	Morceli	ALG	3:58.19	090981	3:54.63	010983
Javier	Moro	ALG	3:59.79	100689	3:44.39	050993
Tony	Morrell	ESP	3:58.02 i	150201		
Norman	Morrison	GBR	3:58.5	090988	3:51.31	140790
Shane	Moskovitz	GBR	3:58.7	310571		
Jerry	Motsau	USA	3:59.48i	250113		
Alan	Mottershead	RSA	3:58.84	200413	3:56.62	220716
Craig	Mottram	GBR	3:58.8	120977	3:58.23	140979
Abdi Waiss	Mouhyadinj	AUS	3:53.06	130701	3:48.98	290705
Mohammed	Mourhit	DJI	3:57.97	300515		
Wander	Moura	MAR	3:56.49	170991		
Mohammed	Moustaoui	BRA	3:58.2	150495		
Ryan	Mphahlele	MAR	3:53.03	020606	3:50.08	060608
Leonard	Mucheru	RSA	3:59.44	220318		
Austin	Mudd	KEN	3:56.43	291000	3:49.75	290601
Simon	Mugglestone	USA	3:59.33i	020213	3:57.93i	090313
Tyler	Mulder	GBR	3:58.9	190590		
Willem	Muldner	USA	3:57.37	270413		
Rob	Mullett	RSA	3:56.65	140297		
Chris	Mulvaney	GBR	3:59.37 i	130210		
Keith	Munson	GBR	3:58.94 i	150203	3:58.35	140605
James	Munyala	USA	3:58.5i	220375		
Ciaran	Murphy	KEN	3:59.8i	110378	3:59.6	290478
Clayton	Murphy	GBR	3:58.68	240695		
Frank	Murphy	USA	3:57.11 i	060216	3:51.99	270517
James	Murphy	IRL	3:58.6	010668	3:58.1	070669
Gary	Murray	USA	3:59.99 i	160187		
Ross	Murray	IRL	3:59.52	060805		
Rick	Musgrave	GBR	3:52.77	140712		
Sammy	Mutai	USA	3:59.3	290576	3:58.00	050682
Paul	Mwangi	KEN	3:52.19	070899	3:50.60	290601
Dub	Myers	KEN	3:54.81	070798		
Rob	Myers	USA	3:57.06	140583	3:55.31	170586
		USA	3:58.64 i	080203	3:53.78	300704
Klaus-Peter	Nabein	FRG/GER	3:54.11	020986		
Cory	Nanni	USA	3:59.5 r	240410		
Rob	Napolitano	USA	3:58.98 i	120216	3:54.28 i	030319
Ken	Nason	IRL	3:58.91	010495	3:58.09	240695
Jacinto	Navarette	COL	3:59.87 i	130287		
Caleb Mwangangi	Ndiku	KEN	3:49.77	040611		
Keffri W.	Neal	KEN	3:58.02i	140215		
Erik	Nedeau	CAN	3:59.68 i	270293	3:57.28 i	250295
Seyoume	Negatu	USA	3:59.81	070681		
Ted	Nelson	ETH	3:59.4	100866		
Robert	Nemeth	USA	3:59.4	100866		
Mario	Neumann	AUT	3:58.43	170879	3:52.42	090981
Marc	Nevens	GER	3:56.09	170890		
Ken	Newton	BEL	3:58.03	060876		
Noah	Ngeny	GBR	3:59.8	120977		
John	Ngugi	KEN	3:50.41	160797	3:43.40	070799
Anton	Nicolas	KEN	3:56.75	120890		
Claude	Nicolaisen	RSA	3:59.30	181291		
Gunnar	Nicolas	FRA	3:59.1	020665		
Whaddon	Nielsen	DEN	3:59.1	010656		
Vladimir	Niewoudt	RSA	3:58.24	060393	3:57.21	150494
Björn	Nikitin	RUS	3:56.44i	040218	3:54.77 i	030219
	Nilsson	SWE	3:57.78	090977		

Vénuste James Eliud Chad Tom James Harald Jim Rob Craig Bartosz Yared Tiidrek John Suleiman Tom	Niyongabo Njoroje Njubi Noelle Nohilly Nolan Norpoth Norris Novak Nowak Nowicki Nuguse Nurme Nuttall Nyambui Nyariki	BDI KEN KEN USA USA IRL FRG/GER USA POL USA TAN KEN	3:54.71 3:58.78 i 3:56.84 3:59.57i 3:59.75 3:56.31 3:58.8 3:59.5 3:59.70 i 3:59.98i 3:57.19 3:57.93 i 3:59.74 3:58.83 3:58.7i 3:59.6	030993 090199 280401 080213 290495 270699 190566 230690 220111 110217 060811 130219 090811 140891 020279 100896	3:46.70 3:57.02 3:54.62 3:57.2 3:58.93 i 3:51.94 3:58.0+	260897 010617 070903 070971 20118 140781 030997
Julian Sean Christian Josef Peter Tom Chris Harald Marc Ciaran Fabio Vegard Ovidiu Frank Yobes Sean Michael Gerry Logan Zbigniew Niall Alexander Marcus Scott Steve Neil Ilham Tanui	Oakley O'Brien Obrist Odložil O'Donoghue O'Hara O'Hare Olbrich Olesen O'Lionaird Olivo Ølstad Olteanu O'Mara Ondieki O'Neill Openshaw O'Reilly Orndorf Orywal O'Shaughnessy Ostberg O'Sullivan Overall Ovet Ovington Özbilen	NZL USA ITA TCH/CZE NZL USA GBR FRG/GER CAN IRL ITA NOR ROU IRL KEN IRL GBR IRL USA POL IRL USA IRL GBR GBR TUR	3:58.89 3:59.05 i 3:59.74 3:56.4 3:58.20 3:59.2i 3:56.48i 3:59.33 3:58.08 3:57.99 3:55.94 3:58.79i 3:58.18 3:58.82 3:57.80 3:58.42 3:57.2 3:54.63 3:59.94 i 3:59.7 3:58.1 3:59.31 i 3:58.84 i 3:58.61 i 3:59.4 3:57.07 3:52.30	050614 140106 290601 171164 300182 150263 110211 210885 160683 080711 300592 140215 290594 230681 200690 070787 290598 140686 120119 030958 010576 260119 220183 290110 170774 110786 130613	3:55.10i 3:58.8 3:55.55 3:55.55 3:57.69 3:56.4 i 3:52.91i 3:52.10 i 3:51.06 3:55.32 3:55.4i 3:50.94 i 3:48.40 3:51.71	100218 100607 120702 300865 160784 060364 200216 160213 100986 100791 280177 130288 260881 110614
(formerly William Biwott Tanui		KEN) – see listing under that name				
Doug Cameron Don Adam Ford Keith Manuel Karl Sam Adrian Dave Claudio Zak William	Padilla Page Paige Palamar Palmer Palmer Pancorbo Paranya Parsons Passey Patrick Patrignani Patterson Paulson	USA AUS USA CAN USA USA ESP USA USA/GER GBR USA ITA AUS GBR	3:56.6i 3:54.77 3:58.10 3:59.91i 3:57.61 3:59.2 3:59.58 3:57.6 3:59.70 3:58.38 3:59.3i 3:59.18 3:59.56 3:59.94 i	210281 020713 070578 140215 010814 010674 130788 140597 050918 180786 170267 070681 191215 260119	3:54.2 3:54.19 3:55.60 3:54.92i 3:52.96 3:54.83 3:54.9 3:56.8 3:57.92 3:58.87 i	060889 160582 310816 260217 100793 300599 200889 010668 090981 230219

Jean-Pierre Ari	Paumen	BEL	3:59.6	220880		
Roland Tyler	Paunonen	FIN	3:55.65	260677		
Ken	Pauwels	BEL	3:58.8	280787		
Sam	Pennel	USA	3:58.99	040615		
Zach	Penney	GBR	3:59.90	140791		
Kyle	Penzenstadler	USA	3:58.21i	080214	3:57.29i	060216
Jan	Perrin	USA	3:59.00i	270216		
Richard	Perry	USA	3:59.16 i	020208		
Scott	Persson	SWE	3:57.23	070782		
Hervé	Peters	GBR	3:58.26 i	120211	3:56.04 i	140213
Charles	Petersen	AUS	3:55.75	200297		
Peter	Phélippeau	FRA	3:52.57	180889		
Duncan	Philbert-Tibout	CAN	3:58.85	100714	3:54.52	110615
Drew	Philipp	SUI	3:59.74	090698		
Stephen	Phillips	USA	3:58.82i	120211	3:56.10	050614
Gordon	Piazza	USA	3:59.03	040817	3:56.75	160718
Jozef	Pifer	USA	3:59.55 i	110206	3:56.12	030710
Malcolm	Pirie	GBR	3:59.9	230960		
Steve	Plachý	TCH/SVK	3:54.68	040777	3:52.59	030778
Konstantin	Plant	GBR	3:59.61	310879		
Vinko	Plasencia	USA	3:58.34	170782		
Tony	Plokhotnikov	RUS	3:59.01i	040218	3:58.63 i	030219
Willy	Pokrajčić	YUG/BIH	3:58.41	040681		
Vickson	Polhill	NZL	3:59.0	150771	3:57.0	150972
Andrew	Polleunis	BEL	3:57.9	090978		
Ken	Polonet	KEN	3:54.09	170609		
Richard	Poore	USA	3:58.85i	250113		
Mike	Popejoy	USA	3:59.7	090672	3:57.0	050573
Sam	Potts	NZL	3:59.80	151293		
Steve	Power	AUS	3:58.03	040695		
Isaac	Prakel	USA	3: 57.95i	130216	3:50.94 i	030319
Junior	Prefontaine	USA	3:57.4	050670	3:54.6	200673
David	Presson	USA	3:58.67	010613		
Ross	Prinsloo	RSA	3:59.37	121287		
Emiel	Proctor	GBR	3:59.14 i	270107		
Jason	Proudfoot	CAN	3:59.62	080714		
John	Puttemans	BEL	3:56.19	020773		
Dick	Pyrah	USA	3:58.43 i	110295	3:55.14	260596
Daniel	Quade	USA	3:57.3i	060288	3:54.6	060889
Victor	Quax	NZL	3:57.8	180370	3:56.23	090776
Jeremy	Quigley	USA	3:59.59i	010214		
Azat	Radebe	RSA	3:54.62	110387		
Aaron	Rae	CAN	3:59.62 i	060211	3:57.25 i	080214
Ruben	Rakipov	BLR	3:57.88	260794		
Matthew	Ramirez	USA	3:59.57	150593		
Rashid	Ramoleti	RSA	3:59.69	110311		
James	Ramsden	AUS	3:59.80	270517	3!57.89	160718
Jon	Ramzi	BRN	3:51.33	040605		
Bill	Randon	USA	3:58.85i	060316		
Jack	Rankin	USA	3:57.89	090405	3:54.24	110807
Tim	Rathbun	USA	3:59.94 i	160291		
José Antonio	Rayner	AUS	3:58.7	120217		
Ben	Redman	GBR	3:59.3	160685		
Dave	Redolat	ESP	3:49.60	290601		
Reuben	Reese	GBR	3:59.8i	140297		
Colin	Reid	CAN	3:58.03	160683	3:57.93	230785
	Reina	USA	3:58.88 i	180289	3:57.08i	250191
	Reitz	GBR	3:55.41	310782		

Peter Alex	Renner	NZL	3:59.7	130285		
David	Riba	USA	3:59.12 i	090218		
Jon	Ribich	USA	3:58.88 i	270118		
John	Richards	GBR	3:59.94	070787		
Jerry	Richardson	USA	3:59.35 i	020208		
Colin	Richey	USA	3:58.6	010668		
Jonathon	Ridding	GBR	3:57.42	050788		
Rick	Riley	USA	3:58.72 i	060299	3:57.07	110807
Jeff	Riley	USA	3:59.2	160570		
Alec	Riseley	AUS	3:54.24	130309	3:51.25	030709
Glen	Ritchie	CAN	3:59.59	160683		
Timothy	Ritchie	AUS	3:58.43	050788		
Sam	Ritchie	USA	3:58.49 i	280112		
Thomas	Ritz	USA	3:59.36 i	090219		
Alemayehu	Riva	CAN	3:59.00i	140215		
Stanley	Roba	ETH	3:58.13	190792		
Euan	Roberts	RSA	3:58.97	060393		
Zane	Robertson	NZL	3:58.94	260877		
Brett	Robertson	NZL	3:56.13	200412	3:53.72	110714
Paul	Robinson	AUS	3:58.56	010617		
Ricky	Robinson	IRL	3:59.99	080711	3:54.77	110614
Grant	Robinson	RSA	3:59.9	160381	3:58.95	250383
	Robison	USA	3:57.9r	270402		
		also	3:58.95 i	080303		
Nathan	Robison	USA	3:59.99 i	140204		
John	Robson	GBR	3:58.81	290877	3:52.44	110781
Cole	Rockhold	USA	3:59.55i	110217		
Kerry	Rodger	NZL	3:59.5	130285		
Alvaro	Rodriguez	ESP	3:58.15	090611		
Jeremy	Roff	AUS	3:55.05	250709		
Alex	Rogers	USA	3:59.01 i	190119		
Tony	Rogers	NZL	3:59.50	200382	3:55.18	160784
Johan	Rogestedt	SWE	3:55.01	220716		
Richard	Romo	USA	3:58.8	100866		
Geoffrey Kipkoech	Rono	KEN	3:58.60 i	210106	3:54.37	040610
Henry	Rono	KEN	3:59.2i	200377		
Peter	Rono	KEN	3:56.91	160788	3:51.41	100791
Robert	Rono	KEN	3:54.05	130701	3:50.98	070903
Sammy	Rono	KEN	3:53.63	290798		
Vincent	Rono	KEN	3:59.63	140407		
Francis	Rop	KEN	3:59.53	160296		
Larry	Rose	USA	3:59.5	160471	3:59.2i	090274
Nick	Rose	GBR	3:58.4	250773	3:57.49	080880
Ray	Roseman	GBR	3:59.8	230769		
Nick	Ross	USA	3:59.73	020616		
Anthony	Rotich	KEN	3:59.94 i	130315	3:59.93	250415
David	Rotich	KEN	3:59.50 i	040306		
Laban	Rotich	KEN	3:59.5+	290596	3:47.65	040797
Vincent	Rousseau	BEL	3:54.69	140885		
Brenton	Rowe	AUS/ AUT	3:59.93 3:58.05	130309 200412		
Mark	Rowland	GBR	3:55.72	110786	3:52.99	100986
István	Rózsavölgyi	HUN	3:59.0	260856		
Paul	Rugut	KEN	3:59.93 i	050383	3:56.35	310883
Diego	Ruiz	ESP	3:57.21	090611		
Galen	Rupp	USA	3:57.86 i	070309	3:50.92 i	260113
Allan	Rushmer	GBR	3:58.7	260867		
Michael	Rutt	USA	3:57.18	270413		
Kevin	Ryan	USA	3:57.60	040683	3:55.9	190783
Paul	Ryan	USA	3:58.79 i	230219		

Markus	Ryffel	SUI	3:58.05	290884		
Jim	Ryun	USA	3:59.0	050664	3:51.1	230667
Ben	St Lawrence	AUS	3:59.58	140913		
Donald	Sage	USA	3:59.49 i	020302		
Abdelaziz	Sahere	MAR	3:59.52	250889	3:56.14	140790
Ali	Saïdi-Sief	ALG	3:56.28	160797	3:48.23	130701
Olavi	Salonen	FIN	3:59.1	210862		
Alan	Salter	GBR	3:58.31	090682	3:56.99	090785
Edgard	Salvé	BEL	3:57.4	200969		
Fred	Samoei	KEN	3:59.34	300411		
Alberto	Sánchez	ESP	3:57.97	170713		
Meshak	Sang	KEN	3:59.65	100899		
Archie	San Romani	USA	3:57.6	050664		
Alfredo	Santana	PR	3:58.03i	270118		
Steve	Savage	USA	3:59.2	050670		
Jukka	Savonhiemo	FIN	3:56.37	030790		
Jonathan	Kiplimo Sawe	KEN	3:57.03	270413		
Pat	Scammell	AUS	3:59.01	130382	3:53.58	070291
Haico	Scharn	NED	3:59.3	040973	3:57.18	160874
Jeff	Schemmel	USA	3:59.4	010674	3:58.18	190576
Mark	Schilling	USA	3:58.6	090673		
Brad	Schlapak	USA	3:59.91	100689	3:58.5	090691
Marius-Hugo	Schlechter	RSA	3:59.0	141285		
Jon	Schmidt	USA	3:59.0r	280480		
Tommy	Schmitz	USA	3:58.92	250409	3:56.45	050614
Bob	Schul	USA	3:59.1	130664	3:58.9	120864
Clay	Schwabe	USA	3:59.43	120501	3:58.91	070701
Derek	Scott	USA	3:57.87	230509		
Steve	Scott	USA	3:59.7i	150177	3:47.69	070782
Mark	Scruton	GBR	3:58.95	100684		
Bob	Seaman	USA	3:58.07	180862		
Azzeddine	Sediki	MAR	3:55.67	170894		
Jeff	See	USA	3:58.70	020607	3:55.24	130811
Mark	See	AUS	3:58.61	290116		
Anas	Selmouni	MAR	3:52.66	010603		
Hezekiel	Sepeng	RSA	3:57.33	160296		
Louis	Serafini	USA	3:59.33i	250218		
Tony	Settle	GBR	3:59.4	300875	3:58.8	290576
Benson	Seurei	KEN	3:56.78	150613		
Ismail	Sghir	MAR	3:54.0+	120795		
Vyacheslav	Shabunin	RUS	3:53.54	260794	3:49.83	290601
Mohamed Othman	Shahween	KSA	3:52.52	060608	3:52.00	090611
Aléxis	Sharangabo	RWA	3:57.82	190800		
David	Sharpe	GBR	3:59.02	270590		
Blake	Shaw	USA	3:59.85 i	060310		
Darin	Shearer	USA	3:59.76	160897	3:58.6	210599
Cliff	Sheehan	USA	3:59.2	270485		
William	Sheeran	USA	3:59.15i	280117		
Steve	Sherer	USA	3:56.00 i	020208		
Kiyonari	Shibata	JPN	3:58.89	110596		
Matthew	Shone	GBR	3:58.66	060805		
Brian	Shrader	USA	3:59.41i	190118		
Lahoussine	Siba	MAR	3:59.33	240793		
Mário	Silva	POR	3:58.90	130788	3:53.30	170991
Rui	Silva	POR	3:58.95	270499	3:49.50	120702
John	Simons	USA	3:59.32i	020313	3:58.95	070618
Charles Cheboi	Simotwo	KEN	3:59.24	190518		
Suleiman Kipses	Simotwo	KEN	3:50.82	290705		
Alan	Simpson	GBR	3:56.6	070665	3:55.68	300865



O'Niel	Simpson	RSA	3:59.38	071187		
Len	Sitko	USA	3:59.29 i	140392		
Mark	Sivieri	USA	3:59.85 i	280194		
Mike	Slack	USA	3:59.7i	260174	3:58.7i	090274
Miichael	Slagowski	USA	3:59.53	020616		
Steve	Slattery	USA	3:59.78	190604	3:56.75	030606
Eddie	Slowikowski	USA	3:59.36 i	180290	3:58.62 i	230290
Chris	Sly	GBR	3:59.69	080779	3:58.85	080880
Ray	Smedley	GBR	3:59.0	150972	3:57.7	270474
Valentin	Smirnov	RUS	3:56.06 i	040218		
Hendrik	Smit	RSA	3:59.8	230474	3:59.0	151175
Barry	Smith	GBR	3:58.96	040775	3:57.46	080880
Christian	Smith	USA	3:59.60 i	040306		
Geoff	Smith	GBR	3:55.8	150881		
Maurice	Smith	USA	3:59.70	300686	3:55.53	290790
Max	Smith	NZL	3:59.33	270106	3:56.46	210707
Tom	Smith	USA	3:58.3	040779	3:54.65	130584
Peter	Snell	NZL	3:54.4	270162	3:54.03	171164
Steve	Sodaro	USA	3:59.42	240410		
Pablo	Solares	MEX	3:58.50 i	150208	3:54.52 i	070209
Chris	Solinsky	USA	3:57.80	060506	3:54.52 i	120211
Isaac Kiprono	Songok	KEN	3:54.56	200801		
Christian	Soratos	USA	3:55.27i	140215	3:54.23i	110217
Jim	Sorensen	USA	3:59.70	150593	3:59.16 i	020396
Ruben	Sørensen	DEN	3:57.70	090979	3:57.16	140979
Ayanleh	Souleiman	DJI	3:50.21	020612	3:47.32	310514
Neil	Speaight	GBR	3:58.49 i	280106		
Eric	Speakeman	NZL	3:57.30	190116		
Ron	Speirs	USA	3:56.9	300477		
Lawrie	Spence	GBR	3:58.8	120977		
Sarel	Spies	RSA	3:58.22	010392		
Ed	Spinney	USA	3:57.34	280581		
Peter	Spir	CAN	3:58.71	140677		
Jim	Spivey	USA	3:58.9i	090280	3:49.80	050786
Kieran	Stack	IRL	3:59.4i	060288		
Mike	Stahr	USA	3:58.79 i	260186	3:57.25	110786
Gary	Staines	GBR	3:59.24	200785	3:53.82	120890
Mick	Stanovsek	AUS	3:57.90i	270118	3:56.90	190718
Paul	Steeds	CAN	3:59.6	120480	3:59.5	080882
Róbert	Štefko	SVK	3:58.20	070798		
Michael	Stember	USA	3:59.31	040798	3:58.40 i	290100
Rüdiger	Stenzel	GER	3:56.02	210892	3:52.46	260897
Alastair	Stevenson	AUS	3:58.40	220100		
Ricky	Stevenson	GBR	3:57.90	250709	3:56.31 i	230110
Glen	Stewart	GBR	3:59.56	250896		
Ian	Stewart 1	GBR	3:57.3	110669		
Ian	Stewart 2	GBR	3:58.94	260580	3:53.20	250882
Peter	Stewart	GBR	3:58.7	110669	3:55.3	100672
Joe	Stilin	USA	3:59.98i	030312	3:58.66i	260113
Bruce	Stirling	USA	3:59.1	020788		
Boujamaa	Stouti	MAR	3:58.44	160798		
Dan	Strackeljahn	USA	3:59.77	060609		
David	Strang	GBR	3:59.40 i	220292	3:54.30	220794
Jürgen	Straub	GDR/GER	3:55.34	260877		
Lars Ove	Strømø	NOR	3:59.66	200785	3:59.10	280885
Brandon	Strong	USA	3:59.59 i	020302		
Ian	Studd	NZL	3:58.61	130866		
Tyler	Stutzman	USA	3:58.85i	230213	3:58.57i	150214
Alejandro	Suárez	MEX	3:59.81	140605		
Carlos	Suárez	ESP	3:59.27 i	260299		

Mohammed	Suleiman	QAT	3:58.58	150991	3:51.12	120895
Waleed	Suliman	USA	3:56.78 i	090219		
Kevin	Sullivan	CAN	3:59.29	190693	3:50.26	280700
Terry	Sullivan	RHO	3:59.8	230960		
Seth	Summerside	USA	3:57.84	210707		
Brad	Sumner	USA	3:59.11	290495		
Jim	Svenøy	NOR	3:58.74	220794		
Sol	Sweeney	GBR	3:59.85 i	190219		
Ken	Swenson	USA	3:59.1	030575		
Justin	Switzer	USA	3:58.86 i	070209		
Nick	Symmonds	USA	3:56.72 i	130107		
Henryk	Szordykowski	POL	3:58.9i	120271	3:58.8	050772
László	Tábori	HUN	3:59.0	280555		
Bouabdellah	Tahri	FRA	3:52.95	120702		
Kumari	Taki	KEN	3:59.20	070618		
Sam	Tanner	NZL	3:58.41	020319		
William	Tanui	KEN	3:56.87i	040392	3:50.57	260897
Damé	Tasama Faisa	ETH	3:58.74	210707		
Ryuji	Tatezawa	JPN	3:57.43i	250218		
Richard	Taylor	NZL	3:58.8	230171		
David	Taylor	IRL	3:59.19	240680	3:54.48	130783
Gary	Taylor	GBR	3:58.26 i	170186	3:57.15	050788
Matt	Taylor	USA	3:57.84i	250191		
Stan	Taylor	GBR	3:58.01	180862		
Cooper	Teare	USA	3:59.29i	270118	3:59.21 i	260119
Samuel	Tefera	ETH	3:51.26	260518		
Matt	Tegenkamp	USA	3:56.38	060506		
Matthews	Temane	RSA	3:55.4	090383		
Paul	Tergat	KEN	3:58.4	120896		
Homiyu	Tesfaye	GER	3:49.86	110614		
Brian	Theriot	USA	3:56.10	210784		
James	Thie	GBR	3:58.26	150902	3:57.71 i	140203
Jeff	Thies	USA	3:59.89 i	090219		
Pascal	Thiébaud	FRA	3:52.02	210784		
Jeff	Thode	USA	3:58.72 i	050311		
Albie	Thomas	AUS	3:58.6	060858	3:58.3	210364
Ieuan	Thomas	GBR	3:59.31 i	050217		
Gavin	Thompson	GBR	3:59.05 i	070204		
Mark	Thompson	USA	3:59.29	260709		
Joshua	Thompson	USA	3:58.33i	130216	3:56.89i	110217
Jacob	Thomson	USA	3:57.07	030818		
Karl	Thornton	USA	3:57.9	270474		
Patrick	Tiernan	AUS	3:57.59	180717		
David	Timlin	USA	3:57.69	070618		
Sean	Tobin	IRL	3:59.91i	150214	3:57.00	180717
Patrick	Todd	USA	3:59.76	040611		
Balázs	Tölgyesi	HUN	3:55.34	250896		
Jeremy	Tolman	USA	3:59.99 i	100301		
Taresa	Tolosa	ETH	3:57.92	070618		
Michael	Too	KEN	3:54.60	280602	3:53.69	010603
Aidan	Tooker	USA	3:59.39 i	260119		
Valeriy	Toropov	URS/RUS	3:58.92	170879		
David	Torrence	USA/ PER	3:58.62 3:53.21	280407 010617	3:52.01	020612
Héctor	Torres	MEX	3:59.03	190498		
László	Tóth	HUN	3:58.91	280885		
John	Trautmann	USA	3:58.52 i	090391	3:58.23	240592
John	Travers	IRL	3:55.44	110714		
Ryan	Travis	USA	3:59.69 i	070298	3:59.51 i	060399

Pat	Traynor	USA	3:59.0	100868		
Brian	Treacy	IRL	3:59.91	070899		
Richard	Tremain	CAN	3:59.71	190800		
Norm	Trerise	CAN	3:59.1	050670		
Andy	Trouard	USA	3:59.01i	270118		
Ben	True	USA	3:59.99	170607	3:57.31i	280117
Mark	Tucker	AUS	3:59.99	050604	3:58.37	230205
Phillip	Tulba	GBR	3:59.7	190898		
Bruce	Tulloh	GBR	3:59.3	270162		
Bodo	Tümmler	FRG/GER	3:54.7	020768	3:53.8	220868
Gareth	Turnbull	IRL	3:57.89	290400	3:57.61	270402
Geoff	Turnbull	GBR	3:59.41	120683	3:57.66	180786
De'Sean	Turner	USA	3:59.81 i	030312	3:58.27i	220214
Monde	Tutani	RSA	3:56.12	131286		
Richard	Tuwei	KEN	3:59.96 i	120383	3:59.56	150883
Darien	Ulrey	USA	3:57.60 i	240109	3:55.62	010612
Siegfried	Valentin	GDR/GER	3:56.5	280559		
Karl	Van Calcar	USA	3:59.35	070588		
Paul	Vandegrift	USA	3:59.60	310892	3:57.88 i	060294
Hans	van der Veen	RSA	3:58.8	141285		
Peter	van der Westhuizen	RSA	3:59.80	160296	3:54.90	040610
Juan	van Deventer	RSA	3:51.31	060608		
Luca	Vandi	ITA	3:57.93	280889		
William	van Dijck	BEL	3:57.59	140885		
Marius	van Heerden	RSA	3:57.49	160296		
Erik	Van Ingen	USA	3:59.58 i	300110	3:56.37 i	110212
Francois	van Rensburg	RSA	3:59.77	251191	3:58.20	250394
Jacques	van Rensburg	RSA	3:59.84	131286	3:57.62	171290
Fanie	van Zijl	RSA	3:59.3	201267	3:56.0	270572
Pekka	Vasala	FIN	3:57.2	050772	3:57.13	010774
Nikolai	Vehedin	EST	3:59.93	250812		
Jari	Venäläinen	FIN	3:56.81	020787		
Andrés	Vera	ESP	3:55.33	210784		
Bob	Verbeeck	NED	3:57.98	200783	3:57.81	090385
Jean	Verster	RSA	3:55.76	121188		
Gerard	Vervoort	FRA	3:59.9	090665		
Lukas	Verzbickas	LIT	3:59.71	110611		
Isaac	Viciosa	ESP	3:52.72	220794		
Carlos	Villareal	MEX	3:57.64 i	100218	3:57.27 i	150219
Andreas	Vojta	AUT	3:53.95	130613		
Tom	Von Ruden	USA	3:56.9	230667		
Olavi	Vuorisalo	FIN	3:59.1	070857		
Jean	Wadoux	FRA	3:57.2	020665		
Dan	Waern	SWE	3:59.3	191757	3:58.5	040957
Wilson	Waigwa	KEN	3:57.2i	160274	3:50.73	310883
Tony	Waldrop	USA	3:58.4	210473	3:53.2	270474
Andrew	Walker	IRL	3:58.96	291000		
John	Walker	NZL	3:58.8	070773	3:49.08	070782
Chris	Warburton	GBR	3:58.44	110807	3:58.20	250708
Jon	Warren	USA	3:59.30	040694		
Ahmed	Warsama	QAT	3:59.74	310891	3:57.58	050993
Henryk	Wasilewski	POL	3:57.61	260877		
Jake	Watson	USA	3:59.40	020607		
Luke	Watson	USA	3:57.83 i	080203		
Peter	Watson	AUS	3:58.0	070773		
Adrian	Weatherhead	GBR	3:58.5	190671	3:57.59	290875
Alan	Webb	USA	3:59.86 i	200101	3:46.91	210707

Cary	Weisiger	USA	3:59.3	260562	3:56.6	070663
Paul-Heinz	Wellmann	FRG/GER	3:58.9	050772	3:56.26	040876
Thomas	Wessinghage	FRG/GER	3:54.14	300675	3:49.98	170883
James	West	GBR	3:58.69	220716	3:57.75 i	160219
Graeme	Wells	CAN	3:58.22	250708		
Andrew	Wheating	USA	3:58.16	260408	3:51.74	030710
Bob	Wheeler	USA	3:59.9	190671	3:59.2	090672
Keith	Wheeler	AUS	3:59.81	130866		
Steve	Wheeler	USA	3:59.4	200474		
Bob	Whelan	USA	3:58.82 i	110389	3:58.77i	100390
John	Whetton	GBR	3:58.95	030864	3:57.68	030765
Greg	Whiteley	USA	3:59.15	100689	3:55.80	040695
Anthony	Whiteman	GBR	3:59.44	151095	3:51.90	160798
Zach	Whitmarsh	CAN	3:58.78 i	020202		
Ray	Wicksell	USA	3:59.7	220380	3:56.23	040181
Mike	Wiggs	GBR	3:59.5	120665	3:57.5	0507 65
Jake	Wightman	GBR	3:57.80	250715	3:54.20	220716
Raf	Wijns	BEL	3:58.69	200783	3:57.9	250585
Dave	Wilborn	USA	3:56.2	230667		
John	Wild	GBR	3:59.79	010495		
Walter	Wilkinson	GBR	3:59.9	210765	3:56.6	310571
Cole	Williams	USA	3:57.88i	060216		
Lex	Williams	USA	3:59.40	070815		
Michael	Williams	USA	3:59.63i	080214		
Paul	Williams	CAN	3:58.6	010683		
Graham	Williamson	GBR	3:56.40	020778	3:50.64	130782
Jamie	Williamson	GBR	3:58.97	160718		
Jordan	Williamsz	AUS	3:58.7	270413	3:56.84i	150214
Ned	Willig	USA	3:58.09 i	280117		
Nick	Willis	NZL	3:55.93 i	080203	3:49.83	110614
Steve	Willis	NZL	3:59.04	220100	3:58.15i	080203
Dan	Wilson	USA	3:59.14 i	040201		
Davey	Wilson	GBR	3:59.9	300591		
Randy	Wilson	USA	3:58.74	120584		
Daniel	Winn	USA	3:57.62i	140215	3:56.73	220716
Connor	Winter	USA	3:59.76i	130216		
Mark	Winzenried	USA	3:59.5	040372		
Peter	Wirz	SUI	3:59.75	270879	3:55.68	110786
Ryan	Witt	USA	3:59.91	100512		
Dave	Wittman	USA	3:59.28 i	050294	3:57.31	040695
Rick	Wohlhuter	USA	3:58.8	020673	3:53.3	310575
Dawit	Wolde	ETH	3:57.48	010612	3:54.02 i	170216
Million	Wolde	ETH	3:58.21	270699		
Ken	Wood	GBR	3:59.3	190757		
Kieran	Wood	GBR	3:59.64 i	020219		
Brad	Woods	AUS	3:58.89	070707		
Jay	Woods	USA	3:58.2i	110283	3:54.40 i	270283
Michael	Woods	CAN	3:57.48	280705		
Jason	Woolhouse	NZL	3:59.80	130309		
Samuel	Worley	USA	3:58.04 i	100218	3:57.98 i	090219
Dave	Wottle	USA	3:59.0	060670	3:53.3	200673
Aman	Wote	ETH	3:54.73	010612	3:48.60	310514
Willi	Wülbeck	FRG/GER	3:56.38	030779		
Mike	Wyatt	USA	3:58.0	180580		
Henry	Wynne	USA	3:58.74i	300116	3:51.26 i	030319
Mohammad	Yagoub	SUD	3:58.62	030997		
Pavel	Yakovlyev	URS/RUS	3:57.14	300885		
Takeshi	Yamamoto	JPN	3:59.25	110596		
Matthew	Yates	GBR	3:59.7	060989	3:52.75	100793

Raymond	Yator	KEN	3:55.12	270501		
Alfred Kirwa	Yego	KEN	3:55.18	040611		
Isaic	Yorks	USA	3:59.04i	150214	3:53.40i	250218
Benjamin	Young	USA	3:59.59i	090218		
George	Young	USA	3:59.6	040372		
Roy	Young	GBR	3:59.4	140771		
Andrey	Zadorozhniy	RUS	3:55.66	090698		
Ioan	Zaizan	ROU	3:57.73	170713		
Dragan	Zdravković	YUG/SRB	3:57.80	040681	3:52.24	170883
Daniel	Zegeye	ETH	3:57.92	270501	3:57.40	030601
János	Zemen	HUN	3:59.2	280576	3:58.66	300876
Mirosław	Zerkowski	POL	3:59.75	210181	3:56.63	200882
Larbi	Zéroual	MAR	3:59.0 +	120795		
Zhelisko	Zhelev	BUL	3:58.31	-----92		
Frank	Zimmermann	FRG/GER	3:59.29	180878		
Anass	Zouhry	FRA	3:58.87il	270216		
Branko	Zorko	CRO	3:59.45	220593	3:52.64	050898

### Total number of Sub-4 athletes nation-by-nation:

1. USA 554
2. Great Britain 207
3. Kenya 147
4. Australia 69
5. South Africa 60
6. Canada 55
7. Ireland 41
8. New Zealand 40
9. Morocco, Germany (including FRG 18, GDR 7) 35
11. France 29
12. Spain 28
13. Ethiopia 24
14. Belgium 22
15. Russia (including USSR 4) 15
16. Algeria 14
17. Italy, Sweden 13
19. Holland, Poland 11
21. Mexico, Norway 10
23. Finland 9
24. Hungary, Switzerland 8
26. Japan 7
27. Denmark, Qatar 6
29. Austria, Brazil, Czech Republic, Portugal 5
33. Czechoslovakia, Somalia 4
35. Bahrain, Puerto Rico, Rumania, Sudan, Tanzania, Tunisia, Yugoslavia 3
42. Bulgaria, Croatia, Djibouti, Jamaica, Slovakia, Turkey, Uganda, Ukraine, Zimbabwe 2
51. Belarus, Bosnia Herzegovina, Burundi, China, Colombia, Cuba, Cyprus, Dominica, Estonia, Ghana, Greece, Iceland, Kuwait, Lithuania, Luxemburg, Peru, Rhodesia & Nyasaland, Rwanda, Samoa, Saudi Arabia, Senegal, Serbia, Slovenia 1

Note: 72 countries listed. Czechoslovakia, Federal Republic of Germany, German Democratic Republic, Rhodesia & Nyasaland, USSR and Yugoslavia no longer exist. Rhodesia & Nyasaland is still listed above because at the time of its existence (1953-1963) it included both Northern and Southern Rhodesia, which would become Zambia and Zimbabwe. The total numbers nation-by-nation do not tally precisely with the total number of individuals listed in the Register above

because there are athletes who have run Sub-4 on separate occasions as representatives of two different nations.

### **Sub-4 brothers by average:**

- 1<sup>st</sup> Cornelius Chirchir 3:50.40, William Chirchir 3:47.94 (Kenya) = 3:49.17
- 2<sup>nd</sup> Nourredine Morceli 3:44.39, Abderrahmane Morceli 3:54.63 (Algeria) = 3:49.51
- 3<sup>rd</sup> Henrik Ingebrigtsen 3:50.72, Jakob Ingebrigtsen 3:52.28 (Norway) = 3:51.50
- 4<sup>th</sup> Boaz Kiplagat Lalang 3:52.18, Lawi Lalang 3:52.88i (Kenya) = 3:52.53
- 5<sup>th</sup> Robert Cheseret 3:59.23 i (Kenya), Bernard Lagat 3:47.28 (Kenya/USA) = 3:53.26
- 6<sup>th</sup> Nick Willis 3:49.83, Steve Willis 3:58.15 i (New Zealand) = 3:53.88
- 7<sup>th</sup> Charles Cheruiyot 3:55.41, Kipkoech Cheruiyot (Kenya) 3:52.39 = 3:53.90 (*Note: twins*)
- 8<sup>th</sup> Elliott Heath 3:57.91, Garrett Heath 3:53.15 (USA) = 3:54.7
- 9<sup>th</sup> Jack Buckner 3:51.57, Tom Buckner 3:58.87 (Great Britain) = 3:55.52
- 10<sup>th</sup> Ibrahim Aden (Sudan/USA) 3:55.53, Jaime Aden (Sudan) 3:56.82 = 3:56.08
- 11<sup>th</sup> Ian Stewart 3:57.3, Peter Stewart 3:55.3 (Great Britain) = 3:56.3
- 12<sup>th</sup> Arne Kvalheim 3:56.4, Knut Kvalheim 3:56.2 (Norway) = 3:56.3
- 13<sup>th</sup> John Jefferson 3:57.85 i, Sean Jefferson 3:56.44 (USA) = 3:57.14 (*Note: twins*)
- 14<sup>th</sup> Allen Graffin 3:59.86, Andy Graffin 3:54.70 (Great Britain) = 3:57.28 (*Note: twins*)
- 15<sup>th</sup> John Craig 3:58.05, Paul Craig 3:57.21 (Canada) = 3:57.63 (*Note: twins*)
- 16<sup>th</sup> Alex McClary 3:57.32 i, Andy McClary 3:58.95 i (USA) = 3:58.14 (*Note: twins*)
- 17<sup>th</sup> Abdenacer Brahmia 3:59.74, Amar Brahmia 3:57.20 (Algeria) = 3:58.47
- 18<sup>th</sup> Jake Watson 3:59.40, Luke Watson 3:57.83 i (USA) = 3:58.86
- 19<sup>th</sup> Adelino Hidalgo 3:59.59, Lorenzo Hidalgo 3:58.88 (Spain) = 3:59.24

Note that Bennie Greyling and Rudolph Greyling, of South Africa, are not related. Note also that Bob Wheeler and Steve Wheeler (USA), who have previously been listed here as brothers, are not related.

The following are also worth noting:

- Craig Miller 3:55.09i, Brad Miller (USA) 4:00.19i = 3:57.64 (*Note: twins*)  
Zane Robertson 3:53.72, Jake Robertson, (NZL) 4:01.84 = 3:57.78 (*Note: twins*)  
Hicham El Guerrouj 3:43.13, Féthi El Guerrouj (Mor) 4:10.59 = 3:58.86  
Herb Elliott 3:54.5, Laurie Elliott (Aus) 4:07.6 = 4:01.1

Note that Féthi El Guerrouj's mile time is by no means representative of his abilities as he also ran 3:42.31 for 1500 metres

Note also that on 270517 the Ingebrigtsen brothers both broke four minutes (Filip 3:53.23, Henrik 3:53.79) as did a third brother, Jakob; aged only 15 (3:58.07), though not all in the same race. Filip and Henrik ran in the "A" race at Eugene, Oregon, and Jakob in the "B" race. Jakob has since improved to 3:52.28. Elijah Managoi (Kenya), the 2017 World champion at 1500 metres, has run 3:49.08 for the mile and his younger brother, George, the World under-18 champion at 1600 metres, 3:40.5 for 1500 metres.

Nick Harris (3:58.88 in 2018) is a nephew of Richie Harris (3:51.39 in 1984).

### **Sub-4 fathers and sons by average:**

- 1<sup>st</sup> John Gregorek 3:51.34, Johnny Gregorek 3:49.98 i (USA) = 3:50.66
- 2<sup>nd</sup> Kip Keino 3:53.1, Martin Keino 3:52.33 (Kenya) = 3:52.71
- 3<sup>rd</sup> Matt Centrowitz 3:54.94, Matthew Centrowitz 3:50.53 (USA) = 3:52.73
- 4<sup>th</sup> Abdi Bile (Somalia) 3:49.40, Ahmed Bile (USA) 3:57.84i = 3:53.63
- 5<sup>th</sup> David Kebenei 3:59.35, Asbel Kiprop (Kenya) 3:48.60 = 3:53.97
- 6<sup>th</sup> Eamonn Coghlan 3:49.78 i, John Coghlan (Ireland) 3:59.52 i = 3:54.77
- 7<sup>th</sup> Graham Williamson 3:50.64, Jamie Williamson (GBR) 3:58.97 = 3:54.81
- 8<sup>th</sup> Sam Bair 3:56.7, Sam Bair 3:59.72 i (USA) = 3:58.21
- 9<sup>th</sup> Andy Carter 3:59.3, Tom Carter 3:57.30 (GBR) = 3:58.3
- 10<sup>th</sup> Billy Dee 3:59.17, Liam Dee (GBR) 3:58.19i = 3:58.68
- 11<sup>th</sup> Barry Brown 3:58.8, Darren Brown 3:58.85 (USA) = 3:58.83

The following are also worth noting:

Jake Wightman 3:54.20, Geoff Wightman (GBR) 4:01.9 in 1988 = 3:57.70.

Trevor Dunbar 3:57.19, Marcus Dunbar (USA) 4:00.58i in 1993 = 3:58.88

Archie San Romani jnr 3:57.6, Archie San Romani snr 4:07.2 in 1937 = 4:02.4

Note that Trevor and Marcus Dunbar are not related to Daniel Dunbar.

## **The most durable and the youngest Sub-4 runners:**

Anthony Whiteman (GBR) set a World over-40 age-group record of 3:58.79 on 020612. He had first broken four minutes 17 years before. Jakob Ingbriksen (Norway) ran 3:58.07 on 270517 at the age of 16 (his two elder brothers also broke four minutes, though not for the first time, in a separate race at the same meeting).

## **Some notable athletes who have narrowly missed Sub-4:**

1955 – Wes Santee (USA) 4:00.5. 1956 – Fred Dwyer (USA) 4:00.8. 1957 – Olavi Salsola (Finland) 4:00.2, Ingvar Ericsson (Sweden) 4:00.4, Stefan Lewandowski (Poland) 4:00.6. 1958 – Mike Blagrove (GB) 4:00.0. 1959 – Arne Hamarsland (Norway) 4:00.8. 1960 – Dave Power (Australia) 4:00.2. 1966 – Ralph Doubell (Australia) 4:00.5. 1968 – Ron Clarke (Australia) 4:00.2.

## **World record-holders in all events who have run Sub-4:**

94 Sub-4 milers have set World records in various events. The total number of World records for each, ratified or unrated, outdoors or indoors, is listed in brackets

Said Aouita (Morocco) – 1500m, 2000m, 3000m, 3000m i, 2 Miles, 5000m (7)

Bill Baillie (New Zealand) – 20km, 1 hour (2)

Roger Bannister (Great Britain) – 1500m, 1 mile, 4 x 1 mile relay (3)

Filbert Bayi (Tanzania) – ¾-mile, 1500, 1 mile (3)

Jim Beatty (USA) – 2 miles (1)

Kenenisa Bekele (Ethiopia) – 5000m, 10,000m (4)

Wade Bell (USA) – 4 x 1 mile relay (1)

Michel Bernard (France) – 4 x 1500m relay (1)

John Boulter (Great Britain) – 1000y, 4 x 880y relay (2)

Don Bowden (USA) – 4 x 880y relay (1)

Dyrol Burleson (USA) – 4 x 1 mile relay (1)

Chris Chataway (Great Britain) – 3 miles, 5000m, 4 x 1 mile relay (4)

Augustine Choge (Kenya) – 4 x 1500 metres relay (1)

Sebastian Coe (Great Britain) – 800m, 800m i, 1000m, 1500m, 1 mile, 4 x 800m relay (10)

Eamonn Coghlan (Ireland) – 1 mile i, 4 x 1 mile relay (2)

Steve Cram (Great Britain) – 1500m, 1 mile, 2000m, 4 x 800m relay (4)

Paul Cummings (USA) – Half-marathon (1)

Roscoe Divine (USA) – 4 x 1 mile relay (1)

Rod Dixon (New Zealand) – 4 x 1500m relay (1)

Hicham El Guerrouj (Morocco) – 1500m, 1500m i, 1 mile, 1 mile i, 2000m, Ekiden road relay (6)

Herb Elliott (Australia) – 1500m, 1 mile, 4 x 1 mile relay (4)

Peter Elliott (Great Britain) – 1500m i, 4 x 800m relay (2)

Karl Fleschen (FRG/Germany) – 4 x 1500m relay (1)

Keith Forman (USA) – 4 x 1 mile relay (1)

Brendan Foster (Great Britain) – 3000m, 2 miles (2)

Anders Gärderud (Sweden) – 3000m steeplechase (4)

Gideon Gathimba (Kenya) – 4 x 1500 metres relay (1)

Haile Gebrselassie (Ethiopia) – 3000m i, 2 miles, 5000m, 5000m i, 10,000m, 10km road, 15km road, 20km, 20km road, 1 hour, Half-Marathon, 25km road, Marathon (23)

José-Luis González (Spain) – 1500m i (1)

Morgan Groth (USA) – 4 x 880y relay (1)

Murray Halberg (New Zealand) – 2 miles, 3 miles, 4 x 1 mile relay (4)

Siegfried Herrmann (GDR/Germany) – 3000m, 4 x 1500m relay (3)

Brian Hewson (Great Britain) – 1000y, ¾-mile, 4 x 1 mile relay (5)

Salah Hissou (Morocco) – 10,000m, Ekiden road relay (2)

Harald Hudak (FRG/Germany) – 4 x 1500m relay (1)

Derek Ibbotson (Great Britain) – 1 mile, 4 x 1 mile relay (2)  
Michel Jazy (France) – 1 mile, 2000m, 3000m, 2 miles, 4 x 1500m relay (9)  
Ben Jipcho (Kenya) – 3000m steeplechase (3)  
Stanislav Jungwirth (Czechoslovakia) – 1000m, 1500m, 4 x 800m relay (3)  
Kip Keino (Kenya) – ¾-mile, 3000m, 5000m (4)  
Rich Kenah (USA) - 4 x 800m relay (1)  
Wilson Kipketer (Kenya/Denmark) – 800m, 800m i, 1000m i (4)  
Moses Kiptanui (Kenya) – 3000m, 3000m i, 2 miles, 5000m, 3000m steeplechase (7)  
Daniel Komen (Kenya) – 3000m, 3000m i, 2 miles, 500m, 5000m i (6)  
Arne Kvalheim (Norway) – 4 x 1 mile relay (1)  
John Landy (Australia) – 1500m, 1 mile, 4 x 1 mile relay (3)  
Michael Lederer (FRG/Germany) – 4 x 1500m relay (1)  
Danie Malan (South Africa) – 1000m (1)  
Fernando Mamede (Portugal) – 10,000m (1)  
Sydney Maree (USA) – 1500m (1)  
Jürgen May (GDR/Germany) – 1000m, 4 x 1500m relay (2)  
Roger Moens (Belgium) – 600m, 800m, 4 x 800m relay (3)  
David Moorcroft (Great Britain) – 5000m (1)  
Noureddine Morceli (Algeria) – 1000m i, 1500m, 1500m i, 1 mile, 2000m, 3000m (7)  
Noah Ngeny (Kenya) – 1000m (1)  
Gunnar Nielsen (Denmark – 880y, 1500m (2)  
Harald Norpoth (FRG/Germany) – 2000m, 4 x 880y relay (2)  
Josef Odložil (Czechoslovakia) – 2000m (1)  
Frank O'Mara (Ireland) – 4 x 1 mile relay (1)  
Yobes Ondieki (Kenya) – 10,000m (1)  
Marcus O'Sullivan (Ireland) – 1500m i, 4 x 1 mile relay (2)  
Steve Ovett (Great Britain) – 1500m, ¾-mile, 1 mile, 2 miles (8)  
Don Paige (USA) – 1000y i (2)  
Karl Paranya (USA) – 4 x 800m relay (1)  
Gordon Pirie (Great Britain) – 3000m, 5000m, 4 miles, 5 miles, 6 miles, 4 x 1500m relay (7)  
Tony Polhill (New Zealand) – 4 x 1500m relay, 4 x 1 mile relay (2)  
Willy Polleunis (Belgium) – 15km, 10 miles (2)  
Emiel Puttemans (Belgium) – 3000m, 3000m i, 2 miles, 2 miles i, 3 miles, 5000m (6)  
Dick Quax (New Zealand) – 5000m, 4 x 1500m relay, 4 x 1 mile relay (3)  
Geoffrey Kipkoech Rono (Kenya) – 4 x 1500 metres relay (1)  
Henry Rono (Kenya) – 3000m, 5000m, 10,000m, 3000m steeplechase (5)  
István Rózsavölgyi (Hungary) – 1000m, 1500m, 2000m, 4 x 1500m relay, 4 x 1 mile relay (7)  
Jim Ryun (USA) – 880y, 1500m, 1 mile (4)  
Olavi Salonen (Finland) – 4 x 1500m relay (1)  
Archie San Romani (USA) – 4 x 1 mile relay (1)  
Bob Schul (USA) – 2 miles (1)  
Peter Snell (New Zealand) – 600m, 660y, 800m, 880y, 1000y i, 1000m, 1 mile, 4 x 880y relay,  
4 x 1 mile relay (10)  
László Tábori (Hungary) – 1500m, 4 x 1500m relay (3)  
William Biwott Tanui (Kenya) – 4 x 1500 metres relay, now İlham Tanui Özbilen (Turkey) (1)  
Richard Tayler (New Zealand) – 4 x 1 mile relay (1)  
Paul Tergat (Kenya) – 10,000m, 20km road, Half-Marathon, Marathon (4)  
Albie Thomas (Australia) – 2 miles, 3 miles, 4 x 1 mile relay (3)  
Bodo Tümmler (FRG/Germany) – 4 x 880y relay (1)  
Siegfried Valentin (GDR/Germany) – 1000m, 4 x 1500m relay (3)  
Tom Von Ruden (USA) – 4 x 880y relay (1)  
Jean Wadoux (France) – 4 x 1500m relay (1)  
Dan Waern (Sweden) – 1000m (3)  
John Walker (New Zealand) – 1 mile, 2000m, 4 x 1500m relay (3)  
Thomas Wessinghage (FRG/Germany) – 4 x 1500m relay (1)  
Dave Wilborn (USA) – 4 x 1 mile relay (1)  
Mark Winzenried (USA) – 1000y i (1)  
Rick Wohlhuter (USA) – 880y, 1000m, 4 x 880y relay (4)  
Dave Wottle (USA) – 800m (1)  
George Young (USA) - 2 miles i, 3 miles i



## Olympic Games 1500 metres – placings by Sub-4 milers:

1952: 4 Bannister.

1956: 1 Delany, 3 Landy, 4 Tábori, 5 Hewson, 6 Jungwirth, 9 Wood, 10 Nielsen, 11 Halberg, 12 Lincoln.

1960: 1 H. Elliott, 2 Jazy, 3 Rózsavölgyi, 4 Waern, 6 Burleson, 7 Bernard, 8 Grelle.

1964: 1 Snell, 2 Odložil, 3 J. Davies, 4 Simpson, 5 Burleson, 6 Baran, 7 Bernard, 8 Whetton, 9 Wadoux.

1968: 1 Keino, 2 Ryun, 3 Tümmler, 4 Norpoth, 5 Whetton, 6 Boxberger, 7 Szordykowski, 8 Odložil, 9 Von Ruden, 10 Jipcho, 11 de Hertoghe, 12 Liquori.

1972: 1 Vasala, 2 Keino, 3 Dixon, 4 Boit, 5 B. Foster, 7 Wellmann, 9 Polhill, 10 Hansen.

1976: 1 Walker, 3 Wellmann, 4 Coghlan, 5 Clement, 6 Wohlhuter, 7 Moorcroft, 8 Crouch, 9 Zemen.

1980: 1 Coe, 2 Straub, 3 Ovet, 4 Busse, 5 Fontanella, 6 Plachý, 7 Marajo, 8 Cram, 9 Zdravković.

1984: 1 Coe, 2 Cram, 3 Abascal, 4 Chesire, 5 Spivey, 6 Wirz, 7 Vera, 8 Khalifa, 9 Rogers, 10 S. Scott, dnf Ovet.

1988: 1 P. Rono, 2 P. Elliott, 3 Herold, 4 Cram, 5 S. Scott, 6 Kulker, 7 K. Cheruiyot, 8 O'Sullivan, 9 M. Silva, 10 Atkinson, 11 Chesire, 12 Khalifa.

1992: 1 Cacho, 2 El Basir, 3 Suleiman, 4 Chesire, 5 Birir, 6 Herold, 7 N. Morceli, 8 Spivey, 9 Hood, 10 D. Kibet, 11 Pancorbo, 12 Rakipov.

1996: 1 N. Morceli, 2 Cacho, 3 Kipkorir, 4 Rotich, 5 Tanui, 6 Bile, 7 Koers, 8 Hakimi, 9 Suleiman, 10 Maazouzi, 11 Mayock, 12 El Guerrouj.

2000: 1 Ngeny, 2 El Guerrouj, 3 Lagat, 4 Baala, 5 Sullivan, 6 Zegeye, 7 Diáz, 8 Higuero, 9 Mayock, 10 Pyrah, 11 Maazouzi, 12 Baba.

2004: 1 El Guerrouj, 2 Lagat, 3 R. Silva, 5 Heshko, 6 East, 7 Estévez, 8 Liefers, 9 Kaouch, 11 Boulahfane, 11 i. Songok.

2008: 1 Kiprop, 2 N. Willis, 3 Baala, 4 Higuero, 5 Iguider, 6 van Deventer, 7 Mansoor, 8 Baddeley, 9 Choge, 10 Bashir, 11 Obrist, dsq Ramzi.

2012: 1 Makhloufi, 2 Manzano, 3 Iguider, 4 Centrowitz II, 5 H. Ingebrigtsen, 6 Gebremehdin, 7 S. Kiplagat, 8 Ilham Tanui Özbilen (Turkey) – formerly William Biwott Tanui (Kenya), 9 N. Willis, 10 Mansoor, 11 Chepseba, 12 Kiprop.

2016 1 Centrowitz, 2 Makhloufi, 3 Willis, 4 Suleiman, 5 Iguider, 6 Kiprop, 7 Bustos, 8 Blankenship, 9 Gregson, 10 Brannen, 12 Grice, 13 Kwemoi.

Only two of the 45 Olympic 1500 metres medallists since 1956 have not been Sub-4 milers: Klaus Richtzenhain (GDR) and Ivo van Damme (Belgium), the silver-medallists of 1956 and 1976 respectively. This was clearly a matter of opportunity, rather than ability, and particularly so in the case of van Damme, who was killed in a car accident less than five months after the 1976 Games, aged 22. There are 12 Olympic 1500 metres finalists in all from 1956 onwards who have not run Sub-4 for the mile, of which the most recent is Ronald Musagala (Uganda), 11<sup>th</sup> in 2016. None of the seven in the list below from 1972 onwards, including van Damme, appear to have ever raced at the distance. The Olympic 1500 metres finalists from 1956 onwards who are not Sub-4 milers, with their best one-mile times, where known, are as follows:

1956: 2 Klaus Richtzenhain (GDR) 4:01.8, 7 Neville Scott (New Zealand) 4:01.2, 8 Ian Boyd (Great Britain) 4:03.2. 1960: 5 Zoltán Vamos (Rumania) 4:06.7, 9 Arne Hamarsland (Norway) 4:00.8. 1972: 6 Herman Mignon (Belgium) 4:06.1, 8 Vladimir Panteley (USSR). 1976: 2 Ivo van Damme (Belgium). 1984: 11 Riccardo Materazzi (Italy). 2004: 4 Timothy Kiptanui (Kenya), 10 Mulugeta Zindefu (Ethiopia). . .

**Commonwealth Games:** only one of the 48 Commonwealth Games (formerly British Empire Games) medals for 1500 metres or one mile since 1954 (the year of the first sub-four-minute mile) have been won by athletes who have not run Sub-4 for the mile. He is Rich Ferguson (Canada), who was 3<sup>rd</sup> in the epic Bannister-Landy mile race of 1954 in a career-best 4:04.6.

**World Championships:** only one of the 48 World Championships medals at 1500 metres since they were first held in 1983 has been won by an athlete who has not run Sub-4 for the mile. He is, surprisingly, the 2009 champion, Yusuf Saad Kemel, of Bahrain, formerly Gregory Konchellah, of Kenya, who does not appear to have ever raced the mile distance.

**European Championships:** six of the 54 European Championships medals at 1500 metres since 1954 have been won by athletes who have not run Sub-4 for the mile – oddly, four of them in the two most recent editions of the Championships. They are Tomas Salinger, (Czechoslovakia), 3<sup>rd</sup> in 1962; Klaus-Peter Justus (GDR), 1<sup>st</sup> in 1974; Nikolay Kirov (USSR), 2<sup>nd</sup> in 1982; Carsten Schlangen (Germany), 2<sup>nd</sup> in 2010; Manuel Olmedo (Spain), 3<sup>rd</sup> in 2010; Florian Carvalho (France), 2<sup>nd</sup> in 2012. Salinger's best one-mile time was 4:00.8 in 1963, achieved at the same venue of Iffley Road, Oxford, where Bannister had first broken four minutes nine years before.

## **Olympic Games – Sub-4 milers as medallists in other events:**

Sub-4 milers have won 73 Olympic medals in events other than the 1500 metres, as follows:

**800 metres** – *Gold*, Snell 1960 & 1964, Wottle 1972, Ovett 1980, Cruz 1984, Tanui 1992. *Silver*, Moens 1960, Coe 1980 & 1984, Cruz 1988, Sepeng 1996, Kipketer 2000, Makhlofii 2016. *Bronze*, Boit 1972, Wohlhuter 1976, E. Jones 1984, Aouita 1988; Kipketer 2004, Yego 2008, Murphy 2016.

**5000 metres** – *Gold*, Halberg 1960; Schul 1964; Aouita 1984; Ngugi 1988; Baumann 1992; Niyongabo 1996; El Guerrouj 2004; K Bekele 2008, Farah 2012 & 2016. *Silver*, Pirie 1956; Norpoth 1964; Keino 1968; Quax 1976; Nyambui 1980; Ryffel 1984; Baumann 1988; P. Bitok 1992; Saidi-Sief 2000; K Bekele 2004; Kipchoge 2008. *Bronze*, Ibbotson 1956; I. Stewart 1972; Lahlafi 2000; Kipchoge 2004.

**10,000 metres** – *Gold*, Boutayeb 1988; Gebrselassie 1996 & 2000; K Bekele 2004 & 2008, Farah 2012 & 2016. *Silver*, Puttemans 1972; McLeod 1984; Tergat 1996 & 2000; Rupp 2012. *Bronze*, Power 1960; B. Foster 1976; Hissou 1996.

**3000 metres steeplechase** – *Gold*, Keino 1972; Malinowski 1980; E. Kemboi 2004. *Silver*, Jipcho 1972; Bayi 1980; Kiptanui 1996, Jager 2016. *Bronze*, G. Young 1968; Diemer 1984; Rowland 1988; Lambruschini 1996, Mekhissi-Benabbad 2016.

**Marathon** – *Bronze* Rupp 2016.

## **Comparisons between times for one mile and 1500 metres:**

Clearly, there are far fewer Sub-4 milers than should be the case, for the simple reason that there are many more races at 1500 metres, and numerous 1500 metres runners of Sub-4 potential have never had the chance to compete at one mile at all. In 2017, for example, 181 athletes ran faster than 3:40.00 for 1500 metres, whereas only 43 ran a Sub-4 mile. These figures exactly reflect those of recent years, indicating that since Bannister first broke four minutes in 1954 some four times as many athletes have run 1500 metres in 3:42.22 or faster than have run the equivalent mile time of 3:59.99 or faster. Of course, a very significant number of these would have done both – maybe 1,200 or so. A further graphic illustration of the huge number of “missing” Sub-4 milers is provided by the fact that 25 countries which have not produced a Sub-4 miler have national records at 1500 metres of 3:42.22 or faster, as follows:

Angola, Argentina, Bermuda, Botswana, Chile, Democratic Republic of Congo, Ecuador, Egypt, Eritrea, Guatemala, India, Iran, Israel, Ivory Coast, Kazakhstan, Kyrgyzstan, Latvia, Liechtenstein, Moldova, Mozambique, Pakistan, Panama, South Korea, Sri Lanka, Venezuela.

Even at the very highest level there are athletes who have not run a Sub-4 mile. Of the 104 men faster at 1500 metres than 3:32.00 in the IAAF All-Time List, there are eight who do not have any mile times to their credit: Timothy Too Kiptanui (Kenya) 3:30.04 2004, Robert Kiptoo Biwott (Kenya) 3:30.10 2015, Fouad Chouki (France) 3:30.83 2003, Mulugueta Wondimu (Ethiopia) 3:31.13 2004, Anter Zerguelaine (Algeria) 3:31.21 2009, Yusuf Saad Kamel (Bahrain) 3:31.56 2009, Abubaker Kaki (Sudan) 3:31.76 2011, Mohamed Moustauoui (Morocco) 3:31.84 2011.

It would be helpful to add 1500 metres best performances for all athletes figuring in the Sub-4 list, but that is a huge task and I have no plans for it at present.

## **The most successful high school**

Four graduates of Stillwater High School, in Minnesota, have broken four minutes, all since 2003 – Ben Blankenship, Sean Graham and brothers Jake and Luke Watson.

### **Editor's footnote:**

The Sub-4 Register was initiated by the late Bob Sparks on behalf of the National Union of Track Statisticians (NUTS), of Great Britain, and was continued by the late Ian R. Smith, and is now maintained by Bob Phillips, the editor of the quarterly journal of the NUTS, "Track Stats", with particular acknowledgments to Stuart Mazdon, manager of the NUTS website at [www.nuts.org.uk](http://www.nuts.org.uk). Sub-4 miles have naturally decreased in value over the years, and thanks are due to the IAAF for maintaining rankings to that level on their website in recent years.

Any additions, amendments, corrections will be welcomed by Bob Phillips, [trackstats@free.fr](mailto:trackstats@free.fr). Readers occasionally send me details of sub-four-minute miles which have been missed by the statistical compilers, and I am happy to add these if they can be verified.