

ALL-TIME PREFONTAINE CLASSIC SUB-4:00 MILE LIST 1975—2018

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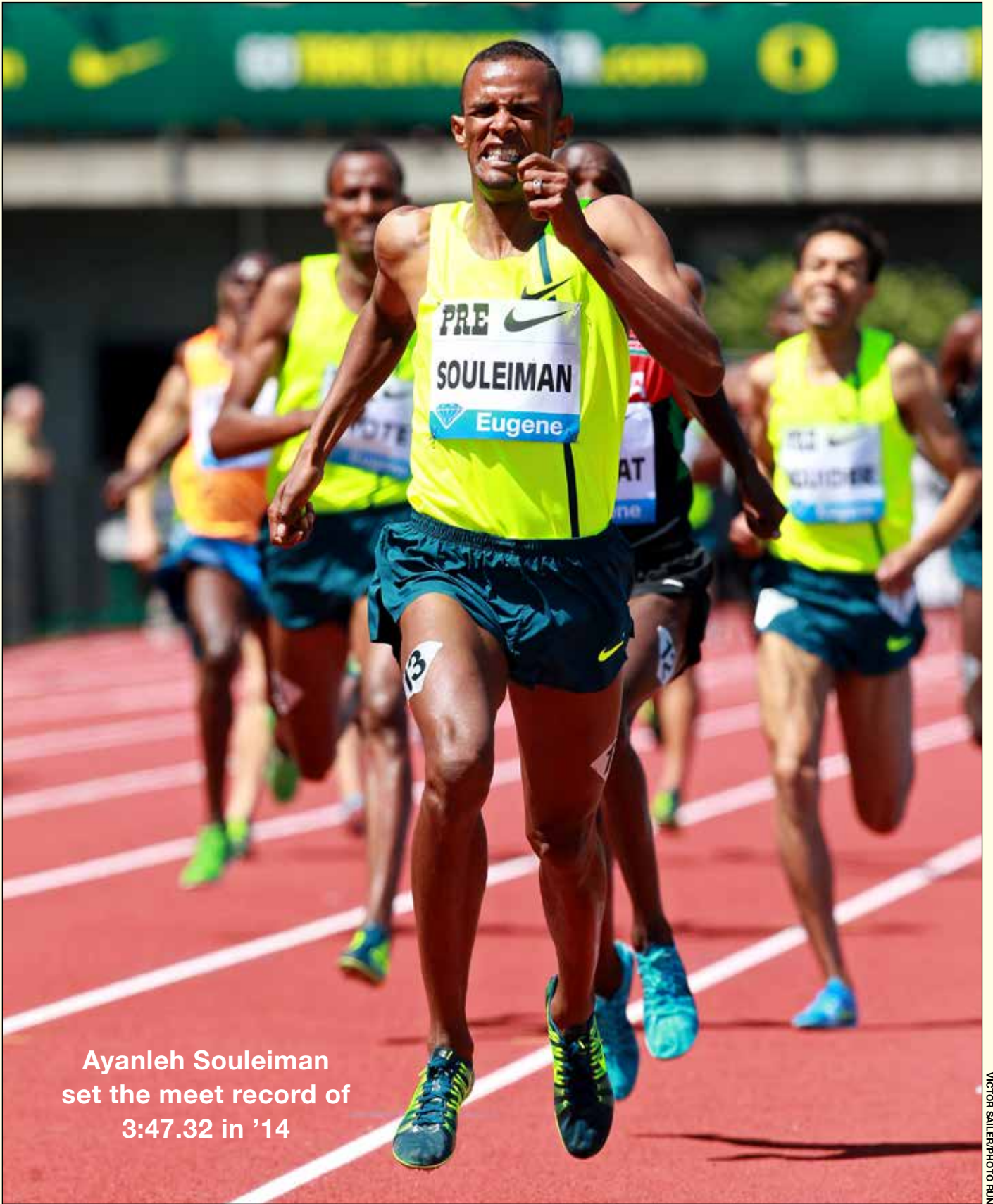
The Pre Classic's Bowerman Mile continues to be the greatest race in the United States. No other American meet has seen as many sub-4:00 performances. What follows is the All-Time Sub-4:00 list for the annual affair at historic Hayward Field. Other notes and statistics are presented at the end of the list.

*Note that from '10 on the results of the International Mile have also been included. This race is not the Pre Classic or Bowerman Mile race but rather a second competition that is now staged annually as part of the meet. Marks from this race have been denoted with * on the placing.*

— THE ALL-TIME LIST —

(422 performances by 195 different performers from 22 nations)

1. Ayanleh	Souleiman	(Djibouti)	3:47.32	1.....	31 May 14
2. Silas	Kiplagat.....	(Kenya).....	3:47.88	2.....	31 May 14
3. Daniel K.	Komen.....	(Kenya).....	3:48.28	1.....	10 June 07
4. Asbel	Kiprop	(Kenya).....	3:48.50	1.....	07 June 09
5. Aman	Wote	(Ethiopia)	3:48.60	3.....	31 May 14
6. Haron	Keitany	(Kenya).....	3:48.78	2.....	07 June 09
7. Ronald	Kwemoi	(Kenya).....	3:49.04	1.....	27 May 17
8. Elijah	Manangoi	(Kenya).....	3:49.08	2.....	27 May 17
	Keitany		3:49.09	1.....	04 June 11
9. Abdelaati	Iguyer	(Morocco)	3:49.09	4.....	31 May 14
		(10 performances)			
	Kiplagat.....		3:49.39	2.....	04 June 11
	Kiprop		3:49.40	1.....	02 June 12
10. James	Magut	(Kenya).....	3:49.43	5.....	31 May 14
	Kiplagat.....		3:49.48	1.....	01 June 13
	Kiprop		3:49.53	2.....	01 June 13



Ayanleh Souleiman
set the meet record of
3:47.32 in '14

VICTOR SALLER/PHOTO RUN

	Kiprop	3:49.553.....	04 June 11
11. Collins	Cheboi..... (Kenya).....	3:49.566.....	31 May 14
12. Timothy	Cheruiyot	(Kenya).....	3:49.643.....27 May 17
13. Mekonnen	Gebremedhin	(Ethiopia)	3:49.704.....04 June 11
	Kiprop	3:49.751.....	03 July 10

14. Caleb	Ndiku..... (Kenya).....	3:49.77	5.....	04 June 11
	Cheruiyot	3:49.87	1.....	26 May 18
	Wote	3:49.88	3.....	01 June 13
15. Hicham	El Guerrouj..... (Morocco)	3:49.92	1.....	27 May 01
	Gebremedhin	3:50.17	2.....	02 June 12
<i>(25 performances)</i>				
16. Bernard	Lagat..... (Kenya).....	3:50.21	1.....	24 May 03
	Souleiman	3:50.21	3.....	02 June 12
17. Amine	Laâlou..... (Morocco)	3:50.22	2.....	03 July 10
	Kiprop	3:50.26	7.....	31 May 14
	D.K. Komen.....	3:50.29	6.....	04 June 11
	Souleiman	3:50.40	4.....	01 June 13
18. Bethwel	Birgen..... (Kenya).....	3:50.42	5.....	01 June 13
19. Yenew	Alamirew..... (Ethiopia)	3:50.43	7.....	04 June 11
	Birgen.....	3:50.43	4.....	02 June 12
	Ndiku.....	3:50.46	6.....	01 June 13
20. Shadrack	Korir..... (Kenya).....	3:50.49	1.....	08 June 08
21. Matthew	Centrowitz..... (US/Nike)	3:50.53	8.....	31 May 14
	Lagat..... (US/Nike)	3:50.56	2.....	10 June 07
22. Nick	Willis..... (New Zealand)	3:50.66	2.....	08 June 08
23. Mohamed	Moustaoui..... (Morocco)	3:50.67	8.....	04 June 11
	Gebremedhin..... (Ethiopia)	3:50.68	3.....	03 July 10
	D.K. Komen.....	3:50.70	4.....	03 July 10
24. Johan	Cronje..... (South Africa)	3:50.70	9.....	31 May 14
	Ndiku.....	3:50.79	5.....	02 June 12
25. Alan	Webb..... (US/Nike)	3:50.85	1.....	19 June 04
	El Guerrouj.....	3:50.89	1.....	26 May 02
26. Alex	Kipchirchir..... (Kenya).....	3:50.91	1.....	04 June 05
27. Daniel	Komen..... (Kenya).....	3:50.95	1.....	31 May 98
	D.K. Komen.....	3:50.95	3.....	08 June 08
28. William	Chirchir..... (Kenya).....	3:51.03	2.....	26 May 02
	<i>(50 performances)</i>			
	Souleiman	3:51.10	1.....	30 May 15
	Birgen.....	3:51.12	10.....	31 May 14
29. Vincent	Kibet..... (Kenya).....	3:51.17	4.....	27 May 17
	Centrowitz	3:51.20	2.....	30 May 15
	Kiprop	3:51.25	3.....	30 May 15
30. Samuel	Tefera..... (Ethiopia)	3:51.27	2.....	26 May 18
31. Rashid	Ramzi..... (Bahrain)	3:51.33	2.....	04 June 05

32. Nixon	Chepseba..... (Kenya).....	3:51.37	7.....	01 June 13	
	Cheboi.....	3:51.44	6.....	02 June 12	
	Cheboi.....	3:51.44	8.....	01 June 13	
33. Russell	Brown..... (US/Oregon TC).....	3:51.45	9.....	04 June 11	
34. Lopez	Lomong..... (US/Nike)	3:51.45	9.....	01 June 13	
	Lagat	3:51.53	3.....	04 June 05	
	Lagat	3:51.53	1.....	28 May 06	
	Kiprop	3:51.54	1.....	28 May 16	
	Kipchirchir	3:51.71	2.....	28 May 06	
	35. Andrew	Wheating..... (US/Oregon)	3:51.74	5.....	03 July 10
		Willis.....	3:51.77	7.....	02 June 12
Iguder		3:51.78	8.....	02 June 12	
Centrowitz		3:51.79	10.....	01 June 13	
36. Kevin	Sullivan..... (Canada)	3:51.82	2.....	27 May 01	
	Chirchir	3:51.84	1.....	24 June 00	
	Kiplagat.....	3:51.92	4.....	30 May 15	
	Willis.....	3:51.95	10.....	04 June 11	
	Iguder	3:51.96	2.....	28 May 16	
<i>(75 performances)</i>					
37. Thiago	Andre..... (Brazil)	3:51.99	1*	27 May 17	
38. Clayton	Murphy..... (US/Nike)	3:51.99	5.....	27 May 17	
39. David	Torrence..... (US/Nike)	3:52.01	9.....	02 June 12	
40. Noah	Ngemy..... (Kenya).....	3:52.09	1.....	30 May 99	
	Kipchirchir	3:52.10	3.....	10 June 07	
	Laâlou	3:52.12	10.....	02 June 12	
41. Taoufik	Makhloufi..... (Algeria)	3:52.16	11.....	31 May 14	
	Manangoi	3:52.18	3.....	26 May 18	
42. David	Kibet..... (Kenya).....	3:52.28	1.....	26 May 96	
43. Jakob	Ingebrigtsen..... (Norway)	3:52.28	4.....	26 May 18	
	Magut	3:52.33	5.....	30 May 15	
	Ngemy	3:52.38	2.....	31 May 98	
	Ramzi	3:52.39	3.....	28 May 06	
	Manangoi	3:52.39	3.....	28 May 16	
	44. Leo	Manzano..... (US/Hoka One One) .	3:52.41	1*	31 May 14
Sullivan.....		3:52.54	2.....	24 June 00	
Kwemoi		3:52.57	6.....	30 May 15	
Lagat		3:52.63	3.....	26 May 02	
45. Nate	Brannen..... (Canada)	3:52.63	3.....	07 June 09	
	Cheboi.....	3:52.63	7.....	30 May 15	

46. Charlie	Grice..... (Great Britain).....	3:52.64	1*	27 May 16
47. Laban	Rotich..... (Kenya).....	3:52.68	1	25 May 97
	Kibet.....	3:52.71	4	28 May 16
	Iguyer.....	3:52.77	6	27 May 17
	S. Korir.....	3:52.78	4	10 June 07
	<i>(100 performances)</i>			
	D.K. Komen.....	3:52.84	4	28 May 06
48. Nicholas	Kemboi..... (Kenya).....	3:52.84	6	03 July 10
49. Steve	Holman..... (US/Reebok Enclave) .	3:52.86	2	26 May 96
	Holman.....	3:52.89	1	04 June 95
50. Jordan	McNamara..... (US/Oregon TC).....	3:52.89	2*	31 May 14
	Makhloufi.....	3:52.94	11	01 June 13
	Makhloufi.....	3:52.95	5	28 May 16
	Cronje.....	3:53.02	8	30 May 15
51. Martin	Keino..... (Kenya).....	3:53.03	3	26 May 96
	D.K. Komen.....	3:53.04	11	02 June 12
52. Ben	Blankenship..... (US/Oregon TC).....	3:53.04	7	27 May 17
53. Elkanah	Angwenyi..... (Kenya).....	3:53.05	4	04 June 05
54. Belal	Mansour..... (Bahrain).....	3:53.05	4	07 June 09
	Manzano..... (US/Nike).....	3:53.07	12	02 June 12
	Mansour.....	3:53.12	4	08 June 08
	Lagat.....	3:53.14	3	27 May 01
	Lomong.....	3:53.18	7	03 July 10
55. Ryan	Gregson..... (Australia).....	3:53.19	1*	03 July 10
	Iguyer.....	3:53.21	9	30 May 15
	Gebremedhin.....	3:53.22	12	31 May 14
	Wote.....	3:53.23	6	28 May 16
56. Filip	Ingebrigtsen..... (Norway).....	3:53.23	8	27 May 17
57. Tom	Byers..... (US/adidas).....	3:53.25	1	04 June 83
58. Richie	Boulet..... (US/New Balance)....	3:53.26	3	31 May 98
59 Edgar	de Oliveira..... (Brazil).....	3:53.30	4	26 May 96
	<i>(125 performances)</i>			
60. Evan	Jager..... (US/Nike).....	3:53.33	3*	31 May 14
	Sullivan.....	3:53.34	2	24 May 03
61. Chris	O'Hare..... (Great Britain).....	3:53.34	2*	27 May 17
62. Adil	Kaouch..... (Morocco).....	3:53.40	4	27 May 01
	Murphy.....	3:53.40	5	26 May 18
	Webb..... (US/Virginia HS).....	3:53.43	5	27 May 01
	N. Kemboi.....	3:53.43	5	07 June 09

63. Henrik	Ingebrigtsen..... (Norway)	3:53.43	10.....	30 May 15	
	Lomong.....	3:53.47	6.....	07 June 09	
	Birgen.....	3:53.50	9.....	27 May 17	
	Willis.....	3:53.51	2.....	19 June 04	
	Manzano	3:53.55	11.....	30 May 15	
	Centrowitz	3:53.61	6.....	26 May 18	
	H. Ingebrigtsen.....	3:53.62	13.....	31 May 14	
	Grice.....	3:53.62	10.....	27 May 17	
	Holman.....	3:53.63	4.....	31 May 98	
64. Terrance	Herrington..... (US/adidas).....	3:53.64	2.....	04 June 95	
	Sullivan.....	3:53.70	2.....	30 May 99	
	Moustaoui	3:53.70	8.....	03 July 01	
65. Pat	Casey	3:53.71	4*	31 May 14	
	Kipchirchir	3:53.73	3.....	24 May 03	
	Kiplagat.....	3:53.73	13.....	02 June 12	
66. Hudson	de Souza	3:53.74	3.....	24 June 00	
67. Elijah	Maru	3:53.75	2.....	25 May 97	
68. A.J.	Acosta	3:53.76	2*	03 July 10	
	<i>(150 performances)</i>				
69. Gideon	Gathimba	3:53.76	11.....	04 June 11	
70. Garrett	Heath.....	3:53.76	5*	31 May 14	
	H. Ingebrigtsen.....	3:53.79	3*	27 May 17	
	Carroll	3:53.80	4.....	24 June 00	
72. Marcus	O'Sullivan.....	3:53.81	5.....	26 May 96	
	Blankenship.....	3:53.83	7.....	28 May 16	
	Lomong.....	3:53.85	12.....	04 June 11	
	Gregson	3:53.85	6*	31 May 14	
	Gregson	3:53.86	1*	04 June 11	
	Angwenyi	3:53.95	5.....	28 May 06	
	Torrence.....	3:53.95	7*	31 May 14	
	Lomong.....	3:53.97	5.....	08 June 08	
	73. Jakub	Holuša	3:53.97	4*	27 May 17
		Torrence.....	3:54.01	2*	04 June 11
Gebremedhin		3:54.04	12.....	01 June 13	
74. Sydney	Maree	3:54.10	1.....	05 June 82	
75. Martin	Johns.....	3:54.10	6.....	26 May 96	
	Blankenship.....	3:54.10	3*	04 June 11	
76. Juan	Van Deventer	3:54.12	3*	03 July 10	
	Magut.....	3:54.16	1*	01 June 12	

77. Adam	Goucher	(US/Fila).....	3:54.173.....	30 May 99
78. Ray	Flynn.....	(Ireland)	3:54.212.....	05 June 82
79. Fouad	El Kaam.....	(Morocco)	3:54.218*	31 May 14
	Jager	(US/Bowerman TC) ..	3:54.218.....	28 May 16
80. David	Lelei.....	(Kenya).....	3:54.264.....	24 May 03
	<i>(175 performances)</i>				
	Lagat		3:54.2814.....	02 June 12
	Lomong		3:54.289*	31 May 14
	Jager	(US/Wisconsin).....	3:54.357.....	07 June 09
	Lagat		3:54.369.....	03 July 10
	de Souza		3:54.396.....	27 May 01
	de Souza		3:54.395.....	24 May 03
	El Kaam.....		3:54.395*	27 May 17
81. Jason	Lunn	(US/Nike)	3:54.436.....	24 May 03
82. Steve	Scott.....	(US/Sub-4 TC)	3:54.441.....	21 July 84
83. Chris	Lukezic.....	(US/Reebok)	3:54.466.....	28 May 06
	Torrence		3:54.474*	03 July 10
	Brown		3:54.482*	01 June 12
84. Dawit	Wolde	(Ethiopia)	3:54.5113.....	01 June 13
	Angwenyi		3:54.523.....	19 June 04
85. Luke	Mathews	(Australia)	3:54.536*	27 May 17
	Birgen.....		3:54.607.....	26 May 18
86. Graham	Hood.....	(Canada)	3:54.627.....	27 May 01
87. Jon	Rankin.....	(US/Nike)	3:54.686.....	08 June 08
	Wote		3:54.733*	01 June 12
88. William	Tanui.....	(Kenya).....	3:54.764.....	30 May 99
89. Mike	Boit.....	(Kenya).....	3:54.772.....	04 June 83
	S. Korir		3:54.778.....	07 June 09
90. Henok	Legesse.....	(Ethiopia)	3:54.819.....	07 June 09
91. Karl	Paranya	(US/Asics).....	3:54.835.....	30 May 99
92. Seneca	Lassiter	(US/Nike)	3:54.855.....	24 June 00
	<i>(200 performances)</i>				
93. Rob	Myers	(US/Reebok)	3:54.875.....	04 June 05
	Keino		3:54.936.....	30 May 99
94. Matt	Holthaus.....	(US/Reebok Enclave) .	3:54.967.....	30 May 99
95. Bryan	Berryhill.....	(US/Colorado St).....	3:55.018.....	27 May 01
	Hood.....		3:55.077.....	26 May 96
96. Youssef	Baba	(Morocco)	3:55.109.....	27 May 01
97. Raymond	Yator.....	(Kenya).....	3:55.1210.....	27 May 01

	Holman.....	3:55.13	8.....	30 May 99
98. Jason	Pyrah..... (US/Mizuno).....	3:55.14	8.....	26 May 96
	Lomong.....	3:55.14	15.....	02 June 12
99. Josphat	Kithii..... (Kenya).....	3:55.16	5*	03 July 10
100. Alfred	Kirwa Yego..... (Kenya).....	3:55.18	4*	04 June 11
	Kibet.....	3:55.20	3.....	04 June 95
	Tanui.....	3:55.22	3.....	25 May 97
	Wheating..... (Nike)	3:55.23	7*	27 May 17
101. Vénuste	Niyongabo..... (Burundi).....	3:55.24	5.....	31 May 98
	Magut.....	3:55.24	1*	31 May 13
102. Todd	Harbour..... (US/SMTC).....	3:55.26	3.....	05 June 82
	Lassiter.....	3:55.30	4.....	26 May 02
103. Kyle	Miller..... (US/Nike)	3:55.38	5*	04 June 11
104. Christian	Cushing-Murray.... (US/SMTC).....	3:55.42	4.....	04 June 95
	Pyrah.....	3:55.47	5.....	04 June 95
	Webb.....	3:55.47	7.....	08 June 08
	H. Ingebrigtsen.....	3:55.50	2*	31 May 13
105. Jeff	See..... (US/Saucony)	3:55.51	4*	01 June 12
	<i>(225 performances)</i>			
106. Ibrahim	Aden..... (US/Nike)	3:55.53	5.....	26 May 02
107. Matt	Giusto..... (US/Foot Locker).....	3:55.58	9.....	26 May 96
108. Dorian	Ulrey..... (US/Oregon TC).....	3:55.62	5*	01 June 12
	de Souza.....	3:55.63	6.....	31 May 98
109. Benjamin	Kipkurui..... (Kenya).....	3:55.64	6.....	26 May 02
	V. Kibet.....	3:55.65	12.....	30 May 15
	Lomong.....	3:55.67	8*	27 May 17
	Blankenship.....	3:55.72	1*	30 May 15
	Pyrah.....	3:55.74	6.....	24 June 00
110. Jonathan	Sawe..... (Kenya).....	3:55.76	2*	30 May 15
111. Greg	Whiteley..... (US/Asics).....	3:55.80	6.....	04 June 95
	Cheruiyot.....	3:55.80	3*	30 May 15
	Wolde.....	3:55.80	2*	27 May 16
	Giusto.....	3:55.83	7.....	04 June 95
112. Charles	Philibert-Thiboutot..(Canada)	3:55.83	9*	27 May 17
	O'Sullivan.....	3:55.86	4.....	25 May 97
	Souleiman.....	3:55.87	8.....	26 May 18
	Rotich.....	3:55.93	7.....	24 May 03
	Iguider.....	3:55.93	14.....	01 June 13
	Keino.....	3:55.98	7.....	31 May 98

113. Peter	van der Westhuizen..(South Africa)	3:55.986*03 July 10
	Webb	3:55.9910.....	07 June 09
	André.....	3:56.039.....	26 May 18
	Maree	3:56.043.....	04 June 83
114. David	Strang..... (Great Britain).....	3:56.058.....	04 June 95
	<i>(250 performances)</i>			
115. Stephen	Pifer..... (US/Oregon TC).....	3:56.127*03 July 10
	Aden	3:56.138.....	31 May 98
	D.K. Komen.....	3:56.133*31 May 13
	Gathimba	3:56.176*01 June 12
	Kemboi.....	3:56.196*04 June 11
116. Bob	Kennedy	3:56.211.....	04 June 94
	Sullivan.....	3:56.215.....	10 June 07
	Jager	3:56.217*04 June 11
	Keino	3:56.235.....	25 May 97
117. Youcef	Abdi	3:56.238.....	24 May 03
118. Gordon	Johnson	3:56.249.....	04 June 95
119. William	Kemei	3:56.2510.....	04 June 95
	van der Westhuizen	3:56.2611.....	07 June 09
	Berryhill.....	3:56.307.....	26 May 02
	Johns.....	3:56.329.....	31 May 98
	Pyrah	3:56.336.....	25 May 97
120. Joaquim	Cruz..... (Brazil)	3:56.361.....	06 June 87
121. Cornelius	Chirchir	3:56.367.....	28 May 06
122. Will	Leer	3:56.394*31 May 13
	Holuša	3:56.394*30 May 15
123. Richie	Harris	3:56.404.....	05 June 82
	Sullivan.....	3:56.416.....	04 June 05
124. David	Krummenacker..... (US/adidas).....	3:56.458.....	26 May 02
	Wote	3:56.4910.....	26 May 18
125. Tesfaye	Cheru..... (Ethiopia)	3:56.507*01 June 12
	<i>(275 performances)</i>			
	Heath.....	3:56.535*30 May 15
126. Balázs	Tölgyesi..... (Hungary).....	3:56.577.....	25 May 97
127. Chuck	Aragon..... (US/Athletics West) ..	3:56.594.....	04 June 83
	Herrington.....	3:56.598.....	25 May 97
	Kiplagat.....	3:56.609.....	28 May 16
	Aragon.....	3:56.622.....	06 June 87
	Leer	3:56.6312.....	07 June 09

	Blankenship	3:56.67	11.....	26 May 18
128. Cristian	Soratos..... (US)	3:56.68	10*	27 May 17
	Kennedy	3:56.71	1.....	05 June 93
	Leer	3:56.72	14.....	31 May 14
	Goucher	3:56.76	9.....	26 May 02
	Paranya	3:56.77	10.....	31 May 98
	Wheating..... (Nike)	3:56.77	16.....	02 June 12
	Gregson	3:56.78	6*	30 May 15
129. Bill	Burke..... (US/New York AC)	3:56.83	2.....	05 June 93
	Strang.....	3:56.86	3.....	05 June 93
	Keino	3:56.87	11.....	27 May 01
	Magut	3:56.89	10.....	28 May 16
	Gregson	3:56.90	11.....	27 May 17
	Ri. Harris	3:56.92	2.....	21 July 84
130. Charlie	Gruber..... (US/Nike)	3:56.92	7.....	04 June 05
	Brown.....	3:56.92	8*	03 July 10
	Grice.....	3:56.94	10*	31 May 14
	Cruz.....	3:56.9	1.....	02 July 88
	<i>(300 performances)</i>			
	Wheating..... (Nike)	3:57.02	5*	31 May 13
	Mathews	3:57.02	1*	26 May 18
	Keitany	3:57.07	10.....	03 July 10
	Gregson	3:57.08	15.....	01 June 13
131. Dub	Myers	3:57.11	3.....	06 June 87
	Pyrah	3:57.12	11.....	31 May 98
132. Mohammed Aman (Ethiopia)	3:57.14	8*	04 June 11
133. Gawain	Guy	3:57.18	4.....	06 June 87
134. Phil	Kane	3:57.19	5.....	05 June 82
135. Eliud	Kipchoge..... (Kenya).....	3:57.19	6.....	10 June 07
136. Scott	McGowan..... (US/New Balance)	3:57.21	8.....	04 June 05
	Mansour	3:57.22	9*	03 July 10
	Goucher	3:57.23	9.....	04 June 05
	Casey	3:57.28	7*	30 May 15
137. Drew	Hunter	3:57.29	2*	26 May 18
138. Jeff	Atkinson..... (US/Stanford TC).....	3:57.2	2.....	02 July 88
139. Alan	Klassen	3:57.31	4.....	05 June 93
140. David	Wittman..... (US/Nike Texas).....	3:57.31	11.....	04 June 95
	Wote	3:57.34	13.....	30 May 15
	de Oliveira.....	3:57.35	2.....	04 June 94

141. Maurice	Smith	(US/Reebok)	3:57.36	1	01 June 90
	Holman		3:57.37	9	25 May 97
142. Carlton	Jones	(US/Club Northwest)	3:57.43	3	04 June 94
	Kipchirchir		3:57.43	8	08 June 08
	Torrence		3:57.43	6*	31 May 13
	<i>(325 performances)</i>				
	Centrowitz		3:57.44	8*	01 June 12
143. Shannon	Lemora	(US/Nike Oregon)	3:57.47	4	04 June 94
	Wolde		3:57.48	9*	01 June 12
144. Matt	Lane	(US/Nike)	3:57.57	10	26 May 02
	Kiplagat		3:57.59	12	27 May 17
145. Kevin	Ryan	(US/Athletics West)	3:57.60	5	04 June 83
146. Henry Wynne		(US/Brooks Beasts)	3:57.61	3*	26 May 18
	Aragon		3:57.71	6	05 June 82
	Hood		3:57.71	10	25 May 97
147. Galen	Rupp	(US/Nike)	3:57.72	10*	03 July 10
148. Steve	Agar	(Dominica)	3:57.77	11	25 May 97
149. Doug	Consiglio	(Canada)	3:57.7	3	02 July 88
	Grice		3:57.80	8*	30 May 15
150. Leonard	Mucheru	(Kenya)	3:57.90	11	26 May 02
	Scott		3:57.92	1	14 June 77
151. Daniel	Zegeye	(Ethiopia)	3:57.92	12	27 May 01
152. Abdi Waiss	Mouhyadin	(Djibouti)	3:57.97	9*	30 May 15
153. Ciarán	Ó'Lionáird	(Ireland)	3:57.99	11*	31 May 14
154. Rick	Musgrave	(US/Colorado TC)	3:58.00	7	05 June 82
	El Kaam		3:58.00	4*	26 May 18
	Myers		3:58.01	7	10 June 07
155. Ronnie	Harris	(US/Sallie Mae TC)	3:58.03	5	05 June 93
156. Michael	Power	(Australia)	3:58.03	12	04 June 95
	Wittman		3:58.05	5	04 June 94
157. Jakob	Ingebrigtsen	(Norway)	3:58.07	11*	27 May 17
	<i>(350 performances)</i>				
158. Marty	Liquori	(US/Florida AA)	3:58.0	2	14 June 77
159. Izaic	Yorks	(US/Brooks Beasts)	3:58.04	5*	26 May 18
	Lemora		3:58.12	13	04 June 95
	N. Kemboi		3:58.12	8	10 June 07
160. Riley	Masters	(US/Nike)	3:58.12	6*	26 May 18
	Boit		3:58.13	5	06 June 87
	de Souza		3:58.15	9	30 May 99

	Leer	3:58.16	9	08 June 08
161. Bob	Lesko..... (US/Sallie Mae TC)...	3:58.23	6	05 June 93
162. Dan	Aldridge..... (US/Athletics West) ..	3:58.24	8	05 June 82
	Kiprop	3:58.24	13	27 May 17
163. Benny	McIntosh..... (US/Asics).....	3:58.25	6	04 June 94
	Casey	3:58.26	7*	26 May 18
	McNamara	3:58.28	3*	27 May 16
	D. Myers..... (US/Ath In Action) ...	3:58.2	4	02 July 88
	Holuša	3:58.34	11	28 May 16
	Boulet.....	3:58.35	10	30 May 99
	Sullivan.....	3:58.35	4	19 June 04
164. Mo	Farah	3:58.36	8	28 May 06
165. Colby	Alexander..... (US/Hoka-NJNY)	3:58.38	8*	26 May 18
166. Joe	Fabris	3:58.3	9	05 June 82
167. Said	Ahmed	3:58.46	9	10 June 07
168. Andy	Clifford	3:58.4	10	05 June 82
169. Eric	Avila..... (US/adidas).....	3:58.51	9*	26 May 18
170. Mike	Hillardt..... (Australia)	3:58.60	3	21 July 84
	<i>(375 performances)</i>			
171. Paul	McMullen	3:58.60	5	19 June 04
	Leer	3:58.65	10*	01 June 12
172. Julius	Achon	3:58.66	6	19 June 04
	Manzano	3:58.68	13	07 June 09
	Lemora	3:58.70	10	26 May 96
173. Blake	Haney	3:58.70	10*	26 May 18
174. Peter	Spir	3:58.71	3	14 June 77
	Flynn.....	3:58.72	6	06 June 87
	H. Ingebrigtsen	3:58.72	11*	26 May 18
	Holman.....	3:58.73	7	04 June 94
	Keino	3:58.73	8	04 June 94
	Magut	3:58.74	12*	26 May 18
	Rankin..... (US/Nike)	3:58.76	9	28 May 06
	Ngeny	3:58.79	9	24 May 03
175. Jim	Spivey..... (US/Athletics West) ..	3:58.80	1	07 June 86
176. Brendan	Mathias	3:58.83	2	01 June 90
177. Dan	Maas..... (US/Reebok)	3:58.83	7	05 June 93
	Webb	3:58.84	10	24 May 03
	Hunter	3:58.86	12	28 May 16
178. Roger	Jones..... (US/Puma)	3:58.93	6	04 June 83

	Boit.....	3:59.05	4.....	21 July 84
	Lomong.....	3:59.06	10*	30 May 15
179. Ernie	Freer..... (US/Goldwin)	3:59.08	8.....	05 June 93
	Boit.....	3:59.0	11.....	05 June 82
	Cushing-murray.....	3:59.14	9.....	05 June 93
	<i>(400 performances)</i>			
180. Chris	Katon..... (US/adidas).....	3:59.19	9.....	04 June 94
181. Bruce	Stirling..... (US/Reebok)	3:59.1	5.....	02 July 88
182. John	Kosgei..... (Kenya).....	3:59.29	7.....	24 June 00
183. Jon	Warren..... (US/Nike Texas).....	3:59.30	10.....	04 June 94
	Aragon.....	3:59.38	2.....	07 June 86
184. Ed	Arriola..... (US/Arizona)	3:59.3	4.....	14 June 77
	Webb	3:59.47	11*	01 June 12
	Aden.....	3:59.49	11.....	24 May 03
185. John	Quade..... (US/Nike North).....	3:59.52	3.....	01 June 90
	Whiteley	3:59.57	11.....	04 June 94
186. Mark	Fountain..... (Australia)	3:59.64	12.....	24 May 03
187. Mike	Stahr..... (US/NY Pioneers).....	3:59.73	3.....	07 June 86
188. Jim	Howarth..... (US/Nike)	3:59.75	12.....	04 June 94
189. Andy	Bayer..... (US/Bowerman TC) ..	3:59.76	12*	31 May 14
190. Steve	Slattery..... (US/Nike)	3:59.78	7.....	19 June 04
191. Michael	Slagowski..... (Idaho HS).....	3:59.78	4*	27 May 16
	Aragon.....	3:59.7	6.....	02 July 88
	Consiglio.....	3:59.80	1.....	21 June 91
192. Matthew	Ramsden..... (Australia)	3:59.80	12*	27 May 17
193. Paul	Korir..... (Kenya).....	3:59.86	10.....	04 June 05
194. Aaron	Lanzel..... (US/unattached).....	3:59.88	8.....	19 June 04
195. Gabe	Jennings..... (US/Stanford)	3:59.91	8.....	24 June 00
	<i>(422 performances total)</i>			

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— continued —

NOTES:

In '75 (the inaugural race), '79 & '89, a sub-4:00 was not achieved.

The winners of those races:

Lars-Martin	Kaupang..... (Norway)	4:01.41.....	07 June 75
Phil	Kane..... (US/Athletics West)..	4:03.11.....	02 June 79
Tim	Hacker..... (US/Athletics West)..	4:02.121.....	03 June 89

In '76, '78, '80, '81, '85 & '92, the mile was not contested, but rather the 1500 meters.

The winners of those races:

Mark	Feig (US/Oregon TC).....	3:38.11.....	05 June 76
Bob	Maplestone (Great Britain).....	3:43.41.....	31 May 78
Rudy	Chapa..... (US/Oregon TC).....	3:40.821.....	06 June 80
Tom	Byers (US/Athletics West)..	3:36.351.....	06 June 81
Joaquim	Cruz..... (Brazil)	3:35.701.....	01 June 85
Joe	Falcon (US/Foot Locker).....	3:36.31.....	06 June 92

The latest in the year the Bowerman Mile has ever been held is July 21 ('84); the earliest is May 24 ('03).

PRE MILE TRIVIA FOLLOWS...

Most Under 4:00, 1 Race

(* = international mile)

16... 2012

15... 2013

14... 2014

13... 1995, 2009, 2015, 2017

12... 1994, 2001, 2003, 2011, 2014*, 2016,
2017*, 2018*

11... 1982, 1997, 1998, 2002, 2012*, 2018

Most Bowerman Wins

4..... Asbel Kiprop '09, '10, '12, '16

3..... Joaquim Cruz '85 (1500), '87, '88

2..... Steve Scott '77, '84

..... Tom Byers '81 (1500), '83

..... Bob Kennedy '93, '94

..... Hicham El Guerrouj '01, '02

..... Bernard Lagat '03, '06

..... Ayanleh Souleiman '14, '15

Most Consecutive Bowerman Wins

2..... Cruz, El Guerrouj, Kennedy, Kiprop,
Souleiman

Most Races Under 4:00

(* = international mile)

9..... Lopez Lomong

'08, '09, '10, '11, '12, '13, '14*, '15*, '17*

..... Asbel Kiprop

'09, '10, '11, '12, '13, '14, '15, '16, '17

8..... Bernard Lagat

'01, '02, '03, '05, '06, '07, '10, '12

7..... Kevin Sullivan

'99, '00, '01, '03, '04, '05, '07

..... Daniel K. Komen

'06, '07, '08, '10, '11, '12, '13*

..... Silas Kiplagat

'11, '12, '13, '14, '15, '16, '17

6..... Steve Holman '94, '95, '96, '97, '98, '99

..... Martin Keino '94, '96, '97, '98, '99, '01

..... Alan Webb '01, '03, '04, '08, '09, '12*

..... Ryan Gregson

'10*, '11*, '13, '14*, '15*, '17

..... Abdelaati Iguider

'12, '13, '14, '15, '16, '17

..... James Magut

12*, '13*, '14, '15, '16, 18*

..... Aman Wote 12, '13, '14, '15, '16, '18

5..... Chuck Aragon '82, '83, '86, '87, '88

..... Jason Pyrah '95, '96, '97, '98, '00

..... Hudson de Souza '98, '99, '00, '01, '03

..... Alex Kipchirchir '03, '05, '06, '07, '08

..... Will Leer '08, '09, '12*, '13*, '14

..... Mekonnen Gebremedhin

'10, '11, '12, '13, '14

..... David Torrence

'10*, '11*, '12, '13*, '14*

..... Bethwel Birgen '12, '13, '14, '17, '18

..... Matthew Centrowitz

'12, '13, '14, '15, '18

..... Ben Blankenship '11, '15, '16, '17, '18

Most Races Under 3:55

8..... Asbel Kiprop

..... Bernard Lagat

6..... Daniel K. Komen

..... Lopez Lomong

5..... Bethwel Birgen

..... Mekonnen Gebremedhin

..... Abdelaati Iguider

..... Silas Kiplagat

4..... Matthew Centrowitz

..... Collins Cheboi

..... Alex Kipchirchir

..... Ayanleh Souleiman

..... Kevin Sullivan

..... David Torrence

..... Nick Willis

..... Aman Wote

Most Races Under 3:54

- 8..... Asbel Kiprop
- 6..... Daniel K. Komen
 - Bernard Lagat
- 5..... Abdelaati Iguider
 - Silas Kiplagat
 - Lopez Lomong
- 4..... Bethwel Birgen
 - Collins Cheboi
 - Mekonnen Gebremedhin
 - Alex Kipchirchir
 - Kevin Sullivan
 - Ayanleh Souleiman
 - Nick Willis

Most Races Under 3:53

- 8..... Asbel Kiprop
- 5..... Daniel K. Komen
 - Bernard Lagat
- 4..... Collins Cheboi
 - Abdelaati Iguider
 - Alex Kipchirchir
 - Silas Kiplagat
 - Ayanleh Souleiman

Most Races Under 3:52

- 8..... Asbel Kiprop
- 4..... Bernard Lagat
 - Silas Kiplagat
 - Daniel K. Komen
 - Ayanleh Souleiman

Most Races Under 3:51

- 6..... Asbel Kiprop
- 4..... Daniel K. Komen

Most Races Under 3:50

- 5..... Asbel Kiprop
- 3..... Silas Kiplagat
- 2..... Timothy Cheruiyot
 - Haron Keitany
 - Aman Wote

Most Races Under 3:49

- 1..... Haron Keitany
 - Silas Kiplagat
 - Asbel Kiprop
 - Daniel K. Komen
 - Ayanleh Souleiman
 - Aman Wote

Most Races Under 3:48

- 1..... Silas Kiplagat
 - Ayanleh Souleiman

Distribution Of Athletes By Nation

(Bernard Lagat is in the counts for both the U.S. & Kenya, Ibrahim Aden for both the U.S. & Somalia)

- 104. USA
- 40... Kenya
- 10... Ethiopia
- 8..... Canada
- 7..... Australia
 - Morocco
- 4..... Brazil
 - Great Britain
 - Ireland
 - Norway
- 3..... South Africa
- 2..... Bahrain
 - Djibouti
 - New Zealand
- 1..... Algeria, Burundi, Czech Republic,
Dominica, Hungary, Jamaica, Somalia,
Uganda

Best-Ever Mark-For-Place In The Bowerman Mile

1. Ayanleh	Souleiman	(Djibouti)	3:47.32	31 May 14
2. Silas	Kiplagat.....	(Kenya).....	3:47.88	31 May 14
3. Aman	Wote	(Ethiopia)	3:48.60	31 May 14
4. Abdelaati	Iguider.....	(Morocco)	3:49.09	31 May 14
5. James	Magut	(Kenya).....	3:49.43	31 May 14
6. Collins	Cheboi.....	(Kenya).....	3:49.56	31 May 14
7. Asbel	Kiprop	(Kenya).....	3:50.26	31 May 14
8. Matthew	Centrowitz	(US/Nike)	3:50.53	31 May 14
9. Johan	Cronje.....	(South Africa)	3:50.70	31 May 14
10. Bethwel	Birgen.....	(Kenya).....	3:51.12	31 May 14
11. Taoufik	Makhloufi	(Algeria)	3:52.16	31 May 14
12. Leo	Manzano	(US/Nike)	3:53.07	02 June 12
13. Henrik	Ingebrigtsen.....	(Norway)	3:53.62	31 May 14
14. Bernard	Lagat	(US/Nike)	3:54.28	02 June 12
15. Lopez	Lomong.....	(US/Nike)	3:55.14	02 June 12
16. Andrew	Wheating.....	(US/Nike)	3:56.77	02 June 12

Best-Ever Mark-For-Place In The International Mile

1. Thiago	André.....	(Brazil)	3:51.99	27 May 17
2. Jordan	McNamara	(US/Oregon TC).....	3:52.89	31 May 14
3. Evan	Jager	(US/Nike)	3:53.33	31 May 14
4. Pat	Casey	(Oregon TC).....	3:53.71	31 May 14
5. Garrett	Heath.....	(US/Brooks).....	3:53.76	31 May 14
6. Ryan	Gregson	(Australia)	3:53.85	31 May 14
7. David	Torrence	(US/Nike)	3:53.95	31 May 14
8. Fouad	El Kaam.....	(Morocco)	3:54.21	31 May 14
9. Lopez	Lomong.....	(US/Nike)	3:54.28	31 May 14
10. Cristian	Soratos.....	(US)	3:56.68	27 May 17
11. Ciarán	Ó'Lionáird	(Ireland)	3:57.99	31 May 14
12. Andy	Bayer	(US/Bowerman TC) ..	3:59.76	31 May 14

Additional Sub-4:00s At Hayward Field

Outside of Pre Classic racing, there have been 95 sub-4:00 miles run at Hayward Field, including 6 by Steve Prefontaine

— continued —

Winners Of The Bowerman Mile

(the Bowerman name not formally adopted until the race of 2000)

1500s were run instead in '76, '78, '80, '81, '85 & '92

1975.....	Lars Kaupang (Norway).....	4:01.4	MR
1977.....	Steve Scott (US)	3:57.9	MR
1979.....	Phil Kane (US).....	4:03.1	
1982.....	Sydney Maree (US)	3:54.10	MR
1983.....	Tom Byers (US)	3:53.25	MR
1984.....	— Scott	3:54.44	
1986.....	Jim Spivey (US).....	3:58.80	
1987.....	Joaquim Cruz (Brazil).....	3:56.36	
1988.....	— Cruz	3:56.9	
1989.....	Tim Hacker (US).....	4:02.12	
1990.....	Maurice Smith (US).....	3:57.36	
1991.....	Doug Consiglio (Canada)	3:59.80	
1993.....	Bob Kennedy (US)	3:56.71	
1994.....	— Kennedy.....	3:56.21	
1995.....	Steve Holman (US).....	3:52.89	MR
1996.....	David Kibet (Kenya).....	3:52.28	MR
1997.....	Laban Rotich (Kenya)	3:52.68	
1998.....	Daniel Komen (Kenya).....	3:50.95	MR
1999.....	Noah Ngeny (Kenya).....	3:52.09	
2000.....	William Chirchir (Kenya).....	3:51.84	
2001.....	Hicham El Guerrouj (Morocco)	3:49.92	MR
2002.....	— El Guerrouj	3:50.89	
2003.....	Bernard Lagat (Kenya)	3:50.21	
2004.....	Alan Webb (US).....	3:50.85	
2005.....	Alex Kipchirchir (Kenya).....	3:50.91	
2006.....	— Lagat (US).....	3:51.53	
2007.....	Daniel K. Komen (Kenya)	3:48.28	MR
2008.....	Shadrack Korir (Kenya)	3:50.49	
2009.....	Asbel Kiprop (Kenya).....	3:48.50	
2010.....	— Kiprop	3:49.75	
2011.....	Haron Keitany (Kenya).....	3:49.09	
2012.....	— Kiprop	3:49.40	
2013.....	Silas Kiplagat (Kenya)	3:49.48	
2014.....	Ayanleh Souleiman (Djibouti)	3:47.32	MR
2015.....	— Souleiman.....	3:51.10	
2016.....	— Kiprop	3:51.54	
2017.....	Ronald Kwemoi (Kenya)	3:49.04	
2018.....	Timothy Cheruiyot (Kenya).....	3:49.64	

10 Fastest Americans In The Bowerman Mile

1. Matthew	Centrowitz	(Nike)	3:50.53	8.....	31 May 14
2. Bernard	Lagat	(Nike)	3:50.56	2.....	10 June 07
3. Alan	Webb	(Nike)	3:50.85	1.....	19 June 04
4. Russell	Brown.....	(Oregon TC).....	3:51.45	9.....	04 June 11
Lopez	Lomong.....	(Nike)	3:51.45	9.....	01 June 13
6. Andrew	Wheating.....	(Oregon).....	3:51.74	5.....	03 July 10
7. Clayton	Murphy	(Nike)	3:51.99	5.....	27 May 17
8. David	Torrence	(Nike)	3:52.01	9.....	02 June 12
9. Steve	Holman.....	(Reebok Enclave)	3:52.86	2.....	26 May 96
10. Ben	Blankenship	(US/Oregon TC).....	3:53.04	7.....	27 May 17

Women Who Have Broken 4:00 In The Pre Classic 1500

1. Faith	Kipyegon.....	(Kenya).....	3:56.41	1.....	28 May 16
2. Hellen	Obiri.....	(Kenya).....	3:57.05	1.....	31 May 14
3. Abeba	Aregawi	(Sweden).....	3:57.57	2.....	31 May 14
	Kipyegon		3:58.01	3.....	31 May 14
4. Dawit	Seyaum	(Ethiopia)	3:58.10	2.....	28 May 16
5. Jenny	Simpson	(US/New Balance)....	3:58.28	4.....	31 May 14
	Obiri.....		3:58.58	1.....	01 June 13
6. Shelby	Houlihan.....	(US/Bowerman TC) ..	3:59.06	1.....	26 May 18
7. Laura	Muir	(Great Britain).....	3:59.30	2.....	26 May 18
	Simpson		3:59.37	3.....	26 May 18
8. Sifan	Hassan	(Netherlands).....	3:59.38	5.....	31 May 14
9. Rabab	Arrafi	(Morocco)	3:59.51	4.....	26 May 18
	Kipyegon.....		3:59.67	1.....	27 May 17
10. Gelete	Burka.....	(Ethiopia)	3:59.89	1.....	07 June 09
	Simpson		3:59.90	2.....	07 June 09

(15 performances by 10 performers)

— ends —