

2019 World Relays Statistics - Men's 4x400m Relay

by K Ken Nakamura

All time Performance List at the World Championships

Performance	Performer	Time	Nation	Pos	Venue	Year
1	1	2:57.25	USA	1	Nassau	2014
2	2	2:57.59	BAH	2	Nassau	2014
3	3	2:58.34	TTO	3	Nassau	2014
4		2:58.43	USA	1	Nassau	2015
5		2:58.91	BAH	2	Nassau	2015
6	4	2:59.33	BEL	3	Nassau	2015
7	5	3:00.23	JAM	4	Nassau	2015
8		3:00.30	BAH	1h3	Nassau	2014
9	6	3:00.32	GBR	4	Nassau	2014
10	7	3:00.61	CUB	5	Nassau	2014
11		3:00.74	GBR	1h1	Nassau	2014
12	8	3:00.96	BRA	5	Nassau	2015
13		3:01.06	TTO	2h3	Nassau	2014
14		3:01.09	USA	1h2	Nassau	2014
15		3:01.17	JAM	2h2	Nassau	2014
16	9	3:01.44	VEN	6	Nassau	2014
17		3:01.50	GBR	6	Nassau	2015
18		3:01.96	VEN	2h1	Nassau	2014
19		3:02.09	TTO	1h3	Nassau	2015
20		3:02.13	USA	1	Nassau	2017
21		3:02.18	BAH	1h1	Nassau	2015
22		3:02.23	BRA	2h1	Nassau	2015
23	10	3:02.28	BOT	2	Nassau	2017
24		3:02.41	BEL	2h3	Nassau	2015
25		3:02.43	CUB	3h3	Nassau	2014
26		3:02.51	TTO	1h2	Nassau	2017
27		3:02.62	USA	2h2	Nassau	2017
28		3:02.78	BRA	3h1	Nassau	2014
29		3:02.79	BEL	4h3	Nassau	2014
30		3:02.81	USA	1h2	Nassau	2015
31		3:02.86	JAM	3	Nassau	2017
32		3:02.97	BEL	1fB	Nassau	2014
33		3:02.98	JAM	2h2	Nassau	2015
34		3:03.08	BOT	3h2	Nassau	2015
35		3:03.09	BOT	1h3	Nassau	2017
36		3:03.10	TTO	7	Nassau	2015
37		3:03.17	TTO	4	Nassau	2017
38	11	3:03.23	POL	1fB	Nassau	2017
39	12	3:03.24	JPN	2fB	Nassau	2014
40		3:03.28	GBR	3h3	Nassau	2015
41	13	3:03.41	DOM	3fB	Nassau	2014
42		3:03.50	CUB	3h1	Nassau	2015
43		3:03.52	JAM	2h3	Nassau	2017
44		3:03.73	BOT	8	Nassau	2015
45		3:03.73	CUB	2fB	Nassau	2015
46	14	3:03.74	FRA	3h2	Nassau	2014
47		3:03.84	CUB	5	Nassau	2017
48		3:03.87	BRA	7	Nassau	2014
49		3:03.88	FRA	4h2	Nassau	2015

50		3:04.25		JPN	5h3	Nassau	2014
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Slowest winning time: 3:02.13 by USA in 2017

Margin of Victory

	Difference	Time	Nat	Venue	Year
Max	0.48	2:58.43	USA	Nassau	2015
Min	0.15	3:02.13	USA	Nassau	2017

Difference between first and third

	Diff	Winning time	3 rd place time	Winning team	Venue	Year
Max	1.09	2:57.25	2:58.34	USA	Nassau	2014
Min	0.73	3:02.13	3:02.86	USA	Nassau	2017

Difference between third and fourth (medal versus no medal)

	Diff	3 rd place time	3 rd place Team	Venue	Year
Max	1.98	2:58.34	TTO	Nassau	2014
Min	0.31	3:02.86	JAM	Nassau	2017

Fastest time in each round

Round	Time	Nat	Venue	Year
Final	2:57.25	USA	Nassau	2014
First round	3:00.30	BAH	Nassau	2014

Fastest non-qualifier for the final

Time	Position	Team	Venue	Year
3:02.79	4h2	BEL	Nassau	2014

Slowest qualifier for the final

Time	Position	Team	Venue	Year
3:02.78	3h1	BRA	Nassau	2014

Average of World Relays

	Average	2017	2015	2014
Winning Time	2:59.27	3:02.13	2:58.43	2:57.25
Winning Medal	3:00.18	3:02.86	2:59.33	2:58.34
Slowest to Make Final	3:03.75	3:05.19	3:03.28	3:02.78

Best Marks for Places in the World Relays

Pos	Time	Nat	Venue	Year
1	2:57.25	USA	Nassau	2014
2	2:57.59	BAH	Nassau	2014
3	2:58.34	TTO	Nassau	2014
4	3:00.23	JAM	Nassau	2015
	3:00.32	GBR	Nassau	2014
5	3:00.61	CUB	Nassau	2014
6	3:01.44	VEN	Nassau	2014

7	3:03.10 3:03.87	TTO BRA	Nassau Nassau	2015 2014
8	3:03.73	BOT	Nassau	2015

Best Marks for Places – all competitions

Pos	Time	Team	Venue	Day Month Year
1	2:54.29	USA	Stuttgart	22 Aug 1993
2	2:56.60 2:56.75	GBR JAM	Atlanta Athina	3 Aug 1996 10 Aug 1997
3	2:58.07 2:58.34	JAM TTO	Helsinki Nassau	14 Aug 2005 25 May 2014
4	2:58.51 2:58.52	JAM BEL	Beijing Rio de Janeiro	23 Aug 2008 20 Aug 2016
5	2:59.06 2:59.95	BOT BOT (heat)	Rio de Janeiro Beijing	20 Aug 2016 29 Aug 2015
6	2:59.53 3:00.15	CUB DOM	Rio de Janeiro Beijing	20 Aug 2016 29 Aug 2015

Multiple Gold Medalists:

USA: 2014, 2015, 2017

Multiple Medalists:

USA: Gold in 2014, 2015, 2017

BAH: Silver in 2014, 2015

Man & Woman from the same team winning the corresponding event:

Nation	Venue	Year
USA	Nassau	2014
USA	Nassau	2015
USA	Nassau	2017

Medals by Countries:

Nation	Gold	Silver	Bronze
USA	3		
BAH		2	
BOT		1	
TTO			1
BEL			1
JAM			1

Highest finish by Asian team: Never made the final

Highest finish by African team: 2nd by BOT in 2017

Last three World Relays:

Year	Gold	Time	Silver	Time	Bronze	Time
2017	USA	3:02.13	BOT	3:02.28	JAM	3:02.86
2015	USA	2:58.43	BAH	2:58.91	BEL	2:59.33
2014	USA	2:57.25	BAH	2:57.59	TTO	2:58.34

Last nine World Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2017	TTO	2:58.12	USA	2:58.61	GBR	2:59.00
2015	USA	2:57.82	TTO	2:58.20	GBR	2:58.51
2013	USA	2:58.71	JAM	2:59.88	RUS	2:59.90
2011	USA	2:59.31	RSA	2:59.87	JAM	3:00.10
2009	USA	2:57.86	GBR	3:00.53	AUS	3:00.90
2007	USA	2:55.56	BAH	2:59.18	POL	3:00.05
2005	USA	2:56.91	BAH	2:57.32	JAM	2:58.07
2003	FRA	2:58.96	JAM	2:59.60	BAH	3:00.53
2001	BAH	2:58.19	JAM	2:58.39	POL	2:59.71

Last five Olympics:

Year	Gold	Time	Silver	Time	Bronze	Time
2016	USA	2:57.30	JAM	2:58.16	BAH	2:58.49
2012	BAH	2:56.72	USA	2:57.05	TRI	2:59.40
2008	USA	2:55.39	BAH	2:58.03	RUS	2:58.06
2004	USA	2:55.91	AUS	3:00.60	NGR	3:00.90
2000	NGR	2:58.68	JAM	2:58.78	BAH	2:59.23

Last nine World Indoor Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2018	POL	3:01.77	USA	3:01.97	BEL	3:02.51
2016	USA	3:02.45	BAH	3:04.75	TTO	3:05.51
2014	USA	3:02.13	GBR	3:03.40	JAM	3:03.69
2012	USA	3:03.94	GBR	3:04.72	TRI	3:06.85
2010	USA	3:03.40	BEL	3:06.94	GBR	3:07.52
2008	USA	3:06.79	JAM	3:07.69	DOM	3:07.77
2006	USA	3:03.24	POL	3:04.67	RUS	3:06.91
2004	JAM	3:05.21	RUS	3:06.23	IRL	3:10.44
2003	JAM	3:04.21	GBR	3:06.12	POL	3:06.61

Last ten World Junior (U20) Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2018	ITA	3:04.05	USA	3:05.26	GBR	3:05.64
2016	USA	3:02.39	BOT	3:02.81	JAM	3:04.83
2014	USA	3:03.31	JPN	3:04.11	JAM	3:04.47
2012	USA	3:03.99	POL	3:05.05	TRI	3:06.32
2010	USA	3:04.76	NGR	3:06.36	GBR	3:06.49
2008	USA	3:03.86	GBR	3:05.82	GER	3:06.47
2006	USA	3:03.76	RUS	3:05.13	GBR	3:05.49
2004	USA	3:01.09	RSA	3:04.50	JPN	3:05.33
2002	USA	3:03.71	JAM	3:04.06	JPN	3:05.80
2000	JAM	3:06.06	GER	3:06.79	POL	3:07.05

Last seven European Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2018	BEL	2:59.47	GBR	3:00.36	ESP	3:00.78
2016	BEL	3:01.10	POL	3:01.18	GBR	3:01.44
2014	GBR	2:58.79	RUS	2:59.38	POL	2:59.85
2012	BEL	3:01.09	GBR	3:01.56	GER	3:01.77
2010	RUS	3:02.14	GBR	3:02.25	BEL	3:02.60

2006	FRA	3:01.10	GBR	3:01.63	POL	3:01.73
2002	GBR	3:01.25	RUS	3:01.34	FRA	3:02.76

Last five Asian Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2018	QAT	3:00.56	IND	3:01.85	JPN	3:01.94
2014	JPN	3:01.88	KOR	3:04.03	KSA	3:04.03
2010	KSA	3:02.30	JPN	3:02.43	CHN	3:03.66
2006	KSA	3:05.31	IND	3:06.65	SRI	3:06.97
2002	KSA	3:02.47	IND	3:04.22	SRI	3:04.37

Last nine Asian Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2017	IND	3:02.92	SRI	3:04.80	THA	3:06.48
2015	QAT	3:02.50	KSA	3:02.62	JPN	3:03.47
2013	KSA	3:02.53	JPN	3:04.46	SRI	3:04.92
2011	JPN	3:04.72	KSA	3:08.03	IRI	3:08.58
2009	JPN	3:04.13	CHN	3:06.60	IND	3:06.83
2007	KSA	3:05.96	SRI	3:07.29	IND	3:07.94
2005	JPN	3:03.51	SRI	3:04.12	IND	3:07.45
2003	SRI	3:03.05	JPN	3:03.59	QAT	3:04.32
2002	SRI	3:03.35	IND	3:06.76	JPN	3:07.09

Last four All Africa Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2015	KEN	3:00.34	BOT	3:00.95	ALG	3:03.07
2011	KEN	3:03.10	NGR	3:05.26	BOT	3:05.92
2007	BOT	3:03.16	NGR	3:03.99	ZIM	3:04.84
2003	BOT	3:02.24	NGR	3:04.49	ZIM	3:05.62

Last nine African Championships:

Year	Gold	Time	Silver	Time	Bronze	Time
2018	KEN	3:00.92	RSA	3:03.50	NGR	3:04.88
2016	BOT	3:02.20	KEN	3:04.25	RSA	3:04.73
2014	BOT	3:01.89	NGR	3:03.09	KEN	3:07.35
2012	NGR	3:03.39	RSA	3:04.01	KEN	3:04.12
2010	KEN	3:02.96	BOT	3:05.16	NGR	3:06.53
2008	RSA	3:03.58	SUD	3:04.00	SEN	3:05.93
2006	KEN	3:06.78	RSA	3:07.65	BOT	3:08.13
2004	ZIM	3:02.38	NGR	3:02.66	RSA	3:03.81
2002	MAR	3:09.72	MRI	3:10.14	SEN	3:14.40

Last four Pan American Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2015	TTO	2:59.60	USA	3:00.21	BAH	3:00.34
2011	CUB	2:59.43	DOM	3:00.44	VEN	3:00.82
2007	BAH	3:01.94	USA	3:02.44	DOM	3:02.48
2003	JAM	3:01.81	USA	3:01.87	DOM	3:02.02

Last five Commonwealth Games:

Year	Gold	Time	Silver	Time	Bronze	Time
2018	BOT	3:01.78	BAH	3:01.92	JAM	3:01.97

2014	ENG	3:00.46	BAH	3:00.51	TTO	3:01.51
2010	AUS	3:03.30	KEN	3:03.84	ENG	3:03.97
2006	AUS	3:00.93	RSA	3:01.84	JAM	3:01.94
2002	ENG	3:00.40	WAL	3:00.41	BAH	3:01.35

Fastest Performances in May

Performance	Performer	Time	Team	Pos	Venue	DMY
1	1	2:57.25	USA	1	Nassau	25 May 2014
2	2	2:57.59	BAH	2	Nassau	25 May 2014
3	3	2:58.34	TTO	3	Nassau	25 May 2014

Combined 2018 & 2019 World List

Performance	Performer	Time	Name	Pos	Venue	DMY
1	1	2:59.00	USC	1	Eugene-NCAA	8 June 2018
2	2	2:59.47	BEL	1	Berlin – EC	11 Aug 2018
3	3	2:59.78	USA	1	London – W Cup	15 July 2018
4	4	2:59.91	Texas A&M	2	Eugene – NCAA	8 June 2018
5	5	3:00.36	GBR	2	Berlin- EC	11 Aug 2018
6	6	3:00.56	LSU	3	Eugene- NCAA	8 June 2018
7	7	3:00.56	QAT	1	Jakarta – AsianG	30 Aug 2018
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		3:01.46	Pure Athletics	1	Gainesville	30 Mar 2019

World Class sprinters competing in World Relays

Steven Gardiner (BAH) DOB: 12 Sept 1995

Personal Best: 200m: 19.75 (2018); 400m: 43.87 (2018)

Championships Highlights:

400m: 2nd in 2017 WC

Progressions:

Year	100m	200m	400m
2019		20.04	
2018		19.75	43.87
2017			43.89
2016		20.53w/20.63	44.46

Jonathan Borlee (BEL) DOB: 22 Feb 1988

Personal Best: 200m: 20.31 (2012); 400m: 44.43 (2012)

Championships Highlights:

400m: 5th in 2011 WC, 4th in 2013 WC; 6th in 2012 OG; 3rd in 2018 EC; 4th in 2006 World Junior

Progressions:

Year	100m	200m	400m
2019		21.07	
2018		20.78	44.87
2017		20.91	45.09

2016		20.64	45.34
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Kevin Borlee (BEL) DOB: 22 Feb 1988

Personal Best: 200m: 20.72 (2011); 400m: 44.56 (2012)

Championships Highlights:

400m: 1st in 2010 EC; 2nd in 2018 EC; 3rd in 2011 WC; 5th in 2012 OG

Progressions:

Year	100m	200m	400m
2019		20.99	46.69i
2018			45.07
2017			44.79
2016		20.76	45.17

Isaac Makwala (BOT) DOB: 24 Sept 1985

Personal Best: 100m: 10.14w (2014); 200m: 19.77 (2017); 400m: 43.72 (2015)

Championships Highlights:

200m: 6th in 2017 WC

400m: 5th in 2015 WC; 1st in 2018 CWG; 1st in 2012 & 2014 African Champ;

Progressions:

Year	100m	200m	400m
2019			47.00A
2018		19.96	44.23
2017	10.48A	19.77	43.84
2016	10.35A	20.42A	44.85
2015		20.44	43.72

Baboloki Thebe (BOT) DOB: 18 Mar 1997

Personal Best: 100m: 10.29A (2015); 200m: 20.21 (2016); 400m: 44.02 (2017)

Championships Highlights:

200m: 2nd in 2014 YOG

400m: 1st in 2016 & 2018 African Champ; 2nd in 2018 CWG; 2nd in 2018 Continental Cup

Progressions:

Year	100m	200m	400m
2019			45.34A
2018		20.79	44.54
2017			44.02
2016	10.36	20.21	44.22A

Pavel Maslak (CZE) DOB: 21 Feb 1991

Personal Best: 100m: 10.30 (2017); 200m: 20.46 (2017); 400m: 44.79 (2014)

Championships Highlights:

400m: 1st in 2012 EC, 2nd in 2016 EC; 5th in 2013 WC;
 1st in 2013, 2015 and 2017 Euro Indoor; 1st in 2014, 2016 & 2018 World Indoor

Progressions:

Year	100m	200m	400m
2019			46.19i
2018	10.48	20.70	45.59/45.47i
2017	10.30	20.46	45.10
2016	10.35	20.65	45.06

Martyn Rooney (GBR) DOB: 3 Apr 1987

Personal Best: 200m: 20.87 (2011); 400m: 44.45 (2015)

Championships Highlights:

400m: 3rd in 2006 World Junior; 6th in 2008 OG; 3rd in 2010 EC; 1st in 2014 and 2016 EC
 4th in 2014 CWG

Progressions:

Year	100m	200m	400m
2018		21.43	45.73
2017			45.65
2016			45.04
2015			44.45

Nathon Allen (JAM) DOB: 28 Oct 1995

Personal Best: 200m: 20.46 (2018); 400m: 44.13 (2018)

Championships Highlights:

400m: 5th in 2017 WC

Member of silver medal winning relay team in 2016 OG

Progressions:

Year	100m	200m	400m
2019			
2018		20.46/20.39w	44.13
2017		20.82	44.19
2016			45.39

Akeem Bloomfield (JAM) DOB: 10 Nov 1997

Personal Best: 200m: 19.81 (2018); 400m: 43.93 (2015)

Championships Highlights:

Progressions:

Year	100m	200m	400m
2019		20.24	
2018		19.81	43.94
2017		20.29w	44.74
2016		20.66	46.01

Rusheen McDonald (JAM) DOB: 17 Aug 1992

Personal Best: 200m: 20.57 (2015); 400m: 43.93 (2015)

Championships Highlights:

Member of silver medal winning relay team in 2013 WC and 2016 OG

Progressions:

Year	100m	200m	400m
2019		21.49	45.50
2018		20.96	45.70
2017		21.06	45.19
2016		20.76	45.22

Machel Cedenio (TTO) DOB: 6 Sept 1995

Personal Best: 200m: 21.15 (2013); 400m: 44.01 (2016)

Championships Highlights:

400m: 1st in 2014 World Junior; 7th in 2015 WC; 4th in 2016 OG

Progressions:

Year	100m	200m	400m
2019			45.03
2018			45.68
2017			44.90
2016			44.01

Deon Lendore (TTO) DOB: 28 Oct 1992

Personal Best: 200m: 20.59 (2018); 400m: 44.36 (2014)

Championships Highlights:

400m: 3rd in 2016 and 2018 World Indoor

Progressions:

Year	100m	200m	400m
2019		20.85	46.05
2018		20.59	44.81
2017			
2016			45.31

Jereem Richards (TTO) DOB: 13 Jan 1994

Personal Best: 200m: 19.97 (2017); 400m: 45.21 (2017)

Championships Highlights:

200m: 3rd in 2017 WC; 1st in 2018 CWG

Member of the winning relay team in 2017 WC,

Progressions:

Year	100m	200m	400m
2019		20.21	45.92
2018		19.99	46.13
2017		19.97	45.21
2016			46.02

Michael Cherry (USA) DOB: 23 Mar 1995

Personal Best: 200m: 21.07 (2017); 400m: 44.66 (2017)

Championships Highlights:

400m: 2nd in 2018 World Indoor

Member of silver medal winning relay team in 2017 WC, 2018 World Indoor

Progressions:

Year	100m	200m	400m
2019			45.36
2018		21.35i	44.85
2017		21.07	44.66
2016		21.15	44.81

Fred Kerley (USA) DOB: 7 May 1995

Personal Best: 200m: 20.24 (2017); 400m: 43.70 (2017)

Championships Highlights:

400m: 7th in 2017 WC

Member of silver medal winning relay team in 2017 WC, 2018 World Indoor

Progressions:

Year	100m	200m	400m
2019			
2018		20.41	44.33
2017		20.24	43.70
2016		20.61	45.10

Please send corrections to KKenNakamura@gmail.com