

2019 RAK Half Marathon Statistical Information

Men:

RAK Half Marathon All Time list

Performances	Time	Performers	Name		Nat	Place	Year
1	58:42	1	Bedan Karoki		KEN	1	2018
2	58:52	2	Patrick Makau	1	KEN	1	2009
3	58:53	3	Samuel Wanjiru	1	KEN	1	2007
4	58:54	4	Geoffrey Kipsang	1	KEN	1	2013
5	58:56	5	Stanley Biwott	1	KEN	2	2013
6	58:58	6	Geoffrey Mutai		KEN	3	2013
7	58:59	7	Wilson Kipsang Kiprotich	1	KEN	2	2009
8	59:00	8	Jemal Yimer		ETH	2	2018
9	59:06	9	Alex Kibet		KEN	3	2018
10	59:10		Bedan Karoki		KEN	1	2017
11	59:13		Patrick Makau	2		2	2007
12	59:18	10	Deriba Merga	1	ETH	3	2009
13	59:19	11	Yigrem Demelash		ETH	2	2017
14	59:25		Deriba Merga			1	2011
15	59:25	12	Feyisa Lilesa		ETH	4	2013
16	59:26	13	Augustine Choge		KEN	3	2017
17	59:32	14	Wilson Chebet	1	KEN	4	2009
18	59:35		Patrick Makau	3		1	2008
19	59:35	15	Tsegaye Kebede	1	ETH	2	2008
20	59:36	16	Lelisa Desisa	1	ETH	1	2014
21	59:36	17	Jorum Lumbasi Okombo		KEN	4	2018
22	59:36	18	Morris Gachaga		KEN	5	2018
23	59:39	19	Nguse Amlosom	1	ERI	2	2014
24	59:40	20	Wilfred Kimitei		KEN	6	2018
25	59:43		Geoffrey Mutai	1	KEN	1	2010
26	59:44		Deriba Merga	2		3	2007
27	59:45	21	Bernard Kipyego	1	KEN	2	2011
28	59:45	22	Wilson Kiprof	1	KEN	3	2014
29	59:46	23	Bernard Koech	1	KEN	4	2014
30	59:47		Bernard Kipyego	2		5	2014
31	59:49	19	Tadese Tola	1	ETH	2	2010
32	59:49	20	Micah Kogo	1	KEN	6	2014
33	59:50	21	Solomon Yego		KEN	4	2017
34	59:51	22	Titus Masai	1	KEN	3	2010
35	59:51		Feyisa Lilesa	2		7	2014
36	59:52	23	Dickson Marwa	1	TAN	3	2008
37	59:52	24	Leonard Langat		KEN	3	2011
38	59:54	25	Matthew Koech	1	KEN	5	2009
39	59:54	26	Paul Lonyangata		KEN	8	2014
40	59:54		Edwin Kiptoo		KEN	7	2018
41	59:56	27	Fabiano Joseph	1	TAN	4	2008
42	59:56	28	Getu Feleke	1	ETH	4	2010
43	59:59	29	Stephen Kibet Kosgei		KEN	5	2013
44	1:00:02	30	Joseph Maregu	1	KEN	6	2009
45	1:00:02	31	Joel Kemboi Kimurer		KEN	6	2013
46	1:00:04		Nguse Amlosom		ERI	5	2017
47	1:00:05	32	Mosinet Geremew		ETH	1	2015
48	1:00:05	33	Edwin Kipyego		KEN	6	2017
49	1:00:06	34	Daniel Wanjiru		KEN	2	2015

Best Marks for Places in RAK Half Marathon

Place	Time	Name	Nationality	Year
1	58:42	Bedan Karoki	KEN	2018
	58:52	Patrick Makau	KEN	2009
2	58:56	Stanley Biwott	KEN	2013
	58:59	Wilson Kipsang Kiprotich	KEN	2009
3	58:58	Geoffrey Mutai	KEN	2013
	59:06	Alex Kibet	KEN	2018
	59:18	Deriba Merga	ETH	2009
4	59:25	Feyisa Lilesa	ETH	2013
	59:32	Wilson Chebet	KEN	2009
5	59:36	Morris Gachaga	KEN	2018
	59:47	Bernard Kipyego	KEN	2014
	59:54	Matthew Koech	KEN	2009
6	59:40	Wilfred Kimitei	KEN	2018
	59:49	Micah Kogo	KEN	2014
	1:00:02	Joseph Maregu	KEN	2009
	1:00:02	Joel Kemboi Kimurer	KEN	2013
7	59:51	Feyisa Lilesa	ETH	2014
	59:54	Edwin Kiptoo	KEN	2018
	1:00:07	Shadrack Kimining	KEN	2017
8	59:54	Paul Lonyangata	KEN	2014
	1:00:16	Tujuba Megersa	ETH	2009
	1:00:16	Bernard Kimeli	KEN	2018

Best Marks for Places at Half Marathon – All Competitions

Place	Time	Name	Nationality	Venue	Date
1	58:18	Abraham Kiptum	KEN	Valencia	28 Oct 2018
	58:23	Zersenay Tadese	ERI	Lisboa	21 Mar 2010
	58:30	Zersenay Tadese	ERI	Lisboa	20 Mar 2011
2	58:33	Jemal Yimer Mekonnen	ETH	Valencia	28 Oct 2018
	58:48	Sammy Kitwara	KEN	Philadelphia	18 Sept 2011
	58:48	Jorum Lumbasi Okombo	KEN	København	17 Sept 2017
	58:56	Stanley Biwott	KEN	Ras Al Khaimah	15 Feb 2013
	58:59	Wilson Kiprotich Kipsang	KEN	Ras Al Khaimah	20 Feb 2009
3	58:44	Abadi Hadis	ETH	Valencia	28 Oct 2018
	58:51	Alex Oloiptip Korio	KEN	København	17 Sept 2017
	58:58	Geoffrey Mutai	KEN	Ras Al Khaimah	15 Feb 2013
	59:05	Evans Kiprop Cheruiyot	KEN	Udine (World Half)	14 Oct 2007
4	59:10	Bernard Kipyego	KEN	Rotterdam	13 Sept 2009
	59:12	Cybrian Kotut	KEN	New Delhi	23 Nov 2014
5	59:15	Wilson Chebet	KEN	Rotterdam	13 Sept 2009
	59:18	Stanley Biwott	KEN	New Delhi	23 Nov 2014
6	59:21	Stephen Kibet	KEN	New Delhi	23 Nov 2014
	59:22	Bernard Kipkorir Ngeno	KEN	Valencia	28 Oct 2018
	59:23	John Kiprotich	KEN	Rotterdam	13 Sept 2009

Margin of Victory at RAK

	Difference	Winning time	Name	Nat	Year
Max	20sec	58:53	Samuel Wanjiru	KEN	2007
		59:25	Deribe Merga	ETH	2011
Min	0 sec	59:35	Patrick Makau	KEN	2008
		1:00:40	Birhanu Legese	ETH	2016

Past Results

Year	First	Nat	Time	Second	Nat	Time	Third	Nat	Dist
2018	Bedan Karoki	KEN	58:42	Jemal Yimer	ETH	59:00	Alex Kibet	KEN	59:06
2017	Bedan Karoki	KEN	59:10	Yigrem Demelash	ETH	59:19	Augustine Choge	KEN	59:26
2016	Birhanu Legese	ETH	60:40	Stanley Biwott	KEN	60:40	Nguse Amlosom	ERI	60:41
2015	Misinet Geremew	ETH	60:05	Daniel Wanjiru	KEN	60:06	Jonathan Maiyo	KEN	60:08
2014	Lelisa Desisa	ETH	59:36	Nguse Tesfaldet	ERI	59:39	Wilson Kiprop	KEN	59:45
2013	Geoffrey Kipsang	KEN	58:54	Stanley Biwott	KEN	58:56	Goeffrey Mutai	KEN	58:58
2012	Dennis Kimetto	KEN	60:40	Azmeraw Bekele	ETH	60:49	Wilson Kipsang	KEN	61:01
2011	Deribe Merga	ETH	59:25	Bernard Kipyego	KEN	59:45	Leonard Langat	KEN	59:52
2010	Geoffrey Mutai	KEN	59:43	Tadese Tola	ETH	59:49	Titus Masai	KEN	59:51
2009	Patrick Makau	KEN	58:52	Wilson Kipsang	KEN	58:59	Deriba Merga	ETH	59:18
2008	Patrick Makau	KEN	59:35	Tsegaye Kebede	ETH	59:35	Dickson Marwa	TAN	59:52
2007	Samuel Wanjiru	KEN	58:53	Patrick Makau	KEN	59:13	Deriba Merga	ETH	59:44

Multiple Winners at RAK

Patrick Makau: 2008, 2009

Bedan Karoki: 2017, 2018

Fastest Debut Half marathon

Performances	Time	Name	Nat	Place	Venue	Date	Note
1	59:00	Jemal Yimer	ETH	1	Ras Al Khaimah	9 Feb 2018	
2	59:12	James Mwangi Wangari	KEN	1	Milano	20 Mar 2016	
3	59:14	Leonard Patrick Komon	KEN	1	Berlin	30 Mar 2014	
4	59:17	Yomif Kejelcha	ETH	4	København	16 Sept 2018	
5	59:20	Moses Mosop	KEN	1	Milano	21 Mar 2010	
6	59:25	Eliud Kipchoge	KEN	3	Lille	1 Sept 2012	
7	59:28	Leonard Barsoton	KEN	5	København	17 Sept 2017	
8	59:34	Bernard Kipyego	KEN	1	Berlin	5 Apr 2009	
9	59:36	Tilahun Regassa	ETH	1	Lille	6 Sept 2008	
10	59:37	Dejene Berhanu	ETH	1	Newcastle-South Shields	26 Sept 2004	30.5mDH
11	59:39	Silas Kipruto	KEN	2	Milano	21 Mar 2010	
12	59:43	Samuel Wanjiru	KEN	1	Sendai	10 July 2005	
13	59:43	Ryan Hall	USA	1	Houston (USATF)	14 Jan 2007	
14	59:44	Lucas Rotich	KEN	5	Den Haag	13 Mar 2011	
15	59:44	Geoffrey Yegon	KEN	1	Venlo	20 Mar 2016	
16	59:45	Berhanu Legesse	ETH	1	Berlin	29 Mar 2015	
17	59:47	Paul Kuiru	KEN	1	Marugame	1 Feb 2015	
18	59:47	Zane Robertson	NZL	2	Marugame	1 Feb 2015	
19	59:48	Martin Mathathi	KEN	1	Sendai	9 May 2010	

Note:

Patrick Makau ran 1:03:37 in Bristol on Sept 17, 2006 before running 59:13 in RAK on Feb 9, 2007

Geoffrey Mutai has run 59:30 in his first half marathon in 2009 (Valencia on Nov 22), but in 2007 he made his marathon debut on the short course in Eldoret

Patrick Ivuti DNF at Milano in April of 1999 before his Lisboa half with 59:31 (first completed half)

Fastest Half marathon by age

Age	Time	Name	Nat	DOB	place	Race	Date
17	59:11	Kenneth KipropKipkemoi	KEN	5 Aug 1994	3	Den Haag	11 Mar 2012
18	59:16	Samuel Wanjiru	KEN	10 Nov 1986	1	Rotterdam	11 Sept 2005
19	58:48	Jorum Okombo	KEN	10 Dec 1997	2	Kobenhavn	17 Sept 2017
	59:19	TilahunRegassa	ETH	18 Jan 1990	1	Abu Dhabi	7 Jan 2010
20	58:33	Samuel Wanjiru	KEN	10 Nov 1986	1	Den Haag	17 Mar 2007
	58:44	Abadi Hadis	ETH	6 Nov 1997	3	Valencia	28 Oct 2018
	58:47	AtseduTsegay	ETH	17 Dec 1991	1	Praha	31 Mar 2012

21	58:48	Abraham Cheroben	KEN	10 Nov 1992	1	Valencia	19 Oct 2014
	59:00	Jemal Yimer	ETH	11 Sept 1996	2	Ras Al Khaimah	9 Feb 2018
	59:05	Ezekiel Chebii	KEN	3 Jan 1991	1	Lille	1 Sept 2012
	59:08	Geoffrey Kipsang	KEN	28 Nov 1992	1	Kobenhavn (WH)	29 Mar 2014
	59:08	Jonathan Maiyo	KEN	5/5/1988	2	Rotterdam	13 Sept 2009
	59:10	Bernard Koech	KEN	31/1/1991	2	Lille	1 Sept 2012
	59:13	Patrick Makau	KEN	2 Mar 1985	2	Ras Al Khaimah	9 Feb 2007
22	58:33	Jemal Yimer	ETH	11 Sept 1996	2	Valencia	28 Oct 2018
	58:46	Matthew Kisorio	KEN	16 May 1989	1	Philadelphia	18 Sept 2011
23	58:52	Patrick Makau	KEN	2 Mar 1985	1	Ras Al Khaimah	20 Feb 2009
24	58:40	Abraham Cheroben	KEN	10 Nov 1992	1	Kobenhavn	17 Sept 2017
	58:48	Sammy Kitwara	KEN	26 Nov 1986	2	Philadelphia	18 Sept 2011
25	58:54	Stephen Kibet	KEN	9 Nov 1986	1	Den Haag	11 Mar 2012
26	58:51	Alex Oloitiptip	KEN	20 Dec 1990	3	Kobenhavn	17 Sept 2017
	58:56	Stanley Biwott	KEN	21 Apr 1986	2	Ras Al Khaimah	15 Feb 2013
	59:09	James Kwambai	KEN	28 Feb 1983	3	Rotterdam	13 Sept 2009
27	58:42	Bedan Karoki	KEN	21 Aug 1990	1	Ras Al Khaimah	9 Feb 2018
	59:06	Alex Kibet	KEN	20 Oct 1990	3	Ras Al Khaimah	9 Feb 2018
	59:07	Paul Kosgei	KEN	22 Apr 1978	1	Berlin	2 Apr 2006
28	58:23	ZersenayTadese	ERI	8 Feb 1982	1	Lisboa	21 Mar 2010
29	58:18	Abraham Kiptum	KEN	15 Sept 1989	1	Valencia	28 Oct 2018
	58:30	ZersenayTadese	ERI	8 Feb 1982	1	Lisboa	20 Mar 2011
30	59:06	Paul Tergat	KEN	17 June 1969	1	Lisboa (DH)	26 Mar 2000
31	58:58	Geoffrey Mutai	KEN	7 Oct 1981	3	Ras Al Khaimah	15 Feb 2013
	59:32	Mo Farah	GBR	23 Mar 1983	1	Lisboa	22 Mar 2015
	59:57	Gilbert Masai	KEN	20 May 1981	5	Lille	1 Sept 2012
32	58:55	Haile Gebrselassie	ETH	18 Apr 1973	1	Phoenix-Tempe	15 Jan 2006
33	59:28	Alex Oloitiptip	KEN	22 Sept 1982	2	København	13 Sept 2015
34	59:15	Haile Gebrselassie	ETH	18 Apr 1973	1	Lisboa	16 Mar 2008
35	59:10	Paul Tergat	KEN	17 June 1969	1	Lisboa (DH)	13 Mar 2005

Fastest Marathon for the month

Month	Time	Name	Nat	Race	Date
January	58:55	Haile Gebrselassie	ETH	Phoenix-Tempe	15 Jan 2006
February	58:42	Bedan Karoki	KEN	Ras Al Khaimah	9 Feb 2018
	58:52	Patrick Makau	KEN	Ras Al Khaimah	20 Feb 2009
March	58:23	ZersenayTadese	ERI	Lisboa	21 Mar 2010
April	58:42	Eric Kiptanui	KEN	Berlin	8 Apr 2018
	58:56	Patrick Makau	KEN	Berlin	1 Apr 2007
May	59:35	Richard Mengich	KEN	Goteborg	21 May 2016
	59:48	Martin Mathathi	KEN	Sendai	9 May 2010
June	59:49	Daniel Chebii	KEN	Ceske Budejovice	9 June 2012
	58:41**	Bernard Koech	KEN	San Diego	2 June 2013
July	59:43	Samuel Wanjiru	KEN	Sendai	10 July 2005
August	59:24	Haile Gebrselassie	ETH	New York	5 Aug 2007
September	58:40	Abraham Cheroben	KEN	Kobenhavn	17 Sept 2017
	58:46	Mathew Kisorio	KEN	Philadelphia	18 Sept 2011
October	58:18	Abraham Kiptum	KEN	Valencia	28 Oct 2018
	58:33	Jemal Yimer	ETH	Valencia	28 Oct 2018
	58:59	ZersenayTadese	ERI	WC – Udine	14 Oct 2007
November	59:15	DeribaMerga	ETH	New Delhi	9 Nov 2008
December	59:12	Atsedu Tsegay	KEN	New Delhi	15 Dec 2013

** San Diego course is downhill

National records

	Time	Nation	Name	Place	Venue	Date
1	58:18 58:33	KEN	Abraham Kiptum Samuel Wanjiru	1 1	Valencia Den Haag	28 Oct 2018 17 Mar 2007
2	58:23	ERI	ZersenayTadese	1	Lisboa	21 Mar 2010
3	58:33	ETH	Jemal Yimer	2	Valencia	28 Oct 2018
4	58:40	BRN	Abraham Cheroben	1	Kobenhavn	17 Sept 2017
5	59:20	RSA	HendrickRamaala	2	Lisboa	26 Mar 2000
6	59:22	GBR	Mo Farah	1	Newcastle-South Shields	22 Mar 2015
7	59:25	MAR	Aziz Lahbabi	1	Roma to Ostia	2 Mar 2014
8	59:30	TAN	Ismail Juma	3	Usti nad Labem	16 Sept 2017
9	59:32	RWA	DiedonneDisi	6	WC – Udine	14 Oct 2007
10	59:33	BRA	Marilson Gomes dos Santos	7	WC – Udine	14 Oct 2007
11	59:43	UGA	Geoffrey Kusuro	3	Roma to Ostia	1 Mar 2015
12	59:43	POR	Antonio Pinto	1	Lisboa (DH)	15 Mar 1998
13	59:43	USA	Ryan Hall	1	Houston	14 Jan 2007
14	59:47	NZL	Zane Robertson	2	Marugame	1 Feb 2015
15	59:48	NOR	Sondre Norstad Moen	4	Valencia	22 Oct 2017
16	59:52	ESP	Fabian Roncero	1	Berlin	1 Apr 2001
17	1:00:02	AUS	Darren Wilson	1	Tokyo (DH)	19 Jan 1997

All Comers record:

	Time	Nation(Venue)	Name	Nation	Venue	Date
1	58:18	ESP	Abraham Kiptum	KEN	Valencia	28 Oct 2018
2	58:23	POR	ZersenayTadese	ERI	Lisboa	21 Mar 2010
3	58:33	NED	Samuel Wanjiru	KEN	Den Haag	17 Mar 2007
4	58:40	DEN	Abraham Cheroben	BRN	Kobenhavn	17 Sept 2017
5	58:41 58:46	USA	Bernard Koech Mathew Kisorio	KEN KEN	San Diego Philadelphia	2 June 2013 18 Sept 2011
6	58:42 58:52	UAE	Bedan Karoki Patrick Makau	KEN KEN	Ras Al Khaimah Ras Al Khaimah	9 Feb 2018 20 Feb 2009
7	58:42	GER	Erick Kiptanui	KEN	Berlin	8 Apr 2018
8	58:44 58:59	ITA	Solomon Kirwa Yego ZesenayTadese	KEN ERI	Roma to Ostia Udine	13 Mar 2016 14 Oct 2007
9	58:47	CZE	AtseduTsegay	ETH	Praha	31 Mar 2012
10	58:56	GBR	Martin Mathathi	KEN	Newcastle-South Shields	18 Sept 2011
11	59:05	FRA	Ezekiel Chebii	KEN	Lille	1 Sept 2012
12	59:06 59:07	IND	Guye Adola Geoffrey Kamworor	ETH KEN	New Delhi New Delhi	23 Nov 2014 23 Nov 2014

List of Course Records

	Time	Race	Name	Nation	Year
1	58:13	Valencia	Abraham Kiptum	KEN	2018
2	58:23	Lisboa	Zesenay Tadese	ERI	2010
3	58:33	Den Haag	Samuel Wanjiru	KEN	2007
4	58:40	Kobenhavn	Abraham Cheroben	BRN	2017
5	58:41	San Diego (84mDH)	Bernard Koech	KEN	2013
6	58:42	Ras Al Khaimah	Bedan Karoki	KEN	2018
7	58:42	Berlin	Rick Kiptanui	KEN	2018
8	58:44	Roma-Ostia	Solomon Kirwa Yego	KEN	2016
9	58:46	Philadelphia	Mathew Kisorio	KEN	2011
10	58:47	Praha	Atsedu Tsegay	ETH	2012

11	58:55	Phoenix-Tempe	Haile Gebrselassie	ETH	2006
12	58:56	Newcastle – South Shields	Martin Mathathi	KEN	2011
13	58:58	Rotterdam	Sammy Kitwara	KEN	2009
14	58:59	World Half Marathon Championships	Zersenay Tadese	ERI	2007

**Fastest Half Marathon race based on the average of fastest performances:
Average of Top 10 Performances in Major Half Marathons**

	Average of top 10 Performances	Half Marathon
1	58:57	RAK
2	58:58	Valencia
3	59:04	Kobenhavn
4	59:09	Lisboa
5	59:11	Berlin
6	59:12	Rotterdam
7	59:13	New Delhi
8	59:14	World Half Marathon Championships
9	59:16	Den Haag
10	59:23.12	Great North Run – Newcastle to South Schields

RAK Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	58:42	1	Bedan Karoki	KEN	1	2018
2	58:52	2	Patrick Makau	KEN	1	2009
3	58:53	3	Samuel Wanjiru	KEN	1	2007
4	58:54	4	Geoffrey Kipsang	KEN	1	2013
5	58:56	5	Stanley Biwott	KEN	2	2013
6	58:58	6	Geoffrey Mutai	KEN	3	2013
7	58:59	7	Wilson Kipsang Kiprotich	KEN	2	2009
8	59:00	8	Jemal Yimer	ETH	2	2018
9	59:06	9	Alex Kibet	KEN	3	2018
10	59:10		Bedan Karoki		1	2017
Average	58:57					

Valencia

Performance	Time	Performer	Name	Nat	Place	Year
1	58:18	1	Abraham Kiptum	KEN	1	2018
2	58:33	2	Jemal Yimer	ETH	2	2018
3	58:44	3	Abadi Hadis	ETH	3	2018
4	58:48	4	Abraham Cheroben	KEN	1	2014
5	59:01	5	Kenneth Kiprop Kipkemoi	KEN	2	2014
6	59:10		Abraham Cheroben		1	2015
7	59:11		Abraham Cheroben	BRN	1	2017
8	59:18	6	Leul Gebresilasse	ETH	2	2017
9	59:19	7	Amdamlak Belihu Berta	ETH	4	2018
10	59:21	8	Stephen Kiprop	KEN	5	2018
Average	58:58					

København Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	58:40	1	Abraham Cheroben	BRN	1	2017
2	58:48	2	Jorum Lumbasi Okombo	KEN	2	2017

3	58:51	3	Alex Oloiptip Korio	KEN	3	2017
4	59:06		Daniel Kipchumba	KEN	1	2018
5	59:07	4	James Mwangi Wangari	KEN	1	2016
6	59:09		Abraham Kiptum	KEN	2	2018
7	59:14	5	Bedan Karoki	KEN	1	2015
8	59:14		Jemal Yimer Mekonnen	ETH	3	2018
9	59:17		Yomif Kejelcha	ETH	4	2018
10	59:21	6	Felix Kibitok	KEN	5	2018
Average	59:04					

Lisboa Half Marathon (down hill until 2007)

Performance	Time	Performer	Name	Nat	Place	Year	
1	58:23	1	Zersenay Tadese	ERI	1	2010	
2	58:30		Zersenay Tadese	ERI	1	2011	
3	59:06	2	Paul Tergat	KEN	1	2000	DH
4	59:10		Paul Tergat		1	2005	DH
5	59:15	3	Haile Gebrselassie	ETH	1	2008	
6	59:20	4	Hendrick Ramaala	RSA	2	2000	DH
7	59:21	5	Robert Kipkoech Cheruiyot	KEN	1	2005	DH
8	59:27	6	Wilson Kiprotich Kebenei	KEN	3	2005	DH
9	59:30	7	Martin Lel	KEN	1	2006	DH
10	59:31	8	Patrick Ivuti	KEN	3	2000	DH
Average	59:09						

Berlin Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	58:42	1	Erick Kiptanui	KEN	1	2018
2	58:56	2	Patrick Makau	KEN	1	2007
3	59:07	3	Paul Kosgei	KEN	1	2006
4	59:14	4	Denis Kipruto Koech	KEN	1	2012
5	59:14	5	Leonard Komon	KEN	1	2014
6	59:14	6	Abraham Cheroben	KEN	2	2014
7	59:15	7	Wilson Kiprop	KEN	2	2012
8	59:22	8	Ezekiel Chebii	KEN	3	2012
9	59:25	9	Pius Kirop	KEN	4	2012
10	59:26	10	Francis Kibiwott	KEN	2	2007
Average	59:11					

Rotterdam Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	58:58	1	Sammy Kitwara	KEN	1	2009
2	59:08	2	Jonathan Maiyo	KEN	2	2009
3	59:09	3	James Kwambai	KEN	3	2009
4	59:10	4	Bernard Kipyego	KEN	4	2009
5	59:12	5	Evans Kiprop Cheruiyot	KEN	1	2007
6	59:15	6	Wilson Chebet	KEN	5	2009
7	59:16	7	Samuel Wanjiru	KEN	1	2005
8	59:16	8	Zersenay Tadese	ERI	1	2006
9	59:19	9	Patrick Makau	KEN	2	2007

10	59:23	10	John Kiprotich	KEN	6	2009
Average	59:12					

New Delhi

Performance	Time	Performer	Name	Nat	Place	Year
1	59:06	1	Guye Adola Idemo	ETH	1	2014
2	59:07	2	Geoffrey Kipsang Kamworor	KEN	2	2014
3	59:11	3	Mosinet Geremew	ETH	3	2014
4	59:12	4	Atsedu Tsegay	ETH	1	2013
5	59:12	5	Cybrian Kotut	KEN	4	2014
6	59:15	6	Deriba Merga	ETH	1	2008
7	59:16	7	Wilson Kiprotich Kipsang	KEN	2	2008
8	59:18	8	Stanley Biwott	KEN	5	2014
9	59:18	9	Andamlak Belihu	ETH	1	2018
10	59:20	10	Birhanu Legese	ETH	1	2015
Average	59:13					

World Half Marathon Championships

Performance	Time	Performer	Name	Nat	Place	Year
1	58:59	1	Zersenay Tadese	ERI	1	2007
2	59:02	2	Patrick Makau	KEN	2	2007
3	59:05	3	Evans Kiprop Cheruiyot	KEN	3	2007
4	59:08	4	Geoffrey Kipsang Kamworor	KEN	1	2014
5	59:10		Geoffrey Kipsang Kamworor		1	2016
6	59:16	5	Deriba Merga	ETH	4	2007
7	59:21	6	Samuel Tsegay	ERI	2	2014
8	59:21	7	Guye Adola	ETH	3	2014
9	59:30	8	Yonas Kifle	ERI	5	2007
10	59:32	9	Dieudonne Disi	RWA	6	2007
Average	59:14					

Fastest half marathon runners based on the average of their top three performances since 2013

Abraham Cheroben

	Time	Race	Place	Date
1	58:40	Kobenhavn	1	17 Sept 2017
2	58:48	Valencia	1	19 Oct 2014
3	59:10	Valencia	1	18 Oct 2015
Average	58:53			

Jemal Yimer

	Time	Race	Place	Date
1	58:33	Valencia	2	28 Oct 2018
2	59:00	Ras Al Khaimah	2	9 Feb 2018
3	59:14	Kobenhavn	3	16 Sept 2018
Average	58:55			

Abraham Kiptum

	Time	Race	Place	Date
1	58:18	Valencia	1	28 Oct 2018
2	59:09	Kobenhavn	2	16 Sept 2018
3	59:36	Kobenhavn	6	18 Sept 2016

Average	59:01			
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Bedan Karoki

	Time	Race	Place	Date
1	58:42	RAK	1	9 Feb 2018
2	59:10	RAK	1	10 Feb 2017
3	59:14	Kobenhavn	1	13 Sept 2015
Average	59:02			

Geoffrey Kipsang Kamworor

	Time	Race	Place	Date
1	58:54	Ras Al Khaimah	1	15 Feb 2013
2	59:07	New Delhi	2	23 Nov 2014
3	59:08	World Half Marathon	1	29 Mar 2014
Average	59:03			

Guye Adola

	Time	Race	Place	Date
1	59:06	New Delhi	1	23 Nov 2014
2	59:18	Roma to Ostia	1	12 Mar 2017
3	59:21	World Half	3	29 Mar 2014
Average	59:15			

Half Marathon trend (Number of Sub XX:YY performers)

	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
59:00<	5	3	1	0	1	4	2	4	1	3	0	3	1	0	0	0	0	0	0	0
60:00<	36	29	25	29	31	13	29	21	21	23	18	14	9	7	6	0	6	1	6	1
60:30<	74	62	42	63	54	33	42	38	35	39	31	29	15	9	15	6	13	8	10	5
61:00<				99	80	63	65	60	57	64	45	53	27	19	22	19	22	15	23	16
61:30<				134	116	109	114	97	87	105	72	71	60	37	41	37	48	29	51	40

Men's Half Marathon trend (Number of Sub XX:YY performances)

	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
59:00<	5	3	1	0	1	4	2	4	1	3	0	4	1	0	0	0	0	0	0	0
60:00<	49	31	35	37	39	20	32	24	25	31	21	24	9	8	6	0	6	1	6	1
60:30<	105	74	57	81	65	44	53	47	47	55	40	43	18	11	17	7	13	9	11	5
61:00<				133	96	82	82	80	73	90	63	74	34	22	25	21	23	19	24	19

Main Contenders:

Abadi Hadis (ETH)

DOB: 6 Nov 1997

Personal Bests: 5000m: 12:56.27 (2008); 10000m: 26:57.88 (2016); Half Marathon: 58:44 (2018)

International Championships Highlights:

10000m: 15th in 2016 Olympic Games; 7th in 2017 World Championships

World Cross Country Championships: 3rd in 2017

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018	12:56.27		58:44	
2017	13:16.78	26:59.19	1:00:25	
2016	13:02.49	26:57.88		

2018 Results

Date	Race	Distance	Place	Time
11 Nov	Cross de Atapuerca	9km	4 th	25:26
28 Oct	Medio Maraton Valencia Trinidad Alfonso	Half marathon	3 rd	58:44
31 Aug	Memorial Van Damme – Bruxelles	5000m	5 th	12:56.27
13 July	Meeting International Mohammed VI D'Athletisme	3000m	12 th	7:42.83
5 July	Athletissima Lausanne	5000m	3 rd	13:03.62
13 June	Zlata Tetra Golden Spike – Ostrava	3000m	5 th	7:39.10
10 June	Diamond League – Stockholm	5000m	3 rd	13:06.76
12 May	Diamond League – Shanghai	5000m	7 th	13:11.04
21 Jan	Cross Internacional de Itálica - Seville	11.075km	4 th	31:01
14 Jan	Cross Internacional Memorial Muguerza – Elgoibar	10.796km	4 th	34:28

2017 Results

Date	Race	Distance	Place	Time
19 Nov	Delhi Half Marathon	Half marathon	8 th	1:00:25
4 Aug	World Championships – London	10000m	7 th	26:59.19
15 June	Meeting Elite d'Herouville Saint-Chair	5000m	1 st	13:16.78
11 June	FBK Games – Hengelo	10000m	1 st	27:08.26
26 Mar	World Cross Country Championships - Kampala	9.858km	3 rd	28:43

Okombo, Jorum (KEN)

DOB: 10 Dec 1997

Personal Bests: Half Marathon: 58:48 (2017)

International Championships Highlights:

Half Marathon: 18th in 2018 World Half Marathon Championships

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			59:36	
2017		29:16.7	58:48	

2018 Results

Date	Race	Distance	Place	Time
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2 Dec	Pfixx Solar Montferland Run – 's-Heerenberg	15km	5 th	43:48
28 Oct	Medio Maraton Valencia Trinidad Alfonso EDP	Half marathon	19 th	1:01:00
16 Sept	Kobenhavn Half Marathon	Half marathon	12 th	1:00:36
29 July	Aloha Zane Branson Memorial Ekiden – Moiben	Stage3 – 15km	7 th	46:02
14 July	Kabarak University Half Marathon	Half Marathon	11 th	1:04:25
22 Apr	Yangzhou Jianzhen Half Marathon	Half marathon	6 th	1:02:12
24 Mar	World Half Marathon Championships – Valencia	Half Marathon	18 th	1:01:34
25 Feb	Riyadh Half Marathon	Half marathon	2 nd	1:01:57
9 Feb	Ras Al Khaimah (RAK) Half Marathon	Half marathon	4 th	59:36

2017 Results

Date	Race	Distance	Place	Time
19 Nov	AirTel Delhi Half Marathon	Half Marathon	5 th	59:58
17 Sept	Kobenhavn Half Marathon	Half marathon	2 nd	58:48
29 July	Aloha Zane Branson Memorial 15K – Kabarak	15km	3 rd	43:52
24 June	Kenyan World Championships Trials- Nairobi	10000m	DNF	DNF
19 May	Eldoret AK Meeting	10000m	1 st	29:16.7
1 May	15km du Puy-en-Velay	15km	2 nd	42:50
26 Mar	Venloop Hlaf Marathon – Venlo	Half marathon	2 nd	1:00:20
18 Feb	Kenyan Cross Country Championships – Nairobi	10Km	18 th	29:44

Oloiptip Korio, Alex (KEN)

DOB: 20 Dec 1990

Personal Bests: 5000m: 13:08.59 (2012); Half Marathon: 58:51 (2017)

International Championships Highlights:

Half Marathon: DNF in 2018 World Half Marathon Championships

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			1:00:49	
2017			58:51	
2016			1:00:33	

Marathon career

	Time	Race	Place	Date
	DNF (pace)	Chicago	DNF (pace)	7 Oct 2018
	DNF (pace)	Monza	DNF (pace)	6 May 2017
	DNF (pace)	Milano	DNF (pace)	2 Apr 2017

2018 Results

Date	Race	Distance	Place	Time
7 Oct	Chicago Marathon	Marathon	DNF (pace)	DNF (pace)
27 May	TCS World 10K – Bengaluru	10km	4 th	28:44
24 Mar	World Half Marathon Championships – Valencia	Half marathon	DNF (fell)	DNF (fell)
25 Feb	Riyadh Half Marathon	Half marathon	5 th	1:02:07
15 Jan	Aramco Half Marathon – Houston	Half marathon	8 th	1:00:49

2017 Results

Date	Race	Distance	Place	Time
17 Sept	Kobenhavn Half Marathon	Half marathon	3 rd	58:51
21 May	TCS World 10K – Bengaluru	10Km	1 st	28:12
6 May	Nike Breaking2 – Monza	Marathon	DNF (pace)	DNF (pace)
2 Apr	Milano City Marathon	Marathon	DNF (pace)	DNF (pace)

5 Mar	Semi-Marathon de Paris	Half marathon	3 rd	1:00:42
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Kipchumba, Daniel (KEN)

DOB: 12 Dec 1997

Personal Bests: 5000m: 14:14.0 (2016); 10000m: 29:29.5 (2017); Half Marathon: 59:06 (2018)

International Championships Highlights:

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			59:06	
2017		29:29.5		
2016	14:14.0			

2018 Results

Date	Race	Distance	Place	Time
1 Dec	Ziwa Farmer 10K	10km	11 th	29:12
21 Oct	Delhi Half Marathon	Half marathon	3 rd	59:48
16 Sept	Kobenhavn Half Marathon	Half marathon	1 st	59:06
15 Apr	Lago Maggiore Half Marathon - Verbania	Half marathon	1 st	59:06
24 Jan	Maria Soti Cross Country – Eldoret	10Km	4 th	30:36

Kiprop, Stephen (KEN)

DOB: 1999

Personal Bests: Half Marathon: 59:21 (2018)

International Championships Highlights:

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			59:21	

2018 Results

Date	Race	Distance	Place	Time
28 Oct	Medio Marton Valencia Trinidad Alfonso EDP	Half marathon	5 th	59:21
15 Sept	Mattoni Usti nad Labem Half marathon	Half marathon	1 st	59:41
29 July	Aloha Zane Branson Memorial Ekiden – Moiben	Stage3-15km	2 nd	44:41
14 July	Kabarak University Half Marathon	Half marathon	2 nd	1:03:38
23 June	Mattoni Olomouc Half Marathon	Half marathon	1 st	1:00:15
1 May	15km du Puy-en-Velay	15km	1 st	42:16
25 Mar	Wehr Venloop Half Marathon – Venlo	Half marathon	1 st	59:44
27 Feb	Aloha Zane Branson Memorial 15k – Kabarak	15km	1 st	43:59

Fikadu Haftu (ETH)

DOB: 21 Feb 1994

Personal Bests: 5000m: 13:30.75 (2011); 10000m: 28:09.21 (2016); Half Marathon: 59:22 (2017)

International Championships Highlights:

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			1:01:53	
2017	13:50.90		59:22	
2016		28:09.21	1:01:02	

Marathon career

	Time	Race	Place	Date
	DNF	Dubai	DNF	26 Jan 2018

2018 Results

Date	Race	Distance	Place	Time
28 Oct	Medio Maraton Valencia Trinidad Alfonso EDP	Half marathon	23 rd	1:01:53
26 Jan	Dubai Marathon	Marathon	DNF	DNF

2017 Results

Date	Race	Distance	Place	Time
22 Oct	Medio Maraton Ciudad de Valencia	Half marathon	3 rd	59:22
29 June	Sollentuna GP (Folksam GP)	5000m	1 st	13:50.90
17 June	Corrida Languieux	10km	3 rd	28:46
23 Apr	Shanghai Half Marathon	Half marathon	10 th	1:04:20
15 Jan	Houston Half Marathon	Half marathon	4 th	1:01:17

2016 Results

Date	Race	Distance	Place	Time
18 Sept	Kobenhavn Half Marathon	Half marathon	13 th	1:01:02
22 June	African Athletics Championships – Durban	10000m	5 th	28:09.21
21 Apr	ETH Championships – Addis Ababa	10000m	2 nd	28:49.0

Amdework Walelegn (ETH)

DOB: 11 Mar 1999

Personal Bests: 5000m: 13:14.52 (2017); 10000m: 28:00.14 (2016); Half Marathon: 59:22 (2018)

International Championships Highlights:

World Cross Country Championships: 2nd in junior division in 2017

10000m: 4th in 2016 World Junior Championships

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			59:22	
2017	13:16.28			
2016		28:00.14		

2018 Results

Date	Race	Distance	Place	Time
21 Oct	Delhi Half Marathon	Half marathon	2 nd	59:22
16 Sept	Kobenhavn Half Marathon	Half marathon	13 th	1:00:37
4 Aug	Beach to Beacon 10K - Cape Elizabeth	10km	5 th	29:13
8 Apr	Istanbul Half Marathon	Half marathon	1 st	59:50

17 Mar	10km Villa de Laredo	10km	1 st	27:37
25 Feb	Riyadh Half Marathon	Half marathon	3 rd	1:02:00

2017 Results

Date	Race	Distance	Place	Time
20 Nov	NN Zevenheuvelenloop – Nijmegen	15km	2 nd	42:40
26 July	Giro Podistico Internazionale di Castelbuono	11.134km	2 nd	35:05
22 July	KBC Night of Athletics – Heusden	5000m	12rA	13:16.28
26 Mar	World Cross Country Championships - Kampala	7.858km	2 nd	22:43

Kiptoo, Edwin Kiprop (KEN)

DOB: 14 Aug 1993

Personal Bests: Half Marathon: 59:26 (2015);

International Championships Highlights:

Half Marathon: 9th in 2016 World Half Marathon Championships

Progressions:

Year	5000m	10000m/10K	Half Marathon	Marathon
2018		/30:20	59:28	
2017		29.13.3	59:59	
2016			1:01:00	
2015		28:20	59:26	
2014		28:53	1:01:13	

Marathon career

	Time	Race	Place	Date
	DNF (pace)	Dubai	DNF (pace)	30 Jan 2017

2018 Results

Date	Race	Distance	Place	Time
16 Sept	Kobenhavn Half Marathon	Half marathon	6 th	59:28
14 July	Kabarak University Half Marathon	10Km	9 th	30:20
9 Feb	RAK Half Marathon	Half marathon	7 th	59:54

2017 Results

Date	Race	Distance	Place	Time
1 Oct	Bredase Singeloop Half Marathon	Half marathon	1 st	1:00:42
17 Sept	Dam tot Damloop	10 Miles	4 th	45:53
16 May	KEN Police Championships	10000m	2r2	29:13.3
12 Mar	City Pier City Half marathon – Den Haag	Half marathon	2 nd	59:59
30 Jan	Dubai Marathon	Marathon	DNF (pace)	DNF (pace)

2016 Results

Date	Race	Distance	Place	Time
18 Sept	Dam tot Damloop – Amsterdam to Zaandam	10 Miles	1 st	45:25
26 Mar	World Half Marathon Championships – Cardiff	Half marathon	9 th	1:01:21
12 Feb	RAK Half Marathon	Half marathon	7 th	1:01:00

2015 Results

Date	Race	Distance	Place	Time
29 Nov	Delhi Half Marathon	Half marathon	4 th	59:26
20 Sept	Dam tot Damloop – Amsterdam to Zaandam	10 Mile	1 st	45:19

23 May	Mattoni Karlovy Vary Half Marathon	Half marathon	4 th	1:01:31
17 May	World 10K – Bangalore	10km	3 rd	28:20
8 Mar	City Pier City Half Marathon – Den Haag	Half marathon	3 rd	59:35
13 Feb	RAK Half Marathon	Half marathon	4 th	1:00:11

2014 Results

Date	Race	Distance	Place	Time
31 Dec	Corrida de Sao Silvestre	10km	5 th	28:53
19 Oct	Medio Maraton Ciudad de Valencia	Half marathon	7 th	1:01:13
7 Sept	Brabants Dagblad Ten Miles – Tilburg	10 mile	2 nd	45:51
14 June	Zwolve Half Marathon – Zwolle	Half marathon	9 th	1:03:27
9 Mar	10K International Asta Footing Taroudant	10Km	10 th	28:56

Kipchumba, Abel (KEN)

DOB: 1994

Personal Bests: 10000m: 29:44.8 (2017); Half Marathon: 59:29 (2018)

International Championships Highlights:

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			59:29	
2017		29:44.8	1:03:10	
2016				

2018 Results

Date	Race	Distance	Place	Time
1 Dec	Ziwa Farmers 10k	10Km	19 th	29:33
28 Oct	Medio Maraton Valencia Trinidad Alfonso	Half marathon	9 th	59:29
15 Sept	Mattoni Usti nad Labem Half Marathon	Half marathon	3 rd	1:00:39
29 July	Aloha Zane Branson Memorial Ekiden – Moiben	Stage3 -15km	5 th	45:45
23 June	Mattoni Olomouc Half Marathon	Half marathon	3 rd	1:00:57
7 Apr	Sportisimo Prague Half Marathon – Praha	Half marathon	4 th	1:00:05
27 Feb	Aloha Zane Branson Memorial 15k – Kabarak	15km	9 th	44:46
4 Feb	Napoli City Marathon	Half marathon	1 st	1:00:12

2017 Results

Date	Race	Distance	Place	Time
30 Dec	Tambach Mwisho Wa Mwaka	10000m	6 th	29:44.8
9 Dec	Ziwa Farnes 5k	5Km	4 th	14:03
18 Nov	Baringo Lotto Half Marathon – Kabarnet	Half marathon	7 th	1:03:10
21 Oct	Laikipia University 10K	10km	6 th	29:41
2 Oct	Singelloop – Utrecht	10Km	2 nd	28:12
9 Sept	Birell Grand Prix – Praha	10km	10 th	28:06
29 July	Aloha Zane Branson Memorial 15k - Kabarak	15km	4 th	43:53
19 Mar	Eldoret Red Cross Half Marathon	Half marathon	17 th	1:04:04

Lelisa Desisa (ETH)

DOB: 14 Jan 1990

Personal Bests: Half marathon: 59:30 (2011); Marathon: 2:04:45 (2013)

International Championships Highlights:

Half Marathon: 7th in 2010 World Half marathon championships; 1st in 2011 All Africa Games

10000m: 1st in 2009 African Junior Championships

Marathon: 2nd in 2013 World Championships

Progressions:

Year	5000m	10000m/10K	Half Marathon	Marathon
2018			59:52	2:05:59
2017				2:11:32
2016			1:00:37	2:13:32
2015				2:05:52
2014			59:36	2:11:06
2013		/28:15	1:00:34	2:04:45
2012		27:11.98	1:02:50	
2011		/28:02	59:30	
2010		/27:58	59:39	
2009		28:46.74/28:17		

Marathon career

	Time	Race	Place	Date
	2:05:59	New York	1 st	4 Nov 2018
	DNF	Boston	DNF	16 Apr 2018
	2:11:32	New York	3 rd	5 Nov 2017
	2:14:10	Monza	3 rd	6 May 2017
	DNF	New York	DNF	6 Nov 2016
	2:13:32	Boston	2 nd	18 Apr 2016
	2:12:10	New York	3 rd	1 Nov 2015
	2:14:54	World Championships – Beijing	7 th	22 Aug 2015
	2:09:17	Boston	1 st	20 Apr 2015
	2:05:52	Dubai	2 nd	23 Jan 2015
	2:11:06	New York	2 nd	2 Nov 2014
	DNF	Boston	DNF	21 Apr 2014
	2:10:12	World Championships - Moskva	2 nd	17 Aug 2013
	2:10:22	Boston	1 st	15 Apr 2013
Personal Best	2:04:45	Dubai	1 st	25 Jan 2013

2018 Results

Date	Race	Distance	Place	Time
4 Nov	New York City Marathon	Marathon	1 st	2:05:59
16 Sept	Kobenhavn Half marathon	Half marathon	7 th	59:52
28 May	Bolder Boulder 10Km	10Km	4 th	28:54
16 Apr	Boston Marathon	Marathon	DNF	DNF
9 Feb	RAK Half Marathon	Half Marathon	10 th	1:00:28

2017 Results

Date	Race	Distance	Place	Time
5 Nov	New York City Marathon	Marathon	3 rd	2:11:32
6 May	Nike Breaking2 – Monza	Marathon	3 rd	2:14:10

2016 Results

Date	Race	Distance	Place	Time
6 Nov	New York City Marathon	Marathon	DNF	DNF
18 Apr	Boston Marathon	Marathon	2 nd	2:13:32
17 Jan	Houston Half marathon	Half Marathon	1 st	1:00:37

2015 Results

Date	Race	Distance	Place	Time
1 Nov	New York City Marathon	Marathon	3 rd	2:12:10
22 Aug	World Championships – Beijing	Marathon	7 th	2:14:54
20 Apr	Boston Marathon	Marathon	1 st	2:09:17
23 Jan	Dubai Marathon	Marathon	2 nd	2:05:52

2014 Results

Date	Race	Distance	Place	Time
2 Nov	New York City Marathon	Marathon	2 nd	2:11:06
12 Oct	BAA Half Marathon – Boston	10Km	1 st	1:01:38
21 Apr	Boston Marathon	Marathon	DNF	DNF
14 Feb	RAK Half Marathon	Marathon	1 st	59:36

2013 Results

Date	Race	Distance	Place	Time
13 Oct	BAA Half Marathon – Boston	Half marathon	1 st	1:00:34
17 Aug	World Championships – Moskva	Marathon	2 nd	2:10:12
23 June	BAA 10K – Boston	10Km	2 nd	28:15
15 Apr	Boston Marathon	Marathon	1 st	2:10:22
25 Jan	Dubai Marathon	Marathon	1 st	2:04:45

2012 Results

Date	Race	Distance	Place	Time
30 Sept	Delhi Half marathon – New Delhi	Half marathon	7 th	1:02:50
28 July	Quad City Times Bix 7 – Davenport	7 mile	4 th	32:52
5 July	Meeting International de La Province de Liege	10000m	1 st	27:18.17
9 June	Meeting Lille Metropole	5000m	9 th	13:22.91
27 May	FBK Games	10000m	2 nd	27:11.98

2011 Results

Date	Race	Distance	Place	Time
31 Dec	Corrida de Sao Silvestre	10Km	9 th	28:48
27 Nov	Delhi Half marathon – New Delhi	Half Marathon	1 st	59:30
15 Sept	All Africa Games - Maputo	Half Marathon	1 st	1:04:31
5 June	TCS World 10K – Bangalore	10Km	3 rd	28:13
14 May	Healthy Kidney 10K – New York	10Km	4 th	28:19
3 Apr	Cherry Blossom 10 mile – Washington DC	10 Mile	1 st	45:36
2 Apr	Cooper River Bridge Run – Charleston	10Km	1 st	28:59
13 Mar	City Pier City Half marathon – Den Haag	Half marathon	1 st	59:37
27 Feb	World's Best 10K – San Juan	10Km	3 rd	28:02

2010 Results

Date	Race	Distance	Place	Time
20 Dec	Addis Ababa Cross Country Championships	12Km	1 st	34:43
21 Nov	Delhi Half Marathon	Half marathon	2 nd	59:39
16 Oct	World Half marathon Championships - Nanning	Half Marathon	7 th	1:01:28
11 July	Utica Boilermaker 15Km	15Km	1 st	42:46
4 July	Peachtree Road Race – Atlanta	10Km	3 rd	27:58
29 May	MDS Nordion 10K - Ottawa	10Km	1 st	28:09
25 May	Bolder Boulder 10Km	10Km	1 st	29:17
11 Apr	Cherry Blossom 10 Mile – Washington DC	15Km	2 nd	45:44
3 Apr	Crescent City Classic 10K – New Orleans	10Km	6 th	28:41
7 Mar	Semi Marathon de Paris	Half marathon	2 nd	1:01:28

7 Jan	Zayed International Half marathon – Abu Dhabi	Half Marathon	3 rd	59:59
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2009 Results

Date	Race	Distance	Place	Time
29 Nov	Cross de l'Acier – Leffrinckroucke	9.85 Km	4 th	28:17
11 Oct	Tout Rennes Court	10.38Km	3 rd	29:02
31 July	African Junior Championships – Bambous	10000m	1 st	28:46.74

Mule Wasihun (ETH)

DOB: 20 Oct 1993

Personal Bests: Half marathon: 59:44 (2018); Marathon: 2:04:37 (2018)

International Championships Highlights:

Half Marathon: 8th in 2016 World Half Marathon Championships

Progressions:

Year	5000m	10000m/10Km	Half Marathon	Marathon
2018			59:44	2:04:37
2017		/28:34		2:05:39
2016		/28:06 enroute	1:01:11	2:05:44
2015		28:23.87	1:00:42	2:10:57
2014			1:00:08	
2013		/27:57	1:00:35	

Marathon career

	Time	Race	Place	Date
Personal Best	2:04:37	Amsterdam	2 nd	21 Oct 2018
	2:08:13	Rotterdam	6 th	8 Apr 2018
	2:05:39	Amsterdam	4 th	15 Oct 2017
	2:06:46	Dubai	2 nd	30 Jan 2017
	2:07:19	Amsterdam	9 th	16 Oct 2016
	2:05:44	Dubai	5 th	22 Jan 2016
	2:10:57	Dubai	11 th	23 Jan 2015

2018 Results

Date	Race	Distance	Place	Time
21 Oct	Amsterdam Marathon	Marathon	2 nd	2:04:37
8 Apr	Marathon Rotterdam	Marathon	6 th	2:08:13
11 Feb	Mitja Marato de Barcelona	Half marathon	1 st	59:44

2017 Results

Date	Race	Distance	Place	Time
15 Oct	Amsterdam Marathon	Marathon	4 th	2:05:39
10 June	FBK Games – Hengelo	10000m	DNF	DNF
21 May	World 10K – Bengaluru	10km	4 th	28:34
30 Jan	Dubai Marathon	Marathon	2 nd	2:06:46

2016 Results

Date	Race	Distance	Place	Time
16 Oct	Amsterdam Marathon	Marathon	9 th	2:07:19
29 June	ETH 10000m Olympic Trials – Hengelo	10000m	DNF	DNF
15 May	TCS World 10K – Bengaluru	10Km	9 th	29:15
26 Mar	World Half Marathon Championships – Cardiff	Half marathon	8 th	1:01:11
22 Jan	Dubai Marathon	Marathon	5 th	2:05:44

2015 Results

Date	Race	Distance	Place	Time
15 Nov	Scholten Awater Zevenheuvelenloop – Nijmegen	15Km	2 nd	43:02
14 Sept	All-Africa Games – Brazzaville	10000m	7 th	28:23.87
19 Apr	Yangzhou Jianzhen Half Marathon	Half marathon	8 th	1:00:42
23 Jan	Dubai Marathon	Marathon	11 th	2:10:57

2014 Results

Date	Race	Distance	Place	Time
26 Oct	Marseille-Cassis Classic	20Km	2 nd	59:22
12 Oct	Tout Rennes Court	10km	2 nd	28:14
28 Sept	Paris-Versailles 16K	16.3Km	1 st	47:41
6 Sept	Semi-Marathon International de Lille Metropole	Half marathon	8 th	1:02:11
2 Mar	Semi-Marathon de Paris	Half Marathon	1 st	1:00:08
2 Feb	International Meet Demonsthenes de Almeida	1500m	3d	3:45.03

2013 Results

Date	Race	Distance	Place	Time
31 Dec	Corrida de Sao Silvestre – Luanda	10Km	8 th	29:04
27 Oct	Marseille-Cassis Classic	20Km	1 st	1:00:09
29 Sept	Paris – Versailles 16K	16.3Km	1 st	47:01
13 Oct	Tout Rennes Court	10Km	4 th	27:57
22 June	Mattoni Olomouc half marathon	Half marathon	6 th	1:04:59
26 May	Medio Maraton International de Coban	Half marathon	4 th	1:06:58
21 Apr	Semi-Marathon de Nice	Half marathon	3 rd	1:00:35

Sisay Lemma Kasaye (ETH)

DOB: 12 Dec 1990

Personal Bests: Half Marathon: 62:06 (2015); Marathon: 2:04:08 (2018)

International Championships Highlights:

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018				2:04:08
2017				2:08:04
2016			1:09:06	2:05:16
2015			1:02:06	2:06:26
2013				2:09:02
2012				2:11:58

Marathon career

	Time	Race	Place	Date
	2:04:58	Ljubljana	1 st	28 Oct 2018
	2:07:02	Praha	2 nd	6 May 2018
Personal Best	2:04:08	Dubai	5 th	26 Jan 2018
	2:11:01	Chicago	4 th	8 Oct 2017
	DNF	Boston	DNF	17 Apr 2017
	2:08:04	Dubai	3 rd	20 Jan 2017
	2:06:56	Berlin	4 th	25 Sept 2016
	2:10:45	London	7 th	26 Apr 2016
	2:05:16	Dubai	4 th	22 Jan 2016
	2:06:26	Frankfurt	1 st	25 Oct 2015

	2:07:31	Wien	1 st	12 Apr 2015
	2:07:06	Dubai	5 th	23 Jan 2015
	2:09:44	Eindhoven	4 th	13 Oct 2013
	2:09:02	Warszawa	1 st	21 Apr 2013
	2:09:08	Tiberias	5 th	10 Jan 2013
	2:28:14 (pace)	Frankfurt	50 th (Pace)	29 Oct 2012
	2:11:58	Maranello to Carpi	1 st	14 Oct 2012

2018 Results

Date	Race	Distance	Place	Time
28 Oct	Ljubljana City Marathon	Marathon	1 st	2:04:58
6 May	Prague Marathon – Praha	Marathon	2 nd	2:07:02
26 Jan	Dubai Marathon	Marathon	5 th	2:04:08

2017 Results

Date	Race	Distance	Place	Time
8 Oct	Chicago Marathon	Marathon	4 th	2:11:01
17 Apr	Boston Marathon	Marathon	DNF	DNF
20 Jan	Dubai Marathon	Marathon	3 rd	2:08:04

2016 Results

Date	Race	Distance	Place	Time
25 Sept	Berlin Marathon	Marathon	4 th	2:06:56
31 July	Media Maraton Internacional Bogota	Half marathon	7 th	1:09:06
26 Apr	London Marathon	Marathon	7 th	2:10:45
22 Jan	Dubai Marathon	Marathon	4 th	2:05:16

2015 Results

Date	Race	Distance	Place	Time
25 Oct	Frankfurt Marathon	Marathon	1 st	2:06:26
23 May	Goteborgsvarvet	Half marathon	5 th	1:02:06
12 Apr	Vienna City Marathon – Wien	Marathon	1 st	2:07:31
23 Jan	Dubai Marathon	Marathon	5 th	2:07:06

2013 Results

Date	Race	Distance	Place	Time
13 Oct	De Lage Landen Marathon Eindhoven	Marathon	4 th	2:09:44
21 Apr	Orlen Warsaw Marathon	Marathon	1 st	2:09:02
10 Jan	Tiberias International Marathon	Marathon	5 th	2:09:08

2012 Results

Date	Race	Distance	Place	Time
29 Oct	Frankfurt Marathon	Marathon	Pace	2:28:14 (pace)
14 Oct	Maratona D'Italia Memorial Enzo Ferrari - Maranello to Carpi	Marathon	1 st	2:11:58

Current Men's Half Marathon All Time Performance List

Performances	Time	Performers	Name	Nat	Place	Venue	Date
1	58:18	1	Abraham Kiptum	KEN	1	Valencia	28 Oct 2018
2	58:23	2	Zersenay Tadese	ERI	1	Lisboa	21 Mar 2010
3	58:30		Zersenay Tadese		1	Lisboa	20 Mar 2011
4	58:33	3	Samuel Wanjiru	KEN	1	Den Haag	17 Mar 2007
5	58:33	4	Jemal Yimer Mekonnen	ETH	2	Valencia	28 Oct 2018
6	58:40	5	Abraham Cheroben	BRN	1	København	17 Sept 2017
7	58:41	6	Bernard Koech	KEN	1	San Diego	2 June 2013
8	58:42	7	Bedan Karoki	KEN	1	Ras Al Khaimah	9 Feb 2018
9	58:42	8	Erick Kiptanui	KEN	1	Berlin	8 Apr 2018
10	58:44	9	Solomon Kirwa Yego	KEN	1	Roma-Ostia	13 Mar 2016
11	58:44	10	Abadi Hadis Embaye	ETH	3	Valencia	28 Oct 2018
12	58:46	11	Mathew Kisorio	KEN	1	Philadelphia	18 Sept 2011
13	58:47	12	Atsedu Tsegay	ETH	1	Praha	31 Mar 2012
14	58:48	13	Sammy Kitwara	KEN	2	Philadelphia	18 Sept 2011
15	58:48		Abraham Cheroben		1	Valencia	19 Oct 2014
16	58:48	14	Jorum Lumbasi Okombo	KEN	2	København	17 Sept 2017
17	58:51	15	Alex Oloitipit Korio	KEN	3	København	17 Sept 2017
18	58:52	16	Patrick Makau	KEN	1	Ras Al Khaimah	20 Feb 2009
19	58:53		Samuel Wanjiru		1	Ras Al Khamah	9 Feb 2007
20	58:54	17	Stephen Kibet	KEN	1	Den Haag	11 Mar 2012
21	58:54	18	Geoffrey Kipsang Kamworor	KEN	1	Ras Al Khaimah	15 Feb 2013
22	58:55	19	Haile Gebrselassie	ETH	1	Phoenix – Tempe	15 Jan 2006
23	58:56		Patrick Makau		1	Berlin	1 Apr 2007
24	58:56	20	Martin Mathathi	KEN	1	Newcastle-South Shields	18 Sept 2011
25	58:56	21	Stanley Biwott	KEN	2	Ras Al Khaimah	15 Feb 2013
26	58:58		Sammy Kitwara		1	Rotterdam	13 Sept 2009
27	58:58	22	Geoffrey Mutai	KEN	3	Ras Al Khaimah	15 Feb 2013
28	58:59		Zersenay Tadese		1	Udine (World Road Ch)	14 Oct 2007
29	58:59	23	Wilson Kiprotich Kipsang	KEN	2	Ras Al Khaimah	20 Feb 2009
30	59:00		Jemal Yimer	ETH	2	Ras Al Khaimah	9 Feb 2018
31	59:01	24	Kenneth Kiprof Kipkemoi	KEN	2	Valencia	19 Oct 2014
32	59:02		Patrick Makau Musyoki		2	Udine (World Road Ch)	14 Oct 2007
33	59:02	25	Jonathan Maiyo	KEN	2	Den Haag	11 Mar 2012
34	59:05		Zersenay Tadese		1	Newcastle-South Shields	18 Sept 2005
35	59:05	26	Evans Kiprof Cheruiyot	KEN	3	Udine (World Road Ch)	14 Oct 2007
36	59:05	27	Ezekiel Chebii	KEN	1	Lille	1 Sept 2012
37	59:06	28	Paul Tergat	KEN	1	Lisboa	26 Mar 2000
38	59:06		Wilson Kiprotich Kipsang		1	Newcastle-South Shields	16 Sept 2012
39	59:06		Geoffrey Mutai		1	Udine	22 Sept 2013
40	59:06	29	Guye Adola Idemo	ETH	1	New Delhi	23 Nov 2014
41	59:06	30	Alex Kibet	KEN	3	Ras Al Khaimah	9 Feb 2018
42	59:06	31	Daniel Kipchumba	KEN	1	Verbania	15 Apr 2018
43	59:06		Daniel Kipchumba		1	København	16 Sept 2018
44	59:07	32	Paul Kosgei	KEN	1	Berlin	2 Apr 2006
45	59:07	33	Micah Kogo	KEN	2	Newcastle-South Shields	16 Sept 2012
46	59:07		Geoffrey Kipsang Kamworor		2	New Delhi	23 Nov 2014
47	59:07	34	James Mwangi Wangari	KEN	1	København	18 Sept 2016
48	59:07	35	Mangata Ndiwa	KEN	2	Verbania	15 Apr 2018
49	59:08		Jonathan Maiyo		2	Rotterdam	13 Sept 2009
50	59:08		Geoffrey Kipsang		1	København – World Half	29 Mar 2014
51	59:09	36	James Kwambai	KEN	3	Rotterdam	13 Sept 2009
52	59:09		Abraham Kiptum		2	København	16 Sept 2018
53	59:10		Paul Tergat		1	Lisboa	13 Mar 2005
54	59:10	37	Bernard Kipyego	KEN	4	Rotterdam	13 Sept 2009

55	59:10		Bernard Koech		2	Lille	1 Sept 2012
56	59:10		Abraham Cheroben		1	Valencia	18 Oct 2015
57	59:10		Geoffrey Kipsang Kamworor		1	World Half – Cardiff	26 Mar 2016
58	59:10		Bedan Karoki		1	Ras Al Khaimah	10 Feb 2017
59	59:11		Kenneth Kiprof Kipkemoi		3	Den Haag	11 Mar 2012
60	59:11	38	Mosinet Geremew	ETH	3	New Delhi	23 Nov 2014
61	59:11		Abraham Cheroben	BRN	1	Valencia	22 Oct 2017
62	59:12		Evans Kiprof Cheruiyot		1	Rotterdam	9 Sept 2007
63	59:12		Atsedu Tsegay		1	New Delhi	15 Dec 2013
64	59:12	39	Cybrian Kotut	KEN	4	New Delhi	23 Nov 2014
65	59:12		James Mwangi Wangari		1	Milano	21 Mar 2016
66	59:13		Patrick Makau		2	Ras Al Khaimah	9 Feb 2007
67	59:14	40	Dennis Kipruto Kimetto	KEN	1	Berlin	1 Apr 2012
68	59:14	41	Leonard Patrick Komon	KEN	1	Berlin	30 Mar 2014
69	59:14		Abraham Cheroben		2	Berlin	30 Mar 2014
70	59:14		Bedan Karoki Muchiri		1	København	13 Sept 2015
71	59:14	42	Barselius Kipyego	KEN	1	Usti nad Labem	16 Sept 2017
72	59:14		Jemal Yimer Mekonnen		3	København	16 Sept 2018
73	59:15		Haile Gebrselassie		1	Lisboa	16 Mar 2008
74	59:15	43	Deriba Merga	ETH	1	New Delhi	9 Nov 2008
75	59:15	44	Wilson Chebet	KEN	5	Rotterdam	13 Sept 2009
76	59:15	45	Wilson Kiprof	KEN	2	Berlin	1 Apr 2012
77	59:15		Wilson Kiprof		1	Roma to Ostia	3 Mar 2013
78	59:15		Barselius Kipyego		1	Usti nad Labem	17 Sept 2016
79	59:16		Samuel Wanjiru		1	Rotterdam	11 Sept 2005
80	59:16		Zersenay Tadese		1	Rotterdam	10 Sept 2006
81	59:16		Deriba Merga		4	Udine (World Road Ch)	14 Oct 2007
82	59:16		Wilson Kiprotich Kipsang		2	New Delhi	9 Nov 2008
83	59:16	46	Shura Kitata Tola	ETH	1	Philadelphia	16 Sept 2018
84	59:17		Paul Tergat		1	Milano	4 Apr 1998
85	59:18	47	Yomif Kejelcha	ETH	4	København	16 Sept 2018
86	59:18		Deriba Merga		3	Ras Al Khaimah	20 Feb 2009
87	59:18		Stanley Biwott		5	New Delhi	23 Nov 2014
88	59:18	48	Leonard Kipkoech Langat	KEN	2	Roma-Ostia	13 Mar 2016
89	59:18		Guye Adola		1	Roma to Ostia	12 Mar 2017
90	59:18	49	Leul Gebresilase Aleme	ETH	2	Valencia	22 Oct 2017
91	59:18	50	Andamlak Belihu	ETH	1	New Delhi	21 Oct 2018
92	59:19		Patrick Makau		2	Rotterdam	9 Sept 2007
93	59:19	51	Tilahun Regassa	ETH	1	Abu Dhabi	7 Jan 2010
94	59:19	52	Robert Chemosin Kwemai	KEN	2	Roma to Ostia	3 Mar 2013
95	59:19	53	Yigrem Demelash	ETH	2	Ras Al Khaimah	10 Feb 2017
96	59:19	54	Josphat Kiptoo Boit	KEN	3	Verbania	15 Apr 2018
97	59:19		Amdamlak Belihu Berta		4	Valencia	28 Oct 2018
98	59:20	55	Hendrick Ramaala	RSA	2	Lisboa	26 Mar 2000
99	59:20	56	Moses Cheruiyot Mosop	KEN	1	Milano	21 Mar 2010
100	59:20	57	Simon Cheprot	KEN	3	Roma to Ostia	3 Mar 2013
101	59:20		Stanley Biwott		1	Den Haag	8 Mar 2015
102	59:20	58	Birhanu Legese	ETH	1	New Delhi	29 Nov 2015
103	59:20	59	Daniel Kinyua Wanjiru	KEN	1	Praha	2 Apr 2016
104	59:21	60	Robert Kipkoech Cheruiyot	KEN	2	Lisboa	13 Mar 2005
105	59:21	61	Samuel Tsegay	ERI	2	København – World Half	29 Mar 2014
106	59:21		Guye Adola		3	København – World Half	29 Mar 2014
107	59:21		Stephen Kibet		6	New Delhi	23 Nov 2014
108	59:21		Abraham Cheroben		7	New Delhi	23 Nov 2014
109	59:21		Mosinet Geremew		2	New Delhi	29 Nov 2015
110	59:21	62	Felix Kibitok	KEN	5	København	16 Sept 2018
111	59:21	63	Stephen Kiprof	KEN	5	Valencia	28 Oct 2018

2018 Men's Half Marathon Performance List

Performance	Time	Performer	Name	Nat	Pos	Venue	Date
1	58:18	1	Abraham Kiptum	KEN	1	Valencia	28 Oct 2018
2	58:33	2	Jemal Yimer Mekonnen	ETH	2	Valencia	28 Oct 2018
3	58:42	3	Bedan Karoki	KEN	1	Ras Al Khaimah	9 Feb 2018
4	58:42	4	Erick Kiptanui	KEN	1	Berlin	8 Apr 2018
5	58:44	5	Abadi Hadis Embaye	ETH	3	Valencia	28 Oct 2018
6	59:00		Jemal Yimer	ETH	2	Ras Al Khaimah	9 Feb 2018
7	59:06	6	Alex Kibet	KEN	3	Ras Al Khaimah	9 Feb 2018
8	59:06	7	Daniel Kipchumba	KEN	1	Verbania	15 Apr 2018
9	59:06		Daniel Kipchumba	KEN	1	København	16 Sept 2018
10	59:07	8	Mangata Kimai Ndiwa	KEN	2	Verbania	15 Apr 2018
11	59:09		Abraham Kiptum	KEN	2	København	16 Sept 2018
12	59:14		Jemal Yimer Mekonnen	ETH	3	København	16 Sept 2018
13	59:16	9	Shura Kitata Tola	ETH	1	Philadelphia	16 Sept 2018
14	59:17	10	Yomif Kejelcha	ETH	4	København	16 Sept 2018
15	59:18	11	Andamlak Belihu	ETH	1	New Delhi	21 Oct 2018
16	59:19	12	Josphat Kiptoo Boit	KEN	3	Verbania	15 Apr 2018
17	59:19		Amdamlak Belihu Berta	ETH	4	Valencia	28 Oct 2018
18	59:21	13	Felix Kibitok	KEN	5	København	16 Sept 2018
19	59:21	14	Stephen Kiproop	KEN	5	Valencia	28 Oct 2018
20	59:22	15	Amdework Walelegn	ETH	2	New Delhi	21 Oct 2018
21	59:22	16	Bernard Kipkorir Ngeno	KEN	6	Valencia	28 Oct 2018
22	59:27	17	Mo Farah	GBR	1	Newcastle to SouthShields	9 Sept 2018
23	59:27	18	El Hassan El Abbassi	BRN	7	Valencia	28 Oct 2018
24	59:28	19	Edwin Kiproop Kiptoo	KEN	6	København	16 Sept 2018
25	59:28	20	Simon Cheprot	KEN	8	Valencia	28 Oct 2018
26	59:29	21	Abel Kipchumba	KEN	9	Valencia	28 Oct 2018
27	59:36	22	Jorum Lumbasi Okumbo	KEN	4	Ras Al Khaimah	9 Feb 2018
28	59:36	23	Morris Munene Gachaga	KEN	5	Ras Al Khaimah	9 Feb 2018
29	59:37	24	James Rungaru	KEN	1	Den Haag	11 Mar 2018
30	59:40	25	Wilfred Kimitei	KEN	6	Ras Al Khaimah	9 Feb 2018
31	59:41	26	Leonard Langat	KEN	2	Den Haag	11 Mar 2018
32	59:41		Stephen Kiproop		1	Usti nad Labem	15 Sept 2018
33	59:42		Josphat Boit		10	Valencia	28 Oct 2018
34	59:44	27	Mule Wasihun	ETH	1	Barcelona	11 Feb 2018
35	59:44		Stephen Kiproop		1	Venlo	25 Mar 2018
36	59:47	28	Galen Rupp	USA	1	Roma to Ostia	11 Mar 2018
37	59:47	29	Bernard Kimeli	KEN	1	Praha	7 Apr 2018
38	59:48	30	Mosinet Geremew	ETH	1	Buenos Aires	26 Aug 2018
39	59:48		Daniel Kipchumba		3	New Delhi	21 Oct 2018
40	59:50		Amdework Walelegn		1	Istanbul	8 Apr 2018
41	59:50		Bedan Karoki Muchiri		2	Buenos Aires	26 Aug 2018
42	59:50	31	Aron Kifle	ERI	4	New Delhi	21 Oct 2018
43	59:52	32	Lelisa Desisa	ETH	7	København	16 Sept 2018
44	59:54		Edwin Kiptoo		7	Ras Al Khaimah	9 Feb 2018
45	59:55	33	Dominic Kiptarus	KEN	8	København	16 Sept 2018
46	59:56	34	Geoffrey Yegon	KEN	2	Praha	7 Apr 2018
47	59:58		El Hassan El Abassi		1	Casablanca	24 June 2018
48	59:58	35	Peter Kwemoui	KEN	3	Praha	7 Apr 2018
49	59:58	36	Jake Robertson	NZL	2	Newcastle to SouthShields	9 Sept 2018
50	1:00:01		Jake Robertson		1	Houston	15 Jan 2018
51	1:00:01	37	Asefa Mengstu Negewo	ETH	9	København	16 Sept 2018
52	1:00:01		Mangata Kimai Ndiwa		11	Valencia	28 Oct 2018
53	1:00:02	38	Geoffrey Kamworor	KEN	1	Valencia (World Half)	24 Mar 2018
54	1:00:02	39	Teshome Mekonen Asfaha	ETH	12	Valencia	28 Oct 2018

Women:
RAK Half Marathon All Time list

Performances	Time	Performers	Name		Nat	Place	Year
1	1:04:52	1	Fancy Chemutai		KEN	1	2018
2	1:04:55	2	Mary Keitany		KEN	2	2018
3	1:05:06	3	Peres Jepchirchir		KEN	1	2017
4	1:05:07	4	Caroline Kipkirui		KEN	3	2018
5	1:05:13		Mary Keitany		KEN	2	2017
6	1:05:37	5	Joan Chelimo Melly		KEN	4	2018
7	1:05:50		Mary Keitany			1	2011
8	1:06:02		Mary Keitany			1	2015
9	1:06:04	6	Cynthia Limo		KEN	1	2016
10	1:06:07	7	Gladys Cheron		KEN	2	2016
11	1:06:08	8	Joyciline Jepkosgei		KEN	3	2017
12	1:06:09	9	Lucy Wangui Kabuu		KEN	1	2013
13	1:06:11	10	Priscah Jeptoo		KEN	2	2013
14	1:06:26	11	Genet Yalew		ETH	3	2016
15	1:06:27	12	Rita Jeptoo		KEN	3	2013
16	1:06:28	13	Mamitu Daska		ETH	2	2015
17	1:06:39		Peres Jepchirchir			4	2016
18	1:06:43	14	Jemima Sumgong		KEN	4	2017
19	1:06:46		Joyciline Jepkosgei		KEN	5	2018
20	1:06:47	15	Degitu Azimeraw Asires		ETH	6	2018
21	1:06:49		Mary Keitany			1	2012
22	1:06:49	16	Brigid Kosgei		KEN	7	2018
23	1:06:50	17	Tirunesh Dibaba		ETH	5	2017
24	1:06:56	18	Meseret Hailu Debele		ETH	4	2013
25	1:06:57	19	Gladys Chesir		KEN	5	2016
26	1:06:58		Jemima Sumgong			6	2016
27	1:07:02		Priscah Jeptoo			1	2014
28	1:07:02		Cynthia Limo			3	2015
29	1:07:07	20	Elvan Abeylegesse	1	TUR	1	2010
30	1:07:13	21	Mare Dibaba	1	ETH	2	2010
31	1:07:13	22	Florence Kiplagat		KEN	5	2013
32	1:07:13		Gladys Cheron		KEN	8	2018
33	1:07:18	23	Dire Tune	1	ETH	1	2009
34	1:07:22	24	Aselefech Mergia	1	ETH	3	2010
35	1:07:32	25	Josephine Chepkoech		KEN	4	2015
36	1:07:32	26	Worknesh Degefa		ETH	7	2016
37	1:07:39	27	Helah Kiprof		KEN	6	2013
38	1:07:41	28	Teyba Erkesso	1	ETH	4	2010
39	1:07:47		Helen Tola Bekele		ETH	9	2018
40	1:07:48		Aselefech Mergia	2		2	2009
41	1:07:48		Helah Kiprof			6	2017
42	1:07:50	29	Philes Ongori	1	KEN	3	2009
43	1:07:57	30	Abebu Gelan	1	ETH	4	2009
44	1:07:58		Dire Tune	2		5	2010
45	1:08:04		Priscah Jeptoo	2		8	2016
46	1:08:05	31	Meselech Melkamu		ETH	7	2013
47	1:08:08	32	Paskalia Kipkoech		KEN	8	2013
48	1:08:08	33	Rose Chelimo		KEN	9	2016
49	1:08:13	34	Flomena Cheyech		KEN	2	2014
50	1:08:14	35	Lydia Cheromei	1	KEN	5	2009
51	1:08:16	36	Amane Gobena	1	ETH	6	2009
52	1:08:22	37	Naomi Jebet		KEN	10	2018
53	1:08:22	38	Eunice Chumba		BRN	11	2018
54	1:08:30	39	Atsede Habtamu	1	ETH	6	2010
55	1:08:31	40	Gutteni Shone		ETH	3	2014
56	1:08:35	41	Feyse Tadese Boru		ETH	9	2013

Best Marks for Places in RAK Half Marathon

Place	Time	Name	Nationality	Year
1	1:04:52	Fancy Chemutai	KEN	2018
	1:05:06	Peres Jepchirchir	KEN	2017
	1:05:50	Mary Keitany	KEN	2016
2	1:04:55	Mary Keitany	KEN	2018
	1:05:13	Mary Keitany	KEN	2017
	1:06:07	Gladys Cheronon	KEN	2016
	1:06:11	Priscah Jeptoo	KEN	2013
	1:06:28	Mamitu Daska	ETH	2015
	1:07:13	Mare Dibaba	ETH	2010
3	1:05:07	Caroline Kipkirui	KEN	2018
	1:06:08	Joyciline Jepkosgei	KEN	2017
	1:06:26	Genet Yalew	ETH	2016
	1:06:27	Rita Jeptoo	KEN	2013
	1:07:02	Cynthia Limo	KEN	2015
	1:07:22	Aselefech Mergia	ETH	2010
4	1:05:37	Joan Chelimo Melly	KEN	2018
	1:06:39	Peres Jepchirchir	KEN	2016
	1:06:43	Jemima Sumgong	KEN	2017
	1:06:56	Meseret Hailu Debebe	ETH	2013
	1:07:32	Josephine Chepkoech	KEN	2015
	1:07:41	Teyiba Erkesso	ETH	2010
5	1:06:46	Joyciline Jepkosgei	KEN	2018
	1:06:50	Tirunesh Dibaba	ETH	2017
	1:06:57	Gladys Chesir	KEN	2016
	1:07:13	Florence Kiplagat	KEN	2013
	1:07:58	Dire Tune	ETH	2010
6	1:06:47	Degitu Azimeraw Asires	ETH	2018
	1:06:58	Jemima Jelagat	KEN	2016
	1:07:39	Helah Kiprof	KEN	2013
	1:07:48	Helah Kiprof	KEN	2017
	1:08:16	Amane Gobena	ETH	2009
7	1:06:49	Brigid Kosgei	KEN	2018
	1:07:32	Worknesh Degefa	ETH	2016
	1:08:05	Meselech Melkamu	ETH	2013
	1:08:37	Rose Chelimo	KEN	2017
	1:08:39	Hilda Kibet	NED	2010
8	1:07:13	Gladys Cheronon	KEN	2018
	1:08:04	Priscah Jeptoo	KEN	2016
	1:08:08	Pasalia Kipkoech	KEN	2013
	1:08:48	Agnes Kiprof	KEN	2010

Best Marks for Places at Half Marathon – All Competitions

Place	Time	Name	Nationality	Venue	Date
1	1:04:51	Joyciline Jepkosgei	KEN	Valencia	22 Oct 2017
	1:04:52	Joyciline Jepkosgei	KEN	Praha	1 Apr 2017
	1:04:52	Fancy Chemutai	KEN	Ras Al Khaimah	9 Feb 2018
	1:05:06	Peres Jepchirchir	KEN	Ras Al Khaimah	10 Feb 2017
	1:05:09	Florence Kiplagat	KEN	Barcelona	15 Feb 2015
	1:05:12	Florence Kiplagat	KEN	Barcelona	16 Feb 2014
	1:05:39	Mary Keitany	KEN	Newcastle-South Shields	7 Sept 2014
2	1:04:55	Mary Keitany	KEN	Ras Al Khaimah	9 Feb 2018
	1:05:13	Mary Keitany	KEN	Ras Al Khaimah	10 Feb 2017
	1:05:22	Violah Jepchumba	KEN	Praha	1 Apr 2017
	1:05:36	Fancy Chemutai	KEN	Valencia	22 Oct 2017
	1:06:07	Gladys Cheronon	KEN	Ras Al Khaimah	12 Feb 2016

	1:06:09	Meseret Defar	ETH	Newcastle-South Shields	15 Sept 2013
	1:06:11	Priscah Jeptoo	KEN	Ras Al Khaimah	15 Feb 2013
	1:06:14	Worknesh Degefa	ETH	Praha	2 Apr 2016
	1:06:25	Joan Chelimo Melly	KEN	Kobenhavn	17 Sept 2017
	1:06:28	Mamitu Daska	ETH	Ras Al Khaimah	13 Feb 2015
3	1:05:07	Caroline Kipkirui	KEN	Ras Al Khaimah	9 Feb 2018
	1:06:08	Joyciline Jepkosgei	KEN	Ras Al Khaimah	10 Feb 2017
	1:06:26	Genet Yalew	ETH	Ras Al Khaimah	12 Feb 2016
	1:06:27	Rita Jeptoo	KEN	Ras Al Khaimah	15 Feb 2013
	1:06:35	Brigid Kosgei	KEN	Kobenhavn	17 Sept 2017
	1:06:56	Tirunesh Dibaba	ETH	Newcastle-South Shields	15 Sept 2013
	1:06:58	Fancy Chemutai	KEN	Praha	1 Apr 2017
	1:07:02	Cynthia Limo	KEN	Ras Al Khaimah	13 Feb 2015
4	1:05:37	Joan Chelimo Melly	KEN	Ras Al Khaimah	9 Feb 2018
	1:06:39	Peres Jepchirchir	KEN	Ras Al Khaimah	12 Feb 2016
	1:06:43	Jemima Sumgong	KEN	Ras Al Khaimah	10 Feb 2017
	1:06:50	Buze Diriba	ETH	Houston	15 Jan 2018
	1:06:56	Meseret Hailu Debele	ETH	Ras Al Khaimah	15 Feb 2013
5	1:06:46	Joyciline Jepkosgei	KEN	Ras Al Khaimah	9 Feb 2018
	1:06:50	Tirunesh Dibaba	ETH	Ras Al Khaimah	10 Feb 2017
	1:06:57	Gladys Chesir	KEN	Ras Al Khaimah	12 Feb 2016
	1:07:13	Florence Kiplagat	KEN	Ras Al Khaimah	15 Feb 2013
	1:07:13	Edith Chelio	KEN	Houston	15 Jan 2018
6	1:06:47	Degitu Azimeraw Asires	ETH	Ras Al Khaimah	9 Feb 2018
	1:06:58	Jemima Jelagat Sumgong	KEN	Ras Al Khaimah	12 Feb 2016
	1:07:18	Eunice Chumba	KEN	Houston	15 Jan 2018
	1:07:39	Helah Kiprop	KEN	Ras Al Khaimah	15 Feb 2013
	1:07:48	Helah Kiprop	KEN	Ras Al Khaimah	10 Feb 2017
	1:07:55	Jordan Hasay	USA	Praha	1 Apr 2017
7	1:06:49	Brigid Kosgei	KEN	Ras Al Khaimah	9 Feb 2018
	1:07:25	Molly Huddle	USA	Houston	15 Jan 2018
	1:07:32	Worknesh Degefa	ETH	Ras Al Khaimah	12 Feb 2016
	1:08:05	Meselech Melkamu	ETH	Ras Al Khaimah	15 Feb 2013
	1:08:23	Paskalia Chepkorir	KEN	Kobenhavn	17 Sept 2017
	1:08:37	Rose Chelimo	KEN	Ras Al Khaimah	10 Feb 2017
	1:08:39	Hilda Kibet	NED	Ras Al Khaimah	19 Feb 2010

Margin of Victory at RAK

	Difference	Winning time	Name	Nat	Year
Max	3:02	1:05:50	Mary Keitany	KEN	2011
	2:24	1:06:49	Mary Keitany	KEN	2012
	1:11	1:07:00	Priscah Jeptoo	KEN	2014
	30 sec	1:07:18	Dire Tune	ETH	2009
Min	0 sec	1:12:29	Salina Kosgei	KEN	2008

Past Results

Year	First	Nat	Time	Second	Nat	Time	Third	Nat	Time
2018	Fancy Chemutai	KEN	64:52	Mary Keitany	KEN	64:55	Caroline Kipkirui	KEN	65:07
2017	Peres Jepchirchir	KEN	65:06	Mary Keitany	KEN	65:13	Joyciline Jepkosgei	KEN	66:08
2016	Cynthia Limo	KEN	66:04	Gladys Cheronro	KEN	66:07	Genet Yalew	ETH	66:26
2015	Mary Keitany	KEN	66:02	Mamitu Daska	ETH	66:28	Cynthia Limo	KEN	67:02
2014	Priscah Jeptoo	KEN	67:02	Flomena Cheyech	KEN	68:13	Gutteni Shone	ETH	68:31
2013	Lucy Kabuu	KEN	66:09	Priscah Jeptoo	KEN	66:11	Rita Jeptoo	KEN	66:27
2012	Mary Keitany	KEN	66:49	Georgina Rono	KEN	69:13	Gladys Cheronro	KEN	69:14
2011	Mary Keitany	KEN	65:50	Dire Tune	ETH	68:52	Mare Dibaba	ETH	68:57
2010	Elvan Abeylegesse	TUR	67:07	Mare Dibaba	ETH	67:13	Aselefech Mergia	ETH	67:22

2009	Dire Tune	ETH	67:18	Aselefech Mergia	ETH	67:48	Phyles Ongori	KEN	67:50
2008	Salina Kosgei	KEN	72:29	Pamela Chepchumba	KEN	72:29	Atsede Habtamu	ETH	72:30
2007	Berhane Adere	ETH	70:58	Teyiba Erkesso	ETH	71:03	Bezunesh Bekele	ETH	71:07

Multiple Winner at RAK

Mary Keitany 2011, 2012, 2015

Fastest Debut Half marathon

Performances	Time	Name	Nat	Place	Venue	Date
1	1:06:47	Degitu Azimeraw Asires	ETH	6	Ras Al Khaimah	9 Feb 2018
2	1:06:57	Kara Goucher	USA	1	Newcastle to South Shields	30 Sept 2007
3	1:06:58	Fancy Chemutai	KEN	3	Praha	1 Apr 2017
4	1:07:07	Elvan Abeylegesse	TUR	1	Ras Al Khaimah	19 Feb 2010
5	1:07:12	Amaz Ayana	ETH	1	New Delhi	19 Nov 2017
6	1:07:23	Roza Dereje	ETH	4	Kobenhavn	17 Sept 2017
7	1:07:26	Kayoko Fukushi	JPN	1	Marugame	5 Feb 2006
8	1:07:31	Magdalene Masai	KEN	1	Roma to Ostia	13 Mar 2016
9	1:07:35	Tirunesh Dibaba	ETH	1	Newcastle to South Shields	16 Sept 2012
10	1:07:40	Florence Kiplagat	KEN	1	Lille	4 Sept 2010
11	1:07:45	Meseret Defar	ETH	1	Philadelphia	19 Sept 2010
12	1:07:54	Vivian Cheruiyot	KEN	1	Newcastle to South Shields	11 Sept 2016
13	1:07:56	Susie Power	AUS	1	Newcastle to South Shields	6 Oct 2002

Fastest Half marathon by age

Age	Time	Name	Nat	DOB	pos	Race	Date
19	1:07:57	AbebuGelan	ETH	18 Jan 1990	4	Ras Al Khaimah	20 Feb 2009
20	1:06:43	Masako Chiba	JPN	18 July 1976	1	Tokyo (Downhill)	19 Jan 1997
	1:07:13	Mare Dibaba	ETH	20 Oct 1989	2	Ras AL Khaimah	19 Feb 2010
21	1:06:49	Esther Wanjiru	KEN	27 Mar 1977	2	Tokyo	15 Jan 1999
22	1:04:52	Fancy Chemutai	KEN	20 Mar 1995	1	Ras Al Khaimah	9 Feb 2018
	1:06:39	Peres Jepchirchir	KEN	27 Sept 1993	4	Ras Al Khaimah	12 Feb 2016
	1:06:56	Meseret Hailu Debele	ETH	12 Sept 1990	4	Ras Al Khaimah	15 Feb 2013
	1:07:12	TeglaLoroupe	KEN	9 May 1973	1	Lisboa	10 Mar 1996
23	1:04:51	Joyciline Jepkosgei	KEN	8 Dec 1993	1	Valencia	22 Oct 2017
	1:04:52	Joycline Jepkosgei	KEN	8 Dec 1993	1	Praha	1 Apr 2017
	1:05:06	Peres Jepchirchir	KEN	27 Sept 1993	1	Ras Al Khaimah	10 Feb 2017
	1:05:07	Caroline Kipkirui	KEN	26 May 1994	3	Ras Al Khaimah	9 Feb 2018
	1:06:08	Joyciline Jepkosgei	KEN	8 Dec 1993	3	Ras Al Khaimah	10 Feb 2017
24	1:06:11	Eunice Chumba	BRN	23 May 1993	1	Kobenhavn	17 Sept 2017
	1:06:26	Genet Yalaw	ETH	31 Dec 1992	3	Ras Al Khaimah	12 Feb 2016
	1:06:38	Florence Kiplagat	KEN	27 Feb 1987	1	Roma – Ostia	26 Feb 2012
25	1:05:15	Sifan Hassan	NED	1 Jan 1993	1	Kobenhavn	16 Sept 2018
	1:05:44	Susan Chepkemei	KEN	25 Jun 1975	1	Lisboa	1 Apr 2001
	1:05:51	Violah Jepchumba	KEN	23 Oct 1990	1	Praha	2 Apr 2016
	1:06:14	Worknesh Degefa	ETH	28 Oct 1990	2	Praha	2 Apr 2016
	1:06:19	Joyce Chepkirui	KEN	10 Aug 1988	1	Praha	5 Apr 2014
26	1:05:12	Florence Kiplagat	KEN	27 Feb 1987	1	Barcelona	16 Feb 2014
	1:05:22	Violah Jepchumba	KEN	23 Oct 1990	2	Praha	1 Apr 2017
	1:06:03	Cynthia Limo	KEN	18 Dec 1989	1	Ras Al Khaimah	12 Feb 2016
	1:06:14	Worknesh Degefa	ETH	28 Oct 1990	2	Praha	2 Apr 2016
	1:06:34	LornahKiplagat	KEN	1 May 1974	2	Lisboa	1 Apr 2001
	1:06:41	Cynthia Limo	KEN	18 Dec 1989	2	Houston	17 Jan 2016
27	1:05:04	Joan Melly Chelimo	KEN	10 Nov 1990	1	Praha	7 Apr 2018
	1:05:09	Florence Kiplagat	KEN	27 Feb 1987	1	Barcelona	15 Feb 2015
	1:06:04	Cynthia Limo	KEN	18 Dec 1989	1	Ras Al Khaimah	12 Feb 2016
	1:06:29	Mary Wacera	KEN	17 Dec 1988	1	Houston	17 Jan 2016

	1:06:36	Mary Keitany	KEN	18 Jan 1982	1	Birmingham	11 Oct 2009
	1:06:56	Tirunesh Dibaba	ETH	1 Oct 1985	3	Newcastle–SouthShields	15 Sept 2013
28	1:05:46	Ababel Yeshaneh	ETH	10 June 1990	2	Kobenhavn	16 Sept 2018
	1:06:09	Lucy KabuuWangui	KEN	28 Mar 1984	1	Ras Al Khaimah	15 Feb 2013
	1:06:11	PriscahJeptoo	KEN	28 June 1984	2	Ras Al Khaimah	15 Feb 2013
	1:06:25	Joan Chelimo	KEN	10 Nov 1988	2	Kobenhavn	17 Sept 2017
	1:06:29	Mary Wacera Ngugi	KEN	17 Jan 1988	1	Houston	17 Jan 2016
29	1:05:37	Joan Chelimo Melly	KEN	10 Nov 1988	4	Ras Al Khaimah	9 Feb 2018
	1:05:40	Paula Radcliffe	GBR	17 Dec 1973	1	Newcastle-South Shields	21 Sept 2003
	1:05:45	PriscahJeptoo	KEN	28 June 1984	1	Newcastle-South Shields	15 Sept 2013
	1:05:50	Mary Keitany	KEN	18 Jan 1982	1	Ras Al Khaimah	18 Feb 2011
30	1:06:49	Mary Keitany	KEN	18 Jan 1982	1	Ras Al Khaimah	17 Feb 2012
31	1:05:52	Edith Chelimo	KEN	16 July 1986	1	Cardiff	1 Oct 2017
	1:06:28	Mamitu Daska	ETH	16 Oct 1983	2	Ras Al Khaimah	13 Feb 2015
	1:06:38	Gladys Cheronon	KEN	12 May 1983	1	Istanbul	26 Apr 2015
	1:06:40	Ingrid Kristiansen	NOR	21 Mar 1956	1	Sandnes	5 Apr 1987
32	1:06:07	Gladys Cheronon	KEN	12 May 1983	2	Ras Al Khaimah	12 Feb 2016
	1:06:27	Rita Jeptoo	KEN	15 Feb 1981	3	Ras Al Khaimah	15 Feb 2013
	1:06:43	Jemima Sumgong	KEN	21 Dec 1984	4	Ras Al Khaimah	10 Feb 2017
	1:06:44	Elana Meyer	RSA	10 Oct 1966	1	Tokyo	15 Jan 1999
33	1:06:02	Mary Keitany	KEN	18 Jan 1982	1	Ras Al Khaimah	13 Feb 2015
	1:06:07	Gladys Cheronon	KEN	12 May 1983		Ras Al Khaimah	12 Feb 2016
	1:06:25	LornahKiplagat	NED	1 May 1974	1	Udine	14 Oct 2007
34	1:07:26	Lydia Cheromei	KEN	11 May 1977	2	Praha	31 Mar 2012
35	1:05:13	Mary Keitany	KEN	18 Jan 1982	2	Ras Al Khaimah	10 Feb 2017
	1:07:46	Valeria Straneo	ITA	5 Apr 1976	4	Roma – Ostia	26 Feb 2012
36	1:04:55	Mary Keitany	KEN	18 Jan 1982	2	Ras Al Khaimah	9 Feb 2018
	1:07:52	BerhaneAdere	ETH	21 July 1973	1	New Orleans	28 Feb 2010
38	1:07:16	Edith Masai	KEN	4 Apr 1967	1	Berlin	2 Apr 2006

Fastest Marathon for the month

Month	Time	Name	Nat	Race	Date
January	1:06:29	Mary Wacera	KEN	Houston	17 Jan 2016
	1:06:41	Cynthia Limo	KEN	Houston	17 Jan 2016
	1:06:43	Masako Chiba	JPN	Tokyo	19 Jan 1997
February	1:04:52	Fancy Chemutai	KEN	Ras Al Khaimah	9 Feb 2018
	1:04:55	Mary Keitany	KEN	Ras Al Khaimah	9 Feb 2018
	1:05:06	Peres Jephchirchir	KEN	Ras Al Khaimah	1 Apr 2017
	1:05:07	Caroline Kipkirui	KEN	Ras Al Khaimah	9 Feb 2018
	1:05:09	Florence Kiplagat	KEN	Barcelona	15 Feb 2015
	1:05:12	Florence Kiplagat	KEN	Barcelona	16 Feb 2014
	1:05:13	Mary Keitany	KEN	Ras Al Khaimah	10 Feb 2017
March	1:06:56	LornahKiplagat	DEN	Den Haag	25 Mar 2000
April	1:04:52	Joycline Jepkosgei	KEN	Praha	1 Apr 2017
	1:05:04	Joan Melly Chelimo	KEN	Praha	7 Apr 2018
	1:05:22	Violah Jepchumba	KEN	Praha	1 Apr 2017
	1:05:44	Susan Chepkemei	KEN	Lisboa	1 Apr 2001
May	1:07:40enr	Mary Keitany	KEN	Berlin (en route to 25Km)	9 May 2010
June	1:06:38	Mary Keitany	KEN	Olomouc	20 June 2015
	1:07:59	Restituta Joseph	TAN	København-Malmo	12 June 2000
July	1:08:14	Mizuki Noguchi	JPN	Sapporo	9 July 2006
August	1:07:17	PasaliaKipkoechChepkorir	KEN	Rio de Janeiro	19 Aug 2012
September	1:05:15	Sifan Hassan	NED	Kobenhavn	16 Sept 2018
	1:05:39	Mary Keitany	KEN	Newcastle-South Shields	7 Sept 2014
	1:05:40	Paula Radcliffe	GBR	Newcastle – South Shields	21 Sept 2003
	1:05:45	Priscah Jeptoo	KEN	Newcastle – South Shields	15 Sept 2013

October	1:04:51 1:05:36	Joyciline Jepkosgei Fancy Chemutai	KEN KEN	Valencia Valencia	22 Oct 2017 22 Oct 2017
November	1:06:54	Mary Keitany	KEN	New Delhi	1 Nov 2009
December	1:07:52 1:08:00	Sarah Chepchirchir Florence Kiplagat	KEN KEN	Haicang New Delhi	10 Dec 2016 15 Dec 2013

National records

	Time	Nation	Name	Place	Venue	Date
1	1:04:51	KEN	Joyciline Jepkosgei	1	Valencia	22 Oct 2017
	1:04:52		Joyciline Jepkosgei	1	Praha	1 Apr 2017
	1:04:52		Fancy Chemutai	1	Ras Al Khaimah	9 Feb 2018
	1:04:55		Mary Keitany	2	Ras Al Khaimah	9 Feb 2018
	1:05:04		Joan Melly Chelimo	1	Ras Al Khaimah	10 Feb 2017
	1:05:06		Peres Jepchirchir	1	Praha	7 Apr 2018
	1:05:07		Caroline Kipkirui	3	Ras Al Khaimah	9 Feb 2018
	1:05:09		Florence Kiplagat	1	Barcelona	15 Feb 2015
	1:05:12		Florence Kiplagat	1	Barcelona	16 Feb 2014
	2		1:05:15	NED	Sifan Hassan	1
3	1:05:22	BRN	Violah Jepchumba	1	Praha	1 Apr 2017
4	1:05:40	GBR	Paula Radcliffe	1	Newcastle-South Shields	21 Sept 2003
	1:06:47		Paula Radcliffe	1	Bristol (World Half)	1 Oct 2001
5	1:05:46	ETH	Ababel Yeshaneh	2	Kobenhavn	16 Sept 2018
	1:06:09		MeseretDefar	2	Newcastle-South Shields	15 Sept 2013
	1:06:11		Netsanet Gudeta	1	Valencia (World Half)	24 Mar 2018
	1:06:11		Gelete Burka	1	Valencia	28 Oct 2018
	1:06:14		Worknesh Degefa	2	Praha	2 Apr 2016
6	1:06:40	NOR	Ingrid Kristiansen	1	Sandnes	5 Apr 1987
7	1:06:43	JPN	Masako Chiba	1	Tokyo (Down Hill)	19 Jan 1997
	1:07:26		Kayoko Fukushi	1	Marugame	5 Feb 2006
8	1:06:44	RSA	Elana Meyer	1	Tokyo	15 Jan 1999
9	1:06:57	USA	Kara Goucher	1	Newcastle – South Shields	30 Sept 2007
	1:06:25		Molly Huddle	7	Houston	15 Jan 2018
	1:07:34		Deena Kastor	2	Berlin	2 Apr 2006
10	1:07:07	TUR	Elvan Abeylegesse	1	Ras Al Khaimah	19 Feb 2010
11	1:07:11	NZL	Kim Smith	1	Philadelphia	18 Sept 2011
12	1:07:19	IRL	Sonia O'Sullivan	1	Newcastle-South Shields	6 Oct 2002
13	1:07:46	ITA	Valeria Straneo	4	Roma to Ostia	26 Feb 2012
14	1:07:48	AUS	Kerryn McCann	3	Tokyo	10 Jan 2000

All Comers record:

	Time	Nation(Venue)	Name	Nation	Venue	Date
1	1:04:51	ESP	Joyciline Jepkosgei	KEN	Valencia	22 Oct 2017
	1:05:12		Florence Kiplagat	KEN	Barcelona	15 Feb 2015
2	1:04:52	CZE	Joyciline Jepkosgei	KEN	Praha	1 Apr 2017
	1:04:52		Fancy Chemutai	KEN	Ras Al Khaimah	9 Feb 2018
	1:04:55		Mary Keitany	KEN	Ras Al Khaimah	9 Feb 2018
3	1:05:06	UAE	Peres Jepchirchir	KEN	Ras Al Khaimah	10 Feb 2017
	1:05:15		Sifan Hassan	NED	Kobenhavn	16 Sept 2018
	1:05:39		Mary Keitany	KEN	Newcastl – South Shields	7 Sept 2014
4	1:05:40	GBR	Paula Radcliffe	GBR	Newcastle-South Shields	21 Sept 2003
	1:05:44		Susan Chepkemei	KEN	Lisboa	1 Apr 2001
6	1:04:52	CZE	Joycline Jepkosgei	KEN	Praha	1 Apr 2017
	1:05:51		Violah Jepchumba	KEN	Praha	2 Apr 2016
	1:06:14		Worknesh Degefa	ETH	Praha	2 Apr 2016
	1:06:19		Joyce Chepkirui	KEN	Praha	5 Apr 2014
	1:06:48		Gladys Cheron	KEN	Praha	6 Apr 2013

	1:07:03		Joyce Chepkirui	KEN	Praha	31 Mar 2012
7	1:06:11	DEN	Eunice Chumba	KEN	Kobenhavn	17 Sept 2017
8	1:06:25	ITA	LornahKiplagat	NED	Udine (World Road Ch)	14 Oct 2007
9	1:06:29	USA	Mary Wacera	KEN	Houston	17 Jan 2016
	1:06:39		Ruti Aga	ETH	Houston	15 Jan 2018
10	1:06:38	TUR	Gladys Cheron	KEN	Istanbul	26 Apr 2015
11	1:06:40	NOR	Ingrid Kristiansen	NOR	Sandnes	5 Apr 1987
12	1:06:43	JPN	Masako Chiba	JPN	Tokyo	19 Jan 1997
13	1:06:54	IND	Mary Keitany	KEN	New Delhi	1 Nov 2009
14	1:06:56	NED	LornahKiplagat	NED	Den Haag	25 Mar 2000
15	1:07:00	FRA	Mary Keitany	KEN	Lille	5 Sept 2009
16	1:07:16	GER	Edith Masai	KEN	Berlin	2 Apr 2006
17	1:07:17	BRA	PasaliaKipkoechChepkorir	KEN	Rio De Janeiro	19 Aug 2012

List of Course Records

	Time	Race	Name	Nation	Year
1	1:04:51	Valencia	Joyciline Jepkosgei	KEN	2017
2	1:04:52	Praha	Joyciline Jepkosgei	KEN	2017
3	1:04:52	Ras Al Khaimah	Fancy Chemutai	KEN	2018
4	1:05:09	Barcelona	Florence Kiplagat	KEN	2015
5	1:05:15	Kobenhavn	Sifan Hassan	NED	2018
6	1:05:39	Great North Run –	Mary Keitany	KEN	2014
	1:05:40	Newcastle to South Shields	Paula Radcliffe	GBR	2003
7	1:05:44	Lisboa	Susan Chepkemei	KEN	2002
8	1:05:52	Cardiff	Edith Chelimo	KEN	2017
9	1:06:06	Usti nad Labem	Violah Jepchumba	KEN	2017
10	1:06:11	World Half marathon Championships	Netsanet Gudeta	ETH	2018
11	1:06:22	Istanbul	Ababel Yeshaneh	ETH	2018
12	1:06:29	Houston	Mary Wacera Ngugi	KEN	2016
13	1:06:38	Roma to Ostia	Florence Kiplagat	KEN	2012
14	1:06:38	Olomouc	Mary Keitany	KEN	2015
15	1:06:40	Sandnes	Ingrid Kristiansen	NOR	1987
16	1:06:43	Tokyo	Masako Chiba	JPN	1997
17	1:06:54	New Delhi	Mary Keitany	KEN	2009
18	1:06:56	Den Haag	Lornah Kiplagat	NED	2000
19	1:07:00	Lille	Mary Keitany	KEN	2009

Fastest Half Marathon race based on the average of fastest performances:

Average of Top 10 Performances in Major Half Marathons

	Average of top 10 Performances	Half Marathon
1	1:05:29	RAK Half Marathon
2	1:06:04	Praha
3	1:06:28	Great North Run – Newcastle to South Shields
4	1:06:30	Valencia
5	1:06:53	World Half Marathon Championships
6	1:07:06	New Delhi
7	1:07:15	Lisboa
7	1:07:22	Tokyo City Half Marathon

RAK Half Marathon

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:52	1	Fancy Chemutai	KEN	1	2018
2	1:04:55	2	Mary Keitany	KEN	2	2018
3	1:05:06	3	Peres Jepchirchir	KEN	1	2017
4	1:05:07	4	Caroline Kipkirui	KEN	3	2018
5	1:05:13		Mary Keitany	KEN	2	2017
6	1:05:37	5	Joan Chelimo Melly	KEN	4	2018
7	1:05:50		Mary Keitany	KEN	1	2011
8	1:06:02		Mary Keitany	KEN	1	2015
9	1:06:04	6	Cynthia Limo	KEN	1	2016
10	1:06:07	7	Gladys Cheronon	KEN	2	2016
Average	1:05:29					

Praha

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:52	1	Joycline Jepkosgei	KEN	1	2017
2	1:05:04		Joan Melly Chelimo	KEN	1	2018
3	1:05:22	2	Violah Jepchumba	KEN	2	2017
4	1:05:51		Violah Jepchumba	KEN	1	2016
5	1:06:09		Caroline Chepkoech Kipkirui	KEN	2	2018
6	1:06:14	3	Worknesh Degefa	ETH	2	2016
7	1:06:19	4	Joyce Chepkirui	KEN	1	2014
8	1:06:48	5	Gladys Cheronon	KEN	1	2013
9	1:06:58	6	Fancy Chemutai	KEN	3	2017
10	1:07:03		Joyce Chepkirui		1	2012
Average	1:06:04					

Great North Run Half Marathon – Newcastle to South Shields

Performance	Time	Performer	Name	Nat	Place	Year
1	1:05:39	1	Mary Keitany	KEN	1	2014
2	1:05:40	2	Paula Radcliffe	GBR	1	2003
3	1:05:45	3	Priscah Jeptoo	KEN	1	2013
4	1:05:59		Mary Keitany		1	2017
5	1:06:09	4	Meseret Defar	ETH	2	2013
6	1:06:56	5	Tirunesh Dibaba	ETH	3	2013
7	1:06:57	6	Kara Goucher	USA	1	2007
8	1:07:06	7	Lucy Kabuu Wangui	KEN	1	2011
9	1:07:07		Paula Radcliffe		1	2000
10	1:07:19	8	Sonia O'Sullivan	IRL	1	2002
Average	1:06:28					

Valencia

Performance	Time	Performer	Name	Nat	Place	Year
1	1:04:51		Joycline Jepkosgei	KEN	1	2017
2	1:05:36		Fancy Chemutai	KEN	2	2017
3	1:06:11		Gelete Burka	ETH	1	2018
4	1:06:13		Alia Saeed Mohammed	UAE	2	2018
5	1:06:18		Edith Chelimo	KEN	3	2018
6	1:06:31		Pauline Korikwang	KEN	4	2018
7	1:07:07		Diana Chemtai Kipyokei	KEN	5	2018
8	1:07:09		Peres Jepchirchir	KEN	1	2016
9	1:07:31		Netsanet Gudeta	ETH	1	2015
10	1:07:31		Lucy Cheruiyot	KEN	3	2017
Average	1:06:30					

World Half Marathon Championships

Performance	Time	Performer	Name	Nat	Place	Year
1	1:06:11		Netsanet Gudeta Kebede	ETH	1	2018
2	1:06:25	1	Lornah Kiplagat	NED	1	2007
3	1:06:36	2	Mary Keitany	KEN	1	2009
4	1:06:47	3	Paula Radcliffe	GBR	1	2001
5	1:06:48		Mary Keitany		2	2007
6	1:06:54		Joyciline Jepkosgei	KEN	2	2018
7	1:06:56		Pauline Kaveke Kamulu	KEN	3	2018
8	1:07:17		Eunice Chumba	BRN	4	2018
9	1:07:29	4	Gladys Cherono	KEN	1	2014
10	1:07:31	5	Peres Jechirchir	KEN	1	2016
Average	1:06:53					

New Delhi

Performance	Time	Performer	Name	Nat	Place	Year
1	1:06:49		Tsehay Gemechu	ETH	1	2018
2	1:06:54	1	Mary Keitany	KEN	1	2009
3	1:06:56		Joyciline Jepkosgei	KEN	2	2018
4	1:06:59		Zeineba Yimer	ETH	3	2018
5	1:07:04	2	Lucy Kabuu Wangui	KEN	1	2011
6	1:07:08	3	Sharon Cherop	KEN	2	2011
7	1:07:15		Stacy Ndiwa	KEN	4	2018
8	1:07:12	3	Almaz Ayana	ETH	1	2017
9	1:07:21	4	Aslefech Mergia	ETH	3	2011
10	1:07:21		Yeshaneh Ababel	ETH	2	2017
Average	1:07:06					

Lisboa Half Marathon (down hill until 2007)

Performance	Time	Performer	Name	Nat	Place	Year
1	1:05:44	1	Susan Chepkemei	KEN	1	2001
2	1:06:34	2	Lornah Kiplagat	KEN	2	2001
3	1:07:03	3	Derartu Tulu	ETH	3	2001
4	1:07:08	4	Rita Jeptoo	KEN	1	2007
5	1:07:12	5	Tegla Loroupe	KEN	1	1996
6	1:07:24		Tegla Loroupe		1	2000
7	1:07:50	6	Catherina McKiernan	IRL	1	1998
8	1:07:52		Tegla Loroupe		1	1999
9	1:07:52	7	Salina Kosgei	KEN	1	2006
10	1:07:54	8	Mary Keitany	KEN	1	2011
Average	1:07:15					

Fastest half marathon runners based on the average of their top 3 performances since 2013

Mary Keitany

	Time	Race	Place	Date
1	1:04:52	Ras Al Khaimah	2	9 Feb 2018
2	1:05:13	Ras Al Khaimah	2	10 Feb 2017
3	1:05:39	Newcastle	1	7 Sept 2014
Average	1:05:15			

Joyciline Jepkosgei

	Time	Race	Place	Date
1	1:04:51	Valencia	1	22 Oct 2017

2	1:04:52	Praha	1	1 Apr 2017
3	1:06:08	Ras Al Khaimah	3	10 Feb 2017
Average	1:05:17			

Joan Chelimo Melly

	Time	Race	Place	Date
1	1:05:04	Praha	1	7 Apr 2018
2	1:05:37	RAK	4	9 Feb 2018
3	1:06:15	Kobenhavn	3	16 Sept 2018
Average	1:05:39			

Violah Jepchumba

	Time	Race	Place	Date
1	1:05:22	Praha	2	1 Apr 2017
2	1:05:51	Praha	1	2 Apr 2016
3	1:06:06	Usti nad Labem	1	16 Sept 2017
Average	1:05:46			

Fancy Chemutai

	Time	Race	Place	Date
1	1:04:52	RAK	91	9 Feb 2018
2	1:05:36	Valencia	2	22 Oct 2017
3	1:06:58	Praha	3	1 Apr 2017
Average	1:05:49			

Women's Half Marathon trend (Number of Sub 1:XX performers)

	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
1:07:00<	20	14	9	4	3	7	2	1	0	1	0	3	0	0	0	1	0	3	1	2
1:08:00<	49	30	23	9	8	14	15	8	12	7	1	5	5	2	2	4	2	6	7	3
1:09:00<	71	50	39	27	36	33	36	26	29	19	16	17	8	7	11	9	15	18	14	7
1:10:00<				64	67	65	60	59	53	54	40	40	20	25	24	30	41	38	43	22

Women's Half Marathon trend (Number of Sub 1:XX performances)

	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
1:07:00<	28	20	10	5	3	8	2	1	0	2	0	3	0	0	0	1	0	3	1	2
1:08:00<	57	45	33	12	8	17	15	12	13	11	1	5	5	2	2	5	2	7	8	5
1:09:00<	91	77	64	41	42	45	46	34	38	26	18	23	10	7	11	11	17	25	18	10
1:10:00<				91	86	86	87	83	79	69	47	54	25	32	28	39	56	53	59	33

Main Contenders:

Jepchirchir, Peres (KEN)

DOB: 26 Nov 1983

Personal Bests: Half Marathon: 65:06 (2017); Marathon: 2:46:15 (2018)

International Championships Highlights:

Progressions:

Year	5000m	10000m/10Km	Half Marathon	Marathon
2018				2:46:15
2017			1:05:06	
2016		/31:29	1:06:39	
2015		/30:55	1:07:17	
2014		/31:34	1:09:12	
2013				2:47:33

Marathon career

	Time	Race	Place	Date
Personal Best	2:46:15	Eldoret	3 rd	18 Nov 2018
	DNF (pace)	London	DNF (pace)	26 Apr 2015
	2:47:33	Kisumu	3 rd	15 Dec 2013

2018 Results

Date	Race	Distance	Place	Time
18 Nov	KASS FM Marathon – Kapsabet to Eldoret	Marathon	3 rd	2:46:15

2017 Results

Date	Race	Distance	Place	Time
10 Feb	RAK Half Marathon	Half marathon	1 st	1:05:06
21 Jan	Nandi Cross Country Championships – Eldoret	8Km	1 st	26:37

2016 Results

Date	Race	Distance	Place	Time
20 Nov	Delhi Half Marathon	Half marathon	5 th	1:08:28
23 Oct	Medio Maraton Ciudad de Valencia	Half marathon	1 st	1:07:09
17 Sept	Mattoni Usti Half Marathon	Half marathon	1 st	1:07:24
29 May	Ottawa Race Weekend	10Km	1 st	31:29
15 May	World 10K – Bengaluru	10Km	1 st	32:15
24 Apr	Yangzhou Jianzhen Half marathon	Half marathon	1 st	1:07:21
26 Mar	World Half Marathon Championships – Cardiff	Half marathon	1 st	1:07:31
12 Feb	RAK Half marathon	Half marathon	4 th	1:06:39

2015 Results

Date	Race	Distance	Place	Time
31 Dec	Corrida de Sao Silvestre – Luanda	10Km	2 nd	33:07
25 Oct	Marseille-Cassis Classic	20Km	1 st	1:06:01
12 Sept	Mattoni Usti Half Marathon – Ustinad Labem	Half Marathon	1 st	1:07:17
5 Sept	Birell Grand Prix – Praha	10Km	1 st	30:55
23 May	Ottawa Race Weekend	10Km	2 nd	31:18
26 Apr	London Marathon	Marathon	DNF (pace)	DNF (Pace)
6 Jan	Campaccio Classica del Cross – San Giorgio	6Km	2 nd	19:01

2014 Results

Date	Race	Distance	Place	Time
31 Dec	Corsa Internazionale di San Silvestro – Bolzano	5.05Km	2 nd	15:51
28 Dec	Corrida Pedestre de Houilles	10Km	1 st	31:34
26 Oct	Marseille-Cassis Classic	20Km	1 st	1:10:04
28 Sept	Le Lion 2014 – Belfort to Monteliard	Half marathon	1 st	1:09:12
15 Feb	KCB Nairobi Cross Country	8Km	2 nd	26:12

Netsanet Gudeta (ETH)

DOB: 12 Feb 1991

Personal Bests: 10000m: 30:36.75 (2016); Half Marathon: 66:11 (2018); Marathon: 2:29:15 (2017)

International Championships Highlights:

Half Marathon: 6th in 2014, 4th in 2016 and 1st in 2018 World Half Marathon Championships

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2018			66:11	
2017			67:26	2:29:15
2016		30:36.75	68:01	

Marathon career

	Time	Race	Place	Date
	DNF	New York	DNF	4 Nov 2018
	DNF	Dubai	DNF	26 Jan 2018
Personal Best	2:29:15	Paris	6 th	9 Apr 2017

2018 Results

Date	Race	Distance	Place	Time
4 Nov	New York City Marathon	Marathon	DNF	DNF
29 July	Media Maraton Internacional Bogota	Half marathon	1 st	1:11:34
23 June	Mattoni Olomouc Half Marathon	Half marathon	1 st	1:07:30
27 May	TCS World 10K – Bengaluru	10km	4 th	31:53
24 Mar	World Half Marathon Championships – Valencia	Half marathon	1 st	1:06:11
26 Jan	Dubai Marathon	Marathon	DNF	DNF

2017 Results

Date	Race	Distance	Place	Time
19 Nov	Delhi Half Marathon	Half Marathon	3 rd	1:07:26
24 June	Mattoni Olomouc Half Marathon	Half marathon	2 nd	1:10:03
27 May	Ottawa Race Weekend – Ottawa	10km	1 st	31:35
9 Apr	Marathon de Paris	Marathon	6 th	2:29:15

Zeineba Yimer (ETH)

DOB: 17 June 1998

Personal Bests: Half Marathon: 66:21 (2018)

International Championships Highlights:

Half Marathon: 5th | 2018 World Half Marathon championships

World Cross Country Championships: 10th in junior division in 2017

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
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2018			1:06:21	
2017			1:11:31	
2016			1:13:17	

2018 Results

Date	Race	Distance	Place	Time
21 Oct	Delhi Half Marathon	Half marathon	3 rd	1:06:59
16 Sept	Kobenhavn Half marathon	Half marathon	4 th	1:06:21
27 May	TCS World 10K – Bengaluru	10Km	6 th	32:47
24 Mar	World Half Marathon Championships – Valencia	Half marathon	5 th	1:08:07
14 Jan	Halve-Marathon von Egmond – Egmond Aan Zee	Half marathon	1 st	1:12:19

2017 Results

Date	Race	Distance	Place	Time
1 Oct	Cardiff University Cardiff Half Marathon	Half marathon	4 th	1:11:31
26 Mar	World Cross Country Championships U20 - Kampala	5.858km	10 th	19:32

Senbere Teferi (ETH)

DOB: 3 May 1995

Personal Bests: 3000m: 8:32.49 (2018); 5000m: 14:23.03 (2017); 10000m: 30:40.59 (2016)

International Championships Highlights:

World Cross Country Championships: 2nd in 2015

5000m: 2nd in 2015 & 4th in 2017 World Championships; 5th in 2016 Olympic Games

1500m: 2nd in 2011 World Youth Championships; 3rd in 2012 World Junior Championships

Progressions:

Year	3000m	5000m	10000m	Marathon
2018	8:32.49	14:23.33		2:24:11
2017		14:23.03	30:41.68	
2016		14:29.82	30:40.59	
2015	8:34.32	14:36.44		
2014	8:41.54			

2018 Results

Date	Race	Distance	Place	Time
11 Nov	Cross de Atapuerca	8km	1 st	25:51
8 Sept	Continental Cup – Ostrava	3000m	2 nd	8:32.49
30 Aug	Weltklasse in Zurich	5000m	3 rd	14:40.97
2 Aug	African Athletics Championships – Asaba	5000m	2 nd	15:54.48
13 July	Meeting International Mohammed VI D'Athletisme – Rabat	5000m	4 th	14:23.33
27 May	TCS World 10K – Bengaluru	10km	2 nd	31:22
26 Jan	Dubai Marathon	Marathon	9 th	2:24:11

2017 Results

Date	Race	Distance	Place	Time
12 Nov	Cross de Atapuerca	8km	1 st	25:21
3 Sept	Ten Miles of Tilburg	10km	1 st	30:38
1 Sept	Memorial van Damme – Bruxelles	5000m	3 rd	14:23.03
13 Aug	World Championships – London	5000m	4 th	14:47.45
10 Aug	World Championships – London	5000m	3h1	14:57.23
10 June	FBK Games – Hengelo	10000m	2 nd	30:41.68

13 May	Diamond League – Shanghai	5000m	2 nd	14:31.76
26 Mar	World Cross Country Championships - Kampala	9.858km	10 th	33:12
22 Jan	Cross Internacional Memorial Juan Muguerza - Elgoibar	6.624km	1 st	25:10
15 Jan	Cross Internacional de Italica – Sevilla	8.265km	1 st	25:52

2016 Results

Date	Race	Distance	Place	Time
13 Nov	Cross de Atapuerca – Burgos	8km	1 st	24:48
23 Oct	Great South Run 10 miles – Southsea to Portsmouth	10 Mile	2 nd	52:51
9 Sept	Memorial Van Damme – Bruxelles	5000m	3 rd	14:29.82
19 Aug	Olympic Games – Rio de Janeiro	5000m	5 th	14:43.75
16 Aug	Olympic Games – Rio de Janeiro	5000m	2h2	15:17.43
29 June	ETH 10000m Olympic Trials – Hengelo	10000m	6 th	30:40.59
2 June	Golden Gala – Roma	5000m	4 th	14:37.19
22 May	Meeting Mohammed VI – Rabat	5000m	3 rd	14:35.09
14 May	Adidas Boost Meeting – Herzogenaurach	5000m	1rA	14:46.61

Aiyabei, Valary Jemeli (KEN)

DOB: 8 June 1991

Personal Bests: Half Marathon: 67:50 (2017); Marathon: 2:20:53 (2017)

International Championships Highlights:

Progressions:

Year	5000m	10000m/10Km	Half Marathon	Marathon
2018			1:10:11	2:21:38
2017			1:07:50	2:20:53
2016			1:09:33	2:24:48
2015				2:31:57
2014				2:30:19

Marathon career

	Time	Race	Place	Date
	2:21:38	Beijing	1 st	16 Sept 2018
	2:22:48	Nagoya	2 nd	11 Mar 2018
Personal Best	2:20:53	Berlin	3 rd	24 Sept 2017
	2:21:57	Praha	1 st	7 May 2017
	2:24:48	Valencia	1 st	20 Nov 2016
	2:25:26	Barcelona	1 st	13 Mar 2016
	2:43:19	Eldoret	1 st	15 Nov 2015
	2:33:46	Lanzhou	6 th	14 June 2015
	2:31:57	Marrakech	2 nd	25 Jan 2015
	2:44:24	Kisumu	3 rd	14 Dec 2014
	2:30:19	Rennes	2 nd	26 Oct 2014
	2:37:10	Beograd	1 st	27 Apr 2014
	2:46:40	Münster	8 th	8 Sept 2013
	2:39:47	Mainz	1 st	12 May 2013

2018 Results

Date	Race	Distance	Place	Time
1 Dec	Ziwa Farmers 10K	10Km	3 rd	31:42
28 Oct	Nairobi Half Marathon	Half marathon	1 st	1:12:06
16 Sept	Beijing Marathon	Marathon	1 st	2:21:38
14 July	Kabarak University Half Marathon	Half marathon	1 st	1:13:21

22 Apr	Gifu Seiryu Half Marathon	Half marathon	2 nd	1:10:11
11 Mar	Nagoya Women's Marathon	Marathon	2 nd	2:22:48
24 Feb	Maria Soti Cross Country – Eldoret	8km	1 st	34:20
28 Jan	Discovery Kenya Cross Country – Eldoret	8km	3 rd	27:49
20 Jan	Elgeyo-Marakwet County Cross Country Champ -Iten	10km	2 nd	32:36

2017 Results

Date	Race	Distance	Place	Time
9 Dec	Ziwa Farmers 10K – Kabenes road to Ziwa Center	10km	2 nd	31:07
26 Nov	Nairobi half marathon	Half marathon	1 st	1:11:04
19 Nov	Tuskys Wareng XC – Eldoret	10km	2 nd	34:23
24 Sept	Berlin Marathon	Marathon	3 rd	2:20:53
7 May	Prague Marathon – Praha	Marathon	1 st	2:21:57
1 Apr	Sportisimo Prague Half Marathon	Half marathon	4 th	1:07:50
29 Jan	Discovery Kenya Cross Country – Eldoret	8Km	8 th	27:50

2016 Results

Date	Race	Distance	Place	Time
20 Nov	Maraton Valencia Trinidad Alfonso – Valencia	Marathon	1 st	2:24:48
23 Oct	Chepkoile University Cross Country – Eldoret	10Km?	6 th	27:54
2 Oct	Rock n Roll Santander Totta Half Marathon – Lisboa	Half Marathon	3 rd	1:10:44
11 June	Zwlose Half Marathon – Zwolle	Half marathon	2 nd	1:09:33
13 Mar	Zurich Marato de Barcelona – Barcelona	Marathon	1 st	2:25:26
31 Jan	Discovery Kenya Cross Country – Eldoret	8Km	14 th	27:38

2015 Results

Date	Race	Distance	Place	Time
5 Dec	Iten	10Km	3 rd	34:46
15 Nov	Kass Marathon – Eldoret	Marathon	1 st	2:43:19
14 June	Lanzhou Marathon	Marathon	6 th	2:33:46
25 Jan	Marrakech Marathon	Marathon	2 nd	2:31:57

2014 Results

Date	Race	Distance	Place	Time
14 Dec	Safaricom Kisumu Marathon	Marathon	3 rd	2:44:24
26 Oct	Le Marathon Vert Rennes	Marathon	2 nd	2:30:19
27 Apr	Beograd Marathon	Marathon	1 st	2:37:10

Current Women's Half Marathon All Time Performance List

Performances	Time	Performers	Name	Nat	Pos	Venue	Date
1	1:04:51	1	Joyciline Jepkosgei	KEN	1	Valencia	22 Oct 2017
2	1:04:52		Joyciline Jepkosgei		1	Praha	1 Apr 2017
3	1:04:52	2	Fancy Chemutai	KEN	1	Ras Al Khaimah	9 Feb 2018
4	1:04:55	3	Mary Keitany	KEN	2	Ras Al Khaimah	9 Feb 2018
5	1:05:04	4	Joan Melly Chelimo	KEN	1	Praha	7 Apr 2018
6	1:05:06	5	Peres Jepchirchir	KEN	1	Ras Al Khamaih	10 Feb 2017
7	1:05:07	6	Caroline Chepkoech Kipkirui	KEN	3	Ras Al Khaimah	9 Feb 2018
8	1:05:09	7	Florence Kiplagat	KEN	1	Barcelona	15 Feb 2015
9	1:05:12		Florence Kiplagat	KEN	1	Barcelona	16 Feb 2014
10	1:05:13		Mary Keitany		2	Ras Al Khamaih	10 Feb 2017
11	1:05:15	8	Sifan Hassan	NED	1	København	16 Sept 2018
12	1:05:22	9	Violah Jepchumba	BRN	2	Praha	1 Apr 2017
13	1:05:36		Fancy Chemutai		2	Valencia	22 Oct 2017
14	1:05:37		Joan Chelimo Melly		4	Ras Al Khaimah	9 Feb 2018
15	1:05:39		Mary Keitany		1	Newcastle-South Shields	7 Sept 2014
16	1:05:40	10	Paula Radcliffe	GBR	1	Newcastle-South Shields	21 Sept 2003
17	1:05:44	11	Susan Chepkemei	KEN	1	Lisboa	1 Apr 2001
18	1:05:45	12	Priscah Jeptoo	KEN	1	Newcastle-South Shields	15 Sept 2013
19	1:05:46	13	Ababel Yeshaneh	ETH	2	København	16 Sept 2018
20	1:05:50		Mary Keitany		1	Ras Al Khaimah	18 Feb 2011
21	1:05:51		Violah Jepchumba		1	Praha	2 Apr 2016
22	1:05:52	14	Edith Chelimo	KEN	1	Cardiff	1 Oct 2017
23	1:05:59		Mary Keitany		1	Newcastle to South Shields	10 Sept 2017
24	1:06:02		Mary Keitany		1	Ras Al Khaimah	13 Feb 2015
25	1:06:04	15	Cynthia Limo	KEN	1	Ras Al Khaimah	12 Feb 2016
26	1:06:06		Violah Jepchumba		1	Usti nad Labem	16 Sept 2017
27	1:06:07	16	Gladys Cherono	KEN	2	Ras Al Khaimah	12 Feb 2016
28	1:06:08		Joyciline Jepkosgei	KEN	3	Ras Al Khaimah	10 Feb 2017
29	1:06:09	17	Lucy Kabuu Wangui	KEN	1	Ras Al Khaimah	15 Feb 2013
30	1:06:09	18	Meseret Defar	ETH	2	Newcastle-South Shields	15 Sept 2013
31	1:06:09		Caroline Chepkoech Kipkirui		2	Praha	7 Apr 2018
32	1:06:11		Priscah Jeptoo	KEN	2	Ras Al Khaimah	15 Feb 2013
33	1:06:11	19	Eunice Chebichii Chumba	BRN	1	København	17 Sept 2017
34	1:06:11	20	Netsanet Gudeta Kebede	ETH	1	Valencia (World Half)	24 Mar 2018
35	1:06:11	21	Gelete Burka Bati	ETH	1	Valencia	28 Oct 2018
36	1:06:13	22	Alia Saeed Mohammed	UAE	2	Valencia	28 Oct 2018
37	1:06:14	23	Worknesh Degefa	ETH	2	Praha	2 Apr 2016
38	1:06:15		Joan Chelimo Melly		3	København	16 Sept 2018
39	1:06:18		Edith Chelimo		3	Valencia	28 Oct 2018
40	1:06:19	24	Joyce Chepkirui	KEN	1	Praha	5 Apr 2014
41	1:06:21	25	Zeineba Yimer	ETH	4	København	16 Sept 2018
42	1:06:22		Ababel Yeshaneh		1	Istanbul	8 Apr 2018
43	1:06:25	20	Lornah Kiplagat	NED	1	Udine (World Road Ch)	14 Oct 2007
44	1:06:25		Joan Chelimo Melly		2	København	17 Sept 2017
45	1:06:26	21	Genet Yalew	ETH	3	Ras Al Khaimah	12 Feb 2016
46	1:06:27	22	Rita Jeptoo	KEN	3	Ras Al Khaimah	15 Feb 2013
47	1:06:28	23	Mamitu Daska	ETH	2	Ras Al Khaimah	13 Feb 2015
48	1:06:29	24	Mary Wacera Ngugi	KEN	1	Houston	17 Jan 2016
49	1:06:31	25	Pauline Korikwiang	KEN	4	Valencia	28 Oct 2018
50	1:06:34		Lornah Kiplagat	KEN	2	Lisboa	1 Apr 2001
51	1:06:35	26	Brigid Jepchirchir Kosgei	KEN	3	København	17 Sept 2017
52	1:06:36		Mary Keitany		1	Birmingham (World Half)	11 Oct 2009
53	1:06:38		Florence Kiplagat		1	Roma to Ostia	26 Feb 2012
54	1:06:38		Gladys Cherono		1	Istanbul	26 Apr 2015
55	1:06:38		Mary Keitany		1	Olomouc	20 June 2015

2018 Women's Half Marathon Performance List

Performance	Time	Performer	Name	Nat	Pos	Venue	Date
1	1:04:52	1	Fancy Chemutai	KEN	1	Ras Al Khaimah	9 Feb 2018
2	1:04:55	2	Mary Keitany	KEN	2	Ras Al Khaimah	9 Feb 2018
3	1:05:04	3	Joan Melly Chelimo	KEN	1	Praha	7 Apr 2018
4	1:05:07	4	Caroline Chepkoech Kipkirui	KEN	3	Ras Al Khaimah	9 Feb 2018
5	1:05:15	5	Sifan Hassan	NED	1	København	16 Sept 2018
6	1:05:37		Joan Chelimo Melly		4	Ras Al Khaimah	9 Feb 2018
7	1:05:46	6	Ababel Yeshaneh Brihane	ETH	2	København	16 Sept 2018
8	1:06:09		Caroline Chepkoech Kipkirui		2	Praha	7 Apr 2018
9	1:06:11	7	Netsanet Gudeta Kebede	ETH	1	Valencia (World Half)	24 Mar 2018
10	1:06:11	8	Gelete Burka Bati	ETH	1	Valencia	28 Oct 2018
11	1:06:13	9	Alia Saeed Mohammed	UAE	2	Valencia	28 Oct 2018
12	1:06:15		Joan Chelimo Melly		3	København	16 Sept 2018
13	1:06:18	10	Edith Chelimo	KEN	3	Valencia	28 Oct 2018
14	1:06:21	11	Zeineba Yimer	ETH	4	København	16 Sept 2018
15	1:06:22		Ababel Yeshaneh		1	Istanbul	8 Apr 2018
16	1:06:31	12	Pauline Korikwang	KEN	4	Valencia	28 Oct 2018
17	1:06:39	13	Ruti Aga	ETH	1	Houston	15 Jan 2018
18	1:06:46	14	Joyciline Jepkosgei	KEN	5	Ras Al Khaimah	9 Feb 2018
19	1:06:47	15	Degitu Azimeraw Asires	ETH	6	Ras Al Khaimah	9 Feb 2018
20	1:06:48		Caroline Chepkoech Kipkirui	KEN	2	Houston	15 Jan 2018
21	1:06:49	16	Brigid Kosgei	KEN	7	Ras Al Khaimah	9 Feb 2018
22	1:06:50	17	Mercy Wacera Ngugi	KEN	3	Houston	15 Jan 2018
23	1:06:50	18	Buze Diriba	ETH	4	Houston	15 Jan 2018
24	1:06:50	19	Tsehay Gemechu	ETH	1	New Delhi	21 Oct 2018
25	1:06:54		Joyciline Jepkosgei		2	Valencia (World Half)	24 Mar 2018
26	1:06:56	20	Pauline Kaveke Kamulu	KEN	3	Valencia (World Half)	24 Mar 2018
27	1:06:56		Joyciline Jepkosgei	KEN	2	New Delhi	21 Oct 2018
28	1:06:59		Zeineba Yimer		3	New Delhi	21 Oct 2018
29	1:07:00	21	Roza Dereje	ETH	2	Istanbul	8 Apr 2018
30	1:07:02	22	Ruth Chepngetich	KEN	5	København	16 Sept 2018
31	1:07:03	23	Bekelech Gudeta Borecha	ETH	6	København	16 Sept 2018
32	1:07:07	24	Diana Chemtai Kipyokei	KEN	5	Valencia	28 Oct 2018
33	1:07:13		Edith Chelimo		5	Houston	15 Jan 2018
34	1:07:13	25	Gladys Cheronro	KEN	8	Ras Al Khaimah	9 Feb 2018
35	1:07:15	26	Stacy Ndiwa	KEN	4	New Delhi	21 Oct 2018
36	1:07:16e		Mary Keitany		Enr	London	22 Apr 2018
37	1:07:17	27	Eunice Chumba	BRN	4	Valencia (World Half)	24 Mar 2018
38	1:07:17		Diana Chemtai Kipyokei	KEN	1	Usti nad Labem	15 Sept 2018
39	1:07:18	28	Eunice Chumba	KEN	6	Houston	15 Jan 2018
40	1:07:18	29	Yebrugual Melese Arage	ETH	1	Lisboa	14 Oct 2018
41	1:07:25	30	Molly Huddle	USA	7	Houston	15 Jan 2018
43	1:07:30		Netsanet Gudeta	ETH	1	Olomouc	23 June 2018
44	1:07:32	31	Nancy Jepkosgei Kiprop	KEN	2	Usti nad Labem	15 Sept 2018
45	1:07:36	32	Hiwot Gebrekidan Gebremaryam	ETH	7	København	16 Sept 2018
46	1:07:39e	33	Tirunesh Dibaba	ETH	Enr	London	22 Apr 2018
47	1:07:43	34	Vivian Cheruiyot	KEN	1	Newcastle to SouthShields	9 Sept 2018
48	1:07:47	45	Helen Tola Bekele	ETH	9	Ras Al Khaimah	9 Feb 2018
49	1:07:48		Bekelech Gudeta Borecha	ETH	6	Valencia	28 Oct 2018
50	1:07:49		Nancy Kiprop	KEN	1	Venlo	25 Mar 2018
51	1:07:49		Ababel Yeshaneh	ETH	5	New Delhi	21 Oct 2018
52	1:07:51	46	Meseret Belete	ETH	8	København	16 Sept 2018
53	1:07:52		Brigid Kosgei		2	Newcastle to SouthShields	9 Sept 2018
54	1:07:54	47	Sutume Asefa Kebede	ETH	1	Milano	25 Mar 2018