

## Texas A&M's head man is the master of the combined team

### T&FN INTERVIEW

# Pat Henry

by Sieg Lindstrom

**T**exas A&M's Pat Henry has coached 31 NCAA champion teams, indoors and out—a record second only to retired Arkansas legend John McDonnell, whose 40 crowns included 11 cross country wins.

Only Henry has coached men's and women's outdoor champions in the same year—two at LSU in '89 and '90, and since moving to A&M in '05, two more in '09 and '10. Before that his Blinn JC men's teams won two JUCO crowns in '87, and earlier still his Hobbs High School squads won 5 New Mexico State titles.

While he's a third-generation coach, whose grandfather Gwinn Henry sprinted to U.S. championship 100/220 doubles in 1909 and '10, Henry doesn't dwell on the distant past.

Asked which of his wins is most memorable, Henry says, "I think the last one is always going to be the one I'm going to remember the most. That 31st one was a great, great one and I'm probably

going to remember that one until we get another, if it ever happens again."

Don't bet against it. A&M returns many of its '10 stars and as Where They Are Going shows, has added another blue-chip recruiting class.

**T&FN:** Track & field is in your blood. Your grandfather was a great sprinter.

**Henry:** He was a football coach too. In those days track was the off-season for football. So he coached track also even when he was the head football coach at Kansas and Missouri.

Dad was involved in athletics also and was an assistant track coach [at New Mexico] at one time, then moved into administration.

**T&FN:** Do you remember your first meet?

**Henry:** Actually, I do. I was around track all my life but the first major meet I can remember was at the University of New Mexico we had a dual with USC [in '65], and USC had that long

streak of undefeated teams.

And then I can remember we had the Indoor U.S. Championships in Albuquerque, and I was the card guy. On a 176-yard banked track, I was the guy that walked around with a card and told all the officials where the next race started because nobody understood that track. I might have been 12. It was the year Richmond Flowers won the hurdles.

Tingley Coliseum seated about 10 or 12,000 people and you couldn't get another body in there; it was completely full.

**T&FN:** Times have changed. We have some well-attended meets but not as many as we'd like.

**Henry:** While we're talking about that, everybody knew that Richmond Flowers went to Tennessee. The association was with the university; it wasn't necessarily with track.

**T&FN:** I think that's right. At A&M you've been making a concerted effort to host and participate in scoring meets.

**Henry:** First of all, I'm a big believer in the individual in our sport because I'm a purist about track. It's about the individual effort; it truly is. Some way or another we have got to continue that in our sport because that's the backbone of our sport: performance.

But our society doesn't relate to that anymore. They don't know the difference between a guy jumping 7 feet and a guy jumping 7-8. They have no concept of 100 meters, they have no concept of 1500 meters. We've lost it.

The other aspect that we've lost is that it's about Red beating Blue. Every other sport, including golf now, involves a team. We have got to start being team-oriented, team against team. We've got to come away with winners and we've also got to come away with losers.

I think that's important to the development of the individual, not just for our sport. I think it's great for our individuals to be involved in something greater than self also and be a winner or a loser. I think that's part of the education process.

But I think our sport has got to come back to this school trying to beat that school.

**T&FN:** You've put your program's money where your mouth is, scheduling strong opponents in scored meets.

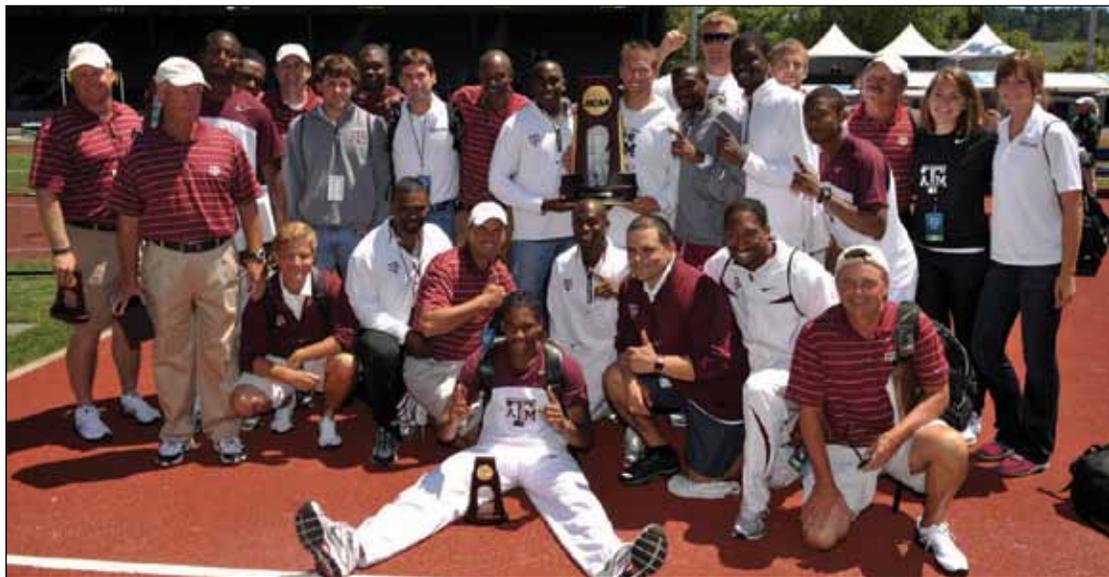
**Henry:** If you look at our schedule, we've got a tremendous group of institutions coming here indoors. We have got the best there is coming in here. It takes a commitment from each of those to know that every other institution's coming here as a team. Because if you're splitting your group up and you're running your distance runners over here and you're doing this over there, it's really not a team competition. That's a hard thing to sell [to coaches] because you qualify to the National Championships based on performance only.

If it's done right, you're going to get the best performances out of a team concept in the first

## NCAA trophy celebrations have been a regular part of the Aggie drill of late.

place. If it's the right teams people are going to run fast, jump high and throw far—because of the competition level. But if you're limping in there with only part of your group, you may have one or two events that are awfully good but you're not going to have what we should be doing in my opinion: having a great track meet where we really care whether there's people sitting in the stands or not.

We've got to create an environment that is fan friendly so they can come



KIRBY LEE/IMAGE OF SPORT PHOTOS



we're always going to survive but I don't think that we're going to get any better than what we're doing right now if we don't change.

I think you can create a team environment by using a descending-order list. I think if you keep track of each event, and if you take the performances, I think you can look across the board and I think you can pick out who are the great teams, who has the best teams.

I think you can decide these are the people who need to bring their teams into a national championship and we're going to have a team performance.

**T&FN:** *So you're actually proposing team-based qualifying to the Nationals?*

**Henry:** Yes, I would. I've been thinking about this a lot. Everybody's been thinking about how to change it right now. I haven't

in at 3:00 and go home at 6:00, and they see this team has beaten that team and they saw it all happen.

If you get 6 or 8 schools you can do that. If you get 28 schools, you can't do that.

**T&FN:** *Yes. Too many track meets are run off as marathons from the fan perspective.*

**Henry:** Part of this issue—and I hope you understand where I'm coming from [as a coach who guides successful men's and women's programs]—is that gender equity at competitions has only affected the sport of track & field because competitions require that you combine men and women. No other sport requires that; none. We're the only one that has doubled our time frame.

If there was women's football and you had to play a women's game at the same time as the men's game or right thereafter and everybody had to sit there for 7 hours, they would lose it also.

I'm not for separating the sports. I think the genders should stay together as a team competition, and I think each school should have both the men's and women's teams competing at a meet. But I think we get too

many teams together at one place and that's the biggest problem.

**T&FN:** *Although no one is happy with the Regionals, that's what we'll get for at least this second year. What format would you like to see?*

**Henry:** As coaches I think we're going to have to give in a little bit on what we think is absolutely right for every individual athlete. I think we're going to have to start thinking about what is best for the sport. Again, I'm going to tell you that I'm about the individual. I'm about performances; I'm about getting better all the time.

But I think for our sport we have got to go to a team environment. I just don't think that we can survive... I think

## Track Not Respected As Collegiate Sport

Pat Henry knows the numbers and has a theory about track's unexalted position on the collegiate menu:

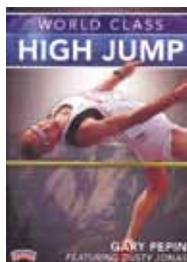
"For the NCAA we are 27% of all participation. On the women's side we are 33% of all participation. And when you think there are that many sports and track is that big... We are the biggest women's sport there is. We're 41% of all minority female participation, we're 23% of all minority male participation. We help the NCAA gender-wise. We help the NCAA sport numbers-wise; we are six sports.

"We're a sport that over the years—at the expense of the sport—our coaches don't make very good salaries across the board. The reason that happens is because we're not respected as a sport. We're respected as an individual effort and that's not the way our society is. We have to create a demand for coaches. We've got to create a demand for great track programs and great track meets.

"As long as we stay the way we are and don't change, we accomplish everything the NCAA wants us to do, and cheap. We've got to change in order for that to change."

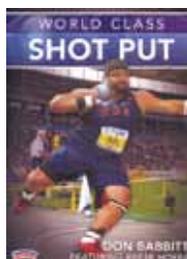
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## Henry Q&A

discussed that with anybody except my own staff, but the descending-order lists are a pretty good way of showing who's doing what across the board.

Now we can look at all events and we can see which schools have people in all event areas across the board and who has a team. You may be looking at the top 25 efforts in the long jump and the 100 and across the board.

If A&M has got 12 guys or 12 ladies who are in the top 20 in their events and if that's one of the highest numbers, maybe you decide that's a team. They've got 12 great individuals; now let's let them bring 12 of their other athletes, or whatever number we decide a team is.

**T&FN:** *How many qualifying teams do you think would be the right number? Would you propose a first-round of regional team meets, a playoff structure of some kind, or just send a set number of teams to the championship meet?*

**Henry:** I think it could be very simple. I think using the descending-order lists you could find the teams that are strong. You'd have a benchmark. I don't know what it would be, whether you're in this many events in the top 25 or that many events in the top 25, and those are your elite end. Now you bring your 6-8 high jumper and you come and you have a team competition with 12 other schools or 10 other schools, and that 6-8 high jumper may end up doing something and be a part of a team.

I just think that we've got to figure out a formula for doing that.

**T&FN:** *Do you think the NCAA is even discussing new and different ideas like this one?*

**Henry:** No. [To really move the sport forward] I think maybe a group of three or four university presidents and maybe three or four ADs would sit down and start making some decisions for our sport because I don't think the coaches will ever agree on anything.

**T&FN:** *Plus you have layers of NCAA bureaucracy. Proposals bounce around between committees until nobody wants what the sport ultimately gets.*

**Henry:** Yes. And maybe track needs to have a BCS system. That sounds bad to say but maybe for the survival of the sport it's what we need to do. Maybe we need to have 30 schools or 35 in that top group. It's kind of like the high schools. If you're 5A, you only care about 5A. If you're 4A you couldn't care less what's happening in the other divisions. You just care about winning your division.

I think that's true in college football right now. The lower divisions care about winning their division; they don't care who wins the BCS. We're saying our sport is different from that, but maybe we shouldn't. I don't know, but I guarantee I have more dollars to spend on track than McNeese State University does. It will never ever, ever be the same.

If you want to use that word, BCS, that makes everybody stand up and start thinking when they hear it. But maybe we need to talk about different levels in our sport. □